

ANNUAL REPORT 2020 - 2021



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◆◆ Introduction ◆◆



Dostiyo is a voluntary organisation run by and for Asian women and men and is governed by a signed Constitution. Over the past 40 years Dostiyo has become established as a service provider predominantly for Asian women in Northamptonshire and is gradually expanding both in number of workers and services provided.

The organisation has provided services to local Asian women and communities offering support and advice on a wide range of issues. It actively works towards enabling full participation of Asian women and men in social activities and overcome cultural, religious, physical and social barriers.

Dostiyo offers comprehensive overview of the needs for service development for Asian Communities. It addresses the needs of local Asian women and girls in a relaxed and friendly manner in a sensitive, confidential and safe environment.

Working to overcome barriers Asian men and women face in their daily lives, Dostiyo provides them with opportunities for self-development, build their confidence and capacity and most importantly, help them on the path of self-help.

MISSION STATEMENT:

"To promote effective citizenship of Asian women and men regardless of age, religion, ethnicity, cast or creed, by helping them overcome barriers to accessing much needed services"

◆◆ Current Service Provision ◆◆

The organisation provides Advocacy, Advice, Support, Guidance and Information through its main activities, including:

- Older People's Project, which facilitates group activities and provides advocacy, advice and support to Asian women and men and/or their families.
- Supporting people into Employment, Education and Training by offering a specialist tailored package to unemployed adults
- Mental Health Support including Advocacy, Benefits Advice and promote independent living.
- Weekly Wellbeing café's in Northampton and Wellingborough.
- Day Care and various classes for the elderly and disabled women and men.
- Opportunities to volunteers and gain training within Dostiyo and through external organisations.

The organisation's aim of ensuring a dedicated approach to a service request means that regularly members are encouraged and supported to access activities that meet their needs.

Dostiyo's ultimate objective is to conciliate and improve this position, through close and active multi-agency working that would eventually provide effective citizenship and equality.

◆◆ Project Scope and Objectives ◆◆

Dostiyo aims to provide the highest quality services to Asian communities for the benefit of Asian women their families and extended families.

Its core principles are:

- Attacking barriers of isolation that Asian communities experience;
- Promoting access to services, transcending racial, religious, linguistic and cultural issues;
- Promoting self-help, advocacy and information in the community;
- Promoting the well being of women and their families;

It does this by:

- Providing services to women and men of all ages.
- Targeting its services to those who have the greatest needs.
- Promoting equality of opportunity within the organisation and through partnerships.
- Valuing staff and volunteers and opening new avenues of thinking and creating opportunities for Asian women to become financially independent.

Dostiyo provides services in varied areas:

☒ Clinical Negligence

☒ Community Care

☒ Education

☒ Wellbeing Cafe

☒ Employment Support

☒ Welfare Benefits

☒ Workshops and Training

☒ Family

☒ Housing

☒ Mental Health

Support

☒ Older People

☒ Volunteering

☒ One to One Support





DOSTIYO MANAGEMENT COMMITTEE

Chair	Anjona Roy
Secretary	Jagdishbhai Modha
Treasurer	Farhat Lateef
Committee Members	Leena Marks Jayshree Mashru Kalpana Maisuria Vasuben Desai Saroj Padhiar

DOSTIYO STAFF

Centre Manager	Deepa Bakrania
Advocacy Worker (Northampton)	Kalsuma Begum
Advocacy Worker (Northampton/ Wellingborough)	Savita Paw
Day- Care Co-ordinator: Northampton Wellingborough	Indira Patel Jaya Tailor
Driver	Jagdish Chauhan



◆◆ CHAIR'S REPORT ◆◆

Anjona Roy

Over the last year along with the rest of the world our organisation has been facing the challenges of continuing delivering services through the COVID-19 global pandemic. This has required us to re-think our services and deliver what we can under changing COVID restrictions.

I pay tribute to the successes of our staff who have risen to these challenges, secured a range of funding and continued to tirelessly support our members. The work of our volunteers has also been essential to the continuation of our work to support the community.

We look to the future, with a range of funders that are new to us in the past year. We hope to develop these relationships in future months.

Today's the end of the financial year in addition to proposed funding cuts which members were actively involved in speaking out about to local politicians and authorities, our organisation also had to deal with the COVID-19 pandemic which meant that the way that we had traditionally delivered support had to be re-thought and re-explored.

◆◆ TREASURER'S REPORT ◆◆

Farhat Lateef

The treasurer is responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the organisation and to ensure that the accounts comply with the requirement outlined with the Accounting for Charities and policies for the Constitution.

It has been a extremely challenging year, but we have secured our core services and endeavour to ensure that our services will continue to support women and the broader community. The organisation has had to review budget in light of the reduction of core funding, the committee has had to take decisions and continuously monitor expenses to maintain financial stability and sustain staff and services. The organisation has been exploring various ways of generating income and continues to make income through the hire of it's venue, self funded holidays and fundraising events.

Members nominate trustees for Annual elections. Trustees are elected annually at the Annual General Meeting. New trustees are offered an induction meeting within 6 weeks. In this way we hope all staff, volunteers and trustees will benefit from formal induction into the organisation.

Balance at the end of year 2021 is £217255 out of which £25222 is Restricted Funds and rest are Designated Funds. Dostiyo has adopted a Reserves Policy with a rationale to maintain sufficient level of reserves to enable normal operating activities to continue over a period of up to 6 months should a shortfall in income occur and to take account of potential risks and contingencies that may arise from time to time.

Thanks to Lorraine Scullion for preparing the accounts efficiently and to DNG Dove Naish LLP for carrying out our independent examination.

Signed Anjona Roy

Date: ...26/01/2022.....

◆◆ CENTRE MANAGER ◆◆

Deepa Bakrania

The year 2020-21 has been very demanding and challenging, though we have seen some developments and transformation within the organisation. It is clear that in the future there will be significant changes to both the service that the organisation delivers and the way that it delivers them. This is mostly due to the sudden pandemic, with the world struggling to get in grips with new pandemic named Coronavirus, partly also to do with an ever changing funding climate and also with the changing needs of Asian communities in Northamptonshire.

Emerging evidence suggest the COVID-19 is having a disproportionate effect on people from BME backgrounds and more people from Asian communities might be more vulnerable due to poor socio-economic backgrounds and barriers to access relevant services due to cultural and language barriers. Due to the impact of Covid on the most vulnerable in society as well as the disproportionate impact on BAME communities, the work of Dostiyo has increased and is likely to continue to do so. Not only has Covid impacted the communities who tend to access our services the most in relation to ill health, the knock-on impact in loss of household income, housing are likely to also impact on these communities the most. Owing to lot of those issues we have already seen an increase in enquiries relating to some of these issues and we anticipate that this will only increase.

With temporary funding for 12 weeks from Northamptonshire Community Foundation, Dostiyo has adapted and piloted a new way to working and still connect with our communities, set up a helpline to access emotional and practical support, provide a holistic support from having someone to speak to and access required help and support, discuss their needs and worries through phone, whatsapp etc and support to access relevant services. We also started doing live sessions on facebook engaging them in some relaxation activities, yoga etc.

Our work continues to span across the County. This year there has been substantial increase in numbers of members getting involved in activities sharing and benefiting from time with each other. We continue to create great support and positive volunteering opportunities focussing on vulnerable people in the local communities especially with setting local self help groups run and managed by volunteers, which Dostiyo has been supporting as an infrastructure organisation. Despite the challenges the organisation managed to deliver outstanding and continuous services to our clients. Below is the report of the year:

'SAHELI' GROUP (Northampton)

This project specifically provides "ME TIME" for Women. The project is managed by volunteers who are part of the 'Saheli' Group committee. Saheli' Steering Group members have been very proactive in encouraging members, collating feedback to service design the activities and shape the project. The group was into its year 2 of grant from People's Health Trust and the members had to rise to the occasion by quickly adapting and responding to new ways of service delivery in the wake of the current pandemic and lockdowns. The funder were flexible to allow us to change the way we delivered the service to more digital approach, keeping in touch through mobile phones, whatsapp etc and accessing various physical activity, and workshops through facebook live and zoom. The participants have actively encouraged each other to talk openly but in confidence about their inner feelings, emotions, mental health and personal medical issues. The group has been successful in securing 6 months funding from Lottery to make these changes, to be more digitalised and provide support to those who were isolating, as well as during lockdowns.

Volunteers managing the project are encouraged to be involved in leading and developing the project. They feel more in control and sense of ownership of the activities, through their contribution to the project design, delivery and development

MILAP GROUP (Wellingborough)

'Milap' group has entered its 8th year and going from strength to strength, the group is managed and run by Volunteers and service users with support from Dostiyo Staff. Currently the group is an Unincorporated Constituted group and would like to develop a framework to be able to register as a Charity status. The Group has been organising fundraising events such as table top sales and also relies on donations.

The group managed to received funding from Northamptonshire Sport for the tutor costs and fitness watches to encourage them to do physical activity and stay fit. The group came up with different ideas to compete with each other by counting weekly steps. The activities kept the spirits high given the environment due to Coronavirus.

NEP Building Better Opportunities

We have been supporting unemployed and economically inactive women to gain independence and improve their confidence. We continued to support those who are unemployed or economically inactive, on to the path of employment. Many participants required wellbeing support during Lockdown as they felt isolated and were juggling with personal upheaval, home schooling their children, and added responsibilities.

Participants learnt how to use Zoom and attended our Wellbeing sessions. Some of the topics covered were, First Aid course, Cyber Safety, Reflexology, Aromatherapy, Arts and Crafts, Pottery, Covid Vaccine, Depression and Anxiety, Maternal Mental Health. High number of participants relied on What's App for free telephone and video calls. Some participants did manage to secure paid employment in these challenging times.

13 participants have managed to secure paid employment, 4 participants into job searching, 3 into further training and 8 into volunteering. All of them have put in tremendous hard work and effort to achieve their goals and aspirations.

DAYCARE and WELLBEING ACTIVITIES:

Dostiyo Day Care services aim is to help our older people service users to stay in our community by helping them in whatever way we can to live independently and hopefully help them to function to the fullness of their abilities.

Service Provision includes:

- Day support, meaningful activities such as keep fit, Zumba, dance classes, yoga, Pilate, Tai chi, kurling game, indoor bowling and much more for a wide range of people, according to individual needs.
- Support for vulnerable elderly people with complex needs living in the community
- Opportunities to develop new skills and lifestyles and maximise their potential
- Health promotion and varied workshops

Our focus moved towards wellbeing, tackling the impact of Covid-19 on the local Asian Communities. We applied for emergency funding to quickly adapt service provision conducive to the changing environment due to the pandemic.

Through support from Lottery funding and NCF Covid Response grants we were to increase access for Black and Minority Ethnic communities, the service offered included:

- Support for Black and Minority Ethnic communities who are most likely to face challenges because of the COVID-19 pandemic
- Set up and provide a culturally sensitive helpline where service users could feel that their ethnic, cultural and spiritual beliefs were understood by wellbeing advisor.
- Address any language barriers or literacy issues that might prevent the uptake of relevant interventions.
- Have the resources, connections, expertise or knowledge to be able to help communities through the pandemic.
 - Address the gap in provision and to overcome the barriers identified, develop to increase engagement of the Black and Minority Ethnic communities within the service.
- Provide support and information for families going through bereavement and grief of their family members due to coronavirus

Referrals to the Dostiyo Day Centre come from various health care professionals including Social Workers, but mostly by word of mouth. We provide transport to and from the centre for those who are unable to make their own transport arrangements.

Day Care Activities

We have worked very closely with Northamptonshire Adult Learning Team and have managed to organize some excellent online classes, they were flexible to encourage people to use the new methods on training through zoom, posted out materials for arts and crafts, games etc. The classes range from practical Improve your wellbeing by making arts and crafts to take home, mindfulness, Photography and much more.

The feedback was very positive and the members enjoyed learning new skills and attending the online classes as well as outdoor exercise sessions. The members shared their new skills with their families and friends too

Volunteers

We are very grateful to all our volunteers, whose commitment and time given makes the work of Dostiyo possible. The contribution volunteers have made to support our vulnerable members and their local communities has been extraordinary

This year also saw an influx of new volunteers from a varied age range. More than 40+ volunteers have been actively involved in delivering food, picking up medicine, or checking in on people, and your efforts have proved to be invaluable. The relevant support worker provided much needed supervision to enable the volunteers to gain much needed valuable experience in administrative duties and through their active participation supporting service users they acquired people and communication skills. This opened the gates to explore opportunities in paid employment. Last year the volunteers supported nearly 3200 volunteering hours at Dostiyo

These are truly unprecedented times, and thanks to the determination and selfless acts of local volunteers, our collective response to the coronavirus pandemic is something we as an organisation can be very proud of.

Thanks also to our staff, volunteers and supporters which has enabled us to continue providing this much-needed service in the community. .

We provide regular weekly physical activity and variety of other activities and workshops. Some of the health-related activities we have provided over the past year include:

NORTHAMPTON:

Day Care Activities 1st April 2020 - 31st March 2021

DATE	ACTIVITIES
1/4/20- 15/4/20	Healthy eating Member's recipes
22/4/20 & 20/5/20	Arts and crafts with Adult learning Did Wall hanging from home Material delivered at home
22/4/20 to 1/5/20	Improve your wellbeing by making crafts to take home. Including card making and decorating candles with henna painting Making your own Mask at Home
27/5/20	Mindfulness with Karen Adult learning
3/6/20-8/7/20	IT Classes – Dostiyo
24/6/20	Cyber security by David Adult learning
25/6/20	Ladies filmed 'Passing light of Hope' Video to promote positivity within friends and famil
2/7/20	Homemade snacks on Zoom
9/7/20	Reflexology by Janet Adult Learning on zoom
16/7/20	Paper Flowers by Janet on zoom
23/7/20	Herbal Remedies by Janet Adult learning on zoom
30/7/20	Aromatherapy by Janet, Adult learning on zoom
6/8/20	Healthy ageing by Manisha Morgan on Zoom
13/8/20	Catch up and chit chat session Group on zoom
20/8/20	Hate crime awareness session with Anjona Roy on zoom
27/8/20	Skin Care with Salma Choudhury on zoom
3/9/20	Antakshari - Singing songs on zoom
10/9/20	Demonstration of preparing Indian Food and Snacks
17/9/20	Home Remedies for colds and cough
24/9/20	Care for your hair
8/10/20 & 15/10/20	Positive psychology
22/10/20, 29/10/20 & 19/11/20	Pottery making, material were delivered to members
5/11/20	Indian head massage
12/11/20	Diwali Party on Zoom
3/12/20 & 10/12/20	Depression and anxiety
10/12/20	Understanding Depression
18/12/20	Christmas Party on Zoom
24/12/20	Deliver festive Food Hampers
2021	
13/1/21	Information and advice on Covid Vaccine
14/1/21, 21 st , 25 th and 28/1/21	Understanding and dealing with Depression and Anxiety
4/2/21, 11 th and 17, 25/1/21	Meditation
4/3/21 & 11/3/21& 25/3/21	Arts and Crafts - Sock Monkey
15/3/21	Mother's Day celebrations zoom
29/3/21	Antakshari – Singing Songs
April 20 to Sep 20	Facebook Live Exercise By Indira Patel Every day Wednesday Keepfit Every Monday Otago Class
July –October 20	Outdoor Exercise class in Abington Park by Nancy every Tuesday
March 20 - August 20	Yoga class by Liz Adult learning.

WELLINGBOROUGH:

We run our Day care activities at the Victoria Centre every Wednesdays and Fridays providing regular keep fit exercise, yoga sessions, various Health and Educational workshops and light lunch. Due to the lockdown, the group interacted through whatsapp group, zoom and during summer met outside for keepfit exercises at Croyland park.

Dostiyo worked in partnership with Victoria centre on 'One Wellingborough' project to engage with people and groups from the many BAME communities of Wellingborough and identify any personal support and cultural needs. The service promoted and enhance effective personal support networks, assist to lead an independent and fulfilling life, help maintain good health by Wellbeing calls for BAME communities in Wellingborough.

Events in the year:

- We have hosted various Zoom & Whatsapp activities to engage with members facilitated & hosted zoom prayers for families
- Cook and delivered culturally appropriate meals for the vulnerable during the lockdown
- Celebrate Navratri at the Victoria centre with social distancing guidelines.
- Celebrated Eid by delivering festive food parcels to our members
- Celebrated Diwali on Zoom and our volunteers delivering a cooked meal to our members
- Celebrated Christmas by delivering a cooked meal to all our members
- Celebrated birthdays of members at Croyland park throughout the summer
- Welfare calls, home visits, appropriate cultured meals service, support with medical professional's ,cooking and serving meals, plus donations of food hampers (those in need)

ADVOCACY and ADVICE:

In this current year, four hundred and sixty five users, their families and their extended families received direct help, support and advocacy to access a wide spectrum of services. With ongoing changes in the Welfare Benefits system, it has been another busy year. This year we have had to adapt our service delivery due to the Covid pandemic. We were able to quickly adjust to new working methods and were still able to provide Advocacy support remotely to over the telephone, email and online. We set up dedicated telephone helpline for those who needed support or help. There were some clients who still found it difficult to access these methods, so once lockdown restrictions eased, we were able to meet with them face to face, outdoors in different community settings, and conducted home visits when necessary, adhering to social distancing, PPE and safety measures.

The Covid pandemic has had a detrimental impact on our communities. BAME communities were disproportionately affected. Some clients were furloughed, others had lost their jobs as businesses closed, which lead to financial hardship and emotional distress. We supported them to access Welfare Benefits and much needed assistance. Wellbeing support was provided to those that felt low, anxious or isolated. We actively raised awareness of the Covid vaccine, testing and understanding Lockdown rules. Unfortunately, some people lost loved ones to Covid and required further support. Funding from Community Justice Fund enabled us to increase our capacity to provide and support end to end casework including representation in Tribunal for vulnerable groups both relating to welfare rights issues/tenancy rights and discrimination associated with the impact of Covid as well as our 'usual' Advocacy welfare benefits advice and housing enquiries.

Through funding grant from ROSA, We were able to extend our support services for women from BME communities who are most likely to face challenges because of the COVID-19 pandemic including women with mental health conditions, women fleeing domestic violence, women suffering from anxiety and concerns due to current pandemic. Also due to current extended lockdown, mixed information circulating through whatsapp etc about vaccines, we have seen an increase in anxiety and confusion among women. Also due to home schooling women have had to take on additional responsibilities which has increased their worries.

We carry out half yearly feedback questionnaires for our members which highlighted the major issue being use of technology, internet, social isolation, lack of support due to language and cultural barriers and poor health conditions. We aim to develop future services taking into account the need of the communities we serve.

BREAKDOWN OF ADVICE SERVICE DELIVERY

SERVICES PROVIDED	NUMBERS	SERVICES PROVIDED	NUMBERS
Advice – one off	325	Housing Repairs	29
Attendance Allowance	28	Income Support	25
Benefit Overpayment	12	Interpreter Booking Request	28
Blue Badge	22	Job Centre Plus Appointment	14
Bus Pass	8	Job Seekers Allowance	12
Carers Allowance	19	Mental Health Review/appt	9
Child Benefit	21	National Insurance Number	9
Disability Living Allowance (child)	6	NHS/GP/Dentist booking/form	24
Discretionary Housing Payment	9	Parking/Visitors Permit	4
Driving Licence	3	Passport Application	15
DWP form other	62	Personal Independence Payment	38
Employment & Support Allowance	16	Pension Credit	18
Food Bank Vouchers	44	State Pension	23
GP/Dental Registration	9	School Admissions/Appeals	13
Home Choice Bidding	31	School – Free Meals/Transport	9
Homelessness	3	Tax Credits	27
Housing Aids/Adaptations	15	Translation of Letters	203
Housing Appeal	12	Utilities/TV Licence/Other	32
Housing Application	23	Universal Credit	82
Housing Benefit/Council Tax	54		

ANNUAL STATISTICS OF SERVICES USERS WHO HAVE ACCESSED DOSTIYO

NORTHAMPTONSHIRE USERS EQUAL OPPORTUNITIES MONITORING 2020- 2021

Ethnicity	18 - 59	60+
Bangladeshi	258	118
Indian	464	319
Pakistani	77	93
Mauritius	8	7
West Indies	6	3
Other	78	64
Total	891	604

GENDER STATISTICS 2020-2021

Female	Male
872	623

CASE SCENARIOS

1. We received a referral from the local authority. We have been supporting this client suffering from both physical and mental health issues. She also suffers with extreme anxiety as she had been through a traumatic incident in which she was stabbed multiple times. This impacted on her quality of life, and she was unable to leave home on her own. She had also accrued several debts due to financial hardship. We supported her with her Personal Independence claim, which unfortunately was refused. Therefore, we then helped her with requesting for a Mandatory Reconsideration, which was also refused. Subsequently, we supported her with making an Appeal and gathering the relevant medical evidence, hospital, and scan reports. The whole process had impacted negatively on the client's mental health, and she required both practical and emotional support. Recently, her Appeal was conducted remotely over the phone. However, nearly after a year of her initial claim for PIP, her Appeal was allowed, and she was awarded Standard rate for both Daily Living and Mobility components. She also received backdated payments, and this will help her in clearing her debts, which will make such a difference in her life. The client was extremely grateful for the support she received from us throughout the lengthy process, and that we were able to explain matters to her in her first language Bengali. Our intervention has supported this client to remain independent and stable, as the stress and anxiety could have led to a mental health breakdown. Therefore, hospitalisation was prevented, and she has remained living in her own home.
2. An Asian woman living alone in sheltered housing in Northampton, needed our support. Before lockdown she had been regularly attending our day care service, and she relied on our door to door transport due to her mobility problems. We had also been supporting her with her Benefits Tribunal Appeal which was successful. We continued to stay in touch with her during lockdown with regular wellbeing calls. We also arranged for her to have free cooked meals delivered to her home. Unfortunately, her mental health deteriorated due to the lack of social contact with others. We liaised with the relevant health professionals. However, the acute isolation, loneliness and stress had affected her so badly that she could not function properly and was admitted to Berrywood Hospital. Since her discharge home she is gradually getting better, but she is now reliant on anti-depressants. Her care needs have increased, and she has a formal care package in place. We have supported her with completing the Financial Assessment forms for the local authority. The Covid pandemic and Lockdown had a detrimental impact on her mental health. We recently helped her with State Pension and Pension Credit claims, and she is now receiving all of her Benefit entitlements.
3. A young lady approached us for support with job searching. Her mum had encouraged her to come to Dostiyo as she herself had used our services before. She registered on our BBO project. She lacked confidence and was extremely shy. At the beginning she did not make any eye contact with anyone nor speak very much. She had never worked before and was very apprehensive. We supported her with online job searches, job applications, interview practice and she was able to access much needed Counselling. She started volunteering at our Centre and volunteered at the local library. During Covid, we continued to support her, and she accessed some of our wellbeing courses. Gradually, her confidence increased, and she even managed to secure paid employment as a Passenger Assistant, supporting vulnerable school children on their journey to school and home. Recently, she took part in a radio interview with us and talked about her experience on the project. She has made so much progress in her self development and should feel proud of her achievements.

WAY FORWARD:

- Dostiyo management committee members are fully aware of the uncertainty of current funding for Social Wellbeing Contract with Commsortia/ Public Health England as well as fragile external funding environment and are developing a Sustainable Strategy and development and aim to explore and sourcing other funds to continue providing the services
- Providing facilities and services reflecting the welfare of the local community and continuing to promote friendship, well being and improve economic, social, mental and physical wellbeing
- Improvement in listening to the voice of the service user and co-production – work with them and do what the service users say they need and want
- Exploring ways to incorporate Social Enterprise model within self help groups.
- Strengthen support and develop self-help groups managed and run by volunteers.
- Explore and expand recreational indoor/outdoor activities, arts/crafts, drama, musical instruments, singing, outings and residential trips.

I would like to extend our gratitude to:

- All the members and users of Dostiyo who make us what we are and continue to place their trust and faith in us;
- The Management Committee members who are volunteers for their valuable time, knowledge, experience and guidance;
- Volunteers and Steering Group members of Zindagani Mens Group, Sakhi Milap, Milap and Saheli Group
- All the staff for their commitment towards the aims and objectives of Dostiyo;
- Dedicated volunteers for their constant help and support.

My efforts are towards seeing Dostiyo go from strength to strength in the future and emerge as the voice of Asian communities in and around Northamptonshire.



Accounting Policies:

Legal form

Dostiyo is an unincorporated charity registered with the Charity Commission for England and Wales. Its registered address is 62-66 Dunster Street, Northampton, NN1 3JY.

Basis of Accounting

The charity is a public benefit entity and the financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities SORP (FRS 102), issued in January 2019, and applicable UK Accounting Standards and the Charities Act 2011.

No material uncertainties exist in relation to going concern.

Incoming Resources

All incoming resources are recognised once the charity has entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Donations received and organised trips are credited on the statement of financial activities in the year to which they relate. Donated services and facilities are included as income and expenditure where the amounts are reasonably quantifiable and measurable.

Grants received are recognised using the performance model.

Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure is allocated on the statement of financial activities between restricted and unrestricted funds. Expenditure that is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity they have been apportioned across the cost categories on a basis consistent with the use of these resources

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and the management of its assets.

Fixed Assets

Tangible fixed assets are shown at cost less depreciation.

Depreciation is calculated to write off their cost or valuation less their estimated residual value over their expected useful lives as follows:

Freehold property	25 years straight-line basis
Computer equipment	25% reducing balance
Other equipment	25% reducing balance
Motor vehicles	25% reducing balance

Fund Accounting

Funds held by the charity are either:

Unrestricted General Funds – funds, which can be used in accordance with the charitable objects at the discretion of the Executive Committee.

Designated Funds – funds set aside by the Executive Committee out of unrestricted funds for specific future purposes or projects.

Restricted Funds – funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund are included in the notes to the financial statements.

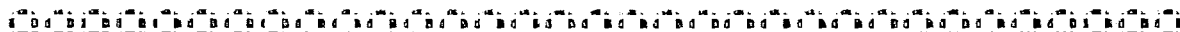
Financial Instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.



DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

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	Notes	Unrestricted £	Restricted £	Total 2021 £	Unrestricted £	Restricted £	Total 2020 £
Income from:							
Donations and Legacies		548	-	548	2,424	-	2,424
Charitable Activities	1	107,907	112,214	220,121	166,788	42,925	209,713
Investment Income		39	-	39	136	-	136
Total Income		108,494	112,214	220,708	169,348	42,925	212,273
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	2	69,589	93,973	163,562	168,693	40,919	209,612
Other		-	-	-	-	-	-
Total Expenditure		69,589	93,973	163,562	168,693	40,919	209,612
Net Income/(expenditure)		38,905	18,241	57,146	655	2,006	2,661
Transfers between funds		1,523	(1,523)	-	9,957	(9,957)	-
Net movement in funds		40,428	16,718	57,146	10,612	(7,951)	2,661
Reconciliation of funds:							
Total funds brought forward		151,605	8,504	160,109	140,993	16,455	157,448
Total funds carried forward		192,033	25,222	217,255	151,605	8,504	160,109

All income and expenditure derive from continuing activities

The statement of financial activities include all gains and losses recognised during the year

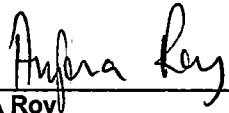
DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2021

Page 18

	Notes	£	2021 £	£	2020 £
Fixed Assets					
Tangible Assets	4		66,370		76,908
Current assets					
Debtors	5	5,895		5,874	
Cash at bank and in hand		132,166		70,777	
Funds Held by CVS		16,034		8,534	
		<u>154,095</u>		<u>85,185</u>	
Creditors:					
Amounts falling due within one year	6	(3,210)		(1,984)	
		<u>(3,210)</u>		<u>(1,984)</u>	
Net Current Assets/(Liabilities)			150,885		83,201
Net Assets/(Liabilities)			<u><u>217,255</u></u>		<u><u>160,109</u></u>
Charity Funds					
Unrestricted Funds	7				
General Reserve		126,800		76,214	
Designated funds - Other		<u>65,233</u>		<u>75,391</u>	
			192,033		151,605
Restricted funds	8		25,222		8,504
			<u><u>217,255</u></u>		<u><u>160,109</u></u>

The accounts have been prepared in accordance with SORP (FRS102) effective January 2019 and relevant UK Accounting standards.

Approved by the Executive Committee on 26 January 2022 and signed on their behalf by:


A Roy
Chairperson

		Unrestricted	Restricted	2021	2020
		£	£	£	£
1	Income from Charitable Activities				
	Grants:				
	Commsortia - Social Wellbeing	83,707	-	83,707	91,075
	NBC - Counsellors Fund	-	-	-	3,050
	Lottery Community Fund	-	17,231	17,231	-
	Peoples Health Trust - Active Communities	-	7,724	7,724	19,312
	Northampton Borough Council	10,000	-	10,000	-
	Commsortia - Working Progress (NEP)	-	19,710	19,710	20,613
	NCF - COVID Response	-	8,900	8,900	-
	NCF - St Giles Charitable Trust	-	-	-	3,000
	ROSA - COVID Response Fund	-	9,900	9,900	-
	Sport England Fund	-	23,750	23,750	-
	HMRC - Furlough	2,170	-	2,170	-
	One Wellingborough	6,814	-	6,814	-
	Community Matters	-	1,079	1,079	-
	Community Justice Fund	-	20,000	20,000	-
	Northamptonshire Sport	-	3,920	3,920	-
	Organised Trips	-	-	-	66,670
	Other	5,216	-	5,216	5,993
		107,907	112,214	220,121	209,713

2	Charitable Activities	Unrestricted	Restricted	2021	2020
		£	£	£	£
	Staff costs	46,175	67,294	113,469	96,048
	Depreciation	10,425	113	10,538	10,664
	Other costs	7,077	8,443	15,520	86,724
		63,677	75,850	139,527	193,436
	Support Costs - Staffing	5,130	7,476	12,606	9,601
	Support Costs - Other	782	10,647	11,429	6,575
		69,589	93,973	163,562	209,612

Other costs include Independent Examination fee of £1,070

3 Staff Costs	2021	2020
	£	£
Wages and salaries	118,519	99,397
NIER	5,540	4,317
ER Pension	2,016	1,935
DBS Checks	-	-
	126,075	105,649
 Average number employed by head count		
Centre	6	6
Management and administration	1	1
	7	7

No employee received remuneration amounting to more than £60,000 in either year.

Remuneration paid to key management personnel in the year considered to be the Manager
£55,362

No trustees received any remuneration during the year. Trustee indemnity insurance paid in the year amounted to £nil. (2020: £nil).

Trustees received reimbursed expenses for travel and other costs amounting to £nil (2020:£nil)

4 Fixed Assets	Freehold Property	Minibus	Computer Equipment	Other Equipment	Total
	£	£	£	£	£
Cost					
Brought forward	280,939	5,000	13,480	4,973	304,392
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Carried forward	280,939	5,000	13,480	4,973	304,392
 Depreciation					
Brought forward	205,548	4,111	12,918	4,907	227,484
Charge for year	10,158	222	141	17	10,538
Disposals	-	-	-	-	-
Carried forward	215,706	4,333	13,059	4,924	238,022
 Net Book Value					
Balance at 31.03.21	65,233	667	421	49	66,370
 Balance at 01.04.20	75,391	889	562	66	76,908

Included in freehold property is land with an estimated cost of £27,000 to which depreciation is not being applied in accordance with relevant accounting standards.

5 Debtors	Unrestricted	Restricted	2021	2020
	£	£	£	£
Sundry Debtors	100	5,219	5,319	5,051
Prepayments	576	-	576	823
	676	5,219	5,895	5,874

	Unrestricted	Restricted	2021	2020
6 Creditors: Amounts falling due within one year	£	£	£	£
Sundry creditors	(59)	(409)	(468)	(374)
Accruals	(2,392)	(350)	(2,742)	(1,610)
Deferred Income	-	-	-	-
	(2,451)	(759)	(3,210)	(1,984)

	Opening Balance	Incoming Resources	Outgoing Resources	Transfers	Closing Balance
	01.04.20				31.03.21
	£	£	£	£	£
7 Designated Funds					
Freehold Property	75,391	-	(10,158)	-	65,233
General reserve	76,214	108,494	(59,431)	1,523	126,800
	151,605	108,494	(69,589)	1,523	192,033

The balance on the designated fund represents the net book value of the freehold property held by the charity. The intention is to generate a general reserve of six months running costs.

Comparative Designated Funds	Opening Balance	Incoming Resources	Outgoing Resources	Transfers	Closing Balance
	01.04.19				31.03.20
	£	£	£	£	£
Designated Funds					
Freehold Property	85,549	-	(10,158)	-	75,391
General reserve	55,444	169,348	(158,535)	9,957	76,214
	140,993	169,348	(168,693)	9,957	151,605

8 Restricted Funds	Opening Balance	Incoming Resources	Outgoing Resources	Transfers	Closing Balance
	01.04.20				31.03.21
	£	£	£	£	£
Advice UK	453	-	(113)	-	340
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	-	19,710	(17,449)	(2,261)	-
NCF - COVID Response	-	8,900	(6,198)	-	2,702
PHT - Active Communities	7,936	7,724	(15,660)	-	-
Lottery Community Fund	-	17,231	(17,969)	738	-
ROSA - COVID Response Fund	-	9,900	(9,900)	-	-
Sport England	-	23,750	(1,685)	-	22,065
Community Matters	-	1,079	(1,079)	-	-
Community Justice Fund	-	20,000	(20,000)	-	-
Northamptonshire Sport	-	3,920	(3,920)	-	-
	8,504	112,214	(93,973)	(1,523)	25,222

Advice UK - To employ advocacy workers providing advice and support to the Asian community under the age of 60 years old, and to purchase equipment

NCF - Saheli Womens Group - Enable Asian Women to play an effective citizenship role in a wider community through attacking barriers of isolation

BBO - Working Progress - Assist people working towards gaining employment.

NCF - COVID Response - To provide helpline support and additional costs due to the pandemic

PHT - Active Communities - To ensure that local people can shape activities and form stronger social links.

Lottery Community Fund - To provide activities and a helpline for support during COVID

ROSA - COVID Response Fund - To provide helpline support and additional costs due to the pandemic

Sport England - To purchase and install ventilation system and upgrade the toilet facilities
 Community Matters - To organise a zoom party and deliver meals to clients during the festive season
 Community Justice Fund - To fund a part-time member of staff during the pandemic
 Northamptonshire Sport - To provide keep fit sessions for the community.

Fund transfers relate to overhead costs as per grant agreements

Comparative Restricted Funds

	Opening Balance 01.04.19 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.20 £
Advice UK	603	-	(150)	-	453
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	7,863	20,613	(20,133)	(8,343)	-
BBO - SEMLEP	-	3,000	(2,186)	(814)	-
PHT - Active Communities	7,874	19,312	(18,450)	(800)	7,936
	16,455	42,925	(40,919)	(9,957)	8,504

9 Analysis of Net Assets Between Funds

Fund balances at 31 March 2021 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	66,030	340	66,370
Current Assets	-	128,454	25,641	154,095
Current Liabilities	-	(2,451)	(759)	(3,210)
	-	192,033	25,222	217,255

Fund balances at 31 March 2020 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	76,455	453	76,908
Current Assets	-	77,134	8,051	85,185
Current Liabilities	-	(1,984)	-	(1,984)
	-	151,605	8,504	160,109

10 Ultimate Controlling Party

The charity is under the ultimate control of its Executive Committee, whose names are shown at the front of the financial statements.

11 Related party transactions

There were no related party transactions during the year or prior year.

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2021

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		2021		2020
Income	£	£	£	£
Grants Receivable		214,905		137,050
Donations and gifts		548		2,424
Investment income		39		136
Organised Trips		-		66,670
Other Income		5,216		5,993
		<u>220,708</u>		<u>212,273</u>

Expenditure

Centre Running Costs

Salaries	100,863	86,447
Depreciation of freehold property	10,158	10,158
Depreciation of motor vehicles	222	297
Depreciation of equipment	17	22
Motor and travel expenses	30	2,800
Organised Trips	680	68,240
Other project expenses	4,575	6,026
Heating and lighting	1,860	2,304
Hall hire	559	1,239
Repairs and renewals - equipment	542	870
Repairs and renewals - premises	1,841	765
Cleaning	552	783

Support Costs

Salaries	12,606	9,601
Printing, postage and stationery	2,655	1,444
Telephone	5,523	3,046
Insurance	3,251	2,105

Governance Costs

Salaries	12,606	9,601
Depreciation of computer equipment	141	187
Bank charges	85	282
Professional fees incl. accountancy	4,796	3,366
Management expenses incl.AGM	-	29

(163,562)

(209,612)

Surplus/(Deficit) for the Year

57,146

2,661

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 17 to 23.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

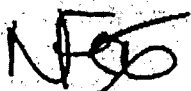
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our independent examination work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our independent examination work, for this report, or for the opinions we have formed.



Nicola Fox FCA
DNG Dove Naish LLP
Chartered Accountants
Eagle House
28 Billing Road
Northampton
NN1 5AJ

Date: 27/01/2022