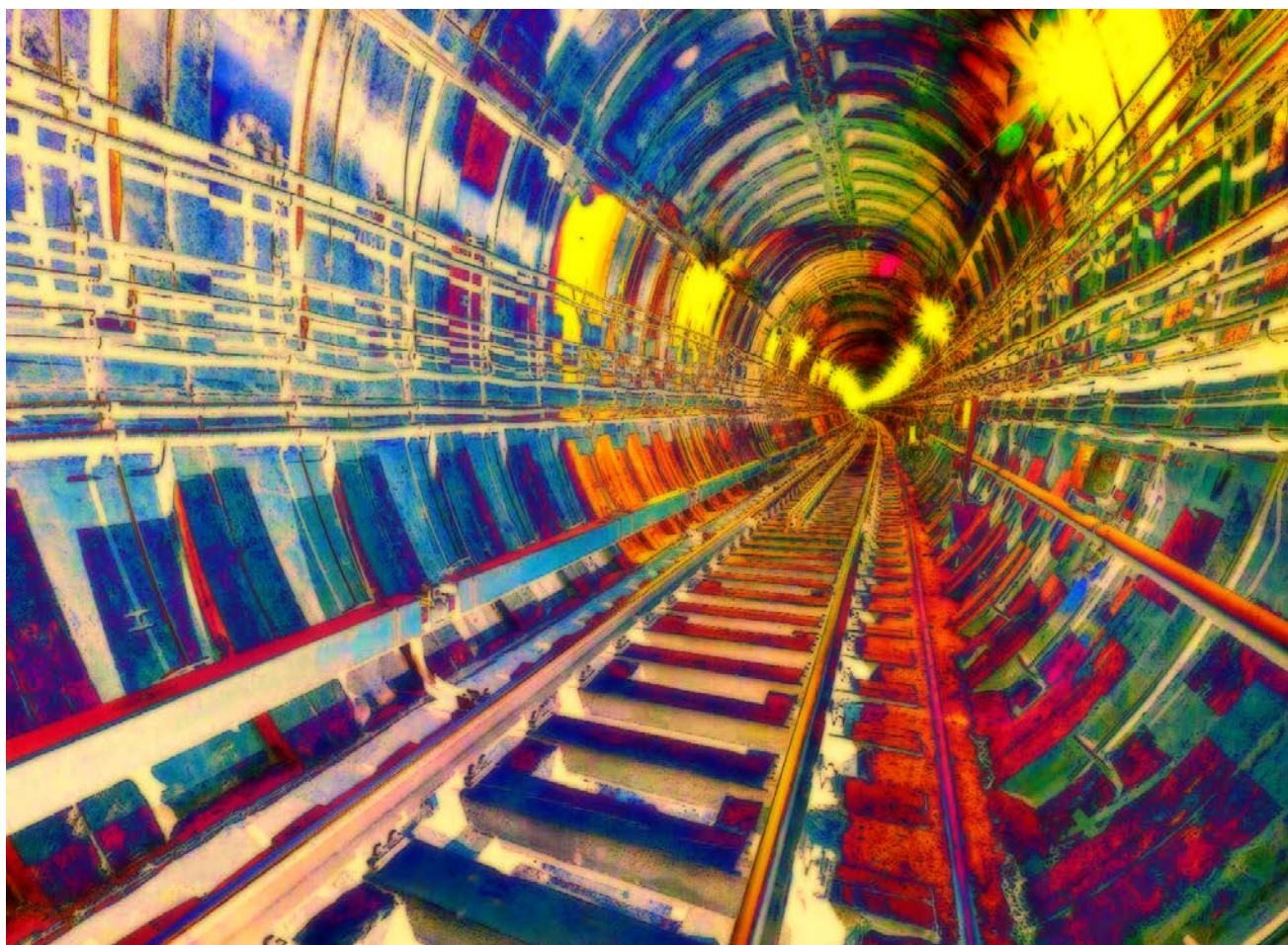


30
Years

STUDIO
UPSTAIRS

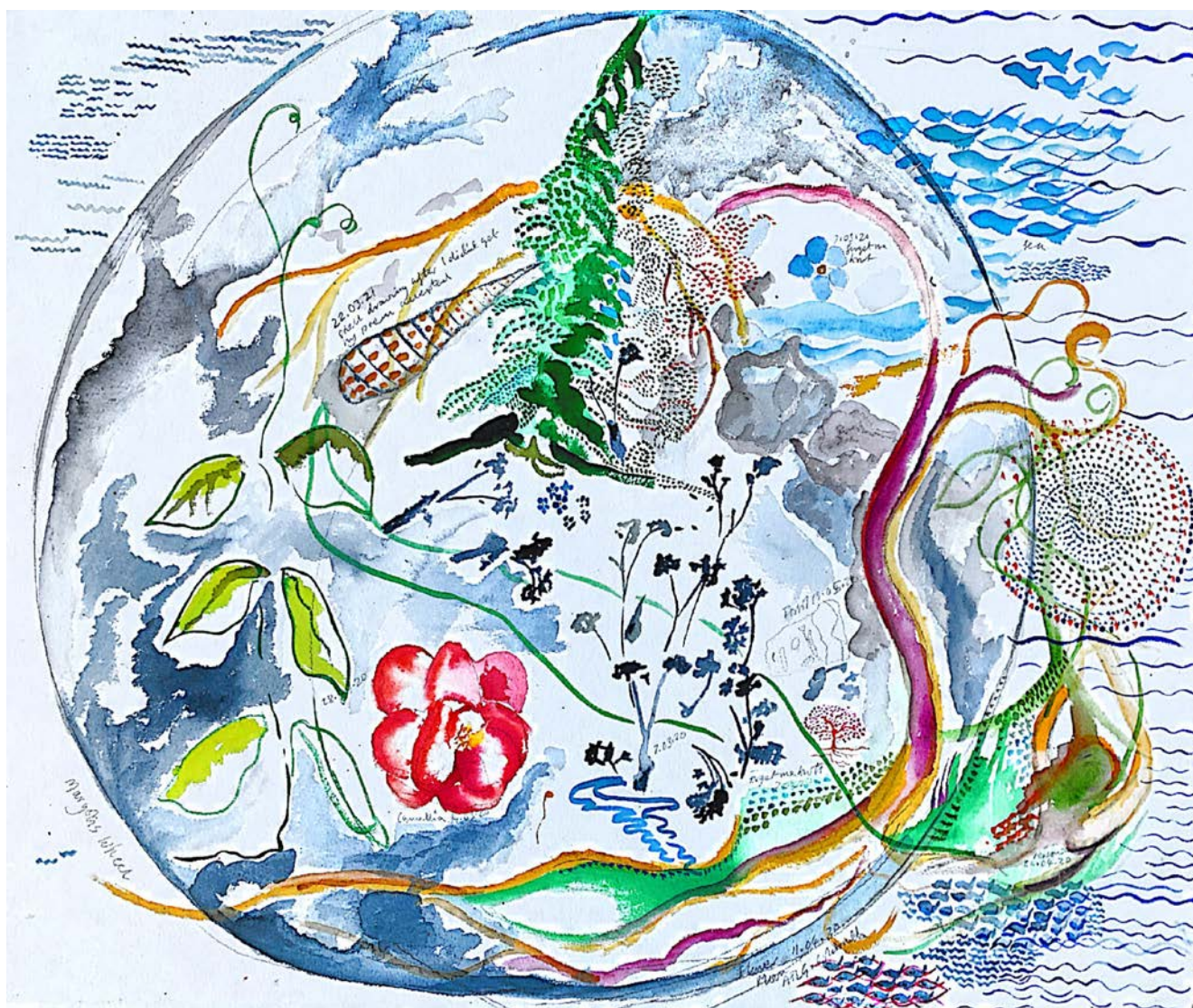
Leading Creative Recovery



ANNUAL REPORT & ACCOUNTS 2021

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Charity Name	Studio Upstairs
Company Registration Number	32324178 (Incorporated 6 August 1996)
Charity Registration Number	1058590 (Registered 10 October 1996)
Website address	www.studioupstairs.org.uk
Registered Office& Operational Address 1	1A Drummond Road London, CR0 1TT
Address 2	Unit E3 Dalston Culture House 3 Bradbury Street London, N16 8JN
Address 3	Units 1&2, Albion Dockside Estate Hanover Place Bristol, BS1 6UT
Patron	Leo Burley
Directors and Trustees	Mr Keith Miller (Chair) Mr Alex Holmes Mrs Pernilla Rosendahl
Managing Director Company Secretary	Mrs Zlatinka Hristova
Accountants	Shorish Barzinji & Co Ltd 108 High Street Croydon, CR0 1ND
Independent Examiner	Mr Nabeel Qureshi TAXACCOLEGA Chartered Management Accountants 187A London Road Croydon, CR0 2RJ
Bankers	NatWest Bank PLC 15-17 Hampstead Road London, NW1 3DW Santander UK PLC 2 Triton Square Regent's Place London, NW1 3AN
Twitter	twitter.com/Studio_Upstairs
Facebook	www.facebook.com/StudioUpstairs
Instagram	www.instagram.com/studioupstairs

WELCOME TO OUR ANNUAL REPORT!

We all felt the challenge of the worldwide pandemic. We witnessed how it created unprecedented levels of demand for support and how it affected the most vulnerable in our society.



Mental health was already a big issue and now it has become an even more pressing need as a result of the increased social isolation. As the NHS and social services are struggling to meet the growing need for mental health support, the role of charities is becoming more important than ever.

Studio Upstairs, yet again, stepped up and continued to demonstrate dedication, flexibility and remarkable resilience in the face of adversity. During the year we worked relentlessly to adapt our work plan and have grown the range and volume of our services. We excelled in acquiring emergency funding to continue to be here for our beneficiaries.

Studio Upstairs is strongly committed to helping as many people as possible to access affordable mental health provision in good time.

With new technology and socially distanced experiences in mind, we designed and delivered services for a new online world.

Despite the fact that we had to endure periods of studio closures, at the very start of the

lockdown, we immediately and effectively transitioned our services to remote provision. This included video conferencing, online workshops, phone support and collaborative publications.

For meetings in person, we created new smaller groups in all our studios, so more people can safely get the help they need when they need it. The Studio offered new personalized (one to one) therapeutic and creative advice sessions in addition to the regular groups.

As a result of our efforts, we are very proud to announce that Studio Upstairs received an award for innovation in social prescribing.

The Studio Inside Art Box is another innovative step for our charity – entirely conceived and developed by our team.

Most important of all, our beneficiaries were extremely positive and grateful for the new ways of support we have developed during these trying times.

We are immensely proud of our achievements and would like to thank our funders, donors, supporters and our team and volunteers for their incredible dedication. An enormous amount of gratitude is due to all! THANK YOU!

Keith Miller

Chair of the Board of Trustees

Zlatinka Hristova

Managing Director

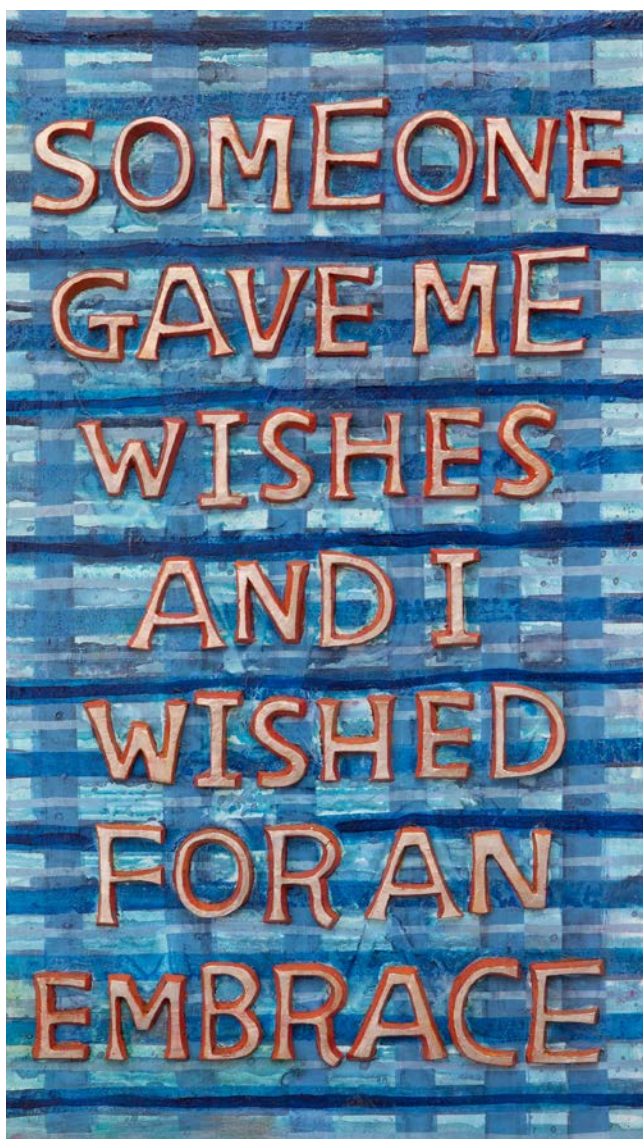
OBJECTIVES AND ACTIVITIES OF THE CHARITY

Studio Upstairs' charitable objects are to promote, maintain, improve and advance public education and to preserve and protect health.

In setting the aims and activities the Trustees have taken due regard to the Charity Commission guidance on public benefit; believe that it delivers public benefit and have testimonials to support that belief.

Our Vision

A world in which everyone can transform their life through a creative community.



Our studios offer specialist visual arts provision for new and existing participants. Across the week, we work with adults with complex needs including those with multiple disabilities.



Our Mission

To provide positive, life-changing interventions for people with mental or emotional difficulties within an artistic therapeutic community.

The ambition of the charity is to create a network of sustainable, safe, local studios available to all who need them, as and when they need them.

Aims

- Achieve long term stability and improved wellbeing for the beneficiaries
- Support people towards more autonomy and in the development of a creative identity
- Challenge the stigma and prejudice projected on to those experiencing mental and emotional distress and help them escape the labels and linear parameters of society.

The activities and ethos of Studio Upstairs are trauma informed and focus on the possibilities - away from peoples' impairments and towards removing the barriers to inclusion that disabled people face in everyday life. For most of our members Studio Upstairs is their family and with that comes all levels of support - from emotional and artistic to practical.

Artist have access to a wide range of professional media and creative processes including painting, drawing, printmaking, animation, photography collage, sculpture, photography, writing and performance.

ORGANISATION OF THE CHARITY

GOVERNANCE

Studio Upstairs is a registered charity and a company limited by guarantee without share capital. It is governed by its Memorandum and Articles of Association.

The directors of the charitable company are also its trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

The Trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities.

The Trustees meet regularly to review the activity and the strategic direction of the charity. They have delegated the day-to-day management of the charitable company to the Managing Director.

Studio Upstairs operates within a Business Plan which is agreed by the Board prior to the start of each financial year. The Operational Plan lists actions, targets, deadlines and responsibilities of individual team members. All policies are reviewed annually.

The delivery teams compile statistics on performance against the targets. The reports form the basis of quarterly operational reports which are presented and discussed at Board meetings.

The beneficiaries take an active role in the planning and running of the activities through monthly forums and representation at team meetings. They can use the shared studio throughout the day and are involved in the delivery of projects, exhibitions, performances and organised visits to galleries or museums.



"Studio Upstairs, whether it's in person or in zoom time is my safe creative family where I have experimented beyond my wildest dreams artistically and slowly built-up trust and friendship with the group."



"I've been disabled by physical and emotional ill health, but Studio Upstairs has given me the opportunity to challenge myself. All I have to do is get there, which might be quite difficult, but then the magic starts to happen!"

Studio sessions provide the time and space for members to work and to explore their own potential as artists. Artists/makers work together with Studio Managers in purposeful collaboration.

Each session meets the varied needs of the people in the studio, and all of our work is characterised by a personalised approach that facilitates choice in the creative practice.

The activities are facilitated by teams of artists (Studio Managers) who are also trained art /drama psychotherapists. However, the studio is a place where events and happenings unfold and reveal the lived experience and qualities of all those involved.

The team is supported by clinical supervisors and complemented by volunteers, students on training placements and visiting artists.

RISK MANAGEMENT

The Trustees have conducted a review of the major risks to which the charitable company is exposed, and systems have been established to mitigate those risks. External risks to funding have led to the development of a strategic plan for change which will allow for the diversification of income streams, a review of the reserve funds and the organisational structure. Internal financial risks are minimised by the implementation of procedures for appropriate authorisation and monitoring of transactions. Projects are carefully planned to ensure consistent quality of delivery for all operational aspects of the charitable company.



It's a very consistent means of support. I can attend however I am, which is very important for me because so much else is dependent on how I am feeling whether I can connect with other people. I can come regardless of how I'm feeling, even if I'm all over the place which is amazing. I always get something from it."

TRUSTEE SELECTION AND TRAINING

As set out in the Studio Upstairs Articles of Association, the Trustees have the power to appoint additional Trustees.

Trustees are selected through open recruitment after regular skills audit.

The new Trustees are elected by a majority vote of the existing Trustees. They are familiarised with their responsibilities through an induction process.



OUR IMPACT

SUPPORTING PEOPLES HEALTH & WELLBEING THROUGH ART

Our impact is evidenced through the ever-greater number of people becoming involved with the Studio as supporters, volunteers, members or attending our public events. This engagement with the community and the creative process encourages specialist skill development and transferrable skills such as planning, decision-making and problem solving.

Our artist/makers come to the studio for the same sessions each week, building a community of peers and collaborators. We have proven record of engaging and sustaining the attendance of those who are often difficult to retain and involve.

Our members continue to report that the Studio is their lifeline, the stand-in family who helps to achieve autonomy, self-esteem and purpose.

Over the last year, Studio Upstairs maintained the work of three artistic therapeutic communities in London and Bristol, increased the number of total beneficiaries with 20% and delivered 31,300 hours of direct support. This included group work as well as dedicated one to one sessions under our Creative Adviser Scheme supported by the Arts Council England.

The Studio Upstairs Volunteers contributed over 7,800 hours of invaluable help to the charity to the estimated value of £72,000.



STUDIO
UPSTAIRS

gives me confidence: it works as my battery



Our evaluation and that of external researchers consistently demonstrate that we achieve the desired outcomes across the full spectrum for health, education and social inclusion:

- Reduced crisis admissions and shorter hospital admissions
- Improved choice and control of services
- Increased learning and education
- Increased engagement of hard-to-reach groups
- Increase in signposting to agencies for additional support (housing, benefits etc)
- Improved sense of wellbeing
- Increased personal achievement and self-expression
- Increase support network for the socially excluded
- Increased support to families and carers
- Increased engagement in mainstream opportunities
- Increased support to families and carers
- Increased volunteering and employment.

The effectiveness of our work is highly valued and validated by the beneficiaries who often have not found sufficient support elsewhere. 88% of our members report reduction in stress levels, fewer episodes of crisis, decreased use of medication or mental health services as a result of studio membership.

"I feel extremely privileged to be part of Studio Upstairs.

It offers me many things which I struggle to find elsewhere: inclusion, encouragement, friendships, non-judgmental acceptance, a sense of belonging and hope, along with the space to develop my creativity. This creativity provides meaning where previously there was none.

I also receive excellent support from the staff and am being enabled to deal with some very difficult issues that have up until now defied many years of attempts to move forward using both conventional and alternative therapeutic means. To me this is priceless. I really, really value and appreciate all the hard work that goes on at Studio Upstairs. On a personal level I know the loss of Studio Upstairs would leave a large and painful gap that experience tells me would be very difficult to fill."



As further confirmation of the quality and value of our work, and as a result of our continued strive for innovation, this year we received an award from MCVS (Merton).



REACHING OUT AND CHALLENGING STIGMA

Studio Upstairs links the running of the Art Studio with an aim towards dismantling the stigma of mental distress. The team regularly works in partnerships with a broad range of organisations to maximise reach and impact. Through our social media channels and newsletters we are reaching out and continue to promote positive mental health in the wider community. We organized online exhibitions and collaboratively produced magazines to stay connected and showcase the talent of our members. Here are some of the highlights:



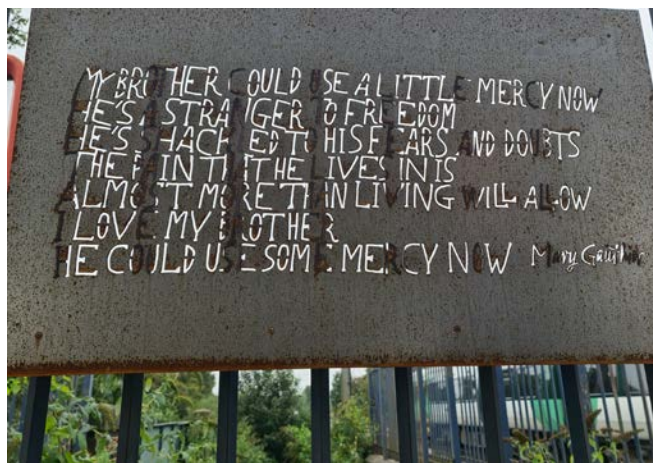
During the Creativity and Wellbeing Week, 18th - 24th May we organised an online exhibition **"How does it Feel?"** about the shared lockdown experiences.

South Croydon Station Project

The rail company GTR approached Studio Upstairs, inviting us to help improve the look and feel of South Croydon Station. Our artists, all members of Studio Upstairs, responded to the call for artworks that would comfort, inspire, and connect with people passing through the busy suburban station.



In the Spring we worked collaboratively across all studios to create the **Studio Upstairs Magazine**. The first issue was titled **Art and Connection** and featured artwork, poetry, information about artistic resources and provided much needed mutual support in the lockdown times of social disconnection.



As a result, an abundance of artworks has appeared in waiting rooms, along platforms and railings at South Croydon station. The art trail of images includes striking large-scale posters, intimate and reflective pieces, art with a tongue-in-cheek message, plus a cosmos of colourful bubble-shaped stickers.

ISSUE 1

ART AND CONNECTION

12 MAY 2020

STUDIO UPSTAIRS

MAGAZINE

New Magazine!

Made with contributions from Studio Upstairs team, members and volunteers in Dalston, Croydon and Bristol

Welcome to the first edition of the Studio Upstairs Magazine, brought to you by your office team. The theme of this issue is "Art and Connection".

Image: Embroidery on hessian material quoting "Hope, friendship, beauty will not be cancelled".

We are inviting all readers to send submissions for future issues of the magazine. This can include photos of your artwork, quotes, inspiration, virtual tours, online resources, art challenges, or anything you see that you think will connect us to the creative world and to each other.

VIRTUAL MUSEUM TOURS

Raffaello
Scuderie del Quirinale, Rome

A 13 minute walk through the exhibition, Raffaello Sanzio da Urbino arrived in Rome in 1508, at the invitation of the new Pope Julius II. Learn about the social context and the crucial role of patronage in Raphael's career, while gazing at his lavish range of portraits, religious works and architectural designs.

[enter the exhibit here](#)

Picasso & Paper
Royal Academy

Picasso didn't just draw on paper - he tore it, burnt it, and made it three-dimensional. From studies for Guernica to a 4.8m-wide collage, this exhibition brings together over 300 works on paper spanning the artist's 80yr career. Immerse yourself in Picasso's world of paper and discover how - with this everyday material we know so well - he found the means to explore the furthest reaches of his creativity.

[enter the exhibit here](#)

Our next Magazine featured an interview with our patron, message from the Chair, artwork and writing by members, team and volunteers. It also promoted the new online workshops and expressed our support for the Black Lives Matter movement.

Black Lives Matter

Studio Upstairs unreservedly supports the Black Lives Matter movement.

We recognise that many people from BAME communities have and do experience discrimination in our society and this in turn can lead to poor mental health and life chances.

We want to state that as a community, we will work hard to listen and understand the barriers that people from black and ethnic minority backgrounds experience, and we will be active supporters and partners in the Black Lives Matter movement.

Recommended resources:

Read:
Why I'm No Longer Talking To White People About Race - Reni Eddo-Lodge (Book)

What is white privilege?
(Article, click link)

Watch:
13th (Documentary - Netflix)

When They See Us
(Series - Netflix)

The Hate U Give
(Film - NowTV, Amazon)



Black Artists on the Subjugation of Black Bodies

In light of the continued violence wrought on black bodies by those who were meant to serve and protect, for George Floyd, for Trayvon Martin, for Eric Garner, for Breonna Taylor, for the thousands of lives lost and lives harmed at the hands of brutal injustice, we take a look at artists who have addressed systemic racism and police brutality through their varied practices...

[CLICK HERE TO READ FULL ARTICLE...](#)

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next workshop...

Where Do Ideas Come From? with Michelle Charles

IN OUR CURRENT WORLD, WE ARE OFTEN BOMBARDED WITH NEWS ITEMS AND DIFFICULTIES THAT TAKE US AWAY FROM OUR EVERY-DAY PEACEFULNESS. DURING THIS TIME, WE WILL DISCOVER WHAT IT IS TO SPEND TIME LOOKING AT ITEMS IN AND AROUND OUR HOMES AND EXAMINING THEIR RELATIONSHIPS TO FORM AND SPACE WHILST CREATING MOMENTS FOR OUR OWN SPACE.

WHEN?
This is a 2 part workshop for all experience levels
DATE 1: June 24th, 15:30 - 16:30
DATE 2: July 1st, 15:30 - 17:30

WHERE?
Hosted on Zoom

HOW MUCH?
The workshop is free to attend

WHAT WILL I NEED?
A camera or a mobile phone with a camera, a sketchbook and pencil and any other material you like to doodle with

HOW DO I ATTEND?
Please email sophia.pettit@studioupstairs.org.uk

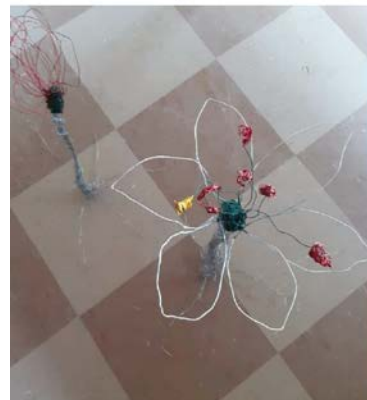
"YESTERDAY IS ALREADY GONE, TOMORROW IS NOT HERE YET, TODAY IS THE ONLY DAY AVAILABLE TO US; IT'S THE MOST IMPORTANT DAY OF OUR LIVES." THICH NATHAN

WHO?
Michelle Charles is a highly experienced and inspiring workshop leader. She has taught for many years in art schools and worked extensively running curative workshops for the NHS and Tate Modern in London and in New York.

IN ADDITION TO THIS CORE WORKSHOP THERE WILL ALSO BE THE OPPORTUNITY TO PARTICIPATE IN AN ONLINE VIRTUAL EXHIBITION OF YOUR WORK.



MARIA'S LOCKDOWN MASKS



VERA

Lily flower wire, enamel paint
70 cm high x 30 cm width

I went to the park and I saw the flowers which make me think of isolation. I was inspired by the flowers because I could not go anywhere else. I was feeling claustrophobic at home, and the Studio Upstairs group online has made me feel better. Thanks to the group, I was inspired to use wire at home.

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Canada Goose

by Rosemary Smith

Inspired by the coffee workshop

Blue and black ink, different strengths of coffee, used tissue

"I ENJOYED USING MATERIALS AND EXPLORING NEW TECHNIQUES"

if you missed the coffee workshop, check out this RA class. Painting with Turmeric on Cloth... [CLICK HERE](#)

Free

PAINTING WITH COFFEE WORKSHOP

WITH PORTRAIT ARTIST KATE KELLY

Studio Upstairs members, team and volunteers from Dalston, Bristol and Croydon met up on Thursday 4th June to do a Painting With Coffee workshop. This was facilitated by Kate Kelly. To the right you can see a painting she made with coffee and black ink. Here is some of the feedback:

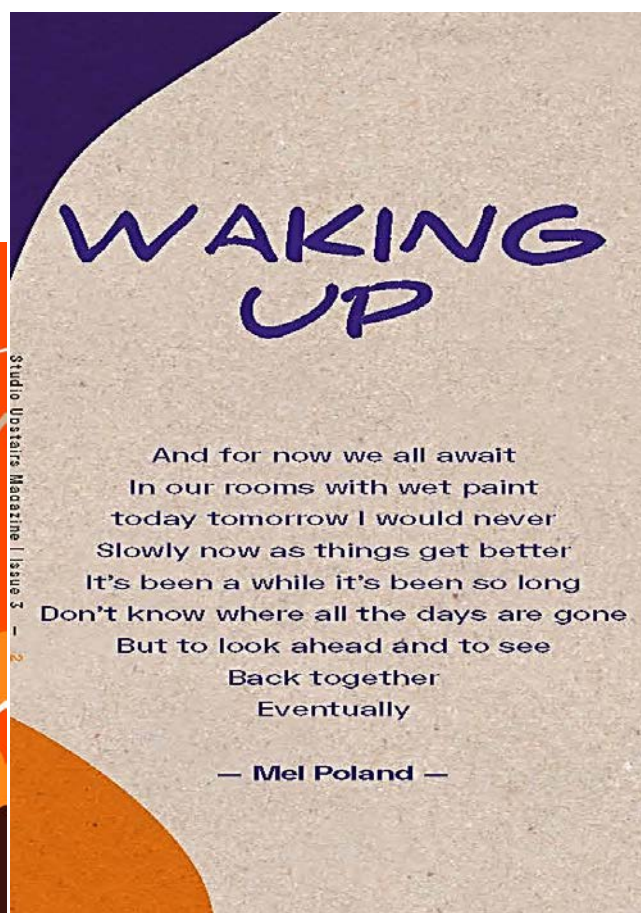
"Thank you for organizing the workshop. I enjoyed it and I think most people who took part also enjoyed it." - workshop participant

"I thought the coffee workshop was a real success and made a difference to each of the people who took part. It was stimulating and engaging to experience the artist showing her work and giving an idea of some outcomes which could be achieved...Thank you and looking forward to more of these!" - Thomas, Croydon Volunteer



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In the Summer, the SU magazine grew even bigger with many more contributions from the team and members, interviews and reflections on recent community events.



Studio Inside: Art & Wellbeing Box

The SU team developed a new idea for reaching out even further in the wider community – the project Studio Inside.

It is conceived as a series of creativity boxes which are not only helping the recipients, they are also contributing to our fundraising effort to provide access to mental health support to those on a very low income.

The first box, Printing with Light includes a mindful walk to gather inspiration and materials to create beautiful cyanotype prints.



FUTURE PLANS



The global crisis has underlined the reality that the environment changes in unpredictable ways.

We have increased our capacity and resources to enable additional support, training and advocacy to meet the increase in demand for accessible and low-cost services.

Our three-year funding strategy aims to address this demand and is reviewed regularly by the senior management team.

It will continue to broaden by developing additional sources of income – we are actively seeking longer-term grants to provide organisational stability. We closely monitor our financial performance and remain open to new funding opportunities and new corporate responsibility relationships to mitigate risk and reduce our reliance on grant funding.

Our three-year business plan sets out our agenda and programme plan.

The Studio Upstairs strategic focus is on the following areas:

CREATE: deep engagement with meaningful and impactful activities, holistically linking the arts with education and social care

BELONG: connect people with each other and with the wider community to tackle isolation and improve life chances

GROW: the national awareness of our pioneering work and its reach in supporting personal growth and dismantling stigma around neurodiversity

In 2021/22 we will continue to deliver our arts programmes in London and Bristol and still include a range of remote support options, yet will continue to mainly deliver face to face services at our studios.

We will carry on with our vital work and will hold art, education and health in the same frame.

The Studio will continue to offer the right mix of inspiration, encouragement and listening, so people can find their own creative voice, shed stigma and breach isolation by becoming a member of a creative therapeutic community.

Our core work will be supplemented by projects which will continue to test new ideas, to reach diverse groups of beneficiaries and to develop new partnerships.

FINANCIAL AND BUSINESS REVIEW

The charitable company's result for the year ended 31 March 2021 was a surplus of £848 (2020=£843). Incoming resources were £421,236 (2020=£314,486)

PRINCIPAL FUNDING SOURCES

The funding sources for the charitable company include invoiced fees for services to local authorities in London and Bristol, grants from trusts and foundations, income through other fundraising activities and miscellaneous income from artwork sales or space hires.

RESERVES AND DESIGNATED FUNDS POLICY

The Trustees considered the risks to the charity to be in two main areas:

- Buildings: risks not covered by insurance or planned expenditure
- Operational: business continuity, redundancy costs, unexpected further increase in energy, cleaning and professional costs, further increase in demand for free and subsidised places and the fluctuations in funding

Reserve Fund: Studio Upstairs income fluctuates year on year as the grants supplementing the core costs are on annual and short-term basis. To manage the risk and in line with the Charity Commission guidance for good practice and reserves, the charity has established a policy to have a reserve fund of six months of running costs. This is intended to cover the worst-case scenario in the unlikely case it needs to be wound up as well as to balance the fluctuations in income. This provides the trustees and other stakeholders with enough confidence that the organisation would be able to meet its obligations to beneficiaries, funders and staff in any situation.

Geoff Mack Fund: This fund provides access to the Studio for individuals on low income. This fund provides a much-needed safety net for very vulnerable individuals with no other means of support.

South London Fund: This fund is set out to support the development of the newest branch of the charity created in response to gaps in provision throughout this part of the capital.

Facilities Fund: This fund is set out to support essential repairs and maintenance of the premises.

STATEMENT OF THE RESPONSIBILITIES OF THE TRUSTEES

The Trustees, who are the charitable company's directors under company law, are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charitable company and of the results of the charitable company for that period. In preparing these financial statements the Trustees are required to: select suitable accounting policies and then apply them consistently; make judgements and estimates that are reasonable and prudent; prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and for taking reasonable steps for the prevention of fraud and irregularities.

SMALL COMPANY EXEMPTIONS

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (issued in March 2005), the provisions of the Charities Act and in accordance with the special provision for small companies under Part 15 of the Companies Act 2006.

STATEMENT OF EXEMPTION FROM AUDIT

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31st March 2021. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of the company as at the end of the financial year and if its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of section 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16 July 2014.

The Accounts were approved by the Trustees on 6 December 2021.

INDEPENDENT EXAMINER

Mr Nabeel Qureshi (TAXACCOLEGA) was appointed as the charitable company's Independent Examiner during the year and has expressed willingness to continue in that capacity.

Registered office:

1A Drummond Road, London, CR0 1TT

Signed on behalf of the Trustees:

Keith Miller, Chair of the Board / Director

INDEPENDENT EXAMINER'S REPORT

I report on the accounts for the year ended 31 March 2021 set out on pages 18 to 24.

Respective responsibilities of Trustees and reporting accountants

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the general directions given by the charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

Basis of Independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that any material respect the requirements: to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of the section 396 of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met.
2. To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Approved by: **Nabeel Qureshi**, TAXACCOLEGA, Chartered Certified Accountants

187A London Road Croydon CR0 2RJ

Date: 29 November 2021

FINANCIAL STATEMENTS**INCOME AND EXPENDITURE ACCOUNT 2021**

		31st March 2021 Restricted Funds £	31st March 2021 Unrestricted Funds £	31st March 2021 Total Funds £	31st March 2020 Total Funds £
	Note				
<u>Incoming Resources</u>					
Service income	2	-	204,583	204,583	263,300
Voluntary income	3	162,795	53,716	216,511	50,810
Investment Income	4	-	142	142	376
Total		162,795	258,441	421,236	314,486
 <u>Resources Expended</u>	 5				
Charitable activities costs		-	405,860	405,860	282,279
Governance costs		-	3,822	3,822	15,684
Costs of generating funds		-	10,706	10,706	15,680
Total		-	420,388	420,388	313,643
 Net incoming (outgoing) resources before transfers)		162,795	161,947	848	843
Gross transfers between funds					
Net income (expenditure)for the year		162,795	161,947	848	843
		-	191,936	191,936	191,093
Total funds brought forward		162,795	29,989	192,784	191,936
Total funds carried forward					

Movements in funds are shown in Note 11 to the financial statements.

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 20 to 24 form part of these financial statements.

BALANCE SHEET

		<u>31st March</u> <u>2021</u>	<u>31st March</u> <u>2020</u>
	Note	£	£
FIXED ASSETS			
Tangible assets	7	9,119	21,676
CURRENT ASSETS			
Debtors	8	36,010	49,760
Stock		250	900
Cash at bank and in hand		<u>177,405</u>	<u>140,874</u>
		<u>213,665</u>	<u>191,534</u>
CREDITORS			
Amount falling due within one year	9	<u>30,000</u>	<u>21,274</u>
Net Current Assets		<u>183,665</u>	<u>170,260</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>192,784</u>	<u>191,936</u>
CAPITAL AND RESERVES	10		
Restricted Funds		162,795	29,295
Unrestricted Funds		<u>29,989</u>	<u>162,641</u>
		<u>192,784</u>	<u>191,936</u>

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

(a) Basis of Accounting:

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16 July 2014.

(b) Incoming resources:

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Income from charitable activities is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Incoming resources from charitable activity are accounted for when earned.

Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant. Income resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

Income from donations and legacies are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

Grant of a general nature provided by government and charitable foundation which are not conditional on delivering certain levels or volumes of a service or supply of charitable goods are recognised as income from donations and legacies.

(c) Resources expended:

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Expenditure on raising funds comprise the costs associated with attracting income from donations and legacies.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly; others are apportioned on an appropriate basis, such as consultants, estimated usage or space occupied. Material allocations of costs made within the accounts are:

Cost function Basis of allocation	Office expenses Estimated Usage	Senior Management Services Time spent
Charitable Activities	95%	75%
Governance Costs	1%	10%
Generating Voluntary income	5%	15%

(d) **Depreciation** is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

- Plant & Machinery @ 18% reducing balance basis
- Equipment @100% over the period of one year (First year allowance)
- Assets costing less than £500 are not capitalised

(e) Fund accounting: funds held by the charity are either:

- **Unrestricted** general funds – these are funds for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- **Designated** funds – these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.
- **Restricted** funds - these are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.
- Transfers between funds are made to cover deficits on individual restricted funds and to recognise fixed assets acquired with restricted income, but with no further restriction on use.

(f) Operating Leases: Rentals are charged to the income and expenditure account in equal annual amounts over the period of the lease.

2. CHARITABLE INCOME

	31 st March 2021	31 st March 2021	31 st March 2021	31 st March 2020
	Restricted	Unrestricted	Total	Total
	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>	<u>Funds</u>
	£	£	£	£
Therapeutic Art Studio				
Public Sector Contracts	-	153,882	153,882	199,690
Members Contributions	-	45,406	45,406	51,847
Other income	-	5,295	5,295	11,793
Total	-	204,583	204,583	263,300

3. DONATIONS AND LEGACIES

	31 st March 2021	31 st March 2021	31 st March 2021	31 st March 2020
	Restricted	Unrestricted	Total	Total
	£	£	£	£
Grants/Core costs	162,795	44,137	206,932	39,294
Grants/Projects	-	8,929	8,929	9,489
Donations	-	450	450	450
Friends Scheme	-	200	200	1,577
Total	162,795	53,716	216,511	50,810

4. INVESTMENT INCOME

	31 st March 2021	31 st March 2021	31 st March 2021	31 st March 2020
	Restricted	Unrestricted	<u>Total</u>	<u>Total</u>
	£	£		
Interest received	-	142	142	376
Total	-	142	142	376

5. RESOURCES EXPENDED

	<u>Charitable Activities</u> £	<u>Governance</u> £	<u>Generating Funds</u> £	<u>Total 2021</u> £	<u>Total 2020</u> £
Staff Salaries, Fees & Expenses	233,744	2,460	9,842	246,046	190,199
Training & Supervision Costs	4,814	-	-	4,814	2,995
Team and Community Events	360	-	-	360	236
Volunteer Expenses	136	-	-	136	118
Employer N I Co	1,468	15	62	1,545	2,693
Pension Contributions	1,396	15	58	1,469	1,466
Rent and Utilities	92,146	-	-	92,146	81,124
Office Costs	11,226	-	590	11,816	3,048
Studio Materials/ Equipment	11,725	-	-	11,725	3,685
Artists Fees	3,103	-	-	3,103	561
Shipping, Freight and Delivery	1,926	-	-	1,926	220
Marketing and Communications	1,150	-	60	1,210	216
Travel and Subsistence	49	-	-	49	3,635
Accounts Costs	6,716	916	-	7,632	6,109
Legal Fees/ DBS Checks	446	-	-	446	345
Bank Charges	36	-	-	36	60
Insurance	2,196	116	-	2,312	2,285
Projects and Exhibition Costs	1,772	-	94	1,866	448
Bad Debt Written Off	13,700	-	-	13,700	2,900
Depreciation	12,557	-	-	12,557	11,000
Ind. Examiner's remuneration	-	300	-	300	300
Total Resources Expended	405,860	3,822	10,706	420,388	313,643

Over the year, the SU overall and unit costs increased due to delivery in smaller groups and provision of individual support. There were additional costs related to preventing digital exclusion, development of new services and works for adapting the existing provision and premises to the pandemic conditions.

No member of staff received more than £60,000 in remuneration.

6. TAXATION

The company is a registered charity and it is considered that its activities are such that no taxation liability will arise.

7. TANGIBLE FIXED ASSETS

	<u>Plant & Machinery</u>	<u>Equipment</u>	<u>Total</u>
COST	£	£	£
At 1st April 2020	47,197	19,704	66,901
Additions			
Total	47,197	19,704	66,901

DEPRECIATION

At 1st April 2020	35,038	10,187	45,225
Charge for the year	3,040	9,517	12,557
At 31st March 2020	38,078	19,704	57,782
NET BOOK VALUE			
At 31st March 2021	9,119	-	9,119
At 31st March 2020	12,159	9,517	21,676

8. DEBTORS

	31st March <u>2021</u>	31st March <u>2020</u>
Trade debtors	36,010	31,900
Other debtors	-	17,860
Prepayments and accrued income	-	-
Total Debtors	36,010	49,760

9. CREDITORS

	31st March <u>2021</u>	31st March <u>2020</u>
Amounts falling due within one year	30,000	21,274
Creditors	-	-
Accruals and deferred income	-	-
Total Creditors	30,000	21,274

10. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	<u>General Funds</u>	<u>Designated Funds</u>	<u>Restricted Funds</u>	<u>Total 2020</u>
	£	£	£	£
Fixed assets	9,119	-	-	9,119
Debtors	36,010	-	-	36,010
Stock	250	-	-	250
Cash at bank and in hand	177,405	-	-	177,405
Creditors	30,000	-	-	30,000
	192,784	-	-	192,784

11. CAPITAL

The company has no share capital being limited by guarantee. Each member undertakes to contribute £1 in the event of the company being wound up.

12. RELATED PARTIES

Day to day operations of the charity is under the control of persons who are not directors of the organisation, but are such that related party disclosures are relevant.

13. MOVEMENT IN FUNDS	At 1 April 2020	Incoming	Outgoing	At 31 March 2021
Restricted funds				
City Bridge Trust	0	45,000	45,000	0
Lloyds Foundation/Enable	12000	0	12,000	0
Arts & Health Partnership	0	9,984	300	9,684
DCMS	-	45,000	45,000	-
LB Croydon	-	14,762	10,000	4,762
Arts Council England	-	37,760	37,760	-
LLC/Community Grant/ ESF	14,000	6,000	15,000	5,000
CVA/Grassroots	3,000	-	3,000	-
Total restricted funds	29,000	158,506	168,060	19,446
Unrestricted funds	At 1 April 2020	Incoming	Outgoing	At 31 March 2021
Designated funds:				
Geoff Mack Fund	5,000	90,000	88,000	7,000
Funding Reserve	130,000	20,000	-	50,000
HRMC / Emergency Funds	-	32,137	32,137	-
South London	11,000	10,000	11,798	9,202
Facilities Fund	10,000	15,000	20,000	5,000
Bearing Foundation	-	12,000	12,000	-
General funds	6,936	-	4,800	2,136
Total unrestricted funds	191,093	130,656	158,813	162,936
Total funds	191,093	172,450	171,607	191,936

In the Trustees' opinion, there are enough resources held to enable each fund to be applied in accordance with the restrictions imposed by donors.

14. TRUSTEES REMUNERATION

The Trustees did not receive any remuneration. Trustees were reimbursed in the sum of £Nil for travelling expenses during the year 2021 (2020= £Nil)