

Midlands Women's Aid

Est. FEBRUARY 1974



Annual Report & Statistics

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Midlands Women's Aid

Annual Report & Statistics 2021/2022

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Midlands Women's Aid. P.O. Box 8, Beeston, Nottingham. NG9 1HL
Telephone No: 0300 302 0035

A BIG THANKS TO OUR SUPPORTERS.
We could not do it without you.



**All at
Artex Ltd.**



**Beeston Inner
Wheel**



**Angela
Westerman and
all at Westerman
Homes**



**Tesco
Long Eaton
Chilwell
Toton**

Beeston Parish Church



**ASDA, Euphoria, Sainsbury's,
Beeston Consolidated Charities**

**St Andrews with Castle Gate
United Reform Church,
Nottingham**

Operation Orphan

**Thank you to all of our supporters who wish to
remain anonymous.
Their continued and sustained support of our
Refuge is invaluable.**

AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID

The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution.
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children.
- To provide ongoing support to a woman who has been re-housed as, and if, necessary.
- To support where possible women who preferred not to seek refuge.



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INTRODUCTION

Welcome to our Annual report for the year 2021-2022.

I am pleased to report that after many years of uncertainty regarding sustainable funding, our organization started this financial year with a healthy bank balance. This has allowed us to extend our support staff team. We welcomed two members.

It has been another challenging year due to the COVID pandemic however as usual our dedicated staff have faced these challenges to ensure the delivery of our support service continued with minimal disruption to our client group.

We would extend our thanks to all the groups and individuals who have supported Midlands Women's Aid during the year by donating money, clothing and other generous gifts. We have listed them by name on a separate page, however we would extend a special thanks to all our supporters whose names we do not know who have contributed to our fundraising activities throughout the year. They do not know how much their contribution are appreciated by the staff and clients.

Catherine Saunders (CEO)

REFUGE TEAM LEADER'S REPORT

Our organization has learned to live with the pandemic and have worked hard to ensure that any disruption to our services have been kept to a minimum. We continue to experience delays in major maintenance work due to outside firms suffering staff shortages and materials. This has also had an effect on local authority and social housing stock availability, resulting in delays in allocating properties to our clients. This means that families residing in our safe accommodation are forced to stay longer periods. Two families were with us for fifteen months

This year we welcomed two new members to our support team. They have become valued employees and are fully committed to or work.

We are proud to provide clean, comfortable and welcoming accommodation.

The main Refuge building provides for 7 family bedrooms each with en-suite facilities, residents share the communal areas which consist of two kitchens, 2 communal lounges, a laundry room and a playroom. Outside we have a play area however on inspection it was found that it no longer conformed to safety regulations and we were forced to close it. This will be explained further in the Children's services section.

Also, we provide 3 self-contained units, located close by the main building and allow for families with older boys, families with complex or special needs and pets.

Communal lounge;





A bedroom. On arrival we provide a welcome pack consisting of basic essentials:



One of TWO of the communal kitchens :



A self-contained Unit: These allow us to admit families with older boys and families with complex needs.



We provide support using an individual support plan tailored to each person. The plan helps identify the support required and allows us to work with the client to build confidence, increase self-esteem, help them come to terms with the abuse they have experienced and work with them to help them reach their full potential. Clients are encouraged to take part in workshops and sessions around healthy relationships, safety planning and are empowered to organize and fully take part in making decisions which effect their lives

Here are some case histories of the families we have supported this year. We hope this highlights the needs, the difficulties they face and shows the recovery process they go through.

Case Studies :

1. R and her child were admitted due to fleeing Domestic Abuse from her ex-partner. R had experienced emotional, physiological, and sexual violence. R and her child also had traumas from Abuse which had occurred over a number of years from a family member, and their partner. R has both physical and mental health difficulties. During their time with us, we have supported both Mother and child to access Therapy, build their self-esteem, emotional support, more knowledge around boundaries, and healthy relationships. We have also helped the family with practical skills: budgeting, debt, benefits, housing, and any other support needs.

The family resided with us for 11 months and in that time we were with them every step of their journey. They were eventually re-housed and settled well in the local community.

Feedback from Mum; *"I couldn't have done it without you, you showed me that I am wonderful strong person with a value"*

2. S was admitted fleeing domestic abuse from her ex- partner. She had suffered physical and emotional abuse, her injuries often resulting in hospital treatment. S stated this type of abuse had been ongoing for the past 2 years, progressively getting worse and she had now become fearful of losing her life.

S had always worked full time and been in control of her own finances. She had to give up her job and flat. She was supported in refuge to apply for benefits and housing. S was very emotionally distressed on arriving into refuge and suffering with her mental health, experiencing flashbacks and symptoms of PTSD. Our initial aim was to support her with this and she was encouraged and accompanied to GP and mental health appointments.

Due to the severity of abusive incidents, there was police involvement. Initially she did not feel confident to engage with the Police however we supported her through the process to enable the case go to Crown Prosecution Service. S was given a great deal of emotional support to help her regain her confidence and self-belief. Feedback: *" My ex-partner almost destroyed me, I didn't recognise myself. With the support I received from you, I found myself again and I now know I deserve better."*

3. J and her three children were admitted fleeing domestic abuse from her husband and his family. The abuse was honour based, physical, sexual, financial and emotional. J stated that the abuse started when she was a child and continued into adulthood.

J was born in Sri Lanka and English is her second language. When arriving into refuge J had little confidence due to the abuse. Whilst staying at MWA J received support regarding her emotional needs, housing, children's support, life skills and finances. J also attended the Freedom Programme and started volunteering at a local community centre baking cakes and cooking food for the café.

This support enabled her to gain her independence and confidence and understand the signs of domestic abuse. After 12 months of being in refuge the family were offered a house. We felt they were ready to move on and ready to start their new chapter in their journey. J made a speech in our house meeting and stating that Midlands Women's Aid had saved her life. J thanked us all with a cake.



And finally a big thank you to all who have supported Midlands Women's Aid over the past year, especially over the Christmas period, with the kind donations, time, experience and money. Their generosity made a huge impact on our families.

Children Refuge Service

As a Children and Young Peoples Domestic Abuse worker it is my responsibility to work with children to overcome the trauma of witnessing or experiencing Domestic Abuse.

Almost two third of the residents in refuges are children, the majority of whom are of pre-school age. I provide stimulating play opportunities to encourage children from all backgrounds to develop and express themselves, as well as support children with homework and literacy. We also refer children to wider support services, including counsellors and children's centres

When a child or young person arrives, they are often left traumatized and often have to leave everything behind such as family, friends, school and toys. My initial task is to help settle them into Refuge.

Due to COVID-19 trips and outings have been limited however we have run activities in the refuge.

The trips we have attended are:

- Horse riding
- Cinema
- Nature reserve
- Farm

Outreach Monitoring for 2013-2014

Our sessions might include:

- Number of Referrals: 108
- One to one sessions of Outreach contacts, (including telephone/email/written support/group work/signposting): 789
- Group sessions

- Source of Referrals:
- Family Health: 15
 - Self-referrals: 48
 - Social Services: 6
 - Housing: 12
 - Voluntary Sector: 10
 - Healthy Relationships: 9
 - Surestart: 9
 - Women's Aid: 6
 - Police: 1
 - Other: 11

We have recently decorated our playroom! We have chosen pastel colours to ensure the room has a calming approach. This is good for our children that have autism, behaviour or sensory issues.

All referrals bar 3 were from Nottinghamshire County.

Number of women assisted with referrals to other agencies and total number of assisted referrals:
See images below.

Number of Women by Age Group:	16-25:	6
	26-54:	58
	55+:	10

Ethnicity:	White British:	65
	Asian:	6
	Irish:	3
	Other:	1

3 women have physical disabilities



EQUAL OPPORTUNITIES POLICY

Declaration of

Midlands Women's Aid and advocacy team supports their local community to end abuse of women.

Midlands Women's Aid promotes equal opportunities. We work towards the elimination of all forms of discrimination and working towards equality.

We will ensure that there is no discrimination in the recruitment and provision of services.

We intend that equality is not simply a passive programme of positive action but ensuring that no woman, employee, volunteer, service user or agencies and other women's aid groups that we work with receive less favourable treatment on the grounds of race, colour, class, nationality, ethnic or

national origins, cultural origin, religion, marital status, sexual orientation, disability, age, union activity or responsibility for children or place of residence.



Guidelines for Carrying out the Declaration of Intent

The responsibility for implementing the Declaration of Intent lies with the whole of Midlands Women's Aid although the Trustees will be expected to carry the employers responsibility.

The Declaration of Intent will be posted publicly in the Midlands Women's Aid office and will also be made known to all members of the organisation, employees, volunteers and service users.

Acceptance of the policy is a condition of membership of Midlands Women's Aid. The purpose of the Equal Opportunities policy is to set out clearly and comprehensively the steps Midlands Women's Aid intend to take to ensure equality of opportunity and combat direct and indirect discrimination in employment practice, management structures and practice, in service provision to individuals and groups and agencies and in its relationship with other groups.

Customer Care Policy

We aim to give our service users the highest quality of help and assistance to ensure they receive equal treatment taking into account their cultural and individual needs. In the event that they are unhappy with the service or the facilities provided there is a complaints procedure in place. Each service user will receive a handbook outlining services and policies, which includes the Complaints Procedure.

STATISTICAL DATA FOR THE YEAR

The following statistics were collected by Midlands Women's Aid for the year ending March 20225:

TOTAL NUMBER OF BEDSPACES: 53	FAMILY ROOMS: 7
Three Satellite Properties – 2 bed house, 2 bed flat and 1 bed flat	
Women admitted into Refuge: 22	
Children admitted into Refuge: 31	
Women refused because Refuge was full: 72	
Number of advice calls: 1062	
Referrals from agencies: 28	
Self referrals: 44	
Women housed	22
Children housed	31
Ethnic origin of women:	
White British:	11
Black/British	6
Asian:	3
Black Caribbean:	1
African:	1

SUMMARY OF QUESTIONNAIRE FINDINGS

This year we have again seen an increase in single women referrals and women with mental health issues, drug and alcohol abuse.

On admission to the Refuge;

7 women had no physical injuries although had had injuries in the past

13 women had injuries on admission ranging from facial cuts to black eyes

22 women described bruising to all parts of their bodies

10 women reported attempts to strangle

13 women reported rape and sexual abuse

12 women reported coercive control

16 women reported financial control

When asked about past injuries, women described them as follows: strangulation, body bruising, bruised eyes, rape, threats with knives, pushing and pulling, coercive control, financial and emotional abuse.

When asked what they believed had caused the violence the response is always the same. Women described the following: "He's jealous" "He says it's my fault", "He says he has a right". "He thinks he owns me and the kids" Others blamed drugs and alcohol, jealousy, mental health, insecurity and 'his upbringing'.

Of the women admitted, 4 had had healthy previous relationships. All had experienced violence and controlling behaviour from their ex-partners.

Most women described their childhood as happy. Other women described domestic violence between their parents, violence to themselves.

When asked if there were any circumstances under which they would accept being hit by a man, all women said no.

TRUSTEE AND STAFF NAMES

Trustees of Midlands Women's Aid

Mrs K. Cains
Ms S. Shaw
Ms H. Venn

Staff of Midlands Women's Aid

Cathy Saunders	(CEO)
Milli Collins	(Child Services Co-ordinator)
A.M	(Support Worker)
C.C	(Support Worker/playworker)
K.F	(Complex needs Support Worker)
(S.C).	(Administrative Assistant/ Support Worker)

Auditor

CAPLus Nottingham..

Legal Status

Company Limited By Guarantee. Company Number 3122842
Registered Charity. Charity registration Number 1055578

TREASURERS REPORT

Our core income comes from rent income and funding from Ministry of housing and local government (MHCLG). As our service is in great demand we little voids.

The current MHCLG funding ends 31st March 2022 however we have been allocated a further sum for financial year ending 31st March 2023. After years of financial uncertainty, this together with a healthy reserve will provide financial security for at least three years. Also, we have been awarded a three year support contract by Nottinghamshire County Council commencing on 1st April 2023.

Beeston Consolidated Charity, a long-time supporter, continue to provide for their annual grant £24,000 for a full-time support worker and £12,000 toward the Children's Worker post.

Salaries remain our major expenditure. Our long time supporters, Artex, a local firm, donated funds to allow us to carry out a refurbishment of our playroom and outside play area. We have been unable to complete some planned work due to shortages in building workers. We hope to complete the play area by Spring 2023.



Midlands Women's Aid a
Company Limited By Guarantee.
Company No. 3122842
Charity Reg. No. 1055578
Registered in England & Wales.

**P.O. Box 8
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Nottingham
NG9 1HL**

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E-mail: support@mwa.org.uk
www.midlandswomensaid.org.uk**



Search: Midlands Women's Aid or Go to
<https://www.facebook.com/Midlands-womens-aid-331713663608574/>



Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	PO Box 8 Beeston Nottingham NG9 1HL
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees

Kathleen Cains, Treasurer / Chair

Susan Shaw

Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.

Trustees are sought who have experience in one or more of the following areas:

- An understanding of domestic violence and the causes of domestic violence;
- The provision of supported housing;
- Experience of working within or with statutory bodies;
- Experience of working in or with services which aim to ensure the health and well-being of children;
- Working with statutory bodies – particularly health, housing, education or social services;
- Finance and financial planning;
- Personnel and human resource management;
- General experience of running a business;
- Legal experience;
- Experience of participating in community services and meeting community needs;
- Experience of being a service user of Women's Aid services;
- Monitoring and evaluating services;
- Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
- To provide ongoing support to women who have been re-housed as, and if, necessary;
- To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 130 survivors of Domestic Abuse in 2021/22. 130 of them have been re-housed away from abuse. Feedback has shown that 98% of our survivors felt safer, 98% had increased self esteem, 94% had improved mental health. We accept referrals from all over the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, ie drug/alcohol, mental health. We provide advocacy for women and children. We work with our client group on safety planning, healthy relationships and wellbeing courses.

Financial review

After several years of financial uncertainty we now have a healthy bank balance.

Policy on reserves

It is our policy to keep a reserve of six months income.

Midlands Women's Aid

Trustees' Report

Principal risks and uncertainties

Risk management strategy

We have secured a three year support contract with Nottinghamshire County Council commencing April 2023. The grants from Beeston Consolidated Charities have allowed us to have sustainable funding for several years now. This has provided long term funding for a support worker and a part time children's worker. The MHCLG funding has ensured the Refuge will not close in the short term.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

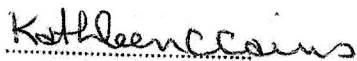
- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 19.12.22 and signed on its behalf by:



Kathleen Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

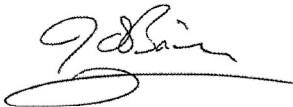
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 20.12.22

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	21,964	-	21,964	3,534
Charitable activities	3	117,094	217,167	334,261	353,801
Investment income	5	-	-	-	4
Total Income		<u>139,058</u>	<u>217,167</u>	<u>356,225</u>	<u>357,339</u>
Expenditure on:					
Charitable activities	6	<u>(132,864)</u>	<u>(137,609)</u>	<u>(270,473)</u>	<u>(264,635)</u>
Total Expenditure		<u>(132,864)</u>	<u>(137,609)</u>	<u>(270,473)</u>	<u>(264,635)</u>
Net income		<u>6,194</u>	<u>79,558</u>	<u>85,752</u>	<u>92,704</u>
Net movement in funds		6,194	79,558	85,752	92,704
Reconciliation of funds					
Total funds brought forward		<u>183,168</u>	<u>85,029</u>	<u>268,197</u>	<u>175,493</u>
Total funds carried forward	17	<u><u>189,362</u></u>	<u><u>164,587</u></u>	<u><u>353,949</u></u>	<u><u>268,197</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	3,534	-	3,534
Charitable activities	3	112,645	241,156	353,801
Investment income	5	4	-	4
Total income		<u>116,183</u>	<u>241,156</u>	<u>357,339</u>
Expenditure on:				
Charitable activities	6	<u>(111,481)</u>	<u>(153,154)</u>	<u>(264,635)</u>
Total expenditure		<u>(111,481)</u>	<u>(153,154)</u>	<u>(264,635)</u>
Net income		4,702	88,002	92,704
Transfers between funds		<u>2,973</u>	<u>(2,973)</u>	-
Net movement in funds		7,675	85,029	92,704
Reconciliation of funds				
Total funds brought forward		<u>175,493</u>	-	<u>175,493</u>
Total funds carried forward	17	<u><u>183,168</u></u>	<u><u>85,029</u></u>	<u><u>268,197</u></u>

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	11	28,106	22,650
Current assets			
Debtors	8	118	573
Cash at bank and in hand		331,138	253,370
		331,256	253,943
Creditors: Amounts falling due within one year	9	(5,413)	(8,396)
Net current assets		325,843	245,547
Net assets		353,949	268,197
Funds of the charity:			
Restricted income funds			
Restricted funds	17	164,587	85,029
Unrestricted income funds			
Unrestricted funds		189,362	183,168
Total funds	17	353,949	268,197


For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 19.12.22 and signed on their behalf by:



Kathleen Cains
Trustee

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	6,124	6,124	3,534
Donations from individuals	279	279	-
Grants, including capital grants;			
Government grants	15,561	15,561	-
	<u>21,964</u>	<u>21,964</u>	<u>3,534</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Grants and donations	-	217,167	217,167	241,156
Housing benefit	108,429	-	108,429	105,856
Resident rents	5,635	-	5,635	6,789
Sundry income	3,030	-	3,030	-
	<u>117,094</u>	<u>217,167</u>	<u>334,261</u>	<u>353,801</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	-	36,000	36,000
MHCLG	-	171,167	171,167
Sundry grants & donations	975	-	975
Notts CC	15,561	10,000	25,561
Anon Donation	5,428	-	5,428
	<u>21,964</u>	<u>217,167</u>	<u>239,131</u>

5 Investment income

	Total 2022 £	Total 2021 £
Interest receivable and similar income;		
Interest receivable on bank deposits	<u>-</u>	<u>4</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Activities & events	449	-	449	72
Building, repairs & maintenance	4,319	-	4,319	5,084
Cleaning	3,383	-	3,383	2,022
Council tax	3,634	-	3,634	1,946
Depreciation	9,369	-	9,369	7,550
Dues & subscriptions	238	-	238	1,309
Equipment	19,231	-	19,231	2,794
Gardening	-	-	-	2,070
Insurance	1,775	-	1,775	1,670
IT expenses	3,659	-	3,659	14,154
Office expenses	-	-	-	2,588
Printing & postage	274	-	274	370
Professional fees	56,842	-	56,842	42,373
Refreshments	198	-	198	-
Rent & rates	4,807	-	4,807	6,000
Salaries, NI & pensions	-	136,752	136,752	153,718
Security	800	-	800	658
Sundry expenses	593	29	622	803
Telephone	1,984	-	1,984	3,601
Training	-	709	709	-
Utilities	20,562	-	20,562	15,662
Volunteer expenses	-	-	-	58
Travel & meetings	747	-	747	133
Recruitment	-	119	119	-
	<u>132,864</u>	<u>137,609</u>	<u>270,473</u>	<u>264,635</u>

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	<u>9,369</u>	<u>7,550</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

8 Debtors

	2022 £	2021 £
Prepayments	<u>118</u>	<u>573</u>

9 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	4,081	6,587
Other creditors	<u>1,332</u>	<u>1,809</u>
	<u>5,413</u>	<u>8,396</u>

10 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	119,467	138,731
Social security costs	12,440	11,971
Pension costs	<u>4,845</u>	<u>3,016</u>
	<u>136,752</u>	<u>153,718</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average number of employees	<u>6</u>	<u>6</u>

6 (2021 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £4,845 (2021 - £3,016).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £49,676 (2021 - £52,025).

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2021	13,800	54,579	41,702	110,081
Additions	-	6,829	7,995	14,824
At 31 March 2022	<u>13,800</u>	<u>61,408</u>	<u>49,697</u>	<u>124,905</u>
Depreciation				
At 1 April 2021	9,888	42,375	35,167	87,430
Charge for the year	978	4,758	3,633	9,369
At 31 March 2022	<u>10,866</u>	<u>47,133</u>	<u>38,800</u>	<u>96,799</u>
Net book value				
At 31 March 2022	<u>2,934</u>	<u>14,275</u>	<u>10,897</u>	<u>28,106</u>
At 31 March 2021	<u>3,912</u>	<u>12,204</u>	<u>6,535</u>	<u>22,651</u>

12 Analysis of net assets between funds

	Unrestricted		2022
	General £	Restricted £	Total funds £
Tangible fixed assets	28,106	-	28,106
Current assets	166,669	164,587	331,256
Current liabilities	(5,413)	-	(5,413)
Total net assets	<u>189,362</u>	<u>164,587</u>	<u>353,949</u>
	Unrestricted		2021
	General £	Restricted £	Total funds £
Tangible fixed assets	22,650	-	22,650
Current assets	168,914	85,029	253,943
Current liabilities	(8,396)	-	(8,396)
Total net assets	<u>183,168</u>	<u>85,029</u>	<u>268,197</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

13 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022 £	2021 £
Independent examination	<u>1,110</u>	<u>1,080</u>

14 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

15 Taxation

The charity is a registered charity and is therefore exempt from taxation.

16 Related party transactions

There were no related party transactions in the year.

17 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
<i>General</i>				
General Fund	183,168	139,058	(132,864)	189,362
Restricted funds				
MHCLG fund	85,029	171,167	(101,609)	154,587
Beeston Consolidated	-	36,000	(36,000)	-
Resettlement Fund	-	10,000	-	10,000
Total restricted funds	<u>85,029</u>	<u>217,167</u>	<u>(137,609)</u>	<u>164,587</u>
Total funds	<u>268,197</u>	<u>356,225</u>	<u>(270,473)</u>	<u>353,949</u>

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.

The DCLG Emergency fund was monies from Central Government to pay towards extra salaries and equipment incurred due to extra work as a result of the COVID pandemic.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
General Fund	175,493	116,183	(111,481)	2,973	183,168
Restricted					
MHCLG fund	-	164,155	(79,126)	-	85,029
DCLG Emergency fund	-	41,001	(38,028)	(2,973)	-
Salaries fund	-	36,000	(36,000)	-	-
Total restricted funds	-	241,156	(153,154)	(2,973)	85,029
Total funds	175,493	357,339	(264,635)	-	268,197

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	PO Box 8 Beeston Nottingham NG9 1HL
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees

Kathleen Cains, Treasurer / Chair

Susan Shaw

Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.

Trustees are sought who have experience in one or more of the following areas:

- An understanding of domestic violence and the causes of domestic violence;
- The provision of supported housing;
- Experience of working within or with statutory bodies;
- Experience of working in or with services which aim to ensure the health and well-being of children;
- Working with statutory bodies – particularly health, housing, education or social services;
- Finance and financial planning;
- Personnel and human resource management;
- General experience of running a business;
- Legal experience;
- Experience of participating in community services and meeting community needs;
- Experience of being a service user of Women's Aid services;
- Monitoring and evaluating services;
- Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
- To provide ongoing support to women who have been re-housed as, and if, necessary;
- To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 130 survivors of Domestic Abuse in 2021/22. 130 of them have been re-housed away from abuse. Feedback has shown that 98% of our survivors felt safer, 98% had increased self esteem, 94% had improved mental health. We accept referrals from all over the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, ie drug/alcohol, mental health. We provide advocacy for women and children. We work with our client group on safety planning, healthy relationships and wellbeing courses.

Financial review

After several years of financial uncertainty we now have a healthy bank balance.

Policy on reserves

It is our policy to keep a reserve of six months income.

Midlands Women's Aid

Trustees' Report

Principal risks and uncertainties

Risk management strategy

We have secured a three year support contract with Nottinghamshire County Council commencing April 2023. The grants from Beeston Consolidated Charities have allowed us to have sustainable funding for several years now. This has provided long term funding for a support worker and a part time children's worker. The MHCLG funding has ensured the Refuge will not close in the short term.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

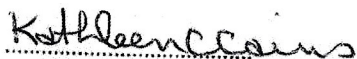
- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 19.12.22 and signed on its behalf by:



Kathleen Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

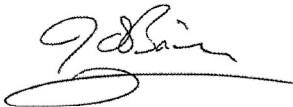
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 20.12.22

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	21,964	-	21,964	3,534
Charitable activities	3	117,094	217,167	334,261	353,801
Investment income	5	-	-	-	4
Total Income		<u>139,058</u>	<u>217,167</u>	<u>356,225</u>	<u>357,339</u>
Expenditure on:					
Charitable activities	6	<u>(132,864)</u>	<u>(137,609)</u>	<u>(270,473)</u>	<u>(264,635)</u>
Total Expenditure		<u>(132,864)</u>	<u>(137,609)</u>	<u>(270,473)</u>	<u>(264,635)</u>
Net income		<u>6,194</u>	<u>79,558</u>	<u>85,752</u>	<u>92,704</u>
Net movement in funds		6,194	79,558	85,752	92,704
Reconciliation of funds					
Total funds brought forward		<u>183,168</u>	<u>85,029</u>	<u>268,197</u>	<u>175,493</u>
Total funds carried forward	17	<u><u>189,362</u></u>	<u><u>164,587</u></u>	<u><u>353,949</u></u>	<u><u>268,197</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	3,534	-	3,534
Charitable activities	3	112,645	241,156	353,801
Investment income	5	4	-	4
Total income		<u>116,183</u>	<u>241,156</u>	<u>357,339</u>
Expenditure on:				
Charitable activities	6	<u>(111,481)</u>	<u>(153,154)</u>	<u>(264,635)</u>
Total expenditure		<u>(111,481)</u>	<u>(153,154)</u>	<u>(264,635)</u>
Net income		4,702	88,002	92,704
Transfers between funds		<u>2,973</u>	<u>(2,973)</u>	<u>-</u>
Net movement in funds		7,675	85,029	92,704
Reconciliation of funds				
Total funds brought forward		<u>175,493</u>	<u>-</u>	<u>175,493</u>
Total funds carried forward	17	<u><u>183,168</u></u>	<u><u>85,029</u></u>	<u><u>268,197</u></u>

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	11	28,106	22,650
Current assets			
Debtors	8	118	573
Cash at bank and in hand		331,138	253,370
		331,256	253,943
Creditors: Amounts falling due within one year	9	(5,413)	(8,396)
Net current assets		325,843	245,547
Net assets		353,949	268,197
Funds of the charity:			
Restricted income funds			
Restricted funds	17	164,587	85,029
Unrestricted income funds			
Unrestricted funds		189,362	183,168
Total funds	17	353,949	268,197


For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 19.12.22 and signed on their behalf by:



Kathleen Cains
Trustee

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	6,124	6,124	3,534
Donations from individuals	279	279	-
Grants, including capital grants;			
Government grants	15,561	15,561	-
	<u>21,964</u>	<u>21,964</u>	<u>3,534</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Grants and donations	-	217,167	217,167	241,156
Housing benefit	108,429	-	108,429	105,856
Resident rents	5,635	-	5,635	6,789
Sundry income	3,030	-	3,030	-
	<u>117,094</u>	<u>217,167</u>	<u>334,261</u>	<u>353,801</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	-	36,000	36,000
MHCLG	-	171,167	171,167
Sundry grants & donations	975	-	975
Notts CC	15,561	10,000	25,561
Anon Donation	5,428	-	5,428
	<u>21,964</u>	<u>217,167</u>	<u>239,131</u>

5 Investment income

	Total 2022 £	Total 2021 £
Interest receivable and similar income;		
Interest receivable on bank deposits	<u>-</u>	<u>4</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Activities & events	449	-	449	72
Building, repairs & maintenance	4,319	-	4,319	5,084
Cleaning	3,383	-	3,383	2,022
Council tax	3,634	-	3,634	1,946
Depreciation	9,369	-	9,369	7,550
Dues & subscriptions	238	-	238	1,309
Equipment	19,231	-	19,231	2,794
Gardening	-	-	-	2,070
Insurance	1,775	-	1,775	1,670
IT expenses	3,659	-	3,659	14,154
Office expenses	-	-	-	2,588
Printing & postage	274	-	274	370
Professional fees	56,842	-	56,842	42,373
Refreshments	198	-	198	-
Rent & rates	4,807	-	4,807	6,000
Salaries, NI & pensions	-	136,752	136,752	153,718
Security	800	-	800	658
Sundry expenses	593	29	622	803
Telephone	1,984	-	1,984	3,601
Training	-	709	709	-
Utilities	20,562	-	20,562	15,662
Volunteer expenses	-	-	-	58
Travel & meetings	747	-	747	133
Recruitment	-	119	119	-
	<u>132,864</u>	<u>137,609</u>	<u>270,473</u>	<u>264,635</u>

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	<u>9,369</u>	<u>7,550</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

8 Debtors

	2022 £	2021 £
Prepayments	118	573

9 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	4,081	6,587
Other creditors	1,332	1,809
	<u>5,413</u>	<u>8,396</u>

10 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	119,467	138,731
Social security costs	12,440	11,971
Pension costs	4,845	3,016
	<u>136,752</u>	<u>153,718</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average number of employees	6	6

6 (2021 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £4,845 (2021 - £3,016).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £49,676 (2021 - £52,025).

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2021	13,800	54,579	41,702	110,081
Additions	-	6,829	7,995	14,824
At 31 March 2022	<u>13,800</u>	<u>61,408</u>	<u>49,697</u>	<u>124,905</u>
Depreciation				
At 1 April 2021	9,888	42,375	35,167	87,430
Charge for the year	978	4,758	3,633	9,369
At 31 March 2022	<u>10,866</u>	<u>47,133</u>	<u>38,800</u>	<u>96,799</u>
Net book value				
At 31 March 2022	<u>2,934</u>	<u>14,275</u>	<u>10,897</u>	<u>28,106</u>
At 31 March 2021	<u>3,912</u>	<u>12,204</u>	<u>6,535</u>	<u>22,651</u>

12 Analysis of net assets between funds

	Unrestricted		2022
	General £	Restricted £	Total funds £
Tangible fixed assets	28,106	-	28,106
Current assets	166,669	164,587	331,256
Current liabilities	(5,413)	-	(5,413)
Total net assets	<u>189,362</u>	<u>164,587</u>	<u>353,949</u>
	Unrestricted		2021
	General £	Restricted £	Total funds £
Tangible fixed assets	22,650	-	22,650
Current assets	168,914	85,029	253,943
Current liabilities	(8,396)	-	(8,396)
Total net assets	<u>183,168</u>	<u>85,029</u>	<u>268,197</u>

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

13 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022 £	2021 £
Independent examination	<u>1,110</u>	<u>1,080</u>

14 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

15 Taxation

The charity is a registered charity and is therefore exempt from taxation.

16 Related party transactions

There were no related party transactions in the year.

17 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
<i>General</i>				
General Fund	183,168	139,058	(132,864)	189,362
Restricted funds				
MHCLG fund	85,029	171,167	(101,609)	154,587
Beeston Consolidated	-	36,000	(36,000)	-
Resettlement Fund	-	10,000	-	10,000
Total restricted funds	<u>85,029</u>	<u>217,167</u>	<u>(137,609)</u>	<u>164,587</u>
Total funds	<u>268,197</u>	<u>356,225</u>	<u>(270,473)</u>	<u>353,949</u>

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.

The DCLG Emergency fund was monies from Central Government to pay towards extra salaries and equipment incurred due to extra work as a result of the COVID pandemic.

Midlands Women's Aid

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
General Fund	175,493	116,183	(111,481)	2,973	183,168
Restricted					
MHCLG fund	-	164,155	(79,126)	-	85,029
DCLG Emergency fund	-	41,001	(38,028)	(2,973)	-
Salaries fund	-	36,000	(36,000)	-	-
Total restricted funds	-	241,156	(153,154)	(2,973)	85,029
Total funds	175,493	357,339	(264,635)	-	268,197

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.