

Registered Charity Number:1058006  
Company number: 03215318

## Sheffield African Caribbean Mental Health Association Limited

### ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2021

## **Sheffield African Caribbean Mental Health Association Limited**

### **Contents**

|  | <b>Page</b> |
|--|-------------|
| Legal and administrative information       | 1           |
| Trustees' annual report                    | 2 - 9       |
| Accountants report to the trustees/members | 10          |
| Statement of financial activities          | 11          |
| Balance sheet                              | 12          |
| Notes to the accounts                      | 13 – 17     |
| Independent examiners report               | 18          |

## **Sheffield African Caribbean Mental Health Association Limited**

### **Legal and administrative information For the year ended 31 March 2021**

**Also known as** SACHMA

**Company Number**

03215318

**Charity number**

1058006

**Trustees**

Mrs Cecelia Jackson-Chambers

(Chair)

Ms Vivine Gayle

(Treasurer)

Mrs Karen Walker

Mrs Melva Keturia Robinson-Clarke

Mrs Fay Colphon

(Carer Rep)

Mr Paul Watson

(Service User Rep)

**Company Secretary** Mrs Karen Walker

**Service Director** David Bussue

**Principal Address** 84 Andover Street  
Sheffield S3 9EH

**Administrative Team Address**

SYAC Business Centre

120 The Wicker

Sheffield

S3 8JB

**Bankers**

The Co-operative Bank

PO Box 250 Skelmersdale WN8 6WT

**Independent Examiner** Jude Egemole

Egemole & Co Accountants

29 Mansfield Road

Sheffield S12 2AE

## **Sheffield African Caribbean Mental Health Association Limited**

### **Trustees' annual report For the year ended 31 March 2021**

#### **1. Introduction**

This report sees this organisation celebrating 34 years of service to the citizens of Sheffield

Covid-19 and the murder of George Floyd have had terrible consequences for our community, perversely however. These two remarkable occurrences have aided SACMHA in our development

#### **2. Staffing**

The Tudor Trust continues to fund 2 posts supporting the work of SACMHA Health & Social Care.

The Service Director's Post which David Bussue took up in 2019 the Mental Health Community Support Workers role which Corinne Moss took up from April 2020.

In addition, a further investment of £15,000 was made to us to enable us to commence our Social Café. The pandemic meant that after 3 stalled attempts we were able to open the Social Cafe on 5<sup>th</sup> August 2021

Like other grantee organisations, we also received a Well-being Grant of £2000

We also participated in a Focus Group with other grantees for which a payment of £250.00 was made

Since the last reporting period the following staff have moved on from SACMHA:

|                         |  |
|-------------------------|--|
| Jasmine Burobey-Shenton | Our First Information & Communications Officer |
| Desza Ramsey            | Support Worker                                 |
| Jack Silveroak          | PA/Clerical Officer                            |

Also during this period the following staff have joined SACMHA:

|                  |  |
|------------------|--|
| Denise Patterson | Engagement, Communications & Information Officer |
| James Ramsden    | Support Worker                                   |
| Linval Madden    | Community Advocate                               |
| Eleanor Creary   | Equity Officer – Race & Mental Health            |
| Gamblinga Gambia | Support Officer                                  |
| Tracey Walker    | Finance Officer                                  |
| Marva Ferguson   | PA/Clerical Officer                              |

These roles are funded in a variety of ways and for varying periods, however, our overall goal is to stabilise these roles as part of SACMHA's staffing establishment

#### **3. Location**

Since the last reporting period we have moved our Central Team's location to co-locate with an African Caribbean community social enterprise named SADACCA at 48 The Wicker, Sheffield S3 8JB

The new premises have allowed us to turn 84 Andover Street into a House of Multiple Occupation, letting 7 rooms to support our earned income strategy

#### **4. Influence**

Since the pandemic and the issues emanating from the murder of George Floyd and the worldwide response that triggered, SACMHA has been a critical player in Sheffield's attempts across the statutory and voluntary sector organisations to address the health inequalities and the social inequalities these events shone an inescapable light on

As a small charity, we have had to completely reshape our Delivery Plan and have become active in areas and on issues relevant to the African Caribbean community in a way that we never have before

SACMHA continues as an Appointed Governor at the Health & Social Care Foundation Trust and we are represented there by our Chair of Trustees, Celia Jackson-Chambers

SACMHA is a member of Voluntary Action Sheffield (VAS) and our Service Director serves as a Trustee

SACMHA partners with Weston Park Cancer Charity and our Service Director represents us as a Trustee

We are members of the Mental Health Partnership Network (MHPN) led by Sheffield MIND. Our Community Mental Health Officer represents us there

In this reporting period a BAME Public Health Group was started to ensure that Communities of Colour were well supported and as a means of getting funding to organisations like ours. Our Engagement Officer and our Service Director support the work of this group

VAS initiated a Hubs Network at the start of the pandemic and SACMHA became the Hub for the African Caribbean Community. This has been an invaluable resource enabling us to meet with voluntary and statutory leaders from across the city and plan a coordinated response to this unprecedented period. Our Service Director represents us

Again during this period a Steering group made up of 4 VCF leaders and senior leaders from the City Council was set up as a means of taking forward the collaborative approach that emerged in the last 2 years and embedding it for the future

Our Service Director is one of the 4 VCF reps

We are also members of the VCF Leaders Forum, helping to shape services, investment and developments in Sheffield as we ease out of the pandemic

For the first time in many years the voice of the African Caribbean community is being heard in key places

## **5. Service Update**

### **▪ Mental Health Advocacy**

During this period we have welcomed Linval Madden to the staff team here at SACMHA as our Community Mental Health Advocate

This role is funded by Sheffield Health & Social Care Foundation Trust and works across the 3 mental health hospital sites in Sheffield offering advocacy to the patients

In addition, Linval works with the local African Caribbean community whose loved one has been in hospital and is now discharged or whose mental health is such that they are at risk of an admission

Linval is present most weeks in our Social Café each Thursday and will offer input to our joint Well-being Hub each Wednesday (details of the Hub below)

### **▪ Wednesday Well-being Hub/Social Café**

Since our move to 48 The Wicker, we have been able to create partnerships with other local charities based in the building to enhance our service offer to the community. Principally our partners here are:

- Space to Breathe: Local CIC that is keen to extend the work they do to more diverse beneficiaries
- Sheffield Flourish: a mental health charity that hosts the Sheffield Mental Health Guide – an online resource commissioned to collate and disseminate information in respect of local mental health provision
- SADACCA – a community and charitable landlord

This partnership delivers the Wednesday Well-being Hub which is aimed at people living with severe/unstable mental health issues

People receive a Caribbean meal, activities, opportunities to network, advocacy support and form-filling/letter writing support

On average each week 18 to 25 people attend. The SACMHA contribution to this is 6 hours of sessional Support Worker time and any follow-up time from the interaction with individual service users

### **▪ Thursday Social Café**

Since the launch of our Social Café on 5<sup>th</sup> August this service has gone from strength to strength under the leadership of Corinne Moss, Community Support Worker and James Ramsden, Support Work Apprentice

In truth, the whole SACMHA team, ably supported by a number of our volunteers and Trustees have contributed to the success of this initiative

Our collaboration with our colleagues from SADACCA has also been invaluable – we have been able to show to others in the city that collaboration in the African Caribbean community is alive and well and works!

None of this would have been possible without the grant from the Tudor Trust to fund our Social Café

Since we opened we have on average had 35 to 45 registering each week, 2/3 who now come consistently

Our Carer's Group meets during this time on a monthly basis, again led by Corinne and James

We have organized a Boat Trip for Carers. We've had speakers who have covered topics as diverse as living with dementia, hypertension and diabetes awareness, Lasting Power of Attorney, wills and probate, healthy eating

Weekly activities such as chairbics, bingo and crafts happen all added to by the provision of varied and delicious Caribbean meal each week

Our work on health inequalities has meant that via this route, we have been able to contribute to sharing the lived experience of members of our community with commissioners and operational managers who have visited the Social Café to garner views and opinions and to complete surveys that will help to re-design health and social care services for the city

Contributions we've made in this regard include:

- Community Champions

SACMHA was very active during the first lockdown and in subsequent lockdowns in 2020 and 2021

As work around the vaccine and its roll-out began and the issue of hesitancy became more apparent, SACMHA was commissioned and provided with additional short-term funding to recruit Community Champions who would be provided with robust, accurate and current information via Public Health – Sheffield and would disseminate the information within local networks

We successfully recruited 7.5 Community Champions and worked in partnership with others in the VCF and with a media company to produce targeted written and electronic messaging around the pandemic, keeping safe, the vaccine and addressing issues of hesitancy

Over 500 community-appropriate pieces of literature have been shared so far in addition to social media clips

- Engagement, Communications & Information

The Clinical Commissioning Group (CCG) commissioned SACMHA to:

- Deliver a Webinar focused on the faith element to vaccine hesitancy
- Deliver a Webinar on the theme of 'waiting' for the vaccine
- Produce clips of local Sheffield people from the African Caribbean who had had their vaccines, including Faith leaders

The CCG also commissioned us to promote the flu jab, which local data was indicating that there is poor take-up in the African Caribbean community

We have cemented a real online presence via our website, Facebook and Twitter. This work is led by our Engagement, Communications and Information Officer, Denise Patterson

This work is now embedded as part of SACMHA's role as a conduit to and from our community and from key partners

We also formed an alliance with Vybe Digital, a start-up IT company who completely re-designed our website and provided training for our staff who now manage it

- Community Mental Health

SACMHA continues to be very active in community mental health support, principally delivered by Corinne Moss, Linval Madden and James Ramsden

Service users who are detained under the Mental Health Act and are having home leave also make use of our Social Café' and at present 3 services users regularly attend with the support of the hospital staff who are in attendance

This work is largely funded by the Tudor Trust grant, the contracts with the Foundation Trust and government support for apprentices

Given the size of the need, evidenced by the increase in requests for involvement from SACMHA with individual service users and their families, this service needs to expand

We are in discussions with statutory colleagues to this end and with Rethink – a national mental health charity

- Self-Directed Support & Personalisation

This work is led by Sonya Chattoo and has been the main-stay of SACMHA as we navigated our way out of the impact of austerity – a process that is still underway

At present we support 39 Personal Budget Holders who have their care needs met by a cohort of 37 Personal Assistants (PA's)

In addition, SACMHA is a key partner in the City Councils transformation program for adult social care, including Direct Payments

Funded by Health Watch Sheffield, we undertook a review of Home Care in the African Caribbean community and produced a report for the Council

An Action Plan, based on the findings of our report and the recommendations has been drafted by the Local Authority and a Team, of which SACMHA is a part has been set up to implement the recommendations

This work has been endorsed by Senior Leaders in Adult Social Care, the Chief Executive of the City Council and elected members

## **6. Communications & Engagement**

In our last Annual Report I stated that our goal is for SACMHA to be the '*Go To*' organisation in respect of health and social care information between a range of providers and our community, as well as a provider of choice in terms of still delivering direct support to our community.

The work Denise Patterson is doing for us is achieving that ambition

Some key data/examples that supports our progress in this regard is:

- On average 1500 to 2000 'hits' on the SACMHA website each month
- Key partners routinely ask SACMHA to host paid and voluntary positions in their organisations as a means of broadening their reach and enhancing the diversity of their staff/volunteer resource
- An active twitter presence (259 followers in a few short months)
- An active Facebook presence
- Commissioned work from Sheffield CCG and Public Health to aid in their messaging to the African Caribbean community
- Ongoing engagement with the Black-led Faith Sector as a key place to engage with significant numbers of our community
- 2 SACMHA-led Vaccine Clinics, hosted in one of the Black Majority Churches (over 300 people vaccinated)

### Partnership Working

Since our last annual report, we are now a Community Partner with Sheffield Hallam University

One of the benefits of this relationship so far is that we have advertised for a PhD student to be placed with SACMHA for the 3-year period of their study

The university and SACMHA have shaped the PhD proposal jointly, which will focus on health inequalities in the local Sheffield African Caribbean community

SACMHA's Service Director and 2 academics will form the Steering Group overseeing this work

This key development will help

- Provide robust local data
- Compare with national health inequalities data
- Support our role in helping to reshape the services of partners in the city so that they are more inclusive from a sound evidence base

**Next Steps** – we are in similar discussions with the University of Sheffield for a similar role but with a focus solely on mental health and our community

## **7. New Developments and the Future**

It cannot be over-stated the difference the investment from the Tudor Trust in SACMHA has made

Having the security of funding for the operational leadership of this organisation and the appointment of a knowledgeable, skilled and well-connected Community Support Officer has allowed us to progress in leaps and bounds

It would be impossible to produce an annual report without again making reference to the reverberations that are still being felt on the back of the pandemic and the social injustices highlighted by the murder of George Floyd and other tragedies

SACMHA has a clear grasp of intersectionality as it impacts other Protected Groups

Whilst we have a 34-year record of service to the African Caribbean community, like other organisations, we are on a journey in respect of other Protected Characteristics

In the last 6 months our partnership with Weston Park Cancer charity has resulted in us benefitting from training with regard to better engaging with the LGBTQ+ community and hearing testimonies of their lived experience as a means of improving and making more inclusive the service offer makes to the whole community

We have developed a robust partnership with Disability Sheffield, delivered a joint webinar and agreed to formally link our advocacy staff as a means of peer support

We are excited about the future despite the challenges we face as a world, a country, a city and this organisation, and to that end we have in place a number of new projects that we plan to start in 2022

Since our last annual report, we are now a Community Partner with Sheffield Hallam University

One of the benefits of this relationship so far is that we have advertised for a PhD student to be placed with SACMHA for the 3-year period of their study

The university and SACMHA have shaped the PhD proposal jointly, which will focus on health inequalities in the local Sheffield African Caribbean community

SACMHA's Service Director and 2 academics will form the Steering Group overseeing this work

This key development will help to:

- Provide robust local data
- Compare with national health inequalities data
- Support our role in helping to reshape the services of partners in the city so that they are more inclusive from a sound evidence base

We are in similar discussions with the University of Sheffield for a similar role but with a focus solely on mental health and our community and have been commissioned to jointly do some work around prostate cancer as the first step in this partnership

## **8. Training**

In my last report I shared that we have established a Collective of trained and experienced trainers who will provide training to a range of partners with a focus on the cultural competence of these organisations and the steps they can take to improve their competence in this regard.

So far, we have delivered training to:

- One Voluntary Sector Organisation
- 2 NHS organisations
- 1 of the local universities

## **9. Joint Bids**

Our joint bid for work in respect of diabetes and SACMHA's wish to lead this work in the African Caribbean Community was successful

Work has started engaging our community in this regard and we have been able to appoint a retired nurse on a sessional basis initially to lead this work



We have also partnered with another local VCF organisation, ZEST to run preventative workshops in respect of diabetes in our community

## **10. Early Support**

The data tells us that the African Caribbean community is over-represented in the majority of negative health indices and in addition, we present late or not at all for national screening in respect of issues such as bowel, cervical and breast cancer

AS means of providing a safe and trusted space for our community to share health concerns at a much earlier period, we have recruited 6 retired nurses who provide initial support and signposting

Clearly this is no substitute for regular contact with GP's and other health professionals, rather it is an attempt to increase that contact and offer support so that it happens at an earlier point in an individual's health journey

## **11. Equity Officer – Race & Mental Health**

We are particularly excited about the creation of this role, funded by the Health & Social Care Foundation Trust in Sheffield for an initial 2-year period

This role will focus on addressing two crucial areas in respect of mental health in our community:

- Restrictive Practices on the Wards
- Addressing Black Male suicide

Local data tells us that of the restraints on the wards of our local mental health hospitals, 42% of restraints were on Black patients

We have coordinated an advisory group of key professionals tasked with getting to grips with restrictive practice on the wards to support our newly recruited member of staff

There is no data in respect of suicide, as ethnic monitoring does not occur, however, as a result of our Service Director's other role in the community, in the last 3 years he has officiated at the funerals of 6 members of the local African Caribbean community who ended their lives intentionally – 5 were men and one woman. The youngest male being just 16 years of age

We have coordinated a Steering Group of Black men who have had issues in respect of self-harm, facilitated by a trained counsellor to support our newly appointed member of staff in this work

## **12. Apprenticeships**

We were successful in recruiting a Kick Start Apprentice via the central government scheme

James Ramsden has made a significant contribution to SACMHA and the role of the apprentice has changed

We're therefore very pleased that James will transfer onto an Apprenticeship in Care and will be with SACMHA for at least another 18 months

### **▪ PhD Work**

Elsewhere in this report I have made reference to the partnership with the universities locally

The closing date for the PhD research into local health inequalities is January 2022, with a proposed start date of March 2022

Regular interim reports will be produced as a precursor to the final report at the end of the 3-year period

## **13. Trustee Recruitment**

Our Board of Trustees has been strengthened by Dr Lisa Philip joining us

Dr Philip is a local GP of Caribbean origin and is an Elected Member of the Sheffield Clinical Commissioning Group

Also joining the Board of Trustees is Dr Stephanie Ejegi-Memeh

Dr Ejegi-Memeh is an academic working at the University of Sheffield and has a focus on health inequalities. Dr Ejegi-Memeh started her professional career as a nurse

Sadly, we said goodbye to two longstanding Trustees, Fay Colphon and Vivine Scott

SACMHA is indebted to you both for your commitment and consistency over many years

#### **14 Counsellors Collective**

Research tells us that People of Colour and particularly African Caribbean men are less likely to be offered the talking therapies and much more likely to be 'managed' with a chemical and medicalised approach.

SACMHA has brought together 4 trained and experienced Black male counsellors and a white male Trainee Counsellor.

Since starting this service we have supported 6 individuals and have two requests pending at the time of writing

#### **14. SACMHA – Our Challenges**

SACMHA has made and continues to make a significant contribution to the communities of Sheffield

In common with many voluntary organisations however, our funding is primarily unstable

We have had real success in attracting initiative/one-off investment targeted at specific activities and outcomes

We are working hard to position ourselves with key partners and commissioners to influence further commissioning needs and most importantly, to ensure that specific needs of our community are routinely factored into decision-making

We still have a very long way to go on this journey, a journey we could not have even begun, but for the investment of the Tudor Trust

Our key challenge therefore is for this organisation is to stabilise our financial and human resource base and to continue delivering what are clearly valued services

#### **15. Conclusion**

The Service User's Carers, Volunteers, Staff and Trustees of SACMHA are grateful to have navigated another year in this organisations development and look forward with hope and anticipation to the next period

Profound thanks go to all who have so willingly and consistently worked with and for SACMHA

**Celia Jackson-Chambers**  
**Chair of Trustees – SACMHA Health & Social Care**

## **Sheffield African Caribbean Mental Health Association Limited**

### **Financial Statement for the Year Ended 31st March 2021**

#### **DIRECTORS' AND TRUSTEES' REPORT**

##### **Summary of Financial Position**

The Statement of Financial Activities shows net resources of £48826 for the year. Reserves amount to £202154

##### **Risk Management**

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the trust and are satisfied that systems are in place to mitigate the exposure to major risks.

##### **Directors and Trustees**

All directors of the company are also trustees of the charity. There are no other trustees. All the trustees retire at the forthcoming Annual General Meeting but are eligible for re-appointment. The trustees may appoint a person as a trustee to fill a vacancy or to act as an additional trustee.

This report is prepared in accordance with the special provision of the Companies Act 2006 relating to small companies.

The report of the directors and trustee was approved by the board on 1<sup>st</sup> February 2022 and signed on its behalf by:-



Cecelia Jackson-Chambers

Chair

## **Sheffield African Caribbean Mental Health Association Limited**

### **Financial Statement for the Year Ended 31st March 2021**

#### **ACCOUNTANTS REPORT TO THE TRUSTEES/MEMBERS OF SHEFFIELD AFRICAN CARIBBEAN MENTAL HEALTH ASSOCIATION LIMITED**

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements, from which the accounts set out on pages 4 to 8 have been prepared. As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 31st March 2021 as set out on pages 4 to 9 and you consider that the company is exempt from audit. In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

17/01/2022

Egemole & Co Accountants  
29 Mansfield Road  
Sheffield  
**S12 2AE**

# Sheffield African Caribbean Mental Health Association Limited

## Financial Statement for the Year Ended 31st March 2021

### STATEMENT OF FINANCIAL ACTIVITIES AND INCOME AND EXPENDITURE ACCOUNT

|  | Notes | Unrestricted<br>Funds | Restricted<br>Funds | Total<br>Funds<br>2021 | Total<br>Funds<br>2020 |
|--|-------|-----------------------|---------------------|------------------------|------------------------|
|  |       | £                     | £                   | £                      | £                      |
| <b>Incoming Resources</b>                              |       |                       |                     |                        |                        |
| Activities in furtherance of the Charity's objects     |       |                       |                     |                        |                        |
| Grant Receivable                                       | 1     | 119285                | -                   | 119285                 | 84122                  |
| Fees and Bank Interest                                 |       | 7442                  | -                   | 7442                   | 80                     |
| Donations  |       | 5971                  | -                   | 5971                   | 1721                   |
| Other activities                                       |       | 2979                  | -                   | 2979                   | 3408                   |
| SDS Account  |       | 522070                | -                   | 522070                 | 472384                 |
| <b>Total Incoming Resources</b>                        |       | <b>657747</b>         | <b>-</b>            | <b>657747</b>          | <b>561715</b>          |
| Resources Expended:                                    |       |                       |                     |                        |                        |
| Cost of activities in furtherance of Charities objects |       |                       |                     |                        |                        |
| Direct Charitable Expenditure                          |       | 115010                | -                   | 115010                 | 78800                  |
| <b>Charitable activities</b>                           |       |                       |                     |                        |                        |
| Expenditure SDS Account                                |       | 493911                | -                   | 493911                 | 417394                 |
| <b>Total Resources Expended</b>                        |       | <b>608921</b>         | <b>-</b>            | <b>608921</b>          | <b>496194</b>          |
| <b>Net (Expenditure)/Income</b>                        |       |                       |                     |                        |                        |
| For the Year   |       | <b>48826</b>          | <b>-</b>            | <b>48826</b>           | 65521                  |
| Total Funds at 1st April 2020                          |       | 153328                | -                   | 153328                 | 87807                  |
| <b>Total Funds 31st March 2021</b>                     |       | <b>202154</b>         | <b>-</b>            | <b>202154</b>          | <b>153328</b>          |

# Sheffield African Caribbean Mental Health Association Limited

## Financial Statement for the Year Ended 31st March 2021

BALANCE SHEET AS AT 31 MARCH 2021

|   |       | 2021          |               | 2020         |               |
|---|-------|---------------|---------------|--------------|---------------|
|   | Notes | £             | £             | £            | £             |
| <b>Fixed Assets</b>                           | 3     |               | <b>74254</b>  |              | <b>74254</b>  |
| <b>Current Assets</b>                         |       |               |               |              |               |
| <b>Debtors</b>                                | 4     | <b>0</b>      |               | 14021        |               |
| <b>Bank A/C</b>                               |       | <b>140326</b> |               | <b>74040</b> |               |
|   |       |               | <b>140326</b> |              | <b>88061</b>  |
|   |       |               | <b>214580</b> |              | 162315        |
| Creditors: Amount falling due within one year | 5     |               | 12426         |              | <b>8987</b>   |
| <b>Net Current Assets</b>                     |       |               | <b>202154</b> |              | <b>153328</b> |
| <b>Net Assets</b>                             |       |               |               |              |               |
| <b>Income Funds</b>                           |       |               |               |              |               |
| Unrestricted <b>Income</b> funds              |       |               | 202154        |              | <b>153328</b> |
| Restricted <b>Income</b> funds                | 6     |               | <b>0</b>      |              | <b>0</b>      |
| <b>Total Funds</b>                            |       |               | <b>202154</b> |              | <b>153328</b> |

The company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2021. The Members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for:-

- Ensuring that the company keeps accounting records which comply with Section 386 of the Companies Act 2006 and
- Preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of section 396 and which otherwise comply with the requirements of the Companies Act 2006 to financial statements, so far as applicable to the company. The accounts have been prepared in accordance with companies with the special provisions of part 15 of the Companies Act 2006 relating to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors on 1<sup>st</sup> February 2022 and signed on its behalf by:-



Cecelia Jackson-Chambers

Chair

## **Sheffield African Caribbean Mental Health Association Limited**

### **Financial Statement for the Year Ended 31st March 2021**

#### **ACCOUNTING POLICIES**

These financial statements have been prepared in accordance with Accounting and Reporting by charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the companies Act 2006. The financial statements have adopted Charities SORP (FRS 102) Bulletin 1 and taken advantage of the exemption not to prepare a statement of cash flows.

#### **Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital grants' or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Contract income is included in the year in which the service took place.

#### **Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

#### **Tangible fixed assets and depreciation**

All items of capital expenditure below £500 are written off as incurred.

Depreciation has been calculated to write down the cost of all tangible fixed assets over their expected useful lives on the following basis:

Fixtures, Fittings and Equipment 15% Straight line

Properties are held at cost, and depreciated over the life of the asset. However, changes in the market prices may indicate that the residual value of the properties has stayed the same or increased. In this case, the depreciation charge for the year will be £nil for the year, being a change in the accounting estimate.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Trade Debtors**

Trade debtors are amounts due from customer for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amount due according to the original terms of the receivables.

#### **Trade Creditors**

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

## Sheffield African Caribbean Mental Health Association Limited

### Notes to the Financial Statement for the Year Ended 31st March 2021

#### 1) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purpose as laid down by the donor.

Designated funds are set aside by the charity's trustees for a specific purpose.

#### Pension costs and other post- retirement benefits

The charity operates a define contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### Going concern

The trustees' believe that the charity can continue to operate for 12 months from the signing of the accounts because, they have a plan to generate income from different sources and the building owned.

| 2) Income from charitable activities |                  | Unrestricted funds | Restricted funds | Total 2021   | Restricted funds | Total 2020   |
|--------------------------------------|------------------|--------------------|------------------|--------------|------------------|--------------|
| Provision of services                | Funder           | £                  | £                | £            | £                | £            |
| Acute Care Advocacy                  | SH&SC            | 18000              | -                | 18000        | -                | <b>30000</b> |
| Advocacy together                    | Together         | -                  | -                | -            | -                | 7750         |
| EPIC Project                         | SH&SC            | 6000               | -                | 6000         | -                | -            |
| Self directed support                |                  | 7442               | -                | 7442         | -                | 20252        |
| Dementia Support Group               | SOAR             | -                  | -                | -            | -                | -            |
| Dementia Support Group               | Talbot Trust     | -                  | -                | -            | -                | -            |
| Back-a-yard Rampton                  | Notts Healthcare | 9425               | -                | 9425         | -                | 10120        |
| Back-a-yard Wathwood                 | Notts Healthcare | -                  | -                | -            | -                | -            |
| Lunch club                           |                  | -                  | -                | -            | -                | 379          |
| Community funding                    | Tudor/others     | <b>85860</b>       | -                | <b>85850</b> | -                | 16000        |
| <b>TOTAL</b>                         |                  | 126727             | -                | 126727       | -                | 84501        |

  

| 3) Income from trading activities |      |      |      |
|-----------------------------------|------|------|------|
| Other Income                      | 2979 | 2979 | 3029 |
|                                   | 2979 | 2979 | 3029 |

  

| 4) Income from investments |      |             |    |
|----------------------------|------|-------------|----|
|                            | 0    |             | 80 |
| Interest receivable        |      |             |    |
| Donations                  | 5971 | <b>5971</b> |    |



## Sheffield African Caribbean Mental Health Association Limited

### Notes to the Financial Statement for the Year Ended 31st March 2021

| 5) Expenditure on charitable activities | Unrestricted funds | Restricted funds | Total 2021 | Unrestricted funds | Restricted funds | Total 2020 |
|---|--------------------|------------------|------------|--------------------|------------------|------------|
| Notes                                   | £                  | £                | £          | £                  | £                | £          |
| Staff Costs                             | 50325              | -                | 50325      | 36531              | -                | 36531      |
| Training and recruitment                | -                  | -                | -          | 356                | -                | 356        |
| Activities and provision                | 3370               | -                | 3370       | 4011               | 2425             | 6436       |
| Travel and transport                    | 36                 | -                | 36         | 458                | -                | 458        |
| Lunch club                              | -                  | -                | -          | 429                | -                | 429        |
| Rates                                   | 158                | -                | 158        | 277                | -                | 277        |
| Rent                                    | 7249               | -                | 7249       | 899                | -                | 899        |
| Maintenance & repairs                   | 19437              | -                | 19437      | 1667               | -                | 1667       |
| Cleaning & environment                  | 1473               | -                | 1473       | 2816               | -                | 2816       |
| Light, heat and water                   | 2534               | -                | 2534       | 3549               | -                | 3549       |
| Telephone                               | 4205               | -                | 4205       | 3227               | -                | 3227       |
| Postage & stationery                    | 1463               | -                | 1463       | 1164               | -                | 1164       |
| Advertising                             | 372                | -                | 372        | 1119               | -                | 1119       |
| Insurance                               | 3547               | -                | 3547       | 5759               | -                | 5759       |
| Bank charges                            | 115                | -                | 115        | 171                | -                | 171        |
| Legal & professional                    | -                  | -                | -          | 1134               | -                | 1134       |
| Office cost                             | 4244               | -                | 4244       | 1313               | -                | 1313       |
| IT costs                                | 12137              | -                | 12137      | 7493               | -                | 7493       |
| SDS costs                               | 493911             | -                | 493911     | 417394             | -                | 417394     |
| Payroll fess                            | 3145               | -                | 3145       | 2802               | -                | 2802       |
| <b>Independent examination fees</b>     | 1200               | -                | 1200       | 1200               | -                | 1200       |
| <b>TOTAL</b>                            | 608921             | -                | 608921     | 493769             | 2425             | 496194     |

#### 6) Staff costs and numbers

|          | 2021<br>£    | 2020<br>£    |
|----------|--------------|--------------|
| Salaries | 48404        | 34239        |
| Pension  | 1921         | 2322         |
|          | <b>50325</b> | <b>36561</b> |

#### 7) Independent examiner's fees

|                              |             |             |
|------------------------------|-------------|-------------|
| <b>Independent exam fees</b> | <b>1200</b> | <b>1200</b> |
| Payroll cost                 | 3145        | 2138        |
| Training                     | -           | 356         |
|                              | <b>3145</b> | <b>2494</b> |

## Sheffield African Caribbean Mental Health Association Limited

### Notes to the Financial Statement for the Year Ended 31st March 2021

#### 8) Tangible Fixed Assets

|                     | Fixtures, fittings &<br>equipment | Total |
|---------------------|-----------------------------------|-------|
| Cost                | -                                 | 74254 |
| Depreciation        | -                                 | -     |
| Net Book Value 2021 | -                                 | 74254 |
| Net Book Value 2020 | -                                 | 74254 |

#### 9) Debtors

|               | 2021<br>£ |
|---------------|-----------|
| Trade debtors | -         |

#### 10) Cash at bank and in hand

|                  | 2021<br>£ |
|------------------|-----------|
| SDS              | 65763     |
| Main account     | 59444     |
| Savings          | 14149     |
| Donation account | 970       |
| TOTAL            | 140326    |

#### 11) Creditors amounts falling due within one year

|                                 |            |
|---------------------------------|------------|
| Trade creditors                 | 8947       |
| Credit card                     | <b>878</b> |
| Accruals                        | 1200       |
| Other taxes and social security | 1401       |
| TOTAL                           | 12426      |

#### 12) Restricted funds

|                        | Balance at<br>01/04/20<br>£ | Incoming<br>£ | Outgoing<br>£ | Balance at<br>31/03/21<br>£ |
|------------------------|-----------------------------|---------------|---------------|-----------------------------|
| Dementia Support Group | -                           | -             | -             | -                           |

## Sheffield African Caribbean Mental Health Association Limited

### Financial Statement for the Year Ended 31st March 2021

#### 13) Analysis of net assets between funds

|                       | Unrestricted<br>Funds | Restricted<br>Funds | Total<br>2021 | Unrestricted<br>Funds | Restricted<br>Funds | Total<br><b>2020</b> |
|-----------------------|-----------------------|---------------------|---------------|-----------------------|---------------------|----------------------|
|                       | £                     | £                   | £             | £                     | £                   | £                    |
| Tangible fixed assets | 74254                 | -                   | 74254         | 74254                 | -                   | 74254                |
| Current assets        | 140326                | -                   | 140326        | <b>88061</b>          | -                   | <b>88061</b>         |
| Creditors             | (12426)               | -                   | (12426)       | (8987)                | -                   | (8987)               |
| TOTAL                 | 202154                | -                   | 202154        | 153328                | -                   | 153328               |

#### 14) Trustees remuneration, benefits and expenses

No trustees were paid remuneration or reimbursed for expenses during the year

#### 15) Related part transactions

There were no transactions with related parties during the year.

## **Sheffield African Caribbean Mental Health Association Limited**

### **Financial Statement for the Year Ended 31st March 2021**

#### **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SHEFFIELD AFRICAN CARIBBEAN MENTAL HEALTH ASSOCIATION LIMITED**

I report to the charity directors on my examination of the accounts of the Company for the year ended 31 March 2021.

#### **Respective responsibilities of trustees and examiner**

As the directors of the Company you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a view of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and there port is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements:

- To keep accounting records in accordance with Section 386 of the Companies Act 2006; and
- To prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Accounting and Reporting by Charities -Statement of Recommended Practice (SORP 2005) have not been met: or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Jude Egemole  
Dated: 17/01/2022  
Egemole & Co Accountants  
29 Mansfield Road  
Sheffield  
S12 2AE