

Registered number: 03258939
Charity number: 1058545

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

Trustees	Philippa Donovan, co-opted trustee (appointed interim chair 5 July 2024, appointed chair 3 March 2025) William Adlard (appointed 3 March 2025) Michelle Briggs, trustee William Daniel-Braham, trustee Peter Gregory, trustee Akash Patel, chair of Finance, Risk & Audit Committee (appointed 3 February 2025) Matthew White, lay trustee (appointed 22 February 2024) Frederick Young, trustee Christian Buckland, chair (resigned 13 June 2024) Jennifer Ayling, vice chair (appointed 4 March 2024, resigned 17 July 2024) David FitzGerald, treasurer (resigned 8 May 2024) John Loughrey, lay trustee (ended the maximum eight-year term of office on 10 February 2024)
Company registered number	03258939
Charity registered number	1058545
Registered office and operational address	(until 16 June 2024) 2nd Floor, America House 2 America Square London EC3N 2LU (from 17 June 2024) York House 221 Pentonville Road London United Kingdom N1 9UZ
Key management personnel	Jonathan Levett, chief executive Emily Bridges, strategic projects lead (head of content and engagement until 30 September 2024) Victoria Calais, chief operating officer James Pickering, registrar Helen Willingham, head of content and engagement (on parental leave until 30 September 2024)
Independent auditor	Peters Elworthy & Moore Chartered Accountants Statutory Auditors Salisbury House Station Road Cambridge CB1 2LA

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
(CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

Bankers	CAF Bank Ltd Kings Hill West Malling Kent ME19 4TA
	Unity Trust Bank PO Box 7193 Planetary Road Willenhall WV1 9DG
Solicitors	Fieldfisher Riverbank House 2 Swan Lane London EC4R 3TT

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TRUSTEES' REPORT
FOR THE YEAR ENDED 30 SEPTEMBER 2024

A message from the Board of Trustees

This report outlines UKCP's achievements and the impact of our work in the 2023/24 financial year (1 October 2023 – 30 September 2024).

The year under review presented numerous significant events and challenges for UKCP. It included a successfully defended petition for removal of the board of trustees following the withdrawal from the MoU on conversion therapy. Despite this, work began to engage with members to develop an ambitious new UKCP strategy that was launched in 2024.

There have been changes on the board with four trustees finishing in 2024: Dr Christian Buckland, Jennifer Ayling, David Fitzgerald and John Loughrey. We express our gratitude for their dedicated service and commitment to UKCP. We also welcomed a new lay trustee, Matthew White, and appointed a new interim chair. Elections for vacant trustee positions and chair took place in early 2025.

As is detailed in our report, many streams of work took place and there are great successes to be acknowledged from the 2023/24 year. Key achievements included the following:

- Moved office premises with the aim to save £150,000 per year.
- 121 pieces of media coverage, 60% of which was in the national press.
- 170% increase in Find a Therapist profile views.
- 51 bursary payments awarded towards student and trainee fees.
- 30% reduction in recruitment costs.
- 498% increase in percentage of calls answered during our renewal period, with over 1,100 calls handled.

This is just a brief overview of some of the areas of work and the report below gives details of much more. We extend our sincere appreciation to all individuals who have contributed to the efforts of UKCP including colleges, volunteers, members, staff and colleagues in other organisations.

Trustees' annual report

The trustees present their annual report together with the audited financial statements of the Company for the year 1 October 2023 to 30 September 2024. The annual report serves the purposes of both a trustees' report and a directors' report under company law. The trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Company qualifies as small under section 382 of the Companies Act 2006, the strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities from 2023/24

The trustees review UKCP's aims, objectives and activities each year. This report looks at what UKCP has achieved and the outcomes of its work within the past 12 months in pursuit of the previous strategic objectives. The trustees report the success of each key activity and the benefits UKCP has brought to the people it is set up to help. The report also helps the trustees ensure UKCP's aims, objectives and activities remain in line with its stated purposes. Next year's annual report will detail achievements that support the refreshed strategic objectives for 2024-27.

UKCP's vision (2023/24)

A world in which emotional and mental wellness is a human right.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

UKCP's purpose

To transform lives by unlocking potential.

UKCP's mission

Alongside professional support for its members, it is the leading research, innovation, educational and regulatory body working to advance psychotherapies for the benefit of all.

Strategic objectives (2023/24)

Improving access to psychotherapy

To make sure that high-quality psychotherapy and psychotherapeutic counselling in both private and public sectors are available to everyone, no matter who they are.

Engaging better

To improve the way UKCP engages with individual and organisational members and provide services and benefits which are valued by all.

Maintaining standards of excellence

To protect the public by making sure everyone on the UKCP register meets the organisation's professional standards, at the same time making sure the register meets national accreditation requirements. To continue setting high standards in the way UKCP governs and organises itself.

Collaborating for success

To develop existing external collaborations and actively seek new ones to achieve a more powerful voice to promote psychotherapy and psychotherapeutic counselling.

Research

To carry out appropriate research and use findings to promote psychotherapy and psychotherapeutic counselling and inform its members' training and development for the benefit of all.

Our Charitable objectives

UKCP's charitable objectives, as set out in its articles of association, provide a framework to achieve its strategic aims. They are to promote:

- the art and science of psychotherapy and psychotherapeutic counselling for the benefit of the public
- research into psychotherapy and psychotherapeutic counselling and to disseminate the results of any such research
- high standards of education, training and practice in psychotherapy and psychotherapeutic counselling
- the wider provision of psychotherapy and psychotherapeutic counselling for all sections of the public.

Public benefit

The trustees have referred to the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

UKCP's achievements and performance

Improving access to psychotherapy

UKCP wants to make sure high-quality psychotherapy and psychotherapeutic counselling in both private and public sectors are available to everyone, no matter who they are.

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FOR THE YEAR ENDED 30 SEPTEMBER 2024

Promoting national policies in an election year

UKCP urged key policymakers to promote and protect the provision of psychotherapy both before and after the UK general election in July 2024.

In October 2023, the UKCP policy team attended fringe events at the Labour Party Conference. This was a good opportunity to speak to influential decision-makers about UKCP's key issues and asks. The policy team also responded to several government consultations, highlighting the benefits of psychotherapy and the views of the psychotherapy profession. These included the Welsh mental health and wellbeing strategy consultation and the Labour mental health review consultation.

UKCP sent letters to key members of the new Labour government, welcoming them, emphasising the crucial role psychotherapy plays, introducing them to UKCP and setting out the organisation's policy priorities. UKCP also signed a letter to political leaders urging them to support mental health in education. This initiative was led by Nurture UK and included many sector partners.

Enhancing our website's Find a Therapist tool

UKCP's online Find a Therapist tool provides individuals with efficient and straightforward access to the necessary psychotherapy support. Thanks to a programme of improvements to the tool and a search engine optimisation strategy, website page views for Find a Therapist rose by 170%. This made it the highest-ranking page on the UKCP website in 2023-24.

Increasing the profile of psychotherapy and UKCP in the media

In 2024, UKCP secured 121 pieces of media coverage. These included pieces in the national press (60 per cent of the total coverage), such as The Guardian, iNews, The Daily Telegraph, Yahoo and The Independent. Topics included raising awareness of high-quality psychotherapy and the impact that social and technological developments might have on mental health.

Promoting careers in psychotherapy

UKCP also aims to attract people to join the psychotherapy profession. The My Psychotherapy Career podcast series, which ended in April 2024, sought to attract listeners interested in discovering the possible career paths that psychotherapy offers and how to get there.

From October 2023 to September 2024, the series had 10,895 listens. The highest-performing episode had 833 listens.

Engaging better

UKCP is seeking to improve the way it engages with its individual and organisational members and to provide services and benefits valued by all.

Offering high-quality resources and events

An important area of UKCP's work is providing psychotherapists with the tools they need for excellent practice, so they can make the biggest difference possible to their clients' lives. In 2023-24, UKCP:

- transformed its member magazine, New Psychotherapist. Following last year's readers' survey, UKCP worked with new editor Emma Ledger and a member focus group to make the tone and balance of content more relevant and engaging. UKCP also appointed a new publishing partner, who worked with the new editor and member focus group to give the magazine a new look and feel. UKCP has now recruited an editorial board, composed of members, to inform and guide New Psychotherapist going forward.
- developed a new welcome pack to support new student and trainee members joining UKCP and the profession. The pack offers clear information about what being a member of UKCP means, how the organisation is structured and what benefits and resources it offers.

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- ran events on topics including learning from complaints, research and UKCP's new strategy. The team recorded many of these and put them online as password-protected webinars, increasing the continuing professional development (CPD) materials exclusively available to members.

UKCP's members forum serves as a platform for members to engage in discussions and address significant issues pertaining to psychotherapy and UKCP. Members forum ran well-attended and lively events in October 2023 and March 2024, including a hybrid meeting in Edinburgh.

Working with members on UKCP's new strategy

During 2024, UKCP began to build its new strategy to guide the work of the whole organisation over the next three years. The strategy was launched at the UKCP Conference in November 2024.

UKCP engaged members extensively in developing the strategy to make sure it truly reflects what they want and need from their organisation. This included New Psychotherapist magazine articles, commissioned think pieces, email updates and surveys, plus a series of webinars on the strategy's four pillars (quality, membership, voice and organisation). Each of these online events included a panel discussion, question and answer session with attendees and follow-up survey. Consultation was also carried out with the members forum and UKCP colleges and committees.

Through this engagement, members said they wanted better regulatory processes, more events and CPD opportunities, enhanced member support and a stronger public and policy presence for UKCP.

The new strategy will reflect the collective voice of UKCP's members to the greatest extent possible, focusing on areas such as statutory regulation, carrying out a governance review, improving member services and increasing UKCP's visibility and advocacy efforts.

Championing equity, diversity and inclusion

Equity, diversity and inclusion (EDI) is at the core of UKCP's work. Its key aims in this area include making the psychotherapy profession more diverse, embedding EDI in UKCP itself and ensuring psychotherapy is available and accessible to everyone who needs it.

UKCP's Equity, Diversity and Inclusion – Belonging, Intersectionality, Inclusion, Diversity, Equity (EDI-BIIDE) Committee guides the EDI agenda across UKCP. Since its inception, the committee has focused on progressing the organisation's EDI-BIIDE Action Plan and ensuring that EDI considerations are embedded in the four strategic pillars of the new UKCP strategy. The committee welcomed new chair Dr Zahid Nawaz in September 2024.

The Professional Standards Authority (PSA) confirmed that UKCP is complying with its new EDI Standard too. UKCP also successfully passed its annual overall review with the PSA, confirming the organisation is meeting the PSA's high standards.

Collecting data on diversity to improve UKCP services

To best serve and support UKCP members and to meet its public sector equality duties, the organisation needs to know what its membership looks like. This is why UKCP conducted the first of what will be an annual data collection of essential metrics from members in 2023. UKCP will track this information on a yearly basis to better understand the make-up of its membership.

Key highlights from the 2023 report include that:

- 75 per cent of UKCP members were aged 45 and older
- 91 per cent of members lived in England
- 74 per cent were women
- 13 per cent reported having a disability
- 75 per cent of members were white

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- 3.7 per cent were Asian/Asian British
- 3.1 per cent were mixed/multiple ethnic groups
- 2.8 per cent were black
- 1.9 per cent were from another ethnic group.

Improving customer service

UKCP's membership team continued to work hard to improve customer services with regular monitoring of call responses and email communications to ensure effective and efficient member support. There was a 498% increase in percentage of calls answered during our renewal period, with over 1,100 calls handled.

Bursary funding for students and trainees

Training to be a psychotherapist or psychotherapeutic counsellor is costly. UKCP bursaries help people who need support to join the profession because of their personal circumstances and/or because they come from underrepresented groups. In 2024, UKCP received 129 applications for its annual bursary and made 51 awards each worth £750.

Maintaining standards of excellence

UKCP's goal is to protect the public by making sure everyone on its register meets its professional standards, at the same time making sure its register meets national accreditation requirements. UKCP also wants to continue setting high standards in the way it governs and organises itself.

Making sure UKCP members offer the highest quality psychotherapy

To ensure members provide excellent standards of psychotherapy and psychotherapeutic counselling, UKCP ran a variety of quality assurance processes in 2023-24.

These included auditing 225 individual psychotherapists on the national register, chosen at random, in 2024. UKCP also reviewed 16 of its organisational members, two new training programmes and three applicant organisations in the 2023-24 financial year to ensure they were working to the highest standards.

Managing complaints effectively

A crucial part of UKCP's work is responding to and learning from complaints about psychotherapists and psychotherapeutic counsellors on its register. This helps protect the public and maintain confidence in the psychotherapeutic profession.

In 2023-24, UKCP received and managed 58 formal complaints against its members through its complaints and conduct process (out of 9,116 therapists on its register, on average). It held eight interim suspension order hearings concerning seven registrants. It also convened nine adjudication panel hearings in relation to seven registrants and one appeal hearing. Most hearings continued to take place online as it is more cost-effective and efficient.

The Learning from Complaints webinar event, organized by UKCP, was reinstated in June 2024. It aimed to support UKCP members to learn more about the UKCP complaints process, and how to maintain good practice and avoid complaints.

Reviewing standards of training

UKCP's Education, Training and Practice Committee (ETPC) continued to review and standardise the organisation's Standards of Education and Training (SETs). These SETs outline the minimum requirements all psychotherapists and psychotherapeutic counsellors must meet to be a member of UKCP, helping maintain excellent standards in the profession.

For example, the ETPC has been working on revising UKCP's supervision statement and standards in 2023-24, so they more clearly articulate the process and responsibilities around supervision. These are likely to be published in 2024-25.

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Making UKCP a great place to work and saving on costs

The COVID-19 pandemic changed working culture and practices throughout the UK. In 2023-24, UKCP implemented changes to ensure that staff remain motivated, content, healthy, and productive.

UKCP has now fully embedded flexible working across the organisation. By prioritising mental health and wellbeing in its culture, the organisation has created a healthier workplace with better work-life balance and different ways of working to support team productivity.

With changes in working and management practices, UKCP retained more staff – and their experience – compared to last year. The organisation is committed to developing and retaining an experienced team to ensure continuity and expertise. Regular team, project and all-staff meetings are held in person to share knowledge, connect with colleagues and foster collaboration across departments.

In June 2024, following a consultation period with staff and committee members, UKCP moved to a new office on Pentonville Road near King's Cross, which is smaller to accommodate more hybrid ways of working. Robust project governance and strong leadership ensured that the project was delivered on time and realised cost savings on our accommodation expenses.

All this work is helping UKCP save on costs, so members' fees are used as efficiently as possible for their and the public benefit. By downsizing the office to premises more suitable for the organisation's needs, UKCP is aiming to save £150,000 per year. After appointing an HR manager in October 2023, UKCP also streamlined its recruitment processes, saving over 30% in recruitment costs.

Withdrawal from MoU on Conversion Therapy in the UK

The UKCP Board of Trustees reached a decision to withdraw from the MoU on Conversion Therapy. A full statement on the reasons for withdrawal was published on the UKCP website.

Board of Trustees removal election

UKCP's articles of association state that a removal election can be held following a petition from two percent of the members. A petition was organised by Therapists Against Conversion Therapy and Transphobia (TACTT) in response to the Board of Trustees' decision to withdraw UKCP's signature from the Memorandum of Understanding on Conversion Therapy in the UK v2 (MoU) and its membership of the Coalition Against Conversion Therapy.

In the election, 79.29% of votes were cast in favour of retaining the current Board. The UKCP Board of Trustees will continue in their positions following the conclusion of the removal election.

Collaborating for success

UKCP aims to develop existing external collaborations and actively seek new ones to achieve a more powerful voice to promote psychotherapy and psychotherapeutic counselling.

Taking part in coalitions as the voice of psychotherapy

Working together with other organisations means UKCP can amplify its messages and have a greater impact. Through several coalitions and working groups, UKCP continued to collaborate with other organisations as the voice of psychotherapy.

In 2023-24, UKCP was part of coalitions including:

- the All-Party Parliamentary Group for Prescribed Drug Dependency
- the Artificial Intelligence Coalition
- the Children and Young People's Mental Health Coalition

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FOR THE YEAR ENDED 30 SEPTEMBER 2024

- the Climate Minds Coalition
- the Coalition for Inclusion and Anti-Opressive Practice
- the Memorandum of Understanding on Conversion Therapy (until 5 April 2024)
- the Mental Health Alliance
- the National Psychological Professions Stakeholder Working Group
- the Psychedelics Coalition
- the Scottish Mental Health Partnership
- and the Talking Therapies Taskforce.

We also attended the in-person annual report of the Health Devolution Commission in September 2024. We heard from Andrew Gwynne, Minister for Public Health, on the new government's plans for how local-level services can support the larger goal of improving health and reducing inequalities. Attending in-person parliamentary events allows the policy team to network with policymakers and sector partners, as well as engage in topics relevant to improving mental health across the UK.

Collaborating to promote high standards

UKCP is committed to working on first-class standards for the psychotherapy profession, for the benefit of the public. Since 2016, it has been working with sector partners who also operate registers for professionals in the psychotherapy and counselling field, on a shared, evidence-based competence framework detailing the core competences and practice standards for counsellors and psychotherapists who work with adults. Last year the Scope of Practice and Education for the Counselling and Psychotherapy Professions (SCoPEd) framework was adopted by all partners involved.

In 2024, UKCP and its SCoPEd partners worked to update the partnership's governance structures. This included forming a CEO Board, which now leads the strategic direction of the partnership and ensures the framework continues to evolve in alignment with the needs of the profession and the public. Dedicated delivery and communications groups were also set up to oversee the framework's implementation and outreach.

Leading on quality assurance for the NHS

UKCP also promoted excellent standards in psychotherapy through its work with the NHS Talking Therapies for Anxiety and Depression three-year pilot scheme. The scheme provides fully funded training for students to qualify as psychotherapeutic counsellors while training in NHS talking therapies services across the country.

Working in collaboration with the Partnership of Counselling and Psychotherapy Bodies, UKCP is the scheme's lead accrediting body, and has put in place a rigorous assessment framework detailing standards training courses must meet.

In 2024, UKCP carried out its second annual full review of the scheme. Its assessment teams attended two-day, in-person visits to each of the three training providers. The assessment teams then created reports detailing areas of good practice, and requirements and recommendations for improvement.

One of the pilot's aims is to diversify the psychotherapy and counselling workforce. In May 2024, UKCP published a demographic report looking at whether this was the case. Findings suggested that those taking part in the pilot were more diverse in terms of age and ethnicity than UKCP's current membership and the NHS talking therapies workforce. There was also feedback that the programme offered the opportunities to people that would not otherwise have been able to enrol on psychotherapeutic counselling training.

Developing new regulatory guidelines on conversion practices

UKCP continued its efforts to end the unethical and harmful practice of conversion therapy – trying to change a person's sexual orientation or suppress their gender identity.

UKCP started work on developing new regulatory guidance on conversion practices. Working closely with our partners in the psychotherapy and counselling sectors, UKCP is striving to create guidelines for practitioners. This will help make sure all practitioners are informed about ethical practices for all.

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TRUSTEES' REPORT (CONTINUED)
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Research

UKCP aims to carry out appropriate research and use the findings to promote psychotherapy and psychotherapeutic counselling, and inform its members' training and development for the benefit of all.

Carrying out original research

UKCP's research team carried out and published several pieces of original research in 2023-24 with the aim of educating and influencing key decision-makers. These included:

- A paper summarising the results of a focus group conducted to track the experiences and expectations of trainee therapists taking part in the NHS Talking Therapies pilot project.
- A policy briefing on the evidence base for psychotherapy with children and young people, including results from a member survey. This highlighted evidence of psychodynamic psychotherapy, interpersonal therapy and systemic therapy effectively working with children and young people on a multitude of issues. It also included high-quality studies on music therapy and group therapy, specifically for children and adolescents who have been subjected to sexual abuse with externalising disorders.
- A literature review on practitioners' attitudes to working online, authored by several psychotherapy researchers including UKCP members and Ellen Dunn, UKCP's policy and research manager. An examination of existing research identified four key areas of concern for providing therapy online: therapeutic practice; technical concerns; perceptions of client benefits and challenges when working online; and therapist challenges.
- A policy briefing on key evidence for the effectiveness of major psychotherapeutic modalities. Aimed at giving policymakers an introductory understanding of the breadth and strength of the psychotherapy evidence base, it covered key studies including on body-somatic therapy, cognitive-analytic therapy, creative therapies, couples therapy, existential therapy, gestalt therapy, person-centred experiential counselling, interpersonal therapy, psychodynamic psychoanalytic therapy, systemic therapy and transactional analysis.

Sharing knowledge at the UKCP annual research conference

UKCP held its annual research conference in June 2024. Members presented their research, held workshops on different research themes and topics, and the UKCP research team shared their current projects.

At the conference, UKCP member Jessica Mann received the UKCP rising research award, while member Divine Charura received the UKCP outstanding research award. These awards aim to highlight remarkable researchers who are contributing to the psychotherapy evidence base.

Collaborating with the European Journal of Psychotherapy and Counselling

UKCP continued its affiliation with the European Journal of Psychotherapy and Counselling (EJPC) in 2023-24. Alongside providing UKCP members with free access to the journal and a chance to write and review articles, EJPC and UKCP collaborated on a special issue on 'The Individual and Society'.

UKCP and EJPC also worked together to launch a new trainee/student essay prize, giving trainees, students and newly qualified practitioners an exceptional opportunity to have their dissertations, coursework or essays published in the journal.

Collaborative research with York St John University

UKCP collaborated on a research project with York St John University (YSJ) to examine routine outcome measures in talking therapies. UKCP is honoured to have contributed to the project's foundational stages and anticipates the progression of the research as YSJ and the British Association for Counselling and Psychotherapy (BACP) lead it into subsequent phases.

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Plans for the future

Developing new work

2024-25 will see an exciting programme of new and pivotal initiatives as the new three-year UKCP strategy launches. These include:

- a General Meeting which was held at the UKCP Conference in November 2024, and gave members the chance to engage with UKCP and to make their voices heard
- the launch of a governance review to make sure UKCP's structures and processes are fit-for-purpose and support its strategic goals
- a series of ethics events to engage members in critical discussions and further embed ethical practices across the profession
- exploring the potential for UKCP to attain chartered status, which would enhance its standing and credibility in the field
- building and strengthening UKCP's brand and voice, ensuring the organisation continues to be recognised as a leader in psychotherapy and counselling
- working with partners to establish an All-Party Parliamentary Group on Talking Therapies to enhance UKCP's advocacy efforts and influence public policy in areas relevant to the psychotherapy profession.
- developing and implementing new regulatory guidelines on conversion practices
- strengthening UKCP's commitment to ensuring psychotherapy is accessible to all communities in the UK.

Policy manifesto

The general election and change in government has been a crucial opportunity for UKCP to engage with new policymakers and highlight top policy priorities. The priorities were developed by consulting with members through a survey and webinar, to ensure the priorities are advocating on what matters to them.

Supporting new members

Following the launch of student and trainee welcome packs this year, UKCP is now aiming to create and deliver a welcome pack for full clinical members and a version for members who become direct members.

Improving our social media strategy

UKCP aims to complete a full review of its social media in 2024/2025. The review is examining what opportunities the organisation could explore on its social media platforms and what audiences it is looking to target and engage.

Continuing collecting member diversity data

UKCP collected data about the diversity of its membership for the first time in 2023, and again in 2024, helping the organisation understand who its members are and what they need. UKCP will publish a report with the results, including comparisons to the previous year.

Organising the first in-person UKCP Conference since 2019

UKCP has organised its first in-person conference since 2019. In November 2024, attendees enjoyed a full day of clinical content exploring the theme of Psychotherapy in a Changing World and what this means for psychotherapy practice.

Campaigning to update the NICE guideline on anxiety for adults

UKCP has been conducting research to inform a campaign for the National Institute for Health and Care Excellence (NICE) to update its guideline on generalised anxiety disorder and panic disorder in adults.

Currently, these guidelines do not recommend any high-intensity therapies other than cognitive behavioural therapy and relaxation therapy. UKCP strongly advocates for patient choice and improved access to evidenced-based therapies in the NHS. As part of this, it plans to work with policymakers and sector partners in 2024/2025 to encourage an update of these guidelines.

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FOR THE YEAR ENDED 30 SEPTEMBER 2024

Implementing a governance review

In August 2024, UKCP asked its lawyers to give legal advice on its articles of association, byelaws and standing orders. The organisation will begin a consultation with members on possible changes to its constitutional documents in 2025.

Financial reports

Financial review

The attached Statement of Financial Activities and Balance Sheet provide the results of our operations for the 12 months from 1 October 2023 to 30 September 2024. Income for the year to September 2024 was £3,007k (up 10%) compared to £2,735k in 2023. Total expenditure was £2,907k (up 3.5%) compared to £2,809k in 2023.

The majority of the charity's income is from membership fees (£2,909k in 2024 and £2,648k in 2023). The trustees recognise that the charity's reliance on this sole source of income makes the charity vulnerable to unforeseen fluctuations in membership. As a consequence, the trustees have tasked the management team with exploring non-membership fee sources of revenue. The trustees take this factor into account in setting levels of reserves to be held and in putting appropriate strategic priority to maintaining and growing membership.

The Complaints and Conduct Process (CCP) is a Designated Fund. The number of cases heard each year fluctuates; cases planned for the following year are taken into account in the budget-setting model. Costs are monitored closely and managed accordingly; there continue to be savings as a result of hearings being held online. Processes are under constant review to ensure we contain costs as far as practicable. A provision is made for the potential cost of cases accepted but not heard at year end.

Two new designated funds have been created.

The Membership Engagement Fund has been established to enhance the overall member experience, including focusing on the creation of an improved website, development of a dedicated members' area and a review of our customer relationship management (CRM) system to improve its efficiency. These enhancements are intended to improve engagement, streamline interactions and provide an enhanced, more personalised experience for members and the public. An initial amount of £100k has been transferred to the fund.

The Innovation Fund has been established to support the creation of non-membership income initiatives, the development of continuing professional development (CPD) opportunities and the exploration of obtaining Chartered status for UKCP. An initial amount of £50k has been transferred to the fund.

It is a challenge to depict expenditure by activity as UKCP engages and collaborates with volunteers. Their work on committees, standards, registration, regulation and quality assurance are highly valued, but are not captured in the columns of figures in the financial statements. The Board of Trustees takes this opportunity to thank all those who have given time to UKCP for the advancement of psychotherapy and psychotherapeutic counselling.

Some volunteers are paid a token amount in recognition of the time they spend on UKCP business, including but not limited to, chairing and attending meetings and reviewing or writing documents and procedures. These amounts are in no way meant to reimburse them at market rates.

All trustees give their time voluntarily, with the exception of the chair as explained in note 12; out of pocket expenses of £7,203 were reclaimed from the charity this year.

Our balance sheet continues to reflect our stability with cash reserves in excess of our target. Current liabilities include deferred income of £2,254k (2023 £1,683k). This is membership income received in advance of the 2024/25 financial year; renewals were processed in September 2024 in order to provide members with their certificates on 1 October 2024.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

Investment policy and performance

The trustees' investment policy was put in place to ensure that UKCP's cash is invested in the most effective and secure manner.

The policy states that the objectives of investments are:

- To produce the best financial return within an acceptable level of risk
- To produce a total return in excess of inflation for medium term investments
- To preserve the capital value with a minimum level of risk for short term investments

The policy also details the trustees' position on risk, ethical investments and liquidity.

The investment is held with Columbia Threadneedle Fund Management Limited. The investments paid out dividends of £5k during the year, a yield of 1.4%. The investments have been increasing in value over the years, with an unrealised gain of £55k in the current year.

Reserves policy and going concern

The key threat to our income is a drop in membership renewals and/or a reduction in new members joining. Membership renewals at 1 October 2023 achieved the target of 95% retention, and the number of new members joining during the year exceeded the target. This is positive for renewals in future years.

The trustees are, therefore, reasonably confident that income is secure. Much of UKCP's expenditure is within the Board's control. The Board is satisfied that there are no material uncertainties of which it is aware. The Board has a reasonable expectation that the charity will remain a going concern for at least 12 months from approving these accounts.

The charity's income and expenditure are both highly predictable in timing and amounts. Reserves are calculated by reference to the risks the charity faces and the costs of aligning expenses with income if required, or to meet the risks of unplanned costs.

The trustees set reserves targets at the beginning of the financial year and monitor the actual results at each board meeting. The current reserves target for the general fund has been reduced to £351k (from £402k) as UKCP is no longer renting office space at 2 America Square. The target ensures funds are available to cover any outstanding licence fees and operational costs as well as ensuring staff are adequately remunerated should UKCP have to cease operations.

The free reserves at 30 September 2024 are £711k (2023: £565k) (general unrestricted funds less net book value of tangible fixed assets). The Board has created two designated funds with an initial transfer of £150k from the general reserve. The excess free reserves are being carried forward to the 2024/25 financial year. Management is working on plans to utilise these funds in the most effective way.

There were no restricted funds at year end (2023: nil).

The target for the Complaints and Conduct Process fund was increased to £74k (from £62k) as there is now an excess in the case of a judicial review. This is set taking account of potential litigation or risk and insurances held against these. Expenditure, other than operational costs, is dependent on the number of cases accepted and this varies from year to year. The budget setting process takes the number of cases accepted but not heard into account so reserves at the end of a financial year may be higher than the target to make allowance for expected future legal costs.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

Related parties and relationships with other organisations

The charity is a membership organisation and has, in the ordinary course of its activities, transactions with its members individually and with groups of members in the colleges. Colleges are not separate legal entities, however they facilitate engagement and involvement with members.

Remuneration policy

The charity sets the pay of its staff and key management personnel using industry benchmarks, performance reviews and appraisals. UKCP has a Remuneration, Appointments and Performance Management Committee (RAPMC) which is responsible for reevaluating decisions to remunerate trustees, committee chairs and college personnel on an annual basis and report their findings to the UKCP Board of Trustees. The RAPMC is currently reviewing all contracts for services to ensure they are compliant with current legislation. The Board approves any annual increases and changes to the Chief Executive's remuneration package, on recommendation of the RAPMC.

Fundraising

UKCP does not engage in public fundraising and does not use professional fundraisers or commercial participators. The charity nevertheless observes the relevant fundraising regulations and codes. During the year there was no non-compliance with these regulations and codes and the charity received no complaints relating to its fundraising practice.

Structure, governance and management

Constitution

The organisation is a charitable company limited by guarantee, incorporated on 30 September 1996 and registered as a charity on 8 October 1996.

The company was established under a memorandum of association which established the objects (see page 4) and powers of the charitable company and is governed under its articles of association.

Organisational structure and decision making

The Board of Trustees, which is responsible to UKCP members and the Charity Commission, oversees the fulfilment of our charitable objectives. A number of committees report to the Board.

On appointment, each trustee is asked to declare any conflicts of interest. They are also asked to update this declaration annually and at the start of each board meeting.

Trustees are given an induction pack outlining the roles and responsibilities of being a trustee as well as the Charity Commission's 'Charity trustee: what is involved' (CC3a) and 'The essential trustee: what you need to know' (CC3). Any training needs for new trustees are actioned to help them carry out their role.

Risk management

Our Board reviews the risks facing UKCP on a biannual basis via a Risk Register. The register covers strategic, operational, financial, human resources, technological and reputational risks. The risks that have been identified are prioritised in terms of potential impact and likelihood of occurrence and the trustees confirm that systems or procedures are in place to mitigate significant risks. Risks are reviewed regularly by the Finance, Risk and Audit Committee with the support of the Senior Management Team, with a focus on strategic risks which may have the most impact on UKCP.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

Risks that were closely monitored during the year were:

- Integrity of the Register – UKCP prides itself on maintaining, and taking measures to keep, an up-to-date list of registrants. The team regularly carries out checks and audits on data as well as data cleansing exercises.
- Data breach – Data security is a priority area for UKCP. As well as moving data and information to the cloud, the team has embedded introductory and regular cyber security training into staff and volunteering operations.
- Governance – UKCP is committed to reviewing its constitutional arrangements as part of the new strategic plan.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 SEPTEMBER 2024

Statement of responsibilities of the trustees

The trustees (who are also directors of the United Kingdom Council for Psychotherapy for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Philippa Donovan

Philippa Donovan
Chair

Date: 14 March 2025

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY

OPINION

We have audited the financial statements of The United Kingdom Council for Psychotherapy (the 'charity') for the year ended 30 September 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 30 September 2024 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY (CONTINUED)

OTHER INFORMATION

The other information comprises the information included in the Annual Report other than the financial statements and our Auditor's Report thereon. The Trustees are responsible for the other information contained within the Annual Report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Trustees' Responsibilities Statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY (CONTINUED)

concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's Report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the Charity, including the Companies Act 2006, Charities Act 2011, and taxation legislation as well as those laws and regulations relating to the Charity's operations such as data protection, anti-bribery, employment, and health and safety legislation;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the Charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we;

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions; and
- we evaluated the assumptions and judgements used by management within significant accounting estimates and assessed whether these indicated evidence of management bias.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY (CONTINUED)

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our Auditor's Report.

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an Auditor's Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

Michael Hewett (Senior Statutory Auditor)

for and on behalf of

Peters Elworthy & Moore

Chartered Accountants

Statutory Auditors

Salisbury House

Station Road

Cambridge

CB1 2LA

Date: 14 March 2025

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 30 SEPTEMBER 2024**

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
INCOME FROM:					
Donations	4	-	736	736	1,753
Charitable activities:	5				
Registration fees and subscriptions		2,909,380	-	2,909,380	2,648,387
Other trading activities	6	45,747	-	45,747	37,829
Investments	7	24,828	-	24,828	17,990
Other income	8	25,890	-	25,890	28,621
TOTAL INCOME		3,005,845	736	3,006,581	2,734,580
EXPENDITURE ON:					
Charitable activities:	10				
Improving access		377,233	736	377,969	363,915
Engaging better		417,731	-	417,731	375,484
Maintain standards of excellence		1,738,898	-	1,738,898	1,679,555
Collaborating for success		250,678	-	250,678	239,804
Research		122,043	-	122,043	150,414
TOTAL EXPENDITURE		2,906,583	736	2,907,319	2,809,172
NET INCOME/(EXPENDITURE) BEFORE NET GAINS ON INVESTMENTS					
		99,262	-	99,262	(74,592)
Net gains on investments		54,678	-	54,678	11,210
NET MOVEMENT IN FUNDS		153,940	-	153,940	(63,382)
RECONCILIATION OF FUNDS:					
Total funds brought forward		583,267	-	583,267	646,649
Net movement in funds		153,940	-	153,940	(63,382)
TOTAL FUNDS CARRIED FORWARD		737,207	-	737,207	583,267

The Statement of Financial Activities includes all gains and losses recognised in the year.

The notes on pages 24 to 45 form part of these financial statements.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)
REGISTERED NUMBER: 03258939

BALANCE SHEET
AS AT 30 SEPTEMBER 2024

	Note	2024 £	2023 £
FIXED ASSETS			
Tangible assets	18	26,537	18,298
Investments	19	356,504	301,826
		383,041	320,124
CURRENT ASSETS			
Debtors	20	235,447	220,757
Cash at bank and in hand		2,654,468	2,114,317
		2,889,915	2,335,074
Creditors: amounts falling due within one year	21	(2,443,609)	(1,898,231)
NET CURRENT ASSETS		446,306	436,843
TOTAL ASSETS LESS CURRENT LIABILITIES		829,347	756,967
Provisions for liabilities	22	(92,140)	(173,700)
TOTAL NET ASSETS		737,207	583,267
CHARITY FUNDS			
Unrestricted funds	23	737,207	583,267
TOTAL FUNDS		737,207	583,267

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Philippa Donovan

Philippa Donovan
Chair

Date: 14 March 2025

The notes on pages 24 to 45 form part of these financial statements.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

	Note	2024 £	2023 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Net cash provided by operating activities	25	541,051	1,420,263
CASH FLOWS FROM INVESTING ACTIVITIES			
Dividends, interests and rents from investments		24,828	17,990
Purchase of tangible fixed assets		(25,728)	-
NET CASH (USED IN)/PROVIDED BY INVESTING ACTIVITIES		(900)	17,990
CHANGE IN CASH AND CASH EQUIVALENTS IN THE YEAR		540,151	1,438,253
Cash and cash equivalents at the beginning of the year		2,114,317	676,064
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR	26	2,654,468	2,114,317

The notes on pages 24 to 45 form part of these financial statements

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

1. GENERAL INFORMATION

The United Kingdom Council for Psychotherapy is a charitable company limited by guarantee and is incorporated in the United Kingdom. The liability of each member in the event of winding up is limited to £1.

The registered office address and principal place of business is York House, 221 Pentonville Road, London, N1 9UZ.

The presentational and functional currency of the Charity is GBP.

2. ACCOUNTING POLICIES

2.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The United Kingdom Council for Psychotherapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

In applying the financial reporting framework, the Trustees have made a number of subjective judgements, for example in respect of significant accounting estimates. Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The nature of the estimation means the actual outcomes could differ from those estimates. Any significant estimates and judgements affecting these financial statements are detailed within the relevant accounting policy below.

2.2 GOING CONCERN

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. Further information is included in the Trustees' Annual Report.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.3 INCOME

Income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from registration fees and subscriptions is recognised evenly over the registration year.

Income received in advance for the following year's fee is deferred.

Income from other trading activities is recognised as the advert is placed or event takes place.

Other income is recognised as the activity has occurred and the costs are recharged.

Other income is recognised in the period in which it is receivable and to the extent the goods have been provided or on completion of the service.

2.4 INTEREST RECEIVABLE

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes.

2.6 EXPENDITURE

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.
- Other expenditure represents those items not falling into any other heading

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.6 EXPENDITURE (CONTINUED)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

Other expenditure represents those items not falling into any other heading

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year end are noted as a commitment, but not accrued as expenditure.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

2.7 ALLOCATION OF SUPPORT AND GOVERNANCE COSTS

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the Charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

	2024 %	2023 %
Improving access	12	12
Engaging better	13	12
Maintain standards of excellence	54	54
Collaborating for success	8	8
Research	4	5
Governance costs	9	9
	<u>100</u>	<u>100</u>

Governance costs are the costs associated with the governance arrangements of the Charity. These costs are associated with constitutional and statutory requirements and include any costs associated with the strategic management of the Charity's activities. These are apportioned over each area of activity in proportion of the total costs of that activity.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.8 TANGIBLE FIXED ASSETS AND DEPRECIATION

Items of equipment are capitalised where the purchase price exceeds £1,500. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use. Major components are treated as a separate asset where they have significantly different patterns of consumption of economic benefits and are depreciated separately over its useful life.

Where fixed assets have been revalued, any excess between the revalued amount and the historic cost of the asset will be shown as a revaluation reserve in the Balance Sheet.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life.

Depreciation is provided on the following bases:

Short-term leasehold property	- Over life of the lease
Furniture and fittings	- 25% pa reducing balance
Furniture and fittings held under finance leases	- Term of the lease
Office equipment	- 25% pa reducing balance
Computer equipment	- 20 - 25% pa straight line

2.9 INVESTMENTS

Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the Balance Sheet date using the closing quoted market price. Any change in fair value will be recognised in the Statement of Financial Activities. Investment gains and losses, whether realised or unrealised, are combined and shown in the heading "Net gains/(losses) on investments" in the Statement of Financial Activities. The Charity does not acquire put options, derivatives or other complex financial instruments.

2.10 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.11 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

THE UNITED KINGDOM COUNCIL FOR PSYCHOTHERAPY
(A Company Limited by Guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

2. ACCOUNTING POLICIES (CONTINUED)

2.12 LIABILITIES AND PROVISIONS

Liabilities and provisions are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.13 FINANCIAL INSTRUMENTS

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.14 PENSIONS

The Charity contributes to personal pension plans of its employees. The pension charge represents the amounts payable by the Charity to such plans in the financial year.

3. CRITICAL ACCOUNTING ESTIMATES AND AREAS OF JUDGEMENT

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are as follows:

- Valuation of investments - The investments are measured at fair value for financial reporting purposes. Information about the valuation technique is included in accounting policy 2.9.
- Deferred income - relates to membership income which is time apportioned
- Complaints and Conduct Process case costs - provision for future cases

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**NOTES TO THE FINANCIAL STATEMENTS
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4. INCOME FROM DONATIONS

	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
UKCP Bursary Fund	736	736	1,753
	<u>736</u>	<u>736</u>	
TOTAL 2023	<u>1,753</u>	<u>1,753</u>	

5. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Registration fees and subscriptions	2,909,380	2,909,380	2,648,387
	<u>2,909,380</u>	<u>2,909,380</u>	
TOTAL 2023	<u>2,648,387</u>	<u>2,648,387</u>	

6. INCOME FROM OTHER TRADING ACTIVITIES

Income from charitable trading activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Advertising income	37,228	-	37,228	35,651
Conferences and events	6,423	-	6,423	1,228
Other income	196	-	196	950
Proceeds on sale of fixed assets	1,900	-	1,900	-
	<u>45,747</u>	<u>-</u>	<u>45,747</u>	<u>37,829</u>
TOTAL 2023	<u>36,601</u>	<u>1,228</u>	<u>37,829</u>	

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7. INVESTMENT INCOME

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Investment income	5,362	5,362	5,132
Interest income	19,466	19,466	12,858
	<u>24,828</u>	<u>24,828</u>	<u>17,990</u>
TOTAL 2023	<u>17,990</u>	<u>17,990</u>	

8. OTHER INCOMING RESOURCES

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Recovery of partnership expenses	25,890	25,890	28,621
	<u>28,621</u>	<u>28,621</u>	
TOTAL 2023	<u>28,621</u>	<u>28,621</u>	

9. ANALYSIS OF GRANTS

	Grants to Individuals 2024 £	Total funds 2024 £	Total funds 2023 £
Bursaries	37,500	37,500	36,000
	<u>36,000</u>	<u>36,000</u>	
TOTAL 2023	<u>36,000</u>	<u>36,000</u>	

Bursaries represents 50 (2023 48) grants to individuals of £750 each.

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10. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

Summary by fund type

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
Improving access	377,233	736	377,969	363,915
Engaging better	417,731	-	417,731	375,484
Maintain standards of excellence	1,738,898	-	1,738,898	1,679,555
Collaborating for success	250,678	-	250,678	239,804
Research	122,043	-	122,043	150,414
	<u>2,906,583</u>	<u>736</u>	<u>2,907,319</u>	<u>2,809,172</u>
TOTAL 2023	<u>2,806,191</u>	<u>2,981</u>	<u>2,809,172</u>	

11. ANALYSIS OF EXPENDITURE BY ACTIVITIES

	Activities undertaken directly 2024 £	Grant funding of activities 2024 £	Support (including governance) costs 2024 £	Total funds 2024 £	Total funds 2023 £
Improving access	304,929	37,500	35,540	377,969	363,915
Engaging better	378,452	-	39,279	417,731	375,484
Maintain standards of excellence	1,575,388	-	163,510	1,738,898	1,679,555
Collaborating for success	227,107	-	23,571	250,678	239,804
Research	110,567	-	11,476	122,043	150,414
	<u>2,596,443</u>	<u>37,500</u>	<u>273,376</u>	<u>2,907,319</u>	<u>2,809,172</u>
TOTAL 2023	<u>2,516,491</u>	<u>36,000</u>	<u>256,681</u>	<u>2,809,172</u>	

Grant funding activities for 2023 have been reclassified from activities undertaken directly.

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FOR THE YEAR ENDED 30 SEPTEMBER 2024

ANALYSIS OF DIRECT COSTS

	Improving access 2024 £	Engaging better 2024 £	Maintain standards of excellence 2024 £	Collaborating for success 2024 £	Research 2024 £	Total funds 2024 £	Total funds 2023 £
Operational staff costs (excl. CCP staff costs)	144,383	186,713	608,261	130,892	61,596	1,131,844	1,022,902
Premises and other operational costs	65,900	85,230	277,657	59,749	28,117	516,653	511,041
Committees and Board of Trustees	2,345	2,345	14,070	2,345	1,172	22,277	11,646
Governance and membership administration	31,257	31,257	109,398	15,628	-	187,540	169,403
Colleges	1,395	1,395	8,372	698	698	12,558	4,285
Research	-	-	-	-	7,121	7,121	19,865
Complaints and conduct process (incl. staff costs)	29,991	29,991	539,835	-	-	599,817	615,707
Communications	29,991	41,521	17,795	17,795	11,863	118,632	161,642
	<u>304,929</u>	<u>378,452</u>	<u>1,575,388</u>	<u>227,107</u>	<u>110,567</u>	<u>2,596,443</u>	<u>2,516,491</u>
	<u>292,901</u>	<u>341,446</u>	<u>1,527,300</u>	<u>218,066</u>	<u>136,778</u>	<u>2,516,491</u>	

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ANALYSIS OF SUPPORT COSTS

	Improving access 2024 £	Engaging better 2024 £	Maintain standards of excellence 2024 £	Collaborating for success 2024 £	Research 2024 £	Total funds 2024 £	Total funds 2023 £
Operational staff costs (excl. CCP staff costs)	13,013	14,382	59,867	8,630	4,202	100,094	93,646
Premises and other operational costs	5,940	6,565	27,328	3,940	1,918	45,690	49,011
Committees and Board of Trustees	152	168	701	101	49	1,172	613
Governance and membership administration	16,254	17,964	74,780	10,780	5,248	125,027	112,934
Colleges	181	200	834	120	59	1,395	477
	<u>35,014</u>	<u>34,038</u>	<u>152,255</u>	<u>21,738</u>	<u>13,636</u>	<u>272,378</u>	<u>256,681</u>
	<u>35,014</u>	<u>34,038</u>	<u>152,255</u>	<u>21,738</u>	<u>13,636</u>	<u>256,681</u>	

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NOTES TO THE FINANCIAL STATEMENTS
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12. NET INCOME/(EXPENDITURE) FOR THE YEAR

	2024 £	2023 £
Depreciation (owned by the charity)	6,470	8,278
Operating lease rentals	211,903	199,702
Fees payable to the charity's auditor in respect of: Preparation of statutory financial statements	2,000	1,650
Audit of the charity's annual accounts (excluding VAT)	16,500	11,250

13. TRUSTEES' REMUNERATION AND EXPENSES

During the year, honoraria were paid to the following Trustees of the Charity:

	2024 £	2023 £
Syed Azmatullah	-	667
Christian Buckland	5,618	5,491
Joanna Lucas	-	2,000

Payment of the chair's honorarium had previously been agreed by the Charity Commission. No further honorariums are to be paid without prior agreement with the Charity Commission.

Members and Trustees receive reimbursement for travel expenditure whilst on Charity business which are all part of the normal course of business. During the year ended 30 September 2024, expenses totalling £7,203 were reimbursed or paid directly to 7 Trustees (2023 - £3,472 to 8 Trustees).

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14. ANALYSIS OF STAFF COSTS AND THE COST OF KEY MANAGEMENT PERSONNEL

Staff costs were as follows:

	2024	2023
	£	£
Salaries and wages	1,294,563	1,233,195
Social security costs	144,405	121,961
Employer pension contributions	112,785	113,393
Temporary staff costs	-	3,696
	<u>1,551,753</u>	<u>1,472,245</u>

Of the £1,551,753 staff costs (2023: £1,468,549), £439,006 (2023: £432,731) relates to the Complaints and Conduct Process Designated Fund.

During the year, termination payments amounting to £2,574 were paid to one employee (2023: none).

The following number of employees received employee benefits in excess of £60,000 (excluding employer national insurance and employer pension contributions) during the year between:

	2024	2023
£60,000 - £69,999	2	1
£70,000 - £79,999	1	1
£90,000 - £99,999	1	-
	<u>1</u>	<u>2</u>

The total employee benefits (including employer national insurance and employer pension contributions) of the key management personnel (as listed on page 1) were £398,567 (2023: £299,659).

15. STAFF NUMBERS

The average number of employees (headcount based on number of staff employed) during the year was as follows:

	2024	2023
	£	£
Professional and other services	29	30
Administration	2	2
	<u>31</u>	<u>32</u>

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16. RELATED PARTY TRANSACTIONS

During the year, honorarium payments were made to one Trustee of the Charity. This is disclosed in note 13 to these accounts.

Some members are paid a token amount for specific pieces of work undertaken on behalf of the Charity, although these amounts are in no way meant to reimburse them at market rates. There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

During the year, C Young did not receive speaker fees (2023: £75).

17. TAXATION

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024**

18. TANGIBLE FIXED ASSETS

	Short-term leasehold property £	Furniture, fittings and equipment £	Computer equipment £	Total £
COST OR VALUATION				
At 1 October 2023	181,980	99,284	39,396	320,660
Additions	-	25,728	-	25,728
Disposals	(181,980)	(99,284)	(24,335)	(305,599)
At 30 September 2024	-	25,728	15,061	40,789
DEPRECIATION				
At 1 October 2023	181,980	84,593	35,789	302,362
Charge for the year	-	4,746	1,724	6,470
On disposals	(181,980)	(88,265)	(24,335)	(294,580)
At 30 September 2024	-	1,074	13,178	14,252
NET BOOK VALUE				
At 30 September 2024	-	24,654	1,883	26,537
At 30 September 2023	-	14,691	3,607	18,298

All of the above assets are used for charitable purposes.

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024

19. FIXED ASSET INVESTMENTS

	Listed investments £
VALUATION	
At 1 October 2023	301,826
Revaluations	54,678
AT 30 SEPTEMBER 2024	356,504

Investments comprise:

	2024 £	2023 £
UK common investment funds	356,504	301,826
	2024 £	2023 £
Historic cost	200,000	200,000

20. DEBTORS

	2024 £	2023 £
Trade debtors	2,461	24,156
Other debtors	39,236	18,558
Prepayments and accrued income	193,750	178,043
	235,447	220,757

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21. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	61,354	90,784
Other taxation and social security	37,270	36,173
Other creditors	19,553	28,447
Accruals and deferred income	2,325,432	1,742,827
	2,443,609	1,898,231
	2024	2023
	£	£
Deferred income at 1 October 2023	1,683,091	118,433
Income deferred during the year	2,254,029	1,683,091
Amounts released from previous periods	(1,683,091)	(118,433)
	2,254,029	1,683,091

Deferred income relates to 2024/25 membership income received in advance and conference income relating to 24/25 (£3,725).

22. PROVISIONS

	Dilapidations	Legal costs	Total
	£	£	£
At 1 October 2023	75,000	98,700	173,700
Amounts used	(75,000)	-	(75,000)
Amounts reversed	-	(6,560)	(6,560)
	-	92,140	92,140

The provision for dilapidations represented the Trustees' best estimate of the costs required to put 2nd Floor (East), 2 America Square, London, EC3 into the physical state required by the covenants and obligations contained within the lease. All obligations under the lease were settled during the year.

The provision for legal costs represents the potential case costs in respect of dealing with complaints.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 SEPTEMBER 2024**

23. STATEMENT OF FUNDS

STATEMENT OF FUNDS - CURRENT YEAR

	Balance at 1 October 2023 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 30 September 2024 £
UNRESTRICTED FUNDS						
DESIGNATED FUNDS						
UKCP Bursary Fund	1,753	-	(36,780)	36,000	-	973
Complaints and Conduct Process	62,905	-	(599,817)	645,000	-	108,088
Membership engagement fund	-	-	-	100,000	-	100,000
Innovation fund	-	-	-	50,000	-	50,000
	<u>64,658</u>	<u>-</u>	<u>(636,597)</u>	<u>831,000</u>	<u>-</u>	<u>259,061</u>
GENERAL FUNDS						
General Fund	518,609	3,005,845	(2,269,986)	(831,000)	54,678	478,146
TOTAL UNRESTRICTED FUNDS	<u>583,267</u>	<u>3,005,845</u>	<u>(2,906,583)</u>	<u>-</u>	<u>54,678</u>	<u>737,207</u>
RESTRICTED FUNDS						
UKCP Bursary Fund	-	736	(736)	-	-	-
TOTAL FUNDS	<u>583,267</u>	<u>3,006,581</u>	<u>(2,907,319)</u>	<u>-</u>	<u>54,678</u>	<u>737,207</u>

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NOTES TO THE FINANCIAL STATEMENTS
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23. STATEMENT OF FUNDS (CONTINUED)

Purposes of restricted funds

The UKCP Bursary is a fund created to support those studying and training to be psychotherapists and psychotherapeutic counsellors and who may need financial assistance. Donations have been received from members and the general public. Direct costs are attributed to the fund.

Purposes of designated funds

The Complaints and Conduct Process designated fund is funded from membership subscriptions and the general fund. The fund is used to cover the costs of operating the Complaints and Conduct department and any related expenses. Funds are transferred from general reserves to cover expenses during the year.

The UKCP Bursary is a fund created to support those studying and training to be psychotherapists and psychotherapeutic counsellors and who may need financial assistance. Funds not awarded are carried forward to future years.

The Membership Engagement Fund has been established to enhance the overall member experience, including focusing on the creation of an improved website, development of a dedicated members' area and a review of our customer relationship management (CRM) system to improve its efficiency. These enhancements are intended to improve engagement, streamline interactions and provide an enhanced, more personalised experience for members and the public.

The Innovation Fund has been established to support the creation of non-membership income initiatives, the development of continuing professional development (CPD) opportunities and the exploration of obtaining Chartered status for UKCP.

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**NOTES TO THE FINANCIAL STATEMENTS
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23. STATEMENT OF FUNDS (CONTINUED)

STATEMENT OF FUNDS - PRIOR YEAR

	Balance at 1 October 2022 £	Income £	Expenditure £	Transfers in/out £	Gains/ (Losses) £	Balance at 30 September 2023 £
UNRESTRICTED FUNDS						
DESIGNATED FUNDS						
UKCP Bursary Fund	-	-	(34,247)	36,000	-	1,753
Complaints and Conduct Process	74,612	604,000	(615,707)	-	-	62,905
	<u>74,612</u>	<u>604,000</u>	<u>(649,954)</u>	<u>36,000</u>	<u>-</u>	<u>64,658</u>
GENERAL FUNDS						
General Fund	<u>572,037</u>	<u>2,127,599</u>	<u>(2,156,237)</u>	<u>(36,000)</u>	<u>11,210</u>	<u>518,609</u>
TOTAL UNRESTRICTED FUNDS	<u>646,649</u>	<u>2,731,599</u>	<u>(2,806,191)</u>	<u>-</u>	<u>11,210</u>	<u>583,267</u>
RESTRICTED FUNDS						
UKCP Bursary Fund	<u>-</u>	<u>2,981</u>	<u>(2,981)</u>	<u>-</u>	<u>-</u>	<u>-</u>
TOTAL FUNDS	<u><u>646,649</u></u>	<u><u>2,734,580</u></u>	<u><u>(2,809,172)</u></u>	<u><u>-</u></u>	<u><u>11,210</u></u>	<u><u>583,267</u></u>

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NOTES TO THE FINANCIAL STATEMENTS
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24. ANALYSIS OF NET ASSETS BETWEEN FUNDS

ANALYSIS OF NET ASSETS BETWEEN FUNDS - CURRENT PERIOD

	Unrestricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	26,537	26,537
Fixed asset investments	356,504	356,504
Current assets	2,889,915	2,889,915
Creditors due within one year	(2,443,609)	(2,443,609)
Provisions for liabilities and charges	(92,140)	(92,140)
TOTAL	737,207	737,207

ANALYSIS OF NET ASSETS BETWEEN FUNDS - PRIOR PERIOD

	Unrestricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	18,298	18,298
Fixed asset investments	301,826	301,826
Current assets	2,335,074	2,335,074
Creditors due within one year	(1,898,231)	(1,898,231)
Provisions for liabilities and charges	(173,700)	(173,700)
TOTAL	583,267	583,267

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NOTES TO THE FINANCIAL STATEMENTS
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25. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net income/(expenditure) for the year (as per Statement of Financial Activities)	153,940	(63,382)
ADJUSTMENTS FOR:		
Depreciation charges	6,470	8,278
Gains on investments	(54,678)	(11,210)
Dividends, interests and rents from investments	(24,828)	(17,990)
Loss on the sale of fixed assets	11,019	-
Increase in debtors	(14,690)	(67,423)
Increase in creditors	545,378	1,588,790
Decrease in provisions	(81,560)	(16,800)
NET CASH PROVIDED BY OPERATING ACTIVITIES	541,051	1,420,263

26. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2024 £	2023 £
Cash in hand	2,654,468	2,114,317

27. ANALYSIS OF CHANGES IN NET DEBT

	At 1 October 2023 £	Cash flows £	At 30 September 2024 £
Cash at bank and in hand	2,114,317	540,151	2,654,468
	2,114,317	540,151	2,654,468

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28. OPERATING LEASE COMMITMENTS

At 30 September 2024 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2024 £	2023 £
Land and buildings		
Not later than 1 year	112,710	176,564
Other		
Not later than 1 year	462	1,837
Later than 1 year and not later than 5 years	1,848	-
	<u>2,310</u>	<u>1,837</u>
TOTAL OPERATING LEASE COMMITMENTS	<u><u>115,020</u></u>	<u><u>178,401</u></u>