



HEADWAY SOUTHAMPTON

ANNUAL REPORT AND

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

Company Limited by Guarantee Registered in England No. 03263597

Registered Charity No. 1058717

120 Commercial Road
Totton
Southampton
SO40 3AD

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

	Page
Officials and other details	1
Report of the trustees	2 -3
Chairperson's report	4 – 5
Independent Examiner's report	6
Statement of financial activities	7
Balance Sheet	8
Notes to the accounts	9 -12
Non - statutory information, for the trustees only	
Detailed trading and profit and loss account	13-15

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2022

Trustees	J Lloyd (Chairperson) H Knight E Thomas E M Bailey F Bonafoux
Manager	T Lockwood
Bankers	Lloyds TSB Shirley Branch 77 Shirley High Street Southampton SO15 3TX
Accountants	IQ Business Consulting Ltd Innovation House Wincombe Lane Shaftesbury Dorset SP7 8FG
Address & Registered Office	120 Commercial Road Totton Southampton SO40 3AD
Company Secretary	M Bennett
Solicitors	Trethowans Rockstone Place Southampton SO15 2EP
Company Number	03263597
Charity Number	1058717

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

The trustees submit their annual report and the accounts for the year ended 31 March 2022.

Objects and Principal Activity

The objects and principal activity of the company continued to be the rehabilitation of persons who have suffered acquired brain injuries and who reside in Southampton and South West Hampshire and to advance the education of the public in the matter of head injuries. Headway Southampton is affiliated to Headway – the brain injury association, which is a separate company limited by guarantee.

Review of the Year and Plans for the Future

The review of the year and plans for the future are included in the attached report of the Chairperson.

Trustees

The Trustees are responsible for decision making within the organisation based upon reports and other information provided by the Manager and other members of staff. The trustees who served during the year are as listed below:

J Lloyd (Chairperson)
H Knight
E Thomas
E M Bailey
F Bonafoux

In accordance with clause 29 of the Articles of Association one third of the trustees retire at the forthcoming Annual General Meeting and offer themselves for re-election.

In accordance with clause 5 of the Memorandum of Association, no trustee was in receipt of any remuneration in respect of his or her services.

The company is limited by guarantee, not having a share capital. The company is established as a charitable body not for profit. Accordingly, the trustees, who are also members of the company, have no beneficial interest in the equity or assets of the company.

The maximum contribution required from each member, in the event of a winding up is £10.

The Articles of Association of the company govern the appointment of trustees.

Reserves

The company's policy on reserves is shown in the notes to these accounts.

Risk review

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining our reserves at the levels stated on page 8 to these accounts combined with our annual review of the controls over key financial systems carried out will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks, which they face and confirm that they have established systems to mitigate the significant risks.

Public benefit

The trustees have considered the definitions of charitable purpose in the Charities Act 2011, and are confident that the activities of the charity are conducted for the benefit of the public and fall clearly under the headings of the advancement of health, the advancement of education, with regard to the causes and consequences of acquired brain injury and the relief of those in need by reason of ill-health, disability, financial hardship or other disadvantage.

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

REPORT OF THE TRUSTEES - continued
FOR THE YEAR ENDED 31 MARCH 2022

Trustees' Responsibilities

Company law requires the trustees to prepare accounts for each financial year, which give a true and fair view of the company's state of affairs at the end of the year and of its surplus or deficit for that period. In preparing those accounts the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare the accounts on the going concern basis unless it is inappropriate to assume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or irregularities.

Approved by the board of trustees on



Jack Lloyd
Trustee

CHAIRPERSON'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022

Headway Southampton is a registered charity and a company limited by guarantee. Our mission is to improve the lives and promote the independence of local brain injury survivors, to provide support and advice to their families, friends, and carers and to raise awareness of the life changing effects of brain injury. The organisation provides a community-based, post-acute rehabilitation, activity, and support service for adults with an acquired brain injury. Our board of Trustees met six times during the year to review and assess this work, develop policies, advise on good practice, and monitor operations.

The 2021/22 year has been a year of rebuilding after the massive disruption that COVID brought to the UK and the subsequent lockdowns. We closed our centre for much of 2020 and parts of 2021 in accordance with the directions of the UK government and local councils. The result of the lockdowns on people who have sustained an acquired brain injury has been substantial. We have seen a decline in confidence, a decline of both mental and physical health, a development of unhealthy habits, such as eating the wrong foods and lack of exercise, as well as a decline in the ability to socialise effectively, which has meant that when the centre reopened, we were met with several post pandemic challenges.

We decided to tackle the challenges using several tools. The first being to restart service user reviews which through the Covid effected years had become impossible to carry out. Within these reviews we developed the four pillars of provision.

These Pillars are:

1. Engagement: Looking at helping service users engage conatively with events and the world around them. Looking at developing coping strategies that can help negate the effect of their brain injuries.
2. Wellbeing: This pillar worked on their physical and mental wellbeing, including helping them to develop positive habits, including hobbies, wellness exercises, develop fitness and cooking skills to help have more of an understanding of nutrition and empowering them to use these skills at home.
3. Community: helping service users build friendships, gaining peer support and sharing best practise in living with life after brain injury. Also learning how to use social media in a safe and responsible way.
4. Independence: This involved looking at building skills that helped service users have as much independence as possible. Looking at equipping them with skills which they can take away from Headway and use in their everyday life.

Each review is done with the service user, asking them what they would like to get out of each pillar and making sure it is user focused. Each staff member has key service users they are responsible for helping to work towards their goals and are reviewed monthly by how they are supporting their service user. Each staff member evidences the work they are doing with their key service user and is appraised annually by this evidence.

The second tool to help us rebuild our provision for this post COVID era is our new DIRECT service. DIRECT stands for DiGital REhab ConnecTion. It uses what we learnt from our working with service users during lockdowns and makes it available to service users who either can't come to the centre or who want further to contact with our services. This involves a counselling service for both survivors of ABI's and those that care for them, regular zoom sessions throughout the week for service users to join, digital training for those with ABI's, one to one support sessions to give advice and help for those with an ABI and those that care for them, and community support groups. During the 2021/22 financial year we contracted a fundraising company called Competitive Solutions Ltd to help us raise the finances for this project and we are grateful for their help in putting together a successful grant bid to the National Lottery community fund who has agreed to finances our DIRECT provision for three years at a cost of £300,000. We are incredibly grateful to the National Lottery in providing this support to Headway UK.

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

CHAIRPERSON'S REPORT - continued
FOR THE YEAR ENDED 31 MARCH 2022

The DIRECT service went fully live in March 2022 with the structure, planning and marketing taking place from December 2021. This involved recruiting a consultant to set up the project and pioneer the initial stages, as well as a full-time rehabilitation officer to coordinate and run several of the services.

During the year we have provided:

- Full centre services to 49 service users, providing 500 centre sessions.
- One to one Counselling to 25 service users for a minimum of 6 sessions, 150 sessions in total.
- We have engaged with 32 service users in our DIRECT service which only went fully live in March 2022.
- We have provided 48 sessions at our support groups.

Due to the National Lottery funding and the increase in our centre attendance which is paid for by contracts with Hampshire County Council, Southampton City Council as well as privately funded placements, we saw our total income increase to £264,959. This included a grant of £14,017 from the WHCCG which has been secured for a further year. Also, income from several fundraisers and donations which came to £2,683. This remained subdued when compared to previous years due to continued COVID restrictions and concerns.

Due to extra expenses, including extra staff to cover COVID absences, as well as contracting Competitive Solutions Ltd we saw a total operating loss of £16,319. An unrestricted funds loss of £33,940. The trustees had allocated £62,200 in unrestricted reserves to cover the expected losses. Even with the additional spending of the restricted income, we saw a better-than-expected financial result in the year.

Headway Southampton finished the year with unrestricted reserves of £47,710 as well as £185,00 of allocated reserves, in addition to the restricted reserves of £17,621 for the DIRECT service.

We have also seen an increase in staffing over the year, this included bringing on an extra member of staff to cover for COVID absences as well as beginning to develop the DIRECT service. At the end of March 2022 Headway Southampton employed 10 members of staff, 5 of which were full time and 4 part time. One of those staff members spent 6 months of that year on maternity leave. In addition to these staff members, we also contracted a Project management consultant.

During the year we continued to get several referrals. We dealt with 52 referrals to both our centre and DIRECT services.

At our AGM, two trustees resigned after 3 years' service, in accordance with our articles of association, and were voted back into the trustee team by the remaining trustees. I was also re-voted into the role of Chair for another year.

I would like to thank all our stakeholders who have helped to make this year a successful one for Headway Southampton, as we begin to rebuild our services, to cater to a post pandemic society. This includes our team of staff and volunteers who provide such a great service for those who have survived an acquired brain injury, as well as those that care for them. I would also like to thank all those who have generously fundraised for Headway Southampton over this last year, and for the donations we have received and the grants that have helped us to continue to push forward and offer the best support and service that we can. Also, I would like to thank the service users who continue to inspire, challenge, and motivate us with their stories of survival, endurance, and optimism in the face of life changing injuries.



Jack Lloyd
Chairperson

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022, which are set out on pages 7 - 12.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Stacey FCA

For and behalf of
IQ Business Consulting Limited, Chartered Accountants
Innovation House, Shaftesbury, Dorset, SP7 8FG

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted Funds	Restricted Funds	2022 Total Funds	2021 Total Funds
		£	£	£	£
Income					
Charitable activities		196,460	-	196,460	181,568
Donations and legacies		2,683	51,124	53,807	15,973
Covid Grants and Funding		14,672	-	14,672	31,994
Investment income		20	-	20	52
Other income		-	-	-	40
Total income		213,835	51,124	264,959	229,627
Expenditure	2	247,775	33,503	281,278	199,007
NET INCOME		(33,940)	17,621	(16,319)	30,620
FUNDS BOUGHT FORWARD		266,650	-	266,650	236,030
FUNDS CARRIED FORWARD		232,710	17,621	250,331	266,650

The notes on pages 9 to 12 form part of these accounts.

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
FIXED ASSETS					
Tangible Assets	3	13,431	-	13,431	18,466
CURRENT ASSETS					
Debtors	4	37,720	-	37,720	19,951
Cash at bank and in hand		188,849	17,621	206,470	233,459
		225,569	17,621	244,190	253,410
CREDITORS					
Amount falling due within one year	5	7,290	-	7,290	5,226
NET CURRENT ASSETS		219,279	17,621	236,900	248,184
NET ASSETS		232,710	17,621	250,331	266,650
FUNDS					
General unrestricted fund	6	47,710	-	47,710	19,450
Restricted funds	6	-	17,621	17,621	-
Designated funds	6	185,000	-	185,000	247,200
		232,710	17,621	250,331	266,650

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022. The members have not required the charitable company to obtain an audit of its accounts for the year ended 31 March 2022, in accordance with section 476 of the Companies Act 2006. The Directors acknowledge responsibility for:

i) ensuring the charitable company keeps accounting records which comply with section 386 and 387 of the Companies Act 2006; and

ii) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and its profit and loss for each financial year in accordance with Sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Approved by the board of trustees and signed on its behalf by:



J Lloyd - Trustee

Date:

The notes on pages 9 to 12 form part of these accounts

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of accounts

The accounts are prepared under the historical cost convention and in accordance with the statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2015) and the Charities Act 2011.

The charity has taken advantage of the exemption in Financial Reporting Standard 1 from the requirement to produce a cash flow statement on the grounds that it qualifies as a small Charity.

The charity meets the definition of a public benefit entity under FRS 102.

Depreciation of tangible assets

Depreciation is calculated on all tangible fixed assets in use, at rates and bases calculated to write off the cost or valuation, less estimated residual value, of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	25% per annum on a reducing balance basis/33.33% per annum on a straight line method
Computer Equipment	straight line over 3 years
Leasehold Improvements	straight line over 9 years
Motor Vehicle	25% per annum on a reducing balance basis

Donated equipment and services

Equipment donated to the charity is included in fixed assets at an estimated value of cost and credited to the Statement of Financial Activities as a donation in kind in the year of receipt.

Incoming Resources

Incoming Resources represents grants, attendance allowances and donations receivable. Donations are included in the accounts when received. Grants and Attendance Allowances are included either on a contractual basis or on such dates as the trustees consider that they are receivable.

Resources Expended

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Value Added Tax

Expenditure which is subject to VAT is included in these accounts inclusive of VAT as it is not recoverable by the charity.

2. RESOURCES EXPENDED - UNRESTRICTED

	2022	2021
	£	£
Direct Care Costs		
Therapy & Activities	3,354	420
Salaries (incl. NI) (see below)	88,570	72,708
Pension, Training & Other Staff Costs	6,577	11,113
Establishment expenses	37,485	35,477
	<u>135,986</u>	<u>119,718</u>
Management and Administration		
Salaries (incl. NI) (see below)	62,307	70,114
Accountancy	3,094	2,999
Fundraising	40,844	216
	<u>106,245</u>	<u>73,329</u>
Financial Expenses		
Depreciation	5,544	5,960
TOTAL RESOURCES EXPENDED - UNRESTRICTED	<u>247,775</u>	<u>199,007</u>

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

RESOURCES EXPENDED - RESTRICTED

	2022	2021
	£	£
Direct Care Costs		
Salaries (incl. NI) (see below)	4,178	-
Pension, Training & Other Staff Costs	854	-
Establishment expenses	8,587	-
	<u>13,619</u>	<u>-</u>
Management and Administration		
Salaries (incl. NI) (see below)	8,284	-
Fundraising	11,600	-
	<u>19,884</u>	<u>-</u>
TOTAL RESOURCES EXPENDED - UNRESTRICTED	<u>33,503</u>	<u>-</u>

Staff Costs and Numbers

The number of staff who were remunerated during the year within the following bands

£1 to £10,000	1	5
£10,001 to £20,000	6	5
£20,001 to £30,000	3	1

Of these 3 members of staff were employed within management and administration, the balance were employed for charitable purposes.

Of the total salary costs £7,487 is in respect of National Insurance Costs the balance is gross wages.

3. FIXED ASSETS	Fixtures, fittings and equipment	Leasehold improvements	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2021	39,986	48,455	44,836	133,277
Additions	509	-	-	509
At 31 March 2022	<u>40,495</u>	<u>48,455</u>	<u>44,836</u>	<u>133,786</u>
Depreciation				
At 1 April 2021	29,856	44,494	40,461	114,811
Charge for the year	3,956	495	1,093	5,544
At 31 March 2022	<u>33,812</u>	<u>44,989</u>	<u>41,554</u>	<u>120,355</u>
Net Book Value				
At 31 March 2022	<u>6,683</u>	<u>3,466</u>	<u>3,282</u>	<u>13,431</u>
At 31 March 2021	<u>10,130</u>	<u>3,961</u>	<u>4,375</u>	<u>18,466</u>

All the fixed assets are used for charitable purposes.

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

4. DEBTORS

	2022	2021
	£	£
Grants & Attendance Allowances	31,460	14,194
Prepayments & Accrued Income	<u>6,260</u>	<u>5,757</u>
	<u>37,720</u>	<u>19,951</u>

5. CREDITORS

	2022	2021
	£	£
Amounts falling due within one year		
Trade Creditors	378	853
Other Taxes and Social Security	5,064	2,693
Accruals & Grants Received in Advance	<u>1,848</u>	<u>1,680</u>
	<u>7,290</u>	<u>5,226</u>

6. FUNDS

	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	2021	2020
				£	£
At 1 April 2021	19,450	-	247,200	266,650	236,030
Net movement in funds	(33,940)	17,621	-	(16,319)	30,620
Transfer between funds	<u>62,200</u>	<u>-</u>	<u>(62,200)</u>	<u>-</u>	<u>-</u>
At 31 March 2022	<u>47,710</u>	<u>17,621</u>	<u>185,000</u>	<u>250,331</u>	<u>266,650</u>

<u>Designated Funds</u>	£
Redundancies and Renovations	160,000
New Vehicle	20,000
Building Works	<u>5,000</u>
	<u>185,000</u>

7. FUNDS & RESERVES POLICY

Unrestricted Funds

The unrestricted fund is for the general running of the day service. Incoming Resources of Grants from the local Health Authority, Attendance Payments, Donations and Fundraising are included in this fund. In line with our reserves policy we are required to keep £160,000 in reserve (6 months operational expenditure) in case of unexpected closure / redundancies.

Reserves Policy

The Trustees policy for reserves is to ensure that there are sufficient funds to meet outstanding commitments and staff costs if forced to close.

Designated Funds

This is in line with our reserves policy and allows for 6 months of outgoings including redundancy payments, rent, and building work needed to return the building to its original plan, should the charity no longer be financially viable.

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. GUARANTEE

The company has no share capital and is limited by guarantee.

9. LEASE COMMITMENTS

The lease on 120 Commercial Road, Totton, Southampton runs until 31 May 2025 and at the year end the remaining commitment was for £40,375 (2021: £53,125).

10. TRUSTEES REMUNERATION AND EXPENSES

During the current and previous year no remuneration or other benefits were payable to the Trustees by the charity. There were no Trustees expenses during the year.

11) RELATED PARTY TRANSACTIONS

There were no related party transactions during the current or previous year.

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

DETAILED INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2022

	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
Income				
Attendance Payments	196,460	-	196,460	181,568
Fundraising & Donations	2,683	51,124	53,807	15,973
Covid Grants and Funding	14,672	-	14,672	31,994
Other income	-	-	-	40
Interest	20	-	20	52
	<u>213,835</u>	<u>51,124</u>	<u>264,959</u>	<u>229,627</u>
Expenses				
Staff Costs	157,475	13,180	170,655	152,718
Fundraising	40,844	11,600	52,444	216
Overheads	37,464	8,723	46,187	35,477
Legal & Financial	3,094	-	3,094	4,216
Activities & Social Events	3,354	-	3,354	420
Depreciation	5,544	-	5,544	5,960
	<u>247,775</u>	<u>33,503</u>	<u>281,278</u>	<u>199,007</u>
(Deficit)\Surplus for the year	<u>(33,940)</u>	<u>17,621</u>	<u>(16,319)</u>	<u>30,620</u>

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

DETAILED INCOME AND EXPENDITURE ACCOUNT - continued
FOR THE YEAR ENDED 31 MARCH 2022

	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
Staff Costs				
Salaries & N I	150,877	12,462	163,339	142,821
Pension Costs	4,334	-	4,334	4,050
Staff Advertising	211	400	611	5,719
Staff & Volunteer Training	1,552	144	1,696	-
Staff Cost	501	174	675	128
	<u>157,475</u>	<u>13,180</u>	<u>170,655</u>	<u>152,718</u>
Overheads				
Rent & Rates	9,306	3,457	12,763	13,435
Heat & Light	2,128	-	2,128	1,537
Motor Running Costs	6,676	-	6,676	5,797
Travel	129	678	807	46
Repairs & Small Equip.	3,931	509	4,440	4,752
Zoom room costs	-	4,079	4,079	-
Telephone	2,299	-	2,299	1,480
Insurance	2,118	-	2,118	2,126
Stationery & Postage	877	-	877	627
Computer Maintenance	871	-	871	585
Website	933	-	933	-
Publications	36	-	36	16
Registration fees	168	-	168	157
Cleaning	7,228	-	7,228	4,480
Alarm	698	-	698	182
Sundry	66	-	66	257
	<u>37,464</u>	<u>8,723</u>	<u>46,187</u>	<u>35,477</u>
Activities & Social Events				
Social - Events, Holidays Etc.	258	-	258	74
Counselling / Therapist	-	-	-	235
Rehabilitation Activities	1,236	-	1,236	37
Education Activities	786	-	786	11
Recreational Activities	1,074	-	1,074	63
	<u>3,354</u>	<u>-</u>	<u>3,354</u>	<u>420</u>
Fundraising				
Fundraising	<u>40,844</u>	<u>11,600</u>	<u>52,444</u>	<u>216</u>

HEADWAY SOUTHAMPTON
A COMPANY LIMITED BY GUARANTEE

DETAILED INCOME AND EXPENDITURE ACCOUNT - continued
FOR THE YEAR ENDED 31 MARCH 2022

	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
Legal & Financial				
Accountancy	3,094	-	3,094	2,999
Legal fees	-	-	-	1,217
	<u>3,094</u>	<u>-</u>	<u>3,094</u>	<u>4,216</u>
Depreciation				
Motor	1,093	-	1,093	1,458
Equipment	3,956	-	3,956	4,007
Property improvements	495	-	495	495
	<u>5,544</u>	<u>-</u>	<u>5,544</u>	<u>5,960</u>