

# ANNUAL GENERAL REPORT 2020-2021

The Rape and Sexual Abuse Support Centre North Wales established in 1983 provides independent specialist support and therapy to anyone over the age of 3 that has experienced any form of sexual abuse and/or violence.

## RASASC NW Aims

- To maintain a free and confidential service, which is therapeutic and educational
- To respect the rights of women, men and children who access our service
- Recognition that the survivor is never to blame for being abused
- To offer women and men only spaces where possible across North Wales
- To support service users in making decisions through counselling, support and information
- To raise awareness of issues related to sexual violence
- To maintain confidentiality within safeguarding boundaries, allowing service users to trust the service we offer
- To evaluate the service on a regular basis and to develop the service in response to the needs of our service users, where possible

## Registered office

RASASC North Wales  
11 Ash Court,  
Parc Menai,  
Bangor,  
Gwynedd,  
LL57 4DF  
Telephone: 01248 670 628

Charity Number: 1057159



# REPORT FROM THE CHAIR OF THE BOARD OF TRUSTEES

Liz Liddall

March 2020 was the start of the first lockdown as mentioned in the previous annual report. This presented a huge challenge to RASASC NW like many other organisations. Acknowledgment needs to be made to the staff and counsellors who put in a tremendous effort to ensure that we could continue to deliver a service to our service users throughout the crisis. I would like to thank them all for the dedication and commitment they showed and continue to show throughout the current crisis. Our team have continued to show the ability to adapt to new ways of working, working from home, at times and juggling with the various demands of children, pets, family members and illness as well as the sometimes unpredictable nature of technology. Zoom meetings became the norm and the phrase "you are on mute" became one of the most common phrases of the year.

The ability of RASASC NW to immediately transform to remote working and service delivery during the crisis was in large part due to us having completed a digital transformation project through funding received from Rape Crisis England and Wales. This meant that we had in place a safe and secure online platform that enabled RASASC NW to continue services remotely with minimal disruption of services to our service users.

I would like to thank the staff team, who sourced and developed bespoke training to counsellors and support workers to assist them in delivering online counselling and support, using the new digital platform, which was essential for the continuation of RASASC NW services. I would also like to thank our counsellors and support workers for adapting and changing their practise to accommodate the use of technology and overcoming the challenges presented seamlessly.

Despite some initial trepidation our service users took up the option of online counselling and data analysis and evaluation continues to support the benefits of RASASC NW specialist sexual violence intervention. Development of remote working also resulted in the organisation addressing an important future objective - to increase its reach to marginalised survivors in North Wales. Remote working has provided survivors with an additional means of accessing RASASCNW services. Going forward it is RASASCNW intention to continue to offer both digital and face to face counselling which will enable us to continue to offer our service users a range of options and facilitate their engagement.

During the period between April 2020 and March 2021 we received 553 referrals. Referral rates at the start of lockdown were significantly reduced, causing great concern for the organisation and the sector. Survivors were unable to access services at a time where services were most in need. We increased our efforts to raise awareness, change existing RASASC NW services and develop new RASASC NW services so that we could offer alternative and additional means of accessing our services to survivors in North Wales. This resulted in referral rates increasing and as was expected referrals to the centre were and continue to be the highest the centre received in the history of RASASC NW.

During this period, we were very proud to achieve the Lime Culture Quality standards for the work we do with male survivors, which sits alongside the quality standards we already hold from The Survivors Trust and Rape Crisis England and Wales.

I would like to offer a large thank you to all those organisations who have provided funding to RASASC NW. It has meant that we have been able to grow and expand our service to keep up with the increase in referrals and continue to deliver a quality service which is flexible and adjusts to meet the needs of our service users.

The Steve Morgan Foundation funding for our clinical lead has enabled us to continue to provide in house supervision to our counsellors and provide clinical input into service development. This has been an immense advantage to the organisation and our counsellors that ensures we continue to deliver high quality specialist service to service users.

Children in Need funding has enabled us to continue to provide therapy for children and young people. A very important part of the work we do. The lockdown impinged on the work we were able to do with groups and young children, however we developed new ways of working and established specialist support services to primary care givers as an alternative way of reaching young children. Resumption of face to face services to children and young people was prioritised - PPE was sourced, renovations and alterations to the centre undertaken so that RASASC NW was compliant with Welsh Government COVID Guidelines and could continue with face to face therapeutic intervention and play therapy in a safe environment. COVID funding was sourced that allowed RASASCNW to put together therapy boxes for children and young persons, so each child can have an individual box, this ensures we can continue to provide therapeutic resources in a way which is anti-Covid compliant.

COVID funding was sourced from The Ministry of Justice, Welsh Government, PCCO, Lloyds Bank Foundation via CAF, Steve Morgan Foundation, Comic Relief via WWA, SVCSA via WWA, Moondance and the Welsh Government in order to ensure that the office and counselling rooms were fully compliant with government guidance and that workers and service users were equipped with appropriate PPE.

Continued funding received from The Ministry of Justice, The Welsh Government, The Police and Crime Commissioners Office and Betsi Cadwaladr University Health Board have been major significant contributors to ensure that RASASCNW continue to provide therapy and support to service users in a consistent, continued, safe and ethical manner. Their funding has enabled us to keep our waiting lists for therapy at a manageable level, despite increases in referrals.

RASASC NW continues to deliver the Ask and Act initiative, rolled out by the Welsh Government and in collaboration with Welsh Women's Aid. This is an important initiative which has developed collaborative working between RASASC NW and other relative organisations and establishments within the VAWDASV sector whilst most importantly raising awareness of sexual violence.

We are also hugely thankful for the significant funding we received from Moondance which has enabled us to develop and continue services in response to the COVID pandemic and has provided RASASC NW with much needed flexibility so that we can continue to do so after the initial impact of COVID which continues and is evident and affecting services and service users to this day.

Additional COVID funding mentioned previously has enabled RASASC NW to recruit additional staff, increase staff capacity and source additional training which was required as a result of covid.

These additional funding revenues ensured the continued services of counsellors and recruitment of additional counsellors, providing them with the opportunity to access additional specific training to upskill and further increase expertise by sourcing training in relative areas such as working with children and young people, Rewind Therapy, Complex PTSD to name a few increasing available counsellors with expertise in relative areas identified as a need and specialism in sexual violence and abuse trauma.

We are also pleased to thank the private donors who have contributed to the work we do. Some individuals who have fund raised on our behalf to whom we offer our thanks and appreciation.

This has been a challenging time for all but with everyone working hard and pulling together we have been able to continue to provide support and counselling to our service users and have been able to see how useful digital technology will be in terms of improving access. We do need to make it clear that this will never replace the importance of face-to-face work and we see the ability to deliver online counselling as an addition to the options we have available not a replacement for it.

We have aimed to as far as possible future proof ourselves by ensuring that with the funds made available to us, we have upgraded our technology so it is up to date and able to deliver at the best level we can manage.

I am hugely proud of the way that everyone involved with RASASC NW, funders, staff, counsellors, trustees, have dedicated time, energy, commitment and passion to ensuring that we continue to be able to keep our service users at the heart of all we do and to continue to grow and develop as a service.

We are in a strong position to continue with offering the counselling, and support to anyone regardless of age, gender, religion, race, disability, who have experienced sexual violence, which is at the core of what we do.

We will also continue with raising awareness both in terms of delivering training and with continued collaborations with other organisations.

Thank you to all those who have supported and worked with us. Our continued thanks to all Service Users for trusting us enough to reach out and ask for support. We recognise their bravery in doing so and consider it a privilege to be able to assist them in their recovery.

Liz Liddall  
Chair Board of Trustees

# REPORT FROM THE TREASURER OF THE BOARD OF TRUSTEES

Cassie  
Williams

Financially, it has been an unprecedented year for RASASC NW. The funding which has become available to the charity during the year due to COVID-19, and through the hard work of the staff in securing it, has ensured that through what could have been a very trying time for us,

Not only have we managed to survive, but we have seized the opportunity to use the funding available to invest heavily to ensure we were still able to engage with clients over the period of the pandemic and continue the provision of the essential services we provide.

Staffing and training expenses have both increased significantly during the year as a result. This was attributable to the appointment of the lead clinician, from part of the previous year, and the additional recruitment of a RASASC NW trainer, RASASC NW Administrator and increase in hours of existing staff to meet the demands of the additional work load that COVID-19 created.

We have had continued funding from Betsi Cadwaladr, the Ministry of Justice - secured until 2023, the PCCO, Children in Need, WG VAWDASV, RCEW, the Steve Morgan Foundation and the Lloyds Bank Foundation. We were able to secure funding from several additional sources which became available to us due to COVID-19.

The additional funding was used to cover additional expenditure which arose as a result of the pandemic, including staffing and training, information technology equipment for our staff working from home, personal protective equipment, such as sanitiser, masks, gloves etc and essential additional resources for clients.

Our total income over the year amounted to £582,877. This included grants from 16 sources, donations and fund raising. There was no rental income received during the year due to COVID-19 restrictions.

The total income was an increase from last year amounting to £281,548. The total expenditure during the year rose significantly in most areas, correlating with additional funding sourced, providing RASASC NW with a net income of £107,919 and shareholders funds to carry forward to the next year of £430,579.

Cassie Williams  
Treasurer Board of Trustees

# FINANCIAL SUMMARY

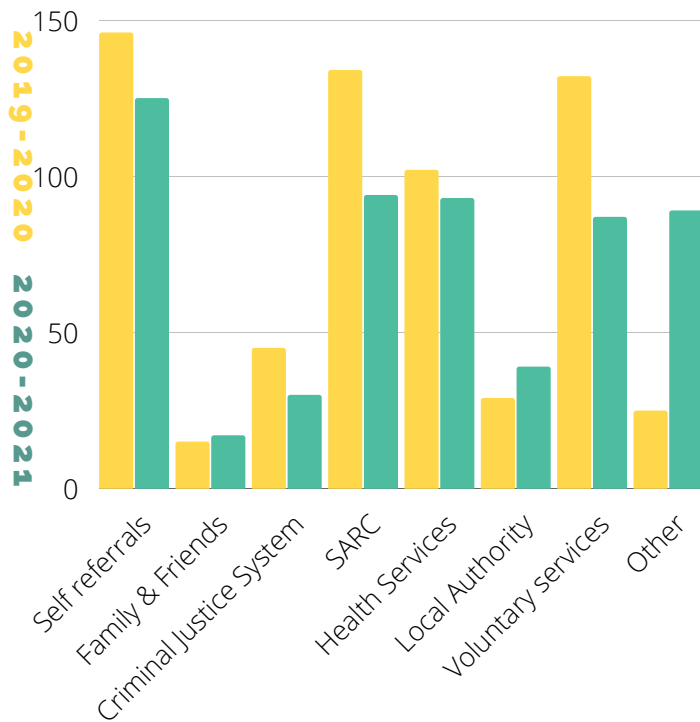
## How RASASC North Wales is funded

Each year RASASC North Wales secures its funding from a wide variety of sources and donations.  
RASASC NW income sources and expenditure for 2020-2021:

<b>Unrestricted Funds</b>		<b>Charitable Activities</b>	
General Fund	£12,590	Wages	£162,012
<b>Restricted Funds</b>		Social Security	£10,537
Restricted fund	£15,000	Pensions	£15,546
Betsi Cadwaladr Health Board	£40,000	Subscriptions, levies, licences & memberships	£684
Children in Need	£17,550	Private Counselling	£85,165
Steve Morgan Foundation	£32,000	Staff/volunteer training & expenses	£59,978
Welsh Government VAWDASV	£35,300	Therapy Resources	£6,662
PCCO	£39,000	<b>Support Costs</b>	
Ministry of Justice	£102,058	<b>Management</b>	
Lloyds Bank Foundation	£24,999	Rent and rates	£6,274
Ministry of Justice COVID	£104,851	Insurance	£3,021
Welsh Government VAWDASV COVID	£39,629	Light and heat	£1,278
Moondance Foundation	£60,000	Telephone	£10,127
Comic Relief through Welsh Women's Aid COVID	£10,000	Postage and Stationery	£16,567
WCVA through Welsh Women's Aid COVID	£16,000	Sundries	£847
Steve Morgan Foundation COVID	£10,000	Cleaning and waste disposal	£14,456
Community Foundation Wales	£15,000	Repairs and renewals	£16,567
West Mercia RASASC	£4,200	Computer costs	£60,021
Charities Aid Foundation	£4,700	Bank charges	£298
<b>TOTAL FUNDS</b>		Depreciation	£1,750
	£582,877	<b>Governance costs</b>	
		Accountancy-independent examination	£2,868
		<b>TOTAL EXPENDITURE</b>	
			£474,958

# DATA & STATISTICS

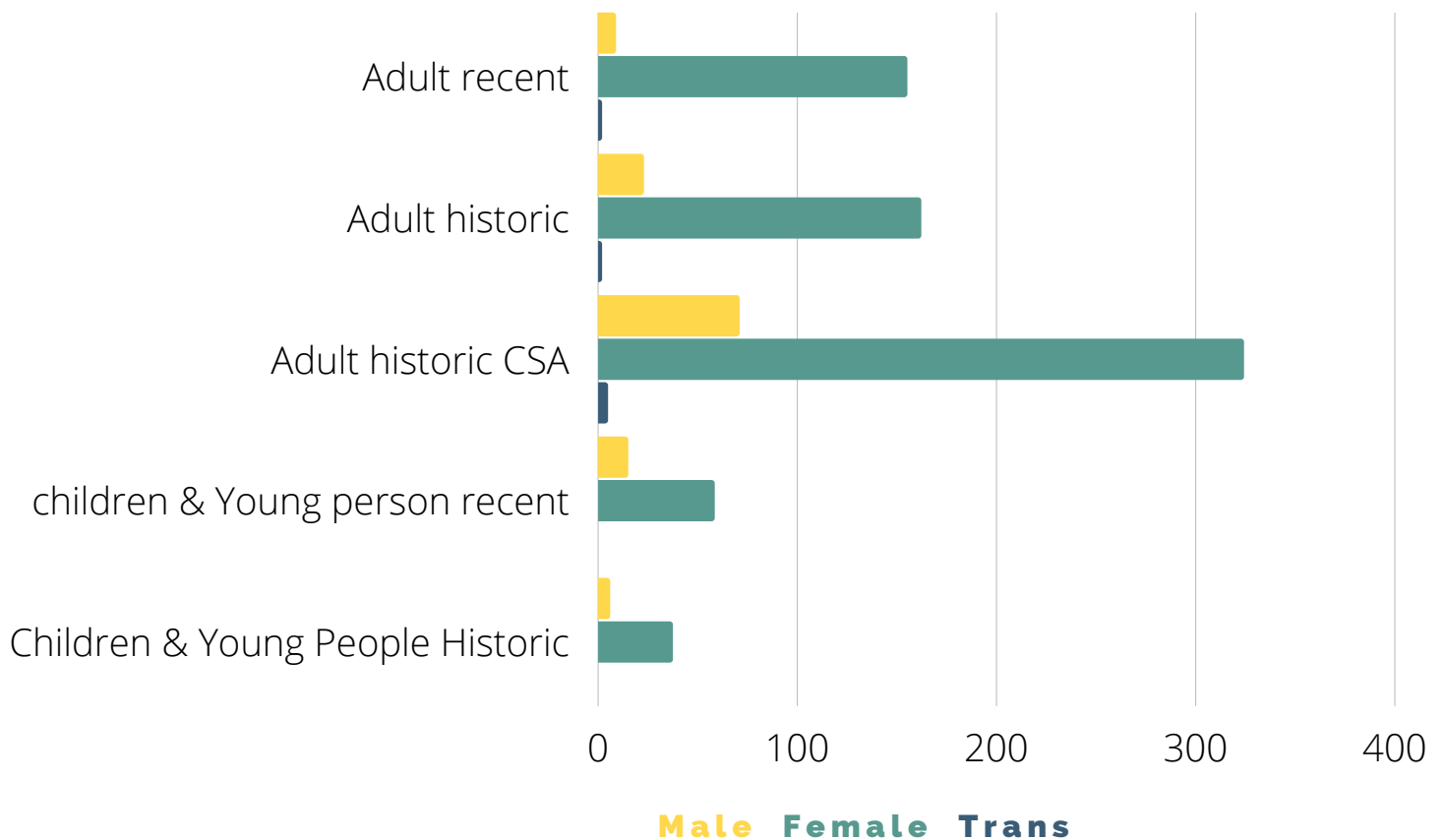
## Referrals by Sources



## Referrals by County 2020- 2021

Ynys Mon	81	15%
Gwynedd	135	24%
Conwy	97	18%
Fflint	54	10%
Denbigh	56	10%
Wrexham	77	14%
Unknown	53	10%
<b>Total</b>	<b>553</b>	

## Presenting issues 2020-2021



## OUR LATEST NUMBERS

**869 survivors**

received support in 2020-2021

**92%**

Felt they were  
able to cope  
better with  
everyday life

**93%**

Reported an  
improvement in  
wellbeing after  
receiving  
RASASC NW  
counselling

## OBSERVATIONS ON THE SERVICE

"I found it very useful to talk to someone who understands me! You provide an excellent service!!"

"I felt at ease with my counsellor she was very professional and understanding! She saved my life!!!"

***This service is an invaluable service that so many people need.***

***For me personally I can now see a safe bright future ahead of me, without this service I do not know where I would be. Its an amazing service .  
Thank you.***

***My counsellor was incredible ! I couldn't have gotten to where I am now without her help and support.***

# TO OUR FUNDERS

We would like to express our appreciation for funding our service for 2020 - 2021.

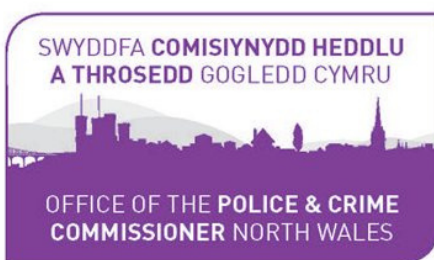
Without these sources of funding RASASC NW would not be able to deliver this much needed service to the people of North Wales.



Llywodraeth Cymru  
Welsh Government



*Steve Morgan*  
FOUNDATION



**TRUSTEES**

MAIR RICHARDS  
CHARLOTTE PEPPER  
EILEEN DEWHURST  
SUE HAYWOOD  
SARA EVANS  
LIZ LIDDALL  
CASSIE WILLIAMS  
MAIREAD TURNER

**STAFF**

JANE RUTHE  
FFLUR EMLYN  
LYNNE RICHARDSON  
LEAH BRADSHAW  
GILLIAN CLARK  
ALLIE REGAN  
KELI EVANS  
VIDA DAVIES

**SESSIONAL SELF EMPLOYED/VOLUNTEER COUNSELLORS & SUPPORT  
WORKERS**

ANNWEN GRIFFITHS  
ANGELA PRICE  
ALLIE REGAN  
CARYS HOGAN  
CATHY MATTHIESON  
CERYS MADDEN  
CRISTINA CHAMBERS  
DENEISE JONES  
GILLIAN CLARK  
HEMA MUNBODHAWA  
HEFINA EVANS

PAUL DONNELLY  
PIP WINSTONE  
RACHEL GROVER  
RACHEL RICHARDS  
RHIAN PRICE  
RUTH CHARNOCK  
SIAN EDWARDS  
SIAN JONES  
SARAH BAKER  
SARAH ZIELONKA  
SHEY THORNTON  
THEO SALEEM  
TINA JARVIS  
VANESSA ANDERSON

JESSICA JILLES JOLOF  
JUNE MORRIS  
JULIE GRIMES  
KAREN REED  
KATE SHAW  
KATY WILLIAMS  
KAYLEY ROBERTS  
KELI EVANS  
LAVINIA BELLIS  
LISA JONES  
LYNDSAY BURNS  
MICHELLE KNIGHT GREGSON  
PAM HUNT

TRUSTEES' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021  
FOR  
RASASC NW

Fraser Wood Limited  
Chartered Certified Accountants  
Victoria House  
Plas Llwyd Terrace  
Bangor  
Gwynedd  
LL57 1UB

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FOR THE YEAR ENDED 31 MARCH 2021

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RASASC NW  
TRUSTEES' REPORT  
FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The charity is established to provide specialist support services to anyone in the area of North Wales who has experienced any form of sexual violence. Its purpose is to provide a confidential therapeutic listening service, counselling, information and support service; to advance the education of the public in the subject of rape and sexual abuse and their effects be they physical, medical, psychological or social.

Whilst RASASC NW recognises that sexual violence is a crime of violence and abuse of power, we also recognise that it is often the cause and consequence of gender inequality. RASASC NW services are available to anyone from the age of 3 that has experienced any form of sexual abuse and/or violence in North Wales.

### **Significant activities**

- To maintain a free and confidential service, which is therapeutic and educational
- To respect the rights of women, men and children who access our service
- Recognition that the survivor is never to blame for being abused
- To offer women only spaces where possible across North Wales
- To support service users in making decisions through counselling, support and information
- To raise awareness of issues related to sexual violence
- To maintain confidentiality within safeguarding boundaries, allowing service users to trust the service we offer
- To evaluate the service on a regular basis and to develop the service in response to the needs of our service users, where possible

### **Public benefit**

The Trustees have had due regard to guidance published by the Charities Commission on Public Benefit. This is ensured by:

- Providing support and advocacy to victims and survivors of sexual violence and abuse
- By recognising that a number of victims suffer a range of disabilities including mental and emotional wellbeing, physical and/or learning difficulties
- Providing outreach services to promote prevention, awareness raising and support.
- Providing training to others on sexual exploitation awareness.
- Assisting in the research projects of other organisations

## **ACHIEVEMENT AND PERFORMANCE**

### **Charitable activities**

RASASC NW delivers specialist 'trauma informed' therapy and support to anyone from the age of 3 in North Wales who have experienced any form of sexual abuse/violence, which addresses the immediate, short and long term negative effects of sexual abuse. A 'trauma informed' response recognises the full impact that sexual abuse/violence has on someone's life, working with the survivor to address the many negative symptoms they are left with.

## RASASC NW

### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

#### **Charitable activities - continued**

North Wales has some of the highest incidence/statistics relating to rape and child sexual abuse, supporting the need for our service and which helps individuals in North Wales who have experienced sexual violence. The help that we offer our clients has ripple effects that continues throughout society. Therapeutic intervention promotes mental and physical well-being which leads to a reduction in prescribed medication, reduction or overcoming substance misuse, return to work or education, improved parenting, less children put into care, anger management, reduction in criminal behaviour/activity and so on.

Due to the COVID-19 pandemic, at the end of March 2020 in response to Welsh Government restrictions and guidance face to face activity ceased. RASASC NW staff and sessional workers worked from home and provision of therapeutic services were delivered remotely via telephone and/or an online video platform. This was possible as a result of previous funding received by RCEW to digitally transform the organisation and new COVID-19 emergency funding from various sources, enabling RASASC NW to continue with service provision safely in response during the pandemic. In August 2020 face to face services were resumed from RASASC NW Parc Menai centre and other suitable venues that had been reconfigured and risk assessed in accordance with Welsh Government COVID-19 H&S guidelines.

The ongoing COVID-19 crisis continued for the remainder of this financial year and brought many challenges for the organisation. Despite these challenges, RASASC North Wales continued to offer services to survivors in North Wales throughout. Not only were existing services transformed but new services were introduced to meet the growing and changing needs of the service users and organisation.

Not only did RASASC NW meet the challenges that COVID-19 presented but developed and strengthened in response. RASASC NW sourced additional funding to improve IT structure and resources within the organisation, sourced and developed training to increase expertise and upskill staff within the organisation to meet the growing complex needs of our service users.

RASASC NW continued throughout to take and receive new referrals, introducing the following new and additional services:

- late/evening sessions so that clients with childcare restrictions can access therapy
- email support service to reach survivors that are marginalised or hard to reach

During the COVID-19 pandemic RASASC NW clients presented with more complex mental health needs (and continue to). This had a significant impact on the organisation from increasing number of sessions required by clients, increase in provision of supervision to RASASC NW staff and counsellors, increase in Safeguarding concerns, increase in staff and counselling hours and the need to source and develop additional relevant training.

RASASC NW referrals and service provision for 2020 – 2021 continue to be high and similar statistics to the previous financial year which saw the highest ever referrals to the centre in its history.

## RASASC NW

### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

#### **Charitable activities - continued**

See table below:

<b>NEW REFERRALS</b>	<b>2020-2021</b>				
<b>PRESENTING ISSUE</b>	<b>MALE</b>	<b>FEMALE</b>	<b>TRANS</b>	<b>TOTAL</b>	<b>%</b>
<b>ADULT RECENT</b>	10	67	2	<b>79</b>	14%
<b>ADULT HISTORIC</b>	17	114	1	<b>132</b>	24%
<b>ADULT HISTORIC CSA</b>	30	192	1	<b>223</b>	40%
<b>ADULT UNKNOWN</b>	0	42	0	<b>42</b>	8%
<b>CHILDREN AND YP RECENT</b>	2	38	0	<b>40</b>	7%
<b>CHILDREN AND YP HISTORIC</b>	12	22	0	<b>34</b>	6%
<b>CHILDREN AND YP UNKNOWN</b>	0	3	0	<b>3</b>	1%
<b>TOTAL</b>	<b>71</b>	<b>478</b>	<b>4</b>	<b>553</b>	

	<b>2020-2021</b>
<b>NEW and EXISTING receiving therapeutic service</b>	869

Of those that have received RASASC NW specialised therapeutic intervention and completed therapy progress and monitoring forms, data analysis shows that:-

- **91%** felt an improvement or managed their levels of feeling tense, anxious or nervous by the end of therapy
- **92%** maintained or increased their ability to cope with problems
- **93%** maintained or increased levels of happiness at the end of therapy
- **90%** felt an improvement or managed being able to communicate by the end of therapy
- **84%** maintained or improved their mental health by the end of therapy

#### **FINANCIAL REVIEW**

##### **Financial position**

This year has allowed RASASC NW to transform and strengthen, enhancing the sustainability of the organisation. RASASC NW funding from Betsi Cadwaladr Health Board, Children in Need, Lloyds Bank Foundation and The Steve Morgan Foundation continued, and additional funding was sourced from The Ministry of Justice, PCCO and The Welsh Government to ensure the continued delivery of RASASC NW services during the COVID-19 pandemic.

Our total income over the year amounted to £582,877 This included grants from 16 sources, donations and fund raising, an increase of £281,548 on the prior year. This was mainly attributable to additional funding sourced in response to the COVID-19 pandemic to ensure the continuation of RASASC NW services. We are pleased to say that our funding from the Ministry of Justice, our single largest funding source, will continue until 2023.

## RASASC NW

### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

#### **Financial position- continued**

We saw a significant increase in expenditure in the staffing costs in the year due to the restructuring by the organisation and the appointment of the lead clinician, from part of the previous year and the additional recruitment of a RASASC NW trainer, RASASC NW Administrator and increase in hours of existing staff in response to the COVID-19 pandemic in this financial year. Along with this, training and IT/Computer costs more than doubled. The investments made in these areas has enhanced the accessibility, efficiency and effectiveness of RASASC NW therapeutic services.

The total expenditure during the year rose significantly in most areas, correlating with additional funding sourced, providing RASASC NW with a net income of £107,919.

#### **Reserves policy**

The trustees have set a reserves policy which requires:

- Reserves to be maintained at a level which ensures 6 months organisation core activity could continue during a period of unforeseen difficulty.
- The charity made a surplus of £10,839 during the year on unrestricted funds and a surplus of £97,080 on restricted funds. The unrestricted funds stood at £201,227 and the restricted funds were £229,352.
- The free reserves of the charity (unrestricted funds less amounts invested in fixed assets) amount to £185,471 which exceeds the 6 months running costs of £132,500 and allows for redundancy costs. The trustees are satisfied with the level of reserves but will seek to increase these to ensure 12 months of funding for the organisation's core activity.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

##### **Recruitment and appointment of new trustees**

RASASC NW believes that for the Board of Trustees to be fit for purpose, it must be comprised of individuals that possess a range of skills and experiences that will enable them to effectively fulfil their individual role on the board. For the Board of Trustees to remain relevant it must encompass new ideas and continually seek to refresh policies and procedures in line with the wants and needs of the organisation's users and partners. To this end it is important that the Board of Trustees is able to regularly recruit new members whilst retaining the stability to govern the organisation.

New Trustees can be recruited at any time. The Board of Trustees will need to ensure that the makeup of the Board sits within the criteria laid down in the Constitution and Mission Statement. They will need to determine if the nominee has the skills and ability to fulfil the role as detailed in the "Roles and Responsibilities of a Trustee" and that they fulfil the legal requirements to be a Charitable Trustee. This will be done through the process detailed in the Trustees Recruitment Procedure.

Any candidate whose application is successful will be invited by the Chair of Trustees to join the Board of Trustees at the next Board Meeting so that the candidate can establish what being a Trustee of RASASC NW entails.

RASASC NW

TRUSTEES' REPORT  
FOR THE YEAR ENDED 31 MARCH 2021

**Risk management**

RASASC NW is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support with our clients. However, a significant amount of our funding is for a relatively short period of between one and three years. This can make future planning for sustainability difficult in this challenging economic climate.

RASASC NW has an ongoing funding strategy and action plan to mitigate the loss of funding. We strive to diversify funding sources as part of the ongoing strategic aims.

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurances against fraud and error.

The Senior Management Team are undertaking regular reviews of an operational and strategic risk register, and a strategic risk register is reported to the Board on a regular basis.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1057159

**Principal address**

Unit 11  
Ash Court  
Parc Menai  
Bangor  
Gwynedd  
LL57 4DF

**Trustees**

E Liddall  
S L Haywood  
E M Dewhurst  
C B Williams  
M Turner  
M Richards  
C Pepper (resigned 03.08.21)  
S Evans (resigned 31.12.20)

**Independent Examiner**

Gillian Wood  
ACCA  
Fraser Wood Limited  
Chartered Certified Accountants  
Victoria House  
Plas Llwyd Terrace  
Bangor  
Gwynedd  
LL57 1UB

Approved by order of the board of trustees on 8/10/21 and signed on its behalf by:

E Liddall - Trustee



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
RASASC NW

**Independent examiner's report to the trustees of RASASC NW**

I report to the charity trustees on my examination of the accounts of RASASC NW (the Trust) for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Gillian Wood  
FACCA  
Fraser Wood Limited  
Chartered Certified Accountants  
Victoria House  
Plas Llwyd Terrace  
Bangor  
Gwynedd  
LL57 1UB

Date: 8/10/21

RASASC NW

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	10,031	(2)	10,029	2,829
<b>Charitable activities</b>	4				
Advice, counselling and support		2,200	555,289	557,489	275,271
Investment income	3	359	-	359	8,229
Other income		<u>-</u>	<u>15,000</u>	<u>15,000</u>	<u>15,000</u>
<b>Total</b>		12,590	570,287	582,877	301,329
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
Advice, counselling and support		<u>1,751</u>	<u>473,207</u>	<u>474,958</u>	<u>280,553</u>
<b>NET INCOME</b>		10,839	97,080	107,919	20,776
<b>Transfers between funds</b>	14	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		10,839	97,080	107,919	20,776
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>190,388</u>	<u>132,272</u>	<u>322,660</u>	<u>301,884</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>201,227</u></u>	<u><u>229,352</u></u>	<u><u>430,579</u></u>	<u><u>322,660</u></u>

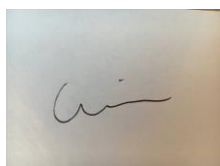
The notes form part of these financial statements

RASASC NW

BALANCE SHEET  
31 MARCH 2021

	Notes	31.3.21 £	31.3.20 £
<b>FIXED ASSETS</b>			
Tangible assets	10	231,756	233,506
<b>CURRENT ASSETS</b>			
Debtors	11	18,575	45,861
Cash at bank		<u>296,007</u>	<u>148,739</u>
		314,582	194,600
<b>CREDITORS</b>			
Amounts falling due within one year	12	(115,759)	(105,446)
<b>NET CURRENT ASSETS</b>		<u>198,823</u>	<u>89,154</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		430,579	322,660
<b>NET ASSETS</b>		<u>430,579</u>	<u>322,660</u>
<b>FUNDS</b>	14		
Unrestricted funds		201,227	190,388
Restricted funds		<u>229,352</u>	<u>132,272</u>
<b>TOTAL FUNDS</b>		<u>430,579</u>	<u>322,660</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 8/10/21 and were signed on its behalf by:



C B Williams - Trustee

RASASC NW

CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2021

Notes	31.3.21 £	31.3.20 £
<b>Cash flows from operating activities</b>		
Cash generated from operations      16	<u>161,909</u>	<u>10,948</u>
Net cash provided by operating activities	<u>161,909</u>	<u>10,948</u>
 <b>Cash flows from investing activities</b>		
Purchase of tangible fixed assets	-	(3,396)
Interest received	<u>359</u>	<u>-</u>
Net cash provided by/(used in) investing activities	<u>359</u>	<u>(3,396)</u>
 <b>Cash flows from financing activities</b>		
Government grant released	<u>(15,000)</u>	<u>(15,000)</u>
Net cash used in financing activities	<u>(15,000)</u>	<u>(15,000)</u>
	<u>                    </u>	<u>                    </u>
 <b>Change in cash and cash equivalents in the reporting period</b>	147,268	(7,448)
<b>Cash and cash equivalents at the beginning of the reporting period</b>	<u>148,739</u>	<u>156,187</u>
 <b>Cash and cash equivalents at the end of the reporting period</b>	<u>296,007</u>	<u>148,739</u>

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**2. DONATIONS AND LEGACIES**

	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
Donations	<u>10,031</u>	<u>(2)</u>	<u>10,029</u>	<u>2,829</u>

**3. INVESTMENT INCOME**

	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
Rents received	-	-	-	8,229
Interest received	<u>359</u>	<u>-</u>	<u>359</u>	<u>-</u>
	<u>359</u>	<u>-</u>	<u>359</u>	<u>8,229</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	31.3.21 £	31.3.20 £
Grants	Advice, counselling and support	557,489	269,752
Fund Generation PCCO	Advice, counselling and support	<u>-</u>	<u>5,519</u>
		<u>557,489</u>	<u>275,271</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**4. INCOME FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows:

	31.3.21 £	31.3.20 £
Betsi Cadwaladr Health Board	40,000	40,000
Welsh Government SARP Project	-	10,379
Ministry of Justice	102,060	68,040
PCCO	39,000	22,079
Children in Need	17,550	46,809
Lloyds Bank Foundation	25,000	24,900
Rape Crisis England and Wales	2,000	6,545
Steve Morgan Foundation	32,000	8,000
Conwy Council	-	1,000
Welsh Government VAWDASV	35,300	42,000
Ministry of Justice COVID	104,850	-
Welsh Government VAWDASV COVID	39,629	-
Moondance Foundation	60,000	-
Comic Relief through Welsh Women's Aid COVID	10,000	-
WCVA through Welsh Women's Aid COVID	16,000	-
Welsh Women's Aid	200	-
Steve Morgan Foundation COVID	10,000	-
West Mercia RASASC	4,200	-
Community Foundation Wales	15,000	-
Charities Aid Foundation	4,700	-
	<hr/> 557,489	<hr/> 269,752 <hr/>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**5. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 6) £	Totals £
Advice, counselling and support	<u>340,584</u>	<u>134,374</u>	<u>474,958</u>

**6. SUPPORT COSTS**

	Management £	Governance costs £	Totals £
Advice, counselling and support	<u>131,506</u>	<u>2,868</u>	<u>134,374</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

	31.3.21 £	31.3.20 £
Trustees' expenses	<u>-</u>	<u>521</u>

**8. STAFF COSTS**

	31.3.21 £	31.3.20 £
Wages and salaries	162,012	97,303
Social security costs	10,537	24,360
Other pension costs	<u>15,546</u>	<u>4,327</u>
	<u>188,095</u>	<u>125,990</u>

The average monthly number of employees during the year was as follows:

31.3.21	31.3.20
<u>7</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	2,828	1	2,829
<b>Charitable activities</b>			
Advice, counselling and support	5,519	269,752	275,271
Investment income	8,229	-	8,229
Other income	<u>-</u>	<u>15,000</u>	<u>15,000</u>
<b>Total</b>	16,576	284,753	301,329
 <b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Advice, counselling and support	11,403	269,150	280,553
 <b>NET INCOME</b>	5,173	15,603	20,776
<b>Transfers between funds</b>	<u>82,391</u>	<u>(82,391)</u>	<u>-</u>
<b>Net movement in funds</b>	87,564	(66,788)	20,776
 <b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	102,823	199,061	301,884
 <b>TOTAL FUNDS CARRIED FORWARD</b>	<u>190,387</u>	<u>132,273</u>	<u>322,660</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**10. TANGIBLE FIXED ASSETS**

	Long leasehold £	Fixtures, fittings & equipment £	Totals £
<b>COST</b>			
At 1 April 2020 and 31 March 2021	<u>216,000</u>	<u>60,930</u>	<u>276,930</u>
<b>DEPRECIATION</b>			
At 1 April 2020	-	43,424	43,424
Charge for year	<u>-</u>	<u>1,750</u>	<u>1,750</u>
At 31 March 2021	<u>-</u>	<u>45,174</u>	<u>45,174</u>
<b>NET BOOK VALUE</b>			
At 31 March 2021	<u>216,000</u>	<u>15,756</u>	<u>231,756</u>
At 31 March 2020	<u>216,000</u>	<u>17,506</u>	<u>233,506</u>

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Trade debtors	18,575	43,666
Other debtors	<u>-</u>	<u>2,195</u>
	<u>18,575</u>	<u>45,861</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Trade creditors	36,651	12,779
Taxation and social security	4,108	2,667
Other creditors	<u>75,000</u>	<u>90,000</u>
	<u>115,759</u>	<u>105,446</u>

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**13. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
Fixed assets	15,756	216,000	231,756	233,506
Current assets	207,655	106,927	314,582	194,600
Current liabilities	<u>(22,184)</u>	<u>(93,575)</u>	<u>(115,759)</u>	<u>(105,446)</u>
	<u>201,227</u>	<u>229,352</u>	<u>430,579</u>	<u>322,660</u>

**14. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	190,388	10,839	201,227
<b>Restricted funds</b>			
Restricted fund	126,000	15,000	141,000
Ministry of Justice	6,272	(6,272)	-
Moondance Foundation	-	59,152	59,152
Comic Relief through Welsh Women's Aid COVID	-	10,000	10,000
Community Foundation Wales	-	15,000	15,000
West Mercia RASASC	-	4,200	4,200
	<u>132,272</u>	<u>97,080</u>	<u>229,352</u>
<b>TOTAL FUNDS</b>	<u>322,660</u>	<u>107,919</u>	<u>430,579</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**14. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expensed £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	12,590	(1,751)	10,839
<b>Restricted funds</b>			
Restricted fund	15,000	-	15,000
Betsi Cadwaladr Health Board	40,000	(40,000)	-
Children in Need	17,550	(17,550)	-
Steve Morgan Foundation	32,000	(32,000)	-
Welsh Government VAWDASV	35,300	(35,300)	-
PCCO	39,000	(39,000)	-
Ministry of Justice	102,058	(108,330)	(6,272)
Lloyds Bank Foundation	24,999	(24,999)	-
Ministry of Justice COVID	104,851	(104,851)	-
Welsh Government VAWDASV COVID	39,629	(39,629)	-
Moondance Foundation	60,000	(848)	59,152
Comic Relief through Welsh Women's Aid COVID	10,000	-	10,000
WCVA through Welsh Women's Aid COVID	16,000	(16,000)	-
Steve Morgan Foundation COVID	10,000	(10,000)	-
Community Foundation Wales	15,000	-	15,000
West Mercia RASASC	4,200	-	4,200
Charities Aid Foundation	4,700	(4,700)	-
	<u>570,287</u>	<u>(473,207)</u>	<u>97,080</u>
<b>TOTAL FUNDS</b>	<u>582,877</u>	<u>(474,958)</u>	<u>107,919</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**14. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
General fund	102,823	5,174	82,391	190,388
<b>Restricted funds</b>				
Restricted fund	199,061	15,000	(88,061)	126,000
Ministry of Justice	<u>-</u>	<u>602</u>	<u>5,670</u>	<u>6,272</u>
	<u>199,061</u>	<u>15,602</u>	<u>(82,391)</u>	<u>132,272</u>
<b>TOTAL FUNDS</b>	<u><u>301,884</u></u>	<u><u>20,776</u></u>	<u><u>-</u></u>	<u><u>322,660</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**14. MOVEMENT IN FUNDS - continued**

	Incoming resources £	Resources expensed £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	16,576	(11,402)	5,174
<b>Restricted funds</b>			
Restricted fund	15,000	-	15,000
Betsi Cadwaladr Health Board	40,000	(40,000)	-
Welsh Government SARP Project	10,380	(10,380)	-
Children in Need	46,809	(46,809)	-
Steve Morgan Foundation	8,000	(8,000)	-
Welsh Government VAWDASV	42,000	(42,000)	-
PCCO	22,079	(22,079)	-
Ministry of Justice	68,040	(67,438)	602
Lloyds Bank Foundation	24,900	(24,900)	-
Rape Crisis England and Wales	6,545	(6,545)	-
Conwy council	1,000	(1,000)	-
	<hr/> 284,753	<hr/> (269,151)	<hr/> 15,602
<b>TOTAL FUNDS</b>	<hr/> 301,329	<hr/> (280,553)	<hr/> 20,776

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**15. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**16. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.21 £	31.3.20 £
<b>Net income for the reporting period (as per the Statement of financial activities)</b>	107,919	20,776
<b>Adjustments for:</b>		
Depreciation charges	1,750	8,685
Interest received	(359)	-
Decrease in debtors	27,286	27,335
Increase/(decrease) in creditors	<u>25,313</u>	<u>(45,848)</u>
<b>Net cash provided by operations</b>	<u><u>161,909</u></u>	<u><u>10,948</u></u>

**17. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.20 £	Cash flow £	At 31.3.21 £
<b>Net cash</b>			
Cash at bank	<u>148,739</u>	<u>147,268</u>	<u>296,007</u>
	<u>148,739</u>	<u>147,268</u>	<u>296,007</u>
<b>Total</b>	<u><u>148,739</u></u>	<u><u>147,268</u></u>	<u><u>296,007</u></u>

RASASC NW

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	10,029	2,829
<b>Investment income</b>		
Rents received	-	8,229
Interest received	<u>359</u>	<u>-</u>
	359	8,229
<b>Charitable activities</b>		
Grants	557,489	269,752
Fund Generation PCCO	<u>-</u>	<u>5,519</u>
	557,489	275,271
<b>Other income</b>		
Government grant released	<u>15,000</u>	<u>15,000</u>
<b>Total incoming resources</b>	582,877	301,329
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	162,012	97,303
Social security	10,537	24,360
Pensions	15,546	4,327
Subscriptions, levies, licences & memberships	684	1,299
Private counselling	85,165	62,891
Staff/volunteer training & expenses	59,978	34,999
Therapy Resources	<u>6,662</u>	<u>-</u>
	340,584	225,179
<b>Support costs</b>		
<b>Management</b>		
Trustees' expenses	-	521
Rent and rates	6,274	11,044
Insurance	3,021	2,418
Light and heat	1,278	1,843
Telephone	10,127	3,480
Carried forward	20,700	19,306

This page does not form part of the statutory financial statements

RASASC NW

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
<b>Management</b>		
Brought forward	20,700	19,306
Postage and stationery	16,867	7,816
Sundries	847	766
Cleaning and waste disposal	14,456	2,155
Hire of equipment	-	5,450
Repairs & renewals	16,567	598
Computer costs	60,021	5,615
Bank charges	298	300
Depreciation	<u>1,750</u>	<u>8,685</u>
	131,506	50,691
<b>Governance costs</b>		
Accountancy- independent examination	2,868	1,800
Legal and professional	-	263
Consultancy fees	<u>-</u>	<u>2,620</u>
	<u>2,868</u>	<u>4,683</u>
Total resources expended	<u>474,958</u>	<u>280,553</u>
<b>Net income</b>	<u><u>107,919</u></u>	<u><u>20,776</u></u>

This page does not form part of the statutory financial statements

TRUSTEES' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021  
FOR  
RASASC NW

Fraser Wood Limited  
Chartered Certified Accountants  
Victoria House  
Plas Llwyd Terrace  
Bangor  
Gwynedd  
LL57 1UB

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FOR THE YEAR ENDED 31 MARCH 2021

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Cash flow statement	9
Notes to the financial statements	10 to 20
Detailed statement of financial activities	21 to 22

RASASC NW  
TRUSTEES' REPORT  
FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The charity is established to provide specialist support services to anyone in the area of North Wales who has experienced any form of sexual violence. Its purpose is to provide a confidential therapeutic listening service, counselling, information and support service; to advance the education of the public in the subject of rape and sexual abuse and their effects be they physical, medical, psychological or social.

Whilst RASASC NW recognises that sexual violence is a crime of violence and abuse of power, we also recognise that it is often the cause and consequence of gender inequality. RASASC NW services are available to anyone from the age of 3 that has experienced any form of sexual abuse and/or violence in North Wales.

### **Significant activities**

- To maintain a free and confidential service, which is therapeutic and educational
- To respect the rights of women, men and children who access our service
- Recognition that the survivor is never to blame for being abused
- To offer women only spaces where possible across North Wales
- To support service users in making decisions through counselling, support and information
- To raise awareness of issues related to sexual violence
- To maintain confidentiality within safeguarding boundaries, allowing service users to trust the service we offer
- To evaluate the service on a regular basis and to develop the service in response to the needs of our service users, where possible

### **Public benefit**

The Trustees have had due regard to guidance published by the Charities Commission on Public Benefit. This is ensured by:

- Providing support and advocacy to victims and survivors of sexual violence and abuse
- By recognising that a number of victims suffer a range of disabilities including mental and emotional wellbeing, physical and/or learning difficulties
- Providing outreach services to promote prevention, awareness raising and support.
- Providing training to others on sexual exploitation awareness.
- Assisting in the research projects of other organisations

## **ACHIEVEMENT AND PERFORMANCE**

### **Charitable activities**

RASASC NW delivers specialist 'trauma informed' therapy and support to anyone from the age of 3 in North Wales who have experienced any form of sexual abuse/violence, which addresses the immediate, short and long term negative effects of sexual abuse. A 'trauma informed' response recognises the full impact that sexual abuse/violence has on someone's life, working with the survivor to address the many negative symptoms they are left with.

## RASASC NW

### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

#### **Charitable activities - continued**

North Wales has some of the highest incidence/statistics relating to rape and child sexual abuse, supporting the need for our service and which helps individuals in North Wales who have experienced sexual violence. The help that we offer our clients has ripple effects that continues throughout society. Therapeutic intervention promotes mental and physical well-being which leads to a reduction in prescribed medication, reduction or overcoming substance misuse, return to work or education, improved parenting, less children put into care, anger management, reduction in criminal behaviour/activity and so on.

Due to the COVID-19 pandemic, at the end of March 2020 in response to Welsh Government restrictions and guidance face to face activity ceased. RASASC NW staff and sessional workers worked from home and provision of therapeutic services were delivered remotely via telephone and/or an online video platform. This was possible as a result of previous funding received by RCEW to digitally transform the organisation and new COVID-19 emergency funding from various sources, enabling RASASC NW to continue with service provision safely in response during the pandemic. In August 2020 face to face services were resumed from RASASC NW Parc Menai centre and other suitable venues that had been reconfigured and risk assessed in accordance with Welsh Government COVID-19 H&S guidelines.

The ongoing COVID-19 crisis continued for the remainder of this financial year and brought many challenges for the organisation. Despite these challenges, RASASC North Wales continued to offer services to survivors in North Wales throughout. Not only were existing services transformed but new services were introduced to meet the growing and changing needs of the service users and organisation.

Not only did RASASC NW meet the challenges that COVID-19 presented but developed and strengthened in response. RASASC NW sourced additional funding to improve IT structure and resources within the organisation, sourced and developed training to increase expertise and upskill staff within the organisation to meet the growing complex needs of our service users.

RASASC NW continued throughout to take and receive new referrals, introducing the following new and additional services:

- late/evening sessions so that clients with childcare restrictions can access therapy
- email support service to reach survivors that are marginalised or hard to reach

During the COVID-19 pandemic RASASC NW clients presented with more complex mental health needs (and continue to). This had a significant impact on the organisation from increasing number of sessions required by clients, increase in provision of supervision to RASASC NW staff and counsellors, increase in Safeguarding concerns, increase in staff and counselling hours and the need to source and develop additional relevant training.

RASASC NW referrals and service provision for 2020 – 2021 continue to be high and similar statistics to the previous financial year which saw the highest ever referrals to the centre in its history.

## RASASC NW

### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

#### **Charitable activities - continued**

See table below:

<b>NEW REFERRALS</b>	<b>2020-2021</b>				
<b>PRESENTING ISSUE</b>	<b>MALE</b>	<b>FEMALE</b>	<b>TRANS</b>	<b>TOTAL</b>	<b>%</b>
<b>ADULT RECENT</b>	10	67	2	<b>79</b>	14%
<b>ADULT HISTORIC</b>	17	114	1	<b>132</b>	24%
<b>ADULT HISTORIC CSA</b>	30	192	1	<b>223</b>	40%
<b>ADULT UNKNOWN</b>	0	42	0	<b>42</b>	8%
<b>CHILDREN AND YP RECENT</b>	2	38	0	<b>40</b>	7%
<b>CHILDREN AND YP HISTORIC</b>	12	22	0	<b>34</b>	6%
<b>CHILDREN AND YP UNKNOWN</b>	0	3	0	<b>3</b>	1%
<b>TOTAL</b>	<b>71</b>	<b>478</b>	<b>4</b>	<b>553</b>	

	<b>2020-2021</b>
<b>NEW and EXISTING receiving therapeutic service</b>	869

Of those that have received RASASC NW specialised therapeutic intervention and completed therapy progress and monitoring forms, data analysis shows that:-

- **91%** felt an improvement or managed their levels of feeling tense, anxious or nervous by the end of therapy
- **92%** maintained or increased their ability to cope with problems
- **93%** maintained or increased levels of happiness at the end of therapy
- **90%** felt an improvement or managed being able to communicate by the end of therapy
- **84%** maintained or improved their mental health by the end of therapy

#### **FINANCIAL REVIEW**

##### **Financial position**

This year has allowed RASASC NW to transform and strengthen, enhancing the sustainability of the organisation. RASASC NW funding from Betsi Cadwaladr Health Board, Children in Need, Lloyds Bank Foundation and The Steve Morgan Foundation continued, and additional funding was sourced from The Ministry of Justice, PCCO and The Welsh Government to ensure the continued delivery of RASASC NW services during the COVID-19 pandemic.

Our total income over the year amounted to £582,877 This included grants from 16 sources, donations and fund raising, an increase of £281,548 on the prior year. This was mainly attributable to additional funding sourced in response to the COVID-19 pandemic to ensure the continuation of RASASC NW services. We are pleased to say that our funding from the Ministry of Justice, our single largest funding source, will continue until 2023.

## RASASC NW

### TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2021

#### **Financial position- continued**

We saw a significant increase in expenditure in the staffing costs in the year due to the restructuring by the organisation and the appointment of the lead clinician, from part of the previous year and the additional recruitment of a RASASC NW trainer, RASASC NW Administrator and increase in hours of existing staff in response to the COVID-19 pandemic in this financial year. Along with this, training and IT/Computer costs more than doubled. The investments made in these areas has enhanced the accessibility, efficiency and effectiveness of RASASC NW therapeutic services.

The total expenditure during the year rose significantly in most areas, correlating with additional funding sourced, providing RASASC NW with a net income of £107,919.

#### **Reserves policy**

The trustees have set a reserves policy which requires:

- Reserves to be maintained at a level which ensures 6 months organisation core activity could continue during a period of unforeseen difficulty.
- The charity made a surplus of £10,839 during the year on unrestricted funds and a surplus of £97,080 on restricted funds. The unrestricted funds stood at £201,227 and the restricted funds were £229,352.
- The free reserves of the charity (unrestricted funds less amounts invested in fixed assets) amount to £185,471 which exceeds the 6 months running costs of £132,500 and allows for redundancy costs. The trustees are satisfied with the level of reserves but will seek to increase these to ensure 12 months of funding for the organisation's core activity.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

### **Recruitment and appointment of new trustees**

RASASC NW believes that for the Board of Trustees to be fit for purpose, it must be comprised of individuals that possess a range of skills and experiences that will enable them to effectively fulfil their individual role on the board. For the Board of Trustees to remain relevant it must encompass new ideas and continually seek to refresh policies and procedures in line with the wants and needs of the organisation's users and partners. To this end it is important that the Board of Trustees is able to regularly recruit new members whilst retaining the stability to govern the organisation.

New Trustees can be recruited at any time. The Board of Trustees will need to ensure that the makeup of the Board sits within the criteria laid down in the Constitution and Mission Statement. They will need to determine if the nominee has the skills and ability to fulfil the role as detailed in the "Roles and Responsibilities of a Trustee" and that they fulfil the legal requirements to be a Charitable Trustee. This will be done through the process detailed in the Trustees Recruitment Procedure.

Any candidate whose application is successful will be invited by the Chair of Trustees to join the Board of Trustees at the next Board Meeting so that the candidate can establish what being a Trustee of RASASC NW entails.

RASASC NW

TRUSTEES' REPORT  
FOR THE YEAR ENDED 31 MARCH 2021

**Risk management**

RASASC NW is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support with our clients. However, a significant amount of our funding is for a relatively short period of between one and three years. This can make future planning for sustainability difficult in this challenging economic climate.

RASASC NW has an ongoing funding strategy and action plan to mitigate the loss of funding. We strive to diversify funding sources as part of the ongoing strategic aims.

The Trustees have a duty to identify and review the risks to which the Charity is exposed and to ensure appropriate controls are in place to provide reasonable assurances against fraud and error.

The Senior Management Team are undertaking regular reviews of an operational and strategic risk register, and a strategic risk register is reported to the Board on a regular basis.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1057159

**Principal address**

Unit 11  
Ash Court  
Parc Menai  
Bangor  
Gwynedd  
LL57 4DF

**Trustees**

E Liddall  
S L Haywood  
E M Dewhurst  
C B Williams  
M Turner  
M Richards  
C Pepper (resigned 03.08.21)  
S Evans (resigned 31.12.20)

**Independent Examiner**

Gillian Wood  
ACCA  
Fraser Wood Limited  
Chartered Certified Accountants  
Victoria House  
Plas Llwyd Terrace  
Bangor  
Gwynedd  
LL57 1UB

Approved by order of the board of trustees on 8/10/21 and signed on its behalf by:

E Liddall - Trustee



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
RASASC NW

**Independent examiner's report to the trustees of RASASC NW**

I report to the charity trustees on my examination of the accounts of RASASC NW (the Trust) for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Gillian Wood  
FACCA  
Fraser Wood Limited  
Chartered Certified Accountants  
Victoria House  
Plas Llwyd Terrace  
Bangor  
Gwynedd  
LL57 1UB

Date: 8/10/21

RASASC NW

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	10,031	(2)	10,029	2,829
<b>Charitable activities</b>	4				
Advice, counselling and support		2,200	555,289	557,489	275,271
Investment income	3	359	-	359	8,229
Other income		<u>-</u>	<u>15,000</u>	<u>15,000</u>	<u>15,000</u>
<b>Total</b>		12,590	570,287	582,877	301,329
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	5				
Advice, counselling and support		<u>1,751</u>	<u>473,207</u>	<u>474,958</u>	<u>280,553</u>
<b>NET INCOME</b>		10,839	97,080	107,919	20,776
<b>Transfers between funds</b>	14	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		10,839	97,080	107,919	20,776
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>190,388</u>	<u>132,272</u>	<u>322,660</u>	<u>301,884</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>201,227</u></u>	<u><u>229,352</u></u>	<u><u>430,579</u></u>	<u><u>322,660</u></u>

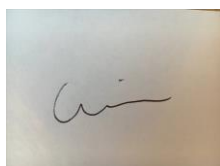
The notes form part of these financial statements

RASASC NW

BALANCE SHEET  
31 MARCH 2021

	Notes	31.3.21 £	31.3.20 £
<b>FIXED ASSETS</b>			
Tangible assets	10	231,756	233,506
<b>CURRENT ASSETS</b>			
Debtors	11	18,575	45,861
Cash at bank		<u>296,007</u>	<u>148,739</u>
		314,582	194,600
<b>CREDITORS</b>			
Amounts falling due within one year	12	(115,759)	(105,446)
<b>NET CURRENT ASSETS</b>		<u>198,823</u>	<u>89,154</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		430,579	322,660
<b>NET ASSETS</b>		<u>430,579</u>	<u>322,660</u>
<b>FUNDS</b>	14		
Unrestricted funds		201,227	190,388
Restricted funds		<u>229,352</u>	<u>132,272</u>
<b>TOTAL FUNDS</b>		<u>430,579</u>	<u>322,660</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 8/10/21 and were signed on its behalf by:



C B Williams - Trustee

RASASC NW

CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2021

Notes	31.3.21 £	31.3.20 £
<b>Cash flows from operating activities</b>		
Cash generated from operations      16	<u>161,909</u>	<u>10,948</u>
Net cash provided by operating activities	<u>161,909</u>	<u>10,948</u>
<b>Cash flows from investing activities</b>		
Purchase of tangible fixed assets	-	(3,396)
Interest received	<u>359</u>	<u>-</u>
Net cash provided by/(used in) investing activities	<u>359</u>	<u>(3,396)</u>
<b>Cash flows from financing activities</b>		
Government grant released	<u>(15,000)</u>	<u>(15,000)</u>
Net cash used in financing activities	<u>(15,000)</u>	<u>(15,000)</u>
	<u>                    </u>	<u>                    </u>
<b>Change in cash and cash equivalents in the reporting period</b>	147,268	(7,448)
<b>Cash and cash equivalents at the beginning of the reporting period</b>	<u>148,739</u>	<u>156,187</u>
<b>Cash and cash equivalents at the end of the reporting period</b>	<u>296,007</u>	<u>148,739</u>

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**2. DONATIONS AND LEGACIES**

	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
Donations	<u>10,031</u>	<u>(2)</u>	<u>10,029</u>	<u>2,829</u>

**3. INVESTMENT INCOME**

	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
Rents received	-	-	-	8,229
Interest received	<u>359</u>	<u>-</u>	<u>359</u>	<u>-</u>
	<u>359</u>	<u>-</u>	<u>359</u>	<u>8,229</u>

**4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	31.3.21 £	31.3.20 £
Grants	Advice, counselling and support	557,489	269,752
Fund Generation PCCO	Advice, counselling and support	<u>-</u>	<u>5,519</u>
		<u>557,489</u>	<u>275,271</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**4. INCOME FROM CHARITABLE ACTIVITIES - continued**

Grants received, included in the above, are as follows:

	31.3.21 £	31.3.20 £
Betsi Cadwaladr Health Board	40,000	40,000
Welsh Government SARP Project	-	10,379
Ministry of Justice	102,060	68,040
PCCO	39,000	22,079
Children in Need	17,550	46,809
Lloyds Bank Foundation	25,000	24,900
Rape Crisis England and Wales	2,000	6,545
Steve Morgan Foundation	32,000	8,000
Conwy Council	-	1,000
Welsh Government VAWDASV	35,300	42,000
Ministry of Justice COVID	104,850	-
Welsh Government VAWDASV COVID	39,629	-
Moondance Foundation	60,000	-
Comic Relief through Welsh Women's Aid COVID	10,000	-
WCVA through Welsh Women's Aid COVID	16,000	-
Welsh Women's Aid	200	-
Steve Morgan Foundation COVID	10,000	-
West Mercia RASASC	4,200	-
Community Foundation Wales	15,000	-
Charities Aid Foundation	4,700	-
	<hr/> 557,489	<hr/> 269,752 <hr/>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**5. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 6) £	Totals £
Advice, counselling and support	<u>340,584</u>	<u>134,374</u>	<u>474,958</u>

**6. SUPPORT COSTS**

	Management £	Governance costs £	Totals £
Advice, counselling and support	<u>131,506</u>	<u>2,868</u>	<u>134,374</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

	31.3.21 £	31.3.20 £
Trustees' expenses	<u>-</u>	<u>521</u>

**8. STAFF COSTS**

	31.3.21 £	31.3.20 £
Wages and salaries	162,012	97,303
Social security costs	10,537	24,360
Other pension costs	<u>15,546</u>	<u>4,327</u>
	<u>188,095</u>	<u>125,990</u>

The average monthly number of employees during the year was as follows:

31.3.21	31.3.20
<u>7</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	2,828	1	2,829
<b>Charitable activities</b>			
Advice, counselling and support	5,519	269,752	275,271
Investment income	8,229	-	8,229
Other income	<u>-</u>	<u>15,000</u>	<u>15,000</u>
<b>Total</b>	16,576	284,753	301,329
 <b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Advice, counselling and support	11,403	269,150	280,553
 <b>NET INCOME</b>	5,173	15,603	20,776
<b>Transfers between funds</b>	<u>82,391</u>	<u>(82,391)</u>	<u>-</u>
<b>Net movement in funds</b>	87,564	(66,788)	20,776
 <b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	102,823	199,061	301,884
 <b>TOTAL FUNDS CARRIED FORWARD</b>	<u>190,387</u>	<u>132,273</u>	<u>322,660</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**10. TANGIBLE FIXED ASSETS**

	Long leasehold £	Fixtures, fittings & equipment £	Totals £
<b>COST</b>			
At 1 April 2020 and 31 March 2021	<u>216,000</u>	<u>60,930</u>	<u>276,930</u>
<b>DEPRECIATION</b>			
At 1 April 2020	-	43,424	43,424
Charge for year	<u>-</u>	<u>1,750</u>	<u>1,750</u>
At 31 March 2021	<u>-</u>	<u>45,174</u>	<u>45,174</u>
<b>NET BOOK VALUE</b>			
At 31 March 2021	<u>216,000</u>	<u>15,756</u>	<u>231,756</u>
At 31 March 2020	<u>216,000</u>	<u>17,506</u>	<u>233,506</u>

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Trade debtors	18,575	43,666
Other debtors	<u>-</u>	<u>2,195</u>
	<u>18,575</u>	<u>45,861</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21 £	31.3.20 £
Trade creditors	36,651	12,779
Taxation and social security	4,108	2,667
Other creditors	<u>75,000</u>	<u>90,000</u>
	<u>115,759</u>	<u>105,446</u>

RASASC NW

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**13. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
Fixed assets	15,756	216,000	231,756	233,506
Current assets	207,655	106,927	314,582	194,600
Current liabilities	<u>(22,184)</u>	<u>(93,575)</u>	<u>(115,759)</u>	<u>(105,446)</u>
	<u>201,227</u>	<u>229,352</u>	<u>430,579</u>	<u>322,660</u>

**14. MOVEMENT IN FUNDS**

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	190,388	10,839	201,227
<b>Restricted funds</b>			
Restricted fund	126,000	15,000	141,000
Ministry of Justice	6,272	(6,272)	-
Moondance Foundation	-	59,152	59,152
Comic Relief through Welsh Women's Aid COVID	-	10,000	10,000
Community Foundation Wales	-	15,000	15,000
West Mercia RASASC	-	4,200	4,200
	<u>132,272</u>	<u>97,080</u>	<u>229,352</u>
<b>TOTAL FUNDS</b>	<u>322,660</u>	<u>107,919</u>	<u>430,579</u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**14. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expensed £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	12,590	(1,751)	10,839
<b>Restricted funds</b>			
Restricted fund	15,000	-	15,000
Betsi Cadwaladr Health Board	40,000	(40,000)	-
Children in Need	17,550	(17,550)	-
Steve Morgan Foundation	32,000	(32,000)	-
Welsh Government VAWDASV	35,300	(35,300)	-
PCCO	39,000	(39,000)	-
Ministry of Justice	102,058	(108,330)	(6,272)
Lloyds Bank Foundation	24,999	(24,999)	-
Ministry of Justice COVID	104,851	(104,851)	-
Welsh Government VAWDASV COVID	39,629	(39,629)	-
Moondance Foundation	60,000	(848)	59,152
Comic Relief through Welsh Women's Aid COVID	10,000	-	10,000
WCVA through Welsh Women's Aid COVID	16,000	(16,000)	-
Steve Morgan Foundation COVID	10,000	(10,000)	-
Community Foundation Wales	15,000	-	15,000
West Mercia RASASC	4,200	-	4,200
Charities Aid Foundation	4,700	(4,700)	-
	<hr/> 570,287	<hr/> (473,207)	<hr/> 97,080
<b>TOTAL FUNDS</b>	<hr/> 582,877	<hr/> (474,958)	<hr/> 107,919

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**14. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
General fund	102,823	5,174	82,391	190,388
<b>Restricted funds</b>				
Restricted fund	199,061	15,000	(88,061)	126,000
Ministry of Justice	<u>-</u>	<u>602</u>	<u>5,670</u>	<u>6,272</u>
	<u>199,061</u>	<u>15,602</u>	<u>(82,391)</u>	<u>132,272</u>
<b>TOTAL FUNDS</b>	<u><u>301,884</u></u>	<u><u>20,776</u></u>	<u><u>-</u></u>	<u><u>322,660</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**14. MOVEMENT IN FUNDS - continued**

	Incoming resources £	Resources expensed £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	16,576	(11,402)	5,174
<b>Restricted funds</b>			
Restricted fund	15,000	-	15,000
Betsi Cadwaladr Health Board	40,000	(40,000)	-
Welsh Government SARP Project	10,380	(10,380)	-
Children in Need	46,809	(46,809)	-
Steve Morgan Foundation	8,000	(8,000)	-
Welsh Government VAWDASV	42,000	(42,000)	-
PCCO	22,079	(22,079)	-
Ministry of Justice	68,040	(67,438)	602
Lloyds Bank Foundation	24,900	(24,900)	-
Rape Crisis England and Wales	6,545	(6,545)	-
Conwy council	1,000	(1,000)	-
	<hr/> 284,753	<hr/> (269,151)	<hr/> 15,602
<b>TOTAL FUNDS</b>	<hr/> 301,329	<hr/> (280,553)	<hr/> 20,776

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2021

**15. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2021.

**16. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	31.3.21 £	31.3.20 £
<b>Net income for the reporting period (as per the Statement of financial activities)</b>	107,919	20,776
<b>Adjustments for:</b>		
Depreciation charges	1,750	8,685
Interest received	(359)	-
Decrease in debtors	27,286	27,335
Increase/(decrease) in creditors	<u>25,313</u>	<u>(45,848)</u>
<b>Net cash provided by operations</b>	<u><u>161,909</u></u>	<u><u>10,948</u></u>

**17. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.20 £	Cash flow £	At 31.3.21 £
<b>Net cash</b>			
Cash at bank	<u>148,739</u>	<u>147,268</u>	<u>296,007</u>
	<u>148,739</u>	<u>147,268</u>	<u>296,007</u>
<b>Total</b>	<u><u>148,739</u></u>	<u><u>147,268</u></u>	<u><u>296,007</u></u>

RASASC NW

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	10,029	2,829
<b>Investment income</b>		
Rents received	-	8,229
Interest received	<u>359</u>	<u>-</u>
	359	8,229
<b>Charitable activities</b>		
Grants	557,489	269,752
Fund Generation PCCO	<u>-</u>	<u>5,519</u>
	557,489	275,271
<b>Other income</b>		
Government grant released	<u>15,000</u>	<u>15,000</u>
<b>Total incoming resources</b>	582,877	301,329
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	162,012	97,303
Social security	10,537	24,360
Pensions	15,546	4,327
Subscriptions, levies, licences & memberships	684	1,299
Private counselling	85,165	62,891
Staff/volunteer training & expenses	59,978	34,999
Therapy Resources	<u>6,662</u>	<u>-</u>
	340,584	225,179
<b>Support costs</b>		
<b>Management</b>		
Trustees' expenses	-	521
Rent and rates	6,274	11,044
Insurance	3,021	2,418
Light and heat	1,278	1,843
Telephone	10,127	3,480
Carried forward	20,700	19,306

This page does not form part of the statutory financial statements

RASASC NW

DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
<b>Management</b>		
Brought forward	20,700	19,306
Postage and stationery	16,867	7,816
Sundries	847	766
Cleaning and waste disposal	14,456	2,155
Hire of equipment	-	5,450
Repairs & renewals	16,567	598
Computer costs	60,021	5,615
Bank charges	298	300
Depreciation	<u>1,750</u>	<u>8,685</u>
	131,506	50,691
<b>Governance costs</b>		
Accountancy- independent examination	2,868	1,800
Legal and professional	-	263
Consultancy fees	<u>-</u>	<u>2,620</u>
	<u>2,868</u>	<u>4,683</u>
Total resources expended	<u>474,958</u>	<u>280,553</u>
<b>Net income</b>	<u><u>107,919</u></u>	<u><u>20,776</u></u>

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