

OXFORD HEALTH CHARITY

England & Wales · Charity number 1057285

Details

Other names OXFORD HEALTH CHARITABLE FUNDS, OXFORDSHIRE AND BUCKINGHAMSHIRE MENTAL HEALTH CHARITABLE FUND, OXFORDSHIRE MENTAL HEALTHCARE CHARITABLE FUND

Status Registered

Legal form Other

Registered 1996-08-02

Register [View on the Charity Commission register](#)

Contact

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Email charity@oxfordhealth.nhs.uk

Website www.oxfordhealth.charity

Activities

Objects: FOR CHARITABLE PURPOSES RELATING TO THE GENERAL OR ANY SPECIFIC PURPOSES OF OXFORD HEALTH NHS FOUNDATION TRUST OR TO PURPOSES RELATING TO THE HEALTH SERVICE

Activities: The main purpose of the charitable funds held on trust is to apply the income for charitable purposes relating to the general or any specific purposes of the Oxford Health NHS Foundation Trust or to purposes relating to the Health Service.

Classification

- **How:** Makes Grants To Organisations, Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Buckinghamshire
- Oxfordshire
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£236,000	£364,000	-	-
2024-03-31	£346,000	£525,000	-	-
2023-03-31	£299,000	£552,000	-	-
2022-03-31	£552,000	£652,000	£1,258,000	0
2021-03-31	£777,554	£939,812	£1,309,033	0

Trustees

Name	Role	Appointed
OXFORD HEALTH NHS FOUNDATION TRUST		2017-06-01

OXFORD HEALTH CHARITY

England & Wales - Charity number 1057285

Accounts

Oxford Health Charity

Annual Report
and Accounts
2024/2025



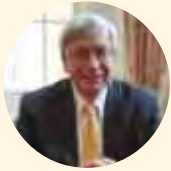
Supporting Oxford Health NHS Foundation Trust to
enhance the experience of patients, carers and staff

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Introductions



Professor Sir Rick Trainor,
Chair of the Charity Committee

It gives me great pleasure to welcome you to this year's Annual Report, a reflection not only of the work we've done, but of the people and partnerships that make it possible. Over the past year, our Charity has continued to play a vital role in supporting patients, families and staff across Oxford Health NHS Foundation Trust. The generosity of our donors, volunteers and colleagues has been extraordinary, helping us to turn ideas into tangible improvements that make a difference every single day.

This report tells a story of compassion, collaboration and commitment. From new wellbeing initiatives and patient comfort projects to innovations in mental health and community care, each achievement represents countless acts of kindness and teamwork. The Charity Committee takes great pride in ensuring that every donation is managed responsibly and used to deliver genuine benefit. As Chair I want to thank everyone who has given their time, energy and creativity to support our Charity aims. Together, we are building a more caring and hopeful future for all those we serve.



Grant Macdonald,
Chief Executive Officer, Oxford Health NHS Foundation Trust

Our Charity is a cornerstone of the Oxford Health community. It allows us to go beyond what the NHS alone can provide, funding projects that lift spirits, spark innovation and bring warmth to every ward and service. This year has reminded us that even in challenging times, the power of community giving remains strong.

Through your donations and involvement, we've been able to make a direct impact where it's been needed most, from creating calmer, more therapeutic spaces for patients to supporting staff wellbeing and innovation. I am deeply proud of the partnership between the Trust and the Charity, and of the tangible difference we are making together.

Thank you for being part of that story.



Introductions



Taff Gidi,

Executive Director of Corporate Affairs, Oxford Health NHS Foundation Trust

Behind every project you'll read about in these pages are people, people who care deeply about making life better for others. Our team has worked tirelessly to ensure that every donation is used wisely and well, with transparency, creativity and heart.

I joined the Trust in February 2025, and have seen the impact of collaboration at every level: staff leading fundraising challenges, local communities giving their time to support their local hospitals and services, and patients shaping the projects that benefit them. The result is an ever-growing culture of care, pride and innovation.

As we look ahead, our focus remains on amplifying that impact, investing in wellbeing, supporting recovery and making sure that every gift brings lasting benefit. Thank you for standing with us and for continuing to believe in the power of small acts to make a big difference.



Our Purpose

Who We Are

Oxford Health Charity exists to make a meaningful difference to the lives of patients, carers, families, and staff across Oxford Health NHS Foundation Trust. We provide funding and support for projects that go above and beyond what the NHS can ordinarily provide, ensuring care environments and experiences are the best they can be.

Our Purpose

Throughout this report you will see how our projects and initiatives aim to:

- Enhance patient experience through supporting wellbeing and recovery
- Support staff welfare and create positive working environments
- Fund innovation and creativity that will help transform care settings
- Engage communities to help people before, during, and after their time with the Trust

Our Purpose Remains the Same - But We're Adapting

Our commitment to improving lives has never changed. However, as Oxford Health NHS Foundation Trust embarks on its new strategy in response to the NHS 10-Year Plan, this is our opportunity to adapt and evolve.

We will continue to fund projects that make a difference, while aligning our priorities with the Trust's future vision, supporting innovation, integrated care, and wellbeing initiatives that meet the changing needs of patients and staff.

What We Fund

- Therapeutic and creative activities for patients.
- Equipment and resources that improve comfort and care.
- Green spaces and wellbeing projects for staff and service users.
- Larger-scale improvements to Trust sites that create welcoming environments.

Our Principles

- We fund what transforms care experiences, not replace NHS funding.
- Every charitable spend must demonstrate a positive impact on patient experience.
- We operate with transparency and fairness in all funding decisions.

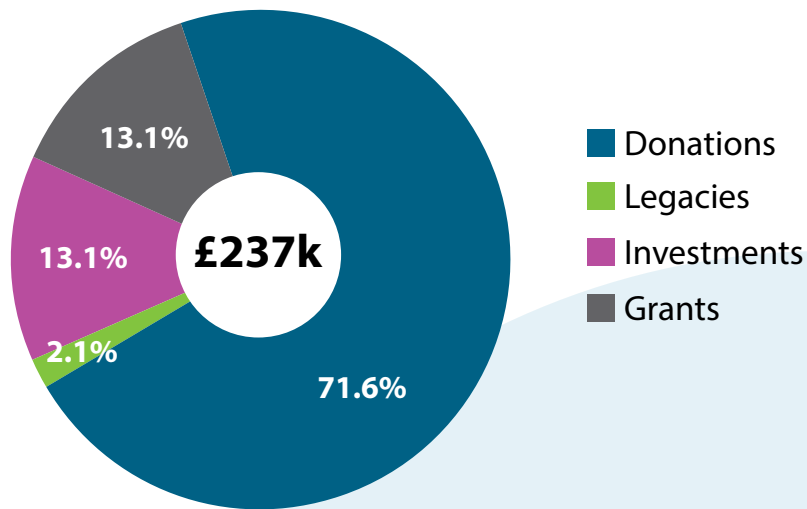


Financial Snapshot

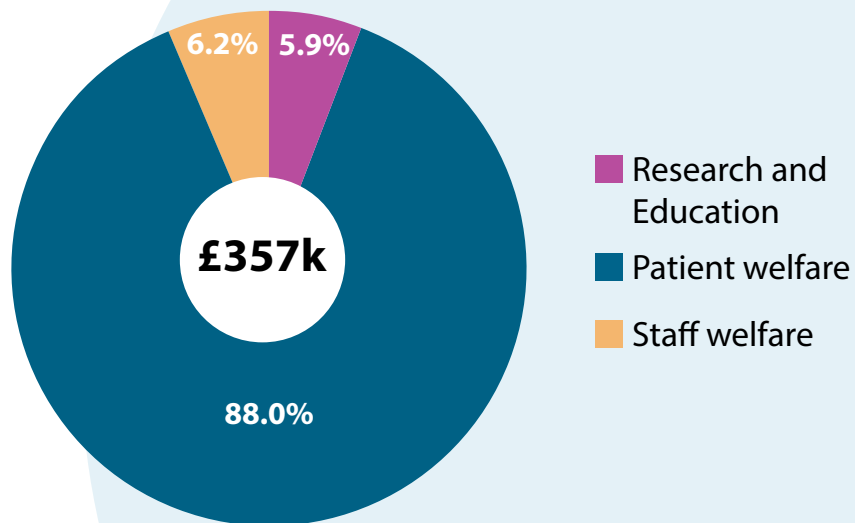
The Charity's financial performance for 2024/25 reflects a year of steady income generation and focused investment in charitable activities that directly enhance patient and staff experience across Oxford Health NHS Foundation Trust. Total income for the year amounted to **£237,000**, with donations continuing to represent the Charity's most significant source of funding. Alongside voluntary giving, legacies, grants and investment income all contributed to sustaining the breadth of charitable initiatives delivered throughout the year.

Expenditure remained closely aligned with the Charity's strategic priorities, with **88%** of spending directed towards charitable activities. These included patient welfare projects, staff wellbeing initiatives, and support for research and education. The distribution of funds demonstrates a clear commitment to ensuring that every contribution is used to deliver maximum benefit to service users, carers and colleagues.

Income



Expenditure on Charitable Activities



How Your Support Makes a Difference

Thanks to the generosity of our donors, we've delivered projects that improve care, comfort and wellbeing across Oxford Health NHS Foundation Trust.

Therapeutic and Creative Activities for Patients

Interactive weekly African drumming workshops were held over five weeks at both Marlborough House, a CAMHS inpatient service based in Swindon, and Cotswold House, a specialist adult eating disorders service based at Savernake Hospital in Marlborough.

"I came out feeling so much more relaxed and happy and was dancing for the rest of the day."

Service users at Oxford's Fulbrook Centre have continued to benefit from charity-funded Creative Movement sessions, a dance and movement programme. These workshops are tailored to the older adult patient group and help participants relax, rebalance and improve wellbeing while encouraging social engagement.

"I was feeling quite flat before the group, but Lizzie provided wonderful energy and a fun variety of exercises to elevate my mood."

"I was surprised by the joyfulness of the occasion. I feel stretched in every direction and more stable on my feet!"



To help the Oxfordshire Stroke Rehabilitation Unit meet national guidelines for stroke survivors, we funded equipment to support group therapy and create an enriched environment. Items such as dumbbells, hand grips, washing lines and peg boards, as well as percussion instruments and gardening equipment, have enabled patients to engage in high-repetition practice, functional tasks and leisure activities, increasing therapy intensity to three hours per day.

"It has enabled our patients to engage in a meaningful activity that is familiar to them and brings them joy as part of their stroke rehabilitation."

Equipment and Resources that Improve Comfort and Care

To help share the joy of reading with patients across Oxford Health NHS Foundation Trust, 160 books were funded in support of 'World Book Night.'

"Some service users have said that attending reading groups has helped them gain their confidence back in reading and speaking because, as they read and discuss, the group members listen to them and respect their views. For some, receiving a brand-new book makes them feel happy and honoured."

Over the festive period we provide funding to each inpatient ward to enable them to purchase refreshments for patients and staff, helping to lift spirits. Each inpatient also receives a small gift carefully selected by ward staff, and funded by the Charity.

"Patients were very grateful and enjoyed choosing food for our ward party."

A new set of recording equipment was funded to enable the Trust's Long Covid/Chronic Fatigue Syndrome/ME community service to record their restorative movement classes for patients who were unable to attend.

"The vlogging kit allows the patients to hear me and see me in a more crisp and professional capacity. It took the classes from being 'homemade and glitchy' to 'seamless and professional'. A truly invaluable piece of kit."





Green Spaces and Wellbeing Projects for Staff and Service Users

Charity funding supported the development of outdoor spaces around Woodlands House, a forensic mental health ward in Aylesbury, with vegetable beds, dwarf trees and flowers being planted. Patients were involved in planning and planting, fostering ownership and pride in the space and this area will also enable green engagement sessions going forward.

Comfortable furniture was provided for the staff wellbeing area at Witney Community Hospital.

“Encouragement is needed for staff to move away from their direct work environment during their break and lunchtimes. This furniture provides staff members with time for peace and quiet, relaxation, and socialisation in order to re-charge before returning renewed and refreshed to their direct work environment.”

Larger-scale Improvements to Trust Sites that Create Welcoming Environments

An 18-month art project focused on improving the outdoor spaces at Wallingford Community Hospital. Local artists, hospital patients and staff, and a local primary school came together to co-create a colourful array of mosaics, murals, wayfinding art, and a nature trail.

“The artwork has really brightened up the hospital grounds. It feels so much more welcoming now, and I find myself noticing new things every time I come in. It’s made a real difference for everyone who visits.”

The installation of large wooden planters and benches also enhanced the outside areas at Didcot Community Hospital.



Case Study: Neve's Legacy and the ROSY Appeal



Painting of Neve, by Emily

The Oxford Health Charity ROSY Appeal funds additional respite care at home for children in Oxfordshire with chronic, life-limiting, acute or terminal illnesses. This service is fully funded by Oxford Health Charity and is delivered by the dedicated Children's Community Nursing team at Oxford Health NHS Foundation Trust.

A member of our ROSY healthcare team explains:

"You never know what you're walking into... you can find the family are in a good place... Or some days it's about staying at their home to allow the child to rest... On other days you can walk in and find you need to be that listening ear, or a shoulder to cry on. On those days it's the small things the family can get done that make a big difference."

One of the families supported by ROSY was Neve's. Her mum, Emily, shared:

"We were lucky to have ROSY support for Neve's final two years. Everyone – the nurses, healthcare assistants, and all the other caregivers – was incredibly skilled, compassionate and child-focused. They were reliable and trustworthy; if they said they were coming, they would be there. Life with a child dying from cancer was overwhelming and uncertain, so this predictability was cherished."

Neve adored her time with the team, building warm bonds with people who had the skills to care for her complex needs and to make her smile. I treasured those precious hours when Neve was with the ROSY team. Knowing that she was safe in their care allowed my hyper-vigilant brain some desperately needed respite and calm."

After Neve's passing, Emily wanted to create something meaningful in her daughter's memory. She launched a fundraising campaign to purchase two essential pieces of cooling equipment – a CuddleCot and a CuddleBlanket – for the ROSY team.

These items allow grieving families to keep their loved ones close without cooling an entire room, giving them precious time together after death. Previously, the team had to borrow equipment from other services and charities, which was not always available. Emily's efforts have ensured that families now have immediate access to this vital support.

Thanks to Emily's fundraising, the ROSY team now has the equipment needed to provide compassionate, dignified care for families during the most difficult times. Her generosity and determination have created a lasting legacy in Neve's name, ensuring that others can find comfort and choice when they need it most.

Sarah Measures, Children's Community Nursing Complex and Palliative Care Practitioner, added:

"We are immensely grateful to Emily for her fundraising, supported by Oxford Health Charity, to help provide the ROSY team and Community Children's Nursing Service with a set of cooling equipment. Having ready access to this equipment will now enable us to offer families an extended period of aftercare in their own home for their deceased child, provided by a familiar team."



Case Study: AiM Home: Bringing Creative Care to the Heart of Our Communities



At Oxford Health Charity, we are proud to be funding and supporting the innovative **AiM (Arts impact Measured) Home** project, designed to bring arts-based interventions directly to older, housebound patients known to community health services. Developed in partnership with **Oxford Health NHS Foundation Trust**, the **University of Oxford**, and the **University of Southampton**, AiM Home builds on the success of the Oxford Health Arts Partnership in our community and mental health hospital settings, extending its reach into people's homes.

Our aim is to improve wellbeing, reduce isolation, and support staff morale through creativity.

Laying the Foundations for Success

To ensure the project is safe, structured, and ready to deliver meaningful impact, a considerable amount of background work was undertaken during the year, to establish a strong foundation to enable weekly home visits by the artist and registered volunteer. Each visit will offer tailored creative arts such as visual arts, craft, music and movement over six weeks, starting in summer 2025.

Sharing Learning and Building Awareness

Throughout 2024, Oxford Health Charity championed AiM Home at key events:

- **Society for Academic Primary Care (SAPC) Annual Conference, Bristol** – introducing the project during the Creative Inquiry section.
- **OxInAHR (Oxford Institute of Applied Health Research) Symposium** – contributing to academic dialogue on creative health and patient-centred care.
- **Oxford Health NHS Foundation Trust QI Conference** – sharing insights on volunteer integration and project scalability.

AiM Home reflects our commitment to funding projects that make a real difference to patient wellbeing. By investing in creativity, we are helping to transform care pathways and bring joy, connection, and hope to those who need it most.

We look forward to sharing further developments in due course.

Oxford Health Volunteer Programme: Making a Difference Every Day



This year, the Volunteer Programme has continued to grow, with increasing interest across Oxford Health in developing new roles that enhance patient care and support our teams.

The Volunteer of the Year Award for 2024/2025 celebrated the incredible contributions of volunteers in diverse roles. Among those recognised was Steve, our Community Ward Support Volunteer supporting OSRU (Oxfordshire Stroke Rehabilitation Unit) in Abingdon. Steve has volunteered for many years and is one of the team, supporting patients with activities, social interactions, art groups and more. Every nominee and runner-up demonstrated the profound impact volunteers have on patients, families, and colleagues.

One of our most in-demand roles, Patient/Carer Admin Support, has expanded significantly. Volunteers help teams gather I Want Great Care feedback, enabling services to evaluate and improve care. For volunteers, this role offers a rewarding way to support the NHS, gain experience, and feel part of a team.

Volunteers have also brought warmth and connection throughout Oxford Health through seasonal events such as music quizzes, remembrance services, wellbeing sessions, and festive sing-alongs. These activities brighten the environment for patients and staff and provide meaningful engagement.

We are proud to be working with Oxon and Bucks therapeutic intervention groups to develop new volunteer roles supporting activities on adult mental health inpatient wards. Volunteers have also contributed to innovative projects, including the AiM Home research initiative and supporting the Clinical Research Facility team at Warneford Hospital, offering unique opportunities for those interested in research.

Oxford Health Charity has welcomed more event and social media volunteers, providing help with fundraising initiatives and charity-funded activities. Additionally, our Green Spaces volunteers have helped to maintain some of our outside spaces, creating welcoming environments for patients, families, and staff.

Every new volunteer receives an induction conversation about career and development goals, and we have strengthened links with the recruitment team to promote volunteering as a pathway into NHS careers. Many volunteers have successfully transitioned into substantive roles within Oxford Health.

Looking Ahead

The coming year is a time of transformation. We will:

- **align our funding priorities with the Trust's strategic goals, focusing our charity strategy on building an agile and sustainable Charity to meet the Trust's future ambitions.**
- **explore innovative ways to support integrated care and community wellbeing, funding projects that meet our objectives and drive improvement.**
- **strengthen partnerships to deliver innovative projects and move towards a proactive fundraising model, to ensure we have the resources to meet future needs.**
- **recruit a Head of Charity to lead the next phase of growth, develop our strategy and ensure our work continues to make a lasting impact.**

Spotlight on Warneford 200

2026 marks 200 years since the Warneford Hospital first opened its doors to patients. Today, it remains the oldest working mental health hospital in the country. A place that has shaped mental health care for generations.

This bicentenary is more than a commemoration. It is a moment to reflect on two centuries of care and to look forward to the future of mental health services. Planning is already underway for a new hospital on the Warneford site and the ambitious Warneford Park Project, which aims to create a global centre of excellence in mental health care. Warneford 200 will shine a light on this journey: past, present, and future.

Oxford Health Charity is proud to lead this year-long programme of events, exhibitions, workshops, and oral histories. For the first time, we will share the lived experiences of patients and staff who shaped mental health care at the Warneford. Through creative projects and digital storytelling, we will uncover untold stories and explore how mental health care has evolved over two centuries.

This is also an opportunity to showcase the work we do today, ensuring service users' voices remain central to planning and delivery by recruiting Experts by Experience and to start conversations about the role our Charity could play in the future development of Warneford Park.

Delivering Warneford 200 is a unique chance for Oxford Health Charity to engage new audiences, build stronger connections, and grow awareness and support for our work. Warneford 200 is a platform to strengthen our identity, share our vision, and inspire giving, partnerships and long-term involvement with the Charity.

Warneford 200 is more than a commemoration of our history, it's an opportunity to connect with broader audiences. Through this programme, we aim to spark conversations about mental health care, share stories that matter, and invite communities to discover the role Oxford Health Charity plays today. It's a chance to build relationships, raise awareness and inspire support for the future of mental health care.



Accounts

1 April 2024 to 31 March 2025



Funds Held on Trust

Annual Accounts for the Year Ended 31 March 2025

The accounts of the funds held on trust by Oxford Health NHS Foundation Trust

Foreward

These accounts have been prepared by the Trustee in accordance with the requirements of the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Statutory Background

The Charitable Fund came into force on 31 July 1996 under Statutory Instrument dated 8 July 1996. The Secretary of State for Health exercised his powers under section 92(1) of the National Health Service Act 1977(a) and the Trust property was transferred from the Oxfordshire Health Authority upon the establishment of the Oxfordshire Mental Healthcare NHS Trust.

On 1 April 2006 the Charity expanded through the inclusion of the mental health related fund balance within the Buckinghamshire Mental Health NHS Trust Charitable Fund (registered charity number 1054087), following the merger by acquisition of Buckinghamshire Mental Health NHS Trust by Oxfordshire Mental Healthcare NHS Trust.

On 31 October 2011 Oxfordshire Primary Care Trust Charity (registered charity number 1091570) was merged with this Charity, following the transfer of Community Health Oxfordshire services from Oxfordshire Primary Care Trust to Oxford Health NHS Foundation Trust.

The name of the Charity was changed from the 'Oxfordshire Mental Healthcare Charitable Fund' to the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' during the year ended 31 March 2009. The name of the Charity was changed from the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' to 'Oxford Health Charitable Funds' during the year ended 31 March 2012. The name of the Charity was changed from the 'Oxford Health Charitable Funds' to 'Oxford Health Charity' during the year ended 31 March 2015.

Oxford Health NHS Foundation Trust is the sole corporate trustee of Oxford Health Charity. Oxford Health Charity is registered with the Charity Commission (registered charity number 1057285).

Main Purpose of the Funds Held on Trust

The main purpose of the charitable funds held on trust is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

Signed 

Grant Macdonald
on behalf of the Corporate Trustee

Date 28/01/2026

Oxford Health Charity
FUNDS HELD ON TRUST

Introduction

The Oxford Health Charity ('the Charity') exists to benefit the patients and service users of the Oxford Health NHS Foundation Trust (and, in the case of a small number of funds, patients and others receiving the services of other parts of the National Health Service and related services).

The bulk of the clinical services provided by the Oxford Health NHS Foundation Trust are funded, of course, from the NHS. In comparison to NHS funding the amounts of money available through the Charity are small, but often a relatively small amount of funding allows activities which NHS funding would not provide. Such funding helps to innovate or to ensure that patients and service users have a wider range of opportunities.

Objectives and Activities

The Charity's governing document is a trust deed dated 31 July 1996, as amended by supplemental deeds dated 6 October 2008 and 29 June 2011.

The objects of the Charity are to apply income for any charitable purposes relating to the NHS wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

The main activities of the Charity are to provide public benefit by supporting the good health and welfare of patients and service users.

Achievements and Financial Review

The Charity Committee (a formal committee of the Oxford Health NHS Foundation Trust Board of Directors) regularly reviews the Charity's expenditure and the associated rules. The Expenditure Rules were revised in 2018/19 and reviewed again in 2023/24 to reflect the Charity's evolving needs. A new set of guidance was published in 2024/25.

The Charity Committee continues to oversee the fundraising and engagement activities focussed on raising awareness of the charity and the areas it supports. In driving forward fundraising activity, the Trustee intends to support the broader community activity for Oxford Health NHS Foundation Trust. It is anticipated that future developments will involve all stakeholders locally and regionally in a positive and rewarding, mutually beneficial relationship with both the Charity and the Trust. In order to support the Trust, the Charity is committed to the development of health services, which are responsive and sensitive to the needs of its local population and the wider public. Essential to this aim is working effectively in partnership with patients, carers, foundation trust governors and members, volunteers and the public. In the fundraising context, this means working together to deliver real, positive impact on the healthcare of the people using the Trust's services. The majority of this is done through the Charity and Involvement team, established in 2017.

The Charity's total funds under management stood at £668,000 as at 31 March 2025, representing a decrease of £116,000 compared to the previous year (£784,000 as at 31 March 2024).

Overall, total income decreased by £110,000, from £346,000 to £236,000. This reduction is primarily due to a significant decline in income from donations, legacies, and grants. The Charity's investment portfolio was sold in October 2024.

Total expenditure also decreased by £161,000, from £525,000 to £364,000. This downward trend reflects the corresponding reduction in income compared with previous years, with the Charity proactively managing costs to ensure financial sustainability.

The reduction in expenditure was achieved through scaling activities in line with available resources, prioritising core services, and seeking efficiencies across programme delivery and overheads. While certain cost pressures remain, such as inflation and increases to the National Minimum Wage, overall expenditure remains proportionate to income and focused on maximising impact with the funds available.

The investments were managed on a discretionary basis by LGT Wealth Management (formerly abrdn plc). In October 2024, the investments were sold, resulting in a realised gain of £11,000 for the period from April to October 2024.

Investment Policy

Until October 2024, the Charity's funds excluding small cash balances held at the bank and those related to the ROSY Fund (discussed below), were invested on a discretionary basis with LGT Wealth Management (formerly abrdn plc). The Charity Committee regularly reviewed the investment strategy, including asset allocation, appropriate performance benchmarks, and social responsibility considerations. Following the full divestment in October 2024, the Charity no longer holds any investments.

Funds related to ROSY (Respite for Oxfordshire's Sick Youngsters) are held in cash deposits to ensure that ongoing costs for nursing staff can be met as they arise. These short-term deposits are recognised as current asset investments in the Charity's accounts.

Governance

About the Charity

Oxford Health Charity is registered with the Charity Commission (Charity number: 1057285) in accordance with the Charities Act 2011. The Charity has a corporate trustee: Oxford Health NHS Foundation Trust.

The members of the Oxford Health NHS Foundation Trust Board of Directors serve as agents for the Corporate Trustee. The Trust Board members who served in this way during the year and up to the date of this report were:

Non-executive Directors

David Walker	Chair
Chris Hurst	
Lucy Weston	
Mohinder Sawhney	
Sir Philip Rutnam	(to September 2024)
Andrea Young	
Geraldine Cumberbatch	
Professor Sir Rick Trainor	
Professor David Clark	(to January 2025)

Executive Directors

Grant Macdonald	Chief Executive (Appointed substantive Chief Executive in November 2024)
Dr Karl Marlowe	Chief Medical Officer
Kerry Rogers	Director of Corporate Affairs and Company Secretary (to May 2024)
Britta Klink	Chief Nurse
Dr Ben Riley	Executive Managing Director – Primary, Community and Dental Care (to February 2025)
Charmaine De Souza	Chief People Officer
Heather Smith	Chief Finance Officer
Amelie Bages	Executive Director of Strategy
Rob Bale	Interim Executive Managing Director for Mental Health and Learning Disabilities
Taff Gidi	Executive Director of Corporate Affairs (from February 2025)
Emma Leaver	Interim Chief Operating Officer for Community Health, Dentistry & Primary Care (from March 2025)
Georgia Denegri	Interim Associate Director of Corporate Affairs (to March 2025)

Going Concern


The Trustee considers that the Charity has adequate financial resources and is well placed to manage the business risks that it faces. The Trustee's assessment of the Charity's position takes into consideration the current economic climate and its potential impact on the Charity's sources of income and planned expenditure. The Trustee has a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation. Accordingly, the accounts have been prepared on the basis that the Charity is a going concern.

Risk Management

The Charity maintains a risk register containing all its principal risks and has, during the year, reviewed risks and the systems and procedures established to manage them.

The Charity has detailed Expenditure Rules which set out how funds can and should be used. These are subject to regular review.

Following the divestment of all investments in October 2024, the Charity Committee continues to oversee financial risk management and ensures funds are managed prudently in line with the Charity's objectives.

Signed by  Date 28/01/2026
Grant Macdonald

Independent Examiner James Cowper Kreston

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1-4 Cumberland Place
Southampton
SO15 2NP

Investment Fund Manager LGT Wealth Management (formerly abrtn plc)

Capital Square
58 Morrison Street
Edinburgh
EH3 8BP

The Board of Directors has delegated responsibility for the day to day management of the Charity to the Charity Committee, who in turn delegate day to day management to the operational charity team. This meets on a quarterly basis.

Charity Registered Number 1057285

Principal Office The principal office of the Charity is:
Oxford Health Charity
Oxford Health NHS Foundation Trust
Warneford Hospital
Warneford Lane
Oxford
OX3 7JX

Bankers Lloyds Bank Plc
87 London Road
Oxford
OX3 9AB

Structure and Management

At 31 March 2025, the Charity was constituted of 63 funds (60 funds in 2024, 56 funds in 2023 and 45 funds in 2022). None of the funds in the year or at year-end were endowment funds. The material funds (other than control funds) at 31 March 2025 were:

	£000
ROSY	270
Legacies - Harry Robey - Wantage	94
Legacies - Balmforth - Abingdon Pain Management	51
Community Directorate Fund	21
Wyfold Charitable Trust Fund	18
Trust Wide General Fund	18
Wantage Community Hospital	16
Wallingford Community Hospital	15
Remaining Funds	165

The Corporate Trustee, in fulfilling its legal duties, ensures that funds are spent in accordance with the purposes of each fund and designates funds in accordance with the wishes of donors.

Non-Executive members of the Oxford Health NHS Foundation Trust's Board of Directors ('the Board') are appointed by the Oxford Health NHS Foundation Trust's Council of Governors. Executive members of the Board are appointed by Oxford Health NHS Foundation Trust under normal staff recruitment procedures. Neither they nor the non-executive members of the Trust Board are individual trustees under charity law. All Directors and Non-Executive Directors are provided with appropriate background information in relation to their management of the Charity.

Acting for the Corporate Trustee, the Charity Committee is responsible for the overall management of the Charity. The Charity Committee is required to:

- Apply the charitable funds in accordance with the Charity's governing documents and the Charities Act 2011.
- Prepare and communicate a statement of policy for all fundraising activities, their approval, monitoring and administration to ensure that such activities, including disbursements, adhere to statutory and other relevant guidelines.
- Supervise the proper investment and administration of the charitable funds. This is done in conjunction with the Director of Finance and the Audit Committee of the Oxford Health NHS Foundation Trust, and with the support of an administrative and accounting service from the operational Charity team and finance.

The Trustee (the Oxford Health NHS Foundation Trust) delegates the responsibility for the Charity to the Charity Committee, which in turn delegates the day-to-day management of the operational Charity team and finance.

The Charity Committee consists of representatives of Non-executive directors and Executive Directors of the Oxford Health NHS Foundation Trust, the Director of Corporate Affairs & Company Secretary, the Charity Team, a representative of the Trust's Finance Department, along with an external member. The external member during the year was Olga Senior.

The Charity Committee meets quarterly. At each meeting items of expenditure of amounts of £500 and above are reviewed and consideration is given to investment performance, management accounts and the stewardship of the funds.

Public Benefit

In exercising its duties and powers with regard to the Charity, the Corporate Trustee has complied with its duty under s17 of the Charities Act 2011 to have due regard to the guidance on public benefit issued by the Charity Commission. The Charity aims to serve the public benefit by promoting the welfare of the patients and service users of Oxford Health NHS Foundation Trust (and, where appropriate, patients served by other parts of the NHS or related services). This is carried out by: promoting improvements in care over and above that which would ordinarily be provided by the National Health Service; the purchase of equipment; improvements to the care environment; and by promoting activities that assist reintegration into the community. In addition, the Charity funds activities related to the education and welfare of staff of the Oxford Health NHS Foundation Trust where this leads to better standards of care and hence benefits patients and service users.

Consolidation of Accounts

HM Treasury has concluded that in compliance with International Accounting Standard 27, the financial position and results of NHS charities should be consolidated into the accounts of the related NHS body wherever that NHS body is the corporate trustee of the charity and therefore has the power to control and benefit from the charity which it administers as corporate trustee. NHS charities remain independent, and charity law requires that trustees act in accordance with the charity's purposes and in the best interests of the charity and its beneficiaries and do not act on the policies or directions of any other body. Therefore when the Corporate Trustee considers the affairs of the charity, although it does have control over those affairs, it is required to make decisions solely in the interest of the charity and its beneficiaries and not in the interests of the NHS foundation trust.

Consolidation is only required where the figures are material to the accounts of the NHS body. In the case of Oxford Health NHS Foundation Trust, the NHS body is the Corporate Trustee of the charity, but the figures related to the Charity are not considered to be material to the accounts of the NHS body, and therefore the Charity figures are not consolidated within the accounts of that body.

It remains the case that the funds of the Charity can only be used for charitable purposes.

Partnership Working

Patients and service users of the Oxford Health NHS Foundation Trust are the main beneficiaries of the Charity. The Oxford Health NHS Foundation Trust is a related party by virtue of being Corporate Trustee of the Charity. By working in partnership with the Oxford Health NHS Foundation Trust, the charitable funds are used to best effect. When deciding on the most beneficial way to use charitable funds, the Charity Committee of the Oxford Health NHS Foundation Trust, acting as agent of the Corporate Trustee, has regard to the main activities, objectives and plans of the Oxford Health NHS Foundation Trust.

Reserves Policy

The Charity held £668k in total, including £510k Restricted Funds as at 31 March 2025. Charitable reserves are defined as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objects, but which is not yet spent, committed or designated. The definition of reserves therefore excludes:

- Restricted Funds
- Designated Funds

Restricted Funds would be established where monies have been bequeathed or donated to the Charity which are subject to donor intention, which limit their use to particular purposes, arising for example from restrictions imposed by the donor. Such funds would be held and used only when a purpose for which they are available arises.

Unrestricted Funds comprise donations and other charitable income received for general purpose charitable use which are credited to General Funds whenever possible or, where donors have expressed wishes as to how the funds might be used, they are allocated to the relevant designated fund held for the intended purpose. Funds are often derived from unsolicited donations and/or from legacies and are therefore unpredictable.

Designated Funds are administered by Fund Advisers in accordance with policies and procedures set by the Trustee. The funds are monitored in terms of expenditure plans, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate reserves policy is not required for Designated Funds.

Within Unrestricted Funds, the Charity also holds net undistributed investment gains on Unrestricted Funds. The purpose of holding these monies is to protect the activities supported, by providing a buffer against future adverse market conditions.

General Funds are those elements of the Unrestricted Funds which have not been designated for specific purposes and which are not being held as a buffer against future adverse market conditions. General Funds are included under Unrestricted Funds in the Charity's accounts.

General Funds	Reserves at 31 March 2025 (£)	Expenditure 2024/25 (£)	Reserves at 31 March 2024 (£)	Expenditure 2023/24 (£)
Trust Wide General Fund	17,209	16,929	20,070	15,602
Buckinghamshire Mental Health General Fund	5,398	5,701	11,072	7,037
Marjorie Henderson Memorial	2,147	9,549	6,831	8,074
Total	25,754	32,179	37,973	30,713

The Committee continues to review the charitable funds regularly and to direct income (including legacies) where possible (where the term of the gift allows it) for use in trust wide General Funds.

The Charity Committee reviews the position on reserves on a quarterly basis and reviews the Reserves Policy on an annual basis.

Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The law applicable to charities in England and Wales requires the Trustee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period.

In preparing these accounts, the Trustee is required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP.
- make judgements and estimates which are reasonable and prudent.
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable it to ensure that the accounts comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity's trust deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the Charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and has complied with the requirements for preparing the accounts. The accounts set out on pages 23 to 34 have been compiled from, and are in accordance with, the financial records maintained by the Trustees.

By Order of the Trustees

Signed: _____



Chair..... Date **28/01/2026**.....

 **28/01/2026**
Director..... Date.....
Trustee

Independent Examiner's Report to the Trustees of Oxford Health Charity ('the charity')

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the Trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

Signed: 

Dated: 29 January 2026

Michael Bath BSc FCA DChA
James Cowper Kreston
Chartered Accountants and Statutory Auditor
The White Building
1-4 Cumberland Place
Southampton
Hampshire
SO15 2NP

Statement of Financial Activity (SoFA)

	Note	Year Ended 31 March 2025			Year Ended 31 March 2024	
		Unrestricted Funds £000	Restricted Funds £000	Total Funds £000	Total Funds £000	Total Funds £000
Income from:						
Donations and legacies	3					
Donations & voluntary grants		44	125	169		215
Legacies		-	5	5		66
Grants - other		22	9	31		47
Sub total: donations and legacies		66	139	205		328
Investments	8.3	14	17	31		18
Total income		80	156	236		346
Expenditure on:						
Raising funds						
Costs of generating voluntary income		5	-	5		12
Investment management costs		1	1	2		7
Sub total: expenditure on raising funds		6	1	7		19
Charitable activities						
Patient welfare	6,7	176	137	314		454
Staff welfare		15	7	22		28
Research and education		20	1	21		24
Sub total: expenditure on charitable activities		212	145	357		506
Total expenditure		218	146	364		525
Net gains/(losses) on investments		7	4	11		22
Net income/(expenditure)		(131)	14	(116)		(157)
Transfer between funds		66	(66)	-		-
Net movement in funds		(64)	(52)	(116)		(157)
Reconciliation of funds:						
Total funds brought forward at 1 April		222	562	784		941
Total funds carried forward at 31 March		158	510	668		784

Comparative figures for each class of funds are provided in note 12 to the accounts.

All income and expenditure resources relate to continuing operations.

The Charity has no gains or losses other than those recognised in this Statement of Financial Activities.

The notes on pages 25 to 32 form part of these accounts.


Annual Report and Accounts for the Year Ended 31 March 2025

Note	Year Ended 31 March 2025			Year Ended 31 March 2024	
	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000	Total Funds £000	Total Funds £000
Fixed assets					
Investments	-	-	-		489
Total fixed assets	-	-	-		489
Current assets					
Debtors	-	1	1		13
Cash at bank and in hand	180	551	731		538
Total current assets	180	552	732		551
Liabilities					
	22	42	64		256
Net current assets / (liabilities)	158	510	668		295
Net assets	158	510	668		784
Funds of the Charity					
Income funds:					
Restricted	11.1	510	510		562
Unrestricted	11.3	-	158		222
Total funds	158	510	668		784

Comparative figures for each class of funds are provided in note 13 to the accounts.

The notes on pages 25 to 32 form part of these accounts.

These accounts (Registered Charity number 1057285) were approved by the trustee and were signed on its behalf by:



 Grant Macdonald

28/01/2026

 Date

1.1 Basis of Preparation

The accounts have been prepared under the historic cost convention, with the exception of investments which are included at market value. The accounts comply with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared on the going concern basis which assumes the Charity will continue for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation.

The Charity has taken advantage of the exemption available under FRS 102 and has not produced a Cash Flow Statement as it is a small charity. The principal accounting policies, which have been applied consistently throughout the current financial year are set out below.

1.2

a) Donations

All donations are included in full in the Statement of Financial Activities as soon as the following three factors can be met:

- (i) entitlement - when control over the rights or other access to the economic benefit has passed to the Charity (in the case of a donations, entitlement usually arises immediately on its receipt); and
- (ii) probable - when it is more likely than not that the economic benefits associated with the transaction or gift will flow to the Charity; and
- (iii) measurement - when the monetary value or amount of the income can be measured reliably and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably.

b) Legacies

Legacies are accounted for upon receipt or where receipt of the legacy is probable and the amount receivable can be estimated with sufficient accuracy. This will be once confirmation has been received from the representatives of the estate that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled and the amount receivable is known with reasonable certainty.

c) Grants

Income from grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

If the grant has conditions attached which must be fulfilled before the Charity has control of the resources, the meeting of these conditions is within the Charity's control and there is sufficient evidence that the conditions will be met, then the grant is recognised. However, where the meeting of the conditions is not probable or not within the control of the Charity, the grant would not be recognised until the conditions set have been met.

If a donor imposes a time period in which the expenditure of resources can take place, and a grant is received for expenditure that must take place in a future accounting period, it would be accounted for as deferred income and recognised as a liability until the accounting period in which the Charity is allowed by the condition to expend the resource. If the donor has given the condition that they can recover any unexpended part of the grant, the liability for any repayment would be recognised only when repayment becomes probable.

d) Income from Charitable Activities and Other Trading Activities

Income from charitable activities and other trading activities is accounted for on an accruals basis as goods or services are supplied.

e) Income from Investments

Investment income is accounted for in the period in which the Charity is entitled to receipt and the amount can be measured with reasonable certainty.

f) Allocation of Income to Funds

Income is credited to a fund which will benefit the area where the donor has imposed a restriction or expressed a wish, for how their gift should be used and is classified as Restricted or Designated Funds accordingly. If the donor has not expressed a wish for how their gift should be used, it is credited to an Unrestricted General Fund and used at the Trustee's discretion in accordance with the objects of the Charity.

1.3 Expenditure

a) The Accounts are Prepared in Accordance with the Accruals Concept

All expenditure is recognised once there is a legal or constructive obligation committing the Charity to the expenditure.

The Statement of Financial Activities provides an analysis of expenditure based on the nature of the activity undertaken. Expenditure is divided between three main activities: Raising Funds, Charitable Activities and Other.

b) Raising Funds

These include the costs of generating voluntary income (fundraising costs), costs of fundraising trading and investment management fees. These costs are apportioned directly against the individual funds generated.

c) Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the Charity's objectives and in line with SORP 2015 (FRS 102) also include governance costs for the Charity. Expenditure on charitable activities will be for the benefit of Patients, Staff, Research or Education. Throughout these accounts the term 'patients' refers to patients and service users. The costs include the direct costs of the charitable activities together with governance and support costs that enable them to be undertaken.

Governance and Support Costs

Governance costs include the costs of governance arrangements which relate to the general running of the Charity, allowing it to operate and to generate the information required for public accountability. Included under this heading are direct costs such as independent examination, legal advice and costs associated with statutory requirements such as preparing statutory accounts.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the activity. Support costs are allocated to charitable activities in the Statement of Financial Activities.

Support costs are accounted for on an accruals basis and charged to the Administration control account.

Both governance and support costs are allocated to charitable activities in the SoFA and further details are provided in note 7.

d) Apportionment of Governance and Support Costs

Both governance and support costs are apportioned across the individual funds within the Charity on an average balance basis (so as to avoid disadvantaging funds with high volume, low value transactions).

e) Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

1.4 Structure of Funds

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a Restricted Fund. Other funds are classified as Unrestricted Funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as Designated Funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

1.5 Fixed Asset Investments

Fixed asset investments comprise Common Investment Funds and cash and are managed by LGT Wealth Management (formerly ABRDN plc). Investments are shown at market value as at the balance sheet date. The market value is the mid-price on 31 March as supplied by the investment managers. The Statement of Financial Activities includes the net gains (or losses) arising on revaluation and disposals of investments throughout the year.

1.6 Current Assets

Where, as part of the management of the investment portfolio, cash deposits are held at bank on terms of under one year and are not accessible with less than 24 hours notice, they are shown as current asset investments.

Current Liabilities

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event. Creditors are liabilities that are supported by invoices that outstanding at the balance sheet date. Accruals are un-invoiced liabilities where the amount of the settlement can be estimated reliably.

1.7 Investment Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or cost at date of purchase, if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening market value (or cost at date of purchase, if later).

1.8 Taxation

Oxford Health Charity is a registered charity and as such benefits from certain exemptions from taxation on income and gains, to the extent that they are applied for charitable purposes.

1.9 Key Assumptions and Judgements

The Charity accrues for items of expenditure which relate to the previous year where invoices have not been processed or received before the year end. Estimates are made in some instances where invoices have not been received based on activity and/or expenditure for the year to date. No significant judgements have been made in preparing the accounts. No key assumptions have been made regarding any sources of estimation uncertainty with a significant risk of causing a future material adjustment.

2 Related Party Transactions

The sole Corporate Trustee of the Charity is Oxford Health NHS Foundation Trust ('the Trust').

The results of the Charity are not consolidated into the accounts of the Trust for the year, as discussed in more detail in the Trustee's Annual Report.

The members of the Trust's Board of Directors during the year are disclosed in the Annual Report of the Charity. During the year none of the members of the Trust's Board of Directors or members of the key management staff or parties related to them have undertaken any material transactions with the Charity. No expenses or remuneration were paid to the members of the Trust's Board of Directors from the Charity during the year (members of the Trust's Board of Directors, some of whom are employees of the Trust, are remunerated by the Trust in respect of the work that they carry out for the Trust). None of the transactions below relate to trustees or key management personnel.

Transactions Between the Charity and Oxford Health NHS Foundation Trust 2024/25

	Creditor b/fwd at 1 April 2024	Expense incurred in year	Paid in year	Creditor c/fwd at 31 March 2025
	£000	£000	£000	£000
To reimburse the Trust for salary payments for clinical staff and Charity team members (none made for trustees or key management personnel)	204	258	(405)	57
To reimburse the Trust for miscellaneous goods and services purchased on behalf of the Charity	–	33	(33)	–
Total expenditure	204	291	(438)	57

3 Income and Donations

3.1 Income from Donations and Voluntary Grants

Donations are received from individuals.

3.2 Income from Legacies

Legacy income is only included in incoming resources when receipt is probable and the amount is known/or can be reliably estimated, or the legacy has been received.

3.3 Grants

Grant income was received in the year as a result of grant applications made by the Charity team.

4 Charitable Activities

Income from charitable activities comprises income from courses and charitable events.

5 Other Trading Activities

Income from other trading activities comprises income from the sales of donated goods. The costs related to this activity are included within 'Fundraising trading: costs of goods sold and other costs'.

6 Analysis of Charitable Activities

	Equipment	Other Activities	Support Costs	Governance Costs	Total 2025	Total 2024
	£000	£000	£000	£000	£000	£000
Patient welfare and amenities	10	290	5	–	305	454
Staff welfare and amenities	–	22	–	8	30	28
Research and Education	10	12	–	–	22	24
Expenditure on raising funds	–	5	2	–	7	–
	20	329	7	8	364	506

Independent examiner's remuneration

The amount payable to the independent examiner for the examination of the accounts for the year is £6,000

Independent examiner's fees

Current year:
FY24/25 **£6,000**
Prior year:
FY23/24 **£6,000**

7 Analysis of Governance and Support Costs

7.1 Overhead and Support Costs

An allocation and/or apportionment of overhead and support costs has been made to governance costs.

2025	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs 2025 £000	Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs 2025 £000
Other Costs	8	-	8	7	14
	8	-	8	7	14

2024	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs 2025 £000	Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs 2025 £000
Other Costs	5	-	5	2	7
	5	-	5	2	7

Other Costs include audit fees, consultancy fees, printing stationery and administrative costs.

7.2 Allocation of Support Costs

The support costs not related to governance activities are then allocated to expenditure on charitable activities based on the purposes of each fund across the four main charitable activities of the Charity as follows:

2024	Patient Welfare £000	Staff Welfare	Research and Education £000	Expenditure on Raising Funds £000	Total 2025 £000	Total 2024 £000
Other Costs	-	-	-	-	-	2
	-	-	-	-	-	2

7.3 Analysis of Staff Costs

The Charity does not directly employ any staff, however, the Charity's development and financial functions are provided by Oxford Health NHS Foundation Trust which is reimbursed from the Charity.

8 Analysis of Investments

8.1 Movement in Fixed Asset Investments

	Total 2025 £000	Total 2024 £000
Market value brought forward at 1 April	488	576
Less: Investment Sales/Proceeds	(145)	(336)
Add: Additions (Disposals) to investments of	(354)	225
Net gain/(Loss) on revaluation	11	22
Market cost at 31 March	-	488
Historic cost at 31 March	576	576

8.2 Market Value of Fixed Asset Investments at 31 March

	Total 2025 £000	Total 2024 £000
Investments in Common Investment Funds	-	481
Cash held as part of the investment portfolio	-	7
	-	488

8.3 Analysis of Investment Income

	Total 2025 £000	Total 2024 £000
Gross Income from investments		
Investments in Common Investment Funds	31	30
	31	30

9 Analysis of Debtors

	Total 2025 £000	Total 2024 £000
Debtors due within one year		
Prepayments and accrued income	1	13
	1	13

10 Analysis of Creditors

	Total 2025 £000	Total 2024 £000
Creditors falling due within one year		
Accruals	17	203
Other creditors	47	53
	64	256

11 Analysis of Funds

11.1 Restricted Funds

Material Funds	Balance B/Fwd at 01/04/24 £000	Income £000	Expenditure £000	Balance C/Fwd at 31/03/25 £000
ROSY (Respite for Oxfordshire's Sick Youngsters)	329	122	181	270
Legacies - Harry Robey - Wantage	94	0	0	94
Legacies - Balmforth - Abingdon Pain Management	51	1	1	51
Wyfold Charitable Trust Fund	18	0	0	18
Lucy's Room	8	10	3	15
Remaining Funds	62	27	28	61
Total	562	160	213	509

Restricted Funds - Comparatives

Material Funds	Balance B/Fwd at 01/04/24 £000	Income £000	Expenditure £000	Balance C/Fwd at 31/03/25 £000
ROSY (Respite for Oxfordshire's Sick Youngsters)	318	158	147	329
Legacies - Harry Robey - Wantage	94	-	-	94
Legacies - Balmforth - Abingdon Pain Management	-	51	-	51
Wyfold Charitable Trust Fund	26	0	8	18
Legacies - Rosemary Pryor - Didcot	-	15	0	14
Remaining funds	61	74	80	55
Total	499	298	235	562

11.2 Details of Material Restricted Funds

Respite for Oxfordshire's Sick Youngsters - ROSY Fund

Patient welfare including respite care for terminally, acutely or chronically ill children and babies in their homes.

11.3 Unrestricted Funds

	Balance B/Fwd at 01/04/24 £000	Income £000	Expenditure £000	Balance C/Fwd at 31/03/25 £000
Community Directorate Fund	35	-	14	21
Trust Wide General Fund	20	15	17	18
Wantage Community Hospital	22	-	6	16
Wallingford Community Hospital	23	-	8	15
Ridgeway Day Hospital Didcot (M Clements Legacy)	13	-	4	9
Remaining Funds	109	72	102	80
Total	222	87	151	159

Unrestricted Funds - Comparatives

	Balance B/Fwd at 01/04/24 £000	Income £000	Expenditure £000	Balance C/Fwd at 31/03/25 £000
Community Directorate Fund	53	1	19	35
Trust Wide General Fund	31	1	9	23
Wantage Community Hospital	28	-	6	22
Wallingford Community Hospital	28	7	16	20
Ridgeway Day Hospital Didcot (M Clements Legacy)	27	-	14	13
Remaining funds	275	39	204	109
Total	442	48	268	222

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the SoFA. Note 12 below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

12 Fund Comparatives

Comparative per Fund Class as at 31 March 2024			
	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2024 £000
Income from:			
Donations and Legacies			
Donations	37	178	215
Legacies	–	66	66
Grants - from other NHS charities	–	–	–
Grants - other	1	46	47
Sub total: donations and legacies	38	290	328
Charitable activities	–	–	–
Investments	10	8	18
Total income	48	298	346
Expenditure on:			
Raising Funds			
Costs of generating voluntary income	12	–	12
Investment management costs	4	3	7
Sub total: expenditure on raising funds	16	3	19
Charitable activities			
Patient welfare	173	281	454
Staff welfare	25	3	28
Research and education	24	–	24
Sub total: expenditure on raising funds	222	284	506
Total expenditure	238	287	525
Realised and unrealised losses on revaluation and disposal of investment assets	12	10	22
Transfer between funds	(42)	42	–
Net (expenditure) and net movement in funds for the year	(220)	63	(157)
Reconciliation of funds:			
Total funds brought forward at 1 April	442	499	941
Total funds carried forward at 31 March	222	562	784

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the Balance Sheet.

Note below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

13 Fund Comparatives

Comparative per Fund Class as at 31 March 2024

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2023 £000
Fixed assets			
Investments	274	215	489
Total fixed assets	274	215	489
Current assets			
Debtors	3	10	13
Cash at bank and in hand	50	488	538
Total current assets	53	498	551
Liabilities			
Creditors: Amount falling due within one year	104	152	256
Net current assets/ (liabilities)	(51)	346	295
Net assets	223	561	784
Funds of the Charity			
Income funds:			
Restricted	–	562	562
Unrestricted	222	–	222
Total funds	222	562	784

Oxford Health NHS Foundation Trust

Warneford Hospital

Warneford Lane

Oxford

OX3 7JX

charity@oxfordhealth.nhs.uk

www.oxfordhealth.charity



Registered Charity number 1057285



OXFORD HEALTH CHARITY

England & Wales - Charity number 1057285

Accounts

Supporting Oxford Health NHS Foundation Trust to enhance the experience of patients, carers and staff



Oxford Health Charity Annual Report 2023/2024



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Welcome



Welcome to our Annual Report for 2023-24 which covers the required financial reporting as well as a reflection on the year through the stories of our fundraising, projects, activities and developments.

Oxford Health NHS Foundation Trust covers a wide geography and a wealth of services and, as the NHS charity supporting the Trust, we endeavour to ensure that our support has the same far-reaching approach. The first part of this Annual Report provides a snapshot of some of the charity-supported projects and fundraising activities that have taken place across the Trust.

We could not offer the support for projects and activities to enhance the experience of patients, carers and staff across the Trust without the amazing donations that come into our charity appeals. We are grateful for the grant opportunities that we have also been able to access through the National Lottery, Leagues of Friends, local councils, social enterprises, arts bodies and local trusts.

Your support – whether financial, social or physical – is truly appreciated and makes a difference every day.

Oxford Health Charity





Our Mission

Our mission at Oxford Health Charity is to enhance the experience of patients, carers, families and staff involved with the services of Oxford Health NHS Foundation Trust.

The Trust delivers physical, mental health and social care for people of all ages across Oxfordshire, Buckinghamshire, Swindon, Wiltshire, Bath and North East Somerset. Our services are delivered at community bases, hospitals, clinics and in people's homes. The Charity supports all these services over and above NHS funding.

Our Strategy

OUR VISION

The vision of Oxford Health Charity remains to **'enhance patient experience through support for patients, carers and staff'**.

NEW STRATEGY

The **2023-28 Strategy** builds on the foundations already in place and provides a framework through which the charity will continue to grow and develop by focussing on the delivery of **Positive Spaces**.

The **strategic objectives** that will enable us to deliver our vision are:

- 1 To develop an evidence base demonstrating the positive and meaningful impact of charity projects.
- 2 To create a culture of engagement and involvement through volunteers, donors, fundraising and staff to boost charity income and awareness.
- 3 To encourage innovation and research through bespoke funding opportunities.

WHAT WILL SUCCESS LOOK LIKE

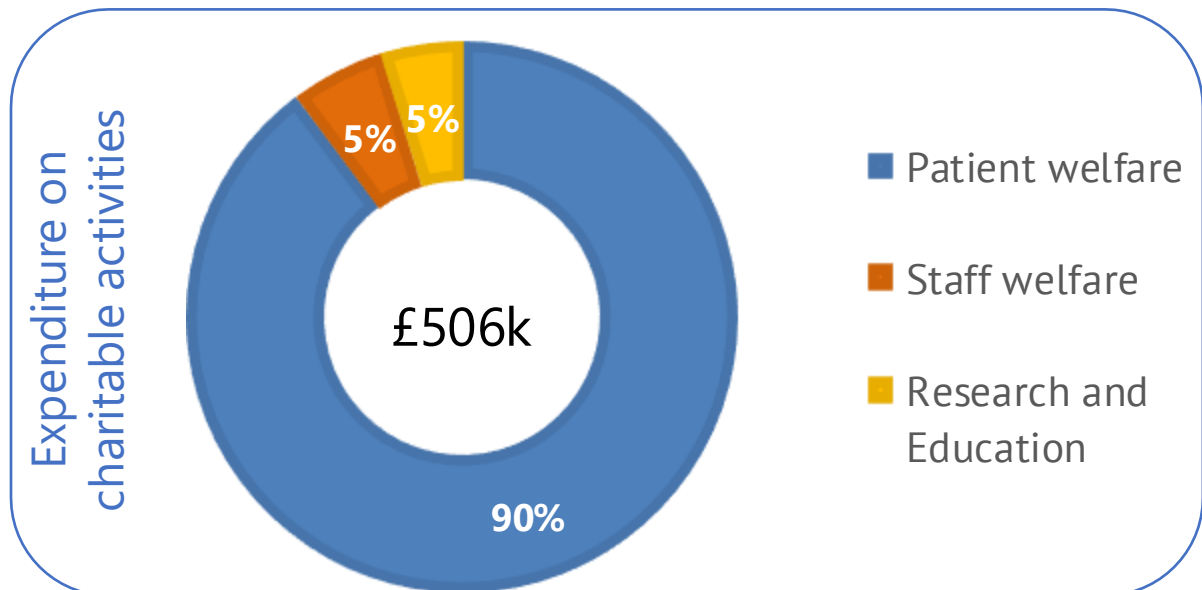
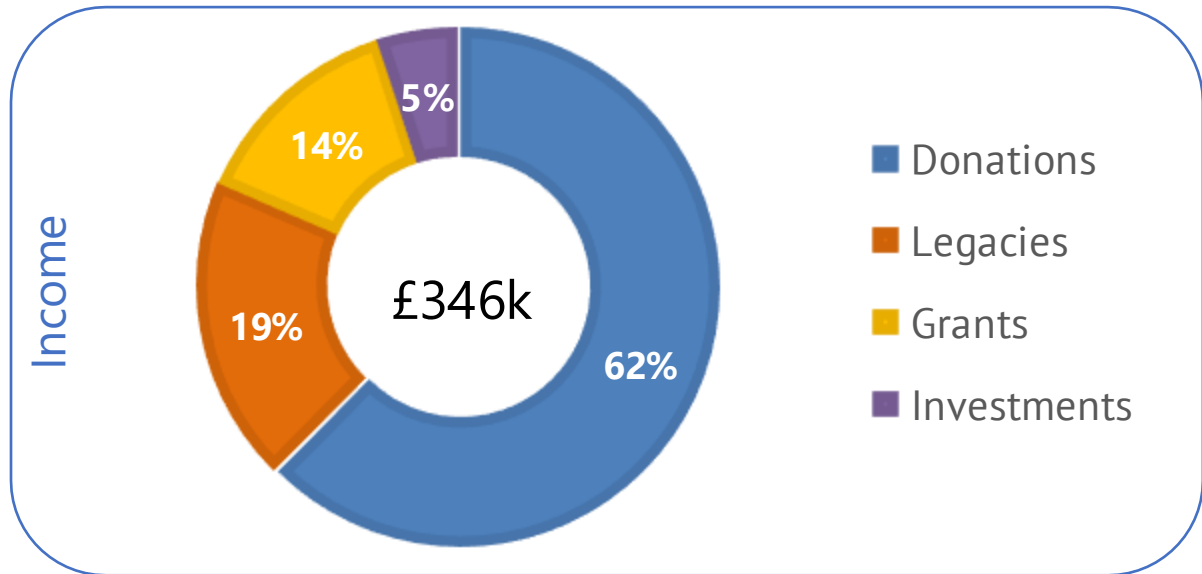
By 2028, Oxford Health Charity will have created unique, impactful and engaging positive spaces across the Trust. These spaces will have grown and developed with strong, evidence-based impact measurements at their core and will encourage staff, carers, patients and the wider community to feel part of the Oxford Health story. This will include a network of high net worth individuals who have contributed to a feasibility study in support of capital projects, like Warneford Park.

For new and existing patients – this will mean a new hospital building or room in which they receive state of the art care; a garden that encourages therapeutic activities and wellbeing; a programme of innovative and engaging activities that actively support their recovery journey.

For carers – this will mean increased opportunities for involvement and engagement with services and research; more innovation in care for those they love.

For staff – this will mean increased opportunities to innovate, time to think and evolve projects based in research; spaces in which to recharge and refresh to boost wellbeing.

Financial Snapshot



Our Current Appeals



Where the Need is Greatest

Supporting projects and activities across the Trust to enhance the experience of patients, families, carers and staff.



In Memory

Making a donation in memory of a loved one is a very personal way of supporting the team, ward or service that supported them in their time of need.



Arts in Healthcare

Delivering arts projects and activities; engaging those receiving care in expressing themselves through the arts.



Service Specific Appeals

Supporting specific services across the Trust including Community Hospitals and Services; Buckinghamshire Mental Health and Oxfordshire and West Mental Health services.



Oxford Health Cares

Supporting staff wellbeing.



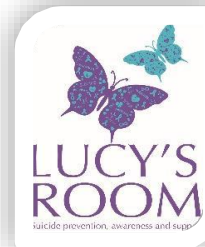
Respite for Oxfordshire's Sick Youngsters (ROSY)

Supporting families through the provision of respite care for young people with life limiting illnesses.



Green Spaces

Bringing our outdoor spaces to life; making a positive difference for our patients, staff and visitors.



Lucy's Room

The creation of a music facility at the Warneford Hospital. Lucy's Room will provide a safe space for patients to make and play music, as well as receive music therapy sessions.



Meadow Unit

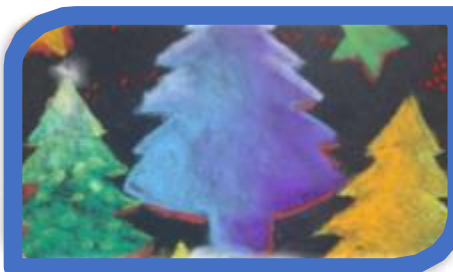
A new PICU has been built at the Warneford Hospital in Oxford. Our PICU appeal focuses on four enhancements:

- Gym – a garden exercise room.
- Sensory room – a bespoke sensory space.
- Art – unique pieces created to compliment the services provided.
- Garden – establishing safe and engaging green spaces.



Oxfordshire Stroke Rehabilitation Unit

Our OSRU Unit, based at Abingdon Community Hospital, aim to raise £7500 to purchase new equipment which will enable stroke survivors to use their affected arms more independently and practise their exercises at higher intensity. Both these factors are known to improve people's chances of recovery.



Christmas Appeal

Each year, our charity makes sure all our inpatients who will be staying on the ward on Christmas Day are able to receive a gift and share some festive food. This appeal will help us to ensure that this tradition continues well into the future. We would also like to widen our support to provide funds for other special religious holidays that patients may miss celebrating with their families and friends.

Appeal Updates:



Respite for Oxfordshire's Sick Youngsters
through Oxford Health Charity



The ROSY appeal was founded just over 20 years ago to provide additional respite care to young people with life limiting illnesses, over and above the support provided through existing NHS services.

Over the years, this appeal has supported numerous families with the ROSY team of care-givers making a difference through their regular visits. **In 2023-24 alone, over 85 families were supported by the ROSY team across Oxfordshire.** The ROSY team are based within the Community Children's Nursing Team at Oxford Health NHS Foundation Trust and undertake ROSY visits on a regular schedule designed to provide the additional support each family needs.

Until 2023, the majority of ROSY fundraising and engagement was undertaken by a team of amazing community volunteers, with the appeal fund managed under the auspices of the Oxford Health Charity.

After a period of change and review following the passing of George Hedges, lead for the ROSY appeal for many years, the baton for continuing the appeal was passed fully to the Oxford Health Charity team. We continue to work with the volunteers, care-givers and families to make this appeal a success and ensure that the young people who need it are supported.

HEDGES

On behalf of our ROSY families, ROSY service staff, and ourselves, the Oxford Health Charity team would like to express our sincere thanks to all employees at Hedges Law who voted ROSY as their company charity of the year for 2023.

Special thanks also to those 'Hedgeholders' who ran, or took part in, various fundraising events throughout the year (such as April's Great Estates Walk) to raise vital donations for our ROSY Appeal. Your time, effort and support are greatly appreciated, and all funds raised will help us continue to provide much-needed respite services to our ROSY families.

What does the service mean...

...for our ROSY families?

"We were lucky to have ROSY support for Neve's final two years. Everyone - the nurses, healthcare assistants, and all the other care givers - was incredibly skilled, compassionate and child focused. They were reliable and trustworthy; if they said they were coming, they would be there. Life with a child dying from cancer was overwhelming and uncertain, so this predictability was cherished. Neve adored her time with the team, building warm bonds with people who had the skills to care for her complex needs and to make her smile. I treasured those precious hours, when Neve was with the ROSY team. Knowing that she was safe in their care allowed my hyper vigilant brain some desperately needed respite and calm."



Painting & words by Emily, Neve's mum

...for the service staff?

This service is invaluable, and I wish we were able to provide respite care to more families.

The children are the best, they take everything in their stride. They are so resilient and just make the world brighter! It's an amazing opportunity to spend time with children that need us most...

Skills required can include being a tea maker, Disney expert, Lego builder and, of course, having a wide range of clinical nursing skills. I love being part of this team...



...you never know what you're walking into...you can find the family are in a good place...Or some days it's about staying at home to allow the child to rest...On other days you can walk in and find you need to be that listening ear, or a shoulder to cry on. On those days, it's the small things the family can get done that make a big difference...

I like going on respite because it provides a much-needed lifeline for families. It gives the family the opportunity to take a break, knowing their child is in the hands of caring, professional staff. It allows the families to take some time for themselves, be it sleeping, going out for a coffee, doing some shopping, or spending time with the other siblings.

Lucy's Room



Moving from an artist's impression to reality, Lucy's Room took a huge step forward this year. Thanks to the continued fundraising efforts of Lucy's family; support from Portakabin; planters and seating from RAW; the green fingered artistry of Chiltern Rangers; corporate volunteers from Johnson and Johnson, as well as the wider charity team, Lucy's Room came to life.

The final parts of the project will include a ramp for access, outdoor seating and internal set up for groups and individuals to use the space safely.

We are excited to now be working towards the opening date for Lucy's Room and can't wait to see the wards and teams using this space with their patient groups in 2024.



Oxfordshire Stroke Rehabilitation Unit

Thanks to a series of fantastic fundraisers within the Ward itself, and also some wonderful community fundraisers, the £7,500 target has now been reached!

We are working with the OSRU team to purchase the rehabilitation equipment and really look forward to sharing the impact this has on our stroke survivors.



One of the ward fundraisers included a cycling challenge!

The therapy team set a challenge for patients on OSRU to collectively pedal 75 miles over 5 days. All who wanted to take part were supported to do so using a range of exercise equipment.

In just a couple of days they smashed their target and set themselves a new one! The final total was 180 miles in 7 days, including miles contributed from home by patients recently discharged.



Highlights of the Year

The **ROSY Great Estates Walk**, held in support of our **Respite for Oxfordshire's Sick Youngsters*** fund, was organised once again by patron, Tania Evans, and kicked off at 8am on Saturday 22nd after a welcome breakfast at Wilcote Manor.

Oxford Health and ROSY families, friends, colleagues and supporters enjoyed perfect walking weather as they set off on the 26-mile challenge through the beautiful Oxfordshire countryside – passing through Blenheim, Ditchley, Cornbury and the Wychwood Forest on route.



Children's Community Nurse, Sophie Herrington, was amongst the walkers – joined at the halfway stage by: Head of Children's Services, Mark Chambers; Executive Managing Director (Primary, Community and Dental Care), Ben Riley; Director of Corporate Affairs & Company Secretary, Kerry Rogers; and Service Director, Emma Leaver.

This year's fundraiser raised approximately **£16,500**.



April 2023



The Awards Team

The **Oxford Health Staff Awards** took place at Unipart House, on 25th April. During the event, the winning individuals and teams (nominated by patients, families and colleagues) were announced across 13 categories including delivering care, promoting health & wellbeing, improving patient experience and fostering inclusivity. Oxford Health volunteers were also recognised with the Volunteer of the Year Award.

As well as greeting and chaperoning guests, to make this celebration even more special, we:



held a prize draw & funded wellbeing boxes



funded 120 goodie bags for all nominees

created a decorative, eco-friendly archway as the main on-stage backdrop



Coronation Quiches, Cakes & 'Cocktails'!

We were pleased to provide charity **funding to over 30 inpatient wards** who wished to celebrate the coronation of King Charles III on 6th May. Across the Trust, ward spaces were adorned with festive bunting, flags and balloons while staff hosted a wide range of patient activities across the bank holiday weekend.



Highlights included: **baking** **arts & crafts** **memorial planting** **games & quizzes** **afternoon tea parties & BBQs** **bingo & free prize draw** **dancing & karaoke**



These events not only offered attendees the chance to celebrate this royal occasion but also provided opportunities for closer patient/staff engagement in more relaxed settings.

May 2023

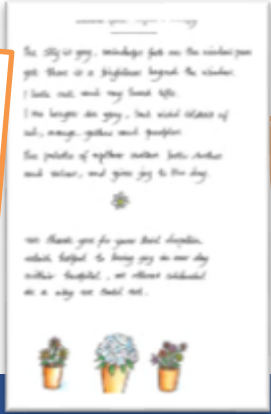
Afterwards, staff passed on notes of thanks to the charity team commenting that, due to our support, wards were full of smiles, chatter, fun and laughter throughout the weekend.

One patient even wrote us a wonderful thank you poem – read it [here!](#)

It was such a special moment. Staff and patients coming together to celebrate a unique day...delicious food, lots of laughter with the karaoke and a togetherness which will hold memories forever...

...the garden has now become very welcoming... Patients are spending more time outdoors. ...big thank you to this charity...

...the patients said that they felt that they had been treated like Royalty themselves.



Amazing day, nearly forgot I was in hospital!

Can't ever remember enjoying myself so much. I don't get out much, nor have many friends, so this was such an amazing experience – I won't forget it.



In February, we launched our charity appeal for the Meadow Unit – Oxford Health’s new eight-bed Psychiatric Intensive Care Unit for young people. Learning of our appeal, Alice Floyd (a member of the teaching staff at the Oxfordshire Hospital School) was inspired to organise a fundraising event – **Pedalling for the PICU.**

This is how a team of eight school staff and family members (plus baby Oscar!) found themselves huddled under a bike shelter at Warneford Hospital on the 8th May, watching the rain stream down as they contemplated the epic 40-mile challenge that lay ahead of them!

Thankfully, the weather dried up as they embarked on the ambitious circular route which took them from Headington, across to Stanton-St-John, out to Thame and then up through Ambrosden before returning to Oxford via Woodeaton.

A huge **THANK YOU** to each member of this fantastic cycling squad. Through their amazing efforts (and sore limbs!) they raised a phenomenal total of **£1002!**

I read the page asking for fundraising ideas for The Meadow Unit and thought that a school event would be really fun... As Hospital School teachers we will be helping students in the PICU and using the garden, gym and sensory room with them. We know how important these spaces are in an adolescent unit.



We funded the venue hire, lunch and refreshments for two in-person, all-day events for around 170 staff, as well as a ‘smoothie bike’, during the Quality and Risk Team’s (QRT) **Physical Health Week.**

During the week, the progress staff had already made in supporting the physical health of those with mental health conditions was celebrated, awareness was raised of the physical health aspects of holistic care, and staff from across all mental health services were offered the tools to support their patients in adopting healthier lifestyles. Presentation topics included nutrition, alcohol and tobacco dependency, oral health, and physical health in severe mental illness. The aims of the week’s events were an improvement of care delivery and better outcomes for patients.



Working with Wallingford and Goring District Nurses, we determined how the team could best benefit from a donation given by a patient’s family. The decision was taken to fund a much-needed **car-boot organiser** for each team member.



Sunday 21st proved to be another successful **Blenheim 7k** – in the sunshine! Our 25-strong team – including colleagues from across the Trust, members of

the public and five four-legged friends – set off for their



chosen race after an energetic warm-up. Our youngest runner (aged 8) first conquered the 1-mile course before several team members



took off for the 7k, followed by our 'canine contingent'.



Their rewards? A shiny medal, some well-earned treats and, for our fundraisers, the knowledge that they'd helped to raise over **£1800** for Oxford Health Charity appeals!

With charity support, the Oxfordshire Stroke Rehabilitation Unit (**OSRU**) **launched their appeal to raise £7500** for the purchase of a new piece of equipment designed to help stroke survivors use their affected arms more independently and practise their exercises at higher intensity.



Their campaign kicked off with a patient cycling challenge – to collectively pedal 75 miles over 5 days.

With so many enthusiastic participants (both on the ward and at home), this



target was soon smashed!

After their new 7-day target, a staggering 180 miles had been cycled and **£1100** had been raised – a fantastic start to the OSRU Appeal!



Sunday 25th saw our 10-strong team of cyclists (some facing their first cycling challenge; others, highly experienced) taking on **Bike Oxford!**

As if the thought of their gruelling challenge (26, 50 or 75 miles!) wasn't daunting enough, they knew they'd be battling soaring temperatures of up to 30°C and a 17mph head wind!



Riding that distance in that heat was extremely challenging but had to keep the wheels turning for a good cause.

All of our Oxford Health Charity riders conquered their respective courses impressively, with their post-race rewards including: sandwiches and ice lollies; a fully-stocked bar, a well-earned finisher's medal; and the knowledge that they'd helped to raise over **£2150** for our charity funds.



The Highfield Unit, at Oxford's Warneford Hospital, cares for 11–18-year-olds with acute mental health needs. Since the launch of our **Highfield Garden Appeal** in Spring '21, we have worked with staff at the unit to facilitate the development of their large outdoor area into a usable space all year round.



Thanks to the support of an NHS Charities Together Stage 3 Grant, individual fundraisers, as well as RAW* and ODS* working alongside the Trust, the garden is now completed.

This inviting and versatile outdoor space now offers young people greater opportunities to engage in sports, gardening and relaxation activities – whatever the weather.



*RAW: a not-for-profit organisation who made the garden furniture
 *ODS: a social enterprise organisation based in Oxford

We were pleased to maintain our **funding for art therapy sessions** on Wintle Ward at Warneford Hospital. With the purchase of resources such as beads, yarn, paints, pencils and art paper, service users will continue to benefit from individual and group activities.

It's my favourite group and has helped me connect with my changing body.

Three months of **charity-funded weekly yoga sessions** brought a welcome change to group activities for inpatients at Cotswold House, Marlborough. These therapeutic classes also had a noticeable impact on patients' wellbeing.

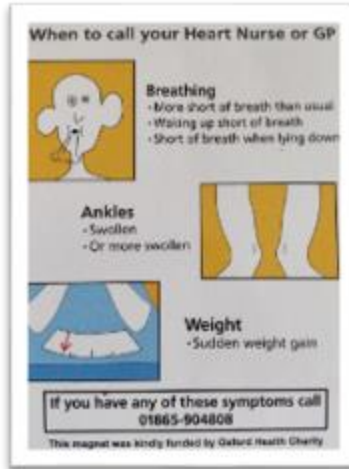
Another year of charity funding has been provided for a **'Creative Movement' intervention activity**, being run by the Oxfordshire Older Adult Community Mental Health Team in consultation with Oxford Health Arts Partnership & the Ajos Trust. Inpatients at Oxford's Fulbrook Centre will have the opportunity to attend 24 dance and movement workshops, designed to boost wellbeing and personal management while also encouraging social interaction.





We were pleased to fund a **new table tennis table and bats** for the staff rest area at Saffron House. This sports equipment was purchased as a way of encouraging staff to take more regular breaks and to enjoy opportunities for exercise throughout the day. This would, in turn, help to boost staff morale and wellbeing, leading to better outcomes for service users.

Thanks to charity funding, patients will continue to receive an invaluable **heart failure fridge magnet** when discharged from the Community Heart Failure Team. This simple tool provides an easy way of reminding patients how to spot vital signs of a worsening heart failure condition and guidance on when to call for advice.



Chiltern Rangers returned to Saffron House for more planting,

weeding, painting and watering in their **summer garden spruce up**. Ten students following the Stepping Stones programme, alongside six regular volunteers, assisted the team on this visit which was made as part of our ongoing plan for green spaces.

Oxford Health Arts Partnership **(OHAP) launched their new video** at the



National Performance Advisory Group (NPAG) Arts, Heritage & Design in Healthcare Network meeting.

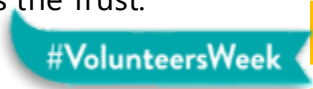
The film focuses on how the OHAP team, including their artists-in-residence and volunteers, inspire patient recovery, wellbeing and growth through their award-winning arts programme that delivers 'Creative Health using Art and Nature' across Trust services.

Oxford Health Charity are proud to support many OHAP projects each year. To watch the video, click [here](#).



Supporters enjoyed another great day at Kirtlington Golf Club for the annual **Lucy's Room Golf Day**, helping to raise **£1800** for the appeal. Fuelled by their breakfast roll, golfers headed out onto the green for their 18 holes before returning for a BBQ lunch, raffle and awards ceremony.

We celebrated our fantastic volunteers once again during **National Volunteers' Week** – recognising all the care, commitment, time, energy and enthusiasm that they bring while supporting our patients, staff and services across the Trust.



Happy 75th birthday to the NHS!

This year saw the National Health Service hit another big milestone as it turned 75 on July 5th! The Charity team were proud to support a range of **NHS Big Tea and NHS75 events across the Trust** to mark the occasion:



Patients, carers and staff at Warneford Hospital were invited to join our NHS75 picnic lunch at which we were also pleased to welcome Chairman David Walker, Director of Corporate Affairs and Company Secretary, Kerry Rogers, and Chief Executive Grant Macdonald (pictured). Singer, Katie Humble, provided our live music.



In collaboration with Oxford Health Arts Partnership (OHAP), The Orchestra of St John's and the Oxford Health volunteering team, we brought the therapeutic power of music and dance to patients, staff and visitors at The Fulbrook Centre, as well as live music performances to the Community Hospitals in Abingdon, Bicester, Didcot, Wallingford and Witney. Music styles included:



an interactive violin session



vintage cabaret



country & western

musical theatre

pop through the ages



Over 250 patients, family members and staff enjoyed a live music performance, with many community wards also savouring their charity-funded cupcakes during the day!

What a wonderful afternoon in the garden, it made my day!

It was lovely seeing the patients tapping their hands along to the music, and the gentleman who wanted to get out of his wheelchair to have a dance – I welled up!

July 2023

Happy 75th birthday to the NHS!



Thanks to some of our amazing Trust staff, a wide range of sweet treats were made and sold at **NHS Big Tea bake sales** across the Trust during the week in support of our charity appeals –



£150+

for our **Oxford Health Cares Fund**.

£50+

for our general **Trustwide Fund**.

£85+

for our **Green Spaces Appeal**.



We also received almost **£20** in donations towards our **Oxon & West Fund** at our small, charity-funded tea party for staff and patients at Cotswold House, Marlborough.



'Our Stories: Celebrating 75 Years of the NHS' – a new art exhibition curated by Oxford Health Arts Partnership's artist-in-residence, Tom Cross – was on display until August at The Mill Arts Centre, Banbury.

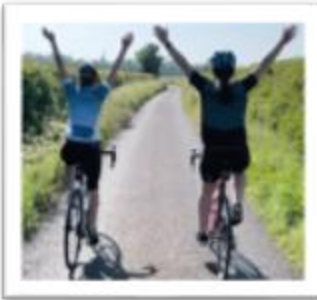
It showcased the outcomes of a charity-funded art project in 2022 – artwork, poetry and sculpture created by Oxford Health patients, carers and staff, in co-production with OHAP's artists-in-residence.

As well as celebrating 75 years of the NHS, and the work of Trust staff, it's hoped this exhibition will raise awareness of the importance of art in healthcare. After a short tour of Oxfordshire, the exhibition will be displayed permanently at Witney Community Hospital from January '24.



A team of OSRU staff, volunteers and supporters took on the **NHS 75-themed Abingdon 5k Park Run** as part of the unit's fundraising programme towards their £7500 target for a new piece of equipment.

July 2023



Darcy, one of our young supporters, along with her father, Brett, and friend Eliza, took on a **gruelling 450km cycling challenge** from Ashton Keynes in Wiltshire to Land's End. With the stunning scenery, came punishing

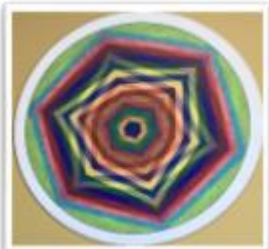
inclines, extreme weather conditions, navigational problems, equipment failures and last-minute rerouting but, despite all this, the group were motivated by the knowledge that they were raising much-needed awareness of, and funds for, their local mental health services. Through their heroic efforts, an astounding **£2000** was raised for our Positivity Pot Appeal, which supports Marlborough House Adolescent Inpatient Unit in Swindon.

It feels amazing to have raised so much for the unit, especially knowing it will hopefully help benefit lots of young people.

The Bucks Healthy Minds Teams (based at Peach Tree House in Aylesbury and Prospect House in High Wycombe) produced **over 50 mandala designs** that were used to create a wide range of new artwork for their therapy rooms, waiting rooms and offices.



To help facilitate this Oxford Health Arts Partnership-led project, charity funding provided for the purchase of staff art materials as well as the printing and display of the final artworks.



An enthusiastic team of green-fingered Zurich Insurance volunteers once again took on a **summer challenge project at Cotswold House,**

Marlborough. Having first cleared away garden waste and jet washed the paving, the team spent two further days cleaning, painting, weeding, pruning and planting.

The unit's new, charity-funded egg chair was assembled, while Zurich generously



supplied new flower seeds, soft furnishings, some garden equipment and a range of both indoor and outdoor games.



Thanks to their amazing efforts, the courtyard has been transformed into a safe, calm and open outdoor space where the young people can enjoy time away from the ward.

The Witney Adult Mental Health Team can now enjoy a **more welcoming and relaxing environment** for



breaks and mealtimes, with the addition of a charity-funded sideboard, dining table and chairs in their staffroom.



Charity funding was secured by Oxford Health's Nutrition and Dietetics Dept to purchase a **Tanita Dual Frequency Body Composition Monitor** for use across the Trust's adult mental health wards in Oxford.

Having this printout has really made me think.

Unlike normal scales, this new tool will run a fast, full body composition analysis (including an assessment of weight, BMI, body fat, muscle mass, water, metabolic rate, and metabolic age), providing an accurate picture of the user's health.

The scales give us an opening to discuss the effect of weight/body composition on physical and mental wellbeing.

This new device will provide a key enhancement to current services, helping to identify the most at-risk patients who can then be supported to make vital lifestyle changes.

To help boost the wellbeing of Cotswold House residents, charity funds provided for **three months of weekly, one-hour yoga sessions.**



As Specialist Physiotherapist, Dipti Mistry, was unable to join her colleagues from the Oxfordshire Stroke Rehabilitation Unit

(OSRU) on their Park Run fundraiser, she set herself a personal challenge – to complete **100 skips per day in July!** Despite the often wet and windy weather, she remained energised and undeterred – hitting her target while raising **£310** for our OSRU Appeal.

July 2023



Forming part of The Highfield Unit's summer activities programme, artist Becky Paton ran **five charity-funded mosaic-making workshops** in collaboration with Tom Cox, Project Manager for Oxford Health Arts Partnership.



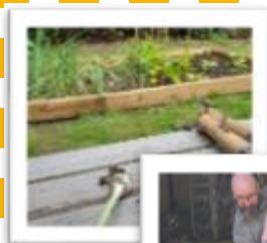
Having decided on a space theme, the young service users created a series of colourful planets and stars that were combined into a sparkling, cosmic mural to be displayed in the main stairwell.

These workshops helped to increase the wellbeing of the Unit's residents, while also providing them with a greater sense of ownership of their environment.



Service users really thanked us and said they had a good time.

Supported by charity funding, members of our Patient Advice & Liaison Service (**PALS**) brought **Wimbledon to Sapphire Ward.** PALS hosted a tennis quiz and discussed the Championship with patients while treating them to the summery delights of scones with jam and strawberries and cream!



Clients of Oxfordshire's Early Intervention Service* (EIS) will continue to benefit from a variety of charity-supported **EIS physical health groups** over the coming year.



Our funding will provide for the delivery of regular yoga sessions as well as the purchase a range of new sports and gardening equipment.

The groups have been a cornerstone of my recovery, giving me structure to my week and something to look forward to.



Without the continuation of these groups, EIS clients would be more likely to remain inactive at home where their isolation could encourage greater reflection on negative thoughts leading to the further deterioration of their mental and physical health.

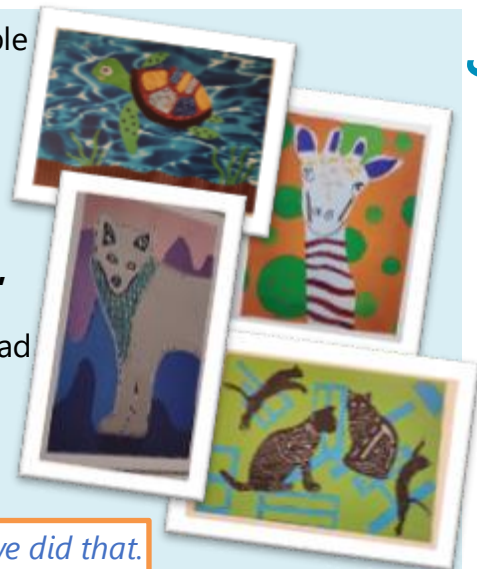
**The EIS assists clients aged 14-65 years across the county who are experiencing their first episode of psychosis.*

As part of her Master's degree work placement, an Occupational Therapy student, and Tom Cox (Oxford Health Arts Partnership Project Manager), ran **a series of art workshops** with inpatients from two wards at The Whiteleaf Centre, Aylesbury.



After exploring ideas about colour and creativity, and discussing the positive role art can play in managing mental health and wellbeing, service users created a range of beautiful paintings and collages. Charity funding enabled these artworks to be printed onto display boards and installed in the wards, enhancing the environments for service users, staff and visitors.

The young people at Marlborough House, Swindon produced some impressive artwork in a **charity-funded, summer art project** which had 'nature, seasons and animals' as its theme.



I can't believe we did that.

Working with a mixture of stencils and freehand, the young people created their individual elements which OHAP Project Manager, Tom Cox, will be pulling together with final touches and making ready for display in the unit's Reception area.



Once again, a highlight of the summer activities programme organised by staff for their young service users at Marlborough House Adolescent Inpatient Unit, Swindon was the annual, charity-funded **visit to Cotswold Wildlife Park**.

Record numbers were able to go along this year, with all the young people enjoying watching the many different animals basking in the sunshine. The meerkats, giraffes, penguins and reptiles proved particularly popular, as did the mini-train park tour and gift shop!



When asked about their visit, one young person summed up the thoughts of many: stating simply –

It was the best day ever!



This sentiment was echoed in the messages written in the lovely, post-trip Thank You card sent to the Charity team.



It was really nice to have a break off the unit. Thank you very, very much.

...without charity funding, I'm not sure we would have been able to go. This kind of trip is outside our normal therapy programme. It is, however, lovely to offer as a motivation during the summer holidays..



With the support of charity funding, ward staff at City Community Hospital, Oxford organised a **(non-alcoholic) 'wine and cheese event'** for patients and their families.

Attendees enjoyed trying different cheeses and drinks in the 'French bistro' atmosphere, while listening to music, 'cheesy' jokes and a quiz!

The patients had such a good afternoon that they are asking when we will be having our next event. One of our patients asked if he was in heaven as he had not had an experience like that in hospital before!



Despite the decidedly damp British weather over the event weekend, ROSY supporters were out in force for Oxford's **Wilderness Festival** at Cornbury Park this year. Thanks to pin badge purchases and generous donations, an amazing **£3000** was raised for our ROSY fund.



Following the completion of their charity-funded **Arts Impact Measured (AIM) programme**, Oxford Health Arts Partnership (OHAP) published a joint report with the University of Oxford's Nuffield Department of Primary Care Health Sciences that documented the results of their comprehensive evaluation of the impact of arts interventions on patients' wellbeing.

The AIM programme implemented a wide range of arts interventions across two Oxford Health hospital wards, including:

dance **live instrumental music** **painting** **museum object interactions**

The results of the evaluation clearly highlight the powerful and positive effects of arts activities on patients, particularly in relation to enhancing moods, triggering memories, boosting communication and developing social connections.

Patient interactions with artists, engaging in activities like music, dance, and painting, led to improved feelings of happiness in patients, with 29% experiencing positive emotions before the intervention and 94% after; this was a 224% increase.

Based on these positive outcomes, the report recommends further growth for the OHAP programme across the Trust – enabling the physical, emotional, and psychological wellbeing of more patients to benefit from charity-funded arts interventions.

Read the full report [here](#).



Over the last six months, charity funding supported a **programme of online meditation sessions** for the carers of our service users. Organised by the Oxford Health Carers Lead, these monthly, one-hour classes were delivered free and gave these remarkable individuals the opportunity to focus on their own health and wellbeing.

I look forward to the sessions, and make it a space to nurture self..

Following the success of this first wave, charity funding was approved this month to support another 6-month set of these invaluable sessions.



We welcomed 18 members of **the Good Gym team** to the redesigned, and newly re-opened, Highfield Garden where they split into three teams for the day. The race was on...to weed, prune and lop!

The charity team and Highfield Unit staff were very grateful for their fantastic efforts which resulted not only in them receiving a well-earned biscuit or two, but their hard work also meant that the garden would continue to be an inviting, useable space over the summer for the young people, staff and visitors at the unit.



On 2nd September, Mike Swadling took on the **Chillswim on Lake Windermere** in aid of our ROSY

appeal. This epic challenge saw him swim the full length of the lake – 11 miles – non-stop and without a wetsuit!

Not only was this amazing feat a huge personal achievement but, in completing this challenge, Mike also smashed his £500 fundraising target and raised **£1427.50** for ROSY.

I wanted to do something that would really test and put me outside my comfort zone... pushing my personal resilience and mental strength, which is what these children have to do every day.

Aran, Livi, Crispin and Rosie, four members of the out-patient therapy team at Horton General Hospital, chose to take part in the **Equinox24 10k Relay Run** – each taking on a 10k lap of this challenging course at Belvoir Castle in Leicestershire. Their amazing efforts raised

£548

for our Lucy's Room Appeal.



Everyone was welcome at our first **Oxford Health Charity Brush Party**, from keen painters to those who hadn't picked up a brush for years! Led by local artist, Rachael, attendees had fun creating their own masterpiece!

Each year, **Oxford Health's Family Nurse Partnership*** team (FNP) hold an event that brings their mums and babies together to celebrate their achievements as a group. This year, Oxford Health Charity were pleased to support the event through funding the purchase of craft materials and the hire of a children's entertainer to make the celebration extra special.

**The FNP has been working with first-time mums (aged 19 years or under) across Oxfordshire for 12 years. Their service offers support and up-to-date information from the early stages of pregnancy, up until a child is two years old.*



Staff from the 10 Bucks Child and Adolescent Mental Health Service (CAMHS) teams enjoyed **a week of charity-funded wellbeing activities**. Led by Service Manager, Megan, activities ranged from baking sessions, smoothie-making and a 'bring & share' lunch, to mindfulness discussions, a lunchtime walk, group tea breaks and a raffle. Teams also received mugs and artificial plants. Staff found the week's sessions greatly beneficial for their wellbeing and welcomed opportunities to socialise outside their own teams.



Supported by charity funding, Oxford Health Arts Partnership (OHAP) launched a 4-week pilot project at Abingdon's Oxfordshire Stroke Rehabilitation Unit (OSRU), which saw patients, relatives and staff engage in **four creative pottery sessions**.



Led by artist Vickie Kearney, attendees enjoyed both manipulating clay, to create individual pinch and coil pots, and painting and decorating terracotta pots – to be planted with a range of colourful and fragrant flowers and herbs to enhance the hospital's sensory garden space.

These creative, therapeutic activities provided a range of key benefits to support the physical recovery and mental wellbeing of stroke patients, including:

enhancing hand-eye co-ordination

expanding the senses

building confidence

exploring new experiences

sharing memories and life experiences

developing fine motor skills

That was the best two hours!...I could have sat here all day!



Chiltern Rangers returned to the **Peace and Tranquility Garden at Abingdon Community Hospital** for another charity-funded 'spruce up' day to help maintain this green space as a relaxing and inviting outdoor environment.



During this visit, the Pollinator Meadow was mown and seeded, branches were lopped, flowerbeds replanted, and woodwork repainted. Volunteers included charity staff, members of the Trust's Senior Management Team, and the Abingdon Community Support Group.

Thanks to Oxford Health Charity funding, patients from two wards at Oxford's Fulbrook Centre were treated to **an afternoon of South Asian dance activities**, led by two Akādemi artists.

The physical workout of the dance session was more than one rehab exercise session!



Patients and staff who attended the workshops enjoyed experimenting with dance gestures and rhythm, watching South Asian dance performances, and engaging in stimulating, cross-cultural conversations.

Service users at Marlborough House, Swindon enjoyed their sixth, charity-funded, **practical and nature-based session from TWIGS*** – this time, apple pressing!



This pilot programme has been so successful that charity funding has been approved for another 6-months' worth of sessions.



It has been amazing!...wreath making, seed bombs, apple pressing, seed planting...it has built positive relationships between staff and young people.

***TWIGS** – Therapeutic Work In Gardening Swindon, helping those with mental health problems to regain confidence and learn new skills.

We were proud to fund a joint project between Oxford Health Arts Partnership and Sound Resource, to bring **four 'Moving Music' concerts** to patients at our Abingdon and Witney Community Hospitals.



These inclusive and participatory sessions brought a wonderful mix of uplifting, old showtime hits to the wards as well as familiar classical pieces.

It was so moving to see one of our patients really respond to the music. It brought back lots of memories...he was really in the moment during the concert.

Afterwards, staff noted improved mood, reduced anxiety levels, increased social interaction, and a wider sense of community on the wards.



To enable patients and staff to mark **World Mental Health Day at Oxford's Fulbrook Centre**, their Activity and Staff Wellbeing Co-ordinator organised a celebratory event with the support of charity funding. Ingredients were bought so

that patients and ward staff could cook and eat lunch together, while additional food items were also purchased for patients to try as part of the sensory tasting activities.

It was nice to do an event that brought patients and staff together for a ward community feel.

Thanks to a **charity-funded subscription to Social-Ability's Happiness Programme**,



inpatients living with dementia on Sandford Ward at Oxford's Fulbrook Centre are enjoying six months of interactive, sensory play experiences including painting pictures, brushing leaves, popping bubbles and playing tennis.

Specifically designed for those living with cognitive challenges and physical care needs, these innovative games are delivered through a new light projector to individuals and patient groups and help to stimulate users' movements, enhance emotional wellbeing and create shared experiences.



Oxford Health Charity supporters were out in force again for the **Oxford Half 2023**, as our 18-strong team stood raring to go with the rest of the 13,000 participants. This year, our amazing team was made up of seasoned veterans, who had run the Oxford Half previously, as well as those relatively new to running who had never completed a half marathon before.

Cheering crowds, upbeat tunes and the promise of a finisher's medal helped to

carry each of our runners around the 21.1km course, with all crossing the line well within the time limit – some team members even ran a PB!



We would like to say a **HUGE** thank you to our inspiring team for their time, efforts – and sore limbs! Through their outstanding achievements on race day, they collectively raised almost **£6000** for their chosen Oxford Health Charity appeals or Trust services.

It felt like a big achievement. I was so happy to complete this challenge but also to know that we were representing Oxford Health Charity, and our efforts were being transformed into something great. It makes me want to do it again.

The Emergency Department Psychiatric Service's **(EDPS) new, charity-funded, Kitbag Programme** launched at the John Radcliffe Hospital this month. These kitbags are designed to bring comfort and calmness to those patients (aged 13+) who find busy environments, such as emergency departments, overwhelming.

Our patients are often distressed and the busy, noisy department where patients often have to spend several hours waiting for tests, treatment and specialist assessment can add to their feeling of being overwhelmed.



For those who need one, each kitbag will provide small distraction tools such as fidget toys, puzzle/colouring sheets and pens as well as help to promote positive coping strategies for managing distress when faced with stimulating environments. Kitbag contents will be reviewed and updated in light of patient and staff feedback, ensuring the bags continue to provide the best, and most effective, support for patients.





Following **the arrival of Lucy's Room** on site, the charity team were pleased to join Chiltern Rangers, a team from Johnson & Johnson and volunteers from various Warneford Hospital wards to work on the landscaping, planting and decorating of the green space around the portable building.

Lucy's Room is the Trust's new music room where adult mental health patients will be able to play, listen to and make music as well as attend music therapy sessions.



Attendees at the annual **Lucy's Room Masked Ball**, held at Bicester Hotel Golf & Spa, enjoyed a delicious three-course evening meal; casino games, silent auction and raffles; live entertainment; and a disco. This fantastic fundraiser was once again held in support of our Lucy's Room charity Appeal.

The Community Nutrition and Dietetics Team took a charity-supported day away from their usual clinical demands to **focus on staff wellbeing and team development**, which would also lead to a positive impact on service delivery.

...great to get together with colleagues and have chance to discuss how our team can develop and improve.

Charity funds enabled the team to hold the event off site and also provided for refreshments throughout the day.



Following the popularity of previous sessions, Sandra Diesel (Activity and Staff Wellbeing Co-ordinator on Sandford Ward) ran **a lunchtime online Zentangle® session**.

The Charity team were pleased to support this staff wellbeing activity through funding the purchase of the required craft materials.

Staff at Raglan House can now enjoy breaks and lunch together in their rest area with the addition of a new **charity-funded table and chairs** set.

Staff members have said that the area is more welcoming and are wanting to take their break in this area.



With the support of charity funding, four members of

the Community Heart Failure Team attended the annual **British Society for Heart Failure Conference**. This invaluable 2-day event enables our team of specialist heart failure nurses to extend their knowledge each year, keeping up to date with developments in all areas relating to the management of heart failure so they can continue to provide the best care and support to their service users.

All Oxford Health delegates at the Psychological Professions Conference took away a **charity-funded care pack** containing 'wellness teabags' – designed to support a person's sleep, energy and detox – and wildflower seeds. The focus of the conference was Trauma Informed Care and, with these packs, organisers aimed to encourage colleagues working within challenging trauma environments to consider their own mindfulness and wellbeing.



One of our amazing supporters, Fiona Symington, **crocheted three beautiful shawls as prizes** for a raffle she hosted to raise funds for our Meadow Unit

Appeal. With tickets on sale for just £1, she raised an amazing **£198.90** for Oxford Health's new psychiatric intensive care unit for young people.

I absolutely loved my goodie bag; a lovely surprise!

To help give the Podiatry Team a little extra boost on their department wellbeing away day, we were pleased to provide each staff member with a **charity-funded goodie bag** containing items such as a hair accessory, hand cream, a charity pen and a range of edible treats.



Thanks to charity funding, staff on Wintle Ward at Warneford Hospital have been able to create a range of **new 'grab & go' kits**.



Patients can now enjoy a more varied timetable of evening and weekend activities with the very popular pamper kit (containing face masks, nail polish etc.), art box (containing diamond art packs, colouring & painting materials, clay ornament kits etc.) and wide variety of new garden games, ideal for the summer.



A bit of pampering takes your mind off being in hospital for a while.

The mornings and afternoons go quickly, but evenings drag – having an extra activity helps pass the time.

Since 2017, our charity funding has supported **'Creative Movement' – a therapeutic dance intervention programme** and subsidiary of the Ajos Trust. Organised by the Oxfordshire Older Adult Community Mental Health Team, in consultation with Oxford Health Arts Partnership, this dance programme is designed to help participants to relax, rebalance and boost their wellbeing.



I really look forward to these classes and wonder what I will do when they finish.



Thanks to further charity funding, service users with depression and/or anxiety based at Warneford Hospital will have the opportunity to continue these workshops for another six months. While designed to have a positive impact on their mental health, these sessions will also support their social engagement.

...sessions gave him a sense of purpose, helped with his mood... with self-esteem; it was his motivation to get up, get dressed and attend to his personal care.

Patient feedback collected before and after previous Creative Movement sessions has shown their positive impact, with average mood scores rising from 5 to 8 (on a scale from 1-10).

November 2023



Charity funding enabled eight staff members from Kennet Ward at Littlemore Mental Health Centre, Oxford to attend **Nature & Health Facilitator Training** provided by The Natural Academy.

The aim of this nature-based intervention training was to equip the team with the necessary skills to engage their patients in the effective use of green spaces as part of their therapeutic activities and recovery.

Ward staff will also be linking the outcomes of this NatureWell course to their ongoing Quality Improvement project which is focusing on the reduction of restrictive practice and seclusion through the use of green spaces.

Following the success of this course, charity funding will be made available for staff from other Trust services to undertake NatureWell training next autumn.

Learn more about NatureWell via the link / code opposite.



<https://bit.ly/NatureWell>



A wide variety of **new, charity funded craft materials** will now enable staff at the Keystone Mental Health and Wellbeing Hub in Abingdon to run regular arts and crafts workshops for drop in visitors and patient groups.

We were pleased, once again, to help make the festive season more special for many of our service users and staff:



Charity funds enabled staff on our 35 mental health and community wards, to purchase **a gift for every inpatient** who would be spending the holiday period in hospital. Funding also provided for seasonal treats like mince pies.

At Oxford's Raglan House, CAMHS service users were greeted by a **new, charity-funded artificial Christmas tree** in the waiting room.

A **variety of seasonal treats and healthy snacks** were purchased with charity funding to help boost staff who were working multiple shifts across the Christmas and New Year period in the Trust's ten Minor Injuries and Out-of-Hours services, as well as the Urgent Care Dental Service.

...the Christmas/New Year monies allowed staff to feel valued...



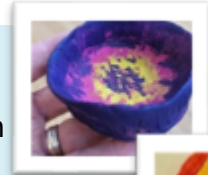
Oxford Health Charity funded some **festive fun for Phoenix Ward** which was led by the Patient Advice & Liaison Service (PALS). Patients and staff enjoyed a quiz, biscuit decorating and indulging in hot chocolate with cream (plus festive-shaped marshmallows!) as well as a variety of other, tasty seasonal snacks.

Patients were very grateful and thankful...they all seemed to have a good time and were in a very festive mood!

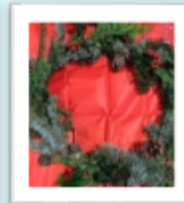
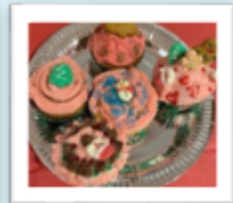
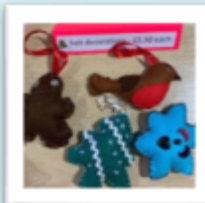


Our **charity Christmas cards** helped bring smiles to many faces during the festive season. On sale since November, these unique cards displayed three original designs created by young people at The Highfield Adolescent Inpatient Unit. Each pack contained two of each colourful design – a Christmas reindeer; a snowy window scene; gifts under a tree. Sales raised **£63** in support of The Highfield Unit.

Following the success of the pilot pottery project Oxford Health Arts Partnership (OHAP) launched at Abingdon's Oxfordshire Stroke Rehabilitation Unit in September, a second set of these **charity-funded creative sessions** began at OSRU this month. Led again by artist Vickie Kearney, attendees worked with clay and paints to create a range of designs, including festive decorations. Sessions will continue until February.



Marlborough House held their **seasonal 'Mingle' event**, where family members joined service users on the ward for a range of competitions, games and craft stalls as well as a raffle and carol singing. Prizes and refreshments were provided thanks to charity funding.



It was a lovely atmosphere and great opportunity to meet parents and for them to spend time on the ward with the team and their young people.

The event was also used as a fundraiser for the unit, with **£183.70** being raised from the sales of crafts the young people had made – including seasonal cards, wreaths, table and tree decorations.



With the support of charity funding, members of the Buckinghamshire Mental Health Services Carers Group once again savoured the sights, sounds and sumptuous smells of **Waddesdon Manor Christmas Fair!** The Bucks Carers Support Group also stepped away from the challenges of their daily roles to enjoy a range of **charity-funded festive activities** (such as card making and a quiz) with refreshments.



Launched in Mar'23, Oxford Health Charity's National Lottery funded project '**Didcot's Brilliant**' encouraged different community perspectives of Didcot to be shared on

postcards that could be posted back to Didcot Hospital to inspire patient artwork.

Located at the town's railway museum, library and Makespace Oxford – The Junction, postboxes were co-designed by hospital patients and children at Didcot's Aureus School.



We received a generous **£1000** donation for OSRU from Kuehne + Nagel Ltd, as a result of staff at the Bicester Logistics Division nominating Oxford Health Charity in their company's national Community Charity Awards. This was in recognition of the care their boss had received at OSRU earlier in the year. A Bicester staff member had previously raised over **£85** for OSRU through running a lunchtime food stall.

In Mar'23, we allocated a £10,000 grant, secured from the National Lottery Community Fund, to **'What Makes Didcot Brilliant?'** – an arts project led by Oxford Health Arts Partnership (OHAP).



Dionne Freeman, one of OHAP's artists-in-residence, ran 57 workshops to co-produce artwork with Didcot Community Hospital staff and patients, as well as with different Didcot community groups and local schools.

These pieces of art were designed to celebrate all that is good about Didcot and were displayed within the hospital as well as at Didcot Train Station.

The project was well received by all 541 participants and its culmination was celebrated this month by local artists, community members, Oxford Health teams and Didcot Train Station staff.

One patient...said that her weekly art sessions with you were the one thing that kept her going...

Following this celebratory event, the final 16 artworks went on public display at the train station.

Following a donation made in memory of a previous patient, who enjoyed football and listening to the radio, we were pleased to be able to provide funding for some related **items to enhance patient wellbeing** on Sandford Ward.

The ward's Activities and Wellbeing Co-ordinator purchased a football memorabilia gift pack (containing over 15 pieces of replica artwork) as well as four portable FM radios for patients' rooms. Two birdfeeders were also installed in the ward garden, ahead of the 'Big Garden Birdwatch'.



Launched in May (see p.14), the **OSRU Appeal** smashed its £7500 target for the purchase of specialised arm rehabilitation equipment that will enhance the service offer for patients, enabling them to use their affected arms more independently.



January found Sam (the son of a Trust staff member) well on the way to smashing his £500 fundraising target after having held seven of his **ten bake sales** since Sep'23 at a local community market. With **£448.29** raised so far, we look forward to reporting on Sam's final total in 2024/25.

Tom Cross, OHAP artist-in-residence on St Leonard's Ward at Wallingford Community Hospital, began a period of consultation with patients, staff and visitors to the ward, with a view to producing **two large, identical and charity-funded wall murals**.



Tom will use his conversations with ward users to help engage

them with the art project and also inspire his design ideas. Both murals are expected to be installed in the Spring; one positioned at the entrance to the ward, the other in the staff room.

Over recent months, Tom has led several art workshops (supported by funding from Goring Arts Society and The Berkshire Nurses & Relief in Sickness Trust) with St Leonard's patients and staff.



These workshops produced an 'Agatha Christie' exhibition in September as well as pieces of mixed media art inspired by the 75th anniversary of the NHS. These artworks are now on display along the ward and main hospital corridors.



With the publication of their **2023 Annual Report**, OHAP outlined how the team have fulfilled their key strategic aims over the last year: to deliver *Arts* across the Trust; to *Grow*; to *Inspire* people; to help people *Produce* great work; and to increase *Understanding* around the benefits of creative health through *Research*.

https://bit.ly/OHAP_AR23

Several examples of the 386 engaging arts sessions that OHAP staff, volunteers and freelance artists delivered to over 4000 participants throughout the past year were showcased in the report.



To read the full report, follow the link above.



The ancient custom of blessing fruit trees (in the hope of receiving a bumper autumn harvest) came to Oxford Health this month, in the form of the charity-funded **Warneford Wassail!**

Led by Laura, our Green Spaces Coordinator, this lively event saw participants entertained by Oxford University's Morris Dancers, enjoying apple-themed refreshments for the 'wassail toast', and decorating trees with ribbons and birdfeeders – all with the aim of 'waking up' the orchard.



Before



Having those calming images in the clinical room has really helped my patient. When they are overwhelmed, they like to have something to focus on.

New **charity-funded acoustic wall and ceiling panels** for consultation spaces and meeting rooms, helped to bring a sense of calm, quiet and added privacy to service users and staff in the Mental Health Building at Abingdon Community Hospital.

As all soft furnishings were removed from each clinic room during the Covid pandemic, assessment rooms became stark, unwelcoming and extremely echoey.

Following patient complaints about the sound quality during their assessments, the addition of new, unobtrusive ceiling tiles and a range of different-sized wall panels (displaying bright, engaging imagery of the local Abingdon area) have not only provided much-needed soundproofing for these spaces but have also transformed the appearance of the rooms.

After



I cannot believe the difference those panels have made in the meeting room and blue room; it's so much easier to hear people now.

Before



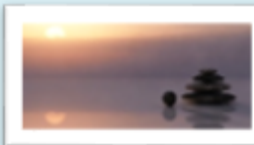
Patients and staff are now met with warm, inviting and safe spaces where the striking wall art can even serve as conversational 'icebreakers' to help patients feel more at ease.

After



Our thanks to the staff at **Oxford Instruments** who held an internal raffle and raised an amazing **£845.30** in aid of our **Respite for Oxfordshire's Sick Youngsters (ROSY)** Appeal.

Charity funding was once again approved to support the continuation of online **meditation sessions for carers**, providing them with a much-needed chance to relax & unwind. The next set of these invaluable monthly wellbeing sessions will run through to July.



Thanks to charity funding, staff at Oxfordshire's Stroke Rehabilitation Unit in Abingdon (OSRU) purchased a range of gardening equipment that would enable service users to continue with **therapeutic gardening activities** as part of their summer rehabilitation programme.



With the support of charity funding, the Patient Advice & Liaison Service (PALS) brought **International Pizza Day** to Ruby Ward. Patients celebrated as they set to work making their own lunchtime pizzas, assisting each other in choosing toppings.

The PALS team added to the fun and 'Italian mood' by sporting chefs' hats and moustaches!

...it helped promote positivity, engagement and fun within a larger patient group. Seeing the smiles on some of their faces was priceless.

Staff at City Community Hospital (Oxford) helped patients mark the 14th February with a **charity-funded 'Valentine's Day High Tea'!**



The event had patients out of their rooms and interacting with each other.

Attendees enjoyed an afternoon of sandwiches, cakes and even a game of Valentine-themed bingo! The event was such a success that staff are now making bingo a regular activity!



As part of their joint **'Arts in Hospitals' programme** with Oxford Health Charity, Oxford Health Arts Partnership (OHAP) launched a new project this month designed for inpatients on Abbey Ward and in OSRU at Abingdon Community Hospital.

Funded by a grant from the Vale of White Horse District Council, this arts project will see a visual artist-in-residence visit both Abingdon wards for one day per week across 16 weeks, where she will lead creative sessions designed to improve patients' mental and physical wellbeing.



Sessions will also be linked to wider projects and groups in the local community to which patients can be signposted upon discharge from hospital.

Through this project, OHAP aims to reduce feelings of isolation and boost confidence for patients while encouraging engagement in local arts groups. The funding will also provide for staff training and the creation of patient discharge packs (see p.38).





We were pleased to support staff-led **seasonal celebrations on several inpatient wards** across the Trust, with our funding providing for Springtime decorations, craft resources and chocolate treats to help brighten the Bank Holiday for those spending it in hospital.

With colourful bunting strung across wards and corridors, patients enjoyed a range of seasonal-themed events such as afternoon tea parties and craft sessions. Cards, nests and basket arrangements were made, eggs and chicks were painted, seasonal-themed games were played, and chocolate treats were presented to both patients and visitors.

It promoted interaction amongst patients and staff and there was a lot of kindness and laughter in the room...



The Dukes – **Didcot's popular ukulele group** – held a collection for us this month during their Friends & Family concert, raising a fantastic **£271.59** in support of projects across the Trust. Throughout the evening, audience members were treated to musical pieces from a range of genres and eras that were performed by musicians of all ages.

March 2024



Looking ahead to the new financial year, charity funding will be supporting **25 short live music concerts** to be held in 15 locations across the Trust by experienced musicians and singers from the Orchestra of St John's (OSJ).

These charity-funded events will be in addition to the concerts that OSJ had already planned to stage during 2024 as part of their continued partnership with Oxford Health Arts Partnership (OHAP), to deliver both classical and more contemporary pieces to inpatients on our community and adult mental health wards.

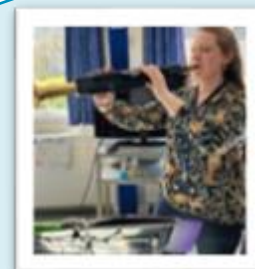
The music brought smiles to faces, sparked conversations, and fostered a sense of unity among all those present.

Last year's OSJ concerts received extremely positive reviews from service users and their families as well as staff, highlighting the therapeutic and uplifting atmosphere the performances created – providing some much-needed respite from the hospital environment.

It brought me lots of joy; it was such a pleasure to hear such a beautiful song.



Following numerous requests for more frequent visits by the OSJ, Oxford Health Charity are pleased to be able to support these 25 extra concerts in the coming year.





National **Nutrition and Hydration Week** was marked on several Oxfordshire inpatient wards with charity-supported healthy eating sessions, designed to encourage patients to consider healthier food and drink choices while in hospital and at home.

Patients would like to have these sessions often, as they get to learn the best ways to eat and drink to keep their body fit and healthy.



The Meadow Unit was officially opened by Anneliese Dodds, MP for Oxford East. Based at The Warneford Hospital in Oxford, the Trust's new, eight-bed psychiatric intensive care unit (PICU) will provide specialist care for young people who are experiencing the most acute phase of mental illness.

Oxford Health Charity launched our Meadow Unit Appeal in February 2023 to help support the development of a sensory area, unique artwork (for display inside & out), an inviting green garden space, and an outdoor gym.



All these elements have been designed to enhance each young person's experience during their stay at the unit.

We are proud to have been part of the team

who have created this new, purpose-built, safe space where young people will receive care and treatment close to home that will enhance and improve their lives.



From this month, patients heading home from Abingdon and Didcot Community Hospital wards will be able to continue their art activities during their recovery process with **new, charity-funded, creative discharge packs**.

Co-designed with patients during artist's sessions, each pack contains a range of resources for patients to engage with at home (such as wooden models, mini packs of clay, colouring pens & pastels) as well as details of local art groups. Initial feedback has been very positive.



These packs have been produced as part of our new project with Oxford Health Arts Partnership (OHAP), made possible through funding from the Vale of White Horse and South Oxfordshire District Councils. This pilot scheme aims to improve patient wellbeing and reduce feelings of isolation post-discharge.

Future Plans

Moving forward into 2024-25, Oxford Health Charity has continued to work closely with the Trust to support meaningful and impactful projects for patients, carers and staff, in line with the 2023-28 Strategy.

The new year saw the introduction of a new approach for grant giving, with a quarterly 'window' of opportunity for staff and teams to make requests for charitable funding.

This new approach will enable a more equitable, considered and effective way of agreeing funding and will also ensure that the projects funded continue to meet the requirements of both the Trust and the Charity. Requests which meet at least one of the following criteria will be considered each season:

- **Transforming Activities** – to include therapeutic activity provision for patients, development of new activities for patients and/or carers, activity equipment and supplies.
- **Creating Wellbeing** – to include activities for patients, carers and/or staff related to improving personal wellbeing and/or promoting wellbeing within a team/ward environment.
- **Inspiring Improvement** – to include quality improvement and service improvement projects that require an element of funding to enable the approach to be evidenced or trialled.
- **Enhanced Environments** – to include the development of garden, ward, team and outpatient environments to improve their impact on patients, carers and staff.





We are excited to see an increase in the number of charity projects involving Trust volunteers, corporate partners and community groups as part of our 2023 -28 strategy of increasing engagement opportunities.

Volunteers form a key part of our work to enhance the experience of patients, carers and staff across the Trust and the time they give is invaluable. The Volunteer of the Year Award continues to be a great way of celebrating the contribution of volunteers and we will work with the Trust again on the annual awards.

The introduction of the Green Spaces Coordinator in late 2023 has also increased opportunities for corporate partners to get involved in projects. We look forward to building on existing relationships as well as building new ones to bring more green-fingered support to our Trust sites.

We will also continue to develop our involvement in research related activities, building on creating a strong evidence base for the impact of our projects as well as supporting new and innovative approaches to support patient care.



Oxford Health Charity Heroes

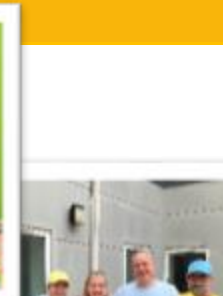
All the appeals, activities and projects we've been able to support this year – from the national / international / seasonal event celebrations, wide-ranging creative therapy and wellbeing sessions, service-enhancing equipment, sensory aids and ROSY respite care, to the treatment / rest areas, green spaces, and staff training – would not have been possible without the kindness and generosity of our supporters.

We'd like to say a huge **THANK YOU** to all those individuals, organisations and businesses who have supported us this year by fundraising; with donations of funds, goods and/or services; and through volunteering their time.

Would you like to join our *Oxford Health Charity Heroes* and support your local community and mental health services? Are you looking to take part in, or organise, a fundraising activity? Would you like to make a donation to an Oxford Health Charity appeal or Oxford Health NHS Foundation Trust service? Could you volunteer your time?

If so, then we'd love to hear from you.

✉ charity@oxfordhealth.nhs.uk



2023/2024 Accounts

FUNDS HELD ON TRUST ANNUAL ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024

The accounts of the funds held on trust by Oxford Health NHS Foundation Trust

FOREWORD

These accounts have been prepared by the Trustee in accordance with the requirements of the Charities Act 2022 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Statutory Background

The Charitable Fund came into force on 31 July 1996 under Statutory Instrument dated 8 July 1996. The Secretary of State for Health exercised his powers under section 92(1) of the National Health Service Act 1977(a) and the Trust property was transferred from the Oxfordshire Health Authority upon the establishment of the Oxfordshire Mental Healthcare NHS Trust.

On 1 April 2006 the Charity expanded through the inclusion of the mental health related fund balance within the Buckinghamshire Mental Health NHS Trust Charitable Fund (registered charity number 1054087), following the merger by acquisition of Buckinghamshire Mental Health NHS Trust by Oxfordshire Mental Healthcare NHS Trust.

On 31 October 2011 Oxfordshire Primary Care Trust Charity (registered charity number 1091570) was merged with this Charity, following the transfer of Community Health Oxfordshire services from Oxfordshire Primary Care Trust to Oxford Health NHS Foundation Trust.

The name of the Charity was changed from the 'Oxfordshire Mental Healthcare Charitable Fund' to the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' during the year ended 31 March 2009. The name of the Charity was changed from the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' to 'Oxford Health Charitable Funds' during the year ended 31 March 2012. The name of the Charity was changed from the 'Oxford Health Charitable Funds' to 'Oxford Health Charity' during the year ended 31 March 2015.

Oxford Health NHS Foundation Trust is the sole corporate trustee of Oxford Health Charity.

Oxford Health Charity is registered with the Charity Commission (registered charity number 1057285).

Main Purpose of the Charitable Funds Held on Trust

The main purpose of the charitable funds held on trust is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

Signed:

A handwritten signature in black ink, appearing to read 'G. Macdonald'.

Grant Macdonald,
Chief Executive
on behalf of the Corporate Trustee

Date: 17 December 2024

Introduction

The Oxford Health Charity ('the Charity') exists to benefit the patients and service users of the Oxford Health NHS Foundation Trust (and, in the case of a small number of funds, patients and others receiving the services of other parts of the National Health Service and related services).

The bulk of the clinical services provided by the Oxford Health NHS Foundation Trust are funded, of course, from the NHS. In comparison to NHS funding the amounts of money available through the Charity are small, but often a relatively small amount of funding allows activities which NHS funding would not provide. Such funding helps to innovate or to ensure that patients and service users have a wider range of opportunities.

Objectives and Activities

The Charity's governing document is a trust deed dated 31 July 1996, as amended by supplemental deeds dated 6 October 2008 and 29 June 2011.

The objects of the Charity are to apply income for any charitable purposes relating to the NHS wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

The main activities of the Charity are to provide public benefit by supporting the good health and welfare of patients and service users.

Achievements and Financial Review

The Charity Committee (a formal committee of the Oxford Health NHS Foundation Trust Board of Directors) reviews the expenditure within the Charity and the rules for these. The Expenditure Rules of the Charity were revised in 2018/19 and have been subject to review in 2023/24 to meet the developing needs of the Charity. A new set of guidance will be published in 2024/25.

The Charity Committee continues to oversee the fundraising and engagement activities focussed on raising awareness of the charity and the area it supports. In driving forward fundraising activity, the Trustee intends to support the broader community activity for Oxford Health NHS Foundation Trust. It is anticipated that future developments will involve all stakeholders locally and regionally in a positive and rewarding, mutually beneficial relationship with both the Charity and the Trust. In order to support the Trust, the Charity is committed to the development of health services, which are responsive and sensitive to the needs of its local population and the wider public. Essential to this aim is working effectively in partnership with patients, carers, foundation trust governors and members, volunteers and the public. In the fundraising context, this means working together to deliver real, positive impact on the healthcare of the people using the Trust's services. The majority of this is done through the Charity and Involvement team, established in 2017.

The Charity's total funds in management were £784k as at 31 March 2024, a £157k decrease compared with the previous year (2022/23 £941k).

Overall total income increased to £346k from £299k. This increase is attributed to a significant rise in income from legacies and grants, although donations had declined by £28k. The Charity's investment portfolio increased slightly, with the previous year's global economic downturn and the charity releasing investments, the investments have started to pick up.

Total expenditure for the Charity slightly decreased to £525k (2022/23 £552k).

Major fundraising and support projects are illustrated throughout the report.

The investments are managed by LGT Wealth Management (formally ABRDN plc) on a discretionary basis. During the year there were small gains on revaluation and disposals of the portfolio of £22k (2022/23 Losses of £64k).

Investment Policy

Other than small amounts of cash at bank and funds related to the ROSY Fund (discussed below) the Charity's funds are invested on a discretionary basis with LGT Wealth Management (formerly ABRDN plc). The Charity Committee regularly reviews the Charity's investment strategy, including the spread of asset allocation, appropriate benchmarks and issues of social responsibility.

The Charity's investment objective is to maximise long-term returns (rather than short-term income), but with an emphasis upon capital preservation. The portfolio is operated on a discretionary management basis with LGT Wealth Management (formerly ABRDN plc), allowing the investment manager more flexibility in responding to the investment market.

The Charity aims as far as possible to avoid investments in alcohol and tobacco. The investment policy allows LGT Wealth Management (formerly ABRDN plc) to invest in general funds, provided that these were reviewed quarterly to ensure no more than minimal exposure to alcohol and tobacco, and that investments are changed where necessary to ensure this. With property investments the Charity seeks to avoid investments which are predominantly related to alcohol and tobacco, and this is reviewed on an annual basis.

The Charity aims to maintain the allocation of the portfolio within allocated ranges.

	Range as at 31/03/24
Equities	25%-65%
Fixed Interest bonds	10%-40%
Property	10%-30%
Cash	5%-20%
Absolute Return Funds	< = 10%

The ranges above have not changed since June 2015.

The performance of the investment portfolio is monitored on a quarterly basis against appropriate indices for the class of investment concerned. In addition, the performance of the portfolio as a whole is measured against an overall benchmark based on a weighted average of the individual indices.

Funds related to ROSY (Respite for Oxfordshire's Sick Youngsters) are held in cash deposits in order to ensure that ongoing costs of care staff can be met as they arise. These short-term deposits are recognised as current asset investments in the accounts of the Charity. The total investment cash holdings related to the ROSY Fund are excluded from the target allocation ranges set out above.

Governance – About the Charity

Oxford Health Charity is registered with the Charity Commission (charity number: 1057285) in accordance with the Charities Act 2022. The Charity has a corporate trustee: the Oxford Health NHS Foundation Trust.

The members of the Oxford Health NHS Foundation Trust Board of Directors serve as agents for the Corporate Trustee. The Trust Board members who served in this way during the year and up to the date of this report were:

Non-executive Directors

David Walker (Chair)
Chris Hurst (Senior Independent Director and Vice Chair)
Geraldine Cumberbatch
Prof David Clark (from June 2023)
Kia Nobre (to June 2023)
Sir Philip Rutnam
Mohinder Sawhney
Prof Sir Rick Trainor
Lucy Weston
Andrea Young

Executive Directors

Dr Nick Broughton, Chief Executive (to June 2023)
Grant Macdonald, Interim Chief Executive (from June 2023)
Amelie Bages, Director of Strategy and Partnerships
Marie Crofts, Chief Nurse (to December 2023)
Charmaine De Souza, Director of Human Resources
Britta Klinck, Chief Nurse (from December 2023)
Dr Karl Marlowe, Chief Medical Officer
Rob Bale, Managing Director of Mental Health, Learning Disabilities and Autism
Dr Ben Riley, Executive Managing Director – Primary, Community and Dental Care
Kerry Rogers, Director of Corporate Affairs and Company Secretary
Heather Smith, Chief Financial Officer

Lucy Weston served as Chair of the Charity Committee of the Oxford Health NHS Foundation Trust until November 2023. Prof Sir Rick Trainor took on this role from December 2023.

Governance – About the Charity

The Board of Directors has delegated responsibility for the day-to-day management of the Charity to the Charity Committee, who in turn delegate day to day management to the operational charity team. This meets on a quarterly basis.

Charity Registered Number 1057285

Principal Office
Oxford Health Charity
Warneford Hospital
Warneford Lane
Oxford
OX3 7JX

Bankers
Lloyds Bank Plc
87 London Road
Oxford
OX3 9AB

Independent Examiner
James Cowper Kreston
The White Building
1-4 Cumberland Place
Southampton
SO15 2NP

Investment Fund Manager
LGT Wealth Management (formerly ABRDN plc)
Capital Square
58 Morrison Street
Edinburgh
EH3 8BP

Structure and Management

At 31 March 2024 the Charity was constituted of 60 funds (56 funds 2023 and 45 funds 2022). None of the funds in the year or at year-end were endowment funds. The material funds (other than control funds) at 31 March 2024 were:

£000

Respite for Oxfordshire's Sick Youngsters (ROSY)	329
Legacies - Robey (Wantage)	94
Legacies - Balmforth (Abingdon Pain Management)	41
Community Directorate fund	26
Wantage Community Hospital	22
Wallingford Community Hospital	21
Trustwide General fund	17
Wyfold Charitable Trust fund	17

The Corporate Trustee, in fulfilling its legal duties, ensures that funds are spent in accordance with the purposes of each fund and designates funds in accordance with the wishes of donors.

Non-Executive members of the Oxford Health NHS Foundation Trust's Board of Directors ('the Board') are appointed by the Oxford Health NHS Foundation Trust's Council of Governors. Executive members of the Board are appointed by Oxford Health NHS Foundation Trust under normal staff recruitment procedures. Neither they nor the non-executive members of the Trust Board are individual trustees under charity law. All Directors and Non-Executive Directors are provided with appropriate background information in relation to their management of the Charity.

Acting for the Corporate Trustee, the Charity Committee is responsible for the overall management of the Charity. The Charity Committee is required to:

- Apply the charitable funds in accordance with the Charity's governing documents and the Charities Act 2022.
- Prepare and communicate a statement of policy for all fundraising activities, their approval, monitoring and administration to ensure that such activities, including disbursements, adhere to statutory and other relevant guidelines.
- Supervise the proper investment and administration of the charitable funds. This is done in conjunction with the Director of Finance and the Audit Committee of the Oxford Health NHS Foundation Trust, and with the support of an administrative and accounting service from the operational charity team and finance.

Structure and Management

The Trustee (the Oxford Health NHS Foundation Trust) delegates the responsibility for the Charity to the Charity Committee, which in turn delegate the day-to-day management to the operational charity team and finance.

The Charity Committee is quorate with two Non-executive directors and one Executive Directors of the NHS Foundation Trust, the Director of Corporate Affairs & Company Secretary, a representative of the Trust's Finance Department, along with an external member, and other key stakeholders. The external member during the year was Olga Senior.

The Charity Committee meets quarterly. At each meeting items of expenditure of amounts of £500 and above are reviewed and consideration is given to investment performance, management accounts and the stewardship of the funds. In addition any requests for funding over £10k are presented for discussion and approval.

Public Benefit

In exercising its duties and powers with regard to the Charity, the Corporate Trustee has complied with its duty under s17 of the Charities Act 2022 to have due regard to the guidance on public benefit issued by the Charity Commission. The Charity aims to serve the public benefit by promoting the welfare of the patients and service users of Oxford Health NHS Foundation Trust (and where appropriate patients served by other parts of the NHS or related services). This is carried out by: promoting improvements in care over and above that which would ordinarily be provided by the National Health Service; the purchase of equipment; improvements to the care environment; and by promoting activities that assist reintegration into the community. In addition, the Charity funds activities related to the education and welfare of staff of the Oxford Health NHS Foundation Trust where this leads to better standards of care and hence benefits patients and service users.

Consolidation of Accounts

HM Treasury has concluded that in compliance with International Accounting Standard 27, the financial position and results of NHS charities should be consolidated into the accounts of the related NHS body wherever that NHS body is the corporate trustee of the charity and therefore has the power to control and benefit from the charity which it administers as corporate trustee. NHS Charities remain independent, and charity law requires that trustees act in accordance with the charity's purposes and in the best interests of the charity and its beneficiaries and do not act on the policies or directions of any other body. Therefore when the Corporate Trustee considers the affairs of the Charity, although it does have control over those affairs, it is required to make decisions solely in the interest of the Charity and its beneficiaries and not in the interests of the NHS Foundation Trust.

Consolidation is only required where the figures are material to the accounts of the NHS body. In the case of Oxford Health NHS Foundation Trust, the NHS body is the corporate trustee of the Charity, but the figures related to the Charity are not considered to be material to the accounts of the NHS body, and therefore the charity figures are not consolidated within the accounts of that body. It remains the case that the funds of the Charity can only be used for charitable purposes.

Partnership Working

Patients and service users of the Oxford Health NHS Foundation Trust are the main beneficiaries of the Charity. The Oxford Health NHS Foundation Trust is a related party by virtue of being Corporate Trustee of the Charity. By working in partnership with the Oxford Health NHS Foundation Trust, the charitable funds are used to best effect. When deciding on the most beneficial way to use charitable funds, the Charity Committee of the Oxford Health NHS Foundation Trust, acting as agent of the Corporate Trustee, has regard to the main activities, objectives and plans of the Oxford Health NHS Foundation Trust.

Reserves Policy

The Charity held £784k in total including £562k restricted funds as at 31 March 2024. Charitable reserves are defined as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objects, but which is not yet spent, committed or designated. The definition of reserves therefore excludes:

- o Restricted funds
- o Designated funds

Restricted Funds would be established where monies have been bequeathed or donated to the Charity which are subject to donor intention, which limit their use to particular purposes, arising for example from restrictions imposed by the donor. Such funds would be held and used only when a purpose for which they are available arises.

Unrestricted Funds comprise donations and other charitable income received for general purpose charitable use which are credited to general funds whenever possible or where donors have expressed wishes as to how the funds might be used they are allocated to the relevant designated fund held for the intended purpose. Funds are often derived from unsolicited donations and/or from legacies and are therefore unpredictable.

Designated funds are administered by Fund Advisors in accordance with policies and procedures set by the Trustee. The funds are monitored in terms of expenditure plans, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate reserves policy is not required for designated funds.

Within unrestricted funds, the Charity also holds net undistributed investment gains on unrestricted funds. The purpose of holding these monies is to protect the activities supported, by providing a buffer against future adverse market conditions.

General Funds are those elements of the Unrestricted Funds which have not been designated for specific purposes and which are not being held as a buffer against future adverse market conditions. General Funds are included under unrestricted funds in the Charity's accounts.

	Reserves at 31 March 2024	Expenditure 2023/24	Reserves at 31 March 2023	Expenditure 2022/23
	£	£	£	£
Trustwide fund	20,070	15,602	28,516	23,883
Buckinghamshire Mental Health	11,072	7,037	17,923	16,462
Marjorie Henderson	6,831	8,074	10,461	13,125
Total	37,972	30,713	56,900	53,470

The Committee continues to review the charitable funds regularly and to direct income (including legacies) where possible (where the term of the gift allows it) for use in trust wide general funds.

The Charity Committee reviews the position on reserves on a quarterly basis and reviews the Reserves Policy on an annual basis.

Going Concern

The Trustee considers that the Charity has adequate financial resources and is well placed to manage the business risks that it faces. The Trustee's assessment of the Charity's position takes into consideration the current economic climate and its potential impact on the Charity's sources of income and planned expenditure. The Trustee has a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation. Accordingly, the accounts have been prepared on the basis that the Charity is a going concern.

Risk Management

The Charity maintains a risk register containing all its principal risks and has throughout the year reviewed risks and the systems and procedures established to manage them.

The Charity has detailed Expenditure Rules which set out how funds can and should be used. These are subject to regular review.

The Charity's investments are regularly reviewed by the Charity Committee, including the comparison of returns against suitable benchmarks.



Signed by Grant Macdonald
Chief Executive

Date 17 December 2024

Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland."

The law applicable to charities in England and Wales requires the Trustee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these accounts, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates which are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable it to ensure that the accounts comply with the Charities Act 2022, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity's trust deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and has complied with the requirements for preparing the accounts. The accounts set out on pages 58-75 have been compiled from and are in accordance with the financial records maintained by the Trustees.

By Order of the Trustees

Signed:



Chair, David Walker

Date 17 December 2024



Director Trustee,
Grant Macdonald

Date 17 December 2024

Independent Examiner's Report to the Trustees of Oxford Health Charity ('the charity')

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2024.

Responsibilities and Basis of Report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Independent Examiner's Report to the Trustees of Oxford Health Charity ('the charity')

This report is made solely to the charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

Signed:



Dated: 18 December 2024

Michael Bath BSc FCA DChA

James Cowper Kreston

Chartered Accountants and Statutory Auditor

The White Building

1-4 Cumberland Place

Southampton

Hampshire

SO15 2NP

Statement of Financial Activities for the year ended 31 March 2024

	Note	Year Ended 31 March 2024			Year Ended
		Unrestricted Funds £000	Restricted Funds £000	Total Funds £000	31 March 2023 Total Funds £000
Income from:					
Donations and Legacies	3				
Donations & voluntary grants		37	178	215	244
Legacies		0	66	66	3
Grants – other		1	46	47	30
Sub total: donations & legacies		38	290	328	277
Investments	8.3	10	8	18	22
Total income		48	298	346	299
Expenditure on:					
Raising funds					
Costs of generating voluntary income		12	-	12	9
Investment management costs		4	3	7	6
Sub total: expenditure on raising funds		16	3	19	15
Charitable activities	6,7				
Patient welfare		173	281	454	446
Staff welfare		25	3	28	27
Research and education		24	0	24	64
Sub total: expenditure on charitable activities		222	284	506	537
Total expenditure		238	287	525	552
Net gains/(losses) on investments		12	10	22	(64)
Net income/(expenditure)		(178)	21	(157)	(317)
Transfer between funds		(42)	42	-	-
Net movement in funds		(220)	63	(157)	(317)
Reconciliation of funds:					
Total funds brought forward at 1 April		442	499	941	1,258
Total funds carried forward at 31 March		222	562	784	941

Comparative figures for each class of funds are provided in note 12 to the accounts.
All income and expenditure resources relate to continuing operations.
The Charity has no gains or losses other than those recognised in this Statement of Financial Activities
The notes on pages 61 to 75 form part of these accounts.

Statement of Financial Position (SOFP)

	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2024 £000	Total Funds 2023 £000
Fixed assets					
Investments	8.1	274	215	489	576
Total fixed assets		274	215	489	576
Current assets					
Debtors	9	3	10	13	2
Cash at bank and in hand		50	488	538	445
Total current assets		53	498	551	447
Liabilities					
Creditors: Amounts falling due within one year	10	104	152	256	82
Net current assets/(liabilities)		(51)	346	295	365
Net assets		223	561	784	941
Funds of the Charity					
Income funds:					
Restricted	11.1	-	562	562	499
Unrestricted	11.3	222	-	222	442
Total funds		222	562	784	941

Comparative figures for each class of funds are provided in note 13 to the accounts.

The notes on pages 61-75 form part of these accounts.

These accounts (Registered Charity number 1057285) were approved by the Corporate trustee on 11 December 2024 and were signed on its behalf by: Grant Macdonald, Chief Executive.

Date: 17 December 2024



Notes to the Accounts

1.1 Basis of Preparation

The accounts have been prepared under the historic cost convention, with the exception of investments which are included at market value. The accounts comply with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (Charities SORP (FRS102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Charities Act 2022.

The accounts have been prepared on the going concern basis which assumes the Charity will continue for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation.

The Charity has taken advantage of the exemption available under FRS102 and has not produced a Cash Flow Statement as it is a small charity. The principal accounting policies, which have been applied consistently throughout the current financial year are set out below.

1.2 Income

a) Donations

All donations are included in full in the Statement of Financial Activities as soon as the following three factors can be met:

i) entitlement - when control over the rights or other access to the economic benefit has passed to the charity (in the case of a donation, entitlement usually arises immediately on its receipt); and

ii) probable - when it is more likely than not that the economic benefits associated with the transaction or gift will flow to the charity; and

iii) measurement - when the monetary value or amount of the income can be measured reliably and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably.

b) Legacies

Legacies are accounted for upon receipt or where receipt of the legacy is probable, and the amount receivable can be estimated with sufficient accuracy. This will be once confirmation has been received from the representatives of the estate that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled and the amount receivable is known with reasonable certainty.

c) Grants

Income from grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

If the grant has conditions attached which must be fulfilled before the Charity has control of the resources, the meeting of these conditions is within the Charity's control and there is sufficient evidence that the conditions will be met, then the grant is recognised. However, where the meeting of the conditions is not probable or not within the control of the Charity, the grant would not be recognised until the conditions set have been met.

If a donor imposes a time period in which the expenditure of resources can take place, and a grant is received for expenditure that must take place in a future accounting period, it would be accounted for as deferred income and recognised as a liability until the accounting period in which the Charity is allowed by the condition to expend the resource. If the donor has given the condition that they can recover any unexpended part of the grant, the liability for any repayment would be recognised only when repayment becomes probable.

d) Income from Charitable Activities and Other Trading Activities

Income from charitable activities and other trading activities is accounted for on an accruals basis as goods or services are supplied.

e) Income from Investments

Investment income is accounted for in the period in which the Charity is entitled to receipt and the amount can be measured with reasonable certainty.

f) Allocation of Income to Funds

Income is credited to a fund which will benefit the area where the donor has imposed a restriction or expressed a wish, for how their gift should be used and are classified as restricted or designated funds accordingly. If the donor has not expressed a wish for how their gift should be used, it is credited to an Unrestricted General fund and used at the Trustee's discretion in accordance with the objects of the Charity.

1.3 Expenditure

- a) The accounts are prepared in accordance with the accruals concept.

All expenditure is recognised once there is a legal or constructive obligation committing the Charity to the expenditure.

The Statement of Financial Activities provides an analysis of expenditure based on the nature of the activity undertaken. Expenditure is divided between three main activities: Raising Funds, Charitable Activities and Other.

- b) Raising Funds

These include the costs of generating voluntary income (fundraising costs), costs of fundraising trading and investment management fees. These costs are apportioned directly against the individual funds generated.

- c) Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the Charity's objectives and in line with SORP 2015 (FRS 102) also include governance costs for the Charity. Expenditure on charitable activities will be for the benefit of Patients, Staff, Research or Education. Throughout these accounts the term 'patients' refers to patients and service users. The costs include the direct costs of the charitable activities together with governance and support costs that enable them to be undertaken.

Governance & Support Costs

Governance costs include the costs of governance arrangements which relate to the general running of the Charity, allowing it to operate and to generate the information required for public accountability. Included under this heading are direct costs such as independent examination, legal advice and costs associated with statutory requirements such as preparing statutory accounts.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the activity. Support costs are allocated to charitable activities in the Statement of Financial Activities.

Support costs are accounted for on an accruals basis and charged to the Administration control account.

Both governance and support costs are allocated to charitable activities in the SOFA and further details provided in note 7.

- d) **Apportionment of Governance and Support Costs**
Both governance and support costs are apportioned across the individual funds within the Charity on an average balance basis (so as to avoid disadvantaging funds with high volume, low value transactions)
- e) **VAT**
Irrecoverable VAT is charged against the category of resources expended for which it was incurred.
- f) **Liabilities**
Liabilities are recognised at their settlement value or best estimate where the final settlement value is unknown.

1.4 Structure of Funds

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as designated funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

1.5 Fixed Asset Investments

Fixed asset investments comprise Common Investment Funds and cash and are managed by LGT Wealth Management (formerly ABRDN plc).

Investments are shown at market value as at the balance sheet date. The market value is the mid-price on 31 March as supplied by the investment managers.

The Statement of Financial Activities includes the net gains (or losses) arising on revaluation and disposals of investments throughout the year.

1.6 Current Asset Investments

Where, as part of the management of the investment portfolio, cash deposits are held at bank on terms of under one year and are now accessible with less than 24 hours notice, they are shown as current asset investments.

1.7 Investment Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or cost at date of purchase, if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening market value (or cost at date of purchase, if later).

1.8 Taxation

Oxford Health Charity is a registered charity and as such benefits from certain exemptions from taxation on income and gains, to the extent that they are applied for charitable purposes.

1.9 Key Assumptions and Judgements

The charity accrues for items of expenditure which relate to the previous year where invoices have not been processed or received before the year end. Estimates are made in some instances where invoices have not been received based on activity and/or expenditure for the year to date. No significant judgements have been made in preparing the accounts. No key assumptions have been made regarding any sources of estimation uncertainty with a significant risk of causing a future material adjustment.

2 Related Party Transactions

The sole corporate trustee of the Charity is Oxford Health NHS Foundation Trust ('the Trust').

The results of the Charity are not consolidated into the accounts of the Trust for the year, as discussed in more detail in the trustee's Annual Report.

The members of the Trust's Board of Directors during the year are disclosed in the Annual Report of the Charity.

During the year none of the members of the Trust's Board of Directors or members of the key management staff or parties related to them have undertaken any material transactions with the Charity. No expenses or remuneration were paid to the members of the Trust's Board of Directors from the Charity during the year (members of the Trust's Board of Directors, some of whom are employees of the Trust, are remunerated by the Trust in respect of the work that they carry out for the Trust). None of the transactions below relate to trustees or key management personnel.

Transactions between the Charity and Oxford Health NHS Foundation Trust 2023/24

	Creditor b/fwd at 1 Apr 2023 £000	Expense incurred in year £000	Paid in year £000	Creditor c/fwd at 31 Mar 2024 £000
To reimburse the Trust for salary payments for clinical staff and charity team members (none made for trustees or key management personnel)	20	256	(72)	204
To reimburse the Trust for miscellaneous goods and services purchased on behalf of the Charity	40	40	(80)	-
Total expenditure	60	296	(152)	204

3 Income and Donations

3.1 Income from donations & voluntary grants

Donations are received from individuals.

3.2 Income from legacies

Legacy income is only included in incoming resources when receipt is probable and the amount is known/or can be reliably estimated, or the legacy has been received.

3.3 Grants

Grant income was received in the year as a result of grant applications made by the Charity team.

4 Charitable Activities

Income from charitable activities comprises income from courses and charitable events.

5 Other Trading Activities

Income from other trading activities comprises income from the sales of donated goods. The costs related to this activity are included within 'Fundraising trading: costs of goods sold and other costs'.

6 Analysis of Charitable Expenditure

	Equipment	Other Activities	Support Costs	Governance Costs	Total 2024	Total 2023
	£000	£000	£000	£000	£000	£000
Patient welfare and amenities	27	426	1		454	446
Staff welfare and amenities	3	19	1	5	28	27
Research and Education	-	24		0	24	64
	30	469	2	5	506	537

7 Analysis of Governance and Support Costs

7.1 An allocation and/or apportionment of overhead and support costs has been made to governance costs.

2024	Governance Costs Allocated to Unrestricted Funds	Governance Costs Allocated to Restricted Funds	Total Governance Costs	Support Costs Allocated to Charitable Activities	Total Governance and Support Costs
	£000	£000	£000	£000	£000
Other Costs	5	-	5	2	7
	<u>5</u>	<u>-</u>	<u>5</u>	<u>2</u>	<u>7</u>

2023	Governance Costs Allocated to Unrestricted Funds	Governance Costs Allocated to Restricted Funds	Total Governance Costs	Overhead and Support Costs Allocated to Charitable Activities	Total Governance and Support Costs
	£000	£000	£000	£000	£000
Other Costs	59	-	59	10	69
	<u>59</u>	<u>-</u>	<u>59</u>	<u>10</u>	<u>69</u>

Other Costs include audit fees, consultancy fees, printing stationery and administrative costs.

7.2 Allocation of Support Costs

The support costs not related to governance activities are then allocated to expenditure on charitable activities based on the purposes of each fund across the four main charitable activities of the Charity as follows:

	Patient Welfare £000	Staff Welfare £000	Research £000	Education £000	Total 2024 £000	Total 2023 £000
Other costs	1	1	-	-	2	10
	1	1	-	-	2	10

7.3 Analysis of Staff Costs

The Charity does not directly employ any staff, however the Charity's development, administrative and financial functions are provided by Oxford Health NHS Foundation Trust which remunerated from the charity.

8 Analysis of Investments

8.1 Movement in Fixed Asset Investment

	Non-Cash Investments £000	Cash Investments £000	Total 2024 £000	Total 2023 £000
Market value brought forward at 1 April	558	18	576	804
Less: Disposals proceeds	(216)	(120)	(336)	(708)
Add: Additions to investments at cost	117	109	226	532
Net gain/ (Loss) on revaluation	22	-	22	(52)
Market value carried forward at 31 March	481	7	488	576
Historic cost at 31 March	558	18	576	805

8.2 Market Value of Fixed Asset Investments at 31 March

	Total 2024 £000	Total 2023 £000
Investments in Common Investment Funds	481	558
Cash held at part of the investment portfolio	8	18
	489	576

The fixed asset investments are domiciled in the UK, except for the sum of £194k (2022/23: £207k) which is invested in non-UK domiciled investment funds.

8.3 Analysis of Investment Income

	Total 2024 £000	Total 2023 £000
Gross Income from Investments		
Investments in Common Investment Funds	30	22
	30	22

9 Analysis of Debtors

Debtors due within one year

Prepayments and accrued income

Total 2024 £000	Total 2023 £000
13	2
13	2

10 Analysis of Creditors

Creditors Falling due within one year

Accruals

Other creditors

Total 2024 £000	Total 2023 £000
203	24
53	58
256	82

11 Analysis of Funds

11.1 Restricted Funds

	Balance B/Fwd at 01/04/23 £000	Income £000	Expenditure £000	Balance C/Fwd at 31/03/24 £000
Material Funds				
Respite for Oxfordshire's Sick Youngsters (ROSY)	318	158	(147)	329
Legacies	112	66	(3)	175
NHS Charities Together – Stage 3	58	19	(71)	6
Sir Halley Stewart Trust fund	0	10	(1)	9
Other	11	45	(13)	43
Total	499	298	(235)	562

	Balance B/Fwd at 01/04/22 £000	Income £000	Expenditure £000	Balance C/Fwd at 31/03/23 £000
Restricted Funds - Comparatives				
Material Funds				
Respite for Oxfordshire's Sick Youngsters ROSY	372	182	(236)	318
Legacies	119	9	(16)	112
NHS Charities Together – Stage 3	58	0	0	58
NHS Charities Together – Stage 1	11	0	(10)	1
Other Funds	68	37	(95)	10
Total	628	228	(357)	499

11.2 Details of Material Restricted Funds

Respite for Oxfordshire's Sick Youngsters - ROSY funds

Patient welfare including respite nursing for terminally, acutely or chronically ill children and babies in their homes.

11.3 Unrestricted Funds	Balance B/Fwd at 01/04/23	Income	Expenditure	Balance c/fwd at 31/03/24
	£000	£000	£000	£000
Community Directorate fund	53	1	(19)	35
Trustwide General fund	28	7	(16)	20
Wantage Community Hospital	28	0	(6)	22
Wallingford Community Hospital	31	1	(9)	23
Oxford Cognitive Therapy Centre (OCTC)	17	0	(5)	12
Other funds	285	39	(214)	110
	442	48	(268)	222

11.4 Unrestricted funds - comparative	Balance B/Fwd at 1/4/22	Income	Expenditure	Balance C/fwd at 31/3/23
Unrestricted Funds	£000	£000	£000	£000
Community Directorate Fund	59	1	(7)	53
Trustwide fund	46	6	(24)	28
Wantage Community Hospital	35	1	(8)	28
Wallingford Community Hospital	44	0	(13)	31
Oxford Cognitive Therapy Centre (OCTC)	21	0	(4)	17
Other Funds	423	55	(193)	285
TOTAL	628	63	(249)	442

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the SoFA. Note 12 below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

12 Fund Comparatives

Comparative per Fund Class as at
31 March 2023

	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000
Income from:			
Donations and Legacies			
Donations	46	198	244
Legacies	3	-	3
Grants – from other NHS charities	-	-	-
Grants – other	-	30	30
Sub total: donations & legacies	49	228	277
Charitable activities	-	-	-
Investments	14	8	22
Total income	63	236	299
Expenditure on:			
Raising funds			
Costs of generating voluntary income	9		9
Investment management costs	6		6
Sub total: expenditure on raising funds	15	-	15
Charitable activities			
Patient welfare	140	306	446
Staff welfare	26	1	27
Research and education	52	12	64
Sub total: expenditure on charitable activities	218	319	537
Total expenditure	233	319	552
Realised and unrealised losses on revaluation and disposal of investment assets	(42)	(22)	(64)
Transfer between funds	26	(26)	-
Net (expenditure) and net movement in funds for the year	(186)	(131)	(317)
Reconciliation of funds:			
Total funds brought forward at 1 April	628	630	1,258
Total funds carried forward at 31 March	442	499	941

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the Balance Sheet.

Note below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

13 Fund Comparatives

Comparative per Fund Class as at 31 March 2023

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2020 £000
Fixed assets			
Investments	558	18	576
Total fixed assets	<u>558</u>	<u>18</u>	<u>576</u>
Current assets			
Debtors	2	-	2
Cash at bank and in hand	91	354	445
Total current assets	<u>93</u>	<u>354</u>	<u>447</u>
Liabilities			
Creditors: Amounts falling due within one year	30	28	58
Net current assets/(liabilities)	<u>62</u>	<u>326</u>	<u>388</u>
Net assets	<u>620</u>	<u>344</u>	<u>965</u>
Funds of the Charity			
Income funds:			
Restricted	-	499	499
Unrestricted	442	-	442
Total funds	<u>442</u>	<u>499</u>	<u>941</u>



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 OxfordHealthCharity

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**FUNDRAISING
REGULATOR**

Or visit our website for more information:

www.oxfordhealth.charity.

Oxford Health Charity, Warneford Hospital, Warneford Lane, Oxford OX3 7JX

OXFORD HEALTH CHARITY

England & Wales - Charity number 1057285

Accounts

Supporting Oxford Health NHS Foundation Trust to enhance the experience of patients, carers and staff



Oxford Health Charity
Annual Report
2022/2023





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Welcome



Welcome to our annual report for 2022-23 which encompasses the required financial reporting as well as a reflection on the year through the stories of our fundraising, projects, activities and developments.

Oxford Health NHS Foundation Trust covers a wide geography and wealth of services and, as the NHS charity supporting the Trust, we endeavour to ensure that our support has the same far-reaching approach. The reflections in this annual report highlight projects from across the region that have been supported during the year.

We could not offer the support for projects and activities to enhance the experience of patients, carers and staff across the Trust without the amazing donations that come into our charity appeals or the grant opportunities that we are able to access through national bodies like NHS Charities Together and the National Lottery, along with local support from our Leagues of Friends, local councils, social enterprises, arts bodies and local trusts.

Your support – whether financial, social or physical – is truly appreciated and makes a difference every day.

Oxford Health Charity





Julie Pink (Head of Charity & Involvement), Angela Conlan (Oxford Health Arts Partnership Project Lead) and staff from Abingdon Minor Injuries Unit, at the opening of their new, charity-funded children's waiting & treatment areas.

Our Mission

Our mission at Oxford Health Charity is to enhance the experience of patients, carers, families and staff involved with the services of Oxford Health NHS Foundation Trust.

The Trust delivers physical, mental health and social care for people of all ages across Oxfordshire, Buckinghamshire, Swindon, Wiltshire, Bath and North East Somerset. Our services are delivered at community bases, hospitals, clinics and in people's homes. The Charity supports all these services over and above NHS funding.

Our Strategy

2019-22

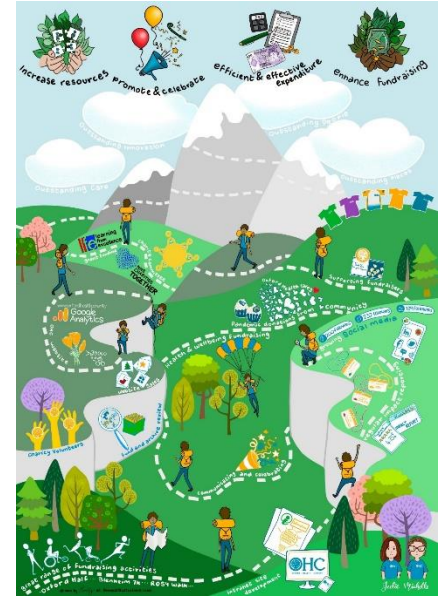
The 2019-22 Strategy was a foundation-setting strategy for Oxford Health Charity and, although there were many bumps in the road thanks to the pandemic, this period provided the stepping stones to create a strong foundation on which future developments can be built.

The focus of the strategy was set in four objectives:

- 1 To enhance fundraising activity.
- 2 To enable efficient and effective expenditure.
- 3 To promote and celebrate Oxford Health Charity.
- 4 To increase charity resources.

All four objectives were met during the period and the charity increased its impact across all areas of the Trust, with:

- ✓ higher levels in fundraising income.
- ✓ more projects and activities supported.
- ✓ a wider reach on internal and external networks.
- ✓ a growing team.



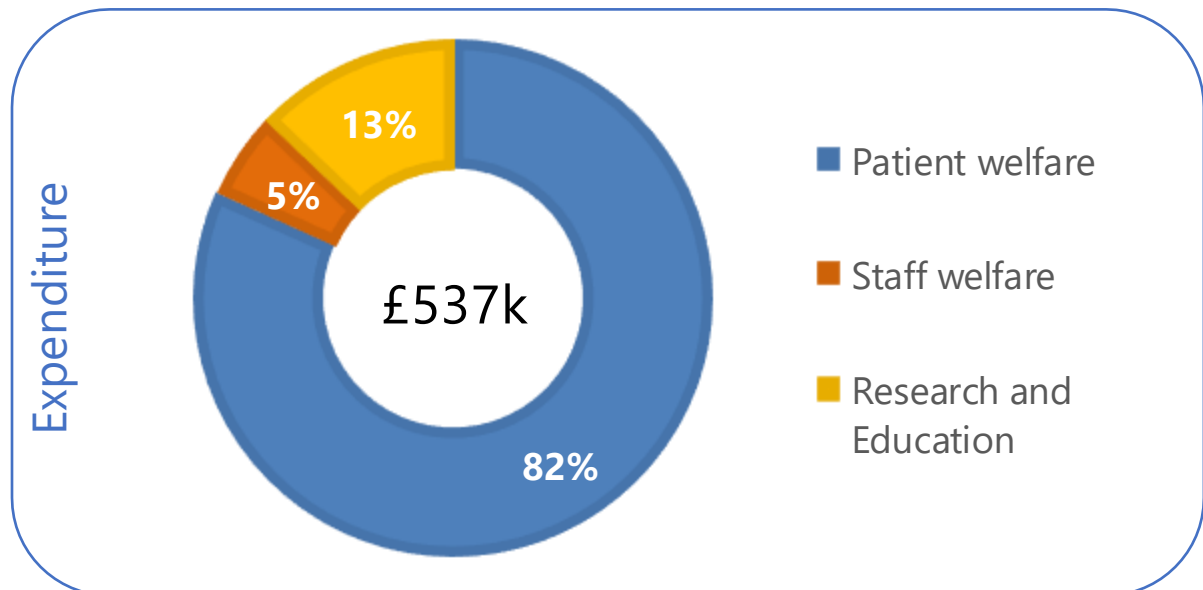
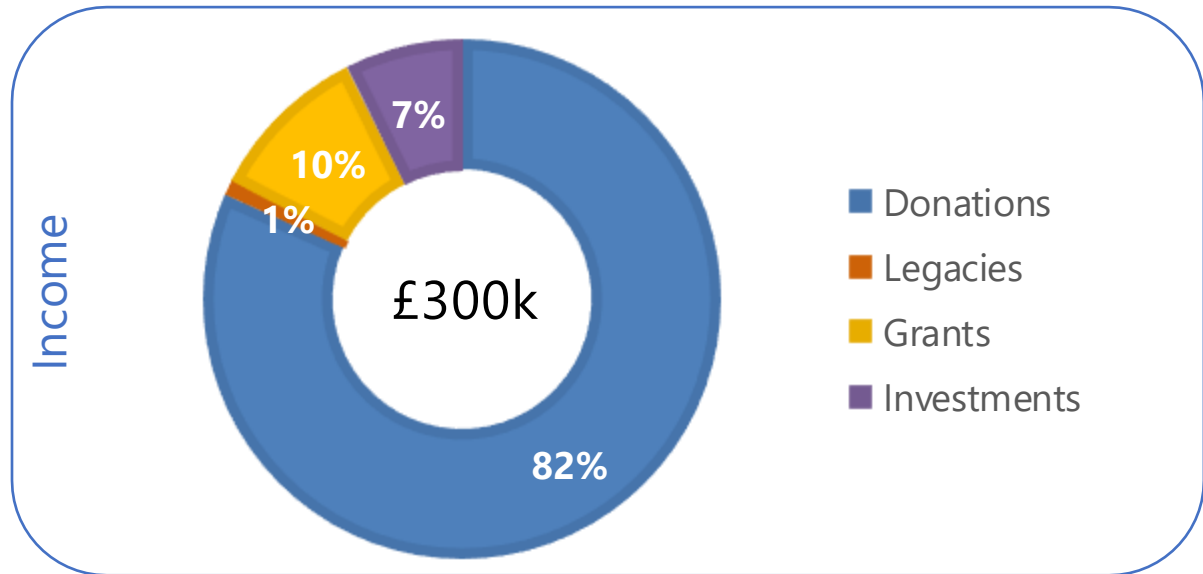
2022-23

In order to ensure that the next steps for Oxford Health Charity are embedded in the needs and direction of the Trust, 2022-23 has been spent in a period of consultation and engagement ahead of releasing a new strategy for 2023-28. The consultation has included workshops, surveys, presentations and interviews across a wide range of stakeholders. The NHS Charities Together Development Grant also allowed for funding to support this process and Oxford Health Charity worked with More Partnership towards the end of this period to consolidate the learning and bring together a plan for growth.

Next Steps

The 2023-28 Strategy will bring a sense of focus and development, following the impact of COVID, and will enable Oxford Health Charity to increase the positive and meaningful impact it can have on patients, carers and staff across Oxford Health NHS Foundation Trust. The 2023-28 Strategy will be launched during 2023 and will be supported by a framework of actions and goals.

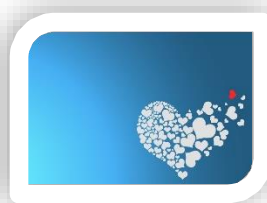
Financial Snapshot



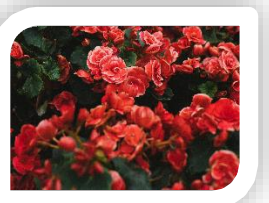
Our Current Appeals



Where the Need is Greatest

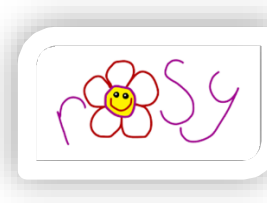


Oxford Health Cares
Supporting staff wellbeing



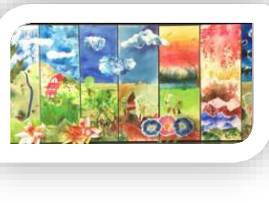
In Memory

Making a donation in memory of a loved one is a very personal way of supporting the team, ward or service that supported them in their time of need



Respite for
Oxfordshire's Sick
Youngsters (ROSY)

Supporting families by providing respite care to young people with life limiting illnesses



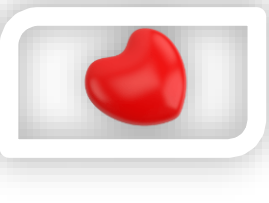
Oxford Health Arts

Delivering projects and activities engaging those receiving care in expressing themselves through the arts



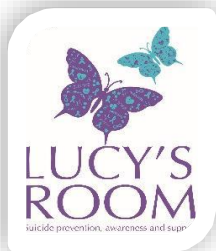
Green Spaces

Bringing our outdoor spaces to life, making a positive difference for our patients, staff and visitors



Service Specific Appeals

Supporting specific services across the Trust including Community Hospitals and Services; Buckinghamshire Mental Health and Oxfordshire and West Mental Health services



Lucy's Room

The creation of a music facility at the Warneford Hospital. Lucy's Room will provide a safe space for patients to make and play music as well as receiving music therapy sessions.

Appeals to look out for in 2023 and beyond



PICU (Psychiatric Intensive Care Unit)

A new PICU is being developed at the Warneford Hospital in Oxford. Our new PICU appeal focuses on four enhancements

- Gym – a garden exercise room
- Sensory room – a bespoke sensory space
- Art – unique pieces created to compliment the services provided
- Garden – establish safe and engaging green spaces

Oxfordshire Stroke Rehabilitation Unit

Our OSRU Unit based at Abingdon Community Hospital, are looking to raise £7500 to purchase new equipment which will enable our stroke survivors to use their affected arms more independently, and practise their exercises at higher intensity. Both these factors are known to improve people's chances of recovery.



HealthFest 2022-23



HealthFest has been an annual event for the charity since its launch in 2018. For the first two years it saw a wide range of Trust staff/services, alongside local community, voluntary and charitable organisations from across Oxfordshire, set up stalls and attractions on the lawn of the Warneford Hospital, Oxford. In 2020, the pandemic necessitated a new approach and our first 'Virtual HealthFest' was born.

Our online approach continued in 2021, where all Oxford Health staff, volunteers and governors were invited to attend our virtual health and wellbeing sessions. Focussing on the theme of 'Reflection and Recovery', the event catered for a broad range of interests; life coaching, origami, Indian cookery, seated dance, and wellbeing through art to name just a few!

This year, our HealthFest programme focussed once again on staff health and wellbeing. With Covid restrictions being more relaxed, it was delivered in a new format which saw a series of online and in-person sessions being run for one week per month from Oct'22 to Jan'23.

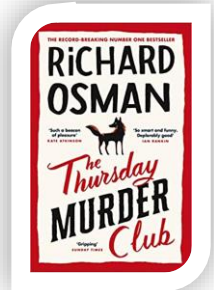
Once again, we were pleased to offer a wide variety of activities:



African / Hip Hop
Dancing



Art (including painting,
sketching, collaging & art
appreciation)



Book Clubs

Yoga



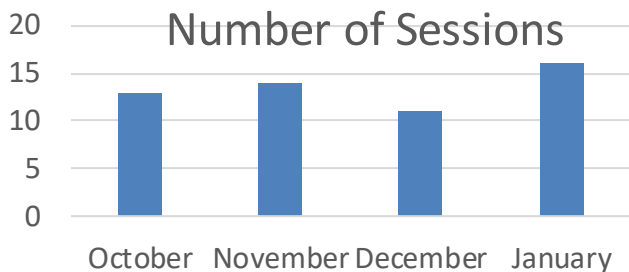
Origami

Life Coaching (focusing on self-care,
New Year's resolutions, future planning,
self-awareness)

Zumba!

Zentangle®





54
HealthFest
sessions
offered



47 hours of wellbeing sessions

4 prize draw
hampers



I am delighted to have won the hamper and am looking forward to sampling its contents. The HealthFest has been a wonderful opportunity in which to step out of the busy work environment and spend time learning a new skill. I have taken part in yoga, origami and Zentangle® and have enjoyed all three.

The activities timetable is incredible this year. I feel very grateful that the trust are putting these on again, with a variety of timings and activities to suit all.

Keep it going, it's really nice to attend an activity that is completely separate from the day job. It rests the mind.

I...am very grateful for the opportunities and for the Trust focus on staff wellbeing which is fundamental in the delivery of quality services to patients and for corporate services clients.



...really impressed with the variety [of activities]. Thank you again for organising. The fact they are scheduled in work time too really gives us "permission" to focus on our wellbeing at work.

It's a great itinerary. Thank you for doing this! Feel very blessed to be offered it via work.

I think that there is a great variety of activities on offer. I have really enjoyed the sessions available, HealthFest has been a great thing to really support staff to take time out.

A fabulous program!



Highlights of the Year

April 2022



Saturday the 23rd saw the return of the **ROSY Great Estates Walk**, organised by patron, Tania Evans. Oxford Health and ROSY families, friends and colleagues set off at 8am after breakfast at Wilcote Manor. The 26-mile route took them through some of the most beautiful parts of Oxfordshire including Blenheim, Ditchley and the Wychwood Forest. Oxford Health walkers included nurses and healthcare assistants from the Community Children's Nursing team as well as senior figures from Community Services.

This annual fundraiser, held in support of our Respite for Oxfordshire's Sick Youngsters fund, raised an amazing **£26,517**. ROSY provides respite nursing care at home for children with chronic, life-limiting or terminal illnesses in Oxfordshire; equipment which can improve these children's daily lives; and a family counselling service.



We launched our **Make Your Rest Area Shine** project, inviting teams to use our charity shopping list to refresh, and add some colour to, their staff rest

spaces. We received requests from over 60 teams for items such as cushions, beanbags, posters, window vinyls, plants and cutlery. This project was made possible thanks to funding from NHS Charities Together.

The **'Artists in Residence'** project continued apace this month, with six artists visiting over 100 patients across four community hospitals – leading them in a range of sessions: dance, music & movement, drawing, painting and the visual arts.



We listened to some opera and imagined being in a cocktail party in Italy with champagne and great food. Great chat again about how music can take you to a different place...



Oxford Health Charity supporters came out in force again for the **Blenheim 7k**! Our biggest ever team included 20 members of our own Oxford Health family, such as 'Ruckli's Runners' from Older Adults Community Mental Health (Manzil Way, Oxford) who were running in memory of a much-loved team member.



This year's event had a new 7k race for dogs (and their humans!), as well as the 1-mile course for Under 15s and a 4-mile route for buggies and wheelchair



users. Despite the very soggy weather, everyone completed their races with a smile. A BIG thank you to all who took part – both humans and SuPAWters! – and to those who fundraised; almost **£1100** was raised in support of Oxford Health patients, carers and staff.



Seven current and ex-members of the Care Home Support Service Team (Windrush House, Witney),

braved the 20 obstacles, six colour stations and 20 music zones of the Milton Keynes 5k **Color Obstacle Rush** to fundraise for, and increase awareness of, the service and the important work it provides.

This month we saw Oxfordshire Recovery College and the Forensic Recovery College launch their new resource, '**The Library of Life**', with a live showing at the Ultimate Picture Palace in Oxford.

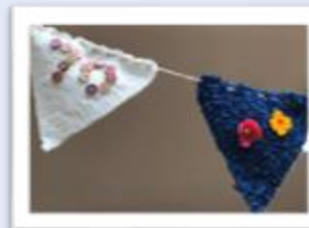


This collection of video stories, is designed to build hope and break down stigma around mental health. Made by college students and tutors, these films describe journeys that have been taken towards recovery and to overcoming life's hurdles. It is hoped that the stories will offer their audience new perspectives on difficult situations that they may themselves encounter.



Supported by Oxford Health Charity funding for refreshments, staff and patients across all 35 of the Trust's wards celebrated the **Queen's Platinum Jubilee** in style this month. Smiles, laughter (and occasional tears of happiness) rang out around Oxfordshire's community hospitals in Abingdon, Bicester, Didcot, Oxford (City), Wallingford and Witney, as celebrations for this historic event were held before, during and after the bank holiday weekend.

...there were some really magical moments. The music could be heard across the hospitals, travelling down the corridors to be enjoyed by everyone....



Union Jack bunting and balloons aplenty adorned our wards, day rooms and beautiful garden spaces, while the cream teas flowed; joyful performances were delivered by local musicians and entertainers, such as Mary-Lou Revue, the Orchestra of St John and Oxford Health's own musician-in-residence, Dave Noble; and a host of activities were enjoyed, such as quizzes, crocheting and yarn bombing outdoor areas with red, white and blue decorations.



Oxford Health Arts Partnership (OHAP), supported by Oxford Health Charity, led on the fantastic Platinum Jubilee celebrations held across the Trust, which were organised by staff, volunteers and Angela Conlan (Project Lead/Arts Co-ordinator for OHAP).



We were gifted two tickets, via NHS Charities Together, to the **BBC's, 'Platinum Party at the Palace'**, being held outside Buckingham Palace on Saturday 4th June. We were thrilled to pass these on to our top staff fundraiser, Libby Pannett-Smith (Occupational Therapist at Marlborough House, Swindon), who raised over £2,500 with a cycling challenge in 2021. After the concert, Libby commented:

I can't thank you enough for such an amazing gift - it was an incredible, once-in-a-lifetime experience. It was just what I needed after a particularly tough year. The memories of the evening will stay with me forever.



<https://bit.ly/DrHuntNatureForCAMHS>

Dr David Hunt (Research Lead, Oxford Healthcare Improvement) published his research paper, ***Bringing nature into CAMHS inpatient services: reflections for the implementation and integration of training into practice*** (see link & code opposite). His article followed two charity-funded initiatives undertaken by our CAMHS service (the Marlborough House Adolescent Unit, Swindon) – the 'Families in the Wild' pilot, (see July for project details); and 'NatureWell Facilitator Training' provided by The Natural Academy, which saw staff upskill in using nature-based approaches to support mental health.



The **Summertown Stars Football Tournament**, held at Cutteslowe Park (Oxford), was a great opportunity for the charity team to get out and see the U16 girls' football team that we sponsor in action! It was a successful tournament all round for: building awareness of Oxford Health Charity and meeting Oxford Health staff; fundraising; giving our new gazebo its first outing; and for Summertown Blues, who won the U16s competition!

National Volunteers' Week was a great time to recognise the amazing support that our volunteers have continued to show our patients, staff and services throughout the pandemic and to say thank you for their continued commitment and passion.



Supported by charity funding, Oxford residents at Morrell Crescent (and their keyworkers) enjoyed a **Bournemouth day trip**, fulfilling goals such as: seeing new scenery / views; socialising; trying new hobbies (e.g. fishing); and taking long walks to improve fitness.

I wish I could have stayed for the whole weekend.

Following the trip, residents became more outgoing, engaged more within their social groups, and were keen to organise another group trip.



The annual **Lucy's Room Golf Day** at Kirtlington Golf Club was a great success, raising over **£1000**. Supporters enjoyed a breakfast roll, before heading out onto the green to play their 18 holes, followed by a BBQ lunch, a raffle and an awards ceremony for individual and team prizes.



The **Families in the Wild** project (a two-day event made possible by charity funding) was organised again by CAMHS staff at Marlborough House, Swindon. It invited young people and their families to engage in mindfulness and forest school activities that helped promote wellbeing as well as build family bonds and connections with nature.

Run in partnership with Wiltshire Wildlife Trust at a local nature reserve, families enjoyed activities such as: making a hot drink using a Kelly kettle; building a shelter; making 'boggarts' out of clay; bark whittling and pressing wild flowers.

It was lovely to be relaxed as a family, it felt like a long time since that had happened.

This family programme has now been extended into team away days in the wild. To enhance both the family and staff events, Oxford Health Charity has further supported the CAMHS team by providing funding for the purchase of a fire pit which has proved especially popular with event participants.



July 2022



Thanks to charity funding, members of the Mental Health Support Team based in Keynsham, Bristol enjoyed a **watercolour wellbeing activity** on their staff development day. This relaxing activity enabled participants, who often work remotely, to complete an activity together and helped to strengthen relationships across the team.

I really enjoyed the watercolour activity... It was really therapeutic sitting down and painting alongside colleagues. I think we have formed deeper connections with each other...

Oxford Health patients, service-users, staff and the community celebrated 74 years of the NHS in style across the Trust with an **NHS Big Tea party**. As the tea flowed and delicious cakes were eaten, live music was enjoyed at our Community Hospitals.

Some also took the opportunity during their Big Tea events to fundraise for Oxford Health Charity. The Oxford City Learning Disability team and their clients raised over **£110** while staff at Wallingford Community Hospital raised **£164**.



To mark their Wallingford event, Jo Radbourne and Lauren Cornish were interviewed by BBC Oxford for the 6pm news!



Louisa, a previous inpatient at Warneford Hospital, climbed **Ben Nevis** with six friends and family, raising funds to support the delivery of therapeutic services for patients on the ward. Through completing this unforgettable and epic challenge, they raised over **£2800**!

Our first **Youth Mental Health Summit** event with Unloc took place at North Oxfordshire Academy, Banbury. During the event, the young people wrote their responses to *"What does the NHS mean to you?"* on wooden hearts which were collected in a frame to mark the day.



A team of eight riders from 1 Regt Royal Logistics Corps (Fijian Community), completed a **12-hour static cycle** in aid of Bicester Community Hospital. They cycled around 850 miles – the equivalent of almost three laps of Viti Levu, the largest island in the Republic of Fiji! Led by Staff Sergeant Akuila Bola, the team's heroic efforts raised over **£1475**.

Before



The charity team were delighted to fund striking new artwork, wall-mounted toys and safer flooring for the **renovation of the children's waiting area at Abingdon Minor Injuries Unit**. This once tired and dated space has now become a bright, inviting and interactive environment which has been a huge hit with patients and their families!

After



Children have been completely blown away and have been very reluctant to come into the (treatment) unit as they have been having so much fun in the waiting area!

This project has allowed staff to use the murals during their consultations to assess cognitive ability.

Before



The colourful seaside theme of the bespoke mural in the waiting area continues through into the children's treatment bay and includes many fun features to spot, such as puffins and a helter-skelter as well as local landmarks and a hot air balloon displaying the Charity logo. All elements were chosen to help children to feel calm while waiting to be treated.

After



Charity funding enabled the purchase of small, **inspirational graduation gifts** to reward clients for their hard work and commitment in successfully completing their Dialectical Behaviour Therapy through the Bucks CAMHS service.

As part of our ongoing green spaces programme, designed to enhance outdoor areas for patients, carers and staff, Chiltern Rangers returned to Saffron House to **'spruce up' the unit's garden spaces**.



We were pleased to fund the hire cost for the Wycombe Museum site, so that 230 staff members could attend the **Bucks Healthy Minds Away Day**. This event offered staff work-related development opportunities, as well as team building and wellbeing activities such as a wildlife walk and creative arts classes in clay and dance / fitness.



Joining them were a team of young people following the 'Stepping

Stones to Employability' programme.



A charity-supported summer highlight for patients and staff at Marlborough House, was their trip to **Cotswold Wildlife Park & Gardens**, Burford.

All those able to attend, particularly enjoyed visiting the young Southern White Rhino calves, watching the primates' antics, catching the penguin feed and exploring the gift shop!



We are so grateful to Oxford Health Charity for supporting this trip. It certainly has been the best day of the holidays for some of the young people... From a staff perspective, it gave us the opportunity to spend time informally with the people we care for and enabled deeper relationships to be developed.



After a three-year development and fundraising programme, the **Littlemore Meadow Outdoor Gym** was officially opened on 30th August by CEO Nick Broughton. Plans for the gym began in 2019 with Darren Davies (the Lead Physical Fitness Practitioner at the Oxford Clinic) designing the outdoor fitness area, with input from a steering group which included members of the Oxford Health Charity team.



The fundraising programme, which kicked off with staff members completing an ultra-marathon and joining the Charity's Oxford Half team, succeeded in raising over £5000 before plans were paused by the epidemic. Back on track in late 2021, the gym received final approval, with further significant funding provided by Oxford Health Charity, in March of this year.

Created to give Littlemore service users and staff a full body work out whilst stimulating the mind in the great outdoors, this freely accessible fitness equipment includes a cross stepper, waist trimmer, seated cycle, air walker, cross trainer and chest press.

In July, members of the 1 Regiment Royal Logistic Corps (Fijian Community) from St David's Barracks in Bicester supported Oxford Health Charity by completing a twelve-hour static cycling challenge. The Charity team were pleased to award this funding, raised specifically in aid of Bicester Community Hospital, to Oxford Health Arts Partnership to run a **new participatory arts project** designed to engage with – and boost morale for – inpatients and staff.



This 12-week programme would see Artist in Residence, Tom Cross, spend one afternoon per week working with everyone through storytelling and drawing. Tom is a 'visual storyteller' who works to capture people's stories and memories within different art mediums. For this project, Tom planned to use felt-tip pen to explore and depict aspects such as the secret superpowers of staff members!

All the artwork produced would form part of an NHS 75 exhibition at the Mill Arts Centre in Banbury in July 2023.

As part of his **Junior Captain's Day at Marlborough Golf Club**, seventeen-year-old Finn chose to fundraise for Oxford Health Charity. He elected for the **£800** that he and other club members collectively raised to go towards our fund for the Cotswold House Eating Disorder Unit



at Savernake Hospital, Marlborough in recognition of the care, support and treatment that his cousin received while at the unit.

Charity funding enabled six members of the **Community Heart Failure Team** to attend the annual British Society of Heart Failure Conference – three in person and three remotely. Joining this pivotal 2-day event ensured the team will continue to extend their knowledge in areas such as clinical trials, disease classification, medication, cardiac rehab, remote monitoring, psychological support and end of life care – keeping them up to date with all new developments so they can maintain their high standard of patient care.

If the charity had not supported this project our team would not be up to date and would not be able to see and discuss the information from the conference which would mean our care to our patients would not be a high standard.



The amazing, 21-strong team of Oxford Health Charity runners were among the 5000+ people who challenged themselves to complete this year's **Oxford Half**.

Our marathon heroes were not only spurred on along the route by the live music playing at every mile but also by the crescendos of cheers emanating from friends, family members, charity staff and members of the public as they made their way to the finish line.



Each team member had their own personal motivations for running, including raising awareness of the vital role our charity plays in enhancing patient and staff experiences across the Trust as well as fundraising for one of our appeals or their chosen service.

Through their outstanding achievements, our team collectively raised **£6200+** for their selected funds!

Using charity funds that were approved in April, as well as League of Friends funding, the Wallingford Adult Mental Health Team completed the development of a **new, comfortable staff rest area**.

It is such a wonderful space where we can switch off from work and relax. We...have noticed the benefits on our own wellbeing by having the space to decompress.



This year also saw us celebrate Vicki, our **first ever London Marathon runner**. She was thrilled to have crossed the line in just over 6 ½ hours and to have raised almost **£750** in aid of Cotswold House Eating Disorder Unit, Marlborough.



It was absolutely amazing! ...it was just such a privilege to be able to run, and especially for a cause so close to my heart... it's been such a positive and lovely experience for me to run for your charity...



All those entering Wantage Community Hospital were welcomed by **two, striking, 1.5m² artworks** displayed in the main corridor this month. These impressive and vibrant mixed media collage panels were the result of the first stage of a charity-funded arts project being co-run by Oxford Health Arts Partnership and Vale & Downland Museum.



The project, which has been designed to engage the local community in celebrating the work of the hospital, involved three one-day summer workshops at the local primary school, the museum and the hospital.



Over 60 members of the community (including hospital staff and volunteers) took part in these events where, as well as adding to the artwork, attendees contributed memories and donated ephemera connected to the hospital which could then be used to create wall displays and memory boxes – all enhancing the town’s history.

To add further interest, both panels contain hidden ‘golden keys’ – representing the missing Golden Key used by Her Highness Princess Helena Victoria to open the hospital on 30th June 1927.

We are proud to be supporting this creative arts community project and look forward to seeing the artwork from the second stage – expected to go on display next summer.

We launched our successful **Inspiring Improvement Grant Programme** which was open to anyone undertaking a QI project with Oxford Healthcare Improvement. Applications for up to £10 000 of funding were set to close at the end of December, with staff representing all eligible projects being invited to present to a panel of charity trustees and QI experts ('Dragon's Den' style!) in the new year. We hope to see this programme become an annual opportunity for Oxford Health Charity to continue to support innovation and improvement which is aimed at enhancing patient experience across our services.



HealthFest – our staff wellbeing programme launched. See pages 8-9 for full details.



With the support of charity funding, the Trust marked **National Tree Week** (the UK's largest annual tree celebration) by planting new trees at four Oxford Health sites across the counties of Oxfordshire, Buckinghamshire and Wiltshire.

We were pleased to fund tickets for all eligible inpatients on local wards to attend the **Bonfire Night celebrations** in South Park, Oxford. Staff noted that, without our funding, many patients would not have been able to go along and enjoy the fireworks event.

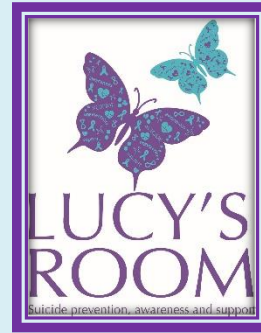
They were particularly surprised to see the impact it had on one patient, who hadn't engaged in any ward-based activities for weeks:

[He] barely came out of his room yet agreed to come to the fireworks night. Since coming, he has started joining in more therapeutic activities on the ward...!

All those who attended the annual **Lucy's Room Masquerade**



Ball, held this year at Bicester Hotel Golf & Spa, were treated to a delicious three course meal, live entertainment, a casino and a disco as well as a silent auction and raffle.



Proceeds from this glittering event went towards our Lucy's Room Appeal.

A colourful welcome now awaits all those entering Wallingford Community Hospital, as they are greeted by **striking rainbow vinyls** on the entrance doors and Reception area windows – purchased with charity funds.



It is really brightening everyone's day...we have had so many compliments on the impact of the rainbows, they are very well loved so much already!



A Trust service user launched her new **'COURAGE' clothing line** and chose to donate proceeds from her sales to our fund for Cotswold House Eating Disorder Unit, Marlborough. Motivation came from her having had need of the unit's support on several occasions; a result of the profound effect that losing her older sister at 11 years old had on her mental health.

Courage continues to guide her as she navigates a new pathway but that doesn't mean all is perfect. She wanted to reflect this in her clothing designs, which also include the poignant message, *'thoughts not facts'*. She explained:

'Thoughts not facts' – a mantra I...repeat daily, that the thoughts I have are just in my head and are often false... [they] must be tried, tested and justified before I start to believe them.



Through the sales from her inspiring clothing range, this entrepreneur raised an amazing **£2500**.



Staff at Wenric House purchased new, **charity-funded gym equipment** for their exercise space. The addition of the utility bench, rowing machine, cross trainer and set of dumbbells will increase the amount of physical activity available to service users, improving clients' physical as well as mental health.

Helps me keep busy.

The Charity team were pleased to run a trustwide prize draw, where lucky entrants won a festive, **sparkly hair accessory** donated by QueenMee.



Service users at Marlborough House enjoyed a festive, **wreath-making session from TWIGS** – a therapeutic community garden in Swindon designed to help those experiencing mental health problems to regain confidence and learn new skills. This was the first of six TWIGS therapeutic sessions which have been funded by Oxford Health Charity – the next, creating Kokedama (Japanese 'moss balls') made with snowdrops, is planned for February.





Oxford Health Arts Partnership's Annual Report (OHAP) was published for 2022, which showcased some of the engaging work that the team (consisting of two part-time staff, volunteers and freelance artists) delivered throughout the year as part of their award-winning arts programme. To read the OHAP Annual Report in full, follow the link opposite.

https://bit.ly/OHAP_AR2022

With no allocated Trust budget provided for the team, we are pleased to be able to support OHAP by regularly putting project funding requests forward for approval on their behalf.



Evidence for the impact of the arts in healthcare settings has grown significantly over the last few years. This knowledge lies at the core of the OHAP arts strategy, which aims to inspire recovery, wellbeing and growth through creativity for patients, carers and staff.

In 2022:

*OHAP delivered **373** arts sessions across the Trust.*

*Over **3200** people attended arts sessions.*

***48%** of patients stated their mood had improved after attending an arts session.*

With the festive season upon us, we were pleased once again to fund a trip to **Waddesdon Christmas Fair** for the Bucks Carers Support Group.

Those unable to attend could join the group's annual online Christmas quiz, for which Oxford Health Charity also funded the prize of a luxury Christmas hamper.

To ensure that every inpatient, in the 33 mental health and community hospital wards, would receive **a present on Christmas Day**, we allotted funds so that staff across the Trust could purchase and wrap the gifts. In total, **530** presents were delivered!

We also provided funding for seasonal treats, e.g. mince pies and chocolates.

The gift giving is a lovely part of what we do at Christmas and we are very grateful to Oxford Health Charity for their help in enabling us to buy the presents.



The Trust's joint project with Unloc – launched in 2021 – to engage with 1500 young people in Oxfordshire about their mental health, was so

successful it was extended to Buckinghamshire. The aims and approach for this branch of the project remained the same – to find out more about the mental health situations young people face, the local services they use, and what changes they wanted to see. As part of the consultation process, a series of **five one-day mental health roadshows** were held in schools across the region.

[They] now know where they can go for help or how they can help their friends...

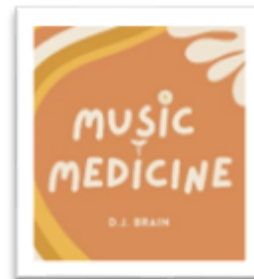
Oxford Health Charity were proud to support these events by providing the funds to purchase a range of interactive and sensory resources, designed to encourage participation and engagement. Teams from Barnardo's and Bucks CAMHS used these materials in different activities with attendees to help increase their awareness of mental health and offer self-care strategies to support their own mental wellbeing.

The young people absolutely loved the stall activities & slime.

An NHS Charities Together grant made this charity funding possible.

Charity funding purchased **new sensory boxes for the learning disability intensive support team** to help their clinicians trial different self-regulating and co-regulating strategies for their clients with complex mental health needs. This new equipment will also be used to assess clients' sensory needs more effectively.

In 2021, we were pleased to fund the printing of the **'Music Medicine' booklet** written by Dan Brain, a Peer Support Worker and Research



Champion for Oxford Health's National Institute for Health and Care Research. The workbook champions the positive impact of music for mental wellbeing. Speaking at the time, Dan commented:

...I was breathing and feeling music medicine for recovery, my vision was then to share with society...Realising my music timeline was also a lifeline was a glowing feeling, it's also opened locked doors to other attractive distractions...some of these are creative activities shared inside the booklet.

This workbook was so well received by our teams in CAMHS, Adult Services and Community Services that we funded a 2023 reprint which will be used in the new music therapy room, Lucy's Room, once it opens. We will also continue to provide copies to all those wards/teams interested in using it with their patients.

For more about the booklet: https://bit.ly/music_medicine

For more about our Lucy's Room Appeal: https://bit.ly/Lucys_Rm

January 2023

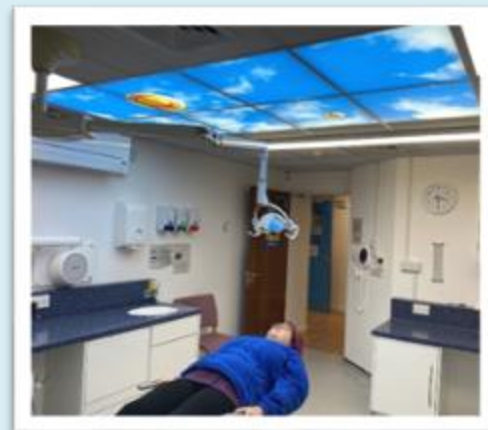


Service users should now find their appointments at Witney Dental Clinic a lot more relaxing following the installation of **two special LED ceiling screens** in their treatment rooms. One, a static screen made up of eight ceiling tiles, displays an image of the sky with clouds and hot air balloons. The other 'living ceiling', plays a range of nature-themed films featuring elements such as underwater scenes with fish and other marine life.

These service-enhancing ceilings were made possible through Oxford Health Charity funding. Each one has been positioned above a treatment chair – allowing patients to focus on the imagery during their appointment – and will offer

a distraction to help calm anxious patients, enabling the dentistry team to carry out treatments in a more relaxed environment. Staff reported seeing the benefits of these screens instantly, particularly in children.

One young person wouldn't even sit in the chair before we had the living screen installed...Once it was in place they sat in the dental chair without any problem and allowed me to check their teeth. That was a real breakthrough.



The dentistry team now intend to run a formal Quality Improvement project with the aim of measuring how much the LED ceilings impact on the reduction of their patients' anxiety levels.



Our Patient Advice & Liaison Service team (**PALS**) got **Fit 4 Feb** – combining *Fitness, February* and *Fundraising* in support of Oxford Health patients and services trustwide. Each team member approached the challenge with great enthusiasm, committing to at least 30 minutes of exercise per day for each of this month's 28 days. To complete their goals, team members took part in a wide variety of fitness activities including aerobics, body combat, gym, yoga and Zumba classes; cycling, rowing, swimming and walking; press-ups; and even dancing round the kitchen to a 'silent disco'! This inspirational team raised an amazing **£400** for Oxford Health Charity, with plans to raise additional funds with a raffle in March.



We were pleased to fund the purchase of **art supplies for a community-based art therapy group** being run for patients by the Wallingford Adult Mental Health Team.

The group will offer many benefits to service users, including for those who suffer with loneliness or have low self-confidence, those who find verbal communication difficult, and those who have limited access to art materials.



We may not have been able to run the group without this funding and now are lucky enough to have an ample supply of resources.



Henley Health Visitors are now enjoying breaks outside with their patio table and chairs set, purchased through charity funding for their balcony.

The **ME/Chronic Fatigue Syndrome patient group** met in person for the last session of their course, thanks to charity funding for venue hire. This face-to-face event enhanced patient experience and supported their continued recovery.

This has been a really positive experience to meet in person.

I was so comforted hearing others say exactly how I have felt, instantly feeling less alone.



With the construction of The Meadow Unit well underway – Oxford Health’s new eight-bed psychiatric intensive care unit (PICU) at the Warneford Hospital – we launched our **PICU fundraising appeal** to help support the development of four key aspects of the build that will further enhance service users’ experience of the unit:

- a separate garden gym room
- a bespoke sensory room
- an inviting green garden space
- unique artwork for display indoors and out

For more about our PICU Appeal: https://bit.ly/Meadow_Unit

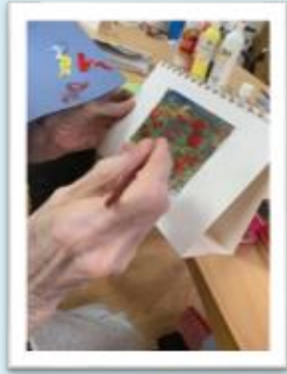


Ellyn Carnall, (Oxford Health's Operational Capital Project Support Officer) and her partner, Jake, took on the **Sheffield Half Marathon** in aid of our newly-launched charity

appeal for The Meadow Unit (PICU). Their amazing efforts raised over **£320** for the unit.

I was really pleased to get over the finish line... The money will go towards enhancing what will already be a great new facility at the Meadow Unit.

The Charity team were honoured to receive a **Chilterns Champion 2022 plaque** from Chiltern Rangers. The award recognises the charity's work, alongside the Rangers, in making a difference to green spaces and sustainability across Oxford Health NHS Foundation Trust.



We were thrilled to allocate a £10,000 grant that we secured from the National Lottery Community Fund to **'What Makes Didcot Brilliant?'** – an arts project being led by Oxford Health Arts Partnership (OHAP).

One of OHAP's Artists-in-Residence, Dionne Freeman, will run weekly workshops where artwork will be co-produced with Didcot Community Hospital staff and patients, as well as with different Didcot groups and children from local schools. These pieces of art – which may take the form of drawings, paintings, collages or mosaics – will celebrate all that is good about Didcot and will be displayed within the hospital as well as in the train station underpass.

Dionne's first collage workshops focused on: *'Where would you like to go?'* and *'What makes Didcot brilliant?'* Hospital patients used collage photography and paint to create pop up artwork for display at their bedsides.



It is so nice to see everyone with a smile on their face.

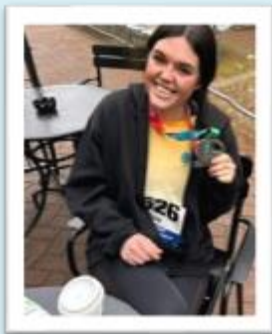
I've enjoyed looking at the photos and thinking of something else.

I've not done anything like this before.

I'm so proud of this.



Recent staff training for Didcot's Adult Mental Health Team has also led to *'The View From Your Window'* outreach packs being developed and workshops, focusing on 'looking out and looking in on different perspectives of Didcot', are planned with groups including Style Acre, Silver Pride and the WI.



A past service user, Bethan, joined over 1570 others in running the **10th Newport Half Marathon**. Completing this challenge wasn't just a huge personal achievement, but also a great fundraising success as she raised over **£460** for our Cotswold House Appeal.

...it was a privilege to run for Cotswold House as the support there saved me, helped me get my life back & do things like a half marathon again.

We were proud to support the development of **Managing and overcoming your suicidal thoughts: A Self-Help Booklet** – a valuable new resource produced through the Suicide Prevention team. Trust crisis team professionals now have copies of these interactive booklets to work through with patients and to support those being discharged from the wards.



We were pleased to fund ward activities for national **Nutrition and Hydration Week**. Patients enjoyed a range of tasks, from making fruit salads, healthy dips and flapjacks to smoothie tasting, all whilst discussing the importance of keeping hydrated and eating healthily.



The PALS team hosted a **tombola** in Oxford, at Cowley's Templars Square Shopping Centre. The 80+ prizes – collated largely from Oxford Health staff donations – included scented candles, skincare products and jigsaw puzzles. The team raised **£155** which, when added to their Fit 4 Feb funds, totalled **£555** for our 'Where the Need is Greatest' Appeal.



Led by Dr 'Cat' Penn, Jill Roberts, Dr Helen Close and Kim Fredmanstein (from the Adult Mental Health Team) **walked 16 miles from The Julier Centre, Bicester to Warneford Hospital**. They wanted to raise awareness of the importance of exercise for good mental (and physical) health – particularly for those with depression – as well as to raise funds for Oxford Health Charity. Despite the sore limbs afterwards, the team were thrilled to have raised over **£385**.

We are really pleased to be able to support Oxford Health Charity which does wonderful work supporting projects that help support good mental health, whether that is through music, green spaces or art and creativity.

Future Plans

Moving forward into 2023-24, Oxford Health Charity has continued to work closely with the Trust to support wellbeing for patients, carers and staff as well as develop the next steps required for the 2023-28 Strategy. A meeting with the Corporate Trustee (the Trust Board) provided key feedback on the focus of the new strategy – **Positive Spaces**.



Positive Spaces will bring together the work of the charity with the focus on providing both physical and perceived 'Positive Spaces' for patients, carers and staff. These might be gardens, therapeutic spaces for activities and engagement, spaces to consider innovation, research and new approaches, or rest areas for recuperation and resilience. This focus also reflects the growing number of projects across the Trust that the charity has been working on in relation to green spaces, activities and staff wellbeing.

2022-23 saw the launch of the first set of Quality Improvement Hub grants and work with the teams who presented innovative ideas for these grants has continued into 2023-24 to ensure that funding is provided in the most effective way. It also saw the longest provision of HealthFest for staff wellbeing, with over four months of activities provided both online and in person through the charity. Both these approaches, and the way in which the Trust can access support from the charity, will form part of the framework of the new 2023-38 Strategy – ensuring that all projects have that positive and meaningful impact we, and our donors, wish to see.





The focus on existing and new appeals to support large scale projects like the Meadow Unit Appeal, Lucy's Room Appeal and a project under development to support one of our Community Hospitals, as well as consideration of new grant applications, will form a core part of the next steps for Oxford Health Charity and we look forward to welcoming a Fundraising Coordinator into the team in 2023-24 to bring these areas to life. Projects like these will have a long-term impact on patient care and experience within the Trust and we are excited to work alongside the services delivering them to make a difference for more patients and their families.

With the introduction of a new CRM and finance management system in 2022-23, the infrastructure of our charity has been further bolstered to enable us to continue to grow and develop. The new systems will improve the ways in which our fundraisers and donors can stay involved with the charity and see the impact of their donations on their chosen projects – a key part of widening engagement and awareness of the importance of Oxford Health Charity as their local NHS Charity for community and mental health services.



Oxford Health Charity Heroes

All the activities and projects we've been able to support this year – from the green spaces and patient/staff rest areas, to the creative therapies, gym equipment, staff training and sensory aids – would not have been possible without the kindness and generosity of our supporters. We'd like to say a huge **THANK YOU** to all those individuals, organisations and businesses who have supported us by fundraising; with donations of funds, goods and/or services; and through volunteering their time.

Would you like to join our *Oxford Health Charity Heroes* by supporting your local community hospital or mental health services? Perhaps you're looking to take part in, or organise, a fundraising activity? Would you like to make a donation to a charity appeal or Trust service? Could you volunteer your time?

If so, then we'd love to hear from you.

✉ charity@oxfordhealth.nhs.uk

f [OxfordHealthCharity](#)

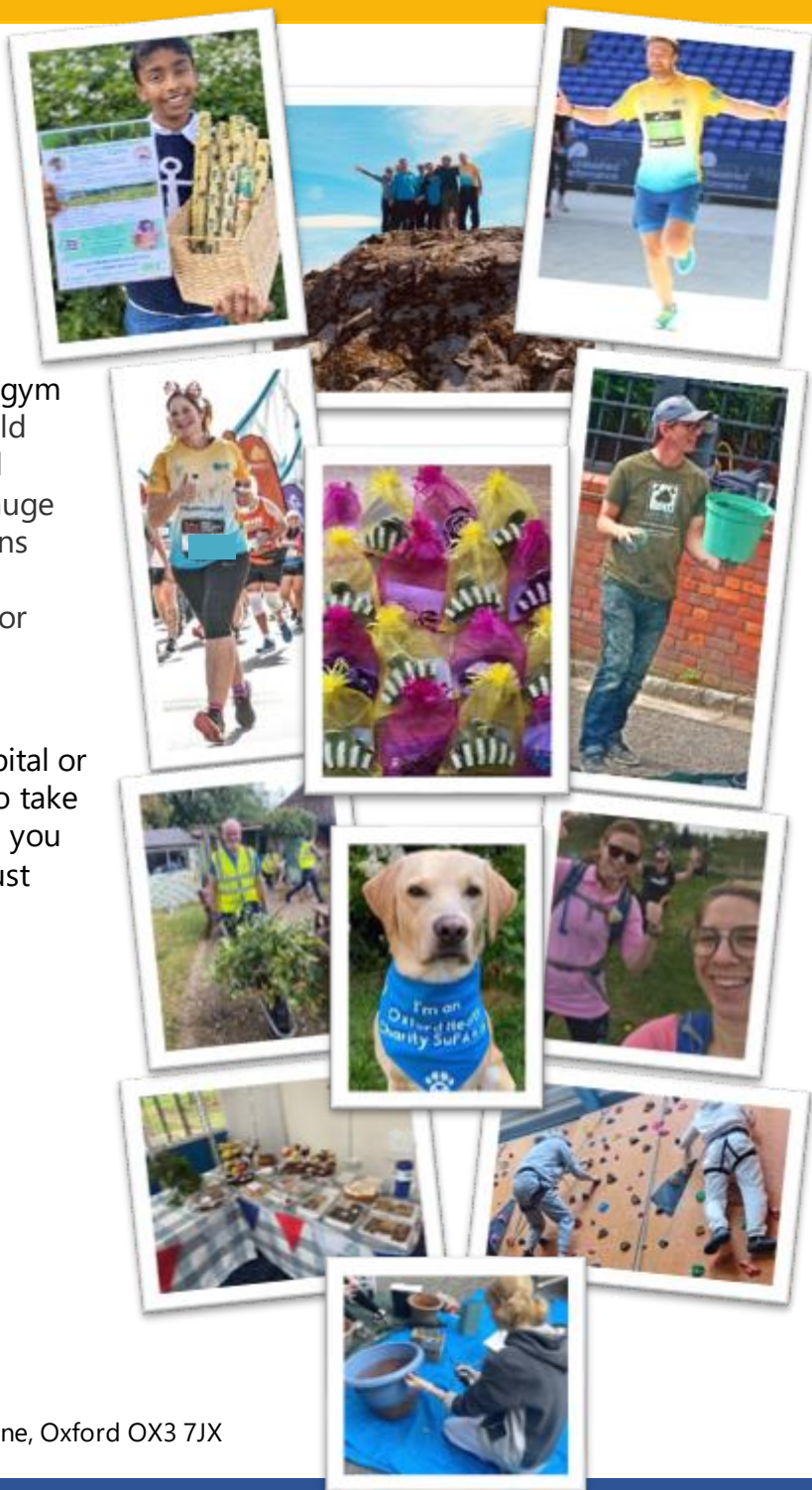
t [OxHealthCharity](#)

in [Oxford-health-charity](#)

Or visit our website for more information:

www.oxfordhealth.charity

Oxford Health Charity, Warneford Hospital, Warneford Lane, Oxford OX3 7JX



Accounts



FUNDS HELD ON TRUST ANNUAL ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

The accounts of the funds held on trust by Oxford Health NHS Foundation Trust

FOREWORD

These accounts have been prepared by the Trustee in accordance with the requirements of the Charities Act 2022 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Statutory Background

The Charitable Fund came into force on 31 July 1996 under Statutory Instrument dated 8 July 1996. The Secretary of State for Health exercised his powers under section 92(1) of the National Health Service Act 1977(a) and the Trust property was transferred from the Oxfordshire Health Authority upon the establishment of the Oxfordshire Mental Healthcare NHS Trust.

On 1 April 2006 the Charity expanded through the inclusion of the mental health related fund balance within the Buckinghamshire Mental Health NHS Trust Charitable Fund (registered charity number 1054087), following the merger by acquisition of Buckinghamshire Mental Health NHS Trust by Oxfordshire Mental Healthcare NHS Trust.

On 31 October 2011 Oxfordshire Primary Care Trust Charity (registered charity number 1091570) was merged with this Charity, following the transfer of Community Health Oxfordshire services from Oxfordshire Primary Care Trust to Oxford Health NHS Foundation Trust.

The name of the Charity was changed from the 'Oxfordshire Mental Healthcare Charitable Fund' to the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' during the year ended 31 March 2009. The name of the Charity was changed from the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' to 'Oxford Health Charitable Funds' during the year ended 31 March 2012. The name of the Charity was changed from the 'Oxford Health Charitable Funds' to 'Oxford Health Charity' during the year ended 31 March 2015.

Oxford Health NHS Foundation Trust is the sole corporate trustee of Oxford Health Charity.

Oxford Health Charity is registered with the Charity Commission (registered charity number 1057285).

Main Purpose of the Charitable Funds Held on Trust

The main purpose of the charitable funds held on trust is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

Signed:

A handwritten signature in black ink, appearing to read "G. Macdonald".

Grant Macdonald
on behalf of the Corporate Trustee

Date: 10th January 2024

Introduction

The Oxford Health Charity ('the Charity') exists to benefit the patients and service users of the Oxford Health NHS Foundation Trust (and, in the case of a small number of funds, patients and others receiving the services of other parts of the National Health Service and related services).

The bulk of the clinical services provided by the Oxford Health NHS Foundation Trust are funded, of course, from the NHS. In comparison to NHS funding the amounts of money available through the Charity are small, but often a relatively small amount of funding allows activities which NHS funding would not provide. Such funding helps to innovate or to ensure that patients and service users have a wider range of opportunities.

Objectives and Activities

The Charity's governing document is a trust deed dated 31 July 1996, as amended by supplemental deeds dated 6 October 2008 and 29 June 2011.

The objects of the Charity are to apply income for any charitable purposes relating to the NHS wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

The main activities of the Charity are to provide public benefit by supporting the good health and welfare of patients and service users.

Achievements and Financial Review

The Charity Committee (a formal committee of the Oxford Health NHS Foundation Trust Board of Directors) reviews the expenditure within the Charity and the rules for these. The Expenditure Rules of the Charity are reviewed on an annual basis and revised as required to meet the developing needs of the Trust and Charity.

The Charity Committee continues to also oversee the fundraising and engagement activities in line with the Charity Strategy. In order to support the Trust, the Charity is committed to supporting services enhance the experience of their patients and works in partnership with patients, carers, foundation trust governors and members, volunteers and the public to identify and deliver projects with this in mind. This work is delivered through the Charity and Involvement Team who support Charity activities, volunteering, arts within healthcare and engagement with the third sector, as well as through partnerships with colleagues across the Trust.

The Charity's total funds in management were £941k as at 31 March 2023, similar to the previous year (2021/22 £1,258k).

Overall total income decreased to £300k from £552k. This decrease is attributed to the decrease in donations due to the cost of living crisis, and a significant fall in income from legacies and grants. There was also a decline in the value of the charity's investment portfolio, both due to the global economic downturn and the charity releasing investments.

Total expenditure for the Charity decreased to £552k (2021/21 £652k).

Major fundraising and support projects are illustrated throughout the report.

The investments are managed by abrdn plc on a discretionary basis. During the year there were losses of £64k (2021/22 gains of £46k due to revaluation and disposals).

Investment Policy

Other than small amounts of cash at bank and funds related to the ROSY Fund (discussed below) the Charity's funds are invested on a discretionary basis with abrdn plc. The Charity Committee regularly reviews the Charity's investment strategy, including the spread of asset allocation, appropriate benchmarks and issues of social responsibility.

The Charity's investment objective is to maximise long-term returns (rather than short-term income), but with an emphasis upon capital preservation. The portfolio is operated on a discretionary management basis with abrdn plc, allowing the investment manager more flexibility in responding to the investment market.

The Charity aims as far as possible to avoid investments in alcohol and tobacco. The investment policy allows abrdn plc to invest in general funds, provided that these were reviewed quarterly to ensure no more than minimal exposure to alcohol and tobacco, and that investments are changed where necessary to ensure this. With property investments the Charity seeks to avoid investments which are predominantly related to alcohol and tobacco, and this is reviewed on an annual basis.

The Charity aims to maintain the allocation of the portfolio within allocated ranges.

	Range as at 31/03/23
Equities	25%-65%
Fixed Interest bonds	10%-40%
Property	10%-30%
Cash	5%-20%
Absolute Return Funds	< = 10%

The ranges above have not changed since June 2015.

The performance of the investment portfolio is monitored on a quarterly basis against appropriate indices for the class of investment concerned. In addition, the performance of the portfolio as a whole is measured against an overall benchmark based on a weighted average of the individual indices.

Funds related to ROSY (Respite for Oxfordshire's Sick Youngsters) are held in cash deposits in order to ensure that ongoing costs of nursing staff can be met as they arise. These short-term deposits are recognised as current asset investments in the accounts of the Charity. The total investment cash holdings related to the ROSY Fund are excluded from the target allocation ranges set out above.

Governance – About the Charity

Oxford Health Charity is registered with the Charity Commission (charity number: 1057285) in accordance with the Charities Act 2022. The Charity has a corporate trustee: the Oxford Health NHS Foundation Trust.

The members of the Oxford Health NHS Foundation Trust Board of Directors serve as agents for the Corporate Trustee. The Trust Board members who served in this way during the year and up to the date of this report were:

Non-executive Directors	David Walker (Chair) Geraldine Cumberbatch (from April 2022) Chris Hurst (Senior Independent Director and Vice Chair) Prof Kia Nobre Sir Philip Rutnam Mohinder Sawhney Prof Sir Rick Trainor (from April 2022) Lucy Weston Andrea Young
Executive Directors	Dr Nick Broughton, Chief Executive Amelie Bages, Director of Strategy and Partnerships (from April 2022) Marie Crofts, Chief Nurse Charmaine De Souza, Chief People Officer Dr Karl Marlowe, Chief Medical Officer Grant Macdonald, Managing Director of Mental Health, Learning Disabilities and Autism Mike McEnaney, Director of Finance (to July 2022) Dr Ben Riley, Executive Managing Director – Primary, Community and Dental Care Kerry Rogers, Director of Corporate Affairs and Company Secretary Heather Smith, Chief Financial Officer (from July 2022) Martyn Ward, Director of Digital and Transformation

Lucy Weston is Chair of the Charity Committee of the Oxford Health NHS Foundation Trust.

Governance – About the Charity

The Board of Directors has delegated responsibility for the day to day management of the Charity to the Charity Committee, who in turn delegate day to day management to the operational charity team. This meets on a quarterly basis.

Charity Registered Number 1057285

Principal Office
Warneford Hospital
Warneford Lane
Oxford
OX3 7JX

Bankers
Lloyds Bank Plc
87 London Road
Oxford
OX3 9AB

Independent Examiner
James Cowper Kreston
Chartered Accountants and Statutory Auditor
The White Building
1-4 Cumberland Place
Southampton
Hampshire
SO15 2NP

Investment Fund Manager
ABRDN Capital Limited
1 George Street
Edinburgh
EH2 2LL

Structure and Management

At 31 March 2023 the Charity was constituted of 56 funds (2022: 45). None of the funds in the year or at year-end were endowment funds. The material funds (other than control funds) at 31 March 2023 were:

	£000
Respite for Oxfordshire's Sick Youngsters (ROSY) (restricted)	317
Legacies (restricted)	112
NHS Charities Together – Stage 3 funding (restricted)	58
Wallingford Community Hospital (designated)	40
Community Directorate Fund (designated)	32
Trustwide General Fund (designated)	30

The Corporate Trustee, in fulfilling its legal duties, ensures that funds are spent in accordance with the purposes of each fund and designates funds in accordance with the wishes of donors.

Non-Executive members of the Oxford Health NHS Foundation Trust's Board of Directors ('the Board') are appointed by the Oxford Health NHS Foundation Trust's Council of Governors. Executive members of the Board are appointed by Oxford Health NHS Foundation Trust under normal staff recruitment procedures. Neither they nor the non-executive members of the Trust Board are individual trustees under charity law. All Directors and Non-Executive Directors are provided with appropriate background information in relation to their management of the Charity.

Acting for the Corporate Trustee, the Charity Committee is responsible for the overall management of the Charity. The Charity Committee is required to:

- Apply the charitable funds in accordance with the Charity's governing documents and the Charities Act 2022.
- Prepare and communicate a statement of policy for all fundraising activities, their approval, monitoring and administration to ensure that such activities, including disbursements, adhere to statutory and other relevant guidelines.
- Supervise the proper investment and administration of the charitable funds. This is done in conjunction with the Director of Finance and the Audit Committee of the Oxford Health NHS Foundation Trust, and with the support of an administrative and accounting service from the operational charity team and finance.

Structure and Management

The Trustee (the Oxford Health NHS Foundation Trust) delegates the responsibility for the Charity to the Charity Committee, which in turn delegate the day-to-day management to the operational charity team and finance.

The Charity Committee quorum is four members to include at least two Non-Executive Directors and one Executive Director. Members of the Charity Committee include the Director of Corporate Affairs & Company Secretary, a representative of the Trust's Finance Department, along with an external member, and other key stakeholders. The external member during the year was Olga Senior.

The Charity Committee meets quarterly. At each meeting items of expenditure of amounts of £500 and above are reviewed and consideration is given to investment performance, management accounts and the stewardship of the funds. In addition any requests for funding over £10k are presented for discussion and approval.

Public Benefit

In exercising its duties and powers with regard to the Charity, the Corporate Trustee has complied with its duty under s17 of the Charities Act 2011 to have due regard to the guidance on public benefit issued by the Charity Commission. The Charity aims to serve the public benefit by promoting the welfare of the patients and service users of Oxford Health NHS Foundation Trust (and where appropriate patients served by other parts of the NHS or related services). This is carried out by: promoting improvements in care over and above that which would ordinarily be provided by the National Health Service; the purchase of equipment; improvements to the care environment; and by promoting activities that assist reintegration into the community. In addition, the Charity funds activities related to the education and welfare of staff of the Oxford Health NHS Foundation Trust where this leads to better standards of care and hence benefits patients and service users.

Consolidation of Accounts

HM Treasury has concluded that in compliance with International Accounting Standard 27, the financial position and results of NHS charities should be consolidated into the accounts of the related NHS body wherever that NHS body is the corporate trustee of the charity and therefore has the power to control and benefit from the charity which it administers as corporate trustee. NHS Charities remain independent, and charity law requires that trustees act in accordance with the charity's purposes and in the best interests of the charity and its beneficiaries and do not act on the policies or directions of any other body. Therefore when the Corporate Trustee considers the affairs of the Charity, although it does have control over those affairs, it is required to make decisions solely in the interest of the Charity and its beneficiaries and not in the interests of the NHS Foundation Trust.

Consolidation is only required where the figures are material to the accounts of the NHS body. In the case of Oxford Health NHS Foundation Trust, the NHS body is the corporate trustee of the Charity, but the figures related to the Charity are not considered to be material to the accounts of the NHS body, and therefore the charity figures are not consolidated within the accounts of that body. It remains the case that the funds of the Charity can only be used for charitable purposes.

Partnership Working

Patients and service users of the Oxford Health NHS Foundation Trust are the main beneficiaries of the Charity. The Oxford Health NHS Foundation Trust is a related party by virtue of being Corporate Trustee of the Charity. By working in partnership with the Oxford Health NHS Foundation Trust, the charitable funds are used to best effect. When deciding on the most beneficial way to use charitable funds, the Charity Committee of the Oxford Health NHS Foundation Trust, acting as agent of the Corporate Trustee, has regard to the main activities, objectives and plans of the Oxford Health NHS Foundation Trust.

Reserves Policy

The Charity held £941k in total including £499k restricted funds as at 31 March 2023. Charitable reserves are defined as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objects, but which is not yet spent, committed or designated. The definition of reserves therefore excludes:

- o Restricted funds
- o Designated funds

Restricted Funds would be established where monies have been bequeathed or donated to the Charity which are subject to donor intention, which limit their use to particular purposes, arising for example from restrictions imposed by the donor. Such funds would be held and used only when a purpose for which they are available arises.

Unrestricted Funds comprise donations and other charitable income received for general purpose charitable use which are credited to general funds whenever possible or where donors have expressed wishes as to how the funds might be used they are allocated to the relevant designated fund held for the intended purpose. Funds are often derived from unsolicited donations and/or from legacies and are therefore unpredictable.

Designated funds are administered by Fund Advisors in accordance with policies and procedures set by the Trustee. The funds are monitored in terms of expenditure plans, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate reserves policy is not required for designated funds.

Within unrestricted funds, the Charity also holds net undistributed investment gains on unrestricted funds. The purpose of holding these monies is to protect the activities supported, by providing a buffer against future adverse market conditions.

General Funds are those elements of the Unrestricted Funds which have not been designated for specific purposes and which are not being held as a buffer against future adverse market conditions. General Funds are included under unrestricted funds in the Charity's accounts.

	Reserves at 31 March 2023	Expenditure 2022/23	Reserves at 31 March 2022	Expenditure 2021/22
	£	£	£	£
Mental Health General	28,516	23,883	46,365	48,593
Buckinghamshire Mental Health General	17,923	16,462	34,258	5,201
Marjorie Henderson	10,461	13,125	20,129	5,166
Total	56,900	53,470	100,752	58,961

The Committee continues to review the charitable funds regularly and to direct income (including legacies) where possible (where the term of the gift allows it) for use in trust wide general funds.

The Charity Committee reviews the position on reserves.

Going Concern

The Trustee considers that the Charity has adequate financial resources and is well placed to manage the business risks that it faces. The Trustee's assessment of the Charity's position takes into consideration the current economic climate and its potential impact on the Charity's sources of income and planned expenditure. The Trustee has a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation. Accordingly, the accounts have been prepared on the basis that the Charity is a going concern.

Risk Management

The Charity maintains a risk register containing all its principal risks and has throughout the year reviewed risks and the systems and procedures established to manage them.

The Charity has detailed Expenditure Rules which set out how funds can and should be used. These are subject to regular review.

The Charity's investments are regularly reviewed by the Charity Committee, including the comparison of returns against suitable benchmarks.

Signed by Grant Macdonald

A handwritten signature in black ink, appearing to read 'G. Macdonald.', is positioned below the text 'Signed by Grant Macdonald'.

Date 10th January 2024

Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland."

The law applicable to charities in England and Wales requires the Trustee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these accounts, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates which are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable it to ensure that the accounts comply with the Charities Act 2022, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity's trust deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and has complied with the requirements for preparing the accounts. The accounts set out on pages 32 to 65 have been compiled from and are in accordance with the financial records maintained by the Trustees.

By Order of the Trustees

Signed: Chair, David Walker



Date 10th January 2024

Director Trustee,
Grant Macdonald



Date 10th January 2024

Independent Examiner's Report to the Trustees of Oxford Health Charity ('the charity')

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2023.

Responsibilities and Basis of Report

As the Trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

Signed:

A handwritten signature in black ink, appearing to read 'M. Bath', with a long horizontal flourish extending to the right.

Dated: 18 January 2024

Michael Bath BSc FCA DChA
James Cowper Kreston
Chartered Accountants and Statutory Auditor
The White Building, 1-4 Cumberland Place, Southampton, Hampshire, SO15 2NP

Statement of Financial Activities for the year ended 31 March 2023

	Year Ended 31 March 2023		Year Ended 31 March 2022	
Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000	Total Funds £000
Income from:				
Donations and Legacies	3			
Donations & voluntary grants	46	198	244	268
Legacies	3	-	3	132
Grants – other	-	30	30	130
Sub total: donations & legacies	<u>49</u>	<u>228</u>	<u>277</u>	<u>530</u>
Investments	8.3	8	22	22
Total income	<u>63</u>	<u>236</u>	<u>299</u>	<u>552</u>
Expenditure on:				
Raising funds				
Costs of generating voluntary income	9	-	9	15
Investment management costs	6	-	6	8
Sub total: expenditure on raising funds	<u>15</u>	<u>-</u>	<u>15</u>	<u>23</u>
Charitable activities	6,7			
Patient welfare	140	306	446	442
Staff welfare	26	1	27	51
Research and education	52	12	64	136
Sub total: expenditure on charitable activities	<u>218</u>	<u>319</u>	<u>537</u>	<u>629</u>
Total expenditure	<u>233</u>	<u>319</u>	<u>552</u>	<u>652</u>
Net gains/(losses) on investments	(42)	(22)	(64)	46
Net income/(expenditure)	<u>(212)</u>	<u>(105)</u>	<u>(317)</u>	<u>(54)</u>
Transfer between funds	26	(26)	-	-
Net movement in funds	<u>(186)</u>	<u>(131)</u>	<u>(317)</u>	<u>(54)</u>
Reconciliation of funds:				
Total funds brought forward at 1 April	<u>628</u>	<u>630</u>	<u>1,258</u>	<u>1,312</u>
Total funds carried forward at 31 March	<u>442</u>	<u>499</u>	<u>941</u>	<u>1,258</u>

Comparative figures for each class of funds are provided in note 12 to the accounts.

All income and expenditure resources relate to continuing operations.

The Charity has no gains or losses other than those recognised in this Statement of Financial Activities

The notes on pages 50 to 65 form part of these accounts.

Balance Sheet as at 31 March 2023

	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2023 £000	Total Funds 2022 £000
Fixed assets					
Investments	8.1	377	199	576	805
Total fixed assets		377	199	576	805
Current assets					
Debtors	9	2	-	2	21
Cash at bank and in hand		91	354	445	494
Total current assets		93	354	447	515
Liabilities					
Creditors: Amounts falling due within one year	10	54	28	82	62
Net current assets/ (liabilities)		39	326	365	453
Net assets		416	525	941	1,258
Funds of the Charity					
Income funds:					
Restricted	11.1	-	499	499	630
Unrestricted	11.3	442	-	442	628
Total funds		442	499	941	1,258

Comparative figures for each class of funds are provided in note 13 to the accounts.

The notes on pages 50 to 65 form part of these accounts.

These accounts (Registered Charity number 1057285) were approved by the trustee on 13th December 2023 and were signed on its behalf by:

Grant Macdonald

Date: 10th January 2024

Notes to the Accounts

1. Basis of Preparation

The accounts have been prepared under the historic cost convention, with the exception of investments which are included at market value. The accounts comply with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2022.

The accounts have been prepared on the going concern basis which assumes the Charity will continue for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation.

The Charity has taken advantage of the exemption available under FRS 102 and has not produced a Cash Flow Statement as it is a small charity. The principal accounting policies, which have been applied consistently throughout the current financial year are set out below.

1.2 Income

a) Donations

All donations are included in full in the Statement of Financial Activities as soon as the following three factors can be met:

i) entitlement - when control over the rights or other access to the economic benefit has passed to the charity (in the case of a donations, entitlement usually arises immediately on its receipt); and

ii) probable - when it is more likely than not that the economic benefits associated with the transaction or gift will flow to the charity; and

iii) measurement - when the monetary value or amount of the income can be measured reliably and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably.

b) Legacies
Legacies are accounted for upon receipt or where receipt of the legacy is probable and the amount receivable can be estimated with sufficient accuracy. This will be once confirmation has been received from the representatives of the estate that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled and the amount receivable is known with reasonable certainty.

c) Grants
Income from grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

If the grant has conditions attached which must be fulfilled before the Charity has control of the resources, the meeting of these conditions is within the Charity's control and there is sufficient evidence that the conditions will be met, then the grant is recognised. However, where the meeting of the conditions is not probable or not within the control of the Charity, the grant would not be recognised until the conditions set have been met.

If a donor imposes a time period in which the expenditure of resources can take place, and a grant is received for expenditure that must take place in a future accounting period, it would be accounted for as deferred income and recognised as a liability until the accounting period in which the Charity is allowed by the condition to expend the resource. If the donor has given the condition that they can recover any unexpended part of the grant, the liability for any repayment would be recognised only when repayment becomes probable.

d) Income from Charitable Activities and Other Trading Activities
Income from charitable activities and other trading activities is accounted for on an accruals basis as goods or services are supplied.

e) Income from Investments
Investment income is accounted for in the period in which the Charity is entitled to receipt and the amount can be measured with reasonable certainty.

f) Allocation of Income to Funds
Income is credited to a fund which will benefit the area where the donor has imposed a restriction or expressed a wish, for how their gift should be used and are classified as restricted or designated funds accordingly. If the donor has not expressed a wish for how their gift should be used, it is credited to an Unrestricted General fund and used at the Trustee's discretion in accordance with the objects of the Charity.

1.3 Expenditure

- a) The accounts are prepared in accordance with the accruals concept.

All expenditure is recognised once there is a legal or constructive obligation committing the Charity to the expenditure.

The Statement of Financial Activities provides an analysis of expenditure based on the nature of the activity undertaken. Expenditure is divided between three main activities:

Raising Funds, Charitable Activities and Other (if required).

- b) Raising Funds

These include the costs of generating voluntary income (fundraising costs), costs of fundraising trading and investment management fees. These costs are apportioned directly against the individual funds generated.

- c) Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the Charity's objectives and inline with SORP 2015 (FRS 102) also include governance costs for the Charity. Expenditure on charitable activities will be for the benefit of Patients, Staff, Research or Education. Throughout these accounts the term 'patients' refers to patients and service users. The costs include the direct costs of the charitable activities together with governance & support costs that enable them to be undertaken.

Governance & Support Costs

Governance costs include the costs of governance arrangements which relate to the general running of the Charity, allowing it to operate and to generate the information required for public accountability. Included under this heading are direct costs such as independent examination, legal advice and costs associated with statutory requirements such as preparing statutory accounts.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the activity. Support costs are allocated to charitable activities in the Statement of Financial Activities.

Support costs are accounted for on an accruals basis and charged to the Administration control account.

Both governance and support costs are allocated to charitable activities in the SOFA and further details provided in note 7.

d) Apportionment of Governance and Support Costs

The majority of governance and support costs are recognised within the reserves against the net control fund held in control accounts. Apportionment across individual funds is considered for specific governance project costs.

e) VAT

VAT is charged gross as the charity is not VAT registered.

Liabilities

Liabilities are recognised at their settlement value or best estimate where the final settlement value is unknown.

1.4 Structure of Funds

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as designated funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

1.5 Fixed Asset Investments

Fixed asset investments comprise Common Investment Funds and cash and are managed by a ABRDN Capital (formerly Standard Life Aberdeen plc).

Investments are shown at market value as at the balance sheet date. The market value is the mid-price on 31 March as supplied by the investment managers.

The Statement of Financial Activities includes the net gains (or losses) arising on revaluation and disposals of investments throughout the year.

1.6 Current Asset Investments

Where, as part of the management of the investment portfolio, cash deposits are held at bank on terms of under one year and are now accessible with less than 24 hours notice, they are shown as current asset investments.

1.7 Investment Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or cost at date of purchase, if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening market value (or cost at date of purchase, if later).

1.8 Taxation

Oxford Health Charity is a registered charity and as such benefits from certain exemptions from taxation on income and gains, to the extent that they are applied for charitable purposes.

1.9 Key Assumptions and Judgements

The charity accrues for items of expenditure which relate to the previous year where invoices have not been processed or received before the year end. Estimates are made in some instances where invoices have not been received based on activity and/or expenditure for the year to date. No significant judgements have been made in preparing the accounts. No key assumptions have been made regarding any sources of estimation uncertainty with a significant risk of causing a future material adjustment.

2 Related Party Transactions

The sole corporate trustee of the Charity is Oxford Health NHS Foundation Trust ('the Trust').

The results of the Charity are not consolidated into the accounts of the Trust for the year, as discussed in more detail in the trustee's Annual Report.

The members of the Trust's Board of Directors during the year are disclosed in the Annual Report of the Charity.

During the year none of the members of the Trust's Board of Directors or members of the key management staff or parties related to them have undertaken any material transactions with the Charity. No expenses or remuneration were paid to the members of the Trust's Board of Directors from the Charity during the year (members of the Trust's Board of Directors, some of whom are employees of the Trust, are remunerated by the Trust in respect of the work that they carry out for the Trust). None of the transactions below relate to trustees or key management personnel.

Transactions between the Charity and Oxford Health NHS Foundation Trust 2021/22

	Creditor b/fwd a 1 Apr 22	Expense incurred in year	Paid in year	Creditor c/fwd at 31 Mar 23
	£000	£000	£000	£000
To reimburse the Trust for salary payments for clinical staff and charity support staff (none made for trustees or key management personnel)	4	236	220	20
To reimburse the Trust for miscellaneous goods and services purchased on behalf of the Charity	2	153	115	40
	<hr/>	<hr/>	<hr/>	<hr/>
Total expenditure	6	389	336	60

3 Income and Donations

3.1 Income from donations & voluntary grants

Donations are received from individuals.

3.2 Income from legacies

Legacy income is only included in incoming resources when receipt is probable and the amount is known/or can be reliably estimated, or the legacy has been received.

3.3 Grants

No contractual grant income was received in the year.

4 Charitable Activities

Income from charitable activities comprises income from courses and speaking events.

5 Other Trading Activities

Income from other trading activities comprises income from the sales of donated goods. The costs related to this activity are included within 'Fundraising trading: costs of goods sold and other costs'.

6 Analysis of Charitable Expenditure

	Equipment	Other Activities	Support Costs	Governance Costs	Total 2023	Total 2022
	£000	£000	£000	£000	£000	£000
Patient welfare and amenities	-	383	8	55	446	442
Staff welfare and amenities	4	20	1	2	27	51
Research and Education	23	38	1	2	64	136
	27	441	10	59	537	629

7 Analysis of Governance and Support Costs

7.1 An allocation of overhead and support costs has been made to governance costs.

2023	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs £000	Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs £000
Other Costs	59	-	59	10	69
	59	-	59	10	69

2022	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs £000	Overhead and Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs £000
Other Costs	44	-	44	12	56
	44	-	44	12	56

Other Costs include printing stationery, capital charges and administrative costs.

7.2 Allocation of Support Costs

The support costs not related to governance activities are then allocated to expenditure on charitable activities based on the purposes of each fund across the four main charitable activities of the Charity as follows:

	Patient Welfare £000	Staff Welfare £000	Research £000	Education £000	Total 2023 £000	Total 2022 £000
Other costs	8	1	-	1	10	12
	8	1	-	1	10	12

7.3 Analysis of Staff Costs

The Charity does not directly employ any staff, however the Charity's development and financial functions are provided by Oxford Health NHS Foundation Trust which remunerated from the charity.

8 Analysis of Investments

8.1 Movement in Fixed Asset Investment

	Non-Cash Investments £000	Cash Investments £000	Total 2023 £000	Total 2022 £000
Market value brought forward at 1 April	750	54	804	1,055
Less: Disposals proceeds	(331)	(377)	(708)	(706)
Add: Additions to investments at cost	191	341	532	408
Net gain/ (Loss) on revaluation	(52)	-	(52)	48
Market value carried forward at 31 March	558	18	576	805
Historic cost at 31 March	527	18	545	765

8.2 Market Value of Fixed Asset Investments at 31 March

	Total 2023 £000	Total 2022 £000
Investments in Common Investment Funds	558	750
Cash held as part of the investment portfolio	18	55
	576	805

The fixed asset investments are domiciled in the UK, except for the sum of £74k (2022/23: £119k) which is invested in non-UK domiciled investment funds.

8.3 Analysis of Investment Income

	Total 2023 £000	Total 2022 £000
Gross Income from Investments		
Investments in Common Investment Funds	22	22
	22	22

9	Analysis of Debtors					Total	Total
	Debtors due within one year					2023	2022
						£000	£000
	Prepayments and accrued income					2	21
						<u>2</u>	<u>21</u>
10	Analysis of Creditors					Total	Total
	Creditors Falling due Within One Year					2023	2022
						£000	£000
	Accruals					24	33
	Other creditors					58	29
						<u>82</u>	<u>62</u>
11	Analysis of Funds	Balance					Balance
		B/Fwd at	Income	Expenditure	Investment	Transfer	C/Fwd at
11.1	Restricted Funds	01/04/22			gains/losses		31/03/23
	Material Funds	£000	£000	£000	£000	£000	£000
	Respite for Oxfordshire's Sick Youngsters ROSY	372	182	(236)	-	-	318
	Legacies	119	9	(16)	-	-	112
	NHS Charities Together	10	-	(10)	-	-	0
	NHS Charities Together – Stage 3	58	-	-	-	-	58
	Investment Control Account	-	-	-	(22)	-	(22)
	Other Funds	71	45	(57)	-	(26)	33
	Total	630	236	(319)	(22)	(26)	499
	Restricted Funds - Comparatives	Balance	Income	Expenditure	Investment	Transfer	Balance
		B/Fwd at			gains/losses		C/Fwd at
		01/04/21					31/03/22
	Material Funds	£000	£000	£000	£000	£000	£000
	Respite for Oxfordshire's Sick Youngsters ROSY	362	253	(243)	-	-	372
	Legacies	53	96	(30)	-	-	119
	NHS Charities Together	72	-	(61)	-	(1)	10
	NHS Charities Together – Stage 3	-	132	(74)	-	-	58
	Investment Control Account	-	-	-	-	-	-
	Other Funds	68	9	(6)	-	-	71
	Total	555	490	(414)	-	(1)	630

11.2 Details of Material Restricted Funds

Respite for Oxfordshire's Sick Youngsters - ROSY funds

Patient welfare including respite nursing for terminally, acutely or chronically ill children and babies in their homes.

11.3 Unrestricted Funds	Balance B/Fwd at 01/04/22	Income	Expenditure	Investment gains/losses	Transfer between funds	Balance C/fwd at 31/03/23
	£000	£000	£000	£000	£000	£000
Investment Control Account	209	21	(121)	(42)	-	67
Community Directorate Fund	59	1	(28)	-	-	32
Trustwide General fund	46	6	(22)	-	-	30
Wantage Hospital	35	1	(1)	-	-	35
Wallingford Community Hospital	44	0	(4)	-	-	40
Oxford Health Arts Partnership	6	11	(5)	-	-	12
Other Funds	229	23	(52)	-	26	226
TOTAL	628	63	(233)	(42)	26	442

Unrestricted Funds: Comparatives

Unrestricted Funds

	Balance B/Fwd at 01/04/21	Income	Expenditure	Investment gains/losses	Transfer between funds	Balance C/fwd at 31/03/22
	£000	£000	£000	£000	£000	£000
Investment Control Account	266	20	(123)	46	-	209
Community Directorate Fund	20	1	(20)	-	58	59
Trustwide General Fund	74	17	(45)	-	-	46
Wantage Hospital Fund	73	-	(38)	-	-	35
Wallingford Community Hospital	61	-	(5)	-	(12)	44
Other Funds	263	33	(16)	-	(45)	235
TOTAL	757	71	(247)	46	1	628

11.4 Details of material unrestricted funds

Name of fund	
Net control funds held in control accounts	Net control funds is comprised of net investment gains and income less administration charges prior to distribution/ charging to unrestrictive funds
Trustwide General fund (4000)	For the benefit of patients and staff trust wide – general – designated
Wantage Hospital fund (3026)	Funds to support the services provided by Wantage hospital - designated
Wallingford Community Hospital fund (3029)	Funds to support the services provided by Wallingford hospital- designated
Community Directorate Fund	Fund to support the services provided by current Trust directorate - designated
Other Funds	Other funds of £235k

Charities SORP (FRS '102) requires comparative information for each class of funds presented in the SoFA. Note 12 below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

12 Fund Comparatives

	Comparative per Fund Class as at 31 March 2022		
	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000
Income from:			
Donations and Legacies			
Donations	46	222	268
Legacies	3	129	132
Grants – from other NHS charities	-	-	-
Grants – other	-	130	130
Sub total: donations and legacies	49	481	530
Charitable activities	-	-	-
Investments	22	-	22
Total income	71	481	552
Expenditure on:			
Raising funds			
Costs of generating voluntary income	15	-	15
Investment management costs	8	-	8
Sub total: expenditure on raising funds	23	-	23
Charitable activities			
Patient welfare	136	306	442
Staff welfare	29	22	51
Research and Education	59	77	136
Sub total: expenditure on charitable activities	224	405	629
Total expenditure	247	405	652
Realised and unrealised losses on revaluation and disposal of investment assets	46	-	46
Transfer between funds	1	(1)	-
Net (expenditure) and net movement in funds for the year	(129)	75	(54)
Reconciliation of funds:			
Total funds brought forward at 1 April	757	555	1,312
Total funds carried forward at 31 March	628	630	1,258

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the Balance Sheet.

Note below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

13 Fund Comparatives

Comparative per Fund Class as at 31 March 2022

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2020 £000
Fixed assets			
Investments	584	221	805
Total fixed assets	<u>584</u>	<u>221</u>	<u>805</u>
Current assets			
Debtors	3	18	21
Cash at bank and in hand	62	432	494
Total current assets	<u>65</u>	<u>450</u>	<u>515</u>
Liabilities			
Creditors: Amounts falling due within one year	21	41	62
Net current assets/(liabilities)	<u>44</u>	<u>409</u>	<u>453</u>
Net assets	<u>628</u>	<u>630</u>	<u>1,258</u>
Funds of the Charity			
Income funds:			
Restricted	-	630	630
Unrestricted	628	-	628
Total funds	<u>628</u>	<u>630</u>	<u>1,258</u>



Oxford Health Charity

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Oxford
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www.oxfordhealth.charity



charity@oxfordhealth.nhs.uk



OxfordHealthCharity



OxHealthCharity



Oxford-health-charity

Registered Charity: 1057285

OXFORD HEALTH CHARITY

England & Wales - Charity number 1057285

Accounts

Supporting Oxford Health NHS Foundation Trust to enhance the experience of patients, carers and staff



Oxford Health Charity
Annual Report
2021/2022





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Welcome



Welcome to our annual report for 2021/22 which encompasses the required financial reporting as well as the human side of charity – detailing the impact of charity funded projects, fundraising endeavours and appeals.

As ever, it is an important part of our work that charity funding spans the wide geography and scope of services within Oxford Health NHS Foundation Trust, and this report highlights projects from across the region that have been supported during the year.

The impact of COVID has continued to be felt throughout the Trust and projects to support wellbeing – of patients, carers and staff – have been at the forefront of our work. Thanks for the donations that make this possible again goes to donors who have given to umbrella charity, NHS Charities Together, as well as our own amazing fundraisers and donors, this national and local support has been a heartwarming positive in the most difficult times.

Your support – whether financial, social or physical – is truly appreciated and makes a difference everyday.

Oxford Health Charity



Our Mission

Our mission at Oxford Health Charity is to enhance the experience of patients, carers, families and staff involved with the services of Oxford Health NHS Foundation Trust.

The Trust delivers physical, mental health and social care for people of all ages across Oxfordshire, Buckinghamshire, Swindon, Wiltshire, Bath and North East Somerset. Our services are delivered at community bases, hospitals, clinics and in people's homes. The Charity supports all these services over and above NHS funding.

Our Strategy

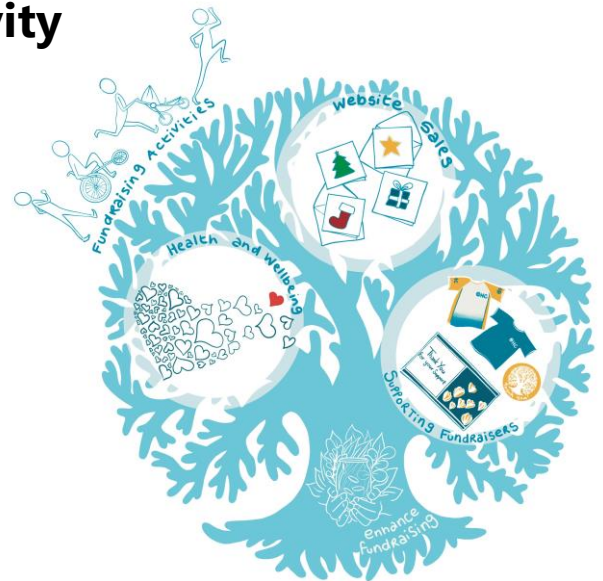
The main focus of the 2019-22 Oxford Health Charity Strategy is to increase the positive impact the charity can have on supporting patients, carers and staff within Oxford Health NHS Foundation Trust. The strategy was developed in 2019 through a series of consultation workshops with key stakeholders and was described in those as the start of a journey to achieving a successful, impactful and celebrated charity. As the strategy came to a close in 2022, a full review of the last three years has taken place and, despite a sometimes difficult road thanks to the COVID-19 pandemic, the journey that the charity has been on has seen a host of positive achievements and changes which have led to more patient, carer and staff support than would have been considered possible in 2019. The winding road of this journey has been perfectly illustrated in this image and the trees on the subsequent pages – meeting our aim to make the charity journey accessible to as many of our community as possible.



The following pages outline the four objectives from the 2019-22 Strategy and the key achievements linked to them. Delivery against this strategy would not have been possible without the support of our Corporate Trustee, Charity Committee, Fund Advisors and all those who have fundraised, championed and supported the charity over the last three years.

1 To enhance fundraising activity

Work has been ongoing throughout the three years of the strategy to increase engagement in fundraising, widen opportunities for individuals, organisations and teams to donate or take part in events and identify new ways in which fundraising for the charity can be undertaken. Despite the impact of the pandemic on group/in-person events, involvement in fundraising activities has grown considerably during the last three years with regular involvement in events like the Oxford Half Marathon, Blenheim 7K and Inflatables runs alongside individual challenges like ultra marathons, climbs, triathlons and cycles.



There has also been a growth in health and wellbeing related fundraising and activities – particularly linked to the Oxford Health Cares Appeal launched in the pandemic to support staff wellbeing. In addition to these community based fundraising activities, the charity has also started to explore the potential of ‘sales’ opportunities with a charity calendar in 2021 which raised funds for Green Spaces and percentage of sales donations from arts and crafts businesses like Becky Paton Mosaics and Rainbow Buttons. While small so far, these new ways of encouraging donations demonstrate a wider awareness of the charity across the communities we support and enable future growth.

2

Enabling efficient and effective expenditure



The way in which individuals and teams across the Trust can access funds has a direct impact on the breadth of projects that can be supported and, ultimately, the enhancements to patient experience that can be made.

Work has been ongoing throughout this period to make all processes more efficient and effective with a move to online request forms coinciding with the pandemic and enabling a smooth transition to new ways of working. The online forms are now used almost exclusively and increased numbers of requests for funding have been received year on year.

An online approach has also been taken for two 'dragon's den' style events which have widened the impact of charity funds across innovative patient-centred projects across the Trust.

Charitable funds held in investments have been the focus of both ethical and risk reviews during the strategy period, with a strong ethical policy agreed by the Charity Committee in 2021. The Committee has also undertaken a full review of all funds held within the charity and are particularly thankful to our committee's external member for the archive review which highlighted key learning points for future management of legacies. The number of funds in total has increased but the majority of those added in the strategy period have been restricted or specifically linked to grants from NHS Charities Together.

3 Promotion and celebration of Oxford Health Charity

Increasing awareness of the charity, the projects that it supports and the impact these have on patients, carers and staff is absolutely vital to the ongoing growth of charitable donations and engagement.

This area of work was initiated by the launch of the charity website in late 2018 and has been further boosted by the introduction of social media profiles on Facebook, Twitter and Linked In. Both approaches have seen increasing engagement throughout the strategy timeframe with website traffic almost doubling from the beginning of the period to the end and all social media channels being followed by between 185 and 250 individuals or companies. Internal promotion has also increased with a regular charity page within the weekly Bulletin and stories highlighting case studies shared with team meetings and the Board.

In addition to traditional communication methods, the charity has also introduced t-shirts for volunteers supporting charity related projects and branded signage for equipment purchased through charitable funds. The increase in requests, support and advocacy for the charity is in direct correlation to the increase in positive promotion and celebration of charity projects.



4

To increase resources in support of Oxford Health Charity



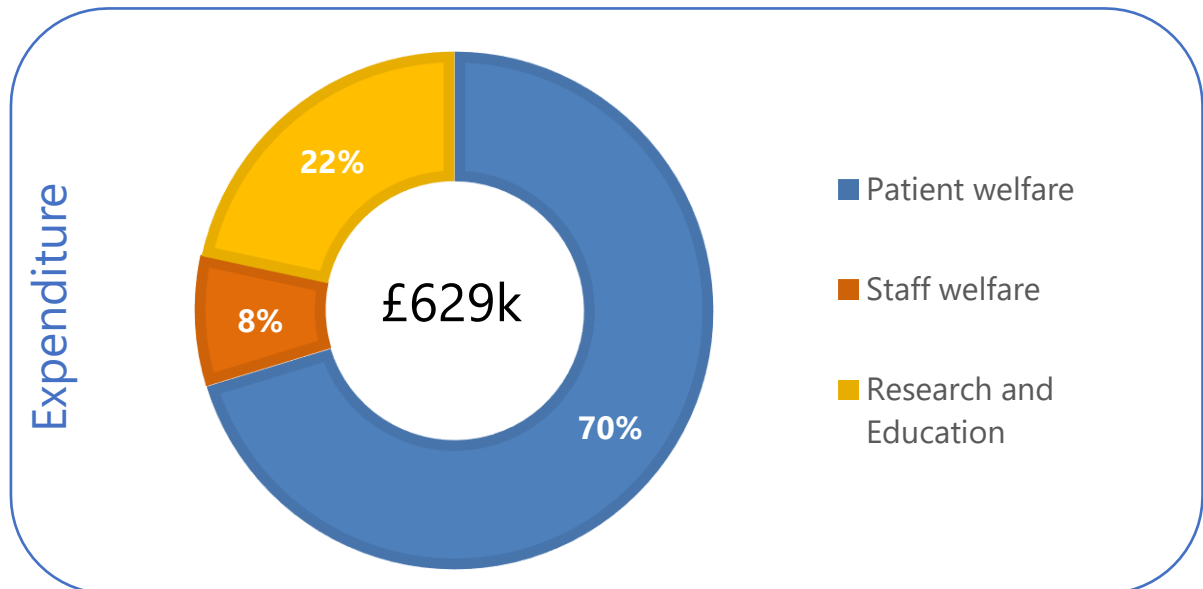
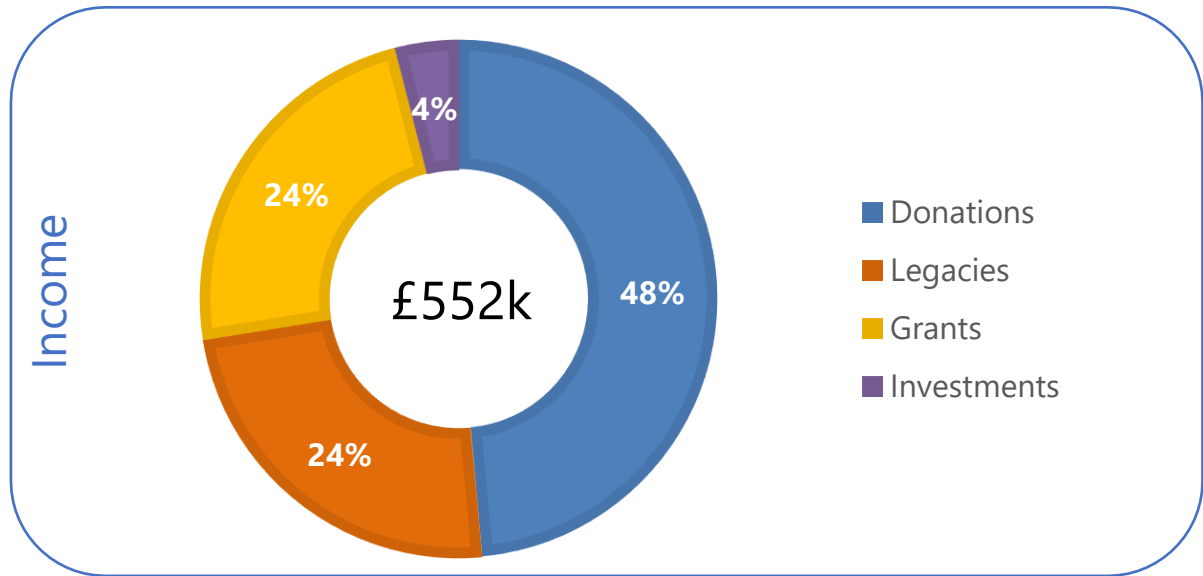
At the beginning of the strategy period, the charity resources consisted of a percentage of the time of the Head of Charity and Involvement and the contracted finance management support. To enable the charity to grow and meet the ambitions of this strategy, a business case was approved to introduce a Development Manager with responsibility for fund request support, fundraising developments and promotion. The Development Manager started just prior to the first lockdown in 2020 and has been an essential addition to the charity – enabling significant growth and implementing new support structures during a difficult period.

In addition, new volunteering roles have been implemented both to support the charity functions and also wider charity funded projects. The charity has also benefitted from increased engagement from service leads in their roles as fund advisors and the Charity Committee members. The Charity Committee has encouraged more operational attendance by splitting its quarterly meetings into governance and development agendas, allowing operational engagement with impact reports and requests for the higher levels of funding.

Next Strategic Steps

Consultation, benchmarking and research is currently underway to ensure that the next strategy meets the ambition and drive needed to continue to grow Oxford Health Charity for the future. It is anticipated that this strategy will see further growth in resources alongside focussed objectives to support outstanding care, people, environments and innovation.

Financial Snapshot



Our Current Appeals



Where the Need is Greatest



Oxford Health Cares

Supporting staff wellbeing



In Memory

Making a donation in memory of a loved one is a very personal way of supporting the team, ward or service that supported them in their time of need



Respite for Oxfordshire's Sick Youngsters (ROSY)

Supporting families by providing respite care to young people with life limiting illnesses



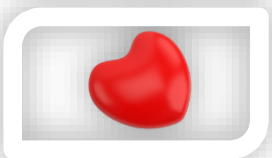
Oxford Health Arts

Delivering projects and activities engaging those receiving care in expressing themselves through the arts



Green Spaces

Bringing our outdoor spaces to life, making a positive difference for our patients, staff and visitors



Service Specific Appeals

Supporting specific services across the Trust including Community Hospitals and Services; Buckinghamshire Mental Health and Oxfordshire and West Mental Health services

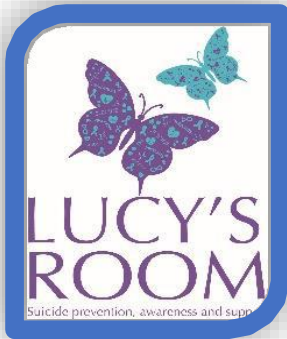
Appeals to look out for in 2022 and beyond



PICU (Psychiatric Intensive Care Unit)

A new PICU is being developed at the Warneford Hospital in Oxford. Our new PICU appeal focuses on four enhancements

- Gym – a garden exercise room
- Sensory room – a bespoke sensory space
- Art – unique pieces created to compliment the services provided
- Garden – establish safe and engaging green spaces



Lucy's Room

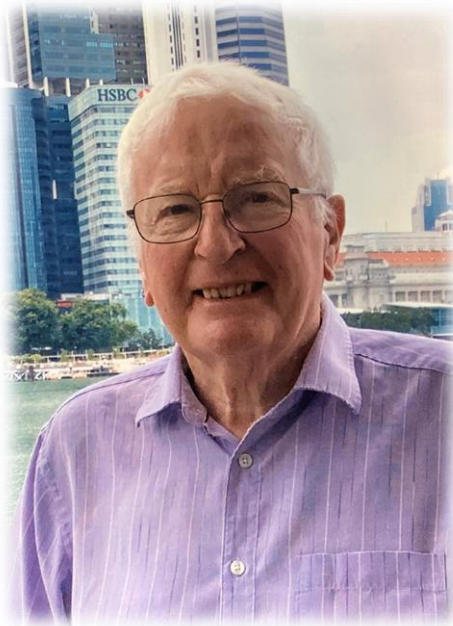
Lucy's Room is an appeal started by Lucy's family following her death in 2017. The aim of the appeal stems from Lucy's previous use of the music room in the Highfield Unit (a Child and Adolescent Mental Health Unit) which she was unable to access once she moved into Adult Mental Health Wards and community support. The development of Lucy's Room will mean that those receiving care on the ward or through the community mental health teams will have a space where they can make music, play music and receive music therapy sessions.

After five years of fundraising the music room building works began in 2022.



Remembering George Hedges

It is with great sadness that we mark the passing of one of the ROSY family. The ROSY (Respite for Oxfordshire's Sick Youngsters) fund is a vital part of the Oxford Health Charity and has been running for the last 20 years to provide funding for respite care to families with children with severe and life limiting illnesses. George Hedges was at the centre of ROSY – he was a fundraiser, an advocate, a friend, a passionate speaker, an organiser and a support to all those involved with ROSY and he will be sadly missed.



George and the rest of the ROSY team – all volunteers bar one – regularly raise over £250,000 a year to ensure the respite services continue to be available for those families who need it most. But alongside this tireless fundraising, George also offered a personal support to families through hosting (with his wife) coffee mornings, curry nights, parties, events and more. He was always present at the big fundraising events of the year – whether that was the Stately Car Boot sale that ran for many years at Cornbury or the annual ROSY walk – and championed ROSY at talks and events across the county to raise funds. He was a keen advocate for the families and met with the Oxford Health team regularly to ensure they were getting the support they needed, that respite hours were being given to those most in need and, ever caring, that the nurses and staff were also being supported as they needed.

George is remembered fondly by so many and he has left a lasting legacy in the respite care provided.

George, always quick to respond and happy to help, going above and beyond for families in need. Friendly, approachable, chatty and kind. A pleasure to work with and such a modest wonderful man.

He helped my son by funding an electronic robot for school so that he could continue with his schooling from home.

George also organised many other activities and fun days catering for all of the specialist needs of the children. The children were always at the centre of everything he did. He will be missed greatly by many families as well as the members of the Rosy team, and of course a lot of the sponsors who generously donated to the charity.

I look back fondly at the monthly coffee mornings, held in turn at each of the committee member's houses including my own, when parents could share their stories, children and siblings could play and the room was filled with laughter ... I cannot tell you what a privilege it is to have known George. He set a shining example to all who knew him, he was good to the core of his soul, he gave and he gave and he gave, caring deeply about every single person he knew.

He had a heart of gold, nothing was ever too much to ask, if he couldn't make it himself he would get someone else to make it or get funding to buy it.

He was always an active leader at the big fundraising events of the year – whether that was the Stately Car Boot sale that ran for many years at Cornbury or the annual ROSY walk – and championed ROSY at talks and events across the county to raise funds.

George made me feel welcome when I joined the Oxford Health Charity and left me in awe of his ability to fundraise even at the most difficult times. He persevered even when unwell himself and always had the ROSY families in the forefront of his thoughts.

"He got it" He understood what families go through with disabled or poorly children ... We as a family will whole heartedly miss George, he will always have a place in our hearts.

I always remember him recounting the story of the Yorkshire Ripper in many meetings much to everyone's astonishment as occasionally it came out of the blue and appeared quite unrelated to the matter in hand!

As the Executive Lead for the Charity, I was fortunate to meet George very early on in my appointment to Oxford Health FT. He was always constructively challenging in his quest to get the best for the families he cared passionately about and that challenge I believe led us together to foster strong relations between ROSY and the hospital charity. He became a great colleague and I admired very much his dedication to helping others as well as his wicked sense of humour which I will miss greatly.



Highlights of the Year

We supported a series of art workshops organised by Oxford Health Arts Partnership inviting staff members to create a piece of artwork based on their experiences of the Covid pandemic.

Alongside local artists, the participants took part in a series of wellbeing enhancing creative activities. They were able to express in words and picture their experiences in a creative environment.

The workshops were well received by everyone that took part; one staff member said "I came to the workshops a little unsure. I think this was mainly because of the time commitment. However, by the time of the last meeting I found myself really looking forward to it and felt so disappointed they were ending!"



April 2021

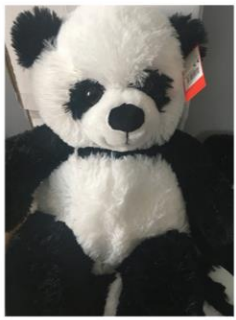


We were grateful to the local supermarkets near to the Fiennes Centre in Banbury, who donated Easter Eggs for the team



We purchased two brightly coloured armchairs and a table for the visitors waiting area at Wallingford Community Hospital.

This has been a great asset to the building and is used constantly during the day by visitors who are waiting to go onto the ward, its added a real pop of colour to the corridor and really brightens the place up aswell. The table has a leaflet holder so that the latest copy of the charity newsletter and other information can be read by visitors.



We received a lovely and quite random donation of panda teddy bears from a local supermarket! These were passed on to our Family Nurse Partnership who gratefully distributed onto some of the young families they work with.



We were excited to welcome back the talented musicians from Orchestra of St John's across the forensic services wards at Littlemore Mental Health Centre in Oxford. Our funding enabled a 30 minute mini outdoor concert to be performed each week. Staff and patients enjoyed a diverse range of genre and instruments including classical, jazz and film music; and instruments range from harp to clarinet.

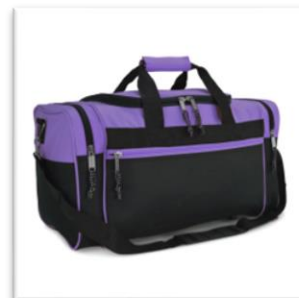
Over the last 18 months musicians have not been able to perform very much, if at all, in front of a live audience. For many of them this has been a hard period and the project gives them an opportunity to engage with people again doing what they love. You can see that the musicians enjoy performing for people, it energises them, and this gets passed on to our service users.



We provided the newly formed Dialectical Behaviour Therapy team in Buckinghamshire with a DBT Skills training handout and worksheets book to give out to their service-users. Prior to charity funding material adhoc sheets were printed out.

Being able to supply our clients with their own workbook, gives a more professional feel to the service, increase accessibility to their therapy handouts and worksheets and save on admin time. Thank you!

On occasions patients arrive at our mental health inpatient units with their belongings in a bin bag. To help maintain dignity, we purchased some duffle bags for patients to use when they leave our inpatient units to take their belongings home in.



A familiar visit to the local can now be enjoyed by the gentlemen on Sandford Ward, thanks to the opening of the Wyfold Social Club. The male patients, who are over 65 and are experiencing severe mental health and/or dementia, are now able to enjoy a space to relax and get together in comfortable and safe surroundings reminiscent of a social club, within the ward at Fulbrook Centre, Churchill Hospital in Oxford.

This was made possible thanks to a generous donation from Wyfold Charitable Trust made to Oxford Health Charity. The Sandford Ward staff were keen to recognise this, hence the name the 'Wyfold Social Club'.

Patients are able to enjoy this space with pub-like furniture and furnishings including blackboards, posters and signage and the pub games such as cards, dominoes and a (magnetic) dart board. Also (plastic) tankards, and cocktail shakers to enjoy a (non-alcoholic) beverage alongside a packet of pork scratchings! But the most popular piece seems to be the juke box enabling the gentlemen to select and enjoy music of their choice. Sandra Diesel, Activity Coordinator on Sandford Ward explained



The team felt that a social club would be a meaningful addition to the ward to spend time with the patients in a relaxed and familiar environment. From our Grand Opening it was noticeable how everyone felt more at ease and conversations were free-flowing. We are all looking forward to regularly being able to use the new Wyfold Social Club

Members of the 1 Regiment 23 squadron took on a 440km static bike challenge in under 12 hours to raise money for their local community hospital in Bicester.

As part of the society, we are extending our support to our Bicester local community hospital for their time and effort they have given to help those in need, especially in covid times when the whole country was suffering.



We joined in the national NHS Big Tea celebrations and encouraged Oxford Health NHS FT teams to take a break and enjoy a cup of tea.



We provided teams with packs containing tea, coffee and biscuits. Thanks to our volunteers we could distribute to teams throughout our sites in Oxfordshire, Buckinghamshire and Wiltshire.



Patients and staff also enjoyed a series of tea parties held within Oxfordshire's community hospitals. As well as refreshments, the charity funded musicians to lift spirits.



We funded some colourful modern seating for the newly renovated CAMHS outpatients waiting area in High Wycombe.

The seating is more cheerful, welcoming and hygienic as they are easier to clean than standard seating.



Paul Stack from Chiltern Rangers took on the gruelling 100km Race to the Stones ultramarathon to raise money for our Green Spaces appeal.



We were delighted to support the City Community Learning Disabilities service with a library of Books Beyond Words. These are wordless picture stories covering topics including physical and mental health, lifestyle and relationships, abuse and trauma, grief and bereavement, employment, and criminal justice.

They provide an accessible reasonable adjustment aid to communication for a wide variety of patients including people with learning disabilities and/or autism, people with cognitive or communication difficulties, such as Dementia, people who have difficulty with reading, including some Deaf people, and people who do not use the language of the country where they are living. A valued resource for many!

Over 40 members of Oxford Health NHS FT staff and family/friends took part in an Inflatable Fun Run. Helping to relieve some of the pressures of work, build team morale all whilst fundraising for our charity.

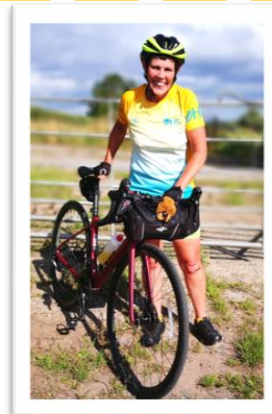
We had a great sense of camaraderie fundraising for a cause we are passionate about!



We warmly welcomed some young people from Headington School in Oxford, who helped with some painting and gardening at City Hospital.



They also made us some beautiful bird feeders that we placed in different sites over the Trust.



Libby Pannett-Smith, an Occupational Therapist at Marlborough House in Swindon donned her lycras to take on the incredible 1000+ mile bike ride from Lands End to John O'Groats to raise funds for our charity and in particular the Positivity Pot.



Young people at our Highfield Unit in Oxford pieced together a new mosaic over the summer holidays, supported by charity funds. Local artist Becky Paton designed the mosaic based on drawings by the young people on the Unit.

Leading mosaic projects at the Highfield is always a highlight to my year... The act of mosaic making is incredibly mindful and involves great teamwork. The positive effects of these attributes are tangible within the group, which is a joy to be part of and a strong reminder that creativity is a vital part of holistic care for individuals.



This years annual **HealthFest** event focussed on staff health and wellbeing with the theme of Reflection and Recovery. All staff, volunteers and governors were encouraged to join in one (or more!) of our online sessions.

We worked to offer a variety of sessions to cater for different interests including coaching, origami, Indian cookery, seated dance, military fitness, gardening, wellbeing through art – and much more!

The most relaxing hour I've had during my working day EVER!!

loved it - so peaceful and calming

I feel enlightened and ready to take the next steps on my wellness journey

loved it, it helped my upper body pain issues

I felt empowered to begin challenging some of my negative thoughts.

Clearer appreciation of ME - and my own values and that I should place more importance on them!

Felt relaxed, full of love and peace to start the working day

Inspired to try cooking the dish demonstrated.

I want more!

The session was fun and energetic, it made me feel happy and allowed me to switch off from work for 1/2 an hour



Sisters Rachel and Hollie Dunne took on their own unique triathlon to raise funds for our community CAMHS services in Wiltshire who have cared for their niece.

We provided a series of visual aids to demonstrate anatomy and physiology clearly to urgent care patients. A series of educational posters and models were purchased to help break down barriers, reduce anxiety and improving communication to patients at the Minor Injuries Units in Henley, Abingdon and Witney and Bicester First Aid Unit.



The old visual aids were very old and worn out. These new ones are extremely helpful for both patients and staff. Patients find these really helpful in helping them understand their have injury and how this will affect them.



The Oxford Half made a welcome return in October 2021 and we had a team of 19 runners made up of staff, families and members of the public. The first time we had Oxford Health Charity branded running tops too!



We funded the AJOS Trust to deliver weekly Creative Movement to Music sessions at Cherwell and Sandford wards at The Fulbrook Centre in Oxford.

These were seated dance sessions open to patients with the aim of impacting positively upon their mental health. Patients reported:

It is very relaxing and yet the exercise will invigorate you.

I learn increasingly that controlled, systematic gentle exercises can have an important role in calming external problems and am incorporating the exercises we went through today in my techniques for replacing negative feelings with positive attitudes.

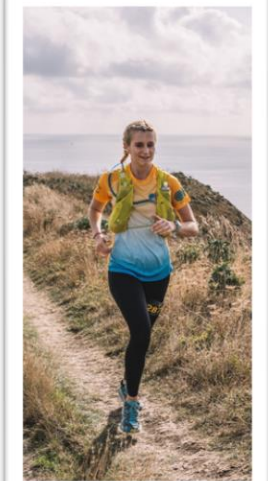


We welcomed a group of volunteers from a business based in Abingdon AECOM. Over two days the team worked wonders on our green spaces at Abingdon Community Hospital tidying, weeding, painting and fixing.

Oxford Health Charity proudly lent support of Black History Month, by funding a number of events run by the Trust's Equality Diversity and Inclusion Team. These were open to Oxford Health staff, and featured key experts sharing their knowledge and wisdom on race equality. The sessions were aimed to raise awareness, provoke thinking and essentially, lead to take action.

Previous-patient Zoe, took on an Ultramarathon around the Jurassic Coast in aid of our Oxfordshire and West Mental Health fund, and more specifically Cotswold House, Marlborough whom cared for her.

This ultra challenge is my way of properly saying 'good riddance' to anorexia, that destroyed my life (and that of my family) for nearly four years. But also a huge 'thank you' to the team at Cotswold House for believing in me, supporting me, and caring for me during the darkest moments of my eating disorder. Without them I truly believe I would not be sat here today.



We provided funding to allow a small group of the Buckinghamshire carer support group to attend (socially distanced) the Waddesdon Manor Christmas Market. This helped further develop relationships and peer support within the group.

During the December carer group meeting we also provided a Festive hamper to the winner of their quiz.



Charity funds have purchased music studio equipment for the Wenric Ward, enabling patients to pursue their interests in music, DJ-ing and recording. Historically patients on Wenric have visited the Oxford Clinic, however due to COVID restrictions this wasn't possible.

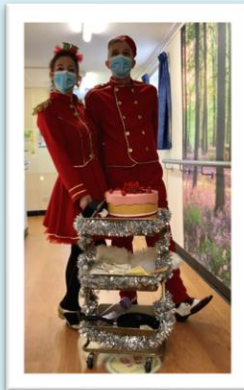
Music is often a valuable source of therapeutic engagement and personal expression for our patients. It's been wonderful to have our own equipment – five patients regularly use with support of the music tutor.

We worked with a young lady Alice who has set up her own charity creating positivity boxes.



Alice's Positivity Boxes delivered us a wonderful selection of goodies to spread festive cheer to inpatients at the Whiteleaf Centre in Aylesbury. From mindfulness activities to herbal tea bags, chocolates to card games, there was something for all.

Each Christmas we work with the Trust inpatient wards in Buckinghamshire, Oxfordshire and Wiltshire to provide funding for festive food and gifts. This ensures that all patients in the 35 inpatient wards on Christmas Day receive a gift and can share in festive treats with each other and the staff working that day too. We recognise that it is not just the inpatient wards who will be seeing patients on Christmas Day and were able to provide festive hampers to the Urgent Care units that were open to patients as well.



To spread further seasonal cheer we invited a local cabaret act Mary Lou Revue to entertain patients and staff at our community hospitals.

We funded for the Artists in Residence project which saw six professional artists of varying disciplines, take residence at our Oxfordshire community hospitals for a six-month pilot project.

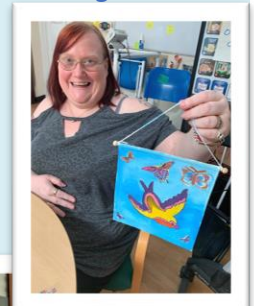
The artists brought movement and dance, painting and canvases, images and inspiration, conversation and storytelling, poetry and collage, ink, paint, paintbrushes and a shared experience.

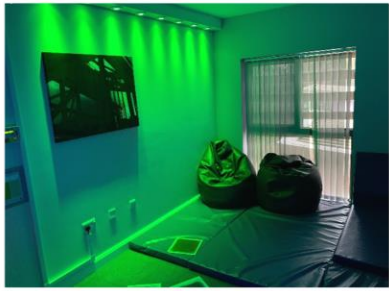
- 236 sessions took place delivered by 6 artists
- 1225 patient attendances were recorded

'Normally I'm on my own this gives me peace in my mind and body and it's uplifting I feel so much better in myself!'

'I feel like a kid again – you don't know what you can do until you try!'

'I saw the universe today while dancing it was beautiful!'





Thanks to funding from NHS Charities Together we worked with Age UK Buckinghamshire on a digital poverty support service enabling clinical teams to be able to offer a digital consultation to patients who would otherwise have been excluded through a lack of connectivity.



Through our own funding we have run a similar service in Oxfordshire with Age UK Oxfordshire.

After various fundraising initiatives over the past couple of years by the Highfield Unit, we were delighted to support the installation of a new sensory room for the young people in the Unit.

We received a lovely donation of new soaps and craft packs thanks to Help for Hoarders. These were all put to great use with soaps packaged up and passed to some of our wards. The art materials were put on our Art Carts in the Community Hospitals.



We supported Oxford Health Arts Partnership with a large arts project exploring the history of Wantage Community Hospital. OHAP worked with Artist Anne Griffiths to design a postcard which was distributed to members of the community to gather ideas and epiderma/photographs of the hospital's past. This research was co-ordinated in partnership with Vale of White Horse District Council and Vale and Downland Museum and led to the long-term loan of the 'Stitching Wantage' sampler, which was created by members of the community with the artist – the installed artwork is 2.5m long and has become a talking point for visitors to the hospital.

We provided a half day training session for staff at Luther Street Medical Practice on Personality Disorder: Positive Outcomes.

Luther Street Medical Centre is a GP Practice that provides care to the homeless and vulnerably housed within Oxford City. Services include GPs, nurses, mental health, social prescribing, addictions worker, dentistry, acupuncture and podiatry. Within the course of the work of the Practice, staff often work with challenging and complex patients. The aim of the training was to equip the team to provide the best support and care possible to patients as well as looking after our staff team.

This training was extremely useful, thought-provoking and enabled us to see things from another perspective... It has enabled much more open conversations about how a patient makes a person feel, acknowledging this and discussing tactics that could be utilized to inform better outcomes for both patients and staff.



Martin Parker, the 2021 Captain of Burford Golf Club chose our Charity as his 'Charity of the Year' to benefit from the club's fundraising for his year-long tenure.

He was keen to support the Myalgic Encephalomyelitis/ Chronic Fatigue Syndrome (ME/CFS) and Post COVID Rehabilitation Service. Rachael Rogers, Clinical Service Lead was presented with a wonderful donation.

February 2022



For Children's Mental Health Week (7-13 February) we teamed up with local craft company Rainbow Buttons to create 'Take Time to Talk' craft boxes.

These boxes were designed to encourage families to craft together and engage in conversation during the half term break.

Each box cost £20 and £5 from every sale was donated to us to support local CAMHS (Child and Adolescent Mental Health Services).



Thanks to funding from NHS Charities Together we have been able to install two wellbeing pods at Cotswold House, our Eating Disorders Unit in Marlborough.

These pods have provided much needed additional space for a wide variety of purposes including group activities, family visitors, staff break-out area and patient meetings. As patients are living with eating disorders this area also provides a space to eat and interact with food in a more relaxed environment.

It was genuinely really nice to have a space off the ward, that was outside but protected from the weather. Excited to be able to share the pods with patients as well staff

These are really good, staff have used them for breaks, meetings and supervision and 1:1 with patients. It's really nice to have an area off the unit to use

We purchased two specialist mattresses for the End of Life beds at Wallingford Community Hospital, to provide patients with additional comfort.



Patients on Cherwell Ward in Oxford have benefitted from an array of new sensory items. These are used to engage with patients with lower

functional abilities, in particular individuals with dementia and those who are highly anxious.

We have introduced these different sensory items as calming strategies for patients who are anxious and have seen a reduction in the frequency of patients becoming highly distressed. It has been easier to reassure patients with these items, and improve patient engagement in group activities.



Russell Butcher took on the Reading Half Marathon to fundraise for our forensic services fund.

Oxford Health Charity Heroes

Oxford Health Cares would not have been possible without the kindness and generosity of our supporters. Our huge thanks go to all those who supported us through fundraising, donating goods and services and volunteering their time.



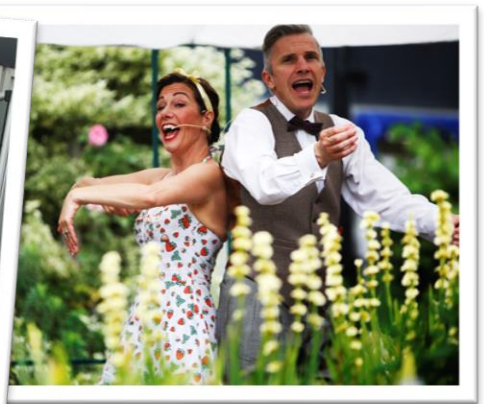
Barnados	Restore	My Life My Choice	Chiltern Rangers
NHS Charities Together	Age UK Buckinghamshire	RAW	Thomkat Designs
Age UK Oxfordshire	Unloc	Rosetta Life	AECOM
Fort Builders Merchant	Burford Golf Club		Headington School
Ornate Garden Buildings		Vale and Downland Museum	Rainbow Buttons
Liberty Garden Buildings	NHS Property Services - Savernake	Be Military Fit	The Wellbeing Girl
Dan Brain		Summertown Blues	Waitrose
St Johns Orchestra	Helping Hands for Hoarders		Life at No. 27
Becky Paton Mosaics	Estee Lauder	Dr Lizzy Burns	
	Miranda Bence-Jones	Thomkat Illustrations	Yoga with Emma
Anne-Marie Cadman	Asda	League of Friends – Abingdon, Bicester, Didcot, Townlands, Wallingford, Wantage and Witney	
Tesco Community - Abingdon			Maya's Lab
	Hilton Garden Inn Abingdon		

THANK YOU

Future Plans

Moving forward into 2022/23, Oxford Health Charity has continued to work closely with the Trust to support wellbeing for patients, carers and staff. This has seen ongoing work to support green spaces for patients and staff in both ward and general Trust spaces – especially focussed on the placement of two wellbeing garden pods at Cotswold House, Marlborough as a result of the NHS Charities Together Stage 3 grant funding, the development of garden spaces at Saffron House, Wycombe (mental health hub for adult and adolescent services) and the opening of the Littlemore Meadow Outdoor Gym – a project that was initially planned pre-pandemic.

There has also been support for team wellbeing activities, ward activities – especially the ongoing delivery and support of arts within healthcare services, and looking forward to the installation of Lucy's Room – a music space for adult mental health wards and community service users at the Warneford. The charity will also repeat the positive HealthFest experience of 2021 by providing a series of wellbeing activities for staff, volunteers, governors and partners in the Autumn/Winter with the launch during the Trust's first Gratitude Week. These projects sit alongside the normal day to day support provided to patients, carers and staff across the Trust and the year on year increase in funding requests has continued into 2022/23.



As our 2019/22 Strategy came to completion, consultation sessions, research and peer reviews are being undertaken during 2022/23 to ensure our next strategic steps forward enable continued growth, increased support for impactful projects and the development of further fundraising appeals. The future strategy will also seek to incorporate the wider ways in which patient experience can be enhanced, including volunteering, arts provision, community links and the involvement of the third sector. This will further formalise the charity involvement in the Oxford Health Arts Partnership – an area of work that enhances both the physical spaces and mental wellbeing of those receiving and giving care at the Trust – and the provision of volunteer support for projects, activities and developments across the Trust.

As the charity continues to grow, 2022/23 will also see the transition of charity finance management to an internal structure (following five years of external management by Moore Kingston Smith, and previous finance management through the Oxford University Hospital NHS Foundation Trust). In line with initial strategy consultation discussions, proposed growth in relation to fundraising, philanthropic giving and project management will also be a key area of focus and development.

Alongside increasing requests for support, there has also been an increase in larger project development requests which require fundraising appeal structures to be created. In 2022/23 these are likely to include, PICU Arts and Activities (£150,000+), Tackling Dentistry Anxiety (£60,000+), Ward Green Spaces for Wellbeing (£75,000+) and the Minor Injuries Unit Children's Area (£10,000). These will sit alongside our existing appeals and will have focussed fundraising plans in place to support their delivery.



Help us to help our communities

Everything we've been able to support, from the wildflower meadows and patient/staff gardens, the creative therapies through to the gym equipment, outdoor furniture through to sensory aids. All these activities and projects were thanks to the generosity of our supporters, for which we are truly thankful.

If you are looking to take part in a fundraising activity or challenge yourself and would like to support your local community hospital or mental health services we'd love to hear from you.



charity@oxfordhealth.nhs.uk



OxfordHealthCharity



OxHealthCharity



Oxford-health-charity

Or write to us – Oxford Health Charity, Warneford Hospital, Warneford Lane, Oxford, OX3 7JX

More information, including how to make a donation is available on our website www.oxfordhealth.charity



Accounts



FUNDS HELD ON TRUST ANNUAL ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

The accounts of the funds held on trust by Oxford Health NHS Foundation Trust

FOREWORD

These accounts have been prepared by the Trustee in accordance with the requirements of the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Statutory Background

The Charitable Fund came into force on 31 July 1996 under Statutory Instrument dated 8 July 1996. The Secretary of State for Health exercised his powers under section 92(1) of the National Health Service Act 1977(a) and the Trust property was transferred from the Oxfordshire Health Authority upon the establishment of the Oxfordshire Mental Healthcare NHS Trust.

On 1 April 2006 the Charity expanded through the inclusion of the mental health related fund balance within the Buckinghamshire Mental Health NHS Trust Charitable Fund (registered charity number 1054087), following the merger by acquisition of Buckinghamshire Mental Health NHS Trust by Oxfordshire Mental Healthcare NHS Trust.

On 31 October 2011 Oxfordshire Primary Care Trust Charity (registered charity number 1091570) was merged with this Charity, following the transfer of Community Health Oxfordshire services from Oxfordshire Primary Care Trust to Oxford Health NHS Foundation Trust.

The name of the Charity was changed from the 'Oxfordshire Mental Healthcare Charitable Fund' to the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' during the year ended 31 March 2009. The name of the Charity was changed from the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' to 'Oxford Health Charitable Funds' during the year ended 31 March 2012. The name of the Charity was changed from the 'Oxford Health Charitable Funds' to 'Oxford Health Charity' during the year ended 31 March 2015.

Oxford Health NHS Foundation Trust is the sole corporate trustee of Oxford Health Charity.

Oxford Health Charity is registered with the Charity Commission (registered charity number 1057285).

Main Purpose of the Charitable Funds held on trust

The main purpose of the charitable funds held on trust is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

Signed: 

Dr Nick Broughton
on behalf of the Corporate Trustee

Date: 26th January 2023

Introduction

The Oxford Health Charity ('the Charity') exists to benefit the patients and service users of the Oxford Health NHS Foundation Trust (and, in the case of a small number of funds, patients and others receiving the services of other parts of the National Health Service and related services).

The bulk of the clinical services provided by the Oxford Health NHS Foundation Trust are funded, of course, from the NHS. In comparison to NHS funding the amounts of money available through the Charity are small, but often a relatively small amount of funding allows activities which NHS funding would not provide. Such funding helps to innovate or to ensure that patients and service users have a wider range of opportunities.

Objectives and Activities

The Charity's governing document is a trust deed dated 31 July 1996, as amended by supplemental deeds dated 6 October 2008 and 29 June 2011.

The objects of the Charity are to apply income for any charitable purposes relating to the NHS wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

The main activities of the Charity are to provide public benefit by supporting the good health and welfare of patients and service users.

Achievements and Financial Review

The main body of this Annual Report highlights the achievements of Oxford Health Charity over the 2021-22 period. As an NHS Charity, Oxford Health Charity is managed through a Corporate Trustee (made up of the Board members of the Oxford Health NHS Foundation Trust) and with designated responsibilities given to the Charity Committee. The Committee oversees the expenditure, activities, fundraising and strategic planning of the charity with day to day work on all these areas delivered through the Charity and Involvement Team employed by the Trust. Financial management of the charity sat with Moore Kingston Smith for this period.

The strategic aims of the charity link in with the Trusts commitment to ensure it is caring, safe and excellent across all services and it works in partnership with patients, carers, governors, volunteers and staff to deliver. The Corporate Trustee and stakeholders across the Trust are involved in the development and delivery of strategic aims for the charity and future objectives will be subject to consultation and engagement activities throughout 2022/23.

The Charity's total funds in management were £1,258k as at 31 March 2022, similar to the previous year (2021: £1,312k).

Overall total income decreased to £552k from £780k. This decrease is attributed to the decrease in donations due to COVID 19, including a £132k donation from NHS Charities Together. There was also a decline in the value of the charity's investment portfolio, both due to the global economic downturn and the charity releasing investments.

Total expenditure for the Charity decreased to £652k (2021: £940k).

Major fundraising and support projects are illustrated throughout the report.

The investments are managed by abrdn plc on a discretionary basis. During the year there were gains of £46k (2021: gains of £171k due to revaluation and disposals).

Investment Policy

Other than small amounts of cash at bank and funds related to the ROSY Fund (discussed below) the Charity's funds are invested on a discretionary basis with abrdn plc. The Charity Committee regularly reviews the Charity's investment strategy, including the spread of asset allocation, appropriate benchmarks and issues of social responsibility.

The Charity's investment objective is to maximise long-term returns (rather than short-term income), but with an emphasis upon capital preservation. The portfolio is operated on a discretionary management basis with abrdn plc, allowing the investment manager more flexibility in responding to the investment market.

The Charity aims as far as possible to avoid investments in alcohol and tobacco. The investment policy allows abrdn plc to invest in general funds, provided that these were reviewed quarterly to ensure no more than minimal exposure to alcohol and tobacco, and that investments are changed where necessary to ensure this. With property investments the Charity seeks to avoid investments which are predominantly related to alcohol and tobacco, and this is reviewed on an annual basis.

The Charity aims to maintain the allocation of the portfolio within allocated ranges.

	Range as at 31/03/22
Equities	25%-65%
Fixed Interest bonds	10%-40%
Property	10%-30%
Cash	5%-20%
Absolute Return Funds	< = 10%

The ranges above have not changed since June 2015.

The performance of the investment portfolio is monitored on a quarterly basis against appropriate indices for the class of investment concerned. In addition the performance of the portfolio as a whole is measured against an overall benchmark based on a weighted average of the individual indices.

Funds related to ROSY (Respite nursing for Oxfordshire's Sick Youngsters) are held in cash deposits in order to ensure that ongoing costs of nursing staff can be met as they arise. These short-term deposits are recognised as current asset investments in the accounts of the Charity. The total investment cash holdings related to the ROSY Fund are excluded from the target allocation ranges set out above.

Governance – About the Charity

Oxford Health Charity is registered with the Charity Commission (charity number: 1057285) in accordance with the Charities Act 2011. The Charity has a corporate trustee: the Oxford Health NHS Foundation Trust.

The members of the Oxford Health NHS Foundation Trust Board of Directors serve as agents for the Corporate Trustee. The Trust Board members who served in this way during the year and up to the date of this report were:

Non-executive Directors	David Walker (Chair) Sir John Allison to 31 March 2022 Bernard Galton to 31 December 2021 Chris Hurst (Senior Independent Director and Vice Chair) Dr Aroop Mozumder to 31 September 2021 Prof Kia Nobre from 1 July 2021 Sir Philip Rutnam from 1 January 2022 Mohinder Sawhney Lucy Weston Andrea Young from 1 January 2022
Executive Directors	Dr Nick Broughton, Chief Executive from 15 June 2020 Marie Crofts, Chief Nurse Charmaine De Souza, Chief People Officer from 4 October 2021 Dr Karl Marlowe, Chief Medical Officer from 10 May 2021 Grant Macdonald, Managing Director of Mental Health, Learning Disabilities and Autism from 21 March 2022 Mike McEnaney, Director of Finance Dr Mark Hancock, Medical Director to 7 May 2021 Dr Ben Riley, Executive Managing Director – Primary, Community and Dental Care Debbie Richards, Managing Director of Mental Health Services & Learning Disabilities Care to 24 October 2021 (Tehmeena Ajmal acted up until March 2022 when Grant Macdonald commenced) Kerry Rogers, Director of Corporate Affairs and Company Secretary (non-voting) Martyn Ward, Director of Digital and Transformation (non- voting)

Lucy Weston is Chair of the Charity Committee of the Oxford Health NHS Foundation Trust.

Governance – About the Charity

The Board of Directors has delegated responsibility for the day to day management of the Charity to the Charity Committee, who in turn delegate day to day management to dedicated Trust employees and Moore Kingston Smith Association Management.

Charity Registered Number 1057285

Principal Office Warneford Hospital
Warneford Lane
Oxford
OX3 7JX

Bankers Lloyds Bank Plc
87 London Road
Oxford
OX3 9AB

Independent Examiner Grant Thornton UK LLP
110 Bishopsgate
London
EC2N 4AY

Investment Fund Manager abrdn plc
Bow Bells House
1 Bread Street
London
EC4M 9HH

Structure and Management

At 31 March 2022 the Charity was constituted of 45 funds (2021: 47). None of the funds in the year or at year-end were endowment funds. The material funds (other than control funds) at 31 March 2022 were:

	£000
Respite nursing for Oxfordshire's Sick Youngsters (ROSY) (restricted)	372
Legacies (restricted)	119
Community Directorate Fund (designated)	59
NHS Charities Together – Stage 3 funding (restricted)	58
Trustwide General Fund (designated)	46
Wallingford Community Hospital (designated)	44
NHS Charities Together (restricted)	10

The Corporate Trustee, in fulfilling its legal duties, ensures that funds are spent in accordance with the purposes of each fund and designates funds in accordance with the wishes of donors.

Non-Executive members of the Oxford Health NHS Foundation Trust's Board of Directors ('the Board') are appointed by the Oxford Health NHS Foundation Trust's Council of Governors. Executive members of the Board are appointed by Oxford Health NHS Foundation Trust under normal staff recruitment procedures. Neither they nor the non-executive members of the Trust Board are individual trustees under charity law. All Directors and Non-Executive Directors are provided with appropriate background information in relation to their management of the Charity.

Acting for the Corporate Trustee, the Charity Committee is responsible for the overall management of the Charity. The Charity Committee is required to:

- Apply the charitable funds in accordance with the Charity's governing documents and the Charities Act 2011.
- Prepare and communicate a statement of policy for all fundraising activities, their approval, monitoring and administration to ensure that such activities, including disbursements, adhere to statutory and other relevant guidelines.
- Supervise the proper investment and administration of the charitable funds. This is done in conjunction with the Director of Finance and the Audit Committee of the Oxford Health NHS Foundation Trust, and with the support of an administrative and accounting service from Moore Kingston Smith Association Management.

Structure and Management

The Trustee (the Oxford Health NHS Foundation Trust) delegates the responsibility for the Charity to the Charity Committee, which in turn delegate the day to day management to dedicated Trust employees and Moore Kingston Smith Association Management.

The Charity Committee is quorate with two Non-executive directors and one Executive Directors of the NHS Foundation Trust, the Director of Corporate Affairs & Company Secretary, a representative of the Trust's Finance Department, along with an external member, and other key stakeholders. The external member during the year was Olga Senior.

The Charity Committee meets quarterly. At each meeting items of expenditure of amounts of £500 and above are reviewed and consideration is given to investment performance, management accounts and the stewardship of the funds. In addition any requests for funding over £10k are presented for discussion and approval.

Public Benefit

In exercising its duties and powers with regard to the Charity, the Corporate Trustee has complied with its duty under s17 of the Charities Act 2011 to have due regard to the guidance on public benefit issued by the Charity Commission. The Charity aims to serve the public benefit by promoting the welfare of the patients and service users of Oxford Health NHS Foundation Trust (and where appropriate patients served by other parts of the NHS or related services). This is carried out by: promoting improvements in care over and above that which would ordinarily be provided by the National Health Service; the purchase of equipment; improvements to the care environment; and by promoting activities that assist reintegration into the community. In addition, the Charity funds activities related to the education and welfare of staff of the Oxford Health NHS Foundation Trust where this leads to better standards of care and hence benefits patients and service users.

Consolidation of Accounts

HM Treasury has concluded that in compliance with International Accounting Standard 27, the financial position and results of NHS charities should be consolidated into the accounts of the related NHS body wherever that NHS body is the corporate trustee of the charity and therefore has the power to control and benefit from the charity which it administers as corporate trustee. NHS Charities remain independent, and charity law requires that trustees act in accordance with the charity's purposes and in the best interests of the charity and its beneficiaries and do not act on the policies or directions of any other body. Therefore when the Corporate Trustee considers the affairs of the Charity, although it does have control over those affairs, it is required to make decisions solely in the interest of the Charity and its beneficiaries and not in the interests of the NHS Foundation Trust.

Consolidation is only required where the figures are material to the accounts of the NHS body. In the case of Oxford Health NHS Foundation Trust, the NHS body is the corporate trustee of the Charity, but the figures related to the Charity are not considered to be material to the accounts of the NHS body, and therefore the charity figures are not consolidated within the accounts of that body. It remains the case that the funds of the Charity can only be used for charitable purposes.

Partnership Working

Patients and service users of the Oxford Health NHS Foundation Trust are the main beneficiaries of the Charity. The Oxford Health NHS Foundation Trust is a related party by virtue of being Corporate Trustee of the Charity. By working in partnership with the Oxford Health NHS Foundation Trust, the charitable funds are used to best effect. When deciding on the most beneficial way to use charitable funds, the Charity Committee of the Oxford Health NHS Foundation Trust, acting as agent of the Corporate Trustee, has regard to the main activities, objectives and plans of the Oxford Health NHS Foundation Trust.

Reserves Policy

The Charity held £1,258k in total including £630k restricted funds as at 31 March 2022. Charitable reserves are defined as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objects, but which is not yet spent, committed or designated. The definition of reserves therefore excludes:

- o Restricted funds
- o Designated funds

Restricted Funds would be established where monies have been bequeathed or donated to the Charity which are subject to donor intention, which limit their use to particular purposes, arising for example from restrictions imposed by the donor. Such funds would be held and used only when a purpose for which they are available arises.

Unrestricted Funds comprise donations and other charitable income received for general purpose charitable use which are credited to general funds whenever possible or where donors have expressed wishes as to how the funds might be used they are allocated to the relevant designated fund held for the intended purpose. Funds are often derived from unsolicited donations and/or from legacies and are therefore unpredictable.

Designated funds are administered by Fund Advisors in accordance with policies and procedures set by the Trustee. The funds are monitored in terms of expenditure plans, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate reserves policy is not required for designated funds.

Within unrestricted funds, the Charity also holds net undistributed investment gains on unrestricted funds. The purpose of holding these monies is to protect the activities supported, by providing a buffer against future adverse market conditions. The Trustee aims for the balance held in this way to be not less than 25% of the market value of non-cash investments. At 31 March 2022 this balance amounted to £209k which was equivalent to 28% (2021: 25% £266k) of the market value of non-cash investments. The level of the buffer will fluctuate from year to year depending upon movements in the market. The Trustee will endeavour to continue to maintain the buffer within the target set.

General Funds are those elements of the Unrestricted Funds which have not been designated for specific purposes and which are not being held as a buffer against future adverse market conditions. General Funds are included under unrestricted funds in the Charity's accounts.

General Funds	Reserves at 31 March 2022	Expenditure 2021/22
	£	£
Trustwide General	46,365	48,593
Buckinghamshire Mental Health General	34,258	5,201
Marjorie Henderson Fund	20,129	5,166
Total	100,752	58,961

The Committee continues to review the charitable funds regularly and to direct income (including legacies) where possible (where the term of the gift allows it) for use in trust wide general funds.

The Charity Committee reviews the position on reserves.

Going Concern

The Trustee considers that the Charity has adequate financial resources and is well placed to manage the business risks that it faces. The Trustee's assessment of the Charity's position takes into consideration the current economic climate and its potential impact on the Charity's sources of income and planned expenditure. The Trustee has a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation. Accordingly, the accounts have been prepared on the basis that the Charity is a going concern.

Risk Management

The Charity maintains a risk register containing all its principal risks and has throughout the year reviewed risks and the systems and procedures established to manage them.

The Charity has detailed Expenditure Rules which set out how funds can and should be used. These are subject to regular review.

The Charity's investments are regularly reviewed by the Charity Committee, including the comparison of returns against suitable benchmarks.



Signed by Dr Nick Broughton

Date 26th January 2023

Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland."

The law applicable to charities in England and Wales requires the Trustee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these accounts, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates which are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

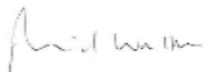
The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable it to ensure that the accounts comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity's trust deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and has complied with the requirements for preparing the accounts. The accounts set out on pages 30 to 63 have been compiled from and are in accordance with the financial records maintained by the Trustees.

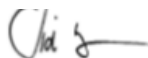
By Order of the Trustees

Signed:



Chair, David Walker

Date 26 January 2023



Director Trustee,
Dr Nick Broughton

Date 26 January 2023

Independent Examiner's Report to the Corporate Trustee of Oxford Health Charity

I report on the accounts of Oxford Health Charity (the "charity") for the year ended 31 March 2022, which are set out on pages 30 to 63.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011;
 - to prepare accounts which accord with the accounting records; and
 - to comply with the applicable requirements concerning the form and content of accounts set out in - the Charities (Accounts and Reports) Regulations 2008

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a comparison of the accounts with the accounting records kept by the charity. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as corporate trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement above.

Respective responsibilities of corporate trustee and examiner

The charity's corporate trustee is responsible for the preparation of the accounts. The charity's trustee considers that an audit is not required for this year under section 149(2) of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 149 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 149(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity's trustees have prepared the charity's accounts in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) issued in October 2019 in preference to the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005)' issued in April 2005 which is referred to in the Charities (Accounts and Reports) Regulations 2008 but has been withdrawn. I understand that the charity's trustees have done this in order for the charity's accounts to give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

Use of this report

This report is in respect of an examination carried out under section 149(3) of the Charities Act 2011. This report is made solely to the charity's corporate trustee, as a body, in accordance with the regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee, as a body, for my work, for this report or for the opinions I have formed.

Ciaran McLaughlin, CPFA

Grant Thornton UK LLP
Chartered Accountants
London

26 January 2023

Statement of Financial Activities for the year ended 31 March 2022

	Year Ended 31 March 2022			Year Ended 31 March 2021	
	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000	Total Funds £000
Income from:					
Donations and Legacies	3				
Donations & voluntary grants		46	222	268	553
Legacies		3	129	132	22
Grants – from other NHS Charities		-	-	-	174
Grants – other		-	130	130	10
Sub total: donations & legacies		<u>49</u>	<u>481</u>	<u>530</u>	<u>759</u>
Investments	8.3	22	-	22	21
Total income		<u>71</u>	<u>481</u>	<u>552</u>	<u>780</u>
Expenditure on:					
Raising funds					
Costs of generating voluntary income		15	-	15	9
Investment management costs		8	-	8	9
Sub total: expenditure on raising funds		<u>23</u>	<u>-</u>	<u>23</u>	<u>18</u>
Charitable activities	6,7				
Patient welfare		136	306	442	380
Staff welfare		29	22	51	412
Research and education		59	77	136	130
Sub total: expenditure on charitable activities		<u>224</u>	<u>405</u>	<u>629</u>	<u>922</u>
Total expenditure		<u>247</u>	<u>405</u>	<u>652</u>	<u>940</u>
Net gains/(losses) on investments		46	-	46	171
Net income/(expenditure)		<u>(130)</u>	<u>76</u>	<u>(54)</u>	<u>11</u>
Transfer between funds		1	(1)	-	-
Net movement in funds		<u>(129)</u>	<u>75</u>	<u>(54)</u>	<u>11</u>
Reconciliation of funds:					
Total funds brought forward at 1 April		<u>757</u>	<u>555</u>	<u>1,312</u>	<u>1,301</u>
Total funds carried forward at 31 March		<u>628</u>	<u>630</u>	<u>1,258</u>	<u>1,312</u>

Comparative figures for each class of funds are provided in note 12 to the accounts.
All income and expenditure resources relate to continuing operations.
The Charity has no gains or losses other than those recognised in this Statement of Financial Activities
The notes on pages 48 to 63 form part of these accounts.

Balance Sheet as at 31 March 2022

	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2022 £000	Total Funds 2021 £000
Fixed assets					
Investments	8.1	584	221	805	1,055
Total fixed assets		584	221	805	1,055
Current assets					
Debtors	9	3	18	21	22
Cash at bank and in hand		62	432	494	294
Total current assets		65	450	515	316
Liabilities					
Creditors: Amounts falling due within one year	10	21	41	62	59
Net current assets/ (liabilities)		44	409	453	257
Net assets		628	630	1,258	1,312
Funds of the Charity					
Income funds:					
Restricted	11.1	-	630	630	555
Unrestricted	11.3	628	-	628	757
Total funds		628	630	1,258	1,312

Comparative figures for each class of funds are provided in note 13 to the accounts.

The notes on pages 48 to 63 form part of these accounts.

These accounts (Registered Charity number 1057285) were approved by the trustee on

and were signed on its behalf by:



Dr Nick Broughton Date: 26 January 2023

Notes to the Accounts

1. Basis of Preparation

The accounts have been prepared under the historic cost convention, with the exception of investments which are included at market value. The accounts comply with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102) (effective 1 January 2015)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared on the going concern basis which assumes the Charity will continue for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation.

The Charity has taken advantage of the exemption available under FRS 102 and has not produced a Cash Flow Statement as it is a small charity. The principal accounting policies, which have been applied consistently throughout the current financial year are set out below.

1.2 Income

a) Donations

All donations are included in full in the Statement of Financial Activities as soon as the following three factors can be met:

i) entitlement - when control over the rights or other access to the economic benefit has passed to the charity (in the case of a donations, entitlement usually arises immediately on its receipt); and

ii) probable - when it is more likely than not that the economic benefits associated with the transaction or gift will flow to the charity; and

iii) measurement - when the monetary value or amount of the income can be measured reliably and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably.

b) Legacies
Legacies are accounted for upon receipt or where receipt of the legacy is probable and the amount receivable can be estimated with sufficient accuracy. This will be once confirmation has been received from the representatives of the estate that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled and the amount receivable is known with reasonable certainty.

c) Grants
Income from grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

If the grant has conditions attached which must be fulfilled before the Charity has control of the resources, the meeting of these conditions is within the Charity's control and there is sufficient evidence that the conditions will be met, then the grant is recognised. However, where the meeting of the conditions is not probable or not within the control of the Charity, the grant would not be recognised until the conditions set have been met.

If a donor imposes a time period in which the expenditure of resources can take place, and a grant is received for expenditure that must take place in a future accounting period, it would be accounted for as deferred income and recognised as a liability until the accounting period in which the Charity is allowed by the condition to expend the resource. If the donor has given the condition that they can recover any unexpended part of the grant, the liability for any repayment would be recognised only when repayment becomes probable.

d) Income from Charitable Activities and Other Trading Activities
Income from charitable activities and other trading activities is accounted for on an accruals basis as goods or services are supplied.

e) Income from Investments
Investment income is accounted for in the period in which the Charity is entitled to receipt and the amount can be measured with reasonable certainty.

f) Allocation of Income to Funds
Income is credited to a fund which will benefit the area where the donor has imposed a restriction or expressed a wish, for how their gift should be used and are classified as restricted or designated funds accordingly. If the donor has not expressed a wish for how their gift should be used, it is credited to an Unrestricted General fund and used at the Trustee's discretion in accordance with the objects of the Charity.

1.3 Expenditure

- a) The accounts are prepared in accordance with the accruals concept.

All expenditure is recognised once there is a legal or constructive obligation committing the Charity to the expenditure.

The Statement of Financial Activities provides an analysis of expenditure based on the nature of the activity undertaken. Expenditure is divided between three main activities:

Raising Funds, Charitable Activities and Other (if required).

- b) Raising Funds

These include the costs of generating voluntary income (fundraising costs), costs of fundraising trading and investment management fees. These costs are apportioned directly against the individual funds generated.

- c) Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the Charity's objectives and inline with SORP 2015 (FRS 102) also include governance costs for the Charity. Expenditure on charitable activities will be for the benefit of Patients, Staff, Research or Education. Throughout these accounts the term 'patients' refers to patients and service users. The costs include the direct costs of the charitable activities together with governance & support costs that enable them to be undertaken.

Governance & Support Costs

Governance costs include the costs of governance arrangements which relate to the general running of the Charity, allowing it to operate and to generate the information required for public accountability. Included under this heading are direct costs such as independent examination, legal advice and costs associated with statutory requirements such as preparing statutory accounts.

Governance costs are accounted for on an accruals basis and include an element of the charge for the administration and accounting service provided by Moore Kingston Smith Association Management. In addition Oxford Health Charity governance and support are provided by the Head of Charity and Involvement and Charity Development Manager (1.3FTE). Both individuals are employed by Oxford Health NHS Foundation Trust with costs for the Development Manager recharged against the Charity.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the activity. Support costs are allocated to charitable activities in the Statement of Financial Activities.

Support costs are accounted for on an accruals basis as charges for a full administration and accounting service provided by Moore Kingston Smith Association Management. These charges comprise of a monthly management fee.

Both governance & support costs are allocated to charitable activities in the SOFA and further details provided in note 7.

d) Apportionment of Governance and Support Costs

The majority of governance and support costs are recognised within the reserves against the net control fund held in control accounts. Apportionment across individual funds is considered for specific governance project costs.

e) VAT

VAT is charged gross as the charity is not VAT registered.

f) Liabilities

Liabilities are recognised at their settlement value or best estimate where the final settlement value is unknown.

1.4 Structure of Funds

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as designated funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

1.5 Fixed Asset Investments

Fixed asset investments comprise Common Investment Funds and cash and are managed by abrdn plc.

Investments are shown at market value as at the balance sheet date. The market value is the mid-price on 31 March as supplied by the investment managers.

The Statement of Financial Activities includes the net gains (or losses) arising on revaluation and disposals of investments throughout the year.

1.6 Current Asset Investments

Where, as part of the management of the investment portfolio, cash deposits are held at bank on terms of under one year and are now accessible with less than 24 hours notice, they are shown as current asset investments.

1.7 Investment Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or cost at date of purchase, if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening market value (or cost at date of purchase, if later).

1.8 Taxation

Oxford Health Charity is a registered charity and as such benefits from certain exemptions from taxation on income and gains, to the extent that they are applied for charitable purposes.

1.9 Key Assumptions and Judgements

The charity accrues for items of expenditure which relate to the previous year where invoices have not been processed or received before the year end. Estimates are made in some instances where invoices have not been received based on activity and/or expenditure for the year to date. No significant judgements have been made in preparing the accounts. No key assumptions have been made regarding any sources of estimation uncertainty with a significant risk of causing a future material adjustment.

2 Related Party Transactions

The sole corporate trustee of the Charity is Oxford Health NHS Foundation Trust ('the Trust').

The results of the Charity are not consolidated into the accounts of the Trust for the year, as discussed in more detail in the trustee's Annual Report.

The members of the Trust's Board of Directors during the year are disclosed in the Annual Report of the Charity.

During the year none of the members of the Trust's Board of Directors or members of the key management staff or parties related to them have undertaken any material transactions with the Charity. No expenses or remuneration were paid to the members of the Trust's Board of Directors from the Charity during the year (members of the Trust's Board of Directors, some of whom are employees of the Trust, are remunerated by the Trust in respect of the work that they carry out for the Trust). None of the transactions below relate to trustees.

Transactions between the Charity and Oxford Health NHS Foundation Trust 2021/22

	Apr 21	Expense incurred in year	Paid in year	Creditor c/fwd at 31 Mar 22
	£000	£000	£000	£000
To reimburse the Trust for salary payments for clinical staff and charity support staff (none made for trustees)	24	278	(298)	4
To reimburse the Trust for miscellaneous goods and services purchased on behalf of the Charity	22	87	(107)	2
Total expenditure	46	365	(405)	6

3 Income and Donations

3.1 Income from donations & voluntary grants

Donations are received from individuals.

3.2 Income from legacies

Legacy income is only included in incoming resources when receipt is probable and the amount is known/or can be reliably estimated, or the legacy has been received.

3.3 Grants

One significant grant was received during the year from NHS Charities Together.

4 Charitable Activities

Income from charitable activities comprises income from courses and speaking events.

5 Other Trading Activities

Income from other trading activities comprises income from the sales of donated goods. The costs related to this activity are included within 'Fundraising trading: costs of goods sold and other costs'.

6 Analysis of Charitable Expenditure

	Equipment	Other Activities	Support Costs	Governance Costs	Total 2022	Total 2021
	£000	£000	£000	£000	£000	£000
Patient welfare and amenities	16	406	9	11	442	380
Staff welfare and amenities	6	33	1	11	51	412
Research and Education	37	75	2	22	136	130
	59	514	12	44	629	922

7 Analysis of Governance and Support Costs

7.1 An allocation of overhead and support costs has been made to governance costs.

2022	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs £000	Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs £000
Audit fee	-	-	-	-	-
Other Costs	44	-	44	12	56
	44	-	44	12	56

2021	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs £000	Overhead and Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs £000
Audit fee	3	-	3	-	3
Other Costs	37	-	37	18	55
	40	-	42	18	58

Other Costs include printing stationery, capital charges and administrative costs.

7.2 Allocation of Support Costs

The support costs not related to governance activities are then allocated to expenditure on charitable activities based on the purposes of each fund across the four main charitable activities of the Charity as follows: This relates to patient christmas parties, catering and education, books and subscriptions.

	Patient Welfare £000	Staff Welfare £000	Research £000	Education £000	Total 2021 £000	Total 2020 £000
Other costs	9	1	-	2	12	18
	9	6	-	2	12	18

7.3 Analysis of Staff Costs

The Charity uses the services of Moore Kingston Smith Association Management. The charity does not directly employ any staff, however the Head of Charity and Involvement and Charity Development Manager (1.3FTE) are employed by the Oxford Health NHS Foundation Trust. These two posts are directly involved in the management of the charity.

In addition to this the ROSY fund primarily exists to provide clinical respite care and as such a varying number of clinical staff are employed by Oxford Health NHS Foundation Trust as a result of this funding.

8 Analysis of Investments

8.1 Movement in Fixed Asset Investment

	Non-Cash Investments £000	Cash Investments £000	Total 2022 £000	Total 2021 £000
Market value brought forward at 1 April	1,012	43	1,055	872
Less: Disposals proceeds	(349)	(357)	(706)	(381)
Add: Additions to investments at cost	39	369	408	398
Net gain/ (Loss) on revaluation	48	-	48	166
Market value carried forward at 31 March	750	55	805	1,055
Historic cost at 31 March	710	55	765	959

8.2 Market Value of Fixed Asset Investments at 31 March

	Total 2022 £000	Total 2021 £000
Investments in Common Investment Funds	750	1,012
Cash held as part of the investment portfolio	55	43
	805	1,055

The fixed asset investments are domiciled in the UK, except for the sum of £119k (2021: £152k) which is invested in non-UK domiciled investment funds.

8.3 Analysis of Investment Income

	Total 2022 £000	Total 2021 £000
Gross Income from Investments		
Investments in Common Investment Funds	22	21
	22	21

9 Analysis of Debtors

Debtors due within one year

	Total 2022 £000	Total 2021 £000
Prepayments and accrued income	21	22
	21	22

10 Analysis of Creditors

Creditors Falling due Within One Year

	Total 2022 £000	Total 2021 £000
Accruals	33	8
Other creditors	29	51
	62	59

11 Analysis of Funds

11.1 Restricted Funds

	Balance B/Fwd at 01/04/21 £000	Income £000	Expenditure £000	Transfer £000	Balance C/Fwd at 31/03/22 £000
Material Funds					
Respite Nursing for Oxfordshire's Sick Youngsters ROSY	362	253	-243	-	372
Legacies	53	96	-30	-	119
NHS Charities Together	72	-	-61	-1	10
NHS Charities Together – Stage 3	-	132	-74		58
Other Funds	68	9	-6	-	71
Total	555	490	-414	-1	630
Restricted Funds - Comparatives					
Material Funds					
Respite Nursing for Oxfordshire's Sick Youngsters ROSY	431	183	(235)	(17)	362
Legacies	-	-	-	53	53
NHS Charities Together	-	176	(104)	-	72
Other Funds	13	4	-	51	68
Total	444	363	(339)	87	555

11.2 Details of Material Restricted Funds

Respite nursing for Oxfordshire's Sick Youngsters - ROSY funds

Patient welfare including respite nursing for terminally, acutely or chronically ill children and babies in their homes.

11.3	Unrestricted Funds	Balance B/Fwd at 01/04/21 £000	Income £000	Expenditure £000	Investment gains/losses £000	Transfer between funds £000	Balance C/fwd at 31/03/22 £000
	Investment Control Account	266	20	(123)	46	-	209
	Community Directorate Fund	20	1	(20)	-	58	59
	Trustwide General fund	74	17	(45)	0	-	46
	Wantage Hospital	73	-	(38)	-	-	35
	Wallingford Community Hospital	61	-	(5)	0	(12)	44
	Other Funds	263	33	(16)	-	(45)	235
	TOTAL	757	71	(247)	46	1	628
	Unrestricted Funds - Comparatives	Balance B/Fwd at 01/04/20 £000	Income £000	Expenditure £000	Transfer between funds £000	Gains £000	Balance C/fwd at 31/03/21 £000
	Investment Control Account	193	21	(100)	171	(19)	266
	Trustwide General Fund	110	375	(388)		(23)	74
	Wantage Hospital Fund	73	-	-		-	73
	Wallingford Community Hospital	62	-	(1)		-	61
	Other Funds	419	20	(111)		(45)	283
	TOTAL	857	416	(600)	171	(87)	757

11.4 Details of material unrestricted funds

Name of fund	
Net control funds held in control accounts	Net control funds is comprised of net investment gains and income less administration charges prior to distribution/ charging to unrestrictive funds
Trustwide General fund (4000)	For the benefit of patients and staff trust wide – general – designated
Wantage Hospital fund (3026)	Funds to support the services provided by Wantage hospital - designated
Wallingford Community Hospital fund (3029)	Funds to support the services provided by Wallingford hospital- designated
Community Directorate Fund	Fund to support the services provided by current Trust directorate - designated
Other Funds	Other funds of £235k

Charities SORP (FRS '102) requires comparative information for each class of funds presented in the SoFA. Note 12 below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

12 Fund Comparatives

	Comparative per Fund Class as at 31 March 2021		
	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000
Income from:			
Donations and Legacies			
Donations	381	172	553
Legacies	5	17	22
Grants – from other NHS charities	-	174	174
Grants – other	10	-	10
Sub total: donations and legacies	396	363	759
Charitable activities	-	-	-
Investments	21	-	21
Total income	417	363	780
Expenditure on:			
Raising funds			
Costs of generating voluntary income	9	-	9
Investment management costs	9	-	9
Sub total: expenditure on raising funds	18	-	18
Charitable activities			
Patient welfare	112	268	380
Staff welfare	376	36	412
Education	95	35	130
Sub total: expenditure on charitable activities	583	339	922
Total expenditure	601	339	940
Realised and unrealised losses on revaluation and disposal of investment assets	171	-	171
Transfer between funds	(87)	87	-
Net (expenditure) and net movement in funds for the year	(100)	111	11
Reconciliation of funds:			
Total funds brought forward at 1 April	857	444	1,301
Total funds carried forward at 31 March	757	555	1,312

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the Balance Sheet.

Note below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

13 Fund Comparatives

Comparative per Fund Class as at 31 March 2021

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2020 £000
Fixed assets			
Investments	968	87	1,055
Total fixed assets	<u>968</u>	<u>87</u>	<u>1,055</u>
Current assets			
Debtors	14	8	22
Cash at bank and in hand	(191)	485	294
Total current assets	<u>(177)</u>	<u>493</u>	<u>316</u>
Liabilities			
Creditors: Amounts falling due within one year	34	25	59
Net current assets/(liabilities)	<u>(211)</u>	<u>468</u>	<u>257</u>
Net assets	<u>757</u>	<u>555</u>	<u>1,312</u>
Funds of the Charity			
Income funds:			
Restricted	-	555	555
Unrestricted	757	-	757
Total funds	<u>757</u>	<u>555</u>	<u>1,312</u>



Oxford Health Charity

Oxford Health NHS Foundation Trust
Warneford Hospital
Warneford Lane
Oxford
OX3 7JX

www.oxfordhealth.charity



charity@oxfordhealth.nhs.uk



OxfordHealthCharity



OxHealthCharity



Oxford-health-charity

Registered Charity: 1057285

OXFORD HEALTH CHARITY

England & Wales - Charity number 1057285

Accounts

Supporting Oxford Health NHS Foundation Trust to enhance the experience of patients, carers and staff



Oxford Health Charity
Annual Report
2020/2021





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Welcome



Welcome to our annual report for 2020/21. This has been a year unlike any other, the impact of the COVID 19 pandemic is visible throughout this report and the way in which we have been working as an NHS charity during this unprecedented time.

The report highlights the ways in which Oxford Health Charity has continued to deliver on its main focus and priority, to enhance the experience of patients receiving care throughout Oxford Health NHS Foundation Trust. As well as showcasing the many pandemic related projects, fundraising and donations received. Our thanks go to all those who have supported the NHS during this period, giving either to us as a small local NHS charity or to the national umbrella charity, NHS Charities Together, who have provided funding throughout the year and beyond.

As ever, it is an important part of our work that charity funding spans the wide geography and scope of services within Oxford Health NHS Foundation Trust, and this report highlights projects from across the region that have been supported this year.

The impact of COVID will continue to be a focus for Oxford Health Charity as it supports patients, carers and staff in their recovery, reflection and self care over the coming months and years. Your support – whether financial, social or physical – is truly appreciated and makes a difference everyday.

Oxford Health Charity



Our Mission

Our mission at Oxford Health Charity is to enhance the experience of patients, carers, families and staff involved with the services of Oxford Health NHS Foundation Trust.

The Trust delivers physical, mental health and social care for people of all ages across Oxfordshire, Buckinghamshire, Swindon, Wiltshire, Bath and North East Somerset. Our services are delivered at community bases, hospitals, clinics and in people's homes.

Our Strategy

The main focus of the 2019-22 Oxford Health Charity Strategy is to increase the positive impact the charity can have on supporting patients, carers and staff within Oxford Health NHS Foundation Trust. This year has presented a number of challenges but work to deliver on this strategy has continued alongside the requirements of providing additional support during the pandemic.

The strategic objectives and progress made this year are:

To enhance fundraising activity

1

While traditional fundraising events and activities were paused or cancelled due to the pandemic (with the ROSY Great Walk, Oxford Half and Blenheim Fun Run all cancelled due to restrictions), the number of individuals and groups supporting Oxford Health Charity grew as the impact of the pandemic became apparent. These fundraisers and donors undertook challenges during lockdowns, donated goods that brought smiles to the faces of hard working staff, brought joy and purpose to their local communities and ultimately made it possible for appeals like Oxford Health Cares – our staff wellbeing appeal – to deliver. All the fundraisers and donors; whether young people cutting their hair or undertaking a sponsored silence; community groups gathering donations of food and personal care items; through to volunteers who changed a grassy patch of land into a peace and tranquility garden; were supported by the small charity team to make the most of whatever they could do.

Enabling efficient and effective expenditure

2

Innovation in how the charity receives, processes and enables expenditure was a top priority for the year with new e-forms introduced and clearer guidance documents made available to those requesting funding. A new system for monitoring requests was implemented at the beginning of the year and proved vital during the high levels of demand through the pandemic. Ongoing development of better ways to enable purchases to be made are being reviewed with closer collaboration between teams supporting this.



3

Promotion and celebration of OHC

Since its launch, the Oxford Health Charity website (www.oxfordhealth.charity) has had almost 10,000 visitors with approximately 29,000 page views (December 2018 – April 2021), with the most visited page being the homepage where all our new and key information is held. The website is now supported and supplemented by social media channels (Facebook, Twitter and Linked In) further increasing the reach of the charity as well as offering an opportunity for further promotion of activities to a new audience. The channels have been well received with top posts reaching growing audiences and helping the charity to recognise those who donate, fundraise and engage with the charity in new forums. Internal awareness of the charity has also increased thanks to the Oxford Health Cares appeal, with teams across the Trust receiving support from the charity when they needed it the most. This increased awareness has had an impact on interest in fundraising for local services and the number of internal fundraisers in 2021 is expected to increase.

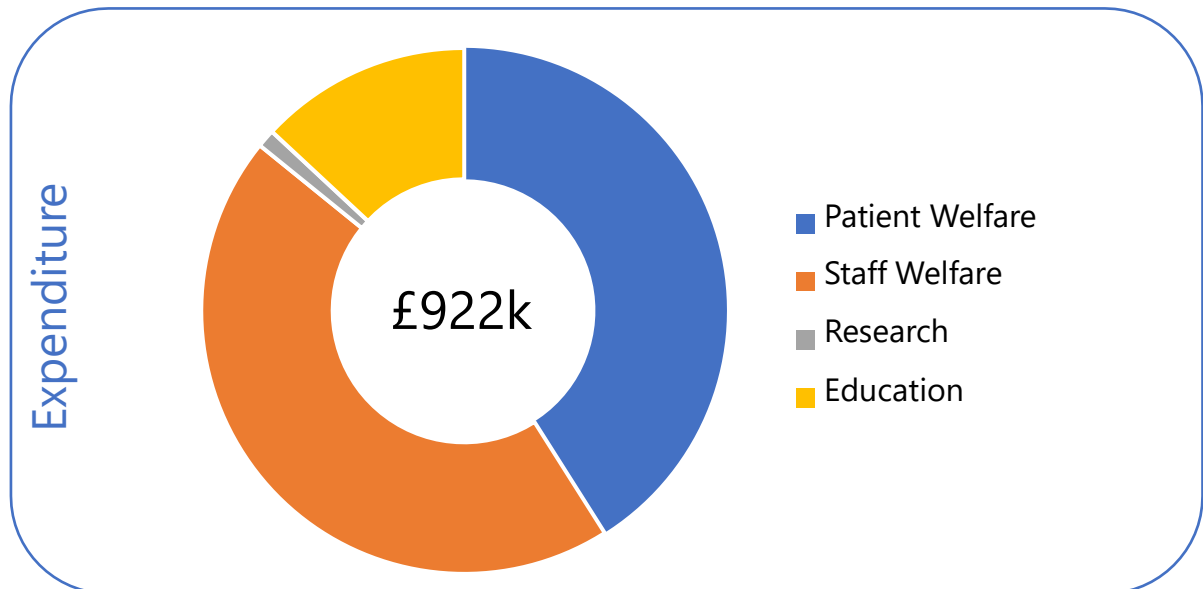
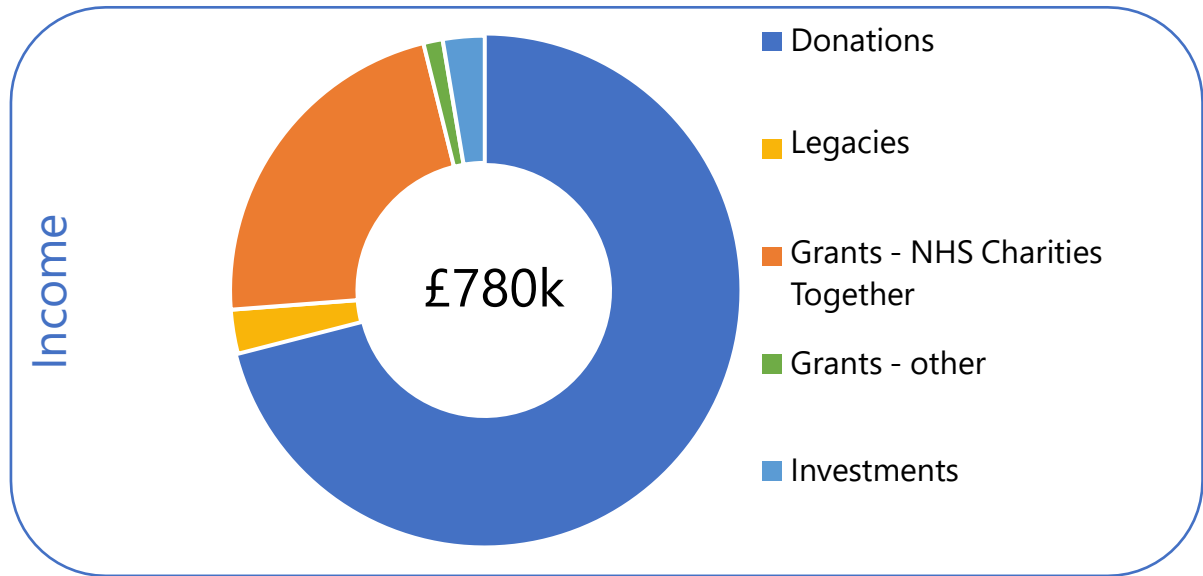
4

To Increase resources in support of OHC

The Oxford Health Charity, like the majority of NHS charities, is managed by a Corporate Trustee Board. For OHC this is made up of the members of the Oxford Health NHS Foundation Trust Board and responsibility for decision making is delegated to a Charity Committee (made up of Executive and Non-Executive Directors and key stakeholders) and a set of Fund Advisors linked to specific services and teams. The OHC is supported by a finance management team at Moore Kingston Smith, the Head of Charity and Involvement and the Development Coordinator within the Trust. In addition to this, the largest fund within the charity (ROSY) has a dedicated part time administrator to enable them to continue their fundraising achievements. All posts linked to the charity, bar the finance team, are employed by Oxford Health NHS Foundation Trust; the administrator and Development Coordinator are funded by the charity.

Plans to increase the resources available to the charity through the use of volunteers is under development with volunteers already widely supporting the delivery of charity funded projects but only a small number involved in fundraising and awareness raising.

Financial Snapshot



Our Current Appeals

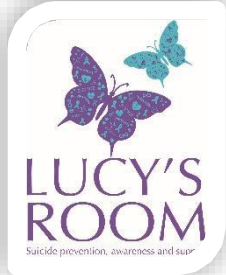


Where the Need is Greatest



Oxford Health Cares

Launched in March 2020 to support staff during the pandemic and beyond



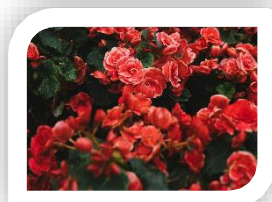
Lucy's Room

A music room facility for adult mental health wards at the Warneford – in memory of Lucy Sessions



Respite for Oxfordshire's Sick Youngsters (ROSY)

Supporting families by providing respite care to young people with life limiting illnesses



In Memory

Making a donation in memory of a loved one is a very personal way of supporting the team, ward or service that supported them in their time of need



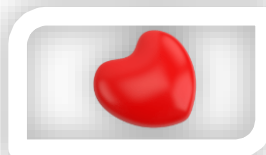
Green Spaces

Bringing our outdoor spaces to life, making a positive difference for our patients, staff and visitors



Oxford Health Arts

Delivering projects and activities engaging those receiving care in expressing themselves through the arts



Service Specific Appeals

Supporting specific services across the Trust

Highlights of the Year

We set up our Oxford Health Cares Appeal, to support the wellbeing of Oxford Health NHS Foundation Trust staff through the pandemic. The initial project took place in the First and Second lockdowns and enabled us to create and delivery **care packs** to teams across the Trust.

The kindness and generosity of our local communities and business was fantastic.

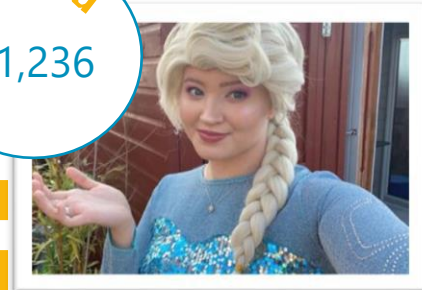
2000+

packs were distributed between March and December 2020

April 2020



Raised
£1,236



19 year old, Nursery Practitioner Bethany Didcock was furloughed during the first lockdown. She spent the first and second lockdown visiting children (socially distanced) in her hometown dressed as Queen Elsa from the Disney favourite, Frozen.

Bethany decided to choose Oxford Health Charity because of the superb care her great grandmother received from our nursing team at Witney Community Hospital.

"They were amazing and so kind. The hospital is big part of our community. I also have a relative Molly who is one of Oxford Health's community nurses. I know how hard she and her colleagues work, going into patient's homes during this difficult time. They are under immense pressure and caring for others round the clock."



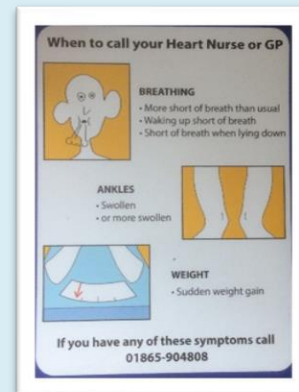
The generous residents of Long Wittenham village in Oxfordshire put together over 400 care packs for NHS community staff were a wonderful surprise on International Nurses Day.

Emma Newman, resident and lead for the project said "As a village we had planned big celebrations for VE day, but since it all had to be cancelled, we decided to set up the village hall as an assembly point for the care packs instead. Over 100 people came through the doors,"

The Forensic Services team developed the 'Patient-zine', a print magazine with an ambition to share the voice and creativity of service users. All the content is driven by patients and is a space outside of conventional avenues of communication to share thoughts and opinions.

We funded the first four editions and are working with the team to secure future funding and sponsorship opportunities.

We supported the Heart Failure Community team by funding **fridge magnets** for their patients to remind them of symptoms that could be a cause for concern and the telephone number they needed to call.



Raised
£668



Matt Cooper was keen to support his local NHS Trust and so challenged himself to cycle John O'Groats to Lands' End on his mum's 'janky old exercise bike' (his words!) in his back garden!

Matt explained, "I've got friends who work within the NHS in Oxfordshire and wanted to do more than just say thank you to them. Every person in the NHS deserves something in return for their incredible work during these crazy times, and this is my way of saying thank you!"

May 2020

Raised

£2,111



Woodstock Town Football Club went the extra mile to help our charity by running 1,876 miles throughout May.

Head Coach Liam Walker shared their reason for supporting Oxford Health Charity: "As well as fighting COVID-19, our local NHS is taking on the unseen fight of support the mental and psychological effects of the virus and the lockdown is having on our communities. That's why we want to raise money to help that part of the struggle."

We gratefully received a bounty of beautifully crafted laundry bags from the UK Crafters – Oxfordshire and Central Hub. The Facebook group rallied local sewers to help support our teams by providing these bags to put uniforms in after shift. Many of the bags also came with a touching message in recognition of their efforts.



June 2020

Raised

£720



Poppy from Eynsham near Witney likes to talk! She challenged herself to carry out a 24 hour silence to say thank you to the NHS.

To further encourage the quietness Poppy's Dad agreed to match fund all donations but didn't envisage quite how much Poppy would raise!

As part of a generous grant from NHS Charities Together we provided each of our inpatient units with a giftcard to purchase activities for patients within their care. Purchases included puzzles, games, Lego, art materials, gardening equipment and cooking items.



The team on Ashhurst Ward, in Littlemore Mental Health Centre, Oxford spent some of their funds on a BBQ which helped lift spirits amongst both staff and patients.

Patients in our Community Hospitals in Oxfordshire enjoyed the introduction of our **Art Cart**.



This is packed with colouring books, art material, puzzle books. Many of the activities come with a guide and are designed to get people started on a new or rediscovered activity.



Pat, who spent time on the Linfoot Ward at Witney Community Hospital, picked up some wool and knitting needles from the Art Cart. Angela Conlan, our Creating with Care lead had written instructions to knit a square so she was surprised to come back to see Pat the following week to see she had knitted hats for babies!

It was a wonderful to see what Pat had produced in such a short space of time, I really was taken aback as there was no pattern provided – she knew it by heart!

“The baby hats have been sent off to the Supporting the Sick Newborn and their Parents charity for premature babies at the John Radcliffe

Nine year old Natalie from Oxford lopped off her lock down locks to raise money for our charity. She had only ever had a trim before so seven inches (cut off by her mum) was a nerve-wracking moment!



Raised
£450



We welcomed the **talented musicians** from Orchestra of St John across the forensic wards at Littlemore Mental Health Centre in Oxford. Thanks to Oxford Health Charity support, patients and staff enjoyed a 30 minute mini concert performed by a member of the orchestra. Each session brought a diverse range of genre and instruments including classical, jazz and film music.

Over 300 members of Kidlington Youth Football Club came together (virtually) in their biggest ever fundraiser – to run, walk or cycle 3890 miles. They soon had to revise their target and soon smashed 10,000 miles, whilst raising an amazing £4,200 for our charity



Raised
£4200

July 2020

The MiNO (Message in a Novel) project **donated over 550 books** to our charity. Each book also came with a handwritten personalised message in too, to help lift spirits. We sent the books out to staff breakout areas to encourage. From classic novels, to poetry, health to gardening there's something for all tastes!



With much sadness we lost our dear friend and colleague Margaret Tapley. Those who worked closely with Margaret helped to design and make **a mosaic** funded by the charity, that sits proud in the courtyard garden of the Linfoot Ward at Witney Community Hospital where Margaret worked.



We supported a project at Abingdon Community Hospital that saw a previously unused piece of grassland into a **Peace and Tranquillity Garden**. The project led by Chiltern Rangers, saw volunteers from the local community and staff come together to create a place for patients, families, and staff to rest and enjoy the outdoors. Complete with a wildflower meadow, bird feeders and insect-attracting plants it's hoped the garden will be frequently visited by bees and other wildlife too.

Dr Ben Riley, managing director of Community Services said "It's great to do something for staff, particularly at this time. This will give them a safe place to rest and recuperate."



The Annual **HealthFest** event usually sees a gathering of Trust services and our local partners setting up a stall on the front lawn of the Warneford Hospital, Oxford.

With the pandemic, plans needed to be revised and our first Virtual HealthFest was born.

A virtual arena was launched with themed 'tents' for visitors to enjoy covering Keeping Active; Green Alert; Thriving with Nature; Arts & Wellbeing; Charity, Membership & Involvement and Research and Development.



We took delivery of one of a limited edition of *Damien Hirst's Butterfly Rainbow* – a bright print on aluminum featuring butterfly wings

An additional **70 NHS workers in and around Oxford can now get around on two wheels**, thanks to a grant Oxford Health Charity made to Active Oxfordshire. Bikes for Key Workers was launched in April 2020 by Active Oxfordshire and is now run by Cyclox in partnership with a range of other organisations and an army of dedicated volunteer mechanics.

Donated bikes are given free of charge to NHS keyworkers who can't or prefer not to use public transport due to enhanced risk of infection. The cycles are donated by members of the public and are then checked over by volunteer mechanics, with final safety checks completed by qualified mechanics and bike shops.



A striking **mural** depicting the picturesque river side in Abingdon has transformed the day room on Abbey Ward in Abingdon Community Hospital, thanks to support from Oxford Health Charity.

Local artist Dionne Freeman worked with staff and patients from the initial concept through to the finer details.

Katrina King, Ward manager at Abbey Ward explained, "Dionne the artist has been amazing, encouraging patients to get involved with the artwork, it has prompted memories of local people and places. The finished result is just fantastic and has transformed the day room into a very welcoming and pleasurable area."





Every year, as a Trust we mark **Black History Month** in October to celebrate the contributions and achievements of our diverse communities, but 2020 felt very different and more important than ever that we stand together.

For the first time, Oxford Health Charity proudly to lent support, by funding a number of events, open to Oxford Health staff, which featured key experts sharing their knowledge and wisdom on race equality. The sessions were aimed to raise awareness, provoke thinking and essentially, lead to take action.

Head of Inclusion, Mo Patel explained "We are very grateful to Oxford Health Charity for their support, which enables us to extend our plans for BHM by inviting experts to set us on the path to achieving and realising our vision for true race equality for everyone"



Two of our fantastic physiotherapy technical instructors, Martin Butler and Sarah Strawson were excited to welcome the shiny new treadmill they fundraised for at The Fulbrook Centre in Oxford.

"We're delighted the new treadmill has arrived and is encouraging our patients to get moving. Exercise can and is a known factor to benefit many mental health disorders, and can improve the lives of those we care for"



Staff in Buckinghamshire were encouraged to get moving and take part in the **Bucks Step Challenge**. Teams of up to four were challenged to record their steps throughout September. The charity supported this by providing a small prize to the team that clocked up the most steps, had the best team name, and submitted the best team photograph!



Raised
£950

Benji was keen to help the CAMHS Participation Group that had helped him. Over the summer holidays Benji challenged himself to ride 112 miles, run 26 miles, walk 30 miles and complete 27 holes of golf. He completed his mission and raised a fabulous £950 for our charity.



Charity funding to Oxford City Learning Disabilities Team has enabled patients to **trial specialist equipment** that will help with daily tasks. With many service users experiencing autism, sensory processing difficulties and physical needs, daily activities such as washing, dressing, cooking, eating/drinking and personal care can prove difficult.

The team to purchase a wide variety of aids for patients to trial, to determine if they may benefit from them, before they make any purchases. Everyday tasks such as being able to use taps, turning a key, opening a jar, putting on a pair of socks could potentially be made easier through simple pieces of equipment.

Bethan Ward, Senior Occupation Therapist explained "Previously we had very limited equipment to show our service users, and assess the suitability of them, making it very difficult and risky to make recommendations. Service users are required to purchase themselves, which can be expensive, especially if they are not suitable for their needs."

"We are over the moon to have Oxford Health Charity's support to enable us to purchase the equipment we need to trial in people's homes. This will make a huge difference to our service users with learning disabilities in and around Oxford."

Donated

£9,500



The Oxfordshire Freemasons has bought a wealth of support to our charity this year.

Initially donating £5,000 to our Oxford Health Cares appeal to enable us to send care packages to our teams in the first lockdown.

They then donated a further £4,500 for a bladder scanner for Oxford City Community Hospital.

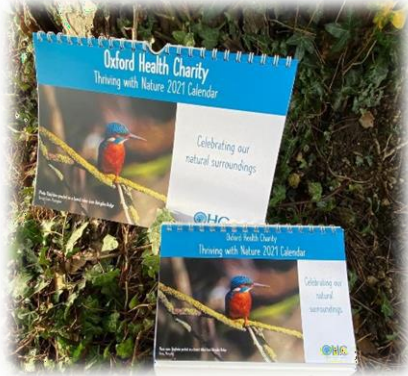


Charity funds have purchased music studio equipment for the Wenric Ward, enabling patients to pursue their interests in music, DJ-ing and recording. Historically patients on Wenric have visited the Oxford Clinic, however due to COVID restrictions this wasn't possible.

"Music is often a valuable source of therapeutic engagement and personal expression for our patients. It's been wonderful to have our own equipment – five patients regularly use with support of the music tutor."

Raised

£180



During HealthFest we launched a nature photography competition and collated the winning entries to make our first charity **calendar**. We sold copies on our charity website and also gave copies to each of our teams in the Winter Care boxes.



Whilst meeting up socially wasn't possible, the Community Services Directorate were keen to bring together those with a passion for singing and the **Community Services Choir** was born. The Charity funded a Choir Leader to host a virtual meeting every week. The choir provided an opportunity for colleagues to come together in a recreational capacity to share something creative and leave the working day behind.

Each Christmas OHC works alongside the Trust inpatient wards in **Buckinghamshire, Oxfordshire and Wiltshire** to provide funding for festive food and gifts. This ensures that all patients in the 35 inpatient wards on Christmas Day receive a **gift** and can share in **festive treats** with each other and the staff working that day too. We recognise that it is not just the inpatient wards who will be seeing patients on Christmas Day and were able to provide **festive hampers** to the Urgent Care units that were open to patients as well.

Over the winter months to help raise a smile amongst teams working tirelessly, our small charity and community involvement team packed and distributed some further **Care Boxes**. In addition to the 'usual' care items and refreshments there were some festive treats too.



Including some very special fragrances donated by **Jo Malone**. We randomly selected 950 colleagues in a prize draw

Thanks to funding from NHS Charities Together we were able to provide support to numerous **staff wellbeing** initiatives throughout the pandemic. We welcomed applications from teams throughout the Trust to apply for funds to support staff.

Quickly requests came in and we approved for activities such as providing wellbeing speakers during team meetings, to putting together a small 'pick-me-up' gift such as a bath bomb set, or chocolate brownies. We also funded virtual team events such as pilates sessions, provided prizes for virtual team competitions and equipment to make staff rest areas more inviting.



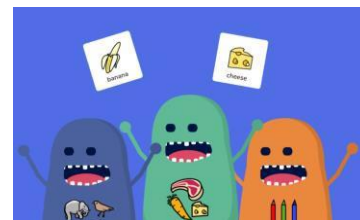
Sym
pli
fy.

Our Children's Integrated Therapy team requested charity funds to access a new **web-based app** used to create compelling materials to use with a range of children with speech and language difficulties from early years to secondary schools across both mainstream and special schools. These materials helped with speech and sound difficulties to language difficulties.

"This was a fantastic resource especially during lockdowns when we couldn't visit schools"

"I use Simplify multiple times every day to engage children in the therapy I deliver online. When I return to face-to-face therapy I envisage I will be using Simplify in equal measure"

"I have used Simplify with all the children I see digitally. They enjoy the games and it has all that I need to tailor games to their specific targets. It is also a quick and easy way to make bespoke word lists for use in school and at home."



Our Community Hospitals in Oxfordshire initiated a project to introduce further **rest areas** within each location. The Trust funded for portacabin units to be installed, and the Charity funded providing equipment for these – such as kettles, microwaves, furniture.

As the pandemic continued to add further pressures on teams throughout the Trust, and heightened infection controls meant we were unable to distribute Care Boxes, we developed a programme of virtual wellbeing sessions to help encourage staff to take some time out for themselves.

Through our Connect and Care for You programme we offered a six week programme of a wide variety of sessions including coaching, meditation, yoga, art for wellbeing, pottery, seated dance, origami, Indian cookery, gardening, family yoga, sleeping tips and more!

Here's some of the feedback:



Everyone in the group was encouraging and willing to share thoughts, ideas and pictures. wonderful and enjoyable session. Thank you.

Please please please can we keep things like this going? It has been an absolute godsend for my mental health and is really really appreciated!

This was the best yet, I cannot tell how much I enjoyed it. It finished off a rubbish week with a big fat fab fun blast. Thank you so much more like this please. Still smiling now hours after the session.



These have been so helpful and enriching, thank you so much

The second time I attended this session, simply love it. totally recommend it. Should be a daily session, always feel better after it. Thank you :)



Di Hilson, Carer Involvement Lead facilitates a Carers Support Group to give carers the opportunity to have time for themselves, talk to others in similar situations and get support. Understandably during the pandemic physical gatherings weren't possible but Di organised various virtual events including quizzes and online activities. The charity provided some **art/craft packs** which were sent out to the carers to then use during their virtual gathering. We also funded for a **hamper** to use as a prize.



Leaders of the Community directorate requested charity funds to send each member of the team a **thank you letter** recognising their tremendous commitment to patients and each other throughout the hardest of years. Each member of the team were sent the letter along with a **packet of sunflowers**, diligently packed by a team of volunteers. Lucia Winrow who came up with the idea of 'Operation Sunflower'



"We are delighted to be able to be doing this at a time that coincides with the one-year anniversary of the pandemic. We have had amazing support from the Oxford Health Charity throughout this year and it is fabulous that we can connect with staff this way. We are hoping that staff plant their seeds and enjoy them. We are planning to stay connected with this project and run a competition later in the year for the tallest sunflower!"



We had some wonderful volunteers who offered to make some **scrubs** for our staff at Witney Community Hospital. The charity supported the project by purchasing fabric for these to be made.





The sunshine can be enjoyed in more comfort for staff and patients at Witney Community Hospital, thanks to the charity purchasing and installing **30+ sun canopies**.

March 26, marked NHS Sustainability Day – a chance to celebrate the importance of sustainable development, champion green initiatives and raise awareness at Oxford Health.

To mark the occasion the charity funded for four trees to be planted at four different sites throughout the Trust.

The tree Dr Nick Broughton (pictured) planted at Littlemore will be joined by many others later this year to form a tiny forest, the size of a tennis court.



March 2021



Raised
£450

A few years ago, as an adolescent Brandon spent some time being cared for in our Highfield Unit in Oxford. Now as a young adult Brandon wanted to pass on his gratitude to the team.

He took on a walking challenge walking 196 miles, the equivalent of Brandon's home to the Highfield Unit and back again.

I will always be grateful for everything the Highfield Unit did for me, I have good memories of the great team there.



Patients on Sandford Ward in Oxford have enjoyed putting together their own **personalised self-soothe boxes**, thanks to support from Oxford Health Charity.

The gentlemen, who are over 65 and are experiencing severe mental health and/or dementia, work with staff to create their own individual list identifying things that are meaningful to them. Staff then purchase related items using charity funds and then pass to the gentlemen to pack within their own boxes.

As the boxes are filled with items of meaning to the individual, they can help calm, soothe, distract and provide reassurance. The boxes each contain contact numbers for friends and family, and helpline numbers alongside the enjoyable or relaxing activities.

Oxford Health Cares Heroes

Oxford Health Cares would not have been possible without the kindness, generosity and support of our local community. Thanks goes to all those who supported us through fundraising, donating goods and services and volunteering their time.

Asda Wheatley

Jo Malone

Jane's Homemade Emporium

A&J Catering

Coca Cola

Eager Drinks

A Bit of a Do Ltd

Dry Sandford Primary School

Waitrose Abingdon

Cliff Energy Bars

Glanbia Performance Nutrition

UK Crafters Oxfordshire

Carpenters catering

Avon

Olly's Olives

Restore

Kelly's Bodylicious Shop

Windmill Primary School

Boden

Forever Living

NINEBrand

Digitas Health

The BagNBox Man

001 Taxis

Estee Lauder

Wolfson Brands

Kelloggs

Mars Wrigley

Albiva

Waitrose Headington

Aspects Beauty

Oxfordshire Freemasons

OrganiCup

Eager Drinks

Assure

Queen Mee

Clarins

DCB Homeware

THANK YOU



Future Plans

Moving forward into 2021/22, Oxford Health Charity continues to work closely with the Trust to support patients and staff as the impact of the pandemic continues to be felt. In addition to maintaining all our normal streams of requests and funding, the Oxford Health Cares appeal remains a vital support for staff and will include a second set of wellbeing sessions as part of HealthFest 2021. One new way of encouraging charitable expenditure is through the 'Learning from Excellence' programme in the two mental health directorates, where innovation in patient care is celebrated and will now be able to rewarded with funding to widen impact.

Pandemic related income and expenditure for the year is expected to be primarily linked to NHS Charities Together (NHSCT), the umbrella charity for all NHS Charities. To date, this has involved working with other NHS Charities as part of the BOB (Buckinghamshire, Oxfordshire and Berkshire West) Integrated Care System to successfully bid for community sector project grants as part of the Stage Two NHSCT funding and with internal projects to successfully bid for recovery project funding as part of the Stage Three NHSCT grants. These grants will bring £802,000 into the BOB NHS Charities network – and will be managed by the nominated lead charity, Buckinghamshire HealthCare Charity – and £132,000 into Oxford Health Charity itself respectively. The latter being our largest grant received in recent years. It is anticipated that work on delivery and measuring the impact of these projects will be a priority area of focus in 2021/22.



OHC will continue to work towards the 2019-22 strategy objectives and will start the process of identifying the correct strategic approach to take us forward from 2022 onwards. The current strategy has a keen focus on increasing awareness and engagement and the fruits of this work is already being seen with higher numbers of fundraisers (both internal and external) supporting the charity through events like the Inflatables 5k, the Oxford Half and the Blenheim 7k as well as individual challenges. It is expected that 2021 will see the highest number of fundraisers that the charity has recorded, directly linked to the improved profile and level of activity undertaken. The current strategy also highlighted the need for additional resource to enable growth and it is acknowledged that the current level of activity and continued growth expected in 2022 onwards would not be possible without the addition of the Development Coordinator at the beginning of 2020. A more focussed approach to fundraising and expenditure will be a key part of the future strategy, enabling a more effective approach for large grants and donations associated with the growth of OHC in general.



Help us to help our communities

Everything we've been able to support, from the wildflower meadows and patient/staff gardens, the creative therapies through to the gym equipment, outdoor furniture through to sensory aids. All these activities and projects were thanks to the generosity of our supporters, for which we are truly thankful.

If you are looking to take part in a fundraising activity or challenge yourself and would like to support your local community hospital or mental health services we'd love to hear from you.



charity@oxfordhealth.nhs.uk



OxfordHealthCharity



OxHealthCharity



Oxford-health-charity

Or write to us – Oxford Health Charity, Warneford Hospital, Warneford Lane, Oxford, OX3 7JX

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Accounts



FUNDS HELD ON TRUST ANNUAL ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

The accounts of the funds held on trust by Oxford Health NHS Foundation Trust

FOREWORD

These accounts have been prepared by the Trustee in accordance with the requirements of the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Statutory Background

The Charitable Fund came into force on 31 July 1996 under Statutory Instrument dated 8 July 1996. The Secretary of State for Health exercised his powers under section 92(1) of the National Health Service Act 1977(a) and the Trust property was transferred from the Oxfordshire Health Authority upon the establishment of the Oxfordshire Mental Healthcare NHS Trust.

On 1 April 2006 the Charity expanded through the inclusion of the mental health related fund balance within the Buckinghamshire Mental Health NHS Trust Charitable Fund (registered charity number 1054087), following the merger by acquisition of Buckinghamshire Mental Health NHS Trust by Oxfordshire Mental Healthcare NHS Trust.

On 31 October 2011 Oxfordshire Primary Care Trust Charity (registered charity number 1091570) was merged with this Charity, following the transfer of Community Health Oxfordshire services from Oxfordshire Primary Care Trust to Oxford Health NHS Foundation Trust.

The name of the Charity was changed from the 'Oxfordshire Mental Healthcare Charitable Fund' to the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' during the year ended 31 March 2009. The name of the Charity was changed from the 'Oxfordshire and Buckinghamshire Mental Health Charitable Fund' to 'Oxford Health Charitable Funds' during the year ended 31 March 2012. The name of the Charity was changed from the 'Oxford Health Charitable Funds' to 'Oxford Health Charity' during the year ended 31 March 2015.

Oxford Health NHS Foundation Trust is the sole corporate trustee of Oxford Health Charity.

Oxford Health Charity is registered with the Charity Commission (registered charity number 1057285).

Main Purpose of the Charitable Funds held on trust

The main purpose of the charitable funds held on trust is to apply income for any charitable purpose relating to the National Health Service wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

Signed:

A handwritten signature in black ink, appearing to read 'Nick Broughton', with a long horizontal flourish extending to the right.

Dr Nick Broughton
on behalf of the Corporate Trustee

Date: 11th January 2022

Introduction

The Oxford Health Charity ('the Charity') exists to benefit the patients and service users of the Oxford Health NHS Foundation Trust (and, in the case of a small number of funds, patients and others receiving the services of other parts of the National Health Service and related services).

The bulk of the clinical services provided by the Oxford Health NHS Foundation Trust are funded, of course, from the NHS. In comparison to NHS funding the amounts of money available through the Charity are small, but often a relatively small amount of funding allows activities which NHS funding would not provide. Such funding helps to innovate or to ensure that patients and service users have a wider range of opportunities.

Objectives and Activities

The Charity's governing document is a trust deed dated 31 July 1996, as amended by supplemental deeds dated 6 October 2008 and 29 June 2011.

The objects of the Charity are to apply income for any charitable purposes relating to the NHS wholly or mainly for the services provided by the Oxford Health NHS Foundation Trust.

The main activities of the Charity are to provide public benefit by supporting the good health and welfare of patients and service users.

Achievements and Financial Review

The Charity Committee (a formal committee of the Oxford Health NHS Foundation Trust Board of Directors) reviews on a regular basis the expenditure within the Charity and the rules for these. The Expenditure Rules of the Charity were revised during 2016/17 and were reviewed in 2018/19 to meet the developing needs of the Charity.

The Charity Committee continues to also oversee the fundraising and engagement activities focused on raising awareness of the charity and the areas it supports. In driving forward fundraising activity, the Trustee intends to support the broader community activity for Oxford Health NHS Foundation Trust. It is anticipated that future developments will involve all stakeholders locally and regionally in a positive and rewarding, mutually beneficial relationship with both the Charity and the Trust.

In order to support the Trust, the Charity is committed to the development of health services, which are responsive and sensitive to the needs of its local population and the wider public. Essential to this aim is working effectively in partnership with patients, carers, foundation trust governors and members, volunteers and the public. In the fundraising context, this means working together to deliver real, positive impact on the healthcare of the people using the Trust's services. The majority of this is done through the reports from the Community Involvement Manager, appointed in June 2017.

The Charity's total funds in management were £1,312k as at 31 March 2021, similar to the previous year (2020: £1,301k).

Overall total income increased from £414k to £780k. This increase is attributed to the increase in donations due to COVID 19, including a £172k donation from NHS Charities Together

Total expenditure for the Charity increased to £940k (2020: £424k). This increase coincides with the increase in donations due to COVID 19.

Major fundraising and support projects are listed below.

The investments are now managed by Aberdeen Standard Capital Limited on a discretionary basis.

During the year there were losses on revaluation and disposals of the portfolio of £171k (2020: losses of £38k).

Investment Policy

Other than small amounts of cash at bank and funds related to the ROSY Fund (discussed below) the Charity's funds are invested on a discretionary basis with Aberdeen Standard Capital Limited. The Charity Committee regularly reviews the Charity's investment strategy, including the spread of asset allocation, appropriate benchmarks and issues of social responsibility.

The Charity's investment objective is to maximise long-term returns (rather than short-term income), but with an emphasis upon capital preservation. The portfolio is operated on a discretionary management basis with Aberdeen Standard Capital, allowing the investment manager more flexibility in responding to the investment market.

The Charity aims as far as possible to avoid investments in alcohol and tobacco. The investment policy allows Aberdeen Standard Capital to invest in general funds, provided that these were reviewed quarterly to ensure no more than minimal exposure to alcohol and tobacco, and that investments are changed where necessary to ensure this. With property investments the Charity seeks to avoid investments which are predominantly related to alcohol and tobacco, and this is reviewed on an annual basis.

The Charity aims to maintain the allocation of the portfolio within allocated ranges.

	Range as at 31/03/21
Equities	25%-65%
Fixed Interest bonds	10%-40%
Property	10%-30%
Cash	5%-20%
Absolute Return Funds	< = 10%

The ranges above have not changed since June 2015.

The performance of the investment portfolio is monitored on a quarterly basis against appropriate indices for the class of investment concerned. In addition the performance of the portfolio as a whole is measured against an overall benchmark based on a weighted average of the individual indices.

Funds related to ROSY (Respite nursing for Oxfordshire's Sick Youngsters) are held in cash deposits in order to ensure that ongoing costs of nursing staff can be met as they arise. These short-term deposits are recognised as current asset investments in the accounts of the Charity. The total investment cash holdings related to the ROSY Fund are excluded from the target allocation ranges set out above.

Governance – About the Charity

Oxford Health Charity is registered with the Charity Commission (charity number: 1057285) in accordance with the Charities Act 2011. The Charity has a corporate trustee: the Oxford Health NHS Foundation Trust.

The members of the Oxford Health NHS Foundation Trust Board of Directors serve as agents for the Corporate Trustee. The Trust Board members who served in this way during the year and up to the date of this report were:

Non-executive Directors	David Walker (Chair) Sir Jonathan Asbridge (Vice Chair) to 30 June 2020 Sir John Allison Bernard Galton Chris Hurst (Senior Independent Director) Dr Aroop Mozumder Kia Nobre from 1 July 2021 Mohinder Sawhney from 1 January 2021 Lucy Weston
Executive Directors	Stuart Bell, CBE, Chief Executive to 14 June 2020 Dr Nick Broughton, Chief Executive from 15 June 2020 Marie Crofts, Chief Nurse Mike McEnaney, Director of Finance Dr Mark Hancock, Medical Director to 7 May 2021 Debbie Richards, Managing Director of Mental Health Services & Learning Disabilities Care Kerry Rogers, Director of Corporate Affairs and Company Secretary (non voting) Tim Boylin, Director of Human Resources (non voting) to 12 March 2021 Martyn Ward, Director of Strategy and CIO (non voting) Ben Riley, Managing Director of Community Service from 2 April 2020 Mark Warner, Interim Director of Human Resources from 12 April 2021 Dr Karl Marlowe, Chief Medical Officer from 10 May 2021

Lucy Weston is Chair of the Charity Committee of the Oxford Health NHS Foundation Trust.

Governance – About the Charity

The Board of Directors has delegated responsibility for the day to day management of the Charity to the Charity Committee, who in turn delegate day to day management to Moore Kingston Smith Association Management. This meets on a quarterly basis.

Charity Registered Number 1057285

Principal Office Ground Floor
4 Victoria Square
St Albans
Hertfordshire
AL1 3TF

Bankers Lloyds Bank Plc
87 London Road
Oxford
OX3 9AB

Independent Examiner Grant Thornton UK LLP
110 Bishopsgate
London
EC2N 4AY

Investment Fund Manager Aberdeen Standard Capital
Bow Bells House
1 Bread Street
London
EC4M 9HH

Structure and Management

At 31 March 2021 the Charity was constituted of 47 funds (2020: 50). None of the funds in the year or at year-end were endowment funds. The material funds (other than control funds) at 31 March 2021 were:

	£000
Respite nursing for Oxfordshire's Sick Youngsters (ROSY)	362
Wantage Hospital (designated)	73
Mental Health Trustwide General Fund (designated)	73
NHS Charities Together (restricted)	72
Wallingford Community Hospital Fund (designated)	61
Legacies (restricted)	53

The Corporate Trustee, in fulfilling its legal duties, ensures that funds are spent in accordance with the purposes of each fund and designates funds in accordance with the wishes of donors.

Non-Executive members of the Oxford Health NHS Foundation Trust's Board of Directors ('the Board') are appointed by the Oxford Health NHS Foundation Trust's Council of Governors. Executive members of the Board are appointed by Oxford Health NHS Foundation Trust under normal staff recruitment procedures. Neither they nor the non-executive members of the Trust Board are individual trustees under charity law. All Directors and Non-Executive Directors are provided with appropriate background information in relation to their management of the Charity.

Acting for the Corporate Trustee, the Charity Committee is responsible for the overall management of the Charity. The Charity Committee is required to:

- Apply the charitable funds in accordance with the Charity's governing documents and the Charities Act 2011.
- Prepare and communicate a statement of policy for all fundraising activities, their approval, monitoring and administration to ensure that such activities, including disbursements, adhere to statutory and other relevant guidelines.
- Supervise the proper investment and administration of the charitable funds. This is done in conjunction with the Director of Finance and the Audit Committee of the Oxford Health NHS Foundation Trust, and with the support of an administrative and accounting service from Moore Kingston Smith Association Management.

Structure and Management

The Trustee (the Oxford Health NHS Foundation Trust) delegates the responsibility for the Charity to the Charity Committee, which in turn delegate the day-to-day management of the Charity to Moore Kingston Smith Association Management.

The Charity Committee consists of 3 Non-executive directors and 2 Executive Directors of the NHS Foundation Trust, the Director of Corporate Affairs & Company Secretary, a representative of the Trust's Finance Department, along with an external member. The external member during the year was Olga Senior.

The Charity Committee meets quarterly. At each meeting items of expenditure of amounts of £500 and above are reviewed and consideration is given to investment performance, management accounts and the stewardship of the funds.

Unrestricted Funds comprise donations and other charitable income received for general purpose charitable use which are credited to general funds whenever possible or where donors have expressed wishes as to how the funds might be used they are allocated to the relevant designated fund held for the intended purpose. Funds are often derived from unsolicited donations and/or from legacies and are therefore unpredictable.

Designated funds are administered by Fund Advisers in accordance with policies and procedures set by the Trustee. The funds are monitored in terms of expenditure plans, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate reserves policy is not required for designated funds.

Within unrestricted funds, the Charity also holds net undistributed investment gains on unrestricted funds. The purpose of holding these monies is to protect the activities supported, by providing a buffer against future adverse market conditions. The Trustee aims for the balance held in this way to be not less than 25% of the market value of non-cash investments. At 31 March 2021 this balance amounted to £266k which was equivalent to 25% (2020: 23% £211k) of the market value of non-cash investments. The level of the buffer will fluctuate from year to year depending upon movements in the market. The Trustee will endeavour to continue to maintain the buffer within the target set.

General Funds are those elements of the Unrestricted Funds which have not been designated for specific purposes and which are not being held as a buffer against future adverse market conditions. General Funds are included under unrestricted funds in the Charity's accounts.

General Funds	Reserves at 31 March 2021	Expenditure 2020/21
	£	£
Trustwide General	73,771	77,882
Buckinghamshire Mental Health General	37,551	1,925
Marjorie Henderson Fund	22,178	1,853
Total	133,500	81,659

The Committee continues to review the charitable funds regularly and to direct income (including legacies) where possible (where the term of the gift allows it) for use in trust wide general funds.

The Charity Committee reviews the position on reserves on a quarterly basis and reviews the Reserves Policy on an annual basis.

Public Benefit

In exercising its duties and powers with regard to the Charity, the Corporate Trustee has complied with its duty under s17 of the Charities Act 2011 to have due regard to the guidance on public benefit issued by the Charity Commission. The Charity aims to serve the public benefit by promoting the welfare of the patients and service users of Oxford Health NHS Foundation Trust (and where appropriate patients served by other parts of the NHS or related services). This is carried out by: promoting improvements in care over and above that which would ordinarily be provided by the National Health Service; the purchase of equipment; improvements to the care environment; and by promoting activities that assist reintegration into the community. In addition, the Charity funds activities related to the education and welfare of staff of the Oxford Health NHS Foundation Trust where this leads to better standards of care and hence benefits patients and service users.

Consolidation of Accounts

HM Treasury has concluded that in compliance with International Accounting Standard 27, the financial position and results of NHS charities should be consolidated into the accounts of the related NHS body wherever that NHS body is the corporate trustee of the charity and therefore has the power to control and benefit from the charity which it administers as corporate trustee. NHS Charities remain independent, and charity law requires that trustees act in accordance with the charity's purposes and in the best interests of the charity and its beneficiaries and do not act on the policies or directions of any other body. Therefore when the Corporate Trustee considers the affairs of the Charity, although it does have control over those affairs, it is required to make decisions solely in the interest of the Charity and its beneficiaries and not in the interests of the NHS Foundation Trust.

Consolidation is only required where the figures are material to the accounts of the NHS body. In the case of Oxford Health NHS Foundation Trust, the NHS body is the corporate trustee of the Charity, but the figures related to the Charity are not considered to be material to the accounts of the NHS body, and therefore the charity figures are not consolidated within the accounts of that body. It remains the case that the funds of the Charity can only be used for charitable purposes.

Partnership Working

Patients and service users of the Oxford Health NHS Foundation Trust are the main beneficiaries of the Charity. The Oxford Health-NHS Foundation Trust is a related party by virtue of being Corporate Trustee of the Charity. By working in partnership with the Oxford Health NHS Foundation Trust, the charitable funds are used to best effect. When deciding on the most beneficial way to use charitable funds, the Charity Committee of the Oxford Health NHS Foundation Trust, acting as agent of the Corporate Trustee, has regard to the main activities, objectives and plans of the Oxford Health NHS Foundation Trust.

Reserves Policy

The Charity held £1,312k in total including £555k restricted funds as at 31 March 2021. Charitable reserves are defined as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objects, but which is not yet spent, committed or designated. The definition of reserves therefore excludes:

- o Restricted funds
- o Designated funds

Restricted Funds would be established where monies have been bequeathed or donated to the Charity which are subject to donor intention, which limit their use to particular purposes, arising for example from restrictions imposed by the donor. Such funds would be held and used only when a purpose for which they are available arises.

Going Concern

The Trustee considers that the Charity has adequate financial resources and is well placed to manage the business risks that it faces. The Trustee's assessment of the Charity's position takes into consideration the current economic climate and its potential impact on the Charity's sources of income and planned expenditure. The Trustee has a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation. Accordingly, the accounts have been prepared on the basis that the Charity is a going concern.

Risk Management

The Charity maintains a risk register containing all its principal risks and has during the year reviewed risks and the systems and procedures established to manage them.

The Charity has detailed Expenditure Rules which set out how funds can and should be used. These are subject to regular review.

The Charity's investments are regularly reviewed by the Charity Committee, including the comparison of returns against suitable benchmarks.



Signed by

Date 11th January 2022

Dr Nick Broughton

Statement of Trustee's Responsibilities

The Trustee is responsible for preparing the Trustee's Annual Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland."

The law applicable to charities in England and Wales requires the Trustee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these accounts, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates which are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable it to ensure that the accounts comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity's trust deed. The Trustee is also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

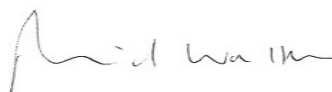
The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and has complied with the requirements for preparing the accounts. The accounts set out on pages 25 to 57 have been compiled from and are in accordance with the financial records maintained by the Trustees.

By Order of the Trustees

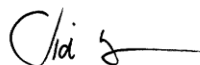
Signed:

Chair.



Date 11th January 2022

Director
Trustee



Date 11th January 2022

Independent Examiner's Report

Independent examiner's report to the corporate trustee of Oxford Health Charity

I report on the accounts of Oxford Health Charity (the "charity") for the year ended 31 March 2021, which are set out on pages 25-58.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act 2011;
 - to prepare accounts which accord with the accounting records; and
 - to comply with the applicable requirements concerning the form and content of accounts set out in - the Charities (Accounts and Reports) Regulations 2008

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a comparison of the accounts with the accounting records kept by the charity. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as corporate trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement above.

Independent Examiner's Report

Respective responsibilities of corporate trustee and examiner

The charity's corporate trustee is responsible for the preparation of the accounts. The charity's trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Chartered Institute of Public Finance and Accountancy

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act 2011;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
- to state whether particular matters have come to my attention.

Your attention is drawn to the fact that the charity's trustees have prepared the charity's accounts in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) issued in October 2019 in preference to the Statement of Recommended Practice 'Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2005)' issued in April 2005 which is referred to in the Charities (Accounts and Reports) Regulations 2008 but has been withdrawn. I understand that the charity's trustees have done this in order for the charity's accounts to give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

Use of this report

This report is in respect of an examination carried out under section 145 of the Charities Act 2011. This report is made solely to the charity's corporate trustee, as a body, in accordance with the regulations made under section 154 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee, as a body, for my work, for this report or for the opinions I have formed.

Iain Murray, CPFA
Grant Thornton UK LLP, Chartered Accountants, London
28 January 2022

Statement of Financial Activities for the year ended 31 March 2021

	Year Ended 31 March 2021			Year Ended 31 March 2020	
	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000	Total Funds £000
Income from:					
Donations and Legacies	3				
Donations & voluntary grants		381	172	553	344
Legacies		5	17	22	52
Grants – from other NHS Charities		-	174	174	-
Grants – other		10	-	10	-
Sub total: donations & legacies		396	363	759	396
Investments	8.3	21	-	21	18
Total income		417	363	780	414
Expenditure on:					
Raising funds					
Costs of generating voluntary income		9	-	9	9
Investment management costs		9	-	9	6
Sub total: expenditure on raising funds		18	-	18	15
Charitable activities	6,7				
Patient welfare		112	268	380	305
Staff welfare		376	36	412	26
Research and education		95	35	130	78
Sub total: expenditure on charitable activities		583	339	922	409
Total expenditure		601	339	940	424
Net gains/(losses) on investments		171	-	171	(38)
Net income/(expenditure)		(13)	24	11	(48)
Transfer between funds		(87)	87	-	-
Net movement in funds		(100)	111	11	(48)
Reconciliation of funds:					
Total funds brought forward at 1 April		857	444	1,301	1,349
Total funds carried forward at 31 March		757	555	1,312	1,301

Comparative figures for each class of funds are provided in note 12 to the accounts.
All income and expenditure resources relate to continuing operations.
The Charity has no gains or losses other than those recognised in this Statement of Financial Activities
The notes on pages 43 to 58 form part of these accounts.

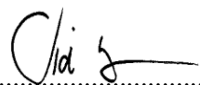
Balance Sheet as at 31 March 2021

	Note	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2020 £000	Total Funds 2019 £000
Fixed assets					
Investments	8.1	968	87	1,055	872
Total fixed assets		<u>968</u>	<u>87</u>	<u>1,055</u>	<u>872</u>
Current assets					
Debtors	9	14	8	22	9
Cash at bank and in hand		(191)	485	294	472
Total current assets		<u>(177)</u>	<u>493</u>	<u>316</u>	<u>481</u>
Liabilities					
Creditors: Amounts falling due within one year	10	34	25	59	52
Net current assets / (liabilities)		<u>(211)</u>	<u>468</u>	<u>257</u>	<u>429</u>
Net assets					
Funds of the Charity		<u>757</u>	<u>555</u>	<u>1,312</u>	<u>1,301</u>
Income funds:					
Restricted	11.1	-	555	555	444
Unrestricted	11.3	757	-	757	857
Total funds		<u>757</u>	<u>555</u>	<u>1,312</u>	<u>1,301</u>
		<u>1,312</u>			

Comparative figures for each class of funds are provided in note 13 to the accounts.

The notes on pages 43 to 58 form part of these accounts.

These accounts (Registered Charity number 1057285) were approved by the trustee on
and were signed on its behalf by:



.....
Dr Nick Broughton

11th January 2022
Date

Notes to the Accounts

1. Basis of Preparation

The accounts have been prepared under the historic cost convention, with the exception of investments which are included at market value. The accounts comply with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102) (effective 1 January 2015)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The accounts have been prepared on the going concern basis which assumes the Charity will continue for the foreseeable future. The Trustee believes that there are no material uncertainties that call into doubt the Charity's ability to continue in operation.

The Charity has taken advantage of the exemption available under FRS 102 and has not produced a Cash Flow Statement as it is a small charity. The principal accounting policies, which have been applied consistently throughout the current financial year are set out below.

2. Income

a) Donations

All donations are included in full in the Statement of Financial Activities as soon as the following three factors can be met:

i) entitlement - when control over the rights or other access to the economic benefit has passed to the charity (in the case of a donations, entitlement usually arises immediately on its receipt); and

ii) probable - when it is more likely than not that the economic benefits associated with the transaction or gift will flow to the charity; and

iii) measurement - when the monetary value or amount of the income can be measured reliably and the costs incurred for the transaction and the costs to complete the transaction can be measured reliably.

b) Legacies
Legacies are accounted for upon receipt or where receipt of the legacy is probable and the amount receivable can be estimated with sufficient accuracy. This will be once confirmation has been received from the representatives of the estate that payment of the legacy will be made or property transferred and once all conditions attached to the legacy have been fulfilled and the amount receivable is known with reasonable certainty.

c) Grants
Income from grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.

If the grant has conditions attached which must be fulfilled before the Charity has control of the resources, the meeting of these conditions is within the Charity's control and there is sufficient evidence that the conditions will be met, then the grant is recognised. However, where the meeting of the conditions is not probable or not within the control of the Charity, the grant would not be recognised until the conditions set have been met.

If a donor imposes a time period in which the expenditure of resources can take place, and a grant is received for expenditure that must take place in a future accounting period, it would be accounted for as deferred income and recognised as a liability until the accounting period in which the Charity is allowed by the condition to expend the resource. If the donor has given the condition that they can recover any unexpended part of the grant, the liability for any repayment would be recognised only when repayment becomes probable.

d) Income from Charitable Activities & Other Trading Activities
Income from charitable activities & other trading activities is accounted for on an accruals basis as goods or services are supplied.

e) Income from Investments
Investment income is accounted for in the period in which the Charity is entitled to receipt and the amount can be measured with reasonable certainty.

f) Allocation of Income to Funds
Income is credited to a fund which will benefit the area where the donor has imposed a restriction or expressed a wish, for how their gift should be used and are classified as restricted or designated funds accordingly. If the donor has not expressed a wish for how their gift should be used, it is credited to an Unrestricted General fund and used at the Trustee's discretion in accordance with the objects of the Charity.

1.3 Expenditure

- a) The accounts are prepared in accordance with the accruals concept.

All expenditure is recognised once there is a legal or constructive obligation committing the Charity to the expenditure.

The Statement of Financial Activities provides an analysis of expenditure based on the nature of the activity undertaken. Expenditure is divided between three main activities:

Raising Funds, Charitable Activities and Other.

- b) Raising Funds

These include the costs of generating voluntary income (fundraising costs), costs of fundraising trading and investment management fees. These costs are apportioned directly against the individual funds generated.

- c) Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the Charity's objectives and Inline with SORP 2015 (FRS 102) also include governance costs for the Charity. Expenditure on charitable activities will be for the benefit of Patients, Staff, Research or Education. Throughout these accounts the term 'patients' refers to patients and service users. The costs include the direct costs of the charitable activities together with governance & support costs that enable them to be undertaken.

Governance & Support Costs

Governance costs include the costs of governance arrangements which relate to the general running of the Charity, allowing it to operate and to generate the information required for public accountability. Included under this heading are direct costs such as independent examination, legal advice and costs associated with statutory requirements such as preparing statutory accounts.

Governance costs are accounted for on an accruals basis and include an element of the charge for the administration and accounting service provided by Moore Kingston Smith Association Management.

Support costs are those costs that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the activity. Support costs are allocated to charitable activities in the Statement of Financial Activities.

Support costs are accounted for on an accruals basis as charges for a full administration and accounting service provided by Moore Kingston Smith Association Management. These charges comprise of a monthly management fee.

Both governance & support costs are allocated to charitable activities in the SOFA and further details provided in note 7.

- d) **Apportionment of Governance and Support Costs**
Both governance and support costs are apportioned across the individual funds within the Charity on an average balance basis (so as to avoid disadvantaging funds with high volume, low value transactions).
- e) **Irrecoverable VAT**
Irrecoverable VAT is charged against the category of resources expended for which it was incurred.
- f) **Liabilities**
Liabilities are recognised at their settlement value or best estimate where the final settlement value is unknown.

4. Structure of Funds

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as designated funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

5. Fixed Asset Investments

Fixed asset investments comprise Common Investment Funds and cash and are managed by Aberdeen Standard Capital Limited.

Investments are shown at market value as at the balance sheet date. The market value is the mid-price on 31 March as supplied by the investment managers.

The Statement of Financial Activities includes the net gains (or losses) arising on revaluation and disposals of investments throughout the year.

6. Current Asset Investments

Funds where the capital is held to generate income for charitable purposes and cannot itself be spent would be accounted for as endowment funds. Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified in the accounts as a restricted fund. Other funds are classified as unrestricted funds.

The Charity does not hold any endowment funds. Funds which are not legally restricted but which the Trustee has chosen to earmark for set purposes, and in line with donors' wishes, are classified as designated funds. The major funds held within this category are disclosed in notes 11.3 and 11.4.

7. Investment Gains and Losses

All gains and losses are taken to the Statement of Financial Activities as they arise.

Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or cost at date of purchase, if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening market value (or cost at date of purchase, if later).

8. Taxation

Oxford Health Charity is a registered charity and as such benefits from certain exemptions from taxation on income and gains, to the extent that they are applied for charitable purposes.

1.9 Key Assumptions and Judgements

The charity accrues for items of expenditure which relate to the previous year where invoices have not been processed or received before the year end. Estimates are made in some instances where invoices have not been received based on activity and/or expenditure for the year to date. No significant judgements have been made in preparing the accounts. No key assumptions have been made regarding any sources of estimation uncertainty with a significant risk of causing a future material adjustment.

2 Related Party Transactions

The sole corporate trustee of the Charity is Oxford Health NHS Foundation Trust ('the Trust').

The results of the Charity are not consolidated into the accounts of the Trust for the year, as discussed in more detail in the trustee's Annual Report.

The members of the Trust's Board of Directors during the year are disclosed in the Annual Report of the Charity.

During the year none of the members of the Trust's Board of Directors or members of the key management staff or parties related to them have undertaken any material transactions with the Charity. No expenses or remuneration were paid to the members of the Trust's Board of Directors from the Charity during the year (members of the Trust's Board of Directors, some of whom are employees of the Trust, are remunerated by the Trust in respect of the work that they carry out for the Trust). None of the transactions below relate to trustees or key management personnel.

Transactions between the Charity and Oxford Health NHS Foundation Trust 2020/21

	Creditor b/fwd at 1 April 2020	Expense incurred in year	Paid in year	Creditor c/fwd at 31 March 2021
	£000	£000	£000	£000
To reimburse the Trust for salary payments for clinical staff (none made for trustees or key management personnel)	20	283	(279)	24
To reimburse the Trust for miscellaneous goods and services purchased on behalf of the Charity	9	108	(95)	22
Total expenditure	29	391	(374)	46

3 Income and Donations

1. Income from donations & voluntary grants

Donations are received from individuals.

2. Income from legacies

Legacy income is only included in incoming resources when receipt is probable and the amount is known/or can be reliably estimated, or the legacy has been received.

3. Grants

No contractual grant income was received in the year.

4 Charitable Activities

Income from charitable activities comprises income from courses.

5 Other Trading Activities

Income from other trading activities comprises income from the sales of donated goods. The costs related to this activity are included within 'Fundraising trading: costs of goods sold and other costs'.

6 Analysis of Charitable Expenditure

	Equipment	Other	Support	Governance	Total	Total
	£000	Activities	Costs	Costs	2021	2020
	£000	£000	£000	£000	£000	£000
Patient welfare and amenities	37	324	9	10	380	305
Staff welfare and amenities	5	391	6	10	412	26
Research and Education	10	97	3	20	130	78
	52	812	18	40	922	409

7 Analysis of Governance and Support Costs

7.1 An allocation and/or apportionment of overhead and support costs has been made to governance costs.

2021	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs 2021 £000	Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs 2021 £000
Examination fee	3	-	3	-	3
Other Costs	37	-	37	18	55
	40	-	40	18	58

2020	Governance Costs Allocated to Unrestricted Funds £000	Governance Costs Allocated to Restricted Funds £000	Total Governance Costs 2020 £000	Overhead and Support Costs Allocated to Charitable Activities £000	Total Governance and Support Costs 2020 £000
Examination fee	3	-	3	-	3
Other Costs	30	9	39	10	49
	33	9	42	10	52

Other Costs include printing stationery, capital charges and administrative costs.

7.2 Allocation of Support Costs

The support costs not related to governance activities are then allocated to expenditure on charitable activities based on the purposes of each fund across the four main charitable activities of the Charity as follows:

	Patient Welfare £000	Staff Welfare £000	Research £000	Education £000	Total 2021 £000	Total 2020 £000
Other costs	9	6	-	3	18	10
	9	6	-	3	18	10

7.3 Analysis of Staff Costs

The Charity uses the services of Moore Kingston Smith Association Management and therefore does not directly employ any staff.

8 Analysis of Investments

8.1 Movement in Fixed Asset Investment

	Non-Cash Investments £000	Cash Investments £000	Total 2021 £000	Total 2020 £000
Market value brought forward at 1 April	853	19	872	980
Less: Disposals proceeds	(190)	(191)	(381)	(2,818)
Add: Additions to investments at cost	183	215	398	2,783
Net gain/ (Loss) on revaluation	166	-	166	(73)
Market value carried forward at 31 March	1,012	43	1,055	872
Historic cost at 31 March	916	43	959	942

8.2 Market Value of Fixed Asset Investments at 31 March

	Total 2021 £000	Total 2020 £000
Investments in Common Investment Funds	1,012	853
Cash held as part of the investment portfolio	43	19
	1,055	872

The fixed asset investments are domiciled in the UK, except for the sum of £152k (2020: £127k) which is invested in non-UK domiciled investment funds.

8.3 Analysis of Investment Income

	Total 2021 £000	Total 2020 £000
Gross Income from Investments		
Investments in Common Investment Funds	21	18
	21	18

9 Analysis of Debtors

Debtors due within one year

	Total 2021 £000	Total 2020 £000
Prepayments and accrued income	<u>22</u>	<u>9</u>
	22	9

10 Analysis of Creditors

Creditors Falling due Within One Year

	Total 2021 £000	Total 2020 £000
Accruals	8	8
Other creditors	<u>51</u>	<u>44</u>
	59	52

11 Analysis of Funds

11.1 Restricted Funds

	Balance B/Fwd at 01/04/20 £000	Income £000	Expenditure £000	Transfer £000	Balance C/Fwd at 31/03/21 £000
Material Funds					
Respite nursing for Oxfordshire's Sick Youngsters ROSY	431	183	(235)	(17)	362
Legacies	-	-	-	53	53
NHS Charities Together	-	176	(104)	-	72
Other Funds	13	4	-	51	68
Total	444	363	(339)	87	555

Restricted Funds - Comparatives

	Balance B/Fwd at 01/04/19 £000	Income £000	Expenditure £000	Transfer £000	Balance C/Fwd at 31/03/20 £000
Material Funds					
Respite nursing for Oxfordshire's Sick Youngsters ROSY	391	276	(236)	-	431
Other Funds	(8)	30	(9)	-	13
Total	383	306	(245)	-	444

11.2 Details of Material Restricted Funds

Respite nursing for Oxfordshire's Sick Youngsters - ROSY funds

Patient welfare including respite nursing for terminally, acutely or chronically ill children and babies in their homes.

11.3

Unrestricted Funds	Balance B/Fwd at 01/04/20	Income	Expenditure	Investment gains/losses	Transfer between funds	Balance C/fwd at 31/03/21
	£000	£000	£000	£000	£000	£000
Investment Control Account	193	21	(100)	171	(19)	266
Mental Health Trust Wide General Fund	110	375	(388)	-	(23)	74
Wantage Hospital	73	-	-	-	-	73
Wallingford Community Hospital	62	-	(1)	-	-	61
Other Funds	419	20	(111)	-	(45)	283
TOTAL	857	416	(600)	171	(87)	757

Unrestricted Funds - Comparatives

Unrestricted Funds	Balance B/Fwd at 01/04/19	Income	Expenditure	Transfer between funds	Gains	Balance C/fwd at 31/03/20
	£000	£000	£000	£000	£000	£000
Net Control funds held in control accounts	359	17	(42)	(103)	(38)	193
Abingdon Hospital Fund	69	3	(23)	(10)	-	39
Wallingford Community Hospital	90	-	(12)	(16)	-	62
Wantage Hospital Fund	92	-	(1)	(18)	-	73
Buckinghamshire Mental Health	45	1	(7)	-	-	39
Other Funds	311	87	(94)	147	-	451
TOTAL	966	108	(179)	-	(38)	857

11.4 Details of material unrestricted funds

Name of fund	
Net control funds held in control accounts	Net control funds is comprised of net investment gains and income less administration charges prior to distribution/ charging to unrestrictive funds
Mental health Trustwide General fund (4000)	For the benefit of patients and staff trust wide – general – designated
Wantage Hospital fund (3026)	Funds to support the services provided by Wantage hospital - designated
Wallingford Community Hospital fund (3029)	Funds to support the services provided by Wallingford hospital- designated
Other Funds	Other funds of £281k

Charities SORP (FRS '102) requires comparative information for each class of funds presented in the SoFA. Note 12 below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

12 Fund Comparatives

	Comparative per Fund Class as at 31 March 2020		
	Unrestricted Funds £000	Restricted Funds £000	Total Funds £000
Income from:			
Donations and Legacies			
Donations	38	306	344
Legacies	52	-	52
Sub total: donations and legacies	90	306	396
Charitable activities	-	-	-
Investments	18	-	18
Total income	108	306	414
Expenditure on:			
Raising funds			
Costs of generating voluntary income	9	-	9
Investment management costs	6	-	6
Sub total: expenditure on raising funds	15	-	15
Charitable activities			
Patient welfare	60	245	305
Staff welfare	26	-	26
Education	78	-	78
Sub total: expenditure on charitable activities	164	245	409
Total expenditure	179	245	424
Realised and unrealised losses on revaluation and disposal of investment assets	(38)	-	(38)
Transfer between funds	-	-	-
Net (expenditure) and net movement in funds for the year	(109)	61	(48)
Reconciliation of funds:			
Total funds brought forward at 1 April	966	383	1,349
Total funds carried forward at 31 March	857	444	1,301

Charities SORP (FRS 102) requires comparative information for each class of funds presented in the Balance Sheet.

Note below shows comparatives for each class of funds as required by Charities SORP (FRS 102).

13 Fund Comparatives

Comparative per Fund Class as at 31 March 2020

	Unrestricted Funds £000	Restricted Funds £000	Total Funds 2020 £000
Fixed assets			
Investments	872	-	872
Total fixed assets	872		872
Current assets			
Debtors	3	6	9
Cash at bank and in hand	13	458	471
Total current assets	16	464	480
Liabilities			
Creditors: Amounts falling due within one year	31	20	51
Net current assets/(liabilities)	(15)	444	429
Net assets	857	444	1,301
Funds of the Charity			
Income funds:			
Restricted	-	444	444
Unrestricted	857	-	857
Total funds	857	444	1,301



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OxfordHealthCharity



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