

BORDERLINE COUNSELLING SERVICE
TRUSTEE'S REPORT
FOR THE YEAR ENDED 31ST DECEMBER 2023

Objectives and activities

Borderline's objectives are to offer general counselling to the community and provide pastoral care and counselling training. Borderline is affiliated to the Association of Christian Counsellors (ACC) and abides by its Code of Ethics and Practice.

Borderline services are offered at the Counselling Centre of 42a Warwick Road, Carlisle Cumbria, and on Zoom or telephone from counsellor's homes. There are 5 counsellors and 1 receptionist. 3 Trainees who were on placement with us are now part of this team as fully qualified counsellors.

Ian Keyes has resigned from trustees and Brian Downie has joined as a trustee. Kieran Palliser has taken on the role of treasurer. 2 of our counsellors retired this year.

We have had difficulty in retaining and recruiting counsellors in recent years, which has led us to decide to make payments to our counsellors on a per session basis. We also intend to re-numerate receptionists and a manager in due time. We have engaged with a professional fundraiser to be able to fund this new venture. All payments will be made on a self-employed basis.

Achievements and performance

Approximately 621 sessions of counselling were achieved this year. The clients came to us mainly because of G.P.'s recommendation and internet. The outcome of their counselling was evaluated as excellent in the feedback forms returned to Borderline. The main issues for which help was sought were anxiety, depression, stress, abuse, relationships, and bereavement. All training this year was for team members and was monthly in centre.

Organisations and sources of support

Donations have been made from clients, friends of Borderline and 1 church. A significant number of grants have been awarded by funders through our fundraiser.

Outlook

To encourage members through monthly team meetings and provide ongoing training opportunities to further counsellor personal development. We also aim to recruit new receptionists, counsellors, trustees, and a manager. With the new financial help through the fundraiser, we have retained our present counsellors and expect to have 3 new counsellors join us early in 2024.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity name	
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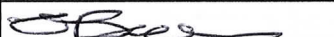
Receipts and payments accounts	
For the period from	To

CC16a

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	1,362	-	-	1,362	1,610
Awards For All	£10,000	-	-	10,000	-
Brian Lancaster's Trust	£400	-	-	400	-
Christadelphian Fund	£500	-	-	500	-
Cumbria CF	-	5,000	-	5,000	-
Dobies Charity	£500	-	-	500	-
Finn Family Fund	£2,000	-	-	2,000	-
Macauley Moat Found	£5,000	-	-	5,000	-
Pignatelli Foundation	£2,500	-	-	2,500	-
Proven Family Trust	£300	-	-	300	-
Souter Charitable Trust	£3,000	-	-	3,000	-
The Grace Trust	£500	-	-	500	-
Gift Aid	795	-	-	795	888
Interest	30	-	-	30	13
Client Donations	4,585	-	-	4,585	5,913
Church Donations	860	-	-	860	600
Sub total (Gross income for AR)	32,332	5,000	-	37,332	9,024
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	32,332	5,000	-	37,332	9,024
A3 Payments					
Maintenance	209	-	-	209	181
Rent	5,500	-	-	5,500	5,500
Insurance	351	-	-	351	164
Electric	1,189	-	-	1,189	2,151
Kitchen/Office supplies	525	-	-	525	76
Equipment	127	-	-	127	114
Counselling supervision	1,930	1,050	-	2,980	2,603
Subscriptions	694	-	-	694	615
Counsellor Expenses	501	-	-	501	295
Sundries	24	-	-	24	250
Telephone	582	-	-	582	435
Water	233	-	-	233	787
Bank Fee	60	-	-	60	81
Fundraising	4,765	-	-	4,765	-
Counselling sessions	8,250	-	-	8,250	-
Sub total	24,940	1,050	-	25,990	13,252
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,940	1,050	-	25,990	13,252
Net of receipts/(payments)	7,392	3,950	-	11,342	- 4,228
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	£11,814	-	-	11,814	-
Cash funds this year end	19,206	3,950	-	23,156	- 4,228

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	19,206	3,950	-
		-	-	-
		-	-	-
	Total cash funds	19,206	3,950	-
	(agree balances with receipts and payments account(s))			
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use				
	Desktop computer	General fund	-	-
	4x Laptops	General fund	-	-
	Shredder	General fund	-	-
	Scanner/Printer	General fund	-	-
	Filing cabinets	General fund	-	-
	Tables and chairs	General fund	-	-
	Kitchen equipment	General fund	-	-
	Counselling books	General fund	-	-
Heaters	General fund	-	-	
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			BRIAN DOWNIE	12/02/24
			KAREN S BRAGG	12/02/24



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name

Borderline Counselling Service

On accounts for the year ended

31st December 2023

Charity no (if any)

1058845

Set out on pages

1 & 2

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/23**.

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

K. L. Parr

Date:

Name:

Karen Parr

Relevant professional qualification(s) or body (if any):

ICAEW

Address:

Appletree

Broomfallen Road

Scotby

Carlisle
CA4 8DF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.