

ANNUAL REPORT 2022 - 2023



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◆◆ INTRODUCTION ◆◆



Dostiyo is a voluntary organisation run by and for Asian women and men and is governed by a signed Constitution. Over the past 46 years Dostiyo has become established as a service provider predominantly for Asian women in Northamptonshire and is gradually expanding both in number of workers and services provided.

The organisation has provided services to local Asian women and communities offering support and advice on a wide range of issues. It actively works towards enabling full participation of Asian women and men in social activities and overcome cultural, religious, physical and social barriers. It addresses the needs of local Asian women and girls in a relaxed and friendly manner in a sensitive, confidential and safe environment.

Dostiyo offers comprehensive overview of the needs for service development for Asian Communities and promoting access to services, transcending racial, religious, linguistic and cultural issues since 1979. Dostiyo also serves as an infrastructure development agency for Asian communities by supporting to set up Self Help groups managed by Volunteers, Constitution, gain charity status etc within Northampton and Wellingborough including Zindgani Asian Men's Group. Sakhi Milaap Ladies Group, Milaap Group Wellingborough, Saheli Group.

Working to overcome barriers Asian men and women face in their daily lives, Dostiyo provides them with opportunities for self-development, build their confidence and capacity and most importantly, help them on the path of self-help.

MISSION STATEMENT:

"To promote effective citizenship of Asian women and men regardless of age, religion, ethnicity, cast or creed, by helping them overcome barriers to accessing much needed services"

◆◆ Current Service Provision ◆◆

Currently Dostiyo provides Advocacy, support, guidance, information and counselling through its main activities, including:

- Older People's Project, which facilitates group activities and provides advocacy, advice and support to Asian women and men and/or their families.
- Supporting people into Employment, Education and Training by offering a specialist tailored package to unemployed adults
- Mental Health Support including Advocacy, Benefits Advice and promote independent living.
- Weekly Wellbeing café's in Northampton and Wellingborough.
- Befriending Service for Isolated women in the local community
- Community Fridge
- Day Care and various classes for the elderly and disabled women and men.
- Opportunities to volunteers and gain training within Dostiyo and through external organisations.

The organisation's aim of ensuring a dedicated approach to a service request means that regularly members are encouraged and supported to access activities that meet their needs.

Dostiyo's ultimate objective is to conciliate and improve this position, through close and active multi-agency working that would eventually provide effective citizenship and equality.

◆◆ Project Scope and Objectives ◆◆

Dostiyo aims to provide the highest quality services to Asian communities for the benefit of Asian women their families and extended families.

Its core principles are:

- Attacking barriers of isolation that Asian communities experience;
- Promoting access to services, transcending racial, religious, linguistic and cultural issues;
- Promoting self-help, advocacy and information in the community;
- Promoting the well being of women and their families;

It does this by:

- Providing services to women and men of all ages.
- Targeting its services to those who have the greatest needs.
- Promoting equality of opportunity within the organisation and through partnerships.
- Valuing staff and volunteers and opening new avenues of thinking and creating opportunities for Asian women to become financially independent.

Dostiyo provides services in varied areas:

✦ Clinical Negligence	✦ Family
✦ Community Care	✦ Housing
✦ Education	✦ Mental Health Support
✦ Wellbeing Cafe	✦ Befriending Service
✦ Employment Support	✦ Older People
✦ Welfare Benefits	✦ Volunteering
✦ Workshops and Training	✦ One to One Support
	✦ Community Fridge





DOSTIYO MANAGEMENT COMMITTEE

Chair	Anjona Roy
Secretary	Jagdishbhai Modha
Treasurer	Farhat Lateef
Committee Members	Harsha Patel Akhtar Munir Kalpana Maisuria Balwinder Kaur Saroj Padhiar

DOSTIYO STAFF

Centre Development Manager	Deepa Bakrania
Advocacy Worker (Northampton)	Kalsuma Begum
Advocacy Worker(Northampton/ Wellingborough)	Savita Paw
Day- Care Co-ordinator: Northampton Wellingborough	Indira Patel Jaya Tailor
Community Fridge Workers	Saiyara Chowdhury Vanisha Patel



◆◆ CHAIR'S REPORT ◆◆

Anjona Roy

The COVID-19 pandemic stole not only time that we could spend loving and laughing with those close to us, it also stole so many of those loved ones that we would so desperately want to hold close. In addition to COVID-19 there were so many more instances of those close to us losing their lives. In this reality, our organisation did it's best to bring people together even at a distance.

Over this period of locking down and unlocking, we tried our best to deliver support online. As always funding has been both limited and short term which does not help with our stability as an organisation.

In the latter part of the year, we benefitted from funding to establish a Community Fridge in the organisation which has helped us do our bit to save the planet and reduce food waste.

Other funding applications have brought new relationships with new funders in and ever changing landscape of new local authorities.

Our thanks as a committee as always go to the committed and dedicated staff not forgetting our essential and passionate volunteers without whom we simply would not achieve even a small proportion of what we have achieved.

◆◆ TREASURER'S REPORT ◆◆

Farhat Lateef

The treasurer is responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the organisation and to ensure that the accounts comply with the requirement outlined with the Accounting for Charities and policies for the Constitution.

The management have reviewed the internal controls during the year and found them to be in generally accordance with the charities commission guidelines and appropriate actions have been put in place in the few areas that required attention

Last year, we have secured our core services and endeavour to ensure that our services will continue to support women and the broader community. The organisation has had to review budget considering the reduction of core funding, the committee has had to take decisions and continuously monitor expenses to maintain financial stability and sustain staff and services. The organisation has been exploring various ways of generating income.

Members nominate trustees for Annual elections. Trustees are elected annually at the Annual General Meeting. New trustees are offered an induction meeting within 6 weeks. In this way we hope all staff, volunteers and trustees will benefit from formal induction into the organisation.

Balance at the end of year 2023 is £203,509 out of which £50900 is Restricted Funds and rest are Designated Funds. Dostiyo has adopted a Reserves Policy with a rationale to maintain sufficient level of reserves to enable normal operating activities to continue over a period of up to 6 months should a shortfall in income occur and to take account of potential risks and contingencies that may arise from time to time.

Thanks to Lorraine Scullion for preparing the accounts efficiently and to DNG Dove Naish LLP for carrying out our independent examination.

Signed 

Date: 13-12-2023

◆◆ CENTRE MANAGER ◆◆

Deepa Bakrania

I am pleased to present the Annual Report for the year 2022-23. This year has been marked by significant challenges, particularly in the areas of funding and the cost of living crisis. However, through perseverance and collaborative efforts, we have successfully navigated these obstacles, securing funding, developing services, and addressing the pressing needs of our communities.

The year began with a challenging funding landscape, marked by increased competition for grants and a general economic downturn. This made it difficult to secure the necessary financial resources to sustain and expand our programs and services. The rising cost of living affected the communities we serve, placing additional burdens on individuals and families. This crisis intensified the demand for our services while simultaneously putting pressure on our organisation's operational cost.

Our work continues to span across Northampton and Wellingborough. This year there has been substantial increase in numbers of members getting involved in activities sharing and benefiting from time with each other. We continue to create great support and positive volunteering opportunities focussing on vulnerable people in the local communities especially with setting local self help groups run and managed by volunteers, which Dostiyo has been supporting as an infrastructure organisation.

Despite the challenging funding environment, our relentless pursuit of financial support yielded positive results and we were able to develop new and enhance existing services to better meet the evolving needs of our communities. Below is the report of the year:

NEP Building Better Opportunities

The project ceased on 31st December 2023, however through the year we have supported people facing additional barriers on the path to employment. Many of the participants were housewives or single mums who had been busy raising their children. Some of the participants had complex needs, mental health or physical health issues. Others had language barriers or lacked digital skills. All of them were supported to achieve their goals and aspirations, and they worked extremely hard. Some participants managed to secure paid employment, others volunteering roles, or accessed training courses. All participants were encouraged to access our free in house courses to improve their skills, ESOL, Art & Crafts, Cookery, Domestic Abuse workshops, Wellbeing courses etc.

3 participants have managed to secure paid employment, 4 participants into job searching, 3 into further training and 3 into volunteering. All of them have put in tremendous hard work and effort to achieve their goals and aspirations.

MILAP GROUP (Wellingborough)

'Milap' group has entered its 11th year and going from strength to strength, the group is managed and run by Volunteers and service users with support from Dostiyo Staff. Currently the group is an Unincorporated Constituted group and is pleased to report that the group has applied to charity commission to register as a Charity status.

RANGE OF SERVICES :

- Encourage and enhance independent living
- Living with safety measures in place
- Promoting independent living
- Encouraging members to befriend other members outside the group
- Guidance and advice for welfare benefits and sign posting
- Supporting them to participate in the wider community
- Supporting members to learn new skills (i.t. or mobile phones)

The Group meets twice a week at Victoria centre. The wellbeing services offer people in the community a safe and comfortable environment to be themselves and ask for any help they need. Currently the Group has 40 members including 34 women and 4 men.

What we managed to do :

Focusing on 'Physical. Mental Health and Wellbeing', regular physical activity, mental stimulation games and board games.

Volunteers organized and managed activities by making to fun and memorable for members and provide opportunity for social networking to befriend each other in & out of the group setting.

Organised variety of sessions in partnership with NNC & WNC adult learning including healthy cooking in air fryers, cards, paper flowers, wheat bags, Diwali Diya's and ornaments for Christmas tree.

Network and link with other organisations such as 'Food sharers', 'Eco Group' 'Wellingborough forum' 'Victoria Centre' 'Glamis Hall' these organisations offer clothing & food that can be shared with our members

Attendance for group is gradually growing and have recruited 12 new members since last year

The group also celebrated birthdays of members throughout the year, members felt very special as many live on their own with little input from families.

The steering group is always looking ways to secure funding for the rent, also to develop further services to responds to the needs of our members. There is still a great need to continue welfare calls, home visits, appropriate cultured meals service, support with medical professionals, cooking and serving meals, plus donations of food hampers (those in need)

WELLINGBOROUGH ' MILAP' USERS EQUAL OPPORTUNITIES MONITORING 2022 – 2023

Ethnicity	18 - 59	60+	Disability	Numbers
Bangladeshi		1	Mental Health	7
Indian	5	18	Heart problem	3
Pakistani	2	1	Hearing and Sight	3
Afro Caribbean	2	4	Mobility	3
African		2	Age related problems	21
White English	3	2		
TOTAL	12	28		

Funding:

We received £5672.70 funding from National Grid Western Power for Electric Blankets, throws, warm food tubs, hot water bottles and many other items to help our members through winter.

The group was successful in securing funding £9996 from Awards for All which helped to promote sessions on mindfulness, light exercise and craft activities. The project also hosted experts to offer practical help such as energy use awareness, creating meals on a budget and financial capability.

We secured £2987.50 from Northamptonshire Community Foundation to support our venue hire and volunteer expenses to ensure smooth running of the group.

As mentioned earlier re-start of Friday group. After the pandemic there was no funding for a Friday group, so we continued to meet at local supermarkets & coffee shops just to have a chat & catch up. Thanks to the Pattani family to kindly fund for our Friday sessions from July 2022- April 2023

Feedback from a few families:

"Thank you so much for your kindness & support, without this support we would have really had to go through immense difficulties, we are grateful for all your support and continue to do.

'SAHELI' GROUP (NORTHAMPTON)

Since the formation of Saheli group it continues to provide a very strong, sound and consistent platform to befriend and support to over 50 Asian older and disabled women. These women have more than one medical conditions, some of them have recovered or are recovering from serious illnesses. During the two-day group sessions Saheli provides a platform to forge new friendships befriend those who fall in dire circumstances. There has been remarkable improvement in their mental and physical health because of the social interaction and emotional warmth. They feel less lonely and depressed, much happier, motivated and valued. All members are encouraged and empowered to take an active part in group discussions which has given them the opportunities to build their self-confidence, self-esteem and rekindled their dormant skills in planning, organising and implementing their decisions.

Volunteers managing the project are encouraged to be involved in leading and developing the project. They feel more in control and sense of ownership of the activities, through their contribution to the project design, delivery and development.

The group has been successful in delivering activities supported by lottery funding through its 'Reaching Communities' grant.

Befriending Scheme

Organised befriending training session delivered by Sarah from Northampton Sports for the befrienders. We recruited 6 volunteers who visited older people in their home, took them out for a cup of tea and a chat, or accompanied them to an activity such as a trip to a cafe or the theatre. In some cases, a volunteer accompanied older people to hospital or doctor's/ dental appointments and always happy to chat over the phone or What's App.

Our Befriending scheme has helped some very vulnerable ladies in the communities, some with severe mental health issues. They have enjoyed the days out and much needed company.

The Saheli project demonstrates just how important the existence of group support is. The absolute importance cultural protection alongside integration opportunities in wider groups. It further demonstrated how exercise is understood to help both physical and mental stability, but without a safe space (that enables those to remain fully clothed including head scarves) then this would not be an opportunity. The women recognised how detrimental this would be to not only themselves, but their wider family networks.

The group is looking to address current need of the community by managing Community Fridge and seek to expand the services of the group in the next year.

DAYCARE and WELLBEING ACTIVITIES:

Dostiyo Day Care services aim to support our clients in their desire to maintain social interaction and to stay as independent and active as possible with opportunities to make new friends and participate in enjoyable activities.

In addition to our regular activities we strive to look after the wellbeing of our members and to keep them mentally, emotionally, and physically healthy by running a Wellbeing Café and other classes including Keep fit, Dance Class, Pilates, Zumba, Line Dancing and Yoga and many more classes every week.

Over the last year we have worked very closely with North Northampton Council and West Northampton Council Adult Learning Team comprising of Hazel Johnson and the tutors. The Members have enjoyed variety of courses including arts and crafts, drawing, painting, including water colours and oil painting, sewing, and cookery classes.

We have continued to recruit more members after the Covid pandemic. Our members feel confident coming to Dostiyo to join in the classes and have formed strong friendship between ladies from different backgrounds and religions. This was a pleasure to witness.

Race Equality Awareness

We have had an excellent awareness session by Anjona Roy and Dr Amrit Wilson about Domestic Abuse and 16 days of activism.

Police Awareness

We regularly have visits from our local Community police representatives Rachel, Elleri and Chris and are grateful for regular updates and the group feel confident in raising community issues with them such as Asian gold burglaries and hate crime.

Domestic Violence Awareness by NDAS & Voice/Sunflower Centre

We work closely with Divya, diversity lead domestic abuse specialist and Natalia, diversity and inclusion officer. Unfortunately, there are still issues with domestic violence in the communities and it is always good to have open and honest discussion at Dostiyo. We continue to support our ladies on 121 basis and have regular discussions in our Wellbeing Cafe. We participated in community awareness event at Grosvenor centre as part of 16 days of activism to promote our services to those who need in the community.

Trips

Dostiyo has a tradition of arranging short and long trips for the members at a very competitive price. Our seaside trip to Bournemouth was a huge success and our members have always supported these trips in large numbers.

Volunteer Help and Activities

The Centre is grateful for the services of its Volunteers, whose commitment and time, freely given, greatly assists the work of Dostiyo staff. Thanks also to other staff, supporters, and the community, who enable us to continue with our much-needed service.

This year more than 45 volunteers have been actively involved supporting the group activities, befriending, emotional support, or checking in on people, and your efforts have proved to be invaluable. The relevant support worker provided much needed supervision to enable the volunteers to gain much needed valuable experience in administrative duties and through their active participation supporting service users they acquired people and communication skills. This opened the gates to explore opportunities in paid employment. Last year the volunteers supported nearly 3500 volunteering hours at Dostiyo

Celebratory Events

We observe all important cultural events at Dostiyo which have always ensured good attendances and interest. We provide regular weekly physical activity and variety of other activities and workshops. Some of the health-related activities we have provided over the past year include:

NORTHAMPTON'SAHELI' GROUP USERS EQUAL OPPS MONITORING 2022 – 2023

Ethnicity	18 - 59	60+	Disability	Numbers
Bangladeshi	12	5	Mental Health	9
Indian	4	46	Heart problem	11
Pakistani	4	18	Hearing and Sight	2
Other		4	Mobility	21
			Age related problems	46
TOTAL	20	73		

NORTHAMPTON:
Day Care Activities 1st April 2022 - 31st March 2023

DATE	ACTIVITIES
06/04/2022	Police awareness session
18/05/2022	Domestic Abuse Awareness session by NDAS
16/06/2022	Picnic in Abington Park
22/06/2022	Cyber Safety Workshop
29/06/2022	Healthy Ageing by Manisha Morgen
08/09/2022	Cookery demonstration by Rashmita Shah using food from Dostiyo community fridge
10/9/2022- 01/12/2022	Arts and Crafts Fun session for beginners with Janet from Adult Learning
15/09/2022	Indian head massage
22/09/2022	Reflexology
29/09/2022	Aromatherapy
06/10/2022	Hand massage using what we have learnt on previous sessions
30/11/2022	16 days of Activism and Domestic abuse
08/12/2022	Christmas Crafts by Jennifer from Adult Learning
19/01/2023	Decorating pots and planting herbs with Jennifer from Adult Learning
26/01/2023	Wax Food wraps
02/02/2023	Sun Printing Cyanotype
09/02/2023	Make bird feeder and paint
23/02/2023	Seascape paintings with Gerald
23/02/2023	Pointillism
09/03/2023	Collage
16/03/2023	Oil Painting
April 2022- March 2023	
11am -12.00pm	Keep Fit Class every Wednesday
12.00pm - 1.00pm	Wellbeing Café Every Wednesday
11.00am - 12.30pm	ESOL every Thursday
11am – 12.00 pm	Yoga /Bollywood dance classes every Thursday
Training	
17/02/2023	Food Safety Course
18/03/2023	Northants sports Active chats/ befriending
Celebration 2022	
09/03/2022	International Women's Day
11/03/2022	Eid Party
01/06/2022	Queens's Jubilee Party including line dancing and Glass painting
22/10/2022	Navratri Celebrations
19/10/2022	Diwali Party
15/12/2022	Christmas Party
Trips	
12/05/2022	Lord Mayors Parlor at the Guildhall Northampton
27/7/2022	Bournemouth day trip
23/08/2022	Northampton Boat trip

ADVOCACY and ADVICE:

It has been another busy year for our Advice services. It has been very challenging for our clients, especially with the cost of living crisis. The increase in mortgage rates, rent charges, increase in household bills and soaring food prices is taking a toll on most people but especially those from marginalized communities. We have been supporting people to maximize their income, access relevant grants and welfare benefits they may be entitled to. A person may present with one problem at first, but we then unravel that they require support in many areas. It is a holistic service that we provide, to enable the individual to be empowered, and to prevent problems from escalating further.

STATISTICS FOR 2022 – 2023 NORTHAMPTON and WELLINGBOROUGH

National Origin	Number	Female	Male	Linguistic Background
Bangladeshi	115	97	18	Bengali
Indian	64	54	10	Gujarati, Hindi, and Punjabi
Pakistani	18	15	3	Urdu
Other	7	7	-	Dari, English, Pashto, Somali
Total	204	173	31	

NORTHAMPTONSHIRE USERS EQUAL OPPORTUNITIES MONITORING 2022- 2023

Ethnicity	18 - 59	60+
Bangladeshi	263	121
Indian	468	323
Pakistani	79	91
Mauritius	8	7
West Indies	8	3
Other	91	61
Total	917	606

BREAKDOWN OF SERVICE DELIVERY **NORTHAMPTON 2022 – 2023**

SERVICES PROVIDED	NUMBERS
Community Care	44
Advice one off	289
Debt	30
Disability	42
Domestic Abuse	24
ESOL	52
Household Support Fund Voucher	50
Housing	51
Mayor's Fund for Housebound	22
Mental Health	63
Safeguarding	1
Welfare Benefits Casework	435
Other	74

GENDER STATISTICS 2022-2023

Female	Male
892	631

Household Support Fund - supporting our most vulnerable residents in their time of need

We were very fortunate to be one of the charities involved in the distribution of the Household Support Fund supermarket vouchers, in partnership with Northamptonshire Community Foundation. Those eligible were given a £100 supermarket voucher to help with the essential costs of living. A total of 100 vouchers were distributed from Dostiyo to households in Northampton and Wellingborough.

Mayor's Fund for the Housebound

A gift of £30 and a Christmas card from the Mayor were hand delivered to 22 of our service users. The strict criteria for this wonderful initiative was for people living in Northampton, isolated, housebound, and living in their own homes. This was the fourth year Dostiyo was part of this project. All the recipients were extremely grateful to receive their gifts.

CASE SCENARIOS

1. We have been supporting a family with very complex needs. The adult son has a learning disability, mum has dementia and other severe health issues. Father is the main carer for both and had to give up employment due to the increase in caring responsibilities. We supported them to maximise their income and helped with the relevant benefit claims. Due to mum's health deteriorating and dementia getting worse, she required a care package from Adult Social Care. The family will require ongoing practical and emotional support.
2. A client had suffered the trauma of domestic abuse. She managed to escape and moved to Northampton with her son. However due to the years of historic abuse, this had affected her mental health and she was admitted to Berrywood Hospital, as she was suffering with Psychosis. Once she was discharged home her mental health was more stable, however she had difficulty with daily living tasks and was unable to leave her home alone. She required in depth practical and emotional support. We also supported her to make a claim for Personal Independence Payment, which she was not aware of. We attended the medical assessment with her as she was extremely anxious. Her claim for PIP was successful, and as her son was the main carer, we supported him with his claim for Carers Allowance.
3. A single mum of two young children accessed our support services and enrolled on the BBO project. She had recently separated from her husband who was the main breadwinner for the family. She lacked confidence to navigate the benefits system, due to her language barrier and lack of digital skills. She was extremely frustrated and anxious. She was grateful for the practical and emotional support received from us, as she is now in receipt of Universal Credit. She is accessing our in house ESOL class and wellbeing activities. Recently she has secured paid employment as a Passenger Assistant, supporting school children on their journey to school. She feels much more independent now as she is working and is confident to face the challenges of being a single parent.

WAY FORWARD:

- Develop culturally sensitive outreach strategies to connect with marginalized Asian communities through community events, workshops, and social media.
- Create a sustainable funding model that includes diversified revenue sources such as grants, individual donations, corporate partnerships, and fundraising events.
- Providing facilities and services reflecting the welfare of the local community and continuing to promote friendship, well being and improve economic, social, mental and physical wellbeing
- Improvement in listening to the voice of the service user and co-production – work with them and do what the service users say they need and want
- Exploring ways to incorporate Social Enterprise model within self help groups.
- Strengthen the charity's infrastructure to accommodate a growing client base and provide efficient support.
- Explore and expand Community Fridge as well as recreational indoor/outdoor activities, arts/crafts, outings and residential trips.

I would like to extend our gratitude to:

- All the members and users of Dostiyo who make us what we are and continue to place their trust and faith in us;
- The Management Committee members who are volunteers for their valuable time, knowledge, experience and guidance;
- Volunteers and Steering Group members of Zindagani Mens Group, Sakhi Milap, Milap and Saheli Group
- All the staff for their commitment towards the aims and objectives of Dostiyo;
- Dedicated volunteers for their constant help and support.

Your commitment and resilience have been instrumental in overcoming the challenges of the past year. As we move forward, let us continue to work together, advocate for positive change, and empower Asian women to thrive in the face of adversity.

In conclusion, the year 2022-23 has been a testament to our organization's ability to adapt, persevere, and make a meaningful difference in the lives of those we serve. I am confident that with continued support and collaboration, we will navigate future challenges and achieve even greater success.



Accounting Policies:

Legal form

Dostiyo is an unincorporated charity registered with the Charity Commission for England and Wales. Its registered address is 62-66 Dunster Street, Northampton, NN1 3JY.

Basis of Accounting

The charity is a public benefit entity and the financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities SORP (FRS 102), issued in January 2019, and applicable UK Accounting Standards and the Charities Act 2011.

No material uncertainties exist in relation to going concern.

Incoming Resources

All incoming resources are recognised once the charity has entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Donations received and organised trips are credited on the statement of financial activities in the year to which they relate. Donated services and facilities are included as income and expenditure where the amounts are reasonably quantifiable and measurable.

Grants received are recognised using the performance model.

Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure is allocated on the statement of financial activities between restricted and unrestricted funds. Expenditure that is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity they have been apportioned across the cost categories on a basis consistent with the use of these resources

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and the management of its assets.

Fixed Assets

Tangible fixed assets are shown at cost less depreciation.

Depreciation is calculated to write off their cost or valuation less their estimated residual value over their expected useful lives as follows:

Freehold property	25 years straight-line basis
Computer equipment	25% reducing balance
Other equipment	25% reducing balance
Motor vehicles	25% reducing balance

Fund Accounting

Funds held by the charity are either:

Unrestricted General Funds – funds, which can be used in accordance with the charitable objects at the discretion of the Executive Committee.

Designated Funds – funds set aside by the Executive Committee out of unrestricted funds for specific future purposes or projects.

Restricted Funds – funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund are included in the notes to the financial statements.

Financial Instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.



DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

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	Notes	Unrestricted £	Restricted £	Total 2023 £	Unrestricted £	Restricted £	Total 2022 £
Income from:							
Donations and Legacies		1,570	-	1,570	2,078	-	2,078
Charitable Activities	1	17,615	123,267	140,882	5,801	139,561	145,362
Investment Income		633	-	633	12	-	12
Total Income		19,818	123,267	143,085	7,891	139,561	147,452
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	2	26,943	119,771	146,714	46,305	111,264	157,569
Other		-	-	-	-	-	-
Total Expenditure		26,943	119,771	146,714	46,305	111,264	157,569
Net Income/(expenditure)		(7,125)	3,496	(3,629)	(38,414)	28,297	(10,117)
Transfers between funds		105	(105)	-	6,010	(6,010)	-
Net movement in funds		(7,020)	3,391	(3,629)	(32,404)	22,287	(10,117)
Reconciliation of funds:							
Total funds brought forward		159,629	47,509	207,138	192,033	25,222	217,255
Total funds carried forward		152,609	50,900	203,509	159,629	47,509	207,138

All income and expenditure derive from continuing activities

The statement of financial activities include all gains and losses recognised during the year

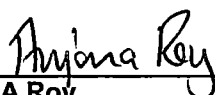
DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2023

Page 18

	Notes	£	2023 £	£	2022 £
Fixed Assets					
Tangible Assets	4		45,180		55,426
Current assets					
Debtors	5	1,892		7,793	
Cash at bank and in hand		137,229		120,762	
Funds Held by CVS		21,591		25,830	
		<u>160,712</u>		<u>154,385</u>	
Creditors:					
Amounts falling due within one year	6	(2,383)		(2,673)	
		<u>(2,383)</u>		<u>(2,673)</u>	
Net Current Assets/(Liabilities)			158,329		151,712
Net Assets/(Liabilities)			<u>203,509</u>		<u>207,138</u>
Charity Funds					
Unrestricted Funds	7				
General Reserve		37,692		54,554	
Designated funds - Other		<u>114,917</u>		<u>105,075</u>	
			152,609		159,629
Restricted funds	8		50,900		47,509
			<u>203,509</u>		<u>207,138</u>

The accounts have been prepared in accordance with SORP (FRS102) effective January 2019 and relevant UK Accounting standards.

Approved by the Executive Committee on 23rd January 2024 and signed on their behalf by:


A Roy
Chairperson

		Unrestricted	Restricted	2023	2022
		£	£	£	£
1	Income from Charitable Activities				
	Grants:				
	Western Power	-	2,461	2,461	7,906
	WNC - Wellbeing Fund	-	3,865	3,865	-
	Awards 4 All - Community Fridge	-	9,440	9,440	-
	North Northamptonshire Council	6,080	-	6,080	3,000
	Commsortia - Working Progress (NEP)	-	5,819	5,819	20,452
	Neighbourly B&Q	-	5,000	5,000	-
	Hubbub Foundation - Co-op Community Fridge	-	-	-	3,000
	ROSA - COVID Response Fund	-	-	-	8,000
	Sport England Fund	-	-	-	1,250
	NCF - Poverty Hurts	-	2,962	2,962	-
	One Wellingborough	-	-	-	-
	Community Matters	-	-	-	-
	Community Justice Fund	-	12,196	12,196	50,000
	Northamptonshire Sport	-	-	-	2,804
	Comic Relief Womens Resource Centre	-	4,000	4,000	5,000
	Lottery Community Fund - Saheli Women's Group	-	77,524	77,524	39,167
	NCF - Food Aid	-	-	-	1,982
	Organised Trips	2,160	-	2,160	-
	Other	9,375	-	9,375	2,801
		17,615	123,267	140,882	145,362

2	Charitable Activities		Unrestricted £	Restricted £	2023 £	2022 £
	Staff costs	3	11,410	85,038	96,448	92,923
	Depreciation		10,167	79	10,246	10,277
	Other costs		3,569	21,082	24,651	36,627
			25,146	106,199	131,345	139,827
	Support Costs - Staffing	3	936	10,051	10,987	11,144
	Support Costs - Other		861	3,521	4,382	6,598
			26,943	119,771	146,714	157,569

Other costs include Independent Examination fee of £1,200

3	Staff Costs	2023	2022
		£	£
	Wages and salaries	102,548	98,829
	NIER	2,969	3,465
	ER Pension	1,918	1,773
	DBS Checks	-	-
		107,435	104,067

Average number employed by head count

Centre	5	5
Management and administration	1	1
	<u>6</u>	<u>6</u>

No employee received remuneration amounting to more than £60,000 in either year.

Remuneration paid to key management personnel in the year considered to be the Manager
£45,385 (2022 - £48,201)

No trustees received any remuneration during the year. Trustee indemnity insurance paid in the year amounted to £nil. (2022: £nil).

Trustees received reimbursed expenses for travel and other costs amounting to £nil
(2022:£nil)

4	Fixed Assets	Freehold Property £	Minibus £	Computer Equipment £	Other Equipment £	Total £
	Cost					
	Brought forward	280,939	-	13,480	4,973	299,392
	Additions	-	-	-	-	-
	Disposals	-	-	-	-	-
	Carried forward	<u>280,939</u>	<u>-</u>	<u>13,480</u>	<u>4,973</u>	<u>299,392</u>
	Depreciation					
	Brought forward	225,864	-	13,165	4,937	243,966
	Charge for year	10,158	-	79	9	10,246
	Disposals	-	-	-	-	-
	Carried forward	<u>236,022</u>	<u>-</u>	<u>13,244</u>	<u>4,946</u>	<u>254,212</u>
	Net Book Value					
	Balance at 31.03.23	<u>44,917</u>	<u>-</u>	<u>236</u>	<u>27</u>	<u>45,180</u>
	Balance at 01.04.22	<u>55,075</u>	<u>-</u>	<u>315</u>	<u>36</u>	<u>55,426</u>

Included in freehold property is land with an estimated cost of £27,000 to which depreciation is not being applied in accordance with relevant accounting standards.

	Unrestricted £	Restricted £	2023 £	2022 £
5 Debtors				
Sundry Debtors	274	990	1,264	7,321
Prepayments	628	-	628	472
	<u>902</u>	<u>990</u>	<u>1,892</u>	<u>7,793</u>
6 Creditors: Amounts falling due within one year				
Sundry creditors	(520)	(163)	(683)	(1,131)
Accruals	(1,700)	-	(1,700)	(1,542)
Deferred Income	-	-	-	-
	<u>(2,220)</u>	<u>(163)</u>	<u>(2,383)</u>	<u>(2,673)</u>

	Opening Balance 01.04.22 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.23 £
7 Designated Funds					
Freehold Property	55,075	-	(10,158)	-	44,917
General reserve	54,554	19,818	(16,785)	(19,895)	37,692
Designated-Property Repair & Maintenanar	30,000	-	-	20,000	50,000
Designated-Communications & IT Equipr	15,000	-	-	-	15,000
Designated-Fixtures & Fittings	5,000	-	-	-	5,000
	159,629	19,818	(26,943)	105	152,609

The balance on the designated fund represents the net book value of the freehold property held by the charity. The intention is to generate a general reserve of six months running costs.

Designated - Property R&M - Provision for repairs and maintenance to the building

Designated - Communications & IT Equip - Provision for upgrading communications & IT equipment

Designated - Fixtures & Fittings - Provision for replacement or upgrading fixtures & fittings

Comparative Designated Funds	Opening Balance 01.04.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.22 £
Designated Funds					
Freehold Property	65,233	-	(10,158)	-	55,075
General reserve	126,800	7,891	(36,147)	(43,990)	54,554
Designated-Property Repair & Maintenanar	-	-	-	30,000	30,000
Designated-Communications & IT Equipr	-	-	-	15,000	15,000
Designated-Fixtures & Fittings	-	-	-	5,000	5,000
	192,033	7,891	(46,305)	6,010	159,629

8 Restricted Funds

	Opening Balance 01.04.22 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.23 £
Advice UK	255	-	(79)	-	176
NCF - Saheli Womens Group	115	-	-	(115)	-
BBO - Working Progress	1,689	5,819	(7,508)	-	-
WNC - Wellbeing Fund	-	3,865	(3,865)	-	-
Hubbub Foundation	2,742	-	(2,742)	-	-
Lottery Community Fund - Saheli Womer	21,089	77,524	(64,137)	-	34,476
Awards 4 All - Community Fridge	-	9,440	(9,440)	-	-
Neighbourly - B&Q	-	5,000	(2,340)	-	2,660
Western Power Distribution	1,000	2,461	(2,461)	-	1,000
Community Justice Fund	17,150	12,196	(21,217)	-	8,129
NCF - Food Aid Fund	1,972	-	(1,982)	10	-
Comic Relief - Womens Resource Centri	-	4,000	(4,000)	-	-
Northamptonshire Sport	1,497	-	-	-	1,497
NCF - Poverty Hurts	-	2,962	-	-	2,962
	47,509	123,267	(119,771)	(105)	50,900

Advice UK - To employ advocacy workers providing advice and support to the Asian community under the age of 60 years old, and to purchase equipment
NCF - Saheli Womens Group - Enable Asian Women to play an effective citizenship role in a wider community through attacking barriers of isolation
BBO - Working Progress - Assist people working towards gaining employment.
WNC - Wellbeing Fund - Towards salaries for Wellbeing Services
Hubbub Foundation - To provide a community fridge for the local community
Lottery Community Fund - Saheli Women's Group - to enable more people from the BME population to access health and wellbeing services
Awards 4 All - Community Fridge - To provide a community fridge for users to take free food & provide cooking sessions to show how to cook on a budget.
Neighbourly B&Q - Towards refurbishment costs
Western Power Distribution - Supporting individuals to access support with fuel payments to combat fuel poverty
Community Justice Fund - To fund a part-time member of staff during the pandemic
NCF - Food Aid Fund - To support the community fridge project providing food to families
Comic Relief - Womens Resource Centre - Support to continue providing crucial services for South Asian Women including Advocacy, Advice, Support, Guidance and information.
Northamptonshire Sport - To provide keep fit sessions for the community.
NCF - Poverty Hurts - Towards cost of living & poverty advice service
Fund transfers relate to overhead costs as per grant agreements

Comparative Restricted Funds

	Opening Balance 01.04.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 01.04.22 £
Advice UK	340	-	(85)	-	255
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	-	20,452	(15,303)	(3,460)	1,689
NCF - COVID Response	2,702	-	(1,839)	(863)	-
Hubbub Foundation	-	3,000	(258)	-	2,742
Lottery Community Fund - Saheli Women	-	39,167	(16,953)	(1,125)	21,089
ROSA - COVID Response Fund	-	8,000	(8,000)	-	-
Sport England	22,065	1,250	(24,743)	1,428	-
Western Power Distribution	-	7,906	(4,916)	(1,990)	1,000
Community Justice Fund	-	50,000	(32,850)	-	17,150
NCF - Food Aid Fund	-	1,982	(10)	-	1,972
Comic Relief - Womens Resource Centre	-	5,000	(5,000)	-	-
Northamptonshire Sport	-	2,804	(1,307)	-	1,497
	25,222	139,561	(111,264)	(6,010)	47,509

NCF - COVID Response - To provide helpline support and additional costs due to the pandemic
ROSA - COVID Response Fund - To provide helpline support and additional costs due to the pandemic
Sport England - To purchase and install ventilation system and upgrade the toilet facilities

9 Analysis of Net Assets Between Funds

Fund balances at 31 March 2023 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	45,004	176	45,180
Current Assets	-	109,825	50,887	160,712
Current Liabilities	-	(2,220)	(163)	(2,383)
	-	152,609	50,900	203,509

Fund balances at 31 March 2022 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	55,086	340	55,426
Current Assets	-	107,216	47,169	154,385
Current Liabilities	-	(2,673)	-	(2,673)
	-	159,629	47,509	207,138

10 Ultimate Controlling Party

The charity is under the ultimate control of its Executive Committee, whose names are shown at the front of the financial statements.

11 Related party transactions

There were no related party transactions during the year or prior year.

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2023

Page 24

		2023	2022
Income	£	£	£
Grants Receivable		129,347	139,561
Donations and gifts		1,570	2,078
Investment income		633	12
Organised Trips		2,160	-
Other Income		9,375	5,801
		<u>143,085</u>	<u>147,452</u>
Expenditure			
Centre Running Costs			
Salaries	80,695		81,779
Depreciation of freehold property	10,158		10,158
Depreciation of motor vehicles	-		-
Depreciation of equipment	9		13
Motor and travel expenses	434		137
Organised Trips	1,710		-
Other project expenses	9,368		26,857
Heating and lighting	3,943		1,539
Hall hire	-		-
Repairs and renewals - equipment	2,220		2,010
Repairs and renewals - premises	2,892		1,615
Cleaning	4,924		276
Support Costs			
Salaries	10,987		11,144
Printing, postage and stationery	813		1,274
Telephone	1,697		4,219
Insurance	1,872		1,105
Governance Costs			
Salaries	10,987		11,144
Depreciation of computer equipment	79		106
Bank charges	105		99
Professional fees incl. accountancy	3,773		3,854
Management expenses incl.AGM	48		240
		<u>(146,714)</u>	<u>(157,569)</u>
Surplus/(Deficit) for the Year		<u>(3,629)</u>	<u>(10,117)</u>

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 17 to 23.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

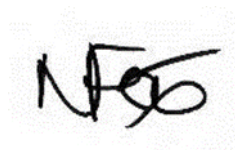
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our independent examination work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our independent examination work, for this report, or for the opinions we have formed.



Nicola Fox FCA
DNG Dove Naish LLP
Accountants
Eagle House
28 Billing Road
Northampton
NN1 5AJ

Date: 24 January 2024