EYUP

England & Wales · Charity number 1055931

Details

Other names	SOUTH WEST YORKSHIRE MENTAL HEALTH NHS TRUST CHARITABLE FUNDS AND OTHER RELATED CHARITIES, SOUTH WEST YORKSHIRE PARTNERSHIP FOUNDATION TRUST AND OTHER RELATED CHARITIES, WAKEFIELD AND PONTEFRACT COMMUNITY HEALTH NHS TRUST CHARITABLE FUND
Status	Registered
Legal form	Other
Registered	1996-06-06
Register	View on the Charity Commission register

Contact

Address	SW Yorkshire Partnership NHS FT Fieldhead Hospital Ouchthorpe Lane Wakefield WF1 3SP
Phone	01924 316000
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Website	https://www.southwestyorkshire.nhs.uk/get-involved/eyup-charity/

Activities

Objects: FOR ANY CHARITABLE PURPOSE OR PURPOSES RELATING TO THE NATIONAL HEALTH SERVICE WHOLLY OR MAINLY FOR THE SERVICES PROVIDED BY SOUTH WEST YORKSHIRE PARTNERSHIP NHS FOUNDATION TRUST

Activities: For the welfare of staff and service users of South West Yorkshire Partnership NHS Foundation Trust.

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Classification

- **How:** Makes Grants To Individuals
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Barnsley
- Calderdale
- City Of Wakefield
- Kirklees

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£623,976	£1,219,310	£1,014,196	15
2024-03-31	£873,274	£1,047,406	£1,609,530	15
2023-03-31	£1,477,040	£1,148,723	£1,783,661	9
2022-03-31	£1,692,905	£1,103,186	£1,455,343	9
2021-03-31	£871,750	£564,856	£865,624	9

Trustees

Name	Role	Appointed
SOUTH WEST YORKSHIRE PARTNERSHIP NHS FOUNDATION TRUST		

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Linked charities

- COMMUNITY GROUP HOMES GENERAL PURPOSES CHARITY (1055931-1)
- WAKEFIELD HEALTH SERVICES CHARITABLE FUND (1055931-10)
- KIRKLEES HEALTH SERVICES CHARITABLE FUND (1055931-11)
- MENTAL HEALTH MUSEUM (1055931-12)
- CREATIVE MINDS (1055931-13)
- SPIRIT IN MIND (1055931-14)
- CASTLEFORD HOSPITAL GENERAL PURPOSES CHARITY (1055931-2)
- ABERFORD CENTRE GENERAL PURPOSES CHARITY (1055931-3)
- WAKEFIELD AND PONTEFRACT COMMUNITY HEALTH NHS TRUST FORENSIC SERVICES GENERAL PURPOSES CHARITY (1055931-4)
- FIELDHEAD COURT GENERAL PURPOSES CHARITY (1055931-5)
- PONTEFRACT GENERAL INFIRMARY GENERAL PURPOSES CHARITY (1055931-6)
- SOUTHMOOR HOSPITALS GENERAL PURPOSES CHARITY (1055931-7)
- SOUTH WEST YORKSHIRE MENTAL HEALTH NHS TRUST CHARITABLE FUNDS (1055931-8)
- CALDERDALE HEALTH SERVICES CHARITABLE FUND (1055931-9)

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EYUP

England & Wales - Charity number 1055931

Accounts

EY UP!

CHARITY

ANNUAL REPORT AND ACCOUNTS 2024/25

MHM WAKEFIELD
MENTAL HEALTH MUSEUM

Creative Minds®

Spirit in mind

Registered Charity No. 1055931

Supporting the work of

NHS
South West Yorkshire Partnership Teaching
NHS Foundation Trust

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Barnsley 10K 2024

Trustee Report

Introduction

The corporate trustee presents the EyUp! and its linked charities annual report, together with the financial statements for the year ended 31 March 2025.

The annual report and accounts for the year ended 31 March 2025 have been prepared in accordance with the Charities Act 2022 and the Charities (Accounts & Reports) Regulations 2008.

These accounts are presented with the lead charity EyUp! followed by the three linked charities of Creative Minds, Spirit in Mind and the Mental Health Museum.

Objectives and Activities

EyUp! exists to benefit the service users of South West Yorkshire Partnership NHS Foundation Trust (the Trust) across Barnsley, Calderdale, Kirklees, and Wakefield. Our funds are not used to support NHS services but to enable us to provide extras above and beyond normal NHS funding.

These can be extras for inpatient ward areas, such as games and activities, equipment for visiting rooms, resources for sports or creative activities, trips for service users or funding for community groups.

Our objectives as set out in the Trust Deed are:

> "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by South West Yorkshire Partnership NHS Foundation Trust"

During the year the charity:

- Awarded funding of £56k for projects to be spent on the objectives of the charity with designated fund holders spending £27k from individual funds. These projects will benefit over 8k staff, volunteers, service users and carers across the Trust
- Continued to build on our staff connections by attending face to face events including Trust welcome events, network events and meetings
- Continued to raise the profile of EyUp! on social media by creating case studies and good news stories
- Gained corporate support from HSBC, Tilbury Douglas, Sovereign Healthcare and Hobbycraft
- Held our first wellbeing fair at Fieldhead for staff, service users, carers, and families to attend

Achievements and performance

Grant Expenditure

During the year, the committee approved £56k funding for 78 projects to be spent on the objectives of the charity (23/24: £71k on 100 projects), with designated fund holders spending an additional £27k (23/24: £15k). These projects will benefit over 8k staff, volunteers, and service users across the Trust, **below are examples of the projects supported:**

Trustwide older people's services

EyUp! awarded £29k over two years to support the delivery of Social-Ability's interactive light therapy, aimed at transforming the care and wellbeing of older adults living with an acute mental health concern including those with cognitive challenges.

The Happiness Programme is being rolled out across five older adult inpatient wards, with a specific focus on improving clinical outcomes and wellbeing for service users.

The programme facilitates social, sensory, and cognitive activity by encouraging service users to play games and interact with each other. The light technology works by projecting images onto surfaces like tables, walls, or beds, allowing individuals to engage in games, listen to music, and interact with visual content.

The technology is designed to foster meaningful interactions, encourage social connection, and promote a healthy environment for both the people being supported and the care teams.

Jonny Hall, business operations officer and project lead, South West Yorkshire Partnership NHS Foundation Trust said "We're so thankful to EyUp! Charity for their support in the delivery of this exciting programme. Our inpatient staff are looking forward to introducing the programme to our service users and there's already a real sense of excitement about how the programme can be utilised, alongside the excellent care our teams deliver.''



One of the interactive activities within the software

Barnsley

EyUp! awarded £300 to the occupational therapy team at Kendray Hospital to go towards an art project for service users.

Service users from Beamshaw, Clark, Melton and Willow wards came together to design artwork that would brighten the space in their communal area. Together they decided to paint a tree with branches so that they could continue to add to the wall in the future.

Briar Curley, occupational therapist, Oakwell Centre said:

> *The activity brought together service users from different wards to work together. Together they have created an amazing piece of art that helped boost their mood and express their creativity.*
>
> *Although the biggest part of the project is completed, other art pieces from service users will be added to the tree over the seasons.*



Art project at the Oakwell Centre

Calderdale

Service users supported by the Calderdale early intervention in psychosis team enjoyed a day trip to Whitby with £290 of EyUp! funding.

On Friday 6 September 2024, service users enjoyed a day of exploring the beautiful Yorkshire coast with staff and volunteers. During the day they visited the gothic ruins of Whitby Abbey and the harbour, topped off with some fish and chips with a short stop off at Robin Hood's Bay for a relaxing stroll on the beach.

Julie Metcalf, volunteer and workplace development worker, Calderdale insight: early intervention in psychosis team said:

“We have done similar trips in the past which were always enjoyed by our service users and wanted to offer the opportunity for others to join.

The trip is a great way for people to connect. All the feedback has been positive, we have even had one service user who had disengaged from our service, but after the trip they reached out and invited me for a cuppa and a visit.

The trip really helped improve mood and wellbeing for our service users and they are still chatting and smiling about the day. One of our service users hadn't visited Whitby in over 40 years and it brought back some wonderful memories for them.”



Service users at Whitby

Kirklees

EyUp! awarded £300 to help a Kirklees allotment project flourish and grow to help service users focus on their recovery.

The North Kirklees early intervention in psychosis team successfully launched the allotment project a few years ago. Since then, it has been offering a safe space for service users, their families and carers, friends, and staff to enjoy gardening and socialise, which is an important part of supporting people on their recovery journey.

The group are developing their skills and learning how to grow and nourish different plants. Once they have grown their fruit and vegetables, they take them home and have been learning how to cook using them to make healthy meals.

Habib Dadhiwala, North Kirklees insight team said:

> *It is fantastic to see this project evolve each year. Just one success story is how we have supported a service user who attended our weekly sessions for three years throughout his recovery. He has shown so much passion to take this group further not only for himself but others too. He is now a fully-fledged volunteer with our Trust. It is recovery stories like this which show the impact projects like this have on people, supporting them to live well in their communities.*



Kirklees allotment group

Fundraising

We would like to thank corporate companies, members of staff and the public for taking part in events and fundraising for us. Highlights from 2024/25 include:

- Income continues from the EyUp! Lottery - £38k
- Held the second "on yer bike" charity bike ride in conjunction with Stainborough Rotary Club which raised £1,100
- Wellbeing fair was held at Fieldhead and raised £1,700, this was supported by HSBC and Tilbury Douglas
- Sovereign Healthcare awarded £7,500 to support activities on inpatient wards
- Runners completed both the Barnsley and Leeds 10k event and raised £3,400
- Had community fundraisers running, cycling, walking, skydiving, and holding events for us

EyUp! employ a fundraising team who coordinate the inhouse events and supports individuals who want to raise funds for the charity. EyUp! does not use professional fundraisers or involve commercial participators. No direct marketing was undertaken in 2024/25 this would be undertaken by the fundraising team. EyUp! is a member of the Fundraising Regulator and as such follows the Code of Fundraising Practice. Any individual raising funds for EyUp! has an agreement to sign beforehand. No complaints were received in 2024/25 in respect of fundraising activities of EyUp! (None in 2023/24)

Plans for the future

The trustee approved plans in November 2024 and March 2025 which will enable the charity to implement ideas and projects that will support the charity to grow further. Key priorities for 2025-26 include:

- Building the profile of EyUp!
- Sharing impactful case studies of projects funded by EyUp!
- Growing and strengthening income streams and our donor pool
- Increased income targets to build reserves
- Strategic partnering



Kirklees allotment group

Creative Minds

Creative Minds was set up in 2011 to support the development and delivery of creative arts, sports, recreation, and leisure-based projects to improve the lives of people who use Trust services.

Creative Minds developed into a charity hosted by South West Yorkshire Partnership NHS Foundation Trust in 2015 with over 120 community-based creative partners across Barnsley, Calderdale, Kirklees, and Wakefield. These projects offer opportunities for people who use/have previously used Trust physical and mental health services (including Yorkshire and Humber forensic secure services) to build confidence, learn new skills and develop their talents. Creative Minds know that the context in which people live their lives is the most important determinant of life expectancy, and the ambition is to make sure that every person experiencing health issues in our Trust has an opportunity to engage with meaningful activities in their community and achieve their potential.

Many people readily engage with the NHS and Creative Minds activities are complementary to the service offer. However, for people who avoid using services, reject their diagnosis, and/or disagree with a medical approach, Creative Minds offers complementary and alternative approaches in the community. Creative Minds can get alongside individuals who use services and support them to connect with meaningful activities in their communities and neighbourhoods that help individuals to regain, hope, meaning and purpose in their lives.

In 2024/25 Creative Minds had another strong year in terms of partnerships, developing over 50 projects Trustwide and reaching large numbers of diverse beneficiaries. Most partners brought their own match project funding, which enabled them to expand and develop their offer to people who use Trust services and other vulnerable people in our communities. Here are a sample of projects from across the Trust in 2024/25:

Mindful Mondays Plus, HOME, Barnsley – Chilypep

The group provided a safe space for young people to explore their emotional wellbeing and mental health with a particular focus on those who might be struggling with anxiety, depression, identity, low self-esteem. Chilypep are aware that once young people are not in education, they can become isolated from support from both peers and professionals through attending this group it would give young people access to this again. Chilypep also found a common theme that young people were struggling with sleep and had experienced some form of bullying, so they tailored sessions to explore those topics

British Urban Film Fest – film evenings in Calderdale

Film screenings project, including locally and peer made short films depicting health themes like bereavement from suicide, young people's mental health and dementia with Q and A's lead by BUFF. Films were selected from Creative Minds partners and allies inc. Men's Talk, Verd de Gris arts and film makers from the Square Lens Alliance, a group of northern England based film makers.

'Time to breathe' Cloverleaf Advocacy Carers Count service, Kirklees

A wide variety of outdoor and indoor activities to benefit carers from the Carers Count support and information service. There were five outdoor and five indoor sessions and one retreat weekend covering two sessions during the day and one evening session. People attending the sessions included carers, after carers, carer and cared for. This included those with mental health issues, dementia, and learning disabilities, BAME female-only carers, young carers, men only carers and cared for and working carers.

Chime – supporting learning disabled young people in the performing arts, Wakefield Theatre

Chime develops movement, singing and drama skills through musical theatre and popular song and a chance to meet new people, practise skills and have some fun! This is a training programme with a chance to showcase performance skills in a weekly group and an annual showcase performance on the main theatre stage.

Trustwide projects

Following the relaunch of the Good Mood Football League (GMFL) in September 2023, a full season of league fixtures was run in 2024/25 in partnership with West Riding County Football Association (WRCFA). The games took place at WRCFA HQ in Woodlesford, Leeds and at The Zone in Huddersfield. Seven teams took part in the league, all supported by NHS and community health staff from South and West Yorkshire and WRCFA won a national award for their contribution to grassroots football for their support of the GMFL. The partnerships was a runner up at the Trust's Excellence Awards.

Also returned in 2024/25 are themed fundays for adults with learning disabilities. Working with Trust learning disability services and our community partners, supporting these events, promoting good health through physical activity and

other key health messages like falls prevention, cancer awareness, physical health checks, with stalls and giveaway packs. Participants had access to a state-of-the-art multisensory room, traditional fete games, yoga and expressive dance sessions provided by our partner organisations Umbrella Yoga and Curious Motion. Our creative practitioners provided very popular themed bespoke fun song and movement based games.

Safety Nets

2024/25 is the third year of our Safety Nets programme which is run with funding from Children in Need and the Trust. The programme delivers sporting activities for children and young people with moderate to severe mental health difficulties increasing emotional resilience, improving relationships, and increasing confidence and self-esteem. Partnerships include Huddersfield Town FC Foundation, Reds in the community (Barnsley), Wakefield Trinity, Halifax Panthers, Invictus well-being, and ROKT Foundation.

Creative practitioners

Jess and Kirsty continue to provide an excellent service across our localities, on our wards, with our community services and for community groups/services. They contribute well to events across our trust including the welcome events, the staff wellbeing events.

Recent work of Jess with Calderdale services: "Calderdale creative group's art to be displayed in Culturedale 2024 exhibition. Lyndhurst and Calderdale insight team creative group, facilitated by Jess, has created a piece of artwork which has been selected to be displayed in Elland."

Kirsty has been coordinating the renewing the art work of our corridors at Fieldhead and which will be launched in May 2025. Life after stroke services – Kirsty is facilitating a series of photography workshops. The photographs from these workshops will be used to create an exhibition which will be displayed at the Cooper Gallery in Barnsley in summer 2025.

Finally, building on the success with the Caring Garden at Fieldhead gaining recognition by Yorkshire Wildlife Trust. The Caring Garden achieved a gold medal for the wildlife garden award. It has supported many people over the years and provides lots of pleasure and pride in terms of their involvement in such a special place.

Some great quotes:

> *It's an amazing group which has improved my confidence and self-esteem. It brings so much joy and happiness getting involved in all the activities and getting to make new friends.*

> *I love being able to dance and sing*

> *This was the best thing I've ever done not just in Halifax but in my life!*

> *Never give up on yourself*

Future plans



- Continue to develop our focus on the localities and communities we work in and develop new ways of funding projects through greater partnerships. Piloting this approach in all our areas in different ways, which reflects the diversity of opportunity in each district.
  - In Wakefield working with Mid Yorkshire Hospitals Teaching Trust neurology department and MY Charity. They have started to use the Caring Garden with the help from Grow Wakefield and Mental Health Museum, and we'd like to build on this approach.
  - Co-fund new projects with Prosper in Wakefield which further expands the offer.
  - Co-funded projects with Public Health and Yorkshire Sports Foundation in Kirklees and Calderdale.
- Continue to develop partnerships in Good Mood football League and have a knock out cup that will be open to teams in Yorkshire and beyond.

Spirit in Mind (SIM) is a linked charity bringing together the Trust and faith-based organisations in the area in initiatives which support positive mental health in the community.

Over the past 12 months SIM has maintained its support and involvement in training and personal development programmes for faith leaders, community activists, and Trust staff and volunteers.

This has included courses on mental health awareness, understanding the spiritual needs of minority faith groups and introductions to Islamic culture.

A training course for Ministerial students at the Al Balagh Islamic Academy focused on developing pastoral awareness of mental health needs. A similar course for final year Ordinands at the College of the Resurrection, Mirfield, also took place.

A residential wellbeing retreat for service users together with non-residential 'urban retreats' also took place. External funding for a further residential event in the late Spring of 2025 has also been secured.

The canine befriending service has continued to develop with the recruitment and training of an increasing number of volunteers taking the befriender dogs into an expanding range of Trust locations.



Some of our Canine Befrienders

SIM hosted a conference at Fieldhead in Summer 2024 on animal assisted therapies. This brought together NHS staff, leading academics, and practitioners in the field. Canine Befriender service lead Angie Barker was subsequently invited to make a presentation to the All-Party Parliamentary Dog Advisory Welfare Group at the House of Commons in January this year.

Future plans



- Continue to explore the potential ways in which the museum could become a collecting body for mental health history in the north.
- Work on our Asylum: Refugees and Mental Health project will also continue, initially with creative workshops and later a co-curated exhibition to be displayed at the museum. This work will enable us to extend our involvement in the community, meeting one of our key Equality Impact Assessment targets
- Continue to progress our working towards museums accreditation certification. This work has been ongoing since last year and will continue to document, repackage, and store our objects in compliance with best museum practices. Accreditation status will open up new channels of funding and help safeguard the sustainability of the Museum, it's collection and mission, as well as ambitions to develop in the future
- Consolidate and progress our work engaging with communities including the local community at Fieldhead, this includes continuing to pursue a rich programme of activities on the wards, in the museum and in the region, encouraging the development of our co-produced narrative and supporting people to learn new things and reach their potential

The Mental Health Museum (MHM) has been a linked charity since 2014 and is located in the heart of Fieldhead Hospital, Wakefield. The museum's extraordinary collection aims to support the empowerment of people; joining people together to combat mental health stigma, prejudice and promote mental wellbeing. The museum aims to work with its communities to co-create a mindful, knowledgeable, and active society.

Museum development and activities

2024/25 has seen the Mental Health Museum's collection and mission brought to the attention of a wider regional, national, and international audience. The year began in April with Museums and Beyond, a conference co-hosted with Huddersfield University. A day at Huddersfield University and a day onsite at the Museum introduced academics and delegates from both the UK and overseas to the unique heritage of the collection. One of the longer-term outcomes from two very stimulating days was the planned publication of proceedings, providing a valuable new study of the material culture of mental health, its collection, interpretation, and role in wellbeing.

In October, the MHM also hosted a conference for the Royal Society of Psychiatrist's Special Interest History Group. This event helped to highlight the significance of the collection and demonstrate the part West and South Yorkshire has played in the history of mental health care.

MHM has continued to raise its profile and discuss the potential of growing the collection at a meeting of northern region NHS Trust Chairs organised by Trust Chair Marie Burnham. This considered the ways the MHM might collect and safeguard mental health histories for the north of England – something that is currently not happening in any comprehensive or organised way. The MHM aims to have a leading role in protecting this under-represented heritage; and in doing so challenge the disparities of representation and stigma around mental health.

The MHM has also begun several new projects this year. The AHRC funded Asylum: Refugees and Mental Health is a three year project in partnership with Huddersfield University, Manchester Metropolitan University, the London Metropolitan Archives, and others. This project will examine the experiences of Belgian refugees in Britain after the First World War and compare these with modern day experiences of displaced people. The MHM has started building

connections with local and regional refugee support groups and project participants will help co-create an exhibition about their experiences at the museum.

Another project which started in 2024/2025 is Humanising Mental Health, a project in partnership with Spark Wakefield, Empath Theatre and Yew Tree Arts. Funded by Wakefield Council Live Well initiative, this project has seen Spark youth ambassadors explore and reinterpret objects and documentary evidence from the MHM collection to create performances and artwork. The museum has also hosted the youth ambassadors and supported their performances on Wakefield's Artwalk. More performances and an exhibition of the artwork created are planned for June 2025.

Engagement

Visitor numbers have increased again this year. The museum is used daily by service users and Trust staff who use the space for a variety of services in addition to discovering the unique collection. Included in the services we provide is a free loaning library, a toiletry shop, monthly craft activities, and a programme of special events.



Members of the Museum team with participants in the Humanising Mental Health project

The museum is on the new starter induction programme of various departments within the Trust, and there has been a substantial growth in our group visit offer. The MHM is an annual feature of several local and regional schools, colleges, and university courses with trips to the museum scheduled in their curriculum. With such a wide variety of educational settings now visiting (including alternative provision schools and international summer schools) several inclusive and interactive visitor experiences have been developed.

For educational settings that are not able to visit in person, workshops and object handling sessions are run in their organisations, objects are loaned to local universities for their lectures and there is a loan-box programme for primary school students which compares and contrasts mental health care in the past with today's practices.

Some feedback we received from our visitors in March 2025:

> "Incredible. Very friendly and welcoming"

> "The artefacts are very interesting, thank you for keeping history alive! Very informative and knowledgeable staff at the museum. A wonderful resource, please keep the museum open."

> "It was a really good visit, loved seeing the real objects. The member of staff explained so well that made it sound real."



Artist and poet L. Marie with their exhibition *The Errs That Bind Us* which was displayed at the Mental Health Museum

Events and outreach

This year several special events were run to collect people's memories and objects relating to the former West Riding mental health hospitals. This has helped build the collection and supplement some of the gaps previously identified in local and regional representation. The MHM continues to build awareness and interest through local initiatives such as Wakefield Council's Our Year events, as well as national campaigns like Heritage Open Days, all of which have been well attended. These events have established a network of interested and invested people who support the MHM and its mission.

Over the past year there has been several ways for service users and Trust staff to get involved. This has included seasonal displays in the museum reception space of artworks and decorations produced on wards and in the museum by service users. Exhibitions have included a collection of jackets created by service users in forensic settings at Fieldhead for the Big Day Out, an event day organised by the Yorkshire and Humber Involvement Network. This display received much positive feedback from our visitors and has led to further partnership work planned for later this year with the Humber Involvement Network.

The MHM has looked to increase representation of different groups in the museum, last summer working on a creative project to celebrate learning disabilities. The MHM worked with service users on the wards and with the patient experience group, as well as staff, friends, family, and carers of people with learning disabilities to create a banner of shared experience. The resulting banner, Connected Together, demonstrates many shared messages such as compassion, understanding, friendship and empowerment, and is now on display at the museum.

Another important part of work this year has been to refresh the temporary exhibition space. This area is available to local artists whose work explores themes around mental health. One exciting exhibition of artworks and poetry was, 'The Errs That Bind Us,' by local creative L. Marie. Our promotion around this exhibition included a feature in a local newspaper, an interview with the artist and the MHM curator on local radio, as well as a 'meet the artist' event at the museum. More exhibitions are planned in the coming months and will continue to champion local experts by experience artists and their work.

Wellbeing

On Mondays and Fridays MHM continues to host its wellbeing offer in partnership with our colleagues in Creative Minds. A weekly Creative Cuppa club has proven successful in providing a safe, welcoming space away from the wards. The museum also hosted a series of well attended sing-along sessions for service users funded by Creative Minds. The MHM has collaborated with our Creative Minds colleagues on various initiatives throughout the year, including jointly attending the Trust staff wellbeing day at Fieldhead Hospital and the regular welcome events to introduce new staff to the Trust. The CAB (Citizens Advice Bureau) offer has continued at our outreach services Baghill House and Drury Lane, often addressing cases that would otherwise be unheard. In year one of this project, over £430k of existing and new benefit payments have been secured for clients through this service. Success stories include one client who received a backdated payment of £25k as a result of using this service.

Future plans



Continue to explore the potential ways in which the museum could become a collecting body for mental health history in the north.

Work on our *Asylum: Refugees and Mental Health* project will also continue, initially with creative workshops and later a co-curated exhibition to be displayed at the museum. This work will enable us to extend our involvement in the community, meeting one of our key Equality Impact Assessment targets

Continue to progress our working towards museums accreditation certification. This work has been ongoing since last year and will continue to document, repackage, and store our objects in compliance with best museum practices. Accreditation status will open up new channels of funding and help safeguard the sustainability of the Museum, it's collection and mission, as well as ambitions to develop in the future

Consolidate and progress our work engaging with communities including the local community at Fieldhead, this includes continuing to pursue a rich programme of activities on the wards, in the museum and in the region, encouraging the development of our co-produced narrative and supporting people to learn new things and reach their potential

Financial review

How we funded our work, achievements and performance

In 2024/25, the charities received income of £624k (2023/24: £873k) and expended £1,210k (2023/24: £1,047k). At the end of the year the charities had a reserves balance of £1,014k (2023/24: £1,610k).

EyUp!

EyUp! received income of £108k from donations, fundraising, sale of goods, lottery, grants, and interest. This includes:

Donations, charitable activities, and trading activities (which include the EyUp! lottery and fundraising events) was £96k (2023/24: £164k), These donations are mainly from staff, service users, carers, relatives, and friends. Interest received was £12k (2023/24: £11k).

Expenditure of £238k (2023/24: £227k) was spent on grant making, staff costs, administration fee, and prizes and admin costs relating to the lottery. A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects

At 31 March 2025, EyUp! had funds carried forward of £187k, of which £54k is restricted. (2023/24: £317k - £69k restricted).

Creative Minds

Creative Minds received income of £423k, of which £249k was received from the Trust. Other income was from grants £133k (significant grants include £49k from the Trust to support the Hospital Rooms project, £35k from BBC Children in Need and £20k from Calderdale MBC), interest £41k and a few small donations.

During the year expenditure of £893k was spent, £577k was on small grants, £310k on staff costs (including staff time on grant projects) and £6k on administrative costs.

At 31 March 2025, Creative Minds had funds carried forward of £653k. (2023/24: £1,123k)

Mental Health Museum

Mental Health Museum received income of £79k, of which £60k was received from the Trust, £12k in grant funding, £2k in other donations and £5k in interest.

Expenditure of £74k was spent in year, £55k on staff costs, and £18k on charitable activities and minimal expenditure administration.

At 31 March 2025, Mental Health Museum had funds carried forward of £104k. (2023/24: £99k).

Spirit in Mind

Spirit in Mind received income of £14k, of which £10k was received from the Trust, £1k in donations and £3k in interest.

Expenditure of £15k was spent in year, £9k relates to staff costs, £5k relates to the activities of Spirit in Mind, and minimal expenditure on administration.

At 31 March 2025, Spirit in Minds had funds carried forward of £70k. (2023/24: £71k).

A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

How we manage the money

Our grant making policies

Grants are made in accordance with charity law, our constitution and the wishes and directions of donors. The Charitable Funds Committee have regard to the Charity Commission for England and Wales's guidance on public benefit and what this means for EyUp! and its linked charities.

EyUp!

EyUp! makes grants from its unrestricted funds, both general and designated funds. Any applications requesting grants over £5k are referred to the Charitable Funds Committee for a final decision.

- **General funds** – these funds are received with no particular preference expressed by donors. The income generated by the lottery is also received into general funds. On a quarterly basis, bids are invited from all services and wards across the Trust. These are then assessed by a sub-committee of

Trustwide clinical and non-clinical staff who award funding based on the application, looking at the benefits of the proposal.

- **Designated funds** – are established for a particular ward or service. Each fund has a designated fund manager who authorises expenditure from these funds at any time. Finance check that the expenditure is appropriate to the overall purpose of the Charity.

Creative Minds

Creative Minds develops community partnerships to co-fund and co-deliver projects for local people and all the projects are supported on a match-funded basis. (The term match- funded refers to the requirement of partners to provide funding of an equal or greater basis for each project).

Creative Minds invites applications for funding for each locality they work in annually. Applications are assessed through locality collectives made up of service users, carers and Trust staff using the Young foundation community development tool. Where projects show a shortfall, the collectives try to work with the organisation to strengthen the bid. The collectives also look for a balanced portfolio of projects across the Trust districts, considering the types of activity, the client group and the service that will benefit.

Spirit in Mind

SIM only makes grants when appropriate funding for such purposes has been identified.

The Mental Health Museum does not award grants.

Risk analysis

The trustee reviews risk as part of the Charity action plan at each meeting and within the business plan. The main risk facing the Charities is financial sustainability and the reduction in reserves.

- The Committee recognised that reserves have reduced, and action needs to be taken to ensure long term sustainability of all the charities, careful and prudent plans are in place for 2025/26, and close monitoring will be undertaken and reported to ensure that the Committee can take timely

action when necessary

- Inflation and the cost of living has increased; this is having an impact on the amount that people are able to donate to charity and is anticipated to continue to affect donations in 2025/26

Our investment policy

The current policy (agreed in December 2022) is to invest funds in a mix of deposit accounts. The corporate trustee takes a prudent approach to investment and holds the funds in low-risk deposit accounts across various providers.

Our reserves policy

Under the guidance of the Charities Commission booklet 'CC19, Charities Reserves' and 'Charity reserves: building resilience', the corporate trustee agreed the following reserves policy, which is reviewed annually.

EyUp! reserves policy

Funds held by EyUp! that are unrestricted are classed as reserves under Charities SORP (FRS 102).

The Charity has a general legal duty to apply charitable funds within a reasonable time of receiving them. The corporate trustee actively encourages fund managers to spend their funds and encourages staff to bid against the general-purpose funds.

The trustee policy is to keep funds to the minimum required to cover approved commitments in the belief that donations are made with the intention and expectation that they will be spent accordingly.

In order to avoid the risk of the Charity's reserves becoming overdrawn it is considered prudent to hold a minimum 3 months' operating expenditure, plus one year's salary for the charity team. If the balance fell to this level, then the committee would revise the strategy and plan for the charity.

The reserves currently stand at £47k and are calculated as follows:

Total unrestricted funds of £133k

Less designated funds £86k

Total reserves £47k

The trustee reviews the balances held in designated funds, in accordance with the provisions of the NHS Acts relating to charitable funds, to determine whether these funds are likely to be committed in the near future and the extent to which there is a continuing need identified for any particular designated fund (s). The funds are reviewed on an annual basis and any inactive funds are closed and the balance transferred to general funds.

Expenditure is reviewed quarterly at the Charitable Funds Committee to ensure that the minimum level of reserves is maintained. The committee recognise the low level of reserves and the budget for 2025/26 plans to increase this amount; this will be monitored closely in 2025/26.

Creative Minds reserves policy

Creative Minds is funded by specific grants for projects and by general contribution by the Trust. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. A minimum of three month's operating expenditure is held as reserves. A significant proportion of Creative Minds' expenditure is planned grant expenditure, so if funds are reduced to this level, then plans can be revised.

Mental Health Museum reserves policy

The Mental Health Museum is primarily funded by specific grants with small donations by visitors. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The trustee has deemed that at this point the charity does not need to hold reserves.

Spirit in Mind reserves policy

Spirit in Mind is primarily funded by specific grants. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The trustee has deemed that at this point the charity does not need to hold reserves.

Volunteers

EyUp! and its linked charities would like to thank all the volunteers who have contributed to the charities in 2024/25. This includes being part of the running of

the charities and helping make grant funding decisions for Creative Minds. They have all contributed to the success and growth of the charities and the charities continue to be grateful for their help and time.

Ambassadors

Ambassadors do not have any formal role in the governance of the charity but assist by gaining publicity and raising our profile:

The charities would like to thank the ambassadors for their continuing support.

		
Ashley Jackson - Painter	Horatio Clare - Author	Stephanie Hirst - Broadcaster

Structure, governance and management

South West Yorkshire Partnership NHS Foundation Trust is the corporate trustee of the Charity governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2022.

Corporate trustee

The corporate trustee comprises the Non-Executive and Executive Directors of the Board of South West Yorkshire Partnership NHS Foundation Trust (SWYPFT) and meets quarterly. Non-Executive directors are appointed by the Governors of the Trust and executive directors are subject to the Trust's recruitment policies. When Directors join the corporate trustee, they are introduced to the Charity, its objectives, and Charity Commission guidance (CC3).

The members of the corporate trustee have read and had regard to the Charity Commission's guidance on public benefit. They give of their free time freely and do not receive any pay, emoluments, or other financial benefit.

Those who served on the corporate trustee during the period were as follows: -

and reviewing the effectiveness of the Committee.

The members of the Charitable Funds Committee during the period were as follows: -

Name	Position
Marie Burnham	Chair
Gary Ellis (from 01/10/24)	Non-Executive Director
Mike Ford	Non-Executive Director
Mandy Rayner (left 30/09/24)	Non-Executive Director
Margaret Kitching (from 01/10/24)	Non-Executive Director
Erfana Mahmood	Non-Executive Director
Natalie McMillan	Non-Executive Director
Kate Quail (left 30/09/24)	Non-Executive Director
David Webster	Non-Executive Director
Mark Brooks	Chief Executive

Name	Position
Adele Fox (from 01/01/25)	Chief Operating Officer
Carol Harris (left 11/10/24)	Chief Operating Officer
Jon Head (from 02/09/24	Chief People Officer
Lindsay Jenson (from 01/03/24 to 01/09/24)	Interim Director of Human Resources
Dawn Lawson	Executive Director of Strategy and Change
Chris Lennox (from 12/10/24 to 31/12/24)	Interim Chief Operating Officer
Sean Rayner	Executive Director of Provider Development
Dr Subha Thiyagesh	Chief Medical Officer
Darryl Thompson	Chief Nurse and Director of Quality and Professions
Adrian Snarr	Executive Director of Finance, Estates and Resources



Dr. Subha Thiyagesh at Everest Base Camp

Charitable Funds Committee

The corporate trustee is supported in their responsibilities and duties by the Charitable Funds Committee, which meets quarterly. Their duties include managing the Trust's charitable funds in accordance with statutory requirements; ensuring expenditure is in line with the objects of the charities; delegating responsibility for the management of designated charitable funds and the linked charities; fundraising for the charity; ratifying the annual report and accounts; and reviewing the effectiveness of the Committee.

The members of the Charitable Funds Committee during the period were as follows: -

Name	Position
Erfana Mahmood (Committee Chair)	Non-Executive Director
Marie Burnham	Chair of the Trust
Mike Ford	Non-Executive Director
Dawn Lawson	Executive Director of Strategy and Change
Sean Rayner	Executive Director of Provider Development

All members of the Committee are required to undertake suitable training in order to discharge their duties as members of the Committee. Additionally, all the corporate trustee are invited and encouraged to attend the annual training session.

The Charitable Funds Committee is supported by the EyUp! Operational Management Group and the Linked Charities Group, both of which report to the Committee.

The day-to-day operations of the Charitable Funds are administered by South West Yorkshire Partnership NHS Foundation Trust.

Reference and administrative details

EyUp! is registered under the single registered number 1055931.

The governing document is a deed dated 1 April 1996.

The MHM is a linked charity registered under number 1055931-12. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by advancing the education of the public on the subject of mental health.

Creative Minds is a linked charity registered under number 1055931-13. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by relieving sickness and preserving health and wellbeing; promoting social inclusion for the public benefit by preventing people from becoming socially excluded; relieving the needs of those people who are socially excluded, and assisting them to reintegrate into society.

Spirit in Mind is a linked charity registered under number 1055931-14. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by the promotion of racial harmony for the public benefit by advancing education and raising awareness of mental health issues relating to culture and religion, and advancing racial harmony through the provision of cross-cultural activities which enhance health and wellbeing.

How to contact us

EyUp!
Fieldhead Hospital
Ouchthorpe Lane
Wakefield
WF1 3SP

External examiner
GBAC
Old Linen Court
83-85 Shambles Street
Barnsley
South Yorkshire
S70 2SB

Bankers:
National Westminster Bank
3 Ropergate
Pontefract
West Yorkshire
WF8 1LH

Internal auditors:
360 Assurance
Riverside House
Bridge Park Road
Thurmaston
Leicester
LE4 8BL

A BIG THANK YOU

On behalf of the staff and service users who have benefitted from improved services due to donations and legacies, the corporate trustee would like to thank all service users, relatives, carers, members, the general public and staff who have made charitable donations, participated in the lottery, and supported the work of the charities.

SUPPORT THE WORK OF EYUP!

THANK YOU FOR READING ABOUT THE PROJECTS THAT THE CHARITY HAS SUPPORTED THIS YEAR. THIS CANNOT CONTINUE WITHOUT ONGOING DONATIONS. FOLLOW US ON SOCIAL MEDIA TO STAY UP TO DATE ON ALL THINGS EYUP!.

@EyUpCharity @EyUpCharity @EyUpCharity

VISIT OUR WEBSITE FOR MORE INFORMATION: WWW.EYUPCHARITY.ORG

WHAT COULD YOUR GIFT BUY?

£1	COULD BUY	COLOURING PENS FOR AN ART SESSION
£10	COULD BUY	GAMES FOR A WARD
£20	COULD BUY	SEEDS AND PLANTS FOR A GARDENING GROUP
£30	COULD BUY	BOOKS TO START A WARD LIBRARY
£50	COULD BUY	ARTS AND CRAFTS MATERIALS
£100	COULD BUY	A WATER FEATURE FOR A SENSORY GARDEN
£150	COULD BUY	A DAY TRIP FOR SERVICE USERS
£300	COULD BUY	A PORTABLE PIANO FOR A WARD
£500	COULD BUY	START-UP COSTS FOR A NEW ACTIVITY GROUP

If you would like to donate:

Through your bank: Pay direct to the charity donation account.
Sort code 54-30-64. Account number 42591511.

By Just Giving: Donate online at www.justgiving.com/EyUp

By Cheque: Please make cheques payable to "EyUp!" and send to EyUp! South West Yorkshire Partnership NHS FT, Fieldhead Hospital, Block 9, Ouchthorpe Lane, Wakefield, WF13SP.

Signed: Marie Burnham

Name: Marie Burnham

Date: 30 September 2025

Statement of trustee responsibilities in respect of the trustee annual report and accounts

The trustee is responsible for preparing the trustee annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales requires the trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgments and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2022, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent examiner's report to the corporate trustee of EyUp! and its linked charities

I report to the corporate trustee on my examination of the financial statements of EYUP! for the year ended 31 March 2025 which comprises the Statement of Financial Activities, the Balance Sheet, Cash Flow Statement, and the related notes 1 to 21.

This report is made solely to the charity's trustee, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the corporate trustee of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act). You are satisfied that the charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act

Independent examiner's statement

Since the charity's gross income exceeded £250k your examiner must be a member of a body listed in section 145 of the 2022 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice

effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Victoria Jane Davies

FCCA

for and on behalf of GBAC Limited

Old Linen Court
83-85 Shambles Street
Barnsley
South Yorkshire
S70 2SB

Dated:

EyUp! and Linked Charities Consolidated Statement of Financial Activities for the year ending 31 March 2025

	Note	Unrestricted funds	Restricted funds	Total Funds 2025	Unrestricted funds	Restricted funds	Total Funds 2024
		£000	**£000**	**£000**	**£000**	**£000**	**£000**
Income from:							
Donations and legacies	4	41	322	363	72	371	443
Charitable activities	4	13	145	158	0	335	335
Other trading activities	5	42	0	42	41	0	41
Investments	7	12	49	61	11	43	54
Total income		**108**	**516**	**624**	**124**	**749**	**873**
Expenditure on:							
Raising funds	8	(115)	0	(115)	(77)	(1)	(78)
Charitable activities							
Service user education and welfare	9	(108)	(997)	(1,105)	(89)	(880)	(969)
Total expenditure		**(223)**	**(997)**	**(1,220)**	**(166)**	**(881)**	**(1,047)**
Net income / (expenditure)		**(115)**	**(481)**	**(596)**	**(42)**	**(132)**	**(174)**
Transfers between funds	20	0	0	0	0	0	0
Net movement in funds		**(115)**	**(481)**	**(596)**	**(42)**	**(132)**	**(174)**
Reconciliation of funds							
Total funds brought forward		248	1,362	1,610	290	1,494	1,784
Total funds carried forward		**133**	**881**	**1,014**	**248**	**1,362**	**1,610**

There were no other recognised gains or losses other than those listed above. All activities relate to continuing activities. Restricted funds relate to the linked charities and grants awarded from NHS Charities Together.

EyUp! and linked charities consolidated balance sheet as at 31 March 2025

Balance sheet	Note	Unrestricted funds	Restricted funds	Total Funds 2025	Unrestricted funds	Restricted funds	Total Funds 2024
		£000	£000	£000	£000	£000	£000
Current assets							
Debtors	16	15	49	64	0	1	1
Cash and cash equivalents	17	122	890	1,012	254	1,417	1,671
Total current assets		**137**	**939**	**1,076**	**254**	**1,418**	**1,672**
Liabilities							
Creditors falling due within one year	18	(4)	(58)	(62)	(6)	(56)	(62)
Accruals	18	0	0	0	0	0	0
Net current assets (liabilities)		**133**	**881**	**1,014**	**248**	**1,362**	**1,610**
Total net assets or liabilities		**133**	**881**	**1,014**	**248**	**1,362**	**1,610**
The funds of the charity:							
Restricted income funds		0	881	881	0	1,362	1,362
Unrestricted income funds		133	0	133	248	0	248
Total charity funds		**133**	**881**	**1,014**	**248**	**1,362**	**1,610**

EyUp! has two active restricted funds, NHS Charities Together,£3k (2023/24 £18k) and Wakefield Place 51k (2023/24 £51k). The other restricted funds shown here are restricted to the linked charities and are restricted to that charity as described in note 21.

Signed: Marie Burnham

Name: Marie Burnham Date: 30 September 2025

EyUp! and Linked Charities Consolidated Statement of cash flows for the year ending 31 March 2025

Statement of cash flows	Note	Total funds 2024/25	Total funds 2023/24
		£'000	£'000
Cash flows from operating activities			
Net cash provided by (used in) operating activities	19	(720)	(237)
Cash flows from investing activities			
Interest received	7	61	54
Net cash provided by (used in) investing activities		61	54
Change in cash and cash equivalents in the reporting period		(659)	(183)
Cash and cash equivalents at the beginning of the reporting period		1,671	1,854
Cash and cash equivalents at the end of the reporting period		**1,012**	**1,671**

Notes on the accounts

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2022.

The trustee has a reasonable expectation that EyUp! and its linked charities have sufficient resources to continue in operational existence for the foreseeable future being at least 12 months from the date of approval of these financial

statements. For this reason, they continue to adopt the going concern basis in preparing the accounts. In making this assertation the trustee has taken several considerations into account, budgets for 2025/26 have been approved by the trustees which demonstrate that each one has funding streams and expenditure plans in place.

These accounts are prepared and presented in GBP in round thousand pounds (£).

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund; or
- An endowment fund

Restricted funds are those where the donor had provided for the donation to be spent in furtherance of a specified charitable purpose.

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. EyUp! and the linked charities currently have no endowment funds.

Those funds which are neither endowment nor restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the trustee discretion, including the general funds which represent the Charities reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Income

All income is recognised once the charity has entitlement to the resources. It is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

When there are terms or conditions attached to income, particularly grants, these terms or conditions must be before the income is recognised as the entitlement condition will not be met until that point. Where the terms or conditions have not met, or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

Grants are received in both GBP and foreign currency; these are recognised at the rate of exchange at the date of the payment.

Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy; and
- All conditions attached to the legacy have been fulfilled or are within the charity's control

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated, then the legacy is shown as a contingent asset until all the conditions for income recognition are met

(d) Resources expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event.
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement; and
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(e)Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to third parties in the furtherance of the charitable objects of the fund.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant; and
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment

The trustee has control over the amount and timing of grant payments and consequently where approval has been given by the trustee and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is disclosed.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met, then no liability is recognised but a contingent liability is disclosed.

(f) Allocation of support costs

Support costs are those costs which do not relate to a single activity. These include some staff costs, costs of administration, internal and external examiner costs. Support costs have been apportioned to charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 12.

(g) Fundraising costs

The costs of raising funds are those costs attributable to raising income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objectives. The costs of raising funds include the prizes paid out in respect of the lottery.

(h) Charitable activities

Costs of charitable activities compromise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 12.

(i) Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

(j) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, liquid investments.

(k) Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long-term creditors.

(l) Pensions

EyUp! does not directly employ staff, staff working on the charity are directly employed by South West Yorkshire Partnership NHS FT, with the full costs recharged to EyUp! As employees of the Trust, they are entitled to join the NHS Pensions Scheme.

The Scheme is subject to a full actuarial valuation every four years, and an IAS 19 accounting valuation every year. The results from the latest valuation as of 31 March 2020 set the employer contribution rate at 23.7% of pensionable pay from 1 April 2024 (previously 20.6%).

The valuation of scheme liability in accordance with IAS19 is carried out annually by the Scheme Actuary. The latest assessment of the liabilities of the Scheme is contained in the Scheme Actuary report, which forms part of the annual NHS Pension Scheme (England and Wales) Resource Account, published annually. These accounts can be viewed on the NHS Pensions website.

(m) Judgements and estimates

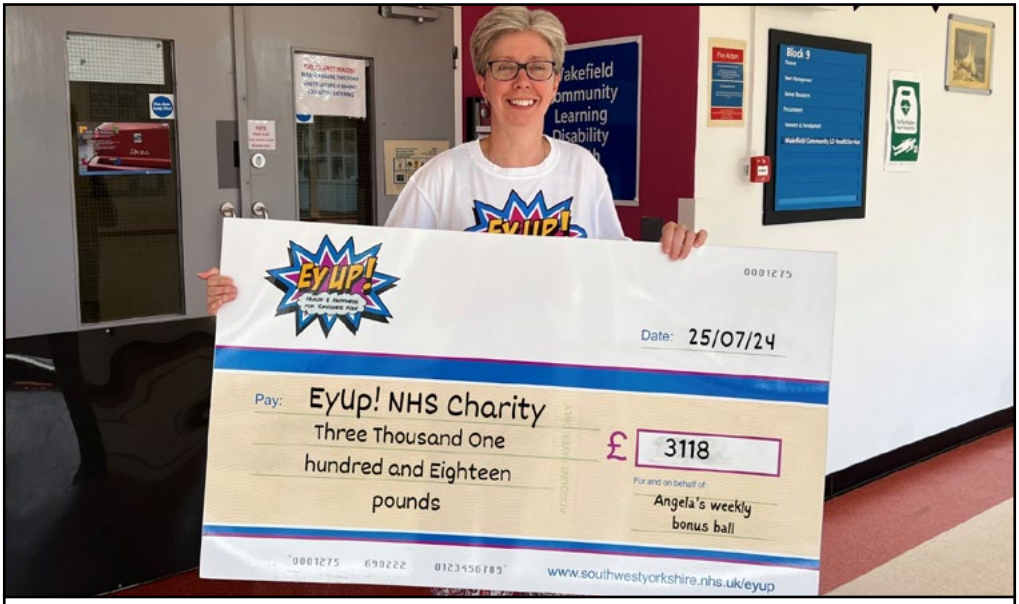
In the application of the accounting policies, the trustee is required to make judgements, estimates and assumptions about its carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

(n) Financial Instruments

The charities have financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost using the effective interest method. Financial assets are held at amortised cost.

2. Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides prior period comparatives for the statement of financial activities and the balance sheet for each of the funds included in the notes to the accounts.



Angela's weekly bonus ball donation

EyUp! unrestricted funds - statement of financial activity for the year ended 31 March 2025

	2025	2024
	£'000	£'000
Income and endowments from:		
Donations and legacies	41	72
Charitable activities	13	0
Other trading activities	42	41
Investments	12	11
Total income resources	**108**	**124**
Expenditure on:		
Raising funds	(115)	(77)
Charitable activities	(108)	(89)
Total expenditure	**(223)**	**(166)**
Net income / (expenditure)	**(115)**	**(42)**
Transfers between funds	0	0
Net movement in funds	**(115)**	**(42)**
Reconciliation of funds		
Total funds brought forward	248	290
Total funds carried forward	**133**	**248**

EyUp! unrestricted funds - balance sheet as at 31 March 2025

	2025	2024
	£'000	£'000
Current assets		
Debtors	15	3
Cash and cash equivalents	122	291
Total current assets	**137**	**294**
Liabilities		
Creditors falling due within one year	(4)	(4)
Net current assets (liabilities)	**133**	**290**
Total assets less current liabilities	**133**	**290**
Total net assets or liabilities for unrestricted funds	**133**	**290**
Total unrestricted funds	**133**	**290**

Restricted funds - statement of financial activity for the year ended 31 March 2025

2025					
	EyUp!	**Mental Health Museum**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	0	62	249	11	322
Charitable activities	0	12	133	0	145
Investments	0	5	41	3	49
Total income	**0**	**79**	**423**	**14**	**516**
Expenditure on:					
Raising funds	0	0	0	0	0
Charitable activities	(15)	(74)	(893)	(15)	(997)
Total expenditure	**(15)**	**(74)**	**(893)**	**(15)**	**(997)**
Net income / (expenditure)	**(15)**	**5**	**(470)**	**(1)**	**(481)**
Transfers between funds		0	0	0	0
Net movement in funds	**(15)**	**5**	**(470)**	**(1)**	**(481)**
Reconciliation of funds					
Total funds brought forward	69	99	1,123	71	1,362
Total funds carried forward	**54**	**104**	**653**	**70**	**881**

2024					
	EyUp!	**Mental Health Museum**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	51	60	250	10	371
Charitable activities	0	0	320	15	335
Investments	0	3	37	3	43
Total income	**51**	**63**	**607**	**28**	**749**
Expenditure on:					
Raising funds	0	0	(1)	0	(1)
Charitable activities	(61)	(63)	(730)	(26)	(880)
Total expenditure	**(61)**	**(63)**	**(731)**	**(26)**	**(881)**
Net income / (expenditure)	**(10)**	**0**	**(124)**	**2**	**(132)**
Transfers between funds	0	0	0	0	0
Net movement in funds	**(10)**	**0**	**(124)**	**2**	**(132)**
Reconciliation of funds					
Total funds brought forward	79	99	1,247	69	1,494
Total funds carried forward	**69**	**99**	**1,123**	**71**	**1,362**

Restricted funds - balance sheet as at 31 March 2025

2024					
	EyUp!	**Mental Health Museum**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	0	49	0	49
Cash and cash equivalents	54	104	661	71	890
Total current assets	**54**	**104**	**710**	**71**	**939**
Liabilities					
Creditors falling due within one year	0	0	(57)	(1)	(58)
Accruals	0	0	0	0	0
Net current assets (liabilities)	**54**	**104**	**653**	**70**	**881**
Total assets less current liabilities	**54**	**104**	**653**	**70**	**881**
Total net assets or liabilities for restricted funds	**54**	**104**	**653**	**70**	**881**
Total restricted funds	**54**	**104**	**653**	**70**	**881**

Restricted funds - balance sheet as at 31 March 2024

2024					
	EyUp!	**Mental Health Museum**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	0	1	0	1
Cash and cash equivalents	69	98	1,179	71	1,417
Total current assets	**69**	**98**	**1,180**	**71**	**1,418**
Liabilities					
Creditors falling due within one year	0	0	(56)	0	(56)
Accruals	0	0	0	0	0
Net current assets (liabilities)	**69**	**98**	**1,124**	**71**	**1,362**
Total assets less current liabilities	**69**	**98**	**1,124**	**71**	**1,362**
Total net assets or liabilities for restricted funds	**69**	**98**	**1,124**	**71**	**1,362**
Total restricted funds	**69**	**98**	**1,124**	**71**	**1,362**

3. Related party transactions

The corporate trustee governs EyUp! and its linked charities, the corporate trustee is the Trust. EyUp! has made payments to the Trust in relation to administration costs in support of grant making activities which are included in direct activity costs (note 9). The Trust has also made several grant payments to EyUp! and its linked charities, these are made on an arm's length basis.

	Total 2025	Total 2024
	£'000	£'000
South West Yorkshire Partnership NHS Foundation Trust	373	513
Total	**373**	**513**

There was £49k closing balance in debtors (2023/24: £0) and £58k (2023/24: £61k) in creditors in respect of the Trust.

EyUp! and its linked charities is a wholly owned subsidiary of South West Yorkshire Partnership NHS Foundation Trust; a NHS Foundation Trust registered in England. South West Yorkshire Partnership NHS Foundation Trust is also the ultimate parent company.

The parent undertaking of the smallest group which also includes the charities, and for which consolidated financial statements are prepared is South West Yorkshire Partnership NHS Foundation Trust.

Copies of the financial statements for this group can be obtained from:

South West Yorkshire Partnership NHS Foundation Trust

Fieldhead

Ouchthorpe Lane

Wakefield

WF1 3SP

South West Yorkshire Partnership NHS Foundation Trust is a public benefit organisation established under the National Health Service Act 2006. NHS England has the power to control the Trust within the meaning of IAS27 'Consolidated and Separate Financial Statements'.

NHS England is accountable to the Secretary of State for Health and therefore the Trust's ultimate parent is HM Government.

4. Income from donations and legacies and charitable activities

	2025			2024		
	Unrestricted funds	Restricted funds	Total 2025	Unrestricted funds	Restricted funds	Total 2024
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	32	2	34	35	54	89
Corporate donations	6	320	326	7	317	324
Legacies	3	0	3	30	0	30
Grants	13	145	158	0	335	335
Total	**54**	**467**	**521**	**72**	**706**	**778**

Analysis of Restricted Funds

	2025				2024			
	EyUp!	Creative minds	Mental Health Museum	Spirit in Mind	EyUp!	Creative minds	Mental Health Museum	Spirit in Mind
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	0	0	1	1	51	3	0	0
Corporate donations	0	249	61	10	0	247	60	10
Legacies	0	0	0	0	0	0	0	0
Grants	0	133	12	0	0	320	0	15
Total	**0**	**382**	**74**	**11**	**51**	**570**	**60**	**25**

Donations from individuals are gifts from members of the public, relatives, carers, service users and staff.

5. Analysis of income from other trading activities

	2025			2024		
	Unrestricted funds	Restricted funds	Total 2024	Unrestricted funds	Restricted funds	Total 2024
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery	38	0	38	36	0	36
Sale of goods	2	0	2	3	0	3
Fundraising events	2	0	2	2	0	2
Total	**42**	**0**	**42**	**41**	**0**	**41**

6. Role of volunteers

Creative Minds have several volunteers who sit on the locality collectives which make decisions on small grant funding.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

7. Gross investment income

	2025			2024		
	Unrestricted funds	Restricted funds	Total 2025	Unrestricted funds	Restricted funds	Total 2024
	£'000	£'000	£'000	£'000	£'000	£'000
Short term investments and deposits cash on deposit	12	49	61	11	43	54
Total	**12**	**49**	**61**	**11**	**43**	**54**

The income shown for restricted funds is split, Creative Minds £41k (2023/24: £37k), Mental Health Museum £5k (2023/24: £3k) and Spirit in Mind £3k (2023/24: £3k).

8. Analysis on expenditure on raising funds

	2025			2024		
	Unre-stricted funds	Restrict-ed funds	Total 2025	Unre-stricted funds	Restrict-ed funds	Total 2024
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery prizes	19	0	19	17	0	17
Lottery admin fee	0	0	0	0	0	0
fundraising costs	96	0	96	60	1	61
	115	**0**	**115**	**77**	**1**	**78**

9. Analysis of charitable expenditure

EyUp! did not undertake any direct charitable activities on its own account during the year. All the charitable expenditure was in the form of grant funding.

Grants were approved in favour of the partner organisations, principally the South West Yorkshire Partnership NHS Foundation Trust to carry out activities that will benefit the service users of the NHS. EyUp! incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by them.

Creative minds expenditure was in the form of grant funding; details of the significant grants are found in note 10.

Mental Health Museum and Spirit in Mind undertake direct charitable activities.

	2025				2024			
	Activities direct	Grant funded activity	Support costs	**Total 2025**	Activities direct	Grant funded activity	Support costs	**Total 2024**
	£'000	£'000	£'000	**£'000**	£'000	£'000	£'000	**£'000**
EyUp! service user activities	0	123	0	**123**	0	150	0	**150**
Creative Minds activities	345	542	6	**893**	384	341	5	**730**
Mental Health Museum activities	74	0	0	**74**	63	0	0	**63**
Spirit in Mind activities	15	0	0	**15**	26	0	0	**26**
	434	**665**	**6**	**1,105**	**473**	**491**	**5**	**969**

10. Analysis of grants

The charity does not make grants to individuals. All grants are made to the Trust or other third-party organisations.

Creative Minds significant grants 2024/25	£	No
Creative Recovery	24,348	5
ROKT Foundation	8k	2
Arch-Way Project	7,370	2
Everybody Arts CIC	7,275	2
Art House	6k	2
S2R (Support to Recovery)	4k	1
Yorkshire Youth & Music	4k	1
TCD	4k	1
Brunswick Centre	4k	1
Umbrella Yoga CIC	4k	1
Barnsley Museums and Heritage Trust	4k	1
Age UK Calderdale & Kirklees	4k	1
6 Million Plus	3,950	1
Curious Motion	3,920	1
Halifax Opportunities Trust	3,897	1
Northorpe Hall Child & Family Trust	3,600	1
Yew Tree Youth Theatre	3,500	1

Creative Minds significant grants 2023/24	£	No
Community Links	6,500	2
ROKT Foundation	5k	1
Cloverleaf Advocacy 2000 Ltd	4,525	1
IAsk (immigration and Asylum Support Kirklees)	4,500	1
Yew Tree Arts	4,500	1
Chime	4,500	1
WDH	4,500	1
Yorkshire Youth and Music	4,500	1
Growing Works	4,500	1
Grow Wakefield	4,500	1
Phoenix Radio	3,800	1
Handmade Productions CIC	3,655	1
The Hepworth	3,614	1

11. Movements in grant funding commitments accrued

	2025			2024		
	Current liabilities	Non current liabilities	Total	Current liabilities	Non current liabilities	Total
	£'000	£'000	£'000	£'000	£'000	£'000
Opening balance at 1 April	**0**	**0**	**0**	**20**	**0**	**20**
Additional commitments made during the year	164	0	**164**	113	0	**113**
Amounts paid during the year	(164)	0	**(164)**	(123)	0	**(123)**
Amounts reversed during the year	0	0	**0**	(10)	0	**(10)**
Closing balance at 1 April	**0**	**0**	**0**	**0**	**0**	**0**

The grants included are grants made by Creative Minds to external third parties where the award has been communicated.

As described in notes 9 and 10, the charity awarded several grants in the year. Many grants were awarded and paid out in the same financial year. However, some grants are multiyear grants paid over a longer period.

As the charity has control over the award and timing of grants there is little uncertainty around these payments.

12. Allocation of support costs and overheads

Support and overhead costs are allocated to charitable activities on a pro rata basis between funds. Support costs are the costs associated with the administration of the Charity. These amounts are paid directly to South West Yorkshire Partnership NHS Foundation Trust. Salaries and related costs include the costs of the staff working in the linked charities and are allocated to each individual restricted fund and the fundraiser who is allocated to unrestricted funds.

The basis of allocation used are as follows:

- Balance: Each month the charge is allocated on a pro-rata basis on the balance of each fund.
- Direct: The salaries are charged direct to each restricted fund that the post holder works for.

Charitable activities	Unre-stricted funds	Re-stricted funds	2025 Total	Unre-stricted funds	Re-stricted funds	2024 Total
	£'000	£'000	**£'000**	£'000	£'000	**£'000**
External audit	0	2	**2**	0	2	**2**
Financial administration	0	0	**0**	0	0	**0**
Miscellaneous	0	0	**0**	0	0	**0**
Salaries and related costs	84	430	**514**	46	506	**552**
Total	**84**	**432**	**516**	**46**	**508**	**554**

	2025 Total	20243 Total
	£'000	**£'000**
EyUp! – Unrestricted	84	46
EyUp! – Restricted	56	56
Creative Minds	312	388
Mental Health Museum	55	55
Spirit in Mind	9	9
	516	**554**

13. Trustee remuneration, benefits and expenses

The corporate trustee give their time freely and receive no remuneration or reimbursement of expenses for the work that they undertake as trustee.

14. Analysis of staff costs and remuneration of key management personnel

	2025	2024
	£'000	£'000
Salaries and wages	422	474
Social security costs	41	34
Employer's pension contribution	51	44
Total	**514**	**552**

	2025	2024
	£'000	£'000
EyUp! – unrestricted	84	46
EyUp! – restricted	56	56
Creative Minds	310	386
Mental Health Museum	55	55
Spirit in Mind	9	9
	514	**552**

The average number of full-time equivalent employees during the year was 15 (2024: 15) EyUp! 2 (2024: 2); Creative Minds 8 (2024: 8); Mental Health Museum 2 (2024: 2); Spirit in Mind 1 (2024:1).

One employee within Creative Minds had emoluments in excess of £60k (2024: 1).

15. Auditors' remuneration

The Auditors' remuneration of £2,400 (2024 £2,400) related solely to the independent examination with no additional work being undertaken (2024: nil).

16. Analysis of current debtors

Debtors under 1 year	2025	2024
	£'000	£'000
Trade debtors	49	1
Prepayment	15	0
Total debtors	**64**	**1**

17. Analysis of cash and cash equivalents

	2025	2024
	£'000	£'000
Cash in hand	25	197
Notice deposits (less than 3 months)	987	1,474
Total cash and cash equivalents	**1,012**	**1,671**

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

All the amounts held on interest bearing deposit are available to spend on charitable activities.

18. Analysis of liabilities

	2025	2024
	£'000	£'000
Creditors under 1 year		
Trade creditors	(62)	(62)
Accruals for grants	0	(0)
Total	**(62)**	**(62)**

There are no liabilities greater than one year in 2024/25 (nil 2023/24)

19. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2025	2024
	£'000	£'000
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	**(595)**	**(174)**
Adjustments for:		
Dividends, interest and rents from investments	(61)	(54)
(Increase)/decrease in debtors	(63)	144
Increase/(decrease) in creditors	(1)	(153)
Net cash provided by (used in) operating activities	**(720)**	**(237)**

20. Transfers between funds

There was one transfer £4k in 2024/25 in EyUp! unrestricted funds from designated funds to general funds in year, this transfer was from dormant designated funds in line with the reserves policy. (2023/24: £34k).

21. Analysis of charitable funds

(a) Analysis of restricted fund movements

	Balance b/fwd	Income	Expenditure	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
EyUp!	69	0	(15)	0	54
Mental Health Museum	99	79	(74)	0	104
Creative Minds	1,123	423	(893)	0	653
Spirit in Mind	71	14	(15)	0	70
Total	**1,362**	**516**	**(997)**	**0**	**881**

The objects of each of the restricted funds are as follows:

EyUp! has 2 restricted funds. One relates to the grants from NHS Charities Together. These grants are specifically in response to the COVID-19 pandemic.

The other restricted fund relates to NHS West Yorkshire ICB (Wakefield Place). This fund is for donations to NHS West Yorkshire ICB (Wakefield Place), but the activity benefits the service users of South West Yorkshire Partnership NHS Foundation Trust.

The **Mental Health Museum** became a linked charity in 2014/15. Its purpose is to become a leading resource for the history of mental health care, debates surrounding contemporary health care and treatments and life-long learning.

The **Creative Minds charitable trust** became a linked charity in September 2016. It works in partnership with groups and organisations to offer a range of innovative wellbeing opportunities.

Spirit in Mind became a linked charity in May 2017. Its objectives are the relief of sickness and preservation of health and wellbeing, the promotion of social inclusion for the public benefit and the promotion of racial harmony for the public benefit by raising awareness of mental health issues and promoting knowledge and mutual understanding between different racial groups.

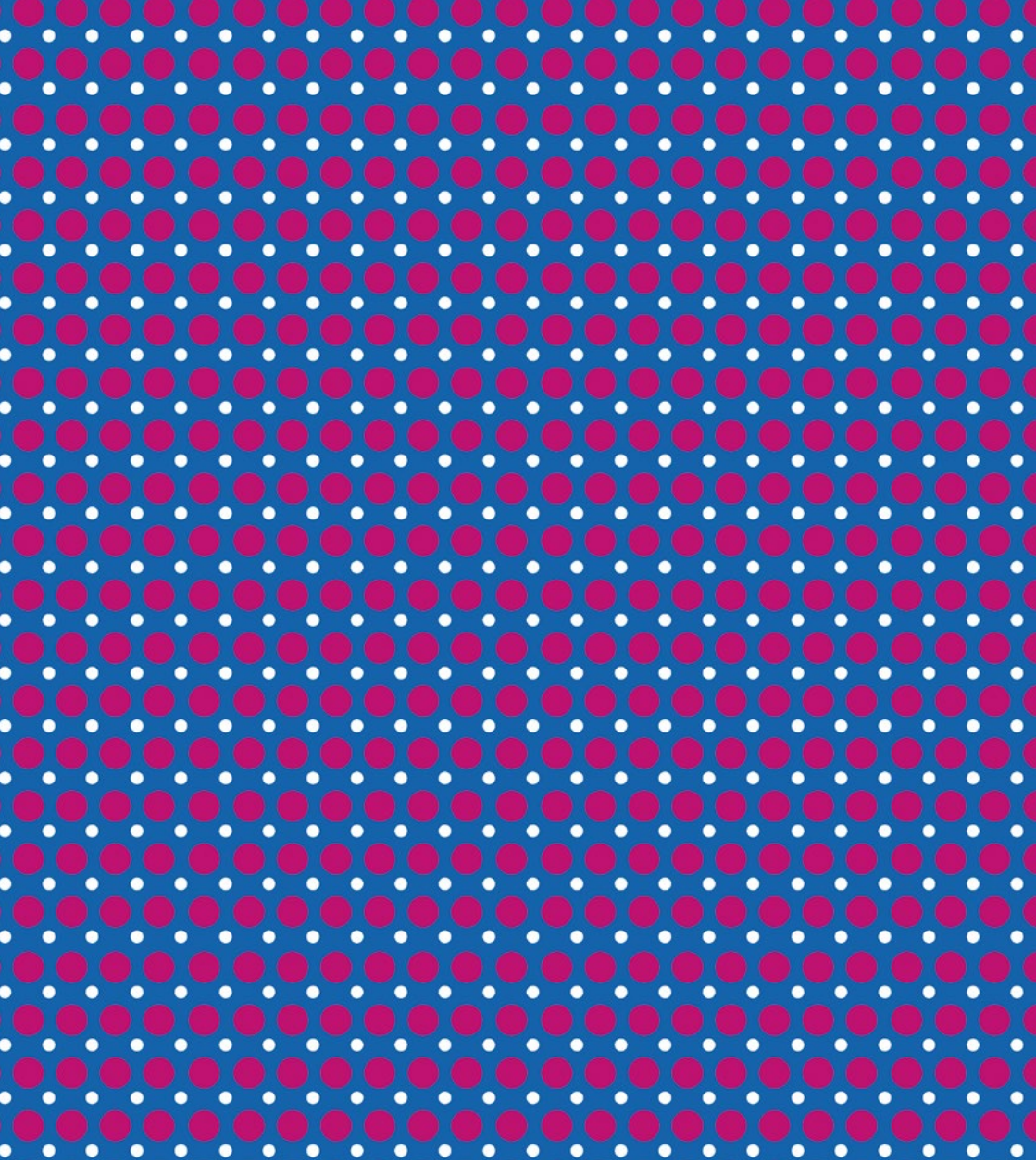
(b) Analysis of unrestricted and material designated fund movements

	Balance b/fwd	Income	Expenditure	Transfers	Fund c/fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	100	17	(27)	(4)	86
General funds	148	91	(196)	4	47
Total	**248**	**108**	**(223)**	**0**	**133**

The trustee set an opening or closing balance of £50k or above as the threshold for the separate reporting of material designated (earmarked funds). In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The objects of each of the designated unrestricted funds are as follows: Other designated funds relate to benefiting service users on wards and Trust services within South West Yorkshire Partnership NHS Foundation Trust for which donors have indicated their non-binding wishes when making their generous gifts.

The general funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent and the unrestricted income accruing to the charity. These funds are applied for any charitable purpose to the benefit of the service users of South West Yorkshire Partnership NHS Foundation Trust at the absolute discretion of the trustee.



If you require a copy of this information in any other format or language please contact the Trust.

JOB NO 5173 AUG25

EYUP

England & Wales - Charity number 1055931

Accounts

EY UP! CHARITY

ANNUAL REPORT AND ACCOUNTS 2023/24

MHM WAKEFIELD
MENTAL HEALTH MUSEUM

Creative Minds®

Spirit in mind

Registered Charity No. 1055931

Supporting the work of

NHS
South West Yorkshire Partnership
NHS Foundation Trust

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Cricket match organised in aid of EyUp! raised over £500

Trustee Report

Introduction

The corporate trustee presents the EyUp! and its linked charities annual report, together with the financial statements for the year ended 31 March 2024.

The annual report and accounts for the year ended 31 March 2024 have been prepared in accordance with the Charities Act 2022 and the Charities (Accounts & Reports) Regulations 2008.

These accounts are presented with the lead charity EyUp! followed by the three linked charities of Creative Minds, Spirit in Mind and the Mental Health Museum.

Objectives and Activities

EyUp! exists to benefit the service users of South West Yorkshire Partnership NHS Foundation Trust (the Trust) across Barnsley, Calderdale, Kirklees and Wakefield. Our funds are not used to support NHS services but to enable us to provide extras above and beyond normal NHS funding.

These can be extras for inpatient ward areas, such as games and activities, equipment for visiting rooms, resources for sports or creative activities, trips for service users or funding for community groups.

Our objectives as set out in the Trust Deed are:

> "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by South West Yorkshire Partnership NHS Foundation Trust"

During the year the charity:

- Awarded funding of £71k for projects to be spent on the objectives of the charity with designated fund holders spending £15k from individual funds. These projects will benefit over 8,000 staff, volunteers, service users and carers across the Trust.
- Continued to build on our staff connections by attending face to face events including Trust welcome events, network events and meetings.
- Held our first EyUp! Fest which raised over £2,000.
- Raised the profile of EyUp! on social media by creating case studies and good news stories.
- Created awareness videos for UK Charity Week.
- Increased the capacity of the fundraising team thanks to the development grant funding from NHS Charities Together.

Achievements and performance

Grant Expenditure

During the year, the committee approved £71k funding for 100 projects to be spent on the objectives of the charity (22/23 £56k on 55 projects), with designated fund holders spending an additional £15k (22/23 £13k). These projects will benefit over 8,000 staff, volunteers, and service users across the Trust. **Below are examples of the projects supported:**

EyUp! awarded funds to **The Exchange Recovery College, Barnsley** to buy utensils for their new cooking group sessions.

Learners at the college wanted guidance on making simple economical meals and were keen to take part in a cooking group. Thanks to EyUp! they received nearly £300 to buy kitchen essentials like pans, knives and cooking utensils to support the launch of their 'cooking corner' group.

'Cooking corner' takes place every six weeks and has given learners the opportunity to learn new skills and techniques for cooking. They can also then take their food home. Learners have also been able to socialise with others on the course, sharing ideas and skills with their peers.

Samantha Hill, community supporter at The Exchange Recovery College commented:

> "Service users have benefited from learning to cook meals in a supportive and friendly environment. There is laughter and joy during the sessions and people can make friends with others."



Samantha Hill used EyUp! funds to support cooking group sessions at The Exchange Recovery College

The **community learning disability team in Wakefield,** with support from EyUp! charity, hosted two events during Learning Disability Week to promote their service to their local community.

£200 of funding was awarded to the team to help provide refreshments and resources for the events so that service users, their carers, family members and social care staff who support people with learning disabilities could attend. The events were held at Agbrigg and Belle Vue Community Centre, Wakefield and The Hut, Airedale, and helped raise awareness of the team, the service offer, and how people can access the service in Wakefield.

Deborah Gittins, strategic health facilitation lead in the community learning disability team, said

> *"The events were a huge success, and we had the opportunity to speak to people in the community and raise awareness about our service."*



Catherine Horbury, Peer support worker and Deborah Gittens, Strategic health facilitator attended the Learning Disability Weeks to promote the service in their community

Children and families in Barnsley were able raise awareness of epilepsy thanks to funding from EyUp! charity. £300 was awarded to the **paediatric epilepsy service in Barnsley** who used the funds to mark Purple Day, an international day to raise awareness of epilepsy. The team wanted to share their enthusiasm with the children of Barnsley to bust myths and raise children's confidence in managing their condition.

Epilepsy nurse specialist Sharron Hoyle said:

> *Taking part in the event helped to relieve anxieties and make our clinics a happy place to be for patients, families and staff which we feel will continue over the coming months. It also helped to bond teams with our partners at Barnsley Hospital and the patients were very happy to have been a part of it.*



Service users and staff celebrating #PurpleDay

Newhaven at Fieldhead was awarded £275 to start a fishing group. A staff member said: *"Thank you so much for the funding of this equipment, fishing is not something I particularly have done in the past or know much about, but I do know it is very popular with our service users, many having done it growing up and having fond memories of. It is a very relaxing environment and gives them much-needed respite from the sometimes high stimulus environment of mental health wards. A great way to engage with service users therapeutically with a more gentle outdoor activity other than more physical sports and gardening for example."*



Newhaven service users enjoying a fishing session

Projects have continued to be funded in **Kirklees** to tackle health inequalities following on from funding from NHS Charities Together. This included £960 to **Umbrella Yoga,** who hosted sessions in collaboration with the Age Well Hope Café to support people who have suffered a bereavement, many of whom have become isolated and experience poor mental health.



Umbrella Yoga session

Fundraising

We would like to thank corporate companies, members of staff and the public for taking part in events and fundraising for us. Highlights from 2023/24 include:

- Income continuing from the EyUp! lottery £36k
- The first EyUp! Charity Fest held at Venue 23 in Wakefield raising £2.1k
- A charity bike ride held in conjunction with Stainborough Rotary Club raising £1.5k
- Big Tea events organised and supported across our communities raising £3.2k
- Community fundraisers running, cycling, walking, skydiving and holding events for us.

EyUp! employ a fundraising manager who coordinates the in-house events and supports individuals who want to raise funds for EyUp!. EyUp! does not use professional fundraisers or involve commercial participators.

No direct marketing was undertaken in 2023/24. This would be undertaken by the fundraising manager.

EyUp! is a member of the Fundraising Regulator and as such follows the Code of Fundraising Practice. Any individual raising funds for EyUp! has an agreement to sign beforehand. No complaints were received in 2023/24 in respect of fundraising activities of EyUp! (none in 2022/23).



Peter raised over £3k for The Poplars in memory of the care given to his wife



Charity bike ride with Stainborough Rotary Club



The Big Tea event at Fieldhead, supported by Wakefield Trinity and Morrisons as well as our fantastic volunteers

Plans for the future

The trustee approved plans in March 2024 which will enable the charity to implement ideas and projects that will support the charity to grow further. Key priorities for 2024-25 include:

- Building the profile of EyUp!
- Sharing impactful case studies of projects funded by EyUp!
- Growing and strengthening income streams and our donor pool

Creative Minds was set up in 2011 to support the development and delivery of creative arts, sports, recreation, and leisure-based projects to improve the lives of people who use Trust services.

Creative Minds developed into a charity hosted by South West Yorkshire Partnership NHS Foundation Trust in 2015 with over 120 community-based creative partners across Barnsley, Calderdale, Kirklees and Wakefield. These projects offer opportunities for people who use/have previously used Trust physical and mental health services (including Yorkshire and Humber forensic secure services) to build confidence, learn new skills and develop their talents. Creative Minds know that the context in which people live their lives is the most important determinant of life expectancy, and the ambition is to make sure that every person experiencing health issues in our Trust has an opportunity to engage with meaningful activities in their community and achieve their potential.

Many people readily engage with the NHS and Creative Minds activities are complementary to the service offer. However, for people who avoid using services, reject their diagnosis, and/or disagree with a medical approach, Creative Minds offers complementary and alternative approaches in the community. Creative Minds can get alongside individuals who use services and support them to connect with meaningful activities in their communities and neighbourhoods that help individuals to regain, hope, meaning and purpose in their lives.

In 2023 Creative Minds benefitted from extra funding from the Trust, achieving record numbers of projects developed and beneficiaries. Most partners received uplifts to their project funding, which enabled them to expand and develop their offer to people who use Trust services and other vulnerable people in our communities.

A significant achievement in 2023 was the work done with Kirklees Year of Music for their health and wellbeing strand, co-funding and commissioning 16 wide-ranging projects to directly benefit 2,300 people. There have been many highlights to this work throughout the year with projects and approaches being shortlisted for a special 'Music and Culture for Wellbeing' award in the Northern Music Awards. Kirklees Year of Music gave people who use services locally many ways to engage in music and this work was enhanced with support from our creative practitioners on wards and in the community. The projects were delivered with many different demographic groups and with a wide range

of health needs in mind. Creative Minds sourced £81.5k in funding which was matched by £105K from partners who delivered the projects.

Another highlight of the year was a conference, held in partnership with the University of Huddersfield and hosted at the prestigious Oastler building on the campus, to celebrate 10 years of Creative Minds. Throughout the celebration, guest speakers shared their experiences and thoughts of why creative approaches can play an important part in healthcare and a person's recovery. Attendees took part in creative taster sessions which included crafting, performance, writing and activities such as yoga and dance. People also took part in conversation forums about how people with lived experience are a key part of the creative approach to mental health and wellbeing. Local groups also demonstrated how creativity is helping people they work with, including Hoyland Community Choir, Eden's Forest CIC and Heavy Metal Therapy group. It was lovely to welcome over 100 attendees: people who attend projects, partners and staff to reflect on key achievements from the past 10 years and look at visions for the future. We'd like to thank all those who joined us.

In September 2023 a tournament was organised to mark the relaunch of the Good Mood Football League (GMFL). The tournament was organised in partnership with West Riding County Football Association (WRCFA) and took place at their training ground in Rothwell. The relaunch tournament was a very symbolic for the GMFL, which has not been able to carry out its regular fixtures since Covid restrictions in 2020. Six teams took part in the tournament, all supported by NHS and community health staff from South and West Yorkshire. The day felt like a long time coming which made it even more joyous and a real special occasion.

Work continues to explore how to develop and package the Creative Minds model so that it could help other organisations to follow. We are working with the University of Huddersfield through Accelerated Knowledge Transfer Partnership (AKTP) to establish the feasibility of these developments. The AKTP has been successful in identifying core aspects and ideological concepts about Creative Minds that are seldom seen within this space, as well as identifying future steps that enhance their offer.

This research shows Creative Minds has the potential to create real and meaningful change within the mental health space, creative sector and beyond; however external organisations and potential partnerships must become

receptive to, or prepare to consider and accept, a new method of recovery to bring around change.

Further developments that support this work is a formal partnership with Implementing Recovery through Organisational Change (ImROC). Creative Minds will provide a creative community development element to the ImROC offer which works both nationally and internationally. A briefing paper has been developed that organisations could choose as part of broader package. ImROC have massive reach around the world and this is a real opportunity scale up the Creative Minds approach. Work will start on this locally with Creative Wakefield, where Creative Minds has been invited to be the health lead for this pioneering approach. Other conversations are happening with other local Trusts about how we can support similar developments in their organisations.

Finally one of Creative Minds' first projects, the caring carden at Fieldhead, was submitted to the national Building Better Healthcare Awards. We were very proud to be given the very special Patient Choice Award, which is awarded to projects that have the biggest impact on patient care. The caring garden is a special place that people on the Fieldhead site really value, and it was a pleasure to get this national recognition.

Big thanks to everyone who has supported us over the last 12 months and we look forward to your continued support.

Creative Minds supported 40 projects in 2023/24 with 80 partners, delivering over 22,000 contacts with service users (2022/23 59 projects with 102 partners and 24,000 contacts). Below are some examples.

Wakefield Yew Tree - Wakefield LitFest

This was a peer-led project commissioning a portfolio of plays written by talented young playwrights with a love of words. The project was largely completed on 16 September 2023 when all eight of the commissioned plays by Wakefield writers and directed by directors from Wakefield were performed at the Mechanics Theatre as part of a festival of new work. The 14 writers and performers who took part were watched by over 75 people.

Partnerships were formed with Wakefield Theatre Royal, Wakefield College, Wakefield Libraries, The Hepworth, Yew Tree Youth Theatre, Hatch, Long Division, Wakefield Museums, and Wakefield and District Housing (WDH) who provided the writers with a creative prompt from their organisation which formed the original inspiration for the plays. Wakefield College also supplied their theatre for the final performance.



Wakefield LitFest performance

Barnsley Young Writers - Hive

Barnsley Young Writers is Hive South Yorkshire's hub for young writers aged 14-19. Hive has hubs and projects all over South Yorkshire to support young people aged 14-30 with creative writing mentoring and opportunities.

Barnsley Civic has been the home of Barnsley Young Writers and Hive's Barnsley partner since 2020. Before the pandemic, most of the group were aged around 18-19, but since re-recruiting in February 2022, most recruits are aged 14 -17.

Sessions run every two weeks during term time on Friday nights, with stand-

alone sessions in holidays. An average of 12-15 young people attend each session. Most sessions have writing activities delivered by award winning fiction writer Nik Perring, designed to develop different skill sets. The group often take part in writing competitions.

Because the group is based at the Civic, they have the opportunity to take part in other projects, including Teenage Wildlife – a Historic England-funded project exploring 70 years of Barnsley youth culture. Members have also performed their creative writing in front of a sold-out spoken word event at Sheffield Leadmill.

Kirklees – The Lawrence Batley Theatre – 'Song Geet South Asian Women's Choir'

The aim of the project was to work with the theatre's community ambassador Madiha Ansari to launch a dedicated South Asian women's choir in Kirklees, using song and music to explore and celebrate South Asian heritage. A further objective was to provide a safe creative space for South Asian women, reducing isolation and loneliness and improve mental health and wellbeing.

Delivery included providing a range of tasters (10 in total) across various community venues in Kirklees including libraries serving South Asian communities (Batley, Dewsbury, Greenwood Centre, Heckmondwike) and other venues (Springfield College, 2 canal trips out of Mirfield, Lawrence Batley Theatre)

This was followed by 10 rehearsals based principally at Lawrence Batley Theatre/ Dewsbury Library/Greenwood Centre where new members were integrated into the choir in preparation for the multi-cultural song and dance celebration, Rasm-e-Milan, at Lawrence Batley Theatre. This had 57 direct beneficiaries.

The group are continuing to get enquiries from potential new members. Their plan is to expand the group, run regular rehearsals and develop the skills and confidence of their members. The group continue to get requests to perform. They would like to work towards their own ticketed concert in a small, intimate venue within a year.

Lawrence Batley Theatre plan to continue to support the group with space and other resources and to support the group to secure further funding.

Calderdale – Curious Motion CIC – The Welland Activator for the over 55s

The Welland Activator for People over 55 was a creative health project consisting of accessible dance and movement activities for, by, and with people aged over 55 in Elland and the lower valley of Calderdale.

This was delivered through:

- 31 'Brews & Grooves' sessions – fun and informal dance sessions followed by a hot drink for people over 55. Sessions ran weekly in Elland throughout the project and were facilitated by local professional dance artist and Curious Motion's artistic director Samantha McCormick, who has been working with older people for over 15 years.

- 7 taster workshops – we visited groups and organisations across the local area to offer taster dance workshops. This included Overgate Hospice, Age UK, The Together Group at Southgate Church, Railway Bridge View, St Andrew's Court (Together Housing), Hamerton Close (Together Housing), and Focus 4 Hope.

- 10 'Welland Walks' – we established a monthly walking group, led by two of Curious Motion's volunteers aged over 55. 'Welland Walks' are accessible and pressure-free walking experiences, finishing with a brew together.

Feedback included:

"I feel connected, supported and a valued member of the group."

"I feel more confident in trying new things and expressing myself due to the sense of solidarity and togetherness that the group has created."

If you feel that the Creative Minds approach could help you to find a creative passion that would improve your health and wellbeing, get in touch at **creativeminds@swyt.nhs.uk** or find more information at **www.creativemindsuk.com**

Future plans



Over the next 12 months the aim is to restore the regular Good Mood League fixtures and to encourage practise games inbetween linking up teams in the league and beyond. The aim is to also build on our partnership with WRCFA and restore ongoing partnerships with the charity arms of local clubs such as Huddersfield Town Foundation and Reds in the Community in Barnsley.

We also want to continue working with the University of Huddersfield and IMROC to develop further our options to strengthen our model to develop new partnerships and opportunities for Creative Minds.

Spirit in mind

Spirit in Mind (SIM) exists to encourage and support faith based and holistically orientated organisations towards greater engagement with the mental health needs of their local communities, memberships and networks.

The past twelve months has been one of steady growth with the roll out of a number of projects partnered with faith-based organisations and the continued development of an interfaith training programme on mental health related issues. SIM's pioneering role in championing animal assisted therapies (AAT) within mental health care received further recognition with the completion of an externally funded base on the Fieldhead site. 'The Pad' was opened by Dr Elizabeth Ormerod, chair of the Society for Companion Animal Studies, at a ceremony in December 2023. The Pad is now fully operational with activities taking place on a daily basis.



'The Pad' canine lodge

Training and communication

- The recently published mental health handbook 'Mental Health, Spirituality and Wellbeing' (Pavilion 2022) contains a chapter on the staff and volunteer training programme developed by the Trust's pastoral and spiritual care team. This reference to SIM's strategy and outreach has continued to support

and raise awareness of SIM's educational and training profile. Over the past year this has included introductory and advanced courses with the Al Balagh Academy on mental health chaplaincy and training events for Trust and other NHS staff and volunteers on understanding Islam.

- One day courses for Muslim women on understanding mental health issues were also successfully run at several locations within the Trust area.
- A day workshop on Christian and Muslim understandings of mental health was held at the Ravensthorpe Community Centre in November 2023 and a similar event is in planning for later in 2024.
- A three-day residential wellbeing event for service users was held in July 2023. Funding has been secured for one or two further events in the coming financial year.
- Offering two day Mental Health First Aid training for faith leaders has continued to be a priority with two courses run at Dewsbury Minster over the past year.
- The USA based bereavement trainer Ted Bowman led a day workshop for over 60 Trust staff and faith leaders: 'Living Well with Ambiguity: Losses, Hopes and Future Stories' in April 2023. The hope is to be able to invite Ted back for further bereavement support related training within the coming year.
- The success of the 'Natural healing: Ecology and wellbeing' conference in March 2023 is being followed up by a further conference on animal assisted therapies' at Fieldhead in July 2024.
- Recently SIM was profiled at a mental health and spirituality event at Halifax Minster, part of the Lenten 'Festival of Faith' programme.

Faith community partnerships

The year to March 2024 saw continuing service user support partnerships with a number of faith-based organisations including:

- Huddersfield Parish Church
- St Augustine's Centre, Halifax
- St Catherine's Church, Wakefield

- St Bartholemew's Church, Marsden
- Lakeside Creative Arts, Newmillerdam

Funding has been secured and planning is taking place for a further outreach of the partnership working programme in 2024/25.

Funding

SIM's continued development is largely reliant upon the successful sourcing of project funding from grant awarding organisations. Recruitment to a SIM development worker post in the first half of 2024 will provide significantly increased fundraising support.

Earlier awards in 2024 from the Marshall and Viggars Charitable Trust and from EyUp! have funded procurement of canine training equipment and the recruitment and training of a new cohort of canine befrienders. An award of £30,000 from Royal Canin International was received in full over the past year, allowing the completion of an operating base for the service at Fieldhead.



Canine befriender volunteers

MENTAL HEALTH MUSEUM WAKEFIELD

The Mental Health Museum (MHM) has been a linked charity since 2014 and is located in the heart of Fieldhead, Wakefield. The museum's extraordinary collection aims to support the empowerment of people; joining people together to combat mental health stigma and prejudice, and promote mental wellbeing. The museum aims to work with its communities to co-create a mindful, knowledgeable and active society.

Museum development and activities

This year has marked considerable investment in working with the collection, both behind the scenes and in enhancing displays. Work has included cataloguing and repackaging the unique objects in improved storage facilities. More objects have been brought out of store to develop some new themes within the museum. These have included artefacts and photographs to tell the story of the birth of the asylum and objects exploring the experience of working in hospital.

The development of displays has been supported by the expansion of the MHM collecting programme. This included working with the Retreat Hospital in York to safeguard some important items from their site for the future. MHM have been incredibly grateful too for the generous contribution of staff to new object displays and have benefited greatly from their insights into the experience of working in hospitals, including adding to our oral histories of Stanley Royd. MHM has also been continuing to collect and display objects and artworks from individuals with experience of mental health conditions. Working alongside experts by experience the MHM has been able to explore and enhance new themes around labelling, identity, stigma, activism, empowerment and wellbeing. These new displays help open up conversations about mental health and tackle mental health stigma.

Development work has also included fantastic improvements to our outside spaces thanks to the gardening team. This area now provides a welcome quiet space for visitors and also enables us to expand our display with new features including historic objects in our History Garden. These include the plough once used when there was a working farm as part of the hospital estate.

Engagement

Visitor numbers have continued to expand. These have included a considerable increase in group visits from staff, schools and colleges and groups in the community. The MHM has had some encouraging feedback from these visits, including individuals commenting on the importance of a place for safe conversations about mental health:

"Really interesting. The personal views of the patients really helps connect with their experiences. Thank you for a really informative exhibition."

"What a brilliant walk-through history and a display of real experiences of the past. Thank you."

Work continues to expand our digital presence, including through a new social media campaign called '50 Years, 50 Objects' which marks the beginning of a celebration of 50 years of the Mental Health Museum. It has been wonderful to engage with people across the world in conversations about mental health through heritage objects.



Exploring together our ways to wellbeing with collaged artworks, Heritage Open Days 2023

Events and outreach

Our events programme has expanded to explore our stories in new ways. For Heritage Open Days in autumn, people were asked to share ideas around what helped with wellbeing. Staff and visitors explored this theme in collaged artwork that will form part of the display in the museum. MHM was pleased to have contributions from Fieldhead service users and enjoyed expanding our engagement on the wards this year, working alongside our Creative Minds colleagues to provide activities that help form part of the displays in the museum. This year, this has included a lovely display to welcome spring, colourful postcards to celebrate NHS @ 75 and fantastic and thought-provoking work on the theme of remembrance. In the outside spaces this included the continued offer of a wildlife club, exploring birds, bugs and plant life in the caring garden at Fieldhead.

Work continues on initiatives to take our objects and stories out to new audiences. This has included taking objects 'on the road' to engage with audiences at the Creative Minds conference, Leeds Trinity University and at the Arthouse in Wakefield for our legacy project with colleagues at Outside In. The legacy project was devised as an extension to New Dialogues and enabled us to continue to build responses to the collection with artists that have engaged with the museum across the past three years.

The MHM is also delighted to have trialled a first outreach box for schools. This pilot scheme included providing a range of objects and documentation exploring nursing being delivered to a local primary school. The response was great and it has since been rebooked.

Four satellite museum cases are now in place at Baghill House, Drury Lane, Laura Mitchell Health and Wellbeing Centre and the learning and development centre at Fieldhead. The sites introduce themes of food, occupation and recreation at Stanley Royd Hospital and hope to enhance the interest in these waiting rooms along with encouraging people to visit the museum to find out more.

The MHM continues to build partnership links with other heritage organisations and academic bodies to exchange knowledge and develop best practice. MHM co-curated an international conference with the University of Huddersfield: 'Museums and Beyond: Public Histories of Mental Illness in the 21st Century'. This took place on 10 and 11 April 2024 and attracted speakers from around the world.



The museum out and about – satellite display in the Laura Mitchell Health and Wellbeing Centre, Halifax



Exploring the MHM collection with young visitors

Wellbeing

On Mondays and Fridays MHM continues to host its wellbeing offer. This has delivered activities for people at Fieldhead including the Creative Cuppa Club. In addition, CAB Citizens Advice Wakefield District was awarded funding from the Nova Wakefield District Community Mental Health Provision Fund to work in partnership with the Trust to develop a general outreach service at two locations in the district. Drury Lane and Baghill House now have weekly sessions. Several sessions have been held at the museum.

Future plans



Work has started on potential ideas for the museum development, including possible roles in regional collecting of the material culture of mental health, expanding our space and the offer to people receiving treatment on site. MHM would like to consult staff and service users about what they would like to see from the museum and plan to incorporate this consultation into our Heritage Open Day activities in the autumn.

New projects coming online in 2024/25 include the Arts and Humanities Research Council-funded project Asylum: Refugees and Mental Health alongside the University of Huddersfield and Utrecht University. This project will run from 2024-2027. As part of this bid the museum has been awarded c. £26,000 which includes funding to project manage engagement and exhibition elements. This work will enable us to extend our involvement in the community, meeting one of our key equality impact assessment targets.

Financial review

How we funded our work, achievements and performance

In 2023/24, the charities received income of £873k (2022/23 £1,478k) and expended £1,047k (2022/23 £1,149k). At the end of the year the charities had a balance of £1,610k (2022/23 £1,784k).

EyUp!

EyUp! received income of £175k from donations, fundraising, sale of goods, lottery, grants, and interest. This includes:

Donations and trading activities (which include the EyUp! lottery and fundraising events) have increased from £62k (2022/23) to £164k (2023/24). These donations are mainly from staff, service users, carers, relatives, and friends. Interest received has increased from £2k (2022/23) to £11k (2023/24) due to increased interest rates.

Expenditure of £227k was spent on grant making, staff costs, administration fee, and prizes and admin costs relating to the lottery. A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

At 31 March 2024 EyUp! had funds carried forward of £317k, of which £69k is restricted (2022/23 £369k, £79k restricted).

Creative Minds

Creative Minds received income of £607k, of which £443k was received from the Trust. Other income was from grants of £120k (significant grants include £33k from NHS Charities Together, £25k from BBC Children in Need, £46k from The National Foundation and £9k from University of Huddersfield), interest of £37k and a few small donations.

During the year expenditure of £731k was spent. £341k was on small grants, £384k on staff costs (including staff time on grant projects), £1k on raising funds and £5k on administrative costs.

At 31 March 2024 Creative Minds had funds carried forward of £1,123k (2022/23 £1,247k).

Mental Health Museum

Mental Health Museum received income of £63k, of which £60k was received from the Trust and £3k in interest.

Expenditure of £63k was spent in year. This included £60k on staff costs, and £3k on charitable activities and minimal expenditure administration.

At 31 March 2024 Mental Health Museum had funds carried forward of £99k. (2022/23 £99k)

Spirit in Mind

Spirit in Mind received income of £28k, of which £10k was received from the Trust, £15k in grants and £3k in interest.

Expenditure of £26k was spent in the year. £10k relates to staff costs, £15k relates to the activities of Spirit in Mind including the canine befriending project, and minimal expenditure on administration.

At 31 March 2024 Spirit in Mind had funds carried forward of £71k (2022/23 £69k).

A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

How we manage the money

Our grant making policies

Grants are made in accordance with charity law, our constitution and the wishes and directions of donors. The charitable funds committee have regard to the Charity Commission for England and Wales's guidance on public benefit and what this means for EyUp! and its linked charities.

EyUp!

EyUp! makes grants from its unrestricted funds, both general and designated funds. Any applications requesting grants over £5,000 are referred to the charitable funds committee for a final decision.

- General funds – these funds are received with no particular preference expressed by donors. The income generated by the lottery is also received into general funds. On a quarterly basis, bids are invited from all services and wards across the Trust. These are then assessed by a sub-committee of Trustwide clinical and non-clinical staff who award funding based on the application, looking at the benefits of the proposal.

- Designated funds – are established for a particular ward or service. Each fund has a designated fund manager who authorises expenditure from these funds at any time. Finance check that the expenditure is appropriate to the overall purpose of the charity.

Creative Minds

Creative Minds develops community partnerships to co-fund and co-deliver projects for local people and all the projects are supported on a match-funded basis. The term match- funded refers to the requirement of partners to provide funding of an equal or greater basis for each project.

Creative Minds invites applications for funding for each locality they work in annually. Applications are assessed through locality collectives made up of service users, carers and Trust staff using the Young Foundation community development tool. Where projects show a shortfall, the collectives try to work with the organisation to strengthen the bid. The collectives also look for a balanced portfolio of projects across the Trust districts, considering the types of activity, the client group and the service that will benefit.

Spirit in Mind

SIM only makes grants when appropriate funding for such purposes has been identified.

Mental Health Museum

The Mental Health Museum does not award grants.

Risk analysis

The trustee reviews risk as part of the charity action plan at each meeting and within the business plan. The main risk facing the charities is financial sustainability.

- The EyUp! fundraiser was appointed to mitigate this by being a dedicated resource to increase income through several different funding streams. The effectiveness of this is reviewed at each meeting and success is being achieved. Following the receipt of a development grant from NHS Charities Together in 2022/23, the two additional posts have been successful and were approved by the charitable funds committee to be permanent posts in March 2024.

- The linked charities are revising their strategies and producing clear business plans which will be actioned and monitored to ensure they are sustainable in the future. Work has continued in 2023/2024.

- Inflation and the cost of living has increased. This is having an impact on the amount that people are able to donate to charity and is anticipated to continue to affect donations in 2024/25.

Our investment policy

The current policy (agreed in December 2022) is to invest funds in a mix of deposit accounts. The corporate trustee takes a prudent approach to investment and holds the funds in low-risk deposit accounts across various providers.

Our reserves policy

Under the guidance of the Charities Commission booklet 'CC19, Charities Reserves' and 'Charity reserves: building resilience', the corporate trustee agreed the following reserves policy, which is reviewed annually.

EyUp! reserves policy

Funds held by EyUp! that are unrestricted are classed as reserves under Charities SORP (FRS 102).

The charity has a general legal duty to apply charitable funds within a

reasonable time of receiving them. The corporate trustee actively encourages fund managers to spend their funds and encourages staff to bid against the general purpose funds.

The trustee policy is to keep funds to the minimum required to cover approved commitments in the belief that donations are made with the intention and expectation that they will be spent accordingly.

To avoid the risk of the charity's reserves becoming overdrawn, it is considered prudent to hold a minimum 3 months' operating expenditure, plus one year's salary, for the charity team. If the balance fell to this level, then the committee would revise the strategy and plan for the charity.

The reserves currently stand at £149k and are calculated as follows:

Total unrestricted funds of	£248k
Less designated funds	£99k
Total reserves	**£149k**

The trustee reviews the balances held in designated funds, in accordance with the provisions of the NHS Acts relating to charitable funds, to determine whether these funds are likely to be committed in the near future and the extent to which there is a continuing need identified for any particular designated fund(s). The funds are reviewed on an annual basis and any inactive funds are closed and the balance transferred to general funds.

Expenditure is reviewed quarterly at the charitable funds committee to ensure that the minimum level of reserves is maintained. Reserves are currently slightly higher than the minimum required, it is anticipated that these will reduce further in 2024/25 to be in line with the expected reserves.

Creative Minds reserves policy

Creative Minds is funded by specific grants for projects and by general contribution by the Trust. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. A minimum of three months' operating expenditure is held as reserves. A significant proportion of Creative Minds' expenditure is planned grant expenditure, so if funds are reduced to this level, then plans can be revised.

Mental Health Museum reserves policy

The Mental Health Museum is primarily funded by specific grants with small donations by visitors. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The Trustee has deemed that at this point the charity does not need to hold reserves.

Spirit in Mind reserves policy

Spirit in Mind is primarily funded by specific grants. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The Trustee has deemed that at this point the charity does not need to hold reserves.

Volunteers

EyUp! and its linked charities would like to thank all the volunteers who have contributed to the charities in 2023/24. This includes being part of the running of the charities and helping make grant funding decisions for Creative Minds. They have all contributed to the success and growth of the charities and the charities continue to be grateful for their help and time.

Ambassadors

Ambassadors do not have any formal role in the governance of the charity but assist by gaining publicity and raising our profile:



Ashley Jackson - Painter



Horatio Clare - Author



Stephanie Hirst - Broadcaster

The charities would like to thank the ambassadors for their continuing support.

Structure, governance and management

South West Yorkshire Partnership NHS Foundation Trust is the corporate trustee of the charity governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2022.

Corporate trustee

The corporate trustee comprises the non-executive and executive directors of the board of South West Yorkshire Partnership NHS Foundation Trust and meets quarterly. Non-executive directors are appointed by the governors of the Trust and executive directors are subject to the Trust's recruitment policies. When directors join the corporate trustee, they are introduced to the charity, its objectives, and Charity Commission guidance (CC3).

The members of the corporate trustee have read and had regard to the Charity Commission's guidance on public benefit. They give of their free time freely and do not receive any pay, emoluments, or other financial benefit.

Those who served on the corporate trustee during the period were as follows:

Marie Burnham	Chair
Mike Ford	Non-executive director
Mandy Griffin	Non-executive director
Erfana Mahmood	Non-executive director
Natalie McMillan	Non-executive director
Kate Quail	Non-executive director
David Webster	Non-executive director
Mark Brooks	Chief executive
Sue Barton (from 01/07/23 to 17/09/23)	Interim executive director of strategy and change
Carol Harris	Chief operating officer
Lindsay Jensen (from 01/03/24)	Interim director of human resources
Dawn Lawson (from 18/09/23)	Executive director of strategy and change
Greg Moores (left 01/03/24)	Chief people officer
Sean Rayner	Executive director of provider development
Professor Subha Thiyagesh	Chief medical officer

Darryl Thompson	Chief nurse and director of quality and professions
Adrian Snarr	Executive director of finance, estates and resources
Salma Yasmeen (left 30/06/23)	Director of strategy and change / deputy chief executive

Charitable funds committee

The corporate trustee is supported in their responsibilities and duties by the charitable funds committee, which meets quarterly. Their duties include managing the Trust's charitable funds in accordance with statutory requirements; ensuring expenditure is in line with the objects of the charities; delegating responsibility for the management of designated charitable funds and the linked charities; fundraising for the charity; ratifying the annual report and accounts; and reviewing the effectiveness of the committee.

The members of the charitable funds committee during the period were as follows:

Erfana Mahmood (committee chair)	Non-executive director
Sue Barton (from 01/07/23 to 17/09/23)	Interim executive director of strategy and change
Marie Burnham	Chair of the Trust
Mike Ford	Non-executive director
Dawn Lawson (from 18/09/23)	Executive director of strategy and change
Sean Rayner	Executive director of provider development
Salma Yasmeen (lead executive) (left 30/06/23)	Executive director of strategy and change / deputy chief executive

All members of the committee are required to undertake suitable training in order to discharge their duties as members of the committee.

The charitable funds committee is supported by the EyUp! operational management group and the linked charities group, both of which report to the committee.

The day-to-day operations of the charitable funds are administered by South West Yorkshire Partnership NHS Foundation Trust.

Reference and administrative details

EyUp! is registered under the single registered number 1055931.

The governing document is a deed dated 1 April 1996.

The MHM is a linked charity registered under number 1055931-12. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by advancing the education of the public on the subject of mental health.

Creative Minds is a linked charity registered under number 1055931-13. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by relieving sickness and preserving health and wellbeing; promoting social inclusion for the public benefit by preventing people from becoming socially excluded; relieving the needs of those people who are socially excluded, and assisting them to reintegrate into society.

Spirit in Mind is a linked charity registered under number 1055931-14. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by the promotion of racial harmony for the public benefit by advancing education and raising awareness of mental health issues relating to culture and religion, and advancing racial harmony through the provision of cross-cultural activities which enhance health and wellbeing.

How to contact us

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Internal auditors:
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Riverside House
Bridge Park Road
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LE4 8BL

A BIG THANK YOU

On behalf of the staff and service users who have benefitted from improved services due to donations and legacies, the corporate trustee would like to thank all service users, relatives, carers, members, the general public and staff who have made charitable donations, participated in the lottery, and supported the work of the charities.

SUPPORT THE WORK OF EYUP!

THANK YOU FOR READING ABOUT THE PROJECTS THAT THE CHARITY HAS SUPPORTED THIS YEAR, THIS CANNOT CONTINUE WITHOUT ONGOING DONATIONS. FOLLOW US ON SOCIAL MEDIA TO STAY UP TO DATE ON ALL THINGS EYUP!.

@EyUpCharity @EyUpCharity @EyUpCharity

Visit our website for more information: www.eyupcharity.org

WHAT COULD YOUR GIFT BUY?

£1	COULD BUY	COLOURING PENS FOR AN ART SESSION
£10	COULD BUY	GAMES FOR A WARD
£20	COULD BUY	SEEDS AND PLANTS FOR A GARDENING GROUP
£30	COULD BUY	BOOKS TO START A WARD LIBRARY
£50	COULD BUY	ARTS AND CRAFTS MATERIALS
£100	COULD BUY	A WATER FEATURE FOR A SENSORY GARDEN
£150	COULD BUY	A DAY TRIP FOR SERVICE USERS
£300	COULD BUY	A PORTABLE PIANO FOR A WARD
£500	COULD BUY	START-UP COSTS FOR A NEW ACTIVITY GROUP

If you would like to donate:

Through your bank: Pay direct to the charity donation account. Sort code 54-30-64. Account number 42591511.

By Just Giving: Donate online at www.justgiving.com/EyUp

By Cheque: Please make cheques payable to "EyUp!" and send to EyUp! South West Yorkshire Partnership NHS FT, Fieldhead Hospital, Block 9, Ouchthorpe Lane, Wakefield, WF13SP.

Signed: Marie Burnham

Name: Marie Burnham

Date: 1 October 2024

Statement of trustee responsibilities in respect of the trustee annual report and accounts

The trustee is responsible for preparing the trustee annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales requires the trustee to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgments and estimates that are reasonable and prudent;

- state whether applicable accounting standards have been followed; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2022, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent examiner's report to the corporate trustee of EyUp! and its linked charities

I report to the corporate trustee on my examination of the financial statements of EyUp! for the year ended 31 March 2024.

Responsibilities and basis of report

As the corporate trustee of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the company's financial statements carried out under section 145 of the 2022 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2022 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2022 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 130 of the 2011 Act; or

2. the financial statements do not accord with those records; or

3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Victoria Jane Davies



FCCA

for and on behalf of GBAC Limited

Old Linen Court
83-85 Shambles Street
Barnsley
South Yorkshire
S70 2SB

Dated: 1 October 2024

EyUp! and linked charities consolidated statement of financial activities for the year ending 31 March 2024

	Note	Unrestricted funds	Restricted funds	Total Funds 2024	Unrestricted funds	Restricted funds	Total Funds 2023
		£000	£000	£000	£000	£000	£000
Income from:							
Donations and legacies	4	72	371	443	25	558	583
Charitable activities	4	0	335	335	106	745	851
Other trading activities	5	41	0	41	37	0	37
Investments	7	11	43	54	2	5	7
Total income		**124**	**749**	**873**	**170**	**1,308**	**1,478**
Expenditure on:							
Raising funds	8	(77)	(1)	(78)	(60)	0	(60)
Charitable activities							
Service user education and welfare	9	(89)	(880)	(969)	(44)	(1,045)	(1,089)
Total expenditure		**(166)**	**(881)**	**(1,047)**	**(104)**	**(1,045)**	**(1,149)**
Net income / (expenditure)		**(42)**	**(132)**	**(174)**	**66**	**263**	**329**
Transfers between funds	20	0	0	0	0	0	0
Net movement in funds		**(42)**	**(132)**	**(174)**	**66**	**263**	**329**
Reconciliation of funds							
Total funds brought forward		290	1,494	1,784	224	1,231	1,455
Total funds carried forward		**248**	**1,362**	**1,610**	**290**	**1,494**	**1,784**

There were no other recognised gains or losses other than those listed above. All activities relate to continuing activities. Restricted funds relate to the linked charities and grants awarded from NHS Charities Together.

EyUp! and linked charities consolidated balance sheet as at 31 March 2024

Balance sheet	Note	Unrestricted funds	Restricted funds	Total Funds 2024	Unrestricted funds	Restricted funds	Total Funds 2023
		£000	£000	£000	£000	£000	£000
Current assets							
Debtors	16	0	1	1	3	142	145
Cash and cash equivalents	17	254	1,417	1,671	291	1,563	1,854
Total current assets		**254**	**1,418**	**1,672**	**294**	**1,705**	**1,999**
Liabilities							
Creditors falling due within one year	18	(6)	(56)	(62)	(4)	(191)	(195)
Accruals	18	0	0	0	0	(20)	(20)
Net current assets (liabilities)		**248**	**1,362**	**1,610**	**290**	**1,494**	**1,784**
Total net assets or liabilities		**248**	**1,362**	**1,610**	**290**	**1,494**	**1,784**
The funds of the charity:							
Restricted income funds		0	1,362	1,362	0	1,494	1,494
Unrestricted income funds		248	0	248	290	0	290
Total charity funds		**248**	**1,362**	**1,610**	**290**	**1,494**	**1,784**

EyUp! has two active restricted funds: NHS Charities Together, £18k (2022/23 £79k) and Wakefield Place, £51k (2022/23 NIL). The other restricted funds shown here are restricted to the linked charities and are restricted to that charity as described in note 21.

Signed: Marie Burnham

Name: Marie Burnham Date: 1 October 2024

EyUp! and linked charities consolidated statement of cash flows for the year ending 31 March 2024

Statement of cash flows	Note	Total funds 2023/24	Total funds 2022/23
		£'000	£'000
Cash flows from operating activities			
Net cash provided by (used in) operating activities	19	(237)	557
Cash flows from investing activities			
Interest received	7	54	7
Net cash provided by (used in) investing activities		54	7
Change in cash and cash equivalents in the reporting period		(183)	564
Cash and cash equivalents at the beginning of the reporting period		1,854	1,290
Cash and cash equivalents at the end of the reporting period		**1,671**	**1,854**

Notes on the accounts

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2022.

The trustee has a reasonable expectation that EyUp! and its linked charities have sufficient resources to continue in operational existence for the foreseeable

future being at least 12 months from the date of approval of these financial statements. For this reason, they continue to adopt the going concern basis in preparing the accounts. In making this assertation the trustee has taken several considerations into account. Budgets for 2024/25 have been approved by the trustees which demonstrate that each one has funding streams and expenditure plans in place.

These accounts are prepared and presented in GBP in round thousand pounds (£).

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund; or
- An endowment fund

Restricted funds are those where the donor had provided for the donation to be spent in furtherance of a specified charitable purpose.

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. EyUp! and the linked charities currently have no endowment funds.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds. These are sub-analysed between designated (earmarked) funds where the trustee has set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors, and unrestricted funds which are at the trustee discretion, including the general funds which represent the charities' reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Income

All income is recognised once the charity has entitlement to the resources. It is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

When there are terms or conditions attached to income, particularly grants, these terms or conditions must be before the income is recognised as the entitlement condition will not be met until that point. Where the terms or conditions have not met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

Grants are received in both GBP and foreign currency. These are recognised at the rate of exchange at the date of the payment.

Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted;
- The executors have established that there are sufficient assets in the estate to pay the legacy; and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated, then the legacy is shown as a contingent asset until all the conditions for income recognition are met.

(d) Resources expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event;

- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement; and

- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(e) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to third parties in the furtherance of the charitable objects of the fund.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant;

- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant; and

- There is an established pattern of practice which indicates to the recipient that we will honour our commitment

The trustee has control over the amount and timing of grant payments. Consequently, where approval has been given by the trustee and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is disclosed.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met, then no liability is recognised but a contingent liability is disclosed.

(f) Allocation of support costs

Support costs are those costs which do not relate to a single activity. These include some staff costs, costs of administration, and internal and external examiner costs. Support costs have been apportioned to charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 12.

(g) Fundraising costs

The costs of raising funds are those costs attributable to raising income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objectives. The costs of raising funds include the prizes paid out in respect of the lottery.

(h) Charitable activities

Costs of charitable activities compromise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 12.

(i) Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

(j) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, liquid investments.

(k) Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long-term creditors.

(l) Pensions

EyUp! does not directly employ staff. Staff working on the charity are directly employed by South West Yorkshire Partnership NHS Foundation Trust, with the full costs recharged to EyUp!. As employees of the Trust, they are entitled to join the NHS pensions scheme.

The scheme is subject to a full actuarial valuation every four years, and an IAS 19 accounting valuation every year. The results from the latest valuation as of 31 March 2020 set the employer contribution rate at 23.7% of pensionable pay from 1 April 2024 (previously 20.6%).

The valuation of scheme liability in accordance with IAS19 is carried out annually by the Scheme Actuary. The latest assessment of the liabilities of the scheme is contained in the Scheme Actuary report, which forms part of the annual NHS Pension Scheme (England and Wales) Resource Account, published annually. These accounts can be viewed on the NHS Pensions website.

(m) Judgements and estimates

In the application of the accounting policies, the trustee is required to make judgements, estimates and assumptions about its carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

(n) Financial Instruments

The charities have financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost using the effective interest method. Financial assets are held at amortised cost.

2. Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides prior period comparatives for the statement of financial activities and the balance sheet for each of the funds included in the notes to the accounts.

EyUp! unrestricted funds - statement of financial activity for the year ended 31 March 2024

	2024	2023
	£'000	£'000
Income and endowments from:		
Donations and legacies	72	25
Charitable activities	0	106
Other trading activities	41	37
Investments	11	2
Total income resources	**124**	**170**
Expenditure on:		
Raising funds	(77)	(60)
Charitable activities	(89)	(44)
Total expenditure	**(166)**	**(104)**
Net income / (expenditure)	**(42)**	**66**
Transfers between funds	0	0
Net movement in funds	**(42)**	**66**
Reconciliation of funds		
Total funds brought forward	290	224
Total funds carried forward	**248**	**290**

EyUp! unrestricted funds - balance sheet as at 31 March 2024

	2024	2023
	£'000	£'000
Current assets		
Debtors	0	3
Cash and cash equivalents	254	291
Total current assets	**254**	**294**
Liabilities		
Creditors falling due within one year	(6)	(4)
Net current assets (liabilities)	**248**	**290**
Total assets less current liabilities	**248**	**290**
Total net assets or liabilities for unrestricted funds	**248**	**290**
Total unrestricted funds	**248**	**290**

Restricted funds - statement of financial activity for the year ended 31 March 2024

2024					
	EyUp!	**Mental Health Museum**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	51	60	250	10	371
Charitable activities	0	0	320	15	335
Investments	0	3	37	3	43
Total income	**51**	**63**	**607**	**28**	**749**
Expenditure on:					
Raising funds	0	0	(1)	0	(1)
Charitable activities	(61)	(63)	(730)	(26)	(880)
Total expenditure	**(61)**	**(63)**	**(731)**	**(26)**	**(881)**
Net income / (expenditure)	**(10)**	**0**	**(124)**	**2**	**(132)**
Transfers between funds		0	0	0	0
Net movement in funds	**(10)**	**0**	**(124)**	**2**	**(132)**
Reconciliation of funds					
Total funds brought forward	79	99	1,247	69	1,494
Total funds carried forward	**69**	**99**	**1,123**	**71**	**1,362**

2023					
	EyUp!	Mental Health Museum	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	0	108	415	35	558
Charitable activities	56	36	638	15	745
Investments	0	0	5	0	5
Total income	**56**	**144**	**1,058**	**50**	**1,308**
Expenditure on:					
Charitable activities	(66)	(109)	(802)	(68)	(1,045)
Total expenditure	**(66)**	**(109)**	**(802)**	**(68)**	**(1,045)**
Net income / (expenditure)	**(10)**	**35**	**256**	**(18)**	**263**
Transfers between funds		0	0	0	0
Net movement in funds	**(10)**	**35**	**256**	**(18)**	**263**
Reconciliation of funds					
Total funds brought forward	89	64	991	87	1,231
Total funds carried forward	**79**	**99**	**1,247**	**69**	**1,494**

Restricted funds - balance sheet as at 31 March 2024

2024					
	EyUp!	Mental Health Museum	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	0	1	0	1
Cash and cash equivalents	69	98	1,179	71	1,417
Total current assets	**69**	**98**	**1,180**	**71**	**1,418**
Liabilities					
Creditors falling due within one year	0	0	(56)	0	(56)
Accruals	0	0	0	0	0
Net current assets (liabilities)	**69**	**98**	**1,124**	**71**	**1,362**
Total assets less current liabilities	**69**	**98**	**1,124**	**71**	**1,362**
Total net assets or liabilities for restricted funds	**69**	**98**	**1,124**	**71**	**1,362**
Total restricted funds	**69**	**98**	**1,124**	**71**	**1,362**

Restricted funds - balance sheet as at 31 March 2023

2023					
	EyUp!	Mental Health Museum	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	0	142	0	142
Cash and cash equivalents	80	99	1,315	69	1,563
Total current assets	**80**	**99**	**1,457**	**69**	**1,705**
Liabilities					
Creditors falling due within one year	(1)	0	(190)	0	(191)
Accruals	0	0	(20)	0	(20)
Net current assets (liabilities)	**79**	**99**	**1,247**	**69**	**1,494**
Total assets less current liabilities	**79**	**99**	**1,247**	**69**	**1,494**
Total net assets or liabilities for restricted funds	**79**	**99**	**1,247**	**69**	**1,494**
Total restricted funds	**79**	**99**	**1,247**	**69**	**1,494**

3. Related party transactions

The corporate trustee governs EyUp! and its linked charities. The corporate trustee is the Trust. EyUp! has made payments to the Trust in relation to administration costs in support of grant making activities which are included in direct activity costs (note 9). The Trust has also made several grant payments to EyUp! and its linked charities. These are made on an arm's length basis.

	Total 2024	Total 2023
	£'000	£'000
South West Yorkshire Partnership NHS Foundation Trust	513	1034
Total	**513**	**1034**

There was £0k closing balance in debtors (£142k 2022/23) and £61k (194k 2022/23) in creditors in respect of the Trust.

EyUp! and its linked charities is a wholly owned subsidiary of South West Yorkshire Partnership NHS Foundation Trust, an NHS Foundation Trust registered in England. South West Yorkshire Partnership NHS Foundation Trust is also the ultimate parent company.

The parent undertaking of the smallest group which also includes the charities, and for which consolidated financial statements are prepared, is South West Yorkshire Partnership NHS Foundation Trust.

Copies of the financial statements for this group can be obtained from:

South West Yorkshire Partnership NHS Foundation Trust
Fieldhead Hospital
Ouchthorpe Lane
Wakefield
WF1 3SP

South West Yorkshire Partnership NHS Foundation Trust is a public benefit organisation established under the National Health Service Act 2006. NHS England has the power to control the Trust within the meaning of IAS27 'Consolidated and Separate Financial Statements'.

NHS England is accountable to the Secretary of State for Health and therefore the Trust's ultimate parent is HM Government.

4. Income from donations and legacies and charitable activities

	2024			2023		
	Unrestricted funds	Restricted funds	Total 2024	Unrestricted funds	Restricted funds	Total 2023
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	35	54	89	25	0	25
Corporate donations	7	317	324	0	558	558
Legacies	30	0	30	0	0	0
Grants	0	335	335	106	745	851
Total	**72**	**706**	**778**	**131**	**1,303**	**1,434**

Analysis of Restricted Funds

	2024				2023			
	EyUp!	Creative minds	Mental Health Museum	Spirit in Mind	EyUp!	Creative minds	Mental Health Museum	Spirit in Mind
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	51	3	0	0	0	0	0	0
Corporate donations	0	247	60	10	0	415	108	34
Legacies	0	0	0	0	0	0	0	0
Grants	0	320	0	15	56	639	35	15
Total	**51**	**570**	**60**	**25**	**56**	**1,054**	**143**	**49**

Donations from individuals are gifts from members of the public, relatives, carers, service users and staff.

5. Analysis of income from other trading activities

	2024			2023		
	Unrestricted funds	Restricted funds	Total 2024	Unrestricted funds	Restricted funds	Total 2023
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery	36	0	36	34	0	34
Sale of goods	3	0	3	3	0	3
Fundraising events	2	0	2	0	0	0
Total	**41**	**0**	**41**	**37**	**0**	**37**

6. Role of volunteers

Creative Minds have several volunteers who sit on the locality collectives which make decisions on small grant funding.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

7. Gross investment income

	2024			2023		
	Unrestricted funds	Restricted funds	Total 2024	Unrestricted funds	Restricted funds	Total 2023
	£'000	£'000	£'000	£'000	£'000	£'000
Short term investments and deposits cash on deposit	11	43	54	2	5	7
Total	**11**	**43**	**54**	**2**	**5**	**7**

The income shown for restricted funds is split, Creative Minds £37k (£5k 2022/23), Mental Health Museum £3k (£Nil 2022/23) and Spirit in Mind £3k (Nil 2022/23)

8. Analysis on expenditure on raising funds

	2024			2023		
	Unre-stricted funds	Restrict-ed funds	Total 2024	Unre-stricted funds	Restrict-ed funds	Total 2023
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery prizes	17	0	17	17	0	17
Lottery admin fee	0	0	0	0	0	0
fundraising costs	60	1	61	43	0	43
	77	**1**	**78**	**60**	**0**	**60**

9. Analysis of charitable expenditure

EyUp! did not undertake any direct charitable activities on its own account during the year. All the charitable expenditure was in the form of grant funding.

Grants were approved in favour of the partner organisations, principally South West Yorkshire Partnership NHS Foundation Trust to carry out activities that will benefit service users of the NHS. EyUp! incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by them.

Creative Minds expenditure was in the form of grant funding. Details of the significant grants are found in note 10.

Mental Health Museum and Spirit in Mind undertake direct charitable activities.

	2024				2023			
	Activities direct	Grant funded activity	Support costs	**Total 2024**	Activities direct	Grant funded activity	Support costs	**Total 2023**
	£'000	£'000	£'000	**£'000**	£'000	£'000	£'000	**£'000**
EyUp! service user activities	0	150	0	**150**	0	111	0	**111**
Creative Minds activities	384	341	5	**730**	328	466	8	**802**
Mental Health Museum activities	63	0	0	**63**	109	0	0	**109**
Spirit in Mind activities	26	0	0	**26**	67	0	0	**67**
	473	**491**	**5**	**969**	**504**	**576**	**8**	**1,089**

10. Analysis of grants

The charity does not make grants to individuals. All grants are made to the Trust or other third-party organisations.

Creative Minds significant grants 2023/24	**£**	**No**
Community Links	6,500	2
ROKT Foundation	5,000	1
Cloverleaf Advocacy 2000 Ltd	4,525	1
IAsk (Immigration and Asylum Support Kirklees)	4,500	1
Yew Tree Arts	4,500	1
Chime	4,000	1
WDH	4,000	1
Yorkshire Youth and Music	4,000	1
Growing Works	4,000	1
Grow Wakefield	4,000	1
Phoenix Radio	3,800	1
Handmade Productions CIC	3,655	1
The Hepworth	3,614	1
Creative Minds significant grants 2022/23	**£**	**No**
Grow Wakefield	14,256	2
S2R (Support to Recovery)	10,897	4

The Watershed	8,000	2
TRW / Chimes	7,893	2
Shabang Inclusive Learning CIC	7,397	2
The Artworks	6,500	2
Chol Theatre	6,450	2
Aspire Creating Communities	6,292	2
ROKT Foundation	6,165	2
Barnsley Music Service	6,000	2
Yew Tree	6,000	2
Lawrence Batley Theatre	6,000	1
Action for Autism and Asperger's	6,000	2
Cloverleaf Advocacy	5,700	2
Outside the Box CIO	5,500	2
Holmfirth Arts Festival	5,436	2
Eden Forest CIC	5,406	2
Umbrella Yoga CIC	5,400	2
Barnsley Heritage Museum	5,200	2
Creative Recovery	5,000	2
Growing Works	5,000	2

11. Movements in grant funding commitments accrued

	2024			2023		
	Current liabilities	Non current liabilities	Total	Current liabilities	Non current liabilities	Total
	£'000	£'000	£'000	£'000	£'000	£'000
Opening balance at 1 April	**20**	**0**	**20**	**15**	**0**	**15**
Additional commitments made during the year	113	0	**113**	244	0	**244**
Amounts paid during the year	(123)	0	**(123)**	(239)	0	**(239)**
Amounts reversed during the year	(10)	0	**(10)**	0	0	**0**
Closing balance at 1 April	**0**	**0**	**0**	**20**	**0**	**20**

The grants included are grants made by Creative Minds to external third parties where the award has been communicated.

As described in notes 9 and 10, the charity awarded several grants in the year. Many grants were awarded and paid out in the same financial year. However, some grants are multiyear grants paid over a longer period.

As the charity has control over the award and timing of grants there is little uncertainty around these payments.

12. Allocation of support costs and overheads

Support and overhead costs are allocated to charitable activities on a pro rata basis between funds. Support costs are the costs associated with the administration of the charity. These amounts are paid directly to South West Yorkshire Partnership NHS Foundation Trust. Salaries and related costs include the costs of the staff working in the linked charities and are allocated to each individual restricted fund and the fundraiser who is allocated to unrestricted funds.

The basis of allocation used are as follows:

- Balance: Each month the charge is allocated on a pro-rata basis on the balance of each fund.

- Direct: The salaries are charged direct to each restricted fund that the post holder works for.

Charitable activities	Unre-stricted funds	Re-stricted funds	2024 Total	Unre-stricted funds	Re-stricted funds	2023 Total
	£'000	£'000	**£'000**	£'000	£'000	**£'000**
External audit	0	2	**2**	0	8	**8**
Financial administration	0	0	**0**	0	0	**0**
Miscellaneous	0	0	**0**	0	0	**0**
Salaries and related costs	46	506	**552**	39	450	**489**
Total	**46**	**508**	**554**	**39**	**458**	**497**

	2024 Total	2023 Total
	£'000	**£'000**
EyUp! – Unrestricted	46	39
EyUp! – Restricted	56	57
Creative Minds	388	336
Mental Health Museum	55	56
Spirit in Mind	9	9
	554	**497**

13. Trustee remuneration, benefits and expenses

The corporate trustee give their time freely and receive no remuneration or reimbursement of expenses for the work that they undertake as trustee.

14. Analysis of staff costs and remuneration of key management personnel

	2024	2023
	£'000	£'000
Salaries and wages	474	421
Social security costs	34	30
Employer's pension contribution	44	38
Total	**552**	**489**

	2024	2023
	£'000	£'000
EyUp! – unrestricted	46	39
EyUp! – restricted	56	57
Creative Minds	386	328
Mental Health Museum	55	56
Spirit in Mind	9	9
	552	**489**

The average number of full-time equivalent employees during the year was 15 (2023: 15). EyUp! - 2 (2023: 2); Creative Minds - 8 (2023: 8); Mental Health Museum - 2 (2023: 2); Spirit in Mind - 1 (2023:1)

One employee within Creative Minds had emoluments in excess of £60,000 (2023: 1)

15. Auditors' remuneration

The auditors' remuneration of £2,400 (2023 £7,800) related solely to the independent examination (audit 2023) with no additional work being undertaken (2023: nil).

16. Analysis of current debtors

Debtors under 1 year	2024	2023
	£'000	£'000
Trade debtors	1	142
Prepayment	0	3
Total debtors	**1**	**145**

17. Analysis of cash and cash equivalents

	2024	2023
	£'000	£'000
Cash in hand	197	163
Notice deposits (less than 3 months)	1,474	1,691
Total cash and cash equivalents	**1,671**	**1,854**

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

All the amounts held on interest bearing deposit are available to spend on charitable activities.

18. Analysis of liabilities

	2024	2023
	£'000	£'000
Creditors under 1 year		
Trade creditors	(62)	(195)
Accruals for grants	0	(20)
Total	**(62)**	**(215)**

There are no liabilities greater than one year in 2022/23 (nil 2021/22)

19. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2024	2023
	£'000	£'000
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	**(174)**	**328**
Adjustments for:		
Dividends, interest and rents from investments	(54)	(7)
(Increase)/decrease in debtors	144	74
Increase/(decrease) in creditors	(153)	161
Net cash provided by (used in) operating activities	**(237)**	**556**

20. Transfers between funds

There was one transfer £34k in 2022/23 in EyUp! unrestricted funds from designated funds to general funds in year. This transfer was from dormant designated funds in line with the reserves policy (2021/22: nil).

21. Analysis of charitable funds

(a) Analysis of restricted fund movements

	Balance b/fwd	Income	Expenditure	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
EyUp!	79	51	(61)	0	69
Mental Health Museum	99	63	(63)	0	99
Creative Minds	1,247	607	(731)	0	1,123
Spirit in Mind	69	28	(26)	0	71
Total	**1,494**	**749**	**(881)**	**0**	**1,362**

The objects of each of the restricted funds are as follows:

EyUp! has 2 restricted funds. One relates to the grants from NHS Charities Together. These grants are specifically in response to the COVID-19 pandemic. The other restricted fund relates to NHS West Yorkshire ICB (Wakefield Place). This fund is for donations to NHS West Yorkshire ICB (Wakefield Place), but the activity benefits the service users of South West Yorkshire Partnership NHS Foundation Trust.

The **Mental Health Museum** became a linked charity in 2014/15. Its purpose is to become a leading resource for the history of mental health care, debates surrounding contemporary health care and treatments and life-long learning.

The **Creative Minds charitable trust** became a linked charity in September 2016. It works in partnership with groups and organisations to offer a range of innovative wellbeing opportunities.

Spirit in Mind became a linked charity in May 2017. Its objectives are the relief of sickness and preservation of health and wellbeing, the promotion of social inclusion for the public benefit and the promotion of racial harmony for the public benefit by raising awareness of mental health issues and promoting knowledge and mutual understanding between different racial groups.

(b) Analysis of unrestricted and material designated fund movements

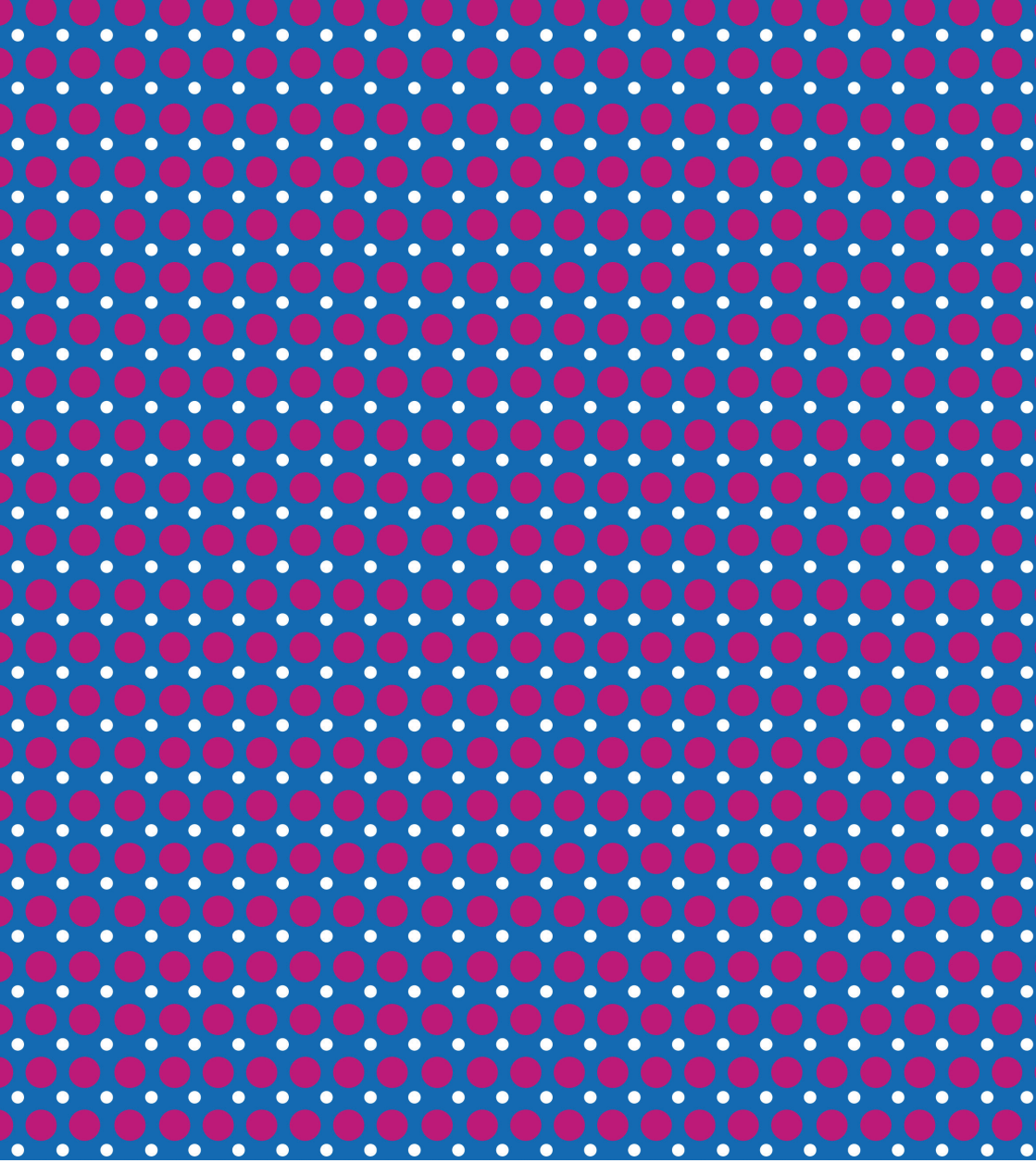
	Balance b/fwd	Income	Expendi-ture	Transfers	Fund c/fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	107	42	(15)	(34)	100
General funds	183	82	(151)	34	148
Total	**290**	**124**	**(166)**	**0**	**248**

The trustee set an opening or closing balance of £50,000 or above as the threshold for the separate reporting of material designated (earmarked funds). In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The objects of each of the designated unrestricted funds are as follows:

Other designated funds relate to benefiting service users on wards and Trust services within South West Yorkshire Partnership NHS Foundation Trust for which donors have indicated their non-binding wishes when making their generous gifts.

The general funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent and the unrestricted income accruing to the charity. These funds are applied for any charitable purpose to the benefit of the service users of South West Yorkshire Partnership NHS Foundation Trust at the absolute discretion of the trustee.



If you require a copy of this information in any other format or language please contact the Trust.

JOB NO 4334 AUG24

EYUP

England & Wales - Charity number 1055931

Accounts

EY UP!

HEALTH & HAPPINESS FOR YORKSHIRE FOLK

ANNUAL REPORT AND ACCOUNTS 2022/23

MHM WAKEFIELD
MENTAL HEALTH MUSEUM

Creative Minds®

Spirit in mind

Registered Charity No. 1055931

Supporting the work of

NHS
South West Yorkshire Partnership
NHS Foundation Trust

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Walk in the woods

Trustee Report

Introduction

The corporate trustee presents the EyUp! and its linked charities annual report, together with the financial statements for the year ended 31 March 2023.

The annual report and accounts for the year ended 31 March 2023 have been prepared in accordance with the Charities Act 2011 and the Charities (Accounts & Reports) Regulations 2008.

Objectives and Activities

EyUp! exists to benefit the service users of South West Yorkshire Partnership NHS Foundation Trust (the Trust) across Barnsley, Calderdale, Kirklees and Wakefield. Our funds are not used to support NHS services but to enable us to provide extras above and beyond normal NHS funding.

These can be extras for inpatient ward areas, such as games and activities, equipment for visiting rooms, resources for sports or creative activities, trips for service users or funding for community groups.

Our objectives as set out in the Trust Deed are:

> "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by South West Yorkshire Partnership NHS Foundation Trust"

During the year the charity:

- Awarded funding of £56k for 55 projects to be spent on the objectives of the charity with designated fund holders spending £13k from individual funds. These projects will benefit over 8,000 staff, volunteers, service users and carers across the Trust.
- Introduced a new funding stream for bid applications under £300 which allows them to be processed quicker.
- Held a festive story window project which 29 services and teams took part in. The project reached 2,900 service users.
- Received a development grant of £35k from NHS Charities Together which will help to further develop the charity. The money is to be spent on additional staff to support the fundraiser.
- Built on our staff connections by attending face to face events including Trust welcome events, network events and meetings.
- Created and launched a new website with an online shop.

Achievements and performance

EyUp! Grant Expenditure

During the year, the committee approved £56k funding for 55 projects to be spent on the objectives of the charity (21/22 £126k on 61 projects), with designated fund holders spending an additional £13k (21/22 £11k). These projects will benefit over 8,000 staff, volunteers, and service users across the Trust. Below are examples of the projects supported:

Barnsley

The neurological rehabilitation unit at Kendray Hospital was awarded £2,086 to purchase two iPads to enhance therapy sessions on the unit, as well as improving patient wellbeing by providing access to activities, music, audio books and films.

£5,691 was provided to produce winter crisis packs for our community teams to distribute to vulnerable patients over the winter months.

Calderdale

The Insight team was awarded £3,925 to start a new bibliotherapy group and 12 months of training, mentoring and support.

Carers in the intensive home-based treatment team were invited to a pantomime and meal at Christmas with funding of £638.

Kirklees

Ward 19 at the Priestley unit spent £238 on gardening and activity equipment from their own designated fund.

Wakefield

£1,200 was awarded to the Unity Centre at Fieldhead to co-produce a mural to brighten up the gym space.

Over the year £2,269 has been provided to the wards on the Unity Centre at Fieldhead for arts, crafts, games and equipment for service users to use.

Wakefield child and adolescent mental health service (CAMHS) spent £2,058 from their own fund on various items to enhance their service, including fidget and anxiety toys, craft and therapy items and activity books.

Forensic services

Newhaven service users enjoyed a trip to the Yorkshire Wildlife Park which cost £397 and was funded by EyUp!.

£334 was awarded to Newton Lodge to replace and update their drumming equipment.



Fundraising

COVID-19 continued to affect the normal fundraising activities of EyUp! as usual events such as the Christmas fairs and football tournament could not take place. We would like to thank corporate companies, members of staff and the public for taking part in events and fundraising for us.

- Income continues from the EyUp! lottery, £34,408.
- Places in local Run For All events 2022 saw 6 runners raise £917.
- Sugarman Group organised a 10km walk and raised £1,362.
- We registered with an online e-card website.
- We worked with the Trust library service to launch a pre-loved book club and sold unused books raising £181.

EyUp! employ a fundraising manager who coordinates the in-house events and supports individuals who want to raise funds for EyUp!. EyUp! does not use professional fundraisers or involve commercial participators. No direct marketing was undertaken in 2022/23 – this would be undertaken by the fundraising manager. EyUp! is a member of the Fundraising Regulator and as such follows the Code of Fundraising Practice. Any individual raising funds for EyUp! has an agreement to sign beforehand. No complaints were received in 2022/23 in respect of fundraising activities of EyUp! (none in 2021/22).

NHS Charities Together

EyUp! has been a member of NHS Charities Together since April 2020.

In 2022/2023 EyUp! received £55,667 (£226,867 2021/22) from NHS Charities Together. £65,273 of these funds were spent in 2022/23 (£73,822 2021/22). Below are some of the projects funded.

- £2,166 on projects supporting the black, Asian and minority ethnic (BAME) community in North Kirklees. This project is extended into 2023/24 and across all Trust localities following support from the Trust.
- £36,325 on supporting carers at work. This project provides a dedicated staff member and awards grants to carers groups across our localities. These grants have included providing funding for an online course called 'Mindful doodles – for carers', evening meals, and afternoon tea for carers during Carers' Week.

> *It was brilliant. This course was online and I did not have to leave home to attend. I did not suffer extra anxiety and was on hand to support who I care for if they needed me. I was able to attend the course even when I was not feeling well. This course was facilitated by a lady who was very understanding, talented and supportive. It was very interesting, helped me focus and has given me lots of tips for managing my anxiety. It helped me release my emotions and explore different ways to express myself. It reminded me of talents I have and helped me rebuild confidence I had lost.*

- £23,678 on supporting staff wellbeing through physical exercise, a specialist dietitian and a creative worker.

Stage 2 funding – Funds have been given to an ICS (Integrated Care System) lead charity for each area which organisations are able to apply for. Creative Minds were successful with £132,558 awarded for projects in the Barnsley area. This funding covers 2 years (£67,279 received in 2022/2023).

Stage 3 funding - £40,700 was awarded for a workplace wellbeing project to be delivered in 2021/2022 and 2022/2023 (£20,350 received in 2022/2023).

Plans for the future

The trustee recognises that the fundraising activities have changed since 2020 and is grateful to all our fundraisers and to NHS Charities Together. The hope is to continue fundraising events in 2023/24. Expenditure on small grants will continue at a higher rate in 2023/2024 as well as further expenditure of the NHS Charities Together grants. Other planned activities include:

- Recruit two new charity roles successfully and integrate into the charity.
- Create 3 year plans for fundraising, communications and marketing.
- Develop a charity database.
- Create and build relationships with individuals, community and faith groups as well as corporate organisations in our areas.
- Develop marketing materials that help keep supporters engaged and involved.
- Continue to promote EyUp! with staff and service users to generate more fundraising and wider use of funding.
- Produce case study stories to showcase the impact of supporter donations.

Creative Minds was set up in 2011 to support the development and delivery of creative arts, sports, recreation, and leisure-based projects to improve the lives of people who use Trust services.

Creative Minds developed into a charity hosted by South West Yorkshire NHS Foundation Trust in 2015 with over 120 community-based creative partners across Barnsley, Calderdale, Kirklees and Wakefield. These projects offer opportunities for people who use/have previously used Trust physical and mental health services (including Yorkshire and Humber forensic secure services) to build confidence, learn new skills and develop their talents. Creative Minds know that the context in which people live their lives is the most important determinant of life expectancy, and the ambition is to make sure that every person experiencing health issues in our Trust has an opportunity to engage with meaningful activities in their community and achieve their potential.

Many people readily engage with the NHS and Creative Minds activities are complementary to the service offer. However, for people who avoid using services, reject their diagnosis, and/or disagree with a medical approach, Creative Minds offers complementary and alternative approaches in the community. Creative Minds can get alongside individuals who use services and support them to connect with meaningful activities in their communities and neighbourhoods that help individuals to regain, hope, meaning and purpose in their lives.

One community event currently supported is Kirklees Year of Music 2023 which gives people who use services locally a chance to engage in music. This work has been enhanced with support from our creative practitioners.

In recent months Creative Minds have started to explore how to develop and package the Creative Minds model so that it could help other organisations to follow. The belief is that one of the stronger elements to this approach is how community organisations are developed to deliver creative activities and how Trust funding can be utilised to support the approach. Having 11 years' experience of enabling the Trust to fund creative activities through community match funding, Creative Minds are well placed to be a catalyst for change. Working with other health organisations and communities, Creative Minds can affect the change needed to transform community health systems.

One of the catalysts for this business development was Creative Minds being identified as a pioneer approach in Community Health Enquiry Cambridge University Position Paper. The community health approach refers to the design, development and/or delivery of services and activities by and within

communities, contributing to improved population health and resilience. This represents a shift of power away from traditional, centralised, top-down health systems and really fits with the Creative Minds asset-based approach.

Through this work Creative Minds was invited to be part of a European wide Reimagining Community Health Challenge and was one of the winners of 50,000 prize to support its development. Feedback from the judges was very encouraging and helped shape the application.

> *"You've really struck something powerful here and I'm excited to see how it grows! What plans do you have to scale outside of the UK/NHS? It seems like the solution you've designed is universal, and ready to scale."*

Creative Minds receive support from Ashoka to develop the offer and are now a long-term partner of the Johnson and Johnson Foundation. Work has commenced to develop this idea and a successful application for an Accelerated Knowledge Transfer Partnership (AKTP) supports this. This will help to further develop the Creative Minds business model and explore the possibility that it could be marketed and generate revenue.

Creative Minds supported 59 projects in 2022/23 with 102 partners, delivering over 24,000 contacts with service users (2021/22 58 projects with 110 partners and 12,000 contacts). Over the next pages are some examples.



Barnsley

Action for Autism Barnsley (AfAB)

Creative Minds supported the 'Out and About' project for Action for Autism Barnsley members. It consisted of a series of individual and group outings for members to experience and enjoy visiting places in their local area.

The project ran over the summer, a time when many of the services which members would normally access are closed, leaving them feeling isolated.

Action for Autism Barnsley members went on seven group outings which included Old Moor RSPB Reserve, Elsecar Heritage Centre and Wortley Summer Fair. The group took public transport, together with the session facilitator/s – this was an important part of building confidence and experiences for group members. The group would set off in the morning, have lunch, take a walk around the location, and take part in an activity planned the session facilitators, for example a quiz or a treasure hunt.

A second facilitator was used to support this project. This was not part of the initial plan, but it was deemed necessary to ensure the needs of the group were being fully met. Having a second facilitator provided opportunities for individuals to have some one-to-on time if needed. This can be a useful time for members to share anxieties and process things that may have arisen with the support of the facilitator.

One group member commented that: "For all the trips this summer including today it was great. Just being able to walk around the lake without thinking about trying to fill the time. August isn't a good month for me as usually lots of changes, holidays etc. Going on the weekly trips with AfAB has really helped."

The members of AfAB often say that they are only able to be themselves and 'drop the mask' when they are amongst those that they feel safe and comfortable with, and that AfAB is one of the very few places where they feel safe to do so.





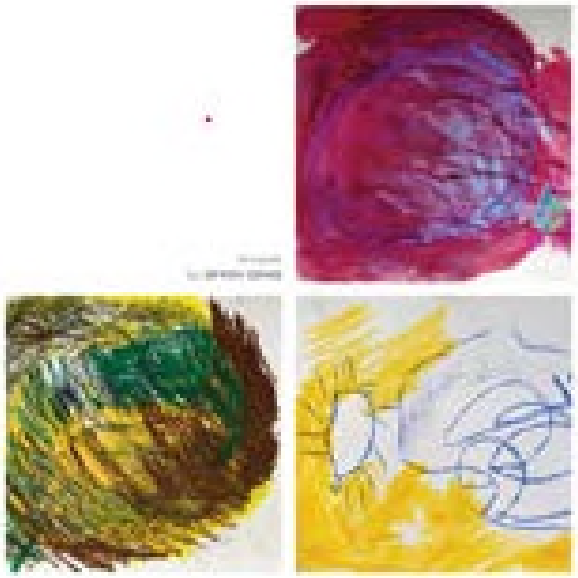
Group members at an Action for Autism Barnsley session.

Calderdale

From the Heart project with Leading the Way (Cloverleaf Advocacy) and Verd De Gris

Eight sessions were delivered with artist Sharon Marsden who ran a multi-sensory art project including art with inks, singing, music and poetry. The groups also had one volunteer, two members of staff and an access to work coach. This occurred at the end of the Covid-19 restrictions where people had been isolated and the aim of the project was to be a commemoration of this. This led to a booklet of work being published, a film, an exhibition and a celebratory event at Hebden Bridge town hall.

An excerpt from the booklet





Between 12 to 15 participants attended each week (same participants, helping build relationships, ensure continuity, and develop a 'safe' environment for people). The project was well received by the members of the group who had already been meeting virtually during Covid (but without a larger piece of artwork to focus on).

The work was in partnership with the Lower Edge Day Service who hosted the event. They gave the space for free and helped to match fund. They also had people attend from the day service. Work was done in collaboration with day service providers who participated. This allowed us to move the art exhibition to Aachen Hall. Community Support Services will be hosting their own event celebrating the work.

The group has also inspired other people to set up arts and crafts groups.

Kirklees

As part of the Kirklees Year of Music, 16 music related projects have been supported, directly benefiting 2,600 people across Kirklees. The projects cover a wide variety of participants of all ages, different cultures and communities. There is a chance to contribute to festivals, sing, dance, play instruments, record new music, make instruments, experience music in the outdoors and learn about different forms of music.



Members of the Xylosound orchestra, who are supported by Creative Minds partner, The Watershed

Wakefield

Wakefield and District Housing (WDH) - Moving Forward project

This project supported our older/vulnerable adult population to help them return to how life was before the Covid-19 pandemic by giving them the opportunity to take part in physical activity sessions across the Wakefield district, held in WDH independent living (IL) schemes. The sessions have been targeted at engaging tenants who are most vulnerable and have a range of issues that include mobility, mental or physical health issues.

Residents have commented that they are enjoying meeting new people and making friends. Some residents also feel it has improved their movement and general fitness. One resident commented that they "Loved meeting people, feeling fitter and being able to walk better". Another commented: "I have a more positive outlook and feel more energetic".

Creative Minds are leading on a programme in the Calderdale area supporting projects to improve health & wellbeing. This is grant funded by Calderdale Council, Calderdale CCG, Community Foundation, Locala and the Trust. Below are a couple of example projects:





Calderdale

Creative Minds are leading on a programme in the Calderdale area supporting projects to improve health & wellbeing. This is grant funded by Calderdale Council, Calderdale CCG, Community Foundation, Locala and the Trust. Below are a couple of example projects:

Mural installations

Artists met with the ward managers of The Dales to gather final feedback from staff to inform any changes needed to the designs before installations. The group worked closely with Equans to prepare the spaces prior to installation and to install protective shatterproof acrylic over the murals to ensure longevity and value for money. Occupational therapist Peter Chapple has installed 3 painted murals on Ashdale ward and feedback has been positive.

Work has started with staff at Horizon ward to develop a series of creative interventions for the ward that are autism friendly and can be changed so they are individual to the person using the space at any time. These involve projected murals and 'colour wash' lighting that completely changes the colour and feel of the space.

Staff at Ward 19 at The Priestley Unit have requested a mural for a newly updated space so we will be looking at that space next.



Staff meeting to discuss mural designs

First Songs

The First Songs pilot project, funded by Youth Music and The Bearder Charity, aims to increase childhood development and school readiness in children aged 0 - 5years living in North Halifax. It does this by empowering early years practitioners and parents to embed music into their practice and daily lives through a series of engagement workshops, training, and specially created resources.

Musicians delivered music sessions at Beechwood Road Library, Deanfields Primary School and Creations Children's Centre Pellon whilst developing songs to use in a final resource to be created for parents and carers. Parents and carers attended a coproduction workshop to develop the resource which will be 14 illustrated cards, each with a QR code that links to the song and a video online. It is hoped that Calderdale Family Hubs will host the final online part of the resource on their website, aimed at families and support staff in the area.

Staff from two of the sessions are currently completing the Level 4 Certificate in Music Education award to ensure music becomes embedded in their services and Fran, one of the passionate library assistants at Beechwood Road Library, now delivers sessions at 2 libraries using her ukelele and new found skills!

Music in Care

Musician Suzi Saperia delivered 8 weekly music sessions in Kendray and The Poplars. Wards at Fieldhead have all provided their availability and Live Music Now will find a musician able to provide on their chosen day/time. Instruments have been ordered for all wards so they are able to continue holding music sessions after the 8 weeks of delivery. Feedback from one ward manager was extremely positive: "We've loved it and are really grateful that you organised. Both staff and patients have benefitted."

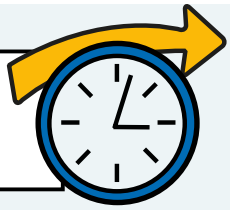


Music in care session

The project has also been delivered in 13 residential homes across Calderdale and staff have requested some of the songs to continue sessions themselves.

If you feel that the Creative Minds approach could help you to find a creative passion that would improve your health and wellbeing, get in touch at **creativeminds@swyt.nhs.uk** and find more information at **www.creativemindsuk.com**

Future plans



Implementing Recovery through Organisational Change (ImROC) have approached Creative Minds to be a partner to explore mutual benefit in leading, developing, testing, profiling and supporting the development of the work of both organisations. Creative Minds could provide a creative community development element to the ImROC offer through a briefing paper that organisations could choose as part of broader package. ImROC have massive reach around the world and this is a real opportunity scale up the Creative Minds approach.

Marking over 10 years of partnerships, we organised a conference at the University of Huddersfield to showcase the benefits of creativity on health and wellbeing and exploring future developments. This took place on 29 July 2023.

Spirit in Mind (SIM) exists to encourage and support faith-based and holistically orientated organisations towards greater engagement with the mental health needs of their local communities, memberships and networks.

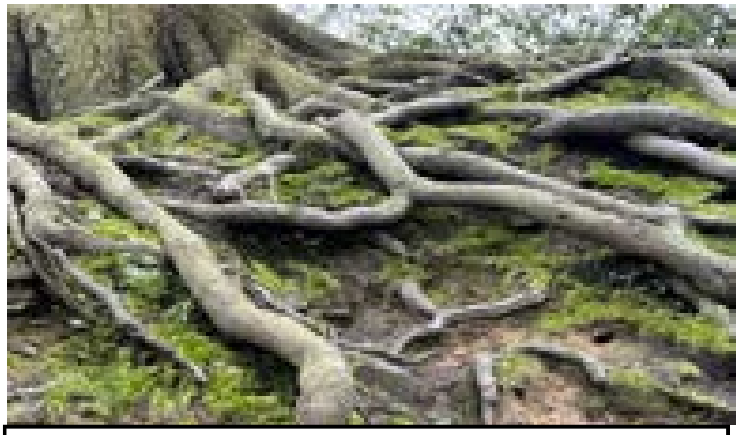
The aftermath of the Covid-19 pandemic brought greater awareness of the impact of social isolation and other factors on mental health, together with a deeper appreciation of the promotion of wellbeing through contact with the natural world and purposeful social interaction. The recognition of the importance of community-based support has never been greater.

Faith-based organisations partnering with SIM agree to a collaborative model of working based on humanitarian and non-proselytising principles. Relationships developed with partner organisations, whilst primarily orientated to directly supporting service users, have led also to collaborative training and personal development initiatives benefiting Trust staff.

2022 / 23 REVIEW

Funding secured at the end of the last financial year has allowed a number of projects to go ahead in the current period:

- Half day mental health workshops for Muslim women held at various locations across the Trust area.
- Bi-monthly 'compassion hub' meetings in Dewsbury Minster. A forum for professionals, service users and others interested in developing and promoting compassionate approaches in healthcare.
- Mental Health First Aid (MHFA) training courses for community and faith leaders.
- A conference: 'Ecology and Wellbeing', showcasing the development of the canine befriending service at Fieldhead and other related projects.
- Leadership training workshops for Christian and Muslim faith leaders.
- A Yorkshire Sculpture Park day workshop 'Forest School' for Trust staff.
- Islamic awareness one day workshops for Trust staff held online and in Wakefield and Huddersfield.

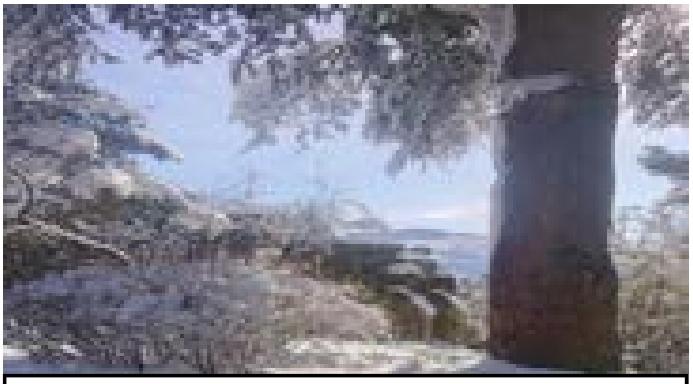


Courtesy of Simon Beresford

Yorkshire Sculpture Park 'Forest school'

Continuation of short online courses on:

- Understanding loss
- Coping with anxiety
- Basic mindfulness practice
- Listening skills
- Understanding meditation
- Residential retreat for service users in partnership with Synapse support group (at Parcevall Hall)



Courtesy of Juliette Bland

Parcevall Hall

The award from the Royal Canin trust was received in total during the year. Erection and furbishing of the canine lodge as the base for the canine befriending service and other animal assisted therapies is now underway on the Fieldhead site.



Courtesy of Angela Barker

Canine lodge under construction

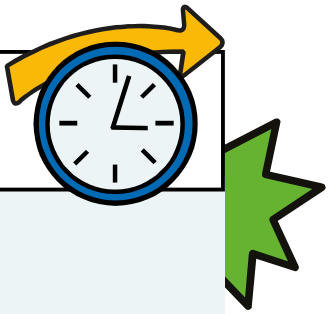
SIM partnership projects are active with:

- St Augustine's Church Halifax (mental health support for asylum seekers)
- Marsden Parish Church (befriending cafe project)
- St Catherine's Wakefield (mental health support project)
- Huddersfield Parish Church (continuation of town centre homelessness / asylum seeker mental health project)

Project discussions are in process with:

- Yorkshire Interdenominational Christian Fellowship (Barnsley town centre mental health outreach project)
- Lakeside community mental health project (Methodist Church Newmillerdam)

Future plans



Future developments and priorities

- Sourcing funds for a SIM development post. With fundraising and project nurture as key priorities this is critical for a continuing roll out of SIM across the Trust area.
- The intention to widen the offer of Mental Health First Aid training to faith and community leaders remains high on the SIM agenda. Other avenues for delivering this training are being explored including from within the Trust.
- Recruitment and training of volunteer support to include canine befrienders, lay chaplains and pastoral befrienders remains an ongoing priority
- Interest in the recent SIM ecology conference and the success of the canine befriending service indicates the potential for the expansion of animal assisted therapies both within the Trust and the NHS more generally.
- Relationships have been established with academic institutions and major animal welfare organisations interested in supporting further development. A project group is being established to progress this.

Core elements of the current training programme will continue to be provided wherever possible. These include:

- Muslim awareness for Trust staff
- Mental health awareness for Muslim women
- Forest schools
- Service user retreats
- Online short courses

The Mental Health Museum (MHM) has been a linked charity since 2014 and is located in the heart of Fieldhead Hospital, Wakefield. The museum's extraordinary collection aims to support the empowerment of people; joining people together to combat mental health stigma, prejudice and promote mental wellbeing. The museum aims to work with its communities to co-create a mindful, knowledgeable and active society.

During 2022 the MHM has been delighted to extend our opening of the Museum to increasing numbers of visitors. This has included several group visits from staff members and higher education. Object handling sessions have been developed alongside tours of the exhibition space which have enabled the museum to extend and enrich the experience. It has also enabled research and exploration of some of the objects that have previously not been part of the displays.

As part of initiatives to generate increased engagement with the Museum, an event programme has been developed, including our participation in Heritage Open Days in September 2022. This national campaign helped attract new visitors to the space, with our specially themed 'Fieldhead at 50' day being enjoyed by over 60 visitors. This was co-produced with museum supporters who have participated in events across the year including developing displays and activities. On the day stories were captured for our oral history archive, with individuals sharing their memories of Stanley Royd and Fieldhead Hospitals. A new film for our developing website will feature some of these stories and the collection of archives ensuring we continue to collect and expand our understanding of mental health.



Non-executive director and chair of the charitable funds committee Erfana Mahmood welcoming a new deposit with objects and archive material from Stuart, a long-serving NHS staff member



Visitors to the museum space have been able to enjoy new displays and better casing and lighting which have been introduced into the museum with a phased programme of replacing older cabinets. Displays now include more personal objects which reflect the patient journey in Stanley Royd and help visitors understand more of the context of individual experience. Items relating to pastimes, eating and drinking, and creativity are now on display and the museum continues to develop this area with items reflecting the contemporary experience. New interpretations are developed alongside individuals with visitors and participants in activities helping to direct and develop the content. These developments would not have been possible without the ongoing 'back room' work to improve our recording, packaging and storage of the collection.

Contributing powerfully to the display this year has been the Recollections May Vary exhibition. The New Dialogues project in partnership with national charity Outside In has seen the Museum team working alongside artists to deliver courses around the content of the Museum and the practice of curation. Twelve artists worked to produce new interpretations of the Museum narrative and its collection. These were woven into the object displays creating personal, thought-provoking and challenging understandings of the history and experience of mental health. The project was an influential and important journey for the Museum team, not only expanding the knowledge about the collection but enriching further the possible interpretations that objects provoke.

The project was inspiration to several ongoing engagement activities including an 'in conversation' event devised by artist Doll with participation from artist Michelle Duxbury and the MHM curator, held at The Art House, Wakefield. This continued the valuable discussions around creating new works of art in Museum spaces and challenges in curatorship.

There have also been two art workshops generating new works of art with participants at Fieldhead and in the wider community. The Remembrance project devised by artist Angela Chudley included the development of a new work of art from artists across Fieldhead. They created poppies for inclusion on Angela's new stitched hanging, and for a new display in the Museum reception. The poppy display was so successful that the Museum is now working alongside creative practitioners to develop the Fieldhead Gallery in the Museum reception, with regular themed displays of people's work. This enhances our visitor welcome and provides an opportunity for everyone to enjoy people's artistic practice.

> I was blown away by the amazing poppies made and kindly contributed to the project - such talent and imagination. Well done to all of you. I hope this can be a beginning of a new involvement with the Museum, an owning and claiming of the past and a development of future ways of giving voices to the community at Fieldhead and the other Trust settings. Wellness through creativity and culture is ripe with opportunities and to be a little part or step in this made my day.
> Angela Chudley, artist

The Museum team have continued to develop outreach, online and outdoor experiences which enable the museum to continue to grow our reach during challenging times and provide engagement for those who may find it difficult to visit or participate in indoor activities. This has included developing a rich programme for Our Green Year, including the museum Wildlife Club. Activities have included wildlife spotting mornings, tree seed planting and butterfly releases. We have also created four satellite museum displays across other Trust sites with objects from the collection to help promote what the museum has to offer.

Other outreach has included working to support the engagement with new opera 'The Unravelling Fantasia of Miss H'. This new work explores the story of Mary Frances Heaton's experience as a patient at the Wakefield Asylum, and is inspired by the internationally significant collection of samplers created by Mary that are held at the Museum. Outreach has included participation in an embroidery workshop with artist Hayley Mills-Styles and Well Women Wakefield. The Museum took a group of Museum supporters to enjoy the performance of 'The Unravelling' in March 2022 at the Theatre Royal, Wakefield.

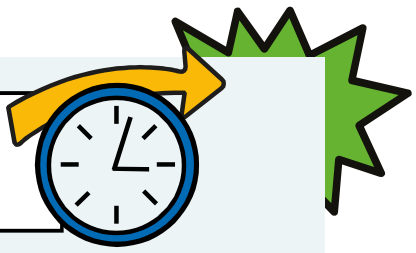


A selection of the poppies created

On Mondays and Fridays the museum continues to host its wellbeing offer. This has delivered activities for people at Fieldhead including the Creative

Cuppa club. In addition, CAB Citizens Advice Wakefield District was awarded funding from the Nova Wakefield District Community Mental Health Provision Fund to work in partnership with the Trust to develop a general outreach service at three locations in the district. Several sessions have been held at the Museum. In 2022/23, the CAB has helped service users and staff to claim an extra £120k of benefits that they were entitled to.

Future plans



Work to build engagement with the Museum will continue across the coming year. The Museum has been delighted to extend the borrowing library for people at Fieldhead and include a small shop in our reception area. This has helped build engagement across the Fieldhead site and encouraged people to pop into their museum. Hope is that the development of the Fieldhead gallery will encourage everyone to find something of interest or to share in this developing museum space.

As it becomes more possible, development continues on engagement activities which enable people to become more closely involved in co-producing the content of the Museum. One of the themes for the coming year is spirituality and the museum is looking to gather input into how different spiritual practices might be important to people during their time at Fieldhead.

Plans are in development to extend our engagement with younger audiences over the coming year. This takes advantage of the planning work we have been undertaking with Kids in Museums and piloting ideas for history and wellbeing sessions both as outreach and within the Museum space. This work will enable us to develop our schools programme amongst younger pupils.

The Museum continues to develop our projects outdoors with our ongoing Wildlife Club. This includes enhancing our outdoor spaces to encourage wildlife on our doorstep with new planting and interpretation in our patio and garden areas. The museum will also be piloting some archaeological activities in the autumn to help us interpret and record the historic landscape of Fieldhead.

Financial review

How we funded our work, achievements, and performance

In 2022/23, the charities received income of £1,478k (2021/22 £1,692k) and expended £1,149k (2021/22 £1,103k). At the end of the year the charities had a balance of £1,784k (2021/22 £1,455k).

EyUp!

EyUp! received income of £225k from donations, fundraising, sale of goods, lottery, grants, and interest. This includes:

Donations and trading activities (which include the EyUp! lottery and fundraising events). These have decreased from £76k (2021/22) to £62k (2022/23). These donations are mainly from staff, service users, carers, relatives, and friends.

£55k was received in the form of grants from NHS Charities Together and £105k from the Trust.

Expenditure of £171k was spent on grant making, staff costs, administration fee, prizes and admin costs relating to the lottery. A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

At 31 March 2023 EyUp! had funds carried forward of £369k, of which £79k is restricted (2021/22 £313k, £89k restricted).

Creative Minds

Creative Minds received income of £1,058k, of which £753k was received from the Trust. Other income was from grants of £300k (significant grants include £67k from NHS Charities Together, £24k from BBC Children in Need, £40k from Locala and £43k from Johnson and Johnson), interest and a few small donations.

During the year expenditure of £802k was spent. £467k was on small grants, £328k on staff costs (including staff time on grant projects) and £8k on administrative costs.

At 31 March 2023 Creative Minds had funds carried forward of £1,247k (2021/22 £991k).



Mental Health Museum

Mental Health Museum received income of £144k, of which £142k was received from the Trust.

Expenditure of £109k was spent in year. This includes £55k on staff costs, and £54k on charitable activities and minimal expenditure administration.

At 31 March 2023 Mental Health Museum had funds carried forward of £99k (2021/22 £64k).

Spirit in Mind

Spirit in Mind received income of £50k, of which £35k was received from the Trust and £15k in grants.

Expenditure of £68k was spent in year. £9k relates to staff costs, £58k relates to the activities of Spirit in Mind including the canine befriending project, and minimal expenditure on administration.

At 31 March 2023 Spirit in Minds had funds carried forward of £69k. (2021/22 £87k)

A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

How we manage the money

Our grant making policies

Grants are made in accordance with charity law, our constitution and the wishes and directions of donors. The charitable funds committee have regard to the Charity Commission for England and Wales's guidance on public benefit and what this means for EyUp! and its linked charities.

EyUp!

EyUp! makes grants from its unrestricted funds, both general and designated funds. Any applications requesting grants over £5,000 are referred to the charitable funds committee for a final decision.

- **General funds** – these funds are received with no particular preference expressed by donors. The income generated by the lottery is also received into general funds. On a quarterly basis, bids are invited from all services and wards across the Trust. These are then assessed by a sub-committee of Trustwide clinical and non-clinical staff who award funding based on the application, looking at the benefits of the proposal.
- **Designated funds** – are established for a particular ward or service. Each fund has a designated fund manager who authorises expenditure from these funds at any time. Finance check that the expenditure is appropriate to the overall purpose of the charity.

Creative Minds

Creative Minds develops community partnerships to co-fund and co-deliver projects for local people and all the projects are supported on a match-funded basis. The term match-funded refers to the requirement of partners to provide funding of an equal or greater basis for each project.

Creative Minds invites applications for funding for each locality they work in annually. Applications are assessed through locality collectives made up of service users, carers and Trust staff using the Young Foundation community development tool. Where projects show a shortfall, the collectives try to work with the organisation to strengthen the bid. The collectives also look for a balanced portfolio of projects across the Trust districts, considering the types of activity, the client group and the service that will benefit.

The Mental Health Museum and Spirit in Mind do not make grants.

Risk analysis

The trustee reviews risk as part of the charity action plan at each meeting and within the business plan. The main risk facing the charities is financial sustainability.

- The EyUp! fundraiser was appointed to mitigate this by being a dedicated resource to increase income through several different funding streams. The effectiveness of this is reviewed at each meeting and success is being achieved. A risk remains that this is just one member of staff that may leave or fall ill. EyUp! received a development grant from NHS Charities Together in 2022/23 and this funding will be used for a part-time administrator and a part-time communications officer. The administrator has been appointed and will start in Q1 2023/24.
- The linked charities are revising their strategies and producing clear business plans which will be actioned and monitored to ensure they are sustainable in the future. Work has continued in 2022/2023.
- Inflation and the cost of living has increased. This is having an impact on the amount that people are able to donate to charity and is anticipated to affect donations in 2023/24.

Our investment policy

The current policy (agreed in December 2022) is to invest funds in a mix of deposit accounts. The corporate trustee takes a prudent approach to investment and holds the funds in low-risk deposit accounts across various providers.

Our reserves policy

Under the guidance of the Charities Commission booklet 'CC19, Charities Reserves' and 'Charity reserves: building resilience', the corporate trustee agreed the following reserves policy, which is reviewed annually.

EyUp! reserves policy

Funds held by EyUp! that are unrestricted are classed as reserves under Charities SORP (FRS 102).

The charity has a general legal duty to apply charitable funds within a reasonable time of receiving them. The corporate trustee actively encourages fund managers to spend their funds and encourages staff to bid against the general purpose funds.

The trustee policy is to keep funds to the minimum required to cover approved commitments in the belief that donations are made with the intention and expectation that they will be spent accordingly.

To avoid the risk of the charity's reserves becoming overdrawn it is considered prudent to hold a minimum 3 months' operating expenditure, plus one year's salary for the fundraising posts. If the balance fell to this level, then the committee would revise the strategy and plan for the charity.

The reserves currently stand at £183k and are calculated as follows:

Total unrestricted funds of	£290k
Less designated funds	£107k
Total reserves	**£183k**

The trustee reviews the balances held in designated funds, in accordance with the provisions of the NHS Acts relating to charitable funds, to determine whether these funds are likely to be committed in the near future and the extent to which there is a continuing need identified for any particular designated fund (s). The funds are reviewed on an annual basis and any inactive funds are closed and the balance transferred to general funds.

Expenditure is reviewed quarterly at the charitable funds committee to ensure that the minimum level of reserves is maintained. Reserves are currently slightly higher than the minimum required. It is anticipated that these will reduce further in 2023/24 to be in line with the expected reserves.

Creative Minds reserves policy

Creative Minds is funded by specific grants for projects and by general contribution by the Trust. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. A minimum of three months' operating expenditure is held as reserves. A significant proportion of Creative Minds' expenditure is planned grant expenditure, so if funds are reduced to this level, then plans can be revised.

Mental Health Museum reserves policy

The Mental Health Museum is primarily funded by specific grants with small donations by visitors. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The trustee has deemed that at this point the charity does not need to hold reserves.

Spirit in Mind reserves policy

Spirit in Mind is primarily funded by specific grants. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The trustee has deemed that at this point the charity does not need to hold reserves.

Volunteers

EyUp! and its linked charities would like to thank all the volunteers who have contributed to the charities in 2022/23. This includes being part of the running of the charities and helping make grant funding decisions for Creative Minds. They have all contributed to the success and growth of the charities and the charities continue to be grateful for their help and time.

Ambassadors

Ambassadors do not have any formal role in the governance of the charity but assist by gaining publicity and raising our profile:



Ashley Jackson - Painter



Horatio Clare - Author



Stephanie Hirst - Broadcaster

The charities would like to thank the ambassadors for their continuing support.

Structure, governance and management

South West Yorkshire Partnership NHS Foundation Trust is the corporate trustee of the charity governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

Corporate trustee

The corporate trustee comprises the non-executive and executive directors of the board of South West Yorkshire Partnership NHS Foundation Trust and meets quarterly. Non-executive directors are appointed by the governors of the Trust and executive directors are subject to the Trust's recruitment policies. When directors join the corporate trustee, they are introduced to the charity, its objectives, and Charity Commission guidance (CC3).

The members of the corporate trustee have read and had regard to the Charity Commission's guidance on public benefit. They give of their free time freely and do not receive any pay, emoluments, or other financial benefit.

Those who served on the corporate trustee during the period were as follows:

Marie Burnham	Chair
Mike Ford	Non-executive director
Mandy Griffin	Non-executive director
Chris Jones (left 30/04/22)	Non-executive director
Erfana Mahmood	Non-executive director
Natalie McMillan	Non-executive director
Kate Quail	Non-executive director
David Webster (from 01/05/2022)	Non-executive director
Mark Brooks	Chief executive
Sue Barton (from 01/07/23 to 17/09/23)	Interim executive director of strategy and change
Carol Harris	Chief operating officer
Lindsay Jensen (to 30/04/22)	Interim director of human resources
Dawn Lawson (from 18/09/23)	Executive director of strategy and change
Greg Moores (from 01/05/22)	Chief people officer
Sean Rayner	Executive director of provider development
Dr Subha Thiyagesh	Chief medical officer

Darryl Thompson	Chief nurse and director of quality and professions
James Sabin (left 30/06/22)	Interim director of finance
Adrian Snarr (from 08/08/22)	Executive director of finance, estates and resources
Salma Yasmeen (left 30/06/23)	Director of strategy and change / deputy chief executive

Charitable Funds committee

The corporate trustee is supported in their responsibilities and duties by the charitable funds committee, which meets quarterly. Their duties include managing the Trust's charitable funds in accordance with statutory requirements; ensuring expenditure is in line with the objects of the charities; delegating responsibility for the management of designated charitable funds and the linked charities; fundraising for the charity; ratifying the annual report and accounts; and reviewing the effectiveness of the committee.

The members of the charitable funds committee during the period were as follows:

Erfana Mahmood (committee chair)	Non-executive director
Sue Barton (from 01/07/23 to 17/09/23)	Interim executive director of strategy and change
Marie Burnham	Chair of the Trust
Mike Ford	Non-executive director
Dawn Lawson (from 18/09/23)	Executive director of strategy and change
Sean Rayner	Executive director of provider development
Salma Yasmeen (lead executive)	Executive director of strategy and change / deputy (left 30/06/23) chief executive

All members of the committee are required to undertake suitable training in order to discharge their duties as members of the committee.

The charitable funds committee is supported by the EyUp! operational management group and the linked charities group, both of which report to the committee.

The day-to-day operations of the charitable funds are administered by South West Yorkshire Partnership NHS Foundation Trust.

Reference and administrative details

EyUp! is registered under the single registered number 1055931.

The governing document is a deed dated 1 April 1996.

The MHM is a linked charity registered under number 1055931-12. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by advancing the education of the public on the subject of mental health.

Creative Minds is a linked charity registered under number 1055931-13. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by relieving sickness and preserving health and wellbeing and by promoting social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded, and assisting them to reintegrate into society.

Spirit in Mind is a linked charity registered under number 1055931-14. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by the promotion of racial harmony for the public benefit by advancing education and raising awareness of mental health issues relating to culture and religion, and advancing racial harmony through the provision of cross-cultural activities which enhance health and wellbeing.

How to contact us

EyUp!
Fieldhead Hospital
Ouchthorpe Lane
Wakefield
WF1 3SP

Bankers:
National Westminster Bank
3 Ropergate
Pontefract
West Yorkshire
WF8 1LH

External auditors:
Deloitte LLP
1 Trinity Gardens
Newcastle upon Tyne
NE1 2HF

Internal auditors:
360 Assurance
Riverside House
Bridge Park Road
Thurmaston
Leicester
LE4 8BL

A BIG THANK YOU

On behalf of the staff and service users who have benefitted from improved services due to donations and legacies, the corporate trustee would like to thank all service users, relatives, carers, members, the general public and staff who have made charitable donations, participated in the lottery, and supported the work of the charities.

SUPPORT THE WORK OF EYUP!

THANK YOU FOR READING ABOUT THE PROJECTS THAT THE CHARITY HAS SUPPORTED THIS YEAR, THIS CANNOT CONTINUE WITHOUT ONGOING DONATIONS.

WHAT COULD YOUR GIFT BUY?

£1	COULD BUY	COLOURING PENS FOR AN ART SESSION
£10	COULD BUY	A DVD FOR A WARD
£20	COULD BUY	SEEDS AND PLANTS FOR A GARDENING GROUP
£30	COULD BUY	BOOKS TO START A WARD LIBRARY
£50	COULD BUY	ARTS AND CRAFTS MATERIALS
£100	COULD BUY	A WATER FEATURE FOR A SENSORY GARDEN
£150	COULD BUY	A DAY TRIP FOR SERVICE USERS
£300	COULD BUY	A PORTABLE PIANO FOR A WARD
£500	COULD BUY	START-UP COSTS FOR A NEW ACTIVITY GROUP

If you would like to make a donation:

Through your bank:

Pay direct to the charity donation account, 54-30-64, account code 42591511

By Just Giving:

Donate online at www.justgiving.com/EyUp

By Cheque:

Please make cheques payable to "EyUp!" and send to EyUp!, South West Yorkshire Partnership NHS FT, Fieldhead Hospital, Block 9, Ouchthorpe, Wakefield, WF13SP.

Signed: 

Name: Marie Burnham

Date: 15/12/2023

Statement of trustee responsibilities in respect of the trustee annual report and accounts

The trustee is responsible for preparing the trustee annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales requires the trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgments and estimates that are reasonable and prudent.
- State whether applicable accounting standards have been followed.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent auditor's report to the trustees of EyUp! and linked charities

Report on the audit of the financial statements

Opinion
In our opinion the financial statements of EyUp! and linked charities (the 'charity'):

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the Charities Act 2011.

We have audited the financial statements which comprise:

- the statement of financial activities;
- the balance sheet;
- the cash flow statement; and
- the related notes 1 to 21.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the Financial Reporting Council's (the 'FRC's') Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We

believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.



Responsibilities of trustee

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 149 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the FRC's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

We considered the nature of the charity's industry and its control environment, and reviewed the charity's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also enquired of management and the trustees about their own identification and assessment of the risks of irregularities, including those that are specific to the charity's business sector.

We obtained an understanding of the legal and regulatory framework that the charity operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements. This included the Charities Act; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the charity's ability to operate or to avoid a material penalty. This included the Charity Commission regulations.

We discussed among the audit engagement team regarding the opportunities and incentives that may exist within the organisation for fraud and how and where fraud might occur in the financial statements.

As a result of performing the above, we identified the greatest potential for fraud in the following area, and our procedures performed to address it are described below:

- We pinpointed the risk of fraud through material misstatement to the risk of cut off of donations and grant income. To address this risk, we have tested a sample of donations and grant income from source records to their supporting evidence to determine the correct period of recognition.

In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments; assessed whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluated the business rationale of any significant transactions that are unusual or outside the normal course of business.



In addition to the above, our procedures to respond to the risks identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of management and external legal counsel concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of meetings of those charged with governance and reviewing correspondence with the Charity Commission.

Report on other legal and regulatory requirements

Matters on which we are required to report by exception

Under the Charities (Accounts and Reports) Regulations 2008 we are required to report in respect of the following matters if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

We have nothing to report in respect of these matters.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Deloitte LLP
Statutory Auditor
Newcastle Upon Tyne, United Kingdom

Deloitte LLP is eligible for appointment as auditor for the Charity by virtue of its eligibility for appointment as audit of a company under section 1212 of the Companies Act 2006.

EyUp! and linked charities consolidated statement of financial activities for the year ending 31 March 2023

	Note	2023 Unrestricted funds	2023 Restricted funds	2023 Total Funds 2023	2022 Unrestricted funds	2022 Restricted funds	2022 Total Funds 2022
		£000	£000	£000	£000	£000	£000
Income from:							
Donations and legacies	4	25	558	583	37	466	503
Charitable activities	4	106	745	851	52	1,098	1,150
Other trading activities	5	37	0	37	39	0	39
Investments	7	2	5	7	0	0	0
Total income		**170**	**1,308**	**1,478**	**128**	**1,564**	**1,692**
Expenditure on:							
Raising funds	8	(60)	0	(60)	(52)	0	(52)
Charitable activities							
Service user education and welfare	9	(44)	(1,045)	(1,089)	(52)	(999)	(1,051)
Total expenditure		**(104)**	**(1,045)**	**(1,149)**	**104)**	**(999)**	**(1,103)**
Net income / (expenditure)		**66**	**263**	**329**	**24**	**565**	**589**
Transfers between funds	20	0	0	0	0	0	0
Net movement in funds		**66**	**263**	**329**	**24**	**565**	**589**
Reconciliation of funds							
Total funds brought forward		224	1,231	1,455	200	666	866
Total funds carried forward		**290**	**1,494**	**1,784**	**224**	**1,231**	**1,455**

There were no other recognised gains or losses other than those listed above. All activities relate to continuing activities. Retricted Funds relate to the linked charities and the grants awarded from NHS Charities Together.

EyUp! and linked charities consolidated balance sheet as at 31 March 2023

Balance sheet	Note	Unrestricted funds	Restricted funds	Total Funds 2023	Unrestricted funds	Restricted funds	Total Funds 2022
		£000	£000	£000	£000	£000	£000
Current assets							
Debtors	16	3	142	145	9	210	219
Cash and cash equivalents	17	291	1,563	1,854	227	1,063	1,290
Total current assets		**294**	**1,705**	**1,999**	**236**	**1,273**	**1,509**
Liabilities							
Creditors falling due within one year	18	(4)	(191)	(195)	(12)	(27)	(39)
Accruals	18	0	(20)	(20)	0	(15)	(15)
Net current assets (liabilities)		**290**	**1,494**	**1,784**	**224**	**1,231**	**1,455**
Total net assets or liabilities		**290**	**1,494**	**1,784**	**224**	**1,231**	**1,455**
The funds of the charity:							
Restricted income funds		0	1,494	1,494	0	1,231	1,231
Unrestricted income funds		290	0	290	224	0	224
Total charity funds		**290**	**1,494**	**1,784**	**224**	**1,231**	**1,455**

EyUp! has one active restricted fund, NHS Charities Together totalling £89k. The other restricted funds shown here are restricted to the linked charities and are restricted to that charity as described in note 21.

The notes at pages 42 to 63 form part of these accounts

Signed: _____

Name: Marie Burnham

Date: 15/12/2023

EyUp! and linked charities consolidated statement of cash flows for the year ending 31 March 2023

Statement of cash flows	Note	Total funds 2022/23	Total funds 2021/22
		£'000	£'000
Cash flows from operating activities			
Net cash provided by (used in) operating activities	19	557	449
Cash flows from investing activities			
Interest received	7	7	0
Net cash provided by (used in) investing activities		7	0
Change in cash and cash equivalents in the reporting period		564	449
Cash and cash equivalents at the beginning of the reporting period		1,290	841
Cash and cash equivalents at the end of the reporting period		**1,854**	**1,290**

Notes on the accounts

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2011.

The trustee has a reasonable expectation that EyUp! and its linked charities have sufficient resources to continue in operational existence for the foreseeable future being at least 12 months from the date of approval of these financial statements. For this reason, they continue to adopt the going concern basis in preparing the accounts. In making this assertation the trustee has taken several considerations into account. Budgets for 2023/24

have been approved by the trustees which demonstrate that each one has funding streams and expenditure plans in place.

These accounts are prepared and presented in GBP in round thousand pounds (£).

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund; or
- An endowment fund

Restricted funds are those where the donor had provided for the donation to be spent in furtherance of a specified charitable purpose.

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. EyUp! and the linked charities currently have no endowment funds.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds which are sub-analysed between designated (earmarked) funds where the trustee has set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the trustee discretion, including the general funds which represent the charity's reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Income

All income is recognised once the charity has entitlement to the resources. It is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

When there are terms or conditions attached to income, particularly grants, these terms or conditions must be before the income is recognised as the entitlement condition will not be met until that point. Where the terms or conditions have not met, or uncertainty exists as to whether they can be met, then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

Grants are received in both GBP and foreign currency. These are recognised at the rate of exchange at the date of the payment.

(d) Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted;
- The executors have established that there are sufficient assets in the estate to pay the legacy; and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated, then the legacy is shown as a contingent asset until all the conditions for income recognition are met

(e) Resources expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the statement of financial activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event.
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement.
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(f) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to third parties in the furtherance of the charitable objects of the fund.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant.
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant.
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment.

The trustee has control over the amount and timing of grant payments and consequently where approval has been given by the trustee and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions



attached. However, when they are then those conditions have to be met before the liability is disclosed.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met, then no liability is recognised but a contingent liability is disclosed.

(g) Allocation of support costs

Support costs are those costs which do not relate to a single activity. These include some staff costs, costs of administration, internal and external examiner costs. Support costs have been apportioned to charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 12.

(h) Fundraising costs

The costs of raising funds are those costs attributable to raising income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objectives. The costs of raising funds include the prizes paid out in respect of the lottery.

(i) Charitable activities

Costs of charitable activities compromise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 12.

(j) Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

(k) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, liquid investments.

(l) Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long-term creditors.

(m) Pensions

EyUp! does not directly employ staff. Staff working on the charity are directly employed by South West Yorkshire Partnership NHS Foundation Trust, with the full costs recharged to EyUp! As employees of the Trust, they are entitled to join the NHS Pensions Scheme. The scheme is subject to a full actuarial valuation every four years, and an IAS 19 accounting valuation every year. The results form the latest valuation as of 31 March 2016 set the employer contribution rate at 20.6% of pensionable pay.
The valuation of scheme liability in accordance with IAS19 is carried out annually by the Scheme Actuary. The latest assessment of the liabilities of the Scheme is contained in the Scheme Actuary report, which forms part of the annual NHS Pension Scheme (England and Wales) Resource Account, published annually. These accounts can be viewed on the NHS Pensions website.

(n) Judgements and estimates

In the application of the accounting policies, the trustee is required to make judgements, estimates and assumptions about its carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

(o) Financial Instruments

The charities have financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost using the effective interest method. Financial assets are held at amortised cost.

2. Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides prior period comparatives for the statement of financial activities and the balance sheet for each of the funds included in the notes to the accounts (Pages X and X)

EyUp! unrestricted funds - statement of financial activity for the year ended 31 March 2023

	2023	2022
	£'000	£'000
Income and endowments from:		
Donations and legacies	25	37
Charitable activities	106	52
Other trading activities	37	39
Investments	2	0
Total income resources	**170**	**128**
Expenditure on:		
Raising funds	(60)	(52)
Charitable activities	(44)	(52)
Total expenditure	**(104)**	**(104)**
Net income / (expenditure)	**66**	**24**
Transfers between funds	0	0
Net movement in funds	**66**	**24**
Reconciliation of funds		
Total funds brought forward	224	200
Total funds carried forward	**290**	**224**

EyUp! unrestricted funds - balance sheet as at 31 March 2023

	2023	2022
	£'000	£'000
Current assets		
Debtors	3	9
Cash and cash equivalents	291	227
Total current assets	**294**	**236**
Liabilities		
Creditors falling due within one year	(4)	(12)
Net current assets (liabilities)	**290**	**224**
Total assets less current liabilities	**290**	**224**
Total net assets or liabilities for unrestricted funds	**290**	**224**
Total unrestricted funds	**290**	**224**

Restricted funds - statement of financial activity for the year ended 31 March 2023

2023					
	EyUp!	**MHM**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	0	108	415	35	558
Charitable activities	56	36	638	15	745
Investments	0	0	5	0	5
Total income	**56**	**144**	**1,058**	**50**	**1,308**
Expenditure on:					
Charitable activities	(66)	(109)	(802)	(68)	(1,045)
Total expenditure	**(66)**	**(109)**	**(802)**	**(68)**	**(1,045)**
Net income / (expenditure)	**(10)**	**35**	**256**	**(18)**	**263**
Transfers between funds		0	0	0	0
Net movement in funds	**(10)**	**35**	**256**	**(18)**	**263**
Reconciliation of funds					
Total funds brought forward	89	64	991	87	1231
Total funds carried forward	**79**	**99**	**1,247**	**69**	**1,494**

2022					
	EyUp!	**MHM**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	0	73	359	34	466
Charitable activities	20	42	959	77	1,098
Investments	0	0	0	0	0
Total income	**20**	**115**	**1,318**	**111**	**1,564**
Expenditure on:					
Charitable activities	(75)	(83)	(814)	(27)	(999)
Total expenditure	**(75)**	**(83)**	**(814)**	**(27)**	**(999)**
Net income / (expenditure)	**(55)**	**32**	**504**	**84**	**565**
Transfers between funds		0	0	0	0
Net movement in funds	**(55)**	**32**	**504**	**84**	**565**
Reconciliation of funds					
Total funds brought forward	144	32	487	3	666
Total funds carried forward	**89**	**64**	**991**	**87**	**1,231**

Restricted funds - balance sheet as at 31 March 2023

2023					
	EyUp!	MHM	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	0	142	0	142
Cash and cash equivalents	80	99	1,315	69	1,563
Total current assets	**80**	**99**	**1,457**	**69**	**1,705**
Liabilities					
Creditors falling due within one year	(1)	0	(190)	0	(191)
Accruals	0	0	(20)	0	(20)
Net current assets (liabilities)	**79**	**99**	**1,247**	**69**	**1,494**
Total assets less current liabilities	**89**	**64**	**991**	**87**	**1,231**
Total net assets or liabilities for restricted funds	**79**	**99**	**1,247**	**69**	**1,494**
Total restricted funds	**79**	**99**	**1,247**	**69**	**1,494**

Restricted funds - balance sheet as at 31 March 2022

2022					
	EyUp!	**MHM**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	5	203	2	210
Cash and cash equivalents	99	59	820	85	1,063
Total current assets	**99**	**64**	**1,023**	**87**	**1,273**
Liabilities					
Creditors falling due within one year	(10)	0	(17)	0	(27)
Accruals	0	0	(15)	0	(15)
Net current assets (liabilities)	**89**	**64**	**991**	**87**	**1,231**
Total assets less current liabilities	**89**	**64**	**991**	**87**	**1,231**
Total net assets or liabilities for restricted funds	**89**	**64**	**991**	**87**	**1,231**
Total restricted funds	**89**	**64**	**991**	**87**	**1,231**

3. Related party transactions

The corporate trustee governs EyUp! and its linked charities. The corporate trustee is the Trust. EyUp! has made payments to the Trust in relation to administration costs in support of grant making activities which are included in direct activity costs (note 9). The Trust has also made several grant payments to EyUp! and its linked charities. These are made on an arm's length basis.

	Total 2023	Total 2022
	£'000	£'000
South West Yorkshire Partnership NHS Foundation Trust	1,034	1,226
	1,034	**1,226**

There was £142k closing balance in debtors (£219k 2021/22) and £194k (38k 2022/21) in creditors in respect of the Trust.

EyUp! and its linked charities is a wholly owned subsidiary of South West Yorkshire Partnership NHS Foundation Trust, an NHS Foundation Trust registered in England. South West Yorkshire Partnership NHS Foundation Trust is also the ultimate parent company.

The parent undertaking of the smallest group which also includes the charities, and for which consolidated financial statements are prepared, is South West Yorkshire Partnership NHS Foundation Trust.

Copies of the financial statements for this group can be obtained from:

South West Yorkshire Partnership NHS Foundation Trust
Fieldhead
Ouchthorpe Lane
Wakefield
WF1 3SP

South West Yorkshire Partnership NHS Foundation Trust is a public benefit organisation established under the National Health Service Act 2006. NHS England has the power to control the Trust within the meaning of IAS27 'Consolidated and Separate Financial Statements'.

NHS England is accountable to the Secretary of State for Health and therefore the Trust's ultimate parent is HM Government.

4. Income from donations and legacies and charitable activities

	2023			2022		
	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	25	0	25	34	0	34
Corporate donations	0	557	557	3	466	469
Legacies	0	0	0	0	0	0
Grants	105	745	850	52	1,098	1,150
Total	**130**	**1,302**	**1,432**	**89**	**1,564**	**1,653**

Analysis of Restricted Funds

	2023				2022			
	EyUp!	Creative minds	MHM	Spirit in Mind	EyUp!	Creative minds	MHM	Spirit in Mind
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	0	0	0	0	0	0	0	0
Corporate donations	0	415	108	34	0	359	73	34
Legacies	0	0	0	0	0	0	0	0
Grants	56	639	35	15	20	959	42	77
Total	**56**	**1,054**	**143**	**49**	**20**	**1,318**	**115**	**111**

Donations from individuals are gifts from members of the public, relatives, carers, service users and staff.

5. Analysis of income from other trading activities

	2023			2022		
	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery	34	0	34	34	0	34
Sale of goods	3	0	3	5	0	5
Fundraising events	0	0	0	0	0	0
Total	**37**	**0**	**37**	**39**	**0**	**39**

6. Role of volunteers

Creative Minds have several volunteers who sit on the locality collectives which make decisions on small grant funding.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

7. Gross investment income

	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Short term investments and deposits cash on deposit	2	5	7	0	0	0
Total	**2**	**5**	**7**	**0**	**0**	**0**

The income shown for restricted funds is in relation to Creative Minds.

8. Analysis on expenditure on raising funds

	2023			2022		
	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery prizes	17	0	17	18	0	18
Lottery admin fee	0	0	0	0	0	0
fundraising costs	43	0	43	34	0	34
Total	**60**	**0**	**60**	**52**	**0**	**52**

9. Analysis of charitable expenditure

EyUp! did not undertake any direct charitable activities on its own account during the year. All the charitable expenditure was in the form of grant funding.

Grants were approved in favour of the partner organisations, principally South West Yorkshire Partnership NHS Foundation Trust, to carry out activities that will benefit service users of the NHS. EyUp! incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by them.

Creative Minds expenditure was in the form of grant funding. Details of the significant grants are found in note 10.

Mental Health Museum and Spirit in Mind undertake direct charitable activities and do not make grants.

	Activ-ities direct	Grant funded activity	Sup-port costs	**Total 2023**	Activ-ities direct	Grant funded activity	Sup-port costs	**Total 2022**
	£'000	£'000	£'000	**£'000**	£'000	£'000	£'000	**£'000**
EyUp! service user activities	0	111	0	**111**	0	127	0	**127**
Creative Minds activities	328	466	0	**802**	274	532	8	**814**
Mental Health Museum activ-ities	109	0	0	**109**	83	0	0	**83**
Spirit in Mind activities	67	0	0	**67**	27	0	0	**27**
	504	**576**	**8**	**1,089**	**384**	**659**	**8**	**1,051**

10. Analysis of grants

The charity does not make grants to individuals. All grants are made to the Trust or other third-party organisations

Creative Minds significant grants 2022/23	£	No
Grow Wakefield	14,256	2
S2R (Support to Recovery)	10,897	4
The Watershed	8,000	2
TRW / Chimes	7,893	2
Shabang Inclusive Learning CIC	7,397	2
The Artworks	6,500	2
Chol Theatre	6,450	2
Aspire Creating Communities	6,292	2
ROKT Foundation	6,165	2
Barnsley Music Service	6,000	2
Yew Tree	6,000	2
Lawrence Batley Theatre	6,000	1
Action for Autism and Asperger's	6,000	2
Cloverleaf Advocacy	5,700	2
Outside the Box CIO	5,500	2
Holmfirth Arts Festival	5,436	2
Eden Forest CIC	5,406	2
Umbrella Yoga	5,400	2
Barnsley Heritage Museum	5,200	2
Creative Recovery	5,000	2
Growing Works	5,000	2

Creative Minds significant grants 2021/22	£	No
Wakefield Theatre Royal	13,800	4
Butterflies Dementia Support	12,976	2
Grow Wakefield	12,442	4
Creative Recovery	12,000	4
Action for Autism and Asperger's	10,000	1
Chilypep	8,000	2
Reds in the Community	7,999	2
Next Generation	7,455	2
Edgeland Arts	7,300	2
Locorum CIC	7,297	3
Luv2meetu	7,200	2
Co-Active	7,120	2
Grimethorpe Activity Z	7,000	2
Umbrella Yoga CIC	7,000	2
Barnsley Music Service	7,000	2
Barnsley Heritage Museum	7,000	2
Eden Forest CIC	7,000	2
Barnsley libraries	6,900	4
Art House	6,500	2
Artworks	6,500	2
Blackdog Outdoors	6,300	2
Wakefield Council	6,300	2

11. Movements in grant funding commitments accrued

	2023			2022		
	Current liabilities	Non current liabilities	Total	Current liabilities	Non current liabilities	Total
	£'000	£'000	£'000	£'000	£'000	£'000
Opening balance at 1 April	**15**	**0**	**15**	**23**	**0**	**23**
Additional commitments made during the year	244	0	**244**	317	0	**317**
Movement from current to non-current	0	0	**0**	0	0	**0**
Amounts paid during the year	(239)	0	**(239)**	(325)	0	**(325)**
Closing balance at 1 April	**20**	**0**	**20**	**15**	**0**	**15**

The grants included are grants made by Creative Minds to external third parties where the award has been communicated.

As described in notes 9 and 10, the charity awarded several grants in the year. Many grants were awarded and paid out in the same financial year. However, some grants are multiyear grants paid over a longer period.

As the charity has control over the award and timing of grants there is little uncertainty around these payments.

12. Allocation of support costs and overheads

Support and overhead costs are allocated to charitable activities on a pro rata basis between funds. Support costs are the costs associated with the administration of the charity. These amounts are paid directly to South West Yorkshire Partnership NHS Foundation Trust. Salaries and related costs include the costs of the staff working in the linked charities and are allocated to each individual restricted fund and the fundraiser who is allocated to unrestricted funds.

The basis of allocation used are as follows:

- Balance: Each month the charge is allocated on a pro-rata basis on the balance of each fund.
- Direct: The salaries are charged direct to each restricted fund that the post holder works for.

Charitable activities	Unre-stricted funds	Restrict-ed funds	2023 Total	Unre-stricted funds	Restrict-ed funds	2022 Total
	£'000	£'000	**£'000**	£'000	£'000	**£'000**
Audit / Examination	0	8	**8**	0	8	**8**
Financial administration	0	0	**0**	0	0	**0**
Miscellaneous	0	0	**0**	0	0	**0**
Salaries and related costs	39	450	**489**	24	389	**413**
Total	**39**	**458**	**497**	**24**	**397**	**421**

	2023 Total	2022 Total
	£'000	**£'000**
EyUp! – Unrestricted	39	24
EyUp! – Restricted	57	46
Creative Minds	336	282
Mental Health Museum	56	60
Spirit in Mind	9	9
	497	**421**

13. Trustee remuneration, benefits and expenses

The corporate trustee give their time freely and receive no remuneration or reimbursement of expenses for the work that they undertake as trustee.

14. Analysis of staff costs and remuneration of key management personnel

	2023	2022
	£'000	£'000
Salaries and wages	421	351
Social security costs	30	26
Employers pension contribution	38	36
Total	**489**	**413**

	2023	2022
	£'000	£'000
EyUp! – Unrestricted	39	24
EyUp! – Restricted	57	46
Creative Minds	328	274
Mental Health Museum	56	60
Spirit in Mind	9	9
	489	**413**

The average number of full-time equivalent employees during the year was 9 (2022: 9) EyUp!: 2 (2022: 2); Creative Minds: 8 (2022: 6); Mental Health Museum: 2 (2022: 2); Spirit in Mind: 1 (2022: 1)

One employee within Creative Minds had emoluments in excess of £60,000 (2022: 1)

15. Auditors' remuneration

The auditors' remuneration of £7,800 (2022 £7,800) related solely to the audit with no additional work being undertaken (2022: nil).

16. Analysis of current debtors

Debtors under 1 year	2023	2022
	£'000	£'000
Trade debtors	142	219
Prepayment	3	0
Total Debtors	**145**	**219**

17. Analysis of cash and cash equivalents

	2023	2022
	£'000	£'000
Cash in hand	163	99
Notice deposits (less than 3 months)	1,691	1,191
Total cash and cash equivalents	**1,854**	**1,290**

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

All the amounts held on interest bearing deposit are available to spend on charitable activities.

18. Analysis of liabilities

	2023	2022
	£'000	£'000
Creditors under 1 year		
Trade creditors	(195)	(39)
Accruals for grants	(20)	(15)
Total	**(215)**	**(54)**

There are no liabilities greater than one year in 2022/23 (nil 2021/22

19. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2023	2022
	£'000	£'000
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	**328**	**590**
Adjustments for:		
Dividends, interest and rents from investments	(7)	0
(Increase)/decrease in debtors	75	(163)
Increase/(decrease) in creditors	161	22
Net cash provided by (used in) operating activities	**556**	**448**

20. Transfers between funds

There has been no transfer between funds in year (2021/22: nil).

21. Analysis of charitable funds

(a) Analysis of Restricted fund movements

	Balance b/fwd	Income	Expendi-ture	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
EyUp!	89	56	(66)	0	79
Mental Health Museum	64	144	(109)	0	99
Creative Minds	991	1,058	(802)	0	1,247
Spirit in Mind	87	50	(68)	0	69
Total	**1,231**	**1,308**	**(1,045)**	**0**	**1,494**

The objects of each of the restricted funds are as follows

EyUp! has 2 restricted funds. One relates to the grants from NHS Charities Together. These grants are specifically in response to the Covid-19 pandemic. The

other restricted fund relates to NHS Wakefield CCG. This fund is for donations to NHS Wakefield CCG, but the activity benefits the service users of South West Yorkshire Partnership NHS Foundation Trust.

(b) Analysis of unrestricted and material designated fund movements

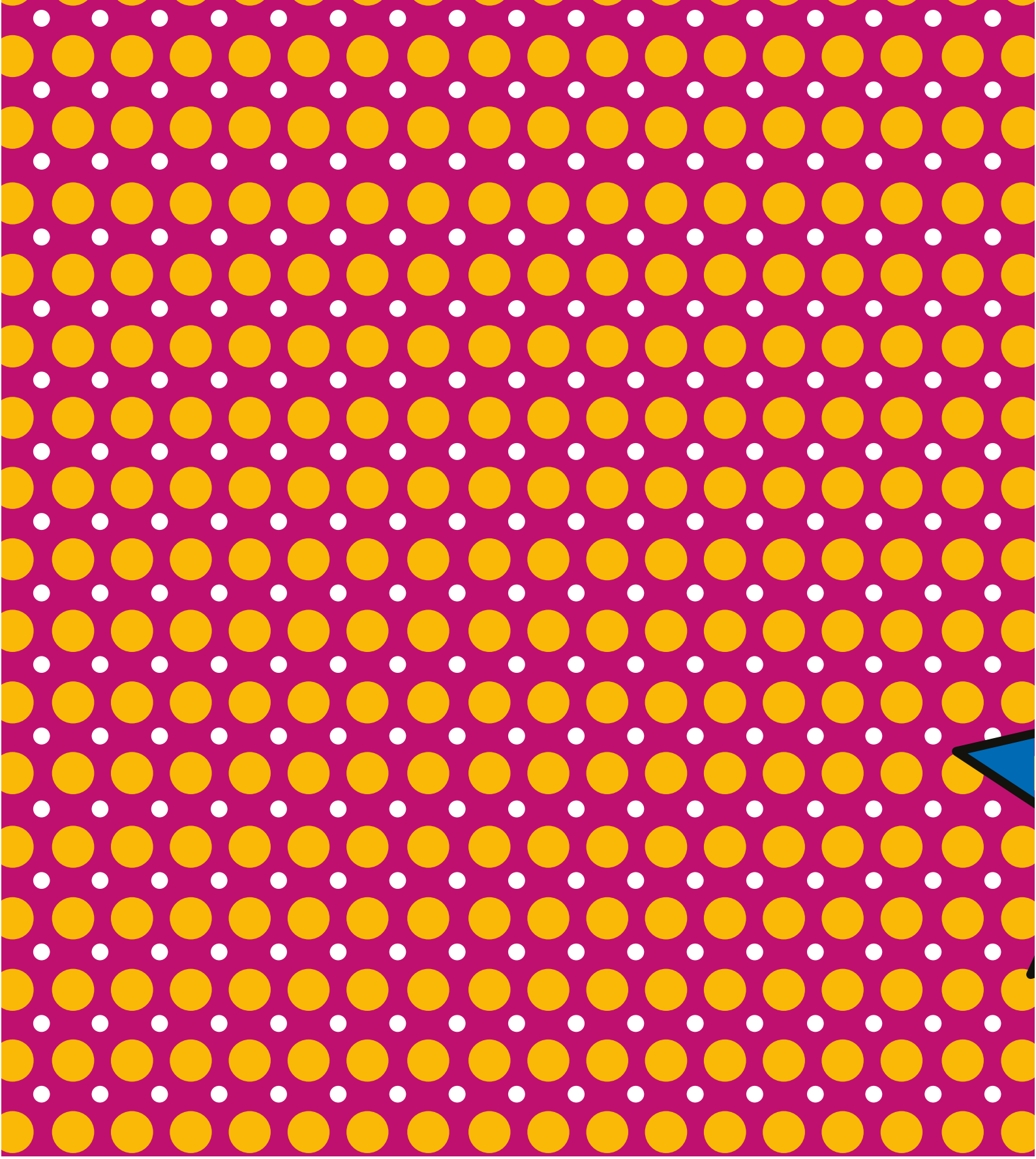
	Balance b/fwd	Income	Expendi-ture	Transfers	Fund c/fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	111	13	(17)	0	107
General funds	113	157	(87)	0	183
Total	**224**	**170**	**(104)**	**0**	**290**

The trustee set an opening or closing balance of £50,000 or above as the threshold for the separate reporting of material designated (earmarked funds). In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The objects of each of the designated unrestricted funds are as follows:

Other designated funds relate to benefiting service users on wards and Trust services within South West Yorkshire Partnership NHS Foundation Trust for which donors have indicated their non-binding wishes when making their generous gifts.

The general funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent and the unrestricted income accruing to the charity. These funds are applied for any charitable purpose to the benefit of the service users of South West Yorkshire Partnership NHS Foundation Trust at the absolute discretion of the trustee.



JOB NO 3714 NOV 23

EYUP

England & Wales - Charity number 1055931

Accounts

EY UP!

HEALTH & HAPPINESS FOR YORKSHIRE FOLK

ANNUAL REPORT AND ACCOUNTS 2021/22

MHM WAKEFIELD
MENTAL HEALTH MUSEUM

Creative Minds®

Spirit in mind

Registered Charity No. 1055931

Supporting the work of

NHS
South West Yorkshire Partnership
NHS Foundation Trust

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Walk in the woods

Trustee Report

Introduction

The corporate trustee presents the EyUp! and its linked charities annual report, together with the financial statements for the year ended 31 March 2022.

The annual report and accounts for the year ended 31 March 2022 have been prepared in accordance with the Charities Act 2011 and the Charities (Accounts & Reports) Regulations 2008.

Objectives and Activities

EyUp! exists to benefit the service users of South West Yorkshire Partnership NHS Foundation Trust (the Trust) across Barnsley, Calderdale, Kirklees and Wakefield. Our funds are not used to support NHS services but to enable us to provide extras above and beyond normal NHS funding.

These can be extras for inpatient ward areas, such as games and activities, equipment for visiting rooms, resources for sports or creative activities, trips for service users or funding for community groups.

Our objectives as set out in the Trust Deed are:

> "For any charitable purpose or purposes relating to the National Health Service wholly or mainly for the services provided by South West Yorkshire Partnership NHS Foundation Trust"

During the year the charity:

- Funded £126k for 61 projects to be spent on the objectives of the charity with designated fund holders spending an additional £19k. These projects will benefit over 8,000 staff, volunteers, service users and carers across the Trust;
- welcomed Stephanie Hirst as an ambassador and produced a video with her to promote EyUp!;
- received £20k from NHS Charities Together for a staff wellbeing project;
- produced a letter from Santa and attended a craft Christmas fair;
- continued to promote and encourage applications for support from the charity;
- used social media to promote the EyUp! brand and
- produced a video with George Webster to promote the Cook and Eat books which have raised £4k in 2021/22.

Achievements and performance

EyUp! Grant Expenditure

During the year, the committee approved £126k funding for 61 projects to be spent on the objectives of the charity 20/21 £142k on 64 projects, with designated fund holders spending an additional £19k (20/21 £11k). These projects will benefit over 8,000 staff, volunteers, and service users across the Trust. Below are examples of the projects supported:

Barnsley

The children's therapy team were awarded £448 to purchase resources to set up a beginner's handwriting group. This group works with children and families to show that learning can be fun within play and shares activities and ideas that families can try at home.



Halloween themed activities at the handwriting group

Willow Ward at Kendray Hospital was awarded £815 to purchase additional activity items for the ward. This included art materials, board games, musical instruments, karaoke machine, DVDs and DVD players. This allowed the ward to update the options available to service users to help them improve their mood and increase their motivation to be involved in the ward activities.

Calderdale

Elmdale Ward at the Dales was awarded £467 to purchase items to increase activities on weekends and evenings. This included a radio with a CD player which is used for relaxation and some new board games. A projector was funded so the ward can have a film night to improve social interaction.

Kirklees

NHS Charities Together and the Trust have funded a project in North Kirklees to support the communities most disadvantaged by COVID-19. In 2021/22 £23,421 was spent on this project. This involved several grants made to various groups.

One of the projects is with Kirklees Carers Count, which runs a group that supports 15 service users who have found COVID-19-19 difficult due to extra caring responsibilities, stress and anxiety. This project used funding to address loneliness and social isolation to help develop support networks, share life experiences and make friends by taking part in social activities together.



The Kirklees Carers Count men's group enjoying a takeaway

Ward 18 at the Priestley Unit was awarded £206 to purchase new games for the ward. These help with social inclusion and reducing boredom on the ward.

Wakefield

The health integration team at Urban House were awarded £1,282 for improvements to the garden area, including purchasing planters, compost and garden tools.



The new planters at Urban House

Acute therapy services PICU at the Unity Centre, Fieldhead, were awarded £2,064 to purchase a guitar and music recording equipment for music sessions. These sessions help service users who have a passion for music and enable people to create something new, both help to build confidence and promote a sense of achievement.

Forensic services

Newton Lodge gym was awarded £2,064 for additional equipment which is accessible by all wards within Newton Lodge. New dumbbells were funded which are more suitable to help the service users progress with their fitness when using the gym.

Hepworth Ward and Bronte Ward were awarded £2,231 to purchase televisions for service users to use in their rooms. This helped over COVID-19-19 when isolating in rooms, and allowed service users to use the TV as a coping mechanism to relax when distressed.

Trustwide

EyUp! funded £3,200 towards a "Voyage of recovery" for the Trust's early intervention in psychosis (EIP) teams. The voyage took place on 26 July 2021 with a crew of 12 service users and staff in the sailing ship 'Faramir'. The voyage was planned as an attempt to circumnavigate the British Isles through a relay of crews of young people with serious mental health problems. The voyage provided a radically different environment for the crew to develop confidence, new skills, engage in physical activity and explore a fresh perspective on life.

Members of the crew said:

> "The adventure of a lifetime."

> "It made me believe in myself more."

> "It reminded me of the good in other people."



Setting sail in Faramir

Bee You Journals were funded using £3,600 from NHS Charities Together. These journals were available to all staff on request. The journals are a tool to help people with their wellbeing and allows them to reflect and learn.



The Bee You journals packaged up and ready to send out



Fundraising

COVID-19-19 affected the normal fundraising activities of EyUp! as usual events such as the Christmas fairs and football tournament could not take place. We would like to thank corporate companies, members of staff and the public for taking part in events and fundraising for us.

- Income continues from the EyUp! lottery, £34,496.
- A raffle for the NHS Big Tea event raised £356, a further £91 was raised by Newhaven ward.
- Successful charity partner for London Landmarks Half Marathon 2022, securing 5 places raising £3,783.
- A staff member did a skydive and raised £834.
- A member of the public completed the London Marathon and raised £544.
- 3 fundraisers completed a banger rally, completing 1500 miles in 7 days and raised £630.
- Hickton Group Ltd supported 24 staff to complete the Yorkshire 2 Peaks and raised £964.
- Received £1,000 from Henry Boot as part of their 13 days of Christmas campaign.
- 4 staff members from SEWTEC completed the national Three Peaks raising £2,092.
- Letters from Santa and a Christmas craft stall raised £508.



Newhaven Big Tea event raised £91



London Marathon complete and £544 raised

EyUp! employ a fundraising manager who coordinates the inhouse events and supports individuals who want to raise funds for EyUp!. EyUp! does not use professional fundraisers or involve commercial participators. No direct marketing was undertaken in 2021/22 – this would be undertaken by the fundraising manager. EyUp! is a member of the Fundraising Regulator and as such follows the Code of Fundraising Practice. Any individual raising funds for EyUp! has an agreement to sign beforehand. No complaints were received in 2021/22 in respect of fundraising activities of EyUp! (None in 2020/21)

NHS Charities Together

EyUp! became a member of NHS Charities Together in April 2020. By becoming a member, EyUp! was eligible to receive grant funding from NHS Charities Together.

In 2020/2021 EyUp! received £226,867 from NHS Charities Together. £73,822 of these funds were spent in 2021/22. Below are some of the projects:

- £17,249 on projects supporting the BAME community in North Kirklees.
- £14,011 on supporting carers at work.
- £2,200 on supplying tea/coffee and biscuits to staff across the Trust to celebrate the NHS Big Tea event in July 2021.
- £3,600 on supporting staff wellbeing by providing Bee You journals.
- £2,068 on providing TVs and radios to wards across the Trust for service users when having to isolate in their rooms.

Stage 2 funding – Monies have been given to an ICS (integrated care system) lead charity for each area which organisations are able to apply for. Creative Minds were successful with £132,558 awarded for projects in the Barnsley area for both 2021/2022 and 2022/2023 (£33,099 received in 2021/2022)

Stage 3 funding - £40,700 was awarded for a workplace wellbeing project to be delivered in 2021/2022 and 2022/2023 (£20,350 received in 2021/2022).

Plans for the future

The trustee recognises that the fundraising activities have changed over the last 2 years and is grateful to all our fundraisers and to NHS Charities Together. Depending on national guidelines we hope to begin some fundraising events in 2022/23. Expenditure on small grants will continue at a higher rate in 2022/2023 as well as further expenditure of the NHS Charities Together grants. Other planned activities include:

- Finalising a separate EyUp! Website which will enable us to promote the work of EyUp!;
- Developing a new bid process for small grants to allow easier access and increase bids;
- Developing charity champions across the Trust;
- Increasing corporate fundraising by developing a new corporate campaign;
- Continuing to promote EyUp! with staff and service users to generate more fundraising and wider use of funding; and
- Increasing community fundraising.

Launched in 2011, Creative Minds became a linked charity of EyUp! in 2016 and focuses on the use of creative approaches and activities in healthcare; increasing self-esteem, providing a sense of purpose, developing social skills, helping community integration and improving quality of life.

Our linked charity develops community partnerships to not only co-fund but also co-deliver projects for local people and all the projects are supported on a match-funded basis (the term match-funded refers to the requirement of partners to provide funding of an equal or greater basis for each project).

Creative Minds considers bids for funds through locality collectives made up of service users/carers, Trust staff and community representatives. The collectives look for a balanced portfolio of projects across the Trust districts, considering the types of activity, the client group and the service that will benefit. Where projects show a weakness in any of the categories, support is given to the organisation to look for a way forward.

Creative Minds is now in its tenth year. Looking back over the last 10 years, a key factor in the success of Creative Minds is the development of the Trust's mission to "help people to reach their potential and live well in their community", which marked a shift to a more recovery-focused approach at the Trust. This shift allowed Creative Minds to flourish through supporting a person-centred approach, developing community partnerships and enabling people to be part of something positive in their communities.

The growth and development of Creative Minds hasn't been without its challenges. Creative approaches can often be seen as 'soft and fluffy' within healthcare settings and sometimes clinical outcomes aren't recognised or can be difficult to measure through traditional medical thinking. Cultures and approaches within health and care organisations can often take time to change. Over the years Creative Minds has developed a community storytelling approach with participants explaining in their own words how transforming creativity can be, and why they want more of it, to help this agenda.

Creative Minds has also worked with the Trust to support innovation and facilitate rapid decision-making, which can often be difficult to do in large NHS organisations. This helps to respond to new opportunities as quickly as possible through our Creative Minds partners, who are ready to work together, and join up community opportunities and provide match funding.

Creative Minds has had many achievements, national awards, academic articles, good practice reports and continues to support the Trust to develop as a creative organisation. In 2022 this included receiving a highly commended award in the HSJ Partnership Awards in the 'Best third sector organisation working in the NHS' category and being shortlisted in the 'Best mental health partnership working with the NHS' category. To mark 10 years of the caring garden at Fieldhead a new archway is being installed at the entrance. The garden was one of the first Creative Minds projects and is blooming as we move into the new growing season.

CREATIVE MINDS SUPPORTED 58 PROJECTS IN 2021/22 WITH 110 PARTNERS, DELIVERING OVER 23,000 CONTACTS WITH SERVICE USERS (2020/21 33 PROJECTS WITH 94 PARTNERS AND 12,000 CONTACTS) BELOW ARE SOME EXAMPLES.

BARNSLEY

In 2021/22 Creative Minds launched the **"TwoCan" buddy scheme**. The aim of this was to reduce the number of suicides and instances of self-harm across Barnsley, and provide support for those with low mood, early-stage depression and anxiety. In 2021/22 eight buddies were trained and they are currently supporting 10 service users. Another 20 buddies are currently going through the training and checks before being matched with service users.

CALDERDALE

Halifax Opportunities Trust were awarded £2,120 for "Grow Well – Gardening for Wellbeing at the Outback". This project delivers weekly gardening sessions helping service users to improve their wellbeing by spending time outdoors and connecting with nature, as well as learning new gardening skills.

> "MY HEALTH HAS IMPROVED MASSIVELY BOTH PHYSICALLY AND MENTALLY. WHEN I JOINED THIS COURSE I FELT SO HELPLESS AND ANGRY WITH THE WORLD. WITH THE HELP, PATIENCE AND SUPPORT FROM LOUISE AND GROUP MEMBERS, I CAN NOW SEE THE BEAUTIFUL SIDE TO THE WORLD. I FIND I APPRECIATE THE WORLD AND NATURE SO MUCH MORE."

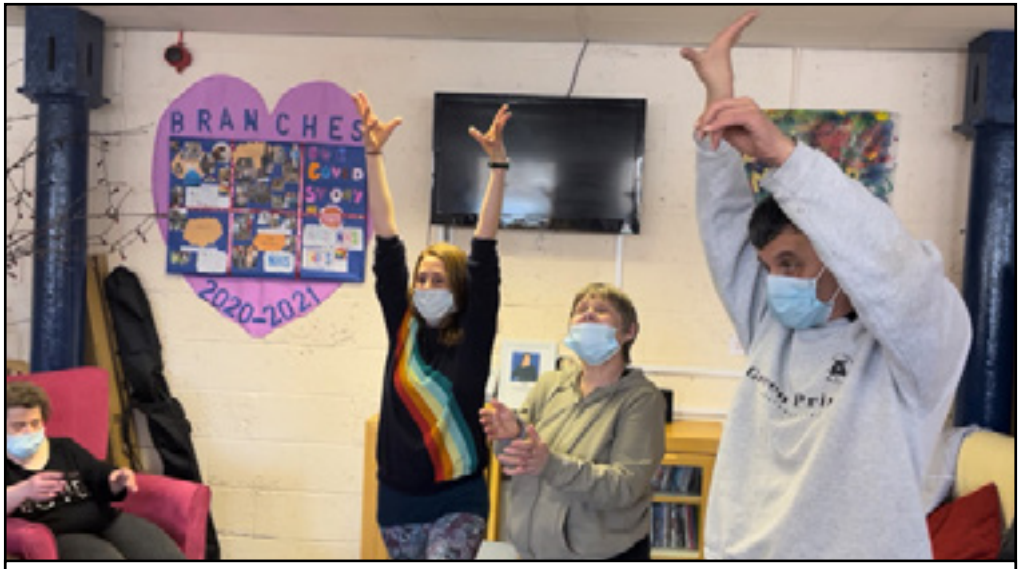


Gardening for wellbeing project

Kirklees

Umbrella Yoga CIC were awarded £7,000 for a "Learning disabilities Yoga project" which is Yoga for adults and young people with learning disabilities and related conditions. The sessions are fun, engaging and challenging, and specially tailored to meet the physical and mental needs of the group.

> "Our fantastic group at Branches Day Centre in Batley have been taking part in Yoga sessions led by Helen and Ellie from Umbrella Yoga. During the lockdowns many of the people we support have experienced reduced levels of mobility as they have not been as active. Yoga is an excellent way of supporting people to regain their mobility and movement skills"



Yoga session at Mencap

Wakefield

Edgeland Arts were awarded £3,000 for a "Walking in Mind" project which was 15 walking and workshop sessions for 67 service users.

> "I really enjoyed the experience from the walk in the woods to taking pictures. The silk painting was a new experience for me, it turned out better than I expected as I'm no artist! I would love to do it again."

80 year old female participant



Walking in the woods project

Calderdale Arts & Health

Creative Minds are leading on a programme in the Calderdale area supporting projects to improve health and wellbeing. This is grant funded by Calderdale Council, Calderdale CCG, Community Foundation and the Trust. Below are a couple of example projects:

Music in Care is a partnership project with Live Music Now – after an 8-week residency in settings, the aim is to measure the impact on not just residents, but also staff in terms of wellbeing and job satisfaction. The aim is to leave a legacy by giving staff the skills and confidence to incorporate music or music making into everyday care between sessions and after the project. It provides access to a Music in Care accreditation with the aspiration that there would be a Music in Care accredited member of staff in every care home in Calderdale.

Percussionist Tom Hawthorn: *"Last week during a care home residency, I noticed Norman staring at my hands whilst I was playing, in a way that only drummers do, so I had my suspicions…But when he asked me what sticks I used it was official. So, this week I brought him some sticks and a pad so he could join in."*

The connection with Norman was quickly made and the musicians were able to support him in re-connecting with music and skills that he had not had the opportunity to use for many years.

"Norman's face has always lit up when we have arrived, and he tapped along through all of our sessions. As today was our last day I managed to find my first ever practice pad in the loft, and along with a pair of sticks we were able to leave Norman with the ability to keep on drumming after we had left. Needless to say, he was pretty chuffed…fingers crossed the carers don't confiscate it if he never stops shredding!"

It started with a pilot in two care homes in North Halifax (funded by Community Foundation for Calderdale) and has now expanded to include 20 settings across Calderdale (funded by the Trust), a two-setting pilot in Wakefield (funded by Mental Health Alliance) and a trial across all acute wards within the Trust.



Norman with his new drum pad

Walk to Wellbeing photography project

In October 2021, Rachael Munro-Fawcett was commissioned to partner with The Basement Recovery Project in Halifax to deliver a photography workshop during an 18-mile walk to promote the powerful contribution that the arts and nature can have on people's health and wellbeing.

The Basement Recovery Project is an award winning, independent and community-based organisation who offer support and inspiration to those involved with alcohol and / or substance and drug misuse and offer people the opportunity of a new sustained abstinent lifestyle and recovery from addiction.

"I'm really enjoying using the camera, it's something I've never done before. I don't even take my phone out and take pictures. I don't know what it is that I like about it, but I think it's the views. I've never been to places like this; I never even knew there were places like this. I just love being up here, it takes you away from normal hectic life and in general it just clears your mind."

The project will result in a group photography exhibition in Calderdale in 2022.



Photography workshop on a 18 mile walk

If you feel that the Creative Minds approach could help you to find a creative passion that would improve your health and wellbeing, get in touch at **creativeminds@swyt.nhs.uk** and find more information at **www.creativemindsuk.com**

Future plans

Looking forward, Creative Minds is in a good place. The world is much more open to the role that creativity plays in healthcare and this is bringing with it more opportunities to develop and expand our approach. Creative Minds continue to put participants at the heart of everything they do and are proud of the flourishing peer-led projects supported.

During the last couple of years, to combat the devasting effects of the pandemic, Creative Minds has worked with our partners to offer activities that are COVID-19-safe and follow risk assessment procedures. This has meant an increase in the use of social media, remote ways of working and activity packs sent to people's homes, which has in resulted a much bigger response to our projects in terms of attendance. Creative Minds will continue with some of this into the future and look forward to more face-to-face working.

Some people find it difficult to attend projects or activities in person. In Barnsley the buddy scheme was developed to support people to engage with activities more. Creative Minds are also developing the 'Moving Mental Health Forward' accreditation scheme that will link with more clubs and societies, across all our localities, to ensure they are more mental health friendly and able to support their community.

Another exciting development is that funding is secured for two creative practitioners to join our team. The first post will cover Calderdale and Kirklees which is now successfully recruited to, and the other post will cover Barnsley and Wakefield which will be recruited to in early 2022.

In 2021, Creative Minds were selected to be part of a study by the University of Cambridge Institute of Sustainable Leadership (CISL). The Johnson & Johnson Foundation commissioned CISL to explore the role organisations like Creative Minds play in improving health and resilience in communities across Europe. Since our involvement in the study, Creative Minds have been invited to be part of a community health network across Europe and to enter the Reimagining Community Health challenge, which if successful would include considerable funding for our development. This work could provide the academic underpinning for our approach. Work has just started on a follow up article to the one published in the Mental Health and Social Inclusion Journal in 2014. There are also plans for a conference at the University of Huddersfield in 2022/23 to mark our 10th year.

These are just some of the ideas that we are working on and we hope to continue to receive warm support in the future as we help to restore hope, meaning and purpose to people's lives.

Read more about Creative Minds in the 10-year celebration copy of our magazine. You can find an electronic copy on our website www.creativemindsuk.com where you can also find details of where you can pick up a hard copy.

Spirit in Mind ("SIM") links faith-based organisations with the Trust. Working with faith leaders, community workers and Trust staff, SIM promotes a deeper awareness in the wider community of mental health priorities and encourages local responses to supporting people with mental health needs. SIM was awarded charity status in May 2017.

Over the past twelve months SIM has maintained a close working relationship with several key partners in organising online events offering support and training for community and faith leaders and activists and for service users and Trust staff.

With the relaxation of COVID-19 regulations and the resourcing of additional funding plans are now well advanced for the roll out of several new initiatives in line with SIM's charitable objectives.

An evaluation and renewal of the current online training programme is underway with the likelihood of the development of a hybrid offer going forward.

2021 - 2022 REVIEW

Publication of the "Mountain Hare", the networking and information newsletter for people with a mental health background at risk of social isolation under COVID-19 restrictions, came to an end in January 2022. Feedback from subscribers has indicated the value of a continuing, less frequent, publication offering easily accessible guidance and information from a broadly pastoral perspective on mental health issues. The feasibility of a volunteer led editorial team for taking this forward is currently being explored.

Online courses offered over the past year built on the existing well-established programme. These included: Wellbeing; understanding loss; coping with anxiety; developing resilience; dealing with stress; basic mindfulness practice; Islamic awareness, and contemplative spirituality.

In addition to weekly lunchtime meditation sessions on Microsoft Teams, it was possible also to run a short residential retreat for service users in partnership with the Synapse support group at the end of December.

The recent award of a £30,000 grant from the Canine Trust will support the further roll out of the successful canine befriender scheme. The grant will allow for the development of a 'Canine Lodge' on the Fieldhead site. A further £10,000 grant has been secured for lodge equipment, furnishings and volunteer training.



One of our canine friends

A well-received four session 'forest school' took place in the Fieldhead woods at the end of 2021. The course introduced staff to traditional native Indian practices for harnessing the power of nature for spiritual and psychological renewal. Funding has been secured for further one day workshops for staff along similar lines to be run at the Yorkshire Sculpture Park. A pilot is scheduled for the end of March 2022.

OTHER RECENT DEVELOPMENTS:

- Funding secured for SIM partner organisation Huddersfield Parish Church has allowed the development of a mental health café and support groups at the town centre location.
- A Mental Health First Aid (MHFA) training two-day course was run at Dewsbury Minster at the end of March in collaboration with Barnsley Mind. An online MHFA course for faith activists and leaders is projected to run in April 2022.
- Work continues with Wakefield Cathedral and Bethany House Trust to establish an afternoon mental health drop in facility at the Cathedral to start late Spring 2022.
- Funding is being sought for partner organisation Huddersfield Mission to provide a 'social prescribing' pattern of support to the large number of people with mental health conditions, homelessness and refugee backgrounds who use their services.

- An initial day course for Muslim women on understanding mental health runs in Batley at the end of March 2022 and attracted a large number of applicants. Further courses in other locations – Huddersfield, Wakefield, Dewsbury, Calderdale – are being scheduled for late spring (post Ramadan).
- Discussions are underway with a composer, musician and Sufi spiritual teacher, Karen Markham, about an artist/musician in residence project to involve staff, service user's and SIM partner organisations to the healing potential of music and chanting.
- A training day for Christian and Moslem faith leaders, 'Faith leadership in uncertain times: Abraham as a symbol of resilience and unity', is scheduled for late Spring.
- Funding to support the continued development of local 'Compassion hubs' has been secured. The hubs provide a forum bringing together faith leaders and mental health and NHS professionals around a mental health support agenda. The Bishop of Wakefield has accepted an invitation to open a related 'Compassion in action' themed conference scheduled for late Autumn 2022.

Future plans

The training of three Mental Health First Aid trainers would allow Spirt in Mind to offer this nationally recognised training free of charge to up to 120 faith leaders and community activists over the next period. Securing funding to support this is a key objective. The outcome of £20k bid to the Government's DCLG for funding from the 'Faith New Deal' is still awaited. Other funding opportunities will be kept under review.

The Mental Health Museum (MHM) has been a linked charity since 2014 and is located in the heart of Fieldhead, Wakefield. The museum's extraordinary collection aims to support the empowerment of people; joining people together to combat mental health stigma, prejudice and promote mental wellbeing. The museum aims to work with its communities to co-create a mindful, knowledgeable and active society.

During 2021 MHM was delighted to be able to welcome staff and service users from the Fieldhead site back into the museum. As ever the displays have prompted interesting reflections and conversations, particularly being able to show visitors the new display of the Mary Frances Heaton samplers made possible by the Heritage Lottery Fund and new displays of some of our archive materials. MHM continue to develop our interpretation with a new focus on patient stories, the farm and occupations within the West Riding Asylum and have undertaken research in the West Yorkshire Archives to explore these areas of our story.

For many people visiting the museum has not been possible, so an extensive programme of outreach including online engagement activities has been delivered. This has included our first online co-curation exercise where members of the museum's Empowering Heritage group designed and installed, remotely, a new display exploring their experience of the pandemic and uncovering the history of the 1918-19 flu pandemic. This now forms part of the museum's displays.

Work on our exciting project with the charity Outside In continued which provides a platform for artists facing barriers to the art world. Two courses have been run with artists to explore our object collection and a further curation course. These courses have included interrogating some of the meanings behind our objects and stories and creating individual artistic responses to these. This included the online exhibition which launched in February 2022, Another Space Within. This displays some of the artistic responses to our collection. It is exciting to be displaying new artworks inspired by the project in the summer of 2022.

MHM partnership working throughout the year has developed. This has included our work with the National Trust, our work with University of Huddersfield which explored with students how to interpret objects, participating in a session for the Yorkshire and Humber Involvement Network Meeting around reducing restrictive practice, and exploring our objects with a wellbeing research project in Seacroft, Leeds. The MHM are co-producing a new mental health activity pack

with a women's discussion group in Seacroft and as part of this have selected and commissioned photography of some of our museum objects. The activity packs aim to assist others in using the heritage of mental health to start conversations around contemporary experience.

Work has also involved creating resources for younger members of the community by producing resources for families using food banks in the region during holiday periods. These seasonally themed packs have included fun and free activities, a little of the story of our museum objects and a focus on thinking about our wellbeing. MHM is pleased to be able to continue and extend our provision into the coming year and have been working with partners to make sure we tailor this content to compliment other services.



There has been a considerable amount of back-room work being undertaken this year to repackage and bring catalogue records up to date, planning for the introduction of MODES software in 2022 which will greatly assist in cataloguing and making accessible our collection. We have also undertaken a small conservation review of some of our delicate objects to ensure they are being cared for to benefit future generations. This work has enabled us to build on our bid for Museum Accreditation, informing policy development including our Collections Development Policy.



Planting in the Fieldhead gardens

Future plans

The year ahead looks very exciting. The focus is on building a sustainable practice with our 'green year'. In the early spring MHM began planning for new interpretation in the outdoor spaces at Fieldhead which links the understanding of the significance of green spaces in the first asylums with our recognition of the importance of the beautiful and wildlife rich environment at Fieldhead today. Our projects will include developing a wildlife club and hope through a new bid to the National Lottery Heritage Fund to work with local communities to build our understanding of the local historic landscape.

A new website will launch in 2022/23 to celebrate the work of the museum and all our partners and contributors. This co-produced space will include our online catalogue, photographs, films and audio including a wealth of new content developed by visitors and project participants. This will include new stories captured in our 2022 oral history project which we hope will help build a rich and powerful heritage, including the voices of those who lived and worked at Stanley Royd Hospital in Wakefield and Storthes Hall in Huddersfield.

As the museum can extend its opening, many more people can access our space as we develop our wellbeing offer. As well as offering a range of activities including crafting and popping in to borrow a new book, regular access to Citizens Advice will be available from the museum and this partnership will be launched in Spring 2022.

Financial review

How we funded our work, achievements and performance

In 2021/22, the charities received income of £1,692k (2020/21 £872k) and expended £1,103k (2020/21 £1,103k). At the end of year the charities had a balance of £866k.

The charities has seen a increase in income and expenditure in 2021/22 mainly due to an increase in grant income within Creative Minds and the corresponding expenditure. The expectation is that grant income will reduce in 2022/23.

EyUp!

EyUp! received income of £148k from donations, fundraising, sale of goods, lottery, grants, and interest. This includes:

Donations and trading activities (which include the EyUp! lottery and fundraising events) have decreased slightly from £77k (2020/21) to £76k (2021/22), These donations are mainly from staff, service users, carers, relatives, and friends.

£20k was received in the form of grants from NHS Charities Together, £36k from the Trust and £16k from NHS Wakefield CCG.

Expenditure of £179k was spent on grant making, staff costs, administration fee, and prizes and admin costs relating to the lottery. A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

At 31st March 2022 EyUp! had funds carried forward of £313k, of which £89k is restricted.

Creative Minds

Creative Minds received income of £1,318k, of which £999k was received from the Trust. Other income was from grants totalling £392k (including £106k from CAF, £86k from Calderdale CCG, £40k from Calderdale MBC and £10k from the Association of Mental Health Providers), interest and a few small donations.

During the year expenditure of £814k was spent, £532k was on small grants, £274k on staff costs (including staff time on grant projects) and £8k on administrative costs.

At 31st March 2022 Creative Minds had funds carried forward of £991k.

Mental Health Museum

Mental Health Museum received income of £115k, of which £104k was received from the Trust, and the remaining income was grants from NHS Wakefield CCG and the Heritage Lottery Fund.

Expenditure of £83k was spent in the year, £60k on staff costs (this includes staff time on the Heritage Lottery Fund project), and £23k on charitable activities and minimal expenditure administration.

At 31st March 2022 Mental Health Museum had funds carried forward of £64k.

Spirit in Mind

Spirit in Mind received income of £111k, of which £86k was received from the Trust and £25k in grants.

Expenditure of £27k was spent in the year. £9k relates to staff costs, £17k relates to the activities of Spirit in Mind including the canine befriending project and Mental Health First Aid training, and minimal expenditure on administration.

At 31st March 2022 Spirit in Mind had funds carried forward of £87k.

A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

How we manage the money

Our grant making policies

Grants are made in accordance with charity law, our constitution and the wishes and directions of donors. The charitable funds committee have regard to the Charity Commission for England and Wales's guidance on public benefit and what this means for EyUp! and its linked charities.

EyUp!

EyUp! makes grants from its unrestricted funds, both general and designated funds. Any applications requesting grants over £5,000 are referred to the charitable funds committee for a final decision.

- **General funds** – these funds are received with no particular preference expressed by donors. The income generated by the lottery is also received into general funds. On a quarterly basis, bids are invited from all services and wards across the Trust. These are then assessed by a sub-committee of Trustwide clinical and non-clinical staff who award funding based on the application, looking at the benefits of the proposal.
- **Designated funds** – are established for a particular ward or service. Each fund has a designated fund manager who authorises expenditure from these funds at any time. Finance check that the expenditure is appropriate to the overall purpose of the charity.

Creative Minds

Creative Minds develops community partnerships to co-fund and co-deliver projects for local people and all the projects are supported on a match-funded basis. The term match- funded refers to the requirement of partners to provide funding of an equal or greater basis for each project.

Creative Minds invites applications for funding for each locality they work in annually. Applications are assessed through locality collectives made up of service users, carers and Trust staff using the Young foundation community development tool. Where projects show a shortfall, the collectives try to work with the organisation to strengthen the bid. The collectives also look for a balanced portfolio of projects across the Trust districts, considering the types of activity, the client group and the service that will benefit.

The Mental Health Museum and Spirit in Mind do not make grants.

Risk analysis

The trustee reviews risk as part of the charity action plan at each meeting and within the business plan. The main risk facing the charities is financial sustainability.

- The EyUp! fundraiser was appointed to mitigate this by being a dedicated resource to increase income through several different funding streams. The effectiveness of this is reviewed at each meeting and success is being achieved. A risk remains that this is just one member of staff that may leave or fall ill. A decision was made in March 2022 to appoint an administrative assistant to report to the fundraiser.
- The linked charities are revising their strategies and producing clear business plans which will be actioned and monitored to ensure they are sustainable in the future. Work has progressed in 2021/2022 and will continue in 2022/2023.
- COVID-19-19 remains a risk in 2022/2023, which affects fundraising activities and how we deliver some grant activity. This will be monitored closely as national rules and guidance changes.
- Towards the end of 2021/22, inflation and the cost of living has increased. This is having an impact on the amount that people are able to donate to charity and may affect donations in 2022/23.

Our investment policy

The current policy (agreed in December 2019) is to invest funds in a mix of deposit accounts. The corporate trustee takes a prudent approach to investment and holds the funds in low-risk deposit accounts across various providers.

Our reserves policy

Under the guidance of the Charities Commission booklet 'CC19, Charities Reserves' and 'Charity reserves: building resilience', the corporate trustee agreed the following reserves policy, which is reviewed annually.

EyUp! reserves policy

Funds held by EyUp! that are unrestricted are classed as reserves under Charities SORP (FRS 102).

The charity has a general legal duty to apply charitable funds within a reasonable time of receiving them. The corporate trustee actively encourages fund managers to spend their funds and encourages staff to bid against the general-purpose funds.

The trustee policy is to keep funds to the minimum required to cover approved commitments in the belief that donations are made with the intention and expectation that they will be spent accordingly.

In order to avoid the risk of the charity's reserves becoming overdrawn it is considered prudent to hold a minimum 3 months' operating expenditure, plus one year's salary for the fundraising posts. This is calculated at £66k. If the balance fell to this level, then the committee would revise the strategy and plan for the charity.

The reserves currently stand at £115k and are calculated as follows:

Total unrestricted funds of	£225k
Less designated funds	£110k
Total reserves	**£ 115k**

The trustee reviews the balances held in designated funds, in accordance with the provisions of the NHS Acts relating to charitable funds, to determine whether these funds are likely to be committed in the near future and the extent to which there is a continuing need identified for any particular designated fund(s). The funds are reviewed on an annual basis and any inactive funds are closed and the balance transferred to general funds.

Expenditure is reviewed quarterly at the charitable funds committee to ensure that the minimum level of reserves is maintained. Reserves are currently slightly higher than the minimum required. It is anticipated that these will reduce further in 2022/23 to be in line with the expected reserves.

Creative Minds reserves policy

Creative Minds is funded by specific grants for projects and by general contribution by the Trust. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. A minimum of one month's operating expenditure is held as reserves. A significant proportion of Creative Minds' expenditure is planned grant expenditure, so if funds are reduced to this level, then plans can be revised.

Mental Health Museum reserves policy

The Mental Health Museum is primarily funded by specific grants with small donations by visitors. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The trustee has deemed that at this point the charity does not need to hold reserves.

Spirit in Mind reserves policy

Spirit in Mind is primarily funded by specific grants. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The trustee has deemed that at this point the charity does not need to hold reserves.

Volunteers

EyUp! and its linked charities would like to thank all the volunteers who have contributed to the charities in 2021/22. This includes being part of the running of the charities and helping make grant funding decisions for Creative Minds. They have all contributed to the success and growth of the charities and the charities continue to be grateful for their help and time.

Ambassadors

Ambassadors do not have any formal role in the governance of the charity but assist by gaining publicity and raising our profile:



Ashley Jackson - Painter



Horatio Clare - Author



Stephanie Hirst - Broadcaster

The charities would like to thank the ambassadors for their continuing support.

Structure, governance and management

South West Yorkshire Partnership NHS Foundation Trust is the corporate trustee of the charity governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

Corporate trustee

The corporate trustee comprises the non-executive and executive directors of the Board of South West Yorkshire Partnership NHS Foundation Trust (SWYPFT) and meets quarterly. Non-executive directors are appointed by the governors of the Trust and executive directors are subject to the Trust's recruitment policies. When directors join the corporate trustee, they are introduced to the charity, its objectives, and Charity Commission guidance (CC3).

The members of the corporate trustee have read and had regard to the Charity Commission's guidance on public benefit. They give their free time freely and do not receive any pay, emoluments, or other financial benefit.

Those who served on the corporate trustee during the period were as follows:

Marie Burnham (from 01/12/21)	Chair
Angela Monaghan (left 30/11/2021)	Chair
Charlotte Dyson (left 30/04/21)	Deputy chair / Senior independent director
Mike Ford	Non-executive director
Mandy Griffin (from 01/10/21)	Non-executive director
Chris Jones (left 30/04/22)	Non-executive director
Erfana Mahmood	Non-executive director
Natalie McMillan (from 01/05/21)	Non-executive director
Kate Quail	Non-executive director
David Webster (from 01/05/22)	Non-executive director
Sam Young (left 31/08/21)	Non-executive director
Rob Webster (left 01/07/21)	Chief executive
Mark Brooks (Substantive from 01/03/22)	Chief executive
(Interim 01/07/21-28/02/22)	Interim chief executive
(01/04/21-01/07/21)	Director of finance and resources
Tim Breedon (left 31/07/21)	Director of nursing and quality / Deputy chief executive
Alan Davis (left 30/09/21)	Director of human resources, organisational development and estates
Lindsay Jensen (from 01/10/21 - 30/04/22)	Interim director of human resources
Greg Moores (from 01/05/22)	Chief people officer
Dr Subha Thiyagesh	Medical director
Darryl Thompson (from 01/08/21)	Director of nursing, quality and professions
James Sabin (from 11/08/21 - 30/06/22)	Interim director of finance
Adrian Snarr(from 08/08/22)	Director of Finance, estates and resources
Salma Yasmeen	Director of strategy and change / Deputy chief executive
Sean Rayner	Executive director of provider development
Carol Harris	Chief operating officer

Charitable Funds committee

The corporate trustee is supported in their responsibilities and duties by the charitable funds committee, which meets quarterly. Their duties include managing the Trust's charitable funds in accordance with statutory requirements; ensuring expenditure is in line with the objects of the charities; delegating responsibility for the management of designated charitable funds and the linked charities; fundraising for the charity; ratifying the annual report and accounts; and reviewing the effectiveness of the committee.

The members of the charitable funds committee during the period were as follows:

Erfana Mahmood (Committee chair)	Non-executive director
Marie Burnham (from 01/12/2021)	Chair of the Trust
Mike Ford	Non-executive director
Angela Monaghan (left 30/11/2021)	Chair of the Trust
Tim Breedon (left 31/07/2021)	Director of nursing and quality / Deputy chief executive
Sean Rayner (from 01/08/2021)	Executive director of provider development
Salma Yasmeen (lead executive)	Director of strategy and change / Deputy chief executive

All members of the committee are required to undertake suitable training in order to discharge their duties as members of the committee.

The charitable funds committee is supported by the EyUp! operational management group and the linked charities group, both of which report to the committee.

The day-to-day operations of the charitable funds are administered by South West Yorkshire Partnership NHS Foundation Trust.

Reference and administrative details

EyUp! is registered under the single registered number 1055931.

The governing document is a deed dated 1st April 1996.

The MHM is a linked charity registered under number 1055931-12. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by advancing the education of the public on the subject of mental health.

Creative Minds is a linked charity registered under number 1055931-13. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by relieving sickness and preserving health and wellbeing and by promoting social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded, and assisting them to reintegrate into society.

Spirit in Mind is a linked charity registered under number 1055931-14. Its objectives are for any charitable purposes relating to South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by the promotion of racial harmony for the public benefit by advancing education and raising awareness of mental health issues relating to culture and religion, and advancing racial harmony through the provision of cross-cultural activities which enhance health and wellbeing.

How to contact us

EyUp!
Fieldhead Hospital
Ouchthorpe Lane
Wakefield
WF1 3SP

Bankers:
National Westminster Bank
3 Ropergate
Pontefract
West Yorkshire
WF8 1LH

External auditors:
1 Trinity Gardens
Newcastle upon Tyne
NE1 2HF

Internal auditors:
360 Assurance
Riverside House
Bridge Park Road
Thurmaston
Leicester
LE4 8BL

A big thank you

On behalf of the staff and service users who have benefitted from improved services due to donations and legacies, the corporate trustee would like to thank all service users, relatives, carers, members, the general public and staff who have made charitable donations, participated in the lottery, and supported the work of the charities.

Support the work of EyUp!

Thank you for reading about the projects that the charity has supported this year, this cannot continue without ongoing donations.

What could your gift buy?

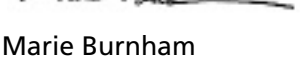
£1	could buy	colouring pens for an art session
£10	could buy	a DVD for a ward
£20	could buy	seeds and plants for a gardening group
£30	could buy	books to start a ward library
£50	could buy	arts and crafts materials
£100	could buy	a water feature for a sensory garden
£150	could buy	a day trip for service users
£300	could buy	a portable piano for a ward
£500	could buy	start-up costs for a new activity group

If you would like to make a donation:

Through your bank:
Pay direct to the charity donation account, 54-30-64, account code 42591511

By Just Giving:
Donate online at www.justgiving.com/EyUp

By Cheque:
Please make cheques payable to "EyUp!" and send to EyUp!, South West Yorkshire Partnership NHS FT, Fieldhead Hospital, Block 9, Ouchthorpe, Wakefield, WF13SP.

Signed: 

Name: Marie Burnham

Date: 24 January 2023

Statement of trustee responsibilities in respect of the trustee annual report and accounts

The trustee is responsible for preparing the trustee annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

The law applicable to charities in England and Wales requires the trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.

- observe the methods and principles in the Charities SORP;

- make judgments and estimates that are reasonable and prudent;

- state whether applicable accounting standards have been followed; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

External Audit report to the Trustee of EyUp!

In our opinion the financial statements of EyUp! and linked charities (the 'Charity'):

- give a true and fair view of the state of the Charity's affairs on 31 March 2022 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"; and
- have been prepared in accordance with the Charities Act 2011.
- We have audited the financial statements which comprise:
- the statement of financial activities;
- the balance sheet;
- the cash flow statement; and
- the related notes 1 to 21.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the Financial Reporting Council's (the 'FRC's') Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustee with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustee is responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained during the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Responsibilities of trustee

As explained more fully in the trustee's responsibilities statement, the trustee is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustee is responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustee either intends to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 149 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken based on these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the FRC's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Extent to which the audit was considered capable of detecting irregularities, including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

We considered the nature of the Charity's industry and its control environment and reviewed the Charity's documentation of their policies and procedures relating to fraud and compliance with laws and regulations. We also enquired of management and those charged with governance about their own identification and assessment of the risks of irregularities.

We obtained an understanding of the legal and regulatory framework that the Charity operates in, and identified the key laws and regulations that:

- had a direct effect on the determination of material amounts and disclosures in the financial statements, being the UK Charities Act; and
- do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charity's ability to operate or to avoid a material penalty. These included the Charity Commission for England and Wales (Charity Commission) regulations.

We discussed among the audit engagement team regarding the opportunities and incentives that may exist within the organisation for fraud and how and where fraud might occur in the financial statements.
As a result of performing the above, we identified the greatest potential for fraud in the following area, and our specific procedures performed to address it are described below:

- We pinpointed the risk of fraud through material misstatement to the risk of cut off of donations and grant income. To address this risk, we have tested a sample of donations and grant income from source records to their supporting evidence to deteremine the correct period of recognition.

In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments; assessed whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluated the business rationale of any significant transactions that are unusual or outside the normal course of business.

In addition to the above, our procedures to respond to the risks identified included the following:

- reviewing financial statement disclosures by testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- enquiring of management, internal audit and in-house / external legal counsel concerning actual and potential litigation and claims, and instances of non-compliance with laws and regulations; and
- reading minutes of meetings of those charged with governance and reviewing correspondence with Charity Commission.

Report on other legal and regulatory requirements

Matters on which we are required to report by exception

- Under the Charities (Accounts and Reports) Regulations 2008 we are required to report in respect of the following matters if, in our opinion:
- the information given in the financial statements is inconsistent in any material respect with the trustee's report; or
- sufficient accounting records have not been kept by the Charity; or
- the Charity financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

We have nothing to report in respect of these matters.

Use of our report

This report is made solely to the Charity's trustee, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the Charity's trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's trustee as a body, for our audit work, for this report, or for the opinions we have formed.

Deloitte LLP
Statutory Auditor
Newcastle Upon Tyne, United Kingdom
23 November 2022

Deloitte LLP is eligible for appointment as auditor for the Charity by virtue of its eligibility for appointment as audit of a company under section 1212 of the Companies Act 2006.

EyUp! and linked charities consolidated statement of financial activities for the year ending 31 March 2022

	Note	2022 Unrestricted funds	2022 Restricted funds	2022 Total Funds 2022	2021 Unrestricted funds	2021 Restricted funds	2021 Total Funds 2021
		£000	£000	£000	£000	£000	£000
Income from:							
Donations and legacies	4	37	466	503	27	271	298
Charitable activities	4	52	1,098	1,150	0	533	533
Other trading activities	5	39	0	39	40	0	40
Investments	7	0	0	0	0	1	1
Total income		**128**	**1,564**	**1,692**	**67**	**805**	**872**
Expenditure on:							
Raising funds	8	(52)	0	(52)	(42)	0	(42)
Charitable activities							
Service user education and welfare	9	(52)	(999)	(1,051)	(25)	(493)	(523)
Total expenditure		**(104)**	**(999)**	**(1,103)**	**(67)**	**(498)**	**(565)**
Net income / (expenditure)		**24**	**565**	**589**	**0**	**307**	**307**
Transfers between funds	20	0	0	0	0	0	0
Net movement in funds		**24**	**565**	**589**	**0**	**307**	**307**
Reconciliation of funds							
Total funds brought forward		200	666	866	200	359	559
Total funds carried forward		**224**	**1,231**	**1,455**	**200**	**666**	**866**

There were no other recognised gains or losses other than those listed above. All activities relate to continuing activities. Retricted Funds relate to the linked charities and the grants awarded from NHS Charities Together.

EyUp! and linked charities consolidated balance sheet as at 31 March 2022

Balance sheet	Note	Unrestricted funds	Restricted funds	Total Funds 2022	Unrestricted funds	Restricted funds	Total Funds 2021
		£000	£000	£000	£000	£000	£000
Current assets							
Debtors	16	9	210	219	2	55	57
Cash and cash equivalents	17	227	1,063	1,290	202	639	841
Total current assets		**236**	**1,273**	**1,509**	**204**	**694**	**898**
Liabilities							
Creditors falling due within one year	18	(12)	(27)	(39)	(4)	(5)	(9)
Accruals	18	0	(15)	(15)	0	(23)	(23)
Net current assets (liabilities)		**224**	**1,231**	**1,455**	**200**	**666**	**866**
Total net assets or liabilities		**224**	**1,231**	**1,455**	**200**	**666**	**866**
The funds of the charity:							
Restricted income funds		0	1,231	1,231	0	666	666
Unrestricted income funds		224	0	224	200	0	200
Total charity funds		**224**	**1,231**	**1,455**	**200**	**666**	**866**

EyUp! has one active restricted fund, NHS Charities Together totalling £89k. The other restricted funds shown here are restricted to the linked charities and are restricted to that charity as described in note 21.

The notes at pages 42 to 63 form part of these accounts

Signed: _____

Name: Marie Burnham

Date: 24 January 2023

EyUp! and linked charities consolidated statement of cash flows for the year ending 31 March 2022

Statement of cash flows	Note	Total funds 2021/22	Total funds 2020/21
		£'000	£'000
Cash flows from operating activities			
Net cash provided by (used in) operating activities	19	449	236
Cash flows from investing activities			
Interest received	7	0	2
Net cash provided by (used in) investing activities		0	1
Change in cash and cash equivalents in the reporting period		449	237
Cash and cash equivalents at the beginning of the reporting period		841	604
Cash and cash equivalents at the end of the reporting period		**1,290**	**841**

Notes on the accounts

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Charities Act 2011.

The trustee has a reasonable expectation that EyUp! and its linked charities have sufficient resources to continue in operational existence for the foreseeable future being at least 12 months from the date of approval of these financial statements. For this reason, they continue to adopt the going concern basis in preparing the accounts. In making this assertation the trustee has taken several considerations into account, budgets for 2022/23 have been approved by the trustees which demonstrate that each one has funding streams and expenditure plans in place.

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund; or
- An endowment fund

Restricted funds are those where the donor had provided for the donation to be spent in furtherance of a specified charitable purpose. The linked charities are classed as restricted funds.

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. EyUp! and the linked charities currently have no endowment funds.

Those funds which are neither endowment nor restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the trustee has set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the trustee discretion, including the general funds which represent the charities' reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Income

All income is recognised once the charity has entitlement to the resources. It is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

When there are terms or conditions attached to income, particularly grants, these terms or conditions must be before the income is recognised as the entitlement condition will not be met until that point. Where the terms or conditions have not met, or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

(d) Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted;

- The executors have established that there are sufficient assets in the estate to pay the legacy; and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated, then the legacy is shown as a contingent asset until all the conditions for income recognition are met

(e) Resources expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the statement of financial activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event;
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement; and
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(f) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to third parties in the furtherance of the charitable objects of the Fund.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant;
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant; and
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment

The trustee has control over the amount and timing of grant payments and consequently where approval has been given by the trustee and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is disclosed.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met, then no liability is recognised but a contingent liability is disclosed.

(g) Allocation of support costs

Support costs are those costs which do not relate to a single activity. These include some staff costs, costs of administration, internal and external auditor costs. Support costs have been apportioned to charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 12.

(h) Fundraising costs

The costs of raising funds are those costs attributable to raising income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objectives. The costs of raising funds include the prizes paid out in respect of the lottery.

(i) Charitable activities

Costs of charitable activities compromise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 12.

(j) Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

(k) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, liquid investments.

(l) Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long-term creditors.

(m) Pensions

EyUp! does not directly employ staff, staff working on the charity are directly employed by South West Yorkshire Partnership NHS Foundation Trust, with the full costs recharged to EyUp! As employees of the Trust, they are entitled to join the NHS Pension Scheme.

Both schemes are an unfunded, defined benefit scheme that covers NHS employers, general practices and other bodies, allowed under the direction of the secretary of state in England and Wales. Each scheme is not designed to be run in a way that would enable participating bodies to identify their share of the underlying Scheme assets and liabilities. Therefore, each scheme is accounted for as if it were a defined contribution scheme: the cost to the charity of participating in the scheme is taken as equal to the contributions payable to the scheme for the accounting period.

The 2015 NHS pension scheme, effective 1 April 2015, is a 'Career average revalued earnings' ("CARE") scheme. From the above date, annual pensions are normally based on 1/54th of a member's CARE for each year of service. CARE is defined as a member's average earnings in a financial year and is uplifted annually by a percentage determined by the Treasury. Members who are practitioners as defined by the scheme regulations are subject to exactly the same arrangements as all members who are directly employed by the NHS, with effect from the above date.

The 1995/1998 scheme is a "final salary" scheme. Annual pensions are normally based on 1/80th for the 1995 section and of the best of the last 3 years pensionable pay for each year of service, and 1/60th for the 2008 section of reckonable pay per year of membership. With effect from 1 April 2008 members can choose to give up some of their annual pension for an additional tax-free lump sum, up to a maximum amount permitted under HMRC rules. Annual increases are applied to pension payments at rates defined by the Pensions (Increase) Act 1971 and are based on changes in consumer prices in the twelve months ending 30 Septembers in the previous calendar year. On death, a pension of 50% of the member's pension is normally payable to the surviving spouse.

The scheme is subject to a full actuarial valuation every four years, and an IAS 19 accounting valuation every year. The results form the latest valuation as of 31 March 2016 set the employer contribution rate at 20.6% of pensionable pay.

The valuation of scheme liability in accordance with IAS19 is carried out annually by the Scheme Actuary. The latest assessment of the liabilities of the scheme is contained in the Scheme Actuary report, which forms part of the annual NHS Pension Scheme (England and Wales) resource account, published annually. These accounts can be viewed on the NHS Pensions website.

(n) Judgements and estimates

In the application of the accounting policies, the Trustee is required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

(o) Financial Instruments

The charities have financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost using the effective interest method. Financial assets held at amortised cost

2. Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides prior period comparatives for the statement of financial activities and the balance sheet for each of the funds included in the notes to the accounts. (Pages X and X)

EyUp! unrestricted funds – statement of financial activity for the year ended 31 March 2022

	2022	2021
	£'000	£'000
Income and endowments from:		
Donations and legacies	37	27
Charitable activities	52	0
Other trading activities	39	40
Investments	0	0
Total income resources	**128**	**67**
Expenditure on:		
Raising funds	(52)	(42)
Charitable activities	(52)	(25)
Total expenditure	**(104)**	**(67)**
Net income / (expenditure)	**24**	**0**
Transfers between funds	0	0
Net movement in funds	**24**	**0**
Reconciliation of funds		
Total funds brought forward	200	200
Total funds carried forward	**224**	**200**

EyUp! unrestricted funds - balance sheet as at 31 March 2022

	2022	2021
	£'000	£'000
Current assets		
Debtors	9	2
Cash and cash equivalents	227	202
Total current assets	**236**	**204**
Liabilities		
Creditors falling due within one year	(12)	(4)
Net current assets (liabilities)	**224**	**200**
Total assets less current liabilities	**224**	**200**
Total net assets or liabilities for unrestricted funds	**224**	**200**
Total unrestricted funds	**224**	**200**

Restricted funds - statement of financial activity for the year ended 31 March 2022

2022					
	EyUp!	**MHM**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	0	73	359	34	466
Charitable activities	20	42	959	77	1,098
Investments	0	0	0	0	0
Total income	**20**	**115**	**1,318**	**111**	**1,564**
Expenditure on:					
Charitable activities	(75)	(83)	(814)	(27)	(999)
Total expenditure	**(75)**	**(83)**	**(814)**	**(27)**	**(999)**
Net income / (expenditure)	**(55)**	**32**	**504**	**84**	**565**
Transfers between funds		0	0	0	0
Net movement in funds	**(55)**	**32**	**504**	**84**	**565**
Reconciliation of funds					
Total funds brought forward	144	32	487	3	666
Total funds carried forward	**89**	**64**	**991**	**87**	**1,231**

Restricted funds - balance sheet as at 31 March 2022

2021					
	EyUp!	MHM	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Income from:					
Donations and legacies	45	41	176	9	271
Charitable activities	227	20	283	3	533
Investments	0	0	1	0	1
Total income	**272**	**61**	**460**	**12**	**805**
Expenditure on:					
Charitable activities	(128)	(64)	(296)	(10)	(498)
Total expenditure	**(128)**	**(64)**	**(296)**	**(10)**	**(498)**
Net income / (expenditure)	**144**	**(3)**	**164**	**2**	**307**
Transfers between funds		0	0	0	0
Net movement in funds	**144**	**(3)**	**164**	**2**	**307**
Reconciliation of funds					
Total funds brought forward	0	35	323	1	359
Total funds carried forward	**144**	**32**	**487**	**3**	**666**

2022					
	EyUp!	MHM	Creative Minds	Spirit in Mind	Total
	£'000	£'000	£'000	£'000	£'000
Current assets					
Debtors	0	5	203	2	210
Cash and cash equivalents	99	59	820	85	1,063
Total current assets	**99**	**64**	**1,023**	**87**	**1,273**
Liabilities					
Creditors falling due within one year	(10)	0	(17)	0	(27)
Accruals	0	0	(15)	0	(15)
Net current assets (liabilities)	**89**	**64**	**991**	**87**	**1,231**
Total assets less current liabilities	**89**	**64**	**991**	**87**	**1,231**
Total net assets or liabilities for restricted funds	**89**	**64**	**991**	**87**	**1,231**
Total restricted funds	**89**	**64**	**991**	**87**	**1,231**

Restricted funds - balance sheet as at 31 March 2021

2021					
	EyUp!	**MHM**	**Creative Minds**	**Spirit in Mind**	**Total**
	£'000	£'000	£'000	£'000	£'000
Current assets					
Cash and cash equivalents	149	32	510	3	694
Total current assets	**149**	**32**	**510**	**3**	**694**
Liabilities					
Creditors falling due within one year	(5)	0	(0)	0	(5)
Accruals	0	0	(23)	0	(23)
Net current assets (liabilities)	**144**	**32**	**487**	**3**	**666**
Total assets less current liabilities	**144**	**32**	**487**	**3**	**666**
Total net assets or liabilities for restricted funds	**144**	**32**	**487**	**3**	**666**
Total restricted funds	**144**	**32**	**487**	**3**	**666**

3. Related party transactions

The Corporate Trustee governs EyUp! and its linked charities, the Corporate Trustee is the Trust. EyUp! has made payments to the Trust in relation to administration costs in support of grant making activities which are included in direct activity costs (note 9). The Trust has also made several grant payments to EyUp! and its linked charities, these are made on an arm's length basis.

	Total 2022	**Total 2021**
	£'000	**£'000**
South West Yorkshire Partnership NHS Foundation Trust	1,226	226
	1,226	**226**

There was £219k closing balance in debtors (£55k 2020/21) and £38k (8k 2020/21) in creditors in respect of the Trust.

EyUp! and its linked charities is a wholly owned subsidiary of South West Yorkshire Partnership NHS Foundation Trust, a NHS Foundation Trust registered in England. South West Yorkshire Partnership NHS Foundation Trust is also the ultimate parent company.

The parent undertaking of the smallest group which includes the charities, and for which consolidated financial statements are prepared is South West Yorkshire Partnership NHS Foundation Trust.

Copies of the financial statemens for this group can be obtained from:
South West Yorkshire Partnership NHS Foundation Trust
Fieldhead
Ouchthorpe Lane
Wakefield
WF1 3SP

South West Yorkshire Partnership NHS Foundation Trust is a public benefit organisation established under the National Health Service Act 2006. NHS England has the power to control the Trust within the meaning of IAS27 'Consolidated and Separate Financial Statements'.

NHS England is accountable to the Secretary of State for Health and therefore the Trust's ultimate parent is HM Government.

4. Income from donations and legacies and charitable activities

	2022			2021		
	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	34	0	34	23	53	76
Corporate donations	3	466	469	4	218	222
Legacies	0	0	0	0	0	0
Grants	52	1,098	1,150	0	533	533
Total	**89**	**1,564**	**1,653**	**27**	**804**	**831**

Analysis of Restricted Funds

	2022				2021			
	EyUp!	Creative minds	MHM	Spirit in Mind	EyUp!	Creative minds	MHM	Spirit in Mind
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	0	0	0	0	45	4	3	1
Corporate donations	0	359	73	34	0	172	38	8
Legacies	0	0	0	0	0	0	0	0
Grants	20	959	42	77	227	283	20	3
Total	**20**	**1,318**	**115**	**111**	**272**	**459**	**61**	**12**

Donations from individuals are gifts from members of the public, relatives, carers, service users and staff.

5. Analysis of income from other trading activities

	2022			2021		
	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery	34	0	34	34	0	34
Sale of goods	5	0	5	3	0	3
Fundraising events	0	0	0	3	0	3
Total	**39**	**0**	**39**	**40**	**0**	**40**

6. Role of volunteers

One volunteer is in attendance of the charitable funds committee.

The Mental Health Museum has one volunteer who performs a variety of tasks within the museum.

Creative Minds have several volunteers who sit on the locality collectives which make decisions on small grant funding.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

7. Gross investment income

	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Short term investments and deposits cash on deposit	0	0	0	0	1	1
Total	**0**	**0**	**0**	**0**	**1**	**1**

The income shown for restricted funds is in relation to Creative Minds.

8. Analysis on expenditure on raising funds

	2022			2021		
	Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery prizes	18	0	18	17	0	17
Lottery admin fee	0	0	0	0	0	0
fundraising costs	34	0	34	25	0	25
Total	**52**	**0**	**52**	**42**	**0**	**42**

9. Analysis of charitable expenditure

EyUp! did not undertake any direct charitable activities on its own account during the year. All the charitable expenditure was in the form of grant funding.

Grants were approved in favour of the partner organisations, principally the South West Yorkshire Partnership NHS Foundation Trust, to carry out activities that will benefit the service users of the NHS. EyUp! incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by them.

Creative Minds' expenditure was in the form of grant funding, details of the significant grants are found in note10.

The Mental Health Museum and Spirit in Mind undertake direct charitable activities and do not make grants.

	Activities direct	Grant funded activity	Support costs	**Total 2022**	Activities direct	Grant funded activity	Support costs	**Total 2021**
	£'000	£'000	£'000	**£'000**	£'000	£'000	£'000	**£'000**
EyUp! service user activities	0	127	0	**127**	0	153	0	**153**
Creative Minds activities	274	532	8	**814**	217	76	3	**295**
Mental Health Museum activities	83	0	0	**83**	64	0	0	**64**
Spirit in Mind activities	27	0	0	**27**	10	0	0	**10**
	384	**659**	**8**	**1,051**	**291**	**229**	**3**	**523**

10. Analysis of grants

The charity does not make grants to individuals. All grants are made to the Trust or other third-party organisations

Creative Minds significant grants 2021/22	**£**	**No**
Wakefield Theatre Royal	13,800	4
Butterflies Dementia Support	12,976	2
Grow Wakefield	12,442	4
Creative Recovery	12,000	4
Action for Autism and Asperger's	10,000	1
Chilypep	8,000	2
Reds in the Community	7,999	2
Next Generation	7,455	2
Edgeland Arts	7,300	2
Locorum CIC	7,297	3
Luv2meetu	7,200	2
Co-Active	7,120	2
Grimethorpe Activity Z	7,000	2
Umbrella Yoga CIC	7,000	2
Barnsley Music Service	7,000	2
Barnsley Heritage Museum	7,000	2
Eden Forest CIC	7,000	2
Barnsley libraries	6,900	4
Art House	6,500	2
Artworks	6,500	2
Blackdog Outdoors	6,300	2
Wakefield Council	6,300	2

Creative Minds significant grants 2020/21	**£**	**No**
Qdos Creates	10,225	4
Creative Recovery	7,950	2
Reds in the Community	6,000	2
Butterflies Dementia Support	4,650	2
The Civic Barnsley	3,500	1
S2R (Support to Recovery)	3,000	1
Awakening Arts	3,000	1
Halifax Opportunities Trust	3,000	1
Handmade Parade	3,000	1
Globe Arts Studio	2,940	1
The Artworks	2,938	1
Incredible Edible	2,813	1
Theatre Royal Wakefield	2,750	1
Dream Time Creative	2,700	1
Luv2meetU	2,242	1

11. Movements in grant funding commitments accrued

	2022			2021		
	Current liabilities	Non current liabilities	Total	Current liabilities	Non current liabilities	Total
	£'000	£'000	£'000	£'000	£'000	£'000
Opening balance at 1 April	**23**	**0**	**23**	**42**	**0**	**42**
Additional commitments made during the year	317	0	**317**	56	0	**56**
Movement from current to non-current	0	0	**0**	0	0	**0**
Amounts paid during the year	(325)	0	**(325)**	(75)	0	**(75)**
Closing balance at 1 April	**15**	**0**	**15**	**23**	**0**	**23**

The grants included are grants made by Creative Minds to external third parties where the award has been communicated.

As described in notes 9 and 10, the charity awarded several grants in the year. Many grants were awarded and paid out in the same financial year. However, some grants are multiyear grants paid over a longer period.

As the charity has control over the award and timing of grants there is little uncertainty around these payments.

12. Allocation of support costs and overheads

Support and overhead costs are allocated to charitable activities on a pro rata basis between funds. Support costs are the costs associated with the administration of the charity. These amounts are paid directly to South West Yorkshire Partnership NHS Foundation Trust. Salaries and related costs include the costs of the staff working in the linked charities and are allocated to each individual restricted fund and the fundraiser who is allocated to unrestricted funds.

The basis of allocation used are as follows:

- Balance: Each month the charge is allocated on a pro-rata basis on the balance of each fund.
- Direct: The salaries are charged direct to each restricted fund that the post holder works for.

Charitable activities	Unre-stricted funds	Restrict-ed funds	2022 Total	Unre-stricted funds	Restrict-ed funds	2021 Total
	£'000	£'000	**£'000**	£'000	£'000	**£'000**
Audit / Examination	0	8	**8**	0	1	**1**
Financial administration	0	0	**0**	0	0	**0**
Miscellaneous	0	0	**0**	0	0	**0**
Salaries and related costs	24	389	**413**	40	290	**330**
Total	**24**	**397**	**421**	**40**	**291**	**331**

	2022 Total	2021 Total
	£'000	**£'000**
EyUp! – Unrestricted	24	23
EyUp! – Restricted	46	17
Creative Minds	282	218
Mental Health Museum	60	64
Spirit in Mind	9	9
	421	**331**

13. Trustee remuneration, benefits and expenses

The corporate trustee give their time freely and receive no remuneration or reimbursement of expenses for the work that they undertake as trustee.

14. Analysis of staff costs and remuneration of key management personnel

	2022	2021
	£'000	£'000
Salaries and wages	351	277
Social security costs	26	23
Employers pension contribution	36	30
Total	**413**	**330**

	2022	2021
	£'000	£'000
EyUp! – Unrestricted	24	17
EyUp! – Restricted	46	23
Creative Minds	274	217
Mental Health Museum	60	64
Spirit in Mind	9	9
	413	**330**

The average number of full-time equivalent employees during the year was 9 (2021: 9) EyUp! 2 (2021: 1); Creative Minds 6 (2021: 5); Mental Health Museum 2 (2021: 2); Spirit in Mind 1 (2021:1)

One employee within Creative Minds had emoluments in excess of £60,000 (2021: 1)

15. Auditors' remuneration

The auditors' remuneration of £7,800 (2021 £994) related solely to the audit with no additional work being undertaken (2021: nil). In 2021 the cost related to an independent examination.

16. Analysis of current debtors

Debtors under 1 year	2022	2021
	£'000	£'000
Trade debtors	219	0
Prepayment	0	2
Total Debtors	**219**	**2**

17. Analysis of cash and cash equivalents

	2022	2021
	£'000	£'000
Cash in hand	99	78
Notice deposits (less than 3 months)	1,191	763
Total cash and cash equivalents	**1,290**	**841**

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

All the amounts held on interest bearing deposit are available to spend on charitable activities.

18. Analysis of liabilities

	2022	2021
	£'000	£'000
Creditors under 1 year		
Trade creditors	(39)	(9)
Accruals for grants	(15)	(23)
Total	**(54)**	**(32)**

There are no liabilities greater than one year in 2021/22 (nil 2020/21)

19. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2022	2021
	£'000	£'000
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	**590**	**307**
Adjustments for:		
Dividends, interest and rents from investments	0	(1)
(Increase)/decrease in debtors	(163)	(57)
Increase/(decrease) in creditors	22	(13)
Net cash provided by (used in) operating activities	**448**	**236**

20. Transfers between funds

There has been no transfer between funds in year. (2020/21: nil).

21. Analysis of charitable funds

(a) Analysis of Restricted fund movements

	Balance b/fwd	Income	Expendi-ture	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
EyUp!	144	20	(75)	0	89
Mental Health Museum	32	115	(83)	0	64
Creative Minds	487	1,318	(814)	0	991
Spirit in Mind	3	111	(27)	0	87
Total	**666**	**1,564**	**(999)**	**0**	**1,231**

The objects of each of the restricted funds are as follows

EyUp! has 2 restricted funds. One relates to the grants from NHS Charities Together. These grants are specifically in response to the COVID-19-19 pandemic.

The other restricted fund relates to NHS Wakefield CCG – this fund is for donations to NHS Wakefield CCG, but the activity benefits the service users of South West Yorkshire Partnership NHS Foundation Trust.

The **Mental Health Museum** became a linked charity in 2014/15. Its purpose is to become a leading resource for the history of mental health care, debates surrounding contemporary health care and treatments and life-long learning.

The **Creative Minds charitable trust** became a linked charity in September 2016. It works in partnership with groups and organisations to offer a range of innovative wellbeing opportunities.

Spirit in Mind became a linked charity in May 2017. Its purpose is to promote and advance racial harmony by advancing education and raising awareness of mental health issues relating to culture and religion and the provision of cross-cultural activities which enhance health and wellbeing.

(b) Analysis of unrestricted and material designated fund movements

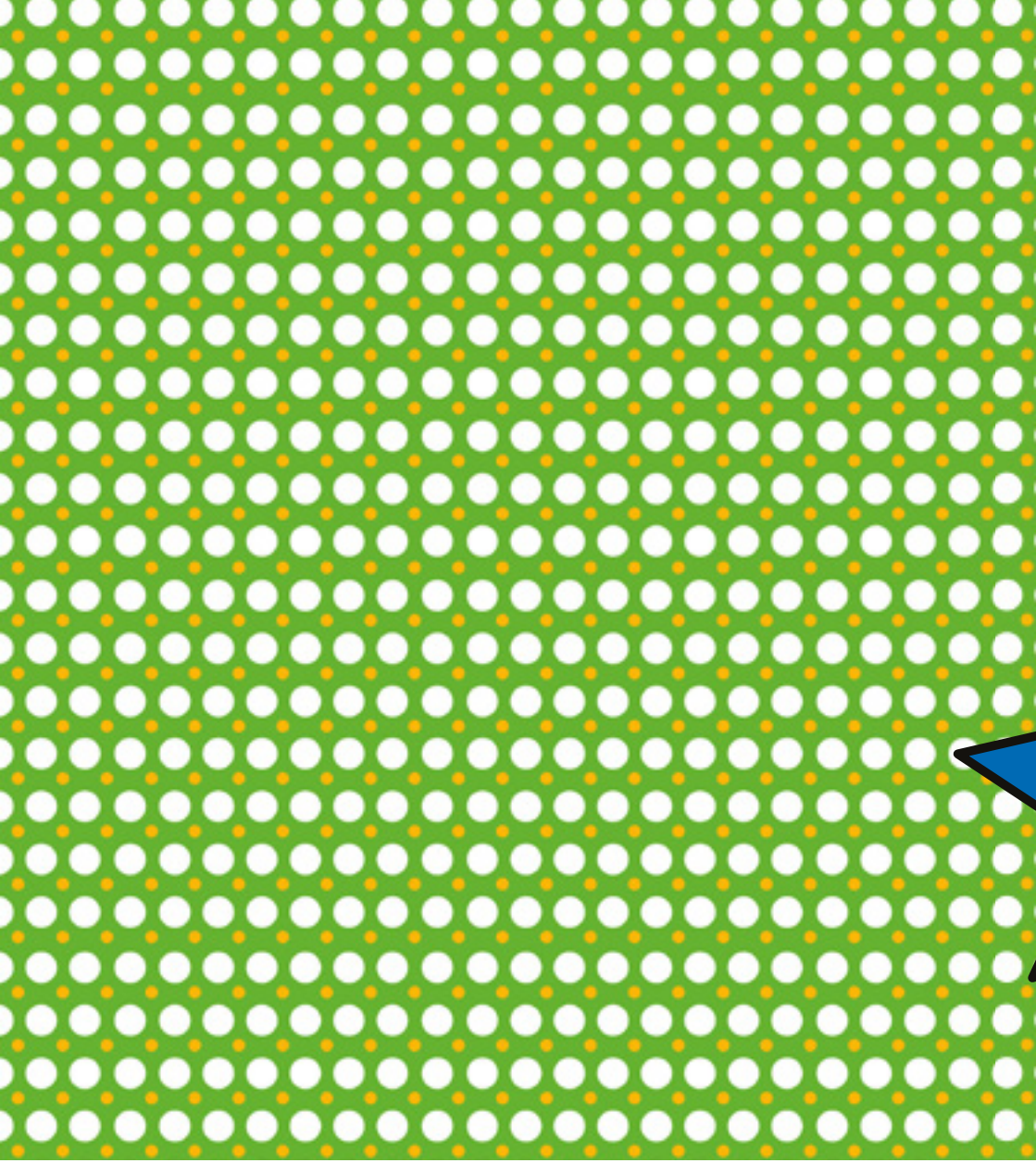
	Balance b/fwd	Income	Expendi-ture	Transfers	Fund c/fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	116	15	(20)	0	111
General funds	84	113	(84)	0	113
Total	**200**	**128**	**(104)**	**0**	**224**

The trustee set an opening or closing balance of £50,000 or above as the threshold for the separate reporting of material designated (earmarked funds). In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The objects of each of the designated unrestricted funds are as follows:

Other designated funds relate to benefiting service users on wards and Trust services within South West Yorkshire Partnership NHS Foundation Trust for which donors have indicated their non-binding wishes when making their generous gifts.

The general funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent and the unrestricted income accruing to the charity. These funds are applied for any charitable purpose to the benefit of the service users of South West Yorkshire Partnership NHS Foundation Trust at the absolute discretion of the trustee.



JOB NO 2946 NOV 22

EYUP

England & Wales - Charity number 1055931

Accounts

EY UP!

HEALTH & HAPPINESS FOR YORKSHIRE FOLK

ANNUAL REPORT AND ACCOUNTS 2020/21

Registered Charity No. 1055931

MHM WAKEFIELD
MENTAL HEALTH MUSEUM

Creative Minds®

Spirit in mind

Supporting the work of

NHS
South West Yorkshire Partnership
NHS Foundation Trust

Contents

1. Trustee report

- Introduction
- Objectives and activities
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- Plans for the future
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- Reference and administrative details
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- Statement of Trustee responsibilities
- Independent examiners report on the financial statements
- Financial statements



David, Dave and Rob took on the Yorkshire 3 Peaks Challenge in September 2020 and raised £250

Trustee Report

Introduction

The Corporate Trustee presents the EyUp! and its linked charities annual report, together with the financial statements for the year ended 31 March 2021.

The annual report and accounts for the year ended 31 March 2021 have been prepared in accordance with the Charities Act 2011 and the Charities (Accounts & Reports) Regulations 2008.

Objectives and Activities

EyUp! exists to benefit the service users of South West Yorkshire Partnership NHS Foundation Trust (the Trust) across Barnsley, Calderdale, Kirklees and Wakefield. Our funds are not used to support NHS services but to enable us to provide the extras above and beyond normal NHS funding.

These can be extras for inpatient ward areas, such as games and activities, equipment for visiting rooms, resources for sports or creative activities, trips for service users or funding for community groups.

Our objectives as set out in the Trust Deed are:

> "For any Charitable Purpose or Purposes relating to the National Health Service wholly or mainly for the services provided by South West Yorkshire Partnership NHS Foundation Trust"

During the year the charity:

- funded £142k for 64 projects to be spent on the objectives of the charity, with designated fund holders spending an additional £11k. These projects will benefit over 8,000 staff, volunteers, and service users across the Trust
- welcomed Stephanie Hirst as an ambassador
- became a member of NHS Charities Together and was awarded £267k in grants
- continued to sell their own eco-friendly mugs and Christmas cards
- continued to promote and encourage applications for support from the charity
- used social media to promote the EyUp! brand
- supported staff and volunteer wellbeing during the COVID pandemic
- received 145 items donated from the EyUp! Amazon wishlist which were distributed to staff and service users over the first lockdown period
- held a successful charity challenge which raised £2,500 for EyUp!

Achievements and Performance

Grant Expenditure

During the year, the committee approved £142k funding for 64 projects to be spent on the objectives of the charity, with designated fund managers spending an additional £11k. These projects will benefit over 8,000 staff, volunteers, and service users across the Trust. Below are examples of the projects supported:

Barnsley

£300 was awarded to the neuro rehab and stroke units at Kendray hospital to purchase a variety of items, including, games, books, jigsaws and games and accessories for their Nintendo Wii.

Children's therapy were granted £243 to purchase demonstration dolls which are used to demonstrate correct handling techniques, how to position a child in a piece of equipment and how to carry out therapeutic activities. The team use these in therapy groups and were extremely useful for video consultations over the last 12 months.

Calderdale

£461 was awarded to the intensive home based treatment team to provide a 'self-care package' to carers. These packages included candles, lavender bags, chocolate hearts, self-care tips, mindfulness exercises.

EIP (early intervention in psychosis) were awarded £481 to purchase an Xbox 1, online subscription and games to set up an online gaming group to reduce social isolation and bring human interaction to service users during lockdown.

Kirklees

Ward 18 in Dewsbury were awarded £180 to purchase a stock of clothing to provide to new admissions on the ward, some of whom arrive with few belongings or appropriate clothing to help them feel safe, improve their experience and maintain privacy and dignity.

£297 was awarded to the older people's community mental health team for activity items to send to service users at home. Items included seeds, compost and plant pots, colouring books and pencils, puzzle books and wool and knitting needles.

Wakefield

CAMHS REACH team (who provide urgent and home based treatment and support for young people) were awarded £1,015 to create and deliver wellbeing packs to the young people they support. These included mindfulness colouring and challenges, positive quotes and face paints, the packs were a way of keeping young people occupied, whilst letting them know the team was there for them.

The following quotes were from the young people who received the packs

> I didn't expect this... it's really nice

> Is that for me? Oh wow - that's amazing!

> What have I done to deserve this?



Horizon Centre at Fieldhead (which is a specialist short term assessment and treatment unit for people with a learning disability) were awarded £944 to purchase items for their outside area, including outdoor games and activities, seating and decorations.

Forensic services

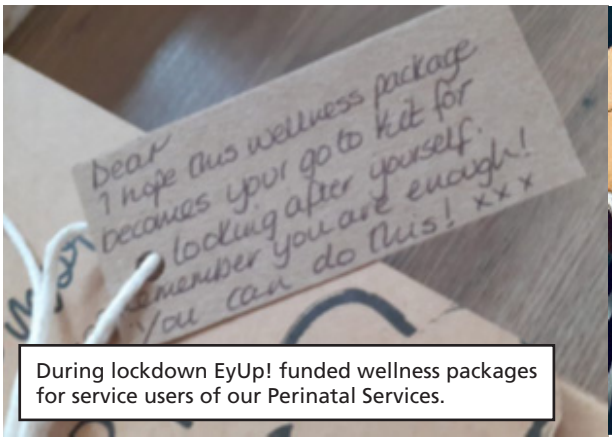
Newton Lodge were awarded £1,846 to purchase items for 7 wards within the unit. This included gardening equipment, pamper packs, outdoor and indoor games and activity sets.

Waterton Ward were awarded £310 to purchase a digital camera. This is used to teach photography, produce art and to record different snippets and memories of therapies undertaken by the service users.

Trustwide

The perinatal mental health team helps women during and after pregnancy, this includes peer-led support sessions. The team was awarded £530 for wellness packages to give to women approaching discharge from the service. The packages included pocket sized flash cards with self-care tips, meditation and breathing exercises, colouring sheets and information on websites and alternative therapies.

> *Thank you so much for the wellness package, I cried when I opened it, I can't believe you took so much time to make the box, especially for me. I've bought more colouring and special crayons and I've found it really helpful when I feel overwhelmed*

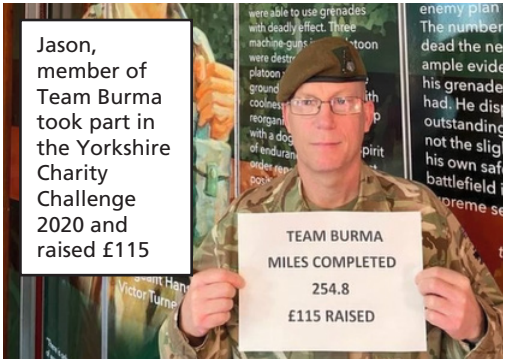




During lockdown EyUp! funded wellness packages for service users of our Perinatal Services.

£46,011 of the NHS Charities Together stage 1 grant was used to purchase water bottles and well-being packs which were distributed to every member of staff, volunteer, and governor.

> *Well! I received my wellbeing pack through the post and what can I say - it's fantastic! Thank you so very much to everyone involved in selecting, buying, packing and distributing them. I don't know who thought about what should go in the packs, but they are absolutely perfect for tired, busy, hard-pressed staff. I can tell that every single item has been chosen with great care and thought*



Jason, member of Team Burma took part in the Yorkshire Charity Challenge 2020 and raised £115



Kurtiss, local community fundraiser, made vintage tea cup candles to sell from the end of his drive during lockdown and helped raise £128.62



Charlene-Sibanda, BAME workforce health and wellbeing practitioner funded by EyUp!

Fundraising

COVID-19 affected the normal fundraising activities of EyUp! as regular events such as the Christmas fairs and football tournament could not take place. We would like to thank members of staff and the public for taking part in events and fundraising for us.

- Income continues from the EyUp! lottery £33,976
- Launched a charity challenge to walk / run the perimeter of Yorkshire to raise funds for veteran service users. 36 people took part, walking 2,731 miles and raising £2,500
- A group of truck drivers organised a convoy on the M62 in July 2020 and raised £1,020
- Two members of the public completed the Lyke Wake challenge and raised £554
- A team of 3 completed the Yorkshire Three Peaks and raised £250
- Received gifts in kind from members of the public and corporate companies totalling £2,682, including Fox's Biscuits and Ravensburger
- A young member of the community made scented teacup candles and raised £129; and
- Held a raffle for a Peloton bike and subscription which was donated to EyUp! this raised £1510.

EyUp! pays for a fundraiser who coordinates the in-house events and supports individuals who want to raise funds for EyUp!. In March 2021 the Trustee approved EyUp! to become a member of the Fundraising Regulator and as such will follow the Code of Fundraising Practice. Any individual raising funds for EyUp! has an agreement to sign beforehand. No complaints were received in 2020/21 in respect of fundraising activities of EyUp!

NHS Charities Together

EyUp! became a member of NHS Charities Together in April 2020. The charity supports all NHS charities and received over £150m in public donations in response to the COVID-19 pandemic. By becoming a member EyUp! was eligible to receive grant funding from NHS Charities Together.

- Stage 1 distributions 1 and 2 funding – Monies received to deal with the immediate impact of COVID-19 - £66,500 was received. This money was used for both staff and service users impacted by the first wave and lockdown.

- Stage 1 distribution 3 funding - £50,000 was successfully bid for, £25k was to support the wellbeing at work offer for black, Asian and minority ethnic (BAME) staff and £25k to help service users in BAME communities in North Kirklees.
- Stage 2 funding – Monies have been given to an Integrated Care System (ICS) lead charity for each area. Organisations are able to apply for this. Applications have been made for funding by Creative Minds.
- Second wave urgent response funding - £50,000 was received when West Yorkshire went into Tier 2
- Donation from Starbucks through NHS Charities Together - £2,100
- Stage 3 funding - £99,000 is ringfenced for EyUp! to bid for, a successful bid of £58,267 was made to support carers and work is ongoing on a bid to apply for the remaining monies which will be expended in 2021/22 and 2022/23. The focus of this is workplace wellbeing.

Without the funding from NHS Charities Together EyUp! would not have been able to support staff, volunteers, and service users as much as they have over the last 12 months.

Plans for the future

The Trustee recognises that the fundraising activities have changed over the last 12 months and is grateful for the monies from NHS Charities Together. Depending on national guidelines we hope to begin some fundraising events towards the end of 2021/22. Expenditure on small grants will continue at a higher rate in 2021/2022 as well as further expenditure of the NHS Charities Together grants. Other planned activities include:

- Attract further ambassadors for the charity
- Increase corporate fundraising
- Continue to promote EyUp! with staff and service users to generate more fundraising and wider use of funding
- Increase the public uptake of the EyUp! lottery
- Increase community fundraising
- Register with the fundraising regulator

Launched in 2011, Creative Minds became a linked charity of EyUp! in 2016, and focusses on the use of creative approaches and activities in healthcare; increasing self-esteem, providing a sense of purpose, developing social skills, helping community integration and improving quality of life.

Our linked charity develops community partnerships to not only co-fund but also co-deliver projects for local people and all the projects are supported on a match-funded basis. The term match-funded refers to the requirement of partners to provide funding of an equal or greater basis for each project.

Creative Minds considers bids for funds through locality collectives made up of service users/carers, Trust staff and community representatives. The collectives look for a balanced portfolio of projects across the Trust districts, taking into account the types of activity, the client group and the service that will benefit. Where projects show a weakness in any of the categories, support is given to the organisation to look for a way forward.

Creative Minds is an award-winning approach: Health Service Journal Compassionate Patient Care Award 2014, Patient Experience Network Award 2015 and Building Better Health Care Award 2016. In 2018, Creative Minds was named Disability Sports Yorkshire Organisation of the Year, which we are very proud of.

Building on the work completed with funding from Health Foundations Q Exchange funding, Creative Minds have been further developing our community reporting model for evaluating projects and understanding the needs of our community. Community reporters have been trained across the Trust geographic areas to understand the experiences of people from black, Asian and minority ethnic and other vulnerable groups in terms of the impact of COVID-19 and how creative activities might help. Funding has been received from NHS Charities Together and Association of Mental Health Providers to develop projects that will meet their needs. The learning will be shared at the virtual Microsystems Festival 2021.

In response to the ongoing situation with COVID-19, Creative Minds have worked with our partners to support project participants very differently. Partners have been keeping in contact with participants by phone in terms of support and delivered projects remotely via websites, mail outs and social media. Links to online content that offer support or engage people in creative activities online were posted online. There has been a big increase in the

numbers of people we have connected with using these methods and we will look at how this might shape future projects. Creative Minds has also been linking with the Trust's Recovery Colleges and other community organisations to share ideas and supporting each other.

Work on 'Safety nets', a young people's sport and wellbeing programme, is continuing to grow and develop across Yorkshire. In response to COVID-19 an online version of the programme "Home goals" has been developed and is being supported by CAMHS teams across the Trust. Creative Minds have also started to develop a 'buddy scheme' in Barnsley with funding from public health. Our approach is looking at developing a much broader accredited scheme that will involve local clubs and groups to host our volunteer buddies. The singing project funded by Children in Need has been adapted to be delivered virtually, and a film to encourage participants to attend was developed.

https://www.youtu.be/vIM53ZhOeYw

Creative Minds supported 33 projects in 2020/21 with 94 partners, delivering over 12,000 contacts with Service Users, below are some examples.

Barnsley

Barnsley libraries were awarded £1,500 to produce online videos which were shared on social media platforms, including story and rhyme videos to be shared with families at home during lockdown, online stories in a variety of formats including song and rhyme, spoken word, Makaton and British Sign Language and special guest videos.

Creative Recovery were awarded £3,000, to hold weekly online sessions, including artmaking, poetry, meditation and short films. The money was also used to produce an online portal of content and to send out UPLIFT packs for service users who are not online.

Calderdale

Verd de Gris were awarded £1,600 for "Behind The Mask", a series of weekly multi-platform online sessions for women experiencing anxiety and stress through isolation.

Handmade Parade were awarded £3,000 for the "Release" project, which represents the freedom of birds, whether it is escaping the confines of lockdown, own minds or mental health struggles, physical environment, home circumstance or being detained under the Mental Health Act. Participants, including inpatient units across Calderdale, created birds which were photographed and uploaded to an online gallery.



Kirklees

TSL were awarded £1,000 for "Words in Mind", a project to create an anthology to document how COVID-19 has influenced the lives of people in Kirklees and to record it as a work of social history for the future. The project enabled the participants to focus on the positives in their lives and reflect on good experiences to help channel feelings and emotions in a positive way.

Huddersfield Mission were awarded £1,000 for their "Moodwriting" project which sent a mail out to 500 people containing a range of creative ideas and information. The mailing highlighted the need to look after our wellbeing, encouraged creative writing and highlighted support services available.

Wakefield

Dream Time Creative were awarded £2,700 for "Doorstep Creations" to produce packs with contents and instructions to make different creative items, including rag rugs. The project aimed to deliver creativity to homes to allow participants respite through creativity.



If you feel that the Creative Minds approach could help you to find a creative passion that would improve your health and wellbeing, get in touch at **creativeminds@swyt.nhs.uk** and find more information at **www.creativemindsuk.com**

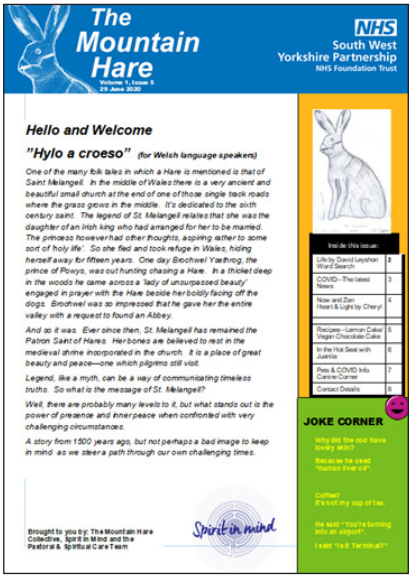
Plans for the future

Creative Minds is 10 years old this year. To mark this milestone, a series of events and activities will be held throughout the year, depending on COVID-19 restrictions. This will include:

- A magazine evaluation issue with a focus on research and development
- Creative Minds live event to showcase projects and partners in each of our localities
- A '10 years of Creative Minds' article to follow up on our academic journal entry in 2015
- Exploring the development of Creative Minds Radio on a digital platform for live streaming and podcasts
- Good Mood football league and learning disability fun days with Euro 21 and Olympic themes
- A range of merchandise to mark the 10 year anniversary including t-shirts pens, mugs etc.

Spirit in Mind ("SIM") links faith-based organisations with SWYPFT. Working with faith leaders, community workers and SWYPFT staff SIM promotes a deeper awareness in the wider community of mental health priorities and encourages local responses to supporting people with mental health needs. SIM was awarded charity status in May 2017.

SIM's activity over the past twelve months has largely taken place online. This has involved the transfer of the training events and professional development and networking programme outlined in the 2020/21 annual report onto digital platforms.


The Mountain Hare

NHS South West Yorkshire Partnership NHS Foundation Trust

Volume 1, Issue 5
29 June 2020

Hello and Welcome

"Hylo a croeso" (for Welsh language speakers)

One of the many folk tales in which a Hare is mentioned is that of Saint Melangell. In the middle of Wales there is a very ancient and beautiful small church at the end of one of those single track roads where the grass grows in the middle. It's dedicated to the sixth century saint. The legend of St. Melangell relates that she was the daughter of an Irish king who had arranged for her to be married. The princess however had other thoughts, aspiring rather to some sort of holy life. So she fled and took refuge in Wales, hiding herself away for fifteen years. One day Brochwel Ysethrog, the prince of Powys, was out hunting chasing a Hare. In a thicket deep in the woods he came across a 'lady of unsurpassed beauty' engaged in prayer with the Hare beside her boldly facing off the dogs. Brochwel was so impressed that he gave her the entire valley with a request to found an Abbey.

And so it was. Ever since then, St. Melangell has remained the Patron Saint of Hares. Her bones are believed to rest in the medieval shrine incorporated in the church. It is a place of great beauty and peace—one which pilgrims still visit.

Legend, like a myth, can be a way of communicating timeless truths. So what is the message of St. Melangell?

Well, there are probably many levels to it, but what stands out is the power of presence and inner peace when confronted with very challenging circumstances.

A story from 1500 years ago, but not perhaps a bad image to keep in mind as we steer a path through our own challenging times.

Brought to you by: The Mountain Hare Collective, Spirit in Mind and the Pastoral & Spiritual Care Team

Spirit in mind

Inside this issue:

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JOKE CORNER

Why did the cod have lovely skin?

Because he used "Human Hind oil".

Coffee? It's not my cup of tea.

He said "You're turning into an airport".

I said "Is it Terminal?"

SIM's three charitable objects have been achieved by innovative patterns of co-working between SIM associates and pastoral care staff and volunteers.

This has included a regular mental health and wellbeing publication detailing sources of Covid support and advice, developed to maintain contact with people at risk of social isolation, particularly mental health service users. Published on a three-weekly basis 'The Mountain Hare' includes humour and practical health related advice together with contributions from service users in both print and digital form. Discussions with stakeholders are currently underway regarding the continuation of the publication post-Covid in a format which provides opportunity for greater in-depth reporting of developments in holistic approaches to mental health care and recovery.

Successful funding applications to two canine charities have allowed the further roll out of the canine befriending service available on Trust wards, in care homes and other residential facilities. Four canine befrienders have been recruited, trained and registered through the scheme and as well as befriending duties they will also be taking on a SIM promotional role at public and other events.





The online programme of SIM events over the past twelve months has included:

- Interfaith workshops on Christian and Muslim understandings of mental health
- 'Shining light on death' – interfaith explorations of bereavement and loss
- Islamic awareness training for NHS staff
- Virtual retreat days for healthcare staff and community leaders
- Compassion hub meetings
- 'Overcoming anxiety' workshops
- Beginners and improvers courses in mindfulness.

In addition, over the past twelve months SIM has given online presentations of the charity's work to several national and regional organisations:

- London Boroughs for Faith Based Social Action Network
- Calderdale Interfaith AGM
- Brahma Kumaris Spiritual University
- Al Balagh Islamic Academy
- Bahai Interfaith Network

Plans for the future



Over the next 12 months SIM plans to build on existing close working relationships with local faith-based organisations to develop community-based responses to Covid-related mental health concerns.

As well as continuing to provide a programme of training and community building events, SIM is also actively seeking additional funding to provide appropriate training and supervision for faith-based organisations to develop support initiatives around social isolation and bereavement and loss.

If circumstances allow, the well-established conference programme will continue with further large-scale events bringing together a wide cross-section of faith leaders, community activities and NHS professionals around topics of shared mental health concern.

MENTAL HEALTH MUSEUM WAKEFIELD

The Mental Health Museum (MHM) has been a linked charity since 2014 and is located in the heart of Fieldhead Hospital, Wakefield. The museum's extraordinary collection aims to support the empowerment of people; joining people together to combat mental health stigma, prejudice and promote mental wellbeing. The museum works with its communities to co-create a mindful, knowledgeable and active society.

Due to the current situation with COVID-19 the Museum is closed to the public. The MHM is exploring how the museum might be accessed virtually and how it can offer activities and contact delivered remotely via websites, mail outs and social media.

During 2020/21 the museum:

- Worked with Art Café members to collect stories of everyday life during the pandemic and associated lockdowns. These were turned into 'The Virus Times' newsletters as part of the 'Empowering Heritage Project' and can be found on the Arts Café's website: www.artscafeevents.org
- Compiled a survey on visitor services at the Museum. This was made available to Trust staff online and the responses have been collated
- Met remotely with the psychology team at The Bretton Centre to discuss future work and the formation of a service user group to look at the Museum's collection, potentially with an aim of co-curating an exhibition
- Worked on listing and repackaging the collections and organising a refurbishment of stores to help us achieve accredited status
- Developed resources and activity packs to distribute to food banks/ charities in the area who serve vulnerable children
- Undertaken the necessary risk assessments and implemented the recommendations to make the Museum Covid safe to reopen once government guidance permits
- Investigated collections software programmes to be able to put our collections catalogue on our website. A software package would also help us organise the collection for accreditation
- Built content to enhance our social media presence and set up an Instagram account
- Worked with second and third-year students at Huddersfield University providing teaching around our collection and facilitating the co-production of new interpretation for the museum

- Worked to develop our partnership with the library services, including exploring options for developing our book loan service
- Devised an exhibition strategy including a temporary exhibitions programme to include new displays from Hands on History (Huddersfield University) and Outside In, following the launch of new artwork display by Pauline Quinnin
- Supported two applications to the Arts and Humanities Research Board. These explore the changing language relating to mental health (with Cambridge University) and the experience of refugees in the mental health system following World War 1 (with Huddersfield University).







The Empowering Heritage Project took place at the MHM between May 2019 – Dec 2020, funded by the National Lottery Heritage Fund. The ambitious project set out to develop and share more widely the collections of the Mental Health Museum in Wakefield and deliver community engagement activity that made a measurable difference to the lives of some of the most vulnerable and marginalised people in the area.

In the timeframe of the project, we have faced unprecedented challenges nationally due to the pandemic, which has placed even greater pressures on individuals. Despite this, the project has delivered substantially against its original objectives, as well as addressing these new demands, offering a crucial lifeline to those who needed it.

The connection to the collection and history has given the project greater weight and validation. There is a great deal more that can be done to continue to engage service users and the public in this evolving conversation and the MHM is well-placed to lead this with the right level of capacity and resources. The project has shown the potential to work in partnership with other museums to help them to explore the history of mental health.

Covid certainly challenged the project, but it also highlighted the value of an agile small resource in adapting to circumstances. Extending the project timescale has also showed the benefits of a longer-term approach. The MHM is now in a better position to understand its future and potential.





Plans for the future

- Continuing the process of achieving accreditation and preparing our submission in collaboration with Museum Development Yorkshire by working on documentation, including drafting the Forward Plan 2021-2026;
- Future exhibitions include the launch of new artwork display by local artist Pauline Quinnin, Hands on History by Huddersfield University students and new artworks generated through the Outside In Patient Artwork programme
- Launching our online museum offer to ensure our collection is more accessible to people who cannot visit in person
- Launching a new display case and interpretation of the Mary Frances Heaton samplers to build on the national and international interest
- Involvement in the showcasing of Mary Frances Heaton's story in the form of an opera
- Developing a wellbeing offer that supports recovery
- Continuing to audit, repackage and relocate our collection
- Continuing to develop our partnerships across the Trust.

Financial review

How we funded our work, achievements and performance

In 2020/21, the charities received income of £872k and spent £565k. At the end of the year the charities had a balance of £866k.

EyUp!

EyUp! received income of £339k from donations, fundraising, sale of goods, lottery, grants, and interest. This includes:

Donations and trading activities (which include the EyUp! lottery and fundraising events) have decreased from £77k (2019/20) to £67k (2020/21). This reduction was due to COVID-19 as we have been unable to hold our regular fundraising events. These donations are mainly from staff, service users, carers, relatives, and friends. An additional restricted donation of £45k was received in respect of NHS Wakefield CCG.

£227k was received in the form of grants from NHS Charities Together.

Expenditure of £195k was spent on grant making, staff costs, administration fee, and prizes and admin costs relating to the lottery. A wide variety of purchases were funded, ranging in value, and as exemplified in the aforementioned projects.

At 31 March 2021 EyUp! had funds carried forward of £344k.

Creative Minds

Creative Minds received income of £460k, of which £281k was received from the Trust. Other income was from grants (including £25k from Barnsley Council, £97k from Calderdale CCG and £40k from the Association of Mental Health Providers), interest and a few small donations.

During the year expenditure of £296k was spent, £76k was on small grants, £217k on staff costs (including staff time on grant projects) and £3k on administrative costs.

At 31 March 2021 Creative Minds had funds carried forward of £487k.

Mental Health Museum

Mental Health Museum received income of £61k, of which £60k was received from the Trust, and the remaining income was from donations.

Expenditure of £64k was spent in year, this was on staffing (this includes staff time on the Heritage Lottery Fund project) and minimal expenditure in other areas.

At 31 March 2021 Mental Health Museum had funds carried forward of £32k.

Spirit in Mind

Spirit in Mind received income of £12k, of which £9k was received from the Trust and £3k in grants.

Expenditure of £10k was spent in year. The majority (£9k) relates to staff costs, £1k relates to the activities of Spirit in Mind including the canine befriending project and training, and minimal expenditure on administration.

At 31 March 2021 Spirit in Minds had funds carried forward of £3k.

A wide variety of purchases were funded, ranging in value and as exemplified in the aforementioned projects.



Barnsley EyUp! Cup

How we manage the money

Our grant making policy

EyUp!

EyUp! makes grants from its unrestricted funds, both general and designated funds. Any applications requesting grants over £5000 are referred to the Charitable Funds Commitee for a final decision.

- **General funds** – these funds are received with no particular preference expressed by donors. The income generated by the lottery is also received into general funds. On a quarterly basis, bids are invited from all services and wards across the Trust. These are then assessed by a sub-committee of Trustwide clinical and non-clinical staff who award funding based on the application, looking at the benefits of the proposal.

- **Designated funds** – are established for a particular ward or service. Each fund has a designated fund manager who authorises expenditure from these funds at any time. The Trust's finance department check that the expenditure is appropriate to the overall purpose of the charity.

Creative Minds

Creative Minds develops community partnerships to co-fund and co-deliver projects for local people and all the projects are supported on a match-funded basis. The term match-funded refers to the requirement of partners to provide funding of an equal or greater basis for each project.

Creative Minds invites applications for funding for each locality they work in annually. Applications are assessed through locality collectives made up of service users, carers and Trust staff using the Young foundation community development tool. Where projects show a shortfall, the collectives try to work with the organisation to strengthen the bid. The collectives also look for a balanced portfolio of projects across the Trust districts, taking into account the types of activity, the client group and the service that will benefit.

The Mental Health Museum and Spirit in Mind do not make grants.

Risk analysis

The Trustee reviews risk as part of the charity action plan at each meeting and within the business plan. The main risk facing the charities is financial sustainability.

- The EyUp! fundraiser was appointed (part-time) to mitigate this by being a dedicated resource to increase income through several different funding streams. The effectiveness of this is reviewed at each meeting and success is being achieved. A risk remains that this is just one member of staff that may leave or fall ill.
- The linked charities are revising their strategies and producing clear business plans which will be actioned and monitored to ensure they are sustainable for the future. Work has progressed in 2020/2021 and will continue in 2021/2022.
- COVID-19 remains a risk in 2021/2022. This affects fundraising activities and how we deliver some grant activity, this will be monitored closely as national rules and guidance changes.
- The impact of COVID-19 on local businesses and grant givers may see the opportunity of funds reduce.

Our investment policy

The current policy (agreed in December 2019) is to invest funds in a mix of deposit accounts. The Corporate Trustee takes a prudent approach to investment and holds the funds in low risk deposit accounts across various providers.

Our reserves policy

Under the guidance of the Charities Commission booklet 'CC19, Charities Reserves' and 'Charity reserves: building resilience', the Corporate Trustee agreed the following reserves policy, which is reviewed annually.

EyUp! reserves policy

Funds held by EyUp! that are unrestricted are classed as reserves under Charities SORP (FRS 102).

The charity has a general legal duty to apply charitable funds within a reasonable time of receiving them. The Corporate Trustee actively encourages fund managers to spend their funds and encourages staff to bid against the general purpose funds.

The Trustee policy is to keep funds to the minimum required to cover approved commitments in the belief that donations are made with the intention and expectation that they will be spent accordingly.

In order to avoid the risk of the charity's reserves becoming overdrawn it is considered prudent to hold a minimum 3 months' operating expenditure, plus one year's salary for the fundraiser post. This is calculated at £34k. If the balance fell to this level then the committee would revise the strategy and plan for the charity.

The reserves currently stand at £81k and are calculated as follows:

Total unrestricted funds of	£200k
Less designated funds	(£119k)
Total reserves	**£81k**

The Trustee reviews the balances held in designated funds, in accordance with the provisions of the NHS Acts relating to charitable funds, to determine whether these funds are likely to be committed in the near future and the extent to which there is a continuing need identified for any particular designated fund(s). The funds are reviewed on an annual basis and any inactive funds are closed and the balance transferred to general funds.

Expenditure is reviewed quarterly at the Charitable Funds Committee to ensure that the minimum level of reserves is maintained. Reserves are currently slightly higher than the minimum required, it is anticipated that these will reduce further in 2021/22 to be in line with the expected reserves.

Creative Minds reserves policy

Creative Minds is funded by specific grants for projects and by general contribution by the Trust. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. A minimum of one month's operating expenditure is held as reserves. A significant proportion of Creative Minds' expenditure is planned grant expenditure, so if funds are reduced to this level then plans can be revised.

Mental Health Museum reserves policy

The Mental Health Museum is primarily funded by specific grants with small donations by visitors. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The Trustee has deemed that at this point the charity does not need to hold reserves.

Spirit in Mind reserves policy

Spirit in Mind is primarily funded by specific grants. Monies given as specific grants are classed as restricted and are excluded from the reserves policy. The Trustee has deemed that at this point the charity does not need to hold reserves.

Volunteers

EyUp! and its linked charities would like to thank all the volunteers who have contributed to the charities in 2020/21. This includes being part of the running of the charities and helping make grant funding decisions for Creative Minds. They have all contributed to the success and growth of the charities and the charities continue to be grateful for their help and time.

Ambassadors

Ambassadors do not have any formal role in the governance of the charity but assist by gaining publicity and raising our profile:

- Ashley Jackson - Painter
- Horatio Clare - Author and broadcaster
- Stephanie Hirst - Radio presenter and broadcaster





Structure, governance and management

South West Yorkshire Partnership NHS Foundation Trust is the Corporate Trustee of the Charity governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

Corporate trustee

The Corporate Trustee comprises the non-executive and executive directors of the Board of South West Yorkshire Partnership NHS Foundation Trust (SWYPFT) and meets quarterly. Non-executive directors are appointed by the governors of the Trust and executive directors are subject to the Trust's recruitment policies. When directors join the Corporate Trustee, they are introduced to the charity, its objectives, and Charity Commission guidance (CC3).

The members of the Corporate Trustee have read and had regard to the Charity Commission's guidance on public benefit. They give their free time freely and do not receive any pay, emoluments, or other financial benefit.

Those who served on the Corporate Trustee during the period were as follows:

Angela Monaghan	Chair
Charlotte Dyson	Deputy chair / Senior independent director
Laurence Campbell (left 31/08/20)	Non-executive director
Mike Ford (appointed 01/09/20)	Non-executive director
Chris Jones	Non-executive director
Erfana Mahmood	Non-executive director
Kate Quail	Non-executive director
Sam Young	Non-executive director
Rob Webster	Chief executive
Tim Breedon	Director of nursing and quality / Deputy chief executive
Mark Brooks	Director of finance and resources
Alan Davis	Director of human resources, organisational development and estates
Dr Subha Thiyagesh	Medical director

Charitable Funds committee

The Corporate Trustee is supported in its responsibilities and duties by the Charitable Funds Committee, which meets quarterly. Its duties include managing the Trust's charitable funds in accordance with statutory requirements; ensuring expenditure is in line with the objects of the charities; delegating responsibility for the management of designated charitable funds and the linked charities; fundraising for the charity; ratifying the annual report and accounts; and reviewing the effectiveness of the Committee.

The members of the Charitable Funds Committee during the period were as follows:

Erfana Mahmood (Committee Chair)	Non-executive director
Charlotte Dyson (left 15/09/2020)	Deputy chair / Senior independent director
Mike Ford (from 24/11/2020)	Non-executive director
Angela Monaghan	Chair of the Trust
Tim Breedon	Director of nursing and quality / Deputy chief executive
Salma Yasmeen	Director of strategy (lead executive director)

All members of the Committee are required to undertake suitable training in order to discharge their duties as members of the Committee.

The Charitable Funds Committee is supported by the EyUp! Operational Management Group and the Linked Charities Group, both of which report to the Committee.

The day to day operations of the charitable funds are administered by South West Yorkshire Partnership NHS Foundation Trust.

Reference and administrative details

EyUp! is registered under the single registered number 1055931.

The governing document is a deed dated 1st April 1996.

The MHM is a linked charity registered under number 1055931-12. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by advancing the education of the public on the subject of mental health.

Creative Minds is a linked charity registered under number 1055931-13. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by relieving sickness and preserving health and wellbeing and by promoting social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded, and assisting them to reintegrate into society.

Spirit in Mind is a linked charity registered under number 1055931-14. Its objectives are for any charitable purposes relating to the South West Yorkshire Partnership NHS Foundation Trust or relating to the health service by the promotion of racial harmony for the public benefit by advancing education and raising awareness of mental health issues relating to culture and religion, and advancing racial harmony through the provision of cross-cultural activities which enhance health and wellbeing.

How to contact us

EyUp!
Fieldhead
Ouchthorpe Lane
Wakefield
WF1 3SP

External examiner:
Deloitte LLP
One City Square
Leeds
LS1 2AL

Bankers:
National Westminster Bank
3 Ropergate
Pontefract
West Yorkshire
WF8 1LH

Internal auditor:
360 Assurance
Riverside House
Bridge Park Road
Thurmaston
Leicester
LE4 8BL

A BIG THANK YOU

On behalf of the staff and service users who have benefitted from improved services due to donations and legacies, the Corporate Trustee would like to thank all service users, relatives, carers, members, the general public and staff who have made charitable donations, participated in the lottery, and supported the work of the charities.

SUPPORT THE WORK OF EYUP!

THANK YOU FOR READING ABOUT THE PROJECTS THAT THE CHARITY HAS SUPPORTED THIS YEAR, THIS CANNOT CONTINUE WITHOUT ONGOING DONATIONS.

WHAT COULD YOUR GIFT BUY?

£1	COULD BUY	COLOURING PENS FOR AN ART SESSION
£10	COULD BUY	A DVD FOR A WARD
£20	COULD BUY	SEEDS AND PLANTS FOR A GARDENING GROUP
£30	COULD BUY	BOOKS TO START A WARD LIBRARY
£50	COULD BUY	ARTS AND CRAFTS MATERIALS
£100	COULD BUY	A WATER FEATURE FOR A SENSORY GARDEN
£150	COULD BUY	A DAY TRIP FOR SERVICE USERS
£300	COULD BUY	A PORTABLE PIANO FOR A WARD
£500	COULD BUY	START-UP COSTS FOR A NEW ACTIVITY GROUP

If you would like to make a donation:

Through your bank:
Pay direct to the charity donation account, 54-30-64, account code 42591511

By Just Giving:
Donate online at www.justgiving.com/EyUp

By Cheque:
Please make cheques payable to "EyUp!" and send to EyUp!, South West Yorkshire Partnership NHS FT, Fieldhead Hospital, Block 9, Ouchthorpe, Wakefield, WF13SP.

Signed:

Name: Angela Monaghan

Date: 28th September 2021

Statement of trustee responsibilities in respect of the trustee annual report and accounts

Under charity law, the Trustee are responsible for preparing the Trustee annual report and accounts for each financial year, which show a true and fair view of the state of affairs of the Charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice entails that the Trustee:

- Select suitable accounting policies and then apply them consistently
- Make judgements and estimates that are reasonable and prudent
- State whether the recommendations of the Statement of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements
- State whether the financial statements comply with the Trust Deed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities

The Trustee is required to act in accordance with the Trust Deed and the rules of the Charity, within the framework of trust law. The Trustee are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the Charity at that time, and to enable the Trustee to ensure that , where any statements of accounts are prepared by the Trustee under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The Trustee have general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the trustee:

Signed: _____ Name: Angela Monaghan

Date: 28th September 2021



Taylors of Harrogate kindly donated Yorkshire Tea parcels to EyUp! to distribute to the Trust Covid Vaccination Centres to help keep staff hydrated

Independent examiner's report to the trustee of EyUp!

I report to the trustees on my examination of the accounts of EyUp! ("the Trust") for the year ended 31 March 2021 which comprise the income and expenditure account, the balance sheet and the related notes 1 to 21.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act"). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of your charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.



I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sarah Anderson FCCA
for and on behalf of Deloitte LLP
Leeds, United Kingdom

EyUp! and linked charities statement of financial activities for the year ending 31 March 2021

		2021			2020		
	Note	Unrestricted funds	Restricted funds	Total Funds 2021	Unrestricted funds	Restricted funds	Total Funds 2020
		£000	£000	£000	£000	£000	£000
Income from:							
Donations and legacies	4	27	271	298	27	383	410
Charitable activities	4	0	533	533	0	30	30
Other trading activities	5	40	0	40	50	0	50
Investments	7	0	1	1	1	1	2
Total income		**67**	**805**	**872**	**78**	**414**	**492**
Expenditure on:							
Raising funds	8	(42)	0	(42)	(46)	0	(46)
Charitable activities							
Service user education and welfare	9	(25)	(493)	(523)	(26)	(380)	(406)
Total expenditure		**(67)**	**(498)**	**(565)**	**(72)**	**(380)**	**(452)**
Net income / (expenditure)		**0**	**307**	**307**	**6**	**34**	**40**
Transfers between funds	20	0	0	0	0	0	0
Net movement in funds		**0**	**307**	**307**	**6**	**34**	**40**
Reconciliation of funds							
Total funds brought forward		200	359	559	194	325	519
Total funds carried forward		**200**	**666**	**866**	**200**	**359**	**559**

Restricted funds incorporate the linked charities and within EyUp!, the funds held from NHS Charities Together and NHS Wakefield CCG.

EyUp! and linked charities balance sheet as at 31 March 2021

Balance sheet	Note	Unrestricted funds	Restricted funds	Total Funds 2021	Unrestricted funds	Restricted funds	Total Funds 2020
		£000	£000	£000	£000	£000	£000
Current assets							
Debtors	16	2	55	57	0	0	0
Cash and cash equivalents	17	202	639	841	203	401	604
Total current assets		**204**	**694**	**898**	**203**	**401**	**604**
Liabilities							
Creditors falling due within one year	18	(4)	(5)	(9)	(3)	(0)	(3)
Accruals	18	0	(23)	(23)	0	(42)	(42)
Net current assets (liabilities)		**200**	**666**	**866**	**200**	**359**	**559**
Total net assets or liabilities		**200**	**666**	**866**	**200**	**359**	**559**
The funds of the charity:							
Restricted income funds		0	666	666	0	359	359
Unrestricted income funds		200	0	200	200	0	200
Total charity funds		**200**	**666**	**866**	**200**	**359**	**559**

The notes at pages 34 to 55 form part of these accounts

Signed: _____

Name: Angela Monaghan

Date: 28th September 2021

EyUp! and linked charities statement of cash flows for the year ending 31 March 2020

Statement of cash flows	Note	Total funds	Total funds
		2020/21	2019/20
Cash flows from operating activities			
Net cash provided by (used in) operating activities	19	236	54
Cash flows from investing activities			
Interest received	7	1	2
Net cash provided by (used in) investing activities		1	2
Change in cash and cash equivalents in the reporting period		237	56
Cash and cash equivalents at the beginning of the reporting period		604	548
Cash and cash equivalents at the end of the reporting period		**841**	**604**

Notes on the accounts

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Charities Act 2011.

The Trustee have a reasonable expectation that EyUp! and its linked charities have sufficient resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the accounts. In making this assertion the Trustee has taken several considerations into account, budgets for 2021/22 have been approved by the Trustee which demonstrate that each one has funding streams and expenditure plans in place.

(b) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund; or
- An endowment fund

Restricted funds are those where the donor had provided for the donation to be spent in furtherance of a specified charitable purpose.

Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent. EyUp! and the linked charities currently have no endowment funds.

Those funds which are neither endowment nor restricted income funds, are unrestricted income funds which are sub analysed between designated (earmarked) funds where the trustee have set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and unrestricted funds which are at the trustee discretion, including the general funds which represent the Charities reserves. The major funds held in each of these categories are disclosed in note 21.

(c) Income

All income is recognised once the charity has entitlement to the resources. It is probable (more likely than not) that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

When there are terms or conditions attached to income, particularly grants, these terms or conditions must be before the income is recognised as the entitlement condition will not be met until that point. Where the terms or conditions have not met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

(d) Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted;
- The executors have established that there are sufficient assets in the estate to pay the legacy; and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

(e) Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event;
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement; and
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(f) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to third parties in the furtherance of the charitable objects of the Fund.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

- We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant;
- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant; and
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment

The trustee has control over the amount and timing of grant payments and



consequently where approval has been given by the trustee and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is disclosed.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.

(g) Allocation of support costs

Support costs are those costs which do not relate to a single activity. These include some staff costs, costs of administration, internal and external examiner costs. Support costs have been apportioned to charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 12.

(h) Fundraising costs

The costs of raising funds are those costs attributable to raising income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity's objects. The costs of raising funds include the prizes paid out in respect of the lottery.

(i) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 12.

(j) Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

(k) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, liquid investments.

(l) Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long term creditors.

(m) Pensions

EyUp! does not directly employ staff, staff working on the charity are directly employed by South West Yorkshire Partnership NHS FT, with the full costs recharged to EyUp! As employees of the Trust they are entitled to join the NHS Pensions Scheme.

The 2015 NHS Pension Scheme, effective 1 April 2015, is a 'Career Average Revalued Earnings' ("CARE") scheme. From the above date, annual pensions are normally based on 1/54th of a members CARE for each year of service. CARE is defined as a member's average earnings in a financial year, and is uplifted annually by a percentage determined by the Treasury. Members who are practitioners as defined by the Scheme Regulations are subject to exactly the same arrangements as all members who are directly employed by the NHS, with effect from the above date.

The 1995/1998 is a "final salary" scheme. Annual pensions are normally based on 1/80th for the 1995 section and of the best of the last 3 years pensionable pay for each year of service, and 1/60th for the 2008 section of reckonable pay per year of membership. With effect from 1 April 2008 members can choose to give up some of their annual pension for an additional tax free lump sum, up to a maximum amount permitted under HMRC rules. Annual increases are applied to pension payments at rates defined by the Pensions (Increase) Act 1971, and are based on changes in consumer prices in the twelve months ending 30 Septembers in the previous calendar year. On death, a pension of 50% of the member's pension is normally payable to the surviving spouse.

The Scheme is subject to a full actuarial valuation every four years, and an IAS 19 accounting valuation every year. The results form the latest valuation as at 31 March 2016 set the employer contribution rate at 20.6% of pensionable pay.

The valuation of scheme liability in accordance with IAS19 is carried out annually by the Scheme Actuary. The latest assessment of the liabilities of the Scheme is contained in the Scheme Actuary report, which forms part of the annual NHS Pension Scheme (England and Wales) Resource Account, published annually. These accounts can be viewed on the NHS Pensions website.

The NHS Pension Scheme has 2 schemes, both are an unfunded, defined benefit scheme that covers NHS employers, General Practices and other bodies, allowed under the direction of the Secretary of State in England and Wales. Each scheme is not designed

to be run in a way that would enable participating bodies to identify their share of the underlying Scheme assets and liabilities. Therefore, each Scheme is accounted for as if it were a defined contribution scheme: the cost to the charity of participating in the Scheme is taken as equal to the contributions payable to the Scheme for the accounting period.

2. Prior year comparatives by type of fund

The primary statements provide prior year comparatives in total; this note provides prior period comparatives for the statement of financial activities and the balance sheet for each of the funds included in the notes to the accounts. (pages 31 to 32).



Betty & Sean, members of Team Generation Game took part in the EyUp! Yorkshire Charity Challenge event cycling 103km each helping to raise £506.25

EyUp! unrestricted funds – statement of financial activity for the year ended 31 March 2021

	2021	2020
	£'000	£'000
Income and endowments from:		
Donations and legacies	27	27
Other trading activities	40	50
Investments	0	1
Total income resources	**67**	**78**
Expenditure on:		
Raising funds	(42)	(46)
Charitable activities	(25)	(26)
Total expenditure	**(67)**	**(72)**
Net income / (expenditure)	**0**	**6**
Transfers between funds	0	0
Net movement in funds	**0**	**6**
Reconciliation of funds		
Total funds brought forward	200	194
Total funds carried forward	**200**	**200**

EyUp! unrestricted funds – balance sheet as at 31 March 2021

	2021	2020
	£'000	£'000
Current assets		
Debtors	2	0
Cash and cash equivalents	202	203
Total current assets	**204**	**203**
Liabilities		
Creditors falling due within one year	(4)	(3)
Net current assets (liabilities)	**200**	**200**
Total assets less current liabilities	**200**	**200**
Total net assets or liabilities for unrestricted funds	**200**	**200**
Total unrestricted funds	**200**	**200**

Restricted funds – statement of financial activity for the year ended 31 March 2021

	2021 EyUp!	2021 MHM	2021 Creative Minds	2021 Spirit in Mind	2021 Total	2020 MHM	2020 Creative Minds	2020 Spirit in Mind	2020 Total
	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Income from:									
Donations and legacies	45	41	176	9	271	41	329	13	383
Charitable activities	227	20	283	3	533	24	6	0	30
Investments	0	0	1	0	1	0	1	0	1
Total income	**272**	**61**	**460**	**12**	**805**	**65**	**336**	**13**	**414**
Expenditure on:									
Charitable activities	(128)	(64)	(296)	(10)	(498)	(64)	(301)	(15)	(380)
Total expenditure	**(128)**	**(64)**	**(296)**	**(10)**	**(498)**	**(64)**	**(301)**	**(15)**	**(380)**
Net income / (expenditure)	**144**	**(3)**	**164**	**2**	**307**	**1**	**35**	**(2)**	**34**
Transfers between funds		0	0	0	0	0	0	0	0
Net movement in funds	**144**	**(3)**	**164**	**2**	**307**	**1**	**35**	**(2)**	**34**
Reconciliation of funds									
Total funds brought forward	0	35	323	1	359	35	287	3	325
Total funds carried forward	**144**	**32**	**487**	**3**	**666**	**36**	**322**	**1**	**359**

EyUp! had no restricted funds in 2019/20.

Restricted funds – balance sheet as at 31 March 2021

	2021 EyUp!	2021 MHM	2021 Creative Minds	2021 Spirit in Mind	2021 Total		2020 MHM	2020 Creative Minds	2020 Spirit in Mind	2020 Total
	£'000	£'000	£'000	£'000	£'000		£'000	£'000	£'000	£'000
Current assets										
Cash and cash equivalents	149	32	510	3	694		35	365	1	401
Total current assets	**149**	**32**	**510**	**3**	**694**		**35**	**365**	**1**	**401**
Liabilities										
Creditors falling due within one year	(5)	0	0	0	(5)		0	(0)	0	(0)
Accruals	0	0	(23)	0	(23)		0	(42)	0	(42)
Net current assets (liabilities)	**144**	**32**	**487**	**3**	**666**		**35**	**323**	**1**	**359**
Total assets less current liabilities	**144**	**32**	**487**	**3**	**666**		**35**	**323**	**1**	**359**
Total net assets or liabilities for restricted funds	**144**	**32**	**487**	**3**	**666**		**35**	**323**	**1**	**359**
Total restricted funds	**144**	**32**	**487**	**3**	**666**		**35**	**323**	**1**	**359**

EyUp! had no restricted funds in 2019/20.

3. Related party transactions

EyUp! has made payments to the Trust in relation to administration costs; these are made on an arm's length basis.

	Total 2021	Total 2020
	£'000	£'000
South West Yorkshire Partnership NHS Foundation Trust	226	276
	226	276

There was £55k closing balance in debtors (£ nil 2019/20) and £8k (2k 2020/21) in creditors in respect of the Trust.

4. Income from donations and legacies and charitable activities

	2021			2020		
	Unrestricted funds	Restricted funds	Total 2021	Unrestricted funds	Restricted funds	Total 2020
	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	23	53	76	23	1	24
Corporate donations	4	218	222	4	382	386
Legacies	0	0	0	0	0	0
Grants	0	533	533	0	31	31
Total	**27**	**804**	**831**	**27**	**414**	**441**

Analysis of Restricted Funds

	2021	2021	2021	2021	2020	2020	2020
	EyUp!	Creative minds	MHM	Spirit in Mind	Creative minds	MHM	Spirit in Mind
	£'000	£'000	£'000	£'000	£'000	£'000	£'000
Donations from individuals	45	4	3	1	0	1	0
Corporate donations	0	172	38	8	329	41	12
Legacies	0	0	0	0	0	0	0
Grants	227	283	20	3	25	6	0
Total	**272**	**459**	**61**	**12**	**354**	**48**	**12**

EyUp! had no restricted funds in 2019/20.



Donations from individuals are gifts from members of the public, relatives, carers, service users and staff.

5. Analysis of income from other trading activities

	Unre-stricted funds	Re-stricted funds	Total 2021	Unre-stricted funds	Re-stricted funds	Total 2020
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery	34	0	34	36	0	36
Sale of goods	3	0	3	4	0	4
Fundraising events	3	0	3	10	0	10
Total	**40**	**0**	**40**	**50**	**0**	**50**

6. Role of volunteers

One volunteer is in attendance of the Charitable Funds Committee.

The Mental Health Museum has one volunteer who performs a variety of tasks within the Museum.

Creative Minds have a number of volunteers who sit on the locality collectives which make decisions on small grant funding.

In accordance with the SORP, due to the absence of any reliable measurement basis, the contribution of these volunteers is not recognised in the accounts.

7. Gross investment income

	Unre-stricted funds	Re-stricted funds	Total 2021	Unre-stricted funds	Re-stricted funds	Total 2020
	£'000	£'000	£'000	£'000	£'000	£'000
Short term invest-ments and deposits cash on deposit	0	1	1	1	1	2
Total	**0**	**1**	**1**	**1**	**1**	**2**

The income shown for restricted funds is in relation to Creative Minds.

8. Analysis on expenditure on raising funds

	Unre-stricted funds	Re-stricted funds	Total 2021	Unre-stricted funds	Re-stricted funds	Total 2020
	£'000	£'000	£'000	£'000	£'000	£'000
Lottery prizes	17	0	17	18	0	18
Lottery admin fee	0	0	0	0	0	0
fundraising costs	25	0	25	29	0	29
Total	**42**	**0**	**42**	**47**	**0**	**47**

9. Analysis of charitable expenditure

EyUp! did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding.

Grants were approved in favour of the partner organisations, principally the South West Yorkshire Partnership NHS Foundation Trust to carry out activities that will benefit the service users of the NHS. EyUp! incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by them.

Creative Minds expenditure was in the form of grant funding and on staff who carry out direct charitable activity, details of the significant grants are found in note 10.

Mental Health Museum and Spirit in Mind undertake direct charitable activities and do not make grants.

	Activ-ities direct	Grant funded activity	Sup-port costs	**Total 2021**	Activ-ities direct	Grant funded activity	Sup-port costs	**Total 2020**
	£'000	£'000	£'000	**£'000**	£'000	£'000	£'000	**£'000**
EyUp! activities	0	153	0	**153**	0	26	0	**26**
Creative Minds activities	217	76	3	**295**	185	112	4	**301**
Mental Health Museum activities	64	0	0	**64**	64	0	0	**64**
Spirit in Mind activities	10	0	0	**10**	15	0	0	**15**
	291	**229**	**3**	**523**	**264**	**138**	**4**	**406**

10. Analysis of grants

The charity does not make grants to individuals. All grants are made to the Trust or other third party organisations.

Creative Minds significant grants 2020/21	£	No.
Qdos Creates	10,225	4
Creative Recovery	7,950	2
Reds in the Community	6,000	2
Butterflies Dementia Support	4,650	2
The Civic Barnsley	3,500	1
S2R (Support to Recovery)	3,000	1
Awakening Arts	3,000	1
Halifax Opportunities Trust	3,000	1
Handmade Parade	3,000	1
Globe Arts Studio	2,940	1
The Artworks	2,938	1
Incredible Edible	2,813	1
Theatre Royal Wakefield	2,750	1
Dream Time Creative	2,700	1
Luv2meetU	2,242	1

Creative Minds significant grants 2019/20	£	No.
People's Voice Media	11,000	3
Creative Recovery	9,800	1
Butterflies Dementia Support	8,800	1
Qdos Creates Ltd	8,770	4
The Artworks	6,605	2
CoActive Arts	4,920	1
The Hepworth, Wakefield	4,520	1
Globe Arts Studio	3,249	1
Barnsley Football Club	3,238	1
Growing Works	3,000	1
The Art House	3,000	1
Wakefield MDC	2,650	1
S2R (Support to Recovery)	2,500	1
Community Recovery	2,400	1
Incredible Edible	2,000	1
Holme Valley Sharing Memories	2,000	1

11. Movements in grant funding commitments accrued

Creative Minds	Current liabilities	Non current liabilities	Total	Current liabilities	Non current liabilities	Total
	2021	2021	2021	2020	2020	2020
	£'000	£'000	£'000	£'000	£'000	£'000
Opening balance at 1 April	**42**	**0**	**42**	**27**	**0**	**27**
Additional commitments made during the year	56	0	**56**	92	0	**92**
Movement from current to non-current	0	0	**0**	0	0	**0**
Amounts paid during the year	(75)	0	**(75)**	(77)	0	**(77)**
Closing balance at 1 April	**23**	**0**	**23**	**42**	**0**	**42**

The grants included are grants made by Creative Minds to external third parties where the award has been communicated.

As described in notes 9 and 10, the charity awarded a number of grants in the year. Many grants were awarded and paid out in the same financial year. However, some grants are multiyear grants paid over a longer period.

As the charity has control over the award and timing of grants there is little uncertainty around these payments.

12. Allocation of support costs and overheads

Support and overhead costs are allocated to charitable activities on a pro rata basis between funds. Support costs are the costs associated with the administration of the Charity. These amounts are paid directly to South West Yorkshire Partnership NHS Foundation Trust. Salaries and related costs include the costs of the staff working in the linked charities and are allocated to each individual restricted fund and the fundraiser who is allocated to unrestricted funds.

The basis of allocation used are as follows:

- Balance: Each month the charge is allocated on a pro-rata basis on the balance of each fund.
- Direct: The salaries are charged direct to each restricted fund that the post holder works for.

Charitable activities	Unre-stricted funds	Re-stricted funds	2021 Total	Unre-stricted funds	Re-stricted funds	2020 Total
	£'000	£'000	£'000	£'000	£'000	£'000
External examination	0	1	**1**	0	1	**1**
Financial administration	0	0	**0**	0	0	**0**
Miscellaneous	0	0	**0**	0	1	**1**
Salaries and related costs	40	290	**330**	23	252	**275**
Total	**40**	**291**	**331**	**23**	**254**	**277**

	2021 Total	2020 Total
	£'000	£'000
EyUp!	40	23
Creative Minds	218	187
Mental Health Museum	64	55
Spirit in Mind	9	12
	331	**277**

13. Trustee remuneration, benefits and expenses

The Corporate Trustee give their time freely and receive no remuneration or reimbursement of expenses for the work that they undertake as trustee.

14. Analysis of staff costs and remuneration of key management personnel

No members of staff are employed directly by the charities, employees are employed by South West Yorkshire Partnership NHS FT and their costs recharged

	2021	2020
	£'000	£'000
Salaries and wages	277	225
Social security costs	23	20
Employers' pension contribution	30	30
	330	**275**

	2021	2020
	£'000	£'000
EyUp!	40	23
Creative Minds	217	185
Mental Health Museum	64	55
Spirit in Mind	9	12
	330	**275**

The average number of full time equivalent employees during the year was 9 (2020: 8) EyUp!, 1 (2020: 1); Creative Minds 5 (2020: 5); Mental Health Museum 2 (2020: 2); Spirit in Mind 1 (2020:1))

One employee within Creative Minds had emoluments in excess of £60,000 (2020: 1)

15. Independent Examiner's remuneration

The independent examiners remuneration of £994 (2020 £994) related solely to the independent examination with no additional work being undertaken (2020: nil).

16. Analysis of current debtors

There are nil debtors in 2020/21 and in 2019/20.

17. Analysis of cash and cash equivalents

	2021	2020
	£'000	£'000
Cash in hand	78	11
Notice deposits (less than 3 months)	763	592
Total cash and cash equivalents	**841**	**604**

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

All of the amounts held on interest bearing deposit are available to spend on charitable activities.

18. Analysis of liabilities

	2021	2020
	£'000	£'000
Creditors under 1 year		
Trade creditors	(9)	(3)
Accruals for grants	(23)	(42)
Total	**(32)**	**(45)**

There are no liabilities greater than one year in 2020/21 (nil 2019/20)

19. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2021	2020
	£'000	£'000
Net income / (expenditure) for the reporting period(as per the statement of financial activities)	**307**	**40**
Adjustments for:		
Dividends, interest and rents from investments	(1)	(2)
(Increase)/decrease in debtors	(57)	0
Increase/(decrease) in creditors	(13)	16
Net cash provided by (used in) operating activities	**236**	**54**

20. Transfers between funds

There has been no transfer between funds in year. (2019/20: nil).

21. Analysis of charitable funds

(a) Analysis of Restricted fund movements

	Balance b/fwd	Income	Expenditure	Transfers	Fund fwd
	£'000	£'000	£'000	£'000	£'000
EyUp!	0	272	(128)	0	144
Mental Health Museum	35	61	(64)	0	32
Creative Minds	223	460	(296)	0	487
Spirit in Mind	1	12	(10)	0	3
Total	**359**	**805**	**(498)**	**0**	**666**

The objects of each of the restricted funds are as follows

EyUp! has 2 restricted funds, both new in 2020/21, one relates to the grants from NHS Charities Together, these grants are specifically in response to the COVID-19 pandemic. The other restricted fund relates to NHS Wakefield CCG, this fund is for donations to NHS Wakefield CCG but the activity benefits the service users of South West Yorkshire Partnership NHS FT.



(b) Analysis of unrestricted and material designated fund movements

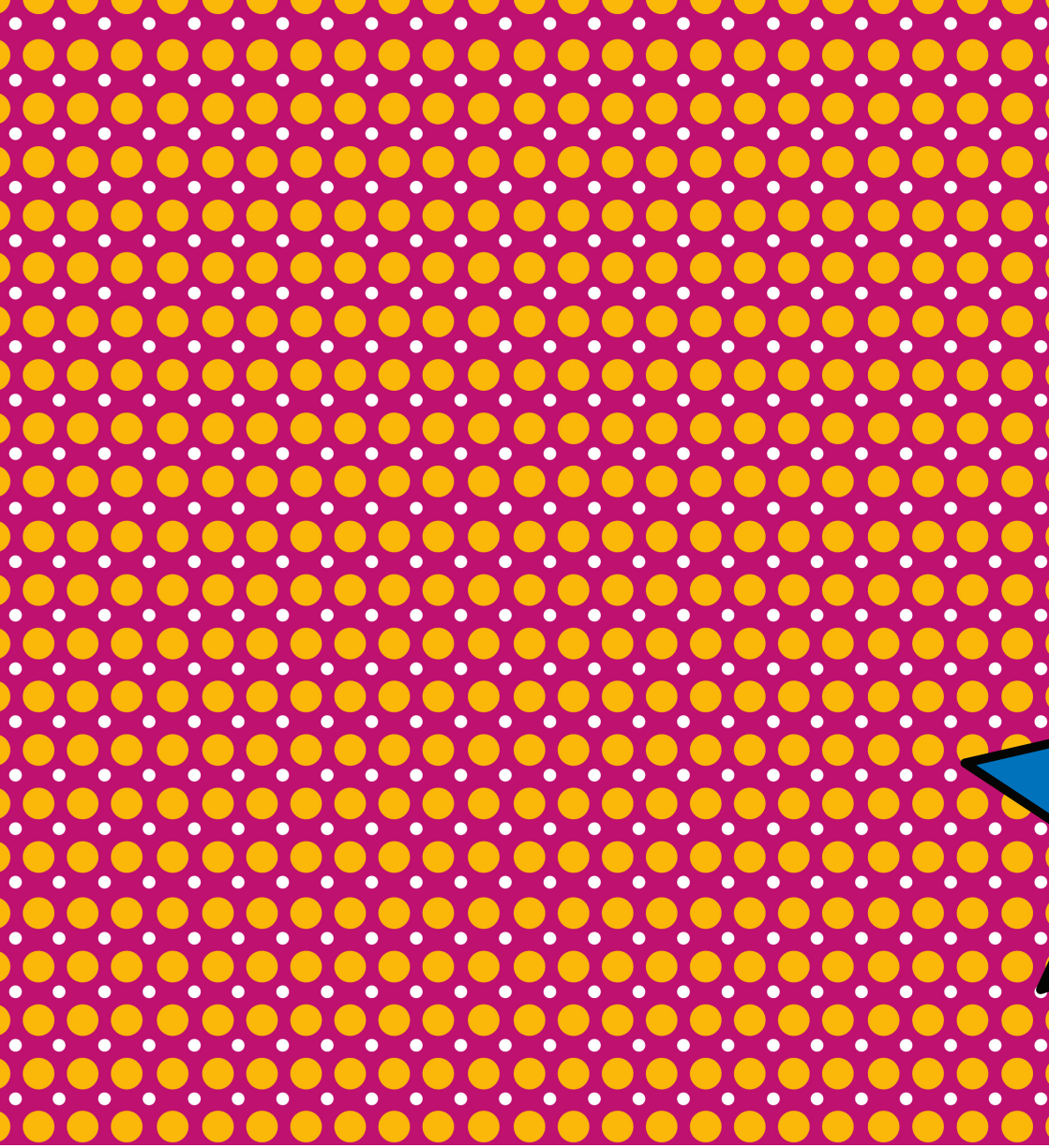
	Balance b/fwd	Income	Expendi-ture	Transfers	Fund c/fwd
	£'000	£'000	£'000	£'000	£'000
Other designated funds	116	14	(11)	0	119
General funds	84	53	(56)	0	81
Total	**200**	**67**	**(67)**	**0**	**200**

The Trustee set an opening or closing balance of £50,000 or above as the threshold for the separate reporting of material designated (earmarked funds). In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The objects of each of the designated unrestricted funds are as follows:

Other designated funds relate to benefiting service users on wards and Trust services within South West Yorkshire Partnership NHS Foundation Trust for which donors have indicated their non-binding wishes when making their generous gifts.

The general funds include all donations for which a donor has not expressed any preference as to how the funds shall be spent and the unrestricted income accruing to the charity. These funds are applied for any charitable purpose to the benefit of the service users of South West Yorkshire Partnership NHS Foundation Trust at the absolute discretion of the trustee.



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