

Midlands Women's Aid

Est. FEBRUARY 1974



midlands
women's
aid

Your key to a safer future

Annual Report & Statistics

2022-2023



Midlands Women's Aid

Annual Report & Statistics 2022/2023

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A BIG THANKS TO OUR SUPPORTERS.
We could not do it without you.



**All at
Artex Ltd.**



**Angela
Westerman and
all at Westerman
Homes
Beeston Inner
Wheel**



**Tesco
Long Eaton
Chilwell
Toton**

Beeston Parish Church



**ASDA, Euphoria, Sainsbury's,
Beeston Consolidated Charities**

**St Andrews with Castle Gate
United Reform Church,
Nottingham**

Operation Orphan

**Thank you to all of our supporters who wish to
remain anonymous.
Their continued and sustained support of our Refuge
is invaluable.**

AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID

The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution.
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children.
- To provide ongoing support to a woman who has been re-housed as, and if, necessary.
- To support where possible women who preferred not to seek refuge.



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Your key to a safer future

INTRODUCTION

Welcome to our Annual report for the year 2022-2023.

In February 1974 Thames TV aired a programme, "Scream Quietly or the neighbours will hear" about the work Erin Pizzey and Chiswick Women's Aid. This programme resulted in the establishment of our organization, one of the first Domestic Abuse services in the country outside London. At that time our founders aimed to support women and children to survive Domestic Abuse, raise awareness and end violence against women. Little did they know that half a century later that our services would still be necessary.

Since that time, despite many financial challenges, we continue to deliver our services and develop them.

This year has been no less challenging and our services remain in high demand. Our dedicated staff team have worked hard to support women and children experiencing Domestic Abuse, to move on and live safely in the community.

Unfortunately, due to the national shortage of suitable housing, women find themselves having to stay in our accommodation longer.

I wish to thank the Trustees, staff, volunteers and friends of Midlands Women's Aid for their hard work and support in tackling Domestic Abuse. Also, we would extend our thanks to all the groups and individuals who have supported Midlands Women's Aid during the year by donating money, clothing and other generous gifts. We have listed some of them by name on a separate page, however we would extend a special thanks to all our supporters whose names we do not know who have contributed to our fundraising activities throughout the year. They do not know how much their contribution are appreciated by the staff and clients.

Finally, I would like to recognise our clients who take the decision to leave all they know to protect their children from Domestic Abuse. Who with our support learn that they are not alone, and it is not their fault.

Catherine Saunders (CEO)

REFUGE TEAM LEADER'S REPORT

Although our work can be demanding and challenging, it is also very rewarding. To travel with our client group on their journey from experiencing Domestic Abuse and living in fear, to going forward to survive and thrive is edifying.

The demand for our safe accommodation has remained high and our safe accommodation has been fully utilized.

It is unfortunate that due to the national housing shortage women are staying in our accommodation for longer periods of time. Delays in being re-housed when clients are ready to move on can cause other challenges and frustration for them. Also, it adds further strains on our support service. Housing authorities and agencies are quoting re-housing waiting times of two years and in some cases five years. It is not acceptable for our clients to remain in our accommodation for this length of time and we are active in seeking solutions to this problem.

Support Service

We provide support using an individual support plan tailored to each person. The plan helps identify the support required and allows us to work with the client to build confidence, increase self-esteem, help them come to terms with the abuse they have experienced and work with them to help them reach their full potential. Clients are encouraged to take part in workshops and sessions around healthy relationships, safety planning and are empowered to organize and fully take part in making decisions which effect their lives

Safe Accommodation

We aim to provide safe, clean and welcoming accommodation. (See photographs)

Refuge;

7 family bedrooms each with en-suite facilities,

Communal areas;

2 kitchens,
2 lounges
laundry room
playroom.
outside play area

Communal lounge;



S



A bedroom. On arrival we provide a welcome pack consisting of basic essentials:



One of the communal kitchens :



Also, we provide 3 self-contained units, located close by the main building and allow for families with older boys, families with complex or special needs and pets

A self-contained Unit:



Here are some case histories of the families we have supported this year. We hope this highlights the needs, the difficulties they face and shows the recovery process they go through.

Case Studies :

- 1.** S was admitted into refuge fleeing Domestic Abuse from her Husband. The abuse was emotional resulting in psychological trauma.

On S's arrival, she was very tired having travelled many miles. She was very emotional, felt lost and afraid for the future. She felt isolated and very alone.

S questioned why Domestic Abuse happened to her, and why she had not left the relationship sooner. S was offered support and attended a Survivor's program to gain more awareness and understanding of Domestic Abuse.

With time S became more confident, started to enjoy life and could see a future for herself. S has a disability that affects her mobility due to having two major spinal operations. Her support worker referred S to Occupational Therapy for an assessment and assisted her successful claim for a disability car. This has helped her to regain some independence, allowing her to venture out into the community, go to the hairdressers, go shopping and feeling safe and free.

- 2.** G and her 2 children came into refuge, after sleeping on a friend's settee for past 6 months. They had left their family home due to fleeing domestic violence from G's partner and father of the children.

G had endured years of emotional and financial abuse which then escalated into physical attacks. The perpetrator was an alcoholic and life had become unbearable for G and her children. She became fearful of everyday life and the not knowing if bills were being paid and when the next violent episode would take place.

She had previously tried to escape, however, promises from the perpetrator that he would change and the feelings of guilt she had for breaking up the family unit, made her return. This time she was determined to succeed.

During their stay with us, G was enrolled onto the 'Survivors Programme' to help with her recovery. She felt having other women around her in a similar situation was of great support to her. Attending these sessions has given her more confidence to gain control over her own life.

G suffered with anxiety and panic attacks. We have supported her with sourcing therapy, attending health care appointments and looking for

different ways to relax and distract herself from negative feelings. G found the confidence to join the local gym, and this has helped her improve her low mood and improve feelings of self-worth.

The family stayed with us for 8 months, in which time we applied for housing and helped sort out a debt programme to make manageable payments. They moved into their new home and are now able to live free from worry. On a home visit to them G said "She can't thank the refuge enough and she and her children felt safe and could actually see a way out of the nightmare they had been living."

- 3.** Child A and her family were admitted into refuge due to her mother fleeing domestic abuse from her Husband.
Child A is a 5-year-old female awaiting on diagnosis of Autism and awaiting speech and language therapy.

On arrival I went through children support form and we have been offering play sessions where A can explore, become used to her environment and for staff to get to know her needs. With our support A has started full time school where she receives one to one support with teachers and this has improved her behaviour and speech.

We helped A with accessing an Educational, Health and Care Plan(EHCP) plan .A struggles to sleep, we made a referral to a sleeping program to help her with her sleeping routine. Supported A with her paediatrician appointments, applied for Disability Living Allowance, family funds to support her needs which enables her to buy sensory items and day trips as A likes to explore outdoors.

With A having additional needs moving home to some where different was very difficult and stressful for her. A with support from children's workers and staff in refuge she is now happy, thriving and well settled.

Children Refuge Service

As a Children and Young Peoples Domestic Abuse worker it is my responsibility to work with children to overcome the trauma of witnessing or experiencing Domestic Abuse.

Almost two third of the residents in refuges are children, the majority of whom are of pre-school age. I provide stimulating play opportunities to encourage children from all backgrounds to develop and express themselves, as well as support children with homework and literacy. We also refer children to wider support services, including counsellors and children's centres

When a child or young person arrives, they are often left traumatized and often have to leave everything behind such as family, friends, school and toys. My initial task is to help settle them into Refuge.

The trips we have attended are:

- Fire Station
- Cinema
- Bowling
- Pumpkin picking
- Pantomime

Our sessions might include:

- One to one session's
- Group sessions
- Family Intervention
- Behaviour Management
- Helping Hands Facilitation Programme
- Healthy Relationships
- Therapeutic play



We have decorated our playroom. We have chosen pastel colours to ensure the room has a calming approach. This is good for our children that have autism, behaviour or sensory issues.

See images below.



With thanks to Artex we have had our outdoor play enables the women and children to relax and play worker also runs play sessions in the garden when



EQUAL OPPORTUNITIES POLICY.

Declaration of Intent

Midlands Women's Aid provides temporary accommodation, support and advocacy to women and children experiencing violence and supports their long-term future needs. This means challenging the abuse of women and children.

Midlands Women's Aid is committed to the principles of equal opportunities. Midlands Women's Aid is working towards the elimination of all types of violence against women. We are also working towards the elimination of all forms of sexism and racism.

We will ensure that we endeavour to combat direct or indirect discrimination in our employment practices and in our management and provision of services and will work to achieve these ends.

We intend that equal opportunities become a reality in practice and not simply a paper commitment. We will seek to implement a programme of positive action to make this policy fully effective by ensuring that no Midlands Women's Aid Trustee, job applicant, employee, volunteer, service user or agencies and other women's aid groups that we work with receive less favourable treatment on the grounds of race, colour, class, nationality, ethnic or national origins, cultural origin, religion, marital status, sexual orientation, disability, age, union activity or responsibility for children or place of residence.

Guidelines for Carrying out the Declaration of Intent

The responsibility for implementing the Declaration of Intent lies with the whole of Midlands Women's Aid although the Trustees will be expected to carry the employers responsibility.

The Declaration of Intent will be posted publicly in the Midlands Women's Aid office and will also be made known to all members of the organisation, employees, volunteers and service users. Acceptance of the policy is a condition of membership of Midlands Women's Aid. The purpose of the Equal Opportunities policy is to set out clearly and comprehensively the steps Midlands Women's Aid intend to take to ensure equality of opportunity and combat direct and indirect discrimination in employment practice, management structures and practice, in service provision to individuals and groups and agencies and in its relationship with other groups.

Customer Care Policy

We aim to give our service users the highest quality of help and assistance to ensure they receive equal treatment taking into account their cultural and individual needs. In the event that they are unhappy with the service or the facilities provided there is a complaints procedure in place. Each service user

will receive a handbook outlining services and policies, which includes the Complaints Procedure.

STATISTICAL DATA FOR THE YEAR

The following statistics were collected by Midlands Women's Aid for the year ending March 20225:

TOTAL NUMBER OF BEDSPACES: 53	FAMILY ROOMS: 7
Three Satellite Properties – 2 bed house, 1 bed flat and 1 bed flat	
Women admitted into Refuge: 23	
Children admitted into Refuge: 39	
Women refused because Refuge was full: 72	
Number of advice calls: 1140	
Referrals from agencies: 35	
Self referrals: 46	
Women housed	21

SUMMARY OF QUESTIONNAIRE FINDINGS

This year we have again seen an increase in single women referrals and women with mental health issues, drug and alcohol abuse.

On admission to the Refuge;

7 women had no physical injuries although had had injuries in the past
13 women had injuries on admission ranging from facial cuts to black eyes
22 women described bruising to all parts of their bodies
10 women reported attempts to strangle
13 women reported rape and sexual abuse
12 women reported coercive control
16 women reported financial control

When asked about past injuries, women described them as follows: strangulation, body bruising, bruised eyes, rape, threats with knives, pushing and pulling, coercive control, financial and emotional abuse.

When asked what they believed had caused the violence the response is always the same. Women described the following: "He's jealous" "He says it's my fault", "He says he has a right". "He thinks he owns me and the kids" Others blamed drugs and alcohol, jealousy, mental health, insecurity and 'his upbringing'.

Of the women admitted, 4 had had healthy previous relationships. All had experienced violence and controlling behaviour from their ex-partners.

Most women described their childhood as happy. Other women described domestic violence between their parents, violence to themselves.

When asked if there were any circumstances under which they would accept being hit by a man, all women said no.

TRUSTEE AND STAFF NAMES

Trustees of Midlands Women's Aid

Mrs K. Cains
Ms S. Shaw
Ms H. Venn

Staff of Midlands Women's Aid

Cathy Saunders	(CEO)
Milli Collins	(Refuge Services Manager)
A.M	(Support Worker)
C.C	(Support Worker/playworker)
K.F	(Complex needs Support Worker)
(S.C).	(Administrative Assistant/ Support Worker)

Auditor

CAPLus Nottingham..

Legal Status

Company Limited By Guarantee. Company Number 3122842
Registered Charity. Charity registration Number 1055578

TREASURERS REPORT

Our core income comes from rent income and funding from Ministry of housing and local government (MHCLG). As our service is in great demand we little voids.

The current MHCLG funding ends 31st March 2023. In October 2023 we were awarded a three year contract to provide support by Nottinghamshire County Council which commences 1st April 2023. After years of financial uncertainty, this together with a healthy reserve will provide financial security for at least three years.

Beeston Consolidated Charity, a long-time supporter, continue to provide for their annual grant £26,225 for a full-time support worker and £13,113 toward the Children's Worker post.

Salaries remain our major expenditure. Our long time supporters, Artex, a local firm, donated funds to allow us to carry out a refurbishment of our playroom and outside play area. This work has now been completed.

This year we have carried out a major refurbishment of the safe accommodation.

Midlands Women's Aid a
Company Limited By
Guarantee.

Company No. 3122842
Charity Reg. No. 1055578
Registered in England &

**P.O. Box 8
Beeston
Nottingham
NG9 1HL**

**Tel: 0300 302 0035
E-mail: support@mwa.org.uk
www.midlandswomensaid.org.uk**



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Facebook**

Search: Midlands Women's Aid or Go to
**[https://www.facebook.com/Midland
s-womens-aid-331713663608574/](https://www.facebook.com/Midlands-womens-aid-331713663608574/)**



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twitter**

@AidMWA40

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen C Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	PO Box 8 Beeston Nottingham NG9 1HL
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees

Kathleen Cains, Treasurer / Chair
Susan Shaw
Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995 and most recently amended 3 April 1996. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.

Trustees are sought who have experience in one or more of the following areas:

- An understanding of domestic violence and the causes of domestic violence;
- The provision of supported housing;
- Experience of working within or with statutory bodies;
- Experience of working in or with services which aim to ensure the health and well-being of children;
- Working with statutory bodies – particularly health, housing, education or social services;
- Finance and financial planning;
- Personnel and human resource management;
- General experience of running a business;
- Legal experience;
- Experience of participating in community services and meeting community needs;
- Experience of being a service user of Women's Aid services;
- Monitoring and evaluating services;
- Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
- To provide ongoing support to women who have been re-housed as, and if, necessary;
- To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

This year we have supported survivors of Domestic Abuse. All have been re-housed away from abuse. Feedback has shown that 98% of our survivors felt safer, 97 had increased self-esteem, 90% had improved mental health. We accept referrals from all parts of the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, where we cannot support the client in-house we signpost to other agencies, i.e. drug/alcohol, mental health. We provide advocacy for women and children. A full-time child worker and a part-time play worker supports children by way of play therapy, individual one to ones and group work. We work with each client on safety planning, healthy relationships and well-being courses.

Financial review

We currently have a healthy bank balance and have secured a three year contract to provide support from 1st April 2023 to 31st March 2026.

Policy on reserves

It is our policy to keep a reserve of six months income.

Midlands Women's Aid

Trustees' Report

Principal risks and uncertainties

Risk management strategy

We have secured a three year support contract with Nottinghamshire County Council commencing April 2023. The grants from Beeston Consolidated Charities have allowed us to have sustainable funding for several years now. This has provided long term funding for a support worker and a part time children's worker. The MHCLG funding has ensured the Refuge will not close in the short term.

Statement of Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 15/12/2023... and signed on its behalf by:



Kathleen C Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid ('the Company')

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

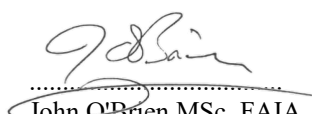
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 15/12/2023

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	4,125	-	4,125	21,964
Charitable activities	3	145,614	231,250	376,864	334,261
Investment income	5	96	-	96	-
Total Income		<u>149,835</u>	<u>231,250</u>	<u>381,085</u>	<u>356,225</u>
Expenditure on:					
Charitable activities	6	<u>(133,882)</u>	<u>(174,916)</u>	<u>(308,798)</u>	<u>(270,473)</u>
Total Expenditure		<u>(133,882)</u>	<u>(174,916)</u>	<u>(308,798)</u>	<u>(270,473)</u>
Net income		<u>15,953</u>	<u>56,334</u>	<u>72,287</u>	<u>85,752</u>
Net movement in funds		15,953	56,334	72,287	85,752
Reconciliation of funds					
Total funds brought forward		<u>189,362</u>	<u>164,587</u>	<u>353,949</u>	<u>268,197</u>
Total funds carried forward	13	<u><u>205,315</u></u>	<u><u>220,921</u></u>	<u><u>426,236</u></u>	<u><u>353,949</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	21,964	-	21,964
Charitable activities	3	117,094	217,167	334,261
Total income		139,058	217,167	356,225
Expenditure on:				
Charitable activities	6	(132,864)	(137,609)	(270,473)
Total expenditure		(132,864)	(137,609)	(270,473)
Net income		6,194	79,558	85,752
Net movement in funds		6,194	79,558	85,752
Reconciliation of funds				
Total funds brought forward		183,168	85,029	268,197
Total funds carried forward	13	189,362	164,587	353,949

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid
(Registration number: 03122842)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	23,171	28,106
Current assets			
Debtors	8	648	118
Cash at bank and in hand		409,103	331,138
		409,751	331,256
Creditors: Amounts falling due within one year	9	(6,686)	(5,413)
Net current assets		403,065	325,843
Net assets		426,236	353,949
Funds of the charity:			
Restricted income funds			
Restricted funds	13	220,921	164,587
Unrestricted income funds			
Unrestricted funds		205,315	189,362
Total funds	13	426,236	353,949


For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 15/12/2023.. and signed on their behalf by:



.....
Kathleen C Cains
Trustee

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	500	500	6,124
Donations from individuals	3,625	3,625	279
Grants, including capital grants;			
Government grants	-	-	15,561
	<u>4,125</u>	<u>4,125</u>	<u>21,964</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Grants and donations	-	231,250	231,250	217,167
Housing benefit	133,965	-	133,965	108,429
Resident rents	11,649	-	11,649	5,635
Sundry income	-	-	-	3,030
	<u>145,614</u>	<u>231,250</u>	<u>376,864</u>	<u>334,261</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	500	36,000	36,500
Sundry grants & donations	3,625	-	3,625
Notts CC	-	195,250	195,250
	<u>4,125</u>	<u>231,250</u>	<u>235,375</u>

5 Investment income

	Unrestricted funds General £	Total 2023 £
Interest receivable and similar income;		
Interest receivable on bank deposits	<u>96</u>	<u>96</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Activities & events	1,776	250	2,026	449
Building, repairs & maintenance	7,361	-	7,361	4,319
Cleaning	2,523	-	2,523	3,383
Council tax	3,134	-	3,134	3,634
Depreciation	7,723	-	7,723	9,369
Dues & subscriptions	1,001	201	1,202	238
Equipment	5,562	-	5,562	19,231
Grant spend (resettlement)	-	1,385	1,385	-
Insurance	3,604	-	3,604	1,775
IT expenses	2,109	1,728	3,837	3,659
Nacs	9,188	-	9,188	-
Office expenses	593	-	593	-
Printing & postage	1,766	-	1,766	274
Professional fees	46,136	618	46,754	56,842
Refreshments	151	-	151	198
Rent & rates	-	-	-	4,807
Salaries, NI & pensions	-	168,920	168,920	136,752
Security	1,007	-	1,007	800
Sundry expenses	163	-	163	622
Telephone	1,973	-	1,973	1,984
Training	1,342	-	1,342	709
Utilities	35,785	1,814	37,599	20,562
Travel & meetings	985	-	985	747
Recruitment	-	-	-	119
	133,882	174,916	308,798	270,473

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	7,723	9,369

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

8 Debtors

	2023 £	2022 £
Prepayments	648	118

9 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	3,560	4,081
Other creditors	3,126	1,332
	6,686	5,413

10 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	156,212	119,467
Social security costs	10,376	12,440
Pension costs	2,332	4,845
	168,920	136,752

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	6	6

5 (2022 - 6) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,332 (2022 - £4,845).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £57,518 (2022 - £49,676).

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2022	13,800	61,408	49,697	124,905
Additions	-	906	1,882	2,788
At 31 March 2023	<u>13,800</u>	<u>62,314</u>	<u>51,579</u>	<u>127,693</u>
Depreciation				
At 1 April 2022	10,866	47,133	38,800	96,799
Charge for the year	733	3,795	3,195	7,723
At 31 March 2023	<u>11,599</u>	<u>50,928</u>	<u>41,995</u>	<u>104,522</u>
Net book value				
At 31 March 2023	<u>2,201</u>	<u>11,386</u>	<u>9,584</u>	<u>23,171</u>
At 31 March 2022	<u>2,934</u>	<u>14,275</u>	<u>10,897</u>	<u>28,106</u>

12 Analysis of net assets between funds

	Unrestricted		2023 Total funds
	General £	Restricted £	£
Tangible fixed assets	23,171	-	23,171
Current assets	185,042	224,709	409,751
Current liabilities	<u>(2,898)</u>	<u>(3,788)</u>	<u>(6,686)</u>
Total net assets	<u>205,315</u>	<u>220,921</u>	<u>426,236</u>
	Unrestricted		2022
	General £	Restricted £	Total funds £
Tangible fixed assets	28,106	-	28,106
Current assets	166,669	164,587	331,256
Current liabilities	<u>(5,413)</u>	<u>-</u>	<u>(5,413)</u>
Total net assets	<u>189,362</u>	<u>164,587</u>	<u>353,949</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

13 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
<i>General</i>				
General Fund	189,362	149,835	(133,882)	205,315
Restricted funds				
MHCLG fund	154,587	195,250	(137,531)	212,306
Resettlement Fund	10,000	-	(1,385)	8,615
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	<u>164,587</u>	<u>231,250</u>	<u>(174,916)</u>	<u>220,921</u>
Total funds	<u><u>353,949</u></u>	<u><u>381,085</u></u>	<u><u>(308,798)</u></u>	<u><u>426,236</u></u>

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.

The Resettlement funding (now called Flexi fund) is to support women to access Refuge who may be barred for financial reasons.

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
<i>General</i>				
General Fund	183,168	139,058	(132,864)	189,362
Restricted				
MHCLG fund	85,029	171,167	(101,609)	154,587
Resettlement Fund	-	10,000	-	10,000
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	<u>85,029</u>	<u>217,167</u>	<u>(137,609)</u>	<u>164,587</u>
Total funds	<u><u>268,197</u></u>	<u><u>356,225</u></u>	<u><u>(270,473)</u></u>	<u><u>353,949</u></u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	<u>1,165</u>	<u>1,110</u>

15 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

16 Related party transactions

There were no related party transactions in the year.

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen C Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	PO Box 8 Beeston Nottingham NG9 1HL
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees

Kathleen Cains, Treasurer / Chair
Susan Shaw
Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995 and most recently amended 3 April 1996. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.

Trustees are sought who have experience in one or more of the following areas:

- An understanding of domestic violence and the causes of domestic violence;
- The provision of supported housing;
- Experience of working within or with statutory bodies;
- Experience of working in or with services which aim to ensure the health and well-being of children;
- Working with statutory bodies – particularly health, housing, education or social services;
- Finance and financial planning;
- Personnel and human resource management;
- General experience of running a business;
- Legal experience;
- Experience of participating in community services and meeting community needs;
- Experience of being a service user of Women's Aid services;
- Monitoring and evaluating services;
- Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
- To provide ongoing support to women who have been re-housed as, and if, necessary;
- To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

This year we have supported survivors of Domestic Abuse. All have been re-housed away from abuse. Feedback has shown that 98% of our survivors felt safer, 97 had increased self-esteem, 90% had improved mental health. We accept referrals from all parts of the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, where we cannot support the client in-house we signpost to other agencies, i.e. drug/alcohol, mental health. We provide advocacy for women and children. A full-time child worker and a part-time play worker supports children by way of play therapy, individual one to ones and group work. We work with each client on safety planning, healthy relationships and well-being courses.

Financial review

We currently have a healthy bank balance and have secured a three year contract to provide support from 1st April 2023 to 31st March 2026.

Policy on reserves

It is our policy to keep a reserve of six months income.

Midlands Women's Aid

Trustees' Report

Principal risks and uncertainties

Risk management strategy

We have secured a three year support contract with Nottinghamshire County Council commencing April 2023. The grants from Beeston Consolidated Charities have allowed us to have sustainable funding for several years now. This has provided long term funding for a support worker and a part time children's worker. The MHCLG funding has ensured the Refuge will not close in the short term.

Statement of Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 15/12/2023... and signed on its behalf by:



Kathleen C Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid ('the Company')

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

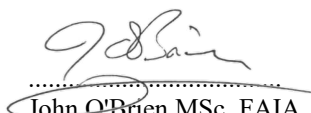
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 15/12/2023

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	4,125	-	4,125	21,964
Charitable activities	3	145,614	231,250	376,864	334,261
Investment income	5	96	-	96	-
Total Income		<u>149,835</u>	<u>231,250</u>	<u>381,085</u>	<u>356,225</u>
Expenditure on:					
Charitable activities	6	<u>(133,882)</u>	<u>(174,916)</u>	<u>(308,798)</u>	<u>(270,473)</u>
Total Expenditure		<u>(133,882)</u>	<u>(174,916)</u>	<u>(308,798)</u>	<u>(270,473)</u>
Net income		<u>15,953</u>	<u>56,334</u>	<u>72,287</u>	<u>85,752</u>
Net movement in funds		15,953	56,334	72,287	85,752
Reconciliation of funds					
Total funds brought forward		<u>189,362</u>	<u>164,587</u>	<u>353,949</u>	<u>268,197</u>
Total funds carried forward	13	<u><u>205,315</u></u>	<u><u>220,921</u></u>	<u><u>426,236</u></u>	<u><u>353,949</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	21,964	-	21,964
Charitable activities	3	117,094	217,167	334,261
Total income		139,058	217,167	356,225
Expenditure on:				
Charitable activities	6	(132,864)	(137,609)	(270,473)
Total expenditure		(132,864)	(137,609)	(270,473)
Net income		6,194	79,558	85,752
Net movement in funds		6,194	79,558	85,752
Reconciliation of funds				
Total funds brought forward		183,168	85,029	268,197
Total funds carried forward	13	189,362	164,587	353,949

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid
(Registration number: 03122842)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	23,171	28,106
Current assets			
Debtors	8	648	118
Cash at bank and in hand		409,103	331,138
		409,751	331,256
Creditors: Amounts falling due within one year	9	(6,686)	(5,413)
Net current assets		403,065	325,843
Net assets		426,236	353,949
Funds of the charity:			
Restricted income funds			
Restricted funds	13	220,921	164,587
Unrestricted income funds			
Unrestricted funds		205,315	189,362
Total funds	13	426,236	353,949


For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 15/12/2023.. and signed on their behalf by:



.....
Kathleen C Cains
Trustee

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	500	500	6,124
Donations from individuals	3,625	3,625	279
Grants, including capital grants;			
Government grants	-	-	15,561
	4,125	4,125	21,964

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Grants and donations	-	231,250	231,250	217,167
Housing benefit	133,965	-	133,965	108,429
Resident rents	11,649	-	11,649	5,635
Sundry income	-	-	-	3,030
	145,614	231,250	376,864	334,261

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	500	36,000	36,500
Sundry grants & donations	3,625	-	3,625
Notts CC	-	195,250	195,250
	<u>4,125</u>	<u>231,250</u>	<u>235,375</u>

5 Investment income

	Unrestricted funds General £	Total 2023 £
Interest receivable and similar income;		
Interest receivable on bank deposits	<u>96</u>	<u>96</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Activities & events	1,776	250	2,026	449
Building, repairs & maintenance	7,361	-	7,361	4,319
Cleaning	2,523	-	2,523	3,383
Council tax	3,134	-	3,134	3,634
Depreciation	7,723	-	7,723	9,369
Dues & subscriptions	1,001	201	1,202	238
Equipment	5,562	-	5,562	19,231
Grant spend (resettlement)	-	1,385	1,385	-
Insurance	3,604	-	3,604	1,775
IT expenses	2,109	1,728	3,837	3,659
Nacs	9,188	-	9,188	-
Office expenses	593	-	593	-
Printing & postage	1,766	-	1,766	274
Professional fees	46,136	618	46,754	56,842
Refreshments	151	-	151	198
Rent & rates	-	-	-	4,807
Salaries, NI & pensions	-	168,920	168,920	136,752
Security	1,007	-	1,007	800
Sundry expenses	163	-	163	622
Telephone	1,973	-	1,973	1,984
Training	1,342	-	1,342	709
Utilities	35,785	1,814	37,599	20,562
Travel & meetings	985	-	985	747
Recruitment	-	-	-	119
	133,882	174,916	308,798	270,473

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	7,723	9,369

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

8 Debtors

	2023 £	2022 £
Prepayments	<u>648</u>	<u>118</u>

9 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	3,560	4,081
Other creditors	<u>3,126</u>	<u>1,332</u>
	<u>6,686</u>	<u>5,413</u>

10 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	156,212	119,467
Social security costs	10,376	12,440
Pension costs	<u>2,332</u>	<u>4,845</u>
	<u>168,920</u>	<u>136,752</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	<u>6</u>	<u>6</u>

5 (2022 - 6) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,332 (2022 - £4,845).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £57,518 (2022 - £49,676).

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2022	13,800	61,408	49,697	124,905
Additions	-	906	1,882	2,788
At 31 March 2023	<u>13,800</u>	<u>62,314</u>	<u>51,579</u>	<u>127,693</u>
Depreciation				
At 1 April 2022	10,866	47,133	38,800	96,799
Charge for the year	733	3,795	3,195	7,723
At 31 March 2023	<u>11,599</u>	<u>50,928</u>	<u>41,995</u>	<u>104,522</u>
Net book value				
At 31 March 2023	<u>2,201</u>	<u>11,386</u>	<u>9,584</u>	<u>23,171</u>
At 31 March 2022	<u>2,934</u>	<u>14,275</u>	<u>10,897</u>	<u>28,106</u>

12 Analysis of net assets between funds

	Unrestricted		2023 Total funds
	General £	Restricted £	£
Tangible fixed assets	23,171	-	23,171
Current assets	185,042	224,709	409,751
Current liabilities	<u>(2,898)</u>	<u>(3,788)</u>	<u>(6,686)</u>
Total net assets	<u>205,315</u>	<u>220,921</u>	<u>426,236</u>
	Unrestricted		2022
	General £	Restricted £	Total funds £
Tangible fixed assets	28,106	-	28,106
Current assets	166,669	164,587	331,256
Current liabilities	<u>(5,413)</u>	<u>-</u>	<u>(5,413)</u>
Total net assets	<u>189,362</u>	<u>164,587</u>	<u>353,949</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

13 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
<i>General</i>				
General Fund	189,362	149,835	(133,882)	205,315
Restricted funds				
MHCLG fund	154,587	195,250	(137,531)	212,306
Resettlement Fund	10,000	-	(1,385)	8,615
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	<u>164,587</u>	<u>231,250</u>	<u>(174,916)</u>	<u>220,921</u>
Total funds	<u><u>353,949</u></u>	<u><u>381,085</u></u>	<u><u>(308,798)</u></u>	<u><u>426,236</u></u>

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.

The Resettlement funding (now called Flexi fund) is to support women to access Refuge who may be barred for financial reasons.

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
<i>General</i>				
General Fund	183,168	139,058	(132,864)	189,362
Restricted				
MHCLG fund	85,029	171,167	(101,609)	154,587
Resettlement Fund	-	10,000	-	10,000
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	<u>85,029</u>	<u>217,167</u>	<u>(137,609)</u>	<u>164,587</u>
Total funds	<u><u>268,197</u></u>	<u><u>356,225</u></u>	<u><u>(270,473)</u></u>	<u><u>353,949</u></u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	<u>1,165</u>	<u>1,110</u>

15 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

16 Related party transactions

There were no related party transactions in the year.

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.