

ANNUAL GENERAL REPORT 2022-2023

The Rape and Sexual Abuse Support Centre North Wales established in 1983 provides independent specialist support and therapy to anyone over the age of 3 that has experienced any form of sexual abuse and/or violence.

RASASC NW Aims

- To maintain a free and confidential service, which is therapeutic and educational
- To respect the rights of women, men and children who access our service
- Recognition that the survivor is never to blame for being abused
- To offer women and men only spaces where possible across North Wales
- To support service users in making decisions through counselling, support and information
- To raise awareness of issues related to sexual violence
- To maintain confidentiality within safeguarding boundaries, allowing service users to trust the service we offer
- To evaluate the service on a regular basis and to develop the service in response to the needs of our service users, where possible

Registered office

RASASC North Wales
11 Ash Court,
Parc Menai,
Bangor,
Gwynedd,
LL57 4DF
Telephone: 01248 670 628
Charity Number: 1057159



REPORT FROM THE CHAIR OF THE BOARD OF TRUSTEES

Liz Liddall

Report 2022-2023

2022 has been an exciting year for RASASCNW with substantial growth and development of new projects.

Emerging from COVID we saw referrals increase by 50% from previous years and this trend continued throughout the year, with us receiving 1037 referrals in the year and delivering 7185 counselling sessions.

We saw survivors presenting with more complex needs, increased drug and alcohol dependencies and suicidal ideology. To meet these needs, we secured funding to provide our staff and sessional counsellors with a range of specialist enhanced Sexual Violence training, including Safeguarding, Suicidal and self-harm, Mental health, Domestic Abuse, GDPR and Substance Misuse.

We secured funding from a range of funders including the MOJ, Welsh Government, Steve Morgan, Lloyds Bank Foundation, North Wales OPCC, NW Police and Safer Streets 4 to grow our team and develop new service offers to the communities of North Wales. This included the production and launch of our "Don't Steal My Future Campaign". The campaign which consisted of a media and on-line awareness campaign, and the delivery of an education program to Children and Young People (CYP) aged 14-25 years which was launched in September 2022.

This campaign was born from our work with NW police in response to the Sarah Everard murder. Public confidence was found to be at an all-time low with women and girls reporting that they were unlikely to report VAWG offences to police and fear of crime higher than ever. Working together we had identified that incidences of Spiking and Sexual abuse were increasing in North Wales, and we wanted to positively respond to this. We attended Freshers week across the region and spoke to over 5000 students. We conducted research and found that 1 in 3 young women we spoke with had been victims of spiking and or sexual abuse, including rape. And every young woman we spoke to knew someone who had been spiked and or a victim of sexual abuse, including rape. Young people told us that there should be more information available in schools about harmful sexual behaviour and that offenders should be held to account.

Supported with funding from NW Police we developed a 3-hour presentation to be delivered to schools, colleges and sports clubs providing CYP with information on harmful sexual behaviour, and the consequences of offending on both the victim and the offender. During the period we delivered this session to 2022 Children and Young People in North Wales, in both English and Welsh. The program has been so successful that we have been inundated for requests from schools across North Wales for the coming year.

In addition, we commissioned a media campaign consisting of TV and radio adverts, and a poster campaign delivered bilingually across North Wales, raising awareness of our services and support across the region. The campaign featured our service users speaking about their experiences, and encouraging other survivors to access support from RASASC NW. As a result of the media campaign RASASCNW received the highest number of referrals in our history.

In February we held our first Regional Conference. Attended by over 150 professionals, we heard from survivors of rape and sexual abuse who had accessed our services. Professionals working with survivors were able to learn about the impact of abuse, what was done well and what would have made a difference to the victims and encouraged them to report their abuse sooner. I would like to acknowledge these brave individuals who gave up their time and their anonymity to enable us all to learn from their experiences.

Due to the continued increase in referrals, we reviewed our operating model, to ensure we could respond to the growing demand in a timely fashion. We introduced a new role, a dedicated initial assessment officer. This role funded by Betsi Cadwaladr University Health Board (BCHUB) ensures that we can complete an initial assessment with new clients within 5 days of the referral being accepted by RASASCNW. In turn this frees up counsellor's time, which means that our waiting lists are managed, and clients are seen by counsellors within 3 months, with an average waiting time of 51 days. This is a huge achievement in the sector where our counterparts are often reporting waiting times for clients of up to 2 years.

With funding received from Steve Morgan we reviewed and adapted our Lead Clinician Post. This post supported by external supervisors oversees our team of counsellors, providing support and advice, reviewing cases to ensure the highest standards are maintained. This role has been so successful and with staffing levels increasing we will seek additional funding next year to employ a second Lead clinician to work with CYP counsellors and oversee our growing YP services.

The referrals from Children and Young People continued to increase throughout the year, with RASASC receiving 207 new referrals during the year from CYP 3-17years, delivering 1535 Counselling sessions. In addition, we were able to offer support to parents and carers, enabling them to introduce coping mechanisms to their child between counselling appointments.

With funding received via the Welsh Government, the Police and Crime Commissioner and the MOJ we have continued to provide therapy and support to service users in a consistent, professional, and ethical manner. Reducing the long-term impact of rape and sexual abuse and improving health and well-being.

We continue to work collaboratively with our partners across North Wales and are the only SV provider delivering the Ask and Act initiative with Welsh Women's Aid in the region. This initiative rolled out by the Welsh Government enables us to deliver awareness training to professionals to work together in our effort to eradicate all violence against women and girls.

We have introduced the first DA/SV counselling service in Wales in partnership with DASU North Wales. This new project funded via the Tampon Tax has enabled us to work collaboratively to support the 20% of clients which each organisation support that are dual victims of Rape/SV and domestic abuse. We have shared training and our expertise in our relative fields to enable survivors to access information and support which will meet their individual needs.

The board would like to thank all our funders for their continued support and generosity. Without this support we would not be able to keep delivering the life changing and lifesaving services which we do. In addition, as always, we wish to acknowledge the amazing contribution from our staff and counsellors. Our clients come to RASASCNW at a time when they have found the strength to reach out for help, your compassion, empathy, knowledge and experience provide them with a safe place where they can receive confidential, high-quality advice and support. This amazing work enables our clients to make sense of what has happened, build resilience and coping mechanism so they move forward to a place where they can see a future which is not defined by their experience. Thank you for everything you do.

Looking forward to the coming year we will continue to grow and diversify our funding streams so that we can respond to the fiscal challenges ahead. We will recruit and train more staff and counsellors to meet the growing demand for our services. We will look to increase our CYP provisions and have a dedicated CYP service.

We will continue to deliver and develop our "Don't Steal My Future" educational program to include children aged 11 years old upwards and those with neuro-diverse needs. Raising awareness of the impact of sexual violence on young people to reduce harmful sexual behaviour moving forward. We will support and train professionals working with CYP to recognise the signs of Sexual abuse enabling them to better respond to disclosures professionally and effectively giving more CYP the confidence to ask for help when needed.

Finally, I would like to acknowledge the survivors and their families who have accessed our services during this period. We are honoured that you have trusted us and allowed us to support you on your journey. Diolch.

LIZ LIDDALL

CHAIR OF THE TRUSTEES

REPORT FROM THE TREASURER OF THE BOARD OF TRUSTEES

Gillian
Clark

TREASURER'S REPORT 2022 - 2023

This year has again seen RASASC North Wales continue to transform and strengthen, enhancing the sustainability of the organisation.

Continued funding from Betsi Cadwaladr Health Board, Children in Need, Lloyds Bank Foundation, North Wales Office for the Police and Crime Commissioner (OPCC), The Steve Morgan Foundation, The Ministry of Justice and The Welsh Government has ensured the delivery of RASASC North Wales services during a year which received further increases in referrals for survivors of sexual violence seeking specialist support and intervention.

Our total income over the year amounted to £815,811. Which included grants from 14 sources, donations and fund raising, an increase of £185,948 from the prior year. This was mainly attributable to additional funding provided by The OPCC for North Wales, MOJ and The Welsh Government, as well as additional new sources of funding provided by The Home Office, Garfield Weston, Gwynt Y Mor, Rhyl Flats and WWA Tampon Tax. All of which not only contributed to the continuation of RASASC North Wales services, but also the enhancement and development of new services and projects that has ensured that RASASC North Wales continue to meet the growing and changing needs of survivors of sexual violence in North Wales.

We are pleased to say that our funding from the Ministry of Justice, The Welsh Government and The OPCC our largest funding sources, will continue until 2024. We have continued to see a significant increase in expenditure in staffing costs, including consultancy fees and private sessional counselling costs during the year, to meet service user's needs, as a result of continued growth and increase in demand for services. To meet this demand, RASASC North Wales employed staff continued to increase, with the appointment of additional employed adult, children and young people counsellors, an assessment officer, a client care co-ordinator and a training and engagement officer. Along with this, training, resources (including target hardening) and IT/Computer costs continued to grow.

REPORT FROM THE TREASURER OF THE BOARD OF TRUSTEES

Additional funding via North Wales Office for the Police and Crime Commissioner uplift and Safer Street 4 and Welsh Government Capital supported the launch and continued development and delivery of RASASC North Wales "Don't Steal My Future Campaign". This campaign included a multi media campaign to raise awareness of sexual violence and RASASC North Wales, increased RASASC North Wales presence and support at various events across North Wales such as Freshers Week, Festivals etc and the launch and delivery of RASASC North Wales Don't Steal My Future Educational Training programme targeting 14-25 years olds in Schools, Colleges, Universities and Rugby Clubs across the whole of North Wales.

The investments made in these areas has enhanced the accessibility, efficiency and effectiveness of RASASC NW therapeutic services. The total expenditure during the year rose in most areas, correlating with additional funding sourced, providing RASASC NW with a net income of £6,293.

GILLIAN CLARK
TREASURER

FINANCIAL SUMMARY

How RASASC North Wales is funded

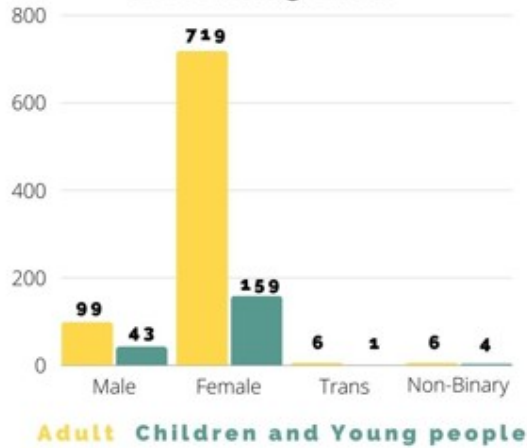
Each year RASASC North Wales secures its funding from a wide variety of sources and donations.
RASASC NW income sources and expenditure for 2022-2023:

UNRESTRICTED FUNDS	
General Funds	7,326
Lloyds Bank Foundation	25,000
RESTRICTED FUNDS	
Restricted Fund	15,000
Betsi cadwaladar Health Board	40,800
Children in Need	39,500
Steve Morgan Foundation	29,167
Welsh Government VAWDASV	105,039
Police and Crime Commissioner	250,575
Ministry of Justice MOJ	196,177
Lloyds Bank Foundation	2,250
Garfield Weston Foundation	25,000
Cyfannol Women's Aid (Lead) Home Office SVSCSA Fund	11,187
Gwynt Y Mor Fund	12,000
Rhyl Flats Community Fund	10,000
WWA DASU	19,863
VAWDASV WG Capital	26,927
Total Funds	815,811

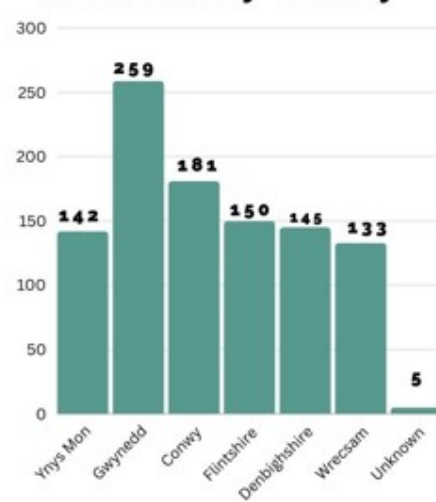
CHARITABLE ACTIVITIES	
Wages	384,719
Social security	30,467
Pensions	14,967
Advertising	15,849
Roomhire	19,120
Computer costs	20,065
Subscriptions & memberships	3,549
Private counselling	98,838
Staff/volunteering training & expenses	94,633
Therapy resources	26,642
SUPPORT COSTS	
MANAGEMENT	
Consultancy fees	39,211
Rent and rates	4,313
Insurance	3,356
Light and heat	4,088
Telephone	4,042
Postage and stationary	20,695
Sundries	1,993
Cleaning and waste disposal	1,426
Repairs and renewal	10,444
Bank charges	383
Depreciation	7,718
Governance	
Accountancy-independent examination	3,000
Total expenditures	809,518

DATA & STATISTICS 2022-2023

Referrals gender



Referrals by County



Presenting issues



CLIENT FEEDBACK FOR COUNSELLING SERVICES

98%
Said they felt
they felt
empowered and
more informed

95%
Felt they
were able to
cope better
with
everyday
life

The day i met my Counselor
Was the Start of Been free
to get rid of my demons
Deep with-in me.

The day i met my Counselor
She showed me the way
She spoke in a calming voice
That i could not shy away.

The day i met my Counselor
With a tv. Pen and Scrf.
She took me to my childhood
and opened all them Scrs.

But now as it comes to an end
and my Demons Have all gone
my Scrs a healing Quicker than
THE Clo

The Day i meet my Counselor
Will Be a Day ill Never forget
-THAN V.

**"I really appreciated her kindness and non judgmental
attitude which is so important" (2022)**

**"Thanks for all the hard work you do, you're all amazing"
(2022)**

**You're healing a heart u didn't hurt so thank you
(2023)**

**"Thank you so incredibly much for this service, I could
have never imagined how much it has improved my life. I
will forever be grateful"
(2023)**

FUNDRAISING & EVENTS

**Charlie Crofts and
Kim Berks -
International
Women's day**



Denbigh Carnival



Lynne Richardson



**Lorna Jones and Robin
Jones - Ras yr Wyddfa
2022**



**Mandy Bowler - Runs everyday for
RASASC in January 2023 and raised
£380**

Freshers week 2022

Lorna Jones



Lynne Richardson



**Anna williams
Mared Williams**



**Leah Bradshaw
Lynne Richardson**



Don't Steal My Future



Funded by North Wales Police this powerful training programme is for schools, colleges and universities in North Wales. By focusing on perpetrating behaviours we offer a one of a kind training program with the aim of making a cultural & societal change to the ones who are our future.
#Dontstealmyfuture

Above; Students across North Wales taking the pledge against sexual violence

Feedback from the Training.

The course was very informative and included great examples and knowledge



The most useful part of the training was rasasc service provision and their support available to clients

Training clearly defined the meaning of sexual Violence, Child sexual violence and consent

Overall feedback stated that the course would be useful when offering services to survivors of sexual violence

RASASC NW BUS AND RADIO CAMPAIGN 2022

RASASC NW held an advertisement campaign in September 2022 with the aim of reaching as many people as possible in North Wales to raise awareness of our services.

The campaign targeted areas of high incidences of spiking and CSA - data obtained from North Wales Police and ONS, that was not reflected in our referral data.

The campaign was a huge success, with significant increases in referrals across all six counties, but most importantly including our targeted areas.

- 4 weeks of RASASC NW adverts played daily on capital FM!
- RASASC NW posters displayed on 130 buses across North Wales!
- RASASC NW TV adverts played on ITV and S4C from 19/09/22 - 25/09/22

**RASASC NW BUS AND RADIO
ADVERT CAMPAIGN**

STARTING FROM THE 20.09.22
RUNNING FOR 4 WEEKS ON CAPITAL FM!

Don't Steal My Future #I won't Steal Your Future #Don't Steal My Future

RASASC NW
01248 670 628
www.rasawales.org.uk

The poster features a dark background with a large, stylized white 'C' shape that resembles a bus window. The RASASC logo is in the bottom right corner.

SPEAK OUT!

Don't Steal My Future #I won't Steal Your Future #Don't Steal My Future

RASASC NW
01248 670 628
www.rasawales.org.uk

The poster shows a close-up of a person's face, focusing on their mouth and eyes, with a dark, moody lighting.

You are not his property
If it doesn't feel right..it probably isn't

JOIN OUR CAMPAIGN
19.09.22 - 25.09.22

Don't Steal My Future #I won't Steal Your Future #Don't Steal My Future

RASASC NW
01248 670 628
www.rasawales.org.uk

The poster features a close-up of a person's face, focusing on their eyes and mouth, with a dark, moody lighting.

**WE listen when someone says no...
do you?**

JOIN OUR CAMPAIGN
19.09.22 - 25.09.22

Don't Steal My Future #I won't Steal Your Future #Don't Steal My Future

RASASC NW
01248 670 628
www.rasawales.org.uk

The poster shows a man and a woman looking at each other, with the man's hand on the woman's shoulder.

RASASC NW FIRST EVER CONFERENCE 8TH FEBRUARY 2023!

RASASC NW's FIRST EVER conference was a great success with 150 attendees and guest speakers from across North Wales, it focused on our three themes: Preventative, Supportive and Innovative

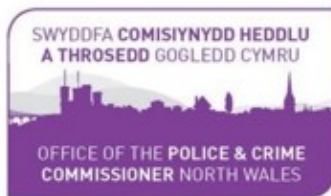
Some of our favourite bits included hearing from survivors who have accessed our service and a review of our Don't Steal My Future Training success story.

It was such a success that we have another conference planned for February 2024. Get in touch if you would like more information or would like to attend.



TO OUR FUNDERS

We would like to express our appreciation for funding our service for 2022- 2023.
Without these sources of funding RASASC NW would not be able to deliver this much needed service to the people of North Wales.



Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board



2022-2023

TRUSTEES

EILEEN DEWHURST
GILLIAN CLARK
GWYNETH HUGHES
LIZ HALL
LIZ LIDDALL
DANIELLE WILLIAMS
RHIAN LEWIS

STAFF

ANNA WILLIAMS
ANWEN WILLIAMS ROBERTS
CLAIRE TOCKER
FFLUR EMLYN
GAYNOR MCKEWIN
LEAH BRADSHAW
LORNA JONES
LYNDSAY BURNS
LYNNE RICHARDSON
RACHEL GROVER
THEO SALEEM
TINA JARVIS
CHARLIE CROFTS
SAM TAYLOR
GEORGE HOPKINSON
MARED WILLIAMS
KIM BERKS
MANDY BOWLER

SESSIONAL SELF EMPLOYED/VOLUNTEER COUNSELLORS & SUPPORT WORKERS

AASHU JAYADEEP
ANGELA PRICE
ANNA NIERADKO
BETHAN NON-EVANS
CATHY MATTHIESON
CARYS DAVIES
CERI GRIFFITHS
CERYS MADDEN
CERYS SYMMONDS
CLAIRE WILLIAMS
CRISTINA CHAMBERS
GEORGE HOPKINSON
GWENLLIAN GWYN
WILLIAMS
GILLIAN CLARK
HEMA MUNBODHAWA
JEMMA HARVEY

PAUL DONNELLY
PIP WINSTONE
RACHEL RICHARDS
RHIAN EVANS - HILL
RHIAN PRICE
ROB IRVINE
SAMI DAVIES
SARAH BAKER
SIÂN EDWARDS
SIÂN JONES
SHEILA LOWE
SHEY JANE
SARAH ZIELONKA
TAMMY HERMANN

JESSICA JILLES JOLOF
JULIE THOMPSON
KAREN REED
KAYLEY ROBERTS
LISA JONES
LUCY CLARK
MICHELLE KNIGHT GREGSON
MIKE LONGTHORN

TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
RASASC NW

Fraser Wood Limited
Chartered Certified Accountants
2 Llys Onnen
Ffordd Y Llyn
Parc Menai
Bangor
Gwynedd
LL57 4DF

RASASC NW

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

	Page
Trustees' report	1 to 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Cash flow statement	10
Notes to the financial statements	11 to 20
Detailed statement of financial activities	21 to 22

RASASC NW
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity is established to provide specialist support services to anyone in the area of North Wales who has experienced any form of sexual violence. Its purpose is to provide a confidential therapeutic listening service, counselling, information and support service; to advance the education of the public in the subject of rape and sexual abuse and their effects be they physical, medical, psychological or social.

Whilst RASASC NW recognises that sexual violence is a crime of violence and abuse of power, we also recognise that it is often the cause and consequence of gender inequality. RASASC NW services are available to anyone from the age of 3 that has experienced any form of sexual abuse and/or violence in North Wales.

Significant activities

- To maintain a free and confidential service, which is therapeutic and educational
- To respect the rights of women, men and children who access our service
- Recognition that the survivor is never to blame for being abused
- To offer women only spaces where possible across North Wales
- To support service users in making decisions through counselling, support and information
- To raise awareness of issues related to sexual violence
- To maintain confidentiality within safeguarding boundaries, allowing service users to trust the service we offer
- To evaluate the service on a regular basis and to develop the service in response to the needs of our service users, where possible

Public benefit

The Trustees have had due regard to guidance published by the Charities Commission on Public Benefit.

This is ensured by:

- Providing support and advocacy to victims and survivors of sexual violence and abuse
- By recognising that a number of victims suffer a range of disabilities including mental and emotional wellbeing, physical and/or learning difficulties
- Providing outreach services to promote prevention, awareness raising and support.
- Providing training to others on sexual exploitation awareness.
- Assisting in the research projects of other organisations

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

2022 - 2023 has been an exciting year for RASASCNW with substantial growth and development of new projects.

We secured funding from a range of funders including the Ministry of Justice (MOJ), Welsh Government, Steve Morgan, Lloyds Bank Foundation, Office of the Police & Crime Commissioners for North Wales (OPCC), NW Police and Safer Streets 4 to grow our team and develop new service offers to the communities of North Wales. This included the production and launch of our "Don't Steal My Future Campaign". The campaign which consisted of a media and on-line awareness campaign, and the delivery of an education program to Children and Young People (CYP) aged 14-25 years which was launched in September 2022.

This campaign was born from our work with NW police in response to the Sarah Everard murder. Public confidence was found to be at an all-time low with women and girls reporting that they were unlikely to report VAWG offences to police and fear of crime higher than ever. Working together we had identified that incidences of Spiking and Sexual abuse were increasing in North Wales, and we wanted to positively respond to this. We attended Freshers week across the region and spoke to over 5000 students. We conducted research and found that 1 in 3 young women we spoke with had been victims of spiking and or sexual abuse, including rape. And every young woman we spoke to knew someone who had been spiked and/or a victim of sexual abuse, including rape. Young people told us that there should be more information available in schools about harmful sexual behaviour and that offenders should be held to account.

Supported with funding from NW Police we developed a 3-hour presentation to be delivered to schools, colleges and sports clubs providing CYP with information on harmful sexual behaviour, and the consequences of offending on both the victim and the offender. During the period we delivered this session to over 2000 Children and Young People in North Wales, in both English and Welsh. The program has been so successful that we have been inundated for requests from schools across North Wales for the coming year.

We will continue to deliver and develop our "Don't Steal My future" educational program to include children aged 11 years old upwards and those with neuro-diverse needs. Raising awareness of the impact of sexual violence on young people to reduce harmful sexual behaviour moving forward. We will support and train professionals working with CYP to recognise the signs of Sexual abuse enabling them to better respond to disclosures professionally and effectively giving more CYP the confidence to ask for help when needed.

In addition, we commissioned a media campaign consisting of TV and radio adverts, and a poster campaign delivered bilingually across North Wales, raising awareness of our services and support across the region. The campaign, which featured our service users speaking about their experiences, and encouraging other survivors to access support from RASASC NW. As a result of the media campaign RASASCNW received the highest number of referrals in our history.

In February, we held our first Regional Conference. Attended by over 150 professionals, we heard from survivors of rape and sexual abuse who had accessed our services. Professionals working with survivors were able to learn about the impact of abuse, what was done well and what would have made a difference to the victims and encouraged them to report their abuse sooner. We would like to acknowledge these brave individuals who gave up their time and their anonymity to enable us all to learn from their experiences.

RASASC NW

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023

Due to the continued increase in referrals, we reviewed our operating model, to ensure we could respond to the growing demand promptly. We introduced a new role, a dedicated initial assessment officer. This role funded by Betsi Cadwaladr University Health Board (BCHUB) ensures that we can complete an initial assessment with new clients within 5 days of the referral being accepted by RASASCNW. In turn this frees up counsellor's time, which means that our waiting lists are managed, and clients are seen by counsellors within 3 months, with an average waiting time of 51 days. This is a huge achievement in the sector where our counterparts are often reporting waiting times for clients of up to 2 years.

With continuation of funding received from Steve Morgan we reviewed and adapted our Lead Clinician post. This role supported by external supervisors oversees our team of counsellors, providing support and advice, reviewing cases to ensure the highest standards are maintained. This role has been so successful and with staffing levels increasing we will seek additional funding next year to employ a second Lead clinician to work with CYP counsellors and oversee our growing YP services.

We have introduced the first DA/SV counselling service in Wales in partnership with DASU North Wales. This new project funded via the Tampon Tax has enabled us to work collaboratively to support the 20% of clients which each organisation support that are dual victims of Rape/SV and domestic abuse. We have shared training and our expertise in our relative fields to enable survivors to access information and support which will meet their individual needs.

RASASC NW have continued to deliver specialist 'trauma informed' therapy and support to anyone from the age of 3 in North Wales who have experienced any form of sexual abuse/violence, which addresses the immediate, short- and long-term negative effects of sexual abuse. A 'trauma informed' response recognises the full impact that sexual abuse/violence has on someone's life, working with the survivor to address the many negative symptoms they are left with.

RASASC NW delivers specialist 'trauma informed' therapy and support available to anyone from the age of 3 in North Wales who have experienced any form of sexual abuse/violence, which addresses the immediate, short and long-term negative effects of sexual abuse. A 'trauma informed' response recognises the full impact that sexual abuse/violence has on someone's life, working with the survivor to address the many negative symptoms they are left with.

North Wales continues to have some of the highest incidence/statistics relating to rape and child sexual abuse for the whole of the United Kingdom, highlighting the need for our service, which helps individuals in North Wales who have experienced sexual violence cope and move on with their lives. The help that we offer our clients has ripple effects that continues throughout society. Therapeutic intervention promotes mental and physical well-being which leads to a reduction in prescribed medication, reduction or overcoming substance misuse, return to work or education, improved parenting, less children put into care, anger management, reduction in criminal behaviour/activity and so on.

*RASASC NW received its highest ever number of new referrals during this financial year, see below:

	Male	Female	Trans	Non-binary	Total
Adult age 18+	99	719	6	6	830
Young people 13-17	22	124	1	3	150
Children 12 and under	21	35		1	57
Total	142	878	7	10	1,037

Emerging from COVID we saw referrals increase significantly from previous years and this trend continued throughout this year, with us receiving 1037 referrals in the year and delivering 7185 counselling sessions.

RASASC NW
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The referrals from Children and Young People also continued to increase throughout the year, with RASASC receiving 207 new referrals during the year from CYP 3-17years, delivering 1535 Counselling sessions. In addition, we were able to offer support to parents and carers, enabling them to introduce coping mechanisms to their child between counselling appointments.

We saw survivors presenting with more complex needs, increased drug and alcohol dependencies and suicidal ideology. To meet these needs, we secured funding to provide our staff and sessional counsellors with a range of specialist enhanced Sexual Violence training, including Safeguarding, Suicidal and self-harm, Mental health, Domestic Abuse, GDPR and Substance Misuse.

Of those that have received RASASC NW specialised therapeutic intervention and completed end of therapy progress and monitoring forms, data analysis shows that:-

91% felt an improvement or managed their levels of feeling tense, anxious or nervous by the end of therapy

87% maintained or increased their ability to cope with problems

92% maintained or increased levels of happiness at the end of therapy

89% maintained or improved their mental health by the end of therapy

FINANCIAL REVIEW

Financial position

This year has seen RASASC NW continue to transform and strengthen, enhancing the sustainability of the organisation. Continued funding from Betsi Cadwaladr Health Board, Children in Need, Lloyds Bank Foundation, North Wales Office for the Police and Crime Commissioner [OPCC], The Steve Morgan Foundation, The Ministry of Justice and The Welsh Government has ensured the continued delivery of RASASC NW services during a year which continued to receive increases in referrals for survivors of sexual violence seeking support.

Our total income over the year amounted to £815,809. This included grants from 14 sources, donations and fund raising, an increase of £185,948 on the prior year. This was mainly attributable to additional funding provided by The OPCC for North Wales, MOJ and The Welsh Government, additional new sources of funding provided by The Home Office, Garfield Weston, Gwynt Y Mor, Rhyl Flats WWA Tampon Tax that has not only contributed to the continuation of RASASC NW services, but has also directly contributed to the enhancement of services and the development of new services and projects to ensure that RASASC North Wales continue to meet the growing and changing needs of survivors of sexual violence in North Wales. We are pleased to say that our funding from the Ministry of Justice, The Welsh Government and The OPCC our largest funding sources, will continue until 2024.

We continued to see a significant increase in expenditure in staffing costs, including consultancy fees and private sessional counselling costs during the year, to meet service user's needs, as a result of continued growth and increase in demand for services, which saw the appointment of additional employed adult, children and young people counsellors, an assessment officer, additional client care co-ordinator and a training and engagement officer. Along with this, training and IT/Computer costs continued to grow. The investments made in these areas has enhanced the accessibility, efficiency and effectiveness of RASASC NW therapeutic services.

The total expenditure during the year rose in most areas, correlating with additional funding sourced, providing RASASC NW with a net income of £6,293.

RASASC NW
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

Reserves policy

The trustees have set a reserves policy which requires:

- Reserves to be maintained at a level which ensures 3 months organisation core activity could continue during a period of unforeseen difficulty.
- The charity made a surplus of £38,460 during the year on unrestricted funds. Restricted funds to be spent in the next financial year stood at £30,645. The unrestricted funds stood at £242,675 and the restricted funds were £224,845.
- The free reserves of the charity (unrestricted funds less amounts invested in fixed assets) amount to £229,912 which exceeds the 3 months running costs of and allows for redundancy costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

RASASC NW believes that for the Board of Trustees to be fit for purpose, it must be comprised of individuals that possess a range of skills and experiences that will enable them to effectively fulfil their individual role on the board. For the Board of Trustees to remain relevant it must encompass new ideas and continually seek to refresh policies and procedures in line with the wants and needs of the organisation's users and partners. To this end it is important that the Board of Trustees is able to regularly recruit new members whilst retaining the stability to govern the organisation.

New Trustees can be recruited at any time. The Board of Trustees will need to ensure that the makeup of the Board sits within the criteria laid down in the Constitution and Mission Statement. They will need to determine if the nominee has the skills and ability to fulfil the role as detailed in the "Roles and Responsibilities of a Trustee" and that they fulfil the legal requirements to be a Charitable Trustee. This will be done through the process detailed in the Trustees Recruitment Procedure.

Any candidate whose application is successful will be invited by the Chair of Trustees to join the Board of Trustees at the next Board Meeting so that the candidate can establish what being a Trustee of RASASC NW entails.

Risk management

RASASC NW is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support with our clients. However, a significant amount of our funding is for a relatively short period of between one and three years. This can make future planning for sustainability difficult in this challenging economic climate.

RASASC NW has an ongoing funding strategy and action plan to mitigate the loss of funding. We strive to diversify funding sources as part of the ongoing strategic aims.

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurances against fraud and error.

The Senior Management Team are undertaking regular reviews of an operational and strategic risk register, and a strategic risk register is reported to the Board on a regular basis.

RASASC NW

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1057159

Principal address

Unit 11
Ash Court
Parc Menai
Bangor
Gwynedd
LL57 4DF

Trustees

E Liddall
E M Dewhurst (resigned 15.6.22)
G Clark
C B Williams (resigned 13.4.22)
Rh Lewis
E Hall (resigned 23.2.23)
G M Hughes
D Williams (appointed 13.4.22) (resigned 5.5.23)

Independent Examiner

Gillian Wood
Fraser Wood Limited
Chartered Certified Accountants
2 Llys Onnen
Ffordd Y Llyn
Parc Menai
Bangor
Gwynedd
LL57 4DF

Approved by order of the board of trustees on 31 October 2023 and signed on its behalf by:

A handwritten signature in dark ink, appearing to be 'E Liddall', written on a light-colored background.

E Liddall - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
RASASC NW

Independent examiner's report to the trustees of RASASC NW

I report to the charity trustees on my examination of the accounts of RASASC NW (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Gillian Wood

Fraser Wood Limited
Chartered Certified Accountants
2 Llys Onnen
Ffordd Y Llyn
Parc Menai
Bangor
Gwynedd
LL57 4DF

31 October 2023

RASASC NW

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	5,720	2	5,722	4,244
Charitable activities	4				
Advice, counselling and support		25,000	768,483	793,483	610,297
Investment income	3	1,606	-	1,606	320
Other income		<u>-</u>	<u>15,000</u>	<u>15,000</u>	<u>15,000</u>
Total		<u>32,326</u>	<u>783,485</u>	<u>815,811</u>	<u>629,861</u>
EXPENDITURE ON					
Charitable activities	5				
Advice, counselling and support		<u>1,418</u>	<u>808,100</u>	<u>809,518</u>	<u>599,213</u>
NET INCOME/(EXPENDITURE)		30,908	(24,615)	6,293	30,648
Transfers between funds	14	<u>7,552</u>	<u>(7,552)</u>	<u>-</u>	<u>-</u>
Net movement in funds		38,460	(32,167)	6,293	30,648
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>204,215</u>	<u>257,012</u>	<u>461,227</u>	<u>430,579</u>
TOTAL FUNDS CARRIED FORWARD		<u>242,675</u>	<u>224,845</u>	<u>467,520</u>	<u>461,227</u>

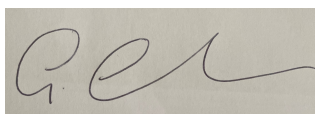
The notes form part of these financial statements

RASASC NW

BALANCE SHEET
31 MARCH 2023

	Notes	31.3.23 £	31.3.22 £
FIXED ASSETS			
Tangible assets	10	251,963	259,681
CURRENT ASSETS			
Debtors	11	129,293	89,303
Cash at bank		<u>161,868</u>	<u>252,263</u>
		291,161	341,566
CREDITORS			
Amounts falling due within one year	12	(75,604)	(140,020)
		<u>215,557</u>	<u>201,546</u>
NET CURRENT ASSETS			
		<u>215,557</u>	<u>201,546</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		467,520	461,227
NET ASSETS		<u>467,520</u>	<u>461,227</u>
FUNDS	14		
Unrestricted funds		242,675	204,215
Restricted funds		<u>224,845</u>	<u>257,012</u>
TOTAL FUNDS		<u>467,520</u>	<u>461,227</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31 October 2023 and were signed on its behalf by:



G Clark - Trustee

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023

Page 10

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures, fittings & equipment	- 10% on reducing balance
Motor vehicles	- 20% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

2. DONATIONS AND LEGACIES

	Unrestricted funds	Restricted funds	31.3.23 Total funds £	31.3.22 Total funds £
Donations	<u>5,720</u>	<u>2</u>	<u>5,722</u>	<u>4,244</u>

3. INVESTMENT INCOME

	Unrestricted funds	Restricted funds	31.3.23 Total funds £	31.3.22 Total funds £
Rents received	905	-	905	227
Interest received	<u>701</u>	<u>-</u>	<u>701</u>	<u>93</u>
	<u>1,606</u>	<u>-</u>	<u>1,606</u>	<u>320</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.23 £	31.3.22 £
Grants	Advice, counselling and support	<u>793,483</u>	<u>610,297</u>

Grants received, included in the above, are as follows:

	31.3.23 £	31.3.22 £
Betsi Cadwaladr	40,800	40,800
Ministry of Justice (MOJ)	170,055	165,473
MOJ Male support fund	26,121	-
Office of the Police & Crime Commissioner (OPCC)	56,600	168,685
OPCC Area Planning Board Slippage Fund	9,975	-
OPCC Innovate to Grow Fund & Commissioners Fund	20,000	-
OPCC Collaborative ISVA (MOJ)	33,000	-
OPCC Live Fear Free (MOJ)	30,000	-
OPCC Safer Street DSMF	11,000	-
OPCC Uplift (MOJ)	50,000	-
OPCC VAWDASV Needs Based Revenue Funding	40,000	-
North Wales Police	-	20,000
Children in Need	39,500	39,000
Lloyds Bank Foundation for England & Wales	27,250	25,000
Steve Morgan Foundation	29,167	29,667
Welsh Government VAWDASV	105,038	61,712
Welsh Government VAWDASV Capital	26,927	30,000
Moondance Foundation	-	29,960
Garfield Weston Foundation	25,000	-
Cyfannol Women's Aid (Lead) Home Office SVSCSA Fund	11,187	-
Gwynt y Môr Wind Farm Fund	<u>12,000</u>	<u>-</u>
Carried forward	763,620	610,297

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	31.3.23	31.3.22
	£	£
Brought forward	763,620	610,297
Rhyl Flats Community Fund	10,000	-
WWA DASU	<u>19,863</u>	<u>-</u>
	<u>793,483</u>	<u>610,297</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Advice, counselling and support	<u>708,849</u>	<u>100,669</u>	<u>809,518</u>

6. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Advice, counselling and support	<u>97,669</u>	<u>3,000</u>	<u>100,669</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

8. STAFF COSTS

	31.3.23	31.3.22
	£	£
Wages and salaries	384,719	256,377
Social security costs	30,467	18,247
Other pension costs	<u>14,967</u>	<u>10,687</u>
	<u>430,153</u>	<u>285,311</u>

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
	15	13
Staff	<u>15</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	4,243	1	4,244
Charitable activities			
Advice, counselling and support	-	610,297	610,297
Investment income	320	-	320
Other income	<u>-</u>	<u>15,000</u>	<u>15,000</u>
Total	<u>4,563</u>	<u>625,298</u>	<u>629,861</u>
EXPENDITURE ON			
Charitable activities			
Advice, counselling and support	<u>1,575</u>	<u>597,638</u>	<u>599,213</u>
NET INCOME	2,988	27,660	30,648
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>201,227</u>	<u>229,352</u>	<u>430,579</u>
TOTAL FUNDS CARRIED FORWARD	<u>204,215</u>	<u>257,012</u>	<u>461,227</u>

10. TANGIBLE FIXED ASSETS

	Long leasehold £	Fixtures, fittings & equipment £	Motor vehicles £	Totals £
COST				
At 1 April 2022 and 31 March 2023	<u>216,000</u>	<u>60,930</u>	<u>31,500</u>	<u>308,430</u>
DEPRECIATION				
At 1 April 2022	-	46,749	2,000	48,749
Charge for year	<u>-</u>	<u>1,418</u>	<u>6,300</u>	<u>7,718</u>
At 31 March 2023	<u>-</u>	<u>48,167</u>	<u>8,300</u>	<u>56,467</u>
NET BOOK VALUE				
At 31 March 2023	<u>216,000</u>	<u>12,763</u>	<u>23,200</u>	<u>251,963</u>
At 31 March 2022	<u>216,000</u>	<u>14,181</u>	<u>29,500</u>	<u>259,681</u>

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade debtors	95,993	89,303
Prepayments	<u>33,300</u>	<u>-</u>
	<u>129,293</u>	<u>89,303</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	19,225	73,827
Taxation and social security	11,379	6,193
Other creditors	<u>45,000</u>	<u>60,000</u>
	<u>75,604</u>	<u>140,020</u>

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
Fixed assets	12,763	239,200	251,963	259,681
Current assets	230,706	60,455	291,161	341,566
Current liabilities	<u>(794)</u>	<u>(74,810)</u>	<u>(75,604)</u>	<u>(140,020)</u>
	<u>242,675</u>	<u>224,845</u>	<u>467,520</u>	<u>461,227</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	204,215	5,908	-	210,123
Lloyds Bank Foundation for England & Wales	-	25,000	7,552	32,552
	204,215	30,908	7,552	242,675
Restricted funds				
Restricted fund	156,000	15,000	-	171,000
North Wales Police	3,352	(3,352)	-	-
Children in Need	9,000	-	-	9,000
Lloyds Bank Foundation for England & Wales	25,000	(17,448)	(7,552)	-
Welsh Government VAWDASV Capital	29,500	(6,300)	-	23,200
Moondance Foundation	29,960	(29,960)	-	-
West Mercia RASASC	4,200	(4,200)	-	-
Garfield Weston Foundation	-	4,234	-	4,234
Gwynt y Môr Wind Farm Fund	-	7,446	-	7,446
Rhyl Flats Community Fund	-	9,965	-	9,965
	257,012	(24,615)	(7,552)	224,845
TOTAL FUNDS	<u>461,227</u>	<u>6,293</u>	<u>-</u>	<u>467,520</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,326	(1,418)	5,908
Lloyds Bank Foundation for England & Wales	<u>25,000</u>	<u>-</u>	<u>25,000</u>
	32,326	(1,418)	30,908
Restricted funds			
Restricted fund	15,000	-	15,000
Betsi Cadwaladr	40,800	(40,800)	-
Ministry of Justice (MOJ)	170,055	(170,055)	-
MOJ Male support fund	26,122	(26,122)	-
Office of the Police & Crime Commissioner (OPCC)	56,600	(56,600)	-
OPCC North Wales Area Planning Board Slippage Fund	9,975	(9,975)	-
OPCC Innovate to Grow Fund & Commissioners Fund	20,000	(20,000)	-
OPCC Collaborative ISVA (MOJ)	33,000	(33,000)	-
OPCC Live Fear Free (MOJ)	30,000	(30,000)	-
OPCC Safer Street DSMF	11,000	(11,000)	-
OPCC Uplift (MOJ)	50,000	(50,000)	-
OPCC VAWDASV Needs Based Revenue Funding	40,000	(40,000)	-
North Wales Police	-	(3,352)	(3,352)
Children in Need	39,500	(39,500)	-
Lloyds Bank Foundation for England & Wales	2,250	(19,698)	(17,448)
Steve Morgan Foundation	29,167	(29,167)	-
Welsh Government VAWDASV	105,039	(105,039)	-
Welsh Government VAWDASV Capital	26,927	(33,227)	(6,300)
Moondance Foundation	-	(29,960)	(29,960)
West Mercia RASASC	-	(4,200)	(4,200)
Garfield Weston Foundation	25,000	(20,766)	4,234
Cyffannol Women's Aid (Lead) Home Office SVSCSA Fund	11,187	(11,187)	-
Gwynt y Môr Wind Farm Fund	12,000	(4,554)	7,446
Rhyl Flats Community Fund	10,000	(35)	9,965
WWA DASU	<u>19,863</u>	<u>(19,863)</u>	<u>-</u>
	<u>783,485</u>	<u>(808,100)</u>	<u>(24,615)</u>
TOTAL FUNDS	<u>815,811</u>	<u>(809,518)</u>	<u>6,293</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	201,227	2,988	204,215
Restricted funds			
Restricted fund	141,000	15,000	156,000
North Wales Police	-	3,352	3,352
Children in Need	-	9,000	9,000
Lloyds Bank Foundation for England & Wales	-	25,000	25,000
Welsh Government VAWDASV Capital	-	29,500	29,500
Moondance Foundation	59,152	(29,192)	29,960
Comic Relief through Welsh Women's Aid COVID	10,000	(10,000)	-
Community Foundation Wales	15,000	(15,000)	-
West Mercia RASASC	4,200	-	4,200
	<u>229,352</u>	<u>27,660</u>	<u>257,012</u>
TOTAL FUNDS	<u>430,579</u>	<u>30,648</u>	<u>461,227</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	4,563	(1,575)	2,988
Restricted funds			
Restricted fund	15,000	-	15,000
Betsi Cadwaladr	40,799	(40,799)	-
Ministry of Justice (MOJ)	165,475	(165,475)	-
Office of the Police & Crime Commissioner (OPCC)	168,685	(168,685)	-
North Wales Police	20,000	(16,648)	3,352
Children in Need	39,000	(30,000)	9,000
Lloyds Bank Foundation for England & Wales	25,000	-	25,000
Steve Morgan Foundation	29,667	(29,667)	-
Welsh Government VAWDASV	61,712	(61,712)	-
Welsh Government VAWDASV Capital	30,000	(500)	29,500
Moondance Foundation	29,960	(59,152)	(29,192)
Comic Relief through Welsh	-	(10,000)	(10,000)
Women's Aid COVID	-	(15,000)	(15,000)
Community Foundation Wales	-	(15,000)	(15,000)
	<u>625,298</u>	<u>(597,638)</u>	<u>27,660</u>
TOTAL FUNDS	<u>629,861</u>	<u>(599,213)</u>	<u>30,648</u>

In financial year end March 2022 a van, used as a mobile therapy unit was bought using Welsh Government VAWDASV Capital fund. The van is depreciated over 5 years on a straight line basis. The £23,200 remaining on the Government VAWDASV Capital fund relates to the net book value of the van as of 31 March 2023.

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

15. RELATED PARTY DISCLOSURES

During the year RASASC NW received restricted funds from Domestic Abuse Support Unit (DASU) of £19,863 (2022 -Nil).

Gaynor McKeown holds the role of interim Chief Executive Officer for RASASC NW & DASU.

Rhian Lewis is a Trustee of RASASC NW and Head of Operation/ Deputy CEO of DASU.

16. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
Net income for the reporting period (as per the Statement of financial activities)	6,293	30,648
Adjustments for:		
Depreciation charges	7,718	3,575
Interest received	(701)	(93)
Increase in debtors	(39,990)	(70,728)
(Decrease)/increase in creditors	<u>(49,416)</u>	<u>39,261</u>
Net cash (used in)/provided by operations	<u><u>(76,096)</u></u>	<u><u>2,663</u></u>

17. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank	<u>252,263</u>	<u>(90,395)</u>	<u>161,868</u>
	<u>252,263</u>	<u>(90,395)</u>	<u>161,868</u>
Total	<u><u>252,263</u></u>	<u><u>(90,395)</u></u>	<u><u>161,868</u></u>

RASASC NW

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

31.3.23
£

31.3.22
£

INCOME AND ENDOWMENTS

Donations and legacies

Donations 5,722 4,244

Investment income

Rents received 905 227
Interest received 701 93
1,606 320

Charitable activities

Grants 793,483 610,297

Other income

Government grant released 15,000 15,000

Total incoming resources 815,811 629,861

EXPENDITURE

Charitable activities

Wages 384,719 256,377
Social security 30,467 18,247
Pensions 14,967 10,687
Room Hire 19,120 -
Advertising 15,849 10,500
Subscriptions, levies, licences & memberships 3,549 4,924
Computer costs 20,065 -
Private counselling 98,838 67,310
Staff/volunteer training & expenses 94,633 96,033
Therapy Resources 26,642 21,854
708,849 485,932

Support costs

Management

Consultancy fees 39,211 19,200
Rent and rates 4,313 12,742
Insurance 3,356 5,866
Light and heat 4,088 1,346
Telephone 4,042 5,482
Carried forward 55,010 44,636

This page does not form part of the statutory financial statements

RASASC NW

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	31.3.23 £	31.3.22 £
Management		
Brought forward	55,010	44,636
Postage and stationery	20,695	8,744
Sundries	1,993	6,876
Cleaning and waste disposal	1,426	23
Repairs & renewals	10,444	7,695
Computer costs	-	36,727
Bank charges	383	289
Depreciation	<u>7,718</u>	<u>3,575</u>
	97,669	108,565
 Governance costs		
Accountancy- independent examination	<u>3,000</u>	<u>4,716</u>
 Total resources expended	<u>809,518</u>	<u>599,213</u>
 Net income	<u><u>6,293</u></u>	<u><u>30,648</u></u>

This page does not form part of the statutory financial statements

TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
RASASC NW

Fraser Wood Limited
Chartered Certified Accountants
2 Llys Onnen
Ffordd Y Llyn
Parc Menai
Bangor
Gwynedd
LL57 4DF

RASASC NW

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

	Page
Trustees' report	1 to 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Cash flow statement	10
Notes to the financial statements	11 to 20
Detailed statement of financial activities	21 to 22

RASASC NW
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity is established to provide specialist support services to anyone in the area of North Wales who has experienced any form of sexual violence. Its purpose is to provide a confidential therapeutic listening service, counselling, information and support service; to advance the education of the public in the subject of rape and sexual abuse and their effects be they physical, medical, psychological or social.

Whilst RASASC NW recognises that sexual violence is a crime of violence and abuse of power, we also recognise that it is often the cause and consequence of gender inequality. RASASC NW services are available to anyone from the age of 3 that has experienced any form of sexual abuse and/or violence in North Wales.

Significant activities

- To maintain a free and confidential service, which is therapeutic and educational
- To respect the rights of women, men and children who access our service
- Recognition that the survivor is never to blame for being abused
- To offer women only spaces where possible across North Wales
- To support service users in making decisions through counselling, support and information
- To raise awareness of issues related to sexual violence
- To maintain confidentiality within safeguarding boundaries, allowing service users to trust the service we offer
- To evaluate the service on a regular basis and to develop the service in response to the needs of our service users, where possible

Public benefit

The Trustees have had due regard to guidance published by the Charities Commission on Public Benefit.

This is ensured by:

- Providing support and advocacy to victims and survivors of sexual violence and abuse
- By recognising that a number of victims suffer a range of disabilities including mental and emotional wellbeing, physical and/or learning difficulties
- Providing outreach services to promote prevention, awareness raising and support.
- Providing training to others on sexual exploitation awareness.
- Assisting in the research projects of other organisations

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE

Charitable activities

2022 - 2023 has been an exciting year for RASASCNW with substantial growth and development of new projects.

We secured funding from a range of funders including the Ministry of Justice (MOJ), Welsh Government, Steve Morgan, Lloyds Bank Foundation, Office of the Police & Crime Commissioners for North Wales (OPCC), NW Police and Safer Streets 4 to grow our team and develop new service offers to the communities of North Wales. This included the production and launch of our "Don't Steal My Future Campaign". The campaign which consisted of a media and on-line awareness campaign, and the delivery of an education program to Children and Young People (CYP) aged 14-25 years which was launched in September 2022.

This campaign was born from our work with NW police in response to the Sarah Everard murder. Public confidence was found to be at an all-time low with women and girls reporting that they were unlikely to report VAWG offences to police and fear of crime higher than ever. Working together we had identified that incidences of Spiking and Sexual abuse were increasing in North Wales, and we wanted to positively respond to this. We attended Freshers week across the region and spoke to over 5000 students. We conducted research and found that 1 in 3 young women we spoke with had been victims of spiking and or sexual abuse, including rape. And every young woman we spoke to knew someone who had been spiked and/or a victim of sexual abuse, including rape. Young people told us that there should be more information available in schools about harmful sexual behaviour and that offenders should be held to account.

Supported with funding from NW Police we developed a 3-hour presentation to be delivered to schools, colleges and sports clubs providing CYP with information on harmful sexual behaviour, and the consequences of offending on both the victim and the offender. During the period we delivered this session to over 2000 Children and Young People in North Wales, in both English and Welsh. The program has been so successful that we have been inundated for requests from schools across North Wales for the coming year.

We will continue to deliver and develop our "Don't Steal My future" educational program to include children aged 11 years old upwards and those with neuro-diverse needs. Raising awareness of the impact of sexual violence on young people to reduce harmful sexual behaviour moving forward. We will support and train professionals working with CYP to recognise the signs of Sexual abuse enabling them to better respond to disclosures professionally and effectively giving more CYP the confidence to ask for help when needed.

In addition, we commissioned a media campaign consisting of TV and radio adverts, and a poster campaign delivered bilingually across North Wales, raising awareness of our services and support across the region. The campaign, which featured our service users speaking about their experiences, and encouraging other survivors to access support from RASASC NW. As a result of the media campaign RASASCNW received the highest number of referrals in our history.

In February, we held our first Regional Conference. Attended by over 150 professionals, we heard from survivors of rape and sexual abuse who had accessed our services. Professionals working with survivors were able to learn about the impact of abuse, what was done well and what would have made a difference to the victims and encouraged them to report their abuse sooner. We would like to acknowledge these brave individuals who gave up their time and their anonymity to enable us all to learn from their experiences.

RASASC NW

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023

Due to the continued increase in referrals, we reviewed our operating model, to ensure we could respond to the growing demand promptly. We introduced a new role, a dedicated initial assessment officer. This role funded by Betsi Cadwaladr University Health Board (BCHUB) ensures that we can complete an initial assessment with new clients within 5 days of the referral being accepted by RASASCNW. In turn this frees up counsellor's time, which means that our waiting lists are managed, and clients are seen by counsellors within 3 months, with an average waiting time of 51 days. This is a huge achievement in the sector where our counterparts are often reporting waiting times for clients of up to 2 years.

With continuation of funding received from Steve Morgan we reviewed and adapted our Lead Clinician post. This role supported by external supervisors oversees our team of counsellors, providing support and advice, reviewing cases to ensure the highest standards are maintained. This role has been so successful and with staffing levels increasing we will seek additional funding next year to employ a second Lead clinician to work with CYP counsellors and oversee our growing YP services.

We have introduced the first DA/SV counselling service in Wales in partnership with DASU North Wales. This new project funded via the Tampon Tax has enabled us to work collaboratively to support the 20% of clients which each organisation support that are dual victims of Rape/SV and domestic abuse. We have shared training and our expertise in our relative fields to enable survivors to access information and support which will meet their individual needs.

RASASC NW have continued to deliver specialist 'trauma informed' therapy and support to anyone from the age of 3 in North Wales who have experienced any form of sexual abuse/violence, which addresses the immediate, short- and long-term negative effects of sexual abuse. A 'trauma informed' response recognises the full impact that sexual abuse/violence has on someone's life, working with the survivor to address the many negative symptoms they are left with.

RASASC NW delivers specialist 'trauma informed' therapy and support available to anyone from the age of 3 in North Wales who have experienced any form of sexual abuse/violence, which addresses the immediate, short and long-term negative effects of sexual abuse. A 'trauma informed' response recognises the full impact that sexual abuse/violence has on someone's life, working with the survivor to address the many negative symptoms they are left with.

North Wales continues to have some of the highest incidence/statistics relating to rape and child sexual abuse for the whole of the United Kingdom, highlighting the need for our service, which helps individuals in North Wales who have experienced sexual violence cope and move on with their lives. The help that we offer our clients has ripple effects that continues throughout society. Therapeutic intervention promotes mental and physical well-being which leads to a reduction in prescribed medication, reduction or overcoming substance misuse, return to work or education, improved parenting, less children put into care, anger management, reduction in criminal behaviour/activity and so on.

*RASASC NW received its highest ever number of new referrals during this financial year, see below:

	Male	Female	Trans	Non-binary	Total
Adult age 18+	99	719	6	6	830
Young people 13-17	22	124	1	3	150
Children 12 and under	21	35		1	57
Total	142	878	7	10	1,037

Emerging from COVID we saw referrals increase significantly from previous years and this trend continued throughout this year, with us receiving 1037 referrals in the year and delivering 7185 counselling sessions.

RASASC NW
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The referrals from Children and Young People also continued to increase throughout the year, with RASASC receiving 207 new referrals during the year from CYP 3-17years, delivering 1535 Counselling sessions. In addition, we were able to offer support to parents and carers, enabling them to introduce coping mechanisms to their child between counselling appointments.

We saw survivors presenting with more complex needs, increased drug and alcohol dependencies and suicidal ideology. To meet these needs, we secured funding to provide our staff and sessional counsellors with a range of specialist enhanced Sexual Violence training, including Safeguarding, Suicidal and self-harm, Mental health, Domestic Abuse, GDPR and Substance Misuse.

Of those that have received RASASC NW specialised therapeutic intervention and completed end of therapy progress and monitoring forms, data analysis shows that:-

91% felt an improvement or managed their levels of feeling tense, anxious or nervous by the end of therapy

87% maintained or increased their ability to cope with problems

92% maintained or increased levels of happiness at the end of therapy

89% maintained or improved their mental health by the end of therapy

FINANCIAL REVIEW

Financial position

This year has seen RASASC NW continue to transform and strengthen, enhancing the sustainability of the organisation. Continued funding from Betsi Cadwaladr Health Board, Children in Need, Lloyds Bank Foundation, North Wales Office for the Police and Crime Commissioner [OPCC], The Steve Morgan Foundation, The Ministry of Justice and The Welsh Government has ensured the continued delivery of RASASC NW services during a year which continued to receive increases in referrals for survivors of sexual violence seeking support.

Our total income over the year amounted to £815,809. This included grants from 14 sources, donations and fund raising, an increase of £185,948 on the prior year. This was mainly attributable to additional funding provided by The OPCC for North Wales, MOJ and The Welsh Government, additional new sources of funding provided by The Home Office, Garfield Weston, Gwynt Y Mor, Rhyl Flats WWA Tampon Tax that has not only contributed to the continuation of RASASC NW services, but has also directly contributed to the enhancement of services and the development of new services and projects to ensure that RASASC North Wales continue to meet the growing and changing needs of survivors of sexual violence in North Wales. We are pleased to say that our funding from the Ministry of Justice, The Welsh Government and The OPCC our largest funding sources, will continue until 2024.

We continued to see a significant increase in expenditure in staffing costs, including consultancy fees and private sessional counselling costs during the year, to meet service user's needs, as a result of continued growth and increase in demand for services, which saw the appointment of additional employed adult, children and young people counsellors, an assessment officer, additional client care co-ordinator and a training and engagement officer. Along with this, training and IT/Computer costs continued to grow. The investments made in these areas has enhanced the accessibility, efficiency and effectiveness of RASASC NW therapeutic services.

The total expenditure during the year rose in most areas, correlating with additional funding sourced, providing RASASC NW with a net income of £6,293.

RASASC NW
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

Reserves policy

The trustees have set a reserves policy which requires:

- Reserves to be maintained at a level which ensures 3 months organisation core activity could continue during a period of unforeseen difficulty.
- The charity made a surplus of £38,460 during the year on unrestricted funds. Restricted funds to be spent in the next financial year stood at £30,645. The unrestricted funds stood at £242,675 and the restricted funds were £224,845.
- The free reserves of the charity (unrestricted funds less amounts invested in fixed assets) amount to £229,912 which exceeds the 3 months running costs of and allows for redundancy costs.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Recruitment and appointment of new trustees

RASASC NW believes that for the Board of Trustees to be fit for purpose, it must be comprised of individuals that possess a range of skills and experiences that will enable them to effectively fulfil their individual role on the board. For the Board of Trustees to remain relevant it must encompass new ideas and continually seek to refresh policies and procedures in line with the wants and needs of the organisation's users and partners. To this end it is important that the Board of Trustees is able to regularly recruit new members whilst retaining the stability to govern the organisation.

New Trustees can be recruited at any time. The Board of Trustees will need to ensure that the makeup of the Board sits within the criteria laid down in the Constitution and Mission Statement. They will need to determine if the nominee has the skills and ability to fulfil the role as detailed in the "Roles and Responsibilities of a Trustee" and that they fulfil the legal requirements to be a Charitable Trustee. This will be done through the process detailed in the Trustees Recruitment Procedure.

Any candidate whose application is successful will be invited by the Chair of Trustees to join the Board of Trustees at the next Board Meeting so that the candidate can establish what being a Trustee of RASASC NW entails.

Risk management

RASASC NW is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support with our clients. However, a significant amount of our funding is for a relatively short period of between one and three years. This can make future planning for sustainability difficult in this challenging economic climate.

RASASC NW has an ongoing funding strategy and action plan to mitigate the loss of funding. We strive to diversify funding sources as part of the ongoing strategic aims.

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurances against fraud and error.

The Senior Management Team are undertaking regular reviews of an operational and strategic risk register, and a strategic risk register is reported to the Board on a regular basis.

RASASC NW

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1057159

Principal address

Unit 11
Ash Court
Parc Menai
Bangor
Gwynedd
LL57 4DF

Trustees

E Liddall
E M Dewhurst (resigned 15.6.22)
G Clark
C B Williams (resigned 13.4.22)
Rh Lewis
E Hall (resigned 23.2.23)
G M Hughes
D Williams (appointed 13.4.22) (resigned 5.5.23)

Independent Examiner

Gillian Wood
Fraser Wood Limited
Chartered Certified Accountants
2 Llys Onnen
Ffordd Y Llyn
Parc Menai
Bangor
Gwynedd
LL57 4DF

Approved by order of the board of trustees on 31 October 2023 and signed on its behalf by:

A handwritten signature in dark ink, appearing to be 'E Liddall', written on a light-colored background.

E Liddall - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
RASASC NW

Independent examiner's report to the trustees of RASASC NW

I report to the charity trustees on my examination of the accounts of RASASC NW (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Gillian Wood

Fraser Wood Limited
Chartered Certified Accountants
2 Llys Onnen
Ffordd Y Llyn
Parc Menai
Bangor
Gwynedd
LL57 4DF

31 October 2023

RASASC NW

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	5,720	2	5,722	4,244
Charitable activities	4				
Advice, counselling and support		25,000	768,483	793,483	610,297
Investment income	3	1,606	-	1,606	320
Other income		<u>-</u>	<u>15,000</u>	<u>15,000</u>	<u>15,000</u>
Total		<u>32,326</u>	<u>783,485</u>	<u>815,811</u>	<u>629,861</u>
EXPENDITURE ON					
Charitable activities	5				
Advice, counselling and support		<u>1,418</u>	<u>808,100</u>	<u>809,518</u>	<u>599,213</u>
NET INCOME/(EXPENDITURE)		30,908	(24,615)	6,293	30,648
Transfers between funds	14	<u>7,552</u>	<u>(7,552)</u>	<u>-</u>	<u>-</u>
Net movement in funds		38,460	(32,167)	6,293	30,648
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>204,215</u>	<u>257,012</u>	<u>461,227</u>	<u>430,579</u>
TOTAL FUNDS CARRIED FORWARD		<u>242,675</u>	<u>224,845</u>	<u>467,520</u>	<u>461,227</u>

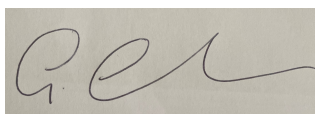
The notes form part of these financial statements

RASASC NW

BALANCE SHEET
31 MARCH 2023

	Notes	31.3.23 £	31.3.22 £
FIXED ASSETS			
Tangible assets	10	251,963	259,681
CURRENT ASSETS			
Debtors	11	129,293	89,303
Cash at bank		<u>161,868</u>	<u>252,263</u>
		291,161	341,566
CREDITORS			
Amounts falling due within one year	12	(75,604)	(140,020)
		<u>215,557</u>	<u>201,546</u>
NET CURRENT ASSETS			
		<u>215,557</u>	<u>201,546</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		467,520	461,227
NET ASSETS		<u>467,520</u>	<u>461,227</u>
FUNDS	14		
Unrestricted funds		242,675	204,215
Restricted funds		<u>224,845</u>	<u>257,012</u>
TOTAL FUNDS		<u>467,520</u>	<u>461,227</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 31 October 2023 and were signed on its behalf by:



G Clark - Trustee

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023

Page 10

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures, fittings & equipment	- 10% on reducing balance
Motor vehicles	- 20% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

2. DONATIONS AND LEGACIES

	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
Donations	<u>5,720</u>	<u>2</u>	<u>5,722</u>	<u>4,244</u>

3. INVESTMENT INCOME

	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
Rents received	905	-	905	227
Interest received	<u>701</u>	<u>-</u>	<u>701</u>	<u>93</u>
	<u>1,606</u>	<u>-</u>	<u>1,606</u>	<u>320</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.23 £	31.3.22 £
Grants	Advice, counselling and support	<u>793,483</u>	<u>610,297</u>

Grants received, included in the above, are as follows:

	31.3.23 £	31.3.22 £
Betsi Cadwaladr	40,800	40,800
Ministry of Justice (MOJ)	170,055	165,473
MOJ Male support fund	26,121	-
Office of the Police & Crime Commissioner (OPCC)	56,600	168,685
OPCC Area Planning Board Slippage Fund	9,975	-
OPCC Innovate to Grow Fund & Commissioners Fund	20,000	-
OPCC Collaborative ISVA (MOJ)	33,000	-
OPCC Live Fear Free (MOJ)	30,000	-
OPCC Safer Street DSMF	11,000	-
OPCC Uplift (MOJ)	50,000	-
OPCC VAWDASV Needs Based Revenue Funding	40,000	-
North Wales Police	-	20,000
Children in Need	39,500	39,000
Lloyds Bank Foundation for England & Wales	27,250	25,000
Steve Morgan Foundation	29,167	29,667
Welsh Government VAWDASV	105,038	61,712
Welsh Government VAWDASV Capital	26,927	30,000
Moondance Foundation	-	29,960
Garfield Weston Foundation	25,000	-
Cyffanol Women's Aid (Lead) Home Office SVSCSA Fund	11,187	-
Gwynt y Môr Wind Farm Fund	<u>12,000</u>	<u>-</u>
Carried forward	763,620	610,297

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	31.3.23	31.3.22
	£	£
Brought forward	763,620	610,297
Rhyl Flats Community Fund	10,000	-
WWA DASU	<u>19,863</u>	<u>-</u>
	<u>793,483</u>	<u>610,297</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 6) £	Totals £
Advice, counselling and support	<u>708,849</u>	<u>100,669</u>	<u>809,518</u>

6. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Advice, counselling and support	<u>97,669</u>	<u>3,000</u>	<u>100,669</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

8. STAFF COSTS

	31.3.23	31.3.22
	£	£
Wages and salaries	384,719	256,377
Social security costs	30,467	18,247
Other pension costs	<u>14,967</u>	<u>10,687</u>
	<u>430,153</u>	<u>285,311</u>

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
	15	13
Staff	<u>15</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	4,243	1	4,244
Charitable activities			
Advice, counselling and support	-	610,297	610,297
Investment income	320	-	320
Other income	<u>-</u>	<u>15,000</u>	<u>15,000</u>
Total	<u>4,563</u>	<u>625,298</u>	<u>629,861</u>
EXPENDITURE ON			
Charitable activities			
Advice, counselling and support	<u>1,575</u>	<u>597,638</u>	<u>599,213</u>
NET INCOME	2,988	27,660	30,648
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>201,227</u>	<u>229,352</u>	<u>430,579</u>
TOTAL FUNDS CARRIED FORWARD	<u>204,215</u>	<u>257,012</u>	<u>461,227</u>

10. TANGIBLE FIXED ASSETS

	Long leasehold £	Fixtures, fittings & equipment £	Motor vehicles £	Totals £
COST				
At 1 April 2022 and 31 March 2023	<u>216,000</u>	<u>60,930</u>	<u>31,500</u>	<u>308,430</u>
DEPRECIATION				
At 1 April 2022	-	46,749	2,000	48,749
Charge for year	<u>-</u>	<u>1,418</u>	<u>6,300</u>	<u>7,718</u>
At 31 March 2023	<u>-</u>	<u>48,167</u>	<u>8,300</u>	<u>56,467</u>
NET BOOK VALUE				
At 31 March 2023	<u>216,000</u>	<u>12,763</u>	<u>23,200</u>	<u>251,963</u>
At 31 March 2022	<u>216,000</u>	<u>14,181</u>	<u>29,500</u>	<u>259,681</u>

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade debtors	95,993	89,303
Prepayments	<u>33,300</u>	<u>-</u>
	<u>129,293</u>	<u>89,303</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	19,225	73,827
Taxation and social security	11,379	6,193
Other creditors	<u>45,000</u>	<u>60,000</u>
	<u>75,604</u>	<u>140,020</u>

13. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
Fixed assets	12,763	239,200	251,963	259,681
Current assets	230,706	60,455	291,161	341,566
Current liabilities	<u>(794)</u>	<u>(74,810)</u>	<u>(75,604)</u>	<u>(140,020)</u>
	<u>242,675</u>	<u>224,845</u>	<u>467,520</u>	<u>461,227</u>

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	204,215	5,908	-	210,123
Lloyds Bank Foundation for England & Wales	-	25,000	7,552	32,552
	204,215	30,908	7,552	242,675
Restricted funds				
Restricted fund	156,000	15,000	-	171,000
North Wales Police	3,352	(3,352)	-	-
Children in Need	9,000	-	-	9,000
Lloyds Bank Foundation for England & Wales	25,000	(17,448)	(7,552)	-
Welsh Government VAWDASV Capital	29,500	(6,300)	-	23,200
Moondance Foundation	29,960	(29,960)	-	-
West Mercia RASASC	4,200	(4,200)	-	-
Garfield Weston Foundation	-	4,234	-	4,234
Gwynt y Môr Wind Farm Fund	-	7,446	-	7,446
Rhyl Flats Community Fund	-	9,965	-	9,965
	257,012	(24,615)	(7,552)	224,845
TOTAL FUNDS	<u>461,227</u>	<u>6,293</u>	<u>-</u>	<u>467,520</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,326	(1,418)	5,908
Lloyds Bank Foundation for England & Wales	<u>25,000</u>	<u>-</u>	<u>25,000</u>
	32,326	(1,418)	30,908
Restricted funds			
Restricted fund	15,000	-	15,000
Betsi Cadwaladr	40,800	(40,800)	-
Ministry of Justice (MOJ)	170,055	(170,055)	-
MOJ Male support fund	26,122	(26,122)	-
Office of the Police & Crime Commissioner (OPCC)	56,600	(56,600)	-
OPCC North Wales Area Planning Board Slippage Fund	9,975	(9,975)	-
OPCC Innovate to Grow Fund & Commissioners Fund	20,000	(20,000)	-
OPCC Collaborative ISVA (MOJ)	33,000	(33,000)	-
OPCC Live Fear Free (MOJ)	30,000	(30,000)	-
OPCC Safer Street DSMF	11,000	(11,000)	-
OPCC Uplift (MOJ)	50,000	(50,000)	-
OPCC VAWDASV Needs Based Revenue Funding	40,000	(40,000)	-
North Wales Police	-	(3,352)	(3,352)
Children in Need	39,500	(39,500)	-
Lloyds Bank Foundation for England & Wales	2,250	(19,698)	(17,448)
Steve Morgan Foundation	29,167	(29,167)	-
Welsh Government VAWDASV	105,039	(105,039)	-
Welsh Government VAWDASV Capital	26,927	(33,227)	(6,300)
Moondance Foundation	-	(29,960)	(29,960)
West Mercia RASASC	-	(4,200)	(4,200)
Garfield Weston Foundation	25,000	(20,766)	4,234
Cyfannol Women's Aid (Lead) Home Office SVSCSA Fund	11,187	(11,187)	-
Gwynt y Môr Wind Farm Fund	12,000	(4,554)	7,446
Rhyl Flats Community Fund	10,000	(35)	9,965
WWA DASU	<u>19,863</u>	<u>(19,863)</u>	<u>-</u>
	<u>783,485</u>	<u>(808,100)</u>	<u>(24,615)</u>
TOTAL FUNDS	<u>815,811</u>	<u>(809,518)</u>	<u>6,293</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	201,227	2,988	204,215
Restricted funds			
Restricted fund	141,000	15,000	156,000
North Wales Police	-	3,352	3,352
Children in Need	-	9,000	9,000
Lloyds Bank Foundation for England & Wales	-	25,000	25,000
Welsh Government VAWDASV Capital	-	29,500	29,500
Moondance Foundation	59,152	(29,192)	29,960
Comic Relief through Welsh Women's Aid COVID	10,000	(10,000)	-
Community Foundation Wales	15,000	(15,000)	-
West Mercia RASASC	4,200	-	4,200
	<u>229,352</u>	<u>27,660</u>	<u>257,012</u>
TOTAL FUNDS	<u>430,579</u>	<u>30,648</u>	<u>461,227</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	4,563	(1,575)	2,988
Restricted funds			
Restricted fund	15,000	-	15,000
Betsi Cadwaladr	40,799	(40,799)	-
Ministry of Justice (MOJ)	165,475	(165,475)	-
Office of the Police & Crime Commissioner (OPCC)	168,685	(168,685)	-
North Wales Police	20,000	(16,648)	3,352
Children in Need	39,000	(30,000)	9,000
Lloyds Bank Foundation for England & Wales	25,000	-	25,000
Steve Morgan Foundation	29,667	(29,667)	-
Welsh Government VAWDASV	61,712	(61,712)	-
Welsh Government VAWDASV Capital	30,000	(500)	29,500
Moondance Foundation	29,960	(59,152)	(29,192)
Comic Relief through Welsh	-	(10,000)	(10,000)
Women's Aid COVID	-	(15,000)	(15,000)
Community Foundation Wales	-	(15,000)	(15,000)
	<u>625,298</u>	<u>(597,638)</u>	<u>27,660</u>
TOTAL FUNDS	<u>629,861</u>	<u>(599,213)</u>	<u>30,648</u>

In financial year end March 2022 a van, used as a mobile therapy unit was bought using Welsh Government VAWDASV Capital fund. The van is depreciated over 5 years on a straight line basis. The £23,200 remaining on the Government VAWDASV Capital fund relates to the net book value of the van as of 31 March 2023.

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

15. RELATED PARTY DISCLOSURES

During the year RASASC NW received restricted funds from Domestic Abuse Support Unit (DASU) of £19,863 (2022 -Nil).

Gaynor McKeown holds the role of interim Chief Executive Officer for RASASC NW & DASU.

Rhian Lewis is a Trustee of RASASC NW and Head of Operation/ Deputy CEO of DASU.

16. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
Net income for the reporting period (as per the Statement of financial activities)	6,293	30,648
Adjustments for:		
Depreciation charges	7,718	3,575
Interest received	(701)	(93)
Increase in debtors	(39,990)	(70,728)
(Decrease)/increase in creditors	<u>(49,416)</u>	<u>39,261</u>
Net cash (used in)/provided by operations	<u><u>(76,096)</u></u>	<u><u>2,663</u></u>

17. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank	<u>252,263</u>	<u>(90,395)</u>	<u>161,868</u>
	<u>252,263</u>	<u>(90,395)</u>	<u>161,868</u>
Total	<u><u>252,263</u></u>	<u><u>(90,395)</u></u>	<u><u>161,868</u></u>

RASASC NW

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

31.3.23
£

31.3.22
£

INCOME AND ENDOWMENTS

Donations and legacies

Donations 5,722 4,244

Investment income

Rents received 905 227
Interest received 701 93
1,606 320

Charitable activities

Grants 793,483 610,297

Other income

Government grant released 15,000 15,000

Total incoming resources 815,811 629,861

EXPENDITURE

Charitable activities

Wages 384,719 256,377
Social security 30,467 18,247
Pensions 14,967 10,687
Room Hire 19,120 -
Advertising 15,849 10,500
Subscriptions, levies, licences & memberships 3,549 4,924
Computer costs 20,065 -
Private counselling 98,838 67,310
Staff/volunteer training & expenses 94,633 96,033
Therapy Resources 26,642 21,854
708,849 485,932

Support costs

Management

Consultancy fees 39,211 19,200
Rent and rates 4,313 12,742
Insurance 3,356 5,866
Light and heat 4,088 1,346
Telephone 4,042 5,482
Carried forward 55,010 44,636

This page does not form part of the statutory financial statements

RASASC NW

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	31.3.23 £	31.3.22 £
Management		
Brought forward	55,010	44,636
Postage and stationery	20,695	8,744
Sundries	1,993	6,876
Cleaning and waste disposal	1,426	23
Repairs & renewals	10,444	7,695
Computer costs	-	36,727
Bank charges	383	289
Depreciation	<u>7,718</u>	<u>3,575</u>
	97,669	108,565
 Governance costs		
Accountancy- independent examination	<u>3,000</u>	<u>4,716</u>
 Total resources expended	<u>809,518</u>	<u>599,213</u>
 Net income	<u><u>6,293</u></u>	<u><u>30,648</u></u>

This page does not form part of the statutory financial statements