

Company registration number: 03251475

Charity registration number: 1058420

Essex & Suffolk Youth Enquiry Service Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Goody Chartered Accountants
Unit 8
Old Forge Court
Colchester Road
Elmstead Market
Essex
CO7 7EA

Essex & Suffolk Youth Enquiry Service Ltd

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Essex & Suffolk Youth Enquiry Service Ltd

Reference and Administrative Details

Trustees

Philip Strangward

Natasha Wainaina

Laura Mathias (resigned 12 November 2024)

Jacqueline Ann Williams (Chairperson)

Alexandra (Sacha) Blake (formerly Bain)

Jane Taylor

Lucy Milgate

Benjamin Kelly (appointed 28 January 2025)

Alex Stephen O'Shaughnessy (appointed 28 January 2025)

Charity Registration Number

1058420

Company Registration Number

03251475

The charity is incorporated in England.

Registered Office

9 Trinity Street

Colchester

Essex

CO1 1JN

Independent Examiner

Goody Chartered Accountants

Unit 8

Old Forge Court

Colchester Road

Elmstead Market

Essex CO7 7EA

Bankers

Barclays Bank

9 High Street

Colchester

CO1 1PG

Lloyds Bank

27 High Street

Colchester

CO1 1DU

Essex & Suffolk Youth Enquiry Service Ltd

Trustees' Report

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Charity Background

YES, is a youth focused charity offering support and advice on a range of issues from, housing and homelessness, teenage pregnancy, and mental health counselling. The charity has been supporting young people in the North-East Essex area for over 37 years and has a recognised and respected reputation. The charity delivers support to young people in one of the most socially and economically deprived areas of the UK.

YES, was established in 1988 to support young people between the ages of 11-25 whose needs were not being met by the health and social care services at that time. Our original trustees were local people: a GP, a probation worker, a builder, and others who were concerned about the lack of accessible, appropriate, and timely support for young people in North-East Essex.

Following a successful funding bid we were able to extend some of our services into parts of Suffolk resulting in our name change to Essex and Suffolk Youth Enquiry Service, effective from 7th March 2025.

Today we are continuing to work with young people, helping them navigate through their formative years in previously unprecedented circumstances. In a post-covid world and a continuing cost-of-living crisis, the predicted impact on young people has never been greater.

YES still holds the core values of the original trustees 37 years ago and at our heart is to support and inspire young people of North-East Essex and Suffolk for the next 37 years.

Objectives and aims

These are set out in the company Memorandum of Association, which has been approved by the Charities Commission. They are "to promote the physical and mental health and social development of young people by the establishment and operation of an information, advocacy, and counselling service in Essex & Suffolk for those in need by reason of their social, economic, mental or physical circumstances."

During the year ending 2025 we have continued to deliver against our existing business plan, to deliver our key goals of sustainable funding, increased provision of services and service development. Our new 3 year business plan is in development with the aim to further develop our service, improve our financial resilience and take us into a celebration of YES's 40th Anniversary,

This year YES has continued to grow its partners networking this includes educational organisations, GPs, Health & Social care, partners within the VCSFE sector, housing providers and the wider community of North-East Essex and Suffolk.

In this year records show that over 3100 young people were directly supported by YES across our three key services and through our community outreach activities. The majority of young people we support can have multiple sessions with a link worker, depending on their needs, and many, for example those who come to YES through the pregnancy and parenting area, may benefit from all three of our core services.

Essex & Suffolk Youth Enquiry Service Ltd

Trustees' Report

We are proud of the wrap-around services provided in this year and have plans in place to build on previous short term projects to establish a life skills development programme to further enhance our breadth of service to young people. Through listening activities, young people say they would want to develop skills in areas such as budgeting, cookery and online safety. To benefit their mental health and wellbeing, they tell us they would welcome more social activities and mentoring support which build strong and positive connections with peers and trusted adults.

Our core aim is to provide children and young people with information, advice and support which meets their needs when they are most in need of help, and this will remain integral to all that we do.

Core Services:

Counselling

YES provides high quality one to one counselling for young people between the ages of 11-25, this is a non-judgemental, confidential setting and is fully staffed by BACP registered and experienced counsellors and those in their final year of their counselling qualifications. Counselling is a professional, confidential service that provides young people with a safe space to talk about their thoughts and feelings. A counsellor listens without judgment and helps the individual explore what is happening in their life, whether it involves stress, anxiety, low mood, or other challenges. Rather than giving advice, counselling focuses on understanding and finding strategies that work for the person. It can help improve emotional wellbeing, build resilience, and develop coping skills. For many young people, counselling offers the chance to feel heard and supported during difficult times. The YES counselling service operates in house at our centres in Colchester and Tendring and in a number of local secondary schools and colleges. To ensure accessibility for all we also offer counselling online where requested.

Homelessness and housing

YES provides a holistic housing and wellbeing service for young people from 16 to 25 years old, who are at risk of or are homeless. Our aim, in partnership with local councils, voluntary and statutory partners is to prevent or alleviate homelessness. YES offers individual meetings and ongoing casework and our link workers endeavour to support each young person either to return to the family home where appropriate and safe to do so, or into alternative accommodation. Each case is individual with many young people fleeing abuse or witnessing domestic abuse prompting them to leave home. We are proud that our service can continue to support young person to help them sustain their tenancies and improve their wellbeing with many success stories including successful transitions to university.

YES has seen a continued rise in housing and accommodation issues within the North-East Essex area and, like the rest of the UK, there is a recognised shortage of council, temporary or affordable accommodation. YES continues to see a rise in the numbers of young people needing housing support for a wide range of reasons including the cost-of-living crisis and the complexities of support needed for migrants and displaced families into the area.

Pregnancy and Parenting

YES offers a support programme for young mothers and partners up to the age of 25 across North-East Essex, and for those aged 19-25 in West and East Suffolk. The YES pregnancy and parenting team works alongside midwives, health visitor and other health professionals in all main hospitals in our area. This allows all young parents to benefit from our personalised service through their journeys from bump and beyond. Through increased funding for 2024/25 this service is delivered through our four centres in Colchester, Tendring, Bury St Edmunds and Ipswich and through partnerships with family hubs and other charities in community settings.

Essex & Suffolk Youth Enquiry Service Ltd

Trustees' Report

The pregnancy and parenting team provide a targeted support offer planned to suit the needs and potential vulnerabilities of the young parents. As well as antenatal sessions and advice this can extend to support with housing, benefit and money management advice, through to healthy lifestyles and choices for mums and babies. YES also offers group work to provide professional and peer support, helping to reduce isolation and build confidence and friendships and promote discussions around any issues or concerns.

Drop-ins

In this period YES has continued to provide holistic support to all our clients to break down anxiety issues, reduce social isolation and developed important life skills and experience. In Tendring, where we benefitted from some targeted funding, we provide laundry facilities, with a washing machine and tumble drier, which can be used by clients, as an incentive to encourage attendance at drop-in sessions, for wellbeing chats and social connections over a cup of tea and healthy snack.

Public benefit

The charity provides services to the 11-25 year age band. All services are currently free to service users, with an additional option to pay for counselling sessions beyond the standard 8-week service.

STRATEGIC REPORT

Achievement and performance Charitable activities

Achievements

In this 12-month period YES continues to be busy, and referrals have been consistently high for housing and homelessness but steadily increasing for our ever-popular counselling service. The impact of this has been increasing waiting times for young people to access counselling but we have been working creatively to mitigate this by improved communications with those waiting, signposting to other services through a newly developed resource hub on our website. We have established a strong partnership with the University Centre Colchester and the University of Essex to provide placement opportunities for their final year counselling students which has the dual benefit of increasing our counselling resource and supporting the development of counsellors of the future.

Through our work and partnerships with CVST, Community 360 and ECVYS we are able to identify potential funding opportunities and significant resource is dedicated to the development of bids and other opportunities to secure commissioned services and donations,

Our CEO has established a Colchester Youth Charity CEO Network which has considerably strengthened YES's reputation and visibility and led to membership of the Colchester Cares forum, City of Sanctuary group and North East Essex Children's Partnership Board and the Tendring Together Strategic Partnership.

YES were proud runners of the up in the SNEEICB Can Do Health and Care wards in 2024.

Essex & Suffolk Youth Enquiry Service Ltd

Trustees' Report

Partnerships.

YES, is an independent charity and has existing key partnerships with HCRG, Colchester Borough Homes, SNEE ICB and the National Lottery. Specific project partnerships are shown below:

- YES, partners with Colchester Borough Homes, YMCA, Beacon House, KORBAN, Peabody Trust, Mulberry Trust, Nationwide, Your Own Place and Emmaus around housing and homelessness support.
- YES, works with SNEE ICB, CAMHS, NELFT, EPUT and other mental health support agencies such as MIND, CARA, Young Minds and Teen Talk to support young people with mental health concerns.
- YES, works in partnership with HCRG, SNEE ICB and the NHS maternity services to support pregnancy and parenting, as well as many other maternity partners who include, AFiUK, Home Start, Next Chapter and Open Road
- YES, has strong links into Education through our counselling provision in secondary schools and colleges and is working in partnership with the Colchester ALB on a collaborative project to help prevent risks of exploitation, criminal behaviours and gang involvement through counselling,
- YES, has taken the lead and established a Colchester Youth Charity CEO network, bringing together leaders from a wide range of VCFSE organisations to foster partnerships and co-production opportunities for future projects and funding opportunities.

YES development.

2024/25 has seen YES continue to build on its expertise and reputation, strengthening our partnerships and strategic links for us to drive forward. We are developing our next three-year Business plan which will take us into our 40th year of operation with plans for a celebration to showcase 40 stories across the 40 years to demonstrate the impact of YES's services within our local communities.

YES recognises that there is a growing need for the specialist support that we offer in a period of change within the NHS and Healthcare. combined with planned Local Government Reorganisation. To respond and ensure our ongoing sustainability we will focus on fundraising, volunteer engagement and further developing bid writing expertise to build flexibility and resilience for our future sustainability.

Conclusion.

YES continues to be a successful charity with a great reputation for supporting multiple needs for children and young people within North -East Essex and parts of Suffolk and continues to grow its sphere of influence and impact.

YES has an active board of directors, staff and volunteers who are fully committed to supporting Young People

Financial review

The Charity made unrestricted surplus for the year of £13,753

At the end of the financial year unrestricted reserves stood at £192,085. The trustees have set aside £45,764 for Trinity Street repairs, £35,000 for redundancies, £20,000 for the development of the infrastructure and £75,000 for the Contingency Fund in accordance with the reserves policy stated below. The 'free cash' reserves therefore stand at £16,321.

Investment policy and objectives

The trustees, having regard to liquidity requirements operate a policy of keeping funds available in an interest bearing deposit account.

Essex & Suffolk Youth Enquiry Service Ltd

Trustees' Report

Reserves policy

The Board of Trustees have established a reserves policy which defines reserves as either "restricted funds" (grants given for specific purposes as designated by the grant awarding body) or "designated funds" (general reserves which are designated for particular purposes by the Board of Trustees at each Annual General Meeting). In the current climate the policy is for Reserves to not fall beneath those required to wind up the company in an ordered manner. The Board of Trustees have set aside a contingency fund of £75,000 to support this policy.

Future plans

YES's priority remains our commitment to providing a holistic, non-judgemental and early intervention support service for the children and young people in crisis in our area. Our focus continues to be on sustainability and securing long-term funding for our services.

With the continued support of our experienced and dedicated team, and our Trustees we remain committed to providing high quality, free to the client services that support children and young people in making positive life choices and having positive lifestyles.

YES is looking to develop more flexibility within our counselling service, including phone and on line support, increasing our presence in schools and community settings and further development of a paid for service. YES continues to work with a wide set of partners as demonstrated in this report, ensuring young people are on the wider health & social care agendas.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Essex & Suffolk Youth Enquiry Service Ltd is a registered charity and company, limited by guarantee with no share capital and in the event of it being wound up each member is responsible for its debts and liabilities up to a sum not exceeding £10. As of 31 March 2025, there were 8 members.

Colchester and Tendring Youth Enquiry Service was incorporated on 18th September 1996. It commenced trading on 1st October 1996 when the activities of the Youth Enquiry Service, an unincorporated charity (No. 800163) that had been running since 1987 were taken over. Following a successful funding bid we were able to extend some of our services into parts of Suffolk resulting in our name change to Essex and Suffolk Youth Enquiry Service, effective from 7th March 2025.

Recruitment and appointment of new trustees

The management of Essex & Suffolk Youth Enquiry Service Ltd is vested in a Board of Directors ("the Board"), who are also the Trustees, with a quorum consisting of a minimum of 3 Trustees. The Board meets at bi-monthly intervals to determine the policy and organisational structure and to review and monitor the management of Essex & Suffolk Youth Enquiry Service Ltd. The Board may appoint such sub-committees as may be deemed necessary for the Board and shall determine their terms of reference, powers, durations and composition, provided that all acts and proceedings of such sub-committee shall be reported back to the Board as soon as possible.

New trustees are recruited by an open recruitment process targeting individuals who have relevant experience.

Organisational structure

The charity has a board of members that oversee the running of the charity and makes key strategic decisions. The board usually meets on the second Tuesday of every alternate month.

The charity has a paid CEO responsible for the day to day running of the charity together with fund raising, the CEO reports directly to the board of members. The CEO is supported by a Corporate and Finance Lead.

Other staff members work directly on projects and charitable activities.

Essex & Suffolk Youth Enquiry Service Ltd

Trustees' Report

Induction and training of new trustees

New trustees are invited to the offices to meet the staff to gain an understanding of the Charity. The Memorandum and Articles of Association are available on request and advised that further guidance can be found at the Charities Commission's website. As and when available Trustees are informed of relevant external training courses.

Risk management

The Trustees have identified major risks to which the Charity is exposed and consider that the systems in place are adequate to mitigate those risks. The risks and systems are continually reviewed as appropriate.

The major risks identified include:

- Unstable and short-term funding
- Inability to meet counselling demand
- Safeguarding breach or failure
- System or Services Outage
- Reputational or brand damage
- Loss of key staff

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

Philip Strangward

Natasha Wainaina

Laura Mathias (resigned 12 November 2024)

Jacqueline Ann Williams (Chairperson)

Alexandra (Sacha) Blake (formerly Bain)

Jane Taylor

Lucy Milgate

Benjamin Kelly (appointed 28 January 2025)

Alex Stephen O'Shaughnessy (appointed 28 January 2025)

Essex & Suffolk Youth Enquiry Service Ltd

Trustees' Report

Statement of trustees' responsibilities

The trustees (who are also the directors of Essex & Suffolk Youth Enquiry Service Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

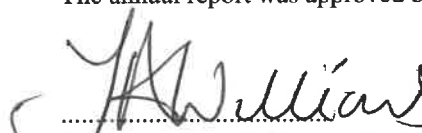
The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

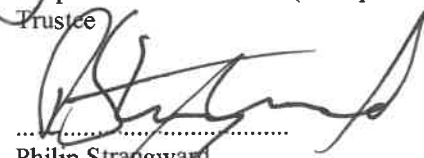
The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

The annual report was approved by the trustees of the charity on 9 December 2025 and signed on its behalf by:


.....
Jacqueline Ann Williams (Chairperson)
Trustee


.....
Philip Strangward
Trustee

Essex & Suffolk Youth Enquiry Service Ltd

Independent Examiner's Report to the trustees of Essex & Suffolk Youth Enquiry Service Ltd ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Essex & Suffolk Youth Enquiry Service Ltd are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.


Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Essex & Suffolk Youth Enquiry Service Ltd as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....

(Date) 19/12/25

Goody Chartered Accountants

Unit 8 Old Forge Court

Colchester Road

Elmstead Market

Essex CO7 7EA

The notes on pages 13 to 24 form an integral part of these financial statements.

Essex & Suffolk Youth Enquiry Service Ltd

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Total 2025 £	Total 2025 £
Income and Endowments from:			
Donations and legacies	3	8,629	6,375
Charitable activities	4, 5	534,558	436,506
Investment income	6	3,286	4,034
Other activities	7	1,384	(216)
Total income		547,857	446,699
Expenditure on:			
Charitable activities	8	(315,403)	(357,157)
Support costs	9	(194,594)	(195,417)
Total expenditure		(509,997)	(552,574)
Net expenditure		37,860	(105,875)
Net movement in funds		37,860	(105,875)
Reconciliation of funds			
Total funds brought forward		444,565	550,440
Total funds carried forward	18	482,425	444,565

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2025 is shown in note 18.

The notes on pages 13 to 24 form an integral part of these financial statements.

Essex & Suffolk Youth Enquiry Service Ltd

(Registration number: 03251475)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	13	206,693	212,935
Current assets			
Debtors	14	24,355	40,969
Cash at bank and in hand	15	355,823	300,541
		380,178	341,510
Creditors: Amounts falling due within one year	16	(14,280)	(13,321)
Net current assets		365,898	328,189
Total assets less current liabilities		572,591	541,124
Creditors: Amounts falling due after more than one year	17	(90,166)	(96,559)
Net assets		482,425	444,565
Funds of the charity:			
Restricted income funds			
Restricted funds	18	290,340	266,233
Unrestricted income funds			
Unrestricted funds		192,085	178,332
Total funds	18	482,425	444,565

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

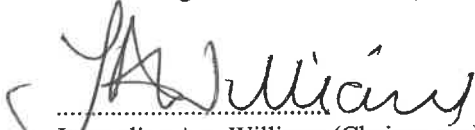
- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

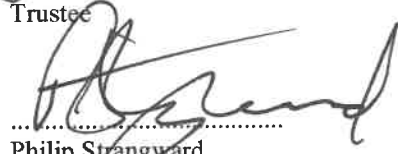
The notes on pages 13 to 24 form an integral part of these financial statements.

Essex & Suffolk Youth Enquiry Service Ltd

**(Registration number: 03251475)
Balance Sheet as at 31 March 2025**

The financial statements on pages 10 to 24 were approved by the trustees, and authorised for issue on 9 December 2025 and signed on their behalf by:


.....
Jacqueline Ann Williams (Chairperson)
Trustee


.....
Philip Strangward
Trustee

The notes on pages 13 to 24 form an integral part of these financial statements.

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

9 Trinity Street

Colchester

Essex

CO1 1JN

These financial statements were authorised for issue by the trustees on 9 December 2025

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Essex & Suffolk Youth Enquiry Service Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Allocation and apportionment of costs

Support costs are allocated to activities on the following basis:

Premises Floor area
Office Staff time
Communications Staff time
Other support costs Staff time/ usage

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund is included in the notes to the financial statements.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Freehold Property	2% on cost
Fixtures and fittings	25% on cost

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pensions and other post retirement obligations

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

3 Donations and legacies

	2025 £	2024 £
Donations	8,629	6,375

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

4 Income from charitable activities

	Restricted Funds £	Total 2025 £
Housing and debt	65,770	65,770
Counselling	44,050	44,050
Parenting	243,003	243,003
Schools Project	62,834	62,834
YES Development	114,401	114,401
Support	4,500	4,500
	<u>534,558</u>	<u>534,558</u>

	Restricted Funds £	Total 2024 £
Housing and debt	119,984	119,984
Counselling	35,000	35,000
Parenting	45,982	45,982
Schools Project	180,539	180,539
Yes Development	55,001	55,001
	<u>436,506</u>	<u>436,506</u>

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

5 Income from charitable activities by activity

		2025 £	2024 £
Grants	Housing and debt	65,770	119,984
Grants	Counselling	44,050	35,000
Grants	Parenting	243,003	45,982
Grants	Support activities	4,500	-
Grants	YES Project	114,401	55,001
Grants	School Project	50,000	180,539
Match Funding	School Project	12,834	-
		<u>534,558</u>	<u>436,506</u>

6 Investment income

	2025 £	2024 £
Rents received	350	1,686
Deposit account interest	2,936	2,348
	<u>3,286</u>	<u>4,034</u>

7 Other activities

	2025 £	2024 £
Fundraising events	(216)	(216)
Ad hoc receipts re Counselling	1,600	-
	<u>1,384</u>	<u>(216)</u>

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

8 Expenditure on charitable activities

	Unrestricted funds General £	Restricted Funds £	Total 2025 £
Housing and debt	(8,513)	87,081	78,568
Counselling	26,949	61,550	88,499
Parenting	(2,546)	97,486	94,940
Go Green	1,475	-	1,475
School Project	(12,595)	107,852	95,257
Tendring Drop-in service	(1,987)	26,946	24,959
Mentoring	3,924	-	3,924
YES Development	(1,694)	112,201	110,507
Support activities	7,368	4,500	11,868
	12,381	497,616	509,997

	Unrestricted funds General £	Restricted Funds £	Total 2024 £
Housing and debt	(4,322)	70,912	66,590
Counselling	130,536	48,750	179,286
Parenting	(18,982)	100,425	81,443
Go Green	1,298	4,500	5,798
School Project	(29,903)	142,687	112,784
Tendring Drop-in service	(7,801)	12,483	4,682
Mentoring	10,127	17,500	27,627
YES Development	(1,391)	27,500	26,109
Support activities	39,755	8,500	48,255
	119,317	433,257	552,574

9 Analysis of support costs

Support costs allocated to charitable activities

	Support and Management £	Other support costs £	Finance costs £	Total 2025 £
Housing and debt	3,802	633	593	5,028
Counselling	8,208	713	1,888	10,809
Parenting	11,854	764	841	13,459
Go Green	316	12	87	415
School Project	2,300	767	-	3,067
Tendring Drop-in service	14,433	201	-	14,634
Mentoring	518	32	132	682
YES Development	34,571	3,122	3,540	41,233
Support activities	105,267	-	-	105,267
	181,269	6,244	7,081	194,594

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

	Support and management £	Other support costs £	Finance costs £	Total 2024 £
Housing and debt	10,202	-	1,036	11,238
Counselling	36,593	-	3,300	39,893
Parenting	19,624	-	1,469	21,093
Go Green	1,284	-	152	1,436
School Project	6,070	-	-	6,070
Tendring Drop in service	4,156	-	-	4,156
Mentoring	6,861	-	230	7,091
YES Development	9,845	-	1,298	11,143
Support activities	93,296	-	-	93,296
	<u>187,931</u>	<u>-</u>	<u>7,485</u>	<u>195,416</u>

Support costs included in the above, are as follows:

	Housing £	Counselling £	Parenting £	Go Green £	School Project £	Tendring Drop in £
Wages	-	-	-	-	-	-
Costs of premises	1,905	6,071	9,563	280	-	13,830
Telephone	1,252	1,411	1,513	24	1,518	398
Postage & stationery	108	122	130	2	131	34
Advertising	204	229	246	4	247	65
Sundries	333	375	402	6	404	106
Interest payable & similar charges	593	1,888	841	87	-	-
Depreciation of tangible fixed assets	633	713	764	12	767	201
	<u>5,028</u>	<u>10,809</u>	<u>13,459</u>	<u>415</u>	<u>3,067</u>	<u>14,634</u>

	Mentoring £	YES Development £	Support services £	2025 £	2024 £
Wages	-	-	105,267	105,267	93,296
Costs of premises	424	25,211	-	57,284	65,657
Telephone	63	6,179	-	12,358	13,353
Postage & stationery	5	532	-	1,064	2,495
Advertising	10	1,006	-	2,011	1,249
Sundries	16	1,643	-	3,285	5,357
Interest payable & similar charges	132	3,540	-	7,081	7,485
Depreciation of tangible fixed assets	32	3,122	-	6,244	6,524
	<u>682</u>	<u>41,233</u>	<u>105,267</u>	<u>194,594</u>	<u>195,416</u>

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

10 Net incoming/outgoing resources

Net outgoing (outgoing) resources for the year include:

	2025 £	2024 £
Operating leases – other assets	(792)	(744)
Depreciation of fixed assets	(6,244)	(6,524)
	<u>(7,036)</u>	<u>(7,268)</u>

11 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

The amount of expenses reimbursed to the trustees during the year totalled £Nil (2024 - £Nil).

The value in respect of goods and services received by the trustees during the year totalled £Nil (2024 - £Nil).

12 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2024 £
Staff costs during the year were:		
Wages and salaries	361,363	396,848
Social security costs	21,539	21,145
Other pension costs	6,358	6,454
	<u>389,260</u>	<u>424,447</u>

The monthly average number of persons (including senior management/leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2025 No	2024 No
Charitable	12	12
Administration	3	3
	<u>15</u>	<u>15</u>

No employee received emoluments of more than £60,000 during the year.

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

13 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Total £
Cost			
At 1 April 2024	293,663	17,759	311,422
At 31 March 2025	293,663	17,759	311,422
Depreciation			
At 1 April 2024	80,760	17,727	98,487
Charge for the year	6,210	32	6,242
At 31 March 2025	86,970	17,759	104,729
Net book value			
At 31 March 2025	206,693	-	206,693
At 31 March 2024	212,903	32	212,935

14 Debtors

	2025 £	2024 £
Other debtors	24,355	40,969

15 Cash and cash equivalents

	2025 £	2024 £
Cash at bank - unrestricted	65,482	34,308
Cash at bank - restricted	290,341	266,233
	355,823	300,541

16 Creditors: amounts falling due within one year

	2025 £	2024 £
Bank loans	6,394	5,957
Other taxation and social security	6,235	6,349
Other creditors	1,651	1,015
	14,280	13,321

17 Creditors: amounts falling due after one year

	2025 £	2024 £
Bank loans	90,166	96,559

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

18 Movement in funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expanded £	Balance at 31 March 2025 £
Unrestricted funds				
<i>General</i>				
General fund	2,568	26,134	(12,381)	16,321
Building fund	45,764			45,764
Redundancy fund	35,000			35,000
Capital fund				-
Infrastructure fund	20,000			20,000
Contingency fund	75,000			75,000
	<u>178,332</u>	<u>26,134</u>	<u>(12,381)</u>	<u>192,085</u>
Restricted funds				
CBH		45,000	(35,000)	10,000
HCRG - parenting		41,948	(41,948)	-
Homeless Grants	862	250	(250)	862
Community 360 – Winter Warmers		2,000	(1,150)	850
ECF – School Navigator	5,000	15,000	(5,000)	15,000
ECF – Homelessness support		6,000	(6,000)	-
ECC – Sexual Health	4,000		(4,000)	-
Nationwide	58,822		(24,411)	34,411
David Cock Foundation – School Navigator	10,000	20,000	(20,000)	10,000
TCVS – Feel Well	37,446		(27,446)	10,000
TCVS – Start Well	22,852		(22,852)	-
Community 360 - Feel Well	24,750		(14,750)	10,000
Community 360 – Start Well	45,000		(45,000)	-
Extra – Start Well		8,400	(8,400)	-
Catalyst – Counselling		3,150	(3,150)	-
ICC - Parenting		204,035	(54,518)	149,517
ICC - Counselling		15,000	(15,000)	-
Tendring District Council	15,000		(15,000)	-
Mulberry Trust	15,000	20,000	(15,000)	20,000
National Lottery – Awards for All		20,000	(20,000)	-
ECVYS		4,540	(4,540)	-
Charles French Trust		2,000	(2,000)	-
National Lottery Community Fund	27,501	114,400	(112,201)	29,700
Total restricted funds	<u>266,233</u>	<u>521,723</u>	<u>(497,616)</u>	<u>290,340</u>
Total funds	<u>444,565</u>	<u>547,857</u>	<u>(509,997)</u>	<u>482,425</u>

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
<i>General</i>				
General fund	2,362	10,193	(9,987)	2,568
Building fund	45,764			45,764
Redundancy fund	35,000			35,000
Capital fund	109,330		(109,330)	
Infrastructure fund	20,000			20,000
Contingency fund	75,000			75,000
	<u>287,456</u>	<u>10,193</u>	<u>(119,317)</u>	<u>178,332</u>
Restricted				
CBH		40,000	(40,000)	
HCRG - parenting		41,982	(41,982)	
Homeless Grants	862	1,162	(1,162)	862
ECF – Go Green	2,250		(2,250)	
ECF – School Navigator	5,000	10,000	(10,000)	5,000
ECF – Sexual Health	8,443	4,000	(8,443)	4,000
Nationwide		58,822		58,822
CBC Voluntary Fund	15,000		(15,000)	
David Cock Foundation – Go Green	2,250		(2,250)	
David Cock Foundation – School Navigator	10,000	20,000	(20,000)	10,000
TCVS – Feel Well	49,929		(12,483)	37,446
TCVS – Start Well		45,705	(22,853)	22,852
Community 360 – Realising Ambitions	30,000		(30,000)	
Community 360 - Feel Well	49,500		(24,750)	24,750
Community 360 – Start Well		90,000	(45,000)	45,000
Active Essex	2,500		(2,500)	
ICC - Parenting	50,000		(50,000)	
ICC - Counselling		34,834	(34,834)	
Age Well East	13,750		(13,750)	
Tendring District Council	15,000	15,000	(15,000)	15,000
Screwfix	8,500		(8,500)	
Mulberry Trust		20,000	(5,000)	15,000
National Lottery Community Fund		55,001	(27,500)	27,501
Total restricted funds	<u>262,984</u>	<u>436,506</u>	<u>(433,257)</u>	<u>266,233</u>
Total funds	<u>550,440</u>	<u>446,699</u>	<u>(552,574)</u>	<u>444,565</u>

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

RESTRICTED FUNDS

Colchester Borough Homes - Grant for Homelessness prevention and tenancy sustainment advice and assistance.

HCRG Group (formerly Virgin Care)

- **Teen Pregnancy** - Child and family wellbeing service contract for teenage pregnancy and young parent support linking with the Children's Centres across North East Essex.

Essex Community Foundation grants

- **School Navigators** - Grant supporting School Navigators working with secondary schools providing a low level listening ear support signpost on to other relevant support where required
- **Homelessness for refugees** – Grant to provide targeted housing services to migrants and refugees
- **Counselling Support** - Grant to provide targeted counselling sessions to address high demand of clients

Essex County Council – Grant to train staff to deliver sexual health advice

Nationwide Community Grants – Grant to provide a Health & Wellbeing Housing support worker in the Tendring area

Colchester Catalyst - Grants for counselling.

Tendring Community Voluntary Service

- **Feel Well** - Grant to support new office space in Tendring and to provide a navigator post based in the Tendring office
- **Start Well** - Grant to provide counsellors & navigators in schools in Tendring

Community 360

- **Feel Well** - Grant to provide a Health & Wellbeing Housing support worker in Colchester
- **Start Well** - Grant to provide counsellors & navigators in schools in Colchester area
- **Extra-Start Well** – Grant to target counselling support for 'Extra' families

David Cock Foundation

- Grant to support School Navigator Project

NHS Suffolk & North East Essex ICB

- **Maternity Support** for 19 – 25 year olds across North East Essex, Ipswich, East and West Suffolk
- Grant to provide counsellor and navigator in Colchester 6th Form College

Mulberry Trust – Grant to support our work around Housing and Homelessness

National Lottery Community Fund

- Grant to support the development of YES 'The next 35 Years'
- Awards for All to provide counselling support for Young People

Essex Council for Voluntary Youth Services

- **Essex Youth Map** – Grant to work community engagement with young people to develop the Essex Youth Map
- **Training Grant** – to support two staff to undertake Mental Health First Aid Training

Charles S French – Grant to support counselling service for young people

Essex & Suffolk Youth Enquiry Service Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

DESIGNATED FUNDS

Building fund - to cover major repairs.

Redundancy fund - to cover the cost of redundancy payments.

Capital fund - represents the net equity in fixed assets which cannot be readily converted to cash and can therefore not be classified as 'free' reserves.

Infrastructure fund - to develop the IT and management provisions.

Contingency fund - amount set aside to support the reserves policy.

19 Related party transactions

There were no related party transaction in the year

20 Financial instruments

Financial assets pledged as collateral

Freehold property

The carrying amount of the financial assets pledged as collateral is £293,663 (2024 - £293,663).

Bank loans included within creditors totalling £96,559 (2024 - £102,516) are secured by a charge over the freehold property.

Essex & Suffolk Youth Enquiry Service Ltd

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	Total 2025 £	Total 2024 £
Income and Endowments from:		
Donations and legacies (analysed below)	8,629	6,375
Charitable activities (analysed below)	534,558	436,506
Investment income (analysed below)	3,286	4,034
Other activities (analysed below)	1,384	(216)
Total income	547,857	446,699
Expenditure on:		
Charitable activities (analysed below)	315,403	357,157
Support costs (analysed below)	194,594	195,417
Total expenditure	509,997	552,574
Net expenditure	37,860	(105,875)
Net movement in funds	37,860	(105,875)
Reconciliation of funds		
Total funds brought forward	444,565	550,440
Total funds carried forward	482,425	444,565

This page does not form part of the statutory financial statements.

Essex & Suffolk Youth Enquiry Service Ltd

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	Total 2025 £	Total 2024 £
<i>Donations and legacies</i>		
Appeals and donations	8,629	6,375
Other income	-	-
	<u>8,629</u>	<u>6,375</u>
<i>Charitable activities</i>		
Grants - other agencies	521,724	436,506
Match Funding – Schools Project	12,834	-
	<u>534,558</u>	<u>436,506</u>
<i>Investment income</i>		
Rental income	350	1,686
Interest on cash deposits	2,936	2,348
	<u>3,286</u>	<u>4,034</u>
<i>Other activities</i>		
Fundraising events	(216)	(216)
Ad hoc receipts re Counselling	1,600	-
	<u>1,384</u>	<u>(216)</u>
<i>Charitable activities</i>		
Wages and salaries	256,097	303,553
Staff NIC (Employers)	21,539	21,144
Staff pensions (Defined contribution) - pension scheme 1	6,358	6,454
Staff training	3,758	1,787
Hire of other assets (Operating leases)	792	744
Sundry expenses	19,821	15,166
Travel and subsistence	4,253	5,559
Session fees	2,785	2,750
	<u>315,403</u>	<u>357,157</u>

This page does not form part of the statutory financial statements.

Essex & Suffolk Youth Enquiry Service Ltd

Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	Total 2025 £	Total 2024 £
<i>Support costs</i>		
<i>Support and management</i>		
Wages and salaries	105,267	93,296
Costs of premises	57,284	65,656
Telephone	12,358	13,353
Printing, postage and stationery	1,064	2,496
Sundry expenses	3,285	5,358
Advertising	2,011	1,249
	<u>181,269</u>	<u>181,408</u>
<i>Other</i>		
Depreciation	6,244	6,524
<i>Finance costs</i>		
Loan interest	7,081	7,485
	<u>194,594</u>	<u>195,417</u>

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