



East Sussex Healthcare
NHS Trust



**East Sussex
Healthcare
NHS Charity**

East Sussex Healthcare NHS Charity

Annual Report and Accounts 2024/25
Registered Charity Number 1058599

www.esht.nhs.uk

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MESSAGE FROM THE CHAIR-

Ama Agbeze Chair of Charitable Funds Committee

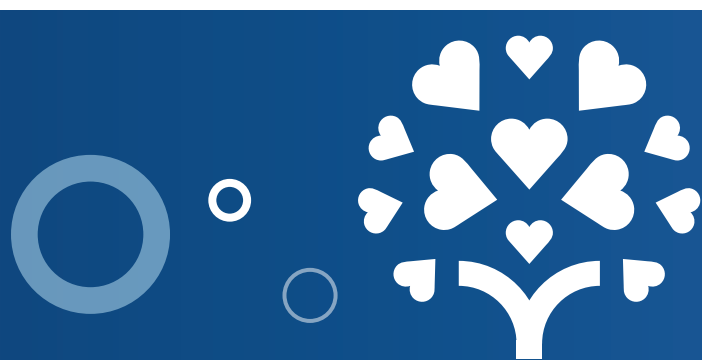
Welcome to the East Sussex NHS Charity Annual Report for 2024/25.

Our Charity exists to support the vital services provided by East Sussex Healthcare NHS Trust, enhancing care for both patients and staff.

Thanks to the continued generosity of our donors, the Charity remains in a strong financial position, with a closing balance of £2 million. These funds will be invested in patient services, staff wellbeing, and facilities, helping to improve the safety and quality of care across the Trust.

Over the past year, we received £168,000 in donations from individuals, businesses, and grant-making bodies, along with £57,000 in legacies. We are deeply grateful to Anne Helena Monk and Moya Phillips, whose philanthropic legacies will live on through the care we provide. We also extend our thanks to David Balch, who generously bequeathed a campervan to the Charity, raising £13,500.

A special tribute goes to Reg Coomber, who raised an extraordinary £50,000 through a sponsored swim, despite undergoing cancer treatment from the Trust. Reg sadly passed away after completing his challenge, but his courage and generosity continue to inspire us all.



Thanks to this incredible support, the Charity has been able to fund £237,000 in grants, covering medical equipment, staff welfare, education and training, and patient amenities; these are all areas that would otherwise be beyond the Trust's reach.

None of this would be possible without the kindness of our donors. We extend our heartfelt thanks to each and every one of you. This report highlights the meaningful impact your support has made and can continue to make.

This year also marked the retirement of our longstanding Charity Manager, Mike Eastwood. Mike's dedication has been invaluable, particularly in refreshing the Charity's image with a new name, logo, and website. As we reflect on how best to support the Trust in the future, we have chosen to pause recruitment for his replacement to ensure we find the right person for the next chapter.

This report outlines our achievements, the ways we support patients and staff, and includes the Charity's financial statements for the year ending 31 March 2025.

Our annual report complies with the Statement of Recommended Practice for charities preparing accounts under the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

We hope you'll be inspired by our work and consider joining us - whether as a fundraiser, donor, volunteer, or committee member. To get involved, please contact us at esht.charity@nhs.net.

Ama Agbeze

Chair of East Sussex NHS Healthcare Trust Charity



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ABOUT EAST SUSSEX HEALTHCARE NHS CHARITY

East Sussex Healthcare NHS Charity, formerly East Sussex Healthcare NHS Trust Charitable Fund was formed in October 1996 and is registered with the Charity Commission, the Charity Number is 1058599.

Our Vision:

To provide support to East Sussex Healthcare NHS Trust to enhance patient care and achieve better health outcomes within our hospitals and community.

Our Core Priorities:

- Supporting patient care will continue to be at the heart of everything that we do, as we want patients to have the best possible experience during their stay in the Trust. We will work with our NHS colleagues to support key programmes and services that will enhance the treatment that is offered to patients.
- Creating the right workplace is key to improving patient care. We will support NHS colleagues in transforming the way their services are delivered. We will also support transformative projects aligned with the Trust's strategic priorities.
- Supporting our staff is crucial in ensuring that patients receive the best possible care. We will work with the Trust to build upon existing and new wellbeing activities and to support further improvements to staff spaces and facilities.



Our Hospitals:

We are dedicated to raising funds for our four hospitals, as well as supporting our services in the community.

- Bexhill Hospital
- Conquest Hospital
- Eastbourne District General Hospital
- Rye And Winchelsea District Memorial Hospital

Our Funds:

At 31 March 2025 the Charity had 93 unrestricted funds and 5 quality funds linked to Bexhill Hospital, Community Services, Conquest Hospital, Eastbourne District General Hospital and an overarching Trust fund. These funds are used to fund Trust wide initiatives as well as bids specific to particular locations.

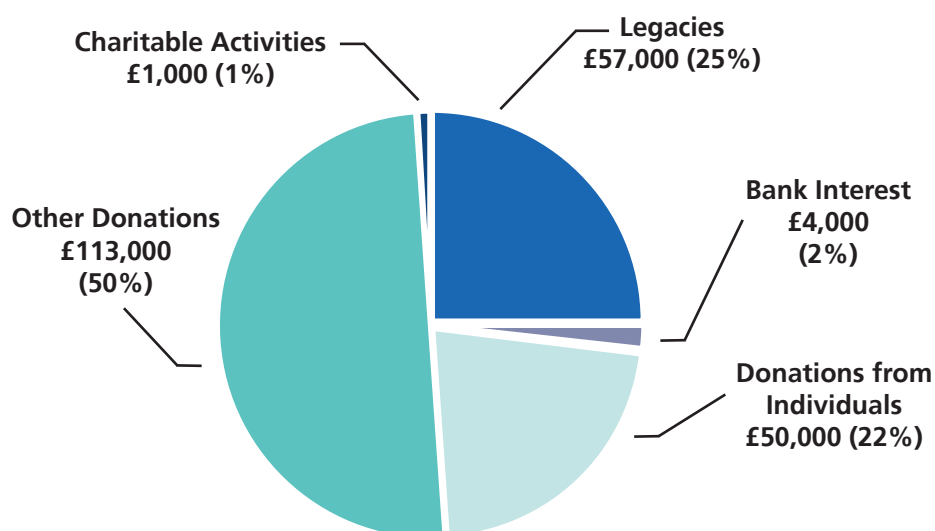
The Charity has a further 19 restricted funds, which include money received from NHS Charities Together for specific projects, and the Eastbourne District General Hospital Scanning Equipment Fund which is for the benefit of the Intensive Care and Radiology.



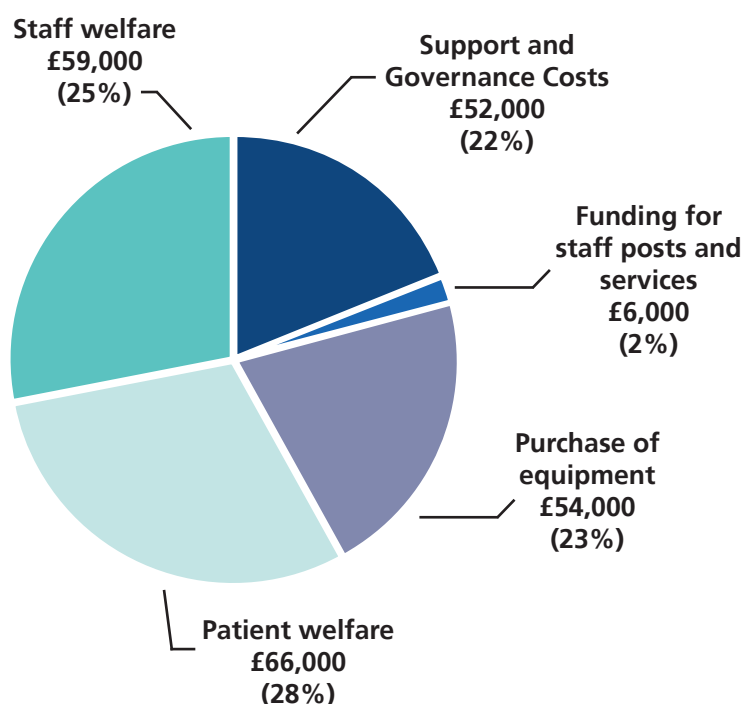
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THE YEAR IN NUMBERS

During 2024/25 ESHTCF received income of £225,000 from donations, legacies, investment income and charitable activities.



ESHTCF spent £237,000 during the year on charitable activities, as shown below. Refer to note 3 and 4. This was funded from income of £225,000 and a £12,000 reduction in reserves, excluding fundraising expenditure.



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HOW WE HELPED:

Sertain S4540 Intensive Care and Trauma Chair

The Critical Care team at Conquest used charitable funds to purchase a Sertain S4540 Intensive Care and Trauma Chair; the chair helps improve patient care by enabling safe and early mobilisation from bed to chair, which supports faster recovery, better respiratory function, and reduced complications. Its design allows full recline for easy lateral transfers, reducing manual handling risks for staff, while features like pressure-relieving cushions and adjustable positioning enhance patient comfort and safety. This combination promotes rehabilitation and improves overall outcomes in critical care and trauma settings.



Neptune Hydrotherapy Pool Lift

The Physiotherapy team at Eastbourne DGH used donated funds to place an order for a Neptune Hydrotherapy Pool Lift. This will help to ensure that all patients, regardless of their mobility levels, can access the pool as part of their physical rehabilitation. This purchase was made possible through an extraordinarily generous donation from a single patient to whom we are incredibly grateful.



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BIDS APPROVED OF OVER £500 DURING 2024/25



Arts in Healthcare

Description	Amount
Sale of artwork: Oil on canvas, title "Still Life" by Angela Cummins - reimbursement to artist	£1,350.00

Funding of staff posts and services

Description	Amount
Accreditation fee for Skills for Adjusting Diet and Insulin in East Sussex DSME Programme	£2,500.00

Patient welfare

Description	Amount
Improvements to Courtyard No.5 at EDGH for the benefit of patients and staff	£23,079.00
1-year renewal of subscription to MyHeart app (used by cardiology patients)	£6,900.00
Equipment shed for Urgent Community Response and HIT team	£4,258.36
Supplies for Head and Neck Cancer Patients	£2,500.00
Blackout blinds for clinical and admin areas to support more efficient working and assessment: Diabetic Eye Screening Programme	£2,464.80
Training and equipment for Ivy Team	£2,298.00
Chin Straps for use with Paxman scalp cooling equipment (x100) - to help prevent hair loss in chemotherapy patients	£1,950.00
200 x Udderly cream - intensive moisturiser to allow patients to continue treatments that dry the skin	£1,917.60
200 x Udderly Cream - heavy duty moisturiser to support comfort of patients and speed up treatment courses	£1,598.00
Irvine Unit Pergolas x 3	£1,546.56
2x patient positioning kits for the Stroke Unit	£1,464.80
Waterproof PICC covers, size large x 50 - lets patients shower while protecting PICC line and reducing risk of infection	£951.00
60 (30x Medium & 30x Large) Limbo PICC Protectors	£864.00
Venue hire costs for Skills for Adjusting Diet and Insulin (SADIE) courses (x3)	£840.00
Accommodation for SADIE and Carbohydrate Awareness Programme - September to December 2024	£836.00
Surgery preparation books	£660.00
Accommodation for SADIE and Carbohydrate Awareness Programme - June to August 2024	£506.00

Purchase of equipment

Description	Amount
2x Patient Treatment Chairs for Intravitreal injections for the Dowling Unit, Bexhill	£26,534.00
Arjo Neptune Pool Hoist + 2 stretcher bed + 2 chair attachments	£22,897.10
Sertain S4540 Intensive Care & Trauma chair	£6,921.00
Verona Minor Ops Therapy Chair to increase efficiency of procedures and comfort of patients	£6,059.20
Enteral pH readers x2	£4,709.62
Refurbishment and furniture costs for a 'quiet room' adjacent to the ward to give a peaceful and confidential space	£3,273.00
3 x reclining chairs	£2,018.40
Simulaids Adult Airway Management Training Manikin - to help deliver more efficient training	£1,956.00
2x Sara Steady movement aids	£1,860.00
Patient wheelchair for EDGH critical care - Caremed Rea Azalea wheelchair	£1,466.00
2x sofa beds for parents' rooms in the Special Care Baby Unit	£1,041.60
Electronic wheelchair weighing scales	£917.99
3x Mindray oximeters - for continuous monitoring	£891.00
Hoist Weighing Attachment - for patients to have a full assessment when having a home visit	£868.00
60 Medium Limbo PICC Protectors	£864.00
Additional sitting scale for infusion unit - to help assess patients more quickly	£690.00
Paxman Cap Complete - to help prevent hair loss in patients receiving cancer treatment	£606.00
Paxman cold caps for Pevensey Ward	£576.00
Bariatric chair	£556.20

Staff Welfare

Description	Amount
OPD Booking Dept. EDGH Office Improvements	£5,520.00
Roast Dinner meal for staff working Christmas day lunch and buffet for Christmas supper and nights	£5,000.00
Call-off amount for retirement celebration events on both acute sites	£3,000.00
£20 voucher for all Critical Care Staff (CQ)	£1,720.00
Away day for Dietitians - Room hire and Lunch for 40 people within the Dietetic Team on 13th June at Bannatyne Hastings	£1,203.00
Executive visit treats for staff - chocolates for all sites	£1,080.00
European Society for Clinical Nutrition and Metabolism (ESPEN) conference - expenses for attendance	£950.00
Picnic table for Crisis Response staff - to give them a relaxing outdoor space for eating or non-private conversations	£870.00
Membership for the UK Ophthalmology Alliance	£800.00
Room booking and refreshments for patient experience engagement event	£720.00
British Association for Cardiovascular Prevention and Rehabilitation Exercise Instructor Training	£675.00
Training/education for Nurse – Advanced TB Course, it will provide more resilience in the team and support in meeting demand	£660.00
Seating for staff room (2-seater)	£630.60
New chairs for staff room	£630.60
3 x Pevensey Ward Staff to attend "The Royal Marsden Haemato-Oncology Study Day" & Reimbursement of travel expenses	£600.00
Money to fund winning ideas from Clinical Audit Awards 2025	£600.00
Attendance expenses incurred by staff member joining European Robotic Urology Section conference	£575.96
Costs incurred by staff member attending the ESPEN conference 2023 in Lyon	£535.00
Conquest Bereavement Office Enhancement	£527.48

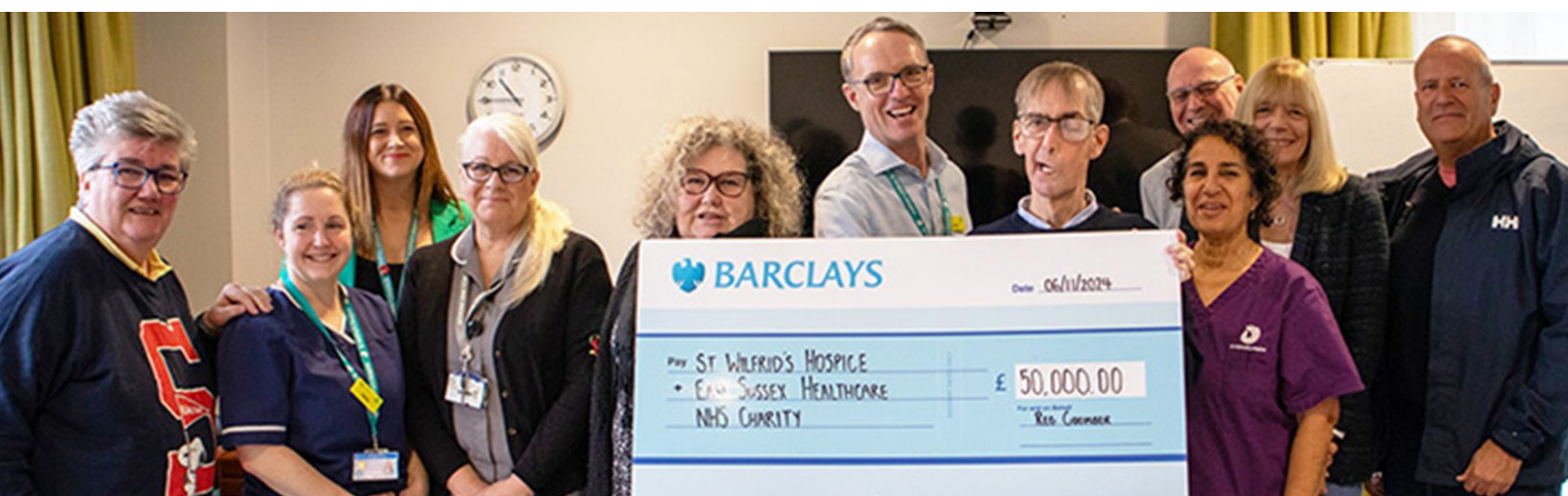
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Fundraiser And Volunteer Achievements

Amazing Reg raises thousands to help cancer patients

Reg Coomber, who was receiving ongoing treatment at the Trust and at St Wilfrid's Hospice for his Head and Neck Cancer, carried out a sponsored 300 metre swim In December 2024, raising an amazing £50,000 for our charitable fund and St Wilfrid's Hospice.

Reg was motivated to start fundraising to help other cancer patients going through really challenging times. He trained for over five months to regain a suitable fitness level, and the swim took place at the Hillbrow Centre in Eastbourne.



After the swim Reg said: "I did it, I completed the challenge – swimming 16 lengths in the end, willed on by a fantastic bunch of supporters along with Colin and Sharon supporting me in the pool. I couldn't have done it without you all. On behalf of St Wilfrid's Hospice, East Sussex Healthcare Charity and all those fighting cancer, from the bottom of my heart, I thank you."

Dee Daly, Governance and Quality Lead for Cancer and Core Services at the Trust said: "What Reg has done is amazing, and we can't thank him enough, along with all the people who supported and sponsored him, for this fantastic donation."

"Our Cancer Charitable Fund supports cancer patients and their loved ones with small grants to help them with bills, support them with some of the significant impacts on their lives that a cancer diagnosis can have, and we also help people create happy memories with children and grandchildren."

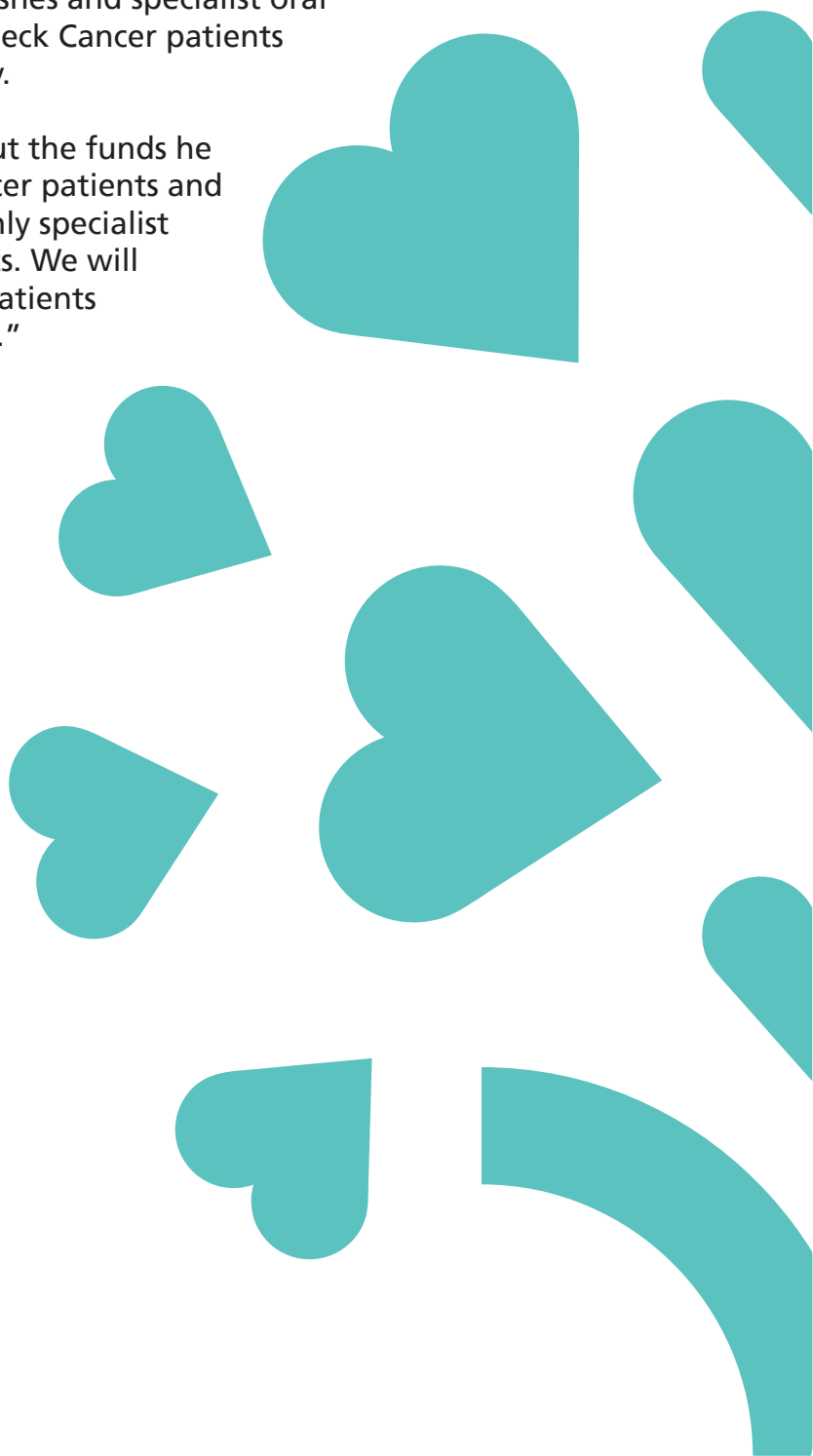
"We also support our amazing teams with some of their training and with the purchase of highly specialist equipment and supplies for patients. We will be able to do so much to support patients with this phenomenal contribution."

One of the first things the Charity purchased using this incredible donation was supplies of mouthwashes and specialist oral moisturisers to support Head and Neck Cancer patients following surgery and radiotherapy.

Sadly, Reg has since passed away but the funds he raised continue to support our cancer patients and his legacy lives on. purchase of highly specialist equipment and supplies for patients. We will be able to do so much to support patients with this phenomenal contribution."

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EDGH Courtyard No. 5 Transformation Project

Thanks to the generosity of donors to East Sussex Healthcare NHS Charity and the EDGH League of Friends, funding was secured to transform Courtyard No. 5 into a vibrant, welcoming space for patients, visitors, and staff. Once an underused area with poor landscaping and no seating, the courtyard has now been redesigned to promote wellbeing and connection.



The project has introduced accessible pathways for wheelchair users and bed-bound patients, sustainable landscaping, new seating around the cherry tree, and a pergola for quiet conversations. Other features include solar-powered lighting, a sound board for calming nature sounds, and a rainwater recycling system. This green oasis will provide a therapeutic environment that supports recovery, boosts staff morale, and reflects our commitment to creating a healing, patient-focused hospital.



ESHT Celebrates our Pennies from Heaven Silver Award

The Charity was delighted that ESHT won a 2024/25 Silver Pennies from Heaven Award in recognition of its outstanding commitment to workplace giving and the remarkable generosity of our workforce. Since the Trust joined the scheme in 2008, it has raised an incredible £68,500, demonstrating our culture of inclusivity and a desire to make societal impact by giving back.

Last year colleagues voted to split the funds raised between our three chosen charities equally. This meant that the £9,583 raised since then has resulted in St Wilfrid's Hospice in Eastbourne, St Michael's Hospice in Hastings and East Sussex Healthcare NHS Charity each receiving a fantastic £3,194.



Reference and Administration Details

Registered Charity Name	East Sussex Healthcare NHS Trust Charitable Funds
Working Name	East Sussex Healthcare NHS Charity
Registered Charity Number	1058599
Registered Address	St Anne's House 729 The Ridge St Leonards-on-Sea East Sussex TN37 7PT
Contact Details	Email: esht.charity@nhs.net Tel: 0300 131 4500
Principle Professional Advisors	Bankers: Lloyds Bank plc 2 City Place Beehive Ring Road Gatwick West Sussex RH6 0PA
	Solicitors: Bevan Britten Kings Orchard 1 Queen Street Bristol BS2 0HQ
	Independent Examiner: Grant Thornton LLP 8 Finsbury Circus London EC2M 7EA

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GOVERNANCE



Trustee Arrangements:

East Sussex Healthcare NHS Trust (ESHT) is the sole Trustee of the Charity. The Trustee confirms that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

The Charity Committee Members of ESHTCF during the year, 1 April 2024 to 31 March 2025 were as follows:

Chair:

Ama Agbeze

Committee Members:

Ama Agbeze
Karen Manson
Dr Tom Bate
Angela Colosi
Mike Eastwood
Beth Attwood
Jaque Fuller
Richard Milner
Pete Palmer
Paresh Patel
Laura Ransom
Damian Reid



Governing Document

ESHTCF's governing document is the Model Declaration of Trust as registered with the Charity Commission. This provides that the Trustees shall hold the funds on trust to apply the income and, at their discretion so far as may be permissible, the capital for any charitable purpose or purposes relating to the National Health Service wholly, or mainly, for the services provided by ESHT, Sussex Integrated Care Board (ICB).



Structure, Governance and Management

Under the provisions of the Charities Act 2011, the Charity Commission has agreed that ESHTCF should be treated as a single Charity for the purposes of Part 4 of the Act for registration and of Part 8 of the Act for accounts.

The Charity had five registered non-trading subsidiary charities as at 31 March 2025:

- East Sussex Healthcare NHS Trust Ward Fund;
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund;
- East Sussex Healthcare NHS Trust Education Fund;
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund; and
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund.

The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is the pooling scheme fund for holding all funds.



Charity Committee Meetings

The Committee should meet at least four times a year in order to consider any bids for over £5k and to review the management of the Charity. Reports presented to Trustees include information about income and legacies, expenditure, investment performance, and fund balances. The Committee met four times in 2024/25.



Governance

The Trustee delegates responsibility for the day-to-day management of the charitable funds to the Chief of Staff and the Chief Finance Officer.

The Chief of Staff is responsible for:

- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager (until November 2024).



The Chief Finance Officer is responsible for:

- ensuring that full accounting records are maintained;
- ensuring the accounts of Charitable Funds show a true and fair view of the year's activity;
- ensuring there is a system of control for all transactions related to expenditure and income;
- ensuring that there is robust oversight of the accounting records; and
- ensuring the accurate reporting of the in-year position to both Trustees and fund holders.

The principal officer overseeing the day-to-day financial management and accounting for the charitable funds for the accounting period 1 April 2024 to 31 March 2025 was the Chief Finance Officer, Damian Reid. During the new financial year 2025/26, the Chief Finance Officer, Damien Reid was replaced by Andrew Strevens.

The principal officer overseeing the day-to-day administration and governance for the charitable funds for the accounting period 1 April 2024 to 31 March 2025 was Board Secretary, Pete Palmer.

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FINANCIAL MANAGEMENT



Financial Management

Expenditure budgets for administration, governance and fundraising costs are approved by the Trustees at the start of the financial year and are monitored throughout the year.

The Charity manages its Charitable Activity spending through appointed fundholders for the individual funds. These fundholders manage the funds on a day-to-day basis with agreed authorisation limits, and in accordance with the Trust's Standing Financial Instructions and Orders. Each fund holder receives a quarterly financial statement of their fund which details income, expenditure and fund balances for the period.

The Charity receives expenditure applications from staff throughout the year which are authorised by the fundholder and submitted to the Board Secretary, who reviews all applications to ensure that they meet the objectives of the Charity for quality, value for money and patient benefit. Where an application exceeds £5,000 the fundholder is required to present the application to the Charity Committee for approval. Where any expenditure is considered inappropriate, feedback is given to the fund manager.

The Charity does not directly employ any staff; the Charity enjoys and values the services of volunteers but is not wholly dependent on them. The Charity is not financially dependent upon the support of any individuals, corporations or specific classes of donors. No funds are held by the Charity on behalf of individuals.



Investments and Investment Policy

The Charity aims to enhance the value of its funds through sound investment.

The Investment Portfolio is managed by Greenbank Investments, with the aim of enhancing the value of the funds by sound investment, while ensuring the protections of the capital invested.

The total value of the investment portfolio at 31 March 2025 was £1.9m. The return on investment for the year was a decrease of 4%, resulting in a £72k loss (2023/24 increase of 4% and a gain of £83k).



Risk Management

The major risks to which the Charity is exposed have been identified and reviewed with systems established to mitigate them. The Charity relies on and benefits from the financial controls framework of ESHT.

The most significant risks identified were:

1. possible losses from a fall in the value of the investments; and
2. reputational damage leading to a sudden and dramatic fall in donations.

Both risks have been carefully considered and mitigating procedures put in place. Regular review of the investment policy ensures that both spending and firm financial commitments remain in line with income. Both income and expenditure are monitored by the Committee on a quarterly basis in order that any trends can be identified at an early stage in order to avoid unforeseen calls on reserves.

Reserves

ESHTCF hold reserves that are considered to be needed to fund planned expenditure. The Charity acknowledges that charitable donations received need to be spent on patient and staff amenities wherever possible and should not be used to build up reserves.

The reserves of the Charity at 31 March 2025 consisted of £1,755,000 unrestricted funds and £324,000 restricted funds. The Charity regularly reviews all funds held to ensure they remain active and where appropriate, a fund which is inactive for a period greater than 18 months will be closed and the funds transferred to the most relevant quality general fund to ensure that they are spent in a timely manner.



Future plans

In accordance with Charity Commission directives, it is the Charity's continued intention to expend funds for the benefit of both staff and patients.

The Charity will be hoping to consolidate the good progress made over the last few years into 2025/26. We will aim to increase awareness of the Charity amongst ESHT colleagues, encouraging them to utilise their available charitable funds in a way that is supportive of our patients, communities and staff.

The charity will continue to build on links with the Friends of Eastbourne Hospital, Friends of Conquest Hospital, The League of Friends of Bexhill Hospital, The Friends of the Rye, Winchelsea and District Memorial Hospital and The League of Friends of Uckfield Community Hospital, using our resources to support the amazing work that they do for the Trust. By working collaboratively, we hope that the organisations will be able to provide greater support for the Trust moving forward.

The Chief Finance Officer, Damien Reid left the Trust in April 2025 to take up another position and has since been succeeded by Andrew Strevens.



Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Charity's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustee to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of the resources of the Charity for the year. In preparing those financial statements the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP FRS 102;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business; and
- ensure the financial statements comply with the Trust Deed.

The Trustee is responsible for keeping accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and regulations made thereunder. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Charity Committee on behalf of the Corporate Trustee on 28 January 2026 and signed on their behalf by:

Signed:

Ama Agbeze
Chair



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INDEPENDENT EXAMINER'S REPORT TO THE CORPORATE TRUSTEE OF EAST SUSSEX HEALTHCARE NHS CHARITY



Independent examiner's report to the corporate trustee of East Sussex Healthcare NHS Charity

I report to the trustee on my examination of the accounts of East Sussex Healthcare NHS Charity (the Charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustee, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). The charity's corporate trustee considers that an audit is not required for this financial year under section 14 of the Charities Act 2011 and elected that an independent examination is conducted under section 149(3) of the Charities Act 2011.

I report in respect of my examination of the Charity's accounts as carried out under section 149 of the Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 149(5) (b) of the Act.

Independent examiner's statement

Your examiner must be a member of a body listed in section 149(3A) of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Institute of Public Finance and Accountancy, which is one of the listed bodies.

I have completed my examination. I confirm that no matter has come to my attention in connection with the examination which gives me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with these records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008, other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Our report is made solely to the Charity's corporate trustee, as a body, in accordance with section 154 of the Charities Act 2011. Our work has been undertaken so that we might state to the Charity's corporate trustee those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's corporate trustee as a body, for our work or for the independent examiner's report, or for the opinions we have formed.

John Paul Cuttle

John Paul Cuttle, CPFA

Chartered Institute of Public Finance and Accountancy

Grant Thornton UK LLP
Chartered Accountants

London
28 January 2026

Statement of Financial Activities for the year ended 31 March 2025

	Note	2024/25	2024/25	2024/25	2023/24
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
Income and endowments from					
Donations	2.1	111	52	163	115
Legacies	2.2	57	-	57	23
Charitable activities	2.3	1	-	1	23
Investments	2.4	4	-	4	-
Total income		173	52	225	161
Expenditure on Charitable activities					
Patient welfare		(89)	(2)	(91)	(68)
Funding for staff posts and services		(10)	1	(9)	(18)
Staff welfare		(45)	(27)	(72)	(100)
Purchase of equipment		(39)	(26)	(65)	(55)
Spend on charitable activities		(183)	(54)	(237)	(241)
Fundraising		(1)	(1)	(2)	(6)
Transfer of funds		-	-	-	(78)
Total expenditure	3-4	(184)	(55)	(239)	(325)
Net gains/(losses) on investments	7.1	(72)	-	(72)	(83)
Net movement in funds	6	(83)	(3)	(86)	(81)
Reconciliations of funds					
Fund balances brought forward at 1 April		1,838	327	2,165	2,246
Fund balances carried forward at 31 March		1,755	324	2,079	2,165

Balance Sheet as at 31 March 2025

	Note	2024/25	2024/25	2024/25	2023/24
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
Non-current assets					
Investments	7	1,786	117	1,903	1,975
Total non-current assets		1,786	117	1,903	1,975
Current assets					
Cash and cash equivalents		28	233	261	351
Total current assets		28	233	261	351
Liabilities					
Creditors falling due within one year	9	(59)	(26)	(85)	(161)
Net current liabilities		(31)	207	176	190
Total net assets		1,755	324	2,079	2,165
Funds of the Charity					
Unrestricted		1,755	-	1,755	1,838
Restricted		-	324	324	327
Total funds	11	1,755	324	2,079	2,165

The notes at pages 36 to 45 form part of these accounts.

Approved and authorised for issue by the Trustees on 28 January 2026 and signed on their behalf.

Ama Agbeze
Chair
Date: 28-01-2026

Andrew Strevens
Chief Finance Officer
Date: 28-01-2026




Statement of Cash flows for the year ended 31 March 2025

	Note	2024/25	2023/24
		Total Funds	Total Funds
		£000	£000
Cash flows from operating activities:			
Net expenditure for the reporting period		(86)	(81)
Adjustments for:			
(Gains)/losses on investments	7.1	72	(83)
(Increase)/decrease in debtors		-	-
Increase/(decrease) in creditors		(76)	26
Net cash used in operating activities		(90)	(138)
Cash flows from investing activities			
Proceeds from sale of investments		-	350
Net cash provided by investing activities		-	350
Change in cash and cash equivalents in the reporting period		(90)	212
Cash and cash equivalents at 1 April		351	139
Cash and cash equivalents at 31 March		261	351

Notes to the Accounts

1. Accounting Policies

1.1. Accounting Convention

The financial statements have been prepared under the historic cost convention, as modified for the revaluation of certain investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The Trust constitutes a public benefit entity as defined by FRS 102.

The Trustee considers that there are no material uncertainties affecting the accounts or the Charity's ability to continue as a going concern and that no subsequent events have been identified which would be material and would require adjustment in the statements to 31/03/2025. The Trustee confirms that they are satisfied that charity reserves are more than sufficient to cover ongoing liquidity needs and pay creditors as they fall due for a period of at least 12 months from the date of signing the statements.

1.2. Income Recognition

All income is recognised and included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- Entitlement: control over the rights or other access to the economic benefit has passed to the Charity.
- Probable: it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity.
- Measurement: the monetary value or amount of both the income and the costs to complete the transaction can be measured reliably.

Income from legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled or are within the Charity's control to fulfil.

1.3. Expenditure Recognition

The accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies.

Support and Governance costs are accounted for on an accruals basis and are recharges of appropriate proportions of the ESHT costs, audit or independent examination fees, fund raising consultancy, support for the accounting software and Trustee Indemnity Insurance.

Support and Governance costs are apportioned between the unrestricted funds based on the average fund balance for the year.

1.4. Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Unrestricted funds held within the Charity are disclosed in note 11.

1.5. Investments

Investments are shown at bid price, which is used to measure fair value for accounting purposes of shares that are traded in an active market. The investments are valued at closing unit prices and the net gains and losses on revaluations and disposals are included on the Statement of Financial Activities.

1.6. Gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Gains and losses on investments are calculated as the difference between sales proceeds and opening fair value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between fair value at the year end and opening fair value (or date of purchase if later).

1.7. Pooling scheme

An official pooling scheme, the East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is operated for investments relating to the following funds:

- East Sussex Healthcare NHS Trust Ward Fund
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund
- East Sussex Healthcare NHS Trust Education Fund
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund

The Scheme was registered with the Charity Commission on 17 March 1998.

1.8. Related Party Transactions

The Trustee of the ESHTCF is East Sussex Healthcare NHS Trust.

ESHT is the major recipient of funds of the Charity and received grants from the Charity totalling £176,000 during the year (2023/24 £184,000). Refer to note 4.

ESHT charged a management fee to the Charity of £38,000 (2023/24 £45,000) to recharge administrative costs and services provided. Refer to note 4.

The Charity owed ESHT £25,000 at 31 March 2025 (£82,000 31 March 2024). Refer to note 9.

None of the members of ESHT Board, senior staff or parties related to them were beneficiaries of the Charity. None of the Trustees or other Members of ESHT Board has received honoraria, emoluments, or expenses in the year.

1.9. Debtors

Debtors are amounts owed to the Charity. They are measured based on their recoverable amount. There were no debtors in the current year 2024/25 or the prior year 2023/24. Refer to note 8.

1.10. Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments.

1.11. Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt. There are no amounts which are owed in more than a year. Refer to note 9.

2. Details of Income

2.1. Donations

	Unrestricted Funds	Restricted Funds	Total 2024/25	Total 2023/24
	£000	£000	£000	£000
Donations from individuals	50	-	50	29
Other trading activities	-	-	-	-
Other	61	52	113	86
Total voluntary income	111	52	163	115

2.2. Legacies

S D Stringer	-	-	-	1
S M Lister	-	-	-	5
P L Ellis	-	-	-	17
J M Bullock	23	-	23	-
S D Stringer	2	-	2	-
S M Lister	18	-	18	-
P L Ellis	14	-	14	-
Total legacies	57	-	57	23

2.3. Charitable Activities

Training courses	1	-	1	23
Total charitable activities	1	-	1	23

2.4. Gross Income from Investments

Bank Interest	4	-	4	-
Total income from investments and cash on deposit	4	-	4	-

Bank interest is recorded in the period in which it is received and is allocated to the unrestricted funds based on the average fund balance for the year.

3. Analysis of charitable expenditure before allocation of Support and Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2024/25	Total 2023/24
	£000	£000	£000	£000
Arts in Healthcare	23	2	25	25
Other patients welfare and amenities	41	-	41	22
Patient welfare total	64	2	66	47
Funded staff posts and services	4	(1)	3	25
Funding for Professional Fees	3	-	3	(10)
Funding of staff posts and services total	7	(1)	6	15
Support to staff training	8	2	10	13
Other support to staff welfare and amenities	24	25	49	70
Staff welfare total	32	27	59	83
Purchase of equipment	28	26	54	37
Fundraising	1	1	2	6
Transfer of Funds	-	-	-	78
Total charitable expenditure	132	55	187	266

All charitable expenditure is classified as grant funded activities.

4. Analysis and Allocation of Support and Governance Costs

	2024/25	2023/24
	Total Funds	Total Funds
	£000	£000
Computer Expenses	5	4
Administration fee	12	12
Total support costs	17	16
Independent Examiner's fee	9	9
Indemnity insurance	-	1
Governance fee	26	33
Total governance costs	35	43
Total support and governance costs	52	59

The support costs and governance costs attributable to charitable activities is apportioned based on the total expenditure for the year for each charitable activity as shown in the table below. The management fee charged to the Charity is made up of the Administration and Governance fee. Charge for the current year is £38,000 (2023/24 £45,000).

	2024/25	2024/25	2024/25	2023/24
	Grant funding of activities	Support and Governance Costs	Total Funds	Total Funds
	£000	£000	£000	£000
Allocation of support and governance costs	Note 3			
Patient welfare	66	25	91	68
Funding for staff posts and services	6	3	9	18
Staff welfare	59	13	72	100
Purchase of equipment	54	11	65	55
Active continuing funds	185	52	237	241
Fundraising	2	-	2	6
Transferred funds	-	-	-	78
Total allocated	187	52	239	325

The Total allocated Grant funding of activities consists of Grants paid in year to ESHT £176,000 (2023/24 £184,000) and Grants paid to individuals in year £11,000 (2023/24 £4,000).

5. Examiner's remuneration

The Independent Examiner's remuneration as per the audit plan of £9,000 including VAT, (2023/24 £9,000) related solely to the independent examination with no other additional work undertaken. Refer to note 4.

6. Changes in Resources Available for Charity Use

	2024/25	2024/25	2024/25	2023/24
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£000	£000	£000	£000
Net movement in funds for the year	(83)	(3)	(86)	(81)
Net movement in funds available for future activities	(83)	(3)	(86)	(81)

7. Analysis of Investments

7.1. Investments

	2024/25	2023/24
	Total	Total
	£000	£000
Market value at start of period	1,975	2,242
Net gains/(losses) on revaluation and sales	(72)	83
Investment withdrawal	-	(350)
Market value at end of period	1,903	1,975
Historic cost at end of period	1,933	1,861

7.2. Market Value

	31 March 2025	31 March 2024
	£000	£000
Investment Portfolio		
Greenbank Investments	1,903	1,975
Total	1,903	1,975

8. Analysis of Debtors

As at 31 March 2025 the Charity had no debtors.

9. Analysis of Creditors

	Balance 31 March 2025	Balance 31 March 2024
	£000	£000
Falling due within one year		
Accruals and deferred income	60	79
Other creditors	25	82
Total creditors	85	161

10. Contingent Asset

The Charity stores and displays various pieces of artwork within East Sussex Healthcare NHS Trust sites which are intended to enhance the environment for patients, visitors, and staff. At the reporting date the ownership and funding source cannot be conclusively determined and as a result the artworks are not recognised in the Charity's financial statements, no valuation has been applied, and no depreciation has been recorded. The Charity maintains an inventory to safeguard these items of art. Should ownership be confirmed in the future, the Charity will update its accounting treatment accordingly.

11. Analysis of Funds

11.1.

	Balance 31 March 2025	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2024
	£000	£000	£000	£000	£000	£000
Unrestricted funds	1,755	173	(184)	-	(72)	1,838
Arts in Healthcare	3	2	(2)	-	-	3
Bereavement Services	1	1	-	-	-	-
Bladder Cancer ID and Prediction Project	1	-	1	-	-	-
Conquest Courtyards	11	1	-	-	-	10
COVID - Deaf App	10	-	-	-	-	10
COVID - General	27	-	-	-	-	27
COVID - Nursing Fund	2	-	-	-	-	2
COVID - Sunflower Scheme	1	-	-	-	-	1
COVID - Trauma Therapist	-	-	(23)	-	-	23
COVID - TRiM Training	13	-	(3)	-	-	16
Dowling Retinal Suite	-	27	(27)	-	-	-
EDGH Scanning Equipment for Intensive Care and Radiology	145	-	-	-	-	145
Kipling Music	-	-	-	-	-	-
Lewes Victoria Hospital	14	-	-	-	-	14
Maternity Bereavement Suite	43	21	-	-	-	22
NHSCT Development Project	20	-	(1)	-	-	21
Pooja Sharma Memorial	2	-	-	-	-	2
Workscape Project	-	-	-	-	-	-
Youth Volunteering Project	31	-	-	-	-	31
Total Restricted Funds	324	52	(55)	-	-	327
Total Funds	2,079	225	(239)	-	(72)	2,165

11.2. Details of the Restricted Income Funds

Name of fund	Description
Arts in Healthcare	The promotion of the initiative for the provision of Arts in Healthcare
Bereavement Services	The fund held to support Bereavement Services
Bladder Cancer ID and Prediction Project	To create a specialised training mobile website to accelerate bladder cancer identification and predicting correlated pathology
Conquest Courtyards	The fund held for the benefit of the Conquest courtyards
COVID - Deaf App	The development of an App for deaf users
COVID - General Fund	To enhance the wellbeing of NHS Staff, volunteers and patients impacted by COVID-19
COVID - Nursing Fund	To enhance the wellbeing of staff nurses
COVID - Sunflower Scheme	The project to promote sunflower lanyards, which demonstrate when someone has a hidden disability
COVID - Trauma Therapist	To support trauma therapy for NHS staff
COVID - TRiM Training	This is a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic event
Dowling Retinal Suite	The fund held for the purchase of equipment for the Dowling Retinal Suite
EDGH Scanning Equipment for Intensive Care and Radiology	The funds held for the purchase of scanning equipment for Intensive Care and Radiology at Eastbourne District General Hospital
Kipling Music	The fund held to provide interactive music sessions to Kipling Ward
Lewes Victoria Hospital	The fund held for the benefit of Lewes Victoria Hospital
Maternity Bereavement Suite	The fund held for the refurbishment of the Maternity Bereavement Suite
NHSCT Development Project	NHS Charities Together Development Grant to aid Communications, branding, marketing and fundraising
Pooja Sharma Memorial	To commemorate staff member Pooja Sharma
Workscape Project	To enhance staff facilities and workspaces
Youth Volunteering Project	The fund held for the development of youth volunteering opportunities in East Sussex

12. Funding Commitments

As at 31 March 2025 the Trustees had not made commitments other than those shown as creditors, note 9.

10

WAYS IN WHICH TO SUPPORT OUR CHARITY

There are many ways you can support our Charity

Donations can be made in the following ways:

Direct into bank account

Bank: Lloyds Bank

Sort code: 30-92-86

Account number: 00460039

Account name: East Sussex Healthcare NHS Trust Charitable Fund

Reference: Please state the General Fund

By post

Cheque to East Sussex Healthcare NHS Charity

Please write on the back of the cheque which fund you would like to donate to, e.g. General Fund, and send to:

Charitable Funds
St Anne's House
729 The Ridge
St Leonards-On-Sea
East Sussex
TN37 7PT

By a donation on our 'Just Giving' site

www.justgiving.com/esht

As well as making a general donation, you can also open a page in celebration of and in memory of a loved one. If you are a group or an organisation who is interested in raising money on behalf of the Charity, we would love to hear from you too.

For more information and for support if you are holding your own event, please contact our charity team:

esht.charity@nhs.net

Gift Aid

Gift Aid is a simple, government initiative which allows us to increase the value of your donations at no extra cost to you. For every pound you give to us we can get an extra 25 pence from HM Revenue and Customs helping your donation go further to help patients and their families. The only condition is that you are a UK tax payer. When making a donation simply let us know that you wish to Gift Aid your donation, to do this all we need is your name and address.



Let's make our
hospitals better
together

Contact

East Sussex Healthcare NHS Charity

St Anne's House

729 The Ridge

St Leonards-On-Sea

East Sussex

TN37 7PT

0300 131 4500 Ext. 773291

esht.charity@nhs.net

Our Charity Website:

www.eastsussexhealthcare.nhs.charity



**East Sussex
Healthcare
NHS Charity**