

# Midlands Women's Aid

Est. FEBRUARY 1974



midlands  
women's  
aid

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*Your key to a safer future*

## Annual Report & Statistics

**2020-2021**



# **Midlands Women's Aid**

## **Annual Report & Statistics 2020/2021**

### [Contents](#)

AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID .....	4
INTRODUCTION .....	5
REFUGE CO-ORDINATOR'S REPORT .....	6
CHILDREN'S SERVICE .....	10
EQUAL OPPORTUNITES POLICY .....	11
STATISTICAL DATA FOR THE YEAR .....	12
TREASURERS REPORT .....	14

Midlands Women's Aid. P.O. Box 8, Beeston, Nottingham. NG9 1HL  
Telephone No: 0300 302 0035

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We could not do it without you.



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Beeston Consolidated Charities**

**St Andrews with Castle Gate  
United Reform Church,  
Nottingham**

**Operation Orphan**

**Thank you to all of our supporters who wish to  
remain anonymous.  
Their continued and sustained support of our Refuge  
is invaluable.**

## AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID

The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution.
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children.
- To provide ongoing support to a woman who has been re-housed as, and if, necessary.
- To support where possible women who preferred not to seek refuge.



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## INTRODUCTION

Welcome to our Annual report for the year 2020-2021.

Lockdown was introduced in March 2020 to help stem the spread of COVID 19. Little did we know the affect it would have on our organization. We developed new ways of working and brought in staff from other roles to help support the increased demand for our Refuge services. Despite the pandemic we continued to deliver our frontline services, working on site and remotely where practicable. Whilst we have continued to deliver face to face support sessions, we have been unable to hold workshops or group work due to the risk of infection and the risks of inviting non-essential persons into the building.

Initially we experienced shortages of toilet rolls, cleaning products, PPE equipment and certain food items. Fortunately, we managed to access all of these items and never totally ran out.

Procedures were put in place to ensure the risks from the pandemic were kept to a minimum. We foresee that these procedures will remain in place for some considerable time.

Throughout the lockdown we experienced an increase in demand for our services. We received extra funding from the Government to help us cope with the extra demand which paid for increased staff hours and IT equipment to support our resident's children allowing them to continue with their education during school closures.

Our services remain in great demand and our accommodation has been full again throughout the year.

We would extend our thanks to all the groups and individuals who have supported Midlands Women's Aid during the year by donating money, clothing and other generous gifts. We have listed them by name on a separate page, however we would extend a special thanks to all our supporters whose names we do not know who have contributed to our fundraising activities throughout the year. They do not know how much their contribution are appreciated by the staff and clients.

Our dedicated staff team are used to working in a challenging environment. This year they have faced even more challenges and risks with the COVID pandemic, however they have proved their dedication to the work we do by working over and above what is required of them to ensure our vital services remained accessible and available to our client group.

Catherine Saunders (CEO)

## REFUGE CO-ORDINATOR'S REPORT

The pandemic has caused many problems for our organization. Day to day maintenance of Refuge accommodation, essential electrical and gas checks were delayed due to a shortage of workers and materials. Local authority housing stock was also affected by a shortage of workers and this caused delays in allocating properties to our clients, resulting in families staying in our accommodation for longer periods.

We experienced an increased number of referrals and advice calls with many stating that lockdown had put a strain on relationships. Staff were seconded from other roles to cope with the increased demand and no staff members were furloughed.

We are proud to provide clean, comfortable and welcoming accommodation which consists of 7 bedrooms each with en-suite facilities in the communal building. Residents share the communal areas which consist of two kitchens, 2 communal lounges, a laundry room and a playroom. Outside we have a play area furnished with various play equipment. Our self-contained units are located close by the main building and allow for families with older boys, families with complex or special needs and pets.

Communal lounge;



A bedroom .On arrival we provide a welcome pack consisting of basic essentials:



One of the communal kitchens :





A self-contained Unit: These allow us to admit families with older boys and families with complex needs.





We provide support using an individual support plan tailored to each person. The plan helps identify the support required and allows us to work with the client to build confidence, increase self-esteem, help them come to terms with the abuse they have experienced and work with them to help them reach their full potential. Clients are encouraged to take part in workshops and sessions around healthy relationships, safety planning and are empowered to organize and fully take part in making decisions which effect their lives.

Here are some case histories of the families we have supported this year. We hope this highlights the needs, the difficulties they face and shows the recovery process they go through.

### **Case Studies :**

1. E was admitted into refuge in 2020 due to fleeing domestic abuse from her mother and brother. The abuse was physical, financial and emotional. E was 18 years old when she arrived. E stated that the abuse had started when she was 7 years old. Before coming into refuge E did not have control over her money or not much independence or life skills. Whilst in refuge E received support which included setting up benefits, opening a bank account, budgeting, emotional support, housing, and life skills. After 7 months of receiving support in refuge E was offered a flat. We felt that she was ready to move on into independent living and encouraged her. Staff supported her in the move and referred her to the relevant agencies in the local area. She is thriving and has enrolled in college.
2. D and her two children were admitted into refuge in 2021 due to fleeing domestic abuse from her ex-partner. The abuse was physical, sexual, financial, and emotional. The abuse was going on for 7 years out of the 9 years of the relationship. When arriving into refuge D was on a prescription due to previously being addicted to drugs and on medication for her mental health. The family were also on a child protection plan with social services. Whilst in refuge D received support with benefits, meetings, housing, and emotional support. D engaged well with all services offered. After 5 months of being in refuge D was offered a house. We felt she was ready to move on, social services had ended their support due to the family engaging and improving on all areas.

And finally a big thank you to all who have supported Midlands Women's Aid over the past year, especially over the Christmas period, with the kind donations, time, experience and money. Their generosity made a huge impact on our families.

## Children Refuge Service

As a Children and Young Peoples Domestic Abuse worker it is my responsibility to work with children to overcome the trauma of witnessing or experiencing Domestic Abuse.

Almost two third of the residents in refuges are children, the majority of whom are of pre-school age. I provide stimulating play opportunities to encourage children from all backgrounds to develop and express themselves, as well as support children with homework and literacy. We also refer children to wider support services, including counsellors and children's centres

When a child or young person arrives, they are often left traumatized and often have to leave everything behind such as family, friends, school and toys. My initial task is to help settle them into Refuge.

Due to COVID-19 trips and outings have been limited however we have run activities in the refuge.

The trips we have attended are:

- Horse riding
- Cinema
- Nature reserve
- Park

Our sessions might include:

- One to one session's
- Group sessions
- Family Intervention
- Behaviour Management
- Helping Hands Facilitation Programme



## EQUAL OPPORTUNITIES POLICY.

### **Declaration of Intent**

Midlands Women's Aid provides temporary accommodation, support and advocacy to women and children experiencing violence and supports their long-term future needs. This means challenging the abuse of women and children.

Midlands Women's Aid is committed to the principles of equal opportunities. Midlands Women's Aid is working towards the elimination of all types of violence against women. We are also working towards the elimination of all forms of sexism and racism.

We will ensure that we endeavour to combat direct or indirect discrimination in our employment practices and in our management and provision of services and will work to achieve these ends.

We intend that equal opportunities become a reality in practice and not simply a paper commitment. We will seek to implement a programme of positive action to make this policy fully effective by ensuring that no Midlands Women's Aid Trustee, job applicant, employee, volunteer, service user or agencies and other women's aid groups that we work with receive less favourable treatment on the grounds of race, colour, class, nationality, ethnic or national origins, cultural origin, religion, marital status, sexual orientation, disability, age, union activity or responsibility for children or place of residence.

### **Guidelines for Carrying out the Declaration of Intent**

The responsibility for implementing the Declaration of Intent lies with the whole of Midlands Women's Aid although the Trustees will be expected to carry the employers responsibility.

The Declaration of Intent will be posted publicly in the Midlands Women's Aid office and will also be made known to all members of the organisation, employees, volunteers and service users. Acceptance of the policy is a condition of membership of Midlands Women's Aid. The purpose of the Equal Opportunities policy is to set out clearly and comprehensively the steps Midlands Women's Aid intend to take to ensure equality of opportunity and combat direct and indirect discrimination in employment practice, management structures and practice, in service provision to individuals and groups and agencies and in its relationship with other groups.

### **Customer Care Policy**

We aim to give our service users the highest quality of help and assistance to ensure they receive equal treatment taking into account their cultural and individual needs. In the event that they are unhappy with the service or the facilities provided there is a complaints procedure in place. Each service user will receive a handbook outlining services and policies, which includes the Complaints Procedure.

## STATISTICAL DATA FOR THE YEAR

The following statistics were collected by Midlands Women's Aid for the year ending March 2021:

TOTAL NUMBER OF BEDSPACES: 53	FAMILY ROOMS: 7
Three Satellite Properties – 2 bed house, 2 bed flat and 1 bed flat	
Women admitted into Refuge: 13	
Women refused because Refuge was full: 405	
Number of advice calls: 948	
Referrals from agencies: 204	
Self referrals: 214	
Women housed	23
Children housed	67
Ethnic origin of women:	
White British:	14
Black/British	4
Asian:	1
Black Caribbean:	1
African:	1
Polish:	1
Italian:	1

## **SUMMARY OF QUESTIONNAIRE FINDINGS**

This year we have again seen an increase in single women referrals and women with mental health issues, drug and alcohol abuse.

On admission to the Refuge;

16 women had no physical injuries although had had injuries in the past  
7 women had injuries on admission ranging from facial cuts to black eyes  
23 women described bruising to all parts of their bodies  
8 women reported attempts to strangle  
10 women reported rape and sexual abuse  
21 women reported coercive control  
18 women reported financial control

When asked about past injuries, women described them as follows: strangulation, body bruising, bruised eyes, rape, threats with knives, pushing and pulling, coercive control, financial and emotional abuse.

When asked what they believed had caused the violence the response is always the same. Women described the following: "He's jealous" "He says it's my fault", "He says he has a right". "He thinks he owns me and the kids" Others blamed drugs and alcohol, jealousy, mental health, insecurity and 'his upbringing'.

Of the women admitted, 9 had had healthy previous relationships. All had experienced violence and controlling behaviour from their ex-partners.

Most women described their childhood as happy. Other women described domestic violence between their parents, violence to themselves.

When asked if there were any circumstances under which they would accept being hit by a man, all women said no.

## **TRUSTEE AND STAFF NAMES**

### **Trustees of Midlands Women's Aid**

Mrs K. Cains  
Ms S. Shaw  
Ms H. Venn

### **Staff of Midlands Women's Aid**

Cathy Saunders	(CEO)
Diane M	(Refuge Support Worker)
Milli C	(Child Services Co-ordinator)
A.M	(Support Worker)
C.C	(Support Worker/playworker)
K.F	(Complex needs Support Worker)

### **Auditor**

CAPlus Nottingham..

### **Legal Status**

Company Limited By Guarantee. Company Number 3122842  
Registered Charity. Charity registration Number 1055578

## TREASURERS REPORT

Our core income comes from rent income and funding from Ministry of Housing Communities and Local Government (MHCLG). As our service is in great demand we little voids.

The current MHCLG funding ends 31<sup>st</sup> March 2021 however we have been allocated a further sum for financial year ending 31<sup>st</sup> March 2022. After years of financial uncertainty, this together with a healthy reserve will provide financial security for at least three years.

Beeston Consolidated Charity, a long-time supporter, continue to provide for their annual grant £24,000 for a full-time support worker and £12,000 toward the Children's Worker post.

The COVID lockdown period forced us to close our Charity shop to the public due to the size of the premises and the difficulties in maintaining social distancing. We have continued to use it to carry out outreach services for clients who for whatever reason could not be admitted to Refuge and remote working for staff.

Salaries remain our major expenditure. We have been unable to carry out some planned work due to shortages in building workers in particular refurbishment of playroom and outside play area. The outside play area is desperately in need of a major overhaul and we are currently raising funds to carry out this work late 2021.



**Midlands Women's Aid** a Company  
Limited By Guarantee.

Company No. 3122842

Charity Reg. No. 1055578

Registered in England & Wales.

**P.O. Box 8  
Beeston  
Nottingham  
NG9 1HL**

**Tel: 0300 302 0035**

**E-mail: [support@mwa.org.uk](mailto:support@mwa.org.uk)  
[www.midlandswomensaid.org.uk](http://www.midlandswomensaid.org.uk)**



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Company registration number: 03122842

Charity registration number: 1055578

# Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Community Accounting Plus  
Units 1 & 2 North West  
41 Talbot Street  
Nottingham  
NG1 5GL

# **Midlands Women's Aid**

## **Contents**

Reference and Administrative Details	1
Trustees' Report	2 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6 to 7
Balance Sheet	8
Notes to the Financial Statements	9 to 17

## **Midlands Women's Aid**

### **Reference and Administrative Details**

<b>Trustees</b>	Kathleen Cains, Treasurer / Chair Susan Shaw Holly Venn
<b>Senior Management Team</b>	Catherine Saunders, Chief Executive
<b>Charity Registration Number</b>	1055578
<b>Company Registration Number</b>	03122842
<b>Registered Office</b>	129a Middleton Boulevard Wollaton Park Nottingham Nottinghamshire NG8 1FW
<b>Independent Examiner</b>	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

# **Midlands Women's Aid**

## **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

### **Trustees**

Kathleen Cains, Treasurer / Chair

Susan Shaw

Holly Venn

### **Structure, governance and management**

#### ***Nature of governing document***

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

#### ***Recruitment and appointment of trustees***

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.

Trustees are sought who have experience in one or more of the following areas:

- An understanding of domestic violence and the causes of domestic violence;
- The provision of supported housing;
- Experience of working within or with statutory bodies;
- Experience of working in or with services which aim to ensure the health and well-being of children;
- Working with statutory bodies – particularly health, housing, education or social services;
- Finance and financial planning;
- Personnel and human resource management;
- General experience of running a business;
- Legal experience;
- Experience of participating in community services and meeting community needs;
- Experience of being a service user of Women's Aid services;
- Monitoring and evaluating services;
- Equal opportunities.

#### ***Induction and training of trustees***

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

# **Midlands Women's Aid**

## **Trustees' Report**

### ***Organisational structure***

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

### **Objectives and activities**

#### ***Objects and aims***

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
- To provide ongoing support to women who have been re-housed as, and if, necessary;
- To support where possible women who preferred not to seek refuge.

#### ***Objectives, strategies and activities***

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

#### ***Public benefit***

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

We have supported 111 survivors of Domestic Abuse in 2020/21. 111 of them have been re-housed away from abuse.

Feedback has shown that 98% of our survivors felt safer, 98% had increased self-esteem, 94% had improved mental health.

We accept referrals from all over the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, i.e. drug/alcohol, mental health. We provide advocacy for women and children. We work with our client group on safety planning, healthy relationships and wellbeing courses.

### **Financial review**

#### ***Policy on reserves***

It is our policy to keep a reserve of six months income.

## Midlands Women's Aid

### Trustees' Report

#### *Principal risks and uncertainties*

##### *Risk management strategy*

The trustees have a risk management strategy which comprises:

- An annual review of the risks the charity may face;
- The establishment of systems and procedures to mitigate those risks identified in the plan;
- The implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

We see our biggest risk to be lack of sustainable funding.

#### **Statement of Trustees' Responsibilities**

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Small companies provision statement**

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 17/12/2021 and signed on its behalf by:



.....  
Kathleen Cains  
Trustee

## Midlands Women's Aid

### Independent Examiner's Report to the trustees of Midlands Women's Aid

#### Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2021.

#### Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.


#### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus  
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West  
41 Talbot Street  
Nottingham  
NG1 5GL

Date: 17/12/2021  
Date:.....



## Midlands Women's Aid

### Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
<b>Income and Endowments from:</b>					
Donations and legacies	2	3,534	-	3,534	173,309
Charitable activities	3	112,645	241,156	353,801	151,304
Investment income	5	4	-	4	30
Total Income		<u>116,183</u>	<u>241,156</u>	<u>357,339</u>	<u>324,643</u>
<b>Expenditure on:</b>					
Charitable activities	6	<u>(111,481)</u>	<u>(153,154)</u>	<u>(264,635)</u>	<u>(257,026)</u>
Total Expenditure		<u>(111,481)</u>	<u>(153,154)</u>	<u>(264,635)</u>	<u>(257,026)</u>
Net income		4,702	88,002	92,704	67,617
Transfers between funds		<u>2,973</u>	<u>(2,973)</u>	<u>-</u>	<u>-</u>
Net movement in funds		7,675	85,029	92,704	67,617
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>175,493</u>	<u>-</u>	<u>175,493</u>	<u>107,876</u>
Total funds carried forward	12	<u><u>183,168</u></u>	<u><u>85,029</u></u>	<u><u>268,197</u></u>	<u><u>175,493</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 12.

The notes on pages 9 to 17 form an integral part of these financial statements.

## Midlands Women's Aid

### Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	173,309	-	173,309
Charitable activities	3	115,304	36,000	151,304
Investment income	5	30	-	30
Total income		<u>288,643</u>	<u>36,000</u>	<u>324,643</u>
<b>Expenditure on:</b>				
Charitable activities	6	<u>(221,026)</u>	<u>(36,000)</u>	<u>(257,026)</u>
Total expenditure		<u>(221,026)</u>	<u>(36,000)</u>	<u>(257,026)</u>
Net income		<u>67,617</u>	<u>-</u>	<u>67,617</u>
Net movement in funds		67,617	-	67,617
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>107,876</u>	<u>-</u>	<u>107,876</u>
Total funds carried forward	12	<u><u>175,493</u></u>	<u><u>-</u></u>	<u><u>175,493</u></u>

The notes on pages 9 to 17 form an integral part of these financial statements.

**Midlands Women's Aid**  
**(Registration number: 03122842)**  
**Balance Sheet as at 31 March 2021**

	Note	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	11	22,650	26,236
<b>Current assets</b>			
Debtors	8	573	811
Cash at bank and in hand		<u>253,370</u>	<u>153,194</u>
		253,943	154,005
<b>Creditors: Amounts falling due within one year</b>	9	<u>(8,396)</u>	<u>(4,748)</u>
<b>Net current assets</b>		<u>245,547</u>	<u>149,257</u>
<b>Net assets</b>		<u><u>268,197</u></u>	<u><u>175,493</u></u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds	12	85,029	-
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>183,168</u>	<u>175,493</u>
<b>Total funds</b>	12	<u><u>268,197</u></u>	<u><u>175,493</u></u>

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on .....17/12/2021..... and signed on their behalf by:



.....  
Kathleen Cains  
Trustee

The notes on pages 9 to 17 form an integral part of these financial statements.

# **Midlands Women's Aid**

## **Notes to the Financial Statements for the Year Ended 31 March 2021**

### **1 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Going concern**

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

#### **Exemption from preparing a cash flow statement**

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

#### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### ***Donations and legacies***

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

#### ***Grants receivable***

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

#### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

#### Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

### 2 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	3,534	3,534	62,009
Grants, including capital grants;			
Government grants	-	-	111,300
	3,534	3,534	173,309

### 3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Grants and donations	-	241,156	241,156	36,000
Housing benefit	105,856	-	105,856	98,973
Resident rents	6,789	-	6,789	16,307
Sundry income	-	-	-	24
	112,645	241,156	353,801	151,304

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
DCLG Emergency Fund	-	41,001	41,001
Beeston Consolidated Charity	-	36,000	36,000
MHCLG	-	164,155	164,155
Sundry grants & donations	3,534	-	3,534
	<u>3,534</u>	<u>241,156</u>	<u>244,690</u>

#### 5 Investment income

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Interest receivable and similar income;			
Interest receivable on bank deposits	4	4	30
	<u>4</u>	<u>4</u>	<u>30</u>



## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Activities & events	72	-	72	1,105
Building, repairs & maintenance	5,084	-	5,084	5,241
Cleaning	1,713	309	2,022	725
Council tax	1,946	-	1,946	1,699
Depreciation	6,559	991	7,550	8,745
Dues & subscriptions	1,309	-	1,309	1,878
Equipment	1,654	1,140	2,794	2,083
Gardening	2,070	-	2,070	239
Insurance	1,670	-	1,670	1,814
IT expenses	1,155	12,999	14,154	109
Office expenses	1,250	1,338	2,588	2,560
Printing & postage	282	88	370	361
Professional fees	41,449	924	42,373	39,002
Refreshments	-	-	-	(60)
Rent & rates	6,000	-	6,000	8,415
Salaries, NI & pensions	18,437	135,281	153,718	147,169
Security	658	-	658	640
Sundry expenses	755	48	803	2,726
Telephone	3,601	-	3,601	2,814
Training	-	-	-	4,683
Utilities	15,662	-	15,662	13,909
Volunteer expenses	58	-	58	85
Travel & meetings	97	36	133	70
Residents move-on expenses	-	-	-	11,014
	<u>111,481</u>	<u>153,154</u>	<u>264,635</u>	<u>257,026</u>

#### 7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	<u>7,550</u>	<u>8,745</u>

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 8 Debtors

	2021 £	2020 £
Prepayments	<u>573</u>	<u>811</u>

#### 9 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	6,587	2,913
Other creditors	<u>1,809</u>	<u>1,835</u>
	<u>8,396</u>	<u>4,748</u>

#### 10 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
<b>Staff costs during the year were:</b>		
Wages and salaries	138,731	131,542
Social security costs	11,971	8,305
Pension costs	<u>3,016</u>	<u>7,322</u>
	<u>153,718</u>	<u>147,169</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021 No	2020 No
Average number of employees	<u>6</u>	<u>7</u>

5 (2020 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £3,016 (2020 - £7,322).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £52,025 (2020 - £46,694).

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
<b>Cost</b>				
At 1 April 2020	13,800	54,579	37,738	106,117
Additions	-	-	3,964	3,964
At 31 March 2021	<u>13,800</u>	<u>54,579</u>	<u>41,702</u>	<u>110,081</u>
<b>Depreciation</b>				
At 1 April 2020	8,584	38,308	32,989	79,881
Charge for the year	1,304	4,068	2,178	7,550
At 31 March 2021	<u>9,888</u>	<u>42,376</u>	<u>35,167</u>	<u>87,431</u>
<b>Net book value</b>				
At 31 March 2021	<u>3,912</u>	<u>12,203</u>	<u>6,535</u>	<u>22,650</u>
At 31 March 2020	<u>5,216</u>	<u>16,271</u>	<u>4,749</u>	<u>26,236</u>

#### 12 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
<b>Unrestricted funds</b>					
<i>General</i>					
General Fund	175,493	116,183	(111,481)	2,973	183,168
<b>Restricted funds</b>					
MHCLG fund	-	164,155	(79,126)	-	85,029
DCLG Emergency fund	-	41,001	(38,028)	(2,973)	-
Salaries fund	-	36,000	(36,000)	-	-
<b>Total restricted funds</b>	<u>-</u>	<u>241,156</u>	<u>(153,154)</u>	<u>(2,973)</u>	<u>85,029</u>
<b>Total funds</b>	<u>175,493</u>	<u>357,339</u>	<u>(264,635)</u>	<u>-</u>	<u>268,197</u>

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.

The DCLG Emergency fund was monies from Central Government to pay towards extra salaries and equipment incurred due to extra work as a result of the COVID pandemic.

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

The transfer from the DCLG Emergency fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
<b>Unrestricted funds</b>				
<i>General</i>				
General Fund	107,876	288,643	(221,026)	175,493
<b>Restricted</b>				
Salaries fund	<u>-</u>	<u>36,000</u>	<u>(36,000)</u>	<u>-</u>
<b>Total funds</b>	<u>107,876</u>	<u>324,643</u>	<u>(257,026)</u>	<u>175,493</u>

#### 13 Analysis of net assets between funds

	Unrestricted		2021 Total funds £
	General £	Restricted £	
Tangible fixed assets	22,650	-	22,650
Current assets	168,914	85,029	253,943
Current liabilities	<u>(8,396)</u>	<u>-</u>	<u>(8,396)</u>
Total net assets	<u>183,168</u>	<u>85,029</u>	<u>268,197</u>
		Unrestricted	
		General £	2020 Total funds £
Tangible fixed assets		26,236	26,236
Current assets		154,005	154,005
Current liabilities		<u>(4,748)</u>	<u>(4,748)</u>
Total net assets		<u>175,493</u>	<u>175,493</u>

#### 14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2021 £	2020 £
Independent examination	<u>1,080</u>	<u>1,080</u>

## **Midlands Women's Aid**

### **Notes to the Financial Statements for the Year Ended 31 March 2021**

#### **15 Charity status**

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

#### **16 Trustees remuneration and expenses**

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### **17 Taxation**

The charity is a registered charity and is therefore exempt from taxation.

#### **18 Related party transactions**

There were no related party transactions in the year.

Company registration number: 03122842

Charity registration number: 1055578

# Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Community Accounting Plus  
Units 1 & 2 North West  
41 Talbot Street  
Nottingham  
NG1 5GL

# **Midlands Women's Aid**

## **Contents**

Reference and Administrative Details	1
Trustees' Report	2 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6 to 7
Balance Sheet	8
Notes to the Financial Statements	9 to 17



## **Midlands Women's Aid**

### **Reference and Administrative Details**

<b>Trustees</b>	Kathleen Cains, Treasurer / Chair Susan Shaw Holly Venn
<b>Senior Management Team</b>	Catherine Saunders, Chief Executive
<b>Charity Registration Number</b>	1055578
<b>Company Registration Number</b>	03122842
<b>Registered Office</b>	129a Middleton Boulevard Wollaton Park Nottingham Nottinghamshire NG8 1FW
<b>Independent Examiner</b>	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

# **Midlands Women's Aid**

## **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

### **Trustees**

Kathleen Cains, Treasurer / Chair

Susan Shaw

Holly Venn

### **Structure, governance and management**

#### ***Nature of governing document***

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

#### ***Recruitment and appointment of trustees***

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.

Trustees are sought who have experience in one or more of the following areas:

- An understanding of domestic violence and the causes of domestic violence;
- The provision of supported housing;
- Experience of working within or with statutory bodies;
- Experience of working in or with services which aim to ensure the health and well-being of children;
- Working with statutory bodies – particularly health, housing, education or social services;
- Finance and financial planning;
- Personnel and human resource management;
- General experience of running a business;
- Legal experience;
- Experience of participating in community services and meeting community needs;
- Experience of being a service user of Women's Aid services;
- Monitoring and evaluating services;
- Equal opportunities.

#### ***Induction and training of trustees***

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

# **Midlands Women's Aid**

## **Trustees' Report**

### ***Organisational structure***

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

### **Objectives and activities**

#### ***Objects and aims***

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
- To provide ongoing support to women who have been re-housed as, and if, necessary;
- To support where possible women who preferred not to seek refuge.

#### ***Objectives, strategies and activities***

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

#### ***Public benefit***

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

We have supported 111 survivors of Domestic Abuse in 2020/21. 111 of them have been re-housed away from abuse.

Feedback has shown that 98% of our survivors felt safer, 98% had increased self-esteem, 94% had improved mental health.

We accept referrals from all over the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, i.e. drug/alcohol, mental health. We provide advocacy for women and children. We work with our client group on safety planning, healthy relationships and wellbeing courses.

### **Financial review**

#### ***Policy on reserves***

It is our policy to keep a reserve of six months income.

## Midlands Women's Aid

### Trustees' Report

#### *Principal risks and uncertainties*

##### *Risk management strategy*

The trustees have a risk management strategy which comprises:

- An annual review of the risks the charity may face;
- The establishment of systems and procedures to mitigate those risks identified in the plan;
- The implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

We see our biggest risk to be lack of sustainable funding.

#### **Statement of Trustees' Responsibilities**

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Small companies provision statement**

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 17/12/2021 and signed on its behalf by:



.....  
Kathleen Cains  
Trustee

## Midlands Women's Aid

### Independent Examiner's Report to the trustees of Midlands Women's Aid

#### Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2021.

#### Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus  
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West  
41 Talbot Street  
Nottingham  
NG1 5GL

Date: 17/12/2021  
Date:.....

## Midlands Women's Aid

### Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
<b>Income and Endowments from:</b>					
Donations and legacies	2	3,534	-	3,534	173,309
Charitable activities	3	112,645	241,156	353,801	151,304
Investment income	5	<u>4</u>	<u>-</u>	<u>4</u>	<u>30</u>
Total Income		<u>116,183</u>	<u>241,156</u>	<u>357,339</u>	<u>324,643</u>
<b>Expenditure on:</b>					
Charitable activities	6	<u>(111,481)</u>	<u>(153,154)</u>	<u>(264,635)</u>	<u>(257,026)</u>
Total Expenditure		<u>(111,481)</u>	<u>(153,154)</u>	<u>(264,635)</u>	<u>(257,026)</u>
Net income		4,702	88,002	92,704	67,617
Transfers between funds		<u>2,973</u>	<u>(2,973)</u>	<u>-</u>	<u>-</u>
Net movement in funds		7,675	85,029	92,704	67,617
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>175,493</u>	<u>-</u>	<u>175,493</u>	<u>107,876</u>
Total funds carried forward	12	<u><u>183,168</u></u>	<u><u>85,029</u></u>	<u><u>268,197</u></u>	<u><u>175,493</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 12.

The notes on pages 9 to 17 form an integral part of these financial statements.

## Midlands Women's Aid

### Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	173,309	-	173,309
Charitable activities	3	115,304	36,000	151,304
Investment income	5	30	-	30
Total income		<u>288,643</u>	<u>36,000</u>	<u>324,643</u>
<b>Expenditure on:</b>				
Charitable activities	6	<u>(221,026)</u>	<u>(36,000)</u>	<u>(257,026)</u>
Total expenditure		<u>(221,026)</u>	<u>(36,000)</u>	<u>(257,026)</u>
Net income		<u>67,617</u>	<u>-</u>	<u>67,617</u>
Net movement in funds		67,617	-	67,617
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>107,876</u>	<u>-</u>	<u>107,876</u>
Total funds carried forward	12	<u><u>175,493</u></u>	<u><u>-</u></u>	<u><u>175,493</u></u>

The notes on pages 9 to 17 form an integral part of these financial statements.

**Midlands Women's Aid**  
**(Registration number: 03122842)**  
**Balance Sheet as at 31 March 2021**

	Note	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	11	22,650	26,236
<b>Current assets</b>			
Debtors	8	573	811
Cash at bank and in hand		<u>253,370</u>	<u>153,194</u>
		253,943	154,005
<b>Creditors: Amounts falling due within one year</b>	9	<u>(8,396)</u>	<u>(4,748)</u>
<b>Net current assets</b>		<u>245,547</u>	<u>149,257</u>
<b>Net assets</b>		<u><u>268,197</u></u>	<u><u>175,493</u></u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds	12	85,029	-
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>183,168</u>	<u>175,493</u>
<b>Total funds</b>	12	<u><u>268,197</u></u>	<u><u>175,493</u></u>

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on .....17/12/2021..... and signed on their behalf by:



.....  
Kathleen Cains  
Trustee

The notes on pages 9 to 17 form an integral part of these financial statements.



# **Midlands Women's Aid**

## **Notes to the Financial Statements for the Year Ended 31 March 2021**

### **1 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Going concern**

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

#### **Exemption from preparing a cash flow statement**

The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

#### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### ***Donations and legacies***

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

#### ***Grants receivable***

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

## **Midlands Women's Aid**

### **Notes to the Financial Statements for the Year Ended 31 March 2021**

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Tangible fixed assets**

Individual fixed assets costing £500.00 or more are initially recorded at cost.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

#### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

### 2 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	3,534	3,534	62,009
Grants, including capital grants;			
Government grants	-	-	111,300
	3,534	3,534	173,309

### 3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Grants and donations	-	241,156	241,156	36,000
Housing benefit	105,856	-	105,856	98,973
Resident rents	6,789	-	6,789	16,307
Sundry income	-	-	-	24
	112,645	241,156	353,801	151,304

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
DCLG Emergency Fund	-	41,001	41,001
Beeston Consolidated Charity	-	36,000	36,000
MHCLG	-	164,155	164,155
Sundry grants & donations	3,534	-	3,534
	<u>3,534</u>	<u>241,156</u>	<u>244,690</u>

#### 5 Investment income

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Interest receivable and similar income;			
Interest receivable on bank deposits	4	4	30
	<u>4</u>	<u>4</u>	<u>30</u>

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Activities & events	72	-	72	1,105
Building, repairs & maintenance	5,084	-	5,084	5,241
Cleaning	1,713	309	2,022	725
Council tax	1,946	-	1,946	1,699
Depreciation	6,559	991	7,550	8,745
Dues & subscriptions	1,309	-	1,309	1,878
Equipment	1,654	1,140	2,794	2,083
Gardening	2,070	-	2,070	239
Insurance	1,670	-	1,670	1,814
IT expenses	1,155	12,999	14,154	109
Office expenses	1,250	1,338	2,588	2,560
Printing & postage	282	88	370	361
Professional fees	41,449	924	42,373	39,002
Refreshments	-	-	-	(60)
Rent & rates	6,000	-	6,000	8,415
Salaries, NI & pensions	18,437	135,281	153,718	147,169
Security	658	-	658	640
Sundry expenses	755	48	803	2,726
Telephone	3,601	-	3,601	2,814
Training	-	-	-	4,683
Utilities	15,662	-	15,662	13,909
Volunteer expenses	58	-	58	85
Travel & meetings	97	36	133	70
Residents move-on expenses	-	-	-	11,014
	<u>111,481</u>	<u>153,154</u>	<u>264,635</u>	<u>257,026</u>

#### 7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	<u>7,550</u>	<u>8,745</u>

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 8 Debtors

	2021 £	2020 £
Prepayments	<u>573</u>	<u>811</u>

#### 9 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	6,587	2,913
Other creditors	<u>1,809</u>	<u>1,835</u>
	<u>8,396</u>	<u>4,748</u>

#### 10 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
<b>Staff costs during the year were:</b>		
Wages and salaries	138,731	131,542
Social security costs	11,971	8,305
Pension costs	<u>3,016</u>	<u>7,322</u>
	<u>153,718</u>	<u>147,169</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021 No	2020 No
Average number of employees	<u>6</u>	<u>7</u>

5 (2020 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £3,016 (2020 - £7,322).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £52,025 (2020 - £46,694).

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
<b>Cost</b>				
At 1 April 2020	13,800	54,579	37,738	106,117
Additions	-	-	3,964	3,964
At 31 March 2021	<u>13,800</u>	<u>54,579</u>	<u>41,702</u>	<u>110,081</u>
<b>Depreciation</b>				
At 1 April 2020	8,584	38,308	32,989	79,881
Charge for the year	1,304	4,068	2,178	7,550
At 31 March 2021	<u>9,888</u>	<u>42,376</u>	<u>35,167</u>	<u>87,431</u>
<b>Net book value</b>				
At 31 March 2021	<u>3,912</u>	<u>12,203</u>	<u>6,535</u>	<u>22,650</u>
At 31 March 2020	<u>5,216</u>	<u>16,271</u>	<u>4,749</u>	<u>26,236</u>

#### 12 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
<b>Unrestricted funds</b>					
<i>General</i>					
General Fund	175,493	116,183	(111,481)	2,973	183,168
<b>Restricted funds</b>					
MHCLG fund	-	164,155	(79,126)	-	85,029
DCLG Emergency fund	-	41,001	(38,028)	(2,973)	-
Salaries fund	-	36,000	(36,000)	-	-
<b>Total restricted funds</b>	<u>-</u>	<u>241,156</u>	<u>(153,154)</u>	<u>(2,973)</u>	<u>85,029</u>
<b>Total funds</b>	<u>175,493</u>	<u>357,339</u>	<u>(264,635)</u>	<u>-</u>	<u>268,197</u>

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.

The DCLG Emergency fund was monies from Central Government to pay towards extra salaries and equipment incurred due to extra work as a result of the COVID pandemic.

## Midlands Women's Aid

### Notes to the Financial Statements for the Year Ended 31 March 2021

The transfer from the DCLG Emergency fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
<b>Unrestricted funds</b>				
<i>General</i>				
General Fund	107,876	288,643	(221,026)	175,493
<b>Restricted</b>				
Salaries fund	<u>-</u>	<u>36,000</u>	<u>(36,000)</u>	<u>-</u>
<b>Total funds</b>	<u>107,876</u>	<u>324,643</u>	<u>(257,026)</u>	<u>175,493</u>

#### 13 Analysis of net assets between funds

	Unrestricted		2021 Total funds £
	General £	Restricted £	
Tangible fixed assets	22,650	-	22,650
Current assets	168,914	85,029	253,943
Current liabilities	<u>(8,396)</u>	<u>-</u>	<u>(8,396)</u>
Total net assets	<u>183,168</u>	<u>85,029</u>	<u>268,197</u>
		Unrestricted	
		General £	2020 Total funds £
Tangible fixed assets		26,236	26,236
Current assets		154,005	154,005
Current liabilities		<u>(4,748)</u>	<u>(4,748)</u>
Total net assets		<u>175,493</u>	<u>175,493</u>

#### 14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2021 £	2020 £
Independent examination	<u>1,080</u>	<u>1,080</u>



## **Midlands Women's Aid**

### **Notes to the Financial Statements for the Year Ended 31 March 2021**

#### **15 Charity status**

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

#### **16 Trustees remuneration and expenses**

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### **17 Taxation**

The charity is a registered charity and is therefore exempt from taxation.

#### **18 Related party transactions**

There were no related party transactions in the year.