

Charity registration number: 1055224

North Devon Mental Health Service Users Forum

also known as

Clarity

Annual Report and Financial Statements

for the Year Ended 31 December 2024



North Devon Mental Health Service Users Forum

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 6
Independent Examiner's Report	7
Receipts and Payments Account	8
Statement of Assets and Liabilities	9
Notes to the Financial Statements	10 to 17

North Devon Mental Health Service Users Forum

Reference and Administrative Details

Trustees: Matthew Jones (appointed 24 January 2024)
Bryony McDonald
Elliot Harris (appointed 9 April 2024)
Dr Richard Holman
Frank Biederman (appointed 9 January 2024)
James Craigie (appointed 24 January 2024)
Christopher McDonald
Dr Christopher Arber (resigned 11 July 2024)

Charity Registration Number 1055224

Principal Office 104A Boutport Street
Barnstaple
Devon
EX31 1SY

Independent Examiner Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

North Devon Mental Health Service Users Forum

Trustees' Report

Message from the Chair of the Board – Dr Richard Holman

2024 has been a year of consolidation and cautious growth for Clarity, with a funding decision from The National Lottery Reaching Communities in late 2023 creating new stability in meeting our core costs. The unexpected departure of a long-standing member of the team early in the year allowed us to restructure our senior management/counselling team and further strengthen our foundations. We now have new skill sets to call on, and more flexibility in the day-to-day delivery of our service and development of our infrastructure.

The BMA (British Medical Association) reports that before the Covid-19 pandemic, rates of mental illness in England had been slowly and steadily rising. The estimation of the prevalence of common mental disorders (e.g. anxiety or depression) among adults had risen from 17.5% in 2000 to 18.9% in 2014. The number of people seeking treatment meanwhile, had grown at a much faster rate than the number of people estimated to have a mental illness, and the percentage of adults with a common mental disorder, who were accessing mental health treatment had risen from 23.1% in 2000 to 39.4% in 2015 - an increase of over two thirds.

Covid-19 has only accelerated this trend, driving an increase in the number of people in contact with NHS mental health services, who received a record 5 million referrals in England during 2023 - an increase of 33% from 2019.

It is fabulous that more people are accessing mental health services, and this is in no small part due to numerous campaigns that have reduced the stigma long attached to mental health. However, NHS services lack the resources to meet the increased demand, resulting in high thresholds and long waits for treatment.

Latest estimates put the waiting list at 1 million people in 2024 waiting for mental health support from the NHS. However, survey data from the National Audit Office in 2021 showed that an estimated 8 million people with mental health needs were not in contact with NHS mental health services. The service gap is huge, and much of it is being met by the voluntary sector. As none of the big-name national mental health charities have a presence in North Devon, this gap is being filled by Clarity.

Interestingly, data from NHS Digital Mental Health Services shows that the number of people in contact with mental health services is highest in those living in the 1st decile of the Index of Multiple Deprivation (IMD). Clarity is based in one of the most economically disadvantaged neighbourhoods in Devon - central Barnstaple - in the 1st decile of the IMD, so is being squeezed from both sides, but receives no funding from statutory sources to meet these needs in our community. We provided up to 15 sessions of counselling for 146 people in 2024, which was a wonderful achievement given that all our counselling is given by volunteers. However, 529 people joined our waiting list in 2024. 22% of the people who contacted us were recommended to us by their GP.

Our counsellors are all volunteers, either fully qualified and giving their time freely to support the less fortunate in our community, or final year students putting their learning into practice. Thanks to them we are able to continue offering free counselling (donations are encouraged when affordable). However, both demand and costs rise year on year, and we are left wondering what the future holds for the people we support, and for our charity.

Dr Richard Holman (GP Partner - retired)



North Devon Mental Health Service Users Forum

Trustees' Report (continued)

The trustees present their report and the financial statements for the year ended 31 December 2024. The trustees who served during the year and up to the date of this report are set out on page 1.

Our Purpose

To provide accessible, timely and affordable counselling and therapeutic group support to those experiencing mental health and emotional issues within the communities of North Devon.

Our Vision

That everyone over the age of 18 in North Devon can receive prompt, professional and high-quality mental health care no matter their income or background.

Our Ethos

We believe in every person's right to have access to therapeutic services that meet their needs and will improve their mental wellbeing.

To provide excellence in the counselling and group work we deliver, we will always promote a culture of sensitivity, trust and respect for those who need our services.

Our Public Benefit

The charity operates for the public benefit by providing mental health support to adults in North Devon by way of counselling and group therapy, using appropriately and professionally trained counsellors. The Trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

Our Strategy

We remain committed to supporting as many people as possible, with the shortest possible waiting time, but without compromising in the quality of the support we provide. In order to achieve this our strategic goals are as follows:

1. to identify and meet the mental health needs of the community by expanding and developing the range of therapies available.
2. to ensure continuing growth and development, by reviewing and providing the appropriate skills and expertise required to support the service and community.
3. to continue developing the counselling team and supporting them in their Continuing Professional Development.
4. to provide a welcoming, supportive and safe environment for therapy, and investing in our premises and resources as required to meet this goal.
5. to ensure that Clarity is well known locally for the service it provides, with easy and accessible self-referral for the public, or referral processes for other organisations.
6. in order to meet the strategic aims and needs described, to develop and increase fundraising activities and income generation from both public and private sources.

North Devon Mental Health Service Users Forum

Trustees' Report (continued)

Our Objectives for 2025

In line with the strategy outlined above, this coming year we have set the following objectives:

1. To increase the number of volunteer counsellors by offering additional clinical placements to final year student counsellors. Our offer of peer support, line management and free clinical supervision makes Clarity a desirable clinical placement provider, and we are proud to be a teaching and learning charity.
2. To increase the number of qualified and experienced counsellors that gift their time to Clarity by providing more teaching and learning opportunities through a CPD programme that meets the needs identified by them, as well as the needs of our clients identified through our assessments, and monitoring and evaluation process
3. To continuously evolve our group therapy programme in line with feedback from service users to ensure it remains pertinent, and relevant to the needs of our community.

Our organisation continues to assess the evolving landscape of NHSE funding and ICB structural reform in England, recognising the potential implications for our operations and the communities we serve.

Our Fundraising Activity

2024 was a pivotal year for Clarity, with the announcement of a further three years of funding from The National Lottery Reaching Communities Fund, creating a solid foundation from which to grow our funding pipeline.

We are grateful to all those funders who have placed their trust in Clarity in 2024, despite the very difficult economic climate, including: Trusthouse Charitable Foundation, The Schreier Foundation, Focus Foundation, Barnstaple Town Council, The Grocers Charity, Devon Community Foundation and Postcode Local Trust. Some of this funding was secured late in the year and is being carried forward into our service delivery for the early part of 2025. We also express thanks to Turnstyle Designs for their ongoing support of Clarity and our local community through their corporate support.

Our Financial Performance

Trustees took the decision to alter the financial year end to 31 December in 2023, resulting in a nine-month financial year for 2023. The comparisons between 2023 and 2024 will therefore refer to periods of different length.

Our total receipts for the calendar year 2024 amounted to £122,460 (2023 nine months: £98,333) reflecting a 7% decrease this year pro rata. Total payments for the year were £116,094 (2023 nine months: £107,792), a fall of 19% pro rata, and resulted in net receipts of £6,366 (2023 nine months: net payments £9,459).

The 7% pro rata decrease in receipts in the year to 31st December 2024, compared to the previous nine month period, is as a result of the first grant for National Lottery Hear Together of £17,338 being received in December 2023, prior to the start of the project in January 2024. Thus, only three quarters of the grant were received in 2024, totalling £52,015.

Payments were minimised in the early months of the year due to previous uncertainty relating to funding and the nature of the subsequent funding, resulting in staff vacancies and restructuring in the early stages of 2024.

The overall net position was positive in 2024, compared to a net payment position in 2023.

North Devon Mental Health Service Users Forum

Trustees' Report (continued)

We have also received substantial one-off grants from the Trusthouse Charitable Foundation and from the Postcode Local Trust in the current year.

Reserves Policy

The trustees have set a reserves policy which includes a cessation fund to allow a structured closure of the charity should operational reserves deplete to a level at which the charity is no longer sustainable. This designated fund is reviewed annually and currently stands at £11,189 (2023 £13,591). This decrease represents the continued funding of a significant proportion of the cost of service provision, payroll costs and overheads by long-term restricted funds. The resulting cessation fund would cover the cost of long-term leases and the professional fees required to implement closure.

At their meeting in January 2025, trustees unanimously agreed to designate the generous unrestricted grant of £15,000 from the Postcode Local Trust for the purpose of funding the 2025 sessional and professional fees crucial to the operation of the charity.

Due to the nature of our service, the trustees have also set an unrestricted reserve policy of a minimum of three months total costs to ensure that the charity is able to support its clients safely through the wind-down period. Based on current expectations, this amounts to approximately £18,000 in addition to those costs represented by the designated fund identified above for cessation of the charity.

Currently, unrestricted reserves are £35,990 (2023: £30,338). This represents 3.72 months of anticipated total costs. The trustees feel that unrestricted funds are sufficient to support the charity in its day-to-day operations in 2025.

The trustees also believe that the designated fund totalling £11,189 is, in current circumstances, sufficient to support the additional costs required for a structured closure of the charity, if necessary, but consider that the charity is sustainable for the immediate future.

Our Organisational Structure

Clarity registered as a charity in May 1996. The charity is managed by a Board of Trustees who are responsible for ensuring financial stability and providing professional and strategic advice on policy and resource management.

The trustees are responsible for the overall management and control of the charity and receive regular reports from the clinical team involved in the day-to-day service delivery, and from the administrative and fundraising team tasked with maintaining, recording and safeguarding the charity's finances and supporting the clinical team. All matters and powers of strategic management and control are vested in the Board. The trustees have assessed the major risks to which the charity is exposed in the year and have taken steps to mitigate these risks.

Meeting quarterly, the Trustee Board bring a range of skills to the charity's governance including health, marketing, communications, digital marketing, strategic planning, local government and finance. Trustees also bring lived experience of mental health concerns either through the experience of close family members, or their own personal journey. For them, joining the Board of Clarity is an opportunity to give back by bringing their expertise to our cause. All give their time freely.

New trustees are appointed by existing trustees, who actively recruit based on experience and skills, and four new Trustees with relevant and transferrable skills joined the Board in early 2024. Chris Arber retired from the Trustee Board and as Secretary in July 2024 having made a significant, valuable contribution to the charity.

North Devon Mental Health Service Users Forum

Trustees' Report (continued)

Clarity is traditionally a volunteer led charity, which has grown to include a small staff team at the helm as the charity grows to meet demand. The trustees would like to acknowledge and thank the commitment and care that has been given by staff, counsellors, students and volunteers during the year.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

On behalf of the board



Dr Richard Holman
Chair of Trustees

21st July 2025

North Devon Mental Health Service Users Forum

Independent Examiner's Report to the trustees of North Devon Mental Health Service Users Forum

I report to the trustees on my examination of the accounts of North Devon Mental Health Service Users Forum for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of North Devon Mental Health Service Users Forum you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the North Devon Mental Health Service Users Forum's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of North Devon Mental Health Service Users Forum as required by section 130 of the Act; or
2. the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA
Independent Examiner
Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 23rd July 2025

North Devon Mental Health Service Users Forum

Receipts and Payments Account for the Year Ended 31 December 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Receipts:					
Donations and grants	2	35,809	82,375	118,184	95,716
Charitable activities	3	2,454	-	2,454	1,544
Investment income	4	1,822	-	1,822	1,073
Total receipts		<u>40,085</u>	<u>82,375</u>	<u>122,460</u>	<u>98,333</u>
Payments:					
Employment costs		-	(17,196)	(17,196)	(18,846)
Other staff costs		(73)	(4,457)	(4,530)	(111)
Self employed costs		(7,905)	(13,286)	(21,191)	(25,872)
Establishment costs		(862)	(7,850)	(8,712)	(8,782)
Telephone and IT costs		(1,883)	(1,570)	(3,453)	(6,482)
Travel costs		(111)	(5,257)	(5,368)	(4,947)
Legal and professional fees		-	(679)	(679)	(493)
Accountancy fees		-	(3,834)	(3,834)	(3,470)
Office costs		(1,213)	(304)	(1,517)	(4,341)
Management costs		(2,894)	(38,866)	(41,760)	(23,721)
Sundry expenses		(970)	(960)	(1,930)	(1,195)
Fundraising costs		<u>(5,924)</u>	<u>-</u>	<u>(5,924)</u>	<u>(9,532)</u>
Total payments		<u>(21,835)</u>	<u>(94,259)</u>	<u>(116,094)</u>	<u>(107,792)</u>
Net receipts/(payments)		18,250	(11,884)	6,366	(9,459)
Cash brought forward		<u>43,929</u>	<u>50,304</u>	<u>94,233</u>	<u>103,692</u>
Cash carried forward	7	<u>62,179</u>	<u>38,420</u>	<u>100,599</u>	<u>94,233</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 7.

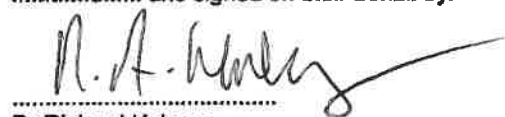
North Devon Mental Health Service Users Forum

(Registration number: 1055224)

Statement of Assets and Liabilities as at 31 December 2024

	Note	2024 £	2023 £
Current assets			
Cash at bank and in hand		<u>100,599</u>	<u>94,233</u>
Restricted income funds			
Restricted funds		38,420	50,304
Unrestricted income funds			
Unrestricted funds		35,990	30,338
Designated funds		<u>26,189</u>	<u>13,591</u>
Total unrestricted funds		<u>62,179</u>	<u>43,929</u>
Total funds	7	<u>100,599</u>	<u>94,233</u>

The financial statements on pages 8 to 17 were approved by the trustees, and authorised for issue on 21.12.25 and signed on their behalf by:



Dr Richard Holman
Trustee

North Devon Mental Health Service Users Forum

Notes to the Financial Statements for the Year Ended 31 December 2024

1 Accounting policies

Basis of preparation

North Devon Mental Health Service Users Forum meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared on the receipts and payments basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Receipts and Payments Account when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Receipts and Payments Account in the year in which they are received

Fees are included in the Receipts and Payments Account when received.

The value of services provided by volunteers has not been included.

Expenditure

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

North Devon Mental Health Service Users Forum

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £
Donations > £100	1,452	330	1,782
Donations < £100	543	-	543
Grants received	20,000	28,880	48,880
Regular giving	539	-	539
Government grants	-	53,165	53,165
Fundraising income	3,674	-	3,674
Counselling donations	9,601	-	9,601
	<u>35,809</u>	<u>82,375</u>	<u>118,184</u>
	Unrestricted funds General £	Restricted funds £	Total 2023 £
Donations > £100	8,500	1,500	10,000
Donations < £100	1,103	-	1,103
Counselling donations	7,801	-	7,801
Grants received	6,500	29,140	35,640
Regular giving	753	-	753
Government grants	-	40,419	40,419
	<u>24,657</u>	<u>71,059</u>	<u>95,716</u>

Clarity is grateful to the following funders for making unrestricted grants that make our work possible:

Turnstyle Designs (<https://www.turnstyledesigns.com/sustainability>)

The Postcode Local Trust

Devon Community Foundation

See note 7 for details of these funders

North Devon Mental Health Service Users Forum

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

3 Income from charitable activities

	Unrestricted funds General £	Total 2024 £
Counselling	2,280	2,280
Travel costs	174	174
	<u>2,454</u>	<u>2,454</u>
	Unrestricted funds General £	Total 2023 £
Counselling	1,350	1,350
Travel costs	194	194
	<u>1,544</u>	<u>1,544</u>

4 Investment income

	Unrestricted funds General £	Total 2024 £
Bank interest received	1,822	1,822
	Unrestricted funds General £	Total 2023 £
Bank interest received	1,073	1,073

North Devon Mental Health Service Users Forum

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

5 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	16,909	18,525
Pension costs	287	321
	<u>17,196</u>	<u>18,846</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Employees	<u>1</u>	<u>2</u>

No employee received emoluments of more than £60,000 during the year

North Devon Mental Health Service Users Forum

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

6 Taxation

The charity is a registered charity and is therefore exempt from taxation.

7 Funds

	Balance at 1 January 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 December 2024 £
Unrestricted funds					
Unrestricted funds	30,338	40,085	(21,835)	(12,598)	35,990
Designated funds					
Cessation fund	13,591	-	-	(2,402)	11,189
Postcode Local Trust	-	-	-	15,000	15,000
	<u>13,591</u>	<u>-</u>	<u>-</u>	<u>12,598</u>	<u>26,189</u>
Total unrestricted funds	<u>43,929</u>	<u>40,085</u>	<u>(21,835)</u>	<u>-</u>	<u>62,179</u>
Restricted funds					
Break the Cycle	296	-	-	-	296
Danny's Line	15,530	330	-	-	15,860
Fullabrook CIC	5,000	-	(5,000)	-	-
John's Charity	7,200	-	(5,244)	-	1,956
National Lottery - Hear Together	17,338	52,015	(69,353)	-	-
David Gibbons Trust	2,000	-	(2,000)	-	-
Trusthouse Charitable Foundation	-	10,000	-	-	10,000
Hendy Foundation	2,940	-	(2,940)	-	-
North Devon Counsellors	-	1,150	(1,150)	-	-
Barnstaple Town Council	-	8,000	(3,640)	-	4,360
Grocers Charity	-	2,000	-	-	2,000
Schreier Foundation	-	3,000	(3,000)	-	-
Focus Foundation	-	5,880	(1,932)	-	3,948
	<u>50,304</u>	<u>82,375</u>	<u>(94,259)</u>	<u>-</u>	<u>38,420</u>
Total funds	<u>94,233</u>	<u>122,460</u>	<u>(116,094)</u>	<u>-</u>	<u>100,599</u>

North Devon Mental Health Service Users Forum

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

	Balance at 6 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 December 2023 £
Unrestricted funds					
<i>General</i>					
Unrestricted funds	12,057	27,274	(35,402)	26,409	30,338
<i>Designated</i>					
Cessation fund	40,000	-	-	(26,409)	13,591
Total unrestricted funds	<u>52,057</u>	<u>27,274</u>	<u>(35,402)</u>	<u>-</u>	<u>43,929</u>
Restricted funds					
National Lottery - Hear Together	-	17,338	-	-	17,338
National Lottery - Reaching Communities	25,125	23,081	(48,206)	-	-
Break the Cycle	1,478	-	(1,182)	-	296
Danny's Line	14,030	1,500	-	-	15,530
Fullabrook CIC	-	5,000	-	-	5,000
Devon Community Foundation	-	2,000	(2,000)	-	-
David Gibbons Trust	-	2,000	-	-	2,000
Hendy Foundation	-	2,940	-	-	2,940
John's Charity	11,002	7,200	(11,002)	-	7,200
Trusthouse Charitable Foundation	-	10,000	(10,000)	-	-
	<u>51,635</u>	<u>71,059</u>	<u>(72,390)</u>	<u>-</u>	<u>50,304</u>
Total funds	<u>103,692</u>	<u>98,333</u>	<u>(107,792)</u>	<u>-</u>	<u>94,233</u>

Purposes of unrestricted funds

Unrestricted funds are used to further the objects of the charity, but are subject to no restrictions on their use within these objects.

Designated funds are used to cover potential costs if the charity finds that it is unable to continue to operate (cessation fund) or are set aside for other specific purposes at the discretion of the trustees, for example, the Postcode Local Trust funding.

North Devon Mental Health Service Users Forum

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

Unrestricted grants and donations

Turnstyle Designs are a North Devon based manufacturer of luxury door hardware for bespoke and high-end residential, commercial and yacht projects. They strive wherever possible to support local and give back to the community, which includes a generous donation to Clarity toward the costs of supporting mental health.

Postcode Local Trust supports smaller charities and good causes in West of England to make a difference to their community for the benefit of people and planet. Their unrestricted funding will help us meet essential staff costs through 2025.

Devon Community Foundation kindly provided a community grant towards our core expenditure, funding such essential costs as insurance, professional fees, premises and office costs.

Purposes of Restricted Funds

Break the Cycle - is an initiative funded by North Devon Police to provide counselling to reduce the repetitive behaviour of individuals that results in police at a small amount of residual funding from this fixed term initiative is carried forward to tendance to incidents. In addition to supporting the individuals concerned, this intervention frees up police time, reduces the need for other emergency services and reduces the impact on the wider community.

Dannys Line - is an ongoing fundraising initiative to provide a telephone support service, staffed by experienced counsellors, to help individuals experiencing suicidal thoughts and intention. This community fundraised sum is currently held secure as a restricted reserve while investigating whether this is delivererable by Clarity, or better suited to another VCSE organisation

Gibbons Family Trust - kindly gave funding to support our team of volunteer counsellors in their essential work in 2023 into 2024. We provide our volunteers with free clinical supervision and also regular line management, peer support, CPD training opportunities and travelling expenses.

Fullabrook CIC is a North Devon based grant maker that gave funding that contributed to volunteer support costs for 2023 into 2024, which includes travel costs, free clinical supervision and support, or opportunities for training.

Hendy Foundation met the costs of running one of the charity's twelve-week groups in 2024. Our therapeutic groups aim to create a peer support network for the beneficiaries, and involve a wide variety of direct and indirect costs including group facilitators, group development and administration, clinical lead input, clinical supervision, monitoring and evaluation, as well as venue costs.

John's Charity - In 2023 we were fortunate to receive funding identified to cover the significant travel costs of the charity's team of volunteer counsellors through 2024 and beyond. The grant is being used for mileage and parking costs incurred, ensuring that these crucial volunteers are not financially impacted by their generous support to the charity.

North Devon Mental Health Service Users Forum

Notes to the Financial Statements for the Year Ended 31 December 2024 (continued)

The National Lottery – Hear Together grant commenced in 2024 for a period of three years, covering the costs of key personnel, the charity's premises costs and also its core business professional support costs. The support of the National Lottery continues to be the cornerstone of funding for the charity in the absence of any financial support from the government.

Trusthouse Charitable Foundation has generously provided funding towards the core costs of the charity. It would not be possible for the charity to maintain its premises and counselling operations without this financial support.

Focus Foundation is providing an essential grant to support Clarity's group counselling through its funding of various workshops fulfilling specific needs in the community.

Barnstaple Town Council has generously committed to three years of funding for the charity's significant volunteer costs, alongside other funders, which gives the charity longer term certainty that we can continue to attract and support our essential volunteer counsellors.

Grocers Charity is kindly supporting Clarity with a further grant towards our volunteer costs, whether that is covering their travel costs, free supervision and support, or specific training needs.

Schreier Foundation has given the charity a generous grant to help cover the costs of essential free supervision for its committed volunteer counsellors. This is a valuable form of support to the team alongside the mentoring and support provided to them by the charity in their work with clients.

8 Related party transactions

There were no related party transactions in the year.