



East Sussex Healthcare
NHS Trust



**East Sussex
Healthcare
NHS Charity**

East Sussex Healthcare NHS Trust Charitable Fund

Annual Report and Accounts 2022/23
Registered Charity Number 1058599

www.esht.nhs.uk

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MESSAGE FROM THE CHAIR

Karen Manson Chair of Charitable Funds Committee

2022-2023 was a challenging year for the East Sussex NHS Healthcare Charity. Most charities have reported reduced incomes and a decrease in the vital support provided by volunteers in the wake of the Covid pandemic. These changes are likely to have long term consequences and so, along with many other charities, we are resetting our priorities and refocusing our efforts. This annual report describes some of our achievements and the ways in which we support our patients and staff, together with the financial statements of the Charity for the year ended 31 March 2023.



The annual report and financial statements comply with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Charities Act 2011 and the UK Generally Accepted Accounting Practice.

Our income for 2022/23 was £108,000 pounds, down from £369,000 pre-pandemic (2019/2020). Nonetheless this is still a great achievement, given that a number of fundraising events had to be cancelled or had not been reinstated after the pandemic. This would simply not have been possible without the support of our brilliant donors and creative fundraisers alike.

I would like to take this opportunity to extend a heart-felt thank you to all the fundraisers, donors and volunteers who have supported us this year. The income we have raised has benefited patients across East Sussex and this report demonstrates just how much of a difference the charity has made, and can continue to make, with the invaluable backing of our supporters.

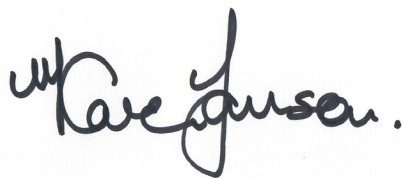
Also, a big thank you to those individuals who have served on our Charity Committee during the year, who have given their energy, time and skills to make a difference.

I hope that, like me, you will be inspired by our plans and want to be part of our story – whether as a fundraiser, donor, volunteer or committee member. Please do email me (karen.manson1@nhs.net) if you would like to get involved.

On behalf of the many patients who have benefitted from your generosity, thank you

Karen Manson

Chair of Charitable Funds Committee



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ABOUT EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUNDS

East Sussex Healthcare NHS Charity, formerly East Sussex Healthcare NHS Trust Charitable Fund was formed in October 1996 and is registered with the Charity Commission, the Charity Number is 1058599

Our Vision: To provide support to East Sussex NHS Trust to enhance patient care and achieve better health outcomes within our hospitals and community.

Our Core Priorities:

- Supporting patient care will continue to be at the heart of everything that we do, as we want patients to have the best possible experience during their stay in the trust. We will work with our NHS colleagues to support key programmes and services that will enhance the treatment that is offered to patients.
- Creating the right workplace is key to improving patient care. We will support NHS colleagues in transforming the way their services are delivered. We will also support transformative projects aligned with the Trust's strategic priorities.
- The NHS is busier than ever before following the pandemic. Supporting our staff is crucial in ensuring that patients receive the best possible care. We will work with the Trust to build upon existing and new wellbeing activities and to support further improvements to staff spaces and facilities.

Our Hospitals: We are dedicated to raising funds for our four hospitals, as well as to support our services in the community.

- Bexhill Hospital
- Conquest Hospital
- Eastbourne District General Hospital
- Rye And Winchelsea District Memorial Hospital

Our Funds: At At 31 March 2023 the Charity had 103 unrestricted funds and five quality funds linked to Bexhill Hospital, Community Services, Conquest Hospital, Eastbourne District General Hospital and an overarching Trust fund. These funds are used to fund Trust wide initiatives as well as bids specific to particular locations.

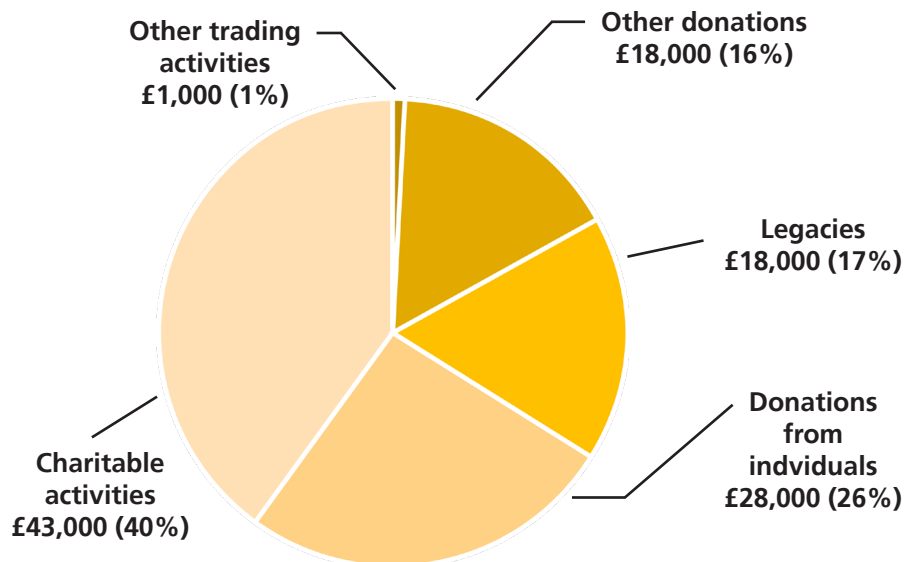
The Charity has a further 20 restricted funds, which include money received from NHS Charities Together for specific projects, and the Eastbourne District General Hospital Scanning Equipment Fund which is for the benefit of the Intensive Care and Radiology.



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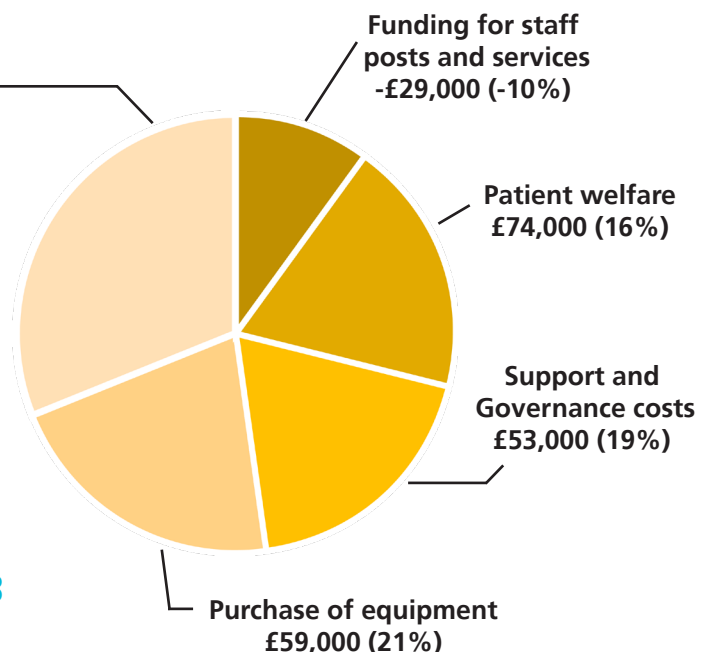
THE YEAR IN NUMBERS

During 2022/23 ESHTCF received income of £108,000 from donations, legacies, investment income and training activities.



From 7 September 2022 it was agreed that the Resuscitation Education Fund held by the Charity would be more appropriately administered by ESHT, resulting in a transfer in year of £37,000 to ESHT.

ESHTCF spent £229,000 during the year on charitable activities, as shown on the right. This was funded from income of £108,000 and a £115,000 reduction in reserves, excluding fund transfers. Refer to note 3 and 4.



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HOW WE HELPED:

Workscape

We invested £55,000 in Workscape; this was a project at the heart of our Trust's staff welfare initiatives



Jacquie Fuller, Staff Engagement and Wellbeing Manager said.



"We were able to achieve so much in supporting the welfare of our staff, with the incredible support from the local community. Their kind donations enabled us to completely renovate our two Acute Hospital canteens, which really helped to boost the spirits of our front line staff."

Major purchases

7 treatment chairs to improve patient comfort and ease care administration for Pevensey Unit.

£15,763



Hoverjack for community to help safely transport patients with no or limited mobility.

£6,965

Simulation manikin for resuscitation training.

£4,000



2 x Icare Tonometers for Bexhill Ophthalmology to check intra-ocular pressures.

£5,990

Other Highlights

Charitable Funds Requested for:

A hoist for stroke unit.

High Back chairs for patient use.

An Interactive Projector for the Paediatric waiting room at EDGH (using funding kindly provided by the Rockinghorse Children's Charity).

A Electrocardiograph machine.

Continued support for Scalp Coolers for Judy Beard and Pevensy Units (using funding kindly provided by Walk the Walk).

Repairs to a Hydrotilt chair used to treat patients on Sovereign Ward.

RockinR Gaming Cart for use by patients on paediatric wards (funded by Rockinghorse Children's Charity).

Purchase of furniture for a Quiet Room in Conquest Outpatients used to break bad news to patients and their families.

Nebulisers for head and neck cancer patients to use in their own homes.

Cold Caps to be used with the Paxman machine for patients wishing to preserve their hair while having chemotherapy.

Moisturising cream and shower covers for peripherally inserted central catheter (PICC) patients.

Cardiac Rehabilitation exercise equipment.

Portable air conditioner for the Irvine Unit to maintain comfort for patients in high temperatures.

Shower protectors for peripherally inserted central catheter (PICC) patients (single use).

100 x Udderly cream to moisturise skin dehydrated by treatments.

Plants and soil for the Critical Care Sensory Garden.

Comfort Boxes for the relatives and friends of those reaching the end of their lives in hospital.

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FUNDRAISER AND VOLUNTEER ACHIEVEMENTS



Walk for Wards

We participated in Sussex Community NHS Charity Walk For Wards uniting with other NHS Charities across Sussex for this truly marvellous fundraiser!

Held at the beautiful Glynde Estates, near Lewes, the challenge was to walk, jog or run the 5k or 10k route and it raised over £2,000 for East Sussex Healthcare NHS Charity. The money supported projects that go above and beyond what core NHS funding provides.

We partnered with Heads On (Sussex Partnership NHS Foundation Trust's charity), and SASH Charity (Surrey and Sussex Healthcare NHS Trust's charity) to deliver Walk For Wards, and participants chose to raise funds for the NHS Charity that means the most to them.

It was a fantastic opportunity to raise funds while also having a lovely day out with friends, family and colleagues.

Participants were encouraged to raise a minimum of £50, which could fund additional equipment or diagnostic tools to enhance patient care, contribute to activities that boost staff morale, buy essential items for patient discharge gift baskets or even help to spruce up a waiting area to improve patient experience.



NHS Big Tea

We joined the nation, as thousands of parties were held and millions of tea bags squeezed in homes, schools, workplaces, community centres, church halls and hospitals.

On Tuesday 5 July we celebrated the National Health Service's 74th birthday. Led by NHS Charities Together, the NHS Big Tea brought the nation together to celebrate the birthday of our beloved NHS, giving thanks to the workforce, while raising funds to provide the extra support needed.

At East Sussex our charity funded a range of big tea parties across the Trust in our canteens and community sites.





Pictured left to right are:

Staff Nurse Laura Wilkins and Sister Denise Campbell of the EDGH Pevensley Day Unit receiving a cheque from Robert Langford, Dorothy Langford (President, Hailsham Bowling Club) and Bobby Bennett (Chairman, Hailsham Bowling Club)

Local Bowling Club supports local NHS hospital

Members of the Hailsham Bowling Club raised a fantastic £532 for the Pevensley Day Unit at the Eastbourne District General Hospital.

President of the Hailsham Bowling Club Dorothy Langford chose Pevensley Day Unit as her Charity for the annual Presidents Day Fundraiser at the Bowling Club. As well as a competitive bowls tournament, home-made teas and cakes were sold.

Dorothy said she was delighted to be able to raise £532 for the Pevensley Day Unit which had successfully treated husband Robert some years early for facial cancer. Robert is in remission, owing to the care he received, and a keen bowler too.



McDonald Ward Rounders

MacDonald Ward organised a fun rounders tournament on the 10th of July at Claremont School to raise funds for their courtyard. They had 4 teams playing and congratulations to STAR, CGL Hastings who won the tournament.



WI Jubilee Crown walk for MacDonald Ward

THE combined WI's of Fairlight, Ore and Hastings participated in a walk on Hastings and St Leonard's Seafront, Wednesday 1st June to raise more than £500 for MacDonald Ward Sensory Garden.

Reference and Administration Details

Registered Charity Name	East Sussex Healthcare NHS Trust Charitable Funds
Working Name	East Sussex Healthcare NHS Charity
Registered Charity Number	1058599
Registered Address	Email: esht.charity@nhs.net Tel: 0300 131 755255
Contact Details	St Anne's House 729 The Ridge St Leonards-on-Sea East Sussex TN37 7PT
Principle Professional Advisors	Bankers: Lloyds Bank plc 2 City Place Beehive Ring Road Gatwick West Sussex RH6 0PA
	Solicitors: Bevan Britten Kings Orchard 1 Queen Street Bristol BS2 0HQ
	Auditor: Grant Thornton LLP 2nd Floor St John's House Crawley RH10 1HS

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GOVERNANCE



Trustee Arrangements:

East Sussex Healthcare NHS Trust (ESHT) is the sole Trustee of the Charity. The Trustee confirms that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.]

The Charity Committee Members of ESHTCF during the year, 1 April 2022 to 31 March 2023 were as follows:

Chair:

Karen Manson

Committee Members:

Ama Agbeze
Dr Tom Bate
Angela Colosi
Mike Eastwood
Jaquie Fuller
Richard Milner
Pete Palmer
Paresh Patel
Laura Ransom
Damian Reid



Governing Document

ESHTCF's governing document is the Model Declaration of Trust as registered with the Charity Commission. This provides that the Trustees shall hold the funds on trust to apply the income and, at their discretion so far as may be permissible, the capital for any charitable purpose or purposes relating to the National Health Service wholly, or mainly, for the services provided by ESHT, Sussex Integrated Care Board (ICB).



Structure, Governance and Management

Under the provisions of the Charities Act 2011, the Charity Commission has agreed that ESHTCF should be treated as a single Charity for the purposes of Part 4 of the Act for registration and of Part 8 of the Act for accounts.

The Charity had four registered non-trading subsidiary charities as at 31 March 2023:

- East Sussex Healthcare NHS Trust Ward Fund;
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund;
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund; and
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund.

The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is the pooling scheme fund for holding all funds.



Charity Committee Meetings

The Committee should meet at least four times a year in order to consider any bids for over £5k and to review the management of the Charity. Reports presented to Trustees include information about income and legacies, expenditure, investment performance, and fund balances.



Governance

The Trustee delegates responsibility for the day-to-day management of the charitable funds to the Director of Corporate Affairs and the Chief Financial Officer. The Director of Corporate Affairs is responsible for:

- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager.



The Chief Financial Officer is responsible for:

- ensuring that full accounting records are maintained;
- ensuring the accounts of Charitable Funds show a true and fair view of the year's activity;
- ensuring there is a system of control for all transactions related to expenditure and income;
- ensuring that there is robust oversight of the accounting records; and
- ensuring the accurate reporting of the in-year position to both Trustees and fund holders.

The principal officer overseeing the day-to-day financial management and accounting for the charitable funds for the accounting period 1 April 2022 to 31 March 2023 was the Chief Financial Officer, Damian Reid.

The principal officer overseeing the day-to-day administration and governance for the charitable funds for the accounting period 1 April 2022 to 31 March 2023 was Board Secretary, Pete Palmer.

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FINANCE



Financial Management

Expenditure budgets for administration, governance and fundraising costs are approved by the Charity Committee at the start of the financial year and are monitored throughout the year.

The Charity manages its Charitable Activity spending through appointed fundholders for the individual funds. These fundholders manage the funds on a day-to-day basis with agreed authorisation limits, and in accordance with the Trust's Standing Financial Instructions and Orders. Each fund holder receives a quarterly financial statement of their fund which details income, expenditure and fund balances for the period.

The Charity receives expenditure applications from staff throughout the year which are authorised by the fundholder and submitted to the Acting Company Secretary, who reviews all applications to ensure that they meet the objectives of the Charity for quality, value for money and patient benefit. Where an application exceeds £5,000 the fundholder is required to present the application to the Charity Committee for approval. Where any expenditure is considered inappropriate, feedback is given to the fund manager.

The Charity does not directly employ any staff; the Charity enjoys and values the services of volunteers, but is not wholly dependent on them. The Charity is not financially dependent upon the support of any individuals, corporations or specific classes of donors. No funds are held by the Charity on behalf of individuals.



Investments and Investment Policy

The Charity aims to enhance the value of its funds through sound investment.

Money is invested through CCLA Investment Management Limited and M&G Securities Ltd, with the aim of obtaining a return higher than the FTSE All Share Index (dividends reinvested). During the year, investments were held in the following proportions:

The total value of the investment portfolio at 31 March 2022 was £2.35m. The return on investment during the year was an increase of 11% (2020/21 decrease of 2%).

Fund	2022/23	2021/22
Fixed Interest Funds	19%	19%
CCLA Property Fund	28%	31%
M&G Securities Ltd Equities Investment Fund	53%	50%
Total investments	100%	100%

The total value of the investment portfolio at 31 March 2023 was £2.24m. The return on investment during the year was a decrease of 5% (2021/22 increase of 11%).



Risk Management

The major risks to which the Charity is exposed have been identified and reviewed with systems established to mitigate them. The Charity relies on and benefits from the financial controls framework of ESHT.

The most significant risks identified were:

1. possible losses from a fall in the value of the investments; and
2. reputational damage leading to a sudden and dramatic fall in donations.

Both risks have been carefully considered and mitigating procedures put in place. Regular review of the investment policy ensures that both spending income. Both income and expenditure are monitored by the Committee on a quarterly basis in order that any trends can be identified at an early stage in order to avoid unforeseen calls on reserves.

Reserves

ESHTCF hold reserves that are considered to be needed to fund planned expenditure. The Charity acknowledges that charitable donations received need to be spent on patient and staff amenities wherever possible and should not be used to build up reserves.

The reserves of the Charity at 31 March 2023 consisted of £1,888,000 unrestricted funds and £218,000 restricted funds. The Charity regularly reviews all funds held to ensure they remain active and where appropriate, a fund which is inactive for a period greater than 18 months will be closed and the funds transferred to the most relevant quality general fund to ensure that they are spent in a timely manner.



Future plans

In accordance with Charity Commission directives, it is the Charity's continued intention to expend funds for the benefit of both staff and patients.

A strategy has been developed that will lead to increased visibility and awareness for the Chairty. A new website is being developed, along with a new Charity logo, this will formally launch in early 2024. Improved social media presence, and a push to expand the charity's lottery are hoped to drive an increase in donations, and in particular funds for general use rather than those donated to a particular service or ward.

The charity continues to work closely with Friends of Eastbourne Hospital, Friends of Conquest Hospital, The League of Friends of Bexhill Hospital, The Friends of the Rye, Winchelsea and District Memorial Hospital and The League of Friends of Uckfield Community Hospital, using our resources to support the amazing work that they do for the Trust.



Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Charity's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustee to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of the resources of the Charity for the year. In preparing those financial statements the Trustee is required to:

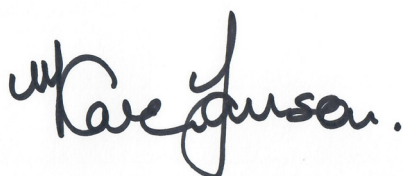
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP FRS 102;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business; and
- ensure the financial statements comply with the Trust Deed.

The Trustee is responsible for keeping accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and regulations made thereunder. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Charity Committee on behalf of the Corporate Trustee on 30 January 2024 and signed on their behalf by:

Signed:

Karen Manson
Chair



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INDEPENDENT EXAMINER'S REPORT TO THE CORPORATE TRUSTEE OF EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND



Independent examiner's report to the corporate trustee of East Sussex Healthcare NHS Trust Charitable Fund

I report on the accounts of East Sussex Healthcare NHS Trust Charitable Fund (the "charity") for the year ended 31 March 2023, which are set out on pages 32 to 47.

Your attention is drawn to the fact that the charity's trustees have prepared the charity's accounts in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)) issued in October 2019 in preference to the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005)' issued in April 2005 which is referred to in the Charities (Accounts and Reports) Regulations 2008 but has been withdrawn. I understand that the charity's trustees have done this in order for the charity's accounts to give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

This report is made solely to the charity's trustees, as a body, in accordance with the regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a comparison of the accounts with the accounting records kept by the charity. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011;
 - to prepare accounts which accord with the accounting records; and
 - to comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

John Paul Cuttle

John Paul Cuttle, Director

Grant Thornton UK LLP, Chartered Accountants

London

31 January 2024

Statement of Financial Activities for the year ended 31 March 2023

	Note	2022/23	2022/23	2022/23	2021/22
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
Income and endowments from					
Donations	2.1	45	2	47	258
Legacies	2.2	18	-	18	11
Charitable activities	2.3	43	-	43	34
Total income		106	2	108	303
Expenditure on Charitable activities					
Patient welfare		(70)	(0)	(70)	(87)
Funding for staff posts and services		(25)	47	22	(30)
Staff welfare		(45)	(55)	(100)	(283)
Purchase of equipment		(79)	(1)	(80)	(74)
Spend on charitable activities		(219)	(9)	(229)	(474)
Fundraising		(1)	-	(1)	-
Transfer to East Sussex Healthcare NHS Trust		(37)	-	(37)	-
Total expenditure	4	(258)	(9)	(267)	(474)
Net gains/(losses) on investments	7.1	(112)	-	(112)	235
Net income/(expenditure)		(263)	(7)	(270)	64
Transfer between funds		(7)	7	-	-
Net movement in funds	6	(271)	0	(270)	64
Reconciliations of funds					
Fund balances brought forward at 1 April		2,153	218	2,371	2,307
Fund balances carried forward at 31 March		1,882	218	2,101	2,371

All gains and losses recognised in the year are included in the Statement of Financial Activities.

Balance Sheet as at 31 March 2023

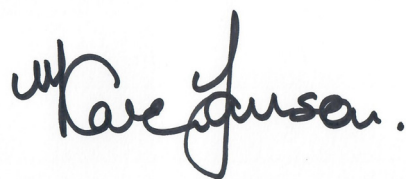
	Note	2022/23	2022/23	2022/23	2021/22
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
Fixed assets					
Investments	7	2,072	170	2,242	2,354
Total fixed assets		2,072	170	2,242	2,354
Current assets					
Debtors	8	-	-	-	-
Cash and cash equivalents		(98)	238	140	432
Total current assets		(98)	238	140	432
Liabilities					
Creditors falling due within one year	9	(92)	(190)	(281)	(415)
Net current liabilities		(190)	48	(142)	17
Total net assets		1,882	218	2,100	2,371
Funds of the Charity					
Unrestricted		1,882	-	1,882	2,153
Restricted		-	218	218	218
Total funds	10	1,882	218	2,100	2,371

The notes at pages 35 to 45 form part of these accounts.

Approved and authorised for issue by the Trustees on 30 January 2024 and signed on their behalf.

Karen Manson
Chair
Date: 30-01-2024

Damian Reid
Chief Financial Officer
Date: 30-01-2024




Statement of Cash flows for the year ended 31 March 2023

	Note	2022/23	2021/22
		Total Funds	Total Funds
		£000	£000
Cash flows from operating activities:			
Net expenditure for the reporting period		(270)	64
Adjustments for:			
(Gains)/losses on investments	7.1	112	(235)
(Increase)/decrease in debtors		-	1
Increase/(decrease) in creditors		(134)	144
Net cash used in operating activities		(292)	(26)
Cash flows from investing activities			
Proceeds from sale of investments		-	-
Net cash provided by investing activities		-	-
Change in cash and cash equivalents in the reporting period		(292)	(26)
Cash and cash equivalents at 1 April 2022		432	458
Cash and cash equivalents at 31 March 2023		140	432

Notes to the Accounts

1. Accounting Policies

1.1. Accounting Convention

The financial statements have been prepared under the historic cost convention, as modified for the revaluation of certain investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The Trust constitutes a public benefit entity as defined by FRS 102.

The Trustee considers that there are no material uncertainties affecting the accounts or the Charity's ability to continue as a going concern and that no subsequent events have been identified which would be material and would require adjustment in the statements to 31/03/2023. The Trustee confirms that they are satisfied that charity reserves are more than sufficient to cover ongoing liquidity needs and pay creditors as they fall due for a period of at least 12 months from the date of signing the statements.

1.2. Income Recognition

All income is recognised and included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- Entitlement: control over the rights or other access to the economic benefit has passed to the Charity.
- Probable: it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity.
- Measurement: the monetary value or amount of both the income and the costs to complete the transaction can be measured reliably.

Income from legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled or are within the Charity's control to fulfil.

1.3. Expenditure Recognition

The accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies.

Support and Governance costs are accounted for on an accruals basis and are recharges of appropriate proportions of the ESHT costs, audit or independent examination fees, fund raising consultancy, support for the accounting software and Trustee Indemnity Insurance.

Support and Governance costs are apportioned between the unrestricted funds based on the average fund balance for the year.

From the 7 September 2022 the Resuscitation Education Funds held within the Charity were transferred to East Sussex Healthcare NHS Trust, this resulted in a transfer in year of £37,000.

During 2022/23 the Charity reversed expenditure that was accrued in 2021/22 as it would no longer be realised, this has resulted in positive expenditure being reported in this financial year. The two accruals reversed were £31,347 for the Youth Volunteers Project and £15,850 for the Appreciative Inquiry Chronicler Project.

All items of expenditure under £5,000 are treated as revenue.

1.4. Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Other funds are classified as unrestricted funds. The major funds held within these categories are disclosed in note 10.

1.5. Investment Fixed Assets

Investment fixed assets are shown at bid price, which is used to measure fair value for accounting purposes of shares that are traded in an active market. The investments are valued at closing unit prices and the net gains and losses on revaluations and disposals are included on the Statement of Financial Activities.

1.6. Gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Gains and losses on investments are calculated as the difference between sales proceeds and opening fair value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between fair value at the year end and opening fair value (or date of purchase if later).

1.7. Pooling scheme

An official pooling scheme, the East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is operated for investments relating to the following funds:

- East Sussex Healthcare NHS Trust Ward Fund
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund
- East Sussex Healthcare NHS Trust Education Fund
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund

The Scheme was registered with the Charity Commission on 17 March 1998.

1.8. Related Party Transactions

The Trustee of the ESHTCF is **East Sussex Healthcare NHS Trust**.

ESHT is the major recipient of funds of the Charity and received grants from the Charity totalling £165,000 during the year (2021/22 £400,000).

ESHT charged a management fee to the Charity of £45,000 (2021/22 £68,000) to recharge administrative costs and services provided.

The Charity owed ESHT £81,000 at 31 March 2023 (£36,000 31 March 2022). Refer to note 9.

None of the members of ESHT Board, senior staff or parties related to them were beneficiaries of the Charity. None of the Trustees or other Members of ESHT Board has received honoraria, emoluments, or expenses in the year.

1.9. Debtors

Debtors are amounts owed to the Charity. They are measured based on their recoverable amount. Refer to note 8.

1.10. Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments.

1.11. Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt. There are no amounts which are owed in more than a year.

2. Details of Income

2.1. Donations

	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£000	£000	£000	£000
Donations from individuals	27	1	28	77
Other trading activities	1	-	1	6
Other	17	1	18	175
Total voluntary income	45	2	47	258

2.2. Legacies

M E Harniman	-	-	-	5
M G Tookey	-	-	-	2
S D Stringer	11	-	11	4
S M Lister	7	-	7	-
Total legacies	18	-	18	11

2.3. Charitable Activities

Training courses	43	-	43	34
Total charitable activities	43	-	43	34

3. Analysis of charitable expenditure before allocation of Support and Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£000	£000	£000	£000
Arts in Healthcare	23	-	23	22
Other patients welfare and amenities	29	-	29	52
Patient welfare total	52	-	52	74
Funded staff posts and services	-	(31)	(31)	(5)
Funding for Professional Fees	18	(16)	2	24
Funding of staff posts and services total	18	(47)	(29)	19
Support to staff training	25	(3)	22	75
Other support to staff welfare and amenities	8	58	66	187
Staff welfare total	33	55	88	262
Purchase of equipment	58	1	59	49
Fundraising	1	-	1	-
Transfer to East Sussex Healthcare NHS Trust	37	-	37	-
Total charitable expenditure	199	9	208	404

All charitable expenditure is classified as grant funded activities.

4. Analysis and Allocation of Support and Governance Costs

	2022/23	2021/22
	Total Funds	Total Funds
	£000	£000
Computer Expenses	5	-
Administration fee	12	27
Total support costs	17	27
Independent Examiner's fee	8	2
Indemnity insurance	1	-
Governance fee	33	41
Total governance costs	41	43
Total support and governance costs	59	70

The support costs and governance costs attributable to charitable activities is apportioned based on the total expenditure for the year for each charitable activity as shown in the table below.

Computer expenses has been segregated from the Administration fee for transparency of management costs for 2022/23.

	2022/23	2022/23	2022/23	2021/22
	Grant funding of activities	Support and Governance Costs	Total Funds	Total Funds
	£000	£000	£000	£000
Allocation of support and governance costs	Note 3			
Patient welfare	52	19	70	87
Funding for staff posts and services	(29)	7	(22)	30
Staff welfare	88	12	100	283
Purchase of equipment	59	21	80	74
Active continuing funds	170	59	229	474
Fundraising	1	-	1	-
Transferred funds	37	-	37	-
Total allocated	208	59	267	474

Grants paid in year to ESHT £165,000 (2021/22 £400,000), Grants paid to individuals in year £6,500 (2021/22 £4,500).

5. Examiner's remuneration

The Independent Examiner's remuneration of £8,040 including VAT relates solely to the independent examination covering current audit plan of £6,000 and a catch up from previous year of £2,040. There was no other additional work undertaken. Refer to note 4.

6. Changes in Resources Available for Charity Use

	2022/23	2022/23	2022/23	2021/22
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£000	£000	£000	£000
Net movement in funds for the year	(271)	0	(270)	64
Net movement in funds available for future activities	(271)	0	(270)	64

7. Analysis of Fixed Asset Investments

7.1. Fixed Asset Investments

	2022/23	2021/22
	Total	Total
	£000	£000
Market value at start of period	2,354	2,119
Net gains/(losses) on revaluation and sales	(112)	235
Market value at end of period	2,242	2,354
Historic cost at end of period	1,170	1,170

7.2. Market Value

	31 March 2023	31 March 2022
	£000	£000
Investments in a Common Deposit Fund or Common Investment Fund		
CCLA Investment Management Fixed Interest Funds	388	403
CCLA Investment Management Property Fund	634	721
M&G Securities Fixed Interest Investment Fund	37	39
M&G Securities Equities Investment Fund	1,181	1,189
Total	2,240	2,352
Cash held as part of the investment portfolio	2	2
Total	2,242	2,354

All units are held within the UK.

8. Analysis of Debtors

	Balance 31 March 2023	Balance 31 March 2022
	£000	£000
All falling due within one year		
Trade debtors	-	-
Total debtors	-	-

9. Analysis of Creditors

	Balance 31 March 2023	Balance 31 March 2022
	£000	£000
Falling due within one year		
Accruals and deferred income	200	358
Other creditors	81	57
Total creditors	281	415

10. Analysis of Funds

10.1.

	Balance 31 March 2023	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2022
	£000	£000	£000	£000	£000	£000
Unrestricted funds	1,882	106	(258)	(7)	(112)	2,153
Arts in Healthcare	2	0	(0)		-	2
Conquest Courtyards	10				-	10
COVID - Deaf App	3				-	3
COVID - General Fund	0		19	(23)	-	4
COVID - Nursing Fund	2				-	2
COVID - Sunflower Scheme	1				-	1
COVID - TRiM Training	3				-	3
COVID - What Matters to You	(1)		(1)	(25)	-	25
Diabetes Inpatient Specialist Nurses	4				-	4
EDGH Scanning Equipment for Intensive Care and Radiology	145				-	145
Kipling Music	2				-	2
Lewes Victoria Hospital	14				-	14
Pooja Sharma Memorial	2		(1)			3
Workscape Project	0	2	(57)	55	-	-
Youth Volunteering Project	31		31		-	-
Total Restricted Funds	219	2	(9)	7	-	218
Total Funds	2,101	109	(267)	-	(112)	2,371

10.2. Details of the Restricted Income Funds

Name of fund	Description
Arts in Healthcare	The promotion of the initiative for the provision of Arts in Healthcare
Conquest Courtyards	The fund held for the benefit of the Conquest courtyards
Conquest Equipment	The fund held for the purchase of equipment at Conquest Hospital
COVID - Deaf App	The development of an App for deaf users
COVID - General Fund	To enhance the wellbeing of NHS Staff, volunteers and patients impacted by COVID-19
COVID - Nursing Fund	To enhance the wellbeing of staff nurses
COVID - Sunflower Scheme	The project to promote sunflower lanyards, which demonstrate when someone has a hidden disability
COVID - Trauma Therapist	To support trauma therapy for NHS staff
COVID - TRiM Training	This is a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic, event
COVID - Wellbeing Fund	To enhance NHS staff experience and wellbeing whilst at work
COVID - What Matters to You	To support staff through Covid 19 and beyond – rest areas/staff room
Diabetes Inpatient Specialist Nurses	To support UK Diabetes Inpatient Specialist Nurses Project
EDGH Scanning Equipment for Intensive Care and Radiology	The funds held for the purchase of scanning equipment for Intensive Care and Radiology at Eastbourne District General Hospital
Kipling Music	The fund held to provide interactive music sessions to Kipling Ward
Lewes Victoria Hospital	The fund held for the benefit of Lewes Victoria Hospital
Maternity Bereavement Suite	The fund held for the refurbishment of the Maternity Bereavement Suite
Pooja Sharma Memorial	To commemorate staff member Pooja Sharma
Workscape Project	To enhance staff facilities and workspaces
South East Orthopaedic Training	To provide training for junior doctors in surgical skills
Youth Volunteering Project	The fund held for the development of youth volunteering opportunities in East Sussex

11. Funding Commitments

As at 31 March 2023 the Trustees had not made commitments other than those shown as creditors, note 9.

9

WAYS IN WHICH TO SUPPORT OUR CHARITY

There are many ways you can support our Charity

Donations can be made in the following ways:

Direct into bank account

Bank: Lloyds Bank

Sort code: 30-92-86

Account number: 00460039

Account name: East Sussex Healthcare NHS Trust Charitable Fund

Reference: Please state the General Fund

By post

Cheque to East Sussex Healthcare NHS Trust Charitable Fund

Please write on the back of the cheque which fund you would like to donate to, e.g. General Fund, and send to:

Charitable Funds
St Anne's House
729 The Ridge
St Leonards-On-Sea
East Sussex
TN37 7PT

By a donation on our 'Just Giving' site

www.justgiving.com/esht

As well as making a general donation, you can also open a page in celebration of and in memory of a loved one. If you are a group or an organisation who is interested in raising money on behalf of the Charity, we would love to hear from you too.

For more information and for support if you are holding your own event, please contact our charity team:

esht.charity@nhs.net

Gift Aid

Gift Aid is a simple, government initiative which allows us to increase the value of your donations at no extra cost to you. For every pound you give to us we can get an extra 25 pence from HM Revenue and Customs helping your donation go further to help patients and their families. The only condition is that you are a UK tax payer. When making a donation simply let us know that you wish to Gift Aid your donation, to do this all we need is your name and address.



Contact

Conquest Hospital

The Ridge, St Leonards-on-Sea, East Sussex,
TN37 7RD
0300 131 4500

Eastbourne District General Hospital

Kings Drive, Eastbourne, East Sussex,
BN21 2UD
0300 131 4500

Bexhill Hospital

Holliers Hill, Bexhill-on-Sea, East Sussex,
TN40 2DZ
0300 131 4500

Rye, Winchelsea and District Memorial Hospital

Peasmarsh Road, Rye, East Sussex,
TN31 7UD
(01797) 224499



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