



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st April 2022 Period start date To 31st March 2023 Period end date

Charity name:Nubian Life Resource Centre Ltd

Charity registration number:1059460

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	THE RELIEF OF THE ELDERLY AFRICAN - CARIBBEAN PEOPLE ,AND THE WIDER COMMUNITY LIVING IN THE UNITED KINGDOM IN PARTICULAR WITHOUT PREJUDICE OF THE GENERALITY OF THE FOREGOING BY THE PROVISION IN THE INTERESTS OF SOCIAL WELFARE OF RECREATION AND OTHER LEISURE TIME OCCUPATIONS WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF SUCH PERSON
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	THE PROVISION OF CULTURAL DAY CARE SERVICES FOR OLDER PEOPLE WITH COMPLEX HEALTH & SOCIAL CARE NEEDS RESIDING IN THE LONDON BOROUGH OF HAMMERSMITH & FULHAM COMMUNITY GARDEN & ACTIVITIES FOR RESIDENTS OF HAMMERSMITH & FULHAM
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	TRUSTEES ANNUAL REPORT OUTLINES IN SUMMARY THE WORK THAT THE CHARITY HAS UNDERTAKEN, WHICH DEMONSTRATES THAT THE CHARITY'S ACTIVITIES DELIVERED FOR THIS REPORTING PERIOD HAVE BEEN FOR PUBLIC BENEFIT

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	VOLUNTEERS HAVE VOLUNTEERED 1248 HOURS THIS YEAR, SUPPORTING THE RUNNING OF THE COMMUNITY GARDEN, THE DELIVERY OF ACTIVITIES AND THE OVERALL UPKEEP OF THE GARDEN
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	THE CHARITY HAS SUCCESSFULLY FULLY REOPENED AND HAS SPEND THE YEAR REBUILDING ITS CLIENT BASE AND ADJUSTING OUR SERVICES TO MEET THE CHANGED NEEDS OF OUR CLIENT GROUP RETURNING TO THE CENTRE. WE HAVE SEEN A SIGNIFICANT COGNITIVE AND MOBILITY DECLINE IN OUR CLIENTS DUE TO ISOLATION AND LOCKDOWN

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	SUCCESSFULLY REMARKETED THE DAY OPPORTUNITIES OFFER TO SOCIAL WORKERS AND HEALTH WORKERS TO INCREASE THE NUMBER OF RESIDENTS USING THE SERVICE RETURNING THE SERVICE TO FALL CAPACITY OF 15 CLIENTS PER DAY
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		<p>THE CHARITY HAS CONTINUED TO PROMOTE THE IMPORTANCE OF CULTURAL COMPETENCY WITHIN THE HEALTH AND SOCIAL CARE SECTOR AND HAS PLAYED A SIGNIFICANT ROLE IN CO CHAIRING H&F BUILDING TRUST INITIATIVE, IN RESPONSE TO COVID VACCINATION HESITANCY WITHIN THE AFRICAN AND CARIBBEAN COMMUNITY. THE INITIATIVE AIMS TO GIVE THE NHS AND LOCAL AUTHORITY INSIGHT INTO THE VIEWS AND EXPERIENCES OF THE COMMUNITY WHICH FUELS THE ONGOING LACK OF TRUST AND CONFIDENCE IN HEALTH CARE SERVICES</p> <p>THE CHARITY CONTINUES TO BUILD NEW PARTNERSHIPS WITHIN ACADEMIA AND PARTNERED WITH THE GELLER INSTITUTE OF MEMORY AND AGEING (WEST LONDON UNIVERSITY) TO HOST THE FIRST TEA DANCE FOR OLDER PEOPLE ACROSS THE BOROUGH. THE TEA DANCE "REMINISCENCE IN ACTION" WAS ATTENDED BY 70+ OLDER PEOPLE WHO SPENT THE AFTERNOON DANCING IN THE GROUND SOF FULHAM PALACE. THIS WAS A MUCH NEEDED EVENT AFTER A YEAR OF ISOLATION DUE TO THE CLOSURE OF DAY CENTRES.</p> <p>THE PARTNERSHIP WITH THE GELLER INSTITUTE ALSO SAW THE DEVELOPMENT OF THE A PPIG CHAIRED BY NUBIAN LIFE SUPPORTING THE INSTITUTION'S RESEARCH INTO RESTRAINT AND INCONTINENCE CARE IN HOSPITAL. CLIENTS HAVE ALSO BEING TAKING PART IN ART WORKSHOPS, USING ART TO DESCRIBE THEIR EXPERIENCES OF THE CARE SECTOR</p> <p>NUBIAN LIFE SAT ON H&F DEMENTIA ALLIANCE ACTION GROUP DEVELOPING THE BOROUGH'S DEMENTIA STRATEGY</p> <p>OTHER HIGHLIGHTS INCLUDE TAKING CLIENTS TO VISIT IMPERIAL COLLEGES DRI CARE AND RESEARCH CENTRE, TO SEE THE RANGE OF ASSISTIVE TECHNOLOGY AVAILABLE TO THEM AT HOME</p>
Performance of fundraising activities against objectives set	Para 1.41	THE CHARITY WAS ABE TO RAISE FUNDS THROUGH CONSULTANCY BUT WAS NOT

		SUCCESSFUL IN RAISING FUNDS THROUGH BID WRITING
Investment performance against objectives	Para 1.41	N/A
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	THE CHARITY
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	THE RESERVES POLICY MAKES PROVISION FOR UNRESTRICTED FUNDS NOT COMMITTED TO BE INVESTED (FREE RESERVES) HELD BY THE CHARITY SHOULD BE BETWEEN THREE AND SIX MONTHS OF THE RESERVES EXPENDED. AT THIS LEVEL THE BOARD IS CONFIDENT THAT THE CHARITY WOULD BE ABLE TO CONTINUE ITS CURRENT ACTIVITIES IN THE EVENT OF A SIGNIFICANT DROP IN FUNDING
Amount of reserves held	Para 1.22	£44,183.33
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	£40,036
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	THE CHARITY USED RESERVES TO MEET THE DIFFERENCE IN DELIVERY COSTS. THE BOARD OF TRUSTEES HAVE INFORMED THE LONDON BOROUGH OF HAMMERSMITH & FULHAM THAT THE DAYCARE CONTRACT CANNOT BE DELIVERED ON THE CURRENT VALUE OF THE CONTRACT. CONVERSATION HAS COMMENCED ON FUTURE DELIVERY

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	H&F CONTRACT FOR DAY OPPORTUNITIES NATIONAL LOTTERY COMMUNITY FUND FOR ADOPT A GARDEN PARTNERSHIP
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	ONGOING VALUE OF THE DAY CARE CONTRACT AND INCREASE IN DELIVERY COST
Other		N/A

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Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document (trust deed, royal charter)	Para 1.25	MEMORANDUM AND ARTICLES OF ASSOCIATION
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	REGISTERED CHARITY AND COMPANY LTD BY GUARANTEE
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>TRUSTEE RECRUITMENT IS ONGOING, THE BOARD UTILISED APPROPRIATE NETWORKS TO RECRUIT TRUSTEES</p> <p>RECRUITMENT AND INDUCTION IS CARRIED OUT BY THE CHAIR AND DEPUTY CHAIR</p> <ul style="list-style-type: none"> ● THE CHAIR AND DEPUTY CHAIR INTERVIEW PROSPECTIVE TRUSTEES ● ALL TRUSTEES ARE VETTED TO ENSURE THEY CAN HOLD THE ROLE OF TRUSTEE ● ALL TRUSTEES DBS CHECKED ● SUCCESSFUL CANDIDATES ARE INVITED TO ATTEND A BOARD MEETING AS AN OBSERVER ● ALL TRUSTEES HAVE A ROLE DESCRIPTION ● ALL TRUSTEES SIGN THE CODE OF CONDUCT

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>NEWLY APPOINTED TRUSTEES RECEIVE A TRUSTEE PACK CONSISTING OF THE LATEST TAR, ORGANISATIONAL CHART, STAFF HANDBOOK AND ORGANISATIONAL POLICIES AND PROCEDURES</p> <ul style="list-style-type: none"> ● A TRUSTEE IS ASSIGNED FOR THEIR FIRST THREE MONTHS OR AS LONG AS REQUIRED ● FOLLOW UP MEETINGS WITH THE CHAIR WHERE THEY SHARE FEEDBACK FROM THEIR INDUCTION EXPERIENCE <p>TRUSTEES ARE ENCOURAGED TO ATTEND THE CENTRE AS REGULARLY AS THEY CAN TO DEVELOP A UNDERSTANDING OF OUR CLIENT GROUPS, THEIR NEEDS AND HOW THE CHARITY MEETS THOSE NEEDS</p>
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		New TRUSTEES ARE ENCOURAGED TO UNDERGO TRAINING AS APPROPRIATE
The charity's organisational structure and any wider network with which the charity works	Para 1.51	SERVICE USERS & RELATIVES CHAIR BOARD STAFF & VOLUNTEERS
Relationship with any related parties	Para 1.51	N/A
Other		THE CHAIR IS CONNECTED ACROSS THE UK WITHIN THE HEALTH & SOCIAL CARE AND ACADEMIA SECTORS

Reference and Administrative details

Charity name	NUBIAN LIFE RESOURCE CENTRE LTD
Other name the charity uses	NUBIAN LIFE
Registered charity number	1059460
Charity's principal address	GROUND FLOOR 50 ELLERSLIE ROAD LONDON W12 7BW

Names of the charity trustees who manage the charity

		Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	1	SONIA STEWART	CHAIR		
	2	BEVAN POWELL	DEPUTY CHAIR		
	3	MARCIA CLARKE	TRUSTEE		
	4				
	5				
	6				
	7				
	8				
	9				
	10				
	11				
	12				
	13				
	14				
	15				
	16				
	17				
	18				
	19				
	20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		
	JAZZ BROWNE		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

SONIA STEWART	
---------------	--

Position (eg Secretary,
Chair, etc)

CHAIR	
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Date

27TH DECEMBER 2023



**People
Purpose
Passion**

Registered Charity Number - 1059460

Company Number - 03227383

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

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Detailed Income and Expenditure Account	

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

COMPANY INFORMATION

Company Number 3227383

Registered Charity Number 1059460

Trustees Sonia Stewart - Chair
Bevan Powell MBE
Marica Clack

Company Secretary Jazz Browne

Registered Office 50 Ellerslie Road
London
W12 7BW

Bankers Lloyds Bank
21-25 King Street
Hammwrsmith
London , W6 9HW

Governing Documents Memorandum and Articles of Association

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NUBIAN LIFE RESOURCE CENTRE

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 10-16

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

For the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 and that an independent examination is needed.

The Charity gross income exceeded £250,000 and I'm qualified to undertake the examination by being qualified member of Institute of Financial Accountants

BASIS OF INDEPENDENT EXAMINER'S REPORT

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently, I do not express an audit opinion on the view given by the accounts.

INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charity Act 2006; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting records and comply with the accounting requirements of the Charities Act
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Anwar Jorgis- AFA-AAIA-- MIPA-ACIPP

Jorgis Accountants Ltd

3 Cressage Close

Southall

Middlesex

UB1 2XP



30/12/2023

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total 2023 £	Total 2022 £
Incoming resources					
Incoming Resources from charitable activities					
Grants receivable	2	30,925	204,207	235,132	235,610
Incoming Resources from generated funds					
Voluntary Income				-	-
Interest income				-	-
Total Incoming resources available for charitable application		30,925	204,207	235,132	235,610
Resources Expended					
Charitable Activities	6	57,231	217,937	275,168	259,273
Governance Costs					
Total Resources Expended		57,231	217,937	275,168	259,273
Net Incoming/(outgoing) resources before transfers		26,306	(13,730)	(40,036)	(23,664)
Fund balances at 01 April 2022		90,617	(19,671)	70,950	70,950
Fund balances at 31 March 2023		64,311	(33,401)	30,914	70,950

All recognised gain and loss are included in the Statement of Financial Activities.

All transaction are derived from continuing activities

The notes on page 12-16 form part of the Financial Statements

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

BALANCE SHEET

AS AT 31 MARCH 2023

	Note	2023	2022
		£	£
FIXED ASSTS			
Tangible assets		-	-
Current Assets			
Debtors	4	-	-
Cash at bank and in hand		49,293	83,606
		<u>49,293</u>	<u>83,606</u>
Current liabilities			
Amount falling due within one year	5	<u>18,379</u>	<u>12,656</u>
Net current assets		30,914	70,950
Total assets less current liabilities		<u><u>30,914</u></u>	<u><u>70,950</u></u>
Funds			
Restricted Fund		17,897	32,108
Unrestricted Fund	6	<u>13,016</u>	<u>38,841</u>
Total Funds		<u><u>30,914</u></u>	<u><u>70,950</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) For the period ended 31/03/2023 the company was entitled to exemption under section 477 of the Companies Act 2006.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with the section 476 of the Act. The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of financial year and of its profit or loss for the financial year in accordance with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

The Notes on page 12-16 form part of the Financial Statements.

Approved by the Board on 27/12/2023

Sonia Stewart
Chair



Registered Company Number - 03227383

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

Notes to the financial statements

For the year ended 31 March 2023

1 Accounting policies

- a) The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 - effective 1 January 2015) - (Charities SORP FRS 102) and the Companies Act 2006.

The financial statements have been prepared in accordance with Accounting and Reporting by The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

- b) In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 a restatement of comparative items was required. The transition date was 1 April 2014. No restatements were required.
- c) Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.
- d) Grants are recognised in full in the statement of financial activities in the period in which they are received or receivable whichever is earlier. Grants received which are clearly specified for a future accounting period are shown as deferred.
- e) Grants for the purchase of fixed assets are credited to restricted incoming resources when receivable. Depreciation of fixed assets purchased with such grants is charged against the restricted fund. Where a fixed asset is donated to the charity for its own use, it is treated in a similar way to a restricted grant.
- f) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- g) Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life. The depreciation rates in use are as follows:

Computer equipment	33.33%	(straight line)
Fixtures, fittings and equipment	20%	(straight line)

Items of equipment are capitalised where the purchase price exceeds £750. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities.

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023****2. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES**

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
LBHF Adult Social Care		187,300	187,300	187,300
Urban Partnership Group		-	-	-
University of West London Partnership		1,907	1,907	-
Independent Age			-	-
Consultancy Income	318		318	3,478
Hammersmith United Charity			-	-
Fulham Good Neighbours		15,000	15,000	21,875
Sobus	3,000		3,000	-
Bank interest and Investment	972		972	30
Donations	2,345		2,345	900
Rental Income			-	-
Service Fees	24,289		24,289	22,027
	30,925	204,207	235,132	235,610

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

	2023	2022
3 Resources Expensed		
Wages and Salaries	117,049	126,166
Social Security Costs	3,919	4,651
Pensions	3,158	3,334
	<u>124,126</u>	<u>134,151</u>
4 Debtors	2,022	2021
Due within one year	-	-
Service fees	-	-
LBHF	-	-
	<u>-</u>	<u>-</u>

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Creditors - Amount falling due within one year:	2023	2022
	£	£
Trade creditors	-	
Utilities Services- LBHF	7,879	7,729
SpirIT UK		2,677
LBHF- Rent	8,250	
Accountancy Fees	1,250	1,250
Accruals	1,000	1,000
Deferred income		
	18,379	12,656

6 Movements in Funds

	At 1.04.2022	Incoming resources	Outgoing resources	Transfer	At 31.03.2023
Restricted funds:					
Urban Partnership Group	-				-
University Of West London Partnership		1,907	1,907		-
Fulham Good Neighbours	31,627	15,000	28,730		17,897
Day Opportunities- LBHF ASC	-	187,300	187,300		
Power to Change	481			(481)	
Total Restricted Funds	32,108	204,207	217,937	(481)	17,897
Unrestricted Funds:					
General Funds	38,841	30,925	57,231	481	13,016
Total Unrestricted Funds	38,841	30,925	57,231	-	30,914
Total Funds	70,950	235,132	275,168	-	30,914

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

DETAILED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

	Restricted 2023	Unrestricted 2023	Total Funds 2023	2022 £
INCOMING RESOURCES				
Unrestricted income				
LBHF Adult Social Care	187,300		187,300	187,300
Rental Income			-	-
Bank Interest and Investment		972	972	30
Donation & Fundraising		2,345	2,345	900
Service Fees		24,289	24,289	22,027
Restricted income			-	
University of West London Partnership	1,907		1,907	
Consutlancy income		318	318	3,478
Fulham Good Neighbours	15,000		15,000	21,875
Sobus	3,000		3,000	-
Total income	207,207	27,925	235,132	235,610
RESOURCES EXPENDED				
Employment Costs	124,126		124,126	134,151
Staff Costs			-	-
Office Costs			-	58
Insurance & Legal fees	2,670	13	2,683	2,099
Staff Training	786		786	-
Business Rates & Rent	39,821		39,821	19,314
Utilities	7,879		7,879	9,138
Service and management fees			-	-
Refuse, cleaning and repairs	1,838		1,838	807
Small Equipment & Computer costs			-	-
Travel and Subsistence	-		-	91
Telephone, Internet & IT		2,821	2,821	4,346
Photocopying, Stationery & Postage		538.63	539	115
Storage	2,470		2,470	-
Catering	16,595		16,595	15,480
Transport	64,301		64,301	49,866
Clients Activities	7,385		7,385	9,657
Subscription & advertising			-	-
Consutlancy and Management	1,150		1,150	-
HR- Legal fees		888	888	6,337
Volunteers Costs			-	-
Refund			-	5,500
Bank Charges			-	64
Trustees & AGM Expenses		538	538	1,000
Donation/Fundraising			-	-
Independent Examination Fees		1,350	1,350	1,250
Total expenditure	269,019	6,149	275,168	259,273
 Surplus/ (Deficit) carried forward	 (61,812)	 21,776	 (40,036)	 (23,663)



**People
Purpose
Passion**

Registered Charity Number - 1059460

Company Number - 03227383

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

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(A Company Limited by Guarantee)

COMPANY INFORMATION

Company Number 3227383

Registered Charity Number 1059460

Trustees Sonia Stewart - Chair
Bevan Powell MBE
Marica Clack

Company Secretary Jazz Browne

Registered Office 50 Ellerslie Road
London
W12 7BW

Bankers Lloyds Bank
21-25 King Street
Hammwrsmith
London , W6 9HW

Governing Documents Memorandum and Articles of Association

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NUBIAN LIFE RESOURCE CENTRE

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INDEPENDENT EXAMINER'S STATEMENT

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(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

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 - to prepare accounts which accord with the accounting records and to comply with the accounting records and comply with the accounting requirements of the Charities Act
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Anwar Jorgis- AFA-AAIA-- MIPA-ACIPP

Jorgis Accountants Ltd

3 Cressage Close

Southall

Middlesex

UB1 2XP



30/12/2023

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

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Incoming Resources from charitable activities					
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Incoming Resources from generated funds					
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Interest income				-	-
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Resources Expended					
Charitable Activities	6	57,231	217,937	275,168	259,273
Governance Costs					
Total Resources Expended		57,231	217,937	275,168	259,273
Net Incoming/(outgoing) resources before transfers		26,306	(13,730)	(40,036)	(23,664)
Fund balances at 01 April 2022		90,617	(19,671)	70,950	70,950
Fund balances at 31 March 2023		64,311	(33,401)	30,914	70,950

All recognised gain and loss are included in the Statement of Financial Activities.

All transaction are derived from continuing activities

The notes on page 12-16 form part of the Financial Statements

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

BALANCE SHEET

AS AT 31 MARCH 2023

	Note	2023	2022
FIXED ASSTS		£	£
Tangible assets		-	-
Current Assets			
Debtors	4	-	-
Cash at bank and in hand		49,293	83,606
		<u>49,293</u>	<u>83,606</u>
Current liabilities			
Amount falling due within one year	5	<u>18,379</u>	<u>12,656</u>
Net current assets		30,914	70,950
Total assets less current liabilities		<u><u>30,914</u></u>	<u><u>70,950</u></u>
Funds			
Restricted Fund		17,897	32,108
Unrestricted Fund	6	<u>13,016</u>	<u>38,841</u>
Total Funds		<u><u>30,914</u></u>	<u><u>70,950</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) For the period ended 31/03/2023 the company was entitled to exemption under section 477 of the Companies Act 2006.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with the section 476 of the Act. The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of financial year and of its profit or loss for the financial year in accordance with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

The Notes on page 12-16 form part of the Financial Statements.

Approved by the Board on 27/12/2023

Sonia Stewart
Chair



Registered Company Number - 03227383

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

Notes to the financial statements

For the year ended 31 March 2023

1 Accounting policies

- a) The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 - effective 1 January 2015) - (Charities SORP FRS 102) and the Companies Act 2006.

The financial statements have been prepared in accordance with Accounting and Reporting by The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

- b) In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 a restatement of comparative items was required. The transition date was 1 April 2014. No restatements were required.
- c) Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.
- d) Grants are recognised in full in the statement of financial activities in the period in which they are received or receivable whichever is earlier. Grants received which are clearly specified for a future accounting period are shown as deferred.
- e) Grants for the purchase of fixed assets are credited to restricted incoming resources when receivable. Depreciation of fixed assets purchased with such grants is charged against the restricted fund. Where a fixed asset is donated to the charity for its own use, it is treated in a similar way to a restricted grant.
- f) Resources expended are recognised in the period in which they are incurred. Resources expended include attributable VAT which cannot be recovered.

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- g) Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life. The depreciation rates in use are as follows:

Computer equipment	33.33%	(straight line)
Fixtures, fittings and equipment	20%	(straight line)

Items of equipment are capitalised where the purchase price exceeds £750. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities.

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023****2. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES**

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
LBHF Adult Social Care		187,300	187,300	187,300
Urban Partnership Group		-	-	-
University of West London Partnership		1,907	1,907	-
Independent Age			-	-
Consultancy Income	318		318	3,478
Hammersmith United Charity			-	-
Fulham Good Neighbours		15,000	15,000	21,875
Sobus	3,000		3,000	-
Bank interest and Investment	972		972	30
Donations	2,345		2,345	900
Rental Income			-	-
Service Fees	24,289		24,289	22,027
	30,925	204,207	235,132	235,610

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

	2023	2022
3 Resources Expensed		
Wages and Salaries	117,049	126,166
Social Security Costs	3,919	4,651
Pensions	3,158	3,334
	<u>124,126</u>	<u>134,151</u>
4 Debtors	2,022	2021
Due within one year	-	-
Service fees	-	-
LBHF	-	-
	<u>-</u>	<u>-</u>

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Creditors - Amount falling due within one year:	2023	2022
	£	£
Trade creditors	-	
Utilities Services- LBHF	7,879	7,729
SpirIT UK		2,677
LBHF- Rent	8,250	
Accountancy Fees	1,250	1,250
Accruals	1,000	1,000
Deferred income		
	18,379	12,656

6 Movements in Funds

	At 1.04.2022	Incoming resources	Outgoing resources	Transfer	At 31.03.2023
Restricted funds:					
Urban Partnership Group	-				-
University Of West London Partnership		1,907	1,907		-
Fulham Good Neighbours	31,627	15,000	28,730		17,897
Day Opportunities- LBHF ASC	-	187,300	187,300		
Power to Change	481			(481)	
Total Restricted Funds	32,108	204,207	217,937	(481)	17,897
Unrestricted Funds:					
General Funds	38,841	30,925	57,231	481	13,016
Total Unrestricted Funds	38,841	30,925	57,231	-	30,914
Total Funds	70,950	235,132	275,168	-	30,914

NUBIAN LIFE RESOURCE CENTRE LIMITED

(A Company Limited by Guarantee)

DETAILED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

	Restricted 2023	Unrestricted 2023	Total Funds 2023	2022 £
INCOMING RESOURCES				
Unrestricted income				
LBHF Adult Social Care	187,300		187,300	187,300
Rental Income			-	-
Bank Interest and Investment		972	972	30
Donation & Fundraising		2,345	2,345	900
Service Fees		24,289	24,289	22,027
Restricted income			-	
University of West London Partnership	1,907		1,907	
Consutlancy income		318	318	3,478
Fulham Good Neighbours	15,000		15,000	21,875
Sobus	3,000		3,000	-
Total income	207,207	27,925	235,132	235,610
RESOURCES EXPENDED				
Employment Costs	124,126		124,126	134,151
Staff Costs			-	-
Office Costs			-	58
Insurance & Legal fees	2,670	13	2,683	2,099
Staff Training	786		786	-
Business Rates & Rent	39,821		39,821	19,314
Utilities	7,879		7,879	9,138
Service and management fees			-	-
Refuse, cleaning and repairs	1,838		1,838	807
Small Equipment & Computer costs			-	-
Travel and Subsistence	-		-	91
Telephone, Internet & IT		2,821	2,821	4,346
Photocopying, Stationery & Postage		538.63	539	115
Storage	2,470		2,470	-
Catering	16,595		16,595	15,480
Transport	64,301		64,301	49,866
Clients Activities	7,385		7,385	9,657
Subscription & advertising			-	-
Consutlancy and Management	1,150		1,150	-
HR- Legal fees		888	888	6,337
Volunteers Costs			-	-
Refund			-	5,500
Bank Charges			-	64
Trustees & AGM Expenses		538	538	1,000
Donation/Fundraising			-	-
Independent Examination Fees		1,350	1,350	1,250
Total expenditure	269,019	6,149	275,168	259,273
 Surplus/ (Deficit) carried forward	 (61,812)	 21,776	 (40,036)	 (23,663)