

BORDERLINE COUNSELLING SERVICES

England & Wales · Charity number 1058845

Details

Other names BORDERLINE PREGNANCY CARE

Status Registered

Legal form Other

Registered 1996-10-24

Register [View on the Charity Commission register](#)

Contact

Address 42a Warwick Road
Carlisle
CA1 1DN

Phone 01228 596900

Email info@borderlinecounselling.co.uk

Website www.borderlinecounselling.co.uk

Activities

Objects: 1. TO ADVANCE WITHOUT DISCRIMINATION THE EMOTIONAL, INTELLECTUAL, SPIRITUAL, SOCIAL AND PHYSICAL HEALTH THROUGH THE PROVISION OF COUNSELLING AND SUPPORTIVE HELP TO THOSE IN NEED, PARTICULARLY BUT NOT EXCLUSIVELY FOR SUCH AS THOSE WITH RELATIONSHIP DIFFICULTIES, FAMILY PROBLEMS, SEXUAL ABUSE, DEPRESSION, STRESS, BEREAVEMENT, PREGNANCY ISSUES AND LOSSES, ESPECIALLY WITHIN CUMBRIA AND SOUTH SCOTLAND IN ACCORDANCE WITH TRUST PRINCIPLES2. TO ADVANCE EDUCATION IN ACCORDANCE WITH TRUST PRINCIPLES (SEE SCHEDULE TO TRUST DEED) PARTICULARLY BUT NOT EXCLUSIVELY BY THE PROVISION OF TRAINING FOR COUNSELLORS AND HELPERS WITH A VIEW TO RAISING THE STANDARDS OF COUNSELLING FOR THE BENEFIT OF THE COMMUNITY IN CUMBRIA AND SOUTH SCOTLAND AND IN SUCH OTHER PARTS OF THE UNITED KINGDOM OR THE WORLD AS THE TRUSTEES MAY FROM TIME TO TIME THINK FIT

Activities: Borderline's objectives are to offer general counselling to the community and provide pastoral care and counselling training.

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** CUMBRIA, SOUTH OF SCOTLAND, UK, WORLDWIDE
- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£32,615	£42,282	-	-
2023-12-31	£37,332	£24,940	-	-
2022-12-31	£9,024	£13,251	-	-
2021-12-31	£15,940	£11,723	-	-
2020-12-31	£19,631	£15,163	-	-

Trustees

Name	Role	Appointed
Kenneth Fearon	Chair	
Kieran Michael Palliser		2022-11-07
Rhoda Susan Fearon		2026-06-02

BORDERLINE COUNSELLING SERVICES

England & Wales - Charity number 1058845

Accounts



Trustees' Annual Report for the period

From 01/01/23 Period start date To 31/12/23 Period end date

Charity name: **Borderline Counselling Services**

Charity registration number: **1058845**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance without discrimination emotional, intellectual, spiritual, social and physical health through the provision of counselling
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Training and counselling to help members of the public with issues i.e. abuse, depression, bereavement, pregnancy, relationships and other life issues.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Trustees have due regard to the Charity Commissioners Public Benefit Guidance. They meet quarterly to discuss that all objectives and activities are being met according to their governing document, and to monitor accounts.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The charity has been able to provide counselling to members of the public and as such people have been helped to address issues, noted above. This in turn has helped the families as well as the clients.</p> <p>Following are quotes from some of the clients who have had counselling during 2024.</p> <p><i>I am very appreciative of the help I have been given – this service is a much needed lifeline when I was in a really bad place</i></p> <p><i>It has been amazing and helpful, you provide a great service</i></p> <p><i>My counsellor has been so patient and so helpful Thank You</i></p> <p><i>An essential lifeline and opportunity to change life for the better</i></p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Other		
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is at the moment in a healthy financial position due to employing a fundraiser.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	To be able to have a minimum amount to keep the charity solvent for at least a 3 month period.
Amount of reserves held	Para 1.22	£10,000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We are dependant upon ongoing fundraising and client donations.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Client donations, and grants sourced by our fundraiser. We are also supported by some church donations and individual donors.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	Lack of funds
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Trust
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by all existing trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Borderline Counselling Services
Other name the charity uses	
Registered charity number	1058845
Charity's principal address	42a Warwick Road Carlisle CA1 1DN Cumbria

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Ken Fearon			
Kieran Palliser	Treasurer		
Jannette Alexander	Secretary		

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16
17
18
19
20

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	

Details of arrangements for safe custody and segregation of such assets from the charity's own assets	
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Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser Name Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) *KFearon*

Full name(s)

Position (eg Secretary, Chair, etc)

Date

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Ken Fearon	Kieran Palliser
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Trustee	Treasurer
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30/01/24



Receipts and payments accounts

CC16a

For the period
from

01/01/2024

To

31/12/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,432	-	-	1,432	1,362
Albert Hunt	5,000	-	-	5,000	-
Awards For All	-	-	-	-	10,000
Brian Lancaster's Trust	-	-	-	-	400
Benefact Trust	5,700	-	-	5,700	-
Christadelphian Fund	-	-	-	-	500
Cumberland Council	2,500	-	-	2,500	-
Cumbria Community Foundation	-	-	-	-	5,000
Dobies Charity	500	-	-	500	500
Finn Family Fund	-	-	-	-	2,000
Macauley Moat Foundation	5,000	-	-	5,000	5,000
Pignatelli Foundation	-	-	-	-	2,500
Prosperity Law	500	-	-	500	-
Proven Family Trust	400	-	-	400	300
Sir Bernard and Lady Scheier Found	1,000	-	-	1,000	-
Souter Charitable Trust	5,200	-	-	5,200	3,000
The Grace Trust	-	-	-	-	500
Gift Aid	609	-	-	609	795
Interest	35	-	-	35	30
Client Donations	3,779	-	-	3,779	4,585
Sponsored Run	300	-	-	300	-
Church Donations	660	-	-	660	860
Sub total (Gross income for AR)	32,615	-	-	32,615	37,332
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	32,615	-	-	32,615	37,332
A3 Payments					
Account Fee	60	-	-	60	60
Counselling Sessions	21,475	-	-	21,475	8,250
Electric	2,305	-	-	2,305	1,189
Fundraising	5,567	-	-	5,567	4,765
Kitchen/Office	864	-	-	864	525
Maintenance	96	-	-	96	209
Rent	5,500	-	-	5,500	5,500
Subscriptions	858	-	-	858	694
Supervision	-	3,860	-	3,860	2,980
Telephone	683	-	-	683	582
Water	311	-	-	311	233
Insurance	183	-	-	183	351
Staff Gift	150	-	-	150	-
Sundries	-	-	-	-	24
Equipment	370	-	-	370	127
Counsellor Expenses	-	-	-	-	501
Sub total	38,422	3,860	-	42,282	25,990
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	38,422	3,860	-	42,282	25,990
Net of receipts/(payments)	- 5,807	- 3,860	-	- 9,667	11,342

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		13,399	90	-
		-	-	-
		-	-	-
	Total cash funds	13,399	90	-

(agree balances with receipts and payments account(s))

OK OK OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Desktop Computer	General Fund	-	-
	4x Laptops	General Fund	-	-
	Shredder	General Fund	-	-
	Scanner/Printer	General Fund	-	-
	Filing Cabinets	General Fund	-	-
	Tables and Chairs	General Fund	-	-
	Kitchen Equipment	General Fund	-	-
	Counselling Books	General Fund	-	-
	Heaters	General Fund	-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	KIERAN PALLISER	05/08/25
	KENNETH FEARON	05/08/25

A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	19,206	3,950	-	23,156	-
<i>Cash funds this year end</i>	13,399	90	-	13,489	11,342



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name

Borderline Counselling Services

On accounts for the year ended

31st December 2024

Charity no (if any)

1058845

Set out on pages

1 & 2

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

27/07/2025

Name:

Karen Parr

Relevant professional qualification(s) or body (if any):

IER

1

October 2018

FCA Institute of Chartered Accountants in England & Wales

Address:

Appletree, Broomfallen Road, Scotby, Carlisle, CA4 8DF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

BORDERLINE COUNSELLING SERVICES

England & Wales - Charity number 1058845

Accounts

BORDERLINE COUNSELLING SERVICE

TRUSTEE'S REPORT FOR THE YEAR ENDED 31ST DECEMBER 2023

Objectives and activities

Borderline's objectives are to offer general counselling to the community and provide pastoral care and counselling training. Borderline is affiliated to the Association of Christian Counsellors (ACC) and abides by its Code of Ethics and Practice.

Borderline services are offered at the Counselling Centre of 42a Warwick Road, Carlisle Cumbria, and on Zoom or telephone from counsellor's homes. There are 5 counsellors and 1 receptionist. 3 Trainees who were on placement with us are now part of this team as fully qualified counsellors.

Ian Keyes has resigned from trustees and Brian Downie has joined as a trustee. Kieran Palliser has taken on the role of treasurer. 2 of our counsellors retired this year.

We have had difficulty in retaining and recruiting counsellors in recent years, which has led us to decide to make payments to our counsellors on a per session basis. We also intend to re-numerate receptionists and a manager in due time. We have engaged with a professional fundraiser to be able to fund this new venture. All payments will be made on a self-employed basis.

Achievements and performance

Approximately 621 **sessions** of counselling were achieved this year. The clients came to us mainly because of G.P.'s recommendation and internet. The outcome of their counselling was evaluated as excellent in the feedback forms returned to Borderline. The main issues for which help was sought were anxiety, depression, stress, abuse, relationships, and bereavement. All training this year was for team members and was monthly in centre.

Organisations and sources of support

Donations have been made from clients, friends of Borderline and 1 church. A significant number of grants have been awarded by funders through our fundraiser.

Outlook

To encourage members through monthly team meetings and provide ongoing training opportunities to further counsellor personal development. We also aim to recruit new receptionists, counsellors, trustees, and a manager. With the new financial help through the fundraiser, we have retained our present counsellors and expect to have 3 new counsellors join us early in 2024.



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CC16a

Receipts and payments accounts

For the period from	01/01/2021	To	31/12/2021
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	1,362	-	-	1,362	1,610
Awards For All	£10,000	-	-	10,000	-
Brian Lancaster's Trust	£400	-	-	400	-
Christadelphian Fund	£500	-	-	500	-
Cumbria CF	-	5,000	-	5,000	-
Dobies Charity	£500	-	-	500	-
Finn Family Fund	£2,000	-	-	2,000	-
Macaulay Moat Found	£5,000	-	-	5,000	-
Pignatelli Foundation	£2,500	-	-	2,500	-
Proven Family Trust	£300	-	-	300	-
Souter Charitable Trust	£3,000	-	-	3,000	-
The Grace Trust	£500	-	-	500	-
Gift Aid	795	-	-	795	888
Interest	30	-	-	30	13
Client Donations	4,585	-	-	4,585	5,913
Church Donations	860	-	-	860	600
Sub total (Gross income for AR)	32,332	5,000	-	37,332	9,024
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	32,332	5,000	-	37,332	9,024
A3 Payments					
Maintenance	209	-	-	209	181
Rent	5,500	-	-	5,500	5,500
Insurance	351	-	-	351	164
Electric	1,189	-	-	1,189	2,151
Kitchen/Office supplies	525	-	-	525	76
Equipment	127	-	-	127	114
Counselling supervision	1,930	1,050	-	2,980	2,603
Subscriptions	694	-	-	694	615
Counsellor Expenses	501	-	-	501	295
Sundries	24	-	-	24	250
Telephone	582	-	-	582	435
Water	233	-	-	233	787
Bank Fee	60	-	-	60	81
Fundraising	4,765	-	-	4,765	-
Counselling sessions	8,250	-	-	8,250	-
Sub total	24,940	1,050	-	25,990	13,252
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,940	1,050	-	25,990	13,252
Net of receipts/(payments)	7,392	3,950	-	11,342	4,228
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	£11,814	-	-	11,814	-
Cash funds this year end	19,206	3,950	-	23,156	4,228

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at Bank	19,206	3,950	-
		-	-	-
		-	-	-
	Total cash funds	19,206	3,950	-

(agree balances with receipts and payments account(s))

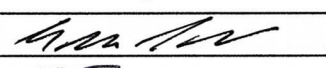

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Desktop computer	General fund	-	-
	4x Laptops	General fund	-	-
	Shredder	General fund	-	-
	Scanner/Printer	General fund	-	-
	Filing cabinets	General fund	-	-
	Tables and chairs	General fund	-	-
	Kitchen equipment	General fund	-	-
	Counselling books	General fund	-	-
	Heaters	General fund	-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	BRIAN DOWNIE	12/02/24
	KAREN S BRAGG	12/02/24



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name

Borderline Counselling Service

On accounts for the year ended

31st December 2023

Charity no (if any)

1058845

Set out on pages

1 & 2

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/23**.

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I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

K. L. Parr

Date:

Karen Parr

Name:

Relevant professional qualification(s) or body (if any):

IER

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October 2018

ICAEW

Address:

Appletree

Broomfallen Road

Scotby

Carlisle
CA4 8DF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.