



ANNUAL REPORT 2021 - 2022

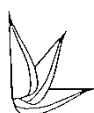


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•• Introduction ••



Dostiyo is a voluntary organisation run by and for Asian women and men and is governed by a signed Constitution. Over the past 40 years Dostiyo has become established as a service provider predominantly for Asian women in

Northamptonshire and is gradually expanding both in number of workers and services provided.

The organisation has provided services to local Asian women and communities offering support and advice on a wide range of issues. It actively works towards enabling full participation of Asian women and men in social activities and overcome cultural, religious, physical and social barriers. It addresses the needs of local Asian women and girls in a relaxed and friendly manner in a sensitive, confidential and safe environment.

Dostiyo offers comprehensive overview of the needs for service development for Asian Communities and promoting access to services, transcending racial, religious, linguistic and cultural issues since 1979. Dostiyo also serves as an infrastructure development agency for Asian communities by supporting to set up Self Help groups managed by Volunteers, Constitution, gain charity status etc within Northampton and Wellingborough including Zindgani Asian Men's Group. Sakhi Milaap Ladies Group, Milaap Group Wellingborough, Saheli Group.

Working to overcome barriers Asian men and women face in their daily lives, Dostiyo provides them with opportunities for self-development, build their confidence and capacity and most importantly, help them on the path of self-help.

MISSION STATEMENT:

"To promote effective citizenship of Asian women and men regardless of age, religion, ethnicity, cast or creed, by helping them overcome barriers to accessing much needed services"

•• Current Service Provision ••

Currently Dostiyo provides Advocacy, support, guidance, information and counselling through its main activities, including:

- Older People's Project, which facilitates group activities and provides advocacy, advice and support to Asian women and men and/or their families.
- Supporting people into Employment, Education and Training by offering a specialist tailored package to unemployed adults
- Mental Health Support including Advocacy, Benefits Advice and promote independent living.
- Weekly Wellbeing café's in Northampton and Wellingborough.
- Day Care and various classes for the elderly and disabled women and men.
- Opportunities to volunteers and gain training within Dostiyo and through external organisations.

The organisation's aim of ensuring a dedicated approach to a service request means that regularly members are encouraged and supported to access activities that meet their needs.

Dostiyo's ultimate objective is to conciliate and improve this position, through close and active multi-agency working that would eventually provide effective citizenship and equality.

•• Project Scope and Objectives ••

Dostiyo aims to provide the highest quality services to Asian communities for the benefit of Asian women their families and extended families.

Its core principles are:

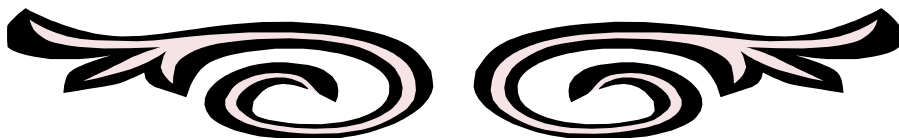
- Attacking barriers of isolation that Asian communities experience;
- Promoting access to services, transcending racial, religious, linguistic and cultural issues;
- Promoting self-help, advocacy and information in the community;
- Promoting the well being of women and their families;

It does this by:

- Providing services to women and men of all ages.
- Targeting its services to those who have the greatest needs.
- Promoting equality of opportunity within the organisation and through partnerships.
- Valuing staff and volunteers and opening new avenues of thinking and creating opportunities for Asian women to become financially independent.

Dostiyo provides services in varied areas:

- | | |
|--------------------------|----------------------|
| □ Clinical Negligence | □ Family |
| □ Community Care | □ Housing |
| □ Education | □ Mental Health |
| □ Wellbeing Cafe | Support |
| □ Employment Support | □ Older People |
| □ Welfare Benefits | □ Volunteering |
| □ Workshops and Training | □ One to One Support |





DOSTIYO MANAGEMENT COMMITTEE

Chair	Anjona Roy
Secretary	Jagdishbhai Modha
Treasurer	Farhat Lateef
Committee Members	Harsha Patel (appointed
13/12/2021)	Akhtar Munir (appointed
13/12/2021)	Kalpana Maisuria
13/12/2021)	Balwinder Kaur (appointed
13/12/2021)	Saroj Padhiar
13/12/2021)	Leena Marks (resigned
13/12/2021)	Jayshree Mashru (resigned
13/12/2021)	Vasuben Desai (resigned

DOSTIYO STAFF

Centre Development Manager	Deepa Bakrania
Advocacy Worker (Northampton)	Kalsuma Begum
Advice Worker (Northampton)	Iffat Hussain
Advocacy Worker(Northampton/ Wellingborough)	Savita Paw
Day- Care Co-ordinator:	
Northampton	Indira Patel
Wellingborough	Jaya Tailor
Community Fridge Driver	Trishna Roy



•• CHAIR'S REPORT ••

Anjona Roy

The COVID-19 pandemic stole not only time that we could spend loving and laughing with those close to us, it also stole so many of those loved ones that we would so desperately want to hold close. In addition to COVID-19 there were so many more instances of those close to us losing their lives. In this reality, our organisation did its best to bring people together even at a distance.

Over this period of locking down and unlocking, we tried our best to deliver support online. As always funding has been both limited and short term which does not help with our stability as an organisation.

In the latter part of the year, we benefitted from funding to establish a Community Fridge in the organisation which has helped us do our bit to save the planet and reduce food waste.

Other funding applications have brought new relationships with new funders in and ever changing landscape of new local authorities.

Our thanks as a committee as always go to the committed and dedicated staff not forgetting our essential and passionate volunteers without whom we simply would not achieve even a small proportion of what we have achieved.

•• TREASURER'S REPORT ••

Farhat Lateef

The treasurer is responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the organisation and to ensure that the accounts comply with the requirement outlined with the Accounting for Charities and policies for the Constitution.

The management have reviewed the internal controls during the year and found them to be in generally accordance with the charities commission guidelines and appropriate actions have been put in place in the few areas that required attention

Last year, we have secured our core services and endeavour to ensure that our services will continue to support women and the broader community. The organisation has had to review budget considering the reduction of core funding, the committee has had to take decisions and continuously monitor expenses to maintain financial

stability and sustain staff and services. The organisation has been exploring various ways of generating income.

Members nominate trustees for Annual elections. Trustees are elected annually at the Annual General Meeting. New trustees are offered an induction meeting within 6 weeks. In this way we hope all staff, volunteers and trustees will benefit from formal induction into the organisation.

Balance at the end of year 2022 is £207,138 out of which £47509 is Restricted Funds and rest are Designated Funds. Dostiyo has adopted a Reserves Policy with a rationale to maintain sufficient level of reserves to enable normal operating activities to continue over a period of up to 6 months should a shortfall in income occur and to take account of potential risks and contingencies that may arise from time to time.

Thanks to Lorraine Scullion for preparing the accounts efficiently and to DNG Dove Naish LLP for carrying out our independent examination.

Signed ...Farhat Lateef.....
Date: ..23/01/2023.....

•• CENTRE MANAGER ••
Deepa Bakrania

2021-22 - a year of evolving change - the year we tentatively went back to our pre-pandemic lives, whilst continuing to navigate the impact that Covid-19 has had on the way we work, socialise and travel. Post pandemic we saw an unprecedented growth in the number of people needing our support - driven by an increased cost of living, unemployment & redundancies, changes to universal credit, and most recently fuel increases resulting in many families being forced to choose whether to heat or eat.

Our work continues to span across Northampton and Wellingborough. This year there has been substantial increase in numbers of members getting involved in activities sharing and benefiting from time with each other. We continue to create great support and positive volunteering opportunities focussing on vulnerable people in the local communities especially with setting local self help groups run and managed by volunteers, which Dostiyo has been supporting as an infrastructure organisation.

We continue to be creative in the ways in which we raise funds, and we are as ever, enormously grateful to our supporters, donors and funders without whom we could not continue our invaluable work. Despite the challenges the organisation managed to deliver outstanding and continuous services to our clients. Below is the report of the year:

'SAHELI' GROUP (Northampton)

Since the formation of Saheli group it continues to provide a very strong, sound and consistent platform to befriend and support to over 50 Asian older and disabled women. These women have more than one medical conditions, some of them have recovered or are recovering from serious illnesses. During the two-day group sessions Saheli provides a platform to forge new friendships befriend those who fall in dire circumstances. There has been remarkable improvement in their mental and physical health because of the social interaction and emotional warmth. They feel less lonely and depressed, much happier, motivated and valued. All members are encouraged

and empowered to take an active part in group discussions which has given them the opportunities to build their self-confidence, self-esteem and rekindled their dormant skills in planning, organising and implementing their decisions.

Volunteers managing the project are encouraged to be involved in leading and developing the project. They feel more in control and sense of ownership of the activities, through their contribution to the project design, delivery and development

The group has been successful in securing 2-year lottery funding through its 'Reaching Communities' grant. This has been significant in developing more support services such as introducing Befriending scheme and one to one case work.

MILAP GROUP (Wellingborough)

'Milap' group has entered its 9th year and going from strength to strength, the group is managed and run by Volunteers and service users with support from Dostiyo Staff. Currently the group is an Unincorporated Constituted group and would like to develop a framework to be able to register as a Charity status.

The Group meets twice a week at Victoria centre. It took us some time to reestablish the regular activities as members were still reluctant to start face to face activities. Attendance for day care group is gradually growing

The wellbeing services offer people in the community a safe and comfortable environment to be themselves and ask for any help they need.

RANGE OF SERVICES :

- Encourage and enhance independent living
- Living with safety measures in place
- Promoting independent living
- Encouraging members to befriend other members outside the group
- Guidance and advice for welfare benefits and sign posting
- Supporting them to participate in the wider community
- Supporting members to learn new skills (i.t. or mobile phones)

WHAT WE MANAGED TO DO

Re-start the groups the Wednesday group back at the Victoria Centre with Government guidelines, encouraging members to wear masks and respect social distancing
Opened the group out to anyone in the community, so now we have a great mix of members from all communities. Our hard work and efforts for supporting 'One Wellingborough Project' & Word of mouth has reflected on the numbers of new members

The group also celebrated birthdays of members throughout the year, members felt very special as many live on their own with little input from families

The steering group is always looking ways to secure funding for the rent, also to develop further services to responds to the needs of our members. There is still a great need to continue welfare calls, home visits, appropriate cultured meals service, support with medical professional's ,cooking and serving meals, plus donations of food hampers (those in need)

FEEDBACK FROM A FEW FAMILIES:

“Thank you so much for your kindness & support, without this support we would have really had to go through immense difficulties, we are grateful for all your support and continue to do.:

NEP Building Better Opportunities

We have been supporting unemployed and economically inactive women to gain independence and improve their confidence. We continued to support those who are unemployed or economically inactive, on to the path of employment. Many participants required wellbeing support during Lockdown as they felt isolated and were juggling with personal upheaval, home schooling their children, and added responsibilities.

Many participants have been supported on the path to employment. They have put in tremendous effort to achieve their goals. Some have managed to secure paid employment or are volunteering in the community. Others have improved their English or IT skills, but all of our participants have increased confidence and feel more empowered. We have also supported participants to maximise their income. This year participants attended various courses online via Zoom and in person at Dostiyo Centre; Water Colours Painting, Photography, First Aid, Embroidery, Charcoal Drawing, Paediatric First Aid, Sewing, Food Safety in Catering. Many participants are attending our Wellbeing Café and Exercise classes on a regular basis. This gives them an opportunity to improve their wellbeing and increase social networks. We are looking at restarting our in house ESOL classes in the near future, so that participants can improve their English language skills.

2 participants have managed to secure paid employment, 5 participants into job searching, 5 into further training and 2 into volunteering. All of them have put in tremendous hard work and effort to achieve their goals and aspirations.

DAYCARE and WELLBEING ACTIVITIES:

Dostiyo Day Care services aim to support our clients in their desire to maintain social interaction and to stay as independent and active as possible with opportunities to make new friends and participate in enjoyable activities.

Throughout the year of closure, staff remained in contact with clients through telephone calls, whatsapp group and text messages. Some were contacted 2- 3 times a week; others on a weekly or fortnightly basis (according to the wishes of the individual). It was not uncommon for some telephone conversations to last for 45 minutes or longer. It quickly became clear that the clients all appreciated hearing a friendly, recognizable voice that was genuinely concerned for their well-being. Staff also made doorstep visits to help celebrate occasions such as Diwali, Eid and Christmas. They delivered food hampers, medications, groceries, Christmas hampers etc, to clients and observed strict Covid sanitising rules before and after each doorstep visit.

It goes without saying that the pandemic has presented various challenges to Staff in terms of delivering the Centre’s objectives to keep Members engaged and motivated. The Centre works very closely with the Northamptonshire Adult Learning Team and managed to organize some excellent classes to stimulate and encourage self-development for our members. Following is an overview of the varied activities delivered

- Supporting members in pandemic by organizing various weekly classes on Zoom. This included providing training on how to use Zoom

- Day Care support, meaningful activities such as Keep fit, Zumba, Dance classes, Yoga, Pilate and much more for a wide range of people, according to individual needs.
- Support for vulnerable elderly people with complex needs living in the community
- Opportunities to develop new skills and lifestyles and maximise their potential
- Health promotion and varied workshops including workshops on Depression, Anxiety and Mindfulness

Referrals to the Dostiyo Day Centre come from adult social care, Mental health team, various health care professionals including Social Workers, but mostly by word of mouth

Workshops

The Adult Learning Services section of North Northamptonshire Council play an important role in co-ordinating many Activities with the Day Care Activity Co-ordinator. Our collaboration with them has helped to deliver activities that have provided new skills to Dostiyo's members.

We work very closely with Chris (Northamptonshire Community Police Officer) and are grateful for the regular updates, input and advice. As Asian communities in Northampton have been hit hard with gold burglaries, the police regularly held sessions to address some of the concerns of our members and provided reassurance to everyone that they do their best to eliminate such crimes. Sessions were also held on personal safety, including staying safe at home and outdoors.

Volunteer Help and Activities

The Centre is grateful for the services of its Volunteers, whose commitment and time, freely given, greatly assists the work of Dostiyo staff. Thanks also to other staff, supporters, and the community, who enable us to continue with our much-needed service.

This year more than 45 volunteers have been actively involved supporting the group activities, befriending, emotional support, or checking in on people, and your efforts have proved to be invaluable. The relevant support worker provided much needed supervision to enable the volunteers to gain much needed valuable experience in administrative duties and through their active participation supporting service users they acquired people and communication skills. This opened the gates to explore opportunities in paid employment. Last year the volunteers supported nearly 3500 volunteering hours at Dostiyo

Celebratory Events

We observe all important cultural events at Dostiyo which have always ensured good attendances and interest. We provide regular weekly physical activity and variety of other activities and workshops. Some of the health-related activities we have provided over the past year include:

NORTHAMPTON: Day Care Activities 1st April 2021 - 31st March 2022

DATE	ACTIVITIES
5/4/2021	Online Otago exercise Class on Zoom
6/4/2021	Making Sock Monkey
12/4/2021	Otago exercise class
15/4/2021 &	Learn Photography with your mobile phone

22/4/2021	
27/4/2021-11/5/2021	Online Yoga Class on Zoom
29/4/2021 4 Weeks	Water Colour
27/5/2021	Photography class
3/6/2021	Antakshari (sing songs)
16/6/2021	Picnic in Abington Park
22/6/2021	Cyber Safety Workshop
8/7/2021-29/7/2021	Learn to make Bird Applique
15/9/2021	Navratri dancing in the park
16/9/2021-30/9/2021	Embroidery class with Hazel
7/10/2021 and 14/9/2021	Drawing class with Gerald
21/10/2021	Paediatric First Aid by Janet
28/10/2021	Water Colour Painting workshop
13/01/2022- 24/02/2022	Sewing classes
14/01/2022- 18/02/2022	Yoga class on Zoom every Friday
3/2/2022 & 18/2/2022	Photography at Delapre Abbey
30/3/2022	Children's Services awareness by Stacey
<u>Celebrations</u>	
13/4/2021	Online Eid Party on Zoom
3/11/2021	Diwali Party
1/12/2021 and AGM	Christmas Party
09/03/2022	International Women's Day
11/03/2022	Eid Party
<u>Regular Weekly Sessions</u>	
2/6/2021- 25/08/2021 every Wednesday	Outdoor Keep Fit Sessions at Abington Park
01/09/2022 - 30/03/2022 every Wednesday	Keep fit classes with Nancy at Dostiyo Centre
14/10/2021 - 31/03/2022 every Thursday	Yoga Classes at Dostiyo Centre
12/01/2022- 30/03/2022 every Wednesday	Wellbeing Café
<u>Training</u>	
17/02/2022	Certified level 2 Food Safety
18/03/2022	Northants Sports Active chats/ Befriending course

WELLINGBOROUGH:

We run our Day care activities at the Victoria Centre every Wednesdays and Fridays providing regular keep fit exercise, yoga sessions, various Health and

Educational workshops and light lunch. Due to the lockdown, the group interacted through whatsapp group, zoom and during summer met outside for keepfit exercises at Croyland park.

Dostiyo worked in partnership with Victoria centre on 'One Wellingborough' project to engage with people and groups from the many BAME communities of Wellingborough and identify any personal support and cultural needs. The service promoted and enhance effective personal support networks, assist to lead an independent and fulfilling life, help maintain good health by Wellbeing calls for BAME communities in Wellingborough.

Events in the year:

- We have hosted various Zoom & Whatsapp activities to engage with members facilitated & hosted zoom prayers for families
- Cook and delivered culturally appropriate meals for the vulnerable during the lockdown
- Celebrate Navratri at the Victoria centre with social distancing guidelines.
- Celebrated Eid by delivering festive food parcels to our members
- Celebrated Diwali on Zoom and our volunteers delivering a cooked meal to our members
- Celebrated Christmas by delivering a cooked meal to all our members
- Celebrated birthdays of members at Croyland park throughout the summer
- Welfare calls, home visits, appropriate cultured meals service, support with medical professional's ,cooking and serving meals, plus donations of food hampers (those in need)

ADVOCACY and ADVICE:

Advocacy Worker

It has been another busy year with a high demand for our Advocacy service. We have returned to mainly face to face appointments, however we have also continued to support clients remotely, over the phone and online when needed. With the increase in living costs, many service users have been struggling to make ends meet and are facing acute hardship. We have supported them to maximize their income and access the relevant Welfare Benefits, Grants, and Budgeting advice. There has been an increase in people needing to access Food Banks, and they have also been encouraged to access the Dostiyo Community Fridge.

We see first hand the challenges that people are facing, and the complex issues that they require assistance with. We work hard with them to alleviate their issues, to empower them and give them the confidence to deal proactively with their problems. With our support and intervention, problems are prevented from escalating further.

STATISTICS FOR 2021 - 2022 NORTHAMPTON and WELLINGBOROUGH

National Origin	Number	Female	Male	Linguistic Background
Bangladeshi	126	97	29	Bengali
Indian	138	80	58	Gujarati, Hindi, and

				Punjabi
Pakistani	32	22	10	Urdu
Other	15	13	2	Somali, Iranian, Jamaican
Total	311	212	99	

NORTHAMPTONSHIRE USERS EQUAL OPPORTUNITIES MONITORING 2021 - 2022

Ethnicity	18 - 59	60+
Bangladeshi	67	32
Indian	122	48
Pakistani	19	9
Other	9	3
Total	219	92

BREAKDOWN OF SERVICE DELIVERY 2021-2022 GENDER STATISTICS 2020-2021

Services provided	Numbers
Advice - one off	263
Community Care	42
Debt	30
Disability	38
Domestic Abuse	27
Housing	72
Mental Health	31
Safeguarding	2
Welfare Benefits Casework	427
Other	62

Female	Male
883	628

CASE SCENARIOS

1. We have been supporting a client suffering with Cancer. She has required both emotional and practical support. Her care needs were increasing, and she relied more on her extended family for support. We supported her to claim Attendance Allowance, and a Blue Badge application. She has been attending hospital appointments on a regular basis and the Blue Badge has been very helpful, thus easing some of her difficulties. She is on Chemotherapy and has had surgery recently. This has been very traumatic for her, and she is extremely grateful for our support. She hopes to attend classes at Dostiyo when her health improves.
2. We have a participant who recently enrolled on to the BBO project. Sadly, she lost her 27 year old son to Covid a year ago and more recently her husband passed away. She required in depth practical and emotional support as she had relied on her late husband financially, as he was the main breadwinner for the family. She is understandably devastated and is still grieving, but she is slowly now dealing with the practical things and coming to terms with her tragic loss. She has never worked

as she was a Homemaker, bringing up her children. Her youngest two children are still at school, and we helped with accessing free school meals. We have been supporting her to access the relevant Welfare Benefits. She is now receiving Bereavement Support Payment, and her Universal Credit claim has been processed. We are also supporting her with Council Tax Reduction and exploring what other financial help may be available for her. She has required emotional support due to her devastating loss of two family members, and she is understandably still very anxious at times. We will be supporting her to improve her English skills when she feels ready and encourage her to access our wellbeing activities.

3. We have been supporting a family with three young children. One of the children has a severe learning disability. They are in receipt of Welfare Benefits, including Disability Living Allowance for their disabled child. They were struggling to pay their bills and we helped them to apply for the Warm Home Discount as they were on a low income. They received a credit of £140 to their electricity account. We also supported them with their Anglian Water bills. As the family were in receipt of Income Support, they were eligible for the Aquacare Plus tariff. This has substantially reduced the cost of their bills. We also explored any other financial assistance that they could be entitled to and conducted a Benefits check. We supported them with a Family Fund grant and their disabled child was awarded an adapted laptop to assist them with their learning. The family are receiving ongoing support and are accessing the Dostiyo Community Fridge as and when needed.

WAY FORWARD:

- Dostiyo management committee members are fully aware of the uncertainty of current funding for Social Wellbeing Contract with Commsortia/ Public Health England as well as fragile external funding environment and are developing a Sustainable Strategy and development and aim to explore and sourcing other funds to continue providing the services
- Providing facilities and services reflecting the welfare of the local community and continuing to promote friendship, well being and improve economic, social, mental and physical wellbeing
- Improvement in listening to the voice of the service user and co-production – work with them and do what the service users say they need and want
- Exploring ways to incorporate Social Enterprise model within self help groups.
- Strengthen support and develop self-help groups managed and run by volunteers.
- Explore and expand recreational indoor/outdoor activities, arts/crafts, drama, musical instruments, singing, outings and residential trips.

I would like to extend our gratitude to:

- All the members and users of Dostiyo who make us what we are and continue to place their trust and faith in us;
- The Management Committee members who are volunteers for their valuable time, knowledge, experience and guidance;
- Volunteers and Steering Group members of Zindagani Mens Group, Sakhi Milap, Milap and Saheli Group
- All the staff for their commitment towards the aims and objectives of Dostiyo;
- Dedicated volunteers for their constant help and support.

My efforts are towards seeing Dostiyo go from strength to strength in the future and emerge as the voice of Asian communities in and around Northamptonshire.



Accounting Policies:

Legal form

Dostiyo is an unincorporated charity registered with the Charity Commission for England and Wales. Its registered address is 62-66 Dunster Street, Northampton, NN1 3JY.

Basis of Accounting

The charity is a public benefit entity and the financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities SORP (FRS 102), issued in January 2019, and applicable UK Accounting Standards and the Charities Act 2011.

No material uncertainties exist in relation to going concern.

Incoming Resources

All incoming resources are recognised once the charity has entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Donations received and organised trips are credited on the statement of financial activities in the year to which they relate. Donated services and facilities are included as income and expenditure where the amounts are reasonably quantifiable and measurable.

Grants received are recognised using the performance model.

Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure is allocated on the statement of financial activities between restricted and unrestricted funds. Expenditure that is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity they have been apportioned across the cost categories on a basis consistent with the use of these resources

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and the management of its assets.

Fixed Assets

Tangible fixed assets are shown at cost less depreciation.

Depreciation is calculated to write off their cost or valuation less their estimated residual value over their expected useful lives as follows:

Freehold property	25 years straight-line basis
Computer equipment	25% reducing balance
Other equipment	25% reducing balance
Motor vehicles	25% reducing balance

Fund Accounting

Funds held by the charity are either:

Unrestricted General Funds – funds, which can be used in accordance with the charitable objects at the discretion of the Executive Committee.

Designated Funds – funds set aside by the Executive Committee out of unrestricted funds for specific future purposes or projects.

Restricted Funds – funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund are included in the notes to the financial statements.

Financial Instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.



DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

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	Notes	Unrestricted £	Restricted £	Total 2022 £	Unrestricted £	Restricted £	Total 2021 £
Income from:							
Donations and Legacies		2,078	-	2,078	548	-	548
Charitable Activities	1	5,801	139,561	145,362	107,907	112,214	220,121
Investment Income		12	-	12	39	-	39
Total Income		7,891	139,561	147,452	108,494	112,214	220,708
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	2	46,305	111,264	157,569	69,589	93,973	163,562
Other		-	-	-	-	-	-
Total Expenditure		46,305	111,264	157,569	69,589	93,973	163,562
Net Income/(expenditure)		(38,414)	28,297	(10,117)	38,905	18,241	57,146
Transfers between funds		6,010	(6,010)	-	1,523	(1,523)	-
Net movement in funds		(32,404)	22,287	(10,117)	40,428	16,718	57,146
Reconciliation of funds:							
Total funds brought forward		192,033	25,222	217,255	151,605	8,504	160,109
Total funds carried forward		159,629	47,509	207,138	192,033	25,222	217,255

All income and expenditure derive from continuing activities

The statement of financial activities include all gains and losses recognised during the year

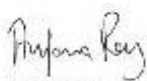
DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2022

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	Notes	£	2022 £	£	2021 £
Fixed Assets					
Tangible Assets	4		55,426		66,370
Current assets					
Debtors	5	7,793		5,895	
Cash at bank and in hand		120,762		132,166	
Funds Held by CVS		25,830		16,034	
		<u>154,385</u>		<u>154,095</u>	
Creditors:					
Amounts falling due within one year	6	(2,673)		(3,210)	
		<u>(2,673)</u>		<u>(3,210)</u>	
Net Current Assets/(Liabilities)			151,712		150,885
Net Assets/(Liabilities)			<u>207,138</u>		<u>217,255</u>
Charity Funds					
Unrestricted Funds	7				
General Reserve		54,554		126,800	
Designated funds - Other		<u>105,075</u>		<u>65,233</u>	
			159,629		192,033
Restricted funds	8		47,509		25,222
			<u>207,138</u>		<u>217,255</u>

The accounts have been prepared in accordance with SORP (FRS102) effective January 2019 and relevant UK Accounting standards.

Approved by the Executive Committee on 23rd January 2023 and signed on their behalf by:



A Roy
Chairperson

		Unrestricted	Restricted	2022	2021
		£	£	£	£
1	Income from Charitable Activities				
	Grants:				
	Commsortia - Social Wellbeing	-	-	-	83,707
	Western Power	-	7,906	7,906	-
	Lottery Community Fund	-	-	-	17,231
	Peoples Health Trust - Active Communities	-	-	-	7,724
	North Northamptonshire Council	3,000	-	3,000	10,000
	Commsortia - Working Progress (NEP)	-	20,452	20,452	19,710
	NCF - COVID Response	-	-	-	8,900
	Hubbub Foundation - Co-op Community Fridge	-	3,000	3,000	-
	ROSA - COVID Response Fund	-	8,000	8,000	9,900
	Sport England Fund	-	1,250	1,250	23,750
	HMRC - Furlough	-	-	-	2,170
	One Wellingborough	-	-	-	6,814
	Community Matters	-	-	-	1,079
	Community Justice Fund	-	50,000	50,000	20,000
	Northamptonshire Sport	-	2,804	2,804	3,920
	Comic Relief Womens Resource Centre	-	5,000	5,000	-
	Lottery Community Fund - Saheli Women's Group	-	39,167	39,167	-
	NCF - Food Aid	-	1,982	1,982	-
	Organised Trips	-	-	-	-
	Other	2,801	-	2,801	5,216
		5,801	139,561	145,362	220,121

2	Charitable Activities		Unrestricted £	Restricted £	2022 £	2021 £
	Staff costs	3	26,567	66,356	92,923	113,469
	Depreciation		10,192	85	10,277	10,538
	Other costs		4,744	31,883	36,627	15,520
			41,503	98,324	139,827	139,527
	Support Costs - Staffing	3	3,771	7,373	11,144	12,606
	Support Costs - Other		1,031	5,567	6,598	11,429
			46,305	111,264	157,569	163,562

Other costs include Independent Examination fee of £1,080

3	Staff Costs	2022	2021
		£	£
	Wages and salaries	98,829	118,519
	NIER	3,465	5,540
	ER Pension	1,773	2,016
	DBS Checks	-	-
		104,067	126,075

Average number employed by head count		
Centre	5	6
Management and administration	1	1
	6	7

No employee received remuneration amounting to more than £60,000 in either year.

Remuneration paid to key management personnel in the year considered to be the Manager £48,201

No trustees received any remuneration during the year. Trustee indemnity insurance paid in the year amounted to £nil. (2021: £nil).

Trustees received reimbursed expenses for travel and other costs amounting to £nil (2021:£nil)

4	Fixed Assets	Freehold Property	Minibus	Computer Equipment	Other Equipment	Total
		£	£	£	£	£
	Cost					
	Brought forward	280,939	5,000	13,480	4,973	304,392
	Additions	-	-	-	-	-
	Disposals	-	(5,000)	-	-	(5,000)
	Carried forward	280,939	-	13,480	4,973	299,392
	Depreciation					
	Brought forward	215,706	4,333	13,059	4,924	238,022
	Charge for year	10,158	-	106	13	10,277
	Disposals	-	(4,333)	-	-	(4,333)
	Carried forward	225,864	-	13,165	4,937	243,966
	Net Book Value					
	Balance at 31.03.22	55,075	-	315	36	55,426
	Balance at 01.04.21	65,233	667	421	49	66,370

Included in freehold property is land with an estimated cost of £27,000 to which depreciation is not being applied in accordance with relevant accounting standards.

5	Debtors	Unrestricted	Restricted	2022	2021
		£	£	£	£
	Sundry Debtors	7,321	-	7,321	5,319
	Prepayments	472	-	472	576
		7,793	-	7,793	5,895

	Unrestricted	Restricted	2022	2021
6 Creditors: Amounts falling due within one year	£	£	£	£
Sundry creditors	(1,131)	-	(1,131)	(468)
Accruals	(1,542)	-	(1,542)	(2,742)
Deferred Income	-	-	-	-
	(2,673)	-	(2,673)	(3,210)

	Opening Balance 01.04.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.22 £
7 Designated Funds					
Freehold Property	65,233	-	(10,158)	-	55,075
General reserve	126,800	7,891	(36,147)	(43,990)	54,554
Designated-Property Repair & Maintenanar	-	-	-	30,000	30,000
Designated-Communications & IT Equipr	-	-	-	15,000	15,000
Designated-Fixtures & Fittings	-	-	-	5,000	5,000
	192,033	7,891	(46,305)	6,010	159,629

The balance on the designated fund represents the net book value of the freehold property held by the charity. The intention is to generate a general reserve of six months running costs.
Designated - Property R&M - Provision for repairs and maintenance to the building
Designated - Communications & IT Equip - Provision for upgrading communications & IT equipment
Designated - Fixtures & Fittings - Provision for replacement or upgrading fixtures & fittings

Comparative Designated Funds	Opening Balance 01.04.20 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.21 £
Designated Funds					
Freehold Property	75,391	-	(10,158)	-	65,233
General reserve	76,214	108,494	(59,431)	1,523	126,800
	151,605	108,494	(69,589)	1,523	192,033

8 Restricted Funds	Opening Balance 01.04.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.22 £
Advice UK	340	-	(85)	-	255
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	-	20,452	(15,303)	(3,460)	1,689
NCF - COVID Response	2,702	-	(1,839)	(863)	-
Hubbub Foundation	-	3,000	(258)	-	2,742
Lottery Community Fund - Saheli Womer	-	39,167	(16,953)	(1,125)	21,089
ROSA - COVID Response Fund	-	8,000	(8,000)	-	-
Sport England	22,065	1,250	(24,743)	1,428	-
Western Power Distribution	-	7,906	(4,916)	(1,990)	1,000
Community Justice Fund	-	50,000	(32,850)	-	17,150
NCF - Food Aid Fund	-	1,982	(10)	-	1,972
Comic Relief - Womens Resource Centri	-	5,000	(5,000)	-	-
Northamptonshire Sport	-	2,804	(1,307)	-	1,497
	25,222	139,561	(111,264)	(6,010)	47,509

Advice UK - To employ advocacy workers providing advice and support to the Asian community under the age of 60 years old, and to purchase equipment
NCF - Saheli Womens Group - Enable Asian Women to play an effective citizenship role in a wider community through attacking barriers of isolation
BBO - Working Progress - Assist people working towards gaining employment.
NCF - COVID Response - To provide helpline support and additional costs due to the pandemic
Hubbub Foundation - To provide a community fridge for the local community
Lottery Community Fund - Saheli Women's Group - to enable more people from the BME population to access health and wellbeing services
ROSA - COVID Response Fund - To provide helpline support and additional costs due to the pandemic
Sport England - To purchase and install ventilation system and upgrade the toilet facilities
Western Power Distribution - Supporting individuals to access support with fuel payments to combat fuel poverty
Community Justice Fund - To fund a part-time member of staff during the pandemic
NCF - Food Aid Fund - To support the community fridge project providing food to families
Comic Relief - Womens Resource Centre - Support to continue providing crucial services for South Asian Women including Advocacy, Advice, Support, Guidance and information.
Northamptonshire Sport - To provide keep fit sessions for the community.

Fund transfers relate to overhead costs as per grant agreements

Comparative Restricted Funds

	Opening Balance 01.04.20 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.21 £
Advice UK	453	-	(113)	-	340
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	-	19,710	(17,449)	(2,261)	-
NCF - COVID Response	-	8,900	(6,198)	-	2,702
PHT - Active Communities	7,936	7,724	(15,660)	-	-
Lottery Community Fund	-	17,231	(17,969)	738	-
ROSA - COVID Response Fund	-	9,900	(9,900)	-	-
Sport England	-	23,750	(1,685)	-	22,065
Community Matters	-	1,079	(1,079)	-	-
Community Justice Fund	-	20,000	(20,000)	-	-
Northamptonshire Sport	-	3,920	(3,920)	-	-
	8,504	112,214	(93,973)	(1,523)	25,222

PHT - Active Communities - To ensure that local people can shape activities and form stronger
Community Matters - To organise a zoom party and deliver meals to clients during the festive season

9 Analysis of Net Assets Between Funds

Fund balances at 31 March 2022 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	55,086	340	55,426
Current Assets	-	107,216	47,169	154,385
Current Liabilities	-	(2,673)	-	(2,673)
	-	159,629	47,509	207,138

Fund balances at 31 March 2021 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	66,030	340	66,370
Current Assets	-	128,454	25,641	154,095
Current Liabilities	-	(2,451)	(759)	(3,210)
	-	192,033	25,222	217,255

10 Ultimate Controlling Party

The charity is under the ultimate control of its Executive Committee, whose names are shown at the front of the financial statements.

11 Related party transactions

There were no related party transactions during the year or prior year.

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2022

Page 23

		2022		2021
Income	£	£	£	£
Grants Receivable		139,561		214,905
Donations and gifts		2,078		548
Investment income		12		39
Organised Trips		-		-
Other Income		5,801		5,216
		<u>147,452</u>		<u>220,708</u>
Expenditure				
Centre Running Costs				
Salaries	81,779		100,863	
Depreciation of freehold property	10,158		10,158	
Depreciation of motor vehicles	-		222	
Depreciation of equipment	13		17	
Motor and travel expenses	137		30	
Organised Trips	-		680	
Other project expenses	26,857		4,575	
Heating and lighting	1,539		1,860	
Hall hire	-		559	
Repairs and renewals - equipment	2,010		542	
Repairs and renewals - premises	1,615		1,841	
Cleaning	276		552	
Support Costs				
Salaries	11,144		12,606	
Printing, postage and stationery	1,274		2,655	
Telephone	4,219		5,523	
Insurance	1,105		3,251	
Governance Costs				
Salaries	11,144		12,606	
Depreciation of computer equipment	106		141	
Bank charges	99		85	
Professional fees incl. accountancy	3,854		4,796	
Management expenses incl.AGM	240		-	
		<u>(157,569)</u>		<u>(163,562)</u>
Surplus/(Deficit) for the Year		<u>(10,117)</u>		<u>57,146</u>

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 16 to 22.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

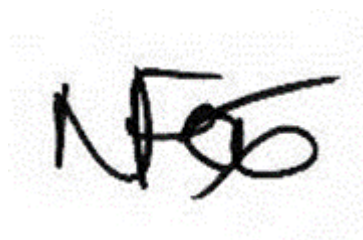
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our independent examination work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our independent examination work, for this report, or for the opinions we have formed.



Nicola Fox FCA
DNG Dove Naish LLP
Chartered Accountants
Eagle House
28 Billing Road
Northampton
NN1 5AJ

Date: 25 January 2023