

# EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND

England & Wales · Charity number 1058599

## Details

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<b>Other names</b>	EAST SUSSEX HOSPITALS NHS TRUST CHARITABLE FUND, EASTBOURNE HOSPITALS NHS TRUST CHARITABLE FUND, East Sussex Healthcare NHS Charity
<b>Status</b>	Registered
<b>Legal form</b>	Other
<b>Registered</b>	1996-10-11
<b>Register</b>	<a href="#">View on the Charity Commission register</a>

## Contact

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<b>Address</b>	Finance Department East Sussex Hospitals Nhs Trust St. Annes House 729 The Ridge St. Leonards-On-Sea TN37 7PT
<b>Phone</b>	0300 131 4500
<b>Email</b>	<a href="mailto:esht.charity@nhs.net">esht.charity@nhs.net</a>
<b>Website</b>	<a href="https://www.esht.nhs.uk/caring-for-you/get-involved-and-feedback/get-involved/donations/">https://www.esht.nhs.uk/caring-for-you/get-involved-and-feedback/get-involved/donations/</a>

## Activities

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**Objects:** FOR ANY CHARITABLE PURPOSE OR PURPOSES RELATING TO THE NATIONAL HEALTH SERVICE WHOLLY OR MAINLY FOR THE SERVICE PROVIDED BY EAST SUSSEX HOSPITALS NHS TRUST

**Activities:** To support the relief of sickness in patients by the National Health Service provided by East Sussex Healthcare NHS Trust Hastings and Rother CCG, Eastbourne Hailsham and Seaford CCG and High Weald, Lewes, Havens CCG. By promoting the efficient performance of their duties by staff, and the investigation and relief of illness, disability and suffering

## Classification

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- **How:** Makes Grants To Organisations, Provides Buildings/facilities/open Space, Acts As An Umbrella Or Resource Body
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

## Geography

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- East Sussex

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£225,499	£238,537	-	-
2024-03-31	£161,369	£325,007	-	-
2023-03-31	£108,000	£267,000	-	-
2022-03-31	£303,000	£474,000	-	-
2021-03-31	£1,002,000	£536,000	£2,307,000	1

## Trustees

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Name	Role	Appointed
East Sussex Healthcare NHS Trust		2020-03-03

## Linked charities

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- EAST SUSSEX HEALTHCARE NHS TRUST WARD FUND (1058599-1)
- THE HASTINGS AND ST LEONARDS PRIMARY CARE TRUST FUND (1058599-10)
- THE EASTBOURNE DOWNS PRIMARY CARE TRUST FUND (1058599-11)
- EAST SUSSEX DOWNS AND WEALD PRIMARY CARE TRUST CHARITABLE FUND (1058599-12)
- EAST SUSSEX HEALTHCARE NHS TRUST EDUCATION FUND (1058599-2)
- EASTBOURNE HOSPITALS NHS TRUST POSTGRADUATE CENTRE FUND (1058599-3)
- EASTBOURNE HOSPITALS NHS TRUST WOMEN AND CHILDREN FUND (1058599-4)
- EASTBOURNE HOSPITALS NHS TRUST SPECIAL CARE BABY UNIT (1058599-5)
- EAST SUSSEX HEALTHCARE NHS TRUST CLINICAL AND CLINICAL SUPPORT FUND (1058599-6)
- THE EAST SUSSEX HEALTHCARE NHS TRUST (EXPENDABLE FUNDS) COMMON INVESTMENT FUND (1058599-7)
- EAST SUSSEX HEALTHCARE NHS TRUST ARTS IN HEALTHCARE FUND (1058599-8)
- HASTINGS AND ROTHER PRIMARY CARE TRUST CHARITABLE FUND (1058599-9)

**EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND**

England & Wales - Charity number 1058599

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# Accounts

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East Sussex Healthcare  
NHS Trust



**East Sussex  
Healthcare  
NHS Charity**

# East Sussex Healthcare NHS Charity

Annual Report and Accounts 2024/25  
Registered Charity Number 1058599

[www.esht.nhs.uk](http://www.esht.nhs.uk)

# CONTENTS



**1** **Message from the Chair** Page 4

**2** **About East Sussex Healthcare NHS Charity** Page 6

Our Vision Page 6

Our Core Priorities Page 6

Our Hospitals Page 7

Our Funds Page 7

**3** **The Year in Numbers** Page 8

**4** **How we helped** Page 9

**5** **Bids Approved of over £500 during 2024/25** Page 10

Arts in Healthcare Page 10

Funding of staff posts and services Page 11

Patient welfare Page 11

Purchase of equipment Page 12

Staff welfare Page 13



## 6 Fundraiser and Volunteer Achievements Page 14

Reference and Administration Details Page 18

## 7 Governance Page 19

Trustee Arrangements Page 20

Governing Document Page 20

Structure, Governance and Management Page 21

Charity Committee Meetings Page 22

Governance Page 23

## 8 Finance Page 24

Financial Management Page 25

Investments and Investment Policy Page 26

Risk Management Page 27

Reserves Page 27

Future plans Page 28

Statement of Trustee's Responsibilities Page 29

## 9 Independent Examiner's report Page 30

Statement of Financial Activities for the year ended 31 March 2025 Page 33

Balance Sheet as at 31 March 2025 Page 34

Statement of Cash flows for the year ended 31 March 2025 Page 35

Notes to the Accounts Page 36

## 10 Ways in which to support our charity Page 46

1

# MESSAGE FROM THE CHAIR-

## Ama Agbeze Chair of Charitable Funds Committee

Welcome to the East Sussex NHS Charity Annual Report for 2024/25.

Our Charity exists to support the vital services provided by East Sussex Healthcare NHS Trust, enhancing care for both patients and staff.

Thanks to the continued generosity of our donors, the Charity remains in a strong financial position, with a closing balance of £2 million. These funds will be invested in patient services, staff wellbeing, and facilities, helping to improve the safety and quality of care across the Trust.

Over the past year, we received £168,000 in donations from individuals, businesses, and grant-making bodies, along with £57,000 in legacies. We are deeply grateful to Anne Helena Monk and Moya Phillips, whose philanthropic legacies will live on through the care we provide. We also extend our thanks to David Balch, who generously bequeathed a campervan to the Charity, raising £13,500.

A special tribute goes to Reg Coomber, who raised an extraordinary £50,000 through a sponsored swim, despite undergoing cancer treatment from the Trust. Reg sadly passed away after completing his challenge, but his courage and generosity continue to inspire us all.



Thanks to this incredible support, the Charity has been able to fund £237,000 in grants, covering medical equipment, staff welfare, education and training, and patient amenities; these are all areas that would otherwise be beyond the Trust's reach.

None of this would be possible without the kindness of our donors. We extend our heartfelt thanks to each and every one of you. This report highlights the meaningful impact your support has made and can continue to make.

This year also marked the retirement of our longstanding Charity Manager, Mike Eastwood. Mike's dedication has been invaluable, particularly in refreshing the Charity's image with a new name, logo, and website. As we reflect on how best to support the Trust in the future, we have chosen to pause recruitment for his replacement to ensure we find the right person for the next chapter.

This report outlines our achievements, the ways we support patients and staff, and includes the Charity's financial statements for the year ending 31 March 2025.

Our annual report complies with the Statement of Recommended Practice for charities preparing accounts under the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

We hope you'll be inspired by our work and consider joining us - whether as a fundraiser, donor, volunteer, or committee member. To get involved, please contact us at [esht.charity@nhs.net](mailto:esht.charity@nhs.net).

### **Ama Agbeze**

Chair of East Sussex NHS Healthcare Trust Charity



## 2

# ABOUT EAST SUSSEX HEALTHCARE NHS CHARITY

East Sussex Healthcare NHS Charity, formerly East Sussex Healthcare NHS Trust Charitable Fund was formed in October 1996 and is registered with the Charity Commission, the Charity Number is 1058599.

## Our Vision:

To provide support to East Sussex Healthcare NHS Trust to enhance patient care and achieve better health outcomes within our hospitals and community.

## Our Core Priorities:

- Supporting patient care will continue to be at the heart of everything that we do, as we want patients to have the best possible experience during their stay in the Trust. We will work with our NHS colleagues to support key programmes and services that will enhance the treatment that is offered to patients.
- Creating the right workplace is key to improving patient care. We will support NHS colleagues in transforming the way their services are delivered. We will also support transformative projects aligned with the Trust's strategic priorities.
- Supporting our staff is crucial in ensuring that patients receive the best possible care. We will work with the Trust to build upon existing and new wellbeing activities and to support further improvements to staff spaces and facilities.



## Our Hospitals:

We are dedicated to raising funds for our four hospitals, as well as supporting our services in the community.

- Bexhill Hospital
- Conquest Hospital
- Eastbourne District General Hospital
- Rye And Winchelsea District Memorial Hospital

## Our Funds:

At 31 March 2025 the Charity had 93 unrestricted funds and 5 quality funds linked to Bexhill Hospital, Community Services, Conquest Hospital, Eastbourne District General Hospital and an overarching Trust fund. These funds are used to fund Trust wide initiatives as well as bids specific to particular locations.

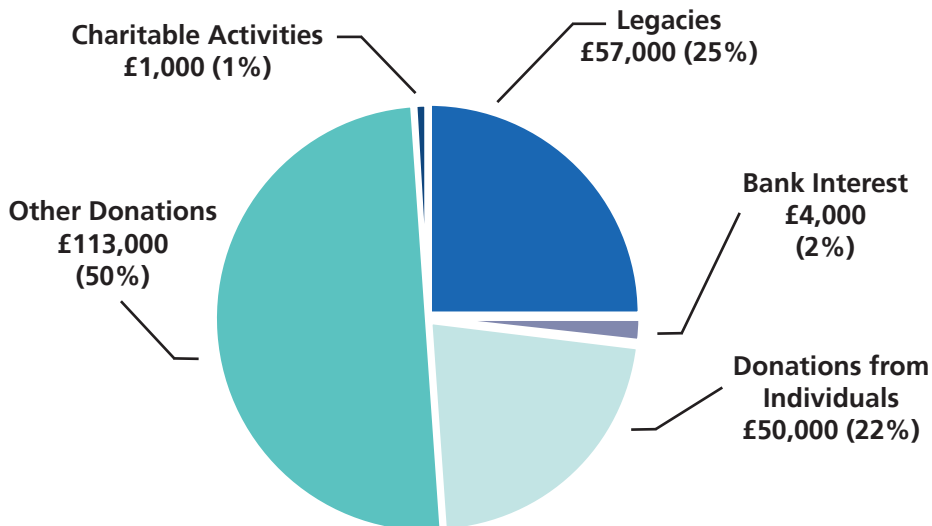
The Charity has a further 19 restricted funds, which include money received from NHS Charities Together for specific projects, and the Eastbourne District General Hospital Scanning Equipment Fund which is for the benefit of the Intensive Care and Radiology.



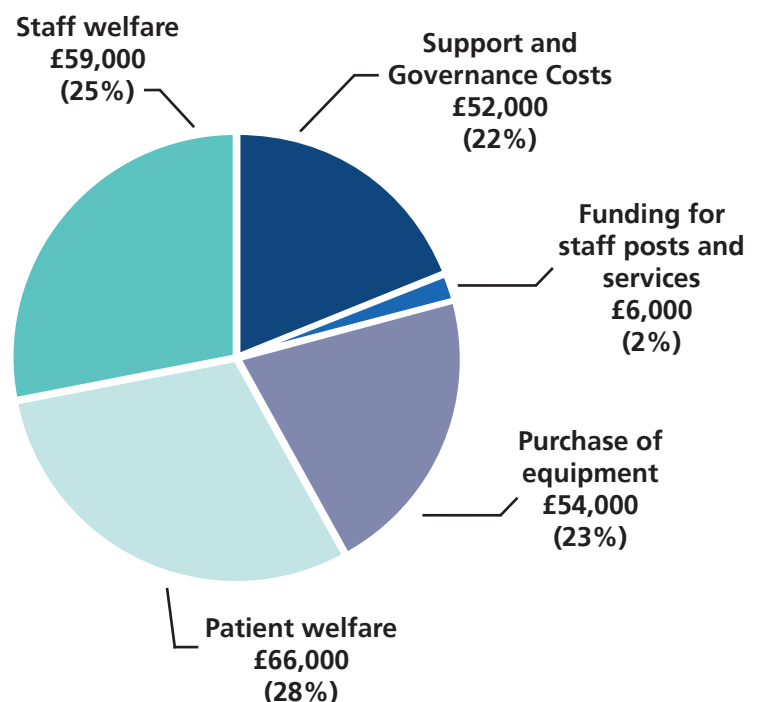
## 3

# THE YEAR IN NUMBERS

During 2024/25 ESHTCF received income of £225,000 from donations, legacies, investment income and charitable activities.



ESHTCF spent £237,000 during the year on charitable activities, as shown below. Refer to note 3 and 4. This was funded from income of £225,000 and a £12,000 reduction in reserves, excluding fundraising expenditure.



## 4

## HOW WE HELPED:

### Sertain S4540 Intensive Care and Trauma Chair

The Critical Care team at Conquest used charitable funds to purchase a Sertain S4540 Intensive Care and Trauma Chair; the chair helps improve patient care by enabling safe and early mobilisation from bed to chair, which supports faster recovery, better respiratory function, and reduced complications. Its design allows full recline for easy lateral transfers, reducing manual handling risks for staff, while features like pressure-relieving cushions and adjustable positioning enhance patient comfort and safety. This combination promotes rehabilitation and improves overall outcomes in critical care and trauma settings.



### Neptune Hydrotherapy Pool Lift

The Physiotherapy team at Eastbourne DGH used donated funds to place an order for a Neptune Hydrotherapy Pool Lift. This will help to ensure that all patients, regardless of their mobility levels, can access the pool as part of their physical rehabilitation. This purchase was made possible through an extraordinarily generous donation from a single patient to whom we are incredibly grateful.



5

# BIDS APPROVED OF OVER £500 DURING 2024/25



## Arts in Healthcare

Description	Amount
Sale of artwork: Oil on canvas, title "Still Life" by Angela Cummins - reimbursement to artist	£1,350.00

## Funding of staff posts and services

Description	Amount
Accreditation fee for Skills for Adjusting Diet and Insulin in East Sussex DSME Programme	£2,500.00

## Patient welfare

Description	Amount
Improvements to Courtyard No.5 at EDGH for the benefit of patients and staff	£23,079.00
1-year renewal of subscription to MyHeart app (used by cardiology patients)	£6,900.00
Equipment shed for Urgent Community Response and HIT team	£4,258.36
Supplies for Head and Neck Cancer Patients	£2,500.00
Blackout blinds for clinical and admin areas to support more efficient working and assessment: Diabetic Eye Screening Programme	£2,464.80
Training and equipment for Ivy Team	£2,298.00
Chin Straps for use with Paxman scalp cooling equipment (x100) - to help prevent hair loss in chemotherapy patients	£1,950.00
200 x Udderly cream - intensive moisturiser to allow patients to continue treatments that dry the skin	£1,917.60
200 x Udderly Cream - heavy duty moisturiser to support comfort of patients and speed up treatment courses	£1,598.00
Irvine Unit Pergolas x 3	£1,546.56
2x patient positioning kits for the Stroke Unit	£1,464.80
Waterproof PICC covers, size large x 50 - lets patients shower while protecting PICC line and reducing risk of infection	£951.00
60 (30x Medium & 30x Large) Limbo PICC Protectors	£864.00
Venue hire costs for Skills for Adjusting Diet and Insulin (SADIE) courses (x3)	£840.00
Accommodation for SADIE and Carbohydrate Awareness Programme - September to December 2024	£836.00
Surgery preparation books	£660.00
Accommodation for SADIE and Carbohydrate Awareness Programme - June to August 2024	£506.00

## Purchase of equipment

Description	Amount
2x Patient Treatment Chairs for Intravitreal injections for the Dowling Unit, Bexhill	£26,534.00
Arjo Neptune Pool Hoist + 2 stretcher bed + 2 chair attachments	£22,897.10
Sertain S4540 Intensive Care & Trauma chair	£6,921.00
Verona Minor Ops Therapy Chair to increase efficiency of procedures and comfort of patients	£6,059.20
Enteral pH readers x2	£4,709.62
Refurbishment and furniture costs for a 'quiet room' adjacent to the ward to give a peaceful and confidential space	£3,273.00
3 x reclining chairs	£2,018.40
Simulaids Adult Airway Management Training Manikin - to help deliver more efficient training	£1,956.00
2x Sara Steady movement aids	£1,860.00
Patient wheelchair for EDGH critical care - Caremed Rea Azalea wheelchair	£1,466.00
2x sofa beds for parents' rooms in the Special Care Baby Unit	£1,041.60
Electronic wheelchair weighing scales	£917.99
3x Mindray oximeters - for continuous monitoring	£891.00
Hoist Weighing Attachment - for patients to have a full assessment when having a home visit	£868.00
60 Medium Limbo PICC Protectors	£864.00
Additional sitting scale for infusion unit - to help assess patients more quickly	£690.00
Paxman Cap Complete - to help prevent hair loss in patients receiving cancer treatment	£606.00
Paxman cold caps for Pevensey Ward	£576.00
Bariatric chair	£556.20

## Staff Welfare

Description	Amount
OPD Booking Dept. EDGH Office Improvements	£5,520.00
Roast Dinner meal for staff working Christmas day lunch and buffet for Christmas supper and nights	£5,000.00
Call-off amount for retirement celebration events on both acute sites	£3,000.00
£20 voucher for all Critical Care Staff (CQ)	£1,720.00
Away day for Dietitians - Room hire and Lunch for 40 people within the Dietetic Team on 13th June at Bannatyne Hastings	£1,203.00
Executive visit treats for staff - chocolates for all sites	£1,080.00
European Society for Clinical Nutrition and Metabolism (ESPEN) conference - expenses for attendance	£950.00
Picnic table for Crisis Response staff - to give them a relaxing outdoor space for eating or non-private conversations	£870.00
Membership for the UK Ophthalmology Alliance	£800.00
Room booking and refreshments for patient experience engagement event	£720.00
British Association for Cardiovascular Prevention and Rehabilitation Exercise Instructor Training	£675.00
Training/education for Nurse – Advanced TB Course, it will provide more resilience in the team and support in meeting demand	£660.00
Seating for staff room (2-seater)	£630.60
New chairs for staff room	£630.60
3 x Pevensey Ward Staff to attend "The Royal Marsden Haemato-Oncology Study Day" & Reimbursement of travel expenses	£600.00
Money to fund winning ideas from Clinical Audit Awards 2025	£600.00
Attendance expenses incurred by staff member joining European Robotic Urology Section conference	£575.96
Costs incurred by staff member attending the ESPEN conference 2023 in Lyon	£535.00
Conquest Bereavement Office Enhancement	£527.48

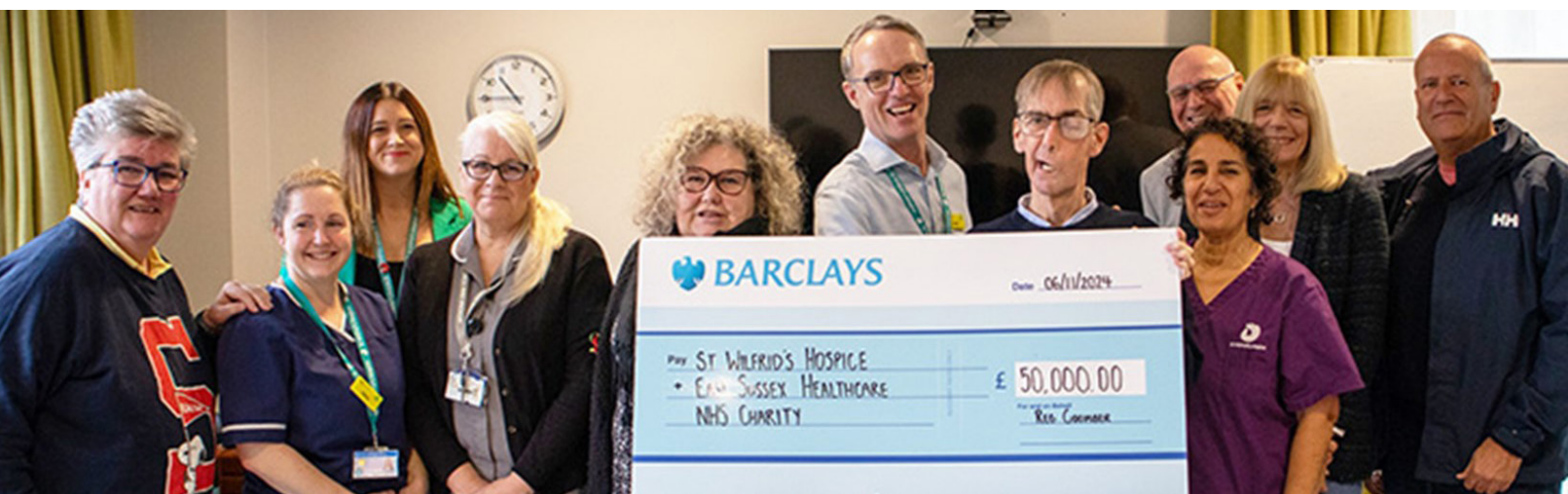
## 6

# Fundraiser And Volunteer Achievements

## Amazing Reg raises thousands to help cancer patients

Reg Coomber, who was receiving ongoing treatment at the Trust and at St Wilfrid's Hospice for his Head and Neck Cancer, carried out a sponsored 300 metre swim in December 2024, raising an amazing £50,000 for our charitable fund and St Wilfrid's Hospice.

Reg was motivated to start fundraising to help other cancer patients going through really challenging times. He trained for over five months to regain a suitable fitness level, and the swim took place at the Hillbrow Centre in Eastbourne.



After the swim Reg said: "I did it, I completed the challenge – swimming 16 lengths in the end, willed on by a fantastic bunch of supporters along with Colin and Sharon supporting me in the pool. I couldn't have done it without you all. On behalf of St Wilfrid's Hospice, East Sussex Healthcare Charity and all those fighting cancer, from the bottom of my heart, I thank you."

Dee Daly, Governance and Quality Lead for Cancer and Core Services at the Trust said: "What Reg has done is amazing, and we can't thank him enough, along with all the people who supported and sponsored him, for this fantastic donation."

“Our Cancer Charitable Fund supports cancer patients and their loved ones with small grants to help them with bills, support them with some of the significant impacts on their lives that a cancer diagnosis can have, and we also help people create happy memories with children and grandchildren.”

“We also support our amazing teams with some of their training and with the purchase of highly specialist equipment and supplies for patients. We will be able to do so much to support patients with this phenomenal contribution.”

One of the first things the Charity purchased using this incredible donation was supplies of mouthwashes and specialist oral moisturisers to support Head and Neck Cancer patients following surgery and radiotherapy.

Sadly, Reg has since passed away but the funds he raised continue to support our cancer patients and his legacy lives on. purchase of highly specialist equipment and supplies for patients. We will be able to do so much to support patients with this phenomenal contribution.”

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## EDGH Courtyard No. 5 Transformation Project

Thanks to the generosity of donors to East Sussex Healthcare NHS Charity and the EDGH League of Friends, funding was secured to transform Courtyard No. 5 into a vibrant, welcoming space for patients, visitors, and staff. Once an underused area with poor landscaping and no seating, the courtyard has now been redesigned to promote wellbeing and connection.



The project has introduced accessible pathways for wheelchair users and bed-bound patients, sustainable landscaping, new seating around the cherry tree, and a pergola for quiet conversations. Other features include solar-powered lighting, a sound board for calming nature sounds, and a rainwater recycling system. This green oasis will provide a therapeutic environment that supports recovery, boosts staff morale, and reflects our commitment to creating a healing, patient-focused hospital.



## ESHT Celebrates our Pennies from Heaven Silver Award

The Charity was delighted that ESHT won a 2024/25 Silver Pennies from Heaven Award in recognition of its outstanding commitment to workplace giving and the remarkable generosity of our workforce. Since the Trust joined the scheme in 2008, it has raised an incredible £68,500, demonstrating our culture of inclusivity and a desire to make societal impact by giving back.

Last year colleagues voted to split the funds raised between our three chosen charities equally. This meant that the £9,583 raised since then has resulted in St Wilfrid's Hospice in Eastbourne, St Michael's Hospice in Hastings and East Sussex Healthcare NHS Charity each receiving a fantastic £3,194.



## Reference and Administration Details

<b>Registered Charity Name</b>	East Sussex Healthcare NHS Trust Charitable Funds
<b>Working Name</b>	East Sussex Healthcare NHS Charity
<b>Registered Charity Number</b>	1058599
<b>Registered Address</b>	St Anne's House 729 The Ridge St Leonards-on-Sea East Sussex TN37 7PT
<b>Contact Details</b>	Email: <a href="mailto:esht.charity@nhs.net">esht.charity@nhs.net</a> Tel: 0300 131 4500
<b>Principle Professional Advisors</b>	<b>Bankers:</b> Lloyds Bank plc 2 City Place Beehive Ring Road Gatwick West Sussex RH6 0PA
	<b>Solicitors:</b> Bevan Britten Kings Orchard 1 Queen Street Bristol BS2 0HQ
	<b>Independent Examiner:</b> Grant Thornton LLP 8 Finsbury Circus London EC2M 7EA

7

# GOVERNANCE



## Trustee Arrangements:

East Sussex Healthcare NHS Trust (ESHT) is the sole Trustee of the Charity. The Trustee confirms that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

The Charity Committee Members of ESHTCF during the year, 1 April 2024 to 31 March 2025 were as follows:

### Chair:

Ama Agbeze

### Committee Members:

Ama Agbeze  
Karen Manson  
Dr Tom Bate  
Angela Colosi  
Mike Eastwood  
Beth Attwood  
Jaquie Fuller  
Richard Milner  
Pete Palmer  
Paresh Patel  
Laura Ransom  
Damian Reid



## Governing Document

ESHTCF's governing document is the Model Declaration of Trust as registered with the Charity Commission. This provides that the Trustees shall hold the funds on trust to apply the income and, at their discretion so far as may be permissible, the capital for any charitable purpose or purposes relating to the National Health Service wholly, or mainly, for the services provided by ESHT, Sussex Integrated Care Board (ICB).



## Structure, Governance and Management

Under the provisions of the Charities Act 2011, the Charity Commission has agreed that ESHTCF should be treated as a single Charity for the purposes of Part 4 of the Act for registration and of Part 8 of the Act for accounts.

The Charity had five registered non-trading subsidiary charities as at 31 March 2025:

- East Sussex Healthcare NHS Trust Ward Fund;
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund;
- East Sussex Healthcare NHS Trust Education Fund;
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund; and
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund.

The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is the pooling scheme fund for holding all funds.



## Charity Committee Meetings

The Committee should meet at least four times a year in order to consider any bids for over £5k and to review the management of the Charity. Reports presented to Trustees include information about income and legacies, expenditure, investment performance, and fund balances. The Committee met four times in 2024/25.



## Governance

The Trustee delegates responsibility for the day-to-day management of the charitable funds to the Chief of Staff and the Chief Finance Officer.

The Chief of Staff is responsible for:

- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager (until November 2024).

The Chief Finance Officer is responsible for:

- ensuring that full accounting records are maintained;
- ensuring the accounts of Charitable Funds show a true and fair view of the year's activity;
- ensuring there is a system of control for all transactions related to expenditure and income;
- ensuring that there is robust oversight of the accounting records; and
- ensuring the accurate reporting of the in-year position to both Trustees and fund holders.

The principal officer overseeing the day-to-day financial management and accounting for the charitable funds for the accounting period 1 April 2024 to 31 March 2025 was the Chief Finance Officer, Damian Reid. During the new financial year 2025/26, the Chief Finance Officer, Damien Reid was replaced by Andrew Strevens.

The principal officer overseeing the day-to-day administration and governance for the charitable funds for the accounting period 1 April 2024 to 31 March 2025 was Board Secretary, Pete Palmer.



8

# FINANCIAL MANAGEMENT



## Financial Management

Expenditure budgets for administration, governance and fundraising costs are approved by the Trustees at the start of the financial year and are monitored throughout the year.

The Charity manages its Charitable Activity spending through appointed fundholders for the individual funds. These fundholders manage the funds on a day-to-day basis with agreed authorisation limits, and in accordance with the Trust's Standing Financial Instructions and Orders. Each fund holder receives a quarterly financial statement of their fund which details income, expenditure and fund balances for the period.

The Charity receives expenditure applications from staff throughout the year which are authorised by the fundholder and submitted to the Board Secretary, who reviews all applications to ensure that they meet the objectives of the Charity for quality, value for money and patient benefit. Where an application exceeds £5,000 the fundholder is required to present the application to the Charity Committee for approval. Where any expenditure is considered inappropriate, feedback is given to the fund manager.

The Charity does not directly employ any staff; the Charity enjoys and values the services of volunteers but is not wholly dependent on them. The Charity is not financially dependent upon the support of any individuals, corporations or specific classes of donors. No funds are held by the Charity on behalf of individuals.



## Investments and Investment Policy

The Charity aims to enhance the value of its funds through sound investment.

The Investment Portfolio is managed by Greenbank Investments, with the aim of enhancing the value of the funds by sound investment, while ensuring the protections of the capital invested.

The total value of the investment portfolio at 31 March 2025 was £1.9m. The return on investment for the year was a decrease of 4%, resulting in a £72k loss (2023/24 increase of 4% and a gain of £83k).



## Risk Management

The major risks to which the Charity is exposed have been identified and reviewed with systems established to mitigate them. The Charity relies on and benefits from the financial controls framework of ESHT.

The most significant risks identified were:

1. possible losses from a fall in the value of the investments; and
2. reputational damage leading to a sudden and dramatic fall in donations.

Both risks have been carefully considered and mitigating procedures put in place. Regular review of the investment policy ensures that both spending and firm financial commitments remain in line with income. Both income and expenditure are monitored by the Committee on a quarterly basis in order that any trends can be identified at an early stage in order to avoid unforeseen calls on reserves.

## Reserves

ESHTCF hold reserves that are considered to be needed to fund planned expenditure. The Charity acknowledges that charitable donations received need to be spent on patient and staff amenities wherever possible and should not be used to build up reserves.

The reserves of the Charity at 31 March 2025 consisted of £1,755,000 unrestricted funds and £324,000 restricted funds. The Charity regularly reviews all funds held to ensure they remain active and where appropriate, a fund which is inactive for a period greater than 18 months will be closed and the funds transferred to the most relevant quality general fund to ensure that they are spent in a timely manner.



## Future plans

In accordance with Charity Commission directives, it is the Charity's continued intention to expend funds for the benefit of both staff and patients.

The Charity will be hoping to consolidate the good progress made over the last few years into 2025/26. We will aim to increase awareness of the Charity amongst ESHT colleagues, encouraging them to utilise their available charitable funds in a way that is supportive of our patients, communities and staff.

The charity will continue to build on links with the Friends of Eastbourne Hospital, Friends of Conquest Hospital, The League of Friends of Bexhill Hospital, The Friends of the Rye, Winchelsea and District Memorial Hospital and The League of Friends of Uckfield Community Hospital, using our resources to support the amazing work that they do for the Trust. By working collaboratively, we hope that the organisations will be able to provide greater support for the Trust moving forward.

The Chief Finance Officer, Damien Reid left the Trust in April 2025 to take up another position and has since been succeeded by Andrew Strevens.



## Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Charity's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustee to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of the resources of the Charity for the year. In preparing those financial statements the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP FRS 102;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business; and
- ensure the financial statements comply with the Trust Deed.

The Trustee is responsible for keeping accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and regulations made thereunder. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Charity Committee on behalf of the Corporate Trustee on 28 January 2026 and signed on their behalf by:

Signed:

Ama Agbeze  
Chair



9

# INDEPENDENT EXAMINER'S REPORT TO THE CORPORATE TRUSTEE OF EAST SUSSEX HEALTHCARE NHS CHARITY



# Independent examiner's report to the corporate trustee of East Sussex Healthcare NHS Charity

I report to the trustee on my examination of the accounts of East Sussex Healthcare NHS Charity (the Charity) for the year ended 31 March 2025.

## Responsibilities and basis of report

As the charity trustee, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). The charity's corporate trustee considers that an audit is not required for this financial year under section 14 of the Charities Act 2011 and elected that an independent examination is conducted under section 149(3) of the Charities Act 2011.

I report in respect of my examination of the Charity's accounts as carried out under section 149 of the Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 149(5) (b) of the Act.

## Independent examiner's statement

Your examiner must be a member of a body listed in section 149(3A) of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Institute of Public Finance and Accountancy, which is one of the listed bodies.

I have completed my examination. I confirm that no matter has come to my attention in connection with the examination which gives me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with these records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008, other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Our report is made solely to the Charity's corporate trustee, as a body, in accordance with section 154 of the Charities Act 2011. Our work has been undertaken so that we might state to the Charity's corporate trustee those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's corporate trustee as a body, for our work or for the independent examiner's report, or for the opinions we have formed.

*John Paul Cuttle*

John Paul Cuttle, CPFA

Chartered Institute of Public Finance and Accountancy

Grant Thornton UK LLP  
Chartered Accountants

London  
28 January 2026

## Statement of Financial Activities for the year ended 31 March 2025

	Note	2024/25	2024/25	2024/25	2023/24
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
<b>Income and endowments from</b>					
Donations	2.1	111	52	163	115
Legacies	2.2	57	-	57	23
Charitable activities	2.3	1	-	1	23
Investments	2.4	4	-	4	-
<b>Total income</b>		<b>173</b>	<b>52</b>	<b>225</b>	<b>161</b>
<b>Expenditure on Charitable activities</b>					
Patient welfare		(89)	(2)	(91)	(68)
Funding for staff posts and services		(10)	1	(9)	(18)
Staff welfare		(45)	(27)	(72)	(100)
Purchase of equipment		(39)	(26)	(65)	(55)
<b>Spend on charitable activities</b>		<b>(183)</b>	<b>(54)</b>	<b>(237)</b>	<b>(241)</b>
Fundraising		(1)	(1)	(2)	(6)
Transfer of funds		-	-	-	(78)
<b>Total expenditure</b>	<b>3-4</b>	<b>(184)</b>	<b>(55)</b>	<b>(239)</b>	<b>(325)</b>
Net gains/(losses) on investments	7.1	(72)	-	(72)	(83)
<b>Net movement in funds</b>	<b>6</b>	<b>(83)</b>	<b>(3)</b>	<b>(86)</b>	<b>(81)</b>
<b>Reconciliations of funds</b>					
Fund balances brought forward at 1 April		1,838	327	2,165	2,246
<b>Fund balances carried forward at 31 March</b>		<b>1,755</b>	<b>324</b>	<b>2,079</b>	<b>2,165</b>

## Balance Sheet as at 31 March 2025

	Note	2024/25	2024/25	2024/25	2023/24
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
<b>Non-current assets</b>					
Investments	7	1,786	117	1,903	1,975
<b>Total non-current assets</b>		<b>1,786</b>	<b>117</b>	<b>1,903</b>	<b>1,975</b>
<b>Current assets</b>					
Cash and cash equivalents		28	233	261	351
<b>Total current assets</b>		<b>28</b>	<b>233</b>	<b>261</b>	<b>351</b>
<b>Liabilities</b>					
Creditors falling due within one year	9	(59)	(26)	(85)	(161)
<b>Net current liabilities</b>		<b>(31)</b>	<b>207</b>	<b>176</b>	<b>190</b>
<b>Total net assets</b>		<b>1,755</b>	<b>324</b>	<b>2,079</b>	<b>2,165</b>
<b>Funds of the Charity</b>					
Unrestricted		1,755	-	1,755	1,838
Restricted		-	324	324	327
<b>Total funds</b>	11	<b>1,755</b>	<b>324</b>	<b>2,079</b>	<b>2,165</b>

The notes at pages 36 to 45 form part of these accounts.

Approved and authorised for issue by the Trustees on 28 January 2026 and signed on their behalf.

**Ama Agbeze**  
Chair  
Date: 28-01-2026

**Andrew Stevens**  
Chief Finance Officer  
Date: 28-01-2026




## Statement of Cash flows for the year ended 31 March 2025

	Note	2024/25	2023/24
		Total Funds	Total Funds
		£000	£000
<b>Cash flows from operating activities:</b>			
Net expenditure for the reporting period		(86)	(81)
<b>Adjustments for:</b>			
(Gains)/losses on investments	7.1	72	(83)
(Increase)/decrease in debtors		-	-
Increase/(decrease) in creditors		(76)	26
<b>Net cash used in operating activities</b>		<b>(90)</b>	<b>(138)</b>
<b>Cash flows from investing activities</b>			
Proceeds from sale of investments		-	350
<b>Net cash provided by investing activities</b>		<b>-</b>	<b>350</b>
<b>Change in cash and cash equivalents in the reporting period</b>		<b>(90)</b>	<b>212</b>
<b>Cash and cash equivalents at 1 April</b>		<b>351</b>	<b>139</b>
<b>Cash and cash equivalents at 31 March</b>		<b>261</b>	<b>351</b>

## Notes to the Accounts

### 1. Accounting Policies

#### 1.1. Accounting Convention

The financial statements have been prepared under the historic cost convention, as modified for the revaluation of certain investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The Trust constitutes a public benefit entity as defined by FRS 102.

The Trustee considers that there are no material uncertainties affecting the accounts or the Charity's ability to continue as a going concern and that no subsequent events have been identified which would be material and would require adjustment in the statements to 31/03/2025. The Trustee confirms that they are satisfied that charity reserves are more than sufficient to cover ongoing liquidity needs and pay creditors as they fall due for a period of at least 12 months from the date of signing the statements.

#### 1.2. Income Recognition

All income is recognised and included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- Entitlement: control over the rights or other access to the economic benefit has passed to the Charity.
- Probable: it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity.
- Measurement: the monetary value or amount of both the income and the costs to complete the transaction can be measured reliably.

Income from legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled or are within the Charity's control to fulfil.

### **1.3. Expenditure Recognition**

The accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies.

Support and Governance costs are accounted for on an accruals basis and are recharges of appropriate proportions of the ESHT costs, audit or independent examination fees, fund raising consultancy, support for the accounting software and Trustee Indemnity Insurance.

Support and Governance costs are apportioned between the unrestricted funds based on the average fund balance for the year.

### **1.4. Structure of funds**

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Unrestricted funds held within the Charity are disclosed in note 11.

### **1.5. Investments**

Investments are shown at bid price, which is used to measure fair value for accounting purposes of shares that are traded in an active market. The investments are valued at closing unit prices and the net gains and losses on revaluations and disposals are included on the Statement of Financial Activities.

### **1.6. Gains and losses**

All gains and losses are taken to the Statement of Financial Activities as they arise.

Gains and losses on investments are calculated as the difference between sales proceeds and opening fair value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between fair value at the year end and opening fair value (or date of purchase if later).

### 1.7. Pooling scheme

An official pooling scheme, the East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is operated for investments relating to the following funds:

- East Sussex Healthcare NHS Trust Ward Fund
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund
- East Sussex Healthcare NHS Trust Education Fund
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund

The Scheme was registered with the Charity Commission on 17 March 1998.

### 1.8. Related Party Transactions

The Trustee of the ESHTCF is East Sussex Healthcare NHS Trust.

ESHT is the major recipient of funds of the Charity and received grants from the Charity totalling £176,000 during the year (2023/24 £184,000). Refer to note 4.

ESHT charged a management fee to the Charity of £38,000 (2023/24 £45,000) to recharge administrative costs and services provided. Refer to note 4.

The Charity owed ESHT £25,000 at 31 March 2025 (£82,000 31 March 2024). Refer to note 9.

None of the members of ESHT Board, senior staff or parties related to them were beneficiaries of the Charity. None of the Trustees or other Members of ESHT Board has received honoraria, emoluments, or expenses in the year.

### 1.9. Debtors

Debtors are amounts owed to the Charity. They are measured based on their recoverable amount. There were no debtors in the current year 2024/25 or the prior year 2023/24. Refer to note 8.

### 1.10. Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments.

### 1.11. Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt. There are no amounts which are owed in more than a year. Refer to note 9.

## 2. Details of Income

### 2.1. Donations

	Unrestricted Funds	Restricted Funds	Total 2024/25	Total 2023/24
	£000	£000	£000	£000
Donations from individuals	50	-	50	29
Other trading activities	-	-	-	-
Other	61	52	113	86
<b>Total voluntary income</b>	<b>111</b>	<b>52</b>	<b>163</b>	<b>115</b>

### 2.2. Legacies

S D Stringer	-	-	-	1
S M Lister	-	-	-	5
P L Ellis	-	-	-	17
J M Bullock	23	-	23	-
S D Stringer	2	-	2	-
S M Lister	18	-	18	-
P L Ellis	14	-	14	-
<b>Total legacies</b>	<b>57</b>	<b>-</b>	<b>57</b>	<b>23</b>

### 2.3. Charitable Activities

Training courses	1	-	1	23
<b>Total charitable activities</b>	<b>1</b>	<b>-</b>	<b>1</b>	<b>23</b>

### 2.4. Gross Income from Investments

Bank Interest	4	-	4	-
<b>Total income from investments and cash on deposit</b>	<b>4</b>	<b>-</b>	<b>4</b>	<b>-</b>

Bank interest is recorded in the period in which it is received and is allocated to the unrestricted funds based on the average fund balance for the year.

### 3. Analysis of charitable expenditure before allocation of Support and Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2024/25	Total 2023/24
	£000	£000	£000	£000
Arts in Healthcare	23	2	25	25
Other patients welfare and amenities	41	-	41	22
<b>Patient welfare total</b>	<b>64</b>	<b>2</b>	<b>66</b>	<b>47</b>
Funded staff posts and services	4	(1)	3	25
Funding for Professional Fees	3	-	3	(10)
<b>Funding of staff posts and services total</b>	<b>7</b>	<b>(1)</b>	<b>6</b>	<b>15</b>
Support to staff training	8	2	10	13
Other support to staff welfare and amenities	24	25	49	70
<b>Staff welfare total</b>	<b>32</b>	<b>27</b>	<b>59</b>	<b>83</b>
Purchase of equipment	28	26	54	37
Fundraising	1	1	2	6
Transfer of Funds	-	-	-	78
<b>Total charitable expenditure</b>	<b>132</b>	<b>55</b>	<b>187</b>	<b>266</b>

All charitable expenditure is classified as grant funded activities.

#### 4. Analysis and Allocation of Support and Governance Costs

	2024/25	2023/24
	Total Funds	Total Funds
	£000	£000
Computer Expenses	5	4
Administration fee	12	12
<b>Total support costs</b>	<b>17</b>	<b>16</b>
Independent Examiner's fee	9	9
Indemnity insurance	-	1
Governance fee	26	33
<b>Total governance costs</b>	<b>35</b>	<b>43</b>
<b>Total support and governance costs</b>	<b>52</b>	<b>59</b>

The support costs and governance costs attributable to charitable activities is apportioned based on the total expenditure for the year for each charitable activity as shown in the table below. The management fee charged to the Charity is made up of the Administration and Governance fee. Charge for the current year is £38,000 (2023/24 £45,000).

	2024/25	2024/25	2024/25	2023/24
	Grant funding of activities	Support and Governance Costs	Total Funds	Total Funds
	£000	£000	£000	£000
<b>Allocation of support and governance costs</b>	Note 3			
Patient welfare	66	25	91	68
Funding for staff posts and services	6	3	9	18
Staff welfare	59	13	72	100
Purchase of equipment	54	11	65	55
<b>Active continuing funds</b>	<b>185</b>	<b>52</b>	<b>237</b>	<b>241</b>
Fundraising	2	-	2	6
Transferred funds	-	-	-	78
<b>Total allocated</b>	<b>187</b>	<b>52</b>	<b>239</b>	<b>325</b>

The Total allocated Grant funding of activities consists of Grants paid in year to ESHT £176,000 (2023/24 £184,000) and Grants paid to individuals in year £11,000 (2023/24 £4,000).

## 5. Examiner's remuneration

The Independent Examiner's remuneration as per the audit plan of £9,000 including VAT, (2023/24 £9,000) related solely to the independent examination with no other additional work undertaken. Refer to note 4.

## 6. Changes in Resources Available for Charity Use

	2024/25	2024/25	2024/25	2023/24
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£000	£000	£000	£000
Net movement in funds for the year	(83)	(3)	(86)	(81)
<b>Net movement in funds available for future activities</b>	<b>(83)</b>	<b>(3)</b>	<b>(86)</b>	<b>(81)</b>

## 7. Analysis of Investments

### 7.1. Investments

	2024/25	2023/24
	Total	Total
	£000	£000
Market value at start of period	1,975	2,242
Net gains/(losses) on revaluation and sales	(72)	83
Investment withdrawal	-	(350)
<b>Market value at end of period</b>	<b>1,903</b>	<b>1,975</b>
<b>Historic cost at end of period</b>	<b>1,933</b>	<b>1,861</b>

## 7.2. Market Value

	31 March 2025	31 March 2024
	£000	£000
<b>Investment Portfolio</b>		
Greenbank Investments	1,903	1,975
<b>Total</b>	<b>1,903</b>	<b>1,975</b>

## 8. Analysis of Debtors

As at 31 March 2025 the Charity had no debtors.

## 9. Analysis of Creditors

	Balance 31 March 2025	Balance 31 March 2024
	£000	£000
<b>Falling due within one year</b>		
Accruals and deferred income	60	79
Other creditors	25	82
<b>Total creditors</b>	<b>85</b>	<b>161</b>

## 10. Contingent Asset

The Charity stores and displays various pieces of artwork within East Sussex Healthcare NHS Trust sites which are intended to enhance the environment for patients, visitors, and staff. At the reporting date the ownership and funding source cannot be conclusively determined and as a result the artworks are not recognised in the Charity's financial statements, no valuation has been applied, and no depreciation has been recorded. The Charity maintains an inventory to safeguard these items of art. Should ownership be confirmed in the future, the Charity will update its accounting treatment accordingly.

## 11. Analysis of Funds

### 11.1.

	Balance 31 March 2025	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2024
	£000	£000	£000	£000	£000	£000
<b>Unrestricted funds</b>	<b>1,755</b>	<b>173</b>	<b>(184)</b>	<b>-</b>	<b>(72)</b>	<b>1,838</b>
Arts in Healthcare	3	2	(2)	-	-	3
Bereavement Services	1	1	-	-	-	-
Bladder Cancer ID and Prediction Project	1	-	1	-	-	-
Conquest Courtyards	11	1	-	-	-	10
COVID - Deaf App	10	-	-	-	-	10
COVID - General	27	-	-	-	-	27
COVID - Nursing Fund	2	-	-	-	-	2
COVID - Sunflower Scheme	1	-	-	-	-	1
COVID - Trauma Therapist	-	-	(23)	-	-	23
COVID - TRiM Training	13	-	(3)	-	-	16
Dowling Retinal Suite	-	27	(27)	-	-	-
EDGH Scanning Equipment for Intensive Care and Radiology	145	-	-	-	-	145
Kipling Music	-	-	-	-	-	-
Lewes Victoria Hospital	14	-	-	-	-	14
Maternity Bereavement Suite	43	21	-	-	-	22
NHSCT Development Project	20	-	(1)	-	-	21
Pooja Sharma Memorial	2	-	-	-	-	2
Workscape Project	-	-	-	-	-	-
Youth Volunteering Project	31	-	-	-	-	31
<b>Total Restricted Funds</b>	<b>324</b>	<b>52</b>	<b>(55)</b>	<b>-</b>	<b>-</b>	<b>327</b>
<b>Total Funds</b>	<b>2,079</b>	<b>225</b>	<b>(239)</b>	<b>-</b>	<b>(72)</b>	<b>2,165</b>

## 11.2. Details of the Restricted Income Funds

Name of fund	Description
Arts in Healthcare	The promotion of the initiative for the provision of Arts in Healthcare
Bereavement Services	The fund held to support Bereavement Services
Bladder Cancer ID and Prediction Project	To create a specialised training mobile website to accelerate bladder cancer identification and predicting correlated pathology
Conquest Courtyards	The fund held for the benefit of the Conquest courtyards
COVID - Deaf App	The development of an App for deaf users
COVID - General Fund	To enhance the wellbeing of NHS Staff, volunteers and patients impacted by COVID-19
COVID - Nursing Fund	To enhance the wellbeing of staff nurses
COVID - Sunflower Scheme	The project to promote sunflower lanyards, which demonstrate when someone has a hidden disability
COVID - Trauma Therapist	To support trauma therapy for NHS staff
COVID - TRiM Training	This is a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic event
Dowling Retinal Suite	The fund held for the purchase of equipment for the Dowling Retinal Suite
EDGH Scanning Equipment for Intensive Care and Radiology	The funds held for the purchase of scanning equipment for Intensive Care and Radiology at Eastbourne District General Hospital
Kipling Music	The fund held to provide interactive music sessions to Kipling Ward
Lewes Victoria Hospital	The fund held for the benefit of Lewes Victoria Hospital
Maternity Bereavement Suite	The fund held for the refurbishment of the Maternity Bereavement Suite
NHSCT Development Project	NHS Charities Together Development Grant to aid Communications, branding, marketing and fundraising
Pooja Sharma Memorial	To commemorate staff member Pooja Sharma
Workscape Project	To enhance staff facilities and workspaces
Youth Volunteering Project	The fund held for the development of youth volunteering opportunities in East Sussex

## 12. Funding Commitments

As at 31 March 2025 the Trustees had not made commitments other than those shown as creditors, note 9.

10

# WAYS IN WHICH TO SUPPORT OUR CHARITY

There are many ways you can support our Charity

Donations can be made in the following ways:

## Direct into bank account

Bank: Lloyds Bank

Sort code: 30-92-86

Account number: 00460039

Account name: East Sussex Healthcare NHS Trust Charitable Fund

Reference: Please state the General Fund

## By post

Cheque to East Sussex Healthcare NHS Charity

Please write on the back of the cheque which fund you would like to donate to, e.g. General Fund, and send to:

Charitable Funds  
St Anne's House  
729 The Ridge  
St Leonards-On-Sea  
East Sussex  
TN37 7PT

## By a donation on our 'Just Giving' site

[www.justgiving.com/esht](http://www.justgiving.com/esht)

As well as making a general donation, you can also open a page in celebration of and in memory of a loved one. If you are a group or an organisation who is interested in raising money on behalf of the Charity, we would love to hear from you too.

For more information and for support if you are holding your own event, please contact our charity team:

[esht.charity@nhs.net](mailto:esht.charity@nhs.net)

### Gift Aid

Gift Aid is a simple, government initiative which allows us to increase the value of your donations at no extra cost to you. For every pound you give to us we can get an extra 25 pence from HM Revenue and Customs helping your donation go further to help patients and their families. The only condition is that you are a UK tax payer. When making a donation simply let us know that you wish to Gift Aid your donation, to do this all we need is your name and address.

The footer features a dark blue background with a pattern of light blue hearts. A large, solid blue circle is positioned at the top center, partially overlapping the main text area. The text 'Let's make our hospitals better together' is centered in white, with 'together' in a light blue color.

Let's make our  
hospitals better  
together

## Contact

### East Sussex Healthcare NHS Charity

St Anne's House

729 The Ridge

St Leonards-On-Sea

East Sussex

TN37 7PT

0300 131 4500 Ext. 773291

[esht.charity@nhs.net](mailto:esht.charity@nhs.net)

### Our Charity Website:

[www.eastsussexhealthcare.nhs.charity](http://www.eastsussexhealthcare.nhs.charity)



**East Sussex  
Healthcare  
NHS Charity**

**EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND**

England & Wales - Charity number 1058599

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# Accounts

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**East Sussex Healthcare**  
NHS Trust



**East Sussex  
Healthcare  
NHS Charity**

# **East Sussex Healthcare NHS Charity**

Annual Report and Accounts 2023/24  
Registered Charity Number 1058599

[www.esht.nhs.uk](http://www.esht.nhs.uk)

# CONTENTS



**1** Message from the Chair Page 4

**2** About East Sussex Healthcare NHS Charity Page 6

Our Vision Page 6

Our Core Priorities Page 6

Our Hospitals Page 7

Our Funds Page 7

**3** The Year in Numbers Page 8

**4** How We Helped Page 9

**5** Bids Approved of over £500 during 2023/24 Page 10

Patient Wellbeing Page 11

Staff Wellbeing Page 13

Staff Training Page 14



## 6 Fundraiser and Volunteer Achievements Page 15

Reference and Administration Details Page 23

## 7 Governance Page 24

Trustee Arrangements Page 25

Governing Document Page 25

Structure, Governance and Management Page 26

Charity Committee Meetings Page 27

Governance Page 28

## 8 Finance Page 29

Financial Management Page 30

Investments and Investment Policy Page 31

Risk Management Page 32

Reserves Page 32

Future plans Page 33

Statement of Trustee's Responsibilities Page 34

## 9 Independent Examiner's report Page 36

Statement of Financial Activities for the year ended 31 March 2024 Page 38

Balance Sheet as at 31 March 2024 Page 39

Statement of Cash flows for the year ended 31 March 2024 Page 40

Notes to the Accounts Page 41

## 10 Ways in which to support our charity Page 52

1

# MESSAGE FROM THE CHAIR

## Karen Manson Chair of Charitable Funds Committee

Welcome to the East Sussex NHS Charity Annual Report for 2023/24. Our charity supports the services provided by East Sussex Healthcare NHS Trust, for the benefit of NHS patients and staff.

Thanks to the ongoing generosity and kindness of our donors, our Charity remains in a healthy position with a balance at the end of the year of £2.1m. We will use this money moving forward to continue to invest in patient services, our staff and our facilities to improve the safety and quality of care that the Trust can provide.

Over the last year our investments generated £83,000 and we have been grateful for £138,000 in generous donations from individuals, companies and grants. We have also received £23,000 in legacies. I would like to thank Jean Bullock, Pamela Ellis and Sylvia Stringer whose philanthropy means they will live on in our memory through the care we are able to provide to others.

Through this generosity, our Charity has been able to improve patient care by investing in areas that the Trust would otherwise be unable to afford. In total, we have made grants of £241,000 on medical equipment, staff welfare, education and training, and patient welfare and amenities.



None of this would be possible without the kindness of our donors. A heartfelt thank you to you all. This report demonstrates just how much of a difference the charity has made, and can continue to make, with the invaluable backing of our supporters.

We used 2023/2024 to continue the charitable developmental work that we have undertaken over the last few years, including a new name and logo, the launch of our website and an enhanced social media presence. We hope that this ensures that the charity remains resilient to national trends of reduced income for charities and support from volunteers.

This annual report describes some of our achievements and the ways in which we support our patients and staff, together with the financial statements of the Charity for the year ended 31 March 2024.

The annual report and financial statements comply with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Charities Act 2011 and the UK Generally Accepted Accounting Practice.

I hope that, like me, you will be inspired by our plans and want to be a part of our story – whether as a fundraiser, donor, volunteer or committee member. Please do email [esht.charity@nhs.net](mailto:esht.charity@nhs.net) if you would like to get involved.

I will be retiring from my role of Chair of the Charity in August 2024, with Ama Agbeze kindly agreeing to take over from me. I wish her all the best for the future and hope that the Charity will continue to flourish and provide support for the Trust, its patients and its staff under her leadership.

### **Karen Manson**

Chair of East Sussex NHS Healthcare Trust  
Charity



## 2

# ABOUT EAST SUSSEX HEALTHCARE NHS CHARITY

East Sussex Healthcare NHS Charity, formerly East Sussex Healthcare NHS Trust Charitable Fund was formed in October 1996 and is registered with the Charity Commission, the Charity Number is 1058599.

## Our Vision:

To provide support to East Sussex Healthcare NHS Trust to enhance patient care and achieve better health outcomes within our hospitals and community.

## Our Core Priorities:

- Supporting patient care will continue to be at the heart of everything that we do, as we want patients to have the best possible experience during their stay in the trust. We will work with our NHS colleagues to support key programmes and services that will enhance the treatment that is offered to patients.
- Creating the right workplace is key to improving patient care. We will support NHS colleagues in transforming the way their services are delivered. We will also support transformative projects aligned with the Trust's strategic priorities.
- The NHS is busier than ever. Supporting our staff is crucial in ensuring that patients receive the best possible care. We will work with the Trust to build upon existing and new wellbeing activities and to support further improvements to staff spaces and facilities.

## Our Hospitals:

We are dedicated to raising funds for our four hospitals, as well as supporting our services in the community.

- Bexhill Hospital
- Conquest Hospital
- Eastbourne District General Hospital
- Rye And Winchelsea District Memorial Hospital

## Our Funds:

At 31 March 2024 the Charity had 103 unrestricted funds and 5 quality funds linked to Bexhill Hospital, Community Services, Conquest Hospital, Eastbourne District General Hospital and an overarching Trust fund. These funds are used to fund Trustwide initiatives as well as bids specific to particular locations.

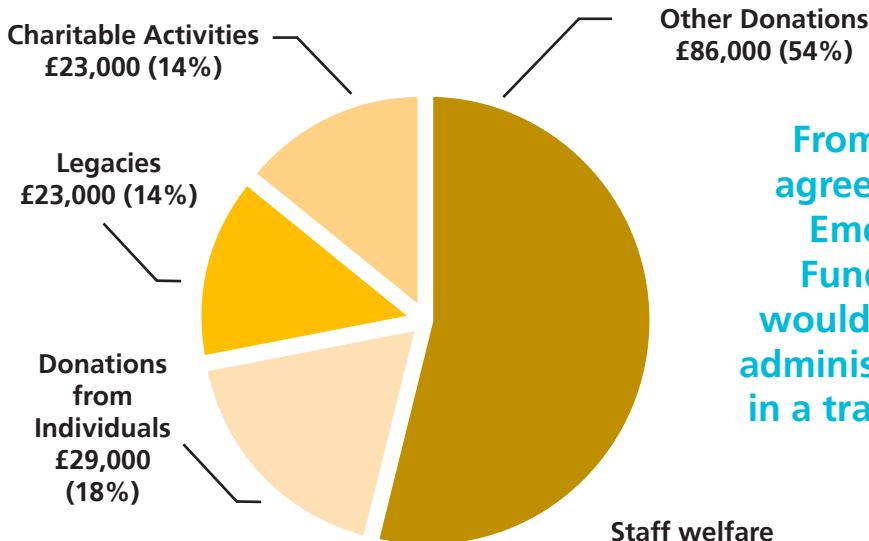
The Charity has a further 20 restricted funds, which include money received from NHS Charities Together for specific projects, and the Eastbourne District General Hospital Scanning Equipment Fund which is for the benefit of Intensive Care and Radiology departments.



## 3

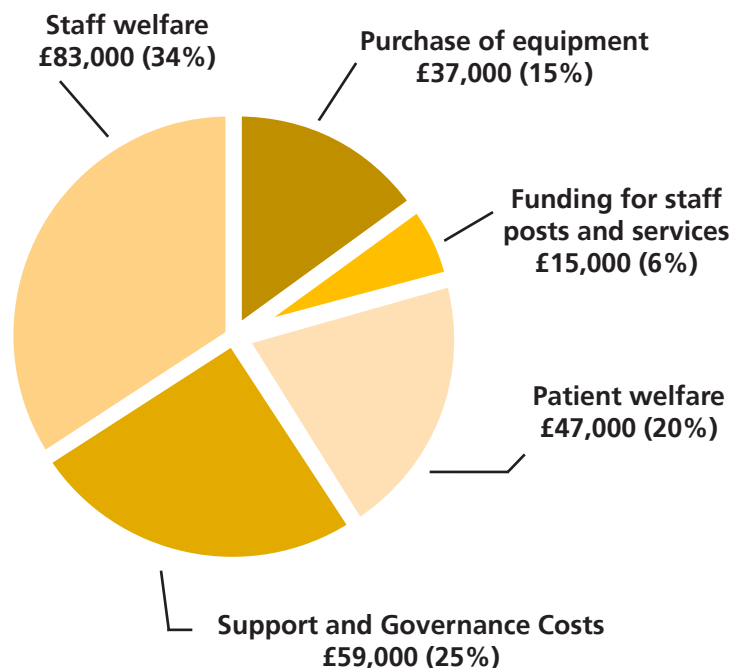
# THE YEAR IN NUMBERS

During 2023/24 the Charity received income of £161,000 from donations, legacies, investment income and training activities.



From 5 March 2024 it was agreed that the Eastbourne Emergency Department Fund held by the Charity would be more appropriately administered by ESHT, resulting in a transfer in year of £75,000 to ESHT.

East Sussex Healthcare NHS Charity spent £241,000 during the year on charitable activities, as shown below. This was funded from income of £161,000 and a £83,000 net gain on investments, excluding fund transfers and fundraising expenditure. Refer to note 3 and 4.



4

## HOW WE HELPED:

### Nano Series Battery Powered Computer Carts £13k

Nano Series Battery Powered Computer Carts will facilitate point-of-care computing for improved efficiency within Pevensey Unit. By eliminating the need for nurses to leave treatment bays to document information or schedule appointments, patient safety will be enhanced and prioritised. The carts will also enable nurses to document patient data in real-time, thereby enhancing workflow throughout the unit.



● 5

# BIDS APPROVED OF OVER £500 DURING 2023/24



## Patient Wellbeing

	Amount
Seven battery powered computer carts for Bexhill Irvine Unit.	£13,020
Large lockable medical fridges on wheels for the Judy Beard Unit, these can be can easily be moved if the unit is redeployed to another area.	£4,674
A bursary of £5,000 was awarded to the Urology team to support a Bladder Cancer Identification Project to create a website teaching healthcare professionals' how to correlate the cystoscopy findings of bladder tumours to predict the pathology. The charity provided additional funding in support of this project.	£3,750
Newborn support boxes for vulnerable mothers.	£3,593
Contribution of funds towards increased cost of endobronchial ultrasound scope.	£3,398
Seven orthopaedic chairs for the entrance lobby to Cookson Attenborough Ward.	£3,116
Three clean linen cupboards in the Irvine Unit which will reduce the need for staff to travel frequently to the main linen stores.	£2,748
Falls prevention equipment for Bexhill Irvine Unit.	£2,360
Replacement of chairs used for patients who are being given bad news in the Urology Unit thanks to a donation from the Prostate Cancer Support Group.	£2,356
Moisturiser to support the comfort of patients undergoing cancer treatment and to speed up treatment courses for Pevensy Unit.	£1,918
Recumbent exercise bike for patient rehabilitation in the Eastbourne Cardiac Rehab Unit.	£1,299
A garden shed for the Eastbourne Therapeutic Garden.	£1,248
Replacement scalp cooling caps for Pevensy Unit for their Paxman scalp cooling systems, which helps chemotherapy patients to keep their hair.	£1,086
Music sessions for children on Kipling Ward.	£1,080

Magnifying lamps to support patient treatment for the Judy Beard Day Unit.	£1,003
Repairs to chairs in the Judy Beard Day Unit.	£978
Items for ward based activities to prevent deconditioning in support of the Gold Standard awards in EDGH.	£950
Community Health and Integrated Care Rehabilitation quality improvement huddle boards.	£922
50 x Chin straps for use with the Paxman scalp cooling systems on Pevensy Ward.	£900
Wheelchair scales for the Joint Community Rehabilitation and Motor Neurone Disease teams. These will enable them to monitor the weight of patients outside of acute settings.	£837
Sara steady devices for Benson Ward which will help to improve patient mobility and dignity and to prevent falls.	£775
Ten internet radios for patient use on Pevensy Ward.	£750
Waterproof peripherally inserted central catheter covers, allowing patients to shower and bathe while they have a line in situ, for Pevensy Day Unit.	£811
Equipment for Parkinson's 'Speak Out!', East Sussex Speech and Language Therapy Service for Adults programme.	£685
Relief for women suffering the short-term and long-term effects of pelvic radiotherapy on Pevensy Ward.	£650
Twenty bonding sets for mothers of pre-term babies on the Frank Shaw Ward.	£640
Twelve month subscription to 'Daily Sparkle', a dementia friendly daily newspaper/newsletter on the Irvine Unit.	£620
30 footrest covers for the treatment chairs on the Pevensy Day Unit.	£558

## Staff Wellbeing

	Amount
Meals for every member of staff working in the Trust on Christmas Day 2023.	£5,000
900 pin badges for colleagues in the Estates and Facilities teams to demonstrate the Trust's support for National Estates and Facilities Celebration Day.	£1,980
A generous donation was received to purchase a table and chairs for the Ophthalmology staff room at Bexhill.	£1,265
Chocolates and biscuits to thank staff across the organisation and improve morale at Christmas.	£1,095
Purchase of tea/coffee/cake and promotional materials for the NHS 75th birthday and NHS Big Tea events.	£1,000
A generous donation by a patient to fund a staff thank you meal.	£900
Support for members of the Speech and Language team to attend the Health Service Journal Awards following a nomination for Patient Safety Collaboration of the Year.	£719
Forty members of staff were able to attend a team building session following a generous donation being made specifically to support staff wellbeing on Glynde Ward.	£645
A generous donation allowed us to purchase staff room chairs for the Surgical Assessment Unit at Conquest Hospital.	£568
Support for three team building/educational days for the Acute Medical Unit team.	£505

## Staff Training

	Amount
Group Clinical Supervision for Macmillan Clinical Nurse Specialists.	£8,000
5 bids for Clinical Supervision cost of Macmillan Counsellors – Oncology.	£5,650
Recording device for robotic surgical procedures in Urology at Eastbourne.	£2,738
Cost of supervision groups for Macmillan Counselling Team.	£2,750
Clinical Supervision for Specialist Palliative Care Nursing Team.	£1,440
Support for three members of Pevensey Day Unit Team to attend “Enhance your Oncology Nurse-led Telephone Triage Assessment” course.	£1,077
Funding in support of a Breast Care Service away day.	£1,072
Funding to allow members of staff to attend the European Resuscitation Council conference in Barcelona.	£1,064
Expenses for Emergency Ultrasound Course at the Eastbourne Postgraduate Centre, EDGH.	£1,027
Catering for Community Health and Integrated Care Quality Learning Events.	£976
Staff member expenses in attending the British Association of Cardiac Rehabilitation Conference 2023.	£772
Advanced Life Support course fees for senior staff.	£750
Attendance fee for two staff members to attend the British Association for Cardiovascular Prevention and Rehabilitation Annual Conference.	£670
Expenses for a staff member to attend National Human immunodeficiency viruses Nurses Association Conference 2023.	£638
Support for the Physical Activity and Exercise in the Management of Cardiovascular Disease Part 1 and 2 Course.	£590
Skills for Adjusting Diet and Insulin in East Sussex workshop for Type-1 diabetes patients, venue hire and catering.	£562

6

# Fundraiser And Volunteer Achievements



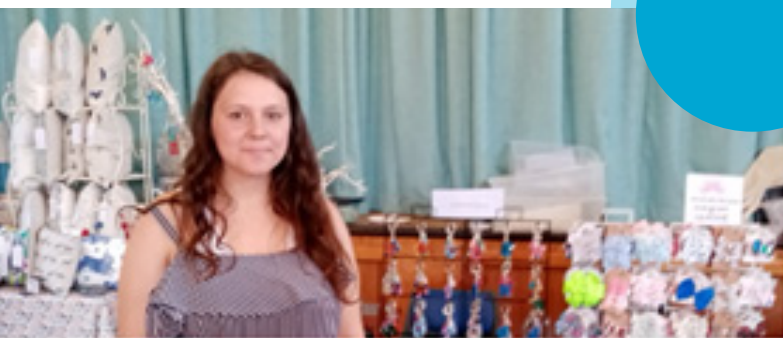
## Skydiving

Lola, Emma and Milly Peak raised £900 for Pevensey Cancer Fund to say thank you to the staff on Pevensey Ward for the loving care and treatment given to their father, Aaron, after his terminal cancer diagnosis.



## Carol Bratton Bethesden Craft Fair

Carol Bratton sold homemade produce at her local Craft Fair raising £350 for Kipling Ward, Conquest in thanks for the care the staff provided her granddaughter Maddison over a four year period. Carol was pleased to report that Maddison is now a thriving young lady and is doing very well at secondary school and is medication free.





## Theatre staff at Conquest

The team organised a cake sale to help raise funds to buy plants and materials during the refurbishment of their ward garden. The cake sale brought in almost £200 in sales and the cakes and buns were all provided by members of staff for free.



## Craig Andrew's London marathon

Craig ran the London Marathon and raised £1,420 to thank the Conquest ICU staff for their care and treatment of his wife Ruth during the Covid Pandemic without which he felt Ruth would not have survived.

Craig explained "My wife, Ruth Andrew, was in the Conquest's ICU due to Covid right at the start of the pandemic and was supported by the incredible Critical Care team. She wouldn't be here today without their critical decision making and fantastic care".



## JUDY BEARD WARD FUND



**Bates Green Gallop  
Sunday 17th September**



We're Hastings Heart and Sole, a gang of local running enthusiasts taking on the Bates Green Gallop, a grueling 6hr challenge set in the beautiful East Sussex Countryside along the river Cuckmere. We're raising money for the Judy Beard Day Unit who care for local Oncology and Haematology patients on their cancer journeys. The money will go to patients for extra support and comforts whilst on their cancer journeys.

To help local cancer patients, sponsor us at [justgiving.com/.....](https://www.justgiving.com/)

**HEART  
& SOLE**

### Haley Bird and friends

Haley Bird, Matron of Judy Beard ran with Hastings Heart and Sole, a gang of local running enthusiasts.

They took part in the Bates Green Gallop, a gruelling 6hr challenge set in the East Sussex countryside along the Cuckmere River.

They collectively ran 234.5 miles and raised over £1,100 for Judy Beard, the local oncology and haematology Unit in Conquest Hospital.

The Unit treats cancer patients and the money raised is for extra support and comforts for the cancer patients in their care.



## Dee Daly and Friends

Staff from Cancer Services and Outpatients spent the warmest Saturday of 2023 walking from Hastings Pier to Cooden Beach to raise vitally needed funds for the Trust Cancer Fund.

The team are always looking for ways to raise money for this fund and when the official Sussex wide "Walks for Wards" event was cancelled they decided to go ahead anyway and raised a fantastic sum of over £1,200.

The Cancer Fund is used primarily to support patients who are undergoing treatment for cancer and are in financial need by providing them with small financial grants for specific things such as purchasing fridges and microwaves or simply to help with a weekly shop.





## NHS Big Tea 75th Anniversary

The Charity, alongside the Estates Department, organised staff tea parties in each of the hospitals which included an Art Exhibition in the Conquest Canteen. Arts in Healthcare were the beneficiaries of just over £300.



Over 10 Tea parties and Big Tea Events were held throughout the Trust raising over £2,000 for various Funds in the Trust. These included an afternoon Tea Dance put on by the NHS Retirement Fellowship which was attended by over 100 retirees who enjoyed a show put on by the local Lindy Hoppers Dance Group. Their cause was the refurbishment of the Eastbourne District General Hospital Courtyards project for which they collected just over £200.



Staff at 1066 Café, in Conquest Hospital held a day of fun competitions and promotional offers raising over £100.

## Karen Manson Chair East Sussex Healthcare NHS Charity

Karen, our Charity Chair, completed a gruelling 16 day walk (190 miles), to raise over £1,000 for the Charity. Karen walked with her sister-in-law and two friends, as they followed the Wainwright's Coast to Coast Walk, starting out in St. Bees on England's west coast in Cumbria and walking to the picturesque fishing village of Robin Hood's Bay on the east coast in Yorkshire.

Karen explained "I planned the trip for June 2020 – but Covid intervened and reminded us how much we rely on our wonderful NHS and the staff behind it. The Coast-to-Coast walk spans the north of England. It is one of the most popular long-distance walks in the UK; it passes through three beautiful National Parks; the Lake District, the Yorkshire Dales and the North Yorkshire Moors. It was a tough trek particularly when taken in one go as we did it, and it was a long walk, evenly spread across 16 days. There were also some pretty steep gradients; and over the course of the walk we had to ascend (and descend) the equivalent height of Mount Everest!

"My grateful thanks to all who have contributed to my NHS fundraising, I have reached 126% of my Just Giving target and there is more to follow."



## Reference and Administration Details

<b>Registered Charity Name</b>	East Sussex Healthcare NHS Trust Charitable Funds
<b>Working Name</b>	East Sussex Healthcare NHS Charity
<b>Registered Charity Number</b>	1058599
<b>Registered Address</b>	St Anne's House 729 The Ridge St Leonards-on-Sea East Sussex TN37 7PT
<b>Contact Details</b>	Email: <a href="mailto:esht.charity@nhs.net">esht.charity@nhs.net</a> Tel: 0300 131 4500
<b>Principle Professional Advisors</b>	<b>Bankers:</b> Lloyds Bank plc 2 City Place Beehive Ring Road Gatwick West Sussex RH6 0PA
	<b>Solicitors:</b> Bevan Britten Kings Orchard 1 Queen Street Bristol BS2 0HQ
	<b>Auditor:</b> Grant Thornton LLP 30 Finsbury Square London EC2A 1AG

● 7

# GOVERNANCE



## Trustee Arrangements:

East Sussex Healthcare NHS Trust (ESHT) is the sole Trustee of the Charity. The Trustee confirms that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

The Charity Committee Members of the Charity during the year, 1 April 2023 to 31 March 2024 were as follows:

Chair:

Karen Manson

Committee Members:

Ama Agbeze

Dr Tom Bate

Angela Colosi

Mike Eastwood

Jaquie Fuller

Richard Milner

Pete Palmer

Paresh Patel

Laura Ransom

Damian Reid



## Governing Document

The Charity's governing document is the Model Declaration of Trust as registered with the Charity Commission. This provides that the Trustees shall hold the funds on trust to apply the income and, at their discretion so far as may be permissible, the capital for any charitable purpose or purposes relating to the National Health Service wholly, or mainly, for the services provided by ESHT, Sussex Integrated Care Board (ICB).



## Structure, Governance and Management

Under the provisions of the Charities Act 2011, the Charity Commission has agreed that the Charity should be treated as a single Charity for the purposes of Part 4 of the Act for registration and of Part 8 of the Act for accounts.

The Charity had five registered non-trading subsidiary charities as at 31 March 2024:

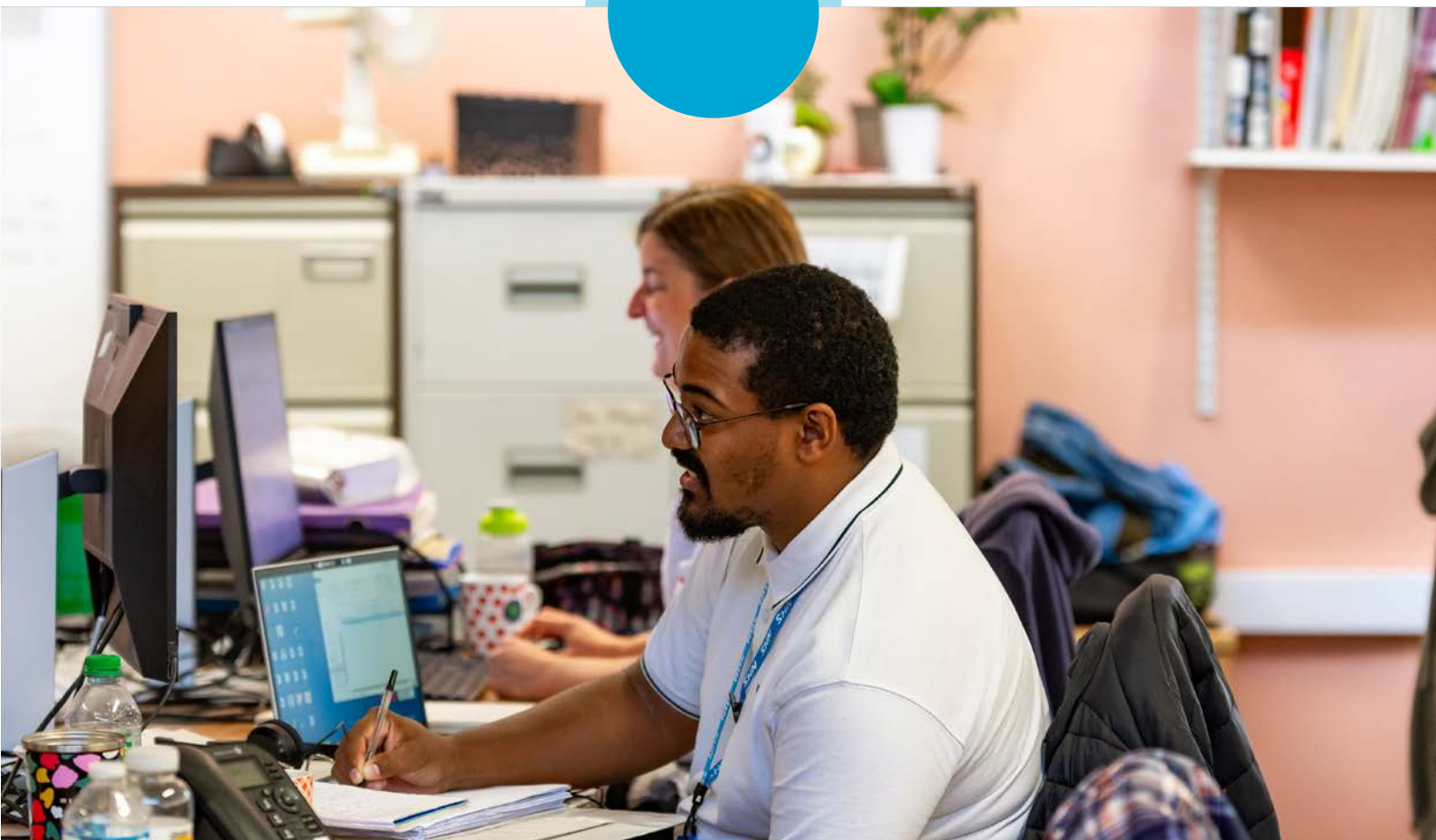
- East Sussex Healthcare NHS Trust Ward Fund;
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund;
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund;
- East Sussex Healthcare NHS Trust Education Fund and
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund.

The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is the pooling scheme fund for holding all funds.



## Charity Committee Meetings

The Committee should meet at least four times a year in order to consider any bids for over £5k and to review the management of the Charity. Reports presented to Trustees include information about income and legacies, expenditure, investment performance, and fund balances. The Committee met five times in 2023/24.



## Governance

The Trustee delegates responsibility for the day-to-day management of the charitable funds to the Chief of Staff and the Chief Financial Officer. The Director of Corporate Affairs is responsible for:

- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager.



The Chief Financial Officer is responsible for:

- ensuring that full accounting records are maintained;
- ensuring the accounts of Charitable Funds show a true and fair view of the year's activity;
- ensuring there is a system of control for all transactions related to expenditure and income;
- ensuring that there is robust oversight of the accounting records; and
- ensuring the accurate reporting of the in-year position to both Trustees and fund holders.

The principal officer overseeing the day-to-day financial management and accounting for the charitable funds for the accounting period 1 April 2023 to 31 March 2024 was the Chief Finance Officer, Damian Reid.

The principal officer overseeing the day-to-day administration and governance for the charitable funds for the accounting period 1 April 2023 to 31 March 2024 was Board Secretary, Pete Palmer.

8

# FINANCE



## Financial Management

Expenditure budgets for administration, governance and fundraising costs are approved by the Charity Committee at the start of the financial year and are monitored throughout the year.

The Charity manages its Charitable Activity spending through appointed fundholders for the individual funds. These fundholders manage the funds on a day-to-day basis with agreed authorisation limits, and in accordance with the Trust's Standing Financial Instructions and Orders. Each fund holder receives a quarterly financial statement of their fund which details income, expenditure and fund balances for the period.

The Charity receives expenditure applications from staff throughout the year which are authorised by the fundholder and submitted to the Acting Company Secretary, who reviews all applications to ensure that they meet the objectives of the Charity for quality, value for money and patient benefit. Where an application exceeds £5,000 the fundholder is required to present the application to the Charity Committee for approval. Where any expenditure is considered inappropriate, feedback is given to the fund manager.

The Charity does not directly employ any staff; the Charity enjoys and values the services of volunteers, but is not wholly dependent on them. The Charity is not financially dependent upon the support of any individuals, corporations or specific classes of donors. No funds are held by the Charity on behalf of individuals.



## Investments and Investment Policy

Following the completion of an Investment tender, the Investment Portfolio was transferred from CCLA Investment Management Limited and M&G Securities Ltd to Greenbank Investments in 2023/24.

The Charity aims to enhance the value of its funds through effective and responsible investment, whilst mitigating the risk to the capital invested.

The total value of the investment portfolio at 31 March 2024 was £1.98m. The return on investment during the year was an increase of 4% (2022/23 decrease of 5%).



## Risk Management

The major risks to which the Charity is exposed have been identified and reviewed with systems established to mitigate them. The Charity relies on and benefits from the financial controls framework of ESHT.

The most significant risks identified were:

1. possible losses from a fall in the value of the investments; and
2. reputational damage leading to a sudden and dramatic fall in donations.

Both risks have been carefully considered and mitigating procedures put in place. Regular review of the investment policy ensures that both spending income. Both income and expenditure are monitored by the Committee on a quarterly basis in order that any trends can be identified at an early stage in order to avoid unforeseen calls on reserves.

## Reserves

The Charity hold reserves that are considered to be needed to fund planned expenditure. The Charity acknowledges that charitable donations received need to be spent on patient and staff amenities wherever possible and should not be used to build up reserves.

The reserves of the Charity at 31 March 2024 consisted of £1,838,000 unrestricted funds and £327,000 restricted funds. The Charity regularly reviews all funds held to ensure they remain active and where appropriate, a fund which is inactive for a period greater than 18 months will be closed and the funds transferred to the most relevant quality general fund to ensure that they are spent in a timely manner.



## Future plans

In accordance with Charity Commission directives, it is the Charity's continued intention to expend funds for the benefit of both staff and patients.

The Charity continues to work to increase visibility and awareness, supported by the successful launch of the new website during 2023/24. Work to grow an online presence will continue, along with work to improve recognition of the Charity within the Trust.

The charity will continue to build on links with the Friends of Eastbourne Hospital, Friends of Conquest Hospital, The League of Friends of Bexhill Hospital, The Friends of the Rye, Winchelsea and District Memorial Hospital and The League of Friends of Uckfield Community Hospital, using our resources to support the amazing work that they do for the Trust. By working collaboratively we hope that the organisations will be able to provide greater support for the Trust moving forward.

The Charity's Chair, Karen Manson retired in August 2024 and is now replaced by Ama Agbeze.



## Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Charity's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustee to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of the resources of the Charity for the year. In preparing those financial statements the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP FRS 102;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business; and
- ensure the financial statements comply with the Trust Deed.

The Trustee is responsible for keeping accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and regulations made thereunder. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Charity Committee on behalf of the Corporate Trustee on 29 January 2025 and signed on their behalf by:

Signed:

Ama Agbeze  
Chair



9

# INDEPENDENT EXAMINER'S REPORT TO THE CORPORATE TRUSTEE OF EAST SUSSEX HEALTHCARE NHS CHARITY



## Independent examiner's report to the corporate trustee of East Sussex Healthcare NHS Charity

I report on the accounts of East Sussex Healthcare NHS Charity (the "charity") for the year ended 31 March 2024, which are set out on pages 38 to 51.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act 2011;
  - to prepare accounts which accord with the accounting records; and
  - to comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

### Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a comparison of the accounts with the accounting records kept by the charity. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as corporate trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement above.

### Respective responsibilities of corporate trustee and examiner

The charity's corporate trustee is responsible for the preparation of the accounts. The charity's trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity's trustees have prepared the charity's accounts in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) issued in October 2019 in preference to the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005)' issued in April 2005 which is referred to in the Charities (Accounts and Reports) Regulations 2008 but has been withdrawn. I understand that the charity's trustee has done this in order for the charity's accounts to give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

## Use of this report

This report is in respect of an examination carried out under section 145 of the Charities Act 2011. This report is made solely to the charity's corporate trustee, as a body, in accordance with the regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee as a body, for my work, for this report, or for the opinions I have formed.

*John Paul Cuttle*

John Paul Cuttle, CPFA

Grant Thornton UK LLP  
Chartered Accountants

London  
29 January 2025

## Statement of Financial Activities for the year ended 31 March 2024

	Note	2023/24	2023/24	2023/24	2022/23
		Unrestricted Funds	Restricted Funds	Total Funds	Restated Total Funds
		£000	£000	£000	£000
<b>Income and endowments from</b>					
Donations	2.1	68	47	115	47
Legacies	2.2	23	-	23	18
Charitable activities	2.3	23	-	23	43
<b>Total income</b>		<b>114</b>	<b>47</b>	<b>161</b>	<b>108</b>
<b>Expenditure on Charitable activities</b>					
Patient welfare		(66)	(2)	(68)	(65)
Funding for staff posts and services		(8)	(10)	(18)	(33)
Staff welfare		(48)	(52)	(100)	(166)
Purchase of equipment		(55)	-	(55)	(83)
<b>Spend on charitable activities</b>		<b>(177)</b>	<b>(64)</b>	<b>(241)</b>	<b>(347)</b>
Fundraising		(3)	(3)	(6)	(1)
Transfer of funds		(75)	(3)	(78)	(37)
<b>Total expenditure</b>	<b>3&amp;4</b>	<b>(255)</b>	<b>(70)</b>	<b>(325)</b>	<b>(385)</b>
Net gains/(losses) on investments	7.1	83	-	83	(112)
<b>Net movement in funds</b>	<b>6</b>	<b>(58)</b>	<b>(23)</b>	<b>(81)</b>	<b>(389)</b>
<b>Reconciliations of funds</b>					
Fund balances brought forward at 1 April		1,896	350	2,246	2,635
<b>Fund balances carried forward at 31 March</b>		<b>1,838</b>	<b>327</b>	<b>2,165</b>	<b>2,246</b>

## Balance Sheet as at 31 March 2024

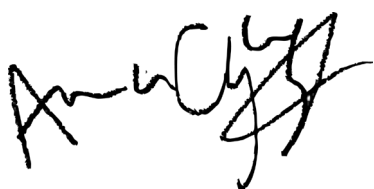
	Note	2023/24	2023/24	2023/24	2022/23
		Unrestricted Funds	Restricted Funds	Total Funds	Restated Total Funds
		£000	£000	£000	£000
<b>Non-current assets</b>					
Investments	7	1,858	117	1,975	2,242
<b>Total non-current assets</b>		<b>1,858</b>	<b>117</b>	<b>1,975</b>	<b>2,242</b>
<b>Current assets</b>					
Cash and cash equivalents		90	261	351	139
<b>Total current assets</b>		<b>90</b>	<b>261</b>	<b>351</b>	<b>139</b>
<b>Liabilities</b>					
Creditors falling due within one year	9	(110)	(51)	(161)	(135)
<b>Net current liabilities</b>		<b>(20)</b>	<b>210</b>	<b>190</b>	<b>4</b>
<b>Total net assets</b>		<b>1,838</b>	<b>327</b>	<b>2,165</b>	<b>2,246</b>
<b>Funds of the Charity</b>					
Unrestricted		1,838	-	1,838	1,896
Restricted		-	327	327	350
<b>Total funds</b>	10	<b>1,838</b>	<b>327</b>	<b>2,165</b>	<b>2,246</b>

The notes at pages 41 to 51 form part of these accounts.

Approved and authorised for issue by the Trustees on 29 January 2025 and signed on their behalf.

Ama Agbeze  
Chair  
Date: 29-01-2025

Damian Reid  
Chief Financial Officer  
Date: 29-01-2025




## Statement of Cash flows for the year ended 31 March 2024

	Note	2023/24	2022/23
		Total Funds	Restated Total Funds
		£000	£000
<b>Cash flows from operating activities:</b>			
Net expenditure for the reporting period		(81)	(389)
<b>Adjustments for:</b>			
(Gains)/losses on investments	7.1	(83)	112
(Increase)/decrease in debtors		-	-
Increase/(decrease) in creditors		26	16
<b>Net cash used in operating activities</b>		<b>(138)</b>	<b>(261)</b>
<b>Cash flows from investing activities</b>			
Proceeds from sale of investments		350	-
<b>Net cash provided by investing activities</b>		<b>350</b>	<b>-</b>
<b>Change in cash and cash equivalents in the reporting period</b>		<b>212</b>	<b>(261)</b>
<b>Cash and cash equivalents at 1 April</b>		<b>139</b>	<b>400</b>
<b>Cash and cash equivalents at 31 March</b>		<b>351</b>	<b>139</b>

## Notes to the Accounts

### 1. Accounting Policies

#### 1.1. Accounting Convention

The financial statements have been prepared under the historic cost convention, as modified for the revaluation of certain investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The Trust constitutes a public benefit entity as defined by FRS 102.

The Trustee considers that there are no material uncertainties affecting the accounts or the Charity's ability to continue as a going concern and that no subsequent events have been identified which would be material and would require adjustment in the statements to 31/03/2024. The Trustee confirms that they are satisfied that charity reserves are more than sufficient to cover ongoing liquidity needs and pay creditors as they fall due for a period of at least 12 months from the date of signing the statements.

#### 1.2. Income Recognition

All income is recognised and included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- Entitlement: control over the rights or other access to the economic benefit has passed to the Charity.
- Probable: it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity.
- Measurement: the monetary value or amount of both the income and the costs to complete the transaction can be measured reliably.

Income from legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled or are within the Charity's control to fulfil.

### 1.3. Expenditure Recognition

The accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies.

Support and Governance costs are accounted for on an accruals basis and are recharges of appropriate proportions of the ESHT costs, audit or independent examination fees, fund raising consultancy, support for the accounting software and Trustee Indemnity Insurance.

Support and Governance costs are apportioned between the unrestricted funds based on the average fund balance for the year.

### 1.4. Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Restricted funds held within the Trust are disclosed in note 10.

### 1.5. Investment Fixed Assets

Investments are shown at bid price, which is used to measure fair value for accounting purposes of shares that are traded in an active market. The investments are valued at closing unit prices and the net gains and losses on revaluations and disposals are included on the Statement of Financial Activities.

### 1.6. Gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Gains and losses on investments are calculated as the difference between sales proceeds and opening fair value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between fair value at the year end and opening fair value (or date of purchase if later).

### 1.7. Pooling scheme

An official pooling scheme, the East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is operated for investments relating to the following funds:

- East Sussex Healthcare NHS Trust Ward Fund
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund
- East Sussex Healthcare NHS Trust Education Fund
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund

The Scheme was registered with the Charity Commission on 17 March 1998.

### 1.8. Related Party Transactions

The Trustee of the Charity is East Sussex Healthcare NHS Trust.

ESHT is the major recipient of funds of the Charity and received grants from the Charity totalling £184,000 during the year (2022/23 £283,000). Refer to note 4.

ESHT charged a management fee to the Charity of £45,000 (2022/23 £45,000) to recharge administrative costs and services provided. Refer to note 4.

The Charity owed ESHT £82,000 at 31 March 2024 (£81,000 31 March 2023). Refer to note 9.

From 5 March 2024 it was agreed that the Eastbourne Emergency Department Fund held by the Charity would be more appropriately administered by ESHT, resulting in a transfer in year of £75,000 to ESHT.

None of the members of ESHT Board, senior staff or parties related to them were beneficiaries of the Charity. None of the Trustees or other Members of ESHT Board has received honoraria, emoluments, or expenses in the year.

### 1.9. Debtors

Debtors are amounts owed to the Charity. They are measured based on their recoverable amount. Refer to note 8.

### 1.10. Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments.

### 1.11. Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt. There are no amounts which are owed in more than a year.

### 1.12. Restatement of Prior Period Financial Statement

During the current financial period, management identified the need to restate the accruals in the previously issued financial statements for the year ended 31 March 2023. The accruals recorded in the original financial statements resulted in a misstatement of expenditure on charitable activities.

This arose due to the prior approach to recording accruals, which was based on charitable fund form authorisations. This method caused discrepancies in the timing and magnitude of accrual adjustments, which were not detected during the initial review of the financial data.

The restatement of accrual has been carried out in accordance with Charities: Statement of Recommended Practice (SORP).

The restatement resulted in increase of expenditure in 22/23 by £118k and therefore an overall decrease in net income/(expenditure) by the same amount. The fund balances brought forward was also restated from £2,371k to £2,635k while the closing fund balances as at 31 March 2023 restated from £2,100k to £2,246k. The balance sheet has also been restated to resulting in liabilities from £281k to £135k and corresponding decrease in total funds. The cash flow statement has also been restated to reflect the £119k increase in expenditure and the corresponding accruals.

Total charitable expenditure on analysis of charitable expenditure before allocation of Support and Governance Costs (Note 3) has been restated from £208k to £327k, with Staff welfare total restated from £88k to £147k and funding of staff posts and services total restated from £29k to £26k accordingly. Total allocation of support and governance costs (Note 4) restated from £267k to £385k.

Analysis of Creditors (Note 9), accruals and deferred income restated from £200k to £54k, reflecting total creditors restatement form £281k to £135k.

## 2. Details of Income

### 2.1. Donations

	Unrestricted Funds	Restricted Funds	Total 2023/24	Total 2022/23
	£000	£000	£000	£000
Donations from individuals	17	12	29	28
Other trading activities	-	-	-	1
Other	51	35	86	18
<b>Total voluntary income</b>	<b>68</b>	<b>47</b>	<b>115</b>	<b>47</b>

### 2.2. Legacies

S D Stringer	1	-	1	11
S M Lister	-	-	-	7
P L Ellis	5	-	5	-
J M Bullock	17	-	17	-
<b>Total legacies</b>	<b>23</b>	<b>-</b>	<b>23</b>	<b>18</b>

### 2.3. Charitable Activities

Training courses	23	-	23	43
<b>Total charitable activities</b>	<b>23</b>	<b>-</b>	<b>23</b>	<b>43</b>

### 3. Analysis of charitable expenditure before allocation of Support and Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2023/24	Restated Total 2022/23
	£000	£000	£000	£000
Arts in Healthcare	24	1	25	23
Other patients welfare and amenities	21	1	22	28
<b>Patient welfare total</b>	<b>45</b>	<b>2</b>	<b>47</b>	<b>51</b>
Funded staff posts and services	15	10	25	-
Funding for Professional Fees	(10)	-	(10)	26
<b>Funding of staff posts and services total</b>	<b>5</b>	<b>10</b>	<b>15</b>	<b>26</b>
Support to staff training	12	1	13	43
Other support to staff welfare and amenities	19	51	70	104
<b>Staff welfare total</b>	<b>31</b>	<b>52</b>	<b>83</b>	<b>147</b>
Purchase of equipment	37	-	37	65
Fundraising	3	3	6	1
Transfer of Funds	75	3	78	37
<b>Total charitable expenditure</b>	<b>196</b>	<b>70</b>	<b>266</b>	<b>327</b>

All charitable expenditure is classified as grant funded activities.

#### 4. Analysis and Allocation of Support and Governance Costs

	2023/24	2022/23
	Total Funds	Total Funds
	£000	£000
Computer Expenses	4	5
Administration fee	12	12
<b>Total support costs</b>	<b>16</b>	<b>17</b>
Independent Examiner's fee	9	8
Indemnity insurance	1	1
Governance fee	33	33
<b>Total governance costs</b>	<b>43</b>	<b>42</b>
<b>Total support and governance costs</b>	<b>59</b>	<b>59</b>

The support costs and governance costs attributable to charitable activities is apportioned based on the total expenditure for the year for each charitable activity as shown in the table below. The management fee charged to the Charity is made up of the Administration and Governance fee.

	2023/24	2023/24	2023/24	2022/23
	Grant funding of activities	Support and Governance Costs	Total Funds	Restated Total Funds
	£000	£000	£000	£000
<b>Allocation of support and governance costs</b>	Note 3			
Patient welfare	47	21	68	65
Funding for staff posts and services	15	3	18	33
Staff welfare	83	17	100	166
Purchase of equipment	37	18	55	83
<b>Active continuing funds</b>	<b>182</b>	<b>59</b>	<b>241</b>	<b>347</b>
Fundraising	6	-	6	1
Transferred funds	78	-	78	37
<b>Total allocated</b>	<b>266</b>	<b>59</b>	<b>325</b>	<b>385</b>

Total allocated Grant funding of activities consists of Grants paid in year to ESHT £184,000 (2022/23 £283,000), Grants paid to individuals in year £4,000 (2022/23 £6,500) and Transferred funds £78,000 (2022/23 £37,000).

## 5. Examiner's remuneration

The Independent Examiner's remuneration as per the audit plan of £9,000 including VAT, (2022/23 £8,000, £6,000 for the independent examination for 2022/23 and a catch up from the previous year of £2,040) related solely to the independent examination with no other additional work undertaken. Refer to note 4.

## 6. Changes in Resources Available for Charity Use

	2023/24			2022/23
	Unrestricted Funds	Restricted Funds	Total Funds	Restated Total Funds
	£000	£000	£000	£000
Net movement in funds for the year	(58)	(23)	(81)	2,354
<b>Net movement in funds available for future activities</b>	<b>(58)</b>	<b>(23)</b>	<b>(81)</b>	<b>(58)</b>

## 7. Analysis of Investments

### 7.1. Investments

	2023/24	2022/23
	Total	Total
	£000	£000
Market value at start of period	2,242	2,354
Net gains/(losses) on revaluation and sales	83	(112)
Investment withdrawal	(350)	-
<b>Market value at end of period</b>	<b>1,975</b>	<b>2,242</b>
<b>Historic cost at end of period</b>	<b>1,861</b>	<b>1,170</b>

## 7.2. Market Value

	31 March 2024	31 March 2023
	£000	£000
<b>Investment Portfolio</b>		
CCLA Investment Management Fixed Interest Funds	-	388
CCLA Investment Management Property Fund	-	634
M&G Securities Fixed Interest Investment Fund	-	37
M&G Securities Equities Investment Fund	-	1,181
Greenbank Investments	1,975	-
<b>Total</b>	<b>1,975</b>	<b>2,240</b>
Cash held as part of the investment portfolio	-	2
<b>Total</b>	<b>1,975</b>	<b>2,242</b>

All units are held within the UK.

## 8. Analysis of Debtors

As at 31 March 2024 the Charity had no debtors.

## 9. Analysis of Creditors

	Balance 31 March 2024	Restated Balance 31 March 2023
	£000	£000
<b>Falling due within one year</b>		
Accruals and deferred income	79	54
Other creditors	82	81
<b>Total creditors</b>	<b>161</b>	<b>135</b>

## 10. Analysis of Funds

### 10.1.

	Balance 31 March 2024	Income	Expenditure	Transfers	Gains and Losses	Restated Balance 31 March 2023
	£000	£000	£000	£000	£000	£000
<b>Unrestricted funds</b>	<b>1,838</b>	<b>114</b>	<b>(180)</b>	<b>(75)</b>	<b>83</b>	<b>1,896</b>
Arts in Healthcare	2	1	(1)	-	-	2
Bladder Cancer ID and Prediction Project	-	4	(4)	-	-	-
Conquest Courtyards	10	-	-	-	-	10
Conquest Equipment	-	-	-	-	-	-
COVID - Deaf App	10	-	-	-	-	10
COVID - General	27	-	-	-	-	27
COVID - Nursing Fund	2	-	-	-	-	2
COVID - Sunflower Scheme	1	-	-	-	-	1
COVID - Trauma Therapist	23	-	(51)	-	-	74
COVID - TRiM Training	16	-	-	-	-	16
COVID - What Matters to You	-	-	-	-	-	-
Diabetes Inpatient Specialist Nurses	-	-	(1)	(3)	-	4
EDGH Scanning Equipment for Intensive Care and Radiology	145	-	-	-	-	145
Kipling Music	-	-	(1)	-	-	2
Lewes Victoria Hospital	14	-	-	-	-	14
Maternity Bereavement Suite	22	12	-	-	-	10
NHSCT Development Project	21	30	(9)	-	-	-
Pooja Sharma Memorial	2	-	-	-	-	2

Workspace Project	-	-	-	-	-	-
Youth Volunteering Project	31	-	-	-	-	31
<b>Total Restricted Funds</b>	<b>327</b>	<b>47</b>	<b>(67)</b>	<b>(3)</b>	<b>-</b>	<b>350</b>
<b>Total Funds</b>	<b>2,165</b>	<b>161</b>	<b>(247)</b>	<b>(78)</b>	<b>83</b>	<b>2,246</b>

## 10.2. Details of the Restricted Income Funds

Name of fund	Description
Arts in Healthcare	The promotion of the initiative for the provision of Arts in Healthcare
Bladder Cancer ID and Prediction Project	To create a specialised training mobile website to accelerate bladder cancer identification and predicting correlated pathology
Conquest Courtyards	The fund held for the benefit of the Conquest courtyards
Conquest Equipment	The fund held for the purchase of equipment at Conquest Hospital
COVID - Deaf App	The development of an App for deaf users
COVID - General Fund	To enhance the wellbeing of NHS Staff, volunteers and patients impacted by COVID-19
COVID - Nursing Fund	To enhance the wellbeing of staff nurses
COVID - Sunflower Scheme	The project to promote sunflower lanyards, which demonstrate when someone has a hidden disability
COVID - Trauma Therapist	To support trauma therapy for NHS staff
COVID - TRiM Training	This is a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic, event
COVID - What Matters to You	To support staff through Covid 19 and beyond – rest areas/staff room
Diabetes Inpatient Specialist Nurses	To support UK Diabetes Inpatient Specialist Nurses Project
EDGH Scanning Equipment for Intensive Care and Radiology	The funds held for the purchase of scanning equipment for Intensive Care and Radiology at Eastbourne District General Hospital
Kipling Music	The fund held to provide interactive music sessions to Kipling Ward
Lewes Victoria Hospital	The fund held for the benefit of Lewes Victoria Hospital
Maternity Bereavement Suite	The fund held for the refurbishment of the Maternity Bereavement Suite
NHSCT Development Project	NHS Charities Together Development Grant to aid Communications, branding, marketing and fundraising
Pooja Sharma Memorial	To commemorate staff member Pooja Sharma
Workspace Project	To enhance staff facilities and workspaces
Youth Volunteering Project	The fund held for the development of youth volunteering opportunities in East Sussex

## 11. Funding Commitments

As at 31 March 2024 the Trustees had not made commitments other than those shown as creditors, note 9.

10

# WAYS IN WHICH TO SUPPORT OUR CHARITY

There are many ways you can support our Charity

Donations can be made in the following ways:

## Direct into bank account

Bank: Lloyds Bank

Sort code: 30-92-86

Account number: 00460039

Account name: East Sussex Healthcare NHS Trust Charitable Fund

Reference: Please state the General Fund

## By post

Cheque to East Sussex Healthcare NHS Charity

Please write on the back of the cheque which fund you would like to donate to, e.g. General Fund, and send to:

Charitable Funds  
St Anne's House  
729 The Ridge  
St Leonards-On-Sea  
East Sussex  
TN37 7PT

## By a donation on our 'Just Giving' site

[www.justgiving.com/esht](http://www.justgiving.com/esht)

As well as making a general donation, you can also open a page in celebration of and in memory of a loved one. If you are a group or an organisation who is interested in raising money on behalf of the Charity, we would love to hear from you too.

For more information and for support if you are holding your own event, please contact our charity team:

[esht.charity@nhs.net](mailto:esht.charity@nhs.net)

## Gift Aid

Gift Aid is a simple, government initiative which allows us to increase the value of your donations at no extra cost to you. For every pound you give to us we can get an extra 25 pence from HM Revenue and Customs helping your donation go further to help patients and their families. The only condition is that you are a UK tax payer. When making a donation simply let us know that you wish to Gift Aid your donation, to do this all we need is your name and address.



## Contact

### **Conquest Hospital**

The Ridge, St Leonards-on-Sea, East Sussex,  
TN37 7RD  
0300 131 4500

### **Eastbourne District General Hospital**

Kings Drive, Eastbourne, East Sussex,  
BN21 2UD  
0300 131 4500


### **Bexhill Hospital**

Holliers Hill, Bexhill-on-Sea, East Sussex,  
TN40 2DZ  
0300 131 4500

### **Rye, Winchelsea and District Memorial Hospital**

Peasmarsh Road, Rye, East Sussex,  
TN31 7UD  
(01797) 224499



 [esht.nhs.uk](http://esht.nhs.uk)

 [X.com/ESHTNHS](https://twitter.com/ESHTNHS)

 [facebook.com/ESHTNHS](https://facebook.com/ESHTNHS)

**EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND**

England & Wales - Charity number 1058599

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# Accounts

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**East Sussex Healthcare**  
NHS Trust



**East Sussex  
Healthcare  
NHS Charity**

# **East Sussex Healthcare NHS Trust Charitable Fund**

Annual Report and Accounts 2022/23  
Registered Charity Number 1058599

[www.esht.nhs.uk](http://www.esht.nhs.uk)

# CONTENTS



1

## Message from the Chair

Page 4

2

## About East Sussex Healthcare NHS Trust

Page 6

Our Vision

Page 6

Our Core Priorities

Page 6

Our Hospitals

Page 7

Our Funds

Page 7

3

## The Year in Numbers

Page 8

4

## How we helped:

Page 9

Workscape

Page 9

Major purchases

Page 10

Other Highlights

Page 11



## 5 Fundraising Page 12

Fundraiser and Volunteer Achievements Page 13

Reference and Administration Details Page 17

## 6 Governance Page 18

Trustee Arrangements Page 19

Governing Document Page 19

Structure, Governance and Management Page 20

Charity Committee Meetings Page 21

Governance Page 22

## 7 Finance Page 23

Financial Management Page 24

Investments and Investment Policy Page 25

Risk Management Page 26

Reserves Page 26

Future plans Page 27

Statement of Trustee's Responsibilities Page 28

## 8 Independent examiners report Page 29

Statement of Financial Activities for the year ended 31 March 2023 Page 32

Balance Sheet as at 31 March 2023 Page 33

Statement of Cash flows for the year ended 31 March 2023 Page 34

Notes to the Accounts Page 35

## 9 Ways in which to support our charity Page 46

## 1

# MESSAGE FROM THE CHAIR

## Karen Manson Chair of Charitable Funds Committee

2022-2023 was a challenging year for the East Sussex NHS Healthcare Charity. Most charities have reported reduced incomes and a decrease in the vital support provided by volunteers in the wake of the Covid pandemic. These changes are likely to have long term consequences and so, along with many other charities, we are resetting our priorities and refocusing our efforts. This annual report describes some of our achievements and the ways in which we support our patients and staff, together with the financial statements of the Charity for the year ended 31 March 2023.

The annual report and financial statements comply with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Charities Act 2011 and the UK Generally Accepted Accounting Practice.

Our income for 2022/23 was £108,000 pounds, down from £369,000 pre-pandemic (2019/2020). Nonetheless this is still a great achievement, given that a number of fundraising events had to be cancelled or had not been reinstated after the pandemic. This would simply not have been possible without the support of our brilliant donors and creative fundraisers alike.



I would like to take this opportunity to extend a heart-felt thank you to all the fundraisers, donors and volunteers who have supported us this year. The income we have raised has benefited patients across East Sussex and this report demonstrates just how much of a difference the charity has made, and can continue to make, with the invaluable backing of our supporters.

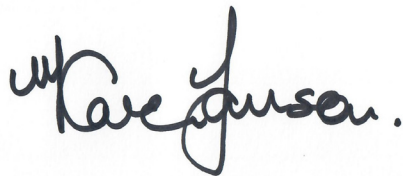
Also, a big thank you to those individuals who have served on our Charity Committee during the year, who have given their energy, time and skills to make a difference.

I hope that, like me, you will be inspired by our plans and want to be part of our story – whether as a fundraiser, donor, volunteer or committee member. Please do email me ([karen.manson1@nhs.net](mailto:karen.manson1@nhs.net)) if you would like to get involved.

On behalf of the many patients who have benefitted from your generosity, thank you

**Karen Manson**

Chair of Charitable Funds Committee



## 2

# ABOUT EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUNDS

East Sussex Healthcare NHS Charity, formerly East Sussex Healthcare NHS Trust Charitable Fund was formed in October 1996 and is registered with the Charity Commission, the Charity Number is 1058599

**Our Vision:** To provide support to East Sussex NHS Trust to enhance patient care and achieve better health outcomes within our hospitals and community.

## Our Core Priorities:

- Supporting patient care will continue to be at the heart of everything that we do, as we want patients to have the best possible experience during their stay in the trust. We will work with our NHS colleagues to support key programmes and services that will enhance the treatment that is offered to patients.
- Creating the right workplace is key to improving patient care. We will support NHS colleagues in transforming the way their services are delivered. We will also support transformative projects aligned with the Trust's strategic priorities.
- The NHS is busier than ever before following the pandemic. Supporting our staff is crucial in ensuring that patients receive the best possible care. We will work with the Trust to build upon existing and new wellbeing activities and to support further improvements to staff spaces and facilities.

**Our Hospitals:** We are dedicated to raising funds for our four hospitals, as well as to support our services in the community.

- Bexhill Hospital
- Conquest Hospital
- Eastbourne District General Hospital
- Rye And Winchelsea District Memorial Hospital

**Our Funds:** At At 31 March 2023 the Charity had 103 unrestricted funds and five quality funds linked to Bexhill Hospital, Community Services, Conquest Hospital, Eastbourne District General Hospital and an overarching Trust fund. These funds are used to fund Trust wide initiatives as well as bids specific to particular locations.

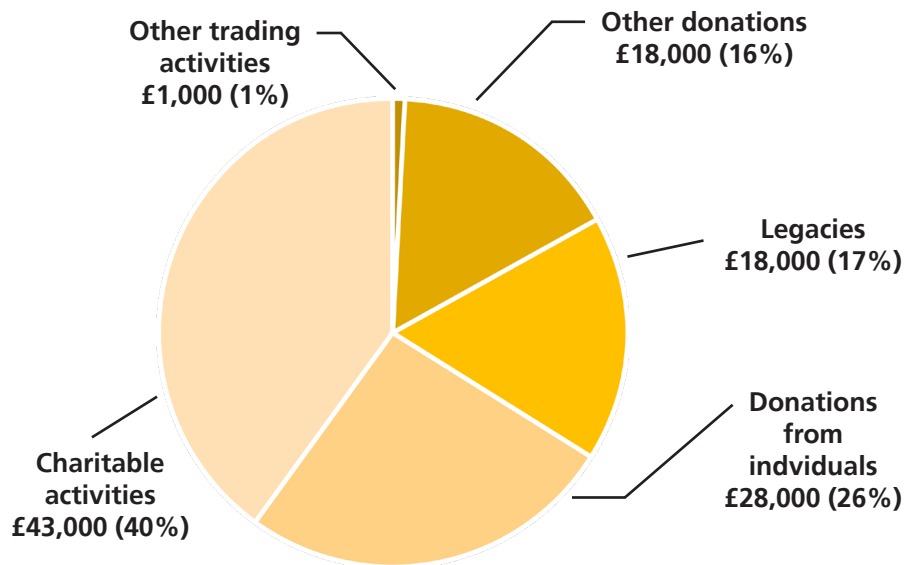
The Charity has a further 20 restricted funds, which include money received from NHS Charities Together for specific projects, and the Eastbourne District General Hospital Scanning Equipment Fund which is for the benefit of the Intensive Care and Radiology.



## 3

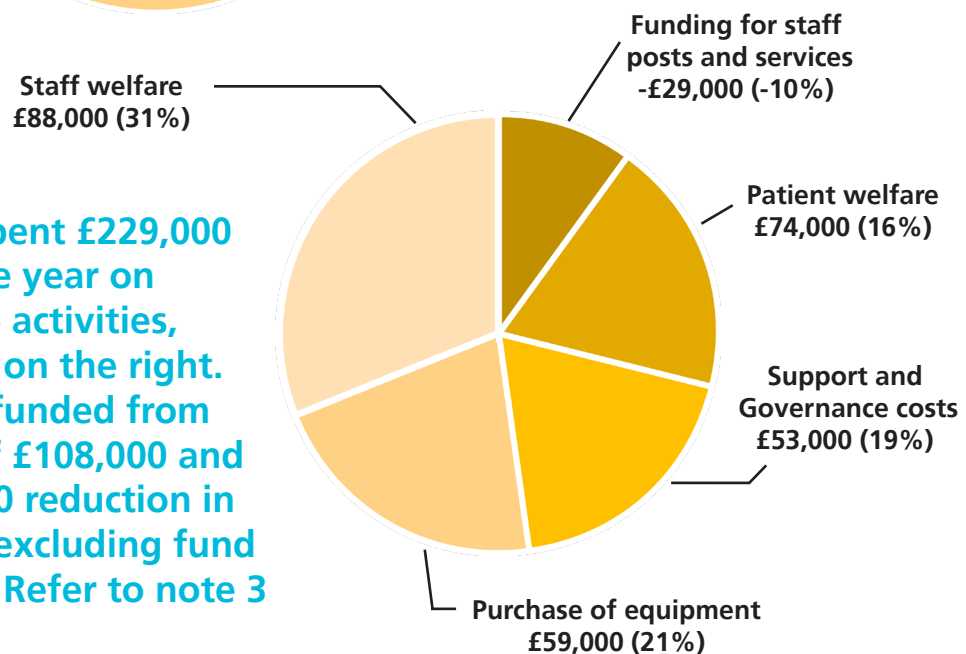
# THE YEAR IN NUMBERS

During 2022/23 ESHTCF received income of £108,000 from donations, legacies, investment income and training activities.



From 7 September 2022 it was agreed that the Resuscitation Education Fund held by the Charity would be more appropriately administered by ESHT, resulting in a transfer in year of £37,000 to ESHT.

ESHTCF spent £229,000 during the year on charitable activities, as shown on the right. This was funded from income of £108,000 and a £115,000 reduction in reserves, excluding fund transfers. Refer to note 3 and 4.



4

# HOW WE HELPED:

## Workscape

We invested £55,000 in Workscape; this was a project at the heart of our Trust's staff welfare initiatives



Jacque Fuller, Staff Engagement and Wellbeing Manager said.



“We were able to achieve so much in supporting the welfare of our staff, with the incredible support from the local community. Their kind donations enabled us to completely renovate our two Acute Hospital canteens, which really helped to boost the spirits of our front line staff.”

## Major purchases

7 treatment chairs to improve patient comfort and ease care administration for Pevensey Unit.

**£15,763**



Hoverjack for community to help safely transport patients with no or limited mobility.

**£6,965**



Simulation manikin for resuscitation training.

**£4,000**



2 x Icare Tonometers for Bexhill Ophthalmology to check intra-ocular pressures.

**£5,990**

## Other Highlights

### Charitable Funds Requested for:

A hoist for stroke unit.

High Back chairs for patient use.

An Interactive Projector for the Paediatric waiting room at EDGH (using funding kindly provided by the Rockinghorse Children's Charity).

A Electrocardiograph machine.

Continued support for Scalp Coolers for Judy Beard and Pevensey Units (using funding kindly provided by Walk the Walk).

Repairs to a Hydrotilt chair used to treat patients on Sovereign Ward.

RockinR Gaming Cart for use by patients on paediatric wards (funded by Rockinghorse Children's Charity).

Purchase of furniture for a Quiet Room in Conquest Outpatients used to break bad news to patients and their families.

Nebulisers for head and neck cancer patients to use in their own homes.

Cold Caps to be used with the Paxman machine for patients wishing to preserve their hair while having chemotherapy.

Moisturising cream and shower covers for peripherally inserted central catheter (PICC) patients.

Cardiac Rehabilitation exercise equipment.

Portable air conditioner for the Irvine Unit to maintain comfort for patients in high temperatures.

Shower protectors for peripherally inserted central catheter (PICC) patients (single use).

100 x Udderly cream to moisturise skin dehydrated by treatments.

Plants and soil for the Critical Care Sensory Garden.

Comfort Boxes for the relatives and friends of those reaching the end of their lives in hospital.

5

# FUNDRAISER AND VOLUNTEER ACHIEVEMENTS



## Walk for Wards

We participated in Sussex Community NHS Charity Walk For Wards uniting with other NHS Charities across Sussex for this truly marvellous fundraiser!

Held at the beautiful Glynde Estates, near Lewes, the challenge was to walk, jog or run the 5k or 10k route and it raised over £2,000 for East Sussex Healthcare NHS Charity. The money supported projects that go above and beyond what core NHS funding provides.

We partnered with Heads On (Sussex Partnership NHS Foundation Trust's charity), and SASH Charity (Surrey and Sussex Healthcare NHS Trust's charity) to deliver Walk For Wards, and participants chose to raise funds for the NHS Charity that means the most to them.

It was a fantastic opportunity to raise funds while also having a lovely day out with friends, family and colleagues.

Participants were encouraged to raise a minimum of £50, which could fund additional equipment or diagnostic tools to enhance patient care, contribute to activities that boost staff morale, buy essential items for patient discharge gift baskets or even help to spruce up a waiting area to improve patient experience.



## NHS Big Tea

We joined the nation, as thousands of parties were held and millions of tea bags squeezed in homes, schools, workplaces, community centres, church halls and hospitals.

On Tuesday 5 July we celebrated the National Health Service's 74th birthday. Led by NHS Charities Together, the NHS Big Tea brought the nation together to celebrate the birthday of our beloved NHS, giving thanks to the workforce, while raising funds to provide the extra support needed.

At East Sussex our charity funded a range of big tea parties across the Trust in our canteens and community sites.





Pictured left to right are: Staff Nurse Laura Wilkins and Sister Denise Campbell of the EDGH Pevensey Day Unit receiving a cheque from Robert Langford, Dorothy Langford (President, Hailsham Bowling Club) and Bobby Bennett (Chairman, Hailsham Bowling Club)

## Local Bowling Club supports local NHS hospital

Members of the Hailsham Bowling Club raised a fantastic £532 for the Pevensey Day Unit at the Eastbourne District General Hospital.

President of the Hailsham Bowling Club Dorothy Langford chose Pevensey Day Unit as her Charity for the annual Presidents Day Fundraiser at the Bowling Club. As well as a competitive bowls tournament, home-made teas and cakes were sold.

Dorothy said she was delighted to be able to raise £532 for the Pevensey Day Unit which had successfully treated husband Robert some years early for facial cancer. Robert is in remission, owing to the care he received, and a keen bowler too.



## McDonald Ward Rounders

MacDonald Ward organised a fun rounders tournament on the 10th of July at Claremont School to raise funds for their courtyard. They had 4 teams playing and congratulations to STAR, CGL Hastings who won the tournament.



## WI Jubilee Crown walk for MacDonald Ward

THE combined WI's of Fairlight, Ore and Hastings participated in a walk on Hastings and St Leonard's Seafront, Wednesday 1st June to raise more than £500 for MacDonald Ward Sensory Garden.

## Reference and Administration Details

<b>Registered Charity Name</b>	East Sussex Healthcare NHS Trust Charitable Funds
<b>Working Name</b>	East Sussex Healthcare NHS Charity
<b>Registered Charity Number</b>	1058599
<b>Registered Address</b>	Email: <a href="mailto:esht.charity@nhs.net">esht.charity@nhs.net</a> Tel: 0300 131 755255
<b>Contact Details</b>	St Anne's House 729 The Ridge St Leonards-on-Sea East Sussex TN37 7PT
<b>Principle Professional Advisors</b>	<b>Bankers:</b> Lloyds Bank plc 2 City Place Beehive Ring Road Gatwick West Sussex RH6 0PA
	<b>Solicitors:</b> Bevan Britten Kings Orchard 1 Queen Street Bristol BS2 0HQ
	<b>Auditor:</b> Grant Thornton LLP 2nd Floor St John's House Crawley RH10 1HS

# 6 GOVERNANCE



## Trustee Arrangements:

East Sussex Healthcare NHS Trust (ESHT) is the sole Trustee of the Charity. The Trustee confirms that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.]

The Charity Committee Members of ESHTCF during the year, 1 April 2022 to 31 March 2023 were as follows:

### Chair:

Karen Manson

### Committee Members:

Ama Agbeze  
Dr Tom Bate  
Angela Colosi  
Mike Eastwood  
Jaquie Fuller  
Richard Milner  
Pete Palmer  
Paresh Patel  
Laura Ransom  
Damian Reid



## Governing Document

ESHTCF's governing document is the Model Declaration of Trust as registered with the Charity Commission. This provides that the Trustees shall hold the funds on trust to apply the income and, at their discretion so far as may be permissible, the capital for any charitable purpose or purposes relating to the National Health Service wholly, or mainly, for the services provided by ESHT, Sussex Integrated Care Board (ICB).



## Structure, Governance and Management

Under the provisions of the Charities Act 2011, the Charity Commission has agreed that ESHTCF should be treated as a single Charity for the purposes of Part 4 of the Act for registration and of Part 8 of the Act for accounts.

The Charity had four registered non-trading subsidiary charities as at 31 March 2023:

- East Sussex Healthcare NHS Trust Ward Fund;
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund;
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund; and
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund.

The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is the pooling scheme fund for holding all funds.



## Charity Committee Meetings

The Committee should meet at least four times a year in order to consider any bids for over £5k and to review the management of the Charity. Reports presented to Trustees include information about income and legacies, expenditure, investment performance, and fund balances.



## Governance

The Trustee delegates responsibility for the day-to-day management of the charitable funds to the Director of Corporate Affairs and the Chief Financial Officer. The Director of Corporate Affairs is responsible for:

- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager.



The Chief Financial Officer is responsible for:

- ensuring that full accounting records are maintained;
- ensuring the accounts of Charitable Funds show a true and fair view of the year's activity;
- ensuring there is a system of control for all transactions related to expenditure and income;
- ensuring that there is robust oversight of the accounting records; and
- ensuring the accurate reporting of the in-year position to both Trustees and fund holders.

The principal officer overseeing the day-to-day financial management and accounting for the charitable funds for the accounting period 1 April 2022 to 31 March 2023 was the Chief Financial Officer, Damian Reid.

The principal officer overseeing the day-to-day administration and governance for the charitable funds for the accounting period 1 April 2022 to 31 March 2023 was Board Secretary, Pete Palmer.

7

# FINANCE



## Financial Management

Expenditure budgets for administration, governance and fundraising costs are approved by the Charity Committee at the start of the financial year and are monitored throughout the year.

The Charity manages its Charitable Activity spending through appointed fundholders for the individual funds. These fundholders manage the funds on a day-to-day basis with agreed authorisation limits, and in accordance with the Trust's Standing Financial Instructions and Orders. Each fund holder receives a quarterly financial statement of their fund which details income, expenditure and fund balances for the period.

The Charity receives expenditure applications from staff throughout the year which are authorised by the fundholder and submitted to the Acting Company Secretary, who reviews all applications to ensure that they meet the objectives of the Charity for quality, value for money and patient benefit. Where an application exceeds £5,000 the fundholder is required to present the application to the Charity Committee for approval. Where any expenditure is considered inappropriate, feedback is given to the fund manager.

The Charity does not directly employ any staff; the Charity enjoys and values the services of volunteers, but is not wholly dependent on them. The Charity is not financially dependent upon the support of any individuals, corporations or specific classes of donors. No funds are held by the Charity on behalf of individuals.



## Investments and Investment Policy

The Charity aims to enhance the value of its funds through sound investment.

Money is invested through CCLA Investment Management Limited and M&G Securities Ltd, with the aim of obtaining a return higher than the FTSE All Share Index (dividends reinvested). During the year, investments were held in the following proportions:

The total value of the investment portfolio at 31 March 2022 was £2.35m. The return on investment during the year was an increase of 11% (2020/21 decrease of 2%).

Fund	2022/23	2021/22
Fixed Interest Funds	19%	19%
CCLA Property Fund	28%	31%
M&G Securities Ltd Equities Investment Fund	53%	50%
Total investments	100%	100%

The total value of the investment portfolio at 31 March 2023 was £2.24m. The return on investment during the year was a decrease of 5% (2021/22 increase of 11%).



## Risk Management

The major risks to which the Charity is exposed have been identified and reviewed with systems established to mitigate them. The Charity relies on and benefits from the financial controls framework of ESHT.

The most significant risks identified were:

1. possible losses from a fall in the value of the investments; and
2. reputational damage leading to a sudden and dramatic fall in donations.

Both risks have been carefully considered and mitigating procedures put in place. Regular review of the investment policy ensures that both spending income. Both income and expenditure are monitored by the Committee on a quarterly basis in order that any trends can be identified at an early stage in order to avoid unforeseen calls on reserves.

## Reserves

ESHTCF hold reserves that are considered to be needed to fund planned expenditure. The Charity acknowledges that charitable donations received need to be spent on patient and staff amenities wherever possible and should not be used to build up reserves.

The reserves of the Charity at 31 March 2023 consisted of £1,888,000 unrestricted funds and £218,000 restricted funds. The Charity regularly reviews all funds held to ensure they remain active and where appropriate, a fund which is inactive for a period greater than 18 months will be closed and the funds transferred to the most relevant quality general fund to ensure that they are spent in a timely manner.



## Future plans

In accordance with Charity Commission directives, it is the Charity's continued intention to expend funds for the benefit of both staff and patients.

A strategy has been developed that will lead to increased visibility and awareness for the Chairty. A new website is being developed, along with a new Charity logo, this will formally launch in early 2024. Improved social media presence, and a push to expand the charity's lottery are hoped to drive an increase in donations, and in particular funds for general use rather than those donated to a particular service or ward.

The charity continues to work closely with Friends of Eastbourne Hospital, Friends of Conquest Hospital, The League of Friends of Bexhill Hospital, The Friends of the Rye, Winchelsea and District Memorial Hospital and The League of Friends of Uckfield Community Hospital, using our resources to support the amazing work that they do for the Trust.



## Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Charity's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustee to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of the resources of the Charity for the year. In preparing those financial statements the Trustee is required to:

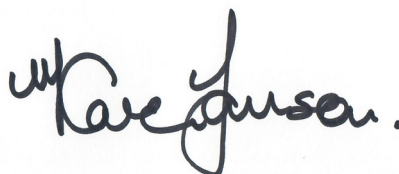
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP FRS 102;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business; and
- ensure the financial statements comply with the Trust Deed.

The Trustee is responsible for keeping accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and regulations made thereunder. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Charity Committee on behalf of the Corporate Trustee on 30 January 2024 and signed on their behalf by:

Signed:

Karen Manson  
Chair



8

# INDEPENDENT EXAMINER'S REPORT TO THE CORPORATE TRUSTEE OF EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND



## Independent examiner's report to the corporate trustee of East Sussex Healthcare NHS Trust Charitable Fund

I report on the accounts of East Sussex Healthcare NHS Trust Charitable Fund (the "charity") for the year ended 31 March 2023, which are set out on pages 32 to 47.

Your attention is drawn to the fact that the charity's trustees have prepared the charity's accounts in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) ) issued in October 2019 in preference to the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005)' issued in April 2005 which is referred to in the Charities (Accounts and Reports) Regulations 2008 but has been withdrawn. I understand that the charity's trustees have done this in order for the charity's accounts to give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

This report is made solely to the charity's trustees, as a body, in accordance with the regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a comparison of the accounts with the accounting records kept by the charity. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act 2011;
  - to prepare accounts which accord with the accounting records; and
  - to comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*John Paul Cuttle*

**John Paul Cuttle, Director**

Grant Thornton UK LLP, Chartered Accountants

**London**

31 January 2024

## Statement of Financial Activities for the year ended 31 March 2023

	Note	2022/23	2022/23	2022/23	2021/22
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
<b>Income and endowments from</b>					
Donations	2.1	45	2	47	258
Legacies	2.2	18	-	18	11
Charitable activities	2.3	43	-	43	34
<b>Total income</b>		<b>106</b>	<b>2</b>	<b>108</b>	<b>303</b>
<b>Expenditure on Charitable activities</b>					
Patient welfare		(70)	(0)	(70)	(87)
Funding for staff posts and services		(25)	47	22	(30)
Staff welfare		(45)	(55)	(100)	(283)
Purchase of equipment		(79)	(1)	(80)	(74)
<b>Spend on charitable activities</b>		<b>(219)</b>	<b>(9)</b>	<b>(229)</b>	<b>(474)</b>
Fundraising		(1)	-	(1)	-
Transfer to East Sussex Healthcare NHS Trust		(37)	-	(37)	-
<b>Total expenditure</b>	<b>4</b>	<b>(258)</b>	<b>(9)</b>	<b>(267)</b>	<b>(474)</b>
Net gains/(losses) on investments	7.1	(112)	-	(112)	235
<b>Net income/(expenditure)</b>		<b>(263)</b>	<b>(7)</b>	<b>(270)</b>	<b>64</b>
Transfer between funds		(7)	7	-	-
<b>Net movement in funds</b>	<b>6</b>	<b>(271)</b>	<b>0</b>	<b>(270)</b>	<b>64</b>
<b>Reconciliations of funds</b>					
Fund balances brought forward at 1 April		2,153	218	2,371	2,307
<b>Fund balances carried forward at 31 March</b>		<b>1,882</b>	<b>218</b>	<b>2,101</b>	<b>2,371</b>

All gains and losses recognised in the year are included in the Statement of Financial Activities.

## Balance Sheet as at 31 March 2023

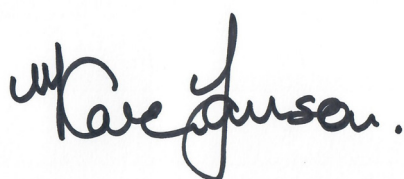
	Note	2022/23	2022/23	2022/23	2021/22
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
<b>Fixed assets</b>					
Investments	7	2,072	170	2,242	2,354
<b>Total fixed assets</b>		<b>2,072</b>	<b>170</b>	<b>2,242</b>	<b>2,354</b>
<b>Current assets</b>					
Debtors	8	-	-	-	-
Cash and cash equivalents		(98)	238	140	432
<b>Total current assets</b>		<b>(98)</b>	<b>238</b>	<b>140</b>	<b>432</b>
<b>Liabilities</b>					
Creditors falling due within one year	9	(92)	(190)	(281)	(415)
<b>Net current liabilities</b>		<b>(190)</b>	<b>48</b>	<b>(142)</b>	<b>17</b>
<b>Total net assets</b>		<b>1,882</b>	<b>218</b>	<b>2,100</b>	<b>2,371</b>
<b>Funds of the Charity</b>					
Unrestricted		1,882	-	1,882	2,153
Restricted		-	218	218	218
<b>Total funds</b>	10	<b>1,882</b>	<b>218</b>	<b>2,100</b>	<b>2,371</b>

The notes at pages 35 to 45 form part of these accounts.

Approved and authorised for issue by the Trustees on 30 January 2024 and signed on their behalf.

**Karen Manson**  
Chair  
Date: 30-01-2024

**Damian Reid**  
Chief Financial Officer  
Date: 30-01-2024




## Statement of Cash flows for the year ended 31 March 2023

	Note	2022/23	2021/22
		Total Funds	Total Funds
		£000	£000
<b>Cash flows from operating activities:</b>			
Net expenditure for the reporting period		(270)	64
<b>Adjustments for:</b>			
(Gains)/losses on investments	7.1	112	(235)
(Increase)/decrease in debtors		-	1
Increase/(decrease) in creditors		(134)	144
<b>Net cash used in operating activities</b>		<b>(292)</b>	<b>(26)</b>
<b>Cash flows from investing activities</b>			
Proceeds from sale of investments		-	-
<b>Net cash provided by investing activities</b>		<b>-</b>	<b>-</b>
<b>Change in cash and cash equivalents in the reporting period</b>		<b>(292)</b>	<b>(26)</b>
<b>Cash and cash equivalents at 1 April 2022</b>		<b>432</b>	<b>458</b>
<b>Cash and cash equivalents at 31 March 2023</b>		<b>140</b>	<b>432</b>

## Notes to the Accounts

### 1. Accounting Policies

#### 1.1. Accounting Convention

The financial statements have been prepared under the historic cost convention, as modified for the revaluation of certain investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The Trust constitutes a public benefit entity as defined by FRS 102.

The Trustee considers that there are no material uncertainties affecting the accounts or the Charity's ability to continue as a going concern and that no subsequent events have been identified which would be material and would require adjustment in the statements to 31/03/2023. The Trustee confirms that they are satisfied that charity reserves are more than sufficient to cover ongoing liquidity needs and pay creditors as they fall due for a period of at least 12 months from the date of signing the statements.

#### 1.2. Income Recognition

All income is recognised and included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- Entitlement: control over the rights or other access to the economic benefit has passed to the Charity.
- Probable: it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity.
- Measurement: the monetary value or amount of both the income and the costs to complete the transaction can be measured reliably.

Income from legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled or are within the Charity's control to fulfil.

### 1.3. Expenditure Recognition

The accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies.

Support and Governance costs are accounted for on an accruals basis and are recharges of appropriate proportions of the ESHT costs, audit or independent examination fees, fund raising consultancy, support for the accounting software and Trustee Indemnity Insurance.

Support and Governance costs are apportioned between the unrestricted funds based on the average fund balance for the year.

From the 7 September 2022 the Resuscitation Education Funds held within the Charity were transferred to East Sussex Healthcare NHS Trust, this resulted in a transfer in year of £37,000.

During 2022/23 the Charity reversed expenditure that was accrued in 2021/22 as it would no longer be realised, this has resulted in positive expenditure being reported in this financial year. The two accruals reversed were £31,347 for the Youth Volunteers Project and £15,850 for the Appreciative Inquiry Chronicler Project.

All items of expenditure under £5,000 are treated as revenue.

### 1.4. Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Other funds are classified as unrestricted funds. The major funds held within these categories are disclosed in note 10.

## 1.5. Investment Fixed Assets

Investment fixed assets are shown at bid price, which is used to measure fair value for accounting purposes of shares that are traded in an active market. The investments are valued at closing unit prices and the net gains and losses on revaluations and disposals are included on the Statement of Financial Activities.

## 1.6. Gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Gains and losses on investments are calculated as the difference between sales proceeds and opening fair value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between fair value at the year end and opening fair value (or date of purchase if later).

## 1.7. Pooling scheme

An official pooling scheme, the East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is operated for investments relating to the following funds:

- East Sussex Healthcare NHS Trust Ward Fund
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund
- East Sussex Healthcare NHS Trust Education Fund
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund

The Scheme was registered with the Charity Commission on 17 March 1998.

## 1.8. Related Party Transactions

The Trustee of the ESHTCF is **East Sussex Healthcare NHS Trust**.

ESHT is the major recipient of funds of the Charity and received grants from the Charity totalling £165,000 during the year (2021/22 £400,000).

ESHT charged a management fee to the Charity of £45,000 (2021/22 £68,000) to recharge administrative costs and services provided.

The Charity owed ESHT £81,000 at 31 March 2023 (£36,000 31 March 2022). Refer to note 9.

None of the members of ESHT Board, senior staff or parties related to them were beneficiaries of the Charity. None of the Trustees or other Members of ESHT Board has received honoraria, emoluments, or expenses in the year.

## 1.9. Debtors

Debtors are amounts owed to the Charity. They are measured based on their recoverable amount. Refer to note 8.

## 1.10. Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments.

## 1.11. Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt. There are no amounts which are owed in more than a year.

## 2. Details of Income

### 2.1. Donations

	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£000	£000	£000	£000
Donations from individuals	27	1	28	77
Other trading activities	1	-	1	6
Other	17	1	18	175
<b>Total voluntary income</b>	<b>45</b>	<b>2</b>	<b>47</b>	<b>258</b>

### 2.2. Legacies

M E Harniman	-	-	-	5
M G Tookey	-	-	-	2
S D Stringer	11	-	11	4
S M Lister	7	-	7	-
<b>Total legacies</b>	<b>18</b>	<b>-</b>	<b>18</b>	<b>11</b>

### 2.3. Charitable Activities

Training courses	43	-	43	34
<b>Total charitable activities</b>	<b>43</b>	<b>-</b>	<b>43</b>	<b>34</b>

### 3. Analysis of charitable expenditure before allocation of Support and Governance Costs

	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£000	£000	£000	£000
Arts in Healthcare	23	-	23	22
Other patients welfare and amenities	29	-	29	52
<b>Patient welfare total</b>	<b>52</b>	<b>-</b>	<b>52</b>	<b>74</b>
Funded staff posts and services	-	(31)	(31)	(5)
Funding for Professional Fees	18	(16)	2	24
<b>Funding of staff posts and services total</b>	<b>18</b>	<b>(47)</b>	<b>(29)</b>	<b>19</b>
Support to staff training	25	(3)	22	75
Other support to staff welfare and amenities	8	58	66	187
<b>Staff welfare total</b>	<b>33</b>	<b>55</b>	<b>88</b>	<b>262</b>
Purchase of equipment	58	1	59	49
Fundraising	1	-	1	-
Transfer to East Sussex Healthcare NHS Trust	37	-	37	-
<b>Total charitable expenditure</b>	<b>199</b>	<b>9</b>	<b>208</b>	<b>404</b>

All charitable expenditure is classified as grant funded activities.

#### 4. Analysis and Allocation of Support and Governance Costs

	2022/23	2021/22
	Total Funds	Total Funds
	£000	£000
Computer Expenses	5	-
Administration fee	12	27
<b>Total support costs</b>	<b>17</b>	<b>27</b>
Independent Examiner's fee	8	2
Indemnity insurance	1	-
Governance fee	33	41
<b>Total governance costs</b>	<b>41</b>	<b>43</b>
<b>Total support and governance costs</b>	<b>59</b>	<b>70</b>

The support costs and governance costs attributable to charitable activities is apportioned based on the total expenditure for the year for each charitable activity as shown in the table below.

Computer expenses has been segregated from the Administration fee for transparency of management costs for 2022/23.

	2022/23	2022/23	2022/23	2021/22
	Grant funding of activities	Support and Governance Costs	Total Funds	Total Funds
	£000	£000	£000	£000
<b>Allocation of support and governance costs</b>	Note 3			
Patient welfare	52	19	70	87
Funding for staff posts and services	(29)	7	(22)	30
Staff welfare	88	12	100	283
Purchase of equipment	59	21	80	74
<b>Active continuing funds</b>	<b>170</b>	<b>59</b>	<b>229</b>	<b>474</b>
Fundraising	1	-	1	-
Transferred funds	37	-	37	-
<b>Total allocated</b>	<b>208</b>	<b>59</b>	<b>267</b>	<b>474</b>

Grants paid in year to ESHT £165,000 (2021/22 £400,000), Grants paid to individuals in year £6,500 (2021/22 £4,500).

## 5. Examiner's remuneration

The Independent Examiner's remuneration of £8,040 including VAT relates solely to the independent examination covering current audit plan of £6,000 and a catch up from previous year of £2,040. There was no other additional work undertaken. Refer to note 4.

## 6. Changes in Resources Available for Charity Use

	2022/23	2022/23	2022/23	2021/22
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£000	£000	£000	£000
Net movement in funds for the year	(271)	0	(270)	64
<b>Net movement in funds available for future activities</b>	<b>(271)</b>	<b>0</b>	<b>(270)</b>	<b>64</b>

## 7. Analysis of Fixed Asset Investments

### 7.1. Fixed Asset Investments

	2022/23	2021/22
	Total	Total
	£000	£000
Market value at start of period	2,354	2,119
Net gains/(losses) on revaluation and sales	(112)	235
<b>Market value at end of period</b>	<b>2,242</b>	<b>2,354</b>
<b>Historic cost at end of period</b>	<b>1,170</b>	<b>1,170</b>

## 7.2. Market Value

	31 March 2023	31 March 2022
	£000	£000
<b>Investments in a Common Deposit Fund or Common Investment Fund</b>		
CCLA Investment Management Fixed Interest Funds	388	403
CCLA Investment Management Property Fund	634	721
M&G Securities Fixed Interest Investment Fund	37	39
M&G Securities Equities Investment Fund	1,181	1,189
<b>Total</b>	<b>2,240</b>	<b>2,352</b>
Cash held as part of the investment portfolio	2	2
<b>Total</b>	<b>2,242</b>	<b>2,354</b>

All units are held within the UK.

## 8. Analysis of Debtors

	Balance 31 March 2023	Balance 31 March 2022
	£000	£000
<b>All falling due within one year</b>		
Trade debtors	-	-
<b>Total debtors</b>	<b>-</b>	<b>-</b>

## 9. Analysis of Creditors

	Balance 31 March 2023	Balance 31 March 2022
	£000	£000
<b>Falling due within one year</b>		
Accruals and deferred income	200	358
Other creditors	81	57
<b>Total creditors</b>	<b>281</b>	<b>415</b>

## 10. Analysis of Funds

### 10.1.

	Balance 31 March 2023	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2022
	£000	£000	£000	£000	£000	£000
<b>Unrestricted funds</b>	<b>1,882</b>	<b>106</b>	<b>(258)</b>	<b>(7)</b>	<b>(112)</b>	<b>2,153</b>
Arts in Healthcare	2	0	(0)		-	2
Conquest Courtyards	10				-	10
COVID - Deaf App	3				-	3
COVID - General Fund	0		19	(23)	-	4
COVID - Nursing Fund	2				-	2
COVID - Sunflower Scheme	1				-	1
COVID - TRiM Training	3				-	3
COVID - What Matters to You	(1)		(1)	(25)	-	25
Diabetes Inpatient Specialist Nurses	4				-	4
EDGH Scanning Equipment for Intensive Care and Radiology	145				-	145
Kipling Music	2				-	2
Lewes Victoria Hospital	14				-	14
Pooja Sharma Memorial	2		(1)			3
Workscape Project	0	2	(57)	55	-	-
Youth Volunteering Project	31		31		-	-
<b>Total Restricted Funds</b>	<b>219</b>	<b>2</b>	<b>(9)</b>	<b>7</b>	<b>-</b>	<b>218</b>
<b>Total Funds</b>	<b>2,101</b>	<b>109</b>	<b>(267)</b>	<b>-</b>	<b>(112)</b>	<b>2,371</b>

## 10.2. Details of the Restricted Income Funds

Name of fund	Description
Arts in Healthcare	The promotion of the initiative for the provision of Arts in Healthcare
Conquest Courtyards	The fund held for the benefit of the Conquest courtyards
Conquest Equipment	The fund held for the purchase of equipment at Conquest Hospital
COVID - Deaf App	The development of an App for deaf users
COVID - General Fund	To enhance the wellbeing of NHS Staff, volunteers and patients impacted by COVID-19
COVID - Nursing Fund	To enhance the wellbeing of staff nurses
COVID - Sunflower Scheme	The project to promote sunflower lanyards, which demonstrate when someone has a hidden disability
COVID - Trauma Therapist	To support trauma therapy for NHS staff
COVID - TRiM Training	This is a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic, event
COVID - Wellbeing Fund	To enhance NHS staff experience and wellbeing whilst at work
COVID - What Matters to You	To support staff through Covid 19 and beyond – rest areas/staff room
Diabetes Inpatient Specialist Nurses	To support UK Diabetes Inpatient Specialist Nurses Project
EDGH Scanning Equipment for Intensive Care and Radiology	The funds held for the purchase of scanning equipment for Intensive Care and Radiology at Eastbourne District General Hospital
Kipling Music	The fund held to provide interactive music sessions to Kipling Ward
Lewes Victoria Hospital	The fund held for the benefit of Lewes Victoria Hospital
Maternity Bereavement Suite	The fund held for the refurbishment of the Maternity Bereavement Suite
Pooja Sharma Memorial	To commemorate staff member Pooja Sharma
Workscape Project	To enhance staff facilities and workspaces
South East Orthopaedic Training	To provide training for junior doctors in surgical skills
Youth Volunteering Project	The fund held for the development of youth volunteering opportunities in East Sussex

## 11. Funding Commitments

As at 31 March 2023 the Trustees had not made commitments other than those shown as creditors, note 9.

## 9

# WAYS IN WHICH TO SUPPORT OUR CHARITY

There are many ways you can support our Charity

Donations can be made in the following ways:

## Direct into bank account

Bank: Lloyds Bank

Sort code: 30-92-86

Account number: 00460039

Account name: East Sussex Healthcare NHS Trust Charitable Fund

Reference: Please state the General Fund

## By post

Cheque to East Sussex Healthcare NHS Trust Charitable Fund

Please write on the back of the cheque which fund you would like to donate to, e.g. General Fund, and send to:

Charitable Funds  
St Anne's House  
729 The Ridge  
St Leonards-On-Sea  
East Sussex  
TN37 7PT

## By a donation on our 'Just Giving' site

[www.justgiving.com/esht](http://www.justgiving.com/esht)

As well as making a general donation, you can also open a page in celebration of and in memory of a loved one. If you are a group or an organisation who is interested in raising money on behalf of the Charity, we would love to hear from you too.

For more information and for support if you are holding your own event, please contact our charity team:

[esht.charity@nhs.net](mailto:esht.charity@nhs.net)

## Gift Aid

Gift Aid is a simple, government initiative which allows us to increase the value of your donations at no extra cost to you. For every pound you give to us we can get an extra 25 pence from HM Revenue and Customs helping your donation go further to help patients and their families. The only condition is that you are a UK tax payer. When making a donation simply let us know that you wish to Gift Aid your donation, to do this all we need is your name and address.



## Contact

### **Conquest Hospital**

The Ridge, St Leonards-on-Sea, East Sussex,  
TN37 7RD  
0300 131 4500

### **Eastbourne District General Hospital**

Kings Drive, Eastbourne, East Sussex,  
BN21 2UD  
0300 131 4500


### **Bexhill Hospital**

Holliers Hill, Bexhill-on-Sea, East Sussex,  
TN40 2DZ  
0300 131 4500

### **Rye, Winchelsea and District Memorial Hospital**

Peasmarsh Road, Rye, East Sussex,  
TN31 7UD  
(01797) 224499



 [esht.nhs.uk](http://esht.nhs.uk)

 [X.com/ESHTNHS](https://twitter.com/ESHTNHS)

 [facebook.com/ESHTNHS](https://facebook.com/ESHTNHS)

**EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND**

England & Wales - Charity number 1058599

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# Accounts

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East Sussex Healthcare  
NHS Trust



# East Sussex Healthcare NHS Trust Charitable Fund

Annual Report and Accounts 2021/22  
Registered Charity Number 1058599

[www.esht.nhs.uk](http://www.esht.nhs.uk)

# CONTENTS



**1** **Message from the Chair** Page 4

**2** **About East Sussex Healthcare NHS Trust** Page 6

Our Vision Page 6

Our Core Priorities Page 6

Our Hospitals Page 6

Our Funds Page 6

**3** **The Year in Numbers** Page 7

**4** **How we helped:** Page 8

Launching our staff wellbeing fund Page 8

Continuing to support staff through COVID-19 Page 10

Major purchases Page 11

Other Highlights Page 12



## 5 Fundraising Page 13

Fundraiser and Volunteer Achievements Page 14

Partner Charities Page 15

Reference and Administration Details Page 16

## 6 Governance Page 17

Trustee Arrangements Page 18

Structure, Governance and Management Page 18

Charity Committee Meetings Page 20

Governance Page 21

## 7 Finance Page 22

Financial Management Page 23

Investments and Investment Policy Page 24

Risk Management Page 25

Reserves Page 25

Future plans Page 26

Statement of Trustee's Responsibilities Page 27

## 8 Independent examiners report Page 28

Statement of Financial Activities for the year ended 31 March 2022 Page 31

Balance Sheet as at 31 March 2022 Page 32

Statement of Cash flows for the year ended 31 March 2022 Page 33

Notes to the Accounts Page 34

## 9 Ways in which to support our charity Page 44

## 1

# MESSAGE FROM THE CHAIR

## Karen Manson Chair of Charitable Funds Committee

I am delighted to present the annual report together with the financial statements of the Charity for the year ended 31 March 2022. In what has been a profoundly difficult year for so many, the charity has made a real difference to the lives of patients and staff.

The annual report and financial statements comply with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Charities Act 2011 and the UK Generally Accepted Accounting Practice.

Our income for 2021/22 was £303,000 pounds. This is a remarkable achievement, given the obvious fundraising challenges presented by a global pandemic and national lockdown. This would simply not have been possible without the support of our brilliant donors and creative fundraisers alike.



I would like to take this opportunity to extend a heart-felt thank you to all the fundraisers, donors and volunteers who have supported us this year. The Annual Report is our chance to demonstrate just how much of a difference the charity has made, and can continue to make, with the invaluable backing of our supporters.

I would also like to take this opportunity to thank those individuals who have served on the Charitable Fund Committee during the year, who have given their energy, time and skills to make a difference.

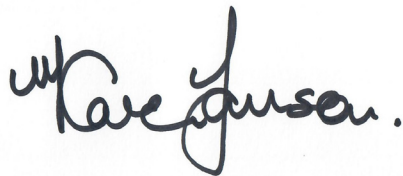
I hope that, like me, you will be inspired by our plans to help and want to be part of our story.

If you would like to donate, details about how to do this are on page 42.

On behalf of the many patients who have benefitted from your generosity, thank you

**Karen Manson**

Chair of Charitable Funds Committee



## 2

# ABOUT EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUNDS

**East Sussex Healthcare NHS Trust Charitable Fund (ESHTCF) was formed in October 1996 and is registered with the Charity Commission, the Charity Number is 1058599.**

**Our Vision:** To improve the experience of every patient.

**Our Core Priorities:**

- improving clinical services;
- enhancing the experiences of patients;
- purchasing equipment that will improve the care given to patients;
- enabling services to be given to patients in innovative ways;
- training staff; and
- improving the welfare of staff where there is a clear benefit to patients in doing this.

**Our Hospitals:** We are dedicated to raising funds for our four hospitals, as well as to support our services in the community.

- Bexhill Hospital
- Conquest Hospital
- Eastbourne District General Hospital
- Rye And Winchelsea District Memorial Hospital

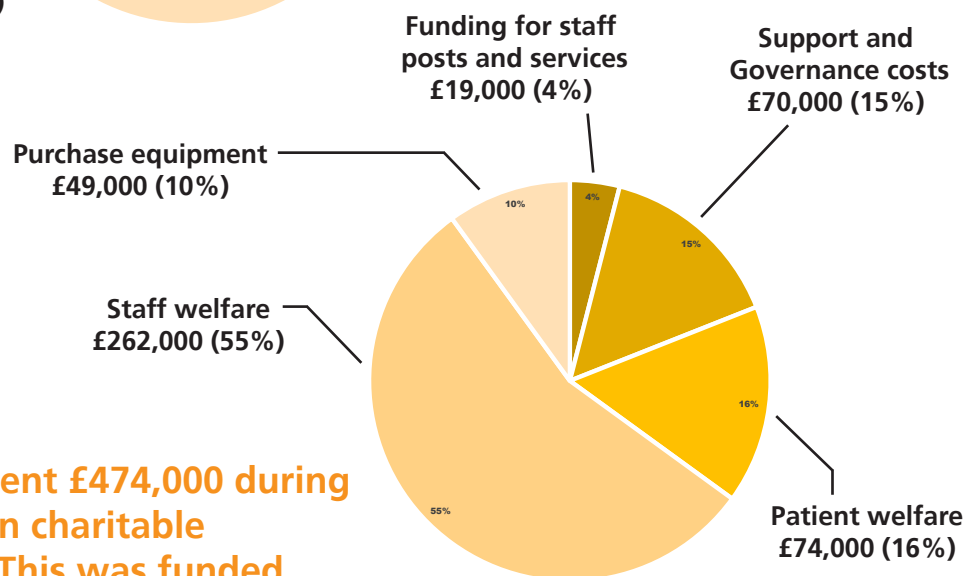
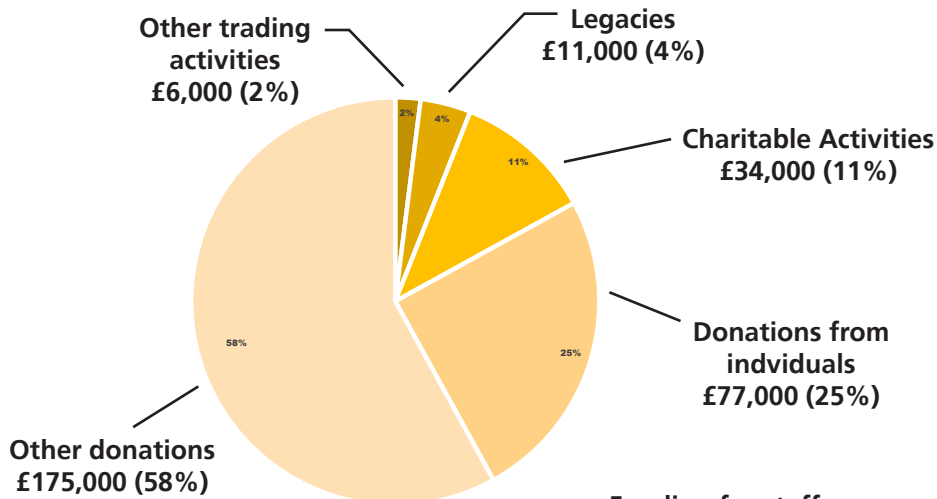
**Our Funds:** At 31 March 2022 the Charity had 100 unrestricted funds and 5 quality funds linked to Bexhill Hospital, Community Services, Conquest Hospital, Eastbourne District General Hospital and an overarching Trust fund. These funds are used to fund Trust wide initiatives as well as bids specific to particular locations.

The Charity has a further 19 restricted funds, which include money received from NHS Charities Together for specific projects, and the Eastbourne District General Hospital Scanning Equipment Fund which is for the benefit of the Intensive Care and Radiology.

3

# THE YEAR IN NUMBERS

During 2021/22 ESHTCF received income of £303,000 from donations, legacies, investment income and training activities.



ESHTCF spent £474,000 during the year on charitable activities. This was funded from income of £303,000 and a £235,000 net gain on investments.

## 4

# HOW WE HELPED:

## Launching our staff wellbeing fund

Upon launching the COVID-19 Wellbeing fund in March 2020, our immediate focus was on supporting staff on the front line across our hospitals. We moved quickly to set up communications to enable us to spread the word.

As community donations began to be received, the fund was further boosted by additional grant support from the central NHS Charities Together charity.

Our initial focus was on providing small items for staff and patients, that would have the most positive impact on their wellbeing. These included:

East Sussex Healthcare NHS Trust Ward Fund;

- hand creams and water bottles;
- quiet rooms for staff use which created calm areas where they could grab a few moments of rest; and
- electronic tablets to allow staff and patients to communicate with loved ones while visiting restrictions were in place.



The support that we received from individuals and companies in our community during the pandemic was incredible, and we received a wide assortment of non-financial donations. We made up care boxes with the food, drinks and toiletries we received which the Trust's Health and Wellbeing Team delivered to over 2,000 staff across the Trust during the first wave of the pandemic.

Jacquie Fuller, Staff Engagement and Wellbeing Manager said.



"We were able to achieve so much in supporting the welfare of our staff, with the incredible support from the local community. Their kind donations enabled us to put together jam-packed boxes full of food, drinks and treats, which really helped to boost the spirits of our front line staff in the most difficult of times."

## Continuing to support staff through COVID-19

As the effects of the pandemic continued, staff at our hospitals embraced new ways of working. Large numbers of patients with COVID-19 and the use of personal protective equipment made working conditions increasingly difficult. Donations to the charity allowed us to make things a little easier.



  
 FAIRLIGHT HALL




OPEN GARDENS  
 FRIDAY 18th & SATURDAY 19th SEPTEMBER  
 FOR NHS STAFF, VOLUNTEERS AND FRIENDS

Morning and afternoon tours  
 Free to NHS staff, volunteers plus one guest  
 Book a guide or stroll the grounds at your leisure  
 Complimentary tea and cake  
 Plants, vegetables and fruit stalls

Reserve your am or pm place now  
 email [esht.charity@nhs.net](mailto:esht.charity@nhs.net)

**THANK YOU NHS**

In September, with thanks to the enormous generosity of the Kowitz Family, the charity organised an open day for Trust staff, volunteers and their families to visit Fairlight Hall. They got to relax and unwind in the award winning gardens enjoying cream teas in glorious sunshine. It was a big thank you for all the hard work everyone had put in during the pandemic.



Steve Phoenix, Chairman of ESHT with Sarah Kowitz

## Major purchases

East Sussex Healthcare NHS Charitable Funds have had the pleasure of approving and supporting the following Major purchases during the year ended 31 March 2022:

### Ultrasound machines for Pevensey Unit

Committee members were delighted to approve £48,000 of funding to support the purchase of additional Ultrasound Machines for Pevensey Unit. These additional units will significantly help staff improve patient care as well as the working environment for the department.



### Trauma Risk Management (TRiM)

TRiM is a peer support system that is designed to help people who have experienced a traumatic, or potentially traumatic event (PTEs). The Trust received funding from NHS Charities together to establish a TRiM program which would train staff to deliver this support to colleagues and teams within the workplace.

We trained staff in key clinical areas to become TRiM Practitioners, who were supported by TRiM Managers in each division. A Trust TRiM Lead was appointed who was responsible for the overall establishment and embedding of the program, the coordination of responses to PTEs and the roll out of the training programme. To date ESHT has trained 25 TRiM Practitioners with a further cohort due to start in September 2022 with 10 staff confirmed to attend.

The TRiM process has made a huge difference within ESHT. It has allowed over 200 staff to gain access to psychological support following a PTE. Feedback received from staff has shown that TRiM support has helped prevent staff from taking time off sick following traumatic events, and has provided the opportunity for them to be signposted to other forms of support that are available if they need this. The time spent with those needing TRiM has made them feel valued and listened to. Although TRiM is not a problem solving exercise, it gives staff the opportunity to talk through the PTE and to be given self-care advice which they can draw upon going forward.

The feedback received from staff who have engaged in TRiM has been overwhelmingly positive.

## Other Highlights

A selection of other key items purchased during the year

- Translation Videos for British Sign Language (BSL)
- Hidden Disability Sunflower Scheme
- HoverJack for our community team to help safely transport patients with no or limited mobility
- Support for an annual programme of Schwartz Rounds
- Hoist for stroke unit
- High Back chairs for patient use
- Well-being support for staff
- Lifting Chair
- Porters kitchen
- Maternity equipment
- Repair for chairs used by patients in the Judy Beard Day Unit
- Hot Water Boiler - Ophthalmology
- Day Beds
- Shelter for Irvine Unit Garden
- Physio Equipment
- Portable suction devices for head and neck cancers



5

# FUNDRAISING





Skydivers Matron Hayley Bird and friend Tina Gibbins raised an incredible £2,230 for the Judy Beard Unit at Conquest Hospital to help buy a cold cap system which can make the process of chemotherapy a little more comfortable and less stressful.



Each year young people around the country take part in the National Citizen Service scheme doing good deeds in and around their local communities. Pictured here are the East Sussex branch assisting Sean our Trust Gardener clearing one of our courtyards



Louis Walder and fellow Conquest Physiotherapist Kirsti Bennett-Kosti with Hastings Lions, who matched a £1,000 donation by the East Sussex NHS Charity to buy the Conquest Physiotherapy Department a Tilt Bed.

Howard Lovell was in coma in Conquest HDU for 34 days at the start of COVID-19. He would have died if not for the fabulous care he received from the team of the doctors and nurses who saved his life. Howard, fighting fit again and wanting to show his immense appreciation choose to run 34 back-to-back marathons from Portsmouth to his home in Rye and raised £34,000 for Conquest HDU to thank them for saving his life!

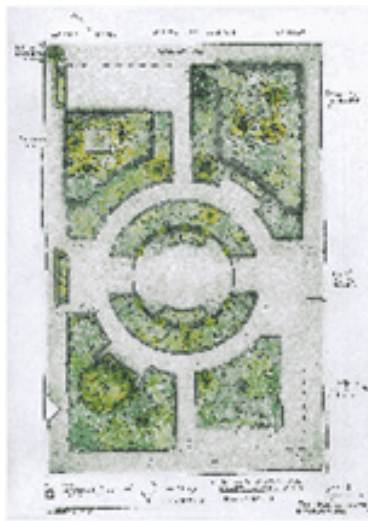


## Fundraiser and Volunteer Update

The pandemic posed a raft of added challenges for fundraisers across the country. Many of the major annual charity fundraising events were put on hold or cancelled.

## Partner Charities

We are enormously grateful for the work our partner charities do to raise funds for ESHT Hospitals, our community services, and patients. Our partner Charities are: The Friends of Bexhill Hospital, The Friends of Conquest Hospital, The Friends of Eastbourne District General Hospital and the Friends of Rye and Winchelsea District Memorial Hospital.



Together with the Friends of Conquest and the Kowitz Family Foundation we are restoring the 21 Courtyards of Conquest Hospital. The hospital was originally designed around 21 courtyards as open spaces, nature and fresh air help with patient recovery and improve the morale and energy of the medical staff working there.

The design was enlightened for its time and proved very popular. Sadly, over time the condition of the courtyards has deteriorated and they have fallen into disuse. The project was started by the Kowitz Family Foundation of Fairlight Hall who restored the first garden.

We've attracted a number of local professional garden designers who have offered complimentary designs. Hospital volunteers are providing the labour under the supervision of the Trust's Gardening Team.

We still need funding, for gardening tools, plants and materials and for some of the bigger courtyards building materials. If you would like to support us you can donate in general to the project or select a specific garden or part of a garden.



## Reference and Administration Details

<b>Registered Charity Name</b>	<b>East Sussex Healthcare NHS Trust Charitable Funds</b>
<b>Working Name</b>	<b>East Sussex Healthcare NHS Charity</b>
<b>Registered Charity Number</b>	<b>1058599</b>
<b>Registered Address</b>	<b>Email: <a href="mailto:esht.charity@nhs.net">esht.charity@nhs.net</a> Tel: 0300 131 755255</b>
<b>Contact Details</b>	<b>St Anne's House 729 The Ridge St Leonards-on-Sea East Sussex TN37 7PT</b>
<b>Principle Professional Advisors</b>	<b>Bankers: Lloyds Bank plc 2 City Place Beehive Ring Road Gatwick West Sussex RH6 0PA</b>
	<b>Solicitors: Bevan Britten Kings Orchard 1 Queen Street Bristol BS2 0HQ</b>
	<b>Auditor: Grant Thornton LLP 2nd Floor St John's House Crawley RH10 1HS</b>

# 6 GOVERNANCE



## Trustee Arrangements:

East Sussex Healthcare NHS Trust (ESHT) is the sole Trustee of the Charity. The Trustee confirms that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

The Charity Committee Members of ESHTCF during the year, 1 April 2021 to 31 March 2022 were as follows:

Chair:

Karen Manson

Committee Members:

Dr Tom Bate

Angela Colosi

Mike Eastwood

Pete Palmer

Paresh Patel

Damian Reid

Jeanette Williams



## Governing Document

ESHTCF's governing document is the Model Declaration of Trust as registered with the Charity Commission. This provides that the Trustees shall hold the funds on trust to apply the income and, at their discretion so far as may be permissible, the capital for any charitable purpose or purposes relating to the National Health Service wholly, or mainly, for the services provided by ESHT, Hastings and Rother Clinical Commissioning Group (CCG) and Eastbourne, Hailsham and Seaford CCG.



## Structure, Governance and Management

Under the provisions of the Charities Act 2011, the Charity Commission has agreed that ESHTCF should be treated as a single Charity for the purposes of Part 4 of the Act for registration and of Part 8 of the Act for accounts.

The Charity had four registered non-trading subsidiary charities as at 31 March 2022

- East Sussex Healthcare NHS Trust Ward Fund;
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund;
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund; and
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund.



The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is the pooling scheme fund for holding all funds.

## Charity Committee Meetings

The Committee should meet at least four times a year in order to consider any bids for over £5k and to review the management of the Charity. Reports presented to Trustees include information about income and legacies, expenditure, investment performance, and fund balances.

The COVID-19 pandemic, and ensuing pressure on the NHS, made convening meetings during 2021/22 extremely challenging. However, the Committee managed to meet on three occasions utilising Microsoft Teams to meet virtually, and approving bids electronically when appropriate. Attendance was as follows :

Karen Manson, Non-Executive Director and Committee Chair	3/3
Paresh Patel, Non-Executive Director	3/3
Lydia Crouch, Head of Financial Services	2/3
Angela Colosi, Associate Director of Nursing	2/3
Jeanette Williams, Staff Engagement Manager	1/3
Tom Bate, Anaesthetic Consultant	2/3
Peter Palmer, Acting Company Secretary	2/3
Mike Eastwood, Fundraising Manager	3/3
Damian Reid, Chief Financial Officer	3/3
Jacque Fuller, Staff Engagement and Wellbeing Manager	1/3
James Collingwood, Deputy Head of Financial Services	1/3
Laura Ransom, Human Resources Administration Manager	1/3
Ruth Farre, Engagement and Communications Officer	2/3

## Governance

The Trustee delegates responsibility for the day-to-day management of the charitable funds to the Director of Corporate Affairs and the Chief Financial Officer. The Director of Corporate Affairs is responsible for:

- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager.



The Chief Financial Officer is responsible for:

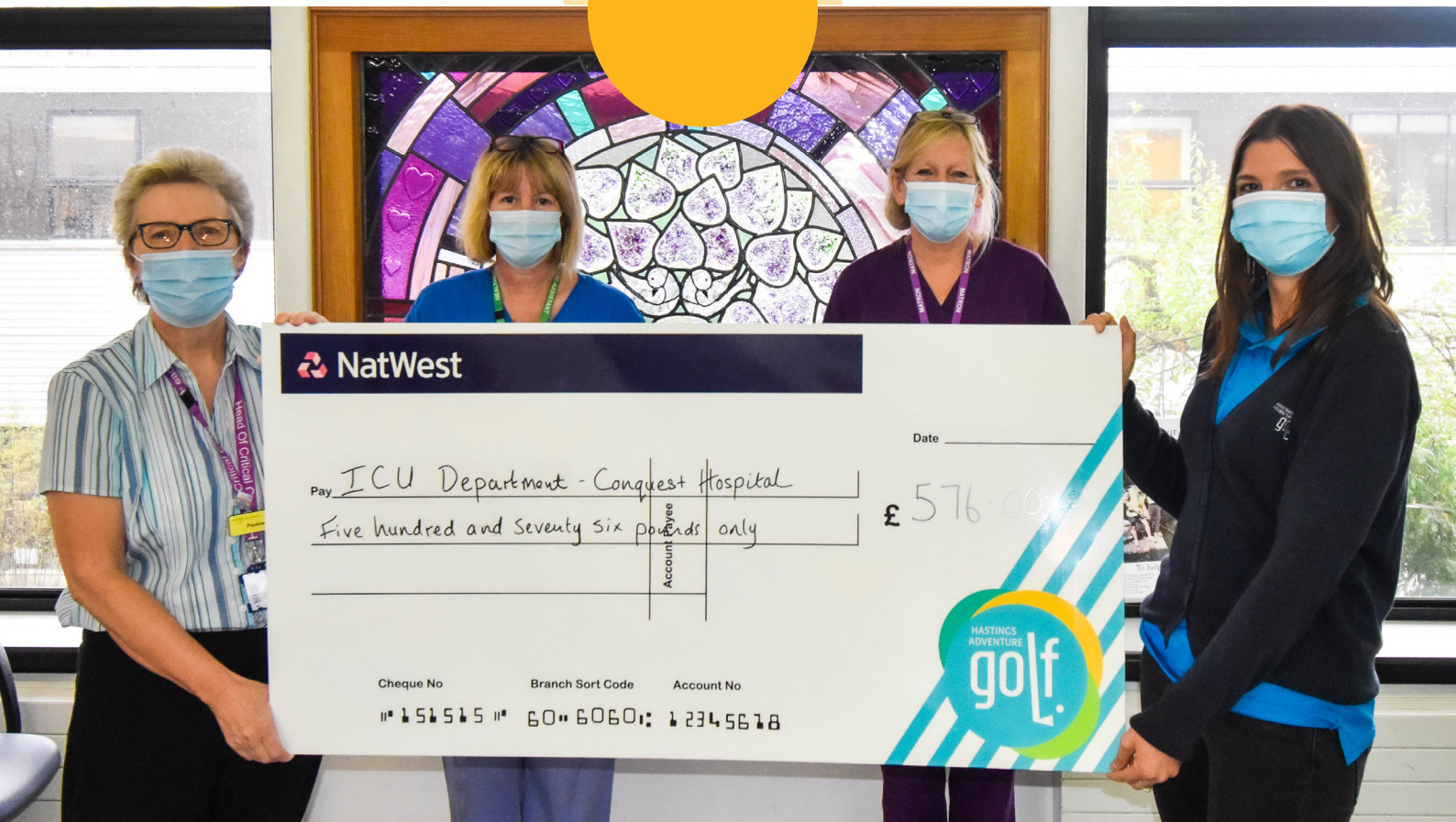
- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager.

The principal officer overseeing the day-to-day financial management and accounting for the charitable funds for the accounting period 1 April 2021 to 31 March 2022 was the Chief Financial Officer, Damian Reid.

The principal officer overseeing the day-to-day administration and governance for the charitable funds for the accounting period 1 April 2021 to 31 March 2022 was the Director of Corporate Affairs, Lynette Wells.

7

# FINANCE



## Financial Management

Expenditure budgets for administration, governance and fundraising costs are approved by the Charity Committee at the start of the financial year and are monitored throughout the year.

The Charity manages its Charitable Activity spending through appointed fundholders for the individual funds. These fundholders manage the funds on a day-to-day basis with agreed authorisation limits, and in accordance with the Trust's Standing Financial Instructions and Orders. Each fund holder receives a quarterly financial statement of their fund which details income, expenditure and fund balances for the period.

The Charity receives expenditure applications from staff throughout the year which are authorised by the fundholder and submitted to the Acting Company Secretary, who reviews all applications to ensure that they meet the objectives of the Charity for quality, value for money and patient benefit. Where an application exceeds £5,000 the fundholder is required to present the application to the Charity Committee for approval. Where any expenditure is considered inappropriate, feedback is given to the fund manager.

The Charity does not directly employ any staff; the Charity enjoys and values the services of volunteers, but is not wholly dependent on them. The Charity is not financially dependent upon the support of any individuals, corporations or specific classes of donors. No funds are held by the Charity on behalf of individuals.



## Investments and Investment Policy

The Charity aims to enhance the value of its funds through sound investment.

Money is invested through CCLA Investment Management Limited and M&G Securities Ltd, with the aim of obtaining a return higher than the FTSE All Share Index (dividends reinvested). During the year, investments were held in the following proportions:

The total value of the investment portfolio at 31 March 2022 was £2.35m. The return on investment during the year was an increase of 11% (2020/21 decrease of 2%).



Fund	2021/22	2020/21
Fixed Interest Funds	19%	22%
CCLA Property Fund	31%	28%
M&G Securities Ltd Equities Investment Fund	50%	50%
Total investments	100%	100%

## Reserves

ESHTCF hold reserves that are considered to be needed to fund planned expenditure. The Charity acknowledges that charitable donations received need to be spent on patient and staff amenities wherever possible and should not be used to build up reserves.

The reserves of the Charity at 31 March 2022 consisted of £2,153,000 unrestricted funds and £218,000 restricted funds. The Charity regularly reviews all funds held to ensure they remain active and where appropriate, a fund which is inactive for a period greater than 18 months will be closed and the funds transferred to the most relevant quality general fund to ensure that they are spent in a timely manner.

## Governing Document

The major risks to which the Charity is exposed have been identified and reviewed with systems established to mitigate them. The Charity relies on and benefits from the financial controls framework of ESHT.

The most significant risks identified were:

1. possible losses from a fall in the value of the investments; and
2. reputational damage leading to a sudden and dramatic fall in donations.

Both risks have been carefully considered and mitigating procedures put in place. Regular review of the investment policy ensures that both spending income. Both income and expenditure are monitored by the Committee on a quarterly basis in order that any trends can be identified at an early stage in order to avoid unforeseen calls on reserves.



## Future plans

In accordance with Charity Commission directives, it is the Charity's continued intention to expend funds for the benefit of both staff and patients.

Over the two years of the pandemic, the Charity has taken the opportunity offered to review the way it works, improving governance, reviewing the way in which our funds are invested and making plans for the future.

A strategy is being developed that will increase the Charity's visibility, and we plan to rebrand the charity with a new shorter name and logo. A new website and improved social media presence are being planned which will all help the charity to become better known and therefore lead to increased donations.

In addition the charity is also looking at ways that it can work more closely with the Friends of ESHT's hospitals, using our resources to support the amazing work that they do for the Trust. It has been a challenging period of time for many charities and we can be stronger by working together. The charity's switch to a corporate Trustee has helped to review, refresh and refocus our activities and operations, improve governance and working model models.

We hope that as we come out of the pandemic, the work we have done during this difficult period will ensure that we have a more robust, responsive charity which is able to use its resources to support ESHT and its staff in the best way possible.



## Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Charity's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the Trustee to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of the resources of the Charity for the year. In preparing those financial statements the Trustee is required to:

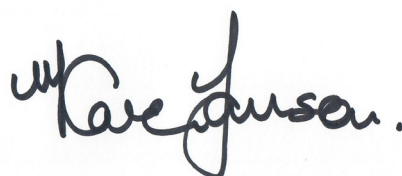
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP FRS 102;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business; and
- ensure the financial statements comply with the Trust Deed.

The Trustee is responsible for keeping accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and regulations made thereunder. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Charity Committee on behalf of the Corporate Trustee on 2 December 2022 and signed on their behalf by:

Signed:

Karen Manson



8

# INDEPENDENT EXAMINER'S REPORT TO THE CORPORATE TRUSTEE OF EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND



## Independent examiner's report to the corporate trustee of East Sussex Healthcare NHS Trust Charitable Fund

I report on the accounts of East Sussex Healthcare NHS Trust Charitable Fund (the "charity") for the year ended 31 March 2022, which are set out on pages 31 to 43.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act 2011;
  - to prepare accounts which accord with the accounting records; and
  - to comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008have not been met, or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

### Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a comparison of the accounts with the accounting records kept by the charity. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as corporate trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement above.

### Respective responsibilities of corporate trustee and examiner

The charity's corporate trustee is responsible for the preparation of the accounts. The charity's trustee considers that an audit is not required for this year under section 149(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 149 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 149(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity's trustee has prepared the charity's accounts in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) issued in October 2019 in preference to the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005)' issued in April 2005 which is referred to in the Charities (Accounts and Reports) Regulations 2008 but has been withdrawn. I understand that the charity's trustee has done this in order for the charity's accounts to give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

Commercial in confidence

### Use of this report

This report is in respect of an examination carried out under section 149(3) of the Charities Act 2011. This report is made solely to the charity's corporate trustee, as a body, in accordance with the regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee as a body, for my work, for this report or for the opinions I have formed.

*John Paul Cuttle*

**John Paul Cuttle, Director**

Grant Thornton UK LLP, Chartered Accountants

**London**

31 January 2023

## Statement of Financial Activities for the year ended 31 March 2022

	Note	2021/22	2021/22	2021/22	2020/21
		Unrestricted	Restricted	Total	Total
		Funds	Funds	Funds	Funds
		£000	£000	£000	£000
<b>Income and endowments from</b>					
Donations	2.1	126	132	258	534
Legacies	2.2	11	-	11	140
Charitable activities	2.3	34	-	34	7
<b>Total income</b>		<b>171</b>	<b>132</b>	<b>303</b>	<b>681</b>
<b>Expenditure on Charitable activities</b>					
Patient welfare		(38)	(49)	(87)	(47)
Funding for staff posts and services		(33)	3	(30)	(140)
Staff welfare		(61)	(222)	(283)	(103)
Purchase of equipment		(74)	-	(74)	(91)
<b>Spend on charitable activities</b>		<b>(206)</b>	<b>(268)</b>	<b>(474)</b>	<b>(381)</b>
Fundraising		-	-	-	(11)
Transfer to East Sussex Healthcare NHS Trust		-	-	-	(145)
<b>Total expenditure</b>	<b>4</b>	<b>(206)</b>	<b>(268)</b>	<b>(474)</b>	<b>(536)</b>
Net gains/(losses) on investments	7.1	235	-	235	321
<b>Net income/(expenditure)</b>		<b>200</b>	<b>(136)</b>	<b>64</b>	<b>466</b>
Transfer between funds		(81)	81	-	-
<b>Net movement in funds</b>	<b>6</b>	<b>119</b>	<b>(55)</b>	<b>64</b>	<b>466</b>
<b>Reconciliations of funds</b>					
Fund balances brought forward at 1 April		2,034	273	2,307	1,843
<b>Fund balances carried forward at 31 March</b>		<b>2,153</b>	<b>218</b>	<b>2,371</b>	<b>2,307</b>

All gains and losses recognised in the year are included in the Statement of Financial Activities.

## Balance Sheet as at 31 March 2022

	Note	2021/22	2021/22	2021/22	2020/21
		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£000	£000	£000	£000
<b>Fixed assets</b>					
Investments	7	2,184	170	2,354	2,119
<b>Total fixed assets</b>		<b>2,184</b>	<b>170</b>	<b>2,354</b>	2,119
<b>Current assets</b>					
Debtors	8	-	-	-	1
Cash and cash equivalents		156	276	432	458
<b>Total current assets</b>		<b>156</b>	<b>276</b>	<b>432</b>	459
<b>Liabilities</b>					
Creditors falling due within one year	9	(187)	(228)	(415)	(271)
<b>Net current liabilities</b>		(31)	48	17	188
<b>Total net assets</b>		<b>2,153</b>	<b>218</b>	<b>2,371</b>	<b>2,307</b>
<b>Funds of the Charity</b>					
Unrestricted		2,153	-	2,153	2,034
Restricted			218	218	273
<b>Total funds</b>	10	<b>2,153</b>	<b>218</b>	<b>2,371</b>	<b>2,307</b>

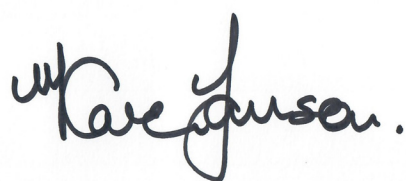
The notes at pages 34 to 43 form part of these accounts.

Approved and authorised for issue by the Trustees on 31 January 2023 and signed on their behalf.

**Karen Manson**

Chair

Date: 31 January 2023



**Damian Reid**

Chief Financial Officer

Date: 31 January 2023



## Statement of Cash flows for the year ended 31 March 2022

	Note	2021/22	2020/21
		Total Funds	Total Funds
		£000	£000
<b>Cash flows from operating activities:</b>			
Net expenditure for the reporting period		64	470
<b>Adjustments for:</b>			
(Gains)/losses on investments	7.1	(235)	(321)
(Increase)/decrease in debtors		1	-
Increase/(decrease) in creditors		144	(448)
<b>Net cash used in operating activities</b>		<b>(26)</b>	<b>(299)</b>
<b>Cash flows from investing activities</b>			
Proceeds from sale of investments		-	370
<b>Net cash provided by investing activities</b>		<b>-</b>	<b>370</b>
<b>Change in cash and cash equivalents in the reporting period</b>		<b>(26)</b>	<b>71</b>
<b>Cash and cash equivalents at 1 April 2021</b>		<b>458</b>	<b>386</b>
<b>Cash and cash equivalents at 31 March 2022</b>		<b>432</b>	<b>458</b>

## Notes to the Accounts

### 1. Accounting Policies

#### 1.1. Accounting Convention

The financial statements have been prepared under the historic cost convention, as modified for the revaluation of certain investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The Trust constitutes a public benefit entity as defined by FRS 102.

The Trustee considers that there are no material uncertainties affecting the accounts or the Charity's ability to continue as a going concern and that no subsequent events have been identified which would be material and would require adjustment in the statements to 31/03/2022. The Trustee confirms that they are satisfied that charity reserves are more than sufficient to cover ongoing liquidity needs and pay creditors as they fall due for a period of at least 12 months from the date of signing the statements.

#### 1.2. Income Recognition

All income is recognised and included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- Entitlement: control over the rights or other access to the economic benefit has passed to the Charity.
- Probable: it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity.
- Measurement: the monetary value or amount of both the income and the costs to complete the transaction can be measured reliably.

Income from legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled or are within the Charity's control to fulfil.

### 1.3. Expenditure Recognition

The accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies.

Support and Governance costs are accounted for on an accruals basis and are recharges of appropriate proportions of the ESHT costs, audit or independent examination fees, fund raising consultancy, support for the accounting software and Trustee Indemnity Insurance.

Support and Governance costs are apportioned across all funds based on the average fund balance for the year.

All items of expenditure under £5,000 are treated as revenue.

### 1.4. Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Other funds are classified as unrestricted funds. The major funds held within these categories are disclosed in note 10.

### 1.5. Investment Fixed Assets

Investment fixed assets are shown at bid price, which is used to measure fair value for accounting purposes of shares that are traded in an active market. The investments are valued at closing unit prices and the net gains and losses on revaluations and disposals are included on the Statement of Financial Activities.

### 1.6. Gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Gains and losses on investments are calculated as the difference between sales proceeds and opening fair value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between fair value at the year end and opening fair value (or date of purchase if later).

## 1.7. Pooling scheme

An official pooling scheme, the East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is operated for investments relating to the following funds:

- East Sussex Healthcare NHS Trust Ward Fund
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund
- East Sussex Healthcare NHS Trust Education Fund
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund

The Scheme was registered with the Charity Commission on 17 March 1998.

## 1.8. Related Party Transactions

The Trustee of the ESHTCF is **East Sussex Healthcare NHS Trust**

ESHT is the major recipient of funds of the Charity and received grants from the Charity totalling £400,000 during the year (2020/21 £325,000).

ESHT charged a management fee to the Charity of £68,000 (2020/21 £53,000) to recharge administrative costs and services provided.

The Charity owed ESHT £36,000 at 31 March 2022 (£31,000 31 March 2021).

None of the members of ESHT Board, senior staff or parties related to them were beneficiaries of the Charity. None of the Trustees or other Members of ESHT Board has received honoraria, emoluments or expenses in the year.

## 1.9. Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

## 1.10. Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments.

### 1.11. Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt. There are no amounts which are owed in more than a year.

## 2. Details of Income

### 2.1. Donations

	Unrestricted Funds	Restricted Funds	Total 2021/22	Total 2020/21
	£000	£000	£000	£000
Donations from individuals	76	1	77	107
Other trading activities	6	-	6	7
Other	44	131	175	420
<b>Total voluntary income</b>	<b>126</b>	<b>132</b>	<b>258</b>	<b>534</b>

### 2.2. Legacies

I E Beall	-	-	-	5
R J V Sturgis	-	-	-	125
E Jones	-	-	-	10
M E Harniman	5	-	5	-
S D Tookey	4	-	4	-
M G Tookey	2	-	2	-
<b>Total legacies</b>	<b>11</b>	<b>-</b>	<b>11</b>	<b>140</b>

### 2.3. Charitable Activities

Training courses	34	-	34	7
<b>Total charitable activities</b>	<b>34</b>	<b>-</b>	<b>34</b>	<b>7</b>

### 3. Analysis of charitable expenditure before allocation of Support and Governance Costs

	Unrestricted Funds £000	Restricted Funds £000	Total 2021/22 £000	Total 2020/21 £000
Arts in Healthcare	22	-	22	21
Other patients welfare and amenities	3	49	52	13
<b>Patient welfare total</b>	<b>25</b>	<b>49</b>	<b>74</b>	<b>35</b>
Funded staff posts and services	(7)	2	(5)	83
Funding for Professional Fees	29	(5)	24	49
<b>Funding of staff posts and services total</b>	<b>22</b>	<b>(3)</b>	<b>19</b>	<b>133</b>
Support to staff training	25	50	75	13
Other support to staff welfare and amenities	16	171	187	69
<b>Staff welfare total</b>	<b>41</b>	<b>221</b>	<b>262</b>	<b>83</b>
Purchase of equipment	49	-	49	74
Fundraising	-	-	-	11
Transfer to East Sussex Healthcare NHS Trust	-	-	-	145
<b>Total charitable expenditure</b>	<b>137</b>	<b>267</b>	<b>404</b>	<b>480</b>

All charitable expenditure is classified as grant funded activities

#### 4. Analysis and Allocation of Support and Governance Costs

	2021/22	2020/21
	Total Funds	Total Funds
	£000	£000
Administration fee	27	27
<b>Total support costs</b>	<b>27</b>	<b>27</b>
Independent Examiner's fee	2	2
Indemnity insurance	-	1
Governance fee	41	26
<b>Total governance costs</b>	<b>43</b>	<b>29</b>
<b>Total support and governance costs</b>	<b>70</b>	<b>56</b>

The support costs and governance costs attributable to charitable activities is apportioned based on the total expenditure for the year for each charitable activity as shown in the table below.

	2021/22	2021/22	2021/22	2020/21
	Grant funding of activities	Support and Governance Costs	Total Funds	Total Funds
	£000	£000	£000	£000
<b>Allocation of support and governance costs</b>	Note 3			
Patient welfare	74	13	87	47
Funding for staff posts and services	19	11	30	140
Staff welfare	262	21	283	103
Purchase of equipment	49	25	74	91
<b>Active continuing funds</b>	<b>404</b>	<b>70</b>	<b>474</b>	<b>381</b>
Fundraising	-	-	-	11
Transferred funds	-	-	-	145
<b>Total allocated</b>	<b>404</b>	<b>70</b>	<b>474</b>	<b>537</b>

Grants paid in year to ESHT £400,000 (2020/21 £325,000), Grants paid to individuals in year £4,500 (2020/21 £4,500).

## 5. Examiner's remuneration

The Independent Examiner's remuneration of £1,800 exclusive of VAT (2020/21 £1,800) related solely to the independent examination with no other additional work undertaken.

## 6. Changes in Resources Available for Charity Use

	2021/22	2021/22	2021/22	2020/21
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£000	£000	£000	£000
Net movement in funds for the year	119	(55)	64	465
<b>Net movement in funds available for future activities</b>	<b>119</b>	<b>(55)</b>	<b>64</b>	<b>465</b>

## 7. Analysis of Fixed Asset Investments

### 7.1. Fixed Asset Investments

	2021/22	2020/21
	Total	Total
	£000	£000
Market value at start of period	2,119	2,169
Net gain on revaluation and sales	235	(49)
<b>Market value at end of period</b>	<b>2,354</b>	<b>2,119</b>
<b>Historic cost at end of period</b>	<b>1,170</b>	<b>1,232</b>

## 7.2. Market Value

	31 March 2022	31 March 2021
	£000	£000
<b>Investments in a Common Deposit Fund or Common Investment Fund</b>		
CCLA Investment Management Fixed Interest Funds	403	422
CCLA Investment Management Property Fund	721	599
M&G Securities Fixed Interest Investment Fund	39	40
M&G Securities Equities Investment Fund	1,189	1,056
<b>Total</b>	<b>2,352</b>	<b>2,117</b>
Cash held as part of the investment portfolio	2	2
<b>Total</b>	<b>2,354</b>	<b>2,119</b>

All units are held within the UK.

## 8. Analysis of Debtors

	Balance 31 March 2022	Balance 31 March 2021
	£000	£000
<b>All falling due within one year</b>		
Trade debtors	-	1
<b>Total debtors</b>	<b>-</b>	<b>1</b>

## 9. Analysis of Creditors

	Balance 31 March 2022	Balance 31 March 2021
	£000	£000
<b>Falling due within one year</b>		
Accruals and deferred income	358	234
Other creditors	57	36
<b>Total creditors</b>	<b>415</b>	<b>271</b>

## 10. Analysis of Funds

### 10.1.

	Balance 31 March 2022	Income	Expenditure	Transfers	Gains and Losses	Balance 31 March 2021
	£000	£000	£000	£000	£000	£000
<b>Unrestricted funds</b>	<b>2,153</b>	<b>171</b>	<b>(206)</b>	<b>(81)</b>	<b>235</b>	<b>2,034</b>
Arts in Healthcare	2	1			-	1
Conquest Courtyards	10				-	10
Conquest Equipment	-		(3)		-	3
COVID - Deaf App	3		(49)		-	52
COVID - General Fund	4		(34)	(4)	-	42
COVID - Nursing Fund	2	2			-	-
COVID - Sunflower Scheme	1		(9)		-	10
COVID - Trauma Therapist	-	105	(105)		-	-
COVID - TRIM Training	3		(47)		-	50
COVID - Wellbeing Fund	-	20	(24)	4	-	-
COVID - What Matters to You	25		3		-	22
Diabetes Inpatient Specialist Nurses	4	4			-	-
EDGH Scanning Equipment for Intensive Care and Radiology	145				-	145
Kipling Music	2				-	2
Lewes Victoria Hospital	14			1	-	13
Maternity Bereavement Suite	-		3		-	(3)
Pooja Sharma Memorial	3			3		-
South East Orthopaedic Training	-		(1)	(1)	-	2
Youth Volunteering Project	-		(2)	78	-	(76)
<b>Total Restricted Funds</b>	<b>218</b>	<b>132</b>	<b>(268)</b>	<b>81</b>	<b>-</b>	<b>273</b>
<b>Total Funds</b>	<b>2,371</b>	<b>303</b>	<b>(474)</b>	<b>-</b>	<b>235</b>	<b>2,307</b>

## 10.2 Details of the Restricted Income Funds

Name of fund	Description
Arts in Healthcare	The promotion of the initiative for the provision of Arts in Healthcare
Conquest Courtyards	The fund held for the benefit of the Conquest Courtyards
Conquest Equipment	The fund held for the purchase of Equipment at Conquest Hospital
COVID - Deaf App	The development of an app for deaf users
COVID - General Fund	To enhance the well-being of NHS Staff, volunteers and patients impacted by COVID-19
COVID - Nursing Fund	To enhance the well-being of staff nurses
COVID - Sunflower Scheme	The project to promote sunflower lanyards, which demonstrate when someone has a hidden disability
COVID - Trauma Therapist	To support trauma therapy for NHS staff
COVID - TRiM Training	This is a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic, event
COVID - Wellbeing Fund	To enhance NHS staff experience and wellbeing whilst at work
COVID - What Matters to You	To support staff through Covid 19 and beyond – rest areas/staff room
Diabetes Inpatient Specialist Nurses	To support UK Diabetes Inpatient Specialist Nurses Project
EDGH Scanning Equipment for Intensive Care and Radiology	The funds held for the purchase of Scanning Equipment for Intensive Care and Radiology at Eastbourne District General Hospital
Kipling Music	The fund held to provide interactive music sessions to Kipling Ward
Lewes Victoria Hospital	The fund held for the benefit of Lewes Victoria Hospital
Maternity Bereavement Suite	The fund held for the refurbishment of the Maternity Bereavement Suite
Pooja Sharma Memorial	To commemorate staff member Pooja Sharma
South East Orthopaedic Training	To provide training for junior doctors in surgical skills
Youth Volunteering Project	The fund held for the development of youth volunteering opportunities in East Sussex

## 11. Funding Commitments

As at 31 March 2022 the Trustees had not made commitments other than those shown as creditors, Note 9.

## 9

# WAYS IN WHICH TO SUPPORT OUR CHARITY

There are many ways you can support our Charity

Donations can be made in the following ways:

## Direct into bank account

Bank: Lloyds Bank

Sort code: 30-92-86

Account number: 00460039

Account name: East Sussex Healthcare NHS Trust Charitable Fund

Reference: Please state the General Fund

## By post

Cheque to East Sussex Healthcare NHS Trust Charitable Fund

Please write on the back of the cheque which fund you would like to donate to, e.g. General Fund, and send to:

Charitable Funds  
St Anne's House  
729 The Ridge  
St Leonards-On-Sea  
East Sussex  
TN37 7PT

## By a donation on our 'Just Giving' site

[www.justgiving.com/esht](http://www.justgiving.com/esht)

As well as making a general donation, you can also open a page in celebration of and in memory of a loved one. If you are a group or an organisation who is interested in raising money on behalf of the Charity, we would love to hear from you too.

For more information and for support if you are holding your own event, please contact our charity team:

[esht.charity@nhs.net](mailto:esht.charity@nhs.net)

## Gift Aid

Gift Aid is a simple, government initiative which allows us to increase the value of your donations at no extra cost to you. For every pound you give to us we can get an extra 25 pence from HM Revenue and Customs helping your donation go further to help patients and their families. The only condition is that you are a UK tax payer. When making a donation simply let us know that you wish to Gift Aid your donation, to do this all we need is your name and address.



## Contact

### **Conquest Hospital**

The Ridge, St Leonards-on-Sea, East Sussex,  
TN37 7RD  
0300 131 4500

### **Eastbourne District General Hospital**

Kings Drive, Eastbourne, East Sussex,  
BN21 2UD  
0300 131 4500

### **Bexhill Hospital**

Holliers Hill, Bexhill-on-Sea, East Sussex,  
TN40 2DZ  
0300 131 4500

### **Rye, Winchelsea and District Memorial Hospital**

Peasmarsh Road, Rye, East Sussex,  
TN31 7UD  
(01797) 224499



esht.nhs.uk



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facebook.com/ESHTNHS

**EAST SUSSEX HEALTHCARE NHS TRUST CHARITABLE FUND**

England & Wales - Charity number 1058599

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# Accounts

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East Sussex Healthcare  
NHS Trust

# East Sussex Healthcare NHS Trust Charitable Fund

Annual Report and Accounts

Year Ended 31 March 2021

Registered Charity Number 1058599

WHAT MATTERS TO YOU  
MATTERS TO US ALL

# Contents

Charity Report	1
Statement of the Trustees' responsibilities	11
Independent Examiner's report	12
Statement of financial activities	13
Balance sheet	14
Statement of cash flows	15
Notes to the Accounts	16
Ways in which to support our charity	25

# Charity Report

## Report for the Year Ended 31 March 2021

We are delighted to present the annual report together with the financial statements of the Charity for the year ended 31 March 2021.

The annual report and financial statements comply with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Charities Act 2011 and the UK Generally Accepted Accounting Practice.



## Chair's Report

As Chair of the East Sussex Healthcare NHS Trust Charitable Fund (ESHTCF), I am pleased to welcome you to the 2021 Annual Report and Accounts. We hope you find this a useful guide to the important role our Charity plays in supporting NHS patients, their carers, families and staff.

East Sussex Healthcare NHS Trust (ESHT) was made the sole Trustee of the Charity on 3 March 2020. This change enabled us to undertake a thorough review of the way in which the Charity was administered. We invited staff from across our hospitals, community services and back offices to join our Charity Committee meetings, enabling us to hear different perspectives, generate new ideas and activities and increase the awareness of the Charity more broadly across ESHT.

Covid has had a substantial impact on the Charity's activities in 2020/21. Fund raising activities were cancelled and fewer grant applications received. However, the biggest impact on our Charity resulted in the Trust's decision to join NHS Charities Together at the start of the pandemic. NHS Charities Together is the overarching NHS charity which supports a network of over 240 NHS Charities. During the pandemic, NHS Charities together swiftly became a central point for fundraising to support the NHS, with prominent fundraisers including Captain Sir Tom Moore, Joe Wicks and Premier League footballers, and people from across the country raising £150m. NHS Charities Together distributed this to member organisations, and our Charity received almost £350,000 during 2020/21. As well as receiving funding to support our staff during the first and second waves of the pandemic, we also successfully applied to NHS Charities Together to fund a number of projects:

- Virtual leadership support for nurses and matrons in the early stages of the pandemic;
- Funding for 'Our ESHT Story';
- A 'What Matters to You' initiative, providing small items for staff that would make a big difference in the workplace;
- Money to develop a British Sign Language app, for our d/Deaf community;
- Funding for a sunflower lanyard scheme, supporting patients with hidden disabilities;
- Support to provide psychological support for staff in a variety of different ways both during and after the pandemic, including:
  - Trauma Risk Management (TRiM) training, a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic, event;
  - Psychological team support;
  - GTEP (Group Traumatic Experience Programme), a follow on from the psychological team intervention where required;
  - Trauma therapy for individuals.

The Charity's work is possible thanks to the generous support of patients, staff and local people. Thanks to your efforts, we received £681,000 of income over the last year. Key highlights of our year include provision of:

- Support for the Youth Volunteer project, which identifies and implements opportunities for youth volunteers;
- A state of the art haematology microscope, to enhance service delivery and the diagnosis of cancer patients;
- A PAX scalp cooling system for the Pevensey Day Unit, which reduces hair loss during chemotherapy
- Furnishings for the bereavement suits at Conquest Hospital;
- Emergency grants to help patients suffering from cancer.

I would like to take this opportunity to thank those individuals who have served as Charitable Fund Committee during the year. I would also like to thank all of our supporters – including everyone who has helped raise money for the Charity or given their energy, time and skills to make a difference during this financial year. I hope that, like me, you will be inspired by our plans to help and want to be part of our story. Your donations made this work possible and your future donations are the key to our continued success.

If you would like to donate, details about how to do this are on page 24.

On behalf of the many patients who have benefitted from your generosity, thank you for your continued support.

**Karen Manson**  
Chair

## Our Objectives and Activities

East Sussex Healthcare NHS Trust Charitable Fund (ESHTCF) was formed in October 1996 and is registered with the Charity Commission, the Registered Charity Number is 1058599.

At 31 March 2021 the Charity had 138 unrestricted funds and five quality funds linked to Bexhill Hospital, Community Services, Conquest Hospital, Eastbourne District General Hospital and an overarching Trust fund. These funds are used to fund Trust wide initiatives as well as bids specific to particular locations.

The Charity has a further 15 restricted funds, which include money received from NHS Charities Together for specific projects, and the Eastbourne District General Hospital Scanning Equipment Fund which is for the benefit of the Intensive Care and Radiology Department.

The Charity's main purpose is to raise funds and receive donations in service to its objective of providing benefit to the staff and patients of ESHT. This benefit may come in a variety of forms, including:

- improving clinical services;
- enhancing the experiences of patients;
- purchasing equipment that will improve the care given to patients;
- enabling services to be given to patients in innovative ways;
- training staff; and
- improving the welfare of staff where there is a clear benefit to patients in doing this.

East Sussex Healthcare NHS Trust is the Corporate Trustee for the Charity. It is legally responsible for the overall management and decision making of the Charity, ensuring that it operates in compliance with the Charities Act 2011.

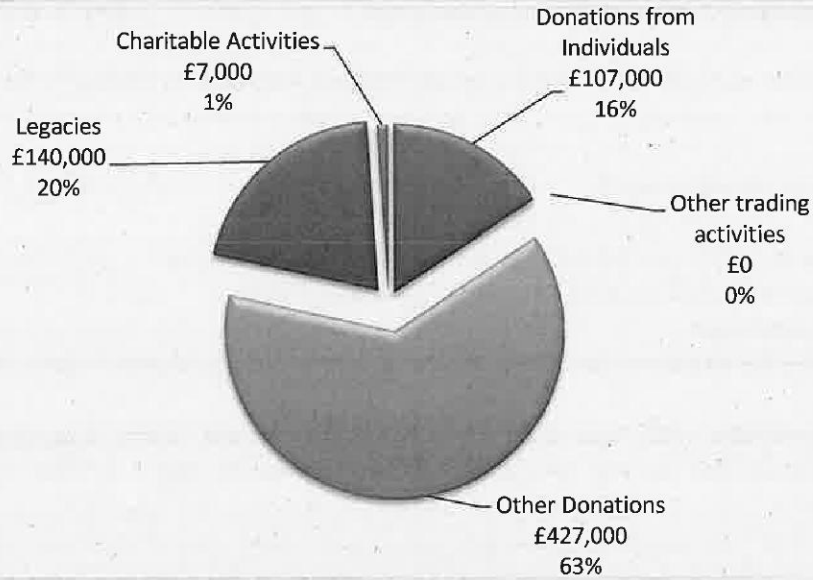


# Financial Review

During 2020/21 ESHTCF received income of £681,000 from donations, legacies, investment income and training activities. The Charity utilises the services of a fundraising manager who raises money for the unrestricted quality funds and supports members of staff and the public who wish to raise money for ESHTCF.

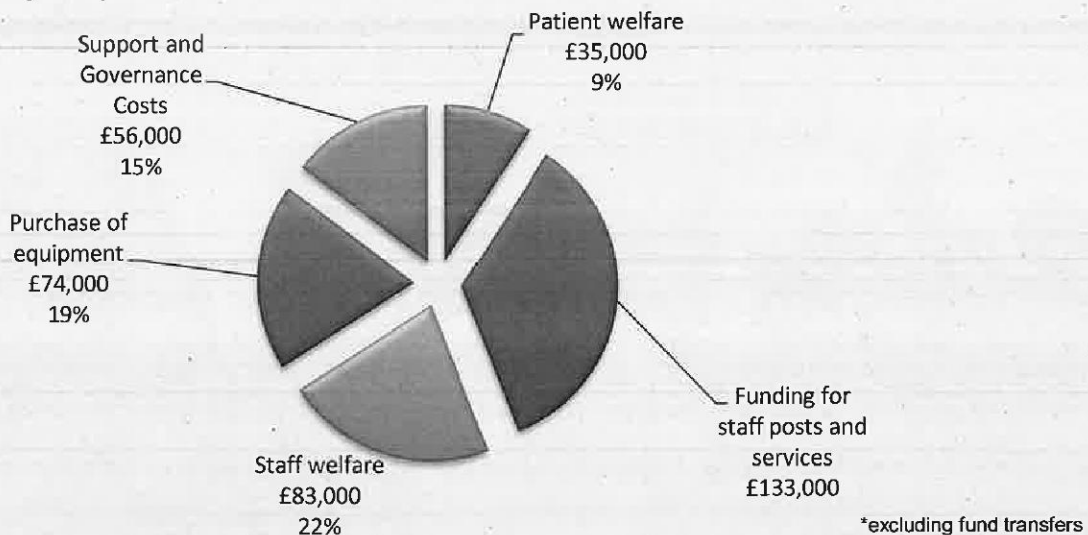
ESHTCF promotes itself by advertising in wards and public areas throughout the Trust and by making it as easy as possible for donations to be made. It also benefits from 50% of the ticket value of the East Sussex Healthcare Lottery, a lottery managed by Sterling Management Centre. The lottery is promoted throughout East Sussex in medical settings.

## Donations we received



ESHTCF spent £381,000 during the year on charitable activities, as shown below. This was funded from: £681,000 income receipts.

## Money we spent\*



The Charity incurred a £321,000 net gain on investment during 2020/21.

## Reserves

ESHTCF hold reserves that are considered to be needed to fund planned expenditure. The Charity acknowledges that charitable donations received need to be spent on patient and staff amenities wherever possible and should not be used to build up reserves.

The reserves of the Charity at 31 March 2021 consisted of £2,034,000 unrestricted funds and £273,000 restricted funds. The Charity regularly reviews all funds held to ensure they remain active and where appropriate, a fund which is inactive for a period greater than 18 months will be closed and the funds transferred to the most relevant quality general fund to ensure that they are spent in a timely manner.



## Reference and Administration Details

**Registered Charity Number:** 1058599

**Address of Charity:** St Anne's House  
729 The Ridge  
St Leonards-on-Sea  
East Sussex  
TN37 7PT

**Banker:**  
Lloyds Bank plc  
2 City Place  
Beehive Ring Road  
Gatwick  
West Sussex  
RH6 0PA

**Solicitors:**  
Bevan Britten  
Kings Orchard  
1 Queen Street  
Bristol  
BS2 0HQ

**Auditor:**  
Grant Thornton LLP  
2<sup>nd</sup> Floor  
St John's House  
Crawley  
RH10 1HS

### **Trustee Arrangements:**

East Sussex Healthcare NHS Trust (ESHT) is the sole Trustee of the Charity. The Trustee confirms that they have referred to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

The Charity Committee Members of ESHTCF during the year, 1 April 2020 to 31<sup>st</sup> March 2021 were as follows:

### **Chair:**

Karen Manson

### **Committee Members:**

Dr Tom Bate  
Angela Colosi  
Mike Eastwood  
Jill Marsh  
Pete Palmer  
Paresh Patel  
Damian Reid  
Gill Reynolds  
Lynette Wells  
Jeanette Williams

## Highlights

During 2020/21 the Charity approved 167 bids, totalling over £360,000. Bids that were approved included:

- Trauma Therapy for NHS staff
- Deaf awareness training for staff
- Refurbishments for a porters' kitchen
- Supplies for scalp cooling equipment which reduces hair loss during chemotherapy
- Clinical supervision for Palliative care teams
- Maternity equipment
- A Hot Water Boiler for the Ophthalmology department
- Physiotherapy equipment
- Portable suction devices to help with treatment for head and neck cancer patients
- Clinical Supervision for counsellors and patients
- An AED Auto Defibrillator
- ~~Support for staff to attend an Emergency Ultrasound course~~
- PICC line covers for patients having chemotherapy
- Falls prevention training
- TV for patients in the cardiac care unit
- Support for staff and volunteers during the pandemic, which included refreshments, purchases of small items to improve working conditions and thank you gifts
- The curator for the Arts in Healthcare project, which is designed to enhance patients' experience when they visit the Trust's hospitals:
  - Provides professional management of the artworks displayed throughout the Trust;
  - Facilitates events where artists work with therapists and patients; and
  - Organises the provision of music across the Trust.

## Governing Document

ESHTCF's governing document is the Model Declaration of Trust as registered with the Charity Commission. This provides that the Trustees shall hold the funds on trust to apply the income and, at their discretion so far as may be permissible, the capital for any charitable purpose or purposes relating to the National Health Service wholly, or mainly, for the services provided by ESHT, Hastings and Rother Clinical Commissioning Group (CCG) and Eastbourne, Hailsham and Seaford CCG.

## Structure, Governance and Management

Under the provisions of the Charities Act 2011, the Charity Commission has agreed that ESHTCF should be treated as a single Charity for the purposes of Part 4 of the Act for registration and of Part 8 of the Act for accounts.

The Charity had five registered non-trading subsidiary charities as at 31 March 2021:

- East Sussex Healthcare NHS Trust Ward Fund;
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund;
- East Sussex Healthcare NHS Trust Education Fund;
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund; and
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund.

The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is the pooling scheme fund for holding all funds.

## Charity Committee Meetings

The Trustees should meet at least four times a year in order to consider any bids for over £5k and to review the management of the Charity. Reports presented to Trustees include information about income and legacies, expenditure, investment performance, and fund balances.

The Covid pandemic, and ensuing pressure on the NHS, made convening meetings during 2020/21 extremely challenging. However, the Committee managed to meet on two occasions utilising Microsoft Teams to meet virtually, and approving bids electronically when appropriate. Attendance was as follows :

Karen Manson, Non-Executive Director and Committee Chair	2/2
Paresh Patel, Non-Executive Director	2/2
Lydia Crouch, Head of Financial Services	2/2
Angela Colosi, Associate Director of Nursing	2/2
Jeanette Williams, Staff Engagement Manager	2/2
Jill Marsh, Deputy Head of Financial Services	1/2
Tom Bate, Anaesthetic Consultant and Deputy Chief of DAS	2/2
Lynette Wells, Director of Corporate Affairs	2/2
Peter Palmer, Assistant Company Secretary	2/2
Mike Eastwood, Fundraising Manager	2/2
Damian Reid, Director of Finance	2/2
Gill Reynolds, Patient Experience Lead	1/1

## Governance

The Trustee delegates responsibility for the day-to-day management of the charitable funds to the Director of Corporate Affairs and the Director of Finance. The Director of Corporate Affairs is responsible for:

- the administration and governance of the funds;
- ensuring that spending is in accordance with the objectives and priorities agreed by the Trustees;
- ensuring that the criteria for spending charitable monies are fully met;
- arranging meetings of the Trustees; and
- management of the Fundraising Manager.

The Director of Finance is responsible for:

- ensuring that full accounting records are maintained;
- ensuring the accounts of Charitable Funds show a true and fair view of the year's activity;
- ensuring there is a system of control for all transactions related to expenditure and income;
- ensuring that there is robust oversight of the accounting records; and
- ensuring the accurate reporting of the in-year position to both Trustees and fund holders.

The principal officer overseeing the day-to-day financial management and accounting for the charitable funds for the accounting period 1 April 2020 to 31 March 2021 was the Director of Finance, Damian Reid.

The principal officer overseeing the day-to-day administration and governance for the charitable funds for the accounting period 1 April 2020 to 31 March 2021 was the Director of Corporate Affairs, Lynette Wells.

## Financial Management

Expenditure budgets for administration, governance and fundraising costs are approved by the Trustees at the start of the financial year and are monitored throughout the year.

The Charity manages its Charitable Activity spending through appointed fundholders for the individual funds. These fundholders manage the funds on a day-to-day basis with agreed authorisation limits, and in accordance with the Trust's Standing Financial Instructions and Orders. Each fund holder receives a quarterly financial statement of their fund which details income, expenditure and fund balances for the period.

The Charity receives expenditure applications from staff throughout the year which are authorised by the fundholder and submitted to the Deputy Company Secretary, who reviews all applications to ensure that they meet the objectives of the Charity for quality, value for money and patient benefit. Where an application exceeds £5,000 the fundholder is required to present the application to the Trustees' for approval. Where any expenditure is considered inappropriate, feedback is given to the fund manager.

The Charity does not directly employ any staff; the Charity enjoys and values the services of volunteers, but is not wholly dependent on them. The Charity is not financially dependent upon the support of any individuals, corporations or specific classes of donors. No funds are held by the Charity on behalf of individuals.

## Investments and Investment Policy

The Charity aims to enhance the value of its funds through sound investment.

Money is invested through CCLA Investment Management Limited and M&G Securities Ltd, with the aim of obtaining a return higher than the FTSE All Share Index (dividends reinvested). During the year, investments were held in the following proportions:

<b>Fund</b>	<b>2020/21</b>	<b>2019/20</b>
Fixed Interest Funds	22%	21%
CCLA Property Fund	28%	27%
M&G Securities Ltd Equities Investment Fund	50%	52%
<b>Total investments</b>	<b>100%</b>	<b>100%</b>

The total value of the investment portfolio at 31 March 2021 was £2.12m. The return on investment during the year was a decrease of 2% (2019/20 decrease of 9%)

## Risk Management

The major risks to which the Charity is exposed have been identified and reviewed with systems established to mitigate them. The Charity relies on and benefits from the financial controls framework of ESHT.

The most significant risks identified were:

1. possible losses from a fall in the value of the investments; and
2. reputational damage leading to a sudden and dramatic fall in donations

Both risks have been carefully considered and mitigating procedures put in place. Regular review of the investment policy ensures that both spending and firm financial commitments remain in line with income. Both income and expenditure are monitored by the Committee on a quarterly basis in order that any trends can be identified at an early stage in order to avoid unforeseen calls on reserves.

## Future plans

In accordance with Charity Commission directives, it is the Charity's continued intention to expend funds for the benefit of both staff and patients.

The Charity took the opportunity offered by the pandemic and the change to a corporate Trustee to review, refresh and refocus our activities and operations.

We developed a two-year strategy which has a strong emphasis on connecting with our staff and our volunteers and strengthening our operations and management systems. Our priorities over the next two years will be to;

- broaden staff representation on the committee that represents our Charity
- develop our brand using a new shorter name coupled with a simple and distinctive logo
- increase awareness with a new charity website, increased visibility across ESHT and raised social media footprint.
- strengthen the resources and management with new volunteer roles, new customer relations management system, Independent Financial Advisor and streamlining our funds.
- increase our fundraising activities particularly focussing on our Lottery, staff fundraising initiatives, a legacy strategy to capture retiring staff and volunteers and expand our corporate relationships within our local communities.

Covid has, not surprisingly, impacted our Charity with various fund-raising events cancelled but it has also sharpened our grant-making focus and prioritised the overhaul of our operations.

We envisage this focus on building our capacity and visibility will be the best use of our resources during these unusual times heavily influenced by Covid - when volunteering is reduced, staff are under heavy pressure at work, and major events and activities carry more risk and uncertainty.

We anticipate that the updated strategy will make our Charity stronger and more effective in fulfilling our objectives in the long term.



## Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Charity's annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

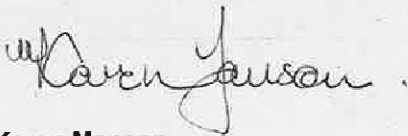
Charity law requires the Trustee to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of the resources of the Charity for the year. In preparing those financial statements the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP FRS 102;
- make judgements and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business; and
- ensure the financial statements comply with the Trust Deed.

The Trustee is responsible for keeping accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and regulations made thereunder. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Charity Committee on behalf of the Corporate Trustee on 28 January 2022 and signed on their behalf by:

Signed:



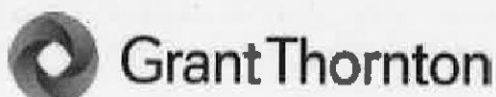
**Karen Manson**  
Chair

# Independent examiner's report to the corporate trustee of East Sussex Healthcare NHS Trust Charitable Fund

Commercial in confidence

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100 Bishopsgate  
London  
EC2N 4AY  
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20 January 2022

## **Independent Examination of East Sussex Healthcare NHS Trust Charitable Fund**

For attention of: the Corporate Trustee of the East Sussex Healthcare NHS Trust Charitable Fund

Grant Thornton LLP have completed an independent examination of the East Sussex Healthcare NHS Trust Charitable Fund (the Charity) draft accounts provided.

The work carried out included (but was not limited to):

- Analytical review of year on year movement in the Statement of Financial Activities and the Balance Sheet to gain assurance that variances were in line with our understanding of the Charity's activities during the year.
- Substantive testing of a sample of transactions from the Charity's accounting records to vouch the transactions to supporting documentation.
- Obtaining supporting documentation for significant balance sheet amounts (including investments and cash) at the year end.
- Discussing significant estimates/judgements made and understanding significant non-routine transactions during the year.
- Completing disclosure checklists and checks of the accounts for casting and internal consistency.

The accounts and working papers provided to us were of a high quality and officers provided clear and prompt responses to all our queries during the independent examination.

Our independent examination did not identify any significant errors, omissions or other issues with the accounts. There were only minor presentational issues which we discussed with officers and which have been corrected in the amended accounts. Our work is complete and we are in a position to provide a signed independent examiner's report for the Charity accounts.

Grant Thornton LLP

## Statement of Financial Activities for the year ended 31 March 2021

	Note	2020/21 Unrestricted Funds £000	2020/21 Restricted Funds £000	2020/21 Total Funds £000	2019/20 Total Funds £000
<b>Income and endowments from</b>					
Donations	2.1	285	249	534	180
Legacies	2.2	140	-	140	172
Charitable activities	2.3	7	-	7	17
<b>Total income</b>		<b>432</b>	<b>249</b>	<b>681</b>	<b>369</b>
<b>Expenditure on Charitable activities</b>					
Patient welfare		(44)	(2)	(47)	(66)
Funding for staff posts and services		(27)	(113)	(140)	(29)
Staff welfare		(74)	(29)	(103)	(72)
Purchase of equipment		(62)	(28)	(91)	(113)
<b>Spend on charitable activities</b>		<b>(208)</b>	<b>(173)</b>	<b>(381)</b>	<b>(280)</b>
Fundraising		(11)	-	(11)	(11)
Transfer to East Sussex Healthcare NHS Trust		-	(145)	(145)	(2)
<b>Total expenditure</b>	<b>4</b>	<b>(218)</b>	<b>(318)</b>	<b>(536)</b>	<b>(293)</b>
Net gains/(losses) on investments	7.1	321	-	321	(219)
<b>Net income/(expenditure)</b>		<b>534</b>	<b>(69)</b>	<b>465</b>	<b>(143)</b>
Transfer between funds		(2)	2	-	-
<b>Net movement in funds</b>	<b>6</b>	<b>533</b>	<b>(68)</b>	<b>465</b>	<b>(143)</b>
<b>Reconciliations of funds</b>					
Fund balances brought forward at 1 April		1,502	341	1,843	1,986
<b>Fund balances carried forward at 31 March</b>		<b>2,034</b>	<b>273</b>	<b>2,308</b>	<b>1,843</b>

All gains and losses recognised in the year are included in the Statement of Financial Activities.

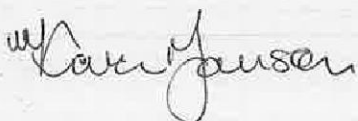
## Balance Sheet as at 31 March 2021

	Note	2020/21	2020/21	2020/21	2019/20
		Unrestricted	Restricted	Total	Total
		Funds	Funds	Funds	Funds
		£000	£000	£000	£000
<b>Fixed assets</b>					
Investments	7	1,949	170	2,119	2,169
<b>Total fixed assets</b>		<b>1,949</b>	<b>170</b>	<b>2,119</b>	<b>2,169</b>
<b>Current assets</b>					
Debtors	8	1	-	1	1
Cash and cash equivalents		324	134	458	386
<b>Total current assets</b>		<b>325</b>	<b>134</b>	<b>459</b>	<b>387</b>
<b>Liabilities</b>					
Creditors falling due within one year	9	(240)	(31)	(271)	(713)
<b>Net current liabilities</b>		<b>85</b>	<b>103</b>	<b>188</b>	<b>(326)</b>
<b>Total net assets</b>		<b>2,034</b>	<b>273</b>	<b>2,307</b>	<b>1,843</b>
<b>Funds of the Charity</b>					
Unrestricted		2,034	-	2,034	1,502
Restricted		-	273	273	341
<b>Total funds</b>	10	<b>2,034</b>	<b>273</b>	<b>2,307</b>	<b>1,843</b>

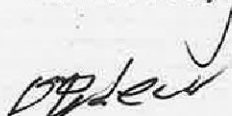
The notes at pages 18 to 25 form part of these accounts.

Approved and authorised for issue by the Trustees on 28 January 2022 and signed on their behalf.

**Karen Manson**  
Chair  
Date: 28 January 2022



**Damian Reid**  
Chief Financial Officer  
Date: 28 January 2022



## Statement of Cash flows for the year ended 31 March 2021

	Note	2020/21	2019/20
		Total Funds	Total Funds
		£000	£000
<b>Cash flows from operating activities:</b>			
Net expenditure for the reporting period		470	(143)
<b>Adjustments for:</b>			
(Gains)/losses on investments	7.1	(321)	219
(Increase)/decrease in debtors		0	(1)
Increase/(decrease) in creditors		(448)	(142)
<b>Net cash used in operating activities</b>		<b>(298)</b>	<b>(67)</b>
<b>Cash flows from investing activities</b>			
Proceeds from sale of investments		370	-
<b>Net cash provided by investing activities</b>		<b>370</b>	<b>-</b>
<b>Change in cash and cash equivalents in the reporting period</b>		<b>71</b>	<b>(67)</b>
<b>Cash and cash equivalents at 1 April 2020</b>		<b>386</b>	<b>453</b>
<b>Cash and cash equivalents at 31 March 2021</b>		<b>458</b>	<b>386</b>



# Notes to the Accounts

## 1. Accounting Policies

### 1.1. Accounting Convention

The financial statements have been prepared under the historic cost convention, as modified for the revaluation of certain investments at market value. The financial statements have been prepared in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, and UK Generally Accepted Accounting Practice as it applies from 1 January 2015.

The Trust constitutes a public benefit entity as defined by FRS 102.

The Trustee considers that there are no material uncertainties affecting the accounts or the Charity's ability to continue as a going concern and that no subsequent events have been identified which would be material and would require adjustment in the statements to 31/03/2021. The Trustee confirms that they are satisfied that charity reserves are more than sufficient to cover ongoing liquidity needs and pay creditors as they fall due for a period of at least 12 months from the date of signing the statements

### 1.2. Income Recognition

All income is recognised and included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- Entitlement: control over the rights or other access to the economic benefit has passed to the Charity.
- Probable: it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity.
- Measurement: the monetary value or amount of both the income and the costs to complete the transaction can be measured reliably.

Income from legacies are accounted for as incoming resources once the receipt of the legacy becomes probable. This will be once confirmation has been received from the representatives of the estates that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled or are within the Charity's control to fulfil.

### 1.3. Expenditure Recognition

The accounts are prepared in accordance with the accruals concept. All expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party.

Grants payable are payments made to third parties (including NHS bodies) in the furtherance of the charitable objectives. They are accounted for on an accruals basis where the conditions for their payment have been met or where a third party has a reasonable expectation that they will receive the grant. This includes grants paid to NHS bodies.

Support and Governance costs are accounted for on an accruals basis and are recharges of appropriate proportions of the ESHT costs, audit or independent examination fees, fund raising consultancy, support for the accounting software and Trustee Indemnity Insurance.

Support and Governance costs are apportioned across all funds based on the average fund balance for the year.

All items of expenditure under £5,000 are treated as revenue.

#### 1.4. Structure of funds

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Funds where the capital is held to generate income for charitable purposes and cannot itself be spent are accounted for as endowment funds. Other funds are classified as unrestricted funds. The major funds held within these categories are disclosed in note 10.

#### 1.5. Investment Fixed Assets

Investment fixed assets are shown at bid price, which is used to measure fair value for accounting purposes of shares that are traded in an active market. The investments are valued at closing unit prices and the net gains and losses on revaluations and disposals are included on the Statement of Financial Activities.

#### 1.6. Gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Gains and losses on investments are calculated as the difference between sales proceeds and opening fair value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between fair value at the year end and opening fair value (or date of purchase if later).

#### 1.7. Pooling scheme

An official pooling scheme, the East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund is operated for investments relating to the following funds:

- East Sussex Healthcare NHS Trust Ward Fund
- East Sussex Healthcare NHS Trust Clinical and Clinical Support Fund
- East Sussex Healthcare NHS Trust Education Fund
- East Sussex Healthcare NHS Trust Arts in Healthcare Fund
- The East Sussex Healthcare NHS Trust (Expendable Funds) Common Investment Fund

The Scheme was registered with the Charity Commission on 17 March 1998.

#### 1.8. Related Party Transactions

The Trustees of the ESHTCF are **East Sussex Healthcare NHS Trust**

ESHT is the major recipient of funds of the Charity and received grants from the Charity totalling £325,000 during the year (2019/20 £233,000).

ESHT charged a management fee to the Charity of £53,000 (2019/20 £47,000) to recharge administrative costs and services provided.

The Charity owed ESHT £31,000 at 31 March 2021 (£537,000 31 March 2020).

None of the members of ESHT Board, senior staff or parties related to them were beneficiaries of the Charity. None of the Trustees or other Members of ESHT Board has received honoraria, emoluments or expenses in the year.

### 1.9. Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

### 1.10. Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments.

### 1.11. Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt. There are no amounts which are owed in more than a year.



## 2. Details of Income

### 2.1. Donations

	Unrestricted Funds £000	Restricted Funds £000	Total 2020/21 £000	Total 2019/20 £000
Donations from individuals	107	0	107	76
Other trading activities	-	-	-	9
Other	178	249	427	95
Grants	-	-	-	-
<b>Total voluntary income</b>	<b>285</b>	<b>249</b>	<b>534</b>	<b>180</b>

### 2.2. Legacies

L Rondelli	-	-	-	5
E Lewis	-	-	-	10
A E Wood	-	-	-	156
J E M Billings	-	-	-	1
I E Beall	5	-	5	-
R J V Sturgis	125	-	125	-
E Jones	10	-	10	-
<b>Total legacies</b>	<b>140</b>	<b>-</b>	<b>140</b>	<b>172</b>

### 2.3. Charitable Activities

Training courses	7	-	7	17
<b>Total charitable activities</b>	<b>7</b>	<b>-</b>	<b>7</b>	<b>17</b>

### 3. Analysis of charitable expenditure before allocation of Support and Governance Costs

	Unrestricted Funds £000	Restricted Funds £000	Total 2020/21 £000	Total 2019/20 £000
Arts in Healthcare	21	0	21	22
Other patients welfare and amenities	11	2	13	34
<b>Patient welfare total</b>	<b>32</b>	<b>2</b>	<b>35</b>	<b>56</b>
Funded staff posts and services	7	76	83	12
Funding for Professional Fees	12	37	49	9
<b>Funding of staff posts and services total</b>	<b>19</b>	<b>113</b>	<b>133</b>	<b>21</b>
Support to staff training	7	7	13	32
Annual Staff Awards and retirement gifts	-	-	-	4
Other support to staff welfare and amenities	47	22	69	23
<b>Staff welfare total</b>	<b>54</b>	<b>29</b>	<b>83</b>	<b>59</b>
Purchase of equipment	45	28	74	95
Fundraising	11	-	11	11
Transfer to East Sussex Healthcare NHS Trust	-	145	145	2
<b>Total charitable expenditure</b>	<b>162</b>	<b>318</b>	<b>480</b>	<b>244</b>

All charitable expenditure is classified as grant funded activities

### 4. Analysis and Allocation of Support and Governance Costs

	2020/21 Total Funds £000	2019/20 Total Funds £000
Administration fee	27	24
Preliminary fundraising expenses	-	-
<b>Total support costs</b>	<b>27</b>	<b>24</b>
Independent Examiner's fee	2	2
Indemnity insurance	1	0
Governance fee	26	23
<b>Total governance costs</b>	<b>29</b>	<b>25</b>
<b>Total support and governance costs</b>	<b>56</b>	<b>49</b>

The support costs and governance costs attributable to charitable activities is apportioned based on the total expenditure for the year for each charitable activity as shown in the table below.

	2020/21	2020/21	2020/21	101
	Grant funding of activities	Support and Governance Costs	Total Funds	Total Funds
	£000	£000	£000	£000
<b>Allocation of support and governance costs</b>	Note 3			
Patient welfare	35	12	47	66
Funding for staff posts and services	133	7	140	29
Staff welfare	83	20	103	72
Purchase of equipment	74	17	91	113
<b>Active continuing funds</b>	<b>324</b>	<b>56</b>	<b>381</b>	<b>280</b>
Fundraising	11	-	11	11
Transferred funds	145	-	145	2
<b>Total allocated</b>	<b>480</b>	<b>56</b>	<b>536</b>	<b>293</b>

Grants paid in year to ESHT £325,000 (2019/20 £233,000), Grants paid to individuals in year £4,500 (2019/20 £8,000).

#### 5. Examiner's remuneration

The Independent Examiner's remuneration of £1,800 exclusive of VAT (2019/20 £1,800) related solely to the independent examination with no other additional work undertaken.

#### 6. Changes in Resources Available for Charity Use

	2020/21	2020/21	2020/21	2019/20
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£000	£000	£000	£000
Net movement in funds for the year	534	(69)	465	(143)
<b>Net movement in funds available for future activities</b>	<b>534</b>	<b>(69)</b>	<b>465</b>	<b>(143)</b>

#### 7. Analysis of Fixed Asset Investments

##### 7.1. Fixed Asset Investments

	2020/21	2019/20
	Total	Total
	£000	£000
Market value at start of period	2,169	2,388
Net gain on revaluation and sales	(49)	(219)
<b>Market value at end of period</b>	<b>2,120</b>	<b>2,169</b>
<b>Historic cost at end of period</b>	<b>1,232</b>	<b>1,203</b>

## 7.2. Market Value

	31 March 2021 £000	31 March 2020 £000
<b>Investments in a Common Deposit Fund or Common Investment Fund</b>		
CCLA Investment Management Fixed Interest Funds	422	415
CCLA Investment Management Property Fund	599	585
M&G Securities Fixed Interest Investment Fund	40	39
M&G Securities Equities Investment Fund	1,057	1,128
<b>Total</b>	<b>2,118</b>	<b>2,167</b>
Cash held as part of the investment portfolio	2	2
<b>Total</b>	<b>2,120</b>	<b>2,169</b>

All units are held within the UK.

## 8. Analysis of Debtors

	Balance 31 March 2021 £000	Balance 31 March 2020 £000
<b>All falling due within one year</b>		
Trade debtors	1	1
<b>Total debtors</b>	<b>1</b>	<b>1</b>

## 9. Analysis of Creditors

	Balance 31 March 2021 £000	Balance 31 March 2020 £000
<b>Falling due within one year</b>		
Accruals and deferred income	234	176
Other creditors	36	537
<b>Total creditors</b>	<b>271</b>	<b>713</b>

## 10. Analysis of Funds

### 10.1.

	Balance 31 March 2020 £000	Income £000	Expenditure £000	Transfers £000	Gains and Losses £000	Balance 31 March 2021 £000
<b>Restricted funds</b>	<b>1,502</b>	<b>432</b>	<b>(218)</b>	<b>-</b>	<b>321</b>	<b>2,035</b>
COVID-19	0	135	(52)	(42)	-	41
COVID - Deaf App	-	52	-	-	-	52
COVID-19 TRiM Training	-	50	-	-	-	50
COVID-19 Sunflower Scheme	-	10	-	-	-	10
Arts in Healthcare	1	0	(0)	-	-	1
COVID - What Matters to You	-	-	(20)	42	-	22
Conquest Equipment	3	-	-	-	-	3
South East Coast Orthopaedic Training	148	-	-	(145)	-	2
Lewes Victoria Hospital	13	-	-	-	-	13
EDGH Scanning Equipment for Intensive Care and Radiology	145	-	-	-	-	145
Maternity Bereavement Suite	21	-	(24)	-	-	(3)
Conquest Courtyards	8	1	(0)	-	-	9
Youth Volunteering Project	0	-	(76)	-	-	(76)
Kipling Music	2	-	(0)	-	-	2
<b>Total Restricted Funds</b>	<b>342</b>	<b>249</b>	<b>(173)</b>	<b>(145)</b>	<b>-</b>	<b>272</b>
<b>Total Funds</b>	<b>1,843</b>	<b>681</b>	<b>(391)</b>	<b>(145)</b>	<b>321</b>	<b>2,308</b>

### 10.2. Details of the Restricted Income Funds

Name of fund	Description
COVID-19	The fund held to enhance the well-being of NHS Staff, volunteers and patients impacted by COVID-19
COVID - Deaf App	The development of an app for deaf users
COVID-19 TRiM Training	This is a trauma-focused peer support system designed to help people who have experienced a traumatic, or potentially traumatic, event.
COVID-19 Sunflower Scheme	Project to promote sunflower lanyards, which demonstrate when someone has a hidden disability.
Arts in Healthcare	The promotion of the initiative for the provision of Arts in Healthcare
COVID - What Matters to You	Supporting staff through Covid 19 and beyond – rest areas/ staff room.
Conquest Equipment	The fund held for the purchase of Equipment at Conquest Hospital
South East Orthopaedic Training	To provide training for junior doctors in surgical skills
Lewes Victoria Hospital	The fund held for the benefit of Lewes Victoria Hospital
EDGH Scanning Equipment for Intensive Care and Radiology	The funds held for the purchase of Scanning Equipment for Intensive Care and Radiology at Eastbourne District General Hospital
Maternity Bereavement Suite	The fund held for the refurbishment of the Maternity Bereavement Suite.
Conquest Courtyards	The fund held for the benefit of the Conquest Courtyards.
Youth Volunteering Project	The fund held for the development of youth volunteering opportunities in East Sussex
Kipling Music	The fund held to provide interactive music sessions to Kipling Ward

## 11. Funding Commitments

As at 31 March 2021 the Trustees had not made commitments other than those shown as creditors, Note 9.

## 12. Trustee Indemnity Insurance

	2020/21	2019/20
	Amount	Amount
	£000	£000
Trustees' indemnity insurance	1	-
<b>Total</b>	<b>1</b>	<b>-</b>

## Ways in which to support our Charity

There are many ways you can support our Charity.

**Donations can be made in the following ways:-**

### **Direct into bank account**

Bank: Lloyds Bank

Sort code: 30-92-86

Account number: 00460039

Account name: East Sussex Healthcare NHS Trust Charitable Fund

Reference: Please state the General Fund

### **By post**

Cheque to East Sussex Healthcare NHS Trust Charitable Fund

Please write on the back of the cheque which fund you would like to donate to, e.g. General Fund, and send to:

Charitable Funds  
St Anne's House  
729 The Ridge  
St Leonards-On-Sea  
East Sussex  
TN37 7PT

### **By a donation on our 'Just Giving' site**

[www.justgiving.com/esht](http://www.justgiving.com/esht)

As well as making a general donation, you can also open a page in celebration of and in memory of a loved one. If you are a group or an organisation who is interested in raising money on behalf of the Charity, we would love to hear from you too.

For more information and for support if you are holding your own event, please contact:

### **Mike Eastwood**

East Sussex Healthcare NHS Trust Charitable Fund

Email: [mike.eastwood@nhs.net](mailto:mike.eastwood@nhs.net)

### **Gift Aid**

Gift Aid is a simple, government initiative which allows us to increase the value of your donations at no extra cost to you. For every pound you give to us we can get an extra 25 pence from HM Revenue and Customs helping your donation go further to help patients and their families. The only condition is that you are a UK tax payer. When making a donation simply let us know that you wish to Gift Aid your donation, to do this all we need is your name and address.

