

DOSTIYO- ASIAN WOMEN AND GIRLS ORGANISATION

England & Wales · Charity number 1058077

Details

Other names	DOSTIYO- ASIAN WOMEN AND GIRLS ASSOCIATION
Status	Registered
Legal form	Other
Registered	1996-09-17
Register	View on the Charity Commission register

Contact

Address	62-66 Dunster Street Northampton NN1 3JY
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Email	info@dostiyo.org.uk
Website	www.dostiyo.org.uk

Activities

Objects: [1] TO ADVANCE THE EDUCATION OF ASIAN WOMEN AND GIRLS, IN OR NEAR THE BOROUGH OF NORTHAMPTON (HEREIN CALLED THE AREA OF BENEFIT) IN PARTICULAR BY THE PROVISION OF ENGLISH AND MOTHER TONGUE CLASSES.[2] TO PROVIDE ADVICE FOR THE ADVANCEMENT OF EDUCATION, THE RELIEF OF POVERTY AND THE PROTECTION AND PRESERVATION OF HEALTH. [3] TO RELIEVE PEOPLE IN PARTICULAR BUT NOT EXCLUSIVELY ELDERLY ASIANS LIVING IN THE AREA OF BENEFIT BY THE PROVISION OF A LUNCHEON CLUB AND BY PROVIDING SUCH OTHER RECREATIONAL FACILITIES AS IMPROVE THEIR CONDITIONS OF LIFE.

Activities: -Advice and Information-Countywide Advocacy Service for Older People-Opportunities to volunteers and gain training within Dostiyo and through external agenices.-Various classes for the elderly and disabled Asian Communities.-Physical and Emotional Wellbeing Support-Befriending Scheme-Weekly Wellbeing cafe's-Community Fridge

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

Geography

- **Area of benefit:** IN OR NEAR BOROUGH OF NORTHAMPTON
- Northamptonshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£208,931	£187,568	-	-
2024-03-31	£138,046	£161,349	-	-
2023-03-31	£143,085	£146,714	-	-
2022-03-31	£147,452	£157,569	-	-
2021-03-31	£220,708	£163,562	-	-

Trustees

Name	Role	Appointed
ANJONA ROY	Chair	
Farhat Lateef		2017-11-08
HASUBEN SHAH		
Kalpana Maisuria		2014-01-13
PUSHPINDER BHAMBRA		2011-12-09
Saroj Padhiar		2017-11-08
VAUBEN DESAI		

Accounts

ANNUAL REPORT 2025 - 2026

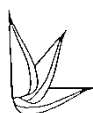


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●● Introduction ●●



Dostiyo is a voluntary organisation run by and for Asian women and men and is governed by a signed Constitution. Over the past 48 years Dostiyo has become established as a service provider predominantly for Asian women in Northamptonshire and is gradually expanding both in number of workers and services provided.

The organisation has provided services to local Asian women and communities offering support and advice on a wide range of issues. It actively works towards enabling full participation of Asian women and men in social activities and overcome cultural, religious, physical and social barriers. It addresses the needs of local Asian women and girls in a relaxed and friendly manner in a sensitive, confidential and safe environment.

Dostiyo offers comprehensive overview of the needs for service development for Asian Communities and promoting access to services, transcending racial, religious, linguistic and cultural issues since 1979. Dostiyo also serves as an infrastructure development agency for Asian communities by supporting to set up Self Help groups managed by Volunteers, Constitution, gain

charity status etc within Northampton and Wellingborough including Zindgani Asian Men's Group, Sakhi Milaap Ladies Group, Milaap Group Wellingborough, Saheli Group and Dostiyo Community Fridge.

Working to overcome barriers Asian men and women face in their daily lives, Dostiyo provides them with opportunities for self-development, build their confidence and capacity and most importantly, help them on the path of self-help.

MISSION STATEMENT:

“To promote effective citizenship of Asian women and men regardless of age, religion, ethnicity, cast or creed, by helping them overcome barriers to accessing much needed services”

●● Current Service Provision ●●

Currently Dostiyo provides Advocacy, support, guidance, information and counselling through its main activities, including:

- Advocacy, advice and support to Asian women and men and/or their families.
- Welfare Advice on issues such as benefits, pension, housing, appeals
- Supporting people into Employment, Education and Training
- Mental Health Support and promote independent living.
- Weekly Wellbeing café's.
- Community Fridge and Community café
- Employment Support
- Day Care and various classes for the elderly and disabled women and men.
- Volunteering Opportunities

The organisation's aim of ensuring a dedicated approach to a service request means that regularly members are encouraged and supported to access activities that meet their needs.

Dostiyo's ultimate objective is to conciliate and improve this position, through close and active multi-agency working that would eventually provide effective citizenship and equality.

●● Project Scope and Objectives ●●

Dostiyo aims to provide the highest quality services to Asian communities for the benefit of Asian women their families and extended families.

Its core principles are:

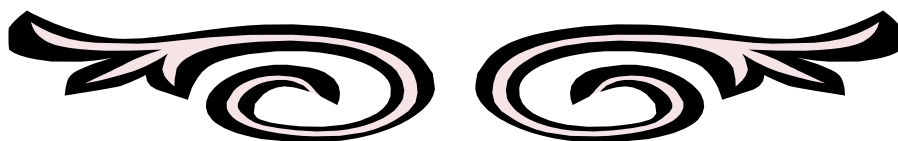
- Attacking barriers of isolation that Asian communities experience;
- Promoting access to services, transcending racial, religious, linguistic and cultural issues;
- Promoting self-help, advocacy and information in the community;
- Promoting the well being of women and their families;

It does this by:

- Providing services to women and men of all ages.
- Targeting its services to those who have the greatest needs.
- Promoting equality of opportunity within the organisation and through partnerships.
- Valuing staff and volunteers and opening new avenues of thinking and creating opportunities for Asian women to become financially independent.

Dostiyo provides services in varied areas:

- | | |
|--------------------------|-------------------------|
| □ Clinical Negligence | □ Family |
| □ Community Care | □ Housing |
| □ Education | □ Mental Health Support |
| □ Wellbeing Cafe | □ Befriending Service |
| □ Employment Support | □ Older People |
| □ Welfare Benefits | □ Volunteering |
| □ Workshops and Training | □ One to One Support |
| | □ Community Fridge |



DOSTIYO MANAGEMENT COMMITTEE

Chair

Anjona Roy

Secretary

Saroj Padhiar

Treasurer

Farhat Lateef

Committee Members

Kusum Bakrania
Akhtar Munir
Balwinder Kaur
Rashmi Raikundalia

DOSTIYO STAFF

Centre Development Manager

Deepa Bakrania

Advocacy Worker (Northampton)

Kalsuma Begum

Advocacy Worker(Northampton/ Wellingborough)

Savita Paw

Day- Care Co-ordinator:

Northampton

Indira Patel

Sonal Patel

Wellingborough

Jaya Tailor

Community Fridge Workers

Saiyara Chowdhury

Vanisha Patel



•• CHAIR'S REPORT ••

Anjona Roy

Across the country 2024/25 delivered more concerns about the cost of living, more patchy delivery of public service (in particular social care), increases in inequalities in our communities and increased hostility toward all black communities. All of these factors created a challenging environment in which to function.

We have benefitted from significant core support and development which has enabled us to move to a more formal and robust governance document for us to work within.

Our organisation has also responded by looking to develop further initiatives such as our community café which has brought in more people volunteering and taking advantage of our centre.

Our thanks as a committee as always go to the committed and dedicated staff not forgetting our essential and passionate volunteers without whom we simply would not achieve even a small proportion of what we have achieved.

•• TREASURER'S REPORT ••

Farhat Lateef

The treasurer is responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the organisation and to ensure that the accounts comply with the requirement outlined with the Accounting for Charities and policies for the Constitution.

The management have reviewed the internal controls during the year and found them to be in generally accordance with the charities commission guidelines and appropriate actions have been put in place in the few areas that required attention

Last year, we have secured our core services and endeavour to ensure that our services will continue to support women and the broader community. The organisation has been exploring various ways of generating income.

Members nominate trustees for Annual elections. Trustees are elected annually at the Annual General Meeting. New trustees are offered an induction meeting within 6 weeks. In this way we hope all staff, volunteers and trustees will benefit from formal induction into the organisation.

Balance at the end of year 2025 is £ out of which £ is Restricted Funds and rest are Designated Funds. Dostiyo has adopted a Reserves Policy with a rationale to maintain sufficient level of reserves to enable normal operating activities to continue over a period of up to 6 months should a shortfall in income occur and to take account of potential risks and contingencies that may arise from time to time.

Thanks to Lorraine Scullion for preparing the accounts efficiently and to Leo Book Keeping Services Ltd carrying out our independent examination.

Signed

..Farhat Lateef.....

Date: ..10/11/2025.....

•• CENTRE MANAGER ••

Deepa Bakrania

I am pleased to present the Annual Report for the year 2024–25. This year has been one of steady progress, renewed engagement, and forward momentum for Dostiyo as we continue our long-standing commitment to empowering Asian women and girls in our community. Through our programmes in health, education, wellbeing, and cultural integration, we have fostered resilience, confidence, and meaningful connections among the women and families we serve.

While challenges remained, particularly the ongoing cost-of-living pressures and growing demand for support, we approached this year with greater strength and clarity. Funding constraints continued to test our capacity, yet through dedicated planning, successful grant applications, and strengthened relationships with partners, we were able to deliver a wide range of essential services. We expanded our wellbeing programmes, increased support for women facing financial hardship, and delivered targeted initiatives around physical and mental health to ensure no one felt isolated or unsupported.

Our work across Northampton and Wellingborough has continued to grow. We saw a significant rise in participation, with more women and girls attending activities, sharing experiences, and finding comfort and empowerment through community connection. The development of local self-help groups run and supported by volunteers remains a central part of our mission, and Dostiyo continues to act as an anchor organisation providing guidance, training, and infrastructure support to these grassroots efforts.

A major milestone this year has been our progress toward becoming a Charitable Incorporated Organisation (CIO). This transition represents an important step in strengthening our governance, sustainability, and long-term impact.

Despite the challenges, our commitment remains unwavering. We move forward with pride in our achievements and deep gratitude to everyone who has supported us throughout the year. Below is the full report for 2024–25.

❖ **MILAP GROUP (Wellingborough)**

The Milap Group has continued to grow in strength and community spirit throughout 2024–25. Now in its 13th year, the group remains managed and supported by dedicated volunteers, service users, and Dostiyo staff.

Milap is now a mixed-gender, inclusive group, open to all communities, bringing people together to promote cultural integration, wellbeing, and social connection.

The group meets every Wednesday and Friday, 10:30–12:30 at the Victoria Centre and currently has around 40 active members, with attendance steadily increasing as more people hear about our services.

RANGE OF SERVICES :

- Encourage and enhance independent living
- Living with safety measures in place
- Promoting independent living
- Encouraging members to befriend other members outside the group
- Guidance and advice for welfare benefits and sign posting
- Supporting them to participate in the wider community
- Supporting members to learn new skills (i.t. or mobile phones)
- Therapeutic and recreational activities (arts & crafts, cooking, bingo, word search, board games)
- Chair-based physical exercise and wellbeing sessions
- Day trips, outings, and short breaks to support carers
- 1-to-1 chats and emotional support when needed

Activities and Achievements This Year

- Continued to welcome members from all backgrounds, supporting wider community integration
- Wellbeing-focused physical sessions using chairs to support those with mobility challenges
- Joint trip to the seaside with Northampton group
- Annual Navratri fundraising event for the Victoria Centre
- Celebrations of Eid, Diwali, Christmas, and regular birthday celebrations
- Held memorials and death anniversaries for members, offering comfort and cultural recognition
- Strengthened links with partner organisations including Food Sharers, Eco Group, Victoria Centre and Glamis Hall, ensuring access to clothing, food, and essential items
- Ongoing support through welfare calls, food hampers, signposting, and warm-pack donations to help members facing the cost-of-living crisis

The steering group is always looking ways to secure funding for the rent, also to develop further services to responds to the needs of our members.

WELLINGBOROUGH ‘ MILAP’ USERS EQUAL OPPS MONITORING 2024 – 2025

Ethnicity	18 - 59	60+	Disability	Numbers
Bangladeshi	2		Mental Health	5
Indian	3	16	Heart problem	3
Pakistani	2	1	Hearing and Sight	3
Afro Caribbean	2	4	Mobility	7
Nigerian		2	Age related problems	26

White English	3	5		
TOTAL	12	28		

THERE IS STILL A GREAT NEED TO CONTINUE

Members are struggling to eat a healthy diet and keep warm (winter) due to increase in cost of living. We feel there is a need to develop further support such as:

- 1) Welfare Calls (members not well living on their own)
- 2) Donation of Food Hampers and essentials
- 3) Target support on Cost of Living Crisis

FEEDBACK FROM MEMBERS AND FAMILIES

Families have expressed heartfelt appreciation for the way Dostiyo celebrates birthdays and marks significant moments with love and respect. New members have shared how welcome they felt, with many reporting improved confidence, reduced loneliness, and better overall wellbeing.

One participant shared:

"The support has kept me connected and positive. Without the group I would feel lonely and isolated. Being here has improved my wellbeing in every way."

❖ 'SAHELI' GROUP (NORTHAMPTON)

Since the formation of Saheli group it continues to provide a very strong, sound and consistent platform to befriend and support to over 50 Asian older and disabled women. These women have more than one medical conditions, some of them have recovered or are recovering from serious illnesses. During the two-day group sessions Saheli provides a platform to forge new friendships befriend those who fall in dire circumstances. There has been remarkable improvement in their mental and physical health because of the social interaction and emotional warmth. They feel less lonely and depressed, much happier, motivated and valued. All members are encouraged and empowered to take an active part in group discussions which has given them the opportunities to build their self-confidence, self-esteem and rekindled their dormant skills in planning, organising and implementing their decisions.

Volunteers managing the project are encouraged to be involved in leading and developing the project. They feel more in control and sense of ownership of the activities, through their contribution to the project design, delivery and development. The Saheli project demonstrates just how important their existence is. The absolute importance cultural protection alongside integration opportunities in wider groups. It further demonstrated how exercise is understood to help both physical and mental stability, but without a safe space (that enables those to remain fully clothed including head scarves) then this would not be an opportunity. The women recognised how detrimental this would be to not only themselves, but their wider family networks.

Building on the infrastructural development with the Saheli women's group will ensure schemes such as community fridge, community cafe, service design and the addressing of everchanging disproportionality of challenges facing new and existing communities in Northampton are sustained and addressed.

❖ COMMUNITY CAFE:

Dostiyo supported Saheli group to help shape their vision of developing a community café as a further development of community fridge. With the help of pilot funding from Northamptonshire community foundation and capital funding from Nationwide building society, we inaugurated a community cafe on **17/10/24**, opened by the Mayor of Northampton. Supported by passionate volunteers, it runs twice a week, offering *freshly cooked Indian snacks* and hot food that helps people bond over cultural flavours. The space encourages social integration, giving everyone a warm welcome and a taste of shared heritage. Alongside food access, the initiative creates meaningful opportunities, from skill-sharing in cooking to teamwork, confidence building, and community leadership. Volunteers help design the menu, making the café a true reflection of community needs, creativity, and collaboration.

The Saheli Group would like to thank the Reaching Communities-The National Lottery and Sarah Kent for the funding and support provided throughout the Saheli Women's Project duration.

❖ **COMMUNITY FRIDGE:**

The community fridge initiative aims to reduce food waste and support those in need by providing a shared space for donated food. Dostiyo Community Fridge is accessible to everyone and our fridges are stocked with surplus items from Co-op, Sainsbury's, Lidl and Aldi. People in the community are encouraged to take what they need, ensuring that no one goes hungry while minimising food waste. Dostiyo Community Fridge were also awarded Lidl's Toy Bank to distribute toys over Christmas.

Saheli group volunteers help maintain the fridge, ensuring cleanliness and safety. The project promotes a spirit of generosity and solidarity, fostering connections among neighbours while addressing food insecurity and environmental concerns. Community fridges play a vital role in building stronger, more resilient communities and is hoping to develop into a warm space, community café as future aspiration.

In year 2024-25, Total of 3600 kg of Food has been rescued and redistributed with nearly 50-60 people very week.

❖ **DAYCARE AND WELLBEING ACTIVITIES:**

At Dostiyo Day Care Services, our mission is to empower elderly members of our community to maintain their independence and live fulfilling lives. We recognize that there are few mainstream organizations offering similar services but not tailored specifically for the Asian community, and our goal is to fill that vital gap.

Many of our members face language barriers, which can make it challenging to access the support they need. Our services provide a welcoming environment where they can meet new people, make friends, and build a sense of community.

In addition to physical activities, we organise adult learning classes, wellbeing workshops and engaging activities such as day trips, holidays abroad, and various social events, helping our members stay active, connected, and joyful.

We are dedicated to supporting individuals in preserving, enhancing, and relearning essential life skills and social abilities. Our services are customized to meet the unique needs of each person, including those with physical disabilities, mental health conditions, or dementia, ensuring they receive compassionate and respectful support

Our Services Include:

- **Day Support & Activities:** A wide variety of engaging activities such as keep fit, Zumba, Bollywood dance classes, yoga and more, all tailored to the individual needs of our service users.
- **Specialised Care for the Vulnerable Elderly:** Focused support for seniors with complex needs, helping them maintain a high quality of life within their community.
- **Skill Development & Personal Growth:** Providing opportunities to acquire new skills, explore new lifestyles, and maximize personal potential.
- **Health & Wellbeing Initiatives:** A variety of workshops and programs designed to promote health and wellness among our members.

Referrals to the Dostiyo Day Centre are received from a range of healthcare professionals, including social prescribers. However, a significant portion of our referrals comes through word-of-mouth, underscoring the strong community trust and reputation we have established.

Educational Courses and Strategic Partnerships

In collaboration with the NNC and WNC Adult Learning teams, we offer a diverse range of educational courses throughout the year. These courses provide our members with the opportunity to develop new skills, form meaningful friendships, and alleviate feelings of isolation. Feedback from participants has been overwhelmingly positive, particularly regarding our mathematics courses, which have proven exceptionally popular.

Over the past year, we have recruited a substantial number of new members because of these successful programs.

Trips

Dostiyo has a tradition of arranging short and long trips for the members at a very competitive price.

Our seaside trip to Bournemouth was a huge success and our members have always supported these trips in large numbers. We organised for very first time self-funded Mediterranean cruise holiday in June 2024 was well attended by 20 people giving them a unique opportunity they would not otherwise have been able to experience

Volunteer Help and Activities

The Centre is grateful for the services of its Volunteers, whose commitment and time, freely given, greatly assists the work of our staff. Thanks also to other staff, supporters, and the community, who enable us to continue with our much-needed service.

This year more than 45 volunteers have been actively involved supporting the group activities, befriending, emotional support, or checking in on people, and your efforts have proved to be invaluable. The relevant support worker provided much needed supervision to enable the volunteers to gain much needed valuable experience in administrative duties and through their active participation supporting service users they acquired people and communication skills. This opened the gates to explore opportunities in paid employment. Last year the volunteers supported nearly 3700 volunteering hours at Dostiyo

6 volunteers attended Food and Safety Hygiene course and received accreditation. 3 volunteers attended Basic First Aid training.

Celebratory Events

We observe all important cultural events at Dostiyo which have always ensured good attendances and interest. We provide regular weekly physical activity and variety of other activities and workshops. Some of the health-related activities we have provided over the past year include:

NORTHAMPTON'SAHELI' GROUP USERS EQUAL OPPS MONITORING 2024 – 2025

Ethnicity	18 - 59	60+	Disability	Numbers
Bangladeshi	14	4	Mental Health	9
Indian	9	72	Heart problem	17
Pakistani	12	8	Hearing and Sight	2
Other		3	Mobility	28
			Age related problems	63
TOTAL	35	90		

NORTHAMPTON: Day Care Activities 1st April 2024 - 31st March 2025

DATE	ACTIVITIES
May 2nd, 9th 16th 23rd	Computers for beginners by Judy and Hazzel Adult Learning

June 13 th , 20 th , 27 th July 4 th and 11 th	Cookery classes by Rashmita and Hazel, Adult learning
Sept 14 th , 21 st , 28 th , Oct 3 rd , 10 th & 17 th	Dress making by Nicola /Hazel Adult Learning
Nov 7 th , 14 th , 21 st , 28 th & 5 th December	Arts and Crafts by Hazel Adult Learning
Jan 16 th , 23 rd , 30 th & Feb 6 th 13 th	Cookery classes by Rashmita and Hazel, Adult learning
Feb 20 th , 27 th	Dress making by Nicola /Hazel Adult Learning
March 6 th , 13 th , 20 th 27 th	Jewellery making by Nicola/ Hazel Adult Learning
April 17 th	Jewellery making by Nicola/ Hazel Adult Learning
<u>April 2024- March 2025</u>	
10.00am - 12.00pm	ESOL every Monday
11am -12.00pm	Keep Fit Class every Wednesday
12.00pm - 1.00pm	Wellbeing Café Every Wednesday
11am – 1.00 pm	Community Fridge Every Wednesday
11am – 12.00 pm	Yoga /Bollywood dance classes every Thursday
12pm – 2.00 pm	Various workshops and classes
11am – 1.00 pm	Community Fridge Every Thursday
<u>Training</u>	
23 rd 2024- 31 st March 2025	Employability course
<u>Celebrations</u>	
13/02/2025	Valentines' day
13/13/2024	Mother's Day
18/04/2024	Eid Party
22/08/2024	Raksha bandhan celebrations
29/08/2024	Janmashtami celebration
10/10/2024	Navratri Celebrations
10/11/2024	Diwali Party
<u>Trips</u>	
27/07/2024 – 02/07/2024	Self funded 7 day Mediterranean Cruise
23/08/2024	Bournemouth Sea Side Day Trip

❖ Employability Project

We received funding from West Northants Council and the UK Shared Prosperity Fund (UKSPF) to support individuals on their journey towards employment and greater independence. Our project focused on assisting unemployed and economically inactive individuals to build confidence and develop skills that improve their employability. Through personalised support, we have helped participants access educational opportunities, relevant training courses, and work experience placements tailored to their needs.

Many individuals have benefitted from guidance in job searching and applications, resulting in successful paid employment in diverse sectors including Banking, Cleaning, and Retail. Additionally, several participants have gained valuable experience through volunteering placements across a variety of settings.

Recognising that some participants required more holistic support, we also provided Advocacy services, assistance with claiming Benefits, Mentoring, and wellbeing support to address personal and systemic barriers to employment.

In partnership with Adult Learning, we delivered an Employability course covering essential topics such as CV writing, covering letters, job searches, job applications, and interview skills, equipping participants with practical tools to enhance their job readiness.

SERVICES PROVIDED: OUTCOMES	TOTAL NUMBER OF PARTICIPANTS
Number of people supported to build CV and help with form filling	23
Number of people supported to engage in active job searching	35
Effective working between keyworkers and additional services	31
Number of economically inactive people engaging with keyworker support services	18
Number of socially excluded people accessing support	18
Number of active or sustained participants in community groups because of support	35
Number of people accessing mental and physical health support leading to employment	1
Number of people supported to participate in education	15
Number of people with basic skills (English, maths, digital and ESOL)	35
Number of people receiving support to gain employment	35
Number of volunteering opportunities supported	3
Number of people attending training sessions	15
Number of economically inactive individuals in receipt of benefits they are entitled to following support	18

❖ ESOL CLASSES

We have continued to offer weekly English for Speakers of Other Languages (ESOL) classes at both basic and intermediate levels. These classes are conducted in partnership with Adult Learning, which provides a qualified tutor, alongside our dedicated volunteer tutor.

Our learners are highly motivated to improve their language skills, and the classes provide not only educational benefits but also an opportunity to build friendships and integrate into the local community. This supportive environment fosters both personal and social development, empowering participants to engage more confidently in their everyday lives.

❖ Black Women's Domestic Abuse Group (BWDAG)

As part of our ongoing commitment to supporting women in need, Dostiyo is an active member of the Black Women's Domestic Abuse Group (BWDAG), a coalition of organisations dedicated to supporting Black women who have experienced domestic abuse. Our committee meets every two months to coordinate efforts, organise events, and stay updated on both national and local developments. The group's mission is to improve access to services and remove the barriers that Black women face when seeking support for domestic abuse.

On 8th March, we celebrated International Women's Day with a successful brunch event at the Franklin Gardens. The event featured guest speakers, an artist, and ample networking opportunities. We are planning further events this year to continue our efforts. BWDAG remains "United to make all women's voices heard," with Dostiyo working alongside partners such as Creating Equalz, Eve, NDAS, NREC, Northants Police, and Power of the Mind.

❖ Food Hampers

We received funding from Northamptonshire Community Foundation, and we were able to provide culturally appropriate food hampers to our service users who were in receipt of means tested benefits. The hampers included essential items such as spices, pulses, cooking oil, rice, and lentils; foods that reflect the dietary preferences and cultural needs of the communities we support. This initiative helped to ease some of the financial pressures faced by low income households, ensuring that families had access to nutritious and familiar food during challenging times.

We distributed 52 hampers ensuring that families receive the right nourishment, delivered with respect for their unique traditions and needs.

❖ Mayor's Fund for the Housebound

This year marked our fifth participation in the Mayor's Fund for the Housebound initiative, through which a £30 gift and a Christmas card from the Mayor were personally delivered to 20 of our most vulnerable service users. The recipients, all residents of Northampton, met strict criteria, including being isolated, housebound, and living in their own homes. We are proud to be part of this initiative, and the heartfelt appreciation from those who received the gifts speaks to the positive impact it has on the community.

❖ Vodafone Everyone Connected Initiative

As part of our efforts to promote digital inclusion, we partnered with Vodafone's *Everyone Connected* initiative, which provided free SIM cards to our clients and volunteers. This support has been instrumental in enabling service users to access essential online services, manage benefit claims, search for employment, and stay in touch with family and support networks. These factors contribute significantly to overall wellbeing and social connections.

The initiative has also had a notable impact on children within our service users' households by supporting their ability to complete schoolwork, develop digital skills, and participate more fully in education. This partnership has helped address digital exclusion and delivered meaningful, practical benefits across different age groups within the community.

❖ ADVOCACY and ADVICE:

This year has been another particularly demanding period for our advice services, largely due to the continued rollout of Universal Credit and the transition from legacy Benefits. Many of our service users face significant barriers, including limited digital skills and language difficulties, making it harder for them to navigate these complex changes independently. As a result, tailored, one-to-one support has been critical in helping individuals understand and navigate the new system.

We have also seen a marked increase in individuals seeking support with disability related Benefits, including Personal Independence Payment (PIP) and Attendance Allowance. These Benefits are vital for those living with long term physical/mental health conditions, and our assistance has been instrumental in helping clients access the financial support they need and are entitled to.

In addition, the sustained rise in the cost of living, including increases in food prices, energy bills, and general household expenses has left many households facing acute financial hardship. In response, we have prioritised income maximisation strategies, ensuring clients are fully informed about their entitlements and supported in accessing all available sources of financial assistance.

As the population continues to age, there is a growing demand for support services to address increasing care needs. Our organisation has played a key role in facilitating access to Adult Social Care services for older adults, ensuring they receive appropriate assistance. Additionally, we have enabled individuals to obtain essential aids and adaptations that promote independent living and enhance safety within their own homes. These interventions contribute significantly to improving quality of life and reducing the need for institutional care. In addition to supporting individuals requiring care, carers themselves have been provided with targeted support aimed at enhancing their health and wellbeing. Recognising the critical role of carers, these measures aim to alleviate caregiver strain and foster sustainable caregiving, ensuring carers are better equipped to continue their vital role within the community.

Our Advice services continue to play a crucial role in helping people improve their financial resilience, physical and mental wellbeing during increasingly challenging times.

❖ Independent Age Grant

Dostiyo secured funding for 3 year contract to provide welfare and debt advice service that helps maximise household income, promote good practice, and support clients in accessing essential services for older people over 60 years.

The support offers:

- Improving access to benefits and welfare rights services
- Providing one-to-one casework support
- Offering housing support and advocacy
- Linking clients with group work and local community connections
- Signposting and referring vulnerable groups to appropriate services

STATISTICS FOR 2025 – 2026 NORTHAMPTON and WELLINGBOROUGH

National Origin	Number	Female	Male	Linguistic Background
Bangladeshi	151	125	26	Bengali
Indian	119	99	20	Gujarati, Hindi, and Punjabi
Pakistani	25	22	3	Urdu
Other	20	9	11	Dari, English, Pashto, Somali, Turkish
Total	315	255	60	

BREAKDOWN OF SERVICE DELIVERY NORTHAMPTONSHIRE 2024 – 2025

SERVICES PROVIDED	NUMBERS
Community Care	12
Cost of Living	146
Debt	36
Disability	27
Domestic Abuse	14
ESOL	27
Employability	47
Housing	54
Mayor's Fund for the Housebound	20
Mental Health	72
Safeguarding	2
Occupational Therapy referrals	7

Bereavement Support	5
Welfare Benefits Casework	192
Other	53

CASE STUDIES:

1. Accessing Social Care

We have been supporting a widow who lives alone and recently experienced a fall at home, resulting in a hand injury that left her temporarily housebound. This significantly impacted on her ability to manage daily tasks and personal care, leading to a decline in her emotional wellbeing, as she had previously been quite independent. In response, we helped her access a short term care package through Adult Social Care and have continued to provide both practical and emotional support. To ease the burden, we also delivered a food hamper and provided freshly cooked meals from our Community Café.

We are pleased to share that she is now gradually recovering and feeling more positive. Her outlook has improved, and she is regaining some of her independence with ongoing support.

2. Employability

We are providing ongoing support to a family who came to the UK on the Afghan resettlement scheme. When we first met the mother, a single parent, she was experiencing low self esteem and feelings of isolation. With gentle encouragement and consistent support, she enrolled in our Employability Project. Since joining the programme, her confidence has grown significantly. She has built a network of new friends and taken proactive steps toward her personal and professional development. Most recently, both she and her grown up daughter have successfully taken up the Level 2 Exercise Qualification, delivered in partnership with Northamptonshire Sport. This certification qualifies them to become exercise instructors, a major milestone in their journey toward independence and community involvement. Their achievement highlights the positive impact of targeted support and access to local opportunities, and we're excited to see what they accomplish next.

3. Welfare Benefits

We have been supporting a client with significant mental health needs. Following her Personal Independence Payment (PIP) review, her claim was initially refused. This decision had a detrimental impact on both her mental health and financial stability. In response, we worked closely with the client to gather comprehensive medical evidence to support her case. We submitted a request for Mandatory Reconsideration, ensuring that all relevant information was clearly presented.

As a result, the decision was overturned, and her PIP entitlement was reinstated without the need to progress to a formal appeal. She is now receiving the support she is entitled to, which has helped to alleviate some of the financial and emotional strain she was experiencing.

4. PIP Tribunal Appeal Success

We recently supported a 60 year old client with her Personal Independence Payment (PIP) tribunal appeal. Her initial claim was refused, and the decision remained unchanged following

the Mandatory Reconsideration. We assisted her in gathering additional medical evidence to support her case, which proved instrumental during the appeal process. As a result, the tribunal ruled in her favour, awarding her both the Daily Living and Mobility components of PIP. She has now received backdated payments totalling £8,563. The client is extremely grateful for the support she received and is relieved to finally be receiving the financial help she is entitled to.

NORTHAMPTONSHIRE USERS EQUAL OPPORTUNITIES MONITORING 2024- 2025

Ethnicity	18 - 59	60+
Bangladeshi	284	151
Indian	480	321
Pakistani	80	89
Turkish	4	
West Indies	2	6
Afghan	9	-
Other	78	52
Total	937	619

GENDER STATISTICS 2024-2025

Female	Male
926	630

❖ WAY FORWARD:

- Develop culturally sensitive outreach strategies to connect with marginalised Asian communities through community events, workshops, and social media.
- **Expand the Community Café Model:** Strengthen the café as a cultural and social hub by increasing opening days, introducing themed food sessions, and developing volunteer-led cooking workshops to promote skills and confidence
- **Promote Cultural Exchange & Inclusion: Introduce intergenerational activities,** cultural storytelling sessions, and shared cooking events to deepen understanding and unity across diverse communities.
- **Strengthen Health & Wellbeing Initiatives:** Expand wellbeing programmes such as walking groups, mindfulness sessions, healthy cooking classes, and social clubs aimed at improving physical and mental health.

- **Grow Volunteer Development:** Provide structured training for volunteers in hospitality, food hygiene, leadership, and community engagement, enabling pathways into employment or further learning.
- **Enhance Service User Co-Production:** Develop regular feedback forums, suggestion groups, and user-led planning sessions to ensure services remain shaped by community needs and lived experience.
- **Build Sustainable Funding & Social Enterprise Pathways:** Explore income-generating opportunities through the café, catering services, and community events to secure long-term sustainability
- **Strengthen Organisational Capacity:** Invest in improved systems, training, and staffing structures to support a growing community, ensuring responsive, equitable, and high-quality service delivery.

I would like to extend our gratitude to:

- All the members and users of Dostiyo who make us what we are and continue to place their trust and faith in us;
- The Management Committee members who are volunteers for their valuable time, knowledge, experience and guidance;
- Volunteers and Steering Group members of Zindagani Mens Group, Sakhi Milap, Milap and Saheli Group
- All the staff for their commitment towards the aims and objectives of Dostiyo;
- Dedicated volunteers for their constant help and support.

In conclusion, this year has been one of growth, resilience, and positive impact for our centre. Through the collective efforts of our dedicated staff, volunteers, and community members, we have successfully implemented key programs, expanded services, and fostered stronger connections within our community. While challenges remain, we are committed to continuously improving and adapting to meet the evolving needs of those we serve.

Looking ahead, we are excited to build on our successes and explore new opportunities to make a lasting difference in the lives of individuals and families in our community.



Accounting Policies:

Legal form

Dostiyo is an unincorporated charity registered with the Charity Commission for England and Wales. Its registered address is 62-66 Dunster Street, Northampton, NN1 3JY.

Basis of Accounting

The charity is a public benefit entity and the financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities SORP (FRS 102), issued in January 2019, and applicable UK Accounting Standards and the Charities Act 2011.

No material uncertainties exist in relation to going concern.

Incoming Resources

All incoming resources are recognised once the charity has entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Donations received and organised trips are credited on the statement of financial activities in the year to which they relate. Donated services and facilities are included as income and expenditure where the amounts are reasonably quantifiable and measurable.

Grants received are recognised using the performance model.

Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure is allocated on the statement of financial activities between restricted and unrestricted funds. Expenditure that is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity they have been apportioned across the cost categories on a basis consistent with the use of these resources

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and the management of its assets.

Fixed Assets

Tangible fixed assets are shown at cost less depreciation.

Depreciation is calculated to write off their cost or valuation less their estimated residual value over their expected useful lives as follows:

Freehold property	25 years straight-line basis
Computer equipment	25% reducing balance
Other equipment	25% reducing balance
Motor vehicles	25% reducing balance

Fund Accounting

Funds held by the charity are either:

Unrestricted General Funds – funds, which can be used in accordance with the charitable objects at the discretion of the Executive Committee.

Designated Funds – funds set aside by the Executive Committee out of unrestricted funds for specific future purposes or projects.

Restricted Funds – funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund are included in the notes to the financial statements.

Financial Instruments

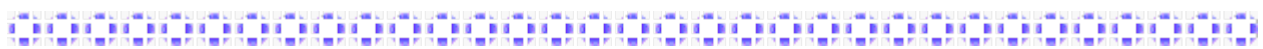
Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as

such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.



DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

Page 20

	Notes	Unrestricted £	Restricted £	Total 2025 £	Unrestricted £	Restricted £	Total 2024 £
Income from:							
Donations and Legacies		3,049	-	3,049	1,412	-	1,412
Charitable Activities	1	68,182	135,643	203,825	49,456	85,339	134,795
Investment Income		2,057	-	2,057	1,839	-	1,839
Total Income		73,288	135,643	208,931	52,707	85,339	138,046
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	2	70,400	117,168	187,568	63,573	97,776	161,349
Other		-	-	-	-	-	-
Total Expenditure		70,400	117,168	187,568	63,573	97,776	161,349
Net Income/(expenditure)		2,888	18,475	21,363	(10,866)	(12,437)	(23,303)
Transfers between funds		3,529	(3,529)	-	9,616	(9,616)	-
Net movement in funds		6,417	14,946	21,363	(1,250)	(22,053)	(23,303)
Reconciliation of funds:							
Total funds brought forward		151,359	28,847	180,206	152,609	50,900	203,509
Funds transferred to DOSTIYO ASIAN COMMUNITY ORGANISATI CIO Number 1212801		(157,776)	(43,793)	(201,569)			
Total funds carried forward		-	-	-	151,359	28,847	180,206

All income and expenditure derive from continuing activities

The statement of financial activities include all gains and losses recognised during the year

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2025

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	Notes	£	2025 £	£	2024 £
Fixed Assets					
Tangible Assets	4		24,758		34,956
Current assets					
Debtors	5	7,779		15,732	
Cash at bank and in hand		197,990		130,423	
Funds Held by CVS		-		2,784	
		<u>205,769</u>		<u>148,939</u>	
Creditors:					
Amounts falling due within one year	6	(28,958)		(3,689)	
		<u>(28,958)</u>		<u>(3,689)</u>	
Net Current Assets/(Liabilities)			176,811		145,250
Assets transferred to DOSTIYO ASIAN COMMUNITY ORGANISATION CIO Number 1212801			(201,569)		
Net Assets/(Liabilities)			<u><u>0</u></u>		<u><u>180,206</u></u>
Charity Funds					
Unrestricted Funds	7				
General Reserve		63,175		46,600	
Designated funds - Other		<u>94,601</u>		<u>104,759</u>	
			157,776		151,359
Restricted funds	8		43,793		28,847
Funds transferred to DOSTIYO ASIAN COMMUNITY ORGANISATION CIO Number 1212801			(201,569)		
			<u><u>0</u></u>		<u><u>180,206</u></u>

The accounts have been prepared in accordance with SORP (FRS102) effective January 2019 and relevant UK Accounting standards.

Approved by the Executive Committee on 18th November 2025 and signed on their behalf by:

Anjana Roy

A Roy
Chairperson

		Unrestricted	Restricted	2025	2024
		£	£	£	£
1	Income from Charitable Activities				
	Grants:				
	Independent Age Fund	-	14,173	14,173	-
	WNC - Employment Support & Training	-	18,673	18,673	-
	Awards 4 All - Community Fridge	-	-	-	9,999
	NCF - Food Aid	-	2,000	2,000	-
	Commsortia - Working Progress (NEP)	-	-	-	-
	Neighbourly B&Q	-	-	-	-
	Hubbub Foundation - Community Fridge	-	5,000	5,000	1,000
	Lloyds Bank Foundation	27,500	-	27,500	25,000
	National Grid	-	-	-	7,592
	NCF - Community Café	-	4,668	4,668	-
	DOSTIYO Community Fridge	-	-	-	2,990
	NCF - Constance Travis Trust	-	-	-	2,950
	Community Justice Fund	-	-	-	-
	Nationwide Colleague Grant	-	-	-	5,975
	Comic Relief Womens Resource Centre	-	-	-	230
	Lottery Community Fund - Saheli Women's Group	-	91,129	91,129	47,807
	NCF - HSF4	-	-	-	4,286
	Hubbub Investment Fund	-	-	-	5,000
	Neighbourly Community Fridge	-	-	-	500
	Organised Trips	31,537	-	31,537	16,601
	Other	9,145	-	9,145	4,865
		68,182	135,643	203,825	134,795

2	Charitable Activities		Unrestricted	Restricted	2025	2024
			£	£	£	£
	Staff costs	3	21,267	77,867	99,134	90,874
	Depreciation		10,169	29	10,198	10,224
	Other costs		38,365	22,767	61,132	44,610
			69,801	100,663	170,464	145,708
	Support Costs - Staffing	3	2,548	9,330	11,878	10,888
	Support Costs - Other		(1,949)	7,175	5,226	4,753
			70,400	117,168	187,568	161,349

Other costs include Independent Examination fee of £360

3	Staff Costs		2025	2024
			£	£
	Wages and salaries		106,215	97,925
	NIER		2,861	2,054
	ER Pension		1,936	1,783
	DBS Checks		-	-
			111,012	101,762

Average number employed by head count

Centre	6	5
Management and administration	1	1
	<u>7</u>	<u>6</u>

No employee received remuneration amounting to more than £60,000 in either year.

No trustees received any remuneration during the year. Trustee indemnity insurance paid in the year amounted to £nil. (2024: £nil).

Trustees received reimbursed expenses for travel and other costs amounting to £nil (2024:£nil)

4	Fixed Assets	Freehold Property £	Minibus £	Computer Equipment £	Other Equipment £	Total £
	Cost					
	Brought forward	280,939	-	13,480	4,973	299,392
	Additions	-	-	-	-	-
	Disposals	-	-	-	-	-
	Carried forward	<u>280,939</u>	<u>-</u>	<u>13,480</u>	<u>4,973</u>	<u>299,392</u>
	Depreciation					
	Brought forward	246,180	-	13,303	4,953	264,436
	Charge for year	10,158	-	29	11	10,198
	Disposals	-	-	-	-	-
	Carried forward	<u>256,338</u>	<u>-</u>	<u>13,332</u>	<u>4,964</u>	<u>274,634</u>
	Net Book Value					
	Balance at 31.03.24	<u>24,601</u>	<u>-</u>	<u>148</u>	<u>9</u>	<u>24,758</u>
	Balance at 01.04.24	<u>34,759</u>	<u>-</u>	<u>177</u>	<u>20</u>	<u>34,956</u>

Included in freehold property is land with an estimated cost of £27,000 to which depreciation is not being applied in accordance with relevant accounting standards.

	Unrestricted £	Restricted £	2025 £	2024 £
5 Debtors				
Sundry Debtors	3,666	3,631	7,297	14,999
Prepayments	482	-	482	733
	<u>4,148</u>	<u>3,631</u>	<u>7,779</u>	<u>15,732</u>
6 Creditors: Amounts falling due within one year				
Sundry creditors	(6,207)	(494)	(6,701)	(2,064)
Accruals	(1,405)	-	(1,405)	(1,625)
Deferred Income	-	(20,852)	(20,852)	-
	<u>(7,612)</u>	<u>(21,346)</u>	<u>(28,958)</u>	<u>(3,689)</u>

	Opening Balance 01.04.24 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.25 £
7 Designated Funds					
Freehold Property	34,759	-	(10,158)	-	24,601
General reserve	46,600	73,288	(60,242)	3,529	63,175
Designated-Property Repair & Maintenanar	50,000	-	-	-	50,000
Designated-Communications & IT Equipr	15,000	-	-	-	15,000
Designated-Fixtures & Fittings	5,000	-	-	-	5,000
	151,359	73,288	(70,400)	3,529	157,776

The balance on the designated fund represents the net book value of the freehold property held by the charity. The intention is to generate a general reserve of six months running costs.
 Designated - Property R&M - Provision for repairs and maintenance to the building
 Designated - Communications & IT Equip - Provision for upgrading communications & IT equipment
 Designated - Fixtures & Fittings - Provision for replacement or upgrading fixtures & fittings

Comparative Designated Funds	Opening Balance 01.04.23 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.24 £
Designated Funds					
Freehold Property	44,917	-	(10,158)	-	34,759
General reserve	37,692	52,707	(53,415)	9,616	46,600
Designated-Property Repair & Maintenanar	50,000	-	-	-	50,000
Designated-Communications & IT Equipr	15,000	-	-	-	15,000
Designated-Fixtures & Fittings	5,000	-	-	-	5,000
	152,609	52,707	(63,573)	9,616	151,359

8 Restricted Funds	Opening Balance 01.04.24 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.25 £
Advice UK	117	-	(29)	-	88
WNC - Employment Support & Training	-	18,673	(18,673)	-	-
National Grid - Community Matters	154	-	-	(154)	-
Neighbourly - Community Fridge	500	-	-	-	500
Hubbub Community Fridge	-	5,000	(4,604)	-	396
Lottery Community Fund - Saheli Women	9,450	91,129	(71,349)	(3,375)	25,855
Awards 4 All - Community Fridge	8,492	-	(6,513)	-	1,979
Independent Age Foundation	-	14,173	(4,642)	-	9,531
Western Power Distribution	1,000	-	-	-	1,000
Nationwide Colleague Grant	5,419	-	(5,419)	-	-
NCF - Community Café	-	4,668	(630)	-	4,038
Hubbub Investment Fund	3,715	-	(3,309)	-	406
NCF - Food Aid	-	2,000	(2,000)	-	-
	28,847	135,643	(117,168)	(3,529)	43,793

Advice UK - To employ advocacy workers providing advice and support to the Asian community under the age of 60 years old, and to purchase equipment

WNC - Employment Support & Training - To support people with CV building and into paid employment
 National Grid - Community Matters - To offer a community warm space and equipment for those in the local community struggling with heating their homes in the cold seasons
 Neighbourly - Community Fridge - Towards community fridge costs
 Hubbub Community Fridge - Support to run and manage Community Fridge
 Lottery Community Fund - Saheli Women's Group - to enable more people from the BME population to access health and wellbeing services
 Awards 4 All - Community Fridge - To provide a community fridge for users to take free food & provide cooking sessions to show how to cook on a budget.
 Independent Age Foundation - Offer Advocacy and Advice services to older women
 Western Power Distribution - Supporting individuals to access support with fuel payments to combat fuel poverty
 Nationwide Colleague Grant - Towards the cost of hampers for day to day essentials and a wellbeing café providing a safe, warm place to meet.
 NCF Community Café - Support to run and manage Community Café
 Hubbub Investment Fund - Support towards cooking workshops and ariferyers
 NCF Food Aid - Supply culturally appropriate food hampers

Fund transfers relate to overhead costs as per grant agreements

Comparative Restricted Funds	Opening Balance 01.04.23 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.24 £
Advice UK	176	-	(59)	-	117
NCF - Constance Travis Trust	-	2,950	(2,950)	-	-
National Grid - Community Matters	-	7,592	(5,038)	(2,400)	154
Neighbourly - Community Fridge	-	500	-	-	500
Hubbub Foundation	-	1,000	(1,000)	-	-
Lottery Community Fund - Saheli Women	34,476	47,807	(65,459)	(7,374)	9,450
Awards 4 All - Community Fridge	-	9,999	(1,507)	-	8,492
Neighbourly - B&Q	2,660	-	(2,816)	156	-
Western Power Distribution	1,000	-	-	-	1,000
Community Justice Fund	8,129	-	(8,131)	2	-
Nationwide Colleague Grant	-	5,975	(556)	-	5,419
Comic Relief - Womens Resource Centre	-	230	(230)	-	-
Northamptonshire Sport	1,497	-	(1,497)	-	-
NCF - Poverty Hurts	2,962	-	(2,962)	-	-
Hubbub Investment Fund	-	5,000	(1,285)	-	3,715
NCF - HSF4	-	4,286	(4,286)	-	-
	50,900	85,339	(97,776)	(9,616)	28,847

NCF - Constance Travis Trust - Towards the cost of providing a Welfare benefits advisor
 Hubbub Foundation - To provide a community fridge for the local community
 Neighbourly B&Q - Towards refurbishment costs
 Community Justice Fund - To fund a part-time member of staff during the pandemic
 Comic Relief - Womens Resource Centre - Support to continue providing crucial services for South Asian Women including Advocacy, Advice, Support, Guidance and information.
 Northamptonshire Sport - To provide keep fit sessions for the community.
 NCF - Poverty Hurts - Towards cost of living & poverty advice service
 NCF - HSF4 - Wraparound support service to continue the delivery of HSF vouchers

9 Analysis of Net Assets Between Funds

Fund balances at 31 March 2025 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	24,670	88	24,758
Current Assets	-	140,718	65,051	205,769
Current Liabilities	-	(7,012)	(21,346)	(28,358)
	-	158,376	43,793	202,169

Fund balances at 31 March 2024 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	34,839	117	34,956
Current Assets	-	120,209	28,730	148,939
Current Liabilities	-	(3,689)	-	(3,689)
	-	151,359	28,847	180,206

10 Ultimate Controlling Party

The charity is under the ultimate control of its Executive Committee, whose names are shown at the front of the financial statements.

11 Related party transactions

There were no related party transactions during the year or prior year.

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2025

Page 27

		2025		2024
Income	£	£	£	£
Grants Receivable		163,143		113,329
Donations and gifts		3,049		1,412
Investment income		2,057		1,839
Organised Trips		31,537		16,601
Other Income		9,145		4,865
		<u>208,931</u>		<u>138,046</u>
Expenditure				
Centre Running Costs				
Salaries	87,256		76,866	
Depreciation of freehold property	10,158		10,158	
Depreciation of motor vehicles	-		-	
Depreciation of equipment	11		7	
Motor and travel expenses	964		97	
Organised Trips	32,920		16,097	
Other project expenses	13,667		7,721	
Heating and lighting	3,997		5,636	
Hall hire	-		-	
Repairs and renewals - equipment	3,695		5,826	
Repairs and renewals - premises	815		2,897	
Cleaning	950		4,135	
Support Costs				
Salaries	11,878		10,888	
Printing, postage and stationery	686		659	
Telephone	2,962		2,570	
Insurance	1,578		1,524	
Governance Costs				
Salaries	11,878		10,888	
Depreciation of computer equipment	29		59	
Bank charges	201		137	
Professional fees incl. accountancy	3,923		5,184	
Management expenses incl.AGM	-		-	
		<u>(187,568)</u>		<u>(161,349)</u>
Surplus/(Deficit) for the Year		<u><u>21,363</u></u>		<u><u>(23,303)</u></u>



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Dostiyo Asian Women & Girls Organisation

On accounts for the year
ended

31st March 2025

Charity no
(if any)

1058077

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

18/11/25

Name:

Lucie Howard

Relevant professional
qualification(s) or body
(if any):

Association of Accounting Technicians MAAT

Address:

3-4 Britten's Court

Clifton Reynes

Olney MK46 5LG

Accounts

ANNUAL REPORT 2023 - 2024



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◆◆ INTRODUCTION ◆◆



Dostiyo is a voluntary organisation run by and for Asian women and men and is governed by a signed Constitution. Over the past 47 years Dostiyo has become established as a service provider predominantly for Asian women in Northamptonshire and is gradually expanding both in number of workers and services provided.

The organisation has provided services to local Asian women and communities offering support and advice on a wide range of issues. It actively works towards enabling full participation of Asian women and men in social activities and overcome cultural, religious, physical and social barriers. It addresses the needs of local Asian women and girls in a relaxed and friendly manner in a sensitive, confidential and safe environment.

Dostiyo offers comprehensive overview of the needs for service development for Asian Communities and promoting access to services, transcending racial, religious, linguistic and cultural issues since 1979. Dostiyo also serves as an infrastructure development agency for Asian communities by supporting to set up Self Help groups managed by Volunteers, Constitution, gain charity status etc within Northampton and Wellingborough including Zindgani Asian Men's Group. Sakhi Milaap Ladies Group, Milaap Group Wellingborough, Saheli Group and Dostiyo Community Fridge.

Working to overcome barriers Asian men and women face in their daily lives, Dostiyo provides them with opportunities for self-development, build their confidence and capacity and most importantly, help them on the path of self-help.

MISSION STATEMENT:

“To promote effective citizenship of Asian women and men regardless of age, religion, ethnicity, cast or creed, by helping them overcome barriers to accessing much needed services”

◆◆ Current Service Provision ◆◆

Currently Dostiyo provides Advocacy, support, guidance, information and counselling through its main activities, including:

- Older People's Project, which facilitates group activities and provides advocacy, advice and support to Asian women and men and/or their families.
- Welfare Advice on issues such as benefits, pension, housing, appeals
- Supporting people into Employment, Education and Training by offering a specialist tailored package to unemployed adults
- Mental Health Support including Advocacy, Benefits Advice and promote independent living.
- Weekly Wellbeing café's in Northampton and Wellingborough.
- Community Fridge
- Day Care and various classes for the elderly and disabled women and men.
- Opportunities to volunteers and gain training within Dostiyo and through external organisations.

The organisation's aim of ensuring a dedicated approach to a service request means that regularly members are encouraged and supported to access activities that meet their needs.

Dostiyo's ultimate objective is to conciliate and improve this position, through close and active multi-agency working that would eventually provide effective citizenship and equality.

◆◆ Project Scope and Objectives ◆◆

Dostiyo aims to provide the highest quality services to Asian communities for the benefit of Asian women their families and extended families.

Its core principles are:

- Attacking barriers of isolation that Asian communities experience;
- Promoting access to services, transcending racial, religious, linguistic and cultural issues;
- Promoting self-help, advocacy and information in the community;
- Promoting the well being of women and their families;

It does this by:

- Providing services to women and men of all ages.
- Targeting its services to those who have the greatest needs.
- Promoting equality of opportunity within the organisation and through partnerships.
- Valuing staff and volunteers and opening new avenues of thinking and creating opportunities for Asian women to become financially independent.

Dostiyo provides services in varied areas:

✠ Clinical Negligence

✠ Community Care

✠ Education

✠ Wellbeing Cafe

✠ Employment Support

✠ Welfare Benefits

✠ Workshops and Training

✠ Family

✠ Housing

✠ Mental Health Support

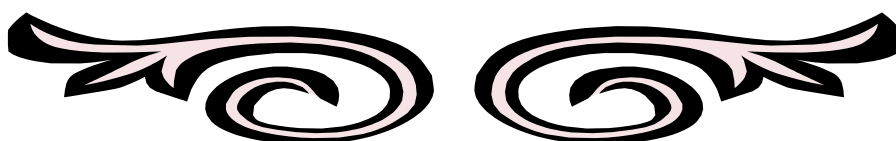
✠ Befriending Service

✠ Older People

✠ Volunteering

✠ One to One Support

✠ Community Fridge





DOSTIYO MANAGEMENT COMMITTEE

Chair	Anjona Roy
Secretary	Jagdishbhai Modha
Treasurer	Farhat Lateef
Committee Members	Harsha Patel Akhtar Munir Balwinder Kaur Saroj Padhiar

DOSTIYO STAFF

Centre Development Manager	Deepa Bakrania
Advocacy Worker (Northampton)	Kalsuma Begum
Advocacy Worker(Northampton/ Wellingborough)	Savita Paw
Day- Care Co-ordinator:	
Northampton	Indira Patel Sonal Patel
Wellingborough	Jaya Tailor
Community Fridge Workers	Saiyara Chowdhury Vanisha Patel



◆◆ CHAIR'S REPORT ◆◆

Anjona Roy

As Chair of Dostiyo Asian Women and Girls Organisation, I am proud to reflect on another year of growth and collaboration. 2023 brought us new hope and new opportunities. The year still was a post pandemic year with challenges for both ourselves and our service users of the cost of living crisis.

This year, we have expanded our services, increased community engagement, and launched new initiatives to support cultural preservation, education, and social welfare. We've seen strong participation in our events and programs, with an emphasis on empowering asian women and addressing mental health needs. Our efforts have fostered greater unity and a stronger voice for our community. Our Community Fridge has offered new opportunities to learn together, cook together and eat together.

Our thanks as a committee as always go to the committed and dedicated staff without whom we simply would not achieve even a small proportion of what we have achieved.

Looking ahead, we remain focused on strengthening partnerships, promoting inclusivity, and continuing to serve as a vital resource for the diverse needs of our community.

◆◆ TREASURER'S REPORT ◆◆

Farhat Lateef

The treasurer is responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the organisation and to ensure that the accounts comply with the requirement outlined with the Accounting for Charities and policies for the Constitution.

The management have reviewed the internal controls during the year and found them to be in generally accordance with the charities commission guidelines and appropriate actions have been put in place in the few areas that required attention

Last year, we have secured our core services and endeavour to ensure that our services will continue to support women and the broader community. The organisation has had to review budget considering the reduction of core funding, the committee has had to take decisions and continuously monitor expenses to maintain financial stability and sustain staff and services. The organisation has been exploring various ways of generating income.

Members nominate trustees for Annual elections. Trustees are elected annually at the Annual General Meeting. New trustees are offered an induction meeting within 6 weeks. In this way we hope all staff, volunteers and trustees will benefit from formal induction into the organisation.

Balance at the end of year 2024 is £180,206 out of which £28847 is Restricted Funds and rest are Designated Funds. Dostiyo has adopted a Reserves Policy with a rationale to maintain sufficient level of reserves to enable normal operating activities to continue over a period of up to 6 months should a shortfall in income occur and to take account of potential risks and contingencies that may arise from time to time.

Thanks to Lorraine Scullion for preparing the accounts efficiently and to Leo Book Keeping Services Ltd carrying out our independent examination.

Signed ..Farhat Lateef.....

Date: ..10/11/2024.....

◆◆ CENTRE MANAGER ◆◆

Deepa Bakrania

I am pleased to present the Annual Report for the year 2023-24. This report highlights our achievements, challenges, and ongoing commitment to empowering Asian women in our community. Through dedicated programs in health, education, and cultural integration, we've fostered resilience, inclusivity, and positive change for those we serve.

This year brought significant challenges for us, especially in securing funding and responding to the cost-of-living crisis affecting our community. Rising costs and limited financial resources tested our resilience and adaptability. However, through perseverance, strategic planning, and collaborative efforts, we successfully navigated these obstacles. By securing essential funding, expanding partnerships, and developing targeted services, we addressed urgent community needs, providing crucial support in areas like financial assistance, physical and mental health, and community integration.

Our work continues to span across Northampton and Wellingborough. This year there has been substantial increase in numbers of members getting involved in activities sharing and benefiting from time with each other. We continue to create great support and positive volunteering opportunities focussing on vulnerable people in the local communities especially with setting local self help groups run and managed by volunteers, which Dostiyo has been supporting as an infrastructure organisation.

Despite the hurdles, our commitment to serving and uplifting our community has only strengthened, allowing us to continue making a meaningful impact in these difficult times. Below is the report of the year:

❖ **MILAP GROUP (Wellingborough)**

'Milap' group has entered its 12th year and going from strength to strength, the group is managed and run by Volunteers and service users with support from Dostiyo Staff. Currently the group is an Unincorporated Constituted group and is pleased to report that the group has applied to charity commission to register as a Charity status.

RANGE OF SERVICES :

- Encourage and enhance independent living
- Living with safety measures in place
- Promoting independent living
- Encouraging members to befriend other members outside the group
- Guidance and advice for welfare benefits and sign posting
- Supporting them to participate in the wider community
- Supporting members to learn new skills (i.t. or mobile phones)

The Group meets twice a week at Victoria centre. The wellbeing services offer people in the community a safe and comfortable environment to be themselves and ask for any help they need. The group is open to all gender and currently have 40 members including 34 women and 6 men. Atleast 24 members attend regular on a weekly basis.

What we managed to do :

Opened the group to everyone in the community, so now we have a great mix of members from all communities encouraging cultural integration.

Focusing on 'Physical. Mental Health and Wellbeing', regular physical activity, mental stimulation games and board games. Volunteers organised and managed activities by making it fun and memorable for members and provide opportunity for social networking to befriend each other in & out of the group setting.

Organised variety of activities including word and card games, word search, bingo, laughter therapy sessions, dance through cancer, sessions in partnership with NNC & WNC adult learning including air fryer courses learn to crochet, bag decorating.

Network and link with other organisations such as 'Food sharers' , 'Eco Group' 'Wellingborough forum' 'Victoria Centre' 'Glamis Hall' these organisations offer clothing & food that can be shared with our members. We worked in partnership with Northamptonshire Sport and got one of our volunteer Pusha Patel trained as keep fit instructor, we aim for more volunteers take up these opportunities.

The Group did fundraise for the Victoria Centre (who were in financial difficulties) by holding a Navratri celebration event on 16/10/2023. The members raised £300 and donated to Victoria centre.

Attendance for group is gradually growing and have recruited 11 new members since last year

The group also celebrated birthdays of members throughout the year, members felt very special as many live on their own with little input from families.

The steering group is always looking ways to secure funding for the rent, also to develop further services to responds to the needs of our members.

WELLINGBOROUGH ' MILAP' USERS EQUAL OPPORTUNITIES MONITORING **2023 – 2024**

Ethnicity	18 - 59	60+	Disability	Numbers
Bangladeshi	2		Mental Health	5
Indian	8	12	Heart problem	3
Pakistani		1	Hearing and Sight	3
Afro Caribbean	2	4	Mobility	6
African	1	2	Age related problems	23
White English	4	4		
TOTAL	17	23		

Funding:

We received £2000.00 funding from National Grid Western Power for Electric Blankets, throws, warm food tubs, hot water bottles and many other items to help our members through winter.

These grants are accounted for in Milap Group Accounts.

THERE IS STILL A GREAT NEED TO CONTINUE

Members are struggling to eat a healthy diet and keep warm (winter) due to increase in cost of living. We feel there is a need to develop further support such as:

- 1) Welfare Calls (members not well living on their own)
- 2) Donation of Food Hampers and essentials
- 3) Target support on Cost of Living Crisis

Feedback from Participant:

"I felt more relaxed, energised, and connected, and have had positive impact not only on my mental health but overall well-being. Thank you so much for your support, without this support I would have been lonely and didn't feel like doing anything."

❖ 'SAHELI' GROUP (NORTHAMPTON)

Since the formation of Saheli group it continues to provide a very strong, sound and consistent platform to befriend and support to over 50 Asian older and disabled women. These women have more than one medical conditions, some of them have recovered or are recovering from serious illnesses. During the two-day group sessions Saheli provides a platform to forge new friendships befriend those who fall in dire circumstances. There has been remarkable improvement in their mental and physical health because of the social interaction and emotional warmth. They feel less lonely and depressed, much happier, motivated and valued. All members are encouraged and empowered to take an active part in group discussions which has given them the opportunities to build their self-confidence, self-esteem and rekindled their dormant skills in planning, organising and implementing their decisions.

Volunteers managing the project are encouraged to be involved in leading and developing the project. They feel more in control and sense of ownership of the activities, through their contribution to the project design, delivery and development. The Saheli project demonstrates just how important their existence is. The absolute importance cultural protection alongside integration opportunities in wider groups. It further demonstrated how exercise is understood to help both physical and mental stability, but without a safe space (that enables those to remain fully clothed including head scarves) then this would not be an opportunity. The women recognised how detrimental this would be to not only themselves, but their wider family networks.

Building on the infrastructural development with the Saheli women's group will ensure schemes such as community fridge, community cafe, service design and the addressing of everchanging disproportionality of challenges facing new and existing communities in Northampton are sustained and addressed.

The Saheli Group would like to thank the Reaching Communities-The National Lottery and Sarah Kent for the funding and support provided throughout the Saheli Women's Project duration.

❖ COMMUNITY FRIDGE:

The community fridge initiative aims to reduce food waste and support those in need by providing a shared space for donated food. Dostiyo Community Fridge is accessible to everyone and our fridges are stocked with surplus items from Co-op, Lidl and Aldi. People

in the community are encouraged to take what they need, ensuring that no one goes hungry while minimising food waste.

Saheli group volunteers help maintain the fridge, ensuring cleanliness and safety. The project promotes a spirit of generosity and solidarity, fostering connections among neighbours while addressing food insecurity and environmental concerns. Community fridges play a vital role in building stronger, more resilient communities and is hoping to develop into a warm space, community café as future aspiration.

In year 2023-24, Total of 2500 kg of Food has been rescued and redistributed with nearly 50-60 people very week.

❖ **DAYCARE AND WELLBEING ACTIVITIES:**

At Dostiyo Day Care Services, our mission is to empower elderly members of our community to live independently while thriving to their fullest potential. Our goal is to assist individuals in maintaining, enhancing, and relearning essential life skills and social abilities, enabling them to engage in everyday activities with confidence and dignity.

We cater to the specific needs of elderly individuals, including those with physical disabilities, mental health conditions, or dementia, ensuring they receive the care and attention they deserve.

Our Services Include:

- **Day Support & Activities:** A wide variety of engaging activities such as keep fit, Zumba, dance classes, yoga and more, all tailored to the individual needs of our service users.
- **Specialised Care for the Vulnerable Elderly:** Focused support for seniors with complex needs, helping them maintain a high quality of life within their community.
- **Skill Development & Personal Growth:** Providing opportunities to acquire new skills, explore new lifestyles, and maximize personal potential.
- **Health & Wellbeing Initiatives:** A variety of workshops and programs designed to promote health and wellness among our members.

Referrals to the Dostiyo Day Centre are received from a range of healthcare professionals, including social prescribers. However, a significant portion of our referrals comes through word-of-mouth, underscoring the strong community trust and reputation we have established.

Educational Courses and Strategic Partnerships

In collaboration with the NNC and WNC Adult Learning teams, we offer a diverse range of educational courses throughout the year. These courses provide our members with the opportunity to develop new skills, form meaningful friendships, and alleviate feelings of isolation. Feedback from participants has been overwhelmingly positive, particularly regarding our mathematics courses, which have proven exceptionally popular.

Over the past year, we have recruited a substantial number of new members because of these successful programs.

Trips

Dostiyo has a tradition of arranging short and long trips for the members at a very competitive price.

Our seaside trip to Weymouth and Bournemouth was a huge success and our members have always supported these trips in large numbers. After Covid our first self-funded residential holiday to Majorca was well attended by 20 people.

Volunteer Help and Activities

The Centre is grateful for the services of its Volunteers, whose commitment and time, freely given, greatly assists the work of our staff. Thanks also to other staff, supporters, and the community, who enable us to continue with our much-needed service.

This year more than 45 volunteers have been actively involved supporting the group activities, befriending, emotional support, or checking in on people, and your efforts have proved to be invaluable. The relevant support worker provided much needed supervision to enable the volunteers to gain much needed valuable experience in administrative duties and through their active participation supporting service users they acquired people and communication skills. This opened the gates to explore opportunities in paid employment. Last year the volunteers supported nearly 3600 volunteering hours at Dostiyo

Celebratory Events

We observe all important cultural events at Dostiyo which have always ensured good attendances and interest. We provide regular weekly physical activity and variety of other activities and workshops. Some of the health-related activities we have provided over the past year include:

NORTHAMPTON'SAHELI' GROUP USERS EQUAL OPPS MONITORING 2023 – 2024

Ethnicity	18 - 59	60+	Disability	Numbers
Bangladeshi	12	5	Mental Health	7
Indian	5	65	Heart problem	13
Pakistani	2	20	Hearing and Sight	2
Other		3	Mobility	32
			Age related problems	52
TOTAL	19	90		

NORTHAMPTON: Day Care Activities 1st April 2023 - 31st March 2024

DATE	ACTIVITIES
20 th April – 11 May 2023	Air fryer Cookery classes by Rashmita/ Hazel Adult Learning
2 nd – 23 rd May 2023	Beginners Computer classes by Judy/ Hazel Adult Learning
13 th - 11 th - July 2023	Air Fryer Cookery classes by Rashmita/Hazel Adult Learning
7 th September – 19 th October 2023	Everyday Math's and Dress making by Janet/Hazel Adult Learning
2 nd November – 14 th December 2023	Arts and Crafts Advanced Quilling and Neuro arts by Jennifer/ Hazel Adult Learning

1 st February- 15 th February 2024	Jewellery making by Judy/ Hazel Adult Learning
29 th February – 28 th March 2024	¾ Sleeve Tunic top by Nicola/ Hazel Adult Learning
2 nd March – 23 rd May 2024	IT classes for beginners by Judy/ Hazel Adult learning
<u>April 2023- March 2024</u>	
10.00am - 12.00pm	ESOL every Monday
11am -12.00pm	Keep Fit Class every Wednesday
12.00pm - 1.00pm	Wellbeing Café Every Wednesday
11am – 1.00 pm	Community Fridge Every Wednesday
11am – 12.00 pm	Yoga /Bollywood dance classes every Thursday
12pm – 2.00 pm	Various workshops and classes
11am – 1.00 pm	Community Fridge Every Thursday
<u>Training</u>	
12 th September 2023- 15 th September 2023	Trilogy Sports Leadership Course
<u>Celebrations</u>	
15/2/2023	Valentines' day
15/ 3/2023	Mother's Day
26/4/2023	Eid Party
18/09/2023	Wellbeing Day Celebrations in partnership with Trilogy Active at Weston Favell Centre Northampton
12/10/2023	Navratri Celebrations
22/11/2023	Diwali Party
<u>Trips</u>	
28/7/2023	Weymouth Sea Side Day Trip
02/07/2023 – 08/07/2023	Self funded 7 day Holiday to Majorca
23/8/2023	Bournemouth Sea Side Day Trip

❖ ESOL CLASSES

We have continued to offer weekly English for Speakers of Other Languages (ESOL) classes at both basic and intermediate levels. These classes are conducted in partnership with Adult Learning, which provides a qualified tutor, alongside our dedicated volunteer tutor.

Our learners are highly motivated to improve their language skills, and the classes provide not only educational benefits but also an opportunity to build friendships and integrate into the local community. This supportive environment fosters both personal and social development, empowering participants to engage more confidently in their everyday lives.

❖ Black Women's Domestic Abuse Group (BWDAG)

As part of our ongoing commitment to supporting women in need, Dostiyo is an active member of the Black Women's Domestic Abuse Group (BWDAG), a coalition of organisations dedicated to supporting Black women who have experienced domestic abuse. Our committee meets every two months to coordinate efforts, organise events, and stay updated on both national and local developments. The group's mission is to improve access to services and remove the barriers that Black women face when seeking support for domestic abuse.

On March 2nd, we celebrated International Women's Day with a successful brunch event at the University of Northampton. The event featured guest speakers, an artist, and ample networking opportunities. We are planning further events this year to continue our efforts. BWDAG remains "United to make all women's voices heard," with Dostiyo working alongside partners such as Creating Equalz, Eve, NDAS, NREC, Northants Police, and Power of the Mind.

❖ **Mayor's Fund for the Housebound**

This year marked our fourth participation in the Mayor's Fund for the Housebound initiative, through which a £30 gift and a Christmas card from the Mayor were personally delivered to 20 of our most vulnerable service users. The recipients, all residents of Northampton, met strict criteria, including being isolated, housebound, and living in their own homes. We are proud to be part of this initiative, and the heartfelt appreciation from those who received the gifts speaks to the positive impact it has on the community.

❖ **Vodafone Everyone Connected Initiative**

We were fortunate to partner with Vodafone's "Everyone Connected" initiative, which provided free SIM cards for our clients and volunteers. These SIM cards have been instrumental in helping clients access online systems, manage their Benefits, search for employment, and stay connected with friends and family, thereby improving their overall well-being. The initiative has also benefitted children by enabling them to complete homework and improve their digital skills, alongside various other advantages.

❖ **WNC Household Support Fund**

We were privileged to once again participate in the distribution of supermarket vouchers through the Household Support Fund, in collaboration with the Northamptonshire Community Foundation. This initiative provided eligible households with a £120 supermarket voucher to assist with essential living costs. In total, we distributed 136 vouchers to households across Northampton, providing crucial relief to families during a difficult financial period.

❖ **ADVOCACY and ADVICE:**

Although Dostiyo have had challenges in securing funding for the Advice Work, but we have managed to provide advocacy/advice in Wellingborough and Northampton.

Throughout the year, we have continued to provide confidential advice and support services to our clients through a range of channels, including face-to-face consultations, online, and telephone support. Many of our clients face significant challenges, including physical disabilities, mental health issues, and socioeconomic hardships. A considerable portion of our service users are carers or single parents, and the majority come from low-income households.

We have played a key role in assisting clients during their transition to Universal Credit (UC) from legacy benefits such as Income Support, Jobseeker's Allowance (JSA), Employment and Support Allowance (ESA), and Tax Credits. This transition process has required substantial, in-depth support, particularly as many clients face barriers such as limited digital skills, language difficulties, or a lack of confidence in navigating the complex online system. We have assisted clients in setting up email accounts, submitting online claims, and maintaining their UC journals. Given the upcoming issuance of Tax Credit Migration notices, we anticipate a significant increase in demand for these services in the coming year.

The ongoing cost of living crisis has intensified financial pressures on our clients, many of whom are struggling to meet basic needs such as paying bills and providing food for their families. In response, we have referred clients to food banks and connected them with our in house resources such as the Dostiyo Community Fridge. Additionally, we have conducted thorough benefit checks to ensure clients are receiving their full entitlements and have provided assistance with claims for various welfare benefits.

We have also extended support to clients with no recourse to public funds, including individuals on Care Worker Visas. These clients often face precarious situations, having spent significant amounts to relocate to the UK, only to find the jobs promised by care companies have not materialised. As a result, many are forced to take on low-wage, temporary work such as cleaning, simply to survive, and their housing situation is often inadequate. Their circumstances are extremely complex, and they face severe destitution with limited external support. To address this, we provide them with a safe, non-judgmental space to share their concerns, offer access to supermarket food, and encourage participation in our wellbeing activities.

Our Advocacy workers submitted Attendance Allowance claims have been successful and clients have gained £108.55 weekly. On top of this those who were not getting Pension Credit PC, were able to get it as they had been given Severe Disability Premium of £81.55 weekly. Since the Winter Fuel Payment has been stopped – those who are not on Pension Credit are looking for someone to help with benefit check and claim Pension Credit.

We have been supporting people to maximise their income, access relevant grants and welfare benefits they may be entitled to. A person may present with one problem at first, but we then unravel that they require support in many areas. It is a holistic service that we provide, to enable the individual to be empowered, and to prevent problems from escalating further.

STATISTICS FOR 2023 – 2024 NORTHAMPTON and WELLINGBOROUGH

National Origin	Number	Female	Male	Linguistic Background
Bangladeshi	125	110	15	Bengali
Indian	92	81	11	Gujarati, Hindi, and Punjabi
Pakistani	17	14	3	Urdu
Other	13	12	1	Dari, English, Pashto, Somali
Total	247	217	30	

BREAKDOWN OF SERVICE DELIVERY NORTHAMPTONSHIRE 2023 – 2024

SERVICES PROVIDED	NUMBERS
Community Care	22
Advice one off	313
Debt	42
Disability	37
Domestic Abuse	22
ESOL	48
Household Support Fund Voucher	136
Housing	78
Mayor's Fund for Housebound	20
Mental Health	83
Welfare Benefits Casework	487
Other	78

CASE STUDIES

(1) We have been providing ongoing support to a mother and her adult daughter who recently relocated to Northampton after experiencing domestic abuse, particularly financial and psychological abuse, as well as controlling behaviour. The family was referred to us by Northamptonshire Domestic Abuse Service (NDAS), which has also been actively involved in their support. Working in partnership with NDAS, we facilitated their participation in the Domestic Abuse Recovery Toolkit program, delivered through 10 online sessions via Zoom.

Both mother and daughter have significantly benefitted from the program, developing greater self-awareness and confidence. Additionally, we were able to assist the family by issuing a Household Support Fund supermarket voucher, and we continue to provide them with advocacy services to address their ongoing needs.

(2) One of our clients, who has been battling long-term depression, relies heavily on her husband and children for assistance with daily tasks due to her lack of motivation and struggles with insomnia. There are days when it is challenging for her to get out of bed or even get dressed. We supported her in applying for Personal Independence Payment (PIP), which was successfully awarded, offering her some financial relief.

Despite her struggles, we encourage her to engage in our well-being activities, which help reduce her isolation. This year, she was able to join us on a day trip to the seaside with her children, marking a significant positive step in her journey.

(3) A client caring for her disabled adult son was finding it increasingly difficult to manage his growing care needs. Overwhelmed with anxiety and emotionally drained, she reached out for support. In response, we liaised with the local authority on her behalf and advocated for an increase in her son's formal care package.

Following our intervention, his care support was successfully enhanced, providing the client with much-needed respite. This development has had a positive impact on the entire family, offering the mother valuable time for rest and improving the overall family dynamic.

NORTHAMPTONSHIRE USERS EQUAL OPPORTUNITIES MONITORING 2023- 2024

Ethnicity	18 - 59	60+
Bangladeshi	281	144
Indian	476	332
Pakistani	82	91
Mauritius	8	7
West Indies	2	3
Afghan	11	-
Other	72	48
Total	932	625

GENDER STATISTICS 2023-2024

Female	Male
916	641

❖ WAY FORWARD:

- Develop culturally sensitive outreach strategies to connect with marginalised Asian communities through community events, workshops, and social media.
- **Strengthen Community Engagement:** Develop more programs that encourage active participation and cultural exchange, ensuring representation from all age groups.
- **Enhance Advocacy Efforts:** Increase support to address issues of discrimination, access to services, and community welfare
- Providing facilities and services reflecting the welfare of the local community and continuing to promote friendship, well being and improve economic, social, mental and physical wellbeing
- Improvement in listening to the voice of the service user and co-production – work with them and do what the service users say they need and want
- Exploring ways to incorporate Social Enterprise model within self help groups through developing community café
- Explore and expand Community Fridge as well as recreational indoor/outdoor activities, arts/crafts, outings and residential trips.
- Strengthen the charity's infrastructure to accommodate a growing client base and provide efficient support.

I would like to extend our gratitude to:

- All the members and users of Dostiyo who make us what we are and continue to place their trust and faith in us;
- The Management Committee members who are volunteers for their valuable time, knowledge, experience and guidance;
- Volunteers and Steering Group members of Zindagani Mens Group, Sakhi Milap, Milap and Saheli Group
- All the staff for their commitment towards the aims and objectives of Dostiyo;
- Dedicated volunteers for their constant help and support.

In conclusion, this year has been one of growth, resilience, and positive impact for our centre. Through the collective efforts of our dedicated staff, volunteers, and community members, we have successfully implemented key programs, expanded services, and fostered stronger connections within our community. While challenges remain, we are committed to continuously improving and adapting to meet the evolving needs of those we serve.

Looking ahead, we are excited to build on our successes and explore new opportunities to make a lasting difference in the lives of individuals and families in our community.



Accounting Policies:

Legal form

Dostiyo is an unincorporated charity registered with the Charity Commission for England and Wales. Its registered address is 62-66 Dunster Street, Northampton, NN1 3JY.

Basis of Accounting

The charity is a public benefit entity and the financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities SORP (FRS 102), issued in January 2019, and applicable UK Accounting Standards and the Charities Act 2011.

No material uncertainties exist in relation to going concern.

Incoming Resources

All incoming resources are recognised once the charity has entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Donations received and organised trips are credited on the statement of financial activities in the year to which they relate. Donated services and facilities are included as income and expenditure where the amounts are reasonably quantifiable and measurable.

Grants received are recognised using the performance model.

Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure is allocated on the statement of financial activities between restricted and unrestricted funds. Expenditure that is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity they have been apportioned across the cost categories on a basis consistent with the use of these resources

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and the management of its assets.

Fixed Assets

Tangible fixed assets are shown at cost less depreciation.

Depreciation is calculated to write off their cost or valuation less their estimated residual value over their expected useful lives as follows:

Freehold property	25 years straight-line basis
Computer equipment	25% reducing balance
Other equipment	25% reducing balance
Motor vehicles	25% reducing balance

Fund Accounting

Funds held by the charity are either:

Unrestricted General Funds – funds, which can be used in accordance with the charitable objects at the discretion of the Executive Committee.

Designated Funds – funds set aside by the Executive Committee out of unrestricted funds for specific future purposes or projects.

Restricted Funds – funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund are included in the notes to the financial statements.

Financial Instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.



DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024

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	Notes	Unrestricted £	Restricted £	Total 2024 £	Unrestricted £	Restricted £	Total 2023 £
Income from:							
Donations and Legacies		1,412	-	1,412	1,570	-	1,570
Charitable Activities	1	49,456	85,339	134,795	17,615	123,267	140,882
Investment Income		1,839	-	1,839	633	-	633
Total Income		52,707	85,339	138,046	19,818	123,267	143,085
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	2	63,573	97,776	161,349	26,943	119,771	146,714
Other		-	-	-	-	-	-
Total Expenditure		63,573	97,776	161,349	26,943	119,771	146,714
Net Income/(expenditure)		(10,866)	(12,437)	(23,303)	(7,125)	3,496	(3,629)
Transfers between funds		9,616	(9,616)	-	105	(105)	-
Net movement in funds		(1,250)	(22,053)	(23,303)	(7,020)	3,391	(3,629)
Reconciliation of funds:							
Total funds brought forward		152,609	50,900	203,509	159,629	47,509	207,138
Total funds carried forward		151,359	28,847	180,206	152,609	50,900	203,509

All income and expenditure derive from continuing activities

The statement of financial activities include all gains and losses recognised during the year

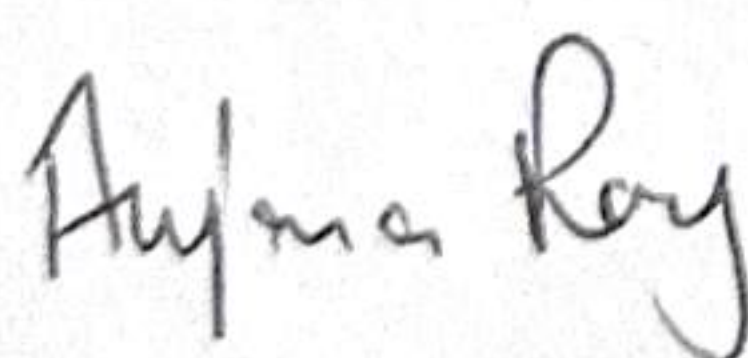
DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2024

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	Notes	£	2024 £	£	2023 £
Fixed Assets					
Tangible Assets	4		34,956		45,180
Current assets					
Debtors	5	15,732		1,892	
Cash at bank and in hand		130,423		137,229	
Funds Held by CVS		2,784		21,591	
		<u>148,939</u>		<u>160,712</u>	
Creditors:					
Amounts falling due within one year	6	(3,689)		(2,383)	
		<u>(3,689)</u>		<u>(2,383)</u>	
Net Current Assets/(Liabilities)			145,250		158,329
Net Assets/(Liabilities)			<u><u>180,206</u></u>		<u><u>203,509</u></u>
Charity Funds					
Unrestricted Funds	7				
General Reserve		46,600		37,692	
Designated funds - Other		<u>104,759</u>		<u>114,917</u>	
			151,359		152,609
Restricted funds	8		28,847		50,900
			<u><u>180,206</u></u>		<u><u>203,509</u></u>

The accounts have been prepared in accordance with SORP (FRS102) effective January 2019 and relevant UK Accounting standards.

Approved by the Executive Committee on 19/11/2024 and signed on their behalf by:



A Roy
Chairperson

	Unrestricted £	Restricted £	2024 £	2023 £
1 Income from Charitable Activities				
Grants:				
Western Power	-	-	-	2,461
WNC - Wellbeing Fund	-	-	-	3,865
Awards 4 All - Community Fridge	-	9,999	9,999	9,440
North Northamptonshire Council	-	-	-	6,080
Commsortia - Working Progress (NEP)	-	-	-	5,819
Neighbourly B&Q	-	-	-	5,000
Hubbub Foundation - Community Fridge	-	1,000	1,000	-
Lloyds Bank Foundation	25,000	-	25,000	-
National Grid	-	7,592	7,592	-
NCF - Poverty Hurts	-	-	-	2,962
DOSTIYO Community Fridge	2,990	-	2,990	-
NCF - Constance Travis Trust	-	2,950	2,950	-
Community Justice Fund	-	-	-	12,196
Nationwide Colleague Grant	-	5,975	5,975	-
Comic Relief Womens Resource Centre	-	230	230	4,000
Lottery Community Fund - Saheli Women's Group	-	47,807	47,807	77,524
NCF - HSF4	-	4,286	4,286	-
Hubbub Investment Fund	-	5,000	5,000	-
Neighbourly Community Fridge	-	500	500	-
Organised Trips	16,601	-	16,601	2,160
Other	4,865	-	4,865	9,375
	49,456	85,339	134,795	140,882

		Unrestricted £	Restricted £	2024 £	2023 £
2 Charitable Activities					
Staff costs	3	26,878	63,996	90,874	96,448
Depreciation		10,165	59	10,224	10,246
Other costs		22,262	22,348	44,610	24,651
		59,305	86,403	145,708	131,345
Support Costs - Staffing	3	3,220	7,668	10,888	10,987
Support Costs - Other		1,048	3,705	4,753	4,382
		63,573	97,776	161,349	146,714

Other costs include Independent Examination fee of £1,320

	2024 £	2023 £
3 Staff Costs		
Wages and salaries	97,925	102,548
NIER	2,054	2,969
ER Pension	1,783	1,918
DBS Checks	-	-
	101,762	107,435

Average number employed by head count

Centre	5	5
Management and administration	1	1
	<u>6</u>	<u>6</u>

No employee received remuneration amounting to more than £60,000 in either year.

No trustees received any remuneration during the year. Trustee indemnity insurance paid in the year amounted to £nil. (2023: £nil).

Trustees received reimbursed expenses for travel and other costs amounting to £nil (2023:£nil)

4	Fixed Assets	Freehold Property £	Minibus £	Computer Equipment £	Other Equipment £	Total £
	Cost					
	Brought forward	280,939	-	13,480	4,973	299,392
	Additions	-	-	-	-	-
	Disposals	-	-	-	-	-
	Carried forward	<u>280,939</u>	<u>-</u>	<u>13,480</u>	<u>4,973</u>	<u>299,392</u>
	Depreciation					
	Brought forward	236,022	-	13,244	4,946	254,212
	Charge for year	10,158	-	59	7	10,224
	Disposals	-	-	-	-	-
	Carried forward	<u>246,180</u>	<u>-</u>	<u>13,303</u>	<u>4,953</u>	<u>264,436</u>
	Net Book Value					
	Balance at 31.03.24	<u>34,759</u>	<u>-</u>	<u>177</u>	<u>20</u>	<u>34,956</u>
	Balance at 01.04.23	<u>44,917</u>	<u>-</u>	<u>236</u>	<u>27</u>	<u>45,180</u>

Included in freehold property is land with an estimated cost of £27,000 to which depreciation is not being applied in accordance with relevant accounting standards.

	Unrestricted £	Restricted £	2024 £	2023 £
5 Debtors				
Sundry Debtors	-	14,999	14,999	1,264
Prepayments	733	-	733	628
	<u>733</u>	<u>14,999</u>	<u>15,732</u>	<u>1,892</u>
6 Creditors: Amounts falling due within one year				
Sundry creditors	(2,064)	-	(2,064)	(683)
Accruals	(1,625)	-	(1,625)	(1,700)
Deferred Income	-	-	-	-
	<u>(3,689)</u>	<u>-</u>	<u>(3,689)</u>	<u>(2,383)</u>

	Opening Balance 01.04.23 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.24 £
7 Designated Funds					
Freehold Property	44,917	-	(10,158)	-	34,759
General reserve	37,692	52,707	(53,415)	9,616	46,600
Designated-Property Repair & Maintenanar	50,000	-	-	-	50,000
Designated-Communications & IT Equipr	15,000	-	-	-	15,000
Designated-Fixtures & Fittings	5,000	-	-	-	5,000
	152,609	52,707	(63,573)	9,616	151,359

The balance on the designated fund represents the net book value of the freehold property held by the charity. The intention is to generate a general reserve of six months running costs.

Designated - Property R&M - Provision for repairs and maintenance to the building

Designated - Communications & IT Equip - Provision for upgrading communications & IT equipment

Designated - Fixtures & Fittings - Provision for replacement or upgrading fixtures & fittings

Comparative Designated Funds	Opening Balance 01.04.22 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.23 £
Designated Funds					
Freehold Property	55,075	-	(10,158)	-	44,917
General reserve	54,554	19,818	(16,785)	(19,895)	37,692
Designated-Property Repair & Maintenanar	30,000	-	-	20,000	50,000
Designated-Communications & IT Equipr	15,000	-	-	-	15,000
Designated-Fixtures & Fittings	5,000	-	-	-	5,000
	159,629	19,818	(26,943)	105	152,609

8 Restricted Funds

	Opening Balance 01.04.23 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.24 £
Advice UK	176	-	(59)	-	117
NCF - Constance Travis Trust	-	2,950	(2,950)	-	-
National Grid - Community Matters	-	7,592	(5,038)	(2,400)	154
Neighbourly - Community Fridge	-	500	-	-	500
Hubbub Foundation	-	1,000	(1,000)	-	-
Lottery Community Fund - Saheli Womer	34,476	47,807	(65,459)	(7,374)	9,450
Awards 4 All - Community Fridge	-	9,999	(1,507)	-	8,492
Neighbourly - B&Q	2,660	-	(2,816)	156	-
Western Power Distribution	1,000	-	-	-	1,000
Community Justice Fund	8,129	-	(8,131)	2	-
Nationwide Colleague Grant	-	5,975	(556)	-	5,419
Comic Relief - Womens Resource Centri	-	230	(230)	-	-
Northamptonshire Sport	1,497	-	(1,497)	-	-
NCF - Poverty Hurts	2,962	-	(2,962)	-	-
Hubbub Investment Fund	-	5,000	(1,285)	-	3,715
NCF - HSF4	-	4,286	(4,286)	-	-
	50,900	85,339	(97,776)	(9,616)	28,847

Advice UK - To employ advocacy workers providing advice and support to the Asian community under the age of 60 years old, and to purchase equipment
NCF - Constance Travis Trust - Towards the cost of providing a Welfare benefits advisor
National Grid - Community Matters - To offer a community warm space and equipment for those in the local community struggling with heating their homes in the cold seasons
Neighbourly - Community Fridge - Towards community fridge costs
Hubbub Foundation - To provide a community fridge for the local community
Lottery Community Fund - Saheli Women's Group - to enable more people from the BME population to access health and wellbeing services
Awards 4 All - Community Fridge - To provide a community fridge for users to take free food & provide cooking sessions to show how to cook on a budget.
Neighbourly B&Q - Towards refurbishment costs
Western Power Distribution - Supporting individuals to access support with fuel payments to combat fuel poverty
Community Justice Fund - To fund a part-time member of staff during the pandemic
Nationwide Colleague Grant - Towards the cost of hampers for day to day essentials and a wellbeing café providing a safe, warm place to meet.
Comic Relief - Womens Resource Centre - Support to continue providing crucial services for South Asian Women including Advocacy, Advice, Support, Guidance and information.
Northamptonshire Sport - To provide keep fit sessions for the community.
NCF - Poverty Hurts - Towards cost of living & poverty advice service
NCF - HSF4 - Wraparound support service to continue the delivery of HSF vouchers
Fund transfers relate to overhead costs as per grant agreements

Comparative Restricted Funds

	Opening Balance 01.04.22 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.23 £
Advice UK	255	-	(79)	-	176
NCF - Saheli Womens Group	115	-	-	(115)	-
BBO - Working Progress	1,689	5,819	(7,508)	-	-
WNC - Wellbeing Fund	-	3,865	(3,865)	-	-
Hubbub Foundation	2,742	-	(2,742)	-	-
Lottery Community Fund - Saheli Women	21,089	77,524	(64,137)	-	34,476
Awards 4 All - Community Fridge	-	9,440	(9,440)	-	-
Neighbourly - B&Q	-	5,000	(2,340)	-	2,660
Western Power Distribution	1,000	2,461	(2,461)	-	1,000
Community Justice Fund	17,150	12,196	(21,217)	-	8,129
NCF - Food Aid Fund	1,972	-	(1,982)	10	-
Comic Relief - Womens Resource Centre	-	4,000	(4,000)	-	-
Northamptonshire Sport	1,497	-	-	-	1,497
NCF - Poverty Hurts	-	2,962	-	-	2,962
	47,509	123,267	(119,771)	(105)	50,900

NCF - COVID Response - To provide helpline support and additional costs due to the pandemic
ROSA - COVID Response Fund - To provide helpline support and additional costs due to the pandemic
Sport England - To purchase and install ventilation system and upgrade the toilet facilities

9 Analysis of Net Assets Between Funds

Fund balances at 31 March 2024 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	34,839	117	34,956
Current Assets	-	120,209	28,730	148,939
Current Liabilities	-	(3,689)	-	(3,689)
	-	151,359	28,847	180,206

Fund balances at 31 March 2023 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	45,004	176	45,180
Current Assets	-	109,825	50,887	160,712
Current Liabilities	-	(2,220)	(163)	(2,383)
	-	152,609	50,900	203,509

10 Ultimate Controlling Party

The charity is under the ultimate control of its Executive Committee, whose names are shown at the front of the financial statements.

11 Related party transactions

There were no related party transactions during the year or prior year.

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2024

Page 25

		2024		2023
	£	£	£	£
Income				
Grants Receivable		113,329		129,347
Donations and gifts		1,412		1,570
Investment income		1,839		633
Organised Trips		16,601		2,160
Other Income		4,865		9,375
		<u>138,046</u>		<u>143,085</u>
 Expenditure				
 Centre Running Costs				
Salaries	76,866		80,695	
Depreciation of freehold property	10,158		10,158	
Depreciation of motor vehicles	-		-	
Depreciation of equipment	7		9	
Motor and travel expenses	97		434	
Organised Trips	16,097		1,710	
Other project expenses	7,721		9,368	
Heating and lighting	5,636		3,943	
Hall hire	-		-	
Repairs and renewals - equipment	5,826		2,220	
Repairs and renewals - premises	2,897		2,892	
Cleaning	4,135		4,924	
 Support Costs				
Salaries	10,888		10,987	
Printing, postage and stationery	659		813	
Telephone	2,570		1,697	
Insurance	1,524		1,872	
 Governance Costs				
Salaries	10,888		10,987	
Depreciation of computer equipment	59		79	
Bank charges	137		105	
Professional fees incl. accountancy	5,184		3,773	
Management expenses incl.AGM	-		48	
		<u>(161,349)</u>		<u>(146,714)</u>
 Surplus/(Deficit) for the Year		<u><u>(23,303)</u></u>		<u><u>(3,629)</u></u>



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

Dostiyo Asian Women and Girls Organisation

On accounts for the year
ended

31st March 2024

Charity no
(if any)

1058077

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

L. Howard

Date:

20/11/2024

Name:

Lucie Howard

Relevant professional
qualification(s) or body
(if any):

Association of Accounting Technicians
MAAT

Address:

3-4 Britten's Court, Clifton Reynes
Olney

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our independent examination work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our independent examination work, for this report, or for the opinions we have formed.

Accounts

ANNUAL REPORT 2022 - 2023



Registered charity number 1058077
62-66 DUNSTER STREET NORTHAMPTON NN1 3JY
Telephone 01604 816080
Email: info@dostiyo.org.uk; Website: www.dostiyo.co.uk

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◆ Dostiyo Management Committee and Staff	5
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◆◆ INTRODUCTION ◆◆



Dostiyo is a voluntary organisation run by and for Asian women and men and is governed by a signed Constitution. Over the past 46 years Dostiyo has become established as a service provider predominantly for Asian women in Northamptonshire and is gradually expanding both in number of workers and services provided.

The organisation has provided services to local Asian women and communities offering support and advice on a wide range of issues. It actively works towards enabling full participation of Asian women and men in social activities and overcome cultural, religious, physical and social barriers. It addresses the needs of local Asian women and girls in a relaxed and friendly manner in a sensitive, confidential and safe environment.

Dostiyo offers comprehensive overview of the needs for service development for Asian Communities and promoting access to services, transcending racial, religious, linguistic and cultural issues since 1979. Dostiyo also serves as an infrastructure development agency for Asian communities by supporting to set up Self Help groups managed by Volunteers, Constitution, gain charity status etc within Northampton and Wellingborough including Zindgani Asian Men's Group. Sakhi Milaap Ladies Group, Milaap Group Wellingborough, Saheli Group.

Working to overcome barriers Asian men and women face in their daily lives, Dostiyo provides them with opportunities for self-development, build their confidence and capacity and most importantly, help them on the path of self-help.

MISSION STATEMENT:

"To promote effective citizenship of Asian women and men regardless of age, religion, ethnicity, cast or creed, by helping them overcome barriers to accessing much needed services"

◆◆ Current Service Provision ◆◆

Currently Dostiyo provides Advocacy, support, guidance, information and counselling through its main activities, including:

- Older People's Project, which facilitates group activities and provides advocacy, advice and support to Asian women and men and/or their families.
- Supporting people into Employment, Education and Training by offering a specialist tailored package to unemployed adults
- Mental Health Support including Advocacy, Benefits Advice and promote independent living.
- Weekly Wellbeing café's in Northampton and Wellingborough.
- Befriending Service for Isolated women in the local community
- Community Fridge
- Day Care and various classes for the elderly and disabled women and men.
- Opportunities to volunteers and gain training within Dostiyo and through external organisations.

The organisation's aim of ensuring a dedicated approach to a service request means that regularly members are encouraged and supported to access activities that meet their needs.

Dostiyo's ultimate objective is to conciliate and improve this position, through close and active multi-agency working that would eventually provide effective citizenship and equality.

◆◆ Project Scope and Objectives ◆◆

Dostiyo aims to provide the highest quality services to Asian communities for the benefit of Asian women their families and extended families.

Its core principles are:

- Attacking barriers of isolation that Asian communities experience;
- Promoting access to services, transcending racial, religious, linguistic and cultural issues;
- Promoting self-help, advocacy and information in the community;
- Promoting the well being of women and their families;

It does this by:

- Providing services to women and men of all ages.
- Targeting its services to those who have the greatest needs.
- Promoting equality of opportunity within the organisation and through partnerships.
- Valuing staff and volunteers and opening new avenues of thinking and creating opportunities for Asian women to become financially independent.

Dostiyo provides services in varied areas:

✦ Clinical Negligence	✦ Family
✦ Community Care	✦ Housing
✦ Education	✦ Mental Health Support
✦ Wellbeing Cafe	✦ Befriending Service
✦ Employment Support	✦ Older People
✦ Welfare Benefits	✦ Volunteering
✦ Workshops and Training	✦ One to One Support
	✦ Community Fridge





DOSTIYO MANAGEMENT COMMITTEE

Chair	Anjona Roy
Secretary	Jagdishbhai Modha
Treasurer	Farhat Lateef
Committee Members	Harsha Patel Akhtar Munir Kalpana Maisuria Balwinder Kaur Saroj Padhiar

DOSTIYO STAFF

Centre Development Manager	Deepa Bakrania
Advocacy Worker (Northampton)	Kalsuma Begum
Advocacy Worker(Northampton/ Wellingborough)	Savita Paw
Day- Care Co-ordinator: Northampton Wellingborough	Indira Patel Jaya Tailor
Community Fridge Workers	Saiyara Chowdhury Vanisha Patel



◆◆ CHAIR'S REPORT ◆◆

Anjona Roy

The COVID-19 pandemic stole not only time that we could spend loving and laughing with those close to us, it also stole so many of those loved ones that we would so desperately want to hold close. In addition to COVID-19 there were so many more instances of those close to us losing their lives. In this reality, our organisation did it's best to bring people together even at a distance.

Over this period of locking down and unlocking, we tried our best to deliver support online. As always funding has been both limited and short term which does not help with our stability as an organisation.

In the latter part of the year, we benefitted from funding to establish a Community Fridge in the organisation which has helped us do our bit to save the planet and reduce food waste.

Other funding applications have brought new relationships with new funders in and ever changing landscape of new local authorities.

Our thanks as a committee as always go to the committed and dedicated staff not forgetting our essential and passionate volunteers without whom we simply would not achieve even a small proportion of what we have achieved.

◆◆ TREASURER'S REPORT ◆◆

Farhat Lateef

The treasurer is responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the organisation and to ensure that the accounts comply with the requirement outlined with the Accounting for Charities and policies for the Constitution.

The management have reviewed the internal controls during the year and found them to be in generally accordance with the charities commission guidelines and appropriate actions have been put in place in the few areas that required attention

Last year, we have secured our core services and endeavour to ensure that our services will continue to support women and the broader community. The organisation has had to review budget considering the reduction of core funding, the committee has had to take decisions and continuously monitor expenses to maintain financial stability and sustain staff and services. The organisation has been exploring various ways of generating income.

Members nominate trustees for Annual elections. Trustees are elected annually at the Annual General Meeting. New trustees are offered an induction meeting within 6 weeks. In this way we hope all staff, volunteers and trustees will benefit from formal induction into the organisation.

Balance at the end of year 2023 is £203,509 out of which £50900 is Restricted Funds and rest are Designated Funds. Dostiyo has adopted a Reserves Policy with a rationale to maintain sufficient level of reserves to enable normal operating activities to continue over a period of up to 6 months should a shortfall in income occur and to take account of potential risks and contingencies that may arise from time to time.

Thanks to Lorraine Scullion for preparing the accounts efficiently and to DNG Dove Naish LLP for carrying out our independent examination.

Signed 

Date: 13-12-2023

◆◆ CENTRE MANAGER ◆◆

Deepa Bakrania

I am pleased to present the Annual Report for the year 2022-23. This year has been marked by significant challenges, particularly in the areas of funding and the cost of living crisis. However, through perseverance and collaborative efforts, we have successfully navigated these obstacles, securing funding, developing services, and addressing the pressing needs of our communities.

The year began with a challenging funding landscape, marked by increased competition for grants and a general economic downturn. This made it difficult to secure the necessary financial resources to sustain and expand our programs and services. The rising cost of living affected the communities we serve, placing additional burdens on individuals and families. This crisis intensified the demand for our services while simultaneously putting pressure on our organisation's operational cost.

Our work continues to span across Northampton and Wellingborough. This year there has been substantial increase in numbers of members getting involved in activities sharing and benefiting from time with each other. We continue to create great support and positive volunteering opportunities focussing on vulnerable people in the local communities especially with setting local self help groups run and managed by volunteers, which Dostiyo has been supporting as an infrastructure organisation.

Despite the challenging funding environment, our relentless pursuit of financial support yielded positive results and we were able to develop new and enhance existing services to better meet the evolving needs of our communities. Below is the report of the year:

NEP Building Better Opportunities

The project ceased on 31st December 2023, however through the year we have supported people facing additional barriers on the path to employment. Many of the participants were housewives or single mums who had been busy raising their children. Some of the participants had complex needs, mental health or physical health issues. Others had language barriers or lacked digital skills. All of them were supported to achieve their goals and aspirations, and they worked extremely hard. Some participants managed to secure paid employment, others volunteering roles, or accessed training courses. All participants were encouraged to access our free in house courses to improve their skills, ESOL, Art & Crafts, Cookery, Domestic Abuse workshops, Wellbeing courses etc.

3 participants have managed to secure paid employment, 4 participants into job searching, 3 into further training and 3 into volunteering. All of them have put in tremendous hard work and effort to achieve their goals and aspirations.

MILAP GROUP (Wellingborough)

'Milap' group has entered its 11th year and going from strength to strength, the group is managed and run by Volunteers and service users with support from Dostiyo Staff. Currently the group is an Unincorporated Constituted group and is pleased to report that the group has applied to charity commission to register as a Charity status.

RANGE OF SERVICES :

- Encourage and enhance independent living
- Living with safety measures in place
- Promoting independent living
- Encouraging members to befriend other members outside the group
- Guidance and advice for welfare benefits and sign posting
- Supporting them to participate in the wider community
- Supporting members to learn new skills (i.t. or mobile phones)

The Group meets twice a week at Victoria centre. The wellbeing services offer people in the community a safe and comfortable environment to be themselves and ask for any help they need. Currently the Group has 40 members including 34 women and 4 men.

What we managed to do :

Focusing on 'Physical. Mental Health and Wellbeing', regular physical activity, mental stimulation games and board games.

Volunteers organized and managed activities by making to fun and memorable for members and provide opportunity for social networking to befriend each other in & out of the group setting.

Organised variety of sessions in partnership with NNC & WNC adult learning including healthy cooking in air fryers, cards, paper flowers, wheat bags, Diwali Diya's and ornaments for Christmas tree.

Network and link with other organisations such as 'Food sharers', 'Eco Group' 'Wellingborough forum' 'Victoria Centre' 'Glamis Hall' these organisations offer clothing & food that can be shared with our members

Attendance for group is gradually growing and have recruited 12 new members since last year

The group also celebrated birthdays of members throughout the year, members felt very special as many live on their own with little input from families.

The steering group is always looking ways to secure funding for the rent, also to develop further services to responds to the needs of our members. There is still a great need to continue welfare calls, home visits, appropriate cultured meals service, support with medical professionals, cooking and serving meals, plus donations of food hampers (those in need)

WELLINGBOROUGH ' MILAP' USERS EQUAL OPPORTUNITIES MONITORING 2022 – 2023

Ethnicity	18 - 59	60+	Disability	Numbers
Bangladeshi		1	Mental Health	7
Indian	5	18	Heart problem	3
Pakistani	2	1	Hearing and Sight	3
Afro Caribbean	2	4	Mobility	3
African		2	Age related problems	21
White English	3	2		
TOTAL	12	28		

Funding:

We received £5672.70 funding from National Grid Western Power for Electric Blankets, throws, warm food tubs, hot water bottles and many other items to help our members through winter.

The group was successful in securing funding £9996 from Awards for All which helped to promote sessions on mindfulness, light exercise and craft activities. The project also hosted experts to offer practical help such as energy use awareness, creating meals on a budget and financial capability.

We secured £2987.50 from Northamptonshire Community Foundation to support our venue hire and volunteer expenses to ensure smooth running of the group.

As mentioned earlier re-start of Friday group. After the pandemic there was no funding for a Friday group, so we continued to meet at local supermarkets & coffee shops just to have a chat & catch up. Thanks to the Pattani family to kindly fund for our Friday sessions from July 2022- April 2023

Feedback from a few families:

"Thank you so much for your kindness & support, without this support we would have really had to go through immense difficulties, we are grateful for all your support and continue to do.

'SAHELI' GROUP (NORTHAMPTON)

Since the formation of Saheli group it continues to provide a very strong, sound and consistent platform to befriend and support to over 50 Asian older and disabled women. These women have more than one medical conditions, some of them have recovered or are recovering from serious illnesses. During the two-day group sessions Saheli provides a platform to forge new friendships befriend those who fall in dire circumstances. There has been remarkable improvement in their mental and physical health because of the social interaction and emotional warmth. They feel less lonely and depressed, much happier, motivated and valued. All members are encouraged and empowered to take an active part in group discussions which has given them the opportunities to build their self-confidence, self-esteem and rekindled their dormant skills in planning, organising and implementing their decisions.

Volunteers managing the project are encouraged to be involved in leading and developing the project. They feel more in control and sense of ownership of the activities, through their contribution to the project design, delivery and development.

The group has been successful in delivering activities supported by lottery funding through its 'Reaching Communities' grant.

Befriending Scheme

Organised befriending training session delivered by Sarah from Northampton Sports for the befrienders. We recruited 6 volunteers who visited older people in their home, took them out for a cup of tea and a chat, or accompanied them to an activity such as a trip to a cafe or the theatre. In some cases, a volunteer accompanied older people to hospital or doctor's/ dental appointments and always happy to chat over the phone or What's App.

Our Befriending scheme has helped some very vulnerable ladies in the communities, some with severe mental health issues. They have enjoyed the days out and much needed company.

The Saheli project demonstrates just how important the existence of group support is. The absolute importance cultural protection alongside integration opportunities in wider groups. It further demonstrated how exercise is understood to help both physical and mental stability, but without a safe space (that enables those to remain fully clothed including head scarves) then this would not be an opportunity. The women recognised how detrimental this would be to not only themselves, but their wider family networks.

The group is looking to address current need of the community by managing Community Fridge and seek to expand the services of the group in the next year.

DAYCARE and WELLBEING ACTIVITIES:

Dostiyo Day Care services aim to support our clients in their desire to maintain social interaction and to stay as independent and active as possible with opportunities to make new friends and participate in enjoyable activities.

In addition to our regular activities we strive to look after the wellbeing of our members and to keep them mentally, emotionally, and physically healthy by running a Wellbeing Café and other classes including Keep fit, Dance Class, Pilates, Zumba, Line Dancing and Yoga and many more classes every week.

Over the last year we have worked very closely with North Northampton Council and West Northampton Council Adult Learning Team comprising of Hazel Johnson and the tutors. The Members have enjoyed variety of courses including arts and crafts, drawing, painting, including water colours and oil painting, sewing, and cookery classes.

We have continued to recruit more members after the Covid pandemic. Our members feel confident coming to Dostiyo to join in the classes and have formed strong friendship between ladies from different backgrounds and religions. This was a pleasure to witness.

Race Equality Awareness

We have had an excellent awareness session by Anjona Roy and Dr Amrit Wilson about Domestic Abuse and 16 days of activism.

Police Awareness

We regularly have visits from our local Community police representatives Rachel, Elleri and Chris and are grateful for regular updates and the group feel confident in raising community issues with them such as Asian gold burglaries and hate crime.

Domestic Violence Awareness by NDAS & Voice/Sunflower Centre

We work closely with Divya, diversity lead domestic abuse specialist and Natalia, diversity and inclusion officer. Unfortunately, there are still issues with domestic violence in the communities and it is always good to have open and honest discussion at Dostiyo. We continue to support our ladies on 121 basis and have regular discussions in our Wellbeing Cafe. We participated in community awareness event at Grosvenor centre as part of 16 days of activism to promote our services to those who need in the community.

Trips

Dostiyo has a tradition of arranging short and long trips for the members at a very competitive price. Our seaside trip to Bournemouth was a huge success and our members have always supported these trips in large numbers.

Volunteer Help and Activities

The Centre is grateful for the services of its Volunteers, whose commitment and time, freely given, greatly assists the work of Dostiyo staff. Thanks also to other staff, supporters, and the community, who enable us to continue with our much-needed service.

This year more than 45 volunteers have been actively involved supporting the group activities, befriending, emotional support, or checking in on people, and your efforts have proved to be invaluable. The relevant support worker provided much needed supervision to enable the volunteers to gain much needed valuable experience in administrative duties and through their active participation supporting service users they acquired people and communication skills. This opened the gates to explore opportunities in paid employment. Last year the volunteers supported nearly 3500 volunteering hours at Dostiyo

Celebratory Events

We observe all important cultural events at Dostiyo which have always ensured good attendances and interest. We provide regular weekly physical activity and variety of other activities and workshops. Some of the health-related activities we have provided over the past year include:

NORTHAMPTON'SAHELI' GROUP USERS EQUAL OPPS MONITORING 2022 – 2023

Ethnicity	18 - 59	60+	Disability	Numbers
Bangladeshi	12	5	Mental Health	9
Indian	4	46	Heart problem	11
Pakistani	4	18	Hearing and Sight	2
Other		4	Mobility	21
			Age related problems	46
TOTAL	20	73		

NORTHAMPTON:
Day Care Activities 1st April 2022 - 31st March 2023

DATE	ACTIVITIES
06/04/2022	Police awareness session
18/05/2022	Domestic Abuse Awareness session by NDAS
16/06/2022	Picnic in Abington Park
22/06/2022	Cyber Safety Workshop
29/06/2022	Healthy Ageing by Manisha Morgen
08/09/2022	Cookery demonstration by Rashmita Shah using food from Dostiyo community fridge
10/9/2022- 01/12/2022	Arts and Crafts Fun session for beginners with Janet from Adult Learning
15/09/2022	Indian head massage
22/09/2022	Reflexology
29/09/2022	Aromatherapy
06/10/2022	Hand massage using what we have learnt on previous sessions
30/11/2022	16 days of Activism and Domestic abuse
08/12/2022	Christmas Crafts by Jennifer from Adult Learning
19/01/2023	Decorating pots and planting herbs with Jennifer from Adult Learning
26/01/2023	Wax Food wraps
02/02/2023	Sun Printing Cyanotype
09/02/2023	Make bird feeder and paint
23/02/2023	Seascape paintings with Gerald
23/02/2023	Pointillism
09/03/2023	Collage
16/03/2023	Oil Painting
April 2022- March 2023	
11am -12.00pm	Keep Fit Class every Wednesday
12.00pm - 1.00pm	Wellbeing Café Every Wednesday
11.00am - 12.30pm	ESOL every Thursday
11am – 12.00 pm	Yoga /Bollywood dance classes every Thursday
Training	
17/02/2023	Food Safety Course
18/03/2023	Northants sports Active chats/ befriending
Celebration 2022	
09/03/2022	International Women's Day
11/03/2022	Eid Party
01/06/2022	Queens's Jubilee Party including line dancing and Glass painting
22/10/2022	Navratri Celebrations
19/10/2022	Diwali Party
15/12/2022	Christmas Party
Trips	
12/05/2022	Lord Mayors Parlor at the Guildhall Northampton
27/7/2022	Bournemouth day trip
23/08/2022	Northampton Boat trip

ADVOCACY and ADVICE:

It has been another busy year for our Advice services. It has been very challenging for our clients, especially with the cost of living crisis. The increase in mortgage rates, rent charges, increase in household bills and soaring food prices is taking a toll on most people but especially those from marginalized communities. We have been supporting people to maximize their income, access relevant grants and welfare benefits they may be entitled to. A person may present with one problem at first, but we then unravel that they require support in many areas. It is a holistic service that we provide, to enable the individual to be empowered, and to prevent problems from escalating further.

STATISTICS FOR 2022 – 2023 NORTHAMPTON and WELLINGBOROUGH

National Origin	Number	Female	Male	Linguistic Background
Bangladeshi	115	97	18	Bengali
Indian	64	54	10	Gujarati, Hindi, and Punjabi
Pakistani	18	15	3	Urdu
Other	7	7	-	Dari, English, Pashto, Somali
Total	204	173	31	

NORTHAMPTONSHIRE USERS EQUAL OPPORTUNITIES MONITORING 2022- 2023

Ethnicity	18 - 59	60+
Bangladeshi	263	121
Indian	468	323
Pakistani	79	91
Mauritius	8	7
West Indies	8	3
Other	91	61
Total	917	606

BREAKDOWN OF SERVICE DELIVERY **NORTHAMPTON 2022 – 2023**

SERVICES PROVIDED	NUMBERS
Community Care	44
Advice one off	289
Debt	30
Disability	42
Domestic Abuse	24
ESOL	52
Household Support Fund Voucher	50
Housing	51
Mayor's Fund for Housebound	22
Mental Health	63
Safeguarding	1
Welfare Benefits Casework	435
Other	74

GENDER STATISTICS 2022-2023

Female	Male
892	631

Household Support Fund - supporting our most vulnerable residents in their time of need

We were very fortunate to be one of the charities involved in the distribution of the Household Support Fund supermarket vouchers, in partnership with Northamptonshire Community Foundation. Those eligible were given a £100 supermarket voucher to help with the essential costs of living. A total of 100 vouchers were distributed from Dostiyo to households in Northampton and Wellingborough.

Mayor's Fund for the Housebound

A gift of £30 and a Christmas card from the Mayor were hand delivered to 22 of our service users. The strict criteria for this wonderful initiative was for people living in Northampton, isolated, housebound, and living in their own homes. This was the fourth year Dostiyo was part of this project. All the recipients were extremely grateful to receive their gifts.

CASE SCENARIOS

1. We have been supporting a family with very complex needs. The adult son has a learning disability, mum has dementia and other severe health issues. Father is the main carer for both and had to give up employment due to the increase in caring responsibilities. We supported them to maximise their income and helped with the relevant benefit claims. Due to mum's health deteriorating and dementia getting worse, she required a care package from Adult Social Care. The family will require ongoing practical and emotional support.
2. A client had suffered the trauma of domestic abuse. She managed to escape and moved to Northampton with her son. However due to the years of historic abuse, this had affected her mental health and she was admitted to Berrywood Hospital, as she was suffering with Psychosis. Once she was discharged home her mental health was more stable, however she had difficulty with daily living tasks and was unable to leave her home alone. She required in depth practical and emotional support. We also supported her to make a claim for Personal Independence Payment, which she was not aware of. We attended the medical assessment with her as she was extremely anxious. Her claim for PIP was successful, and as her son was the main carer, we supported him with his claim for Carers Allowance.
3. A single mum of two young children accessed our support services and enrolled on the BBO project. She had recently separated from her husband who was the main breadwinner for the family. She lacked confidence to navigate the benefits system, due to her language barrier and lack of digital skills. She was extremely frustrated and anxious. She was grateful for the practical and emotional support received from us, as she is now in receipt of Universal Credit. She is accessing our in house ESOL class and wellbeing activities. Recently she has secured paid employment as a Passenger Assistant, supporting school children on their journey to school. She feels much more independent now as she is working and is confident to face the challenges of being a single parent.

WAY FORWARD:

- Develop culturally sensitive outreach strategies to connect with marginalized Asian communities through community events, workshops, and social media.
- Create a sustainable funding model that includes diversified revenue sources such as grants, individual donations, corporate partnerships, and fundraising events.
- Providing facilities and services reflecting the welfare of the local community and continuing to promote friendship, well being and improve economic, social, mental and physical wellbeing
- Improvement in listening to the voice of the service user and co-production – work with them and do what the service users say they need and want
- Exploring ways to incorporate Social Enterprise model within self help groups.
- Strengthen the charity's infrastructure to accommodate a growing client base and provide efficient support.
- Explore and expand Community Fridge as well as recreational indoor/outdoor activities, arts/crafts, outings and residential trips.

I would like to extend our gratitude to:

- All the members and users of Dostiyo who make us what we are and continue to place their trust and faith in us;
- The Management Committee members who are volunteers for their valuable time, knowledge, experience and guidance;
- Volunteers and Steering Group members of Zindagani Mens Group, Sakhi Milap, Milap and Saheli Group
- All the staff for their commitment towards the aims and objectives of Dostiyo;
- Dedicated volunteers for their constant help and support.

Your commitment and resilience have been instrumental in overcoming the challenges of the past year. As we move forward, let us continue to work together, advocate for positive change, and empower Asian women to thrive in the face of adversity.

In conclusion, the year 2022-23 has been a testament to our organization's ability to adapt, persevere, and make a meaningful difference in the lives of those we serve. I am confident that with continued support and collaboration, we will navigate future challenges and achieve even greater success.



Accounting Policies:

Legal form

Dostiyo is an unincorporated charity registered with the Charity Commission for England and Wales. Its registered address is 62-66 Dunster Street, Northampton, NN1 3JY.

Basis of Accounting

The charity is a public benefit entity and the financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities SORP (FRS 102), issued in January 2019, and applicable UK Accounting Standards and the Charities Act 2011.

No material uncertainties exist in relation to going concern.

Incoming Resources

All incoming resources are recognised once the charity has entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Donations received and organised trips are credited on the statement of financial activities in the year to which they relate. Donated services and facilities are included as income and expenditure where the amounts are reasonably quantifiable and measurable.

Grants received are recognised using the performance model.

Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure is allocated on the statement of financial activities between restricted and unrestricted funds. Expenditure that is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity they have been apportioned across the cost categories on a basis consistent with the use of these resources

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and the management of its assets.

Fixed Assets

Tangible fixed assets are shown at cost less depreciation.

Depreciation is calculated to write off their cost or valuation less their estimated residual value over their expected useful lives as follows:

Freehold property	25 years straight-line basis
Computer equipment	25% reducing balance
Other equipment	25% reducing balance
Motor vehicles	25% reducing balance

Fund Accounting

Funds held by the charity are either:

Unrestricted General Funds – funds, which can be used in accordance with the charitable objects at the discretion of the Executive Committee.

Designated Funds – funds set aside by the Executive Committee out of unrestricted funds for specific future purposes or projects.

Restricted Funds – funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund are included in the notes to the financial statements.

Financial Instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.



DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

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	Notes	Unrestricted £	Restricted £	Total 2023 £	Unrestricted £	Restricted £	Total 2022 £
Income from:							
Donations and Legacies		1,570	-	1,570	2,078	-	2,078
Charitable Activities	1	17,615	123,267	140,882	5,801	139,561	145,362
Investment Income		633	-	633	12	-	12
Total Income		19,818	123,267	143,085	7,891	139,561	147,452
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	2	26,943	119,771	146,714	46,305	111,264	157,569
Other		-	-	-	-	-	-
Total Expenditure		26,943	119,771	146,714	46,305	111,264	157,569
Net Income/(expenditure)		(7,125)	3,496	(3,629)	(38,414)	28,297	(10,117)
Transfers between funds		105	(105)	-	6,010	(6,010)	-
Net movement in funds		(7,020)	3,391	(3,629)	(32,404)	22,287	(10,117)
Reconciliation of funds:							
Total funds brought forward		159,629	47,509	207,138	192,033	25,222	217,255
Total funds carried forward		152,609	50,900	203,509	159,629	47,509	207,138

All income and expenditure derive from continuing activities

The statement of financial activities include all gains and losses recognised during the year

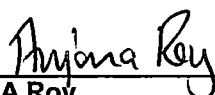
DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2023

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	Notes	£	2023 £	£	2022 £
Fixed Assets					
Tangible Assets	4		45,180		55,426
Current assets					
Debtors	5	1,892		7,793	
Cash at bank and in hand		137,229		120,762	
Funds Held by CVS		21,591		25,830	
		<u>160,712</u>		<u>154,385</u>	
Creditors:					
Amounts falling due within one year	6	(2,383)		(2,673)	
		<u>(2,383)</u>		<u>(2,673)</u>	
Net Current Assets/(Liabilities)			158,329		151,712
Net Assets/(Liabilities)			<u>203,509</u>		<u>207,138</u>
Charity Funds					
Unrestricted Funds	7				
General Reserve		37,692		54,554	
Designated funds - Other		<u>114,917</u>		<u>105,075</u>	
			152,609		159,629
Restricted funds	8		50,900		47,509
			<u>203,509</u>		<u>207,138</u>

The accounts have been prepared in accordance with SORP (FRS102) effective January 2019 and relevant UK Accounting standards.

Approved by the Executive Committee on 23rd January 2024 and signed on their behalf by:


A Roy
Chairperson

		Unrestricted	Restricted	2023	2022
		£	£	£	£
1	Income from Charitable Activities				
	Grants:				
	Western Power	-	2,461	2,461	7,906
	WNC - Wellbeing Fund	-	3,865	3,865	-
	Awards 4 All - Community Fridge	-	9,440	9,440	-
	North Northamptonshire Council	6,080	-	6,080	3,000
	Commsortia - Working Progress (NEP)	-	5,819	5,819	20,452
	Neighbourly B&Q	-	5,000	5,000	-
	Hubbub Foundation - Co-op Community Fridge	-	-	-	3,000
	ROSA - COVID Response Fund	-	-	-	8,000
	Sport England Fund	-	-	-	1,250
	NCF - Poverty Hurts	-	2,962	2,962	-
	One Wellingborough	-	-	-	-
	Community Matters	-	-	-	-
	Community Justice Fund	-	12,196	12,196	50,000
	Northamptonshire Sport	-	-	-	2,804
	Comic Relief Womens Resource Centre	-	4,000	4,000	5,000
	Lottery Community Fund - Saheli Women's Group	-	77,524	77,524	39,167
	NCF - Food Aid	-	-	-	1,982
	Organised Trips	2,160	-	2,160	-
	Other	9,375	-	9,375	2,801
		17,615	123,267	140,882	145,362

2	Charitable Activities		Unrestricted £	Restricted £	2023 £	2022 £
	Staff costs	3	11,410	85,038	96,448	92,923
	Depreciation		10,167	79	10,246	10,277
	Other costs		3,569	21,082	24,651	36,627
			25,146	106,199	131,345	139,827
	Support Costs - Staffing	3	936	10,051	10,987	11,144
	Support Costs - Other		861	3,521	4,382	6,598
			26,943	119,771	146,714	157,569

Other costs include Independent Examination fee of £1,200

3	Staff Costs	2023	2022
		£	£
	Wages and salaries	102,548	98,829
	NIER	2,969	3,465
	ER Pension	1,918	1,773
	DBS Checks	-	-
		107,435	104,067

Average number employed by head count

Centre	5	5
Management and administration	1	1
	<u>6</u>	<u>6</u>

No employee received remuneration amounting to more than £60,000 in either year.

Remuneration paid to key management personnel in the year considered to be the Manager
£45,385 (2022 - £48,201)

No trustees received any remuneration during the year. Trustee indemnity insurance paid in the year amounted to £nil. (2022: £nil).

Trustees received reimbursed expenses for travel and other costs amounting to £nil
(2022:£nil)

4	Fixed Assets	Freehold Property £	Minibus £	Computer Equipment £	Other Equipment £	Total £
	Cost					
	Brought forward	280,939	-	13,480	4,973	299,392
	Additions	-	-	-	-	-
	Disposals	-	-	-	-	-
	Carried forward	<u>280,939</u>	<u>-</u>	<u>13,480</u>	<u>4,973</u>	<u>299,392</u>
	Depreciation					
	Brought forward	225,864	-	13,165	4,937	243,966
	Charge for year	10,158	-	79	9	10,246
	Disposals	-	-	-	-	-
	Carried forward	<u>236,022</u>	<u>-</u>	<u>13,244</u>	<u>4,946</u>	<u>254,212</u>
	Net Book Value					
	Balance at 31.03.23	<u>44,917</u>	<u>-</u>	<u>236</u>	<u>27</u>	<u>45,180</u>
	Balance at 01.04.22	<u>55,075</u>	<u>-</u>	<u>315</u>	<u>36</u>	<u>55,426</u>

Included in freehold property is land with an estimated cost of £27,000 to which depreciation is not being applied in accordance with relevant accounting standards.

	Unrestricted £	Restricted £	2023 £	2022 £
5 Debtors				
Sundry Debtors	274	990	1,264	7,321
Prepayments	628	-	628	472
	<u>902</u>	<u>990</u>	<u>1,892</u>	<u>7,793</u>
6 Creditors: Amounts falling due within one year				
Sundry creditors	(520)	(163)	(683)	(1,131)
Accruals	(1,700)	-	(1,700)	(1,542)
Deferred Income	-	-	-	-
	<u>(2,220)</u>	<u>(163)</u>	<u>(2,383)</u>	<u>(2,673)</u>

	Opening Balance 01.04.22 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.23 £
7 Designated Funds					
Freehold Property	55,075	-	(10,158)	-	44,917
General reserve	54,554	19,818	(16,785)	(19,895)	37,692
Designated-Property Repair & Maintenanar	30,000	-	-	20,000	50,000
Designated-Communications & IT Equipr	15,000	-	-	-	15,000
Designated-Fixtures & Fittings	5,000	-	-	-	5,000
	159,629	19,818	(26,943)	105	152,609

The balance on the designated fund represents the net book value of the freehold property held by the charity. The intention is to generate a general reserve of six months running costs.

Designated - Property R&M - Provision for repairs and maintenance to the building

Designated - Communications & IT Equip - Provision for upgrading communications & IT equipment

Designated - Fixtures & Fittings - Provision for replacement or upgrading fixtures & fittings

Comparative Designated Funds	Opening Balance 01.04.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.22 £
Designated Funds					
Freehold Property	65,233	-	(10,158)	-	55,075
General reserve	126,800	7,891	(36,147)	(43,990)	54,554
Designated-Property Repair & Maintenanar	-	-	-	30,000	30,000
Designated-Communications & IT Equipr	-	-	-	15,000	15,000
Designated-Fixtures & Fittings	-	-	-	5,000	5,000
	192,033	7,891	(46,305)	6,010	159,629

8 Restricted Funds

	Opening Balance 01.04.22 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.23 £
Advice UK	255	-	(79)	-	176
NCF - Saheli Womens Group	115	-	-	(115)	-
BBO - Working Progress	1,689	5,819	(7,508)	-	-
WNC - Wellbeing Fund	-	3,865	(3,865)	-	-
Hubbub Foundation	2,742	-	(2,742)	-	-
Lottery Community Fund - Saheli Womer	21,089	77,524	(64,137)	-	34,476
Awards 4 All - Community Fridge	-	9,440	(9,440)	-	-
Neighbourly - B&Q	-	5,000	(2,340)	-	2,660
Western Power Distribution	1,000	2,461	(2,461)	-	1,000
Community Justice Fund	17,150	12,196	(21,217)	-	8,129
NCF - Food Aid Fund	1,972	-	(1,982)	10	-
Comic Relief - Womens Resource Centri	-	4,000	(4,000)	-	-
Northamptonshire Sport	1,497	-	-	-	1,497
NCF - Poverty Hurts	-	2,962	-	-	2,962
	47,509	123,267	(119,771)	(105)	50,900

Advice UK - To employ advocacy workers providing advice and support to the Asian community under the age of 60 years old, and to purchase equipment
NCF - Saheli Womens Group - Enable Asian Women to play an effective citizenship role in a wider community through attacking barriers of isolation
BBO - Working Progress - Assist people working towards gaining employment.
WNC - Wellbeing Fund - Towards salaries for Wellbeing Services
Hubbub Foundation - To provide a community fridge for the local community
Lottery Community Fund - Saheli Women's Group - to enable more people from the BME population to access health and wellbeing services
Awards 4 All - Community Fridge - To provide a community fridge for users to take free food & provide cooking sessions to show how to cook on a budget.
Neighbourly B&Q - Towards refurbishment costs
Western Power Distribution - Supporting individuals to access support with fuel payments to combat fuel poverty
Community Justice Fund - To fund a part-time member of staff during the pandemic
NCF - Food Aid Fund - To support the community fridge project providing food to families
Comic Relief - Womens Resource Centre - Support to continue providing crucial services for South Asian Women including Advocacy, Advice, Support, Guidance and information.
Northamptonshire Sport - To provide keep fit sessions for the community.
NCF - Poverty Hurts - Towards cost of living & poverty advice service
Fund transfers relate to overhead costs as per grant agreements

Comparative Restricted Funds

	Opening Balance 01.04.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 01.04.22 £
Advice UK	340	-	(85)	-	255
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	-	20,452	(15,303)	(3,460)	1,689
NCF - COVID Response	2,702	-	(1,839)	(863)	-
Hubbub Foundation	-	3,000	(258)	-	2,742
Lottery Community Fund - Saheli Women	-	39,167	(16,953)	(1,125)	21,089
ROSA - COVID Response Fund	-	8,000	(8,000)	-	-
Sport England	22,065	1,250	(24,743)	1,428	-
Western Power Distribution	-	7,906	(4,916)	(1,990)	1,000
Community Justice Fund	-	50,000	(32,850)	-	17,150
NCF - Food Aid Fund	-	1,982	(10)	-	1,972
Comic Relief - Womens Resource Centre	-	5,000	(5,000)	-	-
Northamptonshire Sport	-	2,804	(1,307)	-	1,497
	25,222	139,561	(111,264)	(6,010)	47,509

NCF - COVID Response - To provide helpline support and additional costs due to the pandemic
ROSA - COVID Response Fund - To provide helpline support and additional costs due to the pandemic
Sport England - To purchase and install ventilation system and upgrade the toilet facilities

9 Analysis of Net Assets Between Funds

Fund balances at 31 March 2023 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	45,004	176	45,180
Current Assets	-	109,825	50,887	160,712
Current Liabilities	-	(2,220)	(163)	(2,383)
	-	152,609	50,900	203,509

Fund balances at 31 March 2022 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	55,086	340	55,426
Current Assets	-	107,216	47,169	154,385
Current Liabilities	-	(2,673)	-	(2,673)
	-	159,629	47,509	207,138

10 Ultimate Controlling Party

The charity is under the ultimate control of its Executive Committee, whose names are shown at the front of the financial statements.

11 Related party transactions

There were no related party transactions during the year or prior year.

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2023

Page 24

		2023	2022
Income	£	£	£
Grants Receivable		129,347	139,561
Donations and gifts		1,570	2,078
Investment income		633	12
Organised Trips		2,160	-
Other Income		9,375	5,801
		<u>143,085</u>	<u>147,452</u>
Expenditure			
Centre Running Costs			
Salaries	80,695		81,779
Depreciation of freehold property	10,158		10,158
Depreciation of motor vehicles	-		-
Depreciation of equipment	9		13
Motor and travel expenses	434		137
Organised Trips	1,710		-
Other project expenses	9,368		26,857
Heating and lighting	3,943		1,539
Hall hire	-		-
Repairs and renewals - equipment	2,220		2,010
Repairs and renewals - premises	2,892		1,615
Cleaning	4,924		276
Support Costs			
Salaries	10,987		11,144
Printing, postage and stationery	813		1,274
Telephone	1,697		4,219
Insurance	1,872		1,105
Governance Costs			
Salaries	10,987		11,144
Depreciation of computer equipment	79		106
Bank charges	105		99
Professional fees incl. accountancy	3,773		3,854
Management expenses incl.AGM	48		240
		<u>(146,714)</u>	<u>(157,569)</u>
Surplus/(Deficit) for the Year		<u>(3,629)</u>	<u>(10,117)</u>

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 17 to 23.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

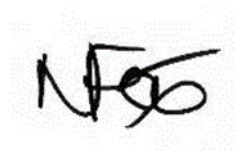
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our independent examination work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our independent examination work, for this report, or for the opinions we have formed.



Nicola Fox FCA
DNG Dove Naish LLP
Accountants
Eagle House
28 Billing Road
Northampton
NN1 5AJ

Date: 24 January 2024

DOSTIYO- ASIAN WOMEN AND GIRLS ORGANISATION

England & Wales - Charity number 1058077

Accounts



ANNUAL REPORT 2021 - 2022

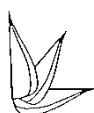


Registered charity number 1058077
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Telephone 01604 745340 Fax 01604 745341
Email: info@dostiyo.org.uk; Website: www.dostiyo.co.uk

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•• Introduction ••



Dostiyo is a voluntary organisation run by and for Asian women and men and is governed by a signed Constitution. Over the past 40 years Dostiyo has become established as a service provider predominantly for Asian women in

Northamptonshire and is gradually expanding both in number of workers and services provided.

The organisation has provided services to local Asian women and communities offering support and advice on a wide range of issues. It actively works towards enabling full participation of Asian women and men in social activities and overcome cultural, religious, physical and social barriers. It addresses the needs of local Asian women and girls in a relaxed and friendly manner in a sensitive, confidential and safe environment.

Dostiyo offers comprehensive overview of the needs for service development for Asian Communities and promoting access to services, transcending racial, religious, linguistic and cultural issues since 1979. Dostiyo also serves as an infrastructure development agency for Asian communities by supporting to set up Self Help groups managed by Volunteers, Constitution, gain charity status etc within Northampton and Wellingborough including Zindgani Asian Men's Group. Sakhi Milaap Ladies Group, Milaap Group Wellingborough, Saheli Group.

Working to overcome barriers Asian men and women face in their daily lives, Dostiyo provides them with opportunities for self-development, build their confidence and capacity and most importantly, help them on the path of self-help.

MISSION STATEMENT:

"To promote effective citizenship of Asian women and men regardless of age, religion, ethnicity, cast or creed, by helping them overcome barriers to accessing much needed services"

•• Current Service Provision ••

Currently Dostiyo provides Advocacy, support, guidance, information and counselling through its main activities, including:

- Older People's Project, which facilitates group activities and provides advocacy, advice and support to Asian women and men and/or their families.
- Supporting people into Employment, Education and Training by offering a specialist tailored package to unemployed adults
- Mental Health Support including Advocacy, Benefits Advice and promote independent living.
- Weekly Wellbeing café's in Northampton and Wellingborough.
- Day Care and various classes for the elderly and disabled women and men.
- Opportunities to volunteers and gain training within Dostiyo and through external organisations.

The organisation's aim of ensuring a dedicated approach to a service request means that regularly members are encouraged and supported to access activities that meet their needs.

Dostiyo's ultimate objective is to conciliate and improve this position, through close and active multi-agency working that would eventually provide effective citizenship and equality.

•• Project Scope and Objectives ••

Dostiyo aims to provide the highest quality services to Asian communities for the benefit of Asian women their families and extended families.

Its core principles are:

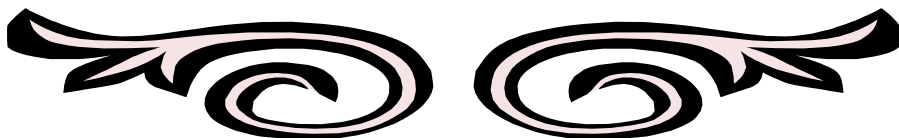
- Attacking barriers of isolation that Asian communities experience;
- Promoting access to services, transcending racial, religious, linguistic and cultural issues;
- Promoting self-help, advocacy and information in the community;
- Promoting the well being of women and their families;

It does this by:

- Providing services to women and men of all ages.
- Targeting its services to those who have the greatest needs.
- Promoting equality of opportunity within the organisation and through partnerships.
- Valuing staff and volunteers and opening new avenues of thinking and creating opportunities for Asian women to become financially independent.

Dostiyo provides services in varied areas:

- | | |
|--------------------------|----------------------|
| □ Clinical Negligence | □ Family |
| □ Community Care | □ Housing |
| □ Education | □ Mental Health |
| □ Wellbeing Cafe | Support |
| □ Employment Support | □ Older People |
| □ Welfare Benefits | □ Volunteering |
| □ Workshops and Training | □ One to One Support |





DOSTIYO MANAGEMENT COMMITTEE

Chair	Anjona Roy
Secretary	Jagdishbhai Modha
Treasurer	Farhat Lateef
Committee Members	Harsha Patel (appointed
13/12/2021)	Akhtar Munir (appointed
13/12/2021)	Kalpana Maisuria
13/12/2021)	Balwinder Kaur (appointed
13/12/2021)	Saroj Padhiar
13/12/2021)	Leena Marks (resigned
13/12/2021)	Jayshree Mashru (resigned
13/12/2021)	Vasuben Desai (resigned

DOSTIYO STAFF

Centre Development Manager	Deepa Bakrania
Advocacy Worker (Northampton)	Kalsuma Begum
Advice Worker (Northampton)	Iffat Hussain
Advocacy Worker(Northampton/ Wellingborough)	Savita Paw
Day- Care Co-ordinator:	
Northampton	Indira Patel
Wellingborough	Jaya Tailor
Community Fridge Driver	Trishna Roy



•• CHAIR'S REPORT ••

Anjona Roy

The COVID-19 pandemic stole not only time that we could spend loving and laughing with those close to us, it also stole so many of those loved ones that we would so desperately want to hold close. In addition to COVID-19 there were so many more instances of those close to us losing their lives. In this reality, our organisation did its best to bring people together even at a distance.

Over this period of locking down and unlocking, we tried our best to deliver support online. As always funding has been both limited and short term which does not help with our stability as an organisation.

In the latter part of the year, we benefitted from funding to establish a Community Fridge in the organisation which has helped us do our bit to save the planet and reduce food waste.

Other funding applications have brought new relationships with new funders in and ever changing landscape of new local authorities.

Our thanks as a committee as always go to the committed and dedicated staff not forgetting our essential and passionate volunteers without whom we simply would not achieve even a small proportion of what we have achieved.

•• TREASURER'S REPORT ••

Farhat Lateef

The treasurer is responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the organisation and to ensure that the accounts comply with the requirement outlined with the Accounting for Charities and policies for the Constitution.

The management have reviewed the internal controls during the year and found them to be in generally accordance with the charities commission guidelines and appropriate actions have been put in place in the few areas that required attention

Last year, we have secured our core services and endeavour to ensure that our services will continue to support women and the broader community. The organisation has had to review budget considering the reduction of core funding, the committee has had to take decisions and continuously monitor expenses to maintain financial

stability and sustain staff and services. The organisation has been exploring various ways of generating income.

Members nominate trustees for Annual elections. Trustees are elected annually at the Annual General Meeting. New trustees are offered an induction meeting within 6 weeks. In this way we hope all staff, volunteers and trustees will benefit from formal induction into the organisation.

Balance at the end of year 2022 is £207,138 out of which £47509 is Restricted Funds and rest are Designated Funds. Dostiyo has adopted a Reserves Policy with a rationale to maintain sufficient level of reserves to enable normal operating activities to continue over a period of up to 6 months should a shortfall in income occur and to take account of potential risks and contingencies that may arise from time to time.

Thanks to Lorraine Scullion for preparing the accounts efficiently and to DNG Dove Naish LLP for carrying out our independent examination.

Signed ...Farhat Lateef.....
Date: ..23/01/2023.....

•• CENTRE MANAGER ••
Deepa Bakrania

2021-22 - a year of evolving change - the year we tentatively went back to our pre-pandemic lives, whilst continuing to navigate the impact that Covid-19 has had on the way we work, socialise and travel. Post pandemic we saw an unprecedented growth in the number of people needing our support - driven by an increased cost of living, unemployment & redundancies, changes to universal credit, and most recently fuel increases resulting in many families being forced to choose whether to heat or eat.

Our work continues to span across Northampton and Wellingborough. This year there has been substantial increase in numbers of members getting involved in activities sharing and benefiting from time with each other. We continue to create great support and positive volunteering opportunities focussing on vulnerable people in the local communities especially with setting local self help groups run and managed by volunteers, which Dostiyo has been supporting as an infrastructure organisation.

We continue to be creative in the ways in which we raise funds, and we are as ever, enormously grateful to our supporters, donors and funders without whom we could not continue our invaluable work. Despite the challenges the organisation managed to deliver outstanding and continuous services to our clients. Below is the report of the year:

'SAHELI' GROUP (Northampton)

Since the formation of Saheli group it continues to provide a very strong, sound and consistent platform to befriend and support to over 50 Asian older and disabled women. These women have more than one medical conditions, some of them have recovered or are recovering from serious illnesses. During the two-day group sessions Saheli provides a platform to forge new friendships befriend those who fall in dire circumstances. There has been remarkable improvement in their mental and physical health because of the social interaction and emotional warmth. They feel less lonely and depressed, much happier, motivated and valued. All members are encouraged

and empowered to take an active part in group discussions which has given them the opportunities to build their self-confidence, self-esteem and rekindled their dormant skills in planning, organising and implementing their decisions.

Volunteers managing the project are encouraged to be involved in leading and developing the project. They feel more in control and sense of ownership of the activities, through their contribution to the project design, delivery and development

The group has been successful in securing 2-year lottery funding through its 'Reaching Communities' grant. This has been significant in developing more support services such as introducing Befriending scheme and one to one case work.

MILAP GROUP (Wellingborough)

'Milap' group has entered its 9th year and going from strength to strength, the group is managed and run by Volunteers and service users with support from Dostiyo Staff. Currently the group is an Unincorporated Constituted group and would like to develop a framework to be able to register as a Charity status.

The Group meets twice a week at Victoria centre. It took us some time to reestablish the regular activities as members were still reluctant to start face to face activities. Attendance for day care group is gradually growing

The wellbeing services offer people in the community a safe and comfortable environment to be themselves and ask for any help they need.

RANGE OF SERVICES :

- Encourage and enhance independent living
- Living with safety measures in place
- Promoting independent living
- Encouraging members to befriend other members outside the group
- Guidance and advice for welfare benefits and sign posting
- Supporting them to participate in the wider community
- Supporting members to learn new skills (i.t. or mobile phones)

WHAT WE MANAGED TO DO

Re-start the groups the Wednesday group back at the Victoria Centre with Government guidelines, encouraging members to wear masks and respect social distancing
Opened the group out to anyone in the community, so now we have a great mix of members from all communities. Our hard work and efforts for supporting 'One Wellingborough Project' & Word of mouth has reflected on the numbers of new members

The group also celebrated birthdays of members throughout the year, members felt very special as many live on their own with little input from families

The steering group is always looking ways to secure funding for the rent, also to develop further services to responds to the needs of our members. There is still a great need to continue welfare calls, home visits, appropriate cultured meals service, support with medical professional's ,cooking and serving meals, plus donations of food hampers (those in need)

FEEDBACK FROM A FEW FAMILIES:

“Thank you so much for your kindness & support, without this support we would have really had to go through immense difficulties, we are grateful for all your support and continue to do.:

NEP Building Better Opportunities

We have been supporting unemployed and economically inactive women to gain independence and improve their confidence. We continued to support those who are unemployed or economically inactive, on to the path of employment. Many participants required wellbeing support during Lockdown as they felt isolated and were juggling with personal upheaval, home schooling their children, and added responsibilities.

Many participants have been supported on the path to employment. They have put in tremendous effort to achieve their goals. Some have managed to secure paid employment or are volunteering in the community. Others have improved their English or IT skills, but all of our participants have increased confidence and feel more empowered. We have also supported participants to maximise their income. This year participants attended various courses online via Zoom and in person at Dostiyo Centre; Water Colours Painting, Photography, First Aid, Embroidery, Charcoal Drawing, Paediatric First Aid, Sewing, Food Safety in Catering. Many participants are attending our Wellbeing Café and Exercise classes on a regular basis. This gives them an opportunity to improve their wellbeing and increase social networks. We are looking at restarting our in house ESOL classes in the near future, so that participants can improve their English language skills.

2 participants have managed to secure paid employment, 5 participants into job searching, 5 into further training and 2 into volunteering. All of them have put in tremendous hard work and effort to achieve their goals and aspirations.

DAYCARE and WELLBEING ACTIVITIES:

Dostiyo Day Care services aim to support our clients in their desire to maintain social interaction and to stay as independent and active as possible with opportunities to make new friends and participate in enjoyable activities.

Throughout the year of closure, staff remained in contact with clients through telephone calls, whatsapp group and text messages. Some were contacted 2- 3 times a week; others on a weekly or fortnightly basis (according to the wishes of the individual). It was not uncommon for some telephone conversations to last for 45 minutes or longer. It quickly became clear that the clients all appreciated hearing a friendly, recognizable voice that was genuinely concerned for their well-being. Staff also made doorstep visits to help celebrate occasions such as Diwali, Eid and Christmas. They delivered food hampers, medications, groceries, Christmas hampers etc, to clients and observed strict Covid sanitising rules before and after each doorstep visit.

It goes without saying that the pandemic has presented various challenges to Staff in terms of delivering the Centre’s objectives to keep Members engaged and motivated. The Centre works very closely with the Northamptonshire Adult Learning Team and managed to organize some excellent classes to stimulate and encourage self-development for our members. Following is an overview of the varied activities delivered

- Supporting members in pandemic by organizing various weekly classes on Zoom. This included providing training on how to use Zoom

- Day Care support, meaningful activities such as Keep fit, Zumba, Dance classes, Yoga, Pilate and much more for a wide range of people, according to individual needs.
- Support for vulnerable elderly people with complex needs living in the community
- Opportunities to develop new skills and lifestyles and maximise their potential
- Health promotion and varied workshops including workshops on Depression, Anxiety and Mindfulness

Referrals to the Dostiyo Day Centre come from adult social care, Mental health team, various health care professionals including Social Workers, but mostly by word of mouth

Workshops

The Adult Learning Services section of North Northamptonshire Council play an important role in co-ordinating many Activities with the Day Care Activity Co-ordinator. Our collaboration with them has helped to deliver activities that have provided new skills to Dostiyo's members.

We work very closely with Chris (Northamptonshire Community Police Officer) and are grateful for the regular updates, input and advice. As Asian communities in Northampton have been hit hard with gold burglaries, the police regularly held sessions to address some of the concerns of our members and provided reassurance to everyone that they do their best to eliminate such crimes. Sessions were also held on personal safety, including staying safe at home and outdoors.

Volunteer Help and Activities

The Centre is grateful for the services of its Volunteers, whose commitment and time, freely given, greatly assists the work of Dostiyo staff. Thanks also to other staff, supporters, and the community, who enable us to continue with our much-needed service.

This year more than 45 volunteers have been actively involved supporting the group activities, befriending, emotional support, or checking in on people, and your efforts have proved to be invaluable. The relevant support worker provided much needed supervision to enable the volunteers to gain much needed valuable experience in administrative duties and through their active participation supporting service users they acquired people and communication skills. This opened the gates to explore opportunities in paid employment. Last year the volunteers supported nearly 3500 volunteering hours at Dostiyo

Celebratory Events

We observe all important cultural events at Dostiyo which have always ensured good attendances and interest. We provide regular weekly physical activity and variety of other activities and workshops. Some of the health-related activities we have provided over the past year include:

NORTHAMPTON: Day Care Activities 1st April 2021 - 31st March 2022

DATE	ACTIVITIES
5/4/2021	Online Otago exercise Class on Zoom
6/4/2021	Making Sock Monkey
12/4/2021	Otago exercise class
15/4/2021 &	Learn Photography with your mobile phone

22/4/2021	
27/4/2021-11/5/2021	Online Yoga Class on Zoom
29/4/2021 4 Weeks	Water Colour
27/5/2021	Photography class
3/6/2021	Antakshari (sing songs)
16/6/2021	Picnic in Abington Park
22/6/2021	Cyber Safety Workshop
8/7/2021-29/7/2021	Learn to make Bird Applique
15/9/2021	Navratri dancing in the park
16/9/2021-30/9/2021	Embroidery class with Hazel
7/10/2021 and 14/9/2021	Drawing class with Gerald
21/10/2021	Paediatric First Aid by Janet
28/10/2021	Water Colour Painting workshop
13/01/2022- 24/02/2022	Sewing classes
14/01/2022- 18/02/2022	Yoga class on Zoom every Friday
3/2/2022 & 18/2/2022	Photography at Delapre Abbey
30/3/2022	Children's Services awareness by Stacey
<u>Celebrations</u>	
13/4/2021	Online Eid Party on Zoom
3/11/2021	Diwali Party
1/12/2021 and AGM	Christmas Party
09/03/2022	International Women's Day
11/03/2022	Eid Party
<u>Regular Weekly Sessions</u>	
2/6/2021- 25/08/2021 every Wednesday	Outdoor Keep Fit Sessions at Abington Park
01/09/2022 - 30/03/2022 every Wednesday	Keep fit classes with Nancy at Dostiyo Centre
14/10/2021 - 31/03/2022 every Thursday	Yoga Classes at Dostiyo Centre
12/01/2022- 30/03/2022 every Wednesday	Wellbeing Café
<u>Training</u>	
17/02/2022	Certified level 2 Food Safety
18/03/2022	Northants Sports Active chats/ Befriending course

WELLINGBOROUGH:

We run our Day care activities at the Victoria Centre every Wednesdays and Fridays providing regular keep fit exercise, yoga sessions, various Health and

Educational workshops and light lunch. Due to the lockdown, the group interacted through whatsapp group, zoom and during summer met outside for keepfit exercises at Croyland park.

Dostiyo worked in partnership with Victoria centre on 'One Wellingborough' project to engage with people and groups from the many BAME communities of Wellingborough and identify any personal support and cultural needs. The service promoted and enhance effective personal support networks, assist to lead an independent and fulfilling life, help maintain good health by Wellbeing calls for BAME communities in Wellingborough.

Events in the year:

- We have hosted various Zoom & Whatsapp activities to engage with members facilitated & hosted zoom prayers for families
- Cook and delivered culturally appropriate meals for the vulnerable during the lockdown
- Celebrate Navratri at the Victoria centre with social distancing guidelines.
- Celebrated Eid by delivering festive food parcels to our members
- Celebrated Diwali on Zoom and our volunteers delivering a cooked meal to our members
- Celebrated Christmas by delivering a cooked meal to all our members
- Celebrated birthdays of members at Croyland park throughout the summer
- Welfare calls, home visits, appropriate cultured meals service, support with medical professional's ,cooking and serving meals, plus donations of food hampers (those in need)

ADVOCACY and ADVICE:

Advocacy Worker

It has been another busy year with a high demand for our Advocacy service. We have returned to mainly face to face appointments, however we have also continued to support clients remotely, over the phone and online when needed. With the increase in living costs, many service users have been struggling to make ends meet and are facing acute hardship. We have supported them to maximize their income and access the relevant Welfare Benefits, Grants, and Budgeting advice. There has been an increase in people needing to access Food Banks, and they have also been encouraged to access the Dostiyo Community Fridge.

We see first hand the challenges that people are facing, and the complex issues that they require assistance with. We work hard with them to alleviate their issues, to empower them and give them the confidence to deal proactively with their problems. With our support and intervention, problems are prevented from escalating further.

STATISTICS FOR 2021 - 2022 NORTHAMPTON and WELLINGBOROUGH

National Origin	Number	Female	Male	Linguistic Background
Bangladeshi	126	97	29	Bengali
Indian	138	80	58	Gujarati, Hindi, and

				Punjabi
Pakistani	32	22	10	Urdu
Other	15	13	2	Somali, Iranian, Jamaican
Total	311	212	99	

NORTHAMPTONSHIRE USERS EQUAL OPPORTUNITIES MONITORING 2021 - 2022

Ethnicity	18 - 59	60+
Bangladeshi	67	32
Indian	122	48
Pakistani	19	9
Other	9	3
Total	219	92

BREAKDOWN OF SERVICE DELIVERY 2021-2022 STATISTICS 2020-2021

GENDER

Services provided	Numbers
Advice - one off	263
Community Care	42
Debt	30
Disability	38
Domestic Abuse	27
Housing	72
Mental Health	31
Safeguarding	2
Welfare Benefits Casework	427
Other	62

Female	Male
883	628

CASE SCENARIOS

1. We have been supporting a client suffering with Cancer. She has required both emotional and practical support. Her care needs were increasing, and she relied more on her extended family for support. We supported her to claim Attendance Allowance, and a Blue Badge application. She has been attending hospital appointments on a regular basis and the Blue Badge has been very helpful, thus easing some of her difficulties. She is on Chemotherapy and has had surgery recently. This has been very traumatic for her, and she is extremely grateful for our support. She hopes to attend classes at Dostiyo when her health improves.
2. We have a participant who recently enrolled on to the BBO project. Sadly, she lost her 27 year old son to Covid a year ago and more recently her husband passed away. She required in depth practical and emotional support as she had relied on her late husband financially, as he was the main breadwinner for the family. She is understandably devastated and is still grieving, but she is slowly now dealing with the practical things and coming to terms with her tragic loss. She has never worked

as she was a Homemaker, bringing up her children. Her youngest two children are still at school, and we helped with accessing free school meals. We have been supporting her to access the relevant Welfare Benefits. She is now receiving Bereavement Support Payment, and her Universal Credit claim has been processed. We are also supporting her with Council Tax Reduction and exploring what other financial help may be available for her. She has required emotional support due to her devastating loss of two family members, and she is understandably still very anxious at times. We will be supporting her to improve her English skills when she feels ready and encourage her to access our wellbeing activities.

3. We have been supporting a family with three young children. One of the children has a severe learning disability. They are in receipt of Welfare Benefits, including Disability Living Allowance for their disabled child. They were struggling to pay their bills and we helped them to apply for the Warm Home Discount as they were on a low income. They received a credit of £140 to their electricity account. We also supported them with their Anglian Water bills. As the family were in receipt of Income Support, they were eligible for the Aquacare Plus tariff. This has substantially reduced the cost of their bills. We also explored any other financial assistance that they could be entitled to and conducted a Benefits check. We supported them with a Family Fund grant and their disabled child was awarded an adapted laptop to assist them with their learning. The family are receiving ongoing support and are accessing the Dostiyo Community Fridge as and when needed.

WAY FORWARD:

- Dostiyo management committee members are fully aware of the uncertainty of current funding for Social Wellbeing Contract with Commsortia/ Public Health England as well as fragile external funding environment and are developing a Sustainable Strategy and development and aim to explore and sourcing other funds to continue providing the services
- Providing facilities and services reflecting the welfare of the local community and continuing to promote friendship, well being and improve economic, social, mental and physical wellbeing
- Improvement in listening to the voice of the service user and co-production – work with them and do what the service users say they need and want
- Exploring ways to incorporate Social Enterprise model within self help groups.
- Strengthen support and develop self-help groups managed and run by volunteers.
- Explore and expand recreational indoor/outdoor activities, arts/crafts, drama, musical instruments, singing, outings and residential trips.

I would like to extend our gratitude to:

- All the members and users of Dostiyo who make us what we are and continue to place their trust and faith in us;
- The Management Committee members who are volunteers for their valuable time, knowledge, experience and guidance;
- Volunteers and Steering Group members of Zindagani Mens Group, Sakhi Milap, Milap and Saheli Group
- All the staff for their commitment towards the aims and objectives of Dostiyo;
- Dedicated volunteers for their constant help and support.

My efforts are towards seeing Dostiyo go from strength to strength in the future and emerge as the voice of Asian communities in and around Northamptonshire.



Accounting Policies:

Legal form

Dostiyo is an unincorporated charity registered with the Charity Commission for England and Wales. Its registered address is 62-66 Dunster Street, Northampton, NN1 3JY.

Basis of Accounting

The charity is a public benefit entity and the financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities SORP (FRS 102), issued in January 2019, and applicable UK Accounting Standards and the Charities Act 2011.

No material uncertainties exist in relation to going concern.

Incoming Resources

All incoming resources are recognised once the charity has entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Donations received and organised trips are credited on the statement of financial activities in the year to which they relate. Donated services and facilities are included as income and expenditure where the amounts are reasonably quantifiable and measurable.

Grants received are recognised using the performance model.

Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure is allocated on the statement of financial activities between restricted and unrestricted funds. Expenditure that is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity they have been apportioned across the cost categories on a basis consistent with the use of these resources

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and the management of its assets.

Fixed Assets

Tangible fixed assets are shown at cost less depreciation.

Depreciation is calculated to write off their cost or valuation less their estimated residual value over their expected useful lives as follows:

Freehold property	25 years straight-line basis
Computer equipment	25% reducing balance
Other equipment	25% reducing balance
Motor vehicles	25% reducing balance

Fund Accounting

Funds held by the charity are either:

Unrestricted General Funds – funds, which can be used in accordance with the charitable objects at the discretion of the Executive Committee.

Designated Funds – funds set aside by the Executive Committee out of unrestricted funds for specific future purposes or projects.

Restricted Funds – funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purpose of each fund are included in the notes to the financial statements.

Financial Instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of comprehensive income under administrative expenses.

Financial liabilities are classified according to the substance of the contractual arrangements entered into.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.



DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

Page 16

	Notes	Unrestricted £	Restricted £	Total 2022 £	Unrestricted £	Restricted £	Total 2021 £
Income from:							
Donations and Legacies		2,078	-	2,078	548	-	548
Charitable Activities	1	5,801	139,561	145,362	107,907	112,214	220,121
Investment Income		12	-	12	39	-	39
Total Income		7,891	139,561	147,452	108,494	112,214	220,708
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	2	46,305	111,264	157,569	69,589	93,973	163,562
Other		-	-	-	-	-	-
Total Expenditure		46,305	111,264	157,569	69,589	93,973	163,562
Net Income/(expenditure)		(38,414)	28,297	(10,117)	38,905	18,241	57,146
Transfers between funds		6,010	(6,010)	-	1,523	(1,523)	-
Net movement in funds		(32,404)	22,287	(10,117)	40,428	16,718	57,146
Reconciliation of funds:							
Total funds brought forward		192,033	25,222	217,255	151,605	8,504	160,109
Total funds carried forward		159,629	47,509	207,138	192,033	25,222	217,255

All income and expenditure derive from continuing activities

The statement of financial activities include all gains and losses recognised during the year

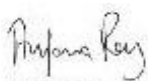
DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2022

Page 17

	Notes	£	2022 £	£	2021 £
Fixed Assets					
Tangible Assets	4		55,426		66,370
Current assets					
Debtors	5	7,793		5,895	
Cash at bank and in hand		120,762		132,166	
Funds Held by CVS		25,830		16,034	
		<u>154,385</u>		<u>154,095</u>	
Creditors:					
Amounts falling due within one year	6	(2,673)		(3,210)	
		<u>(2,673)</u>		<u>(3,210)</u>	
Net Current Assets/(Liabilities)			151,712		150,885
Net Assets/(Liabilities)			<u>207,138</u>		<u>217,255</u>
Charity Funds					
Unrestricted Funds	7				
General Reserve		54,554		126,800	
Designated funds - Other		<u>105,075</u>		<u>65,233</u>	
			159,629		192,033
Restricted funds	8		47,509		25,222
			<u>207,138</u>		<u>217,255</u>

The accounts have been prepared in accordance with SORP (FRS102) effective January 2019 and relevant UK Accounting standards.

Approved by the Executive Committee on 23rd January 2023 and signed on their behalf by:



A Roy
Chairperson

		Unrestricted	Restricted	2022	2021
		£	£	£	£
1	Income from Charitable Activities				
	Grants:				
	Commsortia - Social Wellbeing	-	-	-	83,707
	Western Power	-	7,906	7,906	-
	Lottery Community Fund	-	-	-	17,231
	Peoples Health Trust - Active Communities	-	-	-	7,724
	North Northamptonshire Council	3,000	-	3,000	10,000
	Commsortia - Working Progress (NEP)	-	20,452	20,452	19,710
	NCF - COVID Response	-	-	-	8,900
	Hubbub Foundation - Co-op Community Fridge	-	3,000	3,000	-
	ROSA - COVID Response Fund	-	8,000	8,000	9,900
	Sport England Fund	-	1,250	1,250	23,750
	HMRC - Furlough	-	-	-	2,170
	One Wellingborough	-	-	-	6,814
	Community Matters	-	-	-	1,079
	Community Justice Fund	-	50,000	50,000	20,000
	Northamptonshire Sport	-	2,804	2,804	3,920
	Comic Relief Womens Resource Centre	-	5,000	5,000	-
	Lottery Community Fund - Saheli Women's Group	-	39,167	39,167	-
	NCF - Food Aid	-	1,982	1,982	-
	Organised Trips	-	-	-	-
	Other	2,801	-	2,801	5,216
		5,801	139,561	145,362	220,121

2	Charitable Activities	Unrestricted	Restricted	2022	2021	
		£	£	£	£	
	Staff costs	3	26,567	66,356	92,923	113,469
	Depreciation		10,192	85	10,277	10,538
	Other costs		4,744	31,883	36,627	15,520
			41,503	98,324	139,827	139,527
	Support Costs - Staffing	3	3,771	7,373	11,144	12,606
	Support Costs - Other		1,031	5,567	6,598	11,429
			46,305	111,264	157,569	163,562

Other costs include Independent Examination fee of £1,080

3	Staff Costs	2022	2021
		£	£
	Wages and salaries	98,829	118,519
	NIER	3,465	5,540
	ER Pension	1,773	2,016
	DBS Checks	-	-
		104,067	126,075

Average number employed by head count

Centre	5	6
Management and administration	1	1
	6	7

No employee received remuneration amounting to more than £60,000 in either year.

Remuneration paid to key management personnel in the year considered to be the Manager £48,201

No trustees received any remuneration during the year. Trustee indemnity insurance paid in the year amounted to £nil. (2021: £nil).

Trustees received reimbursed expenses for travel and other costs amounting to £nil (2021:£nil)

4	Fixed Assets	Freehold Property	Minibus	Computer Equipment	Other Equipment	Total
		£	£	£	£	£
	Cost					
	Brought forward	280,939	5,000	13,480	4,973	304,392
	Additions	-	-	-	-	-
	Disposals	-	(5,000)	-	-	(5,000)
	Carried forward	280,939	-	13,480	4,973	299,392
	Depreciation					
	Brought forward	215,706	4,333	13,059	4,924	238,022
	Charge for year	10,158	-	106	13	10,277
	Disposals	-	(4,333)	-	-	(4,333)
	Carried forward	225,864	-	13,165	4,937	243,966
	Net Book Value					
	Balance at 31.03.22	55,075	-	315	36	55,426
	Balance at 01.04.21	65,233	667	421	49	66,370

Included in freehold property is land with an estimated cost of £27,000 to which depreciation is not being applied in accordance with relevant accounting standards.

5	Debtors	Unrestricted	Restricted	2022	2021
		£	£	£	£
	Sundry Debtors	7,321	-	7,321	5,319
	Prepayments	472	-	472	576
		7,793	-	7,793	5,895

	Unrestricted	Restricted	2022	2021
6 Creditors: Amounts falling due within one year	£	£	£	£
Sundry creditors	(1,131)	-	(1,131)	(468)
Accruals	(1,542)	-	(1,542)	(2,742)
Deferred Income	-	-	-	-
	(2,673)	-	(2,673)	(3,210)

	Opening Balance 01.04.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.22 £
7 Designated Funds					
Freehold Property	65,233	-	(10,158)	-	55,075
General reserve	126,800	7,891	(36,147)	(43,990)	54,554
Designated-Property Repair & Maintenance	-	-	-	30,000	30,000
Designated-Communications & IT Equipment	-	-	-	15,000	15,000
Designated-Fixtures & Fittings	-	-	-	5,000	5,000
	192,033	7,891	(46,305)	6,010	159,629

The balance on the designated fund represents the net book value of the freehold property held by the charity. The intention is to generate a general reserve of six months running costs.
Designated - Property R&M - Provision for repairs and maintenance to the building
Designated - Communications & IT Equip - Provision for upgrading communications & IT equipment
Designated - Fixtures & Fittings - Provision for replacement or upgrading fixtures & fittings

Comparative Designated Funds	Opening Balance 01.04.20 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.21 £
Designated Funds					
Freehold Property	75,391	-	(10,158)	-	65,233
General reserve	76,214	108,494	(59,431)	1,523	126,800
	151,605	108,494	(69,589)	1,523	192,033

8 Restricted Funds	Opening Balance 01.04.21 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.22 £
Advice UK	340	-	(85)	-	255
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	-	20,452	(15,303)	(3,460)	1,689
NCF - COVID Response	2,702	-	(1,839)	(863)	-
Hubbub Foundation	-	3,000	(258)	-	2,742
Lottery Community Fund - Saheli Women	-	39,167	(16,953)	(1,125)	21,089
ROSA - COVID Response Fund	-	8,000	(8,000)	-	-
Sport England	22,065	1,250	(24,743)	1,428	-
Western Power Distribution	-	7,906	(4,916)	(1,990)	1,000
Community Justice Fund	-	50,000	(32,850)	-	17,150
NCF - Food Aid Fund	-	1,982	(10)	-	1,972
Comic Relief - Womens Resource Centre	-	5,000	(5,000)	-	-
Northamptonshire Sport	-	2,804	(1,307)	-	1,497
	25,222	139,561	(111,264)	(6,010)	47,509

Advice UK - To employ advocacy workers providing advice and support to the Asian community under the age of 60 years old, and to purchase equipment
NCF - Saheli Womens Group - Enable Asian Women to play an effective citizenship role in a wider community through attacking barriers of isolation
BBO - Working Progress - Assist people working towards gaining employment.
NCF - COVID Response - To provide helpline support and additional costs due to the pandemic
Hubbub Foundation - To provide a community fridge for the local community
Lottery Community Fund - Saheli Women's Group - to enable more people from the BME population to access health and wellbeing services
ROSA - COVID Response Fund - To provide helpline support and additional costs due to the pandemic
Sport England - To purchase and install ventilation system and upgrade the toilet facilities
Western Power Distribution - Supporting individuals to access support with fuel payments to combat fuel poverty
Community Justice Fund - To fund a part-time member of staff during the pandemic
NCF - Food Aid Fund - To support the community fridge project providing food to families
Comic Relief - Womens Resource Centre - Support to continue providing crucial services for South
Asian Women including Advocacy, Advice, Support, Guidance and information.
Northamptonshire Sport - To provide keep fit sessions for the community.

Fund transfers relate to overhead costs as per grant agreements

Comparative Restricted Funds

	Opening Balance 01.04.20 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.21 £
Advice UK	453	-	(113)	-	340
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	-	19,710	(17,449)	(2,261)	-
NCF - COVID Response	-	8,900	(6,198)	-	2,702
PHT - Active Communities	7,936	7,724	(15,660)	-	-
Lottery Community Fund	-	17,231	(17,969)	738	-
ROSA - COVID Response Fund	-	9,900	(9,900)	-	-
Sport England	-	23,750	(1,685)	-	22,065
Community Matters	-	1,079	(1,079)	-	-
Community Justice Fund	-	20,000	(20,000)	-	-
Northamptonshire Sport	-	3,920	(3,920)	-	-
	8,504	112,214	(93,973)	(1,523)	25,222

PHT - Active Communities - To ensure that local people can shape activities and form stronger
Community Matters - To organise a zoom party and deliver meals to clients during the festive season

9 Analysis of Net Assets Between Funds

Fund balances at 31 March 2022 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	55,086	340	55,426
Current Assets	-	107,216	47,169	154,385
Current Liabilities	-	(2,673)	-	(2,673)
	-	159,629	47,509	207,138

Fund balances at 31 March 2021 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	66,030	340	66,370
Current Assets	-	128,454	25,641	154,095
Current Liabilities	-	(2,451)	(759)	(3,210)
	-	192,033	25,222	217,255

10 Ultimate Controlling Party

The charity is under the ultimate control of its Executive Committee, whose names are shown at the front of the financial statements.

11 Related party transactions

There were no related party transactions during the year or prior year.

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2022

Page 23

		2022		2021
Income	£	£	£	£
Grants Receivable		139,561		214,905
Donations and gifts		2,078		548
Investment income		12		39
Organised Trips		-		-
Other Income		5,801		5,216
		<u>147,452</u>		<u>220,708</u>
Expenditure				
Centre Running Costs				
Salaries	81,779		100,863	
Depreciation of freehold property	10,158		10,158	
Depreciation of motor vehicles	-		222	
Depreciation of equipment	13		17	
Motor and travel expenses	137		30	
Organised Trips	-		680	
Other project expenses	26,857		4,575	
Heating and lighting	1,539		1,860	
Hall hire	-		559	
Repairs and renewals - equipment	2,010		542	
Repairs and renewals - premises	1,615		1,841	
Cleaning	276		552	
Support Costs				
Salaries	11,144		12,606	
Printing, postage and stationery	1,274		2,655	
Telephone	4,219		5,523	
Insurance	1,105		3,251	
Governance Costs				
Salaries	11,144		12,606	
Depreciation of computer equipment	106		141	
Bank charges	99		85	
Professional fees incl. accountancy	3,854		4,796	
Management expenses incl.AGM	240		-	
		<u>(157,569)</u>		<u>(163,562)</u>
Surplus/(Deficit) for the Year		<u>(10,117)</u>		<u>57,146</u>

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 16 to 22.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

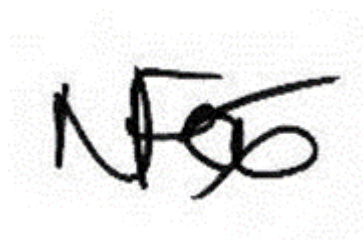
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our independent examination work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our independent examination work, for this report, or for the opinions we have formed.



Nicola Fox FCA
DNG Dove Naish LLP
Chartered Accountants
Eagle House
28 Billing Road
Northampton
NN1 5AJ

Date: 25 January 2023

DOSTIYO- ASIAN WOMEN AND GIRLS ORGANISATION

England & Wales - Charity number 1058077

Accounts

ANNUAL REPORT 2020 - 2021



Registered charity number 1058077
62-66 DUNSTER STREET NORTHAMPTON NN1 3JY
Telephone 01604 745340 Fax 01604 745341
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◆◆ Introduction ◆◆



Dostiyo is a voluntary organisation run by and for Asian women and men and is governed by a signed Constitution. Over the past 40 years Dostiyo has become established as a service provider predominantly for Asian women in Northamptonshire and is gradually expanding both in number of workers and services provided.

The organisation has provided services to local Asian women and communities offering support and advice on a wide range of issues. It actively works towards enabling full participation of Asian women and men in social activities and overcome cultural, religious, physical and social barriers.

Dostiyo offers comprehensive overview of the needs for service development for Asian Communities. It addresses the needs of local Asian women and girls in a relaxed and friendly manner in a sensitive, confidential and safe environment.

Working to overcome barriers Asian men and women face in their daily lives, Dostiyo provides them with opportunities for self-development, build their confidence and capacity and most importantly, help them on the path of self-help.

MISSION STATEMENT:

"To promote effective citizenship of Asian women and men regardless of age, religion, ethnicity, cast or creed, by helping them overcome barriers to accessing much needed services"

◆◆ Current Service Provision ◆◆

The organisation provides Advocacy, Advice, Support, Guidance and Information through its main activities, including:

- Older People's Project, which facilitates group activities and provides advocacy, advice and support to Asian women and men and/or their families.
- Supporting people into Employment, Education and Training by offering a specialist tailored package to unemployed adults
- Mental Health Support including Advocacy, Benefits Advice and promote independent living.
- Weekly Wellbeing café's in Northampton and Wellingborough.
- Day Care and various classes for the elderly and disabled women and men.
- Opportunities to volunteers and gain training within Dostiyo and through external organisations.

The organisation's aim of ensuring a dedicated approach to a service request means that regularly members are encouraged and supported to access activities that meet their needs.

Dostiyo's ultimate objective is to conciliate and improve this position, through close and active multi-agency working that would eventually provide effective citizenship and equality.

◆◆ Project Scope and Objectives ◆◆

Dostiyo aims to provide the highest quality services to Asian communities for the benefit of Asian women their families and extended families.

Its core principles are:

- Attacking barriers of isolation that Asian communities experience;
- Promoting access to services, transcending racial, religious, linguistic and cultural issues;
- Promoting self-help, advocacy and information in the community;
- Promoting the well being of women and their families;

It does this by:

- Providing services to women and men of all ages.
- Targeting its services to those who have the greatest needs.
- Promoting equality of opportunity within the organisation and through partnerships.
- Valuing staff and volunteers and opening new avenues of thinking and creating opportunities for Asian women to become financially independent.

Dostiyo provides services in varied areas:

☒ Clinical Negligence

☒ Community Care

☒ Education

☒ Wellbeing Cafe

☒ Employment Support

☒ Welfare Benefits

☒ Workshops and Training

☒ Family

☒ Housing

☒ Mental Health

Support

☒ Older People

☒ Volunteering

☒ One to One Support





DOSTIYO MANAGEMENT COMMITTEE

Chair	Anjona Roy
Secretary	Jagdishbhai Modha
Treasurer	Farhat Lateef
Committee Members	Leena Marks Jayshree Mashru Kalpana Maisuria Vasuben Desai Saroj Padhiar

DOSTIYO STAFF

Centre Manager	Deepa Bakrania
Advocacy Worker (Northampton)	Kalsuma Begum
Advocacy Worker (Northampton/ Wellingborough)	Savita Paw
Day- Care Co-ordinator: Northampton Wellingborough	Indira Patel Jaya Tailor
Driver	Jagdish Chauhan



◆◆ CHAIR'S REPORT ◆◆

Anjona Roy

Over the last year along with the rest of the world our organisation has been facing the challenges of continuing delivering services through the COVID-19 global pandemic. This has required us to re-think our services and deliver what we can under changing COVID restrictions.

I pay tribute to the successes of our staff who have risen to these challenges, secured a range of funding and continued to tirelessly support our members. The work of our volunteers has also been essential to the continuation of our work to support the community.

We look to the future, with a range of funders that are new to us in the past year. We hope to develop these relationships in future months.

Today's the end of the financial year in addition to proposed funding cuts which members were actively involved in speaking out about to local politicians and authorities, our organisation also had to deal with the COVID-19 pandemic which meant that the way that we had traditionally delivered support had to be re-thought and re-explored.

◆◆ TREASURER'S REPORT ◆◆

Farhat Lateef

The treasurer is responsible for keeping proper records which disclose with reasonable accuracy at any time the financial position of the organisation and to ensure that the accounts comply with the requirement outlined with the Accounting for Charities and policies for the Constitution.

It has been a extremely challenging year, but we have secured our core services and endeavour to ensure that our services will continue to support women and the broader community. The organisation has had to review budget in light of the reduction of core funding, the committee has had to take decisions and continuously monitor expenses to maintain financial stability and sustain staff and services. The organisation has been exploring various ways of generating income and continues to make income through the hire of it's venue, self funded holidays and fundraising events.

Members nominate trustees for Annual elections. Trustees are elected annually at the Annual General Meeting. New trustees are offered an induction meeting within 6 weeks. In this way we hope all staff, volunteers and trustees will benefit from formal induction into the organisation.

Balance at the end of year 2021 is £217255 out of which £25222 is Restricted Funds and rest are Designated Funds. Dostiyo has adopted a Reserves Policy with a rationale to maintain sufficient level of reserves to enable normal operating activities to continue over a period of up to 6 months should a shortfall in income occur and to take account of potential risks and contingencies that may arise from time to time.

Thanks to Lorraine Scullion for preparing the accounts efficiently and to DNG Dove Naish LLP for carrying out our independent examination.

Signed Anjona Roy

Date: ...26/01/2022.....

◆◆ CENTRE MANAGER ◆◆

Deepa Bakrania

The year 2020-21 has been very demanding and challenging, though we have seen some developments and transformation within the organisation. It is clear that in the future there will be significant changes to both the service that the organisation delivers and the way that it delivers them. This is mostly due to the sudden pandemic, with the world struggling to get in grips with new pandemic named Coronavirus, partly also to do with an ever changing funding climate and also with the changing needs of Asian communities in Northamptonshire.

Emerging evidence suggest the COVID-19 is having a disproportionate effect on people from BME backgrounds and more people from Asian communities might be more vulnerable due to poor socio-economic backgrounds and barriers to access relevant services due to cultural and language barriers. Due to the impact of Covid on the most vulnerable in society as well as the disproportionate impact on BAME communities, the work of Dostiyo has increased and is likely to continue to do so. Not only has Covid impacted the communities who tend to access our services the most in relation to ill health, the knock-on impact in loss of household income, housing are likely to also impact on these communities the most. Owing to lot of those issues we have already seen an increase in enquiries relating to some of these issues and we anticipate that this will only increase.

With temporary funding for 12 weeks from Northamptonshire Community Foundation, Dostiyo has adapted and piloted a new way to working and still connect with our communities, set up a helpline to access emotional and practical support, provide a holistic support from having someone to speak to and access required help and support, discuss their needs and worries through phone, whatsapp etc and support to access relevant services. We also started doing live sessions on facebook engaging them in some relaxation activities, yoga etc.

Our work continues to span across the County. This year there has been substantial increase in numbers of members getting involved in activities sharing and benefiting from time with each other. We continue to create great support and positive volunteering opportunities focussing on vulnerable people in the local communities especially with setting local self help groups run and managed by volunteers, which Dostiyo has been supporting as an infrastructure organisation. Despite the challenges the organisation managed to deliver outstanding and continuous services to our clients. Below is the report of the year:

'SAHELI' GROUP (Northampton)

This project specifically provides "ME TIME" for Women. The project is managed by volunteers who are part of the 'Saheli' Group committee. Saheli' Steering Group members have been very proactive in encouraging members, collating feedback to service design the activities and shape the project. The group was into its year 2 of grant from People's Health Trust and the members had to rise to the occasion by quickly adapting and responding to new ways of service delivery in the wake of the current pandemic and lockdowns. The funder were flexible to allow us to change the way we delivered the service to more digital approach, keeping in touch through mobile phones, whatsapp etc and accessing various physical activity, and workshops through facebook live and zoom. The participants have actively encouraged each other to talk openly but in confidence about their inner feelings, emotions, mental health and personal medical issues. The group has been successful in securing 6 months funding from Lottery to make these changes, to be more digitalised and provide support to those who were isolating, as well as during lockdowns.

Volunteers managing the project are encouraged to be involved in leading and developing the project. They feel more in control and sense of ownership of the activities, through their contribution to the project design, delivery and development

MILAP GROUP (Wellingborough)

'Milap' group has entered its 8th year and going from strength to strength, the group is managed and run by Volunteers and service users with support from Dostiyo Staff. Currently the group is an Unincorporated Constituted group and would like to develop a framework to be able to register as a Charity status. The Group has been organising fundraising events such as table top sales and also relies on donations.

The group managed to received funding from Northamptonshire Sport for the tutor costs and fitness watches to encourage them to do physical activity and stay fit. The group came up with different ideas to compete with each other by counting weekly steps. The activities kept the spirits high given the environment due to Coronavirus.

NEP Building Better Opportunities

We have been supporting unemployed and economically inactive women to gain independence and improve their confidence. We continued to support those who are unemployed or economically inactive, on to the path of employment. Many participants required wellbeing support during Lockdown as they felt isolated and were juggling with personal upheaval, home schooling their children, and added responsibilities.

Participants learnt how to use Zoom and attended our Wellbeing sessions. Some of the topics covered were, First Aid course, Cyber Safety, Reflexology, Aromatherapy, Arts and Crafts, Pottery, Covid Vaccine, Depression and Anxiety, Maternal Mental Health. High number of participants relied on What's App for free telephone and video calls. Some participants did manage to secure paid employment in these challenging times.

13 participants have managed to secure paid employment, 4 participants into job searching, 3 into further training and 8 into volunteering. All of them have put in tremendous hard work and effort to achieve their goals and aspirations.

DAYCARE and WELLBEING ACTIVITIES:

Dostiyo Day Care services aim is to help our older people service users to stay in our community by helping them in whatever way we can to live independently and hopefully help them to function to the fullness of their abilities.

Service Provision includes:

- Day support, meaningful activities such as keep fit, Zumba, dance classes, yoga, Pilate, Tai chi, kurling game, indoor bowling and much more for a wide range of people, according to individual needs.
- Support for vulnerable elderly people with complex needs living in the community
- Opportunities to develop new skills and lifestyles and maximise their potential
- Health promotion and varied workshops

Our focus moved towards wellbeing, tackling the impact of Covid-19 on the local Asian Communities. We applied for emergency funding to quickly adapt service provision conducive to the changing environment due to the pandemic.

Through support from Lottery funding and NCF Covid Response grants we were to increase access for Black and Minority Ethnic communities, the service offered included:

- Support for Black and Minority Ethnic communities who are most likely to face challenges because of the COVID-19 pandemic
- Set up and provide a culturally sensitive helpline where service users could feel that their ethnic, cultural and spiritual beliefs were understood by wellbeing advisor.
- Address any language barriers or literacy issues that might prevent the uptake of relevant interventions.
- Have the resources, connections, expertise or knowledge to be able to help communities through the pandemic.
 - Address the gap in provision and to overcome the barriers identified, develop to increase engagement of the Black and Minority Ethnic communities within the service.
- Provide support and information for families going through bereavement and grief of their family members due to coronavirus

Referrals to the Dostiyo Day Centre come from various health care professionals including Social Workers, but mostly by word of mouth. We provide transport to and from the centre for those who are unable to make their own transport arrangements.

Day Care Activities

We have worked very closely with Northamptonshire Adult Learning Team and have managed to organize some excellent online classes, they were flexible to encourage people to use the new methods on training through zoom, posted out materials for arts and crafts, games etc. The classes range from practical Improve your wellbeing by making arts and crafts to take home, mindfulness, Photography and much more.

The feedback was very positive and the members enjoyed learning new skills and attending the online classes as well as outdoor exercise sessions. The members shared their new skills with their families and friends too

Volunteers

We are very grateful to all our volunteers, whose commitment and time given makes the work of Dostiyo possible. The contribution volunteers have made to support our vulnerable members and their local communities has been extraordinary

This year also saw an influx of new volunteers from a varied age range. More than 40+ volunteers have been actively involved in delivering food, picking up medicine, or checking in on people, and your efforts have proved to be invaluable. The relevant support worker provided much needed supervision to enable the volunteers to gain much needed valuable experience in administrative duties and through their active participation supporting service users they acquired people and communication skills. This opened the gates to explore opportunities in paid employment. Last year the volunteers supported nearly 3200 volunteering hours at Dostiyo

These are truly unprecedented times, and thanks to the determination and selfless acts of local volunteers, our collective response to the coronavirus pandemic is something we as an organisation can be very proud of.

Thanks also to our staff, volunteers and supporters which has enabled us to continue providing this much-needed service in the community. .

We provide regular weekly physical activity and variety of other activities and workshops. Some of the health-related activities we have provided over the past year include:

NORTHAMPTON:

Day Care Activities 1st April 2020 - 31st March 2021

DATE	ACTIVITIES
1/4/20- 15/4/20	Healthy eating Member's recipes
22/4/20 & 20/5/20	Arts and crafts with Adult learning Did Wall hanging from home Material delivered at home
22/4/20 to 1/5/20	Improve your wellbeing by making crafts to take home. Including card making and decorating candles with henna painting Making your own Mask at Home
27/5/20	Mindfulness with Karen Adult learning
3/6/20-8/7/20	IT Classes – Dostiyo
24/6/20	Cyber security by David Adult learning
25/6/20	Ladies filmed 'Passing light of Hope' Video to promote positivity within friends and famil
2/7/20	Homemade snacks on Zoom
9/7/20	Reflexology by Janet Adult Learning on zoom
16/7/20	Paper Flowers by Janet on zoom
23/7/20	Herbal Remedies by Janet Adult learning on zoom
30/7/20	Aromatherapy by Janet, Adult learning on zoom
6/8/20	Healthy ageing by Manisha Morgan on Zoom
13/8/20	Catch up and chit chat session Group on zoom
20/8/20	Hate crime awareness session with Anjona Roy on zoom
27/8/20	Skin Care with Salma Choudhury on zoom
3/9/20	Antakshari - Singing songs on zoom
10/9/20	Demonstration of preparing Indian Food and Snacks
17/9/20	Home Remedies for colds and cough
24/9/20	Care for your hair
8/10/20 & 15/10/20	Positive psychology
22/10/20, 29/10/20 & 19/11/20	Pottery making, material were delivered to members
5/11/20	Indian head massage
12/11/20	Diwali Party on Zoom
3/12/20 & 10/12/20	Depression and anxiety
10/12/20	Understanding Depression
18/12/20	Christmas Party on Zoom
24/12/20	Deliver festive Food Hampers
2021	
13/1/21	Information and advice on Covid Vaccine
14/1/21, 21 st , 25 th and 28/1/21	Understanding and dealing with Depression and Anxiety
4/2/21, 11 th and 17, 25/1/21	Meditation
4/3/21 & 11/3/21& 25/3/21	Arts and Crafts - Sock Monkey
15/3/21	Mother's Day celebrations zoom
29/3/21	Antakshari – Singing Songs
April 20 to Sep 20	Facebook Live Exercise By Indira Patel Every day Wednesday Keepfit Every Monday Otago Class
July –October 20	Outdoor Exercise class in Abington Park by Nancy every Tuesday
March 20 - August 20	Yoga class by Liz Adult learning.

WELLINGBOROUGH:

We run our Day care activities at the Victoria Centre every Wednesdays and Fridays providing regular keep fit exercise, yoga sessions, various Health and Educational workshops and light lunch. Due to the lockdown, the group interacted through whatsapp group, zoom and during summer met outside for keepfit exercises at Croyland park.

Dostiyo worked in partnership with Victoria centre on 'One Wellingborough' project to engage with people and groups from the many BAME communities of Wellingborough and identify any personal support and cultural needs. The service promoted and enhance effective personal support networks, assist to lead an independent and fulfilling life, help maintain good health by Wellbeing calls for BAME communities in Wellingborough.

Events in the year:

- We have hosted various Zoom & Whatsapp activities to engage with members facilitated & hosted zoom prayers for families
- Cook and delivered culturally appropriate meals for the vulnerable during the lockdown
- Celebrate Navratri at the Victoria centre with social distancing guidelines.
- Celebrated Eid by delivering festive food parcels to our members
- Celebrated Diwali on Zoom and our volunteers delivering a cooked meal to our members
- Celebrated Christmas by delivering a cooked meal to all our members
- Celebrated birthdays of members at Croyland park throughout the summer
- Welfare calls, home visits, appropriate cultured meals service, support with medical professional's ,cooking and serving meals, plus donations of food hampers (those in need)

ADVOCACY and ADVICE:

In this current year, four hundred and sixty five users, their families and their extended families received direct help, support and advocacy to access a wide spectrum of services. With ongoing changes in the Welfare Benefits system, it has been another busy year. This year we have had to adapt our service delivery due to the Covid pandemic. We were able to quickly adjust to new working methods and were still able to provide Advocacy support remotely to over the telephone, email and online. We set up dedicated telephone helpline for those who needed support or help. There were some clients who still found it difficult to access these methods, so once lockdown restrictions eased, we were able to meet with them face to face, outdoors in different community settings, and conducted home visits when necessary, adhering to social distancing, PPE and safety measures.

The Covid pandemic has had a detrimental impact on our communities. BAME communities were disproportionately affected. Some clients were furloughed, others had lost their jobs as businesses closed, which lead to financial hardship and emotional distress. We supported them to access Welfare Benefits and much needed assistance. Wellbeing support was provided to those that felt low, anxious or isolated. We actively raised awareness of the Covid vaccine, testing and understanding Lockdown rules. Unfortunately, some people lost loved ones to Covid and required further support. Funding from Community Justice Fund enabled us to increase our capacity to provide and support end to end casework including representation in Tribunal for vulnerable groups both relating to welfare rights issues/tenancy rights and discrimination associated with the impact of Covid as well as our 'usual' Advocacy welfare benefits advice and housing enquiries.

Through funding grant from ROSA, We were able to extend our support services for women from BME communities who are most likely to face challenges because of the COVID-19 pandemic including women with mental health conditions, women fleeing domestic violence, women suffering from anxiety and concerns due to current pandemic. Also due to current extended lockdown, mixed information circulating through whatsapp etc about vaccines, we have seen an increase in anxiety and confusion among women. Also due to home schooling women have had to take on additional responsibilities which has increased their worries.

We carry out half yearly feedback questionnaires for our members which highlighted the major issue being use of technology, internet, social isolation, lack of support due to language and cultural barriers and poor health conditions. We aim to develop future services taking into account the need of the communities we serve.

BREAKDOWN OF ADVICE SERVICE DELIVERY

SERVICES PROVIDED	NUMBERS	SERVICES PROVIDED	NUMBERS
Advice – one off	325	Housing Repairs	29
Attendance Allowance	28	Income Support	25
Benefit Overpayment	12	Interpreter Booking Request	28
Blue Badge	22	Job Centre Plus Appointment	14
Bus Pass	8	Job Seekers Allowance	12
Carers Allowance	19	Mental Health Review/appt	9
Child Benefit	21	National Insurance Number	9
Disability Living Allowance (child)	6	NHS/GP/Dentist booking/form	24
Discretionary Housing Payment	9	Parking/Visitors Permit	4
Driving Licence	3	Passport Application	15
DWP form other	62	Personal Independence Payment	38
Employment & Support Allowance	16	Pension Credit	18
Food Bank Vouchers	44	State Pension	23
GP/Dental Registration	9	School Admissions/Appeals	13
Home Choice Bidding	31	School – Free Meals/Transport	9
Homelessness	3	Tax Credits	27
Housing Aids/Adaptations	15	Translation of Letters	203
Housing Appeal	12	Utilities/TV Licence/Other	32
Housing Application	23	Universal Credit	82
Housing Benefit/Council Tax	54		

ANNUAL STATISTICS OF SERVICES USERS WHO HAVE ACCESSED DOSTIYO

NORTHAMPTONSHIRE USERS EQUAL OPPORTUNITIES MONITORING 2020- 2021

Ethnicity	18 - 59	60+
Bangladeshi	258	118
Indian	464	319
Pakistani	77	93
Mauritius	8	7
West Indies	6	3
Other	78	64
Total	891	604

GENDER STATISTICS 2020-2021

Female	Male
872	623

CASE SCENARIOS

1. We received a referral from the local authority. We have been supporting this client suffering from both physical and mental health issues. She also suffers with extreme anxiety as she had been through a traumatic incident in which she was stabbed multiple times. This impacted on her quality of life, and she was unable to leave home on her own. She had also accrued several debts due to financial hardship. We supported her with her Personal Independence claim, which unfortunately was refused. Therefore, we then helped her with requesting for a Mandatory Reconsideration, which was also refused. Subsequently, we supported her with making an Appeal and gathering the relevant medical evidence, hospital, and scan reports. The whole process had impacted negatively on the client's mental health, and she required both practical and emotional support. Recently, her Appeal was conducted remotely over the phone. However, nearly after a year of her initial claim for PIP, her Appeal was allowed, and she was awarded Standard rate for both Daily Living and Mobility components. She also received backdated payments, and this will help her in clearing her debts, which will make such a difference in her life. The client was extremely grateful for the support she received from us throughout the lengthy process, and that we were able to explain matters to her in her first language Bengali. Our intervention has supported this client to remain independent and stable, as the stress and anxiety could have led to a mental health breakdown. Therefore, hospitalisation was prevented, and she has remained living in her own home.
2. An Asian woman living alone in sheltered housing in Northampton, needed our support. Before lockdown she had been regularly attending our day care service, and she relied on our door to door transport due to her mobility problems. We had also been supporting her with her Benefits Tribunal Appeal which was successful. We continued to stay in touch with her during lockdown with regular wellbeing calls. We also arranged for her to have free cooked meals delivered to her home. Unfortunately, her mental health deteriorated due to the lack of social contact with others. We liaised with the relevant health professionals. However, the acute isolation, loneliness and stress had affected her so badly that she could not function properly and was admitted to Berrywood Hospital. Since her discharge home she is gradually getting better, but she is now reliant on anti-depressants. Her care needs have increased, and she has a formal care package in place. We have supported her with completing the Financial Assessment forms for the local authority. The Covid pandemic and Lockdown had a detrimental impact on her mental health. We recently helped her with State Pension and Pension Credit claims, and she is now receiving all of her Benefit entitlements.
3. A young lady approached us for support with job searching. Her mum had encouraged her to come to Dostiyo as she herself had used our services before. She registered on our BBO project. She lacked confidence and was extremely shy. At the beginning she did not make any eye contact with anyone nor speak very much. She had never worked before and was very apprehensive. We supported her with online job searches, job applications, interview practice and she was able to access much needed Counselling. She started volunteering at our Centre and volunteered at the local library. During Covid, we continued to support her, and she accessed some of our wellbeing courses. Gradually, her confidence increased, and she even managed to secure paid employment as a Passenger Assistant, supporting vulnerable school children on their journey to school and home. Recently, she took part in a radio interview with us and talked about her experience on the project. She has made so much progress in her self development and should feel proud of her achievements.

WAY FORWARD:

- Dostiyo management committee members are fully aware of the uncertainty of current funding for Social Wellbeing Contract with Commsortia/ Public Health England as well as fragile external funding environment and are developing a Sustainable Strategy and development and aim to explore and sourcing other funds to continue providing the services
- Providing facilities and services reflecting the welfare of the local community and continuing to promote friendship, well being and improve economic, social, mental and physical wellbeing
- Improvement in listening to the voice of the service user and co-production – work with them and do what the service users say they need and want
- Exploring ways to incorporate Social Enterprise model within self help groups.
- Strengthen support and develop self-help groups managed and run by volunteers.
- Explore and expand recreational indoor/outdoor activities, arts/crafts, drama, musical instruments, singing, outings and residential trips.

I would like to extend our gratitude to:

- All the members and users of Dostiyo who make us what we are and continue to place their trust and faith in us;
- The Management Committee members who are volunteers for their valuable time, knowledge, experience and guidance;
- Volunteers and Steering Group members of Zindagani Mens Group, Sakhi Milap, Milap and Saheli Group
- All the staff for their commitment towards the aims and objectives of Dostiyo;
- Dedicated volunteers for their constant help and support.

My efforts are towards seeing Dostiyo go from strength to strength in the future and emerge as the voice of Asian communities in and around Northamptonshire.



Accounting Policies:

Legal form

Dostiyo is an unincorporated charity registered with the Charity Commission for England and Wales. Its registered address is 62-66 Dunster Street, Northampton, NN1 3JY.

Basis of Accounting

The charity is a public benefit entity and the financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice Charities SORP (FRS 102), issued in January 2019, and applicable UK Accounting Standards and the Charities Act 2011.

No material uncertainties exist in relation to going concern.

Incoming Resources

All incoming resources are recognised once the charity has entitlement, probability of receipt and the amount can be measured with sufficient reliability.

Investment income is recognised on a receivable basis.

Donations received and organised trips are credited on the statement of financial activities in the year to which they relate. Donated services and facilities are included as income and expenditure where the amounts are reasonably quantifiable and measurable.

Grants received are recognised using the performance model.

Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure is allocated on the statement of financial activities between restricted and unrestricted funds. Expenditure that is directly attributable to specific activities has been included in these cost categories. Where costs are attributable to more than one activity they have been apportioned across the cost categories on a basis consistent with the use of these resources

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting constitutional and statutory requirements of the charity and the management of its assets.

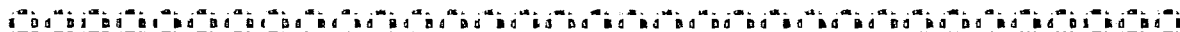
Fixed Assets

Tangible fixed assets are shown at cost less depreciation.

Depreciation is calculated to write off their cost or valuation less their estimated residual value over their expected useful lives as follows:

Freehold property	25 years straight-line basis
Computer equipment	25% reducing balance
Other equipment	25% reducing balance
Motor vehicles	25% reducing balance

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.



DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

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	Notes	Unrestricted £	Restricted £	Total 2021 £	Unrestricted £	Restricted £	Total 2020 £
Income from:							
Donations and Legacies		548	-	548	2,424	-	2,424
Charitable Activities	1	107,907	112,214	220,121	166,788	42,925	209,713
Investment Income		39	-	39	136	-	136
Total Income		108,494	112,214	220,708	169,348	42,925	212,273
Expenditure on:							
Raising Funds		-	-	-	-	-	-
Charitable Activities	2	69,589	93,973	163,562	168,693	40,919	209,612
Other		-	-	-	-	-	-
Total Expenditure		69,589	93,973	163,562	168,693	40,919	209,612
Net Income/(expenditure)		38,905	18,241	57,146	655	2,006	2,661
Transfers between funds		1,523	(1,523)	-	9,957	(9,957)	-
Net movement in funds		40,428	16,718	57,146	10,612	(7,951)	2,661
Reconciliation of funds:							
Total funds brought forward		151,605	8,504	160,109	140,993	16,455	157,448
Total funds carried forward		192,033	25,222	217,255	151,605	8,504	160,109

All income and expenditure derive from continuing activities

The statement of financial activities include all gains and losses recognised during the year

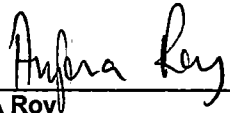
DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
STATEMENT OF FINANCIAL POSITION
AS AT 31 MARCH 2021

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	Notes	£	2021 £	£	2020 £
Fixed Assets					
Tangible Assets	4		66,370		76,908
Current assets					
Debtors	5	5,895		5,874	
Cash at bank and in hand		132,166		70,777	
Funds Held by CVS		16,034		8,534	
		<u>154,095</u>		<u>85,185</u>	
Creditors:					
Amounts falling due within one year	6	(3,210)		(1,984)	
		<u>(3,210)</u>		<u>(1,984)</u>	
Net Current Assets/(Liabilities)			150,885		83,201
Net Assets/(Liabilities)			<u><u>217,255</u></u>		<u><u>160,109</u></u>
Charity Funds					
Unrestricted Funds	7				
General Reserve		126,800		76,214	
Designated funds - Other		<u>65,233</u>		<u>75,391</u>	
			192,033		151,605
Restricted funds	8		25,222		8,504
			<u><u>217,255</u></u>		<u><u>160,109</u></u>

The accounts have been prepared in accordance with SORP (FRS102) effective January 2019 and relevant UK Accounting standards.

Approved by the Executive Committee on 26 January 2022 and signed on their behalf by:


A Roy
Chairperson

		Unrestricted	Restricted	2021	2020
		£	£	£	£
1	Income from Charitable Activities				
	Grants:				
	Commsortia - Social Wellbeing	83,707	-	83,707	91,075
	NBC - Counsellors Fund	-	-	-	3,050
	Lottery Community Fund	-	17,231	17,231	-
	Peoples Health Trust - Active Communities	-	7,724	7,724	19,312
	Northampton Borough Council	10,000	-	10,000	-
	Commsortia - Working Progress (NEP)	-	19,710	19,710	20,613
	NCF - COVID Response	-	8,900	8,900	-
	NCF - St Giles Charitable Trust	-	-	-	3,000
	ROSA - COVID Response Fund	-	9,900	9,900	-
	Sport England Fund	-	23,750	23,750	-
	HMRC - Furlough	2,170	-	2,170	-
	One Wellingborough	6,814	-	6,814	-
	Community Matters	-	1,079	1,079	-
	Community Justice Fund	-	20,000	20,000	-
	Northamptonshire Sport	-	3,920	3,920	-
	Organised Trips	-	-	-	66,670
	Other	5,216	-	5,216	5,993
		107,907	112,214	220,121	209,713

2	Charitable Activities	Unrestricted	Restricted	2021	2020
		£	£	£	£
	Staff costs	46,175	67,294	113,469	96,048
	Depreciation	10,425	113	10,538	10,664
	Other costs	7,077	8,443	15,520	86,724
		63,677	75,850	139,527	193,436
	Support Costs - Staffing	5,130	7,476	12,606	9,601
	Support Costs - Other	782	10,647	11,429	6,575
		69,589	93,973	163,562	209,612

Other costs include Independent Examination fee of £1,070

3 Staff Costs	2021	2020
	£	£
Wages and salaries	118,519	99,397
NIER	5,540	4,317
ER Pension	2,016	1,935
DBS Checks	-	-
	126,075	105,649
 Average number employed by head count		
Centre	6	6
Management and administration	1	1
	7	7

No employee received remuneration amounting to more than £60,000 in either year.

Remuneration paid to key management personnel in the year considered to be the Manager
£55,362

No trustees received any remuneration during the year. Trustee indemnity insurance paid in the year amounted to £nil. (2020: £nil).

Trustees received reimbursed expenses for travel and other costs amounting to £nil (2020:£nil)

4 Fixed Assets	Freehold Property	Minibus	Computer Equipment	Other Equipment	Total
	£	£	£	£	£
Cost					
Brought forward	280,939	5,000	13,480	4,973	304,392
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Carried forward	280,939	5,000	13,480	4,973	304,392
 Depreciation					
Brought forward	205,548	4,111	12,918	4,907	227,484
Charge for year	10,158	222	141	17	10,538
Disposals	-	-	-	-	-
Carried forward	215,706	4,333	13,059	4,924	238,022
 Net Book Value					
Balance at 31.03.21	65,233	667	421	49	66,370
 Balance at 01.04.20	75,391	889	562	66	76,908

Included in freehold property is land with an estimated cost of £27,000 to which depreciation is not being applied in accordance with relevant accounting standards.

5 Debtors	Unrestricted	Restricted	2021	2020
	£	£	£	£
Sundry Debtors	100	5,219	5,319	5,051
Prepayments	576	-	576	823
	676	5,219	5,895	5,874

	Unrestricted	Restricted	2021	2020
6 Creditors: Amounts falling due within one year	£	£	£	£
Sundry creditors	(59)	(409)	(468)	(374)
Accruals	(2,392)	(350)	(2,742)	(1,610)
Deferred Income	-	-	-	-
	(2,451)	(759)	(3,210)	(1,984)

	Opening Balance	Incoming Resources	Outgoing Resources	Transfers	Closing Balance
	01.04.20				31.03.21
	£	£	£	£	£
7 Designated Funds					
Freehold Property	75,391	-	(10,158)	-	65,233
General reserve	76,214	108,494	(59,431)	1,523	126,800
	151,605	108,494	(69,589)	1,523	192,033

The balance on the designated fund represents the net book value of the freehold property held by the charity. The intention is to generate a general reserve of six months running costs.

Comparative Designated Funds	Opening Balance	Incoming Resources	Outgoing Resources	Transfers	Closing Balance
	01.04.19				31.03.20
	£	£	£	£	£
Designated Funds					
Freehold Property	85,549	-	(10,158)	-	75,391
General reserve	55,444	169,348	(158,535)	9,957	76,214
	140,993	169,348	(168,693)	9,957	151,605

8 Restricted Funds	Opening Balance	Incoming Resources	Outgoing Resources	Transfers	Closing Balance
	01.04.20				31.03.21
	£	£	£	£	£
Advice UK	453	-	(113)	-	340
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	-	19,710	(17,449)	(2,261)	-
NCF - COVID Response	-	8,900	(6,198)	-	2,702
PHT - Active Communities	7,936	7,724	(15,660)	-	-
Lottery Community Fund	-	17,231	(17,969)	738	-
ROSA - COVID Response Fund	-	9,900	(9,900)	-	-
Sport England	-	23,750	(1,685)	-	22,065
Community Matters	-	1,079	(1,079)	-	-
Community Justice Fund	-	20,000	(20,000)	-	-
Northamptonshire Sport	-	3,920	(3,920)	-	-
	8,504	112,214	(93,973)	(1,523)	25,222

Advice UK - To employ advocacy workers providing advice and support to the Asian community under the age of 60 years old, and to purchase equipment

NCF - Saheli Womens Group - Enable Asian Women to play an effective citizenship role in a wider community through attacking barriers of isolation

BBO - Working Progress - Assist people working towards gaining employment.

NCF - COVID Response - To provide helpline support and additional costs due to the pandemic

PHT - Active Communities - To ensure that local people can shape activities and form stronger social links.

Lottery Community Fund - To provide activities and a helpline for support during COVID

ROSA - COVID Response Fund - To provide helpline support and additional costs due to the pandemic

Sport England - To purchase and install ventilation system and upgrade the toilet facilities
 Community Matters - To organise a zoom party and deliver meals to clients during the festive season
 Community Justice Fund - To fund a part-time member of staff during the pandemic
 Northamptonshire Sport - To provide keep fit sessions for the community.

Fund transfers relate to overhead costs as per grant agreements

Comparative Restricted Funds

	Opening Balance 01.04.19 £	Incoming Resources £	Outgoing Resources £	Transfers £	Closing Balance 31.03.20 £
Advice UK	603	-	(150)	-	453
NCF - Saheli Womens Group	115	-	-	-	115
BBO - Working Progress	7,863	20,613	(20,133)	(8,343)	-
BBO - SEMLEP	-	3,000	(2,186)	(814)	-
PHT - Active Communities	7,874	19,312	(18,450)	(800)	7,936
	16,455	42,925	(40,919)	(9,957)	8,504

9 Analysis of Net Assets Between Funds

Fund balances at 31 March 2021 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	66,030	340	66,370
Current Assets	-	128,454	25,641	154,095
Current Liabilities	-	(2,451)	(759)	(3,210)
	-	192,033	25,222	217,255

Fund balances at 31 March 2020 are represented by:

	General Funds £	Designated Funds £	Restricted Funds £	Total £
Tangible fixed assets	-	76,455	453	76,908
Current Assets	-	77,134	8,051	85,185
Current Liabilities	-	(1,984)	-	(1,984)
	-	151,605	8,504	160,109

10 Ultimate Controlling Party

The charity is under the ultimate control of its Executive Committee, whose names are shown at the front of the financial statements.

11 Related party transactions

There were no related party transactions during the year or prior year.

DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31 MARCH 2021

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		2021		2020
Income	£	£	£	£
Grants Receivable		214,905		137,050
Donations and gifts		548		2,424
Investment income		39		136
Organised Trips		-		66,670
Other Income		5,216		5,993
		<u>220,708</u>		<u>212,273</u>

Expenditure

Centre Running Costs

Salaries	100,863	86,447
Depreciation of freehold property	10,158	10,158
Depreciation of motor vehicles	222	297
Depreciation of equipment	17	22
Motor and travel expenses	30	2,800
Organised Trips	680	68,240
Other project expenses	4,575	6,026
Heating and lighting	1,860	2,304
Hall hire	559	1,239
Repairs and renewals - equipment	542	870
Repairs and renewals - premises	1,841	765
Cleaning	552	783

Support Costs

Salaries	12,606	9,601
Printing, postage and stationery	2,655	1,444
Telephone	5,523	3,046
Insurance	3,251	2,105

Governance Costs

Salaries	12,606	9,601
Depreciation of computer equipment	141	187
Bank charges	85	282
Professional fees incl. accountancy	4,796	3,366
Management expenses incl.AGM	-	29

(163,562)

(209,612)

Surplus/(Deficit) for the Year

57,146

2,661

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DOSTIYO ASIAN WOMEN AND GIRLS ORGANISATION

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 17 to 23.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

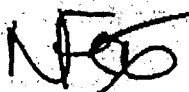
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our independent examination work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our independent examination work, for this report, or for the opinions we have formed.



Nicola Fox FCA
DNG Dove Naish LLP
Chartered Accountants
Eagle House
28 Billing Road
Northampton
NN1 5AJ

Date: 27/01/2022