

**THE RIVER HOUSE TRUST**

**FINANCIAL STATEMENTS**

**YEAR ENDED 30 SEPTEMBER 2024**

**COMPANY NO 3248808**

**REGISTERED CHARITY NUMBER 1059696**

**THE RIVER HOUSE TRUST**  
**(Company Number 3248808)**

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**YEAR ENDED 30 SEPTEMBER 2024**

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**THE RIVER HOUSE TRUST**  
**(Company Number 3248808)**

**CORPORATE INFORMATION**  
**YEAR ENDED 30 SEPTEMBER 2024**

**BOARD OF DIRECTORS/TRUSTEES**

Jeremy Booth  
Pepe Catalan  
Meg Dillon  
Ian Govendir  
Mark Nelson  
Dean Nicholson  
Michael Rayment  
Chris Rogers

**COMPANY SECRETARY**

Chris Woolls

**REGISTERED OFFICE**

2nd floor, 289 Green Lanes  
London  
N13 4XS

**INDEPENDENT EXAMINERS**

Hetherington and Company  
Chartered Certified Accountants  
2nd floor, 289 Green Lanes  
London N13 4XS

**BANKERS**

National Westminster Bank Plc  
143 High Street  
Bromley  
Kent BR1 1JH

**THE RIVER HOUSE TRUST  
(Company Number 3248808)**

**TRUSTEES' REPORT  
YEAR ENDED 30 SEPTEMBER 2024**

The Trustees, who are also Directors of the Trust for the purposes of the Companies Act, present their report and the unaudited financial statements for the year ended 30 September 2024.

**REFERENCE AND ADMINISTRATIVE DETAILS**

Charity Number: 1059696

Company Number: 3248808

Principal Office: Furnivall Gardens, off Rutland Grove, London W6 9DJ

Directors and Trustees

The Directors of the Charitable Company (The Charity) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as Trustees.

The Trustees who served during the year were as stated on page 1.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

Governing Document

The River House Trust was incorporated on 12 September 1996 as a company limited by guarantee, not having share capital. The Company is registered as a Charitable Trust and is governed by its Memorandum and Articles of Association. River House merged with Cara Trust in June 2018.

Appointment of Trustees

New Trustees are appointed by the members of the Board. The provision of support services for people with HIV has, perhaps, become both more specialised in some places and generic in others. As a consequence, we increasingly look beyond the sector to recruit new Board members. Prospective candidates are identified for their requisite expertise and skills. An introduction process is undertaken leading to Board approval.

**THE RIVER HOUSE TRUST**  
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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

Trustee induction and training

New Trustees are inducted by the Chair of the Board, existing Board members and the director. Once appointed, new Trustees are provided with a brief history of the Charity, the Charity's governing documents, copies of prior year accounts and minutes of Trustee meetings from the previous twelve months.

Organisation

The Trust is overseen by the Board of Trustees. Day-to-day management is delegated to the director. At times, the Chair and two other Trustees can act as an Executive Group for special projects between Board meetings. The Executive Group reports to the Board of Trustees.

Risk management

The Trustees have identified the major risks, both financial and operational, to which the Charity is exposed. The Trustees have regularly monitored the situation and have put in place plans to mitigate those risks.

The Trustees regularly review and monitor operational policies for improvements.

**OBJECTIVES AND ACTIVITIES FOR THE PUBLIC BENEFIT**

The principal object of the Charity is to relieve sickness amongst people who are living with HIV.

The Charity aims to achieve its main objective by the provision of a safe and welcoming environment in which individuals with HIV can access appropriate care and support from multi-disciplinary working partnerships.

In doing so, the Trustees, in exercising their duties and powers have complied with the duty in Section 4 of the Charities Act 2006 to have due regard to the guidance published by the Charity Commission including Public Benefit guidance.

**THE RIVER HOUSE TRUST**  
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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

**ACHIEVEMENTS AND PERFORMANCE**

In 2032-24 we were concerned with navigating the very difficult funding environment, as well as maintaining our focus on improving the lives of our members, people with HIV.

Our Aims continue to be about:

- + Improving health and well-being;
- + Helping to overcome the impact of loneliness and/or isolation;
- + Reducing the impact of poverty;
- + Combating HIV related stigma and discrimination.

Our services are geared towards supporting one or more of these Aims.

Staff Team in this period has been:

Precious Kildare	-	Homeshare Manager / Social worker
Fiona Reid	-	Social worker
Nana Sarpong	-	Chef
Raj Satra	-	Centre Manager
Chris Woolls	-	Director

**THE RIVER HOUSE TRUST**  
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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

Numbers and demographic of our members using services was similar to last year, so we've opted to look at the needs of our members in this report, which members told us about in our annual survey. These highlight the particular health, welfare and care needs of people as they grow into older age with HIV.

**Profile of survey participants.**

<b><u>Gender</u></b>	<b>%</b>
<b>Female</b>	30
<b>Male</b>	67.5
<b>Non-binary</b>	2.5
<b>Total</b>	100

<b><u>Age</u></b>	<b>%</b>
<b>30-39</b>	2.5
<b>40-49</b>	10
<b>50-59</b>	32.5
<b>60-69</b>	45
<b>70-79</b>	10
<b>Total</b>	100

<b><u>Ethnicity</u></b>	<b>%</b>
<b>All Asian</b>	2
<b>Black African &amp; Caribbean</b>	45
<b>Dual Heritage</b>	4
<b>Other</b>	4
<b>White</b>	45
<b>Total</b>	100

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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

<b>Sexuality</b>	<b>%</b>
Bisexual	2.5
Gay men	55
Heterosexual	37.5
Rather not Say	5
<b>Total</b>	<b>100</b>

<b>Length of diagnosis</b>	<b>%</b>
Less than 5 years	2.5
5-10 years	0
11-15 years	12.5
16-20 years	15
21-30 years	37.5
30+ years	32.5
<b>Total</b>	<b>100</b>

**Use of River House services**

<b>Service</b>	<b>%</b>
Peer-lunches	62.5
Foodbank	40
Women's group	20
50+ social programme	42.5
Hiking group	20
Complementary Therapies	35
Small grants casework	15
Workshops & classes	22.5
Welfare benefits advice & support	42.5
Peer/Emotional support	35



**THE RIVER HOUSE TRUST**  
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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

**Income & Money**

**Where does your main regular income come from?**

<b>Income source</b>	<b>%</b>
<b>Pensions</b>	<b>17.5</b>
<b>Welfare benefits</b>	<b>67.5</b>
<b>Employed full-time</b>	<b>7.5</b>
<b>Employed part-time</b>	<b>2.5</b>
<b>I have no regular income</b>	<b>5</b>

<b>Do you have...?</b>	<b>%</b>
<b>More than enough money to get by each month</b>	<b>2.5</b>
<b>Just about enough money to get by each month</b>	<b>62.5</b>
<b>Not enough money to get by each month</b>	<b>30</b>
<b>Savings</b>	<b>2.5</b>
<b>Debts</b>	<b>2.5</b>

<b>Do you find it difficult to get welfare benefits advice and help?</b>	<b>%</b>
<b>Yes</b>	<b>20</b>
<b>No</b>	<b>22.5</b>
<b>Not sure</b>	<b>22.5</b>
<b>I would ask at River House</b>	<b>35</b>

<b>Do you find it difficult to get pensions advice and help?</b>	<b>%</b>
<b>Yes</b>	<b>20</b>
<b>No</b>	<b>15</b>
<b>Not sure</b>	<b>7.5</b>
<b>I would ask at River House</b>	<b>37.5</b>
<b>Not applicable to me</b>	<b>20</b>

<b>Do you think you need more advice &amp; support about benefits or pensions?</b>	<b>%</b>
<b>Yes</b>	<b>62.5</b>
<b>No</b>	<b>20</b>
<b>Not sure</b>	<b>17.5</b>

<b>About buying food...</b>	<b>%</b>
<b>I sometimes go hungry</b>	<b>10</b>
<b>I worry that I can't get enough food</b>	<b>22.5</b>
<b>I have no worries about food</b>	<b>67.5</b>

**THE RIVER HOUSE TRUST**  
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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

**Health & Care Needs**

**Looking back over the past 5 years, I think my health has...**

Response	%
Got a lot better	20.5
Got a little better	12.8
Stayed about the same	20.5
Got a little worse	18
Got a lot worse	28.2

**I know where to get help and support about non-HIV health issues...**

Response	%
Yes	43.5
No	2.5
Unsure	8
I would ask at River House	46

**I know where to get help and support about my current or future social care needs...**

Response	%
Yes	20.5
No	10.25
Unsure	10.25
I would ask at River House	59

Mental Health...	%
I have a diagnosed MH condition	46
I sometimes have MH concerns	33
I have no MH concerns	21

**Including HIV, how many health conditions do you take medication for?**

1	0
2-3	44
4-5	36
6-10	20

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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

Non-HIV health issues affecting you	%
Diabetes	34
Neuropathy	47.5
Cancers	18.5
Cholesterol	61
Heart problems	18.5
Overweight	26
Under weight	10.5
Liver problems	16
Kidney problems	24

Other health issues mentioned included: COPD, high blood pressure, joint and back pains, depression & anxiety, crystal meth addiction, chronic pain, and mobility problems.

**Health & Exercise**

I should do more exercise and healthy activities	28
I would like to do more exercise and healthy activities	49
I'm not interested in doing more	0
I'm happy with what I do	23

**Loneliness & Isolation**

**Taking part in social activities**

I should get out and about more, taking part in social activities	27
I would like to get out and about more, taking part in social activities	59
I'm fine as I am	14

I see friends and/or family members...	%
Most days	13
Each week	38
Monthly	5
About enough	23
Not enough	21

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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

About loneliness...	%
I never feel lonely	18
I sometimes feel lonely	53
I often feel lonely	26
I always feel lonely	3

About friends...	%
I have a lot of friends	13
I have a few friends	58
I don't have enough friends	8
I have very few friends	21
I have enough friends	0

9

I feel I have enough support from friends and/or family	%
Yes	46
No	21
Unsure	33

**Housing & Home**

About your housing / home situation...	%
I rent from a private landlord	15.5
I rent social housing	74.5
Sheltered Housing	0
Care Home	0
I own my home	10
I'm homeless	0

Who you live with...	%
I live alone	69
With my partner	21
With friends	0
With other people	5
Other	5

Other includes – with family members and with carers

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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

**I worry about having to move to a Care or Nursing Home later in my life**

<b>Yes</b>	<b>69</b>
<b>No</b>	<b>18</b>
<b>Not sure</b>	<b>13</b>

<b>I would describe my housing situation as...</b>	<b>%</b>
<b>Secure</b>	<b>77</b>
<b>Insecure</b>	<b>10</b>
<b>Not sure</b>	<b>13</b>

<b>I know where to get help about my current or future housing needs...</b>	<b>%</b>
<b>Yes</b>	<b>41</b>
<b>No</b>	<b>5</b>
<b>Not sure</b>	<b>18</b>
<b>I would ask at River House</b>	<b>36</b>

**And finally...some comments about River House**

<b>River House members of staff have been excellent, helpful, sociable, heartfelt</b>
<b>Excellent services provided by River House, attending to clients and serving. I do suggest that River House has the best services at the moment.</b>
<b>I've always found that River House has been able to answer and provide solutions to my questions. A wonderful service 5 stars!</b>
<b>I am very happy with the support of the River House...my close friends and some family always love to come along with me and love the food and atmosphere and know it's a 2<sup>nd</sup> home for me. On occasion River House has been a life saver.</b>
<b>Sugar free desserts please, as more of us because diabetes (sic)</b>

**THE RIVER HOUSE TRUST**  
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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

**Our casework and what it delivers for members.**

Our staff team of caseworkers & social workers provides one-to-one advice, advocacy and casework for our members, mostly on **welfare benefits** and housing related issues. Increasingly the team's time is taken up with appeals related to Employment Support Allowance (ESA) or Personal Independence Payments, the majority of which are successful.

Caseworkers also work on **Hardship Grants** for our poorest members. Successful applications were made to Charitable Trusts, Foundations and Local Authorities for grants for essential items such as cookers, fridges, personal living expenses, clothing etc.

Thanks to Heinz, Anna & Carol Kroch Foundation (and especially Beena Astle) and Wandsworth Oasis Hardship Fund.

We also managed a small Hardship Fund, supported by London Catalyst. During the year we distributed 9 small grants to our members in need.

Our **housing** related work often involves trying to help some of our most vulnerable members maintain their tenancies in difficult circumstances. Issues facing some of our members can include mental health problems, drug and alcohol addiction, isolation, HIV stigma and hoarding, all of which can make maintaining a tenancy very tenuous.

**Partnership working** remained a priority during the year. This has facilitated the expansion of our services whilst continuing to increase our visibility across the social care, voluntary and educational sectors. We've worked with a number of other groups, providers and agencies during the year to provide services for our members. We would like to acknowledge the valuable input of:

**Chelsea & Westminster Hospital (Kobler and Hammersmith Broadway clinics)** – maintaining good working relationships with HIV clinicians has greatly benefited our members.

**Citizens Advice Hammersmith & Fulham** - a key agency to refer people to.

**Homeshare UK** – for providing expertise, knowledge and support on developing Homeshare services.

**University of West London** – which previously provided student social workers for placement experience.

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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

Our **Nutrition focused services** were enhanced a great deal through partnership working:

- + Our **Foodbank** – which supports the very poorest people with HIV in London – is made possible by relationships with our wonderful partners **City Harvest** and **Sainsburys**, which also prevents valuable food products from being wasted and sent to landfill.
- + Our **peer-lunch programmes** benefit massively from our relationship with another food supply partner, the **Felix Project**, who deliver high-quality produce direct to our kitchen every week, enabling us to provide a nutritionally balanced three-course meal for some of our older and more isolated members.
- + We're also a referral partner for Hammersmith & Fulham and other local Foodbanks.

Given that many of our service users experience quite profound social isolation, we see social connection and social activities as important aspects of our service provision. During the past year we expanded on our **volunteer led social events**, particularly for members aged 50 and over. Big thanks are due to the British Museum, Historic Royal Palaces, English National Opera, Victoria & Albert Museum and Kew Gardens for offering our members free access to some great events!

Our **Psychotherapy** programme delivered Neuro-Linguistic Programming this year.

Our **Complementary Therapies** are all delivered by our volunteers – this year they included Bowen Technique, Healing, Massage and Qi Gong.

**Volunteers**, and particularly **peer-volunteers**, have played an important role this year, meaning we've provided many more services than we'd be able to do without them. Roles have included 50+ group leaders, Cooks, Food-bank supervisors, Gardeners, Kitchen Assistants, Receptionists, Therapists, Trustees and Waiters. Big thanks to all of them and to all the informal volunteers who help around our centre.

**Strategic considerations** for River House continue to focus on the development of services that support an ageing client group with emerging welfare, clinical and psychosocial needs. We have developed our peer programmes, and we will continue to do so in coming years, to provide a comprehensive support system for our older clients to help them to deal with the challenges that lie ahead.

Many individuals, Trusts and Foundations generously provided grants and donations which have enabled us to provide a range of services and/or goods for our service users. We would like to take this opportunity to thank these individuals, as well as:

The National Lottery Community Fund  
Hammersmith & Fulham United  
Gilead  
Julia Rausing Foundation

London Catalyst Fund  
City Bridge Trust  
Chris Graham Bell charity  
Wandsworth Oasis

**THE RIVER HOUSE TRUST**  
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**TRUSTEES' REPORT**  
**YEAR ENDED 30 SEPTEMBER 2024**

**FINANCIAL REVIEW**

For the year under review overall income generated totalled £199,971 (2023: £183,396).

The main source of income in the period again derived from charitable institutions and individuals. Of the amount received in the year £77,364 (2023: £65,648) related to general funds with the balance (£100,570) relating to restricted funds (2023: £91,920). Other revenues generated predominately through lunches served, social placement fees and hiring of rooms totalled £21,409 (2023 £24,842). The charity also received £628 In bank interest (2023: £986).

Expenditure for the year totalled £217,506 (2023: £230,272) of which £81,156 (2023: £97,069) related to general funds and £136,350 (2023: £133,203) to restricted funds.

For the year under review the charity incurred a deficit of £45,038 (2023: deficit £5,311) on general funds, after taking account revaluation investment gains of £702 (2023: gains of £282) and transfers between funds of £63,985 (2023: £30,447).

As a consequence of the deficit for the year, general funds were in deficit by £14,140 at the year-end date. However, since the year end, the trustees have taken steps to rectify the situation through cost savings and by securing additional donations. At the time of approving these financial statements, the general funds were no longer in deficit.

The trustees are confident, based on actions already taken and to the best of their knowledge and belief, that the Charity is able to continue as a going concern.

Restricted funds show a underspend of £28,205 for the year (2023: overspend of £10,836) and, when with the balance brought forward from the previous accounting year, shows restricted funds stood at £68,820 at the year-end date.

**Reserve policy**

In order for the Charity to meet its stated aims and objectives, it continues to be dependent upon grant making Trusts and Foundations, as well as individual donations and fund-raising activities. Revenues generated dictate the amounts that can be applied by the River House for its charitable purposes.

Historically, the Trustees have considered it appropriate to carry forward a sufficient level of reserves, general or specifically designated, to cater for reductions and or delays in receiving grants in order to meet its immediate needs and also to ensure the short-term liquidity and long-term financial stability of the Charity. Despite the year end deficit mentioned above, it is the charity's intention to aim to hold at least 3-6 months' worth of working capital as unrestricted reserves.



**THE RIVER HOUSE TRUST  
(Company Number 3248808)**

**TRUSTEES' REPORT  
YEAR ENDED 30 SEPTEMBER 2024**

**SMALL COMPANY EXEMPTION**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The attached financial statements comply with relevant legislation and with the charitable company's governing document.

**By Order of the Board**

Christopher Rogers (Chair)

Dated: 24 June 2025

**INDEPENDENT EXAMINERS' REPORT TO THE TRUSTEES OF  
THE RIVER HOUSE TRUST**

I report on the financial statements of The River House Trust for the year ended 30 September 2024, which are set out on pages 17 to 27.

**Responsibilities and basis of report**

As the charity trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the *Charities Act 2011* ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M Koureas FCCA  
For and on behalf of Hetherington & Co  
Chartered Certified Accountants  
Second Floor, 289 Green Lanes,  
Palmers Green,  
London N13 4XS

Dated: 24 June 2025

**THE RIVER HOUSE TRUST**  
**(Company Number 3248808)**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(Incorporating an Income and Expenditure)**  
**YEAR ENDED 30 SEPTEMBER 2024**

		Year ended 30 September 2023					
	Note	General Fund £	Restricted Funds £	Total 2024 £	General Fund £	Restricted Funds £	Total 2023 £
<b>Income:</b>							
Donations and legacies	2	77,364	100,570	177,934	65,648	91,920	157,568
Other trading activities	3	21,409		21,409	24,842	-	24,842
Investment income	4	628	-	628	986	-	986
<b>Total income</b>		<u>99,401</u>	<u>100,570</u>	<u>199,971</u>	<u>91,476</u>	<u>91,920</u>	<u>183,396</u>
<b>Expenditure:</b>							
Cost of raising Funds	6	4,783	-	4,783	4,483	-	4,483
Expenditure on charitable activities:	7	76,373	136,350	212,723	92,586	133,203	225,789
<b>Total expenditure</b>		<u>81,156</u>	<u>136,350</u>	<u>217,506</u>	<u>97,069</u>	<u>133,203</u>	<u>230,272</u>
<b>Net income/(expenditure) for the year before gains/(losses) on investments</b>	8	18,245	(35,780)	(17,535)	(5,593)	(41,283)	(46,876)
Net gains/(losses) on investments		<u>702</u>	<u>-</u>	<u>702</u>	<u>282</u>	<u>-</u>	<u>282</u>
		18,947	(35,780)	(16,833)	(5,311)	(41,283)	(46,594)
Transfer between funds		<u>(63,985)</u>	<u>63,985</u>	<u>-</u>	<u>(30,447)</u>	<u>30,447</u>	<u>-</u>
<b>Net movement in funds for the year</b>		(45,038)	28,205	(16,833)	(35,758)	(10,836)	(46,594)
<b>Reconciliation of Funds</b>							
Total funds brought forward		30,898	40,615	71,513	66,656	51,451	118,107
<b>Total funds carried forward</b>	£	<u>(14,140)</u>	<u>68,820</u>	<u>54,680</u>	<u>30,898</u>	<u>40,615</u>	<u>71,513</u>

The notes form part of these financial statements.

**THE RIVER HOUSE TRUST**  
**(Company Number 3248808)**

**BALANCE SHEET**  
**AS AT 30TH SEPTEMBER 2024**

	Note	2024 £	2023 £
<b>FIXED ASSETS</b>			
Tangible assets	10	536	2,374
Investments	10.1	<u>6,297</u>	<u>5,595</u>
		6,833	7,969
<b>CURRENT ASSETS</b>			
Debtors	11	16,274	8,053
Cash at bank and in hand		<u>48,452</u>	<u>72,441</u>
		64,726	80,494
<b>CREDITORS</b> - amounts falling due within one year	12	<u>(16,879)</u>	<u>(16,950)</u>
<b>NET CURRENT ASSETS</b>		47,847	63,544
<b>NET ASSETS</b>		<u>£ 54,680</u>	<u>£ 71,513</u>
<b>RESERVES</b>			
General funds	14	(14,140)	30,898
Restricted funds	15	<u>68,820</u>	<u>40,615</u>
		<u>£ 54,680</u>	<u>£ 71,513</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2024 in accordance with Section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for:

- a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved on behalf of the Board of Trustees on 24th June 2025 by :-

.....  
Christopher Rogers (Chair)

The notes form part of these financial statements.

**THE RIVER HOUSE TRUST**  
**(Company Number 3248808)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 30 SEPTEMBER 2024**

**1. ACCOUNTING POLICIES**

The principal accounting policies adopted in the preparation of the financial statements were as follows:

**1.1 Basis of Accounting**

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2015) the Companies Act 2006, The Charities Act 2011 and applicable regulations.

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The Charity meets the definition of a public benefit entity. The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The Trustees have assessed whether the use of the going concern basis of accounting is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. As explained in the Trustees' Report, the Trustees have taken steps to mitigate risk and in particular, the trustees have considered the charity's forecasts and projections

The Trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. After making enquiries, the Trustees have concluded that there is a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

**1.2 Income**

Income is recognised when the charity has entitlement to the funds, any conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants, whether 'capital' or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured and is not deferred.

Grants represent core funding by local authorities in order for the Charity to provide a range of agreed specified services for users in accordance with its stated objects. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the Charity has unconditional entitlement

**THE RIVER HOUSE TRUST**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 30 SEPTEMBER 2024**

**1. ACCOUNTING POLICIES- Continued**

**1.3 *Donated services and facilities***

Donated services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

Catering receipts represent amount received by the Charity from users to whom they provide subsidised meals.

**1.4 *Interest receivable***

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**1.5 *Fund accounting***

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the Trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

**1.6 *Expenditure and irrecoverable VAT***

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following headings:

- Cost of raising funds are those costs incurred in attracting voluntary income.
- Expenditure on charitable activities includes all direct costs incurred to further the purpose of the charity. together with associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**1.7 *Allocation of support costs***

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include office costs, finance, personnel, payroll and governance costs which support the charity's activities. These costs have been allocated between cost of raising funds and expenditure of charitable activities and the bases on which the support have been allocated are set out in note 5.

**1.8 *Tangible fixed assets***

All tangible fixed asset expenditure is capitalised at cost. Provision is made for depreciation on all tangible fixed assets, at rates calculated to write off the cost or valuation less residual value of each asset over its expected useful life as follows:

Fixtures, fittings and equipment	- 33.33% straight line
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**1.9 *Debtors***

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**THE RIVER HOUSE TRUST**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 30 SEPTEMBER 2024**

**1. ACCOUNTING POLICIES- Continued**

For Legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made, or when a distribution is received from the estate. Receipt of a legacy in whole or in part is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate and the criteria for income recognition have not been met, then the legacy is treated as a contingent

**1.10 Realised gains and losses**

All gains or losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between the sale proceeds and their opening carrying value or their purchase value if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between their fair value at the end of the year and their carrying value. Realised gains and losses are combined in the Statement of Financial Activities.

**1.11 Fixed Asset Investments**

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing stock market price. The Statement of Financial Activities include the net gains and losses arising on the revaluation and disposals throughout the year.

**1.12 Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**1.13 Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**1.14 Leases**

Rentals paid under operating leases are charged in the statement of financial activities in the year to which they relate.

**1.15 Pensions**

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. Contributions payable for the year are charged in the statement of financial activities.

**2. INCOME FROM DONATIONS AND GRANTS**

	General Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Donations from individuals, companies and other charitable institutions	77,364	100,570	177,934	157,568
	<u>77,364</u>	<u>100,570</u>	<u>177,934</u>	<u>157,568</u>

**THE RIVER HOUSE TRUST**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
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**3. INCOME FROM OTHER TRADING ACTIVITIES**

	Total 2024	Total 2023
	£	£
Social work placement fees	3,800	1,400
Catering receipts	11,248	11,032
Thrive-consultancy fee	-	-
Homeshare fees	3,045	4,230
Room hire	3,316	8,180
	<u>21,409</u>	<u>24,842</u>

**4 INVESTMENT INCOME**

	Total 2024	Total 2023
	£	£
UK Bank interest	628	986
	<u>628</u>	<u>986</u>

**5. ALLOCATION OF SUPPORT AND GOVERNANCE COSTS**

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs together with the governance costs are apportioned between the three key charitable activities undertaken in the year. Refer to the table below for the basis of apportionment and the analysis of support and governance costs.

	Basis of allocation	General Support Costs	Governance Costs	2024	Total 2023
		£	£	£	£
General office expenses	Usage	63,072	-	63,072	60,461
Independent Examiners' fee	Governance	-	6,893	6,893	6,553
Human resources	Staff time	6,317	-	6,317	18,406
		<u>69,389</u>	<u>6,893</u>	<u>76,282</u>	<u>85,420</u>



**THE RIVER HOUSE TRUST**  
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**6. COST OF RAISING FUNDS**

	General Funds £	Total 2024 £	Total 2023 £
Directly attributed staff costs	-	-	-
Other directly attributed costs	2,007	2,007	1,328
Attributed support costs	2,776	2,776	3,155
	<u>4,783</u>	<u>4,783</u>	<u>4,483</u>

**7. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES**

	Peer Support £	Holistic £	Advisory £	Foodbank £	Total 2024	Total 2023 £
<b><i>Directly attributed costs</i></b>						
Directly attributed staff costs	76,224	4,015	12,118	34,005	126,362	113,997
Other directly attributed costs	11,168	1,204	345	5,936	18,653	29,527
<i>Support and Governance costs</i>	20,312	6,771	6,771	33,854	67,708	82,265
	<u>107,704</u>	<u>11,990</u>	<u>19,234</u>	<u>73,795</u>	<u>212,723</u>	<u>225,789</u>

For the year ended 30th September 2024 charitable expenditure was £212,723 (year ended 30th September 2023 £225,789) of which £136,350 (2023: £133,203) was expenditure from restricted funds

**8. NET INCOME /(EXPENDITURE) FOR THE YEAR**

	Total 2024 £	Total 2023 £
This is stated after charging:-	£	£
Independent Examiners' fee	1,093	6,553
Other accountancy services	8,182	8,932
Depreciation	1,838	1,838
Amounts paid under operating leases:-		
(a) Rent	<u>12,414</u>	<u>11,859</u>

**8.1 Analysis of staff costs and trustees remuneration**

	Total 2024 £	Total 2023 £
Staff salaries and related costs	120,877	120,246
Social security costs	5,784	5,911
Staff pension costs	6,018	6,246
	<u>132,679</u>	<u>132,403</u>

The average number of persons employed during the year was 5 (2023-5). None of the employees were paid a salary in excess of £60,000 per annum. None of the Trustees of the Charity were remunerated for their time in carrying out their duties.

Salaries include £Nil of costs (2023: £Nil) incurred on hiring agency staff to provide cover in respect of kitchen staff.

**THE RIVER HOUSE TRUST**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
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**9. TAXATION**

As a registered charity, The River House Trust is potentially exempt from taxation of income and gains falling within section 505 of the Income and Corporation Taxes Act 1988 and section 256 of the Taxation of Chargeable Gain Act 1992. No tax charge has arisen in the year.

**10. TANGIBLE FIXED ASSETS**

	Plant and Equipment £
<b>Cost:</b>	
At 1 October 2023	87,286
Additions in the year	-
Disposals in the year	-
At 30 September 2024	<u>87,286</u>
<b>Depreciation:</b>	
At 1 October 2023	84,912
Charge for the year	1,838
Disposals for the year	-
At 30 September 2024	<u>86,750</u>
<b>Net book value</b>	
As at 30 September 2024	<u>536</u>
At 30 September 2023	<u>2,374</u>

**10.1 FIXED ASSET INVESTMENTS**

	Total 2024 £	Total 2023 £
Market value at 1 October 2023	5,595	5,313
Additions at cost	-	-
Proceeds on sale of investments	-	-
Unrealised/realised gain on revaluation of investments	702	282
Market value as at 30 September 2024	<u>6,297</u>	<u>5,595</u>

**11. DEBTORS**

	Total 2024 £	Total 2023 £
Prepayments and other debtors	7,544	5,813
Trade debtors	-	2,240
Accrued income	8,730	-
	<u>16,274</u>	<u>8,053</u>

**THE RIVER HOUSE TRUST**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 30 SEPTEMBER 2024**

**12. CREDITORS - AMOUNTS FALLING DUE WITHIN ONE YEAR**

	Total 2024 £	Total 2023 £
Deferred income (see note 12.1)	-	-
Taxes and social security	1,437	-
Sundry creditors and accruals	15,442	16,950
	<u>16,879</u>	<u>16,950</u>

**12.1 DEFERRED INCOME**

	Total 2024 £	Total 2023 £
As at 1st October 2023	-	15,680
Released in the year to income earned from charitable activities	-	(15,680)
Incoming resources deferred in the year	-	-
As at 30th September 2024	<u>-</u>	<u>-</u>

**12.1 OBLIGATIONS UNDER LEASE AGREEMENTS**

The charity had total commitments under non-cancellable operating lease over the remaining life of those leases of £Nil (2023: £2,163)

**12.2** The Charity operates a defined contribution pension scheme for its employees. The assets of the scheme are held separately from those of the Charity. At the balance sheet date, creditors included £ 4,843 (2023: £2,404) of unpaid contributions due to the fund.

**13. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	General Funds £	Restricted Funds £	Total 2024 £
Tangible fixed assets	536	-	536
Investment	6,297	-	6,297
Current assets	(4,094)	68,820	64,726
Creditors	(16,879)	-	(16,879)
	<u>(14,140)</u>	<u>68,820</u>	<u>54,680</u>

The charity has sufficient resources to enable each fund to be applied in accordance with the donors restrictions.

**14. UNRESTRICTED FUNDS**

	Balance at 1st October 2023 £	Incoming Resources £	Resources Expended £	Transfers Between Funds £	Balance at 30th September 2024 £
General fund	30,898	99,401	(80,454)	(63,985)	(14,140)
	<u>30,898</u>	<u>99,401</u>	<u>(80,454)</u>	<u>(63,985)</u>	<u>(14,140)</u>

**THE RIVER HOUSE TRUST**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 30 SEPTEMBER 2024**

**15. RESTRICTED FUNDS**

The fund balances listed below represent the excess of donations or grants received over expenditure incurred for those projects whereby the purpose is specified by the donors as to their use:-

	Balance at 1st October 2023	Transfer from general fund £	Incoming Resources £	Resources Expended £	Balance at 30th September 2024 £
<b>Advisory</b>					
Advocacy	-	8,148	17,711	(8,148)	17,711
<b>Peer Support</b>					-
Walking group	2,968	7,329	-	(10,297)	-
Peer to Peer Support	-	35,010	26,080	(42,667)	18,423
Kitchen and shed refurbishment	10,593	-	-	-	10,593
50+ social programme	-	423	7,500	(7,923)	-
Services for Women	-	4,467	500	(4,967)	-
<b>Holistic</b>	-				-
Respite Breaks	1,750	-	-	-	1,750
Hardship Fund	4,266	-	2,345	(922)	5,689
<b>Foodbank</b>	-				-
Food bank	11,026	3,209	4,221	(18,456)	-
<b>Volunteer fund</b>					
Volunteer Support	10,012	5,399	42,213	(42,970)	14,654
	<u>40,615</u>	<u>63,985</u>	<u>100,570</u>	<u>(136,350)</u>	<u>68,820</u>

**16. FUNDS**

**16.1 Advocacy**

This fund relates to welfare benefits and advice and small grants case work. At the year end there was an unexpended balance of £17,711

**16.2 Walking group**

This represents monies received towards a project that encourages older people with HIV to exercise more in a friendly, social and peer-supportive way. This is particularly useful for reducing frailty and isolation risks. At the year end date the fund was fully expended.

**16.3 Kitchen and shed refurbishment fund**

This funds relates monies received towards refurbishment of kitchen and shed At the year end date there was an unexpended balance of £10,593

**16.4 Peer to Peer Support**

This funds relates monies received in support of social programmes for people with HIV. At the year end date there was an unexpended balance of £18,423

**16.5 50+ social programme**

This fund relates to the provision of both social and peer support for people with HIV aged 50+. At the year end date the fund was fully expended.

**THE RIVER HOUSE TRUST**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
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**16 FUNDS (...continued)**

**16.6 *Services for Women***

This fund relates to a specific peer support programme for women with HIV. At the year end date the fund was fully expended.

**16.7 *Respite Breaks***

The fund represented received for a one-off respite break for older people with HIV. Due to the pandemic the charity was unable to spend this money. It is envisaged the funds will be expended in the ensuing year.

**16.8 *Hardship Fund***

This fund relates to monies received in order to provide grants to clients to cover the cost of basic needs and essential household items such clothing, toiletries, cookers, fridges, beds etc. At the year end date there was an unexpended balance of £5,689

**16.9 *Food bank***

This fund relates to the provision of a food bank service for people with HIV particularly affected by poverty. At the year end date the fund was fully expended.

**16.10 *Volunteer Support***

This relates to monies received to help recruit, manage and support volunteers who support the work of the charity. At the year end date there was an unexpended balance of £14,654

**17. RELATED PARTY TRANSACTIONS**

During the year, the Charity paid an insurance premium of £ 2,986 which included cover for Trustees legal liabilities for loss in their capacity as Trustees. There were no other transactions involving Trustees or any expenses reimbursed to the Trustees.

During the year the Charity received an unrestricted donation of £25,000 from Oasis Wandsworth, a UK registered charity in which Chris Woolls (Chief Executive) is a Trustee.

**18. LEGAL STATUS**

The Charity is a company limited by guarantee with no share capital. The liability of each member in the event of a winding up is limited to £10.

**19. CONTROLLING PARTY**

The Charity is ultimately controlled by the Trustees.