MIDLANDS WOMEN'S AID

England & Wales · Charity number 1055578

Details

Status	Registered
Legal form	Charitable company
Company number	03122842
Registered	1996-05-23
Register	View on the Charity Commission register

Contact

Address	Midlands Womens Aid Po Box 8 Beeston Nottingham NG9 1HL
Phone	01159257647
Website	www.mwa.org.uk

Activities

Objects: 1)TO PROTECT AND PRESERVE THE GOOD HEALTH,BOTH MENTAL AND PHYSICAL,OF WOMEN AND CHILDREN WHO HAVE SUFFERED FROM VIOLENCE,PERSECUTION OR MAL-TREATMENT IN THEIR HOMES 2)TO EDUCATE THE PUBLIC INTO THEIR PROMBLEMS OF MAL-TREATED WOMEN AND THEIR CHILDREN AND INTO THE CAUSES AND WAYS OF PREVENTING OR RELIEVING SUFFERING CAUSED BY SUCH MAL-TREATMENT

Activities: The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

Classification

- **How:** Provides Services
- **What:** Accommodation/housing
- **Who:** Children/young People, Other Defined Groups

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Geography

- Derbyshire
- Leicestershire
- Lincolnshire
- Nottingham City
- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£419,467	£386,012	-	-
2024-03-31	£380,098	£381,651	-	-
2023-03-31	£381,085	£308,798	-	-
2022-03-31	£356,225	£270,473	-	-
2021-03-31	£324,643	£257,026	-	-

Trustees

Name	Role	Appointed
KATHLEEN CAROL CAINS		
Laura Saunders		2025-11-25
cheryl collins		2025-11-25

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MIDLANDS WOMEN'S AID

England & Wales - Charity number 1055578

Accounts

Midlands Women's Aid

Est. FEBRUARY 1974

midlands
women's
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Your key to a safer future

Annual Report & Statistics

2024-2025

LIVERING SERVICES 40 YEARS

Midlands
Women's Aid

Annual Report & Statistics 2024/2025

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Midlands Women's Aid. P.O. Box 8, Beeston, Nottingham. NG9 1HL
Telephone No: 0300 302 0035

A BIG THANKS TO OUR SUPPORTERS.

We could not do it without you.

All at
Artex Ltd.

Angela Westerman
and all at
Westerman Homes

Beeston Inner Wheel

Tesco
Long Eaton
Chilwell
Toton

ASDA, Euphoria, Sainsbury's,
Beeston Consolidated Charities

St Andrews with Castle Gate
United Reform Church,
Nottingham

Operation Orphan

Thank you to all of our supporters who wish to remain anonymous.
Their continued and sustained support of our Refuge is invaluable.

AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID

The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution.

- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children.

- To provide ongoing support to a woman who has been re-housed as, and if, necessary.

- To support where possible women who preferred not to seek refuge.

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Your key to a safer future

INTRODUCTION

Welcome to our Annual report for the year 2024-2025.

It has been another busy year for our organization and our accommodation has been full all year.

For many years, due to lack of affordable social housing, many of our client group were forced to spend a longer time in our accommodation, in some cases up to two years. This year we are pleased to report that due to an increase in newly built social housing some residents have been able to move on to their own tenancy shortening their stay with us. However, there is still a long way to go.

We have seen an increase in referrals from people with severe mental health issues. Often this client group can be challenging and many are not appropriate for communal living. In many cases this group need accommodation that provides 24 hour support staff. We have experienced difficulties in sourcing appropriate accommodation.

I wish to thank the Trustees, staff, volunteers and friends of Midlands Women's Aid for their hard work and support in tackling Domestic Abuse. Also, we would extend our thanks to all the groups and individuals who have supported Midlands Women's Aid during the year by donating money, clothing and other generous gifts. We have listed some of them by name on a separate page, however we would extend a special thanks to all our supporters whose names we do not know who have contributed to our fundraising activities throughout the year. They do not know how much their contribution are appreciated by the staff and clients.

Finally, I would like to recognise our clients who take the decision to leave all they know to protect their children from Domestic Abuse. Who with our support learn that they are not alone, and it is not their fault.

Catherine Saunders (CEO)

REFUGE TEAM LEADER'S REPORT

Although our work can be demanding and challenging, it is also very rewarding. To travel with our client group on their journey from experiencing Domestic Abuse and living in fear, to going forward to survive and thrive is edifying.

The demand for our safe accommodation has remained high and our safe accommodation has been fully utilized.

It is unfortunate that due to the national housing shortage women are staying in our accommodation for longer periods of time. Delays in being re-housed when clients are ready to move on can cause other challenges and frustration for them. Also, it adds further strains on our support service. Housing authorities and agencies are quoting re-housing waiting times of two years and in some cases five years. It is not acceptable for our clients to remain in our accommodation for this length of time and we are active in seeking solutions to this problem.

Support Service

We provide support using an individual support plan tailored to each person. The plan helps identify the support required and allows us to work with the client to build confidence, increase self-esteem, help them come to terms with the abuse they have experienced and work with them to help them reach their full potential. Clients are encouraged to take part in workshops and sessions around healthy relationships, safety planning and are empowered to organize and fully take part in making decisions which effect their lives

Safe Accommodation

We aim to provide safe, clean and welcoming accommodation. (See photographs)

Refuge;

7 family bedrooms each with en-suite facilities,

Communal areas;

2 kitchens,
2 lounges
laundry room
playroom.
outside play area

Communal lounge;



s



A bedroom. On arrival we provide a welcome pack consisting of basic essentials:





One of the communal kitchens :



Also, we provide 3 self-contained units, located close by the main building and allow for families with older boys, families with complex or special needs and pets

A self-contained Unit:

.







Case Studies :

Here are some case histories of the families we have supported this year. We hope this highlights the needs, the difficulties they face and shows the recovery process they go through.

Child Case study 1

Child G and her family were admitted to our refuge following her mother's decision to flee domestic abuse from her ex-partner. Child G is 10 years old.

Upon arrival, she was supported to settle into Refuge, provided with a Buddy bag which contains new pyjamas, underwear, toiletries and either a book or colouring sheet. An individual support plan was completed to identify her needs and worries. We supported getting Child G into our local school. An application was made for a Buttle grant which is for children who are vulnerable and are in crisis such as fleeing abuse. Mother was awarded £2400 which was used for educational trips/ activities and language lessons as mother 's first language was Punjabi. Child G has been experiencing significant anxiety and has been attending art therapy at AMRA once a week, which has supported her emotional expression. Ongoing one-to-one support sessions are also provided with the children's worker to address emotional well-being and her wishes and feelings. This is done through Helping Hands programme. She has been encouraged to explore her emotions and talk about her needs. This has become much easier for her as she has become settled and feels more at ease with the children's worker.

As the family were involved in court proceedings, we ensured she received support during her conversations with CAFCASS, helping her feel safe while sharing her feelings with them and completing the wishes and feelings work sheets.

After the ongoing support from all professionals, G is now happy and settled. They are ready to move on after being in refuge for two years. Child G is full of confidence and looking forward to moving into a permanent home with her mother and younger brother.

Case study 2

S was admitted into refuge, fleeing domestic abuse from her husband and the father of her two children. She had suffered physical, emotional and financial abuse.
S is from Pakistan and came to England on a spousal visa. She spoke very little English, her main language being Urdu. When arriving in England, S was not allowed out and was forced to stay at home to look after her children and to cook and clean. She had no contact with family or friends.
S felt frightened, in-secure and fearful of the future, both for herself and her children. The language barrier heightened her feelings of isolation. She made the brave decision to leave the family home.
We were able to offer S and her children a safe space, free from abuse and allow S time to heal and recover.
During her stay we enrolled S in English classes and watched her confidence grow. We began to be able to communicate with one another and S engaged brilliantly with our service.
We applied for Indefinite Leave to Remain, and this was successfully granted, allowing us to then make a housing application in her chosen area.
S was with us for a good length of time. She was moved to one of our satellite homes to help her further develop her confidence and language skills ready for her to live independently away from refuge.
S had previously never had an income or access to money. She learnt how to successfully manage her finances and was able to save money for household items for her new home.
S and her children moved on from refuge to their permanent home.

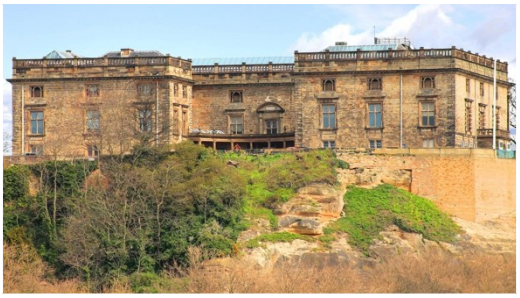
Children Refuge Service

As a Children and Young Peoples Domestic Abuse worker it is my responsibility to work with children to overcome the trauma of witnessing or experiencing Domestic Abuse.

Almost two third of the residents in refuges are children, the majority of whom are of pre-school age. I provide stimulating play opportunities to encourage children from all backgrounds to develop and express themselves, as well as support children with homework and literacy. We also refer children to wider support services, including counsellors and children's centres

When a child or young person arrives, they are often left traumatized and often have to leave everything behind such as family, friends, school and toys. My initial task is to help settle them into Refuge.

The trips we have attended are:



- Farm
- Cinema
- Castle
- Fair
- Beach
- Pumkin farm





Our sessions might include:

- One to one session's
- Group sessions
- Family Intervention
- Behaviour Management
- Helping Hands Facilitation Programme
- Healthy Relationships
- Therapeutic play

See images below of our playroom



Kind Tree Campaign

In 2025 we worked alongside Broxtowe Women's Project where we all came together to create kind trees. These were created to discuss being kind in the community and ways we can demonstrate this. Our adult residents and children took part and we show the posters below.



Adult Tree



Children's Tree

Christmas 2024/2025

We would like to thank several organisations for their donations this Christmas.

- Okarno (Artex)
- Toton and BeestonTesco
- The Lash Lounge
- Richard Gaunt
- Highfields Fire Station
- Toy appeal
- Story Contractors



- Vicky
- Sarah
- Forget me Notts
- Jasmine

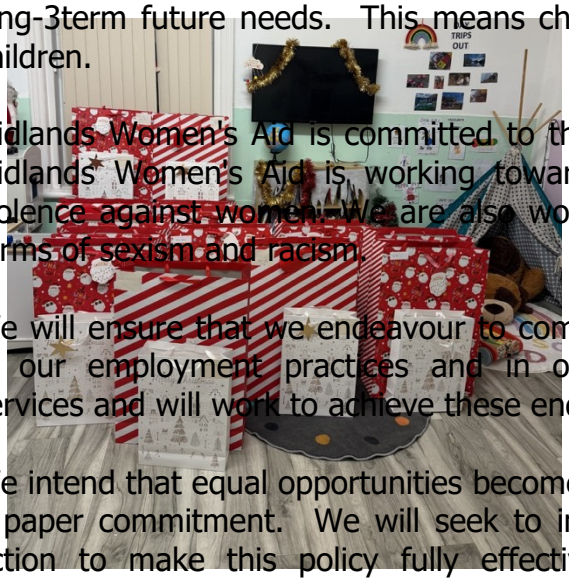




EQUAL OPPORTUNITES POLICY.

Declaration of Intent

Midlands Women's Aid provides temporary accommodation, support and advocacy to women and children experiencing violence and supports their long-3term future needs. This means challenging the abuse of women and children.



Midlands Women's Aid is committed to the principles of equal opportunities. Midlands Women's Aid is working towards the elimination of all types of violence against women. We are also working towards the elimination of all forms of sexism and racism.

We will ensure that we endeavour to combat direct or indirect discrimination in our employment practices and in our management and provision of services and will work to achieve these ends.

We intend that equal opportunities become a reality in practice and not simply a paper commitment. We will seek to implement a programme of positive action to make this policy fully effective by ensuring that no Midlands Women's Aid Trustee, job applicant, employee, volunteer, service user or agencies and other women's aid groups that we work with receive less favourable treatment on the grounds of race, colour, class, nationality, ethnic or national origins, cultural origin, religion, marital status, sexual orientation, disability, age, union activity or responsibility for children or place of residence.

Guidelines for Carrying out the Declaration of Intent

The responsibility for implementing the Declaration of Intent lies with the whole of Midlands Women's Aid although the Trustees will be expected to carry the employers responsibility.

The Declaration of Intent will be posted publicly in the Midlands Women's Aid office and will also be made known to all members of the organisation, employees, volunteers and service users. Acceptance of the policy is a condition of membership of Midlands Women's Aid. The purpose of the Equal Opportunities policy is to set out clearly and comprehensively the steps Midlands Women's Aid intend to take to ensure equality of opportunity and combat direct and indirect discrimination in employment practice, management structures and practice, in service provision to individuals and groups and agencies and in its relationship with other groups.

Customer Care Policy

We aim to give our service users the highest quality of help and assistance to ensure they receive equal treatment taking into account their cultural and individual needs. In the event that they are unhappy with the service or the facilities provided there is a complaints procedure in place. Each service user

will receive a handbook outlining services and policies, which includes the Complaints Procedure.

STATISTICAL DATA FOR THE YEAR

The following statistics were collected by Midlands Women's Aid for the year ending March 2025:

TOTAL NUMBER OF BEDSPACES: 53 FAMILY ROOMS: 7

Three Satellite Properties – 2 bed house, 1 bed flat and 1 bed flat

Women admitted into Refuge: 18

Children admitted into Refuge: 35

Women refused because Refuge was full: 79

Number of advice calls: 1021

Referrals from agencies: 27

Self referrals: 71

Women housed 16

SUMMARY OF QUESTIONNAIRE FINDINGS

This year we have again seen an increase in single women referrals and women with mental health issues, drug and alcohol abuse.

On admission to the Refuge;

8 women had no physical injuries although had had injuries in the past
8 women had injuries on admission ranging from facial cuts to black eyes
14 women described bruising to all parts of their bodies
10 women reported attempts to strangle
9 women reported rape and sexual abuse
12 women reported coercive control
12 women reported financial control

When asked about past injuries, women described them as follows: strangulation, body bruising, bruised eyes, rape, threats with knives, pushing and pulling, coercive control, financial and emotional abuse.

When asked what they believed had caused the violence the response is always the same. Women described the following: "He's jealous" "He says it's my fault", "He says he has a right". "He thinks he owns me and the kids" Others blamed drugs and alcohol, jealousy, mental health, insecurity and 'his upbringing'.

Of the women admitted, 3 had had healthy previous relationships. All had experienced violence and controlling behaviour from their ex-partners.

Most women described their childhood as happy. Other women described domestic violence between their parents, violence to themselves.

When asked if there were any circumstances under which they would accept being hit by a man, all women said no.

TRUSTEE AND STAFF NAMES

Trustees of Midlands Women's Aid

Mrs K. Cains
Ms S. Shaw
Ms H. Venn

Staff of Midlands Women's Aid

Cathy Saunders	CEO
Milli Collins	Refuge Services Manager
K.F	Complex needs Support Worker
S.C.	Support worker/Admin
A.M	Support Worker
M.K	Child Support Worker
H.B	Playworker
D.C	NACS/ Refuge Support

Auditor

CAPlus Nottingham..

Legal Status

Company Limited By Guarantee. Company Number 3122842
Registered Charity. Charity registration Number 1055578

TREASURERS REPORT

Our core income comes from rent income and funding from Nottinghamshire County Council (NCC). As our service is in great demand we little voids.

The current NCC funding ends 31st March 2026. We are pleased to annonce that this funding has been extended for two years until March 2028. We have a healthy reserve and are financially secure for a few years

Beeston Consolidated Charity, a long-time supporter, continue to provide for their annual grant which provides for a full-time support worker and a part time Children's Worker post.

Another regular funder is Artex, a local firm and we continue to raise monies by way of our fund raising activities.

Salaries remain our major expenditure. The accommodation is looking a bit shabby. We intend to commence a major refurbishment of the bedrooms in the communal building, to replace the fitted wardrobes and storage units. The existing fittings were built in the 1970s.

Midlands Women's Aid a Company Limited By Guarantee.
Company No. 3122842
Charity Reg. No. 1055578
Registered in England & Wales.

P.O. Box 8
Beeston
Nottingham
NG9 1HL

Tel: 0300 302 0035
E-mail: support@mwa.org.uk
www.midlandswomensaid.org.uk

Find us on Facebook

Search: Midlands Women's Aid *or* Go to **https://www.facebook.com/Midlands-womens-aid-331713663608574/**

follow us on twitter

@AidMWA40

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen C Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	Charlotte House Stanier Way The Wyvern Business Park Derby DE21 6BF
Independent Examiner	Eva Stevens, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Trustees

Kathleen Cains, Treasurer / Chair
Susan Shaw
Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995 and most recently amended 3 April 1996. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Advertised for via Website, selected process, interviewed by Trustees and appointed on receipt of favourable references.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Midlands Women's Aid

Trustees' Report

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
• To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
• To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
• To provide ongoing support to women who have been re-housed as, and if, necessary;
• To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide Refuge accommodation, support for women and children, outreach and move on and resettlement services, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation by providing Refuge accommodation we keep women and children safe from further abuse. By providing healthy relationship course we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 78 survivors of Domestic Abuse. 48 of them have been re-housed away from abuse. 30 of them are currently housed in our safe accommodation.

Feedback shows that 99% of our survivors felt safer, 99% had increased self esteem, 95% had improved mental health.

Referrals are accepted from all parts of the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, ie drug/alcohol, mental health. We provide advocacy for women and children. We work with our client on safety planning, healthy relationships and wellbeing courses.

Financial review

Due to several years of sustainable funding we are financially secure.

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Funding uncertainty
Failure to secure funding from April 2026 could risk our services going forward from that date.

Midlands Women's Aid

Trustees' Report

Statement of Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on ..... and signed on its behalf by:



.....
Kathleen C Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid ('the Company')

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Public Finance and Accountancy (CIPFA), which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Eva Stevens, BSc, CPFA, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date:.....

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies	2	17,873	-	17,873	3,945
Charitable activities	3	163,973	237,357	401,330	375,905
Investment income	5	264	-	264	248
Total Income		182,110	237,357	419,467	380,098
Expenditure on:					
Charitable activities	6	(154,997)	(231,015)	(386,012)	(381,651)
Total Expenditure		(154,997)	(231,015)	(386,012)	(381,651)
Net income/(expenditure)		27,113	6,342	33,455	(1,553)
Transfers between funds		(5,557)	5,557	-	-
Net movement in funds		21,556	11,899	33,455	(1,553)
Reconciliation of funds					
Total funds brought forward		193,934	230,749	424,683	426,236
Total funds carried forward	13	215,490	242,648	458,138	424,683

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	3,945	-	3,945
Charitable activities	3	143,887	232,018	375,905
Investment income	5	248	-	248
Total income		148,080	232,018	380,098
Expenditure on:				
Charitable activities	6	(159,461)	(222,190)	(381,651)
Total expenditure		(159,461)	(222,190)	(381,651)
Net (expenditure)/income		(11,381)	9,828	(1,553)
Net movement in funds		(11,381)	9,828	(1,553)
Reconciliation of funds				
Total funds brought forward		205,315	220,921	426,236
Total funds carried forward	13	193,934	230,749	424,683

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	14,398	17,379
Current assets			
Debtors	8	880	745
Cash at bank and in hand		449,859	411,442
		450,739	412,187
Creditors: Amounts falling due within one year	9	(6,999)	(4,883)
Net current assets		443,740	407,304
Net assets		458,138	424,683
Funds of the charity:			
Restricted income funds			
Restricted funds	13	242,648	230,749
Unrestricted income funds			
Unrestricted funds		215,490	193,934
Total funds	13	458,138	424,683

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on ..... and signed on their behalf by:

Kathleen C Cains

.....
Kathleen C Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	1,000	1,000	2,000
Donations from individuals	16,873	16,873	1,945
	17,873	17,873	3,945

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Grants and donations	-	237,357	237,357	232,018
Housing benefit	151,851	-	151,851	135,385
Resident rents	12,096	-	12,096	8,498
Sundry income	26	-	26	4
	163,973	237,357	401,330	375,905

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Nottinghamshire County Council	-	201,357	201,357
Individual donations	16,873	-	16,873
Saint Gobain Ltd	1,000	-	1,000
Beeston Consolidated	-	36,000	36,000
	17,873	237,357	255,230

5 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	264	264	248

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Activities & events	3,427	350	3,777	2,888
Building, repairs & maintenance	4,048	-	4,048	7,114
Cleaning	3,368	-	3,368	2,008
Council tax	2,390	-	2,390	2,478
Depreciation	4,800	-	4,800	5,792
Dues & subscriptions	559	-	559	2,139
Equipment	3,882	257	4,139	22,255
Grant spend (resettlement)	-	7,987	7,987	5,605
Insurance	6,480	-	6,480	5,898
IT expenses	2,992	648	3,640	3,524
Nacs	6,000	-	6,000	14,003
Office expenses	302	-	302	292
Printing & postage	1,696	-	1,696	1,892
Professional fees	54,483	1,685	56,168	59,482
Refreshments	61	-	61	77
Salaries, NI & pensions	19,384	218,068	237,452	211,537
Security	1,674	-	1,674	651
Staff expenses	459	-	459	722
Sundry expenses	20	10	30	589
Telephone	1,634	1,430	3,064	1,260
Training	2,158	580	2,738	3,538
Utilities	33,653	-	33,653	26,513
Travel & meetings	1,527	-	1,527	1,394
	154,997	231,015	386,012	381,651

7 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2025 £	2024 £
Depreciation of fixed assets	4,800	5,792

8 Debtors

	2025 £	2024 £
Prepayments	880	745

9 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	6,999	4,883

10 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	219,333	196,479
Social security costs	15,166	12,323
Pension costs	2,953	2,735
	237,452	211,537

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2025 No	2024 No
Average number of employees	8	8

6 (2024 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,953 (2024 - £2,735).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £59,125 (2024 - £58,153).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2024	13,800	62,314	51,579	127,693
Additions	-	-	1,819	1,819
At 31 March 2025	13,800	62,314	53,398	129,512
Depreciation				
At 1 April 2024	12,149	53,774	44,391	110,314
Charge for the year	413	2,135	2,252	4,800
At 31 March 2025	12,562	55,909	46,643	115,114
Net book value				
At 31 March 2025	1,238	6,405	6,755	14,398
At 31 March 2024	1,651	8,540	7,188	17,379

12 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2025 Total funds £
Tangible fixed assets	14,398	-	14,398
Current assets	208,091	242,648	450,739
Current liabilities	(6,999)	-	(6,999)
Total net assets	215,490	242,648	458,138

	Unrestricted General £	Restricted £	2024 Total funds £
Tangible fixed assets	17,379	-	17,379
Current assets	181,438	230,749	412,187
Current liabilities	(4,883)	-	(4,883)
Total net assets	193,934	230,749	424,683

13 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
General					
General Fund	193,934	182,110	(154,997)	(5,557)	215,490
Restricted funds					
MHCLG fund	227,739	201,357	(186,448)	-	242,648
Resettlement Fund	3,010	-	(8,567)	5,557	-
Beeston Consolidated	-	36,000	(36,000)	-	-
Total restricted funds	230,749	237,357	(231,015)	5,557	242,648
Total funds	424,683	419,467	(386,012)	-	458,138

The specific purposes for which the funds are to be applied are as follows:

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The Resettlement funding (now called Flexi fund) is to support women to access Refuge who may be barred for financial reasons.
The Beeston Consolidated fund, funds received towards salaries.

The transfer from the General fund to the Resettlement fund is to cover the deficit on this activity.

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General				
General Fund	205,315	148,080	(159,461)	193,934
Restricted				
MHCLG fund	212,306	194,905	(179,472)	227,739
Resettlement Fund	8,615	-	(5,605)	3,010
Beeston Consolidated	-	37,113	(37,113)	-
Total restricted funds	220,921	232,018	(222,190)	230,749
Total funds	426,236	380,098	(381,651)	424,683

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025 £	2024 £
Independent examination	1,355	1,300
Other financial services	-	80

15 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

16 Related party transactions

There were no related party transactions in the year.

17 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen C Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	Charlotte House Stanier Way The Wyvern Business Park Derby DE21 6BF
Independent Examiner	Eva Stevens, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Trustees

Kathleen Cains, Treasurer / Chair
Susan Shaw
Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995 and most recently amended 3 April 1996. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Advertised for via Website, selected process, interviewed by Trustees and appointed on receipt of favourable references.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Midlands Women's Aid

Trustees' Report

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
• To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
• To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
• To provide ongoing support to women who have been re-housed as, and if, necessary;
• To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide Refuge accommodation, support for women and children, outreach and move on and resettlement services, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation by providing Refuge accommodation we keep women and children safe from further abuse. By providing healthy relationship course we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 78 survivors of Domestic Abuse. 48 of them have been re-housed away from abuse. 30 of them are currently housed in our safe accommodation.

Feedback shows that 99% of our survivors felt safer, 99% had increased self esteem, 95% had improved mental health.

Referrals are accepted from all parts of the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, ie drug/alcohol, mental health. We provide advocacy for women and children. We work with our client on safety planning, healthy relationships and wellbeing courses.

Financial review

Due to several years of sustainable funding we are financially secure.

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Funding uncertainty
Failure to secure funding from April 2026 could risk our services going forward from that date.

Midlands Women's Aid

Trustees' Report

Statement of Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on ..... and signed on its behalf by:



.....
Kathleen C Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid ('the Company')

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Public Finance and Accountancy (CIPFA), which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Eva Stevens, BSc, CPFA, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date:.....

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies	2	17,873	-	17,873	3,945
Charitable activities	3	163,973	237,357	401,330	375,905
Investment income	5	264	-	264	248
Total Income		182,110	237,357	419,467	380,098
Expenditure on:					
Charitable activities	6	(154,997)	(231,015)	(386,012)	(381,651)
Total Expenditure		(154,997)	(231,015)	(386,012)	(381,651)
Net income/(expenditure)		27,113	6,342	33,455	(1,553)
Transfers between funds		(5,557)	5,557	-	-
Net movement in funds		21,556	11,899	33,455	(1,553)
Reconciliation of funds					
Total funds brought forward		193,934	230,749	424,683	426,236
Total funds carried forward	13	215,490	242,648	458,138	424,683

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	3,945	-	3,945
Charitable activities	3	143,887	232,018	375,905
Investment income	5	248	-	248
Total income		148,080	232,018	380,098
Expenditure on:				
Charitable activities	6	(159,461)	(222,190)	(381,651)
Total expenditure		(159,461)	(222,190)	(381,651)
Net (expenditure)/income		(11,381)	9,828	(1,553)
Net movement in funds		(11,381)	9,828	(1,553)
Reconciliation of funds				
Total funds brought forward		205,315	220,921	426,236
Total funds carried forward	13	193,934	230,749	424,683

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	14,398	17,379
Current assets			
Debtors	8	880	745
Cash at bank and in hand		449,859	411,442
		450,739	412,187
Creditors: Amounts falling due within one year	9	(6,999)	(4,883)
Net current assets		443,740	407,304
Net assets		458,138	424,683
Funds of the charity:			
Restricted income funds			
Restricted funds	13	242,648	230,749
Unrestricted income funds			
Unrestricted funds		215,490	193,934
Total funds	13	458,138	424,683

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on ..... and signed on their behalf by:

Kathleen C Cains

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Kathleen C Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
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Basis of preparation
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The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

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Tangible fixed assets
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Depreciation and amortisation
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Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	1,000	1,000	2,000
Donations from individuals	16,873	16,873	1,945
	17,873	17,873	3,945

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Grants and donations	-	237,357	237,357	232,018
Housing benefit	151,851	-	151,851	135,385
Resident rents	12,096	-	12,096	8,498
Sundry income	26	-	26	4
	163,973	237,357	401,330	375,905

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Nottinghamshire County Council	-	201,357	201,357
Individual donations	16,873	-	16,873
Saint Gobain Ltd	1,000	-	1,000
Beeston Consolidated	-	36,000	36,000
	17,873	237,357	255,230

5 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	264	264	248

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Activities & events	3,427	350	3,777	2,888
Building, repairs & maintenance	4,048	-	4,048	7,114
Cleaning	3,368	-	3,368	2,008
Council tax	2,390	-	2,390	2,478
Depreciation	4,800	-	4,800	5,792
Dues & subscriptions	559	-	559	2,139
Equipment	3,882	257	4,139	22,255
Grant spend (resettlement)	-	7,987	7,987	5,605
Insurance	6,480	-	6,480	5,898
IT expenses	2,992	648	3,640	3,524
Nacs	6,000	-	6,000	14,003
Office expenses	302	-	302	292
Printing & postage	1,696	-	1,696	1,892
Professional fees	54,483	1,685	56,168	59,482
Refreshments	61	-	61	77
Salaries, NI & pensions	19,384	218,068	237,452	211,537
Security	1,674	-	1,674	651
Staff expenses	459	-	459	722
Sundry expenses	20	10	30	589
Telephone	1,634	1,430	3,064	1,260
Training	2,158	580	2,738	3,538
Utilities	33,653	-	33,653	26,513
Travel & meetings	1,527	-	1,527	1,394
	154,997	231,015	386,012	381,651

7 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2025 £	2024 £
Depreciation of fixed assets	4,800	5,792

8 Debtors

	2025 £	2024 £
Prepayments	880	745

9 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	6,999	4,883

10 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	219,333	196,479
Social security costs	15,166	12,323
Pension costs	2,953	2,735
	237,452	211,537

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2025 No	2024 No
Average number of employees	8	8

6 (2024 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,953 (2024 - £2,735).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £59,125 (2024 - £58,153).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2024	13,800	62,314	51,579	127,693
Additions	-	-	1,819	1,819
At 31 March 2025	13,800	62,314	53,398	129,512
Depreciation				
At 1 April 2024	12,149	53,774	44,391	110,314
Charge for the year	413	2,135	2,252	4,800
At 31 March 2025	12,562	55,909	46,643	115,114
Net book value				
At 31 March 2025	1,238	6,405	6,755	14,398
At 31 March 2024	1,651	8,540	7,188	17,379

12 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2025 Total funds £
Tangible fixed assets	14,398	-	14,398
Current assets	208,091	242,648	450,739
Current liabilities	(6,999)	-	(6,999)
Total net assets	215,490	242,648	458,138

	Unrestricted General £	Restricted £	2024 Total funds £
Tangible fixed assets	17,379	-	17,379
Current assets	181,438	230,749	412,187
Current liabilities	(4,883)	-	(4,883)
Total net assets	193,934	230,749	424,683

13 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
General					
General Fund	193,934	182,110	(154,997)	(5,557)	215,490
Restricted funds					
MHCLG fund	227,739	201,357	(186,448)	-	242,648
Resettlement Fund	3,010	-	(8,567)	5,557	-
Beeston Consolidated	-	36,000	(36,000)	-	-
Total restricted funds	230,749	237,357	(231,015)	5,557	242,648
Total funds	424,683	419,467	(386,012)	-	458,138

The specific purposes for which the funds are to be applied are as follows:

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The Resettlement funding (now called Flexi fund) is to support women to access Refuge who may be barred for financial reasons.
The Beeston Consolidated fund, funds received towards salaries.

The transfer from the General fund to the Resettlement fund is to cover the deficit on this activity.

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General				
General Fund	205,315	148,080	(159,461)	193,934
Restricted				
MHCLG fund	212,306	194,905	(179,472)	227,739
Resettlement Fund	8,615	-	(5,605)	3,010
Beeston Consolidated	-	37,113	(37,113)	-
Total restricted funds	220,921	232,018	(222,190)	230,749
Total funds	426,236	380,098	(381,651)	424,683

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025 £	2024 £
Independent examination	1,355	1,300
Other financial services	-	80

15 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

16 Related party transactions

There were no related party transactions in the year.

17 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

MIDLANDS WOMEN'S AID

England & Wales - Charity number 1055578

Accounts

Midlands Women's Aid

Est. FEBRUARY 1974

midlands
women's
aid

Your key to a safer future

Annual Report & Statistics

2023-2024



Midlands Women's Aid

Annual Report & Statistics 2023/2024

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Midlands Women's Aid. P.O. Box 8, Beeston, Nottingham. NG9 1HL
Telephone No: 0300 302 0035

A BIG THANKS TO OUR SUPPORTERS.

We could not do it without you.

All at Artex Ltd.

Angela Westerman and all at Westerman

Beeston Inner Wheel

Tesco
Long Eaton
Chilwell
Toton

ASDA, Euphoria, Sainsbury's, Beeston Consolidated Charities

St Andrews with Castle Gate United Reform Church, Nottingham

Operation Orphan

Thank you to all of our supporters who wish to remain anonymous.
Their continued and sustained support of our Refuge is invaluable.

AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID

The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution.

- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children.

- To provide ongoing support to a woman who has been re-housed as, and if, necessary.

- To support where possible women who preferred not to seek refuge.

midlands women's aid

Your key to a safer future

INTRODUCTION

Welcome to our Annual report for the year 2023-2024.

Our Refuge services continue to experience high demand as we receive more referrals for our safe accommodation than we can accommodate. The safe accommodation has been fully utilized all year.

The lack of suitable housing and the national shortage of such accommodation means that our client group are experiencing difficulties accessing permanent homes. We find that in many cases this has a detrimental affect on their mental health and well-being. Despite the challenges we face our dedicated staff team continue to work hard deliver the vital support women and children experiencing Domestic Abuse need.

I wish to thank the Trustees, staff, volunteers and friends of Midlands Women's Aid for their hard work and support in tackling Domestic Abuse. Also, we would extend our thanks to all the groups and individuals who have supported Midlands Women's Aid during the year by donating money, clothing and other generous gifts. We have listed some of them by name on a separate page, however we would extend a special thanks to all our supporters whose names we do not know who have contributed to our fundraising activities throughout the year. They do not know how much their contribution are appreciated by the staff and clients.

Finally, I would like to recognise our clients who take the decision to leave all they know to protect their children from Domestic Abuse. Who with our support learn that they are not alone, and it is not their fault.

Catherine Saunders (CEO)

REFUGE TEAM LEADER'S REPORT

Although our work can be demanding and challenging, it is also very rewarding. To travel with our client group on their journey from experiencing Domestic Abuse and living in fear, to going forward to survive and thrive is edifying.

The demand for our safe accommodation has remained high and our safe accommodation has been fully utilized.

It is unfortunate that due to the national housing shortage women are staying in our accommodation for longer periods of time. Delays in being re-housed when clients are ready to move on can cause other challenges and frustration for them. Also, it adds further strains on our support service. Housing authorities and agencies are quoting re-housing waiting times of two years and in some cases five years. It is not acceptable for our clients to remain in our accommodation for this length of time and we are active in seeking solutions to this problem.

Support Service

We provide support using an individual support plan tailored to each person. The plan helps identify the support required and allows us to work with the client to build confidence, increase self-esteem, help them come to terms with the abuse they have experienced and work with them to help them reach their full potential. Clients are encouraged to take part in workshops and sessions around healthy relationships, safety planning and are empowered to organize and fully take part in making decisions which effect their lives

Safe Accommodation

We aim to provide safe, clean and welcoming accommodation. (See photographs)

Refuge;

7 family bedrooms each with en-suite facilities,

Communal areas;

2 kitchens,
2 lounges
laundry room
playroom.
outside play area

Communal lounge;



s



A bedroom. On arrival we provide a welcome pack consisting of basic essentials:





One of the communal kitchens :



Also, we provide 3 self-contained units, located close by the main building and allow for families with older boys, families with complex or special needs and pets

A self-contained Unit:

.







Case Studies :

Here are some case histories of the families we have supported this year. We hope this highlights the needs, the difficulties they face and shows the recovery process they go through.

1.

S was admitted into refuge fleeing Domestic Abuse from her ex-partner and the father of her children. The referral was made by social care. The abuse was physical, emotional and cohesive control.

She was understandably very emotional. It is not the easiest decision to leave everything that is familiar to you. Importantly, S felt safe and with our support soon settled in.

S came to us on a child protection plan due to the domestic abuse and concerns with her drug and alcohol issues. She engaged well with staff. Also, her key worker who went through an individual support plan tailored to her which helps identify her needs.

S took part in many programmes and activities offered including the survivors programme to give her understanding of the domestic abuse, 123 Magic and Kidz Matter,which teaches her how to positively parent and come up with boundaries and routines. She gave very positive feedback on all the programmes she attended

Throughout her stay S engaged with our support, the support from our health visitor and social worker. Social care has now ended the child protection plan and are no longer involved due to S being clean from drugs and alcohol and no safeguarding concerns.

S is close to being offered permanent accommodation with the local borough council and states she feels ready to move on to the next chapter in her life and is excited for her and her children’s future.

2.

Child M is an eight year old female. She was admitted due to the family fleeing domestic abuse from her partner and her own mother. M displayed some challenging behaviour which her mother had difficulty addressing. She would not listen and would get worked up over little things for example getting her hair brushed and slamming doors.

It was identified that M had witnessed abuse towards her mother. M quickly settled in and engaged well with the Child worker. She took part in therapeutic play sessions and One-to-one sessions which helped M explore and become used to her environment. These sessions are to support the child to build up trust with staff, to encourage her to talk about her needs and experiences. Her support worker delivered the Helping Hands course with her on a one-to-one basis. Working in partnership with her school she accessed one to one support sessions in school.

She was referred to counselling service which she attended once a week.

After the ongoing support from all professionals, M is now happy, and settled and her behaviour has improved. M is looking forward to moving into a permanent home with her mother and siblings.

Children Refuge Service

As a Children and Young Peoples Domestic Abuse worker it is my responsibility to work with children to overcome the trauma of witnessing or experiencing Domestic Abuse.

Almost two third of the residents in refuges are children, the majority of whom are of pre-school age. I provide stimulating play opportunities to encourage children from all backgrounds to develop and express themselves, as well as support children with homework and literacy. We also refer children to wider support services, including counsellors and children's centres

When a child or young person arrives, they are often left traumatized and often have to leave everything behind such as family, friends, school and toys. My initial task is to help settle them into Refuge.



The trips we have attended are:

- Ice skating
- Cinema
- Horse riding
- Fair
- Beach
- Farm
- Rock climbing



Our sessions might include:

- One to one session's
- Group sessions
- Family Intervention
- Behaviour Management
- Helping Hands Facilitation Programme
- Healthy Relationships
- Therapeutic play

See images below of our playroom









With thanks to Artex we have had our outdoor play area refurbed. This enables the women and children to relax and play outside. The children’s worker also runs play sessions in the garden when it is good weather.





EQUAL OPPORTUNITES POLICY.

Declaration of Intent

Midlands Women's Aid provides temporary accommodation, support and advocacy to women and children experiencing violence and supports their long-3term future needs. This means challenging the abuse of women and children.

Midlands Women's Aid is committed to the principles of equal opportunities. Midlands Women's Aid is working towards the elimination of all types of violence against women. We are also working towards the elimination of all forms of sexism and racism.

We will ensure that we endeavour to combat direct or indirect discrimination in our employment practices and in our management and provision of services and will work to achieve these ends.

We intend that equal opportunities become a reality in practice and not simply a paper commitment. We will seek to implement a programme of positive action to make this policy fully effective by ensuring that no Midlands Women's Aid Trustee, job applicant, employee, volunteer, service user or agencies and other women's aid groups that we work with receive less favourable treatment on the grounds of race, colour, class, nationality, ethnic or national origins, cultural origin, religion, marital status, sexual orientation, disability, age, union activity or responsibility for children or place of residence.

Guidelines for Carrying out the Declaration of Intent

The responsibility for implementing the Declaration of Intent lies with the whole of Midlands Women's Aid although the Trustees will be expected to carry the employers responsibility.
The Declaration of Intent will be posted publicly in the Midlands Women's Aid office and will also be made known to all members of the organisation, employees, volunteers and service users. Acceptance of the policy is a condition of membership of Midlands Women's Aid. The purpose of the Equal Opportunities policy is to set out clearly and comprehensively the steps Midlands Women's Aid intend to take to ensure equality of opportunity and combat direct and indirect discrimination in employment practice, management structures and practice, in service provision to individuals and groups and agencies and in its relationship with other groups.

Customer Care Policy

We aim to give our service users the highest quality of help and assistance to ensure they receive equal treatment taking into account their cultural and individual needs. In the event that they

are unhappy with the service or the facilities provided there is a complaints procedure in place. Each service user will receive a handbook outlining services and policies, which includes the Complaints Procedure.

STATISTICAL DATA FOR THE YEAR

The following statistics were collected by Midlands Women's Aid for the year ending March 2024:

TOTAL NUMBER OF BEDSPACES: 53 FAMILY ROOMS: 7

Three Satellite Properties – 2 bed house, 1 bed flat and 1 bed flat

Women admitted into Refuge: 16

Children admitted into Refuge: 37

Women refused because Refuge was full: 92

Number of advice calls: 1010

Referrals from agencies: 30

Self referrals: 62

Women housed 26

SUMMARY OF QUESTIONNAIRE FINDINGS

This year we have again seen an increase in single women referrals and women with mental health issues, drug and alcohol abuse.

On admission to the Refuge;

8 women had no physical injuries although had had injuries in the past
8 women had injuries on admission ranging from facial cuts to black eyes
14 women described bruising to all parts of their bodies
10 women reported attempts to strangle
9 women reported rape and sexual abuse
12 women reported coercive control
12 women reported financial control

When asked about past injuries, women described them as follows: strangulation, body bruising, bruised eyes, rape, threats with knives, pushing and pulling, coercive control, financial and emotional abuse.

When asked what they believed had caused the violence the response is always the same. Women described the following: “He’s jealous” “He says it’s my fault”, “He says he has a right”. “He thinks he owns me and the kids” Others blamed drugs and alcohol, jealousy, mental health, insecurity and ‘his upbringing’.

Of the women admitted, 3 had had healthy previous relationships. All had experienced violence and controlling behaviour from their ex-partners.

Most women described their childhood as happy. Other women described domestic violence between their parents, violence to themselves.

When asked if there were any circumstances under which they would accept being hit by a man, all women said no.

TRUSTEE AND STAFF NAMES

Trustees of Midlands Women's Aid

Mrs K. Cains
Ms S. Shaw
Ms H. Venn

Staff of Midlands Women's Aid

Cathy Saunders	CEO
Milli Collins	Refuge Services Manager
K.F	Complex needs Support Worker
S.C.	Support worker/Admin
A.M	Support Worker
M.K	Child Support Worker
H.B	Playworker

Auditor

CAPlus Nottingham..

Legal Status

Company Limited By Guarantee. Company Number 3122842

Registered Charity. Charity registration Number 1055578

TREASURERS REPORT

Our core income comes from rent income and funding from Nottinghamshire County Council (NCC). As our service is in great demand we little voids.

The current NCC funding ends 31st March 2026. We have a healthy reserve and are financially secure for a few years

Beeston Consolidated Charity, a long-time supporter, continue to provide for their annual grant which provides for a full-time support worker and a part time Children's Worker post.

Another regular funder is Artex, a local firm and we continue to raise monies by way of our fund raising activities.

Salaries remain our major expenditure. Apart from the day to day maintenance and furniture replacement we have no plans for any major expenses this year.

Midlands Women's Aid a Company Limited By Guarantee.
Company No. 3122842
Charity Reg. No. 1055578
Registered in England &

P.O. Box 8
Beeston
Nottingham
NG9 1HL

Tel: 0300 302 0035
E-mail: support@mwa.org.uk
www.midlandswomensaid.org.uk

Find us on Facebook

Search: Midlands Women's Aid *or* Go to **https://www.facebook.com/Midlands-womens-aid-331713663608574/**

follow us on twitter

@AidMWA40

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen C Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	Charlotte House Stanier Way The Wyvern Business Park Derby DE21 6BF
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Trustees

Kathleen Cains, Treasurer / Chair
Susan Shaw
Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995 and most recently amended 3 April 1996. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Advertised for via Website, selected process, interviewed by Trustees and appointed on receipt of favourable references.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Midlands Women's Aid

Trustees' Report

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
• To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
• To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
• To provide ongoing support to women who have been re-housed as, and if, necessary;
• To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide Refuge accommodation, support for women and children, outreach and move on and resettlement services, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation by providing Refuge accommodation we keep women and children safe from further abuse. By providing healthy relationship course we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 85 survivors of Domestic Abuse. 53 of them have been re-housed away from abuse. 32 of them are currently housed in our safe accommodation.

Feedback shows that 99% of our survivors felt safer, 99% had increased self esteem, 95% had improved mental health.

Referrals are accepted from all parts of the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, ie drug/alcohol, mental health. We provide advocacy for women and children. We work with our client on safety planning, healthy relationships and wellbeing courses.

Financial review

Due to several years of sustainable funding we are financially secure.

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Funding uncertainty
Failure to secure funding from April 2026 could risk our services going forward from that date.

Midlands Women's Aid

Trustees' Report

Statement of Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 12 December 2024 and signed on its behalf by:

.....
Kathleen C Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid ('the Company')

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date:.....

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2024 £	Total 2023 £
Income and Endowments from:					
Donations and legacies	2	3,945	-	3,945	4,125
Charitable activities	3	143,887	232,018	375,905	376,864
Investment income	5	248	-	248	96
Total Income		148,080	232,018	380,098	381,085
Expenditure on:					
Charitable activities	6	(159,461)	(222,190)	(381,651)	(308,798)
Total Expenditure		(159,461)	(222,190)	(381,651)	(308,798)
Net (expenditure)/income		(11,381)	9,828	(1,553)	72,287
Net movement in funds		(11,381)	9,828	(1,553)	72,287
Reconciliation of funds					
Total funds brought forward		205,315	220,921	426,236	353,949
Total funds carried forward	13	193,934	230,749	424,683	426,236

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	2	4,125	-	4,125
Charitable activities	3	145,614	231,250	376,864
Investment income	5	96	-	96
Total income		149,835	231,250	381,085
Expenditure on:				
Charitable activities	6	(133,882)	(174,916)	(308,798)
Total expenditure		(133,882)	(174,916)	(308,798)
Net income		15,953	56,334	72,287
Net movement in funds		15,953	56,334	72,287
Reconciliation of funds				
Total funds brought forward		189,362	164,587	353,949
Total funds carried forward	13	205,315	220,921	426,236

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	11	17,379	23,171
Current assets			
Debtors	8	745	648
Cash at bank and in hand		411,442	409,103
		412,187	409,751
Creditors: Amounts falling due within one year	9	(4,883)	(6,686)
Net current assets		407,304	403,065
Net assets		424,683	426,236
Funds of the charity:			
Restricted income funds			
Restricted funds	13	230,749	220,921
Unrestricted income funds			
Unrestricted funds		193,934	205,315
Total funds	13	424,683	426,236

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 12 December 2024 and signed on their behalf by:

.....
Kathleen C Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	2,000	2,000	500
Donations from individuals	1,945	1,945	3,625
	3,945	3,945	4,125

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Grants and donations	-	232,018	232,018	231,250
Housing benefit	135,385	-	135,385	133,965
Resident rents	8,498	-	8,498	11,649
Sundry income	4	-	4	-
	143,887	232,018	375,905	376,864

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	-	37,133	37,133
Sundry grants & donations	1,945	-	1,945
Notts CC	-	194,885	194,885
BPB UK	2,000	-	2,000
	3,945	232,018	235,963

5 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income;			
Interest receivable on bank deposits	248	248	96

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Activities & events	2,888	-	2,888	2,026
Building, repairs & maintenance	7,114	-	7,114	7,361
Cleaning	2,008	-	2,008	2,523
Council tax	2,478	-	2,478	3,134
Depreciation	5,792	-	5,792	7,723
Dues & subscriptions	2,139	-	2,139	1,202
Equipment	20,805	1,450	22,255	5,562
Grant spend (resettlement)	-	5,605	5,605	1,385
Insurance	5,898	-	5,898	3,604
IT expenses	1,580	1,944	3,524	3,837
Nacs	14,003	-	14,003	9,188
Office expenses	292	-	292	593
Printing & postage	1,892	-	1,892	1,766
Professional fees	59,482	-	59,482	46,754
Refreshments	77	-	77	151
Salaries, NI & pensions	-	211,537	211,537	168,920
Security	651	-	651	1,007
Staff expenses	722	-	722	-
Sundry expenses	589	-	589	163
Telephone	1,260	-	1,260	1,973
Training	1,884	1,654	3,538	1,342
Utilities	26,513	-	26,513	37,599
Travel & meetings	1,394	-	1,394	985
	159,461	222,190	381,651	308,798

7 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2024 £	2023 £
Depreciation of fixed assets	5,792	7,723

8 Debtors

	2024 £	2023 £
Prepayments	745	648

9 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	-	3,560
Other creditors	4,883	3,126
	4,883	6,686

10 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	196,479	156,212
Social security costs	12,323	10,376
Pension costs	2,735	2,332
	211,537	168,920

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2024 No	2023 No
Average number of employees	8	6

5 (2023 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,735 (2023 - £2,332).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £59,699 (2023 - £57,518).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2023	13,800	62,314	51,579	127,693
At 31 March 2024	13,800	62,314	51,579	127,693
Depreciation				
At 1 April 2023	11,599	50,928	41,995	104,522
Charge for the year	550	2,846	2,396	5,792
At 31 March 2024	12,149	53,774	44,391	110,314
Net book value				
At 31 March 2024	1,651	8,540	7,188	17,379
At 31 March 2023	2,201	11,386	9,584	23,171

12 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2024 Total funds £
Tangible fixed assets	17,379	-	17,379
Current assets	181,438	230,749	412,187
Current liabilities	(4,883)	-	(4,883)
Total net assets	193,934	230,749	424,683

	Unrestricted General £	Restricted £	2023 Total funds £
Tangible fixed assets	23,171	-	23,171
Current assets	185,042	224,709	409,751
Current liabilities	(2,898)	(3,788)	(6,686)
Total net assets	205,315	220,921	426,236

13 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General				
General Fund	205,315	148,080	(159,461)	193,934
Restricted funds				
MHCLG fund	212,306	194,905	(179,472)	227,739
Resettlement Fund	8,615	-	(5,605)	3,010
Beeston Consolidated	-	37,113	(37,113)	-
Total restricted funds	220,921	232,018	(222,190)	230,749
Total funds	426,236	380,098	(381,651)	424,683

The specific purposes for which the funds are to be applied are as follows:

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The Resettlement funding (now called Flexi fund) is to support women to access Refuge who may be barred for financial reasons.
The Beeston consolidated fund, funds received towards salaries.

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
General Fund	189,362	149,835	(133,882)	205,315
Restricted				
MHCLG fund	154,587	195,250	(137,531)	212,306
Resettlement Fund	10,000	-	(1,385)	8,615
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	164,587	231,250	(174,916)	220,921
Total funds	353,949	381,085	(308,798)	426,236

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2024 £	2023 £
Independent examination	1,300	1,165
Other financial services	80	-

15 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

16 Related party transactions

There were no related party transactions in the year.

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen C Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	Charlotte House Stanier Way The Wyvern Business Park Derby DE21 6BF
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Trustees

Kathleen Cains, Treasurer / Chair
Susan Shaw
Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995 and most recently amended 3 April 1996. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Advertised for via Website, selected process, interviewed by Trustees and appointed on receipt of favourable references.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Midlands Women's Aid

Trustees' Report

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
• To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
• To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
• To provide ongoing support to women who have been re-housed as, and if, necessary;
• To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide Refuge accommodation, support for women and children, outreach and move on and resettlement services, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation by providing Refuge accommodation we keep women and children safe from further abuse. By providing healthy relationship course we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 85 survivors of Domestic Abuse. 53 of them have been re-housed away from abuse. 32 of them are currently housed in our safe accommodation.

Feedback shows that 99% of our survivors felt safer, 99% had increased self esteem, 95% had improved mental health.

Referrals are accepted from all parts of the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, ie drug/alcohol, mental health. We provide advocacy for women and children. We work with our client on safety planning, healthy relationships and wellbeing courses.

Financial review

Due to several years of sustainable funding we are financially secure.

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Funding uncertainty
Failure to secure funding from April 2026 could risk our services going forward from that date.

Midlands Women's Aid

Trustees' Report

Statement of Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 12 December 2024 and signed on its behalf by:

.....
Kathleen C Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid ('the Company')

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date:.....

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2024 £	Total 2023 £
Income and Endowments from:					
Donations and legacies	2	3,945	-	3,945	4,125
Charitable activities	3	143,887	232,018	375,905	376,864
Investment income	5	248	-	248	96
Total Income		148,080	232,018	380,098	381,085
Expenditure on:					
Charitable activities	6	(159,461)	(222,190)	(381,651)	(308,798)
Total Expenditure		(159,461)	(222,190)	(381,651)	(308,798)
Net (expenditure)/income		(11,381)	9,828	(1,553)	72,287
Net movement in funds		(11,381)	9,828	(1,553)	72,287
Reconciliation of funds					
Total funds brought forward		205,315	220,921	426,236	353,949
Total funds carried forward	13	193,934	230,749	424,683	426,236

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	2	4,125	-	4,125
Charitable activities	3	145,614	231,250	376,864
Investment income	5	96	-	96
Total income		149,835	231,250	381,085
Expenditure on:				
Charitable activities	6	(133,882)	(174,916)	(308,798)
Total expenditure		(133,882)	(174,916)	(308,798)
Net income		15,953	56,334	72,287
Net movement in funds		15,953	56,334	72,287
Reconciliation of funds				
Total funds brought forward		189,362	164,587	353,949
Total funds carried forward	13	205,315	220,921	426,236

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	11	17,379	23,171
Current assets			
Debtors	8	745	648
Cash at bank and in hand		411,442	409,103
		412,187	409,751
Creditors: Amounts falling due within one year	9	(4,883)	(6,686)
Net current assets		407,304	403,065
Net assets		424,683	426,236
Funds of the charity:			
Restricted income funds			
Restricted funds	13	230,749	220,921
Unrestricted income funds			
Unrestricted funds		193,934	205,315
Total funds	13	424,683	426,236

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 12 December 2024 and signed on their behalf by:

.....
Kathleen C Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	2,000	2,000	500
Donations from individuals	1,945	1,945	3,625
	3,945	3,945	4,125

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Grants and donations	-	232,018	232,018	231,250
Housing benefit	135,385	-	135,385	133,965
Resident rents	8,498	-	8,498	11,649
Sundry income	4	-	4	-
	143,887	232,018	375,905	376,864

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	-	37,133	37,133
Sundry grants & donations	1,945	-	1,945
Notts CC	-	194,885	194,885
BPB UK	2,000	-	2,000
	3,945	232,018	235,963

5 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income;			
Interest receivable on bank deposits	248	248	96

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Activities & events	2,888	-	2,888	2,026
Building, repairs & maintenance	7,114	-	7,114	7,361
Cleaning	2,008	-	2,008	2,523
Council tax	2,478	-	2,478	3,134
Depreciation	5,792	-	5,792	7,723
Dues & subscriptions	2,139	-	2,139	1,202
Equipment	20,805	1,450	22,255	5,562
Grant spend (resettlement)	-	5,605	5,605	1,385
Insurance	5,898	-	5,898	3,604
IT expenses	1,580	1,944	3,524	3,837
Nacs	14,003	-	14,003	9,188
Office expenses	292	-	292	593
Printing & postage	1,892	-	1,892	1,766
Professional fees	59,482	-	59,482	46,754
Refreshments	77	-	77	151
Salaries, NI & pensions	-	211,537	211,537	168,920
Security	651	-	651	1,007
Staff expenses	722	-	722	-
Sundry expenses	589	-	589	163
Telephone	1,260	-	1,260	1,973
Training	1,884	1,654	3,538	1,342
Utilities	26,513	-	26,513	37,599
Travel & meetings	1,394	-	1,394	985
	159,461	222,190	381,651	308,798

7 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2024 £	2023 £
Depreciation of fixed assets	5,792	7,723

8 Debtors

	2024 £	2023 £
Prepayments	745	648

9 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	-	3,560
Other creditors	4,883	3,126
	4,883	6,686

10 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	196,479	156,212
Social security costs	12,323	10,376
Pension costs	2,735	2,332
	211,537	168,920

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2024 No	2023 No
Average number of employees	8	6

5 (2023 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,735 (2023 - £2,332).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £59,699 (2023 - £57,518).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2023	13,800	62,314	51,579	127,693
At 31 March 2024	13,800	62,314	51,579	127,693
Depreciation				
At 1 April 2023	11,599	50,928	41,995	104,522
Charge for the year	550	2,846	2,396	5,792
At 31 March 2024	12,149	53,774	44,391	110,314
Net book value				
At 31 March 2024	1,651	8,540	7,188	17,379
At 31 March 2023	2,201	11,386	9,584	23,171

12 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2024 Total funds £
Tangible fixed assets	17,379	-	17,379
Current assets	181,438	230,749	412,187
Current liabilities	(4,883)	-	(4,883)
Total net assets	193,934	230,749	424,683

	Unrestricted General £	Restricted £	2023 Total funds £
Tangible fixed assets	23,171	-	23,171
Current assets	185,042	224,709	409,751
Current liabilities	(2,898)	(3,788)	(6,686)
Total net assets	205,315	220,921	426,236

13 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General				
General Fund	205,315	148,080	(159,461)	193,934
Restricted funds				
MHCLG fund	212,306	194,905	(179,472)	227,739
Resettlement Fund	8,615	-	(5,605)	3,010
Beeston Consolidated	-	37,113	(37,113)	-
Total restricted funds	220,921	232,018	(222,190)	230,749
Total funds	426,236	380,098	(381,651)	424,683

The specific purposes for which the funds are to be applied are as follows:

The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The Resettlement funding (now called Flexi fund) is to support women to access Refuge who may be barred for financial reasons.
The Beeston consolidated fund, funds received towards salaries.

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
General Fund	189,362	149,835	(133,882)	205,315
Restricted				
MHCLG fund	154,587	195,250	(137,531)	212,306
Resettlement Fund	10,000	-	(1,385)	8,615
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	164,587	231,250	(174,916)	220,921
Total funds	353,949	381,085	(308,798)	426,236

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2024 £	2023 £
Independent examination	1,300	1,165
Other financial services	80	-

15 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

16 Related party transactions

There were no related party transactions in the year.

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

MIDLANDS WOMEN'S AID

England & Wales - Charity number 1055578

Accounts

Midlands Women's Aid

Est. FEBRUARY 1974

midlands
women's
aid

Your key to a safer future

Annual Report & Statistics

2022-2023

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Midlands
Women's Aid

Annual Report & Statistics 2022/2023

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Midlands Women's Aid. P.O. Box 8, Beeston, Nottingham. NG9 1HL
Telephone No: 0300 302 0035

A BIG THANKS TO OUR SUPPORTERS.

We could not do it without you.

All at Artex Ltd.

Angela Westerman and all at Westerman Homes

Beeston Inner Wheel

Tesco
Long Eaton
Chilwell
Toton

ASDA, Euphoria, Sainsbury's, Beeston Consolidated Charities

St Andrews with Castle Gate United Reform Church, Nottingham

Operation Orphan

Thank you to all of our supporters who wish to remain anonymous.
Their continued and sustained support of our Refuge is invaluable.

AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID

The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution.
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children.
- To provide ongoing support to a woman who has been re-housed as, and if, necessary.
- To support where possible women who preferred not to seek refuge.

midlands women's aid

Your key to a safer future

INTRODUCTION

Welcome to our Annual report for the year 2022-2023.

In February 1974 Thames TV aired a programme, "Scream Quietly or the neighbours will hear" about the work Erin Pizzey and Chiswick Women's Aid. This programme resulted in the establishment of our organization, one of the first Domestic Abuse services in the country outside London. At that time our founders aimed to support women and children to survive Domestic Abuse, raise awareness and end violence against women. Little did they know that half a century later that our services would still be necessary.

Since that time, despite many financial challenges, we continue to deliver our services and develop them.

This year has been no less challenging and our services remain in high demand. Our dedicated staff team have worked hard to support women and children experiencing Domestic Abuse, to move on and live safely in the community.

Unfortunately, due to the national shortage of suitable housing, women find themselves having to stay in our accommodation longer.

I wish to thank the Trustees, staff, volunteers and friends of Midlands Women's Aid for their hard work and support in tackling Domestic Abuse. Also, we would extend our thanks to all the groups and individuals who have supported Midlands Women's Aid during the year by donating money, clothing and other generous gifts. We have listed some of them by name on a separate page, however we would extend a special thanks to all our supporters whose names we do not know who have contributed to our fundraising activities throughout the year. They do not know how much their contribution are appreciated by the staff and clients.

Finally, I would like to recognise our clients who take the decision to leave all they know to protect their children from Domestic Abuse. Who with our support learn that they are not alone, and it is not their fault.

Catherine Saunders (CEO)

REFUGE TEAM LEADER'S REPORT

Although our work can be demanding and challenging, it is also very rewarding. To travel with our client group on their journey from experiencing Domestic Abuse and living in fear, to going forward to survive and thrive is edifying.

The demand for our safe accommodation has remained high and our safe accommodation has been fully utilized.

It is unfortunate that due to the national housing shortage women are staying in our accommodation for longer periods of time. Delays in being re-housed when clients are ready to move on can cause other challenges and frustration for them. Also, it adds further strains on our support service. Housing authorities and agencies are quoting re-housing waiting times of two years and in some cases five years. It is not acceptable for our clients to remain in our accommodation for this length of time and we are active in seeking solutions to this problem.

Support Service

We provide support using an individual support plan tailored to each person. The plan helps identify the support required and allows us to work with the client to build confidence, increase self-esteem, help them come to terms with the abuse they have experienced and work with them to help them reach their full potential. Clients are encouraged to take part in workshops and sessions around healthy relationships, safety planning and are empowered to organize and fully take part in making decisions which effect their lives

Safe Accommodation

We aim to provide safe, clean and welcoming accommodation. (See photographs)

Refuge;

7 family bedrooms each with en-suite facilities,

Communal areas;

2 kitchens,
2 lounges
laundry room
playroom.
outside play area

Communal lounge;



S



A bedroom. On arrival we provide a welcome pack consisting of basic essentials:





One of the communal kitchens :



Also, we provide 3 self-contained units, located close by the main building and allow for families with older boys, families with complex or special needs and pets

A self-contained Unit:

.







Here are some case histories of the families we have supported this year. We hope this highlights the needs, the difficulties they face and shows the recovery process they go through.

Case Studies :

1. S was admitted into refuge fleeing Domestic Abuse from her Husband. The abuse was emotional resulting in psychological trauma.

On S's arrival, she was very tired having travelled many miles. She was very emotional, felt lost and afraid for the future. She felt isolated and very alone.

S questioned why Domestic Abuse happened to her, and why she had not left the relationship sooner. S was offered support and attended a Survivor's program to gain more awareness and understanding of Domestic Abuse.

With time S became more confident, started to enjoy life and could see a future for herself. S has a disability that affects her mobility due to having two major spinal operations. Her support worker referred S to Occupational Therapy for an assessment and assisted her successful claim for a disability car. This has helped her to regain some independence, allowing her to venture out into the community, go to the hairdressers, go shopping and feeling safe and free.

2. G and her 2 children came into refuge, after sleeping on a friend's settee for past 6 months. They had left their family home due to fleeing domestic violence form G's partner and father of the children.

G had endured years of emotional and financial abuse which then escalated into physical attacks. The perpetrator was an alcoholic and life had become unbearable for G and her children. She became fearful of everyday life and the not knowing if bills were being paid and when the next violent episode would take place.

She had previously tried to escape, however, promises from the perpetrator that he would change and the feelings of guilt she had for breaking up the family unit, made her return. This time she was determined to succeed.

During their stay with us, G was enrolled onto the 'Survivors Programme' to help with her recovery. She felt having other women around her in a similar situation was of great support to her. Attending these sessions has given her more confidence to gain control over her own life.

G suffered with anxiety and panic attacks. We have supported her with sourcing therapy, attending health care appointments and looking for

different ways to relax and distract herself from negative feelings. G found the confidence to join the local gym, and this has helped her improve her low mood and improve feelings of self-worth.

The family stayed with us for 8 months, in which time we applied for housing and helped sort out a debt programme to make manageable payments. They moved into their new home and are now able to live free from worry. On a home visit to them G said "She can't thank the refuge enough and she and her children felt safe and could actually see a way out of the nightmare they had been living."

3. Child A and her family were admitted into refuge due to her mother fleeing domestic abuse from her Husband.
Child A is a 5-year-old female awaiting on diagnosis of Autism and awaiting speech and language therapy.

On arrival I went through children support form and we have been offering play sessions where A can explore, become used to her environment and for staff to get to know her needs. With our support A has started full time school where she receives one to one support with teachers and this has improved her behaviour and speech.

We helped A with accessing an Educational, Health and Care Plan(EHCP) plan .A struggles to sleep, we made a referral to a sleeping program to help her with her sleeping routine. Supported A with her paediatrician appointments, applied for Disability Living Allowance, family funds to support her needs which enables her to buy sensory items and day trips as A likes to explore outdoors.

With A having additional needs moving home to some where different was very difficult and stressful for her. A with support from children's workers and staff in refuge she is now happy, thriving and well settled.

Children Refuge Service

As a Children and Young Peoples Domestic Abuse worker it is my responsibility to work with children to overcome the trauma of witnessing or experiencing Domestic Abuse.

Almost two third of the residents in refuges are children, the majority of whom are of pre-school age. I provide stimulating play opportunities to encourage children from all backgrounds to develop and express themselves, as well as support children with homework and literacy. We also refer children to wider support services, including counsellors and children's centres

When a child or young person arrives, they are often left traumatized and often have to leave everything behind such as family, friends, school and toys. My initial task is to help settle them into Refuge.

The trips we have attended are:

- Fire Station
- Cinema
- Bowling
- Pumpkin picking
- Pantomime



Our sessions might include:

- One to one session's
- Group sessions
- Family Intervention
- Behaviour Management
- Helping Hands Facilitation Programme
- Healthy Relationships
- Therapeutic play



We have decorated our playroom. We have chosen pastel colours to ensure the room has a calming approach. This is good for our children that have autism, behaviour or sensory issues.

See images below.





With thanks to Artex we have had our outdoor play
enables the women and children to relax and play
worker also runs play sessions in the garden when





EQUAL OPPORTUNITES POLICY.

Declaration of Intent

Midlands Women's Aid provides temporary accommodation, support and advocacy to women and children experiencing violence and supports their long-3term future needs. This means challenging the abuse of women and children.

Midlands Women's Aid is committed to the principles of equal opportunities. Midlands Women's Aid is working towards the elimination of all types of violence against women. We are also working towards the elimination of all forms of sexism and racism.

We will ensure that we endeavour to combat direct or indirect discrimination in our employment practices and in our management and provision of services and will work to achieve these ends.

We intend that equal opportunities become a reality in practice and not simply a paper commitment. We will seek to implement a programme of positive action to make this policy fully effective by ensuring that no Midlands Women's Aid Trustee, job applicant, employee, volunteer, service user or agencies and other women's aid groups that we work with receive less favourable treatment on the grounds of race, colour, class, nationality, ethnic or national origins, cultural origin, religion, marital status, sexual orientation, disability, age, union activity or responsibility for children or place of residence.

Guidelines for Carrying out the Declaration of Intent

The responsibility for implementing the Declaration of Intent lies with the whole of Midlands Women's Aid although the Trustees will be expected to carry the employers responsibility.

The Declaration of Intent will be posted publicly in the Midlands Women's Aid office and will also be made known to all members of the organisation, employees, volunteers and service users. Acceptance of the policy is a condition of membership of Midlands Women's Aid. The purpose of the Equal Opportunities policy is to set out clearly and comprehensively the steps Midlands Women's Aid intend to take to ensure equality of opportunity and combat direct and indirect discrimination in employment practice, management structures and practice, in service provision to individuals and groups and agencies and in its relationship with other groups.

Customer Care Policy

We aim to give our service users the highest quality of help and assistance to ensure they receive equal treatment taking into account their cultural and individual needs. In the event that they are unhappy with the service or the facilities provided there is a complaints procedure in place. Each service user

will receive a handbook outlining services and policies, which includes the Complaints Procedure.

STATISTICAL DATA FOR THE YEAR

The following statistics were collected by Midlands Women's Aid for the year ending March 20225:

TOTAL NUMBER OF BEDSPACES: 53 FAMILY ROOMS: 7

Three Satellite Properties – 2 bed house, 1 bed flat and 1 bed flat

Women admitted into Refuge: 23

Children admitted into Refuge: 39

Women refused because Refuge was full: 72

Number of advice calls: 1140

Referrals from agencies: 35

Self referrals: 46

Women housed 21

SUMMARY OF QUESTIONNAIRE FINDINGS

This year we have again seen an increase in single women referrals and women with mental health issues, drug and alcohol abuse.

On admission to the Refuge;

7 women had no physical injuries although had had injuries in the past
13 women had injuries on admission ranging from facial cuts to black eyes
22 women described bruising to all parts of their bodies
10 women reported attempts to strangle
13 women reported rape and sexual abuse
12 women reported coercive control
16 women reported financial control

When asked about past injuries, women described them as follows: strangulation, body bruising, bruised eyes, rape, threats with knives, pushing and pulling, coercive control, financial and emotional abuse.

When asked what they believed had caused the violence the response is always the same. Women described the following: "He's jealous" "He says it's my fault", "He says he has a right". "He thinks he owns me and the kids" Others blamed drugs and alcohol, jealousy, mental health, insecurity and 'his upbringing'.

Of the women admitted, 4 had had healthy previous relationships. All had experienced violence and controlling behaviour from their ex-partners.

Most women described their childhood as happy. Other women described domestic violence between their parents, violence to themselves.

When asked if there were any circumstances under which they would accept being hit by a man, all women said no.

TRUSTEE AND STAFF NAMES

Trustees of Midlands Women's Aid

Mrs K. Cains
Ms S. Shaw
Ms H. Venn

Staff of Midlands Women's Aid

Cathy Saunders	(CEO)
Milli Collins	(Refuge Services Manager)
A.M	(Support Worker)
C.C	(Support Worker/playworker)
K.F	(Complex needs Support Worker)
(S.C).	(Administrate Assistant/ Support Worker)

Auditor

CAPlus Nottingham..

Legal Status

Company Limited By Guarantee. Company Number 3122842
Registered Charity. Charity registration Number 1055578

TREASURERS REPORT

Our core income comes from rent income and funding from Ministry of housing and local government (MHCLG). As our service is in great demand we little voids.

The current MHCLG funding ends 31st March 2023. In October 2023 we were awarded a three year contract to provide support by Nottinghamshire County Council which commences 1st April 2023. After years of financial uncertainty, this together with a healthy reserve will provide financial security for at least three years.

Beeston Consolidated Charity, a long-time supporter, continue to provide for their annual grant £26,225 for a full-time support worker and £13,113 toward the Children's Worker post.

Salaries remain our major expenditure. Our long time supporters, Artex, a local firm, donated funds to allow us to carry out a refurbishment of our playroom and outside play area. This work has now been completed.

This year we have carried out a major refurbishment of the safe accommodation.

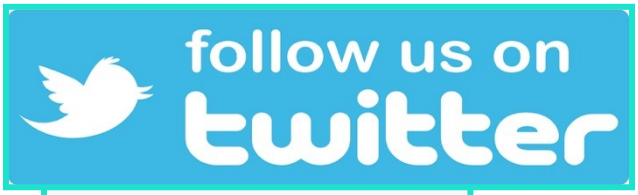
Midlands Women's Aid a Company Limited By Guarantee.
Company No. 3122842
Charity Reg. No. 1055578
Registered in England &

P.O. Box 8
Beeston
Nottingham
NG9 1HL

Tel: 0300 302 0035
E-mail: support@mwa.org.uk
www.midlandswomensaid.org.uk



Search: Midlands Women's Aid *or* Go to **https://www.facebook.com/Midlands-womens-aid-331713663608574/**



@AidMWA40

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen C Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	PO Box 8 Beeston Nottingham NG9 1HL
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees

Kathleen Cains, Treasurer / Chair
Susan Shaw
Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995 and most recently amended 3 April 1996. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.
Trustees are sought who have experience in one or more of the following areas:
• An understanding of domestic violence and the causes of domestic violence;
• The provision of supported housing;
• Experience of working within or with statutory bodies;
• Experience of working in or with services which aim to ensure the health and well-being of children;
• Working with statutory bodies – particularly health, housing, education or social services;
• Finance and financial planning;
• Personnel and human resource management;
• General experience of running a business;
• Legal experience;
• Experience of participating in community services and meeting community needs;
• Experience of being a service user of Women's Aid services;
• Monitoring and evaluating services;
• Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
• To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
• To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
• To provide ongoing support to women who have been re-housed as, and if, necessary;
• To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

This year we have supported survivors of Domestic Abuse. All have been re-housed away from abuse. Feedback has shown that 98% of our survivors felt safer, 97 had increased self-esteem, 90% had improved mental health. We accept referrals from all parts of the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, where we cannot support the client in-house we signpost to other agencies, i.e. drug/alcohol, mental health. We provide advocacy for women and children. A full-time child worker and a part-time play worker supports children by way of play therapy, individual one to ones and group work. We work with each client on safety planning, healthy relationships and well-being courses.

Financial review

We currently have a healthy bank balance and have secured a three year contract to provide support from 1st April 2023 to 31st March 2026.

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Risk management strategy
We have secured a three year support contract with Nottinghamshire County Council commencing April 2023.
The grants from Beeston Consolidated Charities have allowed us to have sustainable funding for several years now. This has provided long term funding for a support worker and a part time children's worker.
The MHCLG funding has ensured the Refuge will not close in the short term.

Statement of Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 15/12/2023 and signed on its behalf by:

Kathleen C Cains

Kathleen C Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid ('the Company')

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

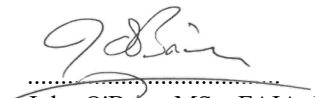
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 15/12/2023

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	4,125	-	4,125	21,964
Charitable activities	3	145,614	231,250	376,864	334,261
Investment income	5	96	-	96	-
Total Income		149,835	231,250	381,085	356,225
Expenditure on:					
Charitable activities	6	(133,882)	(174,916)	(308,798)	(270,473)
Total Expenditure		(133,882)	(174,916)	(308,798)	(270,473)
Net income		15,953	56,334	72,287	85,752
Net movement in funds		15,953	56,334	72,287	85,752
Reconciliation of funds					
Total funds brought forward		189,362	164,587	353,949	268,197
Total funds carried forward	13	205,315	220,921	426,236	353,949

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	21,964	-	21,964
Charitable activities	3	117,094	217,167	334,261
Total income		139,058	217,167	356,225
Expenditure on:				
Charitable activities	6	(132,864)	(137,609)	(270,473)
Total expenditure		(132,864)	(137,609)	(270,473)
Net income		6,194	79,558	85,752
Net movement in funds		6,194	79,558	85,752
Reconciliation of funds				
Total funds brought forward		183,168	85,029	268,197
Total funds carried forward	13	189,362	164,587	353,949

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	23,171	28,106
Current assets			
Debtors	8	648	118
Cash at bank and in hand		409,103	331,138
		409,751	331,256
Creditors: Amounts falling due within one year	9	(6,686)	(5,413)
Net current assets		403,065	325,843
Net assets		426,236	353,949
Funds of the charity:			
Restricted income funds			
Restricted funds	13	220,921	164,587
Unrestricted income funds			
Unrestricted funds		205,315	189,362
Total funds	13	426,236	353,949

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 15/12/2023.. and signed on their behalf by:

Kathleen C Cains

.....

Kathleen C Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	500	500	6,124
Donations from individuals	3,625	3,625	279
Grants, including capital grants;			
Government grants	-	-	15,561
	4,125	4,125	21,964

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Grants and donations	-	231,250	231,250	217,167
Housing benefit	133,965	-	133,965	108,429
Resident rents	11,649	-	11,649	5,635
Sundry income	-	-	-	3,030
	145,614	231,250	376,864	334,261

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	500	36,000	36,500
Sundry grants & donations	3,625	-	3,625
Notts CC	-	195,250	195,250
	4,125	231,250	235,375

5 Investment income

	Unrestricted funds General £	Total 2023 £
Interest receivable and similar income;		
Interest receivable on bank deposits	96	96

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Activities & events	1,776	250	2,026	449
Building, repairs & maintenance	7,361	-	7,361	4,319
Cleaning	2,523	-	2,523	3,383
Council tax	3,134	-	3,134	3,634
Depreciation	7,723	-	7,723	9,369
Dues & subscriptions	1,001	201	1,202	238
Equipment	5,562	-	5,562	19,231
Grant spend (resettlement)	-	1,385	1,385	-
Insurance	3,604	-	3,604	1,775
IT expenses	2,109	1,728	3,837	3,659
Nacs	9,188	-	9,188	-
Office expenses	593	-	593	-
Printing & postage	1,766	-	1,766	274
Professional fees	46,136	618	46,754	56,842
Refreshments	151	-	151	198
Rent & rates	-	-	-	4,807
Salaries, NI & pensions	-	168,920	168,920	136,752
Security	1,007	-	1,007	800
Sundry expenses	163	-	163	622
Telephone	1,973	-	1,973	1,984
Training	1,342	-	1,342	709
Utilities	35,785	1,814	37,599	20,562
Travel & meetings	985	-	985	747
Recruitment	-	-	-	119
	133,882	174,916	308,798	270,473

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	7,723	9,369

8 Debtors

	2023 £	2022 £
Prepayments	648	118

9 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	3,560	4,081
Other creditors	3,126	1,332
	6,686	5,413

10 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	156,212	119,467
Social security costs	10,376	12,440
Pension costs	2,332	4,845
	168,920	136,752

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	6	6

5 (2022 - 6) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,332 (2022 - £4,845).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £57,518 (2022 - £49,676).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2022	13,800	61,408	49,697	124,905
Additions	-	906	1,882	2,788
At 31 March 2023	13,800	62,314	51,579	127,693
Depreciation				
At 1 April 2022	10,866	47,133	38,800	96,799
Charge for the year	733	3,795	3,195	7,723
At 31 March 2023	11,599	50,928	41,995	104,522
Net book value				
At 31 March 2023	2,201	11,386	9,584	23,171
At 31 March 2022	2,934	14,275	10,897	28,106

12 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2023 Total funds £
Tangible fixed assets	23,171	-	23,171
Current assets	185,042	224,709	409,751
Current liabilities	(2,898)	(3,788)	(6,686)
Total net assets	205,315	220,921	426,236

	Unrestricted General £	Restricted £	2022 Total funds £
Tangible fixed assets	28,106	-	28,106
Current assets	166,669	164,587	331,256
Current liabilities	(5,413)	-	(5,413)
Total net assets	189,362	164,587	353,949

13 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
General Fund	189,362	149,835	(133,882)	205,315
Restricted funds				
MHCLG fund	154,587	195,250	(137,531)	212,306
Resettlement Fund	10,000	-	(1,385)	8,615
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	164,587	231,250	(174,916)	220,921
Total funds	353,949	381,085	(308,798)	426,236

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.
The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The Resettlement funding (now called Flexi fund) is to support women to access Refuge who may be barred for financial reasons.

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
General				
General Fund	183,168	139,058	(132,864)	189,362
Restricted				
MHCLG fund	85,029	171,167	(101,609)	154,587
Resettlement Fund	-	10,000	-	10,000
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	85,029	217,167	(137,609)	164,587
Total funds	268,197	356,225	(270,473)	353,949

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023	2022
	£	£
Independent examination	1,165	1,110

15 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

16 Related party transactions

There were no related party transactions in the year.

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen C Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	PO Box 8 Beeston Nottingham NG9 1HL
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees

Kathleen Cains, Treasurer / Chair
Susan Shaw
Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995 and most recently amended 3 April 1996. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.
Trustees are sought who have experience in one or more of the following areas:
• An understanding of domestic violence and the causes of domestic violence;
• The provision of supported housing;
• Experience of working within or with statutory bodies;
• Experience of working in or with services which aim to ensure the health and well-being of children;
• Working with statutory bodies – particularly health, housing, education or social services;
• Finance and financial planning;
• Personnel and human resource management;
• General experience of running a business;
• Legal experience;
• Experience of participating in community services and meeting community needs;
• Experience of being a service user of Women's Aid services;
• Monitoring and evaluating services;
• Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

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Midlands Women's Aid

Trustees' Report

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The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
• To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
• To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
• To provide ongoing support to women who have been re-housed as, and if, necessary;
• To support where possible women who preferred not to seek refuge.

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We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

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This year we have supported survivors of Domestic Abuse. All have been re-housed away from abuse. Feedback has shown that 98% of our survivors felt safer, 97 had increased self-esteem, 90% had improved mental health. We accept referrals from all parts of the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, where we cannot support the client in-house we signpost to other agencies, i.e. drug/alcohol, mental health. We provide advocacy for women and children. A full-time child worker and a part-time play worker supports children by way of play therapy, individual one to ones and group work. We work with each client on safety planning, healthy relationships and well-being courses.

Financial review

We currently have a healthy bank balance and have secured a three year contract to provide support from 1st April 2023 to 31st March 2026.

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Risk management strategy
We have secured a three year support contract with Nottinghamshire County Council commencing April 2023.
The grants from Beeston Consolidated Charities have allowed us to have sustainable funding for several years now. This has provided long term funding for a support worker and a part time children's worker.
The MHCLG funding has ensured the Refuge will not close in the short term.

Statement of Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 15/12/2023 and signed on its behalf by:

Kathleen C Cains

Kathleen C Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid ('the Company')

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

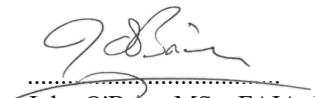
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 15/12/2023

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	4,125	-	4,125	21,964
Charitable activities	3	145,614	231,250	376,864	334,261
Investment income	5	96	-	96	-
Total Income		149,835	231,250	381,085	356,225
Expenditure on:					
Charitable activities	6	(133,882)	(174,916)	(308,798)	(270,473)
Total Expenditure		(133,882)	(174,916)	(308,798)	(270,473)
Net income		15,953	56,334	72,287	85,752
Net movement in funds		15,953	56,334	72,287	85,752
Reconciliation of funds					
Total funds brought forward		189,362	164,587	353,949	268,197
Total funds carried forward	13	205,315	220,921	426,236	353,949

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 13.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	21,964	-	21,964
Charitable activities	3	117,094	217,167	334,261
Total income		139,058	217,167	356,225
Expenditure on:				
Charitable activities	6	(132,864)	(137,609)	(270,473)
Total expenditure		(132,864)	(137,609)	(270,473)
Net income		6,194	79,558	85,752
Net movement in funds		6,194	79,558	85,752
Reconciliation of funds				
Total funds brought forward		183,168	85,029	268,197
Total funds carried forward	13	189,362	164,587	353,949

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	23,171	28,106
Current assets			
Debtors	8	648	118
Cash at bank and in hand		409,103	331,138
		409,751	331,256
Creditors: Amounts falling due within one year	9	(6,686)	(5,413)
Net current assets		403,065	325,843
Net assets		426,236	353,949
Funds of the charity:			
Restricted income funds			
Restricted funds	13	220,921	164,587
Unrestricted income funds			
Unrestricted funds		205,315	189,362
Total funds	13	426,236	353,949

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 15/12/2023.. and signed on their behalf by:

Kathleen C Cains

.....

Kathleen C Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	500	500	6,124
Donations from individuals	3,625	3,625	279
Grants, including capital grants;			
Government grants	-	-	15,561
	4,125	4,125	21,964

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Grants and donations	-	231,250	231,250	217,167
Housing benefit	133,965	-	133,965	108,429
Resident rents	11,649	-	11,649	5,635
Sundry income	-	-	-	3,030
	145,614	231,250	376,864	334,261

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	500	36,000	36,500
Sundry grants & donations	3,625	-	3,625
Notts CC	-	195,250	195,250
	4,125	231,250	235,375

5 Investment income

	Unrestricted funds General £	Total 2023 £
Interest receivable and similar income;		
Interest receivable on bank deposits	96	96

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Activities & events	1,776	250	2,026	449
Building, repairs & maintenance	7,361	-	7,361	4,319
Cleaning	2,523	-	2,523	3,383
Council tax	3,134	-	3,134	3,634
Depreciation	7,723	-	7,723	9,369
Dues & subscriptions	1,001	201	1,202	238
Equipment	5,562	-	5,562	19,231
Grant spend (resettlement)	-	1,385	1,385	-
Insurance	3,604	-	3,604	1,775
IT expenses	2,109	1,728	3,837	3,659
Nacs	9,188	-	9,188	-
Office expenses	593	-	593	-
Printing & postage	1,766	-	1,766	274
Professional fees	46,136	618	46,754	56,842
Refreshments	151	-	151	198
Rent & rates	-	-	-	4,807
Salaries, NI & pensions	-	168,920	168,920	136,752
Security	1,007	-	1,007	800
Sundry expenses	163	-	163	622
Telephone	1,973	-	1,973	1,984
Training	1,342	-	1,342	709
Utilities	35,785	1,814	37,599	20,562
Travel & meetings	985	-	985	747
Recruitment	-	-	-	119
	133,882	174,916	308,798	270,473

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	7,723	9,369

8 Debtors

	2023 £	2022 £
Prepayments	648	118

9 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	3,560	4,081
Other creditors	3,126	1,332
	6,686	5,413

10 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	156,212	119,467
Social security costs	10,376	12,440
Pension costs	2,332	4,845
	168,920	136,752

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	6	6

5 (2022 - 6) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £2,332 (2022 - £4,845).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £57,518 (2022 - £49,676).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2022	13,800	61,408	49,697	124,905
Additions	-	906	1,882	2,788
At 31 March 2023	13,800	62,314	51,579	127,693
Depreciation				
At 1 April 2022	10,866	47,133	38,800	96,799
Charge for the year	733	3,795	3,195	7,723
At 31 March 2023	11,599	50,928	41,995	104,522
Net book value				
At 31 March 2023	2,201	11,386	9,584	23,171
At 31 March 2022	2,934	14,275	10,897	28,106

12 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2023 Total funds £
Tangible fixed assets	23,171	-	23,171
Current assets	185,042	224,709	409,751
Current liabilities	(2,898)	(3,788)	(6,686)
Total net assets	205,315	220,921	426,236

	Unrestricted General £	Restricted £	2022 Total funds £
Tangible fixed assets	28,106	-	28,106
Current assets	166,669	164,587	331,256
Current liabilities	(5,413)	-	(5,413)
Total net assets	189,362	164,587	353,949

13 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
General Fund	189,362	149,835	(133,882)	205,315
Restricted funds				
MHCLG fund	154,587	195,250	(137,531)	212,306
Resettlement Fund	10,000	-	(1,385)	8,615
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	164,587	231,250	(174,916)	220,921
Total funds	353,949	381,085	(308,798)	426,236

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.
The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The Resettlement funding (now called Flexi fund) is to support women to access Refuge who may be barred for financial reasons.

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
General				
General Fund	183,168	139,058	(132,864)	189,362
Restricted				
MHCLG fund	85,029	171,167	(101,609)	154,587
Resettlement Fund	-	10,000	-	10,000
Beeston Consolidated	-	36,000	(36,000)	-
Total restricted funds	85,029	217,167	(137,609)	164,587
Total funds	268,197	356,225	(270,473)	353,949

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023	2022
	£	£
Independent examination	1,165	1,110

15 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

16 Related party transactions

There were no related party transactions in the year.

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

MIDLANDS WOMEN'S AID

England & Wales - Charity number 1055578

Accounts

Midlands Women's Aid

Est. FEBRUARY 1974

Annual Report & Statistics

Your key to a safer future



Midlands Women's Aid

Annual Report & Statistics 2021/2022

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Midlands Women's Aid. P.O. Box 8, Beeston, Nottingham. NG9 1HL
Telephone No: 0300 302 0035

A BIG THANKS TO OUR SUPPORTERS.

We could not do it without you.

All at Artex Ltd.

Beeston Inner Wheel

Angela Westerman and all at Westerman Homes

Tesco
Long Eaton
Chilwell
Toton



ASDA, Euphoria, Sainsbury's, Beeston Consolidated Charities

St Andrews with Castle Gate United Reform Church, Nottingham

Operation Orphan

Thank you to all of our supporters who wish to remain anonymous.
Their continued and sustained support of our Refuge is invaluable.

AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID

The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution.

- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children.

- To provide ongoing support to a woman who has been re-housed as, and if, necessary.

- To support where possible women who preferred not to seek refuge.

midlands women's aid

Your key to a safer future

INTRODUCTION

Welcome to our Annual report for the year 2021-2022.

I am pleased to report that after many years of uncertainty regarding sustainable funding, our organization started this financial year with a healthy bank balance. This has allowed us to extend our support staff team. We welcomed two members.

It has been another challenging year due to the COVID pandemic however as usual our dedicated staff have faced these challenges to ensure the delivery of our support service continued with minimal disruption to our client group.

We would extend our thanks to all the groups and individuals who have supported Midlands Women's Aid during the year by donating money, clothing and other generous gifts. We have listed them by name on a separate page, however we would extend a special thanks to all our supporters whose names we do not know who have contributed to our fundraising activities throughout the year. They do not know how much their contribution are appreciated by the staff and clients.

Catherine Saunders (CEO)

REFUGE TEAM LEADER'S REPORT

Our organization has learned to live with the pandemic and have worked hard to ensure that any disruption to our services have been kept to a minimum. We continue to experience delays in major maintenance work due to outside firms suffering staff shortages and materials. This has also had an effect on local authority and social housing stock availability, resulting in delays in allocating properties to our clients. This means that families residing in our safe accommodation are forced to stay longer periods. Two families were with us for fifteen months

This year we welcomed two new members to our support team. They have become valued employees and are fully committed to or work.

We are proud to provide clean, comfortable and welcoming accommodation.

The main Refuge building provides for 7 family bedrooms each with en-suite facilities, residents share the communal areas which consist of two kitchens, 2 communal lounges, a laundry room and a playroom. Outside we have a play area however on inspection it was found that it no longer conformed to safety regulations and we were forced to close it. This will be explained further in the Children's services section.

Also, we provide 3 self-contained units, located close by the main building and allow for families with older boys, families with complex or special needs and pets.

Communal lounge;





A bedroom. On arrival we provide a welcome pack consisting of basic essentials:





One of TWO of the communal kitchens :


HOME

A self-contained Unit: These allow us to admit families with older boys and families with complex needs.







We provide support using an individual support plan tailored to each person. The plan helps identify the support required and allows us to work with the client to build confidence, increase self-esteem, help them come to terms with the abuse they have experienced and work with them to help them reach their full potential. Clients are encouraged to take part in workshops and sessions around healthy relationships, safety planning and are empowered to organize and fully take part in making decisions which effect their lives

Here are some case histories of the families we have supported this year. We hope this highlights the needs, the difficulties they face and shows the recovery process they go through.

Case Studies :

1.R and her child were admitted due to fleeing Domestic Abuse from her ex-partner. R had experienced emotional, physiological, and sexual violence. R and her child also had traumas from Abuse which had occurred over a number of years from a family member, and their partner. R has both physical and mental health difficulties. During their time with us, we have supported both Mother and child to access Therapy, build their self-esteem, emotional support, more knowledge around boundaries, and healthy relationships. We have also helped the family with practical skills: budgeting, debt, benefits, housing, and any other support needs.
The family resided with us for 11 months and in that time we were with them every step of their journey. They were eventually re-housed and settled well in the local community.
Feedback from Mum; *“I couldn’t have done it without you, you showed me that I am wonderful strong person with a value”*

2. S was admitted fleeing domestic abuse from her ex- partner. She had suffered physical and emotional abuse, her injuries often resulting in hospital treatment. S stated this type of abuse had been ongoing for the past 2 years, progressively getting worse and she had now become fearful of losing her life.

S had always worked full time and been in control of her own finances. She had to give up her job and flat. She was supported in refuge to apply for benefits and housing. S was very emotionally distressed on arriving into refuge and suffering with her mental health, experiencing flashbacks and symptoms of PTSD. Our initial aim was to support her with this and she was encouraged and accompanied to GP and mental health appointments.

Due to the severity of abusive incidents, there was police involvement. Initially she did not feel confident to engage with the Police however we supported her through the process to enable the case go to Crown Prosecution Service. S was given a great deal of emotional support to help her regain her confidence and self-belief.
Feedback*:” My ex-partner almost destroyed me, I didn’t recognise myself. With the support I received from you, I found myself again and I now know I deserve better.”*

3. J and her three children were admitted fleeing domestic abuse from her husband and his family. The abuse was honour based, physical, sexual, financial and emotional. J stated that the abuse started when she was a child and continued into adulthood.

J was born in Sri Lanka and English is her second language. When arriving into refuge J had little confidence due to the abuse. Whilst staying at MWA J received support regarding her emotional needs, housing, children's support, life skills and finances. J also attended the Freedom Programme and started volunteering at a local community centre baking cakes and cooking food for the café.

This support enabled her to gain her independence and confidence and understand the signs of domestic abuse. After 12 months of being in refuge the family were offered a house. We felt they were ready to move on and ready to start their new chapter in their journey. J made a speech in our house meeting and stating that Midlands Women's Aid had saved her life. J thanked us all with a cake.



And finally a big thank you to all who have supported Midlands Women's Aid over the past year, especially over the Christmas period, with the kind donations, time, experience and money. Their generosity made a huge impact on our families.

Children Refuge Service

As a Children and Young Peoples Domestic Abuse worker it is my responsibility to work with children to overcome the trauma of witnessing or experiencing Domestic Abuse.

Almost two third of the residents in refuges are children, the majority of whom are of pre-school age. I provide stimulating play opportunities to encourage children from all backgrounds to develop and express themselves, as well as support children with homework and literacy. We also refer children to wider support services, including counsellors and children's centres

When a child or young person arrives, they are often left traumatized and often have to leave everything behind such as family, friends, school and toys. My initial task is to help settle them into Refuge.

Due to COVID-19 trips and outings have been limited however we have run activities in the refuge.

The trips we have attended are:

- Horse riding
- Cinema
- Nature reserve
- Farm

Our sessions might include:

- One to one session's
- Group sessions

Outreach Monitoring for 2013-2014

Number of Referrals: 108

Number of Outreach contacts, (including telephone/email/written support/group work/signposting): 789

Source of Referrals:

- Family Intervention
- Self: 48
- Social Services: 6
- Housing: 12
- Voluntary Sector: 10
- Surestart: 9
- Women's Aid: 6
- Police:
- Other: 11

Health: 15
Behaviour Management Programme
Helping Hands Facilitation
Healthy Relationships

All referrals bar 3 were from Nottinghamshire County.

Number of women assisted with referrals to other agencies and total number of assisted referrals:

Number of Women by Age Group: 16-25: 6
26-54: 58
55+: 10

Ethnicity: White British: 65
Asian 6
Irish 3
Other: 1

3 women have physical disabilities



We have recently decorated our playroom. We have chosen pastel colours to ensure the room has a calming approach. This is good for our children that have autism, behaviour or sensory issues.

See images below.

EQUAL OPP

Declaration of

Midlands Women
and advocacy t
supports their lo
abuse of women

Midlands Wome
opportunities.
elimination of a
working towards

We will ensure
discrimination in
and provision of

We intend that e
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ensuring that n
employee, volunteer, service user or agencies and other women's aid groups that we work with receive less favourable treatment on the grounds of race, colour, class, nationality, ethnic or national origins, cultural origin, religion, marital status, sexual orientation, disability, age, union activity or responsibility for children or place of residence.



Guidelines for Carrying out the Declaration of Intent

The responsibility for implementing the Declaration of Intent lies with the whole of Midlands Women's Aid although the Trustees will be expected to carry the employers responsibility.

The Declaration of Intent will be posted publicly in the Midlands Women's Aid office and will also be made known to all members of the organisation, employees, volunteers and service users.

Acceptance of the policy is a condition of membership of Midlands Women's Aid. The purpose of the Equal Opportunities policy is to set out clearly and comprehensively the steps Midlands Women's Aid intend to take to ensure equality of opportunity and combat direct and indirect discrimination in employment practice, management structures and practice, in service provision to individuals and groups and agencies and in its relationship with other groups.

Customer Care Policy

We aim to give our service users the highest quality of help and assistance to ensure they receive equal treatment taking into account their cultural and individual needs. In the event that they are unhappy with the service or the facilities provided there is a complaints procedure in place. Each service user will receive a handbook outlining services and policies, which includes the Complaints Procedure.

STATISTICAL DATA FOR THE YEAR

The following statistics were collected by Midlands Women's Aid for the year ending March 20225:

TOTAL NUMBER OF BEDSPACES: 53 FAMILY ROOMS: 7

Three Satellite Properties – 2 bed house, 2 bed flat and 1 bed flat

Women admitted into Refuge: 22
Children admitted into Refuge: 31
Women refused because Refuge was full: 72
Number of advice calls: 1062
Referrals from agencies: 28
Self referrals: 44
Women housed 22

Children housed 31
Ethnic origin of women:

- White British: 11
- Black/British 6
- Asian:3
- Black Caribbean: 1
- African: 1

SUMMARY OF QUESTIONNAIRE FINDINGS

This year we have again seen an increase in single women referrals and women with mental health issues, drug and alcohol abuse.

On admission to the Refuge;

7 women had no physical injuries although had had injuries in the past
13 women had injuries on admission ranging from facial cuts to black eyes
22 women described bruising to all parts of their bodies
10 women reported attempts to strangle
13 women reported rape and sexual abuse
12 women reported coercive control
16 women reported financial control

When asked about past injuries, women described them as follows: strangulation, body bruising, bruised eyes, rape, threats with knives, pushing and pulling, coercive control, financial and emotional abuse.

When asked what they believed had caused the violence the response is always the same. Women described the following: “He’s jealous” “He says it’s my fault”, “He says he has a right”. “He thinks he owns me and the kids” Others blamed drugs and alcohol, jealousy, mental health, insecurity and ‘his upbringing’.

Of the women admitted, 4 had had healthy previous relationships. All had experienced violence and controlling behaviour from their ex-partners.

Most women described their childhood as happy. Other women described domestic violence between their parents, violence to themselves.

When asked if there were any circumstances under which they would accept being hit by a man, all women said no.

TRUSTEE AND STAFF NAMES

Trustees of Midlands Women's Aid

Mrs K. Cains
Ms S. Shaw
Ms H. Venn

Staff of Midlands Women's Aid

Cathy Saunders	(CEO)
Milli Collins	(Child Services Co-ordinator)
A.M	(Support Worker)
C.C	(Support Worker/playworker)
K.F	(Complex needs Support Worker)
(S.C).	(Administrate Assistant/ Support Worker)

Auditor

CAPlus Nottingham..

Legal Status

Company Limited By Guarantee. Company Number 3122842
Registered Charity. Charity registration Number 1055578

TREASURERS REPORT

Our core income comes from rent income and funding from Ministry of housing and local government (MHCLG). As our service is in great demand we little voids.

The current MHCLG funding ends 31st March 2022 however we have been allocated a further sum for financial year ending 31st March 2023. After years of financial uncertainty, this together with a healthy reserve will provide financial security for at least three years. Also, we have been awarded a three year support contract by Nottinghamshire County Council commencing on 1st April 2023.

Beeston Consolidated Charity, a long-time supporter, continue to provide for their annual grant £24,000 for a full-time support worker and £12,000 toward the Children's Worker post.

Salaries remain our major expenditure. Our long time supporters, Artex, a local firm, donated funds to allow us to carry out a refurbishment of our playroom and outside play area. We have been unable to complete some planned work due to shortages in building workers. We hope to complete the play area by Spring 2023.



Midlands Women's Aid a
Company Limited By Guarantee.
Company No. 3122842
Charity Reg. No. 1055578
Registered in England & Wales.

P.O. Box 8
Beeston
Nottingham
NG9 1HL

Tel: 0300 302 0035
E-mail: support@mwa.org.uk
www.midlandswomensaid.org.uk

Find us on Facebook

Search: Midlands Women's Aid *or* Go to **https://www.facebook.com/Midlands-womens-aid-331713663608574/**

follow us on twitter

@AidMWA40

Company registration number: 03122842
Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	PO Box 8 Beeston Nottingham NG9 1HL
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees

Kathleen Cains, Treasurer / Chair

Susan Shaw

Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.
Trustees are sought who have experience in one or more of the following areas:
- An understanding of domestic violence and the causes of domestic violence;
- The provision of supported housing;
- Experience of working within or with statutory bodies;
- Experience of working in or with services which aim to ensure the health and well-being of children;
- Working with statutory bodies – particularly health, housing, education or social services;
- Finance and financial planning;
- Personnel and human resource management;
- General experience of running a business;
- Legal experience;
- Experience of participating in community services and meeting community needs;
- Experience of being a service user of Women's Aid services;
- Monitoring and evaluating services;
- Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
- To provide ongoing support to women who have been re-housed as, and if, necessary;
- To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 130 survivors of Domestic Abuse in 2021/22. 130 of them have been re-housed away from abuse. Feedback has shown that 98% of our survivors felt safer, 98% had increased self esteem, 94% had improved mental health. We accept referrals from all over the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, ie drug/alcohol, mental health. We provide advocacy for women and children. We work with our client group on safety planning, healthy relationships and wellbeing courses.

Financial review

After several years of financial uncertainty we now have a healthy bank balance.

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Risk management strategy

We have secured a three year support contract with Nottinghamshire County Council commencing April 2023. The grants from Beeston Consolidated Charities have allowed us to have sustainable funding for several years now. This has provided long term funding for a support worker and a part time children's worker. The MHCLG funding has ensured the Refuge will not close in the short term.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 19.12.22 and signed on its behalf by:

Kathleen Cains

Kathleen Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 20.12.22

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	21,964	-	21,964	3,534
Charitable activities	3	117,094	217,167	334,261	353,801
Investment income	5	-	-	-	4
Total Income		139,058	217,167	356,225	357,339
Expenditure on:					
Charitable activities	6	(132,864)	(137,609)	(270,473)	(264,635)
Total Expenditure		(132,864)	(137,609)	(270,473)	(264,635)
Net income		6,194	79,558	85,752	92,704
Net movement in funds		6,194	79,558	85,752	92,704
Reconciliation of funds					
Total funds brought forward		183,168	85,029	268,197	175,493
Total funds carried forward	17	189,362	164,587	353,949	268,197

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	3,534	-	3,534
Charitable activities	3	112,645	241,156	353,801
Investment income	5	4	-	4
Total income		116,183	241,156	357,339
Expenditure on:				
Charitable activities	6	(111,481)	(153,154)	(264,635)
Total expenditure		(111,481)	(153,154)	(264,635)
Net income		4,702	88,002	92,704
Transfers between funds		2,973	(2,973)	-
Net movement in funds		7,675	85,029	92,704
Reconciliation of funds				
Total funds brought forward		175,493	-	175,493
Total funds carried forward	17	183,168	85,029	268,197

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	11	28,106	22,650
Current assets			
Debtors	8	118	573
Cash at bank and in hand		331,138	253,370
		331,256	253,943
Creditors: Amounts falling due within one year	9	(5,413)	(8,396)
Net current assets		325,843	245,547
Net assets		353,949	268,197
Funds of the charity:			
Restricted income funds			
Restricted funds	17	164,587	85,029
Unrestricted income funds			
Unrestricted funds		189,362	183,168
Total funds	17	353,949	268,197

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 19.12.22 ..... and signed on their behalf by:

Kathleen Cains

Kathleen Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	6,124	6,124	3,534
Donations from individuals	279	279	-
Grants, including capital grants;			
Government grants	15,561	15,561	-
	21,964	21,964	3,534

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Grants and donations	-	217,167	217,167	241,156
Housing benefit	108,429	-	108,429	105,856
Resident rents	5,635	-	5,635	6,789
Sundry income	3,030	-	3,030	-
	117,094	217,167	334,261	353,801

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	-	36,000	36,000
MHCLG	-	171,167	171,167
Sundry grants & donations	975	-	975
Notts CC	15,561	10,000	25,561
Anon Donation	5,428	-	5,428
	21,964	217,167	239,131

5 Investment income

	Total 2022 £	Total 2021 £
Interest receivable and similar income;		
Interest receivable on bank deposits	-	4

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Activities & events	449	-	449	72
Building, repairs & maintenance	4,319	-	4,319	5,084
Cleaning	3,383	-	3,383	2,022
Council tax	3,634	-	3,634	1,946
Depreciation	9,369	-	9,369	7,550
Dues & subscriptions	238	-	238	1,309
Equipment	19,231	-	19,231	2,794
Gardening	-	-	-	2,070
Insurance	1,775	-	1,775	1,670
IT expenses	3,659	-	3,659	14,154
Office expenses	-	-	-	2,588
Printing & postage	274	-	274	370
Professional fees	56,842	-	56,842	42,373
Refreshments	198	-	198	-
Rent & rates	4,807	-	4,807	6,000
Salaries, NI & pensions	-	136,752	136,752	153,718
Security	800	-	800	658
Sundry expenses	593	29	622	803
Telephone	1,984	-	1,984	3,601
Training	-	709	709	-
Utilities	20,562	-	20,562	15,662
Volunteer expenses	-	-	-	58
Travel & meetings	747	-	747	133
Recruitment	-	119	119	-
	132,864	137,609	270,473	264,635

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	9,369	7,550

8 Debtors

	2022	2021
	£	£
Prepayments	118	573

9 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	4,081	6,587
Other creditors	1,332	1,809
	5,413	8,396

10 Staff costs

The aggregate payroll costs were as follows:

	2022	2021
	£	£
Staff costs during the year were:		
Wages and salaries	119,467	138,731
Social security costs	12,440	11,971
Pension costs	4,845	3,016
	136,752	153,718

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022	2021
	No	No
Average number of employees	6	6

6 (2021 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £4,845 (2021 - £3,016).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £49,676 (2021 - £52,025).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2021	13,800	54,579	41,702	110,081
Additions	-	6,829	7,995	14,824
At 31 March 2022	13,800	61,408	49,697	124,905
Depreciation				
At 1 April 2021	9,888	42,375	35,167	87,430
Charge for the year	978	4,758	3,633	9,369
At 31 March 2022	10,866	47,133	38,800	96,799
Net book value				
At 31 March 2022	2,934	14,275	10,897	28,106
At 31 March 2021	3,912	12,204	6,535	22,651

12 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2022 Total funds £
Tangible fixed assets	28,106	-	28,106
Current assets	166,669	164,587	331,256
Current liabilities	(5,413)	-	(5,413)
Total net assets	189,362	164,587	353,949

	Unrestricted General £	Restricted £	2021 Total funds £
Tangible fixed assets	22,650	-	22,650
Current assets	168,914	85,029	253,943
Current liabilities	(8,396)	-	(8,396)
Total net assets	183,168	85,029	268,197

13 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022	2021
	£	£
Independent examination	1,110	1,080

14 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

15 Taxation

The charity is a registered charity and is therefore exempt from taxation.

16 Related party transactions

There were no related party transactions in the year.

17 Funds

	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 31 March 2022
	£	£	£	£
Unrestricted funds				
General				
General Fund	183,168	139,058	(132,864)	189,362
Restricted funds				
MHCLG fund	85,029	171,167	(101,609)	154,587
Beeston Consolidated	-	36,000	(36,000)	-
Resettlement Fund	-	10,000	-	10,000
Total restricted funds	85,029	217,167	(137,609)	164,587
Total funds	268,197	356,225	(270,473)	353,949

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.
The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The DCLG Emergency fund was monies from Central Government to pay towards extra salaries and equipment incurred due to extra work as a result of the COVID pandemic.

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
General					
General Fund	175,493	116,183	(111,481)	2,973	183,168
Restricted					
MHCLG fund	-	164,155	(79,126)	-	85,029
DCLG Emergency fund	-	41,001	(38,028)	(2,973)	-
Salaries fund	-	36,000	(36,000)	-	-
Total restricted funds	-	241,156	(153,154)	(2,973)	85,029
Total funds	175,493	357,339	(264,635)	-	268,197

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

Company registration number: 03122842
Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	PO Box 8 Beeston Nottingham NG9 1HL
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees

Kathleen Cains, Treasurer / Chair

Susan Shaw

Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.
Trustees are sought who have experience in one or more of the following areas:
- An understanding of domestic violence and the causes of domestic violence;
- The provision of supported housing;
- Experience of working within or with statutory bodies;
- Experience of working in or with services which aim to ensure the health and well-being of children;
- Working with statutory bodies – particularly health, housing, education or social services;
- Finance and financial planning;
- Personnel and human resource management;
- General experience of running a business;
- Legal experience;
- Experience of participating in community services and meeting community needs;
- Experience of being a service user of Women's Aid services;
- Monitoring and evaluating services;
- Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
- To provide ongoing support to women who have been re-housed as, and if, necessary;
- To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 130 survivors of Domestic Abuse in 2021/22. 130 of them have been re-housed away from abuse. Feedback has shown that 98% of our survivors felt safer, 98% had increased self esteem, 94% had improved mental health. We accept referrals from all over the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, ie drug/alcohol, mental health. We provide advocacy for women and children. We work with our client group on safety planning, healthy relationships and wellbeing courses.

Financial review

After several years of financial uncertainty we now have a healthy bank balance.

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Risk management strategy

We have secured a three year support contract with Nottinghamshire County Council commencing April 2023. The grants from Beeston Consolidated Charities have allowed us to have sustainable funding for several years now. This has provided long term funding for a support worker and a part time children's worker. The MHCLG funding has ensured the Refuge will not close in the short term.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 19.12.22 and signed on its behalf by:

Kathleen Cains

Kathleen Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 20.12.22

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	21,964	-	21,964	3,534
Charitable activities	3	117,094	217,167	334,261	353,801
Investment income	5	-	-	-	4
Total Income		139,058	217,167	356,225	357,339
Expenditure on:					
Charitable activities	6	(132,864)	(137,609)	(270,473)	(264,635)
Total Expenditure		(132,864)	(137,609)	(270,473)	(264,635)
Net income		6,194	79,558	85,752	92,704
Net movement in funds		6,194	79,558	85,752	92,704
Reconciliation of funds					
Total funds brought forward		183,168	85,029	268,197	175,493
Total funds carried forward	17	189,362	164,587	353,949	268,197

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 17.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	3,534	-	3,534
Charitable activities	3	112,645	241,156	353,801
Investment income	5	4	-	4
Total income		116,183	241,156	357,339
Expenditure on:				
Charitable activities	6	(111,481)	(153,154)	(264,635)
Total expenditure		(111,481)	(153,154)	(264,635)
Net income		4,702	88,002	92,704
Transfers between funds		2,973	(2,973)	-
Net movement in funds		7,675	85,029	92,704
Reconciliation of funds				
Total funds brought forward		175,493	-	175,493
Total funds carried forward	17	183,168	85,029	268,197

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	11	28,106	22,650
Current assets			
Debtors	8	118	573
Cash at bank and in hand		331,138	253,370
		331,256	253,943
Creditors: Amounts falling due within one year	9	(5,413)	(8,396)
Net current assets		325,843	245,547
Net assets		353,949	268,197
Funds of the charity:			
Restricted income funds			
Restricted funds	17	164,587	85,029
Unrestricted income funds			
Unrestricted funds		189,362	183,168
Total funds	17	353,949	268,197

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on 19.12.22 ..... and signed on their behalf by:

Kathleen Cains

Kathleen Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	6,124	6,124	3,534
Donations from individuals	279	279	-
Grants, including capital grants;			
Government grants	15,561	15,561	-
	21,964	21,964	3,534

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Grants and donations	-	217,167	217,167	241,156
Housing benefit	108,429	-	108,429	105,856
Resident rents	5,635	-	5,635	6,789
Sundry income	3,030	-	3,030	-
	117,094	217,167	334,261	353,801

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Beeston Consolidated Charity	-	36,000	36,000
MHCLG	-	171,167	171,167
Sundry grants & donations	975	-	975
Notts CC	15,561	10,000	25,561
Anon Donation	5,428	-	5,428
	21,964	217,167	239,131

5 Investment income

	Total 2022 £	Total 2021 £
Interest receivable and similar income;		
Interest receivable on bank deposits	-	4

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Activities & events	449	-	449	72
Building, repairs & maintenance	4,319	-	4,319	5,084
Cleaning	3,383	-	3,383	2,022
Council tax	3,634	-	3,634	1,946
Depreciation	9,369	-	9,369	7,550
Dues & subscriptions	238	-	238	1,309
Equipment	19,231	-	19,231	2,794
Gardening	-	-	-	2,070
Insurance	1,775	-	1,775	1,670
IT expenses	3,659	-	3,659	14,154
Office expenses	-	-	-	2,588
Printing & postage	274	-	274	370
Professional fees	56,842	-	56,842	42,373
Refreshments	198	-	198	-
Rent & rates	4,807	-	4,807	6,000
Salaries, NI & pensions	-	136,752	136,752	153,718
Security	800	-	800	658
Sundry expenses	593	29	622	803
Telephone	1,984	-	1,984	3,601
Training	-	709	709	-
Utilities	20,562	-	20,562	15,662
Volunteer expenses	-	-	-	58
Travel & meetings	747	-	747	133
Recruitment	-	119	119	-
	132,864	137,609	270,473	264,635

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	9,369	7,550

8 Debtors

	2022	2021
	£	£
Prepayments	118	573

9 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	4,081	6,587
Other creditors	1,332	1,809
	5,413	8,396

10 Staff costs

The aggregate payroll costs were as follows:

	2022	2021
	£	£
Staff costs during the year were:		
Wages and salaries	119,467	138,731
Social security costs	12,440	11,971
Pension costs	4,845	3,016
	136,752	153,718

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022	2021
	No	No
Average number of employees	6	6

6 (2021 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £4,845 (2021 - £3,016).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £49,676 (2021 - £52,025).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2021	13,800	54,579	41,702	110,081
Additions	-	6,829	7,995	14,824
At 31 March 2022	13,800	61,408	49,697	124,905
Depreciation				
At 1 April 2021	9,888	42,375	35,167	87,430
Charge for the year	978	4,758	3,633	9,369
At 31 March 2022	10,866	47,133	38,800	96,799
Net book value				
At 31 March 2022	2,934	14,275	10,897	28,106
At 31 March 2021	3,912	12,204	6,535	22,651

12 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2022 Total funds £
Tangible fixed assets	28,106	-	28,106
Current assets	166,669	164,587	331,256
Current liabilities	(5,413)	-	(5,413)
Total net assets	189,362	164,587	353,949

	Unrestricted General £	Restricted £	2021 Total funds £
Tangible fixed assets	22,650	-	22,650
Current assets	168,914	85,029	253,943
Current liabilities	(8,396)	-	(8,396)
Total net assets	183,168	85,029	268,197

13 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022	2021
	£	£
Independent examination	1,110	1,080

14 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

15 Taxation

The charity is a registered charity and is therefore exempt from taxation.

16 Related party transactions

There were no related party transactions in the year.

17 Funds

	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 31 March 2022
	£	£	£	£
Unrestricted funds				
General				
General Fund	183,168	139,058	(132,864)	189,362
Restricted funds				
MHCLG fund	85,029	171,167	(101,609)	154,587
Beeston Consolidated	-	36,000	(36,000)	-
Resettlement Fund	-	10,000	-	10,000
Total restricted funds	85,029	217,167	(137,609)	164,587
Total funds	268,197	356,225	(270,473)	353,949

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.
The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The DCLG Emergency fund was monies from Central Government to pay towards extra salaries and equipment incurred due to extra work as a result of the COVID pandemic.

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
General					
General Fund	175,493	116,183	(111,481)	2,973	183,168
Restricted					
MHCLG fund	-	164,155	(79,126)	-	85,029
DCLG Emergency fund	-	41,001	(38,028)	(2,973)	-
Salaries fund	-	36,000	(36,000)	-	-
Total restricted funds	-	241,156	(153,154)	(2,973)	85,029
Total funds	175,493	357,339	(264,635)	-	268,197

18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

MIDLANDS WOMEN'S AID

England & Wales - Charity number 1055578

Accounts

Midlands Women's Aid

Est. FEBRUARY 1974

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women's
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Your key to a safer future

Annual Report & Statistics

2020-2021



Midlands
Women's Aid

Annual Report & Statistics 2020/2021

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Midlands Women's Aid. P.O. Box 8, Beeston, Nottingham. NG9 1HL
Telephone No: 0300 302 0035

A BIG THANKS TO OUR SUPPORTERS.

We could not do it without you.

All at Artex Ltd.

Beeston Inner Wheel

Angela Westerman and all at Westerman Homes

Tesco
Long Eaton
Chilwell
Toton

ASDA, Euphoria, Sainsbury's, Beeston Consolidated Charities

St Andrews with Castle Gate United Reform Church, Nottingham

Operation Orphan

Thank you to all of our supporters who wish to remain anonymous.
Their continued and sustained support of our Refuge is invaluable.

AIMS AND OBJECTIVES OF MIDLANDS WOMEN'S AID

The aims and objectives of this organisation were established to assist women and children who were in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.

- To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution.
- To assist in providing education, housing, legal and medical advice, financial support for themselves and their children.
- To provide ongoing support to a woman who has been re-housed as, and if, necessary.
- To support where possible women who preferred not to seek refuge.

midlands women's aid

Your key to a safer future

INTRODUCTION

Welcome to our Annual report for the year 2020-2021.

Lockdown was introduced in March 2020 to help stem the spread of COVID 19. Little did we know the affect it would have on our organization. We developed new ways of working and brought in staff from other roles to help support the increased demand for our Refuge services. Despite the pandemic we continued to deliver our frontline services, working on site and remotely where practicable. Whilst we have continued to deliver face to face support sessions, we have been unable to hold workshops or group work due to the risk of infection and the risks of inviting non-essential persons into the building.

Initially we experienced shortages of toilet rolls, cleaning products, PPE equipment and certain food items. Fortunately, we managed to access all of these items and never totally ran out.

Procedures were put in place to ensure the risks from the pandemic were kept to a minimum. We foresee that these procedures will remain in place for some considerable time.

Throughout the lockdown we experienced an increase in demand for our services. We received extra funding from the Government to help us cope with the extra demand which paid for increased staff hours and IT equipment to support our resident's children allowing them to continue with their education during school closures.

Our services remain in great demand and our accommodation has been full again throughout the year.

We would extend our thanks to all the groups and individuals who have supported Midlands Women's Aid during the year by donating money, clothing and other generous gifts. We have listed them by name on a separate page, however we would extend a special thanks to all our supporters whose names we do not know who have contributed to our fundraising activities throughout the year. They do not know how much their contribution are appreciated by the staff and clients.

Our dedicated staff team are used to working in a challenging environment. This year they have faced even more challenges and risks with the COVID pandemic, however they have proved their dedication to the work we do by working over and above what is required of them to ensure our vital services remained accessible and available to our client group.

Catherine Saunders (CEO)

REFUGE CO-ORDINATOR'S REPORT

The pandemic has caused many problems for our organization. Day to day maintenance of Refuge accommodation, essential electrical and gas checks were delayed due to a shortage of workers and materials. Local authority housing stock was also affected by a shortage of workers and this caused delays in allocating properties to our clients, resulting in families staying in our accommodation for longer periods.

We experienced an increased number of referrals and advice calls with many stating that lockdown had put a strain on relationships. Staff were seconded from other roles to cope with the increased demand and no staff members were furloughed.

We are proud to provide clean, comfortable and welcoming accommodation which consists of 7 bedrooms each with en-suite facilities in the communal building. Residents share the communal areas which consist of two kitchens, 2 communal lounges, a laundry room and a playroom. Outside we have a play area furnished with various play equipment. Our self-contained units are located close by the main building and allow for families with older boys, families with complex or special needs and pets.

Communal lounge;





A bedroom .On arrival we provide a welcome pack consisting of basic essentials:





One of the communal kitchens :



A self-contained Unit: These allow us to admit families with older boys and families with complex needs.







We provide support using an individual support plan tailored to each person. The plan helps identify the support required and allows us to work with the client to build confidence, increase self-esteem, help them come to terms with the abuse they have experienced and work with them to help them reach their full potential. Clients are encouraged to take part in workshops and sessions around healthy relationships, safety planning and are empowered to organize and fully take part in making decisions which effect their lives.

Here are some case histories of the families we have supported this year. We hope this highlights the needs, the difficulties they face and shows the recovery process they go through.

Case Studies :

1. E was admitted into refuge in 2020 due to fleeing domestic abuse from her mother and brother. The abuse was physical, financial and emotional. E was 18 years old when she arrived. E stated that the abuse had started when she was 7 years old. Before coming into refuge E did not have control over her money or not much independence or life skills. Whilst in refuge E received support which included setting up benefits, opening a bank account, budgeting, emotional support, housing, and life skills. After 7 months of receiving support in refuge E was offered a flat. We felt that she was ready to move on into independent living and encouraged her. Staff supported her in the move and referred her to the relevant agencies in the local area. She is thriving and has enrolled in college.

2. D and her two children were admitted into refuge in 2021 due to fleeing domestic abuse from her ex-partner. The abuse was physical, sexual, financial, and emotional. The abuse was going on for 7 years out of the 9 years of the relationship. When arriving into refuge D was on a prescription due to previously being addicted to drugs and on medication for her mental health. The family were also on a child protection plan with social services. Whilst in refuge D received support with benefits, meetings, housing, and emotional support. D engaged well with all services offered. After 5 months of being in refuge D was offered a house. We felt she was ready to move on, social services had ended their support due to the family engaging and improving on all arears.

And finally a big thank you to all who have supported Midlands Women's Aid over the past year, especially over the Christmas period, with the kind donations, time, experience and money. Their generosity made a huge impact on our families.

Children Refuge Service

As a Children and Young Peoples Domestic Abuse worker it is my responsibility to work with children to overcome the trauma of witnessing or experiencing Domestic Abuse.

Almost two third of the residents in refuges are children, the majority of whom are of pre-school age. I provide stimulating play opportunities to encourage children from all backgrounds to develop and express themselves, as well as support children with homework and literacy. We also refer children to wider support services, including counsellors and children's centres

When a child or young person arrives, they are often left traumatized and often have to leave everything behind such as family, friends, school and toys. My initial task is to help settle them into Refuge.

Due to COVID-19 trips and outings have been limited however we have run activities in the refuge.



The trips we have attended are:

- Horse riding
- Cinema
- Nature reserve
- Park

Our sessions might include:

- One to one session's
- Group sessions
- Family Intervention
- Behaviour Management
- Helping Hands Facilitation Programme





EQUAL OPPORTUNITES POLICY.

Declaration of Intent

Midlands Women's Aid provides temporary accommodation, support and advocacy to women and children experiencing violence and supports their long-3term future needs. This means challenging the abuse of women and children.

Midlands Women's Aid is committed to the principles of equal opportunities. Midlands Women's Aid is working towards the elimination of all types of violence against women. We are also working towards the elimination of all forms of sexism and racism.

We will ensure that we endeavour to combat direct or indirect discrimination in our employment practices and in our management and provision of services and will work to achieve these ends.

We intend that equal opportunities become a reality in practice and not simply a paper commitment. We will seek to implement a programme of positive action to make this policy fully effective by ensuring that no Midlands Women's Aid Trustee, job applicant, employee, volunteer, service user or agencies and other women's aid groups that we work with receive less favourable treatment on the grounds of race, colour, class, nationality, ethnic or national origins, cultural origin, religion, marital status, sexual orientation, disability, age, union activity or responsibility for children or place of residence.

Guidelines for Carrying out the Declaration of Intent

The responsibility for implementing the Declaration of Intent lies with the whole of Midlands Women's Aid although the Trustees will be expected to carry the employers responsibility.
The Declaration of Intent will be posted publicly in the Midlands Women's Aid office and will also be made known to all members of the organisation, employees, volunteers and service users. Acceptance of the policy is a condition of membership of Midlands Women's Aid. The purpose of the Equal Opportunities policy is to set out clearly and comprehensively the steps Midlands Women's Aid intend to take to ensure equality of opportunity and combat direct and indirect discrimination in employment practice, management structures and practice, in service provision to individuals and groups and agencies and in its relationship with other groups.

Customer Care Policy

We aim to give our service users the highest quality of help and assistance to ensure they receive equal treatment taking into account their cultural and individual needs. In the event that they are unhappy with the service or the facilities provided there is a complaints procedure in place. Each service user will receive a handbook outlining services and policies, which includes the Complaints Procedure.

STATISTICAL DATA FOR THE YEAR

The following statistics were collected by Midlands Women's Aid for the year ending March 2021:

TOTAL NUMBER OF BEDSPACES: 53 FAMILY ROOMS: 7

Three Satellite Properties – 2 bed house, 2 bed flat and 1 bed flat

Women admitted into Refuge: 13
Women refused because Refuge was full: 405
Number of advice calls: 948
Referrals from agencies: 204
Self referrals: 214

Women housed 23
Children housed 67

Ethnic origin of women:
White British: 14
Black/British 4
Asian:1
Black Caribbean: 1
African: 1
Polish: 1
Italian: 1

SUMMARY OF QUESTIONNAIRE FINDINGS

This year we have again seen an increase in single women referrals and women with mental health issues, drug and alcohol abuse.

On admission to the Refuge;

16 women had no physical injuries although had had injuries in the past
7 women had injuries on admission ranging from facial cuts to black eyes
23 women described bruising to all parts of their bodies
8 women reported attempts to strangle
10 women reported rape and sexual abuse
21 women reported coercive control
18 women reported financial control

When asked about past injuries, women described them as follows: strangulation, body bruising, bruised eyes, rape, threats with knives, pushing and pulling, coercive control, financial and emotional abuse.

When asked what they believed had caused the violence the response is always the same. Women described the following: "He's jealous" "He says it's my fault", "He says he has a right". "He thinks he owns me and the kids" Others blamed drugs and alcohol, jealousy, mental health, insecurity and 'his upbringing'.

Of the women admitted, 9 had had healthy previous relationships. All had experienced violence and controlling behaviour from their ex-partners.

Most women described their childhood as happy. Other women described domestic violence between their parents, violence to themselves.

When asked if there were any circumstances under which they would accept being hit by a man, all women said no.

TRUSTEE AND STAFF NAMES

Trustees of Midlands Women's Aid

Mrs K. Cains
Ms S. Shaw
Ms H. Venn

Staff of Midlands Women's Aid

Cathy Saunders (CEO)
Diane M (Refuge Support Worker)
Milli C (Child Services Co-ordinator)
A.M (Support Worker)
C.C (Support Worker/playworker)
K.F (Complex needs Support Worker)

Auditor

CAPlus Nottingham..

Legal Status

Company Limited By Guarantee. Company Number 3122842
Registered Charity. Charity registration Number 1055578

TREASURERS REPORT

Our core income comes from rent income and funding from Ministry of Housing Communities and Local Government (MHCLG). As our service is in great demand we little voids.

The current MHCLG funding ends 31st March 2021 however we have been allocated a further sum for financial year ending 31st March 2022. After years of financial uncertainty, this together with a healthy reserve will provide financial security for at least three years.

Beeston Consolidated Charity, a long-time supporter, continue to provide for their annual grant £24,000 for a full-time support worker and £12,000 toward the Children's Worker post.

The COVID lockdown period forced us to close our Charity shop to the public due to the size of the premises and the difficulties in maintaining social distancing. We have continued to use it to carry out outreach services for clients who for whatever reason could not be admitted to Refuge and remote working for staff.

Salaries remain our major expenditure. We have been unable to carry out some planned work due to shortages in building workers in particular refurbishment of playroom and outside play area. The outside play area is desperately in need of a major overhaul and we are currently raising funds to carry out this work late 2021.



Midlands Women's Aid a Company Limited By Guarantee.
Company No. 3122842
Charity Reg. No. 1055578
Registered in England & Wales.

P.O. Box 8
Beeston
Nottingham
NG9 1HL

Tel: 0300 302 0035
E-mail: support@mwa.org.uk
www.midlandswomensaid.org.uk

Find us on Facebook

Search: Midlands Women's Aid *or* Go to **https://www.facebook.com/Midlands-womens-aid-331713663608574/**

follow us on twitter

@AidMWA40

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	129a Middleton Boulevard Wollaton Park Nottingham Nottinghamshire NG8 1FW
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Trustees

Kathleen Cains, Treasurer / Chair

Susan Shaw

Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.
Trustees are sought who have experience in one or more of the following areas:
• An understanding of domestic violence and the causes of domestic violence;
• The provision of supported housing;
• Experience of working within or with statutory bodies;
• Experience of working in or with services which aim to ensure the health and well-being of children;
• Working with statutory bodies – particularly health, housing, education or social services;
• Finance and financial planning;
• Personnel and human resource management;
• General experience of running a business;
• Legal experience;
• Experience of participating in community services and meeting community needs;
• Experience of being a service user of Women's Aid services;
• Monitoring and evaluating services;
• Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
• To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
• To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
• To provide ongoing support to women who have been re-housed as, and if, necessary;
• To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 111 survivors of Domestic Abuse in 2020/21. 111 of them have been re-housed away from abuse.
Feedback has shown that 98% of our survivors felt safer, 98% had increased self-esteem, 94% had improved mental health.
We accept referrals from all over the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, i.e. drug/alcohol, mental health. We provide advocacy for women and children. We work with our client group on safety planning, healthy relationships and wellbeing courses.

Financial review

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Risk management strategy
The trustees have a risk management strategy which comprises:
• An annual review of the risks the charity may face;
• The establishment of systems and procedures to mitigate those risks identified in the plan;
• The implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.
We see our biggest risk to be lack of sustainable funding.

Statement of Trustees' Responsibilities
The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement
This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 17/12/2021 and signed on its behalf by:

Kathleen Cains

.....
Kathleen Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 17/12/2021

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	2	3,534	-	3,534	173,309
Charitable activities	3	112,645	241,156	353,801	151,304
Investment income	5	4	-	4	30
Total Income		116,183	241,156	357,339	324,643
Expenditure on:					
Charitable activities	6	(111,481)	(153,154)	(264,635)	(257,026)
Total Expenditure		(111,481)	(153,154)	(264,635)	(257,026)
Net income		4,702	88,002	92,704	67,617
Transfers between funds		2,973	(2,973)	-	-
Net movement in funds		7,675	85,029	92,704	67,617
Reconciliation of funds					
Total funds brought forward		175,493	-	175,493	107,876
Total funds carried forward	12	183,168	85,029	268,197	175,493

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 12.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Donations and legacies	2	173,309	-	173,309
Charitable activities	3	115,304	36,000	151,304
Investment income	5	30	-	30
Total income		288,643	36,000	324,643
Expenditure on:				
Charitable activities	6	(221,026)	(36,000)	(257,026)
Total expenditure		(221,026)	(36,000)	(257,026)
Net income		67,617	-	67,617
Net movement in funds		67,617	-	67,617
Reconciliation of funds				
Total funds brought forward		107,876	-	107,876
Total funds carried forward	12	175,493	-	175,493

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	11	22,650	26,236
Current assets			
Debtors	8	573	811
Cash at bank and in hand		253,370	153,194
		253,943	154,005
Creditors: Amounts falling due within one year	9	(8,396)	(4,748)
Net current assets		245,547	149,257
Net assets		268,197	175,493
Funds of the charity:			
Restricted income funds			
Restricted funds	12	85,029	-
Unrestricted income funds			
Unrestricted funds		183,168	175,493
Total funds	12	268,197	175,493

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on ...17/12/2021..... and signed on their behalf by:

Kathleen C Cains

.....
Kathleen Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	3,534	3,534	62,009
Grants, including capital grants;			
Government grants	-	-	111,300
	3,534	3,534	173,309

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Grants and donations	-	241,156	241,156	36,000
Housing benefit	105,856	-	105,856	98,973
Resident rents	6,789	-	6,789	16,307
Sundry income	-	-	-	24
	112,645	241,156	353,801	151,304

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
DCLG Emergency Fund	-	41,001	41,001
Beeston Consolidated Charity	-	36,000	36,000
MHCLG	-	164,155	164,155
Sundry grants & donations	3,534	-	3,534
	3,534	241,156	244,690

5 Investment income

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Interest receivable and similar income;			
Interest receivable on bank deposits	4	4	30

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Activities & events	72	-	72	1,105
Building, repairs & maintenance	5,084	-	5,084	5,241
Cleaning	1,713	309	2,022	725
Council tax	1,946	-	1,946	1,699
Depreciation	6,559	991	7,550	8,745
Dues & subscriptions	1,309	-	1,309	1,878
Equipment	1,654	1,140	2,794	2,083
Gardening	2,070	-	2,070	239
Insurance	1,670	-	1,670	1,814
IT expenses	1,155	12,999	14,154	109
Office expenses	1,250	1,338	2,588	2,560
Printing & postage	282	88	370	361
Professional fees	41,449	924	42,373	39,002
Refreshments	-	-	-	(60)
Rent & rates	6,000	-	6,000	8,415
Salaries, NI & pensions	18,437	135,281	153,718	147,169
Security	658	-	658	640
Sundry expenses	755	48	803	2,726
Telephone	3,601	-	3,601	2,814
Training	-	-	-	4,683
Utilities	15,662	-	15,662	13,909
Volunteer expenses	58	-	58	85
Travel & meetings	97	36	133	70
Residents move-on expenses	-	-	-	11,014
	111,481	153,154	264,635	257,026

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	7,550	8,745

8 Debtors

	2021 £	2020 £
Prepayments	573	811

9 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	6,587	2,913
Other creditors	1,809	1,835
	8,396	4,748

10 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	138,731	131,542
Social security costs	11,971	8,305
Pension costs	3,016	7,322
	153,718	147,169

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021 No	2020 No
Average number of employees	6	7

5 (2020 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £3,016 (2020 - £7,322).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £52,025 (2020 - £46,694).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2020	13,800	54,579	37,738	106,117
Additions	-	-	3,964	3,964
At 31 March 2021	13,800	54,579	41,702	110,081
Depreciation				
At 1 April 2020	8,584	38,308	32,989	79,881
Charge for the year	1,304	4,068	2,178	7,550
At 31 March 2021	9,888	42,376	35,167	87,431
Net book value				
At 31 March 2021	3,912	12,203	6,535	22,650
At 31 March 2020	5,216	16,271	4,749	26,236

12 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
General					
General Fund	175,493	116,183	(111,481)	2,973	183,168
Restricted funds					
MHCLG fund	-	164,155	(79,126)	-	85,029
DCLG Emergency fund	-	41,001	(38,028)	(2,973)	-
Salaries fund	-	36,000	(36,000)	-	-
Total restricted funds	-	241,156	(153,154)	(2,973)	85,029
Total funds	175,493	357,339	(264,635)	-	268,197

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.
The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The DCLG Emergency fund was monies from Central Government to pay towards extra salaries and equipment incurred due to extra work as a result of the COVID pandemic.

The transfer from the DCLG Emergency fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
Unrestricted funds				
General				
General Fund	107,876	288,643	(221,026)	175,493
Restricted				
Salaries fund	-	36,000	(36,000)	-
Total funds	107,876	324,643	(257,026)	175,493

13 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2021 Total funds £
Tangible fixed assets	22,650	-	22,650
Current assets	168,914	85,029	253,943
Current liabilities	(8,396)	-	(8,396)
Total net assets	183,168	85,029	268,197

	Unrestricted General £	2020 Total funds £
Tangible fixed assets	26,236	26,236
Current assets	154,005	154,005
Current liabilities	(4,748)	(4,748)
Total net assets	175,493	175,493

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2021 £	2020 £
Independent examination	1,080	1,080

15 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

16 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Related party transactions

There were no related party transactions in the year.

Company registration number: 03122842

Charity registration number: 1055578

Midlands Women's Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Midlands Women's Aid

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Midlands Women's Aid

Reference and Administrative Details

Trustees	Kathleen Cains, Treasurer / Chair Susan Shaw Holly Venn
Senior Management Team	Catherine Saunders, Chief Executive
Charity Registration Number	1055578
Company Registration Number	03122842
Registered Office	129a Middleton Boulevard Wollaton Park Nottingham Nottinghamshire NG8 1FW
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Midlands Women's Aid

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Trustees

Kathleen Cains, Treasurer / Chair

Susan Shaw

Holly Venn

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 7 November 1995. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

We advertise for Trustees via the website. Trustees are appointed by the members at the Annual General Meeting or may be co-opted during the year.
Trustees are sought who have experience in one or more of the following areas:
• An understanding of domestic violence and the causes of domestic violence;
• The provision of supported housing;
• Experience of working within or with statutory bodies;
• Experience of working in or with services which aim to ensure the health and well-being of children;
• Working with statutory bodies – particularly health, housing, education or social services;
• Finance and financial planning;
• Personnel and human resource management;
• General experience of running a business;
• Legal experience;
• Experience of participating in community services and meeting community needs;
• Experience of being a service user of Women's Aid services;
• Monitoring and evaluating services;
• Equal opportunities.

Induction and training of trustees

Trustees should avoid recommending people who are close colleagues, friends or relatives as this may affect the balance and objectivity of the committee as a whole.

New trustees are appointed on receipt of favourable references from two referees, they attend two committee meetings prior to joining the committee. This will apply to a co-optee or a member.

New trustees undergo an induction period to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making process, the business plan and recent financial performance of the charity. During this period they meet key employees and other trustees.

They receive a copy of the Standing Orders and Delegated Authorities and information relating to a description of the service e.g. leaflets, annual reports.

Midlands Women's Aid

Trustees' Report

Organisational structure

The board of trustees administers the charity. The board meets quarterly. A CEO is employed to manage the day to day operations together with a staff team. To facilitate effective operations the CEO has delegated authority, within terms of delegation approved by the trustees, for operational matters including finance, employment and minor purchases.

Objectives and activities

Objects and aims

The aims and objectives of this organisation are to assist women and children in necessitous circumstances and in particular those women and children who had suffered from violence and maltreatment in their own homes.
• To provide refuge where such women and their children could enjoy temporary rest and protection from attack or persecution;
• To assist in providing education, housing, legal and medical advice, financial support for themselves and their children;
• To provide ongoing support to women who have been re-housed as, and if, necessary;
• To support where possible women who preferred not to seek refuge.

Objectives, strategies and activities

We provide refuge and safe accommodation, support for women and children, outreach service, awareness raising and training.

Public benefit

The work of the charity provides public benefit by providing refuge accommodation which keep women and children safe from further abuse. By providing healthy relationship courses we equip women and children with the necessary skills and tools to assist them to go forward and live their lives free from abuse and help them realise their full potential. Reduce crime, reduce mental health problems, reduce need to seek medical services and reduce Social Services involvement.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

We have supported 111 survivors of Domestic Abuse in 2020/21. 111 of them have been re-housed away from abuse.
Feedback has shown that 98% of our survivors felt safer, 98% had increased self-esteem, 94% had improved mental health.
We accept referrals from all over the Country. Each client is supported by a key worker using individually tailored support plans to identify their needs, signposting to other agencies, i.e. drug/alcohol, mental health. We provide advocacy for women and children. We work with our client group on safety planning, healthy relationships and wellbeing courses.

Financial review

Policy on reserves

It is our policy to keep a reserve of six months income.

Principal risks and uncertainties

Risk management strategy
The trustees have a risk management strategy which comprises:
• An annual review of the risks the charity may face;
• The establishment of systems and procedures to mitigate those risks identified in the plan;
• The implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.
We see our biggest risk to be lack of sustainable funding.

Statement of Trustees' Responsibilities
The trustees (who are also the directors of Midlands Women's Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement
This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 17/12/2021 and signed on its behalf by:

Kathleen Cains

.....
Kathleen Cains
Trustee

Midlands Women's Aid

Independent Examiner's Report to the trustees of Midlands Women's Aid

Independent examiner's report to the trustees of Midlands Women's Aid ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 17/12/2021

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	2	3,534	-	3,534	173,309
Charitable activities	3	112,645	241,156	353,801	151,304
Investment income	5	4	-	4	30
Total Income		116,183	241,156	357,339	324,643
Expenditure on:					
Charitable activities	6	(111,481)	(153,154)	(264,635)	(257,026)
Total Expenditure		(111,481)	(153,154)	(264,635)	(257,026)
Net income		4,702	88,002	92,704	67,617
Transfers between funds		2,973	(2,973)	-	-
Net movement in funds		7,675	85,029	92,704	67,617
Reconciliation of funds					
Total funds brought forward		175,493	-	175,493	107,876
Total funds carried forward	12	183,168	85,029	268,197	175,493

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 12.

Midlands Women's Aid

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Donations and legacies	2	173,309	-	173,309
Charitable activities	3	115,304	36,000	151,304
Investment income	5	30	-	30
Total income		288,643	36,000	324,643
Expenditure on:				
Charitable activities	6	(221,026)	(36,000)	(257,026)
Total expenditure		(221,026)	(36,000)	(257,026)
Net income		67,617	-	67,617
Net movement in funds		67,617	-	67,617
Reconciliation of funds				
Total funds brought forward		107,876	-	107,876
Total funds carried forward	12	175,493	-	175,493

The notes on pages 9 to 17 form an integral part of these financial statements.

Midlands Women's Aid

(Registration number: 03122842)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	11	22,650	26,236
Current assets			
Debtors	8	573	811
Cash at bank and in hand		253,370	153,194
		253,943	154,005
Creditors: Amounts falling due within one year	9	(8,396)	(4,748)
Net current assets		245,547	149,257
Net assets		268,197	175,493
Funds of the charity:			
Restricted income funds			
Restricted funds	12	85,029	-
Unrestricted income funds			
Unrestricted funds		183,168	175,493
Total funds	12	268,197	175,493

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 6 to 17 were approved by the trustees, and authorised for issue on ...17/12/2021..... and signed on their behalf by:

Kathleen C Cains

.....
Kathleen Cains
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Midlands Women's Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold improvements	25% on a reducing balance basis
Furniture & equipment	25% on a reducing balance basis
IT equipment	25% on a reducing balance basis

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations
The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	3,534	3,534	62,009
Grants, including capital grants;			
Government grants	-	-	111,300
	3,534	3,534	173,309

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Grants and donations	-	241,156	241,156	36,000
Housing benefit	105,856	-	105,856	98,973
Resident rents	6,789	-	6,789	16,307
Sundry income	-	-	-	24
	112,645	241,156	353,801	151,304

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
DCLG Emergency Fund	-	41,001	41,001
Beeston Consolidated Charity	-	36,000	36,000
MHCLG	-	164,155	164,155
Sundry grants & donations	3,534	-	3,534
	3,534	241,156	244,690

5 Investment income

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Interest receivable and similar income;			
Interest receivable on bank deposits	4	4	30

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Activities & events	72	-	72	1,105
Building, repairs & maintenance	5,084	-	5,084	5,241
Cleaning	1,713	309	2,022	725
Council tax	1,946	-	1,946	1,699
Depreciation	6,559	991	7,550	8,745
Dues & subscriptions	1,309	-	1,309	1,878
Equipment	1,654	1,140	2,794	2,083
Gardening	2,070	-	2,070	239
Insurance	1,670	-	1,670	1,814
IT expenses	1,155	12,999	14,154	109
Office expenses	1,250	1,338	2,588	2,560
Printing & postage	282	88	370	361
Professional fees	41,449	924	42,373	39,002
Refreshments	-	-	-	(60)
Rent & rates	6,000	-	6,000	8,415
Salaries, NI & pensions	18,437	135,281	153,718	147,169
Security	658	-	658	640
Sundry expenses	755	48	803	2,726
Telephone	3,601	-	3,601	2,814
Training	-	-	-	4,683
Utilities	15,662	-	15,662	13,909
Volunteer expenses	58	-	58	85
Travel & meetings	97	36	133	70
Residents move-on expenses	-	-	-	11,014
	111,481	153,154	264,635	257,026

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	7,550	8,745

8 Debtors

	2021 £	2020 £
Prepayments	573	811

9 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	6,587	2,913
Other creditors	1,809	1,835
	8,396	4,748

10 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	138,731	131,542
Social security costs	11,971	8,305
Pension costs	3,016	7,322
	153,718	147,169

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021 No	2020 No
Average number of employees	6	7

5 (2020 - 5) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £3,016 (2020 - £7,322).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £52,025 (2020 - £46,694).

11 Tangible fixed assets

	Leasehold improvements £	Furniture and equipment £	IT equipment £	Total £
Cost				
At 1 April 2020	13,800	54,579	37,738	106,117
Additions	-	-	3,964	3,964
At 31 March 2021	13,800	54,579	41,702	110,081
Depreciation				
At 1 April 2020	8,584	38,308	32,989	79,881
Charge for the year	1,304	4,068	2,178	7,550
At 31 March 2021	9,888	42,376	35,167	87,431
Net book value				
At 31 March 2021	3,912	12,203	6,535	22,650
At 31 March 2020	5,216	16,271	4,749	26,236

12 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
General					
General Fund	175,493	116,183	(111,481)	2,973	183,168
Restricted funds					
MHCLG fund	-	164,155	(79,126)	-	85,029
DCLG Emergency fund	-	41,001	(38,028)	(2,973)	-
Salaries fund	-	36,000	(36,000)	-	-
Total restricted funds	-	241,156	(153,154)	(2,973)	85,029
Total funds	175,493	357,339	(264,635)	-	268,197

The specific purposes for which the funds are to be applied are as follows:

The Salaries fund was received from the Beeston Consolidated Charity and was £24,000 towards the salary of the support worker and £12,000 towards the salary of the children's worker.
The MHCLG funding has been provided to ensure that the Refuge is not at risk of closure.
The DCLG Emergency fund was monies from Central Government to pay towards extra salaries and equipment incurred due to extra work as a result of the COVID pandemic.

The transfer from the DCLG Emergency fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
Unrestricted funds				
General				
General Fund	107,876	288,643	(221,026)	175,493
Restricted				
Salaries fund	-	36,000	(36,000)	-
Total funds	107,876	324,643	(257,026)	175,493

13 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2021 Total funds £
Tangible fixed assets	22,650	-	22,650
Current assets	168,914	85,029	253,943
Current liabilities	(8,396)	-	(8,396)
Total net assets	183,168	85,029	268,197

	Unrestricted General £	2020 Total funds £
Tangible fixed assets	26,236	26,236
Current assets	154,005	154,005
Current liabilities	(4,748)	(4,748)
Total net assets	175,493	175,493

14 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2021 £	2020 £
Independent examination	1,080	1,080

15 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

16 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Related party transactions

There were no related party transactions in the year.