



East Sussex Healthcare NHS Trust Charitable Fund

Annual Report and Accounts 2021/22
Registered Charity Number 1058599

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MESSAGE FROM THE CHAIR

Karen Manson Chair of Charitable Funds Committee

I am delighted to present the annual report together with the financial statements of the Charity for the year ended 31 March 2022. In what has been a profoundly difficult year for so many, the charity has made a real difference to the lives of patients and staff.

The annual report and financial statements comply with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Charities Act 2011 and the UK Generally Accepted Accounting Practice.

Our income for 2021/22 was £303,000 pounds. This is a remarkable achievement, given the obvious fundraising challenges presented by a global pandemic and national lockdown. This would simply not have been possible without the support of our brilliant donors and creative fundraisers alike.



I would like to take this opportunity to extend a heart-felt thank you to all the fundraisers, donors and volunteers who have supported us this year. The Annual Report is our chance to demonstrate just how much of a difference the charity has made, and can continue to make, with the invaluable backing of our supporters.

I would also like to take this opportunity to thank those individuals who have served on the Charitable Fund Committee during the year, who have given their energy, time and skills to make a difference.

I hope that, like me, you will be inspired by our plans to help and want to be part of our story.

If you would like to donate, details about how to do this are on page 42.

On behalf of the many patients who have benefitted from your generosity, thank you

Karen Manson

Chair of Charitable Funds Committee



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ABOUT EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUNDS

East Sussex Healthcare NHS Trust Charitable Fund (ESHTCF) was formed in October 1996 and is registered with the Charity Commission, the Charity Number is 1058599.

Our Vision: To improve the experience of every patient.

Our Core Priorities:

- improving clinical services;
- enhancing the experiences of patients;
- purchasing equipment that will improve the care given to patients;
- enabling services to be given to patients in innovative ways;
- training staff; and
- improving the welfare of staff where there is a clear benefit to patients in doing this.

Our Hospitals: We are dedicated to raising funds for our four hospitals, as well as to support our services in the community.

- Bexhill Hospital
- Conquest Hospital
- Eastbourne District General Hospital
- Rye And Winchelsea District Memorial Hospital

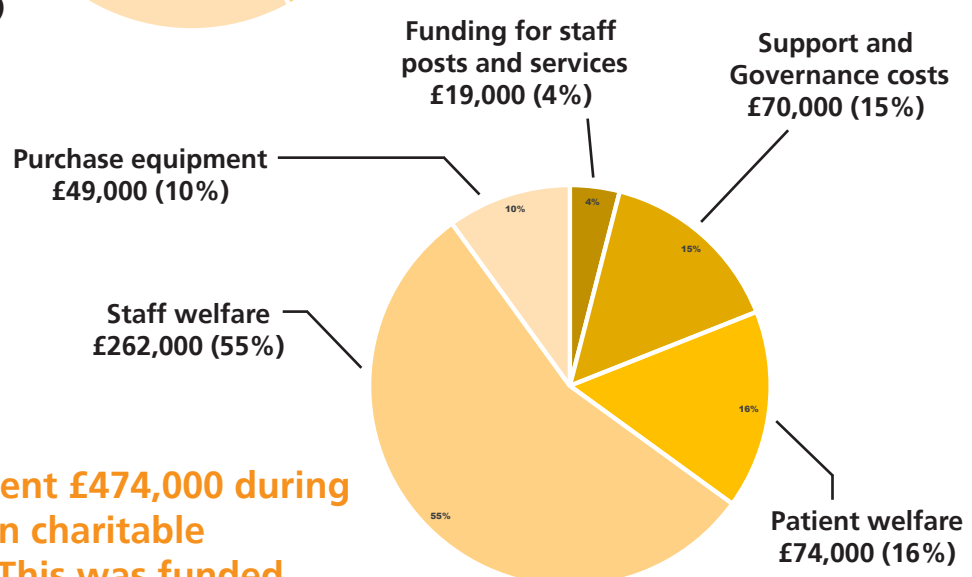
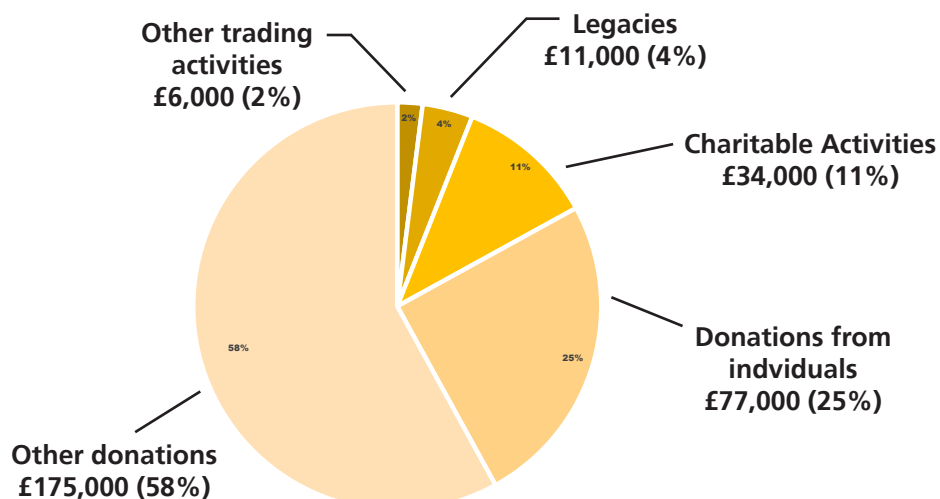
Our Funds: At 31 March 2022 the Charity had 100 unrestricted funds and 5 quality funds linked to Bexhill Hospital, Community Services, Conquest Hospital, Eastbourne District General Hospital and an overarching Trust fund. These funds are used to fund Trust wide initiatives as well as bids specific to particular locations.

The Charity has a further 19 restricted funds, which include money received from NHS Charities Together for specific projects, and the Eastbourne District General Hospital Scanning Equipment Fund which is for the benefit of the Intensive Care and Radiology.

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THE YEAR IN NUMBERS

During 2021/22 ESHTCF received income of £303,000 from donations, legacies, investment income and training activities.



ESHTCF spent £474,000 during the year on charitable activities. This was funded from income of £303,000 and a £235,000 net gain on investments.

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HOW WE HELPED:

Launching our staff wellbeing fund

Upon launching the COVID-19 Wellbeing fund in March 2020, our immediate focus was on supporting staff on the front line across our hospitals. We moved quickly to set up communications to enable us to spread the word.

As community donations began to be received, the fund was further boosted by additional grant support from the central NHS Charities Together charity.

Our initial focus was on providing small items for staff and patients, that would have the most positive impact on their wellbeing. These included:

East Sussex Healthcare NHS Trust Ward Fund;

- hand creams and water bottles;
- quiet rooms for staff use which created calm areas where they could grab a few moments of rest; and
- electronic tablets to allow staff and patients to communicate with loved ones while visiting restrictions were in place.



The support that we received from individuals and companies in our community during the pandemic was incredible, and we received a wide assortment of non-financial donations. We made up care boxes with the food, drinks and toiletries we received which the Trust's Health and Wellbeing Team delivered to over 2,000 staff across the Trust during the first wave of the pandemic.

Jacquie Fuller, Staff Engagement and Wellbeing Manager said.



"We were able to achieve so much in supporting the welfare of our staff, with the incredible support from the local community. Their kind donations enabled us to put together jam-packed boxes full of food, drinks and treats, which really helped to boost the spirits of our front line staff in the most difficult of times."

Continuing to support staff through COVID-19

As the effects of the pandemic continued, staff at our hospitals embraced new ways of working. Large numbers of patients with COVID-19 and the use of personal protective equipment made working conditions increasingly difficult. Donations to the charity allowed us to make things a little easier.




FAIRLIGHT HALL



OPEN GARDENS
FRIDAY 18th & SATURDAY 19th SEPTEMBER
FOR NHS STAFF, VOLUNTEERS AND FRIENDS

Morning and afternoon tours
Free to NHS staff, volunteers plus one guest
Book a guide or stroll the grounds at your leisure
Complimentary tea and cake
Plants, vegetables and fruit stalls

Reserve your am or pm place now
email esht.charity@nhs.net

THANK YOU NHS

In September, with thanks to the enormous generosity of the Kowitz Family, the charity organised an open day for Trust staff, volunteers and their families to visit Fairlight Hall. They got to relax and unwind in the award winning gardens enjoying cream teas in glorious sunshine. It was a big thank you for all the hard work everyone had put in during the pandemic.



Steve Phoenix, Chairman of ESHT with Sarah Kowitz

Major purchases

East Sussex Healthcare NHS Charitable Funds have had the pleasure of approving and supporting the following Major purchases during the year ended 31 March 2022:

Ultrasound machines for Pevensey Unit

Committee members were delighted to approve £48,000 of funding to support the purchase of additional Ultrasound Machines for Pevensey Unit. These additional units will significantly help staff improve patient care as well as the working environment for the department.



Trauma Risk Management (TRiM)

TRiM is a peer support system that is designed to help people who have experienced a traumatic, or potentially traumatic event (PTEs). The Trust received funding from NHS Charities together to establish a TRiM program which would train staff to deliver this support to colleagues and teams within the workplace.

We trained staff in key clinical areas to become TRiM Practitioners, who were supported by TRiM Managers in each division. A Trust TRiM Lead was appointed who was responsible for the overall establishment and embedding of the program, the coordination of responses to PTEs and the roll out of the training programme. To date ESHT has trained 25 TRiM Practitioners with a further cohort due to start in September 2022 with 10 staff confirmed to attend.

The TRiM process has made a huge difference within ESHT. It has allowed over 200 staff to gain access to psychological support following a PTE. Feedback received from staff has shown that TRiM support has helped prevent staff from taking time off sick following traumatic events, and has provided the opportunity for them to be signposted to other forms of support that are available if they need this. The time spent with those needing TRiM has made them feel valued and listened to. Although TRiM is not a problem solving exercise, it gives staff the opportunity to talk through the PTE and to be given self-care advice which they can draw upon going forward.

The feedback received from staff who have engaged in TRiM has been overwhelmingly positive.

Other Highlights

A selection of other key items purchased during the year

- Translation Videos for British Sign Language (BSL)
- Hidden Disability Sunflower Scheme
- HoverJack for our community team to help safely transport patients with no or limited mobility
- Support for an annual programme of Schwartz Rounds
- Hoist for stroke unit
- High Back chairs for patient use
- Well-being support for staff
- Lifting Chair
- Porters kitchen
- Maternity equipment
- Repair for chairs used by patients in the Judy Beard Day Unit
- Hot Water Boiler - Ophthalmology
- Day Beds
- Shelter for Irvine Unit Garden
- Physio Equipment
- Portable suction devices for head and neck cancers



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FUNDRAISING





Skydivers Matron Hayley Bird and friend Tina Gibbins raised an incredible £2,230 for the Judy Beard Unit at Conquest Hospital to help buy a cold cap system which can make the process of chemotherapy a little more comfortable and less stressful.



Each year young people around the country take part in the National Citizen Service scheme doing good deeds in and around their local communities. Pictured here are the East Sussex branch assisting Sean our Trust Gardener clearing one of our courtyards



Louis Walder and fellow Conquest Physiotherapist Kirsti Bennett-Kosti with Hastings Lions, who matched a £1,000 donation by the East Sussex NHS Charity to buy the Conquest Physiotherapy Department a Tilt Bed.

Howard Lovell was in coma in Conquest HDU for 34 days at the start of COVID-19. He would have died if not for the fabulous care he received from the team of the doctors and nurses who saved his life. Howard, fighting fit again and wanting to show his immense appreciation choose to run 34 back-to-back marathons from Portsmouth to his home in Rye and raised £34,000 for Conquest HDU to thank them for saving his life!

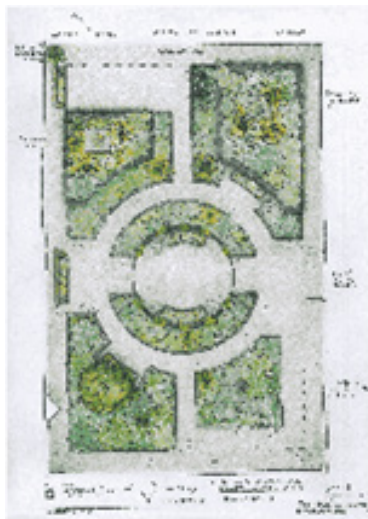


Fundraiser and Volunteer Update

The pandemic posed a raft of added challenges for fundraisers across the country. Many of the major annual charity fundraising events were put on hold or cancelled.

Partner Charities

We are enormously grateful for the work our partner charities do to raise funds for ESHT Hospitals, our community services, and patients. Our partner Charities are: The Friends of Bexhill Hospital, The Friends of Conquest Hospital, The Friends of Eastbourne District General Hospital and the Friends of Rye and Winchelsea District Memorial Hospital.



Together with the Friends of Conquest and the Kowitz Family Foundation we are restoring the 21 Courtyards of Conquest Hospital. The hospital was originally designed around 21 courtyards as open spaces, nature and fresh air help with patient recovery and improve the morale and energy of the medical staff working there.

The design was enlightened for its time and proved very popular. Sadly, over time the condition of the courtyards has deteriorated and they have fallen into disuse. The project was started by the Kowitz Family Foundation of Fairlight Hall who restored the first garden.

We've attracted a number of local professional garden designers who have offered complimentary designs. Hospital volunteers are providing the labour under the supervision of the Trust's Gardening Team.

We still need funding, for gardening tools, plants and materials and for some of the bigger courtyards building materials. If you would like to support us you can donate in general to the project or select a specific garden or part of a garden.



Reference and Administration Details

Registered Charity Name	East Sussex Healthcare NHS Trust Charitable Funds
Working Name	East Sussex Healthcare NHS Charity
Registered Charity Number	1058599
Registered Address	Email: esht.charity@nhs.net Tel: 0300 131 755255
Contact Details	St Anne's House 729 The Ridge St Leonards-on-Sea East Sussex TN37 7PT
Principle Professional Advisors	Bankers: Lloyds Bank plc 2 City Place Beehive Ring Road Gatwick West Sussex RH6 0PA
	Solicitors: Bevan Britten Kings Orchard 1 Queen Street Bristol BS2 0HQ
	Auditor: Grant Thornton LLP 2nd Floor St John's House Crawley RH10 1HS

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GOVERNANCE



Trustee Arrangements:

East Sussex Healthcare NHS Trust (ESHT) is the sole Trustee of the Charity. The Trustee confirms that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

The Charity Committee Members of ESHTCF during the year, 1 April 2021 to 31 March 2022 were as follows:

Chair:

Karen Manson

Committee Members:

Dr Tom Bate

Angela Colosi

Mike Eastwood

Pete Palmer

Paresh Patel

Damian Reid

Jeanette Williams



Governing Document

ESHTCF's governing document is the Model Declaration of Trust as registered with the Charity Commission. This provides that the Trustees shall hold the funds on trust to apply the income and, at their discretion so far as may be permissible, the capital for any charitable purpose or purposes relating to the National Health Service wholly, or mainly, for the services provided by ESHT, Hastings and Rother Clinical Commissioning Group (CCG) and Eastbourne, Hailsham and Seaford CCG.



Structure, Governance and Management

Under the provisions of the Charities Act 2011, the Charity Commission has agreed that ESHTCF should be treated as a single Charity for the purposes of Part 4 of the Act for registration and of Part 8 of the Act for accounts.

The Charity had four registered non-trading subsidiary charities as at 31 March 2022

- East Sussex Healthcare NHS Trust Ward Fund;
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund;
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund; and
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund.



The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is the pooling scheme fund for holding all funds.

Charity Committee Meetings

The Committee should meet at least four times a year in order to consider any bids for over £5k and to review the management of the Charity. Reports presented to Trustees include information about income and legacies, expenditure, investment performance, and fund balances.

The COVID-19 pandemic, and ensuing pressure on the NHS, made convening meetings during 2021/22 extremely challenging. However, the Committee managed to meet on three occasions utilising Microsoft Teams to meet virtually, and approving bids electronically when appropriate. Attendance was as follows :

Karen Manson, Non-Executive Director and Committee Chair	3/3
Paresh Patel, Non-Executive Director	3/3
Lydia Crouch, Head of Financial Services	2/3
Angela Colosi, Associate Director of Nursing	2/3
Jeanette Williams, Staff Engagement Manager	1/3
Tom Bate, Anaesthetic Consultant	2/3
Peter Palmer, Acting Company Secretary	2/3
Mike Eastwood, Fundraising Manager	3/3
Damian Reid, Chief Financial Officer	3/3
Jacquie Fuller, Staff Engagement and Wellbeing Manager	1/3
James Collingwood, Deputy Head of Financial Services	1/3
Laura Ransom, Human Resources Administration Manager	1/3
Ruth Farre, Engagement and Communications Officer	2/3

Governance

The Trustee delegates responsibility for the day-to-day management of the charitable funds to the Director of Corporate Affairs and the Chief Financial Officer. The Director of Corporate Affairs is responsible for:

- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager.



The Chief Financial Officer is responsible for:

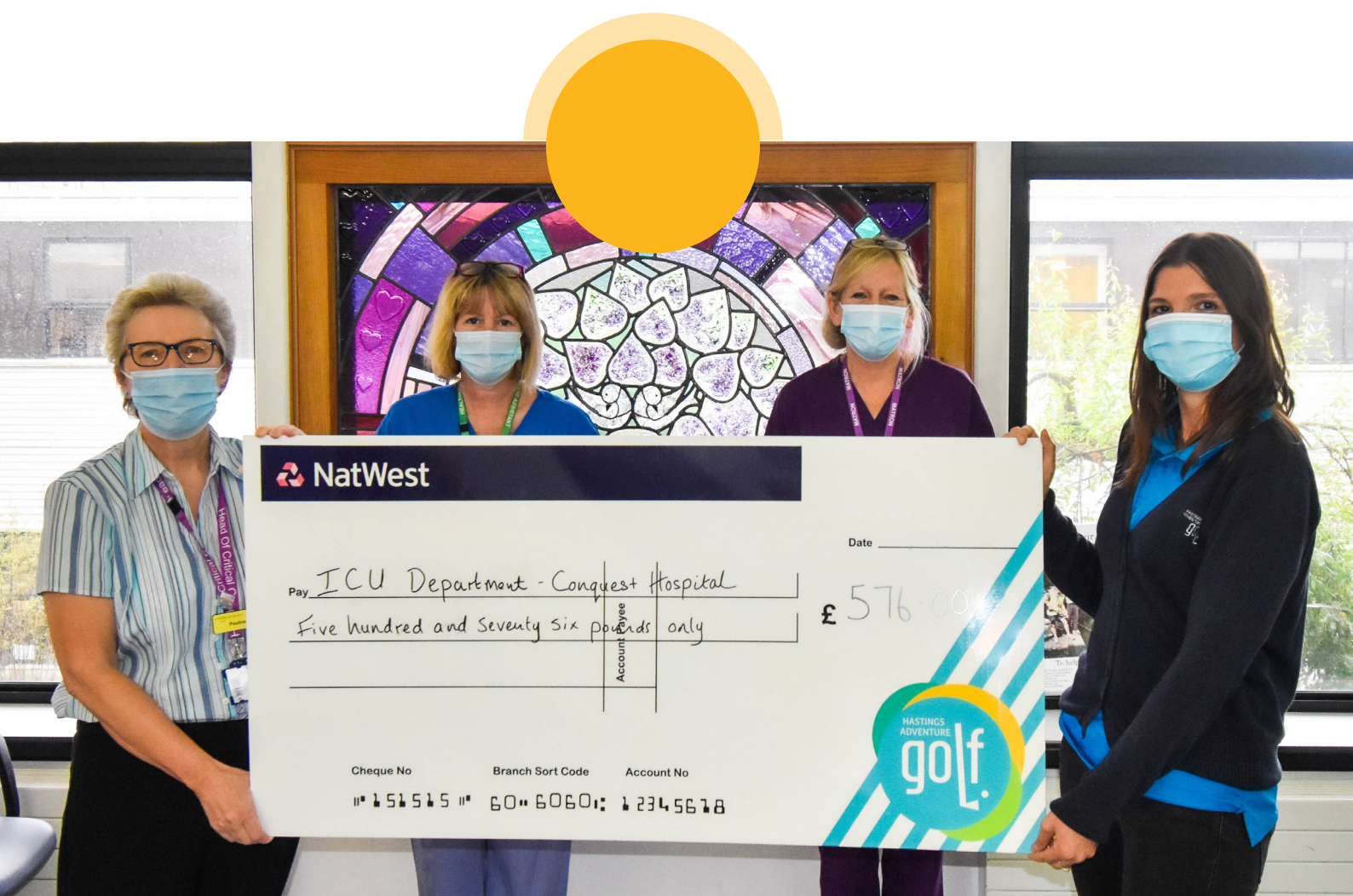
- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager.

The principal officer overseeing the day-to-day financial management and accounting for the charitable funds for the accounting period 1 April 2021 to 31 March 2022 was the Chief Financial Officer, Damian Reid.

The principal officer overseeing the day-to-day administration and governance for the charitable funds for the accounting period 1 April 2021 to 31 March 2022 was the Director of Corporate Affairs, Lynette Wells.

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FINANCE



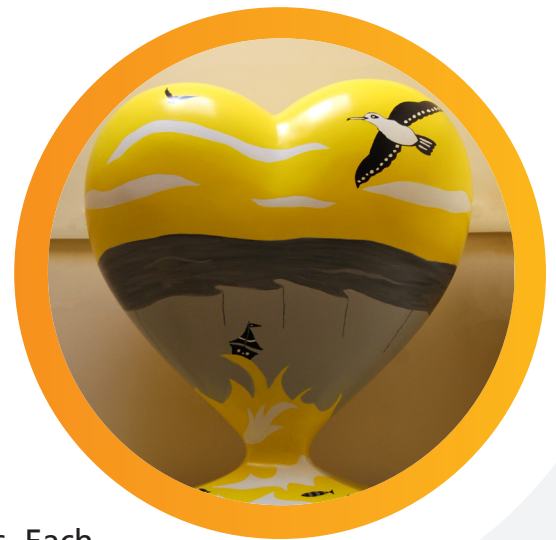
Financial Management

Expenditure budgets for administration, governance and fundraising costs are approved by the Charity Committee at the start of the financial year and are monitored throughout the year.

The Charity manages its Charitable Activity spending through appointed fundholders for the individual funds. These fundholders manage the funds on a day-to-day basis with agreed authorisation limits, and in accordance with the Trust's Standing Financial Instructions and Orders. Each fund holder receives a quarterly financial statement of their fund which details income, expenditure and fund balances for the period.

The Charity receives expenditure applications from staff throughout the year which are authorised by the fundholder and submitted to the Acting Company Secretary, who reviews all applications to ensure that they meet the objectives of the Charity for quality, value for money and patient benefit. Where an application exceeds £5,000 the fundholder is required to present the application to the Charity Committee for approval. Where any expenditure is considered inappropriate, feedback is given to the fund manager.

The Charity does not directly employ any staff; the Charity enjoys and values the services of volunteers, but is not wholly dependent on them. The Charity is not financially dependent upon the support of any individuals, corporations or specific classes of donors. No funds are held by the Charity on behalf of individuals.



Investments and Investment Policy

The Charity aims to enhance the value of its funds through sound investment.

Money is invested through CCLA Investment Management Limited and M&G Securities Ltd, with the aim of obtaining a return higher than the FTSE All Share Index (dividends reinvested). During the year, investments were held in the following proportions:

The total value of the investment portfolio at 31 March 2022 was £2.35m. The return on investment during the year was an increase of 11% (2020/21 decrease of 2%).



Fund	2021/22	2020/21
Fixed Interest Funds	19%	22%
CCLA Property Fund	31%	28%
M&G Securities Ltd Equities Investment Fund	50%	50%
Total investments	100%	100%

Reserves

ESHTCF hold reserves that are considered to be needed to fund planned expenditure. The Charity acknowledges that charitable donations received need to be spent on patient and staff amenities wherever possible and should not be used to build up reserves.

The reserves of the Charity at 31 March 2022 consisted of £2,153,000 unrestricted funds and £218,000 restricted funds. The Charity regularly reviews all funds held to ensure they remain active and where appropriate, a fund which is inactive for a period greater than 18 months will be closed and the funds transferred to the most relevant quality general fund to ensure that they are spent in a timely manner.

Governing Document

The major risks to which the Charity is exposed have been identified and reviewed with systems established to mitigate them. The Charity relies on and benefits from the financial controls framework of ESHT.

The most significant risks identified were:

1. possible losses from a fall in the value of the investments; and
2. reputational damage leading to a sudden and dramatic fall in donations.

Both risks have been carefully considered and mitigating procedures put in place. Regular review of the investment policy ensures that both spending income. Both income and expenditure are monitored by the Committee on a quarterly basis in order that any trends can be identified at an early stage in order to avoid unforeseen calls on reserves.



Future plans

In accordance with Charity Commission directives, it is the Charity's continued intention to expend funds for the benefit of both staff and patients.

Over the two years of the pandemic, the Charity has taken the opportunity offered to review the way it works, improving governance, reviewing the way in which our funds are invested and making plans for the future.

A strategy is being developed that will increase the Charity's visibility, and we plan to rebrand the charity with a new shorter name and logo. A new website and improved social media presence are being planned which will all help the charity to become better known and therefore lead to increased donations.

In addition the charity is also looking at ways that it can work more closely with the Friends of ESHT's hospitals, using our resources to support the amazing work that they do for the Trust. It has been a challenging period of time for many charities and we can be stronger by working together. The charity's switch to a corporate Trustee has helped to review, refresh and refocus our activities and operations, improve governance and working model models.

We hope that as we come out of the pandemic, the work we have done during this difficult period will ensure that we have a more robust, responsive charity which is able to use its resources to support ESHT and its staff in the best way possible.



Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Charity's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustee to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of the resources of the Charity for the year. In preparing those financial statements the Trustee is required to:

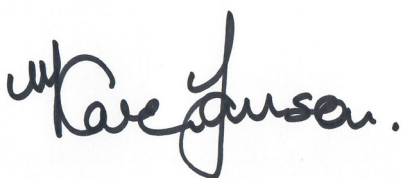
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP FRS 102;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business; and
- ensure the financial statements comply with the Trust Deed.

The Trustee is responsible for keeping accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and regulations made thereunder. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Charity Committee on behalf of the Corporate Trustee on 2 December 2022 and signed on their behalf by:

Signed:

Karen Manson



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INDEPENDENT EXAMINER'S REPORT TO THE CORPORATE TRUSTEE OF EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND



Independent examiner's report to the corporate trustee of East Sussex Healthcare NHS Trust Charitable Fund

I report on the accounts of East Sussex Healthcare NHS Trust Charitable Fund (the "charity") for the year ended 31 March 2022, which are set out on pages 31 to 43.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011;
 - to prepare accounts which accord with the accounting records; and
 - to comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008have not been met, or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a comparison of the accounts with the accounting records kept by the charity. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as corporate trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement above.

Respective responsibilities of corporate trustee and examiner

The charity's corporate trustee is responsible for the preparation of the accounts. The charity's trustee considers that an audit is not required for this year under section 149(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 149 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 149(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity's trustee has prepared the charity's accounts in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) issued in October 2019 in preference to the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005)' issued in April 2005 which is referred to in the Charities (Accounts and Reports) Regulations 2008 but has been withdrawn. I understand that the charity's trustee has done this in order for the charity's accounts to give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

Commercial in confidence

Use of this report

This report is in respect of an examination carried out under section 149(3) of the Charities Act 2011. This report is made solely to the charity's corporate trustee, as a body, in accordance with the regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee as a body, for my work, for this report or for the opinions I have formed.

*John Paul Cuttle***John Paul Cuttle, Director**

Grant Thornton UK LLP, Chartered Accountants

London

31 January 2023

Statement of Financial Activities for the year ended 31 March 2022

	Note	2021/22	2021/22	2021/22	2020/21
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
Income and endowments from					
Donations	2.1	126	132	258	534
Legacies	2.2	11	-	11	140
Charitable activities	2.3	34	-	34	7
Total income		171	132	303	681
Expenditure on Charitable activities					
Patient welfare		(38)	(49)	(87)	(47)
Funding for staff posts and services		(33)	3	(30)	(140)
Staff welfare		(61)	(222)	(283)	(103)
Purchase of equipment		(74)	-	(74)	(91)
Spend on charitable activities		(206)	(268)	(474)	(381)
Fundraising		-	-	-	(11)
Transfer to East Sussex Healthcare NHS Trust		-	-	-	(145)
Total expenditure	4	(206)	(268)	(474)	(536)
Net gains/(losses) on investments	7.1	235	-	235	321
Net income/(expenditure)		200	(136)	64	466
Transfer between funds		(81)	81	-	-
Net movement in funds	6	119	(55)	64	466
Reconciliations of funds					
Fund balances brought forward at 1 April		2,034	273	2,307	1,843
Fund balances carried forward at 31 March		2,153	218	2,371	2,307

All gains and losses recognised in the year are included in the Statement of Financial Activities.

Balance Sheet as at 31 March 2022

	Note	2021/22	2021/22	2021/22	2020/21
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
Fixed assets					
Investments	7	2,184	170	2,354	2,119
Total fixed assets		2,184	170	2,354	2,119
Current assets					
Debtors	8	-	-	-	1
Cash and cash equivalents		156	276	432	458
Total current assets		156	276	432	459
Liabilities					
Creditors falling due within one year	9	(187)	(228)	(415)	(271)
Net current liabilities		(31)	48	17	188
Total net assets		2,153	218	2,371	2,307
Funds of the Charity					
Unrestricted		2,153	-	2,153	2,034
Restricted			218	218	273
Total funds	10	2,153	218	2,371	2,307

The notes at pages 34 to 43 form part of these accounts.

Approved and authorised for issue by the Trustees on 31 January 2023 and signed on their behalf.

Karen Manson

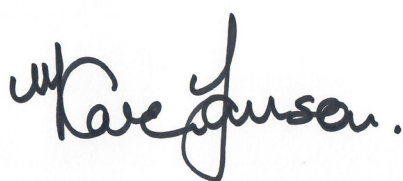
Chair

Date: 31 January 2023

Damian Reid

Chief Financial Officer

Date: 31 January 2023




Statement of Cash flows for the year ended 31 March 2022

	Note	2021/22	2020/21
		Total Funds	Total Funds
		£000	£000
Cash flows from operating activities:			
Net expenditure for the reporting period		64	470
Adjustments for:			
(Gains)/losses on investments	7.1	(235)	(321)
(Increase)/decrease in debtors		1	-
Increase/(decrease) in creditors		144	(448)
Net cash used in operating activities		(26)	(299)
Cash flows from investing activities			
Proceeds from sale of investments		-	370
Net cash provided by investing activities		-	370
Change in cash and cash equivalents in the reporting period		(26)	71
Cash and cash equivalents at 1 April 2021		458	386
Cash and cash equivalents at 31 March 2022		432	458

Notes to the Accounts

1. Accounting Policies

1.1. Accounting Convention

The financial statements have been prepared under the historic cost convention, as modified for the revaluation of certain investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The Trust constitutes a public benefit entity as defined by FRS 102.

The Trustee considers that there are no material uncertainties affecting the accounts or the Charity's ability to continue as a going concern and that no subsequent events have been identified which would be material and would require adjustment in the statements to 31/03/2022. The Trustee confirms that they are satisfied that charity reserves are more than sufficient to cover ongoing liquidity needs and pay creditors as they fall due for a period of at least 12 months from the date of signing the statements.

1.2. Income Recognition

All income is recognised and included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- Entitlement: control over the rights or other access to the economic benefit has passed to the Charity.
- Probable: it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity.
- Measurement: the monetary value or amount of both the income and the costs to complete the transaction can be measured reliably.

Income from legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled or are within the Charity's control to fulfil.

1.3. Expenditure Recognition

The accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies.

Support and Governance costs are accounted for on an accruals basis and are recharges of appropriate proportions of the ESHT costs, audit or independent examination fees, fund raising consultancy, support for the accounting software and Trustee Indemnity Insurance.

Support and Governance costs are apportioned across all funds based on the average fund balance for the year.

All items of expenditure under £5,000 are treated as revenue.

1.4. Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Other funds are classified as unrestricted funds. The major funds held within these categories are disclosed in note 10.

1.5. Investment Fixed Assets

Investment fixed assets are shown at bid price, which is used to measure fair value for accounting purposes of shares that are traded in an active market. The investments are valued at closing unit prices and the net gains and losses on revaluations and disposals are included on the Statement of Financial Activities.

1.6. Gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Gains and losses on investments are calculated as the difference between sales proceeds and opening fair value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between fair value at the year end and opening fair value (or date of purchase if later).

1.7. Pooling scheme

An official pooling scheme, the East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is operated for investments relating to the following funds:

- East Sussex Healthcare NHS Trust Ward Fund
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund
- East Sussex Healthcare NHS Trust Education Fund
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund

The Scheme was registered with the Charity Commission on 17 March 1998.

1.8. Related Party Transactions

The Trustee of the ESHTCF is **East Sussex Healthcare NHS Trust**

ESHT is the major recipient of funds of the Charity and received grants from the Charity totalling £400,000 during the year (2020/21 £325,000).

ESHT charged a management fee to the Charity of £68,000 (2020/21 £53,000) to recharge administrative costs and services provided.

The Charity owed ESHT £36,000 at 31 March 2022 (£31,000 31 March 2021).

None of the members of ESHT Board, senior staff or parties related to them were beneficiaries of the Charity. None of the Trustees or other Members of ESHT Board has received honoraria, emoluments or expenses in the year.

1.9. Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

1.10. Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments.

1.11. Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt. There are no amounts which are owed in more than a year.

2. Details of Income

2.1. Donations

	Unrestricted Funds	Restricted Funds	Total 2021/22	Total 2020/21
	£000	£000	£000	£000
Donations from individuals	76	1	77	107
Other trading activities	6	-	6	7
Other	44	131	175	420
Total voluntary income	126	132	258	534

2.2. Legacies

I E Beall	-	-	-	5
R J V Sturgis	-	-	-	125
E Jones	-	-	-	10
M E Harniman	5	-	5	-
S D Tookey	4	-	4	-
M G Tookey	2	-	2	-
Total legacies	11	-	11	140

2.3. Charitable Activities

Training courses	34	-	34	7
Total charitable activities	34	-	34	7

3. Analysis of charitable expenditure before allocation of Support and Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2021/22	Total 2020/21
	£000	£000	£000	£000
Arts in Healthcare	22	-	22	21
Other patients welfare and amenities	3	49	52	13
Patient welfare total	25	49	74	35
Funded staff posts and services	(7)	2	(5)	83
Funding for Professional Fees	29	(5)	24	49
Funding of staff posts and services total	22	(3)	19	133
Support to staff training	25	50	75	13
Other support to staff welfare and amenities	16	171	187	69
Staff welfare total	41	221	262	83
Purchase of equipment	49	-	49	74
Fundraising	-	-	-	11
Transfer to East Sussex Healthcare NHS Trust	-	-	-	145
Total charitable expenditure	137	267	404	480

All charitable expenditure is classified as grant funded activities

4. Analysis and Allocation of Support and Governance Costs

	2021/22	2020/21
	Total Funds	Total Funds
	£000	£000
Administration fee	27	27
Total support costs	27	27
Independent Examiner's fee	2	2
Indemnity insurance	-	1
Governance fee	41	26
Total governance costs	43	29
Total support and governance costs	70	56

The support costs and governance costs attributable to charitable activities is apportioned based on the total expenditure for the year for each charitable activity as shown in the table below.

	2021/22	2021/22	2021/22	2020/21
	Grant funding of activities	Support and Governance Costs	Total Funds	Total Funds
	£000	£000	£000	£000
Allocation of support and governance costs	Note 3			
Patient welfare	74	13	87	47
Funding for staff posts and services	19	11	30	140
Staff welfare	262	21	283	103
Purchase of equipment	49	25	74	91
Active continuing funds	404	70	474	381
Fundraising	-	-	-	11
Transferred funds	-	-	-	145
Total allocated	404	70	474	537

Grants paid in year to ESHT £400,000 (2020/21 £325,000), Grants paid to individuals in year £4,500 (2020/21 £4,500).

5. Examiner's remuneration

The Independent Examiner's remuneration of £1,800 exclusive of VAT (2020/21 £1,800) related solely to the independent examination with no other additional work undertaken.

6. Changes in Resources Available for Charity Use

	2021/22	2021/22	2021/22	2020/21
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£000	£000	£000	£000
Net movement in funds for the year	119	(55)	64	465
Net movement in funds available for future activities	119	(55)	64	465

7. Analysis of Fixed Asset Investments

7.1. Fixed Asset Investments

	2021/22	2020/21
	Total	Total
	£000	£000
Market value at start of period	2,119	2,169
Net gain on revaluation and sales	235	(49)
Market value at end of period	2,354	2,119
Historic cost at end of period	1,170	1,232

7.2. Market Value

	31 March 2022	31 March 2021
	£000	£000
Investments in a Common Deposit Fund or Common Investment Fund		
CCLA Investment Management Fixed Interest Funds	403	422
CCLA Investment Management Property Fund	721	599
M&G Securities Fixed Interest Investment Fund	39	40
M&G Securities Equities Investment Fund	1,189	1,056
Total	2,352	2,117
Cash held as part of the investment portfolio	2	2
Total	2,354	2,119

All units are held within the UK.

8. Analysis of Debtors

	Balance 31 March 2022	Balance 31 March 2021
	£000	£000
All falling due within one year		
Trade debtors	-	1
Total debtors	-	1

9. Analysis of Creditors

	Balance 31 March 2022	Balance 31 March 2021
	£000	£000
Falling due within one year		
Accruals and deferred income	358	234
Other creditors	57	36
Total creditors	415	271

10. Analysis of Funds

10.1.

	Balance 31 March 2022	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2021
	£000	£000	£000	£000	£000	£000
Unrestricted funds	2,153	171	(206)	(81)	235	2,034
Arts in Healthcare	2	1			-	1
Conquest Courtyards	10				-	10
Conquest Equipment	-		(3)		-	3
COVID - Deaf App	3		(49)		-	52
COVID - General Fund	4		(34)	(4)	-	42
COVID - Nursing Fund	2	2			-	-
COVID - Sunflower Scheme	1		(9)		-	10
COVID - Trauma Therapist	-	105	(105)		-	-
COVID - TRIM Training	3		(47)		-	50
COVID - Wellbeing Fund	-	20	(24)	4	-	-
COVID - What Matters to You	25		3		-	22
Diabetes Inpatient Specialist Nurses	4	4			-	-
EDGH Scanning Equipment for Intensive Care and Radiology	145				-	145
Kipling Music	2				-	2
Lewes Victoria Hospital	14			1	-	13
Maternity Bereavement Suite	-		3		-	(3)
Pooja Sharma Memorial	3			3		-
South East Orthopaedic Training	-		(1)	(1)	-	2
Youth Volunteering Project	-		(2)	78	-	(76)
Total Restricted Funds	218	132	(268)	81	-	273
Total Funds	2,371	303	(474)	-	235	2,307

10.2 Details of the Restricted Income Funds

Name of fund	Description
Arts in Healthcare	The promotion of the initiative for the provision of Arts in Healthcare
Conquest Courtyards	The fund held for the benefit of the Conquest Courtyards
Conquest Equipment	The fund held for the purchase of Equipment at Conquest Hospital
COVID - Deaf App	The development of an app for deaf users
COVID - General Fund	To enhance the well-being of NHS Staff, volunteers and patients impacted by COVID-19
COVID - Nursing Fund	To enhance the well-being of staff nurses
COVID - Sunflower Scheme	The project to promote sunflower lanyards, which demonstrate when someone has a hidden disability
COVID - Trauma Therapist	To support trauma therapy for NHS staff
COVID - TRiM Training	This is a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic, event
COVID - Wellbeing Fund	To enhance NHS staff experience and wellbeing whilst at work
COVID - What Matters to You	To support staff through Covid 19 and beyond – rest areas/staff room
Diabetes Inpatient Specialist Nurses	To support UK Diabetes Inpatient Specialist Nurses Project
EDGH Scanning Equipment for Intensive Care and Radiology	The funds held for the purchase of Scanning Equipment for Intensive Care and Radiology at Eastbourne District General Hospital
Kipling Music	The fund held to provide interactive music sessions to Kipling Ward
Lewes Victoria Hospital	The fund held for the benefit of Lewes Victoria Hospital
Maternity Bereavement Suite	The fund held for the refurbishment of the Maternity Bereavement Suite
Pooja Sharma Memorial	To commemorate staff member Pooja Sharma
South East Orthopaedic Training	To provide training for junior doctors in surgical skills
Youth Volunteering Project	The fund held for the development of youth volunteering opportunities in East Sussex

11. Funding Commitments

As at 31 March 2022 the Trustees had not made commitments other than those shown as creditors, Note 9.

9

WAYS IN WHICH TO SUPPORT OUR CHARITY

There are many ways you can support our Charity

Donations can be made in the following ways:

Direct into bank account

Bank: Lloyds Bank

Sort code: 30-92-86

Account number: 00460039

Account name: East Sussex Healthcare NHS Trust Charitable Fund

Reference: Please state the General Fund

By post

Cheque to East Sussex Healthcare NHS Trust Charitable Fund

Please write on the back of the cheque which fund you would like to donate to, e.g. General Fund, and send to:

Charitable Funds
St Anne's House
729 The Ridge
St Leonards-On-Sea
East Sussex
TN37 7PT

By a donation on our 'Just Giving' site

www.justgiving.com/esht

As well as making a general donation, you can also open a page in celebration of and in memory of a loved one. If you are a group or an organisation who is interested in raising money on behalf of the Charity, we would love to hear from you too.

For more information and for support if you are holding your own event, please contact our charity team:

esht.charity@nhs.net

Gift Aid

Gift Aid is a simple, government initiative which allows us to increase the value of your donations at no extra cost to you. For every pound you give to us we can get an extra 25 pence from HM Revenue and Customs helping your donation go further to help patients and their families. The only condition is that you are a UK tax payer. When making a donation simply let us know that you wish to Gift Aid your donation, to do this all we need is your name and address.



Contact

Conquest Hospital

The Ridge, St Leonards-on-Sea, East Sussex,
TN37 7RD
0300 131 4500

Eastbourne District General Hospital

Kings Drive, Eastbourne, East Sussex,
BN21 2UD
0300 131 4500

Bexhill Hospital

Holliers Hill, Bexhill-on-Sea, East Sussex,
TN40 2DZ
0300 131 4500

Rye, Winchelsea and District Memorial Hospital

Peasmarsh Road, Rye, East Sussex,
TN31 7UD
(01797) 224499



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