



EY UP!

HEALTH & HAPPINESS
FOR YORKSHIRE FOLK

ANNUAL REPORT AND ACCOUNTS 2022/23



Registered Charity No. 1055931

Supporting the work of



**South West
Yorkshire Partnership**
NHS Foundation Trust

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Walk in the woods

TRUSTEE REPORT



INTRODUCTION

The corporate trustee presents the EyUp! and its linked charities annual report, together with the financial statements for the year ended 31 March 2023.

The annual report and accounts for the year ended 31 March 2023 have been prepared in accordance with the Charities Act 2011 and the Charities (Accounts & Reports) Regulations 2008.

OBJECTIVES AND ACTIVITIES

EyUp! exists to benefit the service users of South West Yorkshire Partnership NHS Foundation Trust (the Trust) across Barnsley, Calderdale, Kirklees and Wakefield. Our funds are not used to support NHS services but to enable us to provide extras above and beyond normal NHS funding.

These can be extras for inpatient ward areas, such as games and activities, equipment for visiting rooms, resources for sports or creative activities, trips for service users or funding for community groups.

Our objectives as set out in the Trust Deed are:



FOR ANY CHARITABLE PURPOSE OR PURPOSES RELATING TO THE NATIONAL HEALTH SERVICE WHOLLY OR MAINLY FOR THE SERVICES PROVIDED BY SOUTH WEST YORKSHIRE PARTNERSHIP NHS FOUNDATION TRUST



During the year the charity:

- Awarded funding of £56k for 55 projects to be spent on the objectives of the charity with designated fund holders spending £13k from individual funds. These projects will benefit over 8,000 staff, volunteers, service users and carers across the Trust.
- Introduced a new funding stream for bid applications under £300 which allows them to be processed quicker.
- Held a festive story window project which 29 services and teams took part in. The project reached 2,900 service users.
- Received a development grant of £35k from NHS Charities Together which will help to further develop the charity. The money is to be spent on additional staff to support the fundraiser.
- Built on our staff connections by attending face to face events including Trust welcome events, network events and meetings.
- Created and launched a new website with an online shop.

ACHIEVEMENTS AND PERFORMANCE

EYUP! GRANT EXPENDITURE

During the year, the committee approved £56k funding for 55 projects to be spent on the objectives of the charity (21/22 £126k on 61 projects), with designated fund holders spending an additional £13k (21/22 £11k). These projects will benefit over 8,000 staff, volunteers, and service users across the Trust. Below are examples of the projects supported:

BARNSELY

The **neurological rehabilitation unit at Kendray Hospital** was awarded £2,086 to purchase two iPads to enhance therapy sessions on the unit, as well as improving patient wellbeing by providing access to activities, music, audio books and films.

£5,691 was provided to produce winter crisis packs for our community teams to distribute to vulnerable patients over the winter months.

CALDERDALE

The **Insight team** was awarded £3,925 to start a new bibliotherapy group and 12 months of training, mentoring and support.

Carers in the intensive home-based treatment team were invited to a pantomime and meal at Christmas with funding of £638.

KIRKLEES

Ward 19 at the Priestley unit spent £238 on gardening and activity equipment from their own designated fund.



WAKEFIELD

£1,200 was awarded to the **Unity Centre** at Fieldhead to co-produce a mural to brighten up the gym space.

Over the year £2,269 has been provided to the wards on the **Unity Centre** at Fieldhead for arts, crafts, games and equipment for service users to use.

Wakefield child and adolescent mental health service (CAMHS) spent £2,058 from their own fund on various items to enhance their service, including fidget and anxiety toys, craft and therapy items and activity books.

FORENSIC SERVICES

Newhaven service users enjoyed a trip to the Yorkshire Wildlife Park which cost £397 and was funded by EyUp!.

£334 was awarded to Newton Lodge to replace and update their drumming equipment.





FUNDRAISING

COVID-19 continued to affect the normal fundraising activities of EyUp! as usual events such as the Christmas fairs and football tournament could not take place. We would like to thank corporate companies, members of staff and the public for taking part in events and fundraising for us.

- Income continues from the EyUp! lottery, £34,408.
- Places in local Run For All events 2022 saw 6 runners raise £917.
- Sugarman Group organised a 10km walk and raised £1,362.
- We registered with an online e-card website.
- We worked with the Trust library service to launch a pre-loved book club and sold unused books raising £181.

EyUp! employ a fundraising manager who coordinates the in-house events and supports individuals who want to raise funds for EyUp!. EyUp! does not use professional fundraisers or involve commercial participators. No direct marketing was undertaken in 2022/23 – this would be undertaken by the fundraising manager. EyUp! is a member of the Fundraising Regulator and as such follows the Code of Fundraising Practice. Any individual raising funds for EyUp! has an agreement to sign beforehand. No complaints were received in 2022/23 in respect of fundraising activities of EyUp! (none in 2021/22).

NHS CHARITIES TOGETHER

EyUp! has been a member of NHS Charities Together since April 2020.

In 2022/2023 EyUp! received £55,667 (£226,867 2021/22) from NHS Charities Together. £65,273 of these funds were spent in 2022/23 (£73,822 2021/22). Below are some of the projects funded.

- £2,166 on projects supporting the black, Asian and minority ethnic (BAME) community in North Kirklees. This project is extended into 2023/24 and across all Trust localities following support from the Trust.
- £36,325 on supporting carers at work. This project provides a dedicated staff member and awards grants to carers groups across our localities. These grants have included providing funding for an online course called 'Mindful doodles – for carers', evening meals, and afternoon tea for carers during Carers' Week.



“ IT WAS BRILLIANT. THIS COURSE WAS ONLINE AND I DID NOT HAVE TO LEAVE HOME TO ATTEND. I DID NOT SUFFER EXTRA ANXIETY AND WAS ON HAND TO SUPPORT WHO I CARE FOR IF THEY NEEDED ME. I WAS ABLE TO ATTEND THE COURSE EVEN WHEN I WAS NOT FEELING WELL. THIS COURSE WAS FACILITATED BY A LADY WHO WAS VERY UNDERSTANDING, TALENTED AND SUPPORTIVE. IT WAS VERY INTERESTING, HELPED ME FOCUS AND HAS GIVEN ME LOTS OF TIPS FOR MANAGING MY ANXIETY. IT HELPED ME RELEASE MY EMOTIONS AND EXPLORE DIFFERENT WAYS TO EXPRESS MYSELF. IT REMINDED ME OF TALENTS I HAVE AND HELPED ME REBUILD CONFIDENCE I HAD LOST. ”

- £23,678 on supporting staff wellbeing through physical exercise, a specialist dietitian and a creative worker.

Stage 2 funding – Funds have been given to an ICS (Integrated Care System) lead charity for each area which organisations are able to apply for. Creative Minds were successful with £132,558 awarded for projects in the Barnsley area. This funding covers 2 years (£67,279 received in 2022/2023).

Stage 3 funding - £40,700 was awarded for a workplace wellbeing project to be delivered in 2021/2022 and 2022/2023 (£20,350 received in 2022/2023).

PLANS FOR THE FUTURE

The trustee recognises that the fundraising activities have changed since 2020 and is grateful to all our fundraisers and to NHS Charities Together. The hope is to continue fundraising events in 2023/24. Expenditure on small grants will continue at a higher rate in 2023/2024 as well as further expenditure of the NHS Charities Together grants. Other planned activities include:

- Recruit two new charity roles successfully and integrate into the charity.
- Create 3 year plans for fundraising, communications and marketing.
- Develop a charity database.
- Create and build relationships with individuals, community and faith groups as well as corporate organisations in our areas.
- Develop marketing materials that help keep supporters engaged and involved.
- Continue to promote EyUp! with staff and service users to generate more fundraising and wider use of funding.
- Produce case study stories to showcase the impact of supporter donations.



Creative Minds was set up in 2011 to support the development and delivery of creative arts, sports, recreation, and leisure-based projects to improve the lives of people who use Trust services.

Creative Minds developed into a charity hosted by South West Yorkshire NHS Foundation Trust in 2015 with over 120 community-based creative partners across Barnsley, Calderdale, Kirklees and Wakefield. These projects offer opportunities for people who use/have previously used Trust physical and mental health services (including Yorkshire and Humber forensic secure services) to build confidence, learn new skills and develop their talents. Creative Minds know that the context in which people live their lives is the most important determinant of life expectancy, and the ambition is to make sure that every person experiencing health issues in our Trust has an opportunity to engage with meaningful activities in their community and achieve their potential.

Many people readily engage with the NHS and Creative Minds activities are complementary to the service offer. However, for people who avoid using services, reject their diagnosis, and/or disagree with a medical approach, Creative Minds offers complementary and alternative approaches in the community. Creative Minds can get alongside individuals who use services and support them to connect with meaningful activities in their communities and neighbourhoods that help individuals to regain, hope, meaning and purpose in their lives.

One community event currently supported is Kirklees Year of Music 2023 which gives people who use services locally a chance to engage in music. This work has been enhanced with support from our creative practitioners.

In recent months Creative Minds have started to explore how to develop and package the Creative Minds model so that it could help other organisations to follow. The belief is that one of the stronger elements to this approach is how community organisations are developed to deliver creative activities and how Trust funding can be utilised to support the approach. Having 11 years' experience of enabling the Trust to fund creative activities through community match funding, Creative Minds are well placed to be a catalyst for change. Working with other health organisations and communities, Creative Minds can affect the change needed to transform community health systems.

One of the catalysts for this business development was Creative Minds being identified as a pioneer approach in Community Health Enquiry Cambridge University Position Paper. The community health approach refers to the design, development and/or delivery of services and activities by and within



communities, contributing to improved population health and resilience. This represents a shift of power away from traditional, centralised, top-down health systems and really fits with the Creative Minds asset-based approach.

Through this work Creative Minds was invited to be part of a European wide Reimagining Community Health Challenge and was one of the winners of 50,000 prize to support its development. Feedback from the judges was very encouraging and helped shape the application.

“YOU’VE REALLY STRUCK SOMETHING POWERFUL HERE AND I’M EXCITED TO SEE HOW IT GROWS! WHAT PLANS DO YOU HAVE TO SCALE OUTSIDE OF THE UK/NHS? IT SEEMS LIKE THE SOLUTION YOU’VE DESIGNED IS UNIVERSAL, AND READY TO SCALE.”

Creative Minds receive support from Ashoka to develop the offer and are now a long-term partner of the Johnson and Johnson Foundation. Work has commenced to develop this idea and a successful application for an Accelerated Knowledge Transfer Partnership (AKTP) supports this. This will help to further develop the Creative Minds business model and explore the possibility that it could be marketed and generate revenue.

CREATIVE MINDS SUPPORTED 59 PROJECTS IN 2022/23 WITH 102 PARTNERS, DELIVERING OVER 24,000 CONTACTS WITH SERVICE USERS (2021/22 58 PROJECTS WITH 110 PARTNERS AND 12,000 CONTACTS). OVER THE NEXT PAGES ARE SOME EXAMPLES.



BARNSELEY

Action for Autism Barnsley (AfAB)

Creative Minds supported the 'Out and About' project for Action for Autism Barnsley members. It consisted of a series of individual and group outings for members to experience and enjoy visiting places in their local area.

The project ran over the summer, a time when many of the services which members would normally access are closed, leaving them feeling isolated.

Action for Autism Barnsley members went on seven group outings which included Old Moor RSPB Reserve, Elsecar Heritage Centre and Wortley Summer Fair. The group took public transport, together with the session facilitator/s – this was an important part of building confidence and experiences for group members. The group would set off in the morning, have lunch, take a walk around the location, and take part in an activity planned the session facilitators, for example a quiz or a treasure hunt.

A second facilitator was used to support this project. This was not part of the initial plan, but it was deemed necessary to ensure the needs of the group were being fully met. Having a second facilitator provided opportunities for individuals to have some one-to-one time if needed. This can be a useful time for members to share anxieties and process things that may have arisen with the support of the facilitator.

One group member commented that: "For all the trips this summer including today it was great. Just being able to walk around the lake without thinking about trying to fill the time. August isn't a good month for me as usually lots of changes, holidays etc. Going on the weekly trips with AfAB has really helped."

The members of AfAB often say that they are only able to be themselves and 'drop the mask' when they are amongst those that they feel safe and comfortable with, and that AfAB is one of the very few places where they feel safe to do so.



Group members at an Action for Autism Barnsley session.

CALDERDALE



From the Heart project with Leading the Way (Cloverleaf Advocacy) and Verd De Gris

Eight sessions were delivered with artist Sharon Marsden who ran a multi-sensory art project including art with inks, singing, music and poetry. The groups also had one volunteer, two members of staff and an access to work coach. This occurred at the end of the Covid-19 restrictions where people had been isolated and the aim of the project was to be a commemoration of this. This led to a booklet of work being published, a film, an exhibition and a celebratory event at Hebden Bridge town hall.

An excerpt from the booklet



Between 12 to 15 participants attended each week (same participants, helping build relationships, ensure continuity, and develop a 'safe' environment for people). The project was well received by the members of the group who had already been meeting virtually during Covid (but without a larger piece of artwork to focus on).

The work was in partnership with the Lower Edge Day Service who hosted the event. They gave the space for free and helped to match fund. They also had people attend from the day service. Work was done in collaboration with day service providers who participated. This allowed us to move the art exhibition to Aachen Hall. Community Support Services will be hosting their own event celebrating the work.

The group has also inspired other people to set up arts and crafts groups.



Creative Minds

KIRKLEES

As part of the Kirklees Year of Music, 16 music related projects have been supported, directly benefiting 2,600 people across Kirklees. The projects cover a wide variety of participants of all ages, different cultures and communities. There is a chance to contribute to festivals, sing, dance, play instruments, record new music, make instruments, experience music in the outdoors and learn about different forms of music.



Members of the Xylosound orchestra, who are supported by Creative Minds partner, The Watershed



WAKEFIELD

Wakefield and District Housing (WDH) - Moving Forward project

This project supported our older/vulnerable adult population to help them return to how life was before the Covid-19 pandemic by giving them the opportunity to take part in physical activity sessions across the Wakefield district, held in WDH independent living (IL) schemes. The sessions have been targeted at engaging tenants who are most vulnerable and have a range of issues that include mobility, mental or physical health issues.

Residents have commented that they are enjoying meeting new people and making friends. Some residents also feel it has improved their movement and general fitness. One resident commented that they "Loved meeting people, feeling fitter and being able to walk better". Another commented: "I have a more positive outlook and feel more energetic".

Creative Minds are leading on a programme in the Calderdale area supporting projects to improve health & wellbeing. This is grant funded by Calderdale Council, Calderdale CCG, Community Foundation, Locala and the Trust. Below are a couple of example projects:





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Mural installations

Artists met with the ward managers of The Dales to gather final feedback from staff to inform any changes needed to the designs before installations. The group worked closely with Equans to prepare the spaces prior to installation and to install protective shatterproof acrylic over the murals to ensure longevity and value for money. Occupational therapist Peter Chapple has installed 3 painted murals on Ashdale ward and feedback has been positive.

Work has started with staff at Horizon ward to develop a series of creative interventions for the ward that are autism friendly and can be changed so they are individual to the person using the space at any time. These involve projected murals and 'colour wash' lighting that completely changes the colour and feel of the space.

Staff at Ward 19 at The Priestley Unit have requested a mural for a newly updated space so we will be looking at that space next.



Staff meeting to discuss mural designs



First Songs

The First Songs pilot project, funded by Youth Music and The Bearder Charity, aims to increase childhood development and school readiness in children aged 0 - 5years living in North Halifax. It does this by empowering early years practitioners and parents to embed music into their practice and daily lives through a series of engagement workshops, training, and specially created resources.

Musicians delivered music sessions at Beechwood Road Library, Deanfields Primary School and Creations Children's Centre Pellon whilst developing songs to use in a final resource to be created for parents and carers. Parents and carers attended a coproduction workshop to develop the resource which will be 14 illustrated cards, each with a QR code that links to the song and a video online. It is hoped that Calderdale Family Hubs will host the final online part of the resource on their website, aimed at families and support staff in the area.

Staff from two of the sessions are currently completing the Level 4 Certificate in Music Education award to ensure music becomes embedded in their services and Fran, one of the passionate library assistants at Beechwood Road Library, now delivers sessions at 2 libraries using her ukelele and new found skills!

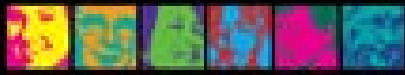
Music in Care

Musician Suzi Saperia delivered 8 weekly music sessions in Kendray and The Poplars. Wards at Fieldhead have all provided their availability and Live Music Now will find a musician able to provide on their chosen day/time. Instruments have been ordered for all wards so they are able to continue holding music sessions after the 8 weeks of delivery. Feedback from one ward manager was extremely positive: "We've loved it and are really grateful that you organised. Both staff and patients have benefitted."



Music in care session

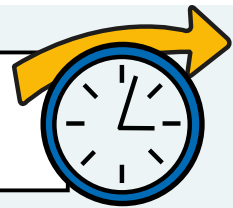
The project has also been delivered in 13 residential homes across Calderdale and staff have requested some of the songs to continue sessions themselves.



Creative Minds

If you feel that the Creative Minds approach could help you to find a creative passion that would improve your health and wellbeing, get in touch at creativeminds@swyt.nhs.uk and find more information at www.creativemindsuk.com

FUTURE PLANS



Implementing Recovery through Organisational Change (ImROC) have approached Creative Minds to be a partner to explore mutual benefit in leading, developing, testing, profiling and supporting the development of the work of both organisations. Creative Minds could provide a creative community development element to the ImROC offer through a briefing paper that organisations could choose as part of broader package. ImROC have massive reach around the world and this is a real opportunity scale up the Creative Minds approach.

Marking over 10 years of partnerships, we organised a conference at the University of Huddersfield to showcase the benefits of creativity on health and wellbeing and exploring future developments. This took place on 29 July 2023.



Spirit in Mind (SIM) exists to encourage and support faith-based and holistically orientated organisations towards greater engagement with the mental health needs of their local communities, memberships and networks.

The aftermath of the Covid-19 pandemic brought greater awareness of the impact of social isolation and other factors on mental health, together with a deeper appreciation of the promotion of wellbeing through contact with the natural world and purposeful social interaction. The recognition of the importance of community-based support has never been greater.

Faith-based organisations partnering with SIM agree to a collaborative model of working based on humanitarian and non-proselytising principles. Relationships developed with partner organisations, whilst primarily orientated to directly supporting service users, have led also to collaborative training and personal development initiatives benefiting Trust staff.

2022 / 23 REVIEW

Funding secured at the end of the last financial year has allowed a number of projects to go ahead in the current period:

- Half day mental health workshops for Muslim women held at various locations across the Trust area.
- Bi-monthly 'compassion hub' meetings in Dewsbury Minster. A forum for professionals, service users and others interested in developing and promoting compassionate approaches in healthcare.
- Mental Health First Aid (MHFA) training courses for community and faith leaders.
- A conference: 'Ecology and Wellbeing', showcasing the development of the canine befriending service at Fieldhead and other related projects.
- Leadership training workshops for Christian and Muslim faith leaders.
- A Yorkshire Sculpture Park day workshop 'Forest School' for Trust staff.
- Islamic awareness one day workshops for Trust staff held online and in Wakefield and Huddersfield.



Yorkshire Sculpture Park 'Forest school'

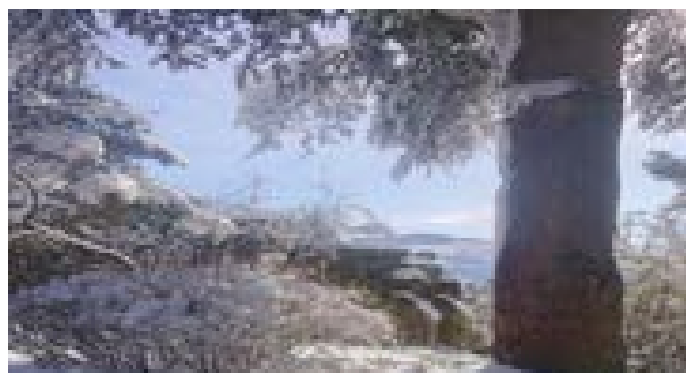
Courtesy of Simon Beresford



Continuation of short online courses on:

- Understanding loss
- Coping with anxiety
- Basic mindfulness practice
- Listening skills
- Understanding meditation
- Residential retreat for service users in partnership with Synapse support group (at Parcevall Hall)

The award from the Royal Canin trust was received in total during the year. Erection and refurbishing of the canine lodge as the base for the canine befriending service and other animal assisted therapies is now underway on the Fieldhead site.



Parcevall Hall

Courtesy of Juliette Bland



Canine lodge under construction

Courtesy of Angela Barker

SIM partnership projects are active with:

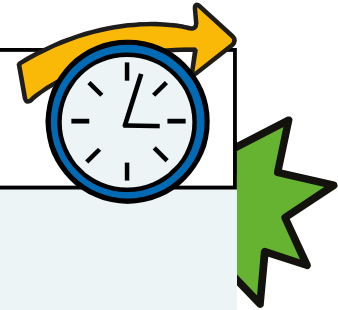
- St Augustine's Church Halifax (mental health support for asylum seekers)
- Marsden Parish Church (befriending cafe project)
- St Catherine's Wakefield (mental health support project)
- Huddersfield Parish Church (continuation of town centre homelessness / asylum seeker mental health project)

Project discussions are in process with:

- Yorkshire Interdenominational Christian Fellowship (Barnsley town centre mental health outreach project)
- Lakeside community mental health project (Methodist Church Newmillerdam)



FUTURE PLANS



FUTURE DEVELOPMENTS AND PRIORITIES

- Sourcing funds for a SIM development post. With fundraising and project nurture as key priorities this is critical for a continuing roll out of SIM across the Trust area.
- The intention to widen the offer of Mental Health First Aid training to faith and community leaders remains high on the SIM agenda. Other avenues for delivering this training are being explored including from within the Trust.
- Recruitment and training of volunteer support to include canine befrienders, lay chaplains and pastoral befrienders remains an ongoing priority
- Interest in the recent SIM ecology conference and the success of the canine befriending service indicates the potential for the expansion of animal assisted therapies both within the Trust and the NHS more generally.
- Relationships have been established with academic institutions and major animal welfare organisations interested in supporting further development. A project group is being established to progress this.

Core elements of the current training programme will continue to be provided wherever possible. These include:

- Muslim awareness for Trust staff
- Mental health awareness for Muslim women
- Forest schools
- Service user retreats
- Online short courses

The Mental Health Museum (MHM) has been a linked charity since 2014 and is located in the heart of Fieldhead Hospital, Wakefield. The museum's extraordinary collection aims to support the empowerment of people; joining people together to combat mental health stigma, prejudice and promote mental wellbeing. The museum aims to work with its communities to co-create a mindful, knowledgeable and active society.

During 2022 the MHM has been delighted to extend our opening of the Museum to increasing numbers of visitors. This has included several group visits from staff members and higher education. Object handling sessions have been developed alongside tours of the exhibition space which have enabled the museum to extend and enrich the experience. It has also enabled research and exploration of some of the objects that have previously not been part of the displays.

As part of initiatives to generate increased engagement with the Museum, an event programme has been developed, including our participation in Heritage Open Days in September 2022. This national campaign helped attract new visitors to the space, with our specially themed 'Fieldhead at 50' day being enjoyed by over 60 visitors.

This was co-produced with museum supporters who have participated in events across the year including developing displays and activities. On the day stories were captured for our oral history archive, with individuals sharing their memories of Stanley Royd and Fieldhead Hospitals. A new film for our developing website will feature some of these stories and the collection of archives ensuring we continue to collect and expand our understanding of mental health.



Non-executive director and chair of the charitable funds committee Erfana Mahmood welcoming a new deposit with objects and archive material from Stuart, a long-serving NHS staff member



Visitors to the museum space have been able to enjoy new displays and better casing and lighting which have been introduced into the museum with a phased programme of replacing older cabinets. Displays now include more personal objects which reflect the patient journey in Stanley Royd and help visitors understand more of the context of individual experience. Items relating to pastimes, eating and drinking, and creativity are now on display and the museum continues to develop this area with items reflecting the contemporary experience. New interpretations are developed alongside individuals with visitors and participants in activities helping to direct and develop the content. These developments would not have been possible without the ongoing 'back room' work to improve our recording, packaging and storage of the collection.

Contributing powerfully to the display this year has been the Recollections May Vary exhibition. The New Dialogues project in partnership with national charity Outside In has seen the Museum team working alongside artists to deliver courses around the content of the Museum and the practice of curation. Twelve artists worked to produce new interpretations of the Museum narrative and its collection. These were woven into the object displays creating personal, thought-provoking and challenging understandings of the history and experience of mental health. The project was an influential and important journey for the Museum team, not only expanding the knowledge about the collection but enriching further the possible interpretations that objects provoke.

The project was inspiration to several ongoing engagement activities including an 'in conversation' event devised by artist Doll with participation from artist Michelle Duxbury and the MHM curator, held at The Art House, Wakefield. This continued the valuable discussions around creating new works of art in Museum spaces and challenges in curatorship.

There have also been two art workshops generating new works of art with participants at Fieldhead and in the wider community. The Remembrance project devised by artist Angela Chudley included the development of a new work of art from artists across Fieldhead. They created poppies for inclusion on Angela's new stitched hanging, and for a new display in the Museum reception. The poppy display was so successful that the Museum is now working alongside creative practitioners to develop the Fieldhead Gallery in the Museum reception, with regular themed displays of people's work. This enhances our visitor welcome and provides an opportunity for everyone to enjoy people's artistic practice.

“ I WAS BLOWN AWAY BY THE AMAZING POPPIES MADE AND KINDLY CONTRIBUTED TO THE PROJECT - SUCH TALENT AND IMAGINATION. WELL DONE TO ALL OF YOU. I HOPE THIS CAN BE A BEGINNING OF A NEW INVOLVEMENT WITH THE MUSEUM, AN OWNING AND CLAIMING OF THE PAST AND A DEVELOPMENT OF FUTURE WAYS OF GIVING VOICES TO THE COMMUNITY AT FIELDHEAD AND THE OTHER TRUST SETTINGS. WELLNESS THROUGH CREATIVITY AND CULTURE IS RIPE WITH OPPORTUNITIES AND TO BE A LITTLE PART OR STEP IN THIS MADE MY DAY. ”

ANGELA CHUDLEY, ARTIST

The Museum team have continued to develop outreach, online and outdoor experiences which enable the museum to continue to grow our reach during challenging times and provide engagement for those who may find it difficult to visit or participate in indoor activities. This has included developing a rich programme for Our Green Year, including the museum Wildlife Club. Activities have included wildlife spotting mornings, tree seed planting and butterfly releases. We have also created four satellite museum displays across other Trust sites with objects from the collection to help promote what the museum has to offer.

Other outreach has included working to support the engagement with new opera 'The Unravelling Fantasia of Miss H'. This new work explores the story of Mary Frances Heaton's experience as a patient at the Wakefield Asylum, and is inspired by the internationally significant collection of samplers created by Mary that are held at the Museum. Outreach has included participation in an embroidery workshop with artist Hayley Mills-Styles and Well Women Wakefield. The Museum took a group of Museum supporters to enjoy the performance of 'The Unravelling' in March 2022 at the Theatre Royal, Wakefield.

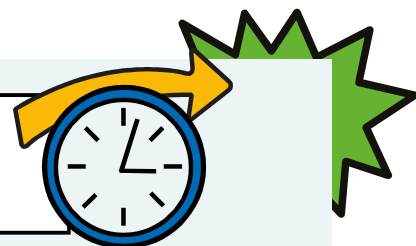
On Mondays and Fridays the museum continues to host its wellbeing offer. This has delivered activities for people at Fieldhead including the Creative



A selection of the poppies created

Cuppa club. In addition, CAB Citizens Advice Wakefield District was awarded funding from the Nova Wakefield District Community Mental Health Provision Fund to work in partnership with the Trust to develop a general outreach service at three locations in the district. Several sessions have been held at the Museum. In 2022/23, the CAB has helped service users and staff to claim an extra £120k of benefits that they were entitled to.

FUTURE PLANS



Work to build engagement with the Museum will continue across the coming year. The Museum has been delighted to extend the borrowing library for people at Fieldhead and include a small shop in our reception area. This has helped build engagement across the Fieldhead site and encouraged people to pop into their museum. Hope is that the development of the Fieldhead gallery will encourage everyone to find something of interest or to share in this developing museum space.

As it becomes more possible, development continues on engagement activities which enable people to become more closely involved in co-producing the content of the Museum. One of the themes for the coming year is spirituality and the museum is looking to gather input into how different spiritual practices might be important to people during their time at Fieldhead.

Plans are in development to extend our engagement with younger audiences over the coming year. This takes advantage of the planning work we have been undertaking with Kids in Museums and piloting ideas for history and wellbeing sessions both as outreach and within the Museum space. This work will enable us to develop our schools programme amongst younger pupils.

The Museum continues to develop our projects outdoors with our ongoing Wildlife Club. This includes enhancing our outdoor spaces to encourage wildlife on our doorstep with new planting and interpretation in our patio and garden areas. The museum will also be piloting some archaeological activities in the autumn to help us interpret and record the historic landscape of Fieldhead.

FINANCIAL REVIEW

HOW WE FUNDED OUR WORK, ACHIEVEMENTS, AND PERFORMANCE

In 2022/23, the charities received income of £1,478k (2021/22 £1,692k) and expended £1,149k (2021/22 £1,103k). At the end of the year the charities had a balance of £1,784k (2021/22 £1,455k).

EyUp!

EyUp! received income of £225k from donations, fundraising, sale of goods, lottery, grants, and interest. This includes:

Donations and trading activities (which include the EyUp! lottery and fundraising events). These have decreased from £76k (2021/22) to £62k (2022/23). These donations are mainly from staff, service users, carers, relatives, and friends.

£55k was received in the form of grants from NHS Charities Together and £105k from the Trust.

Expenditure of £171k was spent on grant making, staff costs, administration fee, prizes and admin costs relating to the lottery. A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

At 31 March 2023 EyUp! had funds carried forward of £369k, of which £79k is restricted (2021/22 £313k, £89k restricted).

CREATIVE MINDS

Creative Minds received income of £1,058k, of which £753k was received from the Trust. Other income was from grants of £300k (significant grants include £67k from NHS Charities Together, £24k from BBC Children in Need, £40k from Locala and £43k from Johnson and Johnson), interest and a few small donations.

During the year expenditure of £802k was spent. £467k was on small grants, £328k on staff costs (including staff time on grant projects) and £8k on administrative costs.

At 31 March 2023 Creative Minds had funds carried forward of £1,247k (2021/22 £991k).



MENTAL HEALTH MUSEUM

Mental Health Museum received income of £144k, of which £142k was received from the Trust.

Expenditure of £109k was spent in year. This includes £55k on staff costs, and £54k on charitable activities and minimal expenditure administration.

At 31 March 2023 Mental Health Museum had funds carried forward of £99k (2021/22 £64k).

SPIRIT IN MIND

Spirit in Mind received income of £50k, of which £35k was received from the Trust and £15k in grants.

Expenditure of £68k was spent in year. £9k relates to staff costs, £58k relates to the activities of Spirit in Mind including the canine befriending project, and minimal expenditure on administration.

At 31 March 2023 Spirit in Minds had funds carried forward of £69k. (2021/22 £87k)

A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

HOW WE MANAGE THE MONEY

OUR GRANT MAKING POLICIES

Grants are made in accordance with charity law, our constitution and the wishes and directions of donors. The charitable funds committee have regard to the Charity Commission for England and Wales's guidance on public benefit and what this means for EyUp! and its linked charities.

EyUp!

EyUp! makes grants from its unrestricted funds, both general and designated funds. Any applications requesting grants over £5,000 are referred to the charitable funds committee for a final decision.

- **General funds** – these funds are received with no particular preference expressed by donors. The income generated by the lottery is also received into general funds. On a quarterly basis, bids are invited from all services and wards across the Trust. These are then assessed by a sub-committee of Trustwide clinical and non-clinical staff who award funding based on the application, looking at the benefits of the proposal.
- **Designated funds** – are established for a particular ward or service. Each fund has a designated fund manager who authorises expenditure from these funds at any time. Finance check that the expenditure is appropriate to the overall purpose of the charity.

CREATIVE MINDS

Creative Minds develops community partnerships to co-fund and co-deliver projects for local people and all the projects are supported on a match-funded basis. The term match-funded refers to the requirement of partners to provide funding of an equal or greater basis for each project.

Creative Minds invites applications for funding for each locality they work in annually. Applications are assessed through locality collectives made up of service users, carers and Trust staff using the Young Foundation community development tool. Where projects show a shortfall, the collectives try to work with the organisation to strengthen the bid. The collectives also look for a balanced portfolio of projects across the Trust districts, considering the types of activity, the client group and the service that will benefit.



THE MENTAL HEALTH MUSEUM AND SPIRIT IN MIND DO NOT MAKE GRANTS.

RISK ANALYSIS

The trustee reviews risk as part of the charity action plan at each meeting and within the business plan. The main risk facing the charities is financial sustainability.

- The EyUp! fundraiser was appointed to mitigate this by being a dedicated resource to increase income through several different funding streams. The effectiveness of this is reviewed at each meeting and success is being achieved. A risk remains that this is just one member of staff that may leave or fall ill. EyUp! received a development grant from NHS Charities Together in 2022/23 and this funding will be used for a part-time administrator and a part-time communications officer. The administrator has been appointed and will start in Q1 2023/24.
- The linked charities are revising their strategies and producing clear business plans which will be actioned and monitored to ensure they are sustainable in the future. Work has continued in 2022/2023.
- Inflation and the cost of living has increased. This is having an impact on the amount that people are able to donate to charity and is anticipated to affect donations in 2023/24.

OUR INVESTMENT POLICY


The current policy (agreed in December 2022) is to invest funds in a mix of deposit accounts. The corporate trustee takes a prudent approach to investment and holds the funds in low-risk deposit accounts across various providers.

OUR RESERVES POLICY

Under the guidance of the Charities Commission booklet 'CC19, Charities Reserves' and 'Charity reserves: building resilience', the corporate trustee agreed the following reserves policy, which is reviewed annually.

EYUP! RESERVES POLICY

Funds held by EyUp! that are unrestricted are classed as reserves under Charities SORP (FRS 102).



The charity has a general legal duty to apply charitable funds within a reasonable time of receiving them. The corporate trustee actively encourages fund managers to spend their funds and encourages staff to bid against the general purpose funds.

The trustee policy is to keep funds to the minimum required to cover approved commitments in the belief that donations are made with the intention and expectation that they will be spent accordingly.

To avoid the risk of the charity's reserves becoming overdrawn it is considered prudent to hold a minimum 3 months' operating expenditure, plus one year's salary for the fundraising posts. If the balance fell to this level, then the committee would revise the strategy and plan for the charity.

The reserves currently stand at £183k and are calculated as follows:

Total unrestricted funds of	£290k
Less designated funds	£107k
Total reserves	£183k

The trustee reviews the balances held in designated funds, in accordance with the provisions of the NHS Acts relating to charitable funds, to determine whether these funds are likely to be committed in the near future and the extent to which there is a continuing need identified for any particular designated fund (s). The funds are reviewed on an annual basis and any inactive funds are closed and the balance transferred to general funds.

Expenditure is reviewed quarterly at the charitable funds committee to ensure that the minimum level of reserves is maintained. Reserves are currently slightly higher than the minimum required. It is anticipated that these will reduce further in 2023/24 to be in line with the expected reserves.

CREATIVE MINDS RESERVES POLICY

Creative Minds is funded by specific grants for projects and by general contribution by the Trust. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. A minimum of three months' operating expenditure is held as reserves. A significant proportion of Creative Minds' expenditure is planned grant expenditure, so if funds are reduced to this level, then plans can be revised.



MENTAL HEALTH MUSEUM RESERVES POLICY

The Mental Health Museum is primarily funded by specific grants with small donations by visitors. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The trustee has deemed that at this point the charity does not need to hold reserves.

SPIRIT IN MIND RESERVES POLICY

Spirit in Mind is primarily funded by specific grants. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The trustee has deemed that at this point the charity does not need to hold reserves.

VOLUNTEERS

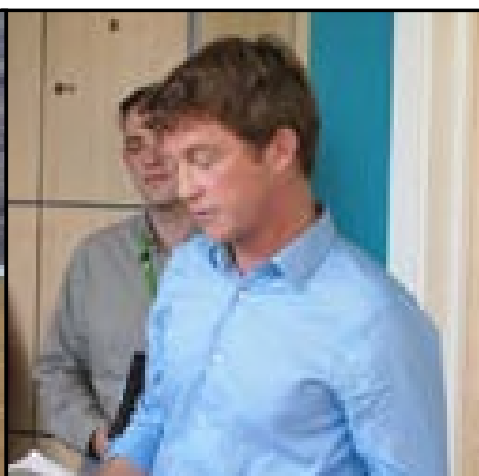
EyUp! and its linked charities would like to thank all the volunteers who have contributed to the charities in 2022/23. This includes being part of the running of the charities and helping make grant funding decisions for Creative Minds. They have all contributed to the success and growth of the charities and the charities continue to be grateful for their help and time.

AMBASSADORS

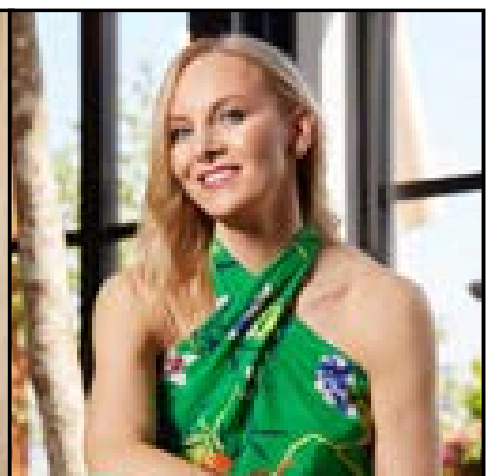
Ambassadors do not have any formal role in the governance of the charity but assist by gaining publicity and raising our profile:



Ashley Jackson - Painter



Horatio Clare - Author



Stephanie Hirst - Broadcaster

The charities would like to thank the ambassadors for their continuing support.

STRUCTURE, GOVERNANCE AND MANAGEMENT

South West Yorkshire Partnership NHS Foundation Trust is the corporate trustee of the charity governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

CORPORATE TRUSTEE

The corporate trustee comprises the non-executive and executive directors of the board of South West Yorkshire Partnership NHS Foundation Trust and meets quarterly. Non-executive directors are appointed by the governors of the Trust and executive directors are subject to the Trust's recruitment policies. When directors join the corporate trustee, they are introduced to the charity, its objectives, and Charity Commission guidance (CC3).

The members of the corporate trustee have read and had regard to the Charity Commission's guidance on public benefit. They give of their free time freely and do not receive any pay, emoluments, or other financial benefit.

Those who served on the corporate trustee during the period were as follows:

Marie Burnham	Chair
Mike Ford	Non-executive director
Mandy Griffin	Non-executive director
Chris Jones (left 30/04/22)	Non-executive director
Erfana Mahmood	Non-executive director
Natalie McMillan	Non-executive director
Kate Quail	Non-executive director
David Webster (from 01/05/2022)	Non-executive director
Mark Brooks	Chief executive
Sue Barton (from 01/07/23 to 17/09/23)	Interim executive director of strategy and change
Carol Harris	Chief operating officer
Lindsay Jensen (to 30/04/22)	Interim director of human resources
Dawn Lawson (from 18/09/23)	Executive director of strategy and change
Greg Moores (from 01/05/22)	Chief people officer
Sean Rayner	Executive director of provider development
Dr Subha Thiyagesh	Chief medical officer



Darryl Thompson	Chief nurse and director of quality and professions
James Sabin (left 30/06/22)	Interim director of finance
Adrian Snarr (from 08/08/22)	Executive director of finance, estates and resources
Salma Yasmeen (left 30/06/23)	Director of strategy and change / deputy chief executive

CHARITABLE FUNDS COMMITTEE

The corporate trustee is supported in their responsibilities and duties by the charitable funds committee, which meets quarterly. Their duties include managing the Trust's charitable funds in accordance with statutory requirements; ensuring expenditure is in line with the objects of the charities; delegating responsibility for the management of designated charitable funds and the linked charities; fundraising for the charity; ratifying the annual report and accounts; and reviewing the effectiveness of the committee.

The members of the charitable funds committee during the period were as follows:

Erfana Mahmood (committee chair)	Non-executive director
Sue Barton (from 01/07/23 to 17/09/23)	Interim executive director of strategy and change
Marie Burnham	Chair of the Trust
Mike Ford	Non-executive director
Dawn Lawson (from 18/09/23)	Executive director of strategy and change
Sean Rayner	Executive director of provider development
Salma Yasmeen (lead executive)	Executive director of strategy and change / deputy (left 30/06/23) chief executive

All members of the committee are required to undertake suitable training in order to discharge their duties as members of the committee.

The charitable funds committee is supported by the EyUp! operational management group and the linked charities group, both of which report to the committee.

The day-to-day operations of the charitable funds are administered by South West Yorkshire Partnership NHS Foundation Trust.

REFERENCE AND ADMINISTRATIVE DETAILS

EyUp! is registered under the single registered number 1055931.

The governing document is a deed dated 1 April 1996.

The MHM is a linked charity registered under number 1055931-12. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by advancing the education of the public on the subject of mental health.

Creative Minds is a linked charity registered under number 1055931-13. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by relieving sickness and preserving health and wellbeing and by promoting social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded, and assisting them to reintegrate into society.

Spirit in Mind is a linked charity registered under number 1055931-14. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by the promotion of racial harmony for the public benefit by advancing education and raising awareness of mental health issues relating to culture and religion, and advancing racial harmony through the provision of cross-cultural activities which enhance health and wellbeing.

HOW TO CONTACT US

EyUp!

Fieldhead Hospital
Ouchthorpe Lane
Wakefield
WF1 3SP

EXTERNAL AUDITORS:

Deloitte LLP
1 Trinity Gardens
Newcastle upon Tyne
NE1 2HF

BANKERS:

National Westminster Bank
3 Ropergate
Pontefract
West Yorkshire
WF8 1LH

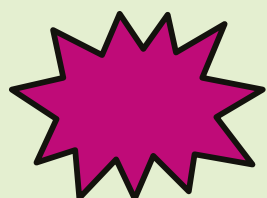
INTERNAL AUDITORS:

360 Assurance
Riverside House
Bridge Park Road
Thurmaston
Leicester
LE4 8BL

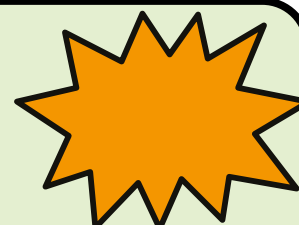
A BIG THANK YOU



On behalf of the staff and service users who have benefitted from improved services due to donations and legacies, the corporate trustee would like to thank all service users, relatives, carers, members, the general public and staff who have made charitable donations, participated in the lottery, and supported the work of the charities.



SUPPORT THE WORK OF EyUp!



THANK YOU FOR READING ABOUT THE PROJECTS THAT THE CHARITY HAS SUPPORTED THIS YEAR, THIS CANNOT CONTINUE WITHOUT ONGOING DONATIONS.

WHAT COULD YOUR GIFT BUY?

£1	COULD BUY	COLOURING PENS FOR AN ART SESSION
£10	COULD BUY	A DVD FOR A WARD
£20	COULD BUY	SEEDS AND PLANTS FOR A GARDENING GROUP
£30	COULD BUY	BOOKS TO START A WARD LIBRARY
£50	COULD BUY	ARTS AND CRAFTS MATERIALS
£100	COULD BUY	A WATER FEATURE FOR A SENSORY GARDEN
£150	COULD BUY	A DAY TRIP FOR SERVICE USERS
£300	COULD BUY	A PORTABLE PIANO FOR A WARD
£500	COULD BUY	START-UP COSTS FOR A NEW ACTIVITY GROUP

If you would like to make a donation:

Through your bank:

Pay direct to the charity donation account, 54-30-64, account code 42591511

By Just Giving:

Donate online at www.justgiving.com/EyUp

By Cheque:

Please make cheques payable to "EyUp!" and send to EyUp!, South West Yorkshire Partnership NHS FT, Fieldhead Hospital, Block 9, Ouchthorpe, Wakefield, WF13SP.

Signed:

Name: Marie Burnham

Date: 15/12/2023

STATEMENT OF TRUSTEE RESPONSIBILITIES IN RESPECT OF THE TRUSTEE ANNUAL REPORT AND ACCOUNTS

The trustee is responsible for preparing the trustee annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales requires the trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgments and estimates that are reasonable and prudent.
- State whether applicable accounting standards have been followed.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF EYUP! AND LINKED CHARITIES



REPORT ON THE AUDIT OF THE FINANCIAL STATEMENTS

Opinion

In our opinion the financial statements of EyUp! and linked charities (the 'charity'):

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the Charities Act 2011.

We have audited the financial statements which comprise:


- the statement of financial activities;
- the balance sheet;
- the cash flow statement; and
- the related notes 1 to 21.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the Financial Reporting Council's (the 'FRC's') Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We



believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.



RESPONSIBILITIES OF TRUSTEE

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed as auditor under section 149 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the FRC's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.



EXTENT TO WHICH THE AUDIT WAS CONSIDERED CAPABLE OF DETECTING IRREGULARITIES, INCLUDING FRAUD

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

We considered the nature of the charity's industry and its control environment, and reviewed the charity's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also enquired of management and the trustees about their own identification and assessment of the risks of irregularities, including those that are specific to the charity's business sector.

We obtained an understanding of the legal and regulatory framework that the charity operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. This included the Charities Act; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the charity's ability to operate or to avoid a material penalty. This included the Charity Commission regulations.

We discussed among the audit engagement team regarding the opportunities and incentives that may exist within the organisation for fraud and how and where fraud might occur in the financial statements.

As a result of performing the above, we identified the greatest potential for fraud in the following area, and our procedures performed to address it are described below:

- We pinpointed the risk of fraud through material misstatement to the risk of cut off of donations and grant income. To address this risk, we have tested a sample of donations and grant income from source records to their supporting evidence to determine the correct period of recognition.

In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments; assessed whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluated the business rationale of any significant transactions that are unusual or outside the normal course of business.



In addition to the above, our procedures to respond to the risks identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of management and external legal counsel concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of meetings of those charged with governance and reviewing correspondence with the Charity Commission.

REPORT ON OTHER LEGAL AND REGULATORY REQUIREMENTS

Matters on which we are required to report by exception

Under the Charities (Accounts and Reports) Regulations 2008 we are required to report in respect of the following matters if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

We have nothing to report in respect of these matters.

USE OF OUR REPORT

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Deloitte LLP
Statutory Auditor
Newcastle Upon Tyne, United Kingdom

Deloitte LLP

EYLIP! AND LINKED CHARITIES CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDING 31 MARCH 2023

		2023			2022		
	Note	Unre- stricted funds	Re- stricted funds	Total Funds 2023	Unre- stricted funds	Re- stricted funds	Total Funds 2022
		£000	£000	£000	£000	£000	£000
Income from:							
Donations and legacies	4	25	558	583	37	466	503
Charitable activities	4	106	745	851	52	1,098	1,150
Other trading activities	5	37	0	37	39	0	39
Investments	7	2	5	7	0	0	0
Total income		170	1,308	1,478	128	1,564	1,692
Expenditure on:							
Raising funds	8	(60)	0	(60)	(52)	0	(52)
Charitable activities							
Service user education and welfare	9	(44)	(1,045)	(1,089)	(52)	(999)	(1,051)
Total expenditure		(104)	(1,045)	(1,149)	104)	(999)	(1,103)
Net income / (expenditure)		66	263	329	24	565	589
Transfers between funds	20	0	0	0	0	0	0
Net movement in funds		66	263	329	24	565	589
Reconciliation of funds							
Total funds brought forward		224	1,231	1,455	200	666	866
Total funds carried forward		290	1,494	1,784	224	1,231	1,455

There were no other recognised gains or losses other than those listed above.
All activities relate to continuing activities. Retriected Funds relate to the linked charities and the grants awarded from NHS Charities Together.

EYUP! AND LINKED CHARITIES CONSOLIDATED BALANCE SHEET AS AT 31 MARCH 2023



Balance sheet	Note	Unre- stricted funds	Re- stricted funds	Total Funds 2023	Unre- stricted funds	Re- stricted funds	Total Funds 2022
		£000	£000	£000	£000	£000	£000
Current assets							
Debtors	16	3	142	145	9	210	219
Cash and cash equivalents	17	291	1,563	1,854	227	1,063	1,290
Total current assets		294	1,705	1,999	236	1,273	1,509
Liabilities							
Creditors falling due within one year	18	(4)	(191)	(195)	(12)	(27)	(39)
Accruals	18	0	(20)	(20)	0	(15)	(15)
Net current as- sets (liabilities)		290	1,494	1,784	224	1,231	1,455
Total net assets or liabilities		290	1,494	1,784	224	1,231	1,455
The funds of the charity:							
Restricted income funds		0	1,494	1,494	0	1,231	1,231
Unrestricted income funds		290	0	290	224	0	224
Total charity funds		290	1,494	1,784	224	1,231	1,455

EyUp! has one active restricted fund, NHS Charities Together totalling £89k. The other restricted funds shown here are restricted to the linked charities and are restricted to that charity as described in note 21.

The notes at pages 42 to 63 form part of these accounts

Signed: Marie Burnham

Name: Marie Burnham

Date: 15/12/2023

EYUP! AND LINKED CHARITIES CONSOLIDATED STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 31 MARCH 2023

Statement of cash flows	Note	Total funds 2022/23	Total funds 2021/22
		£'000	£'000
Cash flows from operating activities			
Net cash provided by (used in) operating activities	19	557	449
Cash flows from investing activities			
Interest received	7	7	0
Net cash provided by (used in) investing activities		7	0
Change in cash and cash equivalents in the reporting period		564	449
Cash and cash equivalents at the beginning of the reporting period		1,290	841
Cash and cash equivalents at the end of the reporting period		1,854	1,290

NOTES ON THE ACCOUNTS

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011.

The trustee has a reasonable expectation that EyUp! and its linked charities have sufficient resources to continue in operational existence for the foreseeable future being at least 12 months from the date of approval of these financial statements. For this reason, they continue to adopt the going concern basis in preparing the accounts. In making this assertion the trustee has taken several considerations into account. Budgets for 2023/24



have been approved by the trustees which demonstrate that each one has funding streams and expenditure plans in place.

These accounts are prepared and presented in GBP in round thousand pounds (£).

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund; or
- An endowment fund

Restricted funds are those where the donor had provided for the donation to be spent in furtherance of a specified charitable purpose.

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. EyUp! and the linked charities currently have no endowment funds.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds which are sub-analysed between designated (earmarked) funds where the trustee has set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the trustee discretion, including the general funds which represent the charity's reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Income

All income is recognised once the charity has entitlement to the resources. It is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

When there are terms or conditions attached to income, particularly grants, these terms or conditions must be before the income is recognised as the entitlement condition will not be met until that point. Where the terms or conditions have not met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

Grants are received in both GBP and foreign currency. These are recognised at the rate of exchange at the date of the payment.

(d) Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.



Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted;
- The executors have established that there are sufficient assets in the estate to pay the legacy; and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated, then the legacy is shown as a contingent asset until all the conditions for income recognition are met

(e) Resources expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the statement of financial activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event.
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement.
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(f) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to third parties in the furtherance of the charitable objects of the fund.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant.
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant.
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment.

The trustee has control over the amount and timing of grant payments and consequently where approval has been given by the trustee and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions



attached. However, when they are then those conditions have to be met before the liability is disclosed.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met, then no liability is recognised but a contingent liability is disclosed.

(g) Allocation of support costs

Support costs are those costs which do not relate to a single activity. These include some staff costs, costs of administration, internal and external examiner costs. Support costs have been apportioned to charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 12.

(h) Fundraising costs

The costs of raising funds are those costs attributable to raising income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objectives. The costs of raising funds include the prizes paid out in respect of the lottery.

(i) Charitable activities

Costs of charitable activities compromise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 12.

(j) Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

(k) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, liquid investments.

(l) Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long-term creditors.



(m) Pensions

EyUp! does not directly employ staff. Staff working on the charity are directly employed by South West Yorkshire Partnership NHS Foundation Trust, with the full costs recharged to EyUp! As employees of the Trust, they are entitled to join the NHS Pensions Scheme. The scheme is subject to a full actuarial valuation every four years, and an IAS 19 accounting valuation every year. The results from the latest valuation as of 31 March 2016 set the employer contribution rate at 20.6% of pensionable pay.

The valuation of scheme liability in accordance with IAS19 is carried out annually by the Scheme Actuary. The latest assessment of the liabilities of the Scheme is contained in the Scheme Actuary report, which forms part of the annual NHS Pension Scheme (England and Wales) Resource Account, published annually. These accounts can be viewed on the NHS Pensions website.

(n) Judgements and estimates

In the application of the accounting policies, the trustee is required to make judgements, estimates and assumptions about its carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

(o) Financial Instruments

The charities have financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost using the effective interest method. Financial assets are held at amortised cost.

2. Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides prior period comparatives for the statement of financial activities and the balance sheet for each of the funds included in the notes to the accounts (Pages X and X)



**EYUP! UNRESTRICTED FUNDS - STATEMENT OF FINANCIAL
ACTIVITY FOR THE YEAR ENDED 31 MARCH 2023**

	2023	2022
	£'000	£'000
Income and endowments from:		
Donations and legacies	25	37
Charitable activities	106	52
Other trading activities	37	39
Investments	2	0
Total income resources	170	128
Expenditure on:		
Raising funds	(60)	(52)
Charitable activities	(44)	(52)
Total expenditure	(104)	(104)
Net income / (expenditure)	66	24
Transfers between funds	0	0
Net movement in funds	66	24
Reconciliation of funds		
Total funds brought forward	224	200
Total funds carried forward	290	224

EYUp! UNRESTRICTED FUNDS - BALANCE SHEET AS AT 31 MARCH 2023

	2023	2022
	£'000	£'000
<i>Current assets</i>		
Debtors	3	9
Cash and cash equivalents	291	227
Total current assets	294	236
<i>Liabilities</i>		
Creditors falling due within one year	(4)	(12)
Net current assets (liabilities)	290	224
Total assets less current liabilities	290	224
Total net assets or liabilities for unrestricted funds	290	224
Total unrestricted funds	290	224



RESTRICTED FUNDS - STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED 31 MARCH 2023

2023					
	EyUp!	MHM	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	0	108	415	35	558
Charitable activities	56	36	638	15	745
Investments	0	0	5	0	5
Total income	56	144	1,058	50	1,308
Expenditure on:					
Charitable activities	(66)	(109)	(802)	(68)	(1,045)
Total expenditure	(66)	(109)	(802)	(68)	(1,045)
Net income / (expenditure)	(10)	35	256	(18)	263
Transfers between funds		0	0	0	0
Net movement in funds	(10)	35	256	(18)	263
Reconciliation of funds					
Total funds brought forward	89	64	991	87	1231
Total funds carried forward	79	99	1,247	69	1,494

2022					
	EyUp!	MHM	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	0	73	359	34	466
Charitable activities	20	42	959	77	1,098
Investments	0	0	0	0	0
Total income	20	115	1,318	111	1,564
Expenditure on:					
Charitable activities	(75)	(83)	(814)	(27)	(999)
Total expenditure	(75)	(83)	(814)	(27)	(999)
Net income / (expenditure)	(55)	32	504	84	565
Transfers between funds		0	0	0	0
Net movement in funds	(55)	32	504	84	565
Reconciliation of funds					
Total funds brought forward	144	32	487	3	666
Total funds carried forward	89	64	991	87	1,231



RESTRICTED FUNDS - BALANCE SHEET AS AT 31 MARCH 2023

2023					
	EyUp!	MHM	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	0	142	0	142
Cash and cash equivalents	80	99	1,315	69	1,563
Total current assets	80	99	1,457	69	1,705
Liabilities					
Creditors falling due within one year	(1)	0	(190)	0	(191)
Accruals	0	0	(20)	0	(20)
Net current assets (liabilities)	79	99	1,247	69	1,494
Total assets less current liabilities	89	64	991	87	1,231
Total net assets or liabilities for restricted funds	79	99	1,247	69	1,494
Total restricted funds	79	99	1,247	69	1,494

RESTRICTED FUNDS - BALANCE SHEET AS AT 31 MARCH 2022

2022					
	EyUp!	MHM	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	5	203	2	210
Cash and cash equivalents	99	59	820	85	1,063
Total current assets	99	64	1,023	87	1,273
Liabilities					
Creditors falling due within one year	(10)	0	(17)	0	(27)
Accruals	0	0	(15)	0	(15)
Net current assets (liabilities)	89	64	991	87	1,231
Total assets less current liabilities	89	64	991	87	1,231
Total net assets or liabilities for restricted funds	89	64	991	87	1,231
Total restricted funds	89	64	991	87	1,231



3. Related party transactions

The corporate trustee governs EyUp! and its linked charities. The corporate trustee is the Trust. EyUp! has made payments to the Trust in relation to administration costs in support of grant making activities which are included in direct activity costs (note 9). The Trust has also made several grant payments to EyUp! and its linked charities. These are made on an arm's length basis.

	Total 2023	Total 2022
	£'000	£'000
South West Yorkshire Partnership NHS Foundation Trust	1,034	1,226
	1,034	1,226

There was £142k closing balance in debtors (£219k 2021/22) and £194k (38k 2022/21) in creditors in respect of the Trust.

EyUp! and its linked charities is a wholly owned subsidiary of South West Yorkshire Partnership NHS Foundation Trust, an NHS Foundation Trust registered in England. South West Yorkshire Partnership NHS Foundation Trust is also the ultimate parent company.

The parent undertaking of the smallest group which also includes the charities, and for which consolidated financial statements are prepared, is South West Yorkshire Partnership NHS Foundation Trust.

Copies of the financial statements for this group can be obtained from:

South West Yorkshire Partnership NHS Foundation Trust
Fieldhead
Ouchthorpe Lane
Wakefield
WF1 3SP

South West Yorkshire Partnership NHS Foundation Trust is a public benefit organisation established under the National Health Service Act 2006. NHS England has the power to control the Trust within the meaning of IAS27 'Consolidated and Separate Financial Statements'.

NHS England is accountable to the Secretary of State for Health and therefore the Trust's ultimate parent is HM Government.

4. Income from donations and legacies and charitable activities

	2023			2022		
	Unrestrict- ed funds	Restricted funds	Total 2022	Unrestrict- ed funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	25	0	25	34	0	34
Corporate donations	0	557	557	3	466	469
Legacies	0	0	0	0	0	0
Grants	105	745	850	52	1,098	1,150
Total	130	1,302	1,432	89	1,564	1,653

Analysis of Restricted Funds

	2023				2022			
	EyUp!	Creative minds	MHM	Spirit in Mind	EyUp!	Creative minds	MHM	Spirit in Mind
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	0	0	0	0	0	0	0	0
Corporate donations	0	415	108	34	0	359	73	34
Legacies	0	0	0	0	0	0	0	0
Grants	56	639	35	15	20	959	42	77
Total	56	1,054	143	49	20	1,318	115	111

Donations from individuals are gifts from members of the public, relatives, carers, service users and staff.



5. Analysis of income from other trading activities

	2023			2022		
	Unrestrict- ed funds	Restricted funds	Total 2022	Unrestrict- ed funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery	34	0	34	34	0	34
Sale of goods	3	0	3	5	0	5
Fundraising events	0	0	0	0	0	0
Total	37	0	37	39	0	39

6. Role of volunteers

Creative Minds have several volunteers who sit on the locality collectives which make decisions on small grant funding.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

7. Gross investment income

	Unre- stricted funds	Re- stricted funds	Total 2022	Unre- stricted funds	Re- stricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Short term invest- ments and deposits cash on deposit	2	5	7	0	0	0
Total	2	5	7	0	0	0

The income shown for restricted funds is in relation to Creative Minds.

8. Analysis on expenditure on raising funds

	2023			2022		
	Unrestrict- ed funds	Restricted funds	Total 2022	Unrestrict- ed funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery prizes	17	0	17	18	0	18
Lottery admin fee	0	0	0	0	0	0
fundraising costs	43	0	43	34	0	34
Total	60	0	60	52	0	52

9. Analysis of charitable expenditure

EyUp! did not undertake any direct charitable activities on its own account during the year. All the charitable expenditure was in the form of grant funding.

Grants were approved in favour of the partner organisations, principally South West Yorkshire Partnership NHS Foundation Trust, to carry out activities that will benefit service users of the NHS. EyUp! incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by them.

Creative Minds expenditure was in the form of grant funding. Details of the significant grants are found in note 10.

Mental Health Museum and Spirit in Mind undertake direct charitable activities and do not make grants.



	Activ- ities direct	Grant funded activity	Sup- port costs	Total 2023	Activ- ities direct	Grant funded activity	Sup- port costs	Total 2022
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
EyUp! service user activities	0	111	0	111	0	127	0	127
Creative Minds activities	328	466	0	802	274	532	8	814
Mental Health Museum activ- ities	109	0	0	109	83	0	0	83
Spirit in Mind activities	67	0	0	67	27	0	0	27
	504	576	8	1,089	384	659	8	1,051

10. Analysis of grants

The charity does not make grants to individuals. All grants are made to the Trust or other third-party organisations

Creative Minds significant grants 2022/23	£	No
Grow Wakefield	14,256	2
S2R (Support to Recovery)	10,897	4
The Watershed	8,000	2
TRW / Chimes	7,893	2
Shabang Inclusive Learning CIC	7,397	2
The Artworks	6,500	2
Chol Theatre	6,450	2
Aspire Creating Communities	6,292	2
ROKT Foundation	6,165	2
Barnsley Music Service	6,000	2
Yew Tree	6,000	2
Lawrence Batley Theatre	6,000	1
Action for Autism and Asperger's	6,000	2
Cloverleaf Advocacy	5,700	2
Outside the Box CIO	5,500	2
Holmfirth Arts Festival	5,436	2
Eden Forest CIC	5,406	2
Umbrella Yoga	5,400	2
Barnsley Heritage Museum	5,200	2
Creative Recovery	5,000	2
Growing Works	5,000	2

Creative Minds significant grants 2021/22	£	No
Wakefield Theatre Royal	13,800	4
Butterflies Dementia Support	12,976	2
Grow Wakefield	12,442	4
Creative Recovery	12,000	4
Action for Autism and Asperger's	10,000	1
Chilypep	8,000	2
Reds in the Community	7,999	2
Next Generation	7,455	2
Edgeland Arts	7,300	2
Locorum CIC	7,297	3
Luv2meetu	7,200	2
Co-Active	7,120	2
Grimethorpe Activity Z	7,000	2
Umbrella Yoga CIC	7,000	2
Barnsley Music Service	7,000	2
Barnsley Heritage Museum	7,000	2
Eden Forest CIC	7,000	2
Barnsley libraries	6,900	4
Art House	6,500	2
Artworks	6,500	2
Blackdog Outdoors	6,300	2
Wakefield Council	6,300	2

11. Movements in grant funding commitments accrued

	2023			2022		
	Current liabilities	Non current liabilities	Total	Current liabilities	Non current liabilities	Total
	£'000	£'000	£'000	£'000	£'000	£'000
Opening balance at 1 April	15	0	15	23	0	23
Additional commitments made during the year	244	0	244	317	0	317
Movement from current to non-current	0	0	0	0	0	0
Amounts paid during the year	(239)	0	(239)	(325)	0	(325)
Closing balance at 1 April	20	0	20	15	0	15

The grants included are grants made by Creative Minds to external third parties where the award has been communicated.

As described in notes 9 and 10, the charity awarded several grants in the year. Many grants were awarded and paid out in the same financial year. However, some grants are multiyear grants paid over a longer period.

As the charity has control over the award and timing of grants there is little uncertainty around these payments.

12. Allocation of support costs and overheads

Support and overhead costs are allocated to charitable activities on a pro rata basis between funds. Support costs are the costs associated with the administration of the charity. These amounts are paid directly to South West Yorkshire Partnership NHS Foundation Trust. Salaries and related costs include the costs of the staff working in the linked charities and are allocated to each individual restricted fund and the fundraiser who is allocated to unrestricted funds.



The basis of allocation used are as follows:

- Balance: Each month the charge is allocated on a pro-rata basis on the balance of each fund.
- Direct: The salaries are charged direct to each restricted fund that the post holder works for.

Charitable activities	Unre- stricted funds	Restrict- ed funds	2023 Total	Unre- stricted funds	Restrict- ed funds	2022 Total
	£'000	£'000	£'000	£'000	£'000	£'000
Audit / Examination	0	8	8	0	8	8
Financial administration	0	0	0	0	0	0
Miscellaneous	0	0	0	0	0	0
Salaries and related costs	39	450	489	24	389	413
Total	39	458	497	24	397	421

	2023 Total	2022 Total
	£'000	£'000
EyUp! – Unrestricted	39	24
EyUp! – Restricted	57	46
Creative Minds	336	282
Mental Health Museum	56	60
Spirit in Mind	9	9
	497	421

13. Trustee remuneration, benefits and expenses

The corporate trustee give their time freely and receive no remuneration or reimbursement of expenses for the work that they undertake as trustee.

14. Analysis of staff costs and remuneration of key management personnel

	2023	2022
	£'000	£'000
Salaries and wages	421	351
Social security costs	30	26
Employers pension contribution	38	36
Total	489	413

	2023	2022
	£'000	£'000
EyUp! – Unrestricted	39	24
EyUp! – Restricted	57	46
Creative Minds	328	274
Mental Health Museum	56	60
Spirit in Mind	9	9
	489	413

The average number of full-time equivalent employees during the year was 9 (2022: 9) EyUp!: 2 (2022: 2); Creative Minds: 8 (2022: 6); Mental Health Museum: 2 (2022: 2); Spirit in Mind: 1 (2022: 1)

One employee within Creative Minds had emoluments in excess of £60,000 (2022: 1)

15. Auditors' remuneration

The auditors' remuneration of £7,800 (2022 £7,800) related solely to the audit with no additional work being undertaken (2022: nil).



16. Analysis of current debtors

Debtors under 1 year	2023	2022
	£'000	£'000
Trade debtors	142	219
Prepayment	3	0
Total Debtors	145	219

17. Analysis of cash and cash equivalents

	2023	2022
	£'000	£'000
Cash in hand	163	99
Notice deposits (less than 3 months)	1,691	1,191
Total cash and cash equivalents	1,854	1,290

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

All the amounts held on interest bearing deposit are available to spend on charitable activities.

18. Analysis of liabilities

	2023	2022
	£'000	£'000
Creditors under 1 year		
Trade creditors	(195)	(39)
Accruals for grants	(20)	(15)
Total	(215)	(54)

There are no liabilities greater than one year in 2022/23 (nil 2021/22)

19. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2023	2022
	£'000	£'000
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	328	590
Adjustments for:		
Dividends, interest and rents from investments	(7)	0
(Increase)/decrease in debtors	75	(163)
Increase/(decrease) in creditors	161	22
Net cash provided by (used in) operating activities	556	448

20. Transfers between funds

There has been no transfer between funds in year (2021/22: nil).

21. Analysis of charitable funds

(a) Analysis of Restricted fund movements

	Balance b/fwd	Income	Expenditure	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
EyUp!	89	56	(66)	0	79
Mental Health Museum	64	144	(109)	0	99
Creative Minds	991	1,058	(802)	0	1,247
Spirit in Mind	87	50	(68)	0	69
Total	1,231	1,308	(1,045)	0	1,494

The objects of each of the restricted funds are as follows

EyUp! has 2 restricted funds. One relates to the grants from NHS Charities Together. These grants are specifically in response to the Covid-19 pandemic. The



other restricted fund relates to NHS Wakefield CCG. This fund is for donations to NHS Wakefield CCG, but the activity benefits the service users of South West Yorkshire Partnership NHS Foundation Trust.

(b) Analysis of unrestricted and material designated fund movements

	Balance b/fwd	Income	Expendi- ture	Transfers	Fund c/fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	111	13	(17)	0	107
General funds	113	157	(87)	0	183
Total	224	170	(104)	0	290

The trustee set an opening or closing balance of £50,000 or above as the threshold for the separate reporting of material designated (earmarked funds). In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The objects of each of the designated unrestricted funds are as follows:

Other designated funds relate to benefiting service users on wards and Trust services within South West Yorkshire Partnership NHS Foundation Trust for which donors have indicated their non-binding wishes when making their generous gifts.

The general funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent and the unrestricted income accruing to the charity. These funds are applied for any charitable purpose to the benefit of the service users of South West Yorkshire Partnership NHS Foundation Trust at the absolute discretion of the trustee.

