

**WESSEX COUNSELLING SERVICE**  
**FINANCIAL STATEMENTS**

**31 AUGUST 2024**

**Company Registration Number 03171892**  
**Charity Number 1056310**

**WESSEX COUNSELLING SERVICE**

**FINANCIAL STATEMENTS**

**YEAR ENDED 31 AUGUST 2024**

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<b>CONTENTS</b>	<b>PAGE</b>
Reference and administrative details of the charity and its advisors	<b>1</b>
Trustees’ annual report	<b>2 to 7</b>
Independent Examiners report	<b>8</b>
Statement of financial activities (including income and expenditure account)	<b>9</b>
Balance sheet	<b>10</b>
Notes to the financial statements	<b>11 to 18</b>

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WESSEX COUNSELLING SERVICE

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY AND ITS ADVISORS

YEAR ENDED 31 AUGUST 2024

Charity Name	Wessex Counselling Service		
Company number	03171892		
Charity number	1056310		
Registered office and operational address	No 5, King Street, Frome, Somerset, BA11 1BH		
Trustees	Trustees who are also directors under company law, who served during the year and up to the date of this report were as follows:		
	Antony Perry	Chair	Resigned July 2024
	Robert Kelso	Chair	
	Sarah Tillard		
	Andrew Pullin		resigned June 24
	David Davies		resigned May 2024
	Victoria Bruce-Gardyne		appointed Nov 2023
	Sam Hart		appointed Nov 2024
	Catherine Nolan		appointed April 2024
			resigned Dec 2024
Key Management Personnel			
	Penny Old	Head of Operations – retired July 2024	
	Fran Milliner	Office Manager	
	Jenny Lanyon	Chair Training Executive	
	Jo-Anne Graham	Head of Clinical Services	
Bankers	CAF Bank, 25 Kings Hill Avenue, Kings Hill, Kent, ME19 4TA National Westminster Bank, 250 Bishopsgate, London, EC2M 4AA		
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park, Daventry Road, Bristol, BS4 1DQ		

# **WESSEX COUNSELLING SERVICE**

## **TRUSTEES' ANNUAL REPORT**

### **YEAR ENDED 31 AUGUST 2024**

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#### **Wessex Counselling Service**

The Trustees present the Report and Accounts for the year ended 31 August 2024 which also comprises the Directors' Report required by the Companies Act 2006.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Legal Structure, Governance and Management**

The charity is constituted as a company limited by guarantee, registered under the Companies Acts and its governing document is a memorandum and Articles of Association under company legislation. Its certificate of incorporation is dated 13 March 1996 and the last amendment to the governing document is dated 29 September 1997.

The charity registered with the Charity Commission on 21 June 1996.

By operation of law, all trustees are directors under the Companies Act 2006 and all directors are trustees under Charities legislation and have responsibilities, as such, under both company and charity legislation. The trustees are all individuals.

#### **Method of Recruiting and Appointing New Charity Trustees**

Trustees are elected by the Members of the charity at the Annual General Meeting: there must be no more than 10 trustees who must all be members of the charitable company. When recruiting new trustees, the Board considers any specialist skills needed, considering either existing or new areas of operation when seeking potential new candidates who could fulfil certain roles. They would then be proposed, elected and appointed by the management committee.

#### **Organisational structure**

The Board of Trustees administers the charity. The trustees have examined the major strategic, business and operational risks that the charity faces and are satisfied that systems are in place to adequately mitigate these risks.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Objectives, strategies and activities**

The principal purpose of the charity is promoting, for the public benefit, psychological and mental health. Wessex does this by providing counselling to those suffering from psychological or emotional illness or distress and by training people to be psychodynamic counsellors and psychodynamic psychotherapists.

# **WESSEX COUNSELLING SERVICE**

## **TRUSTEES' ANNUAL REPORT**

### **YEAR ENDED 31 AUGUST 2024**

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#### **Trustees' report**

This has been a challenging year for Wessex as Penny Old, who has worked tirelessly as Head of Operation also covering vacancies of Head of Training and Head of Clinical Services, retired on 31<sup>st</sup> July after over 25 years loyal service. The trustees have struggled to recruit a replacement for Penny and we were delighted to appoint Fran Milliner as Office Manager; Jenny Lanyon as Chair of Training Executive and Jo-Anne Graham as Head of Clinical Services. The next financial year will be an opportunity for the management team to make significant progress on all fronts.

Tony Perry resigned as chair at the March 2024 AGM and his loyal service as trustee for 15 years will be sorely missed. Andrew Pullin resigned after 6 years as trustee and the trustees will miss his experience working in a variety of roles for Wessex. David Davies, formerly head of Clinical Services also resigned. Robert Kelso a 1990s-graduate of Wessex, was elected Chair of Trustees.

#### **Training**

The last year has been one of transition, extending over the period leading up to Penny Old's retirement as Acting Head of Training, to the induction and appointment of Jenny Lanyon as the new Head of Training in May 2024. This created some understandable uncertainty during the recruitment phase. Once an appointment was made, the training function settled back into its normal routine.

As always, we have offered a wide range of training opportunities in the last year, including running three Introduction to 'Counselling Skills Course, an Intensive Foundation Course, a Year-Long Foundation Course', as well as a Diploma in Psychodynamic Counselling. We also offered a series of successful continuing professional development workshops to our graduate counsellors and other therapists. This year also saw our newly convened Postgraduate Group fully assume its responsibilities to our graduates, and it has grown to be an impressive Wessex voice.

All courses have been well supported. Trainee numbers were very slightly lower than the previous year for the Diploma, but the Foundation numbers were as anticipated. All courses continued, nonetheless, to be well-supported. Our Diploma course is accredited by both the British Psychoanalytic Council (BPC) and the British Association of Counselling and Psychotherapy (BACP). In November 2023, we received a reaccreditation visit from the BPC. The feedback received was very good, and the BPC was happy to reaccredit our course. As one of only five counselling trainings accredited by this body in the UK, we are very proud of our BPC status. This accreditation confirms that our training is both rigorous and delivered to the highest standards. The training team works hard to ensure that we continue to meet the requirements of our accrediting bodies. The success of our training courses is a key element in the ongoing success of the organisation.

Each year in November we hold a graduation evening where the organisation comes together to review the year and celebrate with people who have successfully completed their course. This event was held in person at Frome Town Hall and was attended by graduates from our Foundation and Diploma Courses together with their families and supporters. This was a celebratory occasion where, as a thriving training organisation, we were able to acknowledge the success of our new graduates.

#### **Counselling**

We provide both long and short term professional low-cost psychodynamic counselling to clients aged 18 and above with a wide range of emotional problems in our premises in Bath, Bristol, Street,

## **WESSEX COUNSELLING SERVICE**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 AUGUST 2024**

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Frome and the surrounding area. The counselling service is accredited by the British Association of Counselling and Psychotherapy.

Over this year we have continued to offer counselling sessions remotely though the number of clients who are now being seen in person has increase by 3% to 93%. Referrals have remained stable during the year and over the year we were working with an average of 120 clients per week, an increase of 25. We ended the financial year seeing 132 clients which is an increase of 27, paying an average fee of £30.27 which is an increase of £2.51.

Our bursary scheme has been called on to support 12 clients over the year. We have allocated a total of £3,135 to support these clients who face financial difficulties to help them cover the cost of their counselling. The trustees in support of our charitable aims consider it is vital that when a client is experiencing financial difficulties, they have support in place to help them with the issues they are experiencing.

We continue to offer a discounted assessment fee to clients on low incomes.

#### **Youth Space Project**

##### **THE MODEL**

Our Youth Space service provides up to 12 weekly sessions of psychodynamic counselling for young people aged 15-18 years who live in the Mendip area (although the geographical area can be extended but this is determined on a case-by-case basis). Fees are income-based and we use the same household income structure as the adult service, the difference being that where necessary we offer the counselling free of charge. The majority of parents/referrers pay something towards the counselling and a number pay the full £45 fee.

##### **OUR STAFF**

We currently have 3 counsellors working for Youth Space, 2 on a paid basis, one volunteer who is using her YS work as part of her placement on the Wessex/Bridge Foundation CCYP course. Counsellors are required to hold a caseload of up to 3 clients.

##### **CLIENT INFORMATION / WAITING LIST**

Our counsellors are currently working with 2 young people, and we have one on the waiting list.

##### **REFERRALS**

Referrals come from a number of different sources. Primarily Frome College, Frome Medical Practice, Beckington Family Practice, Google searches and recommendations from ex-clients and their families. Since our move from Fairfield House, some parents have contacted us after noticing our window. More recently we have had referrals from social workers and CAMHS. We have also had referrals from GP surgeries in Warminster and Westbury.

The majority of assessments are undertaken with parents/key workers but some young people (particularly the Year 12 and 13 Frome College students) like to do their own.

##### **July 2023 – August 2024**

Over the year YS received 44 referrals, worked with 26 young people, provided 208 client hours and provided sessions both in person and on zoom. 6 of the young people were returners (i.e. had had previous sessions and applied for a further 12 sessions).

## **WESSEX COUNSELLING SERVICE**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 AUGUST 2024**

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Of the 26 young people who started their counselling, 15 attended 9 or more of their sessions. 10 clients paid the full fee of £45.00 and 6 received their counselling free of charge. 4 grant-funded clients were care-leavers or in foster-care and one client was funded by Social Services.

#### **FEES, GRANTS AND FUNDRAISING**

Total Session Fees received - £4438

#### **Staffing**

Penny Old Head of Operations retired in July 2024 after 25 years' service. Fran Milliner started as Office Manager in March 2024. Jenny Lanyon started as Chair of Training Executive in May 2024. Jo-Anne Graham started as Head of Clinical Services in July 2024

#### **Fund Raising Donations and Bursary Funding**

Our trainee and associate counsellors generously gave 2594 voluntary counselling hours over the year. This represents a financial benefit to Wessex of £32,425.00 for which we are extremely grateful. It is important to recognise that without the support of the local community and our counsellors we would not be able to continue offering low cost counselling. We would like to acknowledge our gratitude to the following people and organisations who have contributed time and or money to Wessex Counselling.

#### **Wessex Counselling Service**

DAG Design

Staff, Counsellors and Supporters of Wessex Counselling

Somerset Community Trust

Frome Rotary Club

Youth with a Future

#### **Counselling Bursary Fund**

Trustees, Staff and supporters of Wessex Counselling

#### **Youth Space**

Frome Town Council

Hansons

Youth Space Counsellors, Trustees, Staff and Supporters of Wessex Counselling

#### **Benefit to the public**

Wessex Counselling has become an essential part of mental health provision in Frome and beyond. It was originally set up to provide affordable low-cost counselling to people in Frome, Bristol and the surrounding area and in conjunction with this to train psychodynamic counsellors and psychotherapists. While we provide a successful, dynamic, academic training programme, we also enable the trainee to examine in detail their self-awareness to enable them to be competent, empathetic counsellor/psychotherapists. We continue to raise funds as well as allocating funds from our reserves in order to subsidise the counselling we do. This enables the service to keep counselling sessions affordable and available to people in need. We also offer subsidised assessment sessions to prospective clients on a low income.

# **WESSEX COUNSELLING SERVICE**

## **TRUSTEES' ANNUAL REPORT**

**YEAR ENDED 31 AUGUST 2024**

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### **British Psychoanalytic Council Membership**

As a membership organisation of the British Psychodynamic Council (BPC) we have a growing body of qualified psychodynamic counsellors and psychodynamic psychotherapists registered with the BPC through Wessex. With our recently qualified counsellors and psychotherapists becoming members we now have 77 members affiliated to Wessex. This body of members is important as we are committed to developing a community of registered psychodynamic counsellors and psychotherapists who work together to maintain professional standards and support Wessex's aim to provide professional low-cost psychodynamic counselling to local people. A steering group has been set up for what has been renamed the Post Graduate Group. The steering group has been involved with setting up an Ethics Committee, developing a website of resources for the membership to access and a membership committee.

### **Results and Reserve Policy**

We continue to provide low-cost counselling to people in need and a well-regarded training programme. The result for the year shows a surplus of £17,632 compared to a surplus of £17,795 for 2023. Our freely available unrestricted reserves balance at the 31<sup>st</sup> August 2024 was £148,955.

The trustees have developed a reserves policy based on the amount of money required to close Wessex Counselling over a six-month period and honour our commitments to our clients, students and counsellors in training. At the start of each financial year the organisation looks at its liabilities and obligations for the following year and calculates what funds are required these figures are then reviewed on a quarterly basis. In 2023/24 we calculated that £129,878 is needed to be held in permanent reserve to cover this.

### **Trustees**

The Trustees who held office during the year were:

Chair of Trustees – Anthony Perry 1.8.23 to 1.3.24

Chair of Trustees - Robert Kelso 1.3.24

Sarah-Jane Tillard

Andrew Pullin

David Davies

Tamsin Bruce Gardyne

Anthony Perry resigned June 2024

Andrew Pullin resigned in June 2024

David Davies resigned April 2024

Catherine Nowlan resigned Dec 2024



# WESSEX COUNSELLING SERVICE

## TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 AUGUST 2024

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### Statement of responsibilities of the Management Committee

The trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net income or expenditure, of the charitable company for the year. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charitable company, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities.

The trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware. The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the examiners.

### Independent examiners

Joanne Trowbridge of Bristol Community Accountants CIC was appointed as the charitable company's independent examiner during the year.

4/4/2025

Approved by the trustees on ..... and signed on its behalf by

Signed by:  
  
 64C2489331C04BD...

Robert Kelso  
 Chair of Trustees

## WESSEX COUNSELLING SERVICE

### INDEPENDENT EXAMINERS REPORT

#### YEAR ENDED 31 AUGUST 2024

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I report on the accounts of the company for the year ended 31st August 2024 which are set out on pages 9 to 18.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

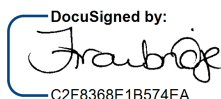
#### Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of MAAT.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

DocuSigned by:  
  
C2F8368E1B574EA...

Joanne Trowbridge MAAT  
Bristol Community Accountants CIC  
The Park  
Daventry Road  
Knowle  
Bristol  
BS4 1DQ

Date: 4/4/2025

**WESSEX COUNSELLING SERVICE****STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)****YEAR ENDED 31 AUGUST 2024**

		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2024</b>	<b>Total Funds 2023</b>
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming and Endowments from:</b>					
Donations and legacies	<b>3</b>	8,036	8,000	16,036	11,365
Charitable activities	<b>4</b>	299,807	3,213	303,020	294,687
Other trading activities	<b>5</b>	4,976	-	4,976	1,649
Investments	<b>6</b>	1,583	-	1,583	1,561
<b>Total Income</b>		<b>314,402</b>	<b>11,213</b>	<b>325,615</b>	<b>309,262</b>
<b>Expenditure On:</b>					
Charitable activities	<b>7</b>	296,296	10,176	306,472	290,028
Other	<b>8</b>	1,511	-	1,511	1,439
<b>Total Expenditure</b>		<b>297,807</b>	<b>10,176</b>	<b>307,983</b>	<b>291,467</b>
<b>Net income</b>		<b>16,595</b>	<b>1,037</b>	<b>17,632</b>	<b>17,795</b>
<b>Net movement in funds</b>		<b>16,595</b>	<b>1,037</b>	<b>17,632</b>	<b>17,795</b>
<b>Total funds brought forward</b>		<b>156,396</b>	<b>16,036</b>	<b>172,432</b>	<b>154,637</b>
<b>Total funds carried forward</b>		<b>172,991</b>	<b>17,073</b>	<b>190,064</b>	<b>172,432</b>

All of the activities of the charity are classed as continuing

**The notes on pages 11 to 18 form part of these financial statements**

Details of the allocation of 2023 total funds between unrestricted and restricted are shown in note 18

**WESSEX COUNSELLING SERVICE****BALANCE SHEET****YEAR ENDED 31 AUGUST 2024**

		<b>2024</b>	<b>2023</b>
	<b>Note</b>	<b>£</b>	<b>£</b>
<b>Fixed assets</b>			
Tangible fixed assets	<b>15</b>	10,751	12,661
<b>Current assets</b>			
Debtors	<b>12</b>	8,302	5,893
Cash at bank and in hand		257,983	240,333
<i>Total current assets</i>		<u>266,285</u>	<u>246,226</u>
<b>Creditors : Amounts falling due within one year</b>	<b>13</b>	(86,972)	(86,455)
<i>Net current assets or liabilities</i>		<u>179,313</u>	<u>159,771</u>
<b>Total net assets or liabilities</b>		<u><u>190,064</u></u>	<u><u>172,432</u></u>
<b>The Funds of the Charity</b>	<b>16</b>		
Restricted funds		17,073	16,036
Unrestricted funds		172,991	156,396
		<u><u>190,064</u></u>	<u><u>172,432</u></u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

These financial statements were approved by the trustees on and are signed on their behalf by:

Signed by:  
  
 64C2489331C04BD...

Robert Kelso  
 Director

Date: 4/4/2025

**The notes on pages 11 to 18 form part of these financial statements**

## WESSEX COUNSELLING SERVICE

### NOTES TO THE FINANCIAL STATEMENTS

#### YEAR ENDED 31 AUGUST 2024

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##### 1 Basis of Preparation

- a) These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

- b) The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.
- c) The charity meets the definition of a public benefit entity as defined by FRS 102.

##### 2 Accounting Policies

- a) Income from donations is included in income when these are receivable, except as follows:

- i) When donors specify that donations given to the charity must be used in future accounting periods, the income is deferred until those periods.
- ii) When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions have been met.

- b) Expenditure is recognised in the period in which it is incurred. Expenditure includes attributable VAT which cannot be recovered.

- c) Expenditure is allocated where the costs relate directly to that activity. Support costs have been allocated on the basis of the resources used on the particular activity.

- d) Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Office equipment - 25% straight line  
Leasehold Improvements - 20% straight line

- e) Unrestricted funds are available to spend on activities that further any of the purposes of the charitable company. Designated funds are unrestricted funds of the charitable company which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charitable company's work or for specific projects being undertaken by the charitable company.

- f) The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

- g) The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

**WESSEX COUNSELLING SERVICE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 AUGUST 2024****Income and Endowments From:****3 Donations and Legacies**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2024</b>	<b>Total Funds 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Counselling bursary	585	-	585	3,545
Other bursary	7,451	8,000	15,451	7,820
	<u>8,036</u>	<u>8,000</u>	<u>16,036</u>	<u>11,365</u>

*Donations and Legacies prior year*

<i>Counselling bursary</i>	<i>545</i>	<i>3,000</i>	<i>3,545</i>	
<i>Other bursary</i>	<i>4,420</i>	<i>3,400</i>	<i>7,820</i>	
	<u><i>4,965</i></u>	<u><i>6,400</i></u>	<u><i>11,365</i></u>	

**4 Charitable Activities**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2024</b>	<b>Total Funds 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Counselling fees	153,392	-	153,392	127,033
Training fees	136,861	-	136,861	150,385
Subscriptions	9,554	3,213	12,767	17,269
	<u>299,807</u>	<u>3,213</u>	<u>303,020</u>	<u>294,687</u>

*Charitable Activities prior year*

<i>Counselling fees</i>	<i>127,033</i>	<i>-</i>	<i>127,033</i>	
<i>Training fees</i>	<i>150,385</i>	<i>-</i>	<i>150,385</i>	
<i>Subscriptions</i>	<i>14,994</i>	<i>2,275</i>	<i>17,269</i>	
	<u><i>292,412</i></u>	<u><i>2,275</i></u>	<u><i>294,687</i></u>	

**5 Other Trading Activities**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2024</b>	<b>Total Funds 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Other miscellaneous income	4,976	-	4,976	1,649
	<u>4,976</u>	<u>-</u>	<u>4,976</u>	<u>1,649</u>

*Other Trading Activities prior year - all unrestricted*

**WESSEX COUNSELLING SERVICE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 AUGUST 2024**

**6 Investment Income**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Interest receivable on bank deposits	1,583	-	1,583	1,561

*Investment Income prior year - all unrestricted*

**Expenditure on:**

**7 Charitable Activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Wages & salaries inc outsourced labour	92,158	-	92,158	90,441
General costs - You-th Space	2,538	3,542	6,080	7,494
General costs - Training	91,981	-	91,981	99,028
General costs - Counselling	56,365	-	56,365	45,829
General costs	51,084	6,634	57,718	41,642
Depreciation	2,170	-	2,170	5,594
	<b>296,296</b>	<b>10,176</b>	<b>306,472</b>	<b>290,028</b>

*Charitable Activities prior year*

<i>Wages &amp; salaries</i>	<i>90,441</i>	<i>-</i>	<i>90,441</i>
<i>General costs - You-th Space</i>	<i>108</i>	<i>7,386</i>	<i>7,494</i>
<i>General costs - Training</i>	<i>99,028</i>	<i>-</i>	<i>99,028</i>
<i>General costs - Counselling</i>	<i>45,829</i>	<i>-</i>	<i>45,829</i>
<i>General costs</i>	<i>36,025</i>	<i>5,617</i>	<i>41,642</i>
<i>Depreciation</i>	<i>5,594</i>	<i>-</i>	<i>5,594</i>
	<b><i>277,025</i></b>	<b><i>13,003</i></b>	<b><i>290,028</i></b>

**8 Other**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2024 £</b>	<b>Total Funds 2023 £</b>
Independent Examiner's fee & accounts preparation	1,511	-	1,511	1,439
	<b>1,511</b>	<b>-</b>	<b>1,511</b>	<b>1,439</b>

*Other prior year - all unrestricted*

**WESSEX COUNSELLING SERVICE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 AUGUST 2024**

**9 Net incoming resources for the year**

This is stated after charging:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Depreciation of owned fixed assets	2,170	5,594
Independent Examiner's Fees	1,057	1,007
	<u>3,227</u>	<u>6,601</u>

**10 Staff costs and numbers**

The aggregate payroll costs were:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages and Salaries	84,880	84,628
Social Security Costs	1,292	938
Pension Costs	1,595	1,550
	<u>87,767</u>	<u>87,116</u>

No employee received emoluments of more than £60,000 (2023: £Nil)

The average monthly head count was 7 staff (2023: 7)

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil) neither were they reimbursed expenses during the year (2023: £nil). No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

Total employee benefits paid to key management personnel during the year were £47,370 (2023: £42,647)

There were no other related party transactions during the year (2023: £nil)

**11 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**12 Debtors**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade debtors	7,336	5,893
HMRC	966	-
	<u>8,302</u>	<u>5,893</u>

**13 Creditors**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade creditors	16,076	15,392
Deferred income (see note)	69,385	69,624
Accruals	1,511	1,439
	<u>86,972</u>	<u>86,455</u>



**WESSEX COUNSELLING SERVICE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 AUGUST 2024**

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**13a Deferred income**

Movement in deferred income account	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Balance at the start of the reporting period	69,624	77,008
Amounts added in current period	98,957	69,624
Amounts released to income from previous periods	(99,196)	(77,008)
Balance at the end of the reporting period	<u>69,385</u>	<u>69,624</u>

The deferred income for 2024 and 2023 represent course fees and deposits received in advance of services supplied.

**14 Company limited by guarantee**

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

**15 Tangible fixed assets**

	<b>Leasehold Improvements</b>	<b>Furniture &amp; Equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>			
At 1 September 2023	13,924	33,950	47,874
Additions	-	260	260
At 31 August 2024	<u>13,924</u>	<u>34,210</u>	<u>48,134</u>
<b>Depreciation</b>			
At 1 September 2023	5,570	29,643	35,213
Charge for the year	1,114	1,056	2,170
At 31 August 2024	<u>6,684</u>	<u>30,699</u>	<u>37,383</u>
<b>Net book value</b>			
At 31 August 2024	<u>7,240</u>	<u>3,511</u>	<u>10,751</u>
At 31 August 2023	<u>8,354</u>	<u>4,307</u>	<u>12,661</u>

**WESSEX COUNSELLING SERVICE**

**NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 31 AUGUST 2024**

**16 Movement in funds**

	At 01-Sep 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Aug 2024 £
<b>Restricted funds</b>					
Frome Town Council	75	-	(75)	-	-
Key Centre	631	-	-	-	631
Training Bursary	5,109	-	(1,000)	-	4,109
Youth Space - Other	4	2,000	(400)	-	1,604
Youth Space - Rotary Somerset Comm	2,433	-	(1,300)	-	1,133
Youth Space - Somerset Comm Fund	-	6,000	(2,912)	-	3,088
Hanson	1,000	-	(1,000)	-	-
Big Lottery	1,948	-	(1,948)	-	-
BPC Post Graduate	3,822	3,213	(1,033)	-	6,002
Somerset Community Energy Fund	14	-	(14)	-	-
Inner Wheel	1,000	-	(494)	-	506
<i>Total Restricted funds</i>	<u>16,036</u>	<u>11,213</u>	<u>(10,176)</u>	<u>-</u>	<u>17,073</u>
<b>Unrestricted Funds</b>				-	
General fund	146,320	304,285	(290,899)	-	159,706
Counselling Bursary (Designated)	1,559	3,135	-	-	4,694
Key Deposit (Designated)	40	(10)	-	-	30
You-the Space (Designated)	8,477	6,992	(6,908)	-	8,561
<i>Total unrestricted funds</i>	<u>156,396</u>	<u>314,402</u>	<u>(297,807)</u>	<u>-</u>	<u>172,991</u>
<b>Total funds</b>	<u>172,432</u>	<u>325,615</u>	<u>(307,983)</u>	<u>-</u>	<u>190,064</u>

**Purpose of restricted funds**

Frome Town Centre	Donation to cover the cost of providing free counselling to Children and Young people aged between 15 and 18 in Frome
Key Centre	This was funding donated to Wessex to provide free short term counselling to people living in The Mount area in Frome who would not otherwise be able to afford counselling.
Training Bursary	Money donated to help our trainees who maybe experiencing financial difficulties. The latest donation of £3000 was given to us to help trainees but the trustees have not yet agreed how it should be spent.
Youth Space - Other	The funds were given to provide counselling to young people between the age of 15-18
Youth Space - Rotary Somerset Comm	Somerset Community £4000 to be used for counsellor Fees and Supervision. Rotary Club £2500 to be used to cover up to 8 Youth Space Clients who cannot afford to pay for their Counselling

**WESSEX COUNSELLING SERVICE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**YEAR ENDED 31 AUGUST 2024**

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**Purpose of restricted funds (continued)**

Youth Space - Somerset Comm Fund	To support children leaving the care system.
Hanson	Donation to cover the cost of providing free counselling to Children and Young people aged between 15 and 18 in Frome and the surrounding area.
Big Lottery	For Improvements to new building to allow more disabled access and to comply with Fire regulations.
BPC Post Graduate	Membership Money held for the Wessex BPC Postgraduate Body.
Somerset Community Energy Fund	To help with the cost of heating our building after the increase energy prices in 2022.
Inner Wheel	Money to support up to 5 adult counselling clients who cannot afford to pay our minimum fee

**17 Analysis of net assets between funds**

	Unrestricted	Restricted	Total Funds
	Funds	Funds	2024
	£	£	£
Tangible fixed assets	10,751	-	10,751
Current assets	249,212	17,073	266,285
Current liabilities	(86,972)	-	(86,972)
	<u>172,991</u>	<u>17,073</u>	<u>190,064</u>

**WESSEX COUNSELLING SERVICE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 AUGUST 2024****18 Analysis of charitable funds - previous year, as required by paragraph 4.2. of the SORP**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming and Endowments from:</b>			
Donations and legacies	4,965	6,400	11,365
Charitable activities	292,412	2,275	294,687
Other Trading activities	1,632	17	1,649
Investments	1,561	-	1,561
<b>Total income</b>	<b>300,570</b>	<b>8,692</b>	<b>309,262</b>
<b>Expenditure On:</b>			
Charitable activities	277,025	13,003	290,028
Other	1,439	-	1,439
<b>Total expenditure</b>	<b>278,464</b>	<b>13,003</b>	<b>291,467</b>
<b>Net Income</b>	<b>22,106</b>	<b>(4,311)</b>	<b>17,795</b>
<b>Total funds brought forward</b>	<b>134,290</b>	<b>20,347</b>	<b>154,637</b>
<b>Total funds carried forward</b>	<b>156,396</b>	<b>16,036</b>	<b>172,432</b>