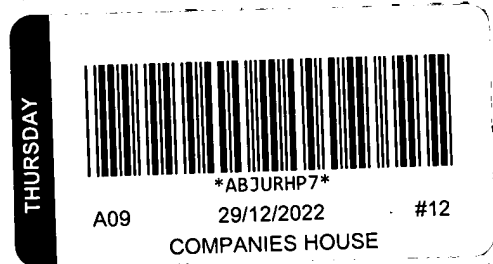


**Charity number: 1057505**  
**Company number: 02959566**

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Trustees' report and financial statements**  
**for the year ended 31 March 2022**



**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

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**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Legal and administrative information**

**Charity number** 1057505

**Company registration number** 02959566

**Registered office** 12 Clements Court  
Clements Lane  
Ilford  
Essex  
IG1 2QY

**Trustees** Debra Hastings-Henry (Chair)  
Bushra Tahir (Vice Chair)  
Nicholas Hurst (Treasurer)  
Antony Sobers  
Barry Bates  
Harbans Singh Chahal  
Madelaine Baker  
Dr Sudarshan Kapur

Resigned on 31/12/2021

**Secretary** Catherine Ellen O'Keeffe

**Auditors** Levy + Partners Limited  
7-8 Ritz Parade  
Western Avenue  
London  
W5 3RA

**Bankers** Caf Bank Ltd  
25 Kings Hill Avenue  
West Malling  
Kent  
ME19 4JQ

**Solicitors** Edward Oliver & Bellis  
19 Broadway Market  
Fencepiece Road  
Barkingside  
Ilford, Essex IG6 2JW

## **Redbridge Carers Support Service** **(A company limited by guarantee)**

### **Report of the trustees (incorporating the directors' report)** **for the year ended 31 March 2022**

The trustees present their report and the financial statements for the year ended 31 March 2022. The trustees, who are also directors of Redbridge Carers Support Service for the purposes of company law and who served during the year and up to the date of this report are set out on page 1.

#### **Structure, governance and management**

##### **Governing Document**

Redbridge Carers Support Service (RCSS) is a company limited by guarantee, Company number 2959566, and a registered Charity, Charity number 1057505. Its constitution is set out in its Memorandum and Articles of Association.

RCSS was incorporated on 17th August 1994 as a Company Limited by Guarantee. The company was established under a Memorandum of Association which sets out the objects and powers of the company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. The Company attained registration with the Charities Commission on 15th August 1996.

##### **Our Mission Statement**

'Our mission is to make a positive difference to the lives of unpaid carers in the diverse communities of Redbridge by providing them with a range of services, support and recognition.'

##### **Organisational Structure**

Under the requirements the Board of Trustees consists of no less than 5 and no more than 20. This year there were eight members of the Board who met every 5-6 weeks. Trustees are responsible for the strategic direction and policy of the charity. At present Board members come from a variety of backgrounds relevant to the governance and work of the charity. The majority are carers or are ex carers. The Secretary also sits on the Board but has no voting rights. Staff representatives also attend Board meetings to give reports but have no voting rights.

A scheme of delegation is in place and the day-to-day responsibility of the provision. The Executive Director is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)**  
**for the year ended 31 March 2022**

**Our Staff**

Glynis Donovan, Executive Director (retired December 2021)  
Cathy O'Keeffe, Operations Director/Executive Director (appointed ED 1st January 2022)  
Harriet Owusu, Project Manager, Working for Carers Project/Operations Manager (appointed OM 1st January 2022)  
Doris Holder, Office Manager  
Anna Mylvaganam, Finance Officer  
Kate Stewart, Young Adult Carers Project Manager (left September 2021)  
Rani Raju, Community Support Worker/MH & Wellbeing Project Manager  
Sylvia Williams, Community Support Worker  
Jahan McCready, Community Support Worker  
Tina Patel, Older Carers Health & Wellbeing Coordinator  
Sue Grant, Dementia Carers Support Worker & Young Adult Carers Support Worker  
Kasia Kuczynska, Senior Employment Personal Advisor/Project Manager Working for Carers Project (appointed PM 1st January 2022)  
Josephine Akintoye, Employment Personal Advisor, Working for Carers Project (left September 2021)  
Mohima Akthar, Admin Coordinator, Working for Carers Project  
Khalifa Araba Working for Carers Employment Personal Advisor (joined December 2021)  
Carla Gobey Working for Carers Employment Personal Advisor (joined December 2021)

**Recruitment and Appointment of Board of Trustees**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Trustees. Under the requirements of the Memorandum and Articles of Association Trustees are elected at the organisation's annual general meeting. Each year one-third of the Trustees or, if their number is not three or a multiple of three, the number nearest to one-third shall retire from office. They may be re-elected.

The Trustees meet every 5-6 weeks. The Chair or Joint Chairs, Vice Chair and Treasurer are elected by fellow Trustees at the first general meeting following the annual general meeting. The Audit and Risk Subgroup meets quarterly and reports to the Board. The day-to-day management of the Charity is delegated to the Executive Director.

**Risk Management**

RCSS operate a full Risk Register outlining risks and mitigation in key areas - Operational, Governance, Financial, Legal & Regulatory Compliance and External. The Risk Register is reviewed annually by the Board to set our risk profile and assess any emerging or increasing threats or risks. Staff conduct risk assessments for all activities and these are reviewed and signed off by Senior Management Team. The Trustees have assessed risks to the service and acted to put in place systems to mitigate those risks. The Trustees' Audit and Risk Subgroup meets quarterly to review risks, policies and procedures. Over the year this group has been reviewing and revising its policies regarding business risks, HR risks, financial risks, premises risks, health and safety and other identified risk factors.

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)**  
**for the year ended 31 March 2022**

**Objectives and activities**

The purpose of the charity is the provision of practical help, emotional support, advice, informal advocacy, health and wellbeing activities and information to unpaid carers in the London Borough of Redbridge (and neighbouring boroughs as part of the Working for Carers project). By unpaid carers, we mean people who give help and support to a relative, a child, a spouse or a partner, a friend or a neighbour who, due to disability, illness or frailty/vulnerability, cannot manage in the community without help. We work strategically with partners across all sectors to amplify the voice of our service users and ensure their views and experiences are reflected in policy and decision making.

Carers can be any age and may or may not be living with the person who needs care. RCSS is an independent, carer-led organisation working with carers for carers

**Our Range of Services and Activities:**

Emotional Support  
Practical Support  
Welfare Benefits/Debt Advice  
Home Visits  
Welfare Checks  
Advice, Information, Signposting and Referrals  
Informal Advocacy  
Support for Older Carers  
Support for Dementia Carers  
Training  
Working for Carers supporting carers who want to return to employment, training and/or volunteering  
Volunteer Befriending  
Health & Wellbeing Activities  
Advice Surgeries  
Employment, Education and Training Advice  
Complementary Therapies  
Support Groups  
Carers Bulletin, formally called The Redbridge Carer Newsletter  
Website  
Information Packs  
Giving Carers a Voice via Consultation/Engagement Activities  
Forums and Events, including Carers Week and Carers' Rights Day  
MH & Wellbeing Support for Carers  
Support for Young Adult Carers

**Achievements and performance**

Redbridge Carers Support Service exists to support local carers with their caring responsibilities. There are 27,000 - 30,000 carers in Redbridge - around one in ten of the local population (source: National Census 2011).

A carer is a person who provides unpaid care and support to someone who is ill, disabled, frail or elderly. Carers can be mothers, fathers, sons, daughters, sisters, brothers, friends or partners. A carers' role can often be stressful, demanding and time consuming, as well as physically tiring and mentally draining. The huge positive impact and contribution that unpaid carers make is often unrecognised.

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)**  
**for the year ended 31 March 2022**

**Chair's Report - Debra Hastings-Henry**

This year has continued to present challenges with the lasting impact of COVID 19 and wider pressures in the health and social care sectors. It is clear that these difficult times have greatly impacted carers and we have seen an increase both in the demand for our services and in the complexity of need. Our skilled and dedicated staff continue to rise to the challenge in providing high quality, individualised and compassionate support for our service users. I give praise and thanks to all staff and volunteers for their innovative and inspirational support for carers.

We pay tribute to former Executive Director Glynis Donovan who retired in December. Glynis was instrumental in building the success and sustainability of RCSS and in establishing important and influential strategic partnerships to give carers a stronger voice. We will continue to build on this positive legacy. The Working for Carers Team expanded to welcome new Employment Personal Advisors, Khalifa Araba and Carla Gobey. We said goodbye to Josephine Akintoye Employment Personal Advisor and thank her for her positive contribution. Kate Stewart Young Adult Carer Project Manager also moved on to pastures new leaving a strong legacy in her dedicated work supporting this often underrepresented group. We continue to develop support for YACS and to fundraise as part of the Mayor's Appeal 2021-22. We are grateful to the Worshipful the Mayor of Redbridge Councillor Roy Emmett for this opportunity. The COVID 19 pandemic presented many challenges, but also opportunities in the use of technology to engage, for staff, carers and Trustees. Trustees continue to meet regularly via Zoom ensuring good governance and business planning prevail. The Trustees are very proud of RCSS's achievements this year. None of this would be possible without the financial support of our core contract with the council, funders of our various projects as well as our individual donors. I would like to thank the following for our contracts and grants:

The London Borough of Redbridge (Carers Support Services Contract; Redbridge Grant Fund)

Mulberry Trust (Carers of People with Dementia)

Charity of Sir Richard Whittington (for which the Mercer's Company is Trustee), (Older Carers Connect)

Working for Carers, led by Carers Trust funded by the European Social Fund and The National Lottery Community Fund via Carers Trust

Garfield Weston (Support for Young Adult Carers)

One Place East (MH & Wellbeing Support)

CCG (administered by London Borough of Redbridge - carers COVID vaccination project)

Carers Trust (Grants for Carers)

Stripe (Donations via the RCSS website)

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)**  
**for the year ended 31 March 2022**

**Executive Director's Report and Forward Plan**

Echoing our Chair's report, we faced and coped with the challenges of COVID and at the time of this report, begin work to review and strengthen our risk management to safeguard staff and service users as we resume face to face work. A planned organisational review will be an opportunity to reflect on recent challenges, learn from our experiences and refresh our operational plan. We will continue to listen to our carers to ensure their views and experiences inform the development and delivery of our services.

This year the delivery of targeted MH and wellbeing support to carers has been a key development in our work. Most recently our new Mental Health and Wellbeing project in partnership with One Place East and funded by the CCG. This 14 month project will support carers of someone with a MH illness to access 1-1 counselling and coaching. Learning from the project will feed into wider research to improve MH services for carers. At the time of this report, this project is in the early stages of development, but we are confident in the delivery of positive outcomes for participants and in building and sustaining this work in the longer term. In terms of our overall workplan, community support work continues to deliver positive and significant outcomes for carers through 1-1 advice, referrals, support, peer groups and activities. Our diverse projects add value to our core work in the targeted support for older carers, young adult carers and carers of someone with dementia. In its 5th year the Working for Carers Project continues to improve employability outcomes for unpaid carers and former carers.

Looking forward, RCSS will continue to expand and develop innovative new services to support carers from the diverse communities of Redbridge. To invest in our talented staff and volunteers and build capacity to reach more carers. Our aim is to support carers in being more active in their communities and to encourage more civic and social action. Amplifying the voices of carers and valuing the extraordinary positivity of volunteers and their passion for supporting those in need within our communities. Our key fundraising objectives for the coming year are listed below:

- Continue to ensure sustainable core and project income from a diverse range of funders
- Learn from our projects to improve services
- Continue to use external expert advice from a range of professionals
- Continue to build lasting relationships with our funders
- Continue to seek donations and sponsorships to fund social activities to give carers a break
- Seek funding to promote new innovative ways of supporting carers, including a blended approach to virtual and face to face support
- Seek consortia funding via our network membership with Carers Trust
- Build on our projects and prioritise further funding to develop services for isolated, frail carers in Redbridge by expanding home and community services for the most vulnerable carers
- Seek funding to further develop and sustain our counselling and coaching services
- Seek funding to further expand, train and support our diverse pool of volunteers
- Continue to seek financial support and goods in kind from the corporate sector and build on our existing relationships through Carers Trust and also local businesses/companies



**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Report of the trustees (incorporating the directors' report)**  
**for the year ended 31 March 2022**

- Increase the profile and the needs of carers including maintaining and developing further crucial links with local politicians, decision-makers and business leaders
- Secure further funding to sustain positive health and wellbeing outcomes for carers.

**Reserves Policy**

The Trustees recognise the need for a reserves policy. To this end they have designated an Operational Reserve and a Contingency Reserve, which in effect are the level of reserves the Trustees believe they need. Over the coming year as a prudent measure the Board reviewed the level of its reserves and increased them to reflect risk. This is to ensure this fund is sufficient to meet the items of potential expenditure and/or loss of income, including the termination and wind down costs of the charity.

**Strict transparency is maintained to avoid conflict of interest in respect of:**

- Trustees Mr Barry Bates and Mrs Bushra Tahir are registered carers who also access RCSS' services.
- Trustee Mr Nicholas Hurst and Dr Sudarshan Kapur are registered carers with RCSS.

**RESPONSIBILITIES OF THE TRUSTEES**

The trustees (who are also the directors of Redbridge Carers Support Service for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP.
- make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

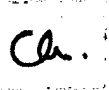
**Report of the trustees (incorporating the directors' report)**  
**for the year ended 31 March 2022**

- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

**Auditors**

Levy + Partners Limited have expressed their willingness to continue in office and a resolution to re-appoint them will be proposed at the annual general meeting.

On behalf of the board



Catherine Ellen O'Keeffe  
**Secretary**

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Independent auditor's report to the members of Redbridge Carers Support Service**

**For the year ended 31 March 2022**

**Opinion**

We have audited the financial statements of Redbridge Carers Support Service for the year ended 31 March 2022, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022, and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

**Other information**

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report, which includes the Directors' Report prepared for the purposes of company law for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report included within the Trustees' Report have been prepared in accordance with applicable legal requirements.

## **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report included within the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made;
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime.

## **Responsibilities of trustees**

As explained more fully in the Trustees' Responsibilities Statement set out on page 9 the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the company or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK), will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

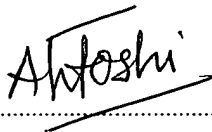
Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Discussion with the management of known instances of non-compliance with laws and regulations.
- Understanding of management's internal control designed to prevent irregularities.
- Design audit procedures around testing of expenses.
- Testing transactions entered outside of the normal course of the business.
- Identifying and testing of journals entries.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

### **Use of our report**

'This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed'.



**Arvind Joshi FCA,CTA,DchA (Senior Statutory Auditor)**  
**For and on behalf of Levy + Partners Limited**  
**and Chartered Accountants and Statutory Auditors**  
**7-8 Ritz Parade**  
**Western Avenue**  
**London**  
**W5 3RA**

**Date: 20 December 2022**

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Cash flow statement**

**for the year ended 31 March 2022**

	Notes	2022 £	2021 £
Net (outgoing)/incoming resources for the year		(32,741)	34,142
Interest receivable		(519)	(3,509)
Depreciation and impairment		3,718	4,355
Increase in debtors		(37,552)	(18,132)
(Decrease)/Increase in creditors		(834)	25,289
<b>Net cash (outflow)/inflow from operating activities</b>		<b>(67,928)</b>	<b>42,145</b>
Returns on investments and servicing of finance	19	519	3,509
Capital expenditure	19	(3,304)	(6,338)
<b>(Decrease)/Increase in cash in the year</b>		<b>(70,713)</b>	<b>39,316</b>
<b>Reconciliation of net cash flow to movement in net funds</b>	20		
<b>(Decrease)/Increase in cash in the year</b>		<b>(70,713)</b>	<b>39,316</b>
<b>Net funds at 1 April 2021</b>		<b>353,237</b>	<b>313,921</b>
<b>Net funds at 31 March 2022</b>		<b>282,524</b>	<b>353,237</b>

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Statement of financial activities (incorporating the income and expenditure account)**

**For the year ended 31 March 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
<b>Incoming resources</b>					
Incoming resources from generating funds:					
Voluntary income	2	260,917	246,656	507,573	546,367
Investment income	3	519	-	519	3,509
<b>Total incoming resources</b>		<u>261,436</u>	<u>246,656</u>	<u>508,092</u>	<u>549,876</u>
<b>Resources expended</b>					
Charitable activities	4	213,016	319,639	532,655	507,450
Governance costs	6	5,865	2,313	8,178	8,284
<b>Total resources expended</b>		<u>218,881</u>	<u>321,952</u>	<u>540,833</u>	<u>515,734</u>
<b>Net incoming/(outgoing) resources for the year /</b>					
<b>Net income/(expenditure) for the year</b>		42,555	(75,296)	(32,741)	34,142
Total funds brought forward		<u>202,945</u>	<u>146,742</u>	<u>349,687</u>	<u>315,545</u>
<b>Total funds carried forward</b>		<u>245,500</u>	<u>71,446</u>	<u>316,946</u>	<u>349,687</u>

The statement of financial activities includes all gains and losses in the year and therefore a separate statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 15 to 21 form an integral part of these financial statements.

**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Balance sheet**  
**as at 31 March 2022**

	Notes	£	2022	£	£	2021	£
<b>Fixed assets</b>							
Tangible assets	12			4,317			4,731
<b>Current assets</b>							
Debtors	13	54,560			17,008		
Cash at bank and in hand		283,213			353,237		
				337,773			370,245
<b>Creditors: amounts falling due within one year</b>	14	(25,144)			(25,289)		
<b>Net current assets</b>				312,629			344,956
<b>Net assets</b>				316,946			349,687
<b>Funds</b>	15						
Restricted income funds				71,446			146,742
Unrestricted income funds				245,500			202,945
<b>Total funds</b>				316,946			349,687

The financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the board on 20 December 2022 and signed on its behalf by



**Debra Hastings-Henry (Chair)**  
**Director**

The notes on pages 15 to 21 form an integral part of these financial statements.



**Redbridge Carers Support Service**  
**(A company limited by guarantee)**

**Notes to financial statements**  
**for the year ended 31 March 2022**

**1. Accounting policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

**1.1. Basis of accounting**

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005) and the Companies Act 2006.

**1.2. Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

**1.3. Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

**1.4. Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment - 33% straight line

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**for the year ended 31 March 2022**

**2. Voluntary income**

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Donations	23,964		23,964	2,186
Specific Various Funds		3,574	3,574	7,032
London Community Response - City Bridge Trust				12,126
Active Older Carers Project -City Bridge Trust				48,736
Young Adult Carers – National Lottery Community Fund				95,492
Working for Carers Project – European Social Fund & National Lottery Community Fund		151,946	151,946	140,119
Carers of someone with Dementia				4,000
Local Authority Contracts & Grants London Borough	229,676		229,676	236,676
Garfield Weston Fund		15,000	15,000	
Covid Vaccination Project-LBR		11,274	11,274	
Older Carers Connect -Charity of Sir Richard Whittington		49,616	49,616	
One Place East -MH & Wellbeing Project		11,246	11,246	
Mayor's Appeal – Young Adult Carers	277		277	
The Mulberry Trust – Carers of Dementia		4,000	4,000	
Redbridge Grant Fund	7,000		7,000	
	<u>260,917</u>	<u>246,656</u>	<u>507,573</u>	<u>546,367</u>

**3. Investment income**

	Unrestricted funds £	2022 Total £	2021 Total £
Bank interest receivable	519	519	3,509
	<u>519</u>	<u>519</u>	<u>3,509</u>

**4. Costs of charitable activities - by fund type**

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Employment and training costs	189,980	243,817	43,798	417,453
Running costs	(3,244)	59,048	55,805	45,372
Premises costs	24,084	15,252	39,336	40,270
Capital costs	2,196	1,522	3,718	4,355
	<u>213,016</u>	<u>319,639</u>	<u>532,657</u>	<u>507,450</u>

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**for the year ended 31 March 2022**

**5. Costs of charitable activities - by activity**

	Activities undertaken directly £	Grant funding activities £	Support costs £	2022 Total £	2021 Total £
Employment and training costs	-	-	433,798	433,798	417,453
Runing costs	54,516	1,289	-	55,805	45,372
Premises costs	39,336	-	-	39,336	40,270
Capital costs	-	-	3,718	3,718	4,355
	<u>93,852</u>	<u>1,289</u>	<u>437,516</u>	<u>532,657</u>	<u>507,450</u>

**6. Governance costs**

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Office expenses - Other	-	-	(2)	-
Audit Fees	4,800	-	4,800	-
Support - Professional - Other	1,065	2,313	3,378	8,284
	<u>5,865</u>	<u>2,313</u>	<u>8,176</u>	<u>8,284</u>

**7. Analysis of support costs**

	Employment Training costs £	Depreciation £	Governance costs £	2022 Total £	2021 Total £
Staff costs	433,798	-	-	433,798	417,453
Auditors' remuneration	-	-	4,800	4,800	-
Other professional fees	-	-	3,378	3,378	8,284
Depreciation and impairment	-	3,718	-	3,718	4,355
	<u>433,798</u>	<u>3,718</u>	<u>8,178</u>	<u>445,694</u>	<u>430,092</u>

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**for the year ended 31 March 2022**

**8. Net (outgoing)/incoming resources for the year**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Net (outgoing)/incoming resources is stated after charging:		
Depreciation and other amounts written off tangible fixed assets	3,718	4,355
Auditors' remuneration	4,800	-
	<u>8,518</u>	<u>4,355</u>

**9. Employees**

<b>Employment costs</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Wages and salaries	433,798	417,453
No employee received emoluments of more than £60,000 (2021 : None).		

**Number of employees**

The average monthly numbers of employees (including the trustees) during the year, calculated on the basis of full time equivalents, was as follows:

	<b>2022</b>	<b>2021</b>
	<b>Number</b>	<b>Number</b>
Provision of services and support (includes part time)	13	14
Management and administration	1	1
	<u>14</u>	<u>15</u>

**10. Trustees' Remuneration and Benefits**

The trustees received no remunerations or other benefits during the year (2021: Nil).

No trustees received payment for professional or other services supplied to the charity.

The trustees were able to use services used generally by beneficiaries and members of the charity.

**11. Taxation**

The Charity's activities fall within the exemptions afforded by the provisions of the Section 478 of the Corporation Tax Act 2010. Accordingly, there is no taxation charge in these accounts.

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**for the year ended 31 March 2022**

<b>12. Tangible fixed assets</b>		<b>Fixtures, fittings and equipment £</b>	<b>Total £</b>
<b>Cost</b>			
At 1 April 2021		78,599	78,599
Additions		3,304	3,304
At 31 March 2022		<u>81,903</u>	<u>81,903</u>
<b>Depreciation</b>			
At 1 April 2021		73,868	73,868
Charge for the year		3,718	3,718
At 31 March 2022		<u>77,586</u>	<u>77,586</u>
<b>Net book values</b>			
At 31 March 2022		<u>4,317</u>	<u>4,317</u>
At 31 March 2021		<u>4,731</u>	<u>4,731</u>

<b>13. Debtors</b>		<b>2022 £</b>	<b>2021 £</b>
Other debtors		39,655	1,578
Rent deposit		3,000	3,000
Prepayments and accrued income		11,906	12,430
		<u>54,561</u>	<u>17,008</u>

<b>14. Creditors: amounts falling due within one year</b>		<b>2022 £</b>	<b>2021 £</b>
Barclay Card		689	-
Accruals and deferred income		24,455	25,289
		<u>25,144</u>	<u>25,289</u>

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**Notes to financial statements**  
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**15. Analysis of net assets between funds**

	Unrestricted funds £	Restricted funds £	Total funds £
Fund balances at 31 March 2022 as represented by:			
Tangible fixed assets	2,536	1,781	4,317
Current assets	243,270	94,503	337,773
Current liabilities	(25,144)	-	(25,144)
	<u>220,662</u>	<u>96,284</u>	<u>316,946</u>

**16. Unrestricted funds**

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
General Funds	112,945	261,436	(218,881)	155,500
Designated Fund	90,000	-	-	90,000
	<u>202,945</u>	<u>261,436</u>	<u>(218,881)</u>	<u>245,500</u>

**17. Restricted funds**

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Covid Vaccination Project - London Borough of Redbridge	-	11,274	(11,274)	-
Working for Carers Project - European Social Fund and The National Lottery Community Fund	13,758	151,946	(155,803)	9,901
Young Adult Carers - The National Lottery Community Fund	76,898	-	(76,898)	-
Specific Various Funds	6,797	3,574	(8,937)	1,434
The Charity of Sir Dick Whittington (for which the Mercer's Company is Trustee)	15,282	49,616	(42,632)	22,266
Active Older Carers Project - Mulbery Trust	33,588	4,000	(6,765)	30,823
Young Adult Carers - Garfield Weston Fund	-	15,000	(9,964)	5,036
One Place East - Mental Health & Wellbeing Project	-	11,246	(8,158)	3,088
Fixed Assets	420	-	(1,522)	(1,102)
	<u>146,743</u>	<u>246,656</u>	<u>(321,953)</u>	<u>71,446</u>

**18. Related party transactions**

There are no related party transactions during the year.

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**Notes to financial statements**  
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**19. Gross cash flows**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Returns on investments and servicing of finance</b>		
Interest received	519	3,509
	<u>          </u>	<u>          </u>
<b>Capital expenditure</b>		
Payments to acquire tangible assets	(3,304)	(6,338)
	<u>          </u>	<u>          </u>

**20. Analysis of changes in net funds**

	<b>Opening balance</b>	<b>Cash flows</b>	<b>Closing balance</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Cash at bank and in hand	353,237	(70,024)	283,213
Barclay Card	-	(689)	(689)
	<u>353,237</u>	<u>(70,713)</u>	<u>282,524</u>
<b>Net funds</b>	<u>353,237</u>	<u>(70,713)</u>	<u>282,524</u>

**21. Going concern**

There are no material uncertainties about the charity's ability to continue.

**22. Company limited by guarantee**

Redbridge Carers Support Service is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £1 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.