



**HAMPTON
TRUST**

INNOVATION TO REBUILD LIVES

Annual Report 2021/22

Innovation to rebuild lives

Registered company number:

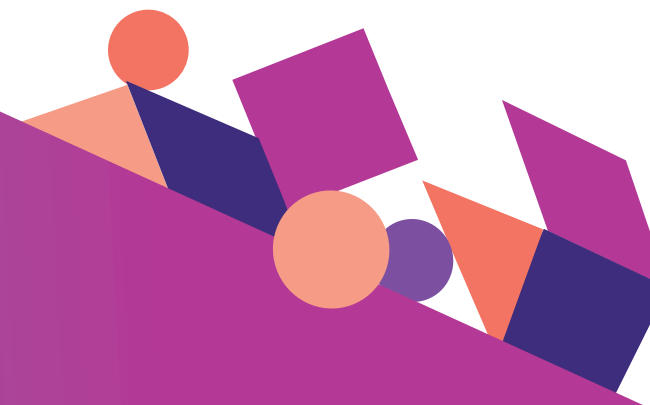
03182827 (England and Wales)

Registered charity number:

1055209



To tackle the root cause of domestic abuse, we must examine the complexities behind the behaviour in order to break the cycle of offending.



Contents

Chair's introduction 4

Chief Executive's introduction 5

About Hampton Trust 6

Domestic abuse and sexual violence work in the community 9

Our work with the criminal justice system 20

Professional training and education 27

Finance and governance 32

- Financial review
 - Structure, governance and management
 - Statement of trustee's responsibilities
 - Report of the independent auditors to the members of Hampton Trust
-

Financial statements 44



Chair's introduction

As this is my first Annual Report since taking over as Chair from my predecessor, Rodney Hogg, I'd like firstly to recognise the enormous contribution Rodney has made to the development of the Trust during his nine years as Chair.

I'd also like to pay tribute to the leadership of our Chief Executive, Chantal Hughes. Her dedication to and experience in the field of preventing domestic abuse in particular, and offending in general, is acknowledged to be leading the criminal justice world. We are fortunate to have her, and her team, committed to Hampton Trust.

This past year has been a difficult and challenging period for our nation and the criminal justice service in particular. However, it is significant that the Home Office has recognised the value and ability of working directly with perpetrators of abuse and other criminal offences in order to change offending behaviours and break the cycle of abuse and pattern of offending.

It is a huge compliment to each and every member of Hampton Trust staff that their work is seen as both innovative and effective in reducing offending and therefore the number of victims of criminal behaviours.

Although this report looks back on a successful 2021/22, it is important not to rest on laurels, but see it as a foundation upon which to build for next year and deliver against the challenges facing society into the future. To bring about social change and address the problems created over many decades requires patience, commitment and dedication to the task in hand. It is clear from reading this report that Hampton Trust is well placed to continue to lead this process of change for the betterment of individual lives and society as a whole.

In congratulating the organisation on its achievements highlighted in this report, I look forward to a future in which we continue to contribute to breaking the cycle of domestic abuse and the prevention of offending and reoffending across society.

Simon Hayes



Chief Executive's introduction

It's hard to reflect on the last year without reminding ourselves that April 2021 saw a lifting of yet another set of lockdown restrictions. The term roadmap took on a whole new meaning; we were all talking about hybrid working, as staff and with clients.

The pandemic brought with it excessive screen time; operating from virtual platforms meant staff were bringing frontline client work into their homes. The last two years have been exhausting for the team and wider sector. As we end the year, turning around the 'pandemic corner', we are proud of our achievements in adapting services, managing increased demand, and returning to face to face work. In the most challenging of times, we continue to innovate, and Hampton Trust is more resolute than ever in its aim to rebuild lives.

An April milestone of even more significance was the Domestic Abuse Bill finally being signed in law. We have waited a long time for this, and the Government has now committed to a National Perpetrator Strategy. Finally, an endorsement of the importance of working with the root cause of domestic abuse.

This year saw the Home Office fund perpetrator pilots across the country, and under this grant, Project Foundation and the Domestic Abuse Routine Enquiry Toolkit (DARE) offer innovative ways of identifying and engaging domestic abuse perpetrators at different stages of their offending journey. Throughout the next year we will continue to build on the success of these initiatives.

Evaluations from Southampton and Birmingham University continue to provide a valuable evidence base for interventions such as Project Foundation, DARE and Cautioning And Relationship Abuse (CARA). I am grateful to all the research partners, evaluating each intervention, whether that be in workforce development, behaviour change or preventing reoffending.

We reviewed our female offender programme (previously named WaDE) and consulted the women on a name that encompassed our trauma informed approach in empowering women to rebuild their lives and desist from crime. JUNO was created. In Roman mythology, Goddess Juno protected the nation, keeping a special watch over all aspects of women's lives.

It's a perfect name for what JUNO achieves in supporting women to address the nine pathways to offending and their complex trauma histories.

As we embark on the next twelve months, our focus will be expansion of Project CARA across the country. April 2023 marks a landmark policy reform, designed to simplify the adult Out of Court Disposal framework and ensure consistency across police forces. We will launch our CARA website, with content outlining our plans to work with commissioners, police and providers in the wider roll out of CARA.

The DARE toolkit will remain a priority in assisting professionals to feel more equipped in identifying domestic abuse perpetrators in their services.

3500 service users have passed through our doors this year and we have trained 600 professionals. Our growth, impact and reach would not be possible without relationships with our long-term and new partners, locally and nationally. This includes our work with police forces, universities, third sector organisations and grant funders

who support us in frontline delivery, evaluation, lobbying government, and testing new approaches.

I greatly value the support, both personally and on behalf of Hampton Trust, that is gained from such partnerships and look forward to continuing to work together in 2022/23.

Chantal Hughes



About Hampton Trust

Hampton Trust was founded in 1996 after a review undertaken by the Hampshire Association for the Care and Resettlement of Offenders and the Hampshire Care Trust highlighted large areas of unmet need for support for offenders and young people at risk. With set up funding provided by the Hampshire Probation Service, Hampshire Police Authority and Hampshire Social Services, Hampton Trust was established to bridge this gap.

Named after Gene Hampton, who had been a well-respected Hampshire Magistrate, Chair of the Probation Committee and serving member of the National Parole Board, our key aims were to prevent young people entering the criminal justice system as well as to provide rehabilitative programmes to prevent reoffending. We pioneered programmes with young people leaving care and on bail, using restorative justice approaches and a range of social and educational programmes as an alternative to custodial sentences. With a gap in provision for adult domestic abuse perpetrators in the criminal justice system, we designed a 30-week programme aimed at offenders presenting at court with a domestic abuse related offence.

Twenty-six years later we are delivering a broad range of award-winning services across three distinct business strands with the aim to provide innovative solutions to rebuild lives and create safer communities:

Domestic Abuse & Sexual Violence interventions

Criminal Justice programmes

Professional training

The work we do in each of these three areas, along with stories of change, are described on subsequent pages of our report.

Our focus is on:

- Early intervention and preventative programmes across all ages to build resilience, disrupt patterns and break the cycle of abuse
- Tackling the root causes of domestic abuse and supporting victims and survivors through tailored interventions for individuals committing abuse against their family
- Visionary rehabilitation programmes for individuals in the criminal justice system
- Educating and changing the practice of professionals to ensure domestic abuse is everyone's business

We continue to identify gaps in provision both in the criminal justice system and the domestic abuse field. To tackle the root causes of domestic abuse and criminality we must examine the complexities behind the behaviour in order to break the cycle of offending.

Why Hampton Trust ?

Trauma Informed Quality Mark

In 2021, Hampton Trust became one of three organisations to achieve the One Small Thing Trauma Informed Quality Mark.

This accreditation ensures that trauma informed principles are implemented across the culture, practice and environment of the organisation, with individual needs and wellbeing prioritised.

Evidence based practice

We are known for testing new and innovative approaches to develop an evidence base and inform policy change. It is important that our work remains open to scrutiny and independent evaluation, which is why we work in partnership with several universities such as Cambridge University, Southampton University, Bournemouth University, Birmingham University, York University, Durham University, Winchester University, and Cardiff University.



The five trauma informed principles are:

Safety:

ensuring physical and emotional safety

Trustworthiness:

creating respectful environments where personal boundaries are maintained

Choice:

creating environments where individuals have choice and control

Collaboration:

making decisions with the individual and sharing power

Empowerment:

prioritising empowerment and skill building

Our partners

We gratefully appreciate the support of...



Domestic abuse and sexual violence work in the community

Our ADAPT service delivers the Domestic Abuse Perpetrator Service in Hampshire, Isle of Wight and Southampton, taking referrals from police and other partner agencies.

On the Isle of Wight, we provide the Independent Sexual Violence Advisory Service (ISVA), offering intensive trauma informed support designed to help survivors manage their trauma and successfully navigate their criminal justice journey.

In Dorset, we partner with Safelives to deliver the DRIVE programme, which is aimed at high risk/high harm perpetrators of domestic abuse.

Our LINX practitioners support staff and students in addressing harmful and inappropriate sexual behaviour in school.

ADAPT

Accredited Domestic Abuse Prevention Training

Our flagship service ADAPT is being jointly commissioned by Hampshire County Council, the Police and Crime Commissioner for Hampshire & Isle of Wight, and Southampton City Council.

On the Isle of Wight the You Trust, commissioned by the Isle of Wight Council, delivers the Integrated Domestic Abuse Service and subcontracts us to deliver the Domestic Abuse Perpetrator Service and the Independent Sexual Violence Advisory Service.

The ADAPT programme is aimed at individuals who are using harm in their couple relationships, and referrals are made by a number of organisations including social services, health providers, police, and voluntary agencies. Following a rigorous assessment and based on individual risk and need, clients with multiple and complex needs will receive individual support whilst those suitable for group work are referred to the behaviour change programme.

An integrated victim safety advisor service supports current and former partners of those in the ADAPT programme.

The integrated victim safety service is a fundamental aspect of the ADAPT service. The Domestic Abuse Safety Advisors make proactive contact with current and ex partners of all perpetrators accessing ADAPT. The service priorities risk management, ensuring safeguarding functions are robust, outward facing, and sit within a wider community response.

Our team of Domestic Abuse Safety Advisor provide support for victims aimed at:

- Providing information about the ADAPT programme
- Increasing physical safety, emotional and psychological well-being
- Providing opportunities to develop insight and understanding about domestic abuse
- Assisting victims to manage the changes that may occur as a result of engagement with ADAPT
- Promoting realistic expectations regarding (ex) partners engagement and attendance with ADAPT
- Offering information, advice and guidance, including supporting with referral into additional specialist services

Aurora New Dawn are subcontracted to employ a full time Serial Priority Perpetrator Coordinator (SPPC). This role works with a number of agencies to identify serial perpetrators, including police, probation, social services, Multi-Agency Risk Assessment Conferences (MARACs) and third sector partners. Alongside Hampton Trust High Harm Practitioner, the SPPC is based within the Offender Management hub and they support the police to identify serial domestic abuse perpetrators. Those individuals who have been involved in multiple incidents or are linked to multiple victims. The SPPC and High Harm Practitioner also supports neighbourhood policing teams in initiating perpetrator engagement and actively encouraging a referral to our service.



“

Biggest change is my complete change in my behaviour. It does help a lot talking to other people that have the same problems as yourself. They don't judge you at all, they are here to help and listen. It was a big step ahead and has changed my thought processes.

ADAPT

Home Office pilots

During the last year, in partnership with the Police and Crime Commissioner for Hampshire & Isle of Wight and Hampshire Constabulary, we secured additional Home Office funding to expand our perpetrator service and undertake pilots in the following areas:

- Targeted engagement with high harm perpetrators – Project Foundation
- Targeted engagement with younger perpetrators – Caring Dads
- Workforce development training in engaging perpetrators – Domestic Abuse Routine Enquiry

Project Foundation

This pilot focused on providing a multi-agency response to repeat and serial domestic abuse perpetrators in a family setting in the areas of Southampton and Eastleigh. In line with the revised Violence Against Women and Girls (VAWG) policing framework, Project Foundation reflects a 'whole system' approach.

In partnership with Hampshire Constabulary, Hampton Trust analysed existing crime data across all risk levels to identify a rolling monthly cohort of perpetrators for management by district based High Harm policing teams, and provided specialist guidance and support to frontline police officers in developing Risk Management Plans for high harm perpetrators.

Following the success of the pilot, Project Foundation has now been rolled out across Hampshire and the Isle of Wight. The shift towards a perpetrator intervention focus in policing, has led to a high number of referrals that are lacking in information or commitment from the perpetrator, resulting in high drop-out rates. Our key aims for the coming year will therefore be to support police during perpetrator engagement visits and provide informal training to improve the quality of referrals into the service.

Caring Dads

Caring Dads is a bespoke trauma-informed intervention for young adults aged 16-24 who are showing signs of being abusive in their relationships. Young dads do not engage well with adult perpetrator programmes as they tend to be ill equipped to respond to the unique characteristics of adolescent relationships, and services find the dual role of addressing complex trauma histories and abusive behaviour a challenge.

Hampton Trust practitioners have completed training in the internationally used Caring Dads programme. Working closely with social workers to review young fathers with children on care plans, Caring Dads was adapted for the pilot to meet the unique needs of the younger age group who are more challenging to engage in our ADAPT programme. Referrals are received from Hampshire, Southampton and Isle of Wight social care teams and from Hampshire and Southampton youth offending teams.



ADAPT

Home Office Pilots

Domestic Abuse Routine Enquiry (DARE) - Workforce Development Training

This pilot aimed to upskill frontline workers from a range of professional backgrounds (police, social care, housing, substance misuse and mental health) to feel more confident and competent in the identification and engagement of domestic abuse perpetrators in their services.

The Domestic Abuse Routine Enquiry (DARE) Toolkit training, equips frontline professionals to identify domestic abuse perpetrators in their services and to have better conversations with them to more effectively encourage engagement into specialist services. Throughout the pilot more than 400 frontline professionals were trained.

1200

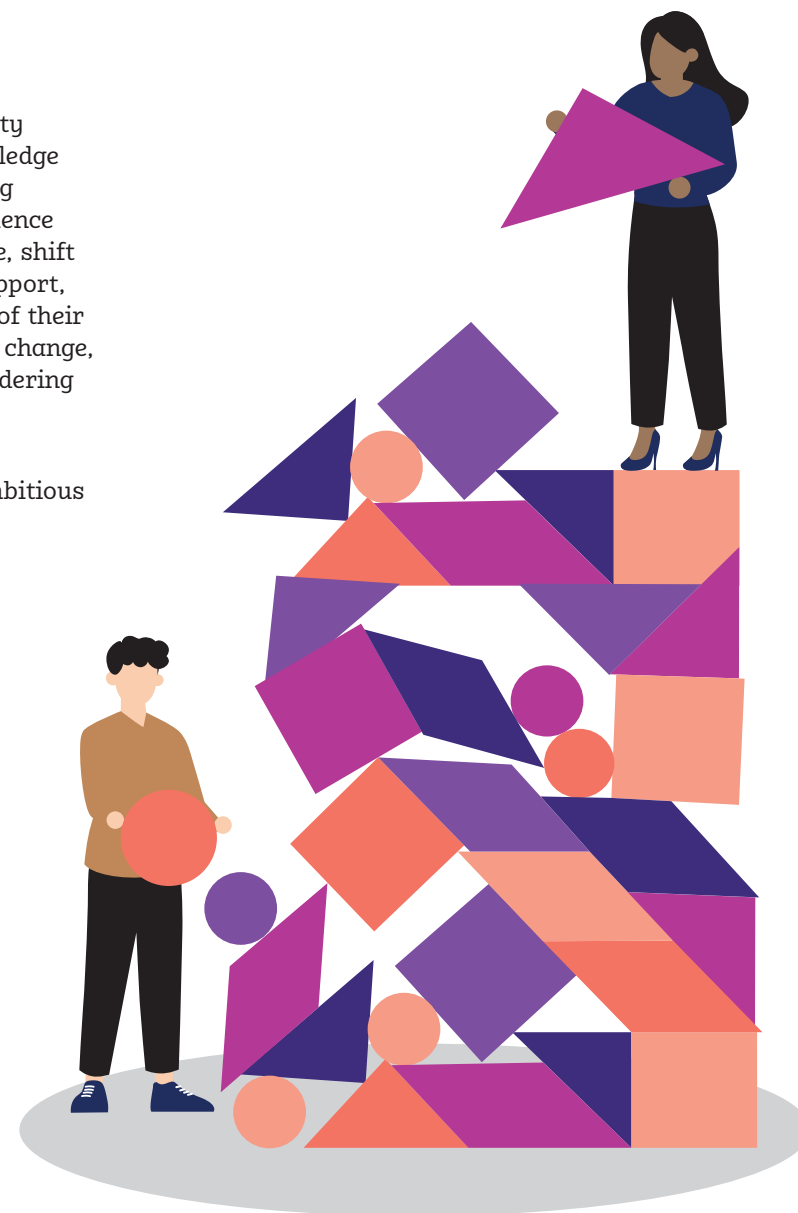
victim engagement and risk management sessions which have supported the safeguarding of **1500** associated children

An evaluation of the pilot by the University of Southampton concludes that 'the knowledge and skills provided through DARE training increased trainees' awareness and confidence to share learning, reflect on their practice, shift their perspective, provide appropriate support, signposting, and referrals, and move out of their comfort zone to take action to encourage change, creating hope for the possibility of engendering positive change to reduce risk to victims and families'.

For 2022/23, we have set ourselves an ambitious target to expand DARE and train another 500 professionals.

1300

perpetrator engagement sessions delivered



Stories of change

P's story

Caring Dads

P was assessed as being a high-risk perpetrator of domestic abuse, both in relation to his ex-wife and to his current wife. In both relationships he used coercive controlling behaviours, as well as physical and sexual violence.

Initially P felt that he wasn't going to learn anything from Caring Dads, thinking that it was more of a punishment rather than an opportunity for him to reflect on his abusive behaviour and learn how to make better parenting choices. After six weeks in the programme, however, P started to reference learning from previous weeks and provided examples of how he used tools such as the CBT triangle to help him make more pro-social choices instead of becoming verbally or physically aggressive.

When reviewing his goals during week 10, he told facilitators that he wanted to support his wife in achieving her goal of going back into education so that she can practise her chosen profession in the UK. He said that he was finding Caring Dads invaluable and was keen to continue his learning by joining the ADAPT group once Caring Dads had finished. Whilst his behaviour change journey remained ongoing, he had made sufficient progress to be able to return to the family home whilst child protection planning was ongoing.

K's story

Domestic Abuse Safety Advisor Service

K's partner was referred to Hampton Trust via police following disclosure to his therapist that he thinks about killing K. During his assessment he claimed to be the victim of domestic abuse, minimising and denying any behaviour relating to himself being abusive. He spoke derogatorily of K, demonstrating entitlement in terms of relationship dynamics.

During the assessment with K by the Domestic Abuse Safety Advisor (a routine service for the victims of those participating in perpetrator programmes), she disclosed challenges around her partner's mental health and behaviour during their 20-year marriage. She asked the DASA not to call her because of his paranoia, and that she would get in touch if she felt threatened or required support.

When she called the DASA some time later, she was in an emotional state and her partner could be heard in the background shouting abuse at her. During the telephone conversation, the DASA also relayed what was happening to a Hampton Trust manager via the Teams chat function. The DASA kept talking to K whilst the manager called 999. K was able to vacate the family home with assistance from police, and her partner is now receiving mental health support.

L's story

ADAPT

L had received a conditional caution for a domestic abuse offence involving harassment and assault. Disclosures of abusive behaviour, alcohol addiction, grief and the breakdown of his relationship and loss of accommodation prompted CARA facilitators to liaise with the services already involved to enable L to access the ADAPT programme for long-term behavioural change.

L completed rehabilitation to address his alcohol addiction; he received assistance with housing and secured accommodation. He is now engaging with ADAPT on a one-to-one basis, is back in a full-time job, and has committed to completing the ADAPT programme to enable him to have contact with his child and stepchildren in the future. His ex-partner has been supported throughout the intervention.



Joint working between Hampton Trust and Southampton IDVAs is the only effective way of keeping people safe.

Karen Marsh, IDVA Manager

ISVA Service

Independent Sexual Violence Advisory Service

Our team of four Independent Sexual Violence Advisers (ISVAs) are crucial in offering intensive trauma informed support designed to help survivors manage their trauma and successfully navigate their criminal justice journey whilst they wait up to two years for a court case to convene.

After setting up the ISVA Service on the Isle of Wight over a decade ago, additional funding from the Ministry of Justice and the Police and Crime Commissioner for Hampshire & Isle of Wight during the last twelve months has been used to expand the service to children and young people. In 2021, the Children & Young Persons ISVA received the coveted Head of Investigation Command Certificate of Congratulations from Hampshire Constabulary for her invaluable support to the victims and their families in one of the most distressing child sexual abuse cases ever been brought to justice on the Isle of Wight.

Having experienced sexual violence trauma, the length of time it can take for a trial to start can lead to clients withdrawing from the proceedings in a bid to move forward with their lives, which in turn can lead to trials collapsing and perpetrators not being brought to justice. During the Covid pandemic a significant number of court cases had to be postponed, resulting in further waiting times for victims.

After years of delay, we are now seeing an increase in cases going to court and remain hopeful that this will continue with several confirmed trials for 2022. During the last twelve months on the Isle of Wight, we saw 49 years imprisonment served in total, and survivors have stated that without the support of their ISVA they would not have continued with the criminal justice process.

The quality of the ISVA Service and the value it provides to Isle of Wight residents would not be possible without the strong partnership approach between Hampton Trust and Hampshire Constabulary. We also work closely with other island-based services that can assist survivors in their recovery.

170

clients supported in 2021/22

100%

of clients accessing the ISVA service report

- Feeling safer themselves and for their children
- Feeling informed about their options
- Improved health and wellbeing

Stories of change

M's story

ISVA Service

M was referred to Hampton Trust by Hampshire Constabulary after having reported historic sexual abuse. She had been battling alcohol abuse and recently completed a rehab placement. M was isolated from sources of support, including friends and family. The ISVA worked with M to build resilience and self-esteem as she initially lacked confidence to engage with support services. With the ISVA support, M attended two support groups, which was a significant achievement.

Intensive support and guidance from the ISVA Service gave M the courage to access a bespoke counselling service, and M hopes that when she feels stronger she will be able to pursue a prosecution and put full closure on her sexual abuse.



Thank you all for the dedication and hard work you have all, and will all, be putting in with our survivors. It is very much appreciated.

DC Julia Parker, Hampshire Constabulary



Thank you so much, you have been a lifeline for me. I have been haunted by what happened to me in my past, but I have never found a supportive ear or service until I met you. I felt empathy from you, and I am so pleased that you signposted me to services that specialise in sexual abuse. The counselling service seems a great fit and once I am stronger, I will be able to prosecute. You have given me so much and hopefully now I have the right tools I can move forward and not be a victim anymore. Just a big thank you.



DRIVE

Interventions for high-harm perpetrators of domestic abuse

Hampton Trust partners with Safelives to deliver the DRIVE programme in Dorset. The programme is aimed at high risk/high harm perpetrators of domestic abuse - those who have been assessed as posing a risk of serious harm or murder to people they are in intimate or family relationships with.

DRIVE challenges and supports perpetrators to change and works with partner agencies - such as the police and social services - to disrupt abuse. It is a long-term programme lasting 10-12 months and includes one-to-one behaviour change work as well as support to eliminate barriers to change. In delivering DRIVE we work closely with partner agencies to ensure there is clear risk management and the victim's voice is frequently heard and responded to.

In 2021/22, 51 perpetrators were referred to the DRIVE programme, with 60 associated victims and 110 impacted children and young people. 43% of those referred to the service were serial perpetrators of domestic abuse. Following DRIVE intervention, there has been a 78% reduction of risk to victims and a 78% reduction in abusive behaviours by service users. An evaluation by the University of Bristol shows a reduction in reoffending between 73% and 88% across all types of domestic abuse.

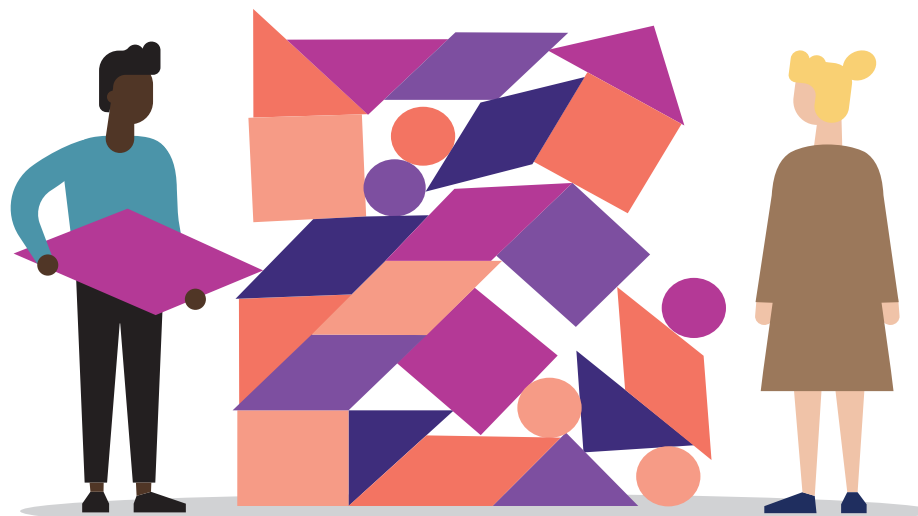
For 2022/23, we are looking to continue to build strong working relationships with partner agencies to explore additional referral routes and strengthen the recording of risk for victims.

51

high risk perpetrators participated in the programme

78%

reduction in abusive behaviours



Stories of change

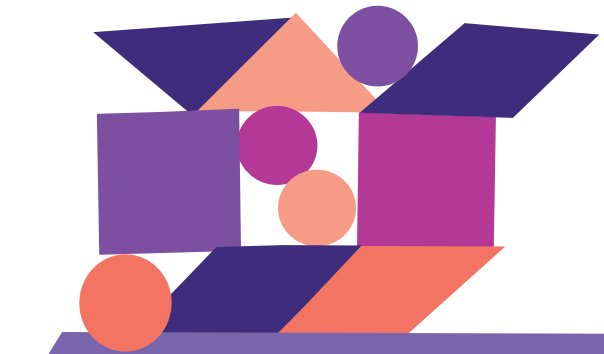
B's story

DRIVE

B, 37 years old, was referred to DRIVE because of alleged physical abuse using weapons, coercive controlling behaviour, and financial abuse against his 32-year-old partner. They also have one 7-year-old child. B was identified to need support with substance misuse (alcohol and cannabis), parenting, and employment.

As part of the DRIVE intervention, the case manager worked with social care and police to provide Claire's Law disclosure and supported B to accept a part time job. The case manager also worked with him to understand the impact of abuse on children, and created a 'time out' plan for when a situation is at risk of escalating.

B is now fully engaged in the programme and is seeking full time employment. He has a greater understanding of how further abuse can impact his child, is engaging fully with Children's Services, and has supervised contact with his child. B has a plan to step out if he feels a situation is escalating and tools to manage his reaction, increasing safety for the victim and his child. There have been no further incidents of abuse since the DRIVE intervention has started.



I have greatly valued working with Drive for the last 18 months. A close working relationship has been created between DRIVE and police. As a result of this, I feel DRIVE is an operational extension of my team. The wrap around approach that DRIVE creates with police and other key partners is key to tackling the root causes of domestic abuse.

Alyssa Forrest, Dorset Police

LINX

Supporting young people to address Adverse Childhood Experiences

LINX practitioners are school based and support young people to make the link between their exposure to domestic abuse, how they feel, and what negative behaviour may have resulted in response to such trauma. Children exposed to adverse childhood experiences suffer in a range of ways and this has the potential to impact on their engagement in education.

We do know that young boys are showing signs of harmful and inappropriate sexual behaviour in school, and young girls report incidents of sexual harassment. LINX practitioners support staff and students in offering sexual respect workshops and bespoke domestic abuse support delivered individually and in groups.

LINX and the Sexual Respect programme have been designed to encourage self-reflective discussion, respect for self and others, and an understanding of young people's rights and the responsibilities that come with those. It offers opportunities to explore concepts, thoughts, feelings and ideas in a safe, non-judgemental environment.

Young women reported feeling more comfortable about reporting/spotting sexually harmful behaviour in and out of school. They felt safe enough to talk openly and share important information.

75%

of young people felt empowered to disclose inappropriate or harmful sexual experiences

Engaged with

578

young people in 2021/22

Stories of change

X's story

LINX

X was referred to LINX for having difficulties with his mum and challenging behaviour at school. Over time, he had become withdrawn, and during the sessions he disclosed that he was self-harming. The LINX practitioner referred him to an NHS support worker for self-harming alongside providing additional one-to-one support. During the sessions goals were agreed both for school and home; X's relationships have now started to improve and he is no longer self-harming.



It's given me choices I didn't think I had before.

School pupil



LINX has been an invaluable support to our young people this year whether that be in group sessions or through 1:1s. It has enabled students to explore their feelings and voice how they feel in a safe space, whilst developing their understanding of how to respect themselves and others.

Deputy Head Teacher, Woodlands Community College, Southampton



Our work with the criminal justice system

CARA Cautioning and Relationship Abuse sits within the criminal justice system as an early intervention, targeting domestic abuse offenders who are meeting specific criteria to be issued with a Conditional Caution.

As of April 2023 under the new two-tier policing framework, **CARA** will be used for offenders receiving a Diversionary Caution. In 2020 we also partnered with Restorative Solutions to deliver **CARA** in West Yorkshire, launching our new delivery model for **CARA** replication.

JUNO also sits within the criminal justice system as an early intervention programme created specifically for women who have entered the criminal justice system and received a conditional caution. We are pleased to have received additional funding to expand **JUNO** across Hampshire, Isle of Wight, Southampton and Portsmouth.

CARA

Cautioning And Relationship Abuse

CARA is an innovative, award winning intervention targeting domestic abuse perpetrators who have received a conditional caution.

In 2021, CARA celebrated ten years of successful delivery, which started with a randomised control trial in partnership with Hampshire Constabulary and Cambridge University and has since gained national recognition, including awards from the Howard League for Penal Reform and the College of Policing.

CARA is delivered through workshops for domestic abuse perpetrators, with the aim to increase not only awareness of domestic abuse, but also self-awareness and the motivation to address behaviours and make changes. It supports offenders in understanding what domestic abuse is, the harm their actions have caused, the impact this has had on their partners, children and relationships, and how to make different choices going forward and prevent these harmful behaviours from becoming more entrenched. The workshops offer support relevant to the needs of the participants and signpost to further specialist help.

As an improved criminal justice response for victims, CARA ensures the perpetrator intervention is safe for the victim by providing regular contact and clear guidance. As an innovative example of partnership delivery, Hampton Trust works with the police to ensure CARA referrals are suitable and offenders are safe to engage with.

We currently deliver CARA in eight police regions: Hampshire, West Midlands, Dorset, Avon & Somerset, Leicestershire, Cambridgeshire, Norfolk, and Thames Valley. In 2020 we also partnered with Restorative Solutions to deliver CARA in West Yorkshire, launching our new delivery model for CARA replication.



“

I have found it to be brilliant for me, I have opened up about a lot of things I didn't expect to. I want to thank you for that. I feel more positive as a result and keen to make changes and manage my situation better.

CARA

Evidence shows reduction in reoffending

An Impact Evaluation and Economic Benefits study undertaken by the University of Birmingham in 2021 found that reoffending was reduced by 81% within the first six months and by 56% within the first twelve months after participating in the programme.

For every £1 invested in CARA, police forces saved £2.75. Evidence from Hampshire Constabulary in 2021 showed a 76% reduction of future offending in general and an 81% reduction of future domestic abuse offending.

All nine CARA force areas are currently signed up to a multi-site evaluation led by the University of Southampton which is due to be completed in 2023.

472

CARA completers signposted to onward support including counselling, housing, specialist perpetrator programmes, and more

91%

of offenders report CARA has positively impacted on their motivation to change behaviour

>60%

of victims who are still in contact with the offender report a behaviour change from the offender after the first workshop

1,596

police referrals

“

The University of Birmingham evaluation has demonstrated the value of CARA as an ‘early intervention’ for Domestic Abuse offenders; reducing both reoffending and escalation in offending to improve the lives of survivors. Many survivors do not want to go to court, they just want the abuse to stop and this evaluation shows that CARA can provide an effective alternative to court for first time offenders.

Nicola Lloyd, Neighbourhood Justice Manager for West Midlands Police

CARA expansion

A key focus in 2022/23 will be work towards the expansion of Project CARA across the country.

In order to facilitate the national roll out, we will be developing a commissioning framework and will create CARA materials that can be used by police and providers.

From April 2023, we hope to start working with commissioned providers, with knowledge of their local areas, who will start to deliver the CARA programme.

We will provide their facilitators with initial training and then provide them with ongoing supervision and quality assurance.

In January we will be launching our new CARA website. This will include comprehensive details on how we plan to expand CARA following the April 2023 policy reform.



Tackling domestic abuse and sexual violence is a priority for the Mayor of West Yorkshire, Tracy Brabin, who has commissioned the CARA programme and is investing over £1m into the provision.

Partnership working is crucial to achieving this and since the inception of the Mayor's West Yorkshire Domestic Abuse Perpetrator service, that uses CARA, we are beginning to see the green-shoots of this collaborative approach.

Deputy Mayor for Policing and Crime,
Alison Lowe

Stories of change

Adam's story

CARA

Adam attended the CARA workshop after being arrested for a domestic abuse offence and receiving a conditional caution. When he arrived at the workshop, he stated that he shouldn't be there and thought it was a waste of time.

CARA facilitators are trained to anticipate resistance and responded with encouragement. When Adam started to engage, he disclosed his own challenges in processing his emotions following a recent loss and made connections between his feelings of grief and his mental health/use of alcohol. He left the workshop indicating he had a lot to think about and having identified a personal goal: Start going to the gym and explore grief counselling.

At the second workshop Adam confirmed that he had started going to the gym, which was important for him because he has less built up energy and can feel his mental health deteriorating when he is not going.

Adam reflected that he had previously not wanted to even think about his own grief and was focused on being angry with the world. He now understands that dealing with grief is a journey and wants to learn more about local support available, and that he already feels lighter and more able to deal with life's stressors. Adam also reflected that he could see how his previous attitude had been impacting his partner, and that he wanted to change that.

Adam's partner, who was contacted between the first and the second workshop, stated that she felt CARA had really helped Adam and, by extension, her.



More communication since the CARA intervention. Things are better than they have ever been. We are dealing with things together and talking things through.

Adam's partner

JUNO

Trauma informed early intervention for female offenders

About 13,000 women are sent to prison in the UK every year - twice as many as twenty years ago, and many on remand or to serve short sentences for non-violent offences, often for a first offence.

Approximately 18,000 children are separated from their mothers by imprisonment every year, yet most of the solutions to women's offending lie in the community.

In Roman mythology, Goddess Juno kept special watch over all aspects of women's lives. It's a perfect name for what JUNO achieves in supporting women to address the nine pathways to offending and their complex trauma histories. JUNO is an early intervention programme created specifically for women who have entered the criminal justice system and received a conditional caution.

It is a trauma informed, rehabilitative intervention designed to respond to complex trauma histories and unique vulnerabilities associated with female offending whilst addressing the cause of offending through the nine 'pathways to offending':

- education, training and employment
- housing
- health
- drugs and alcohol
- finance, benefits and debt
- children, families and relationships
- attitudes, thinking and behaviour
- sexual exploitation
- domestic abuse

It aims to enable women to reflect on their own risk factors whilst being supported to develop resilience and coping strategies to move forward in their lives. Specialist JUNO practitioners work with them to build their skills in emotional management and believe in their ability to control their lives and achieve their goals. The women engage in two workshops and additional support is provided to access specialist services.

26%

of women in prison have no previous convictions

25%

of women in prison have mental health problems

81%

of women are in prison for non-violent offences

53%

of women in prison have been abused

136

referrals per annum

The 2006 Corston Report

In 2006 Baroness Corston was commissioned by the Home Office to examine what could be done to avoid women with particular vulnerabilities ending up in prison.

The key findings include:

- Prison is disproportionately harsher for women because the system and practices have been designed by men, for men
- Women are more likely to be primary carers of children, who are then often placed into care
- Most women in the criminal justice system have been victims of much more serious offences than those they are accused of committing
- Women commit more low-level offences and have less involvement in serious violence
- Relationship problems, drug addiction and mental health problems feature strongly in women's pathways into crime

Baroness Corston concluded that prison isn't the right place for women who are not a risk to the public.

Stories of change

Misha's story

JUNO

Misha is 42 years old, married with four adult children ranging from 17 years to 24 years. Although she was reluctant to attend JUNO, during the workshops she disclosed 27 years of domestic violence, coercive control, and sexual and financial abuse from her husband, including him fathering a child with another woman. She shared that her husband was addicted to cocaine, alcohol and gambling. Her children had been emotionally and verbally abusive to her for many years. Misha had limited support networks due to her husband's isolation tactics. She was experiencing depression, severe anxiety, suicidal ideation and the return of a cancer diagnosis. Misha described her existence as having invisible chains.

Misha completed the two workshops and received individual support from the JUNO Practitioner. The JUNO practitioner referred her to a domestic abuse service and she now has a domestic abuse key worker and is taking prescribed antidepressants that her husband would not permit her to take previously. She has decided to end the marriage and is receiving specialist support. The JUNO practitioner remains in touch with Misha, providing additional assistance while she navigates her new support networks.



I honestly don't know where I would be without you as I have always avoided getting help, but you made me feel strong enough to access support.

Misha

Professional training and education



To break the cycle of domestic abuse we need to safely identify and engage people who are causing harm in their relationships.

DARE training equips frontline professionals with the confidence to play their part in adopting a routine enquiry approach to domestic abuse.

ACEs training has helped professionals immensely and given them a greater knowledge of the impact of **ACEs** and possible triggers to assist them when working with their clients.

DARE

Domestic Abuse Routine Enquiry Toolkit

In 2021/22, we received additional Home Office funding to continue our workforce development training, and as a result we have been able to train over 400 professionals to become #DAREaware.

For 2022/23 we have set ourselves the challenge to train at least the same number of people again and look to expand DARE training across the UK.

For every victim and survivor of domestic abuse, there is a perpetrator. If we are to stand any chance of reducing the risk to adult victims and children and tackle the root cause of domestic abuse, it is imperative that we identify and engage those individuals perpetrating abuse and hold them to account. For far too long we have placed the burden of responsibility on victims to leave an abusive relationship.

We know that frontline services such as police, social care, housing, substance misuse and health are seeing individuals who are committing domestic abuse every day in their services. However, frontline professionals struggle to start conversations and support individuals to access specialist support such as provided by Hampton Trust.

DARE aims to increase the confidence and competence of professionals in identifying domestic abuse perpetrators, exploring the broader context and risks associated with perpetrators, and engaging and nudging them into specialist services. Professionals already proactively question domestic abuse victims to reduce risk and increase safety - and Hampton Trust is ambitious in wanting to see services adopt the same approach for perpetrators. DARE provides an opportunity to create whole system change and make it everyone's responsibility to call out domestic abuse, and we believe that all professionals and organisations should adopt a Domestic Abuse Routine Enquiry (DARE) approach into their practice.

The delivery of DARE across Hampshire would not be possible without the partnership between Hampton Trust, the Home Office, and the Police and Crime Commissioner for Hampshire & Isle of Wight. Our joined-up approach plays a significant role in reducing the risks of Domestic Abuse and improving the lives for all those impacted.



I am now willing to be able to offer support to families where domestic abuse is a concern - previously I have asked my team manager to avoid allocating me these cases.

Participant

DARE

Impact

The DARE toolkit was created as our call to action for a culture change among frontline services, and we have been working closely with frontline services in Hampshire and beyond to adopt the routine enquiry approach.

Findings from the DARE evaluation by Southampton University show that the tools provided in the toolkit have helped professionals to build confidence in having conversations with perpetrators. Professionals attending our training report:

- Increased confidence in starting conversations with perpetrators
- Better understanding of how to refer or signpost clients to specialist services for victims and perpetrators
- Better knowledge about the services available to support individuals and families
- Routinely identifying domestic abuse perpetrators for referrals

70%

of participants reported having gained a better understanding of how to refer or signpost clients to specialist services for perpetrators

81%

of participants reported having gained increased confidence in starting conversations with perpetrators



I feel more confident engaging with perpetrators in an effective and safe way and paying proportionate attention to them in any plans or assessments. I feel more knowledgeable about domestic abuse and how perpetrators may present as victims. This will help me to advocate for a domestic abuse-informed approach in Children's Services.

Participant



Having the tools and knowledge of support available and techniques in motivational interviewing will help me feel more confident in engaging with perpetrators and instigating change in behaviours.

Participant

ACEs

Understanding the role of Adverse Childhood Experiences in domestic abuse perpetrators and violent offenders

In the last year, Hampton Trust delivered training to help professionals understand the role of Adverse Childhood Experiences in domestic abuse and violent offenders to more than 200 frontline staff in Southampton who work with families that have been impacted by domestic abuse.

We know that frontline services such as police, social care, housing, substance misuse and health are seeing individuals impacted by ACEs every day in their services. In educating frontline professionals, we can support them to have more trauma informed conversations and support individuals to access specialist support such as provided by Hampton Trust.

Our ACEs training aims to help professionals:

- Gain knowledge of ACEs, the impact on the developing brain, and how to recognise ACEs and respond accordingly
- Explore trauma and its relationship with domestic abuse and violent offending
- Explore trauma informed working, vicarious trauma and how to look after yourself

Delivering the training to so many frontline professionals in Southampton would not have been possible without the strong partnership between Hampton Trust and the Southampton Violence Reduction Unit (VRU). We worked closely with the VRU to identify teams that would benefit from the training and look forward to delivering more ACEs training 2022/23.



I will be sharing my learning with the team and ensuring we work in a trauma informed way with everyone, including the team itself.

Participant



I will be more mindful of ACEs and how significant they can be for children.

Participant

ACEs

Impact

85% of participants said that ACEs training will help them in their professional practice.

Many teams reported that they had to make decisions quickly and triage situations around the risks to children. Attending the training had helped immensely and given them a greater knowledge of the impact of ACEs and possible triggers.



The training has made me more mindful of the impact ACEs have on your young children and taught me to look deeper into why a child will react in a certain situation.

Participant



I will use the training to inform my work with parents who may have their own ACEs.

Participant



80%

of participants increased their confidence in understanding the impact of childhood adversity

78%

increased their knowledge of how social, health and community factors impact on ACEs and trauma

75%

increased their understanding of trauma vulnerabilities specific to girls and women

Finance and governance



Financial review

Financial position

The financial position of Hampton Trust at the year end is set out on page 45.

We were pleased to record a surplus on charitable activities for the year of £212k, representing an increase of £48k compared to the £164k surplus that we realised in 2020/21. Income rose by £254k (a 22% increase), while expenditure was £206k higher than in 2020/21 (a 21% increase).

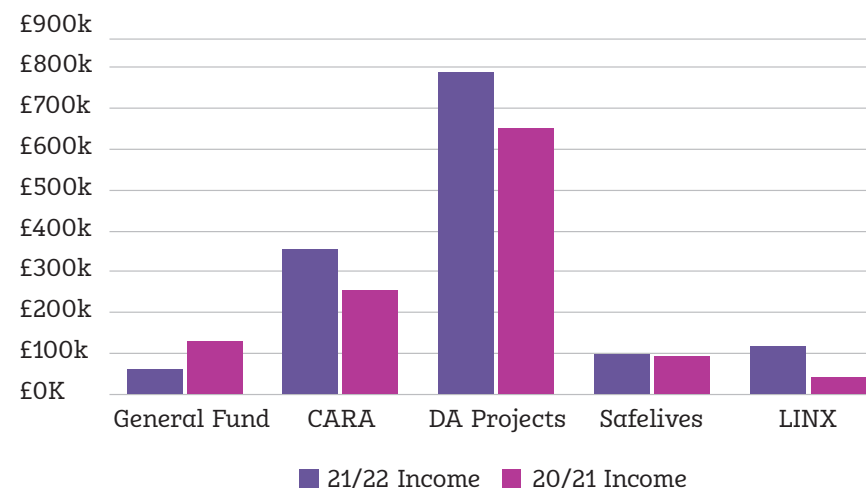
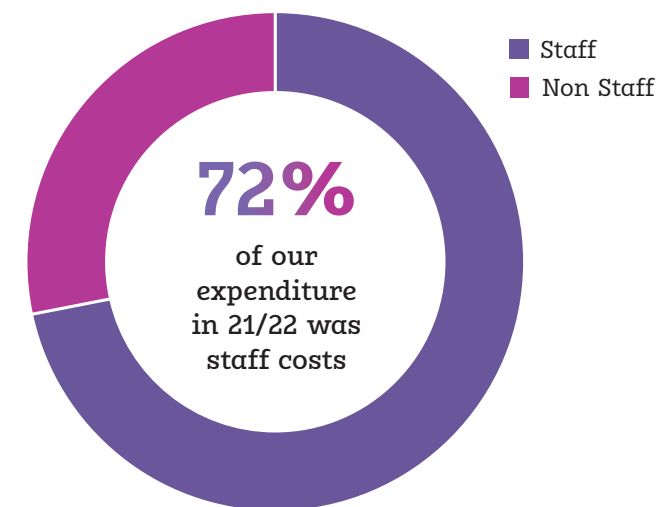
Income in 2021/22 was £1,420k. The £254k (22%) increase compared to 2020/21 reflected £323k of additional income from restricted activities, partially offset by a reduction of £69k on unrestricted (general fund) income.

The increase in restricted income was due mainly to growth of the CARA service plus additional funding relating to Home Office pilots (forming part of our Domestic Abuse Projects restricted fund).

The reduction in unrestricted (general) income was mainly due to lower Covid relief funding towards core costs.

Expenditure in 2021/22 was £1,208k, representing an increase of £206k (21%) compared to 2020/21. This increase was mainly due to higher staff costs (£198k higher), driven primarily by the average number of staff rising from 24 in 2020/21 to 29 in 2021/22, most of which was from additional full-time posts.

Nearly three quarters of our expenditure in 2021/22 related to staff costs, most of whom were engaged in provision of front-line services.



Financial review

Cash and total fund balances

The cash position at the end of 2021/22 was £643k, an increase of £49k on the balance of £594k at the end of the previous financial year.

The level of Deferred income reduced to £218k from £291k, while debtor balances were slightly higher at £132k compared to £72k at the end of the previous financial year.

Overall, total funds increased to £521k at the end of 21/22 from £309k at the end of the 20/21 year, representing an increase of £212k. Of the total fund balance at the end of 21/22, £314k represented restricted funds, £30k related to funds designated for particular activities and £177k was unrestricted.

Future plans

As we look ahead to 22/23, the Trust anticipates further growth in income as we look to increase the reach of Project CARA, develop our JUNO programme and generate additional income from our DARE Toolkit, whilst continuing to secure funding for Home Office pilots. We also expect our costs to rise, mainly as we grow our staff team to meet increasing demands, as well as improving our website and undertaking a range of activities in readiness for the anticipated expansion of CARA on a national scale from April 2023. We are confident that our income next year will be sufficient to cover our expenditure without the need to draw on reserves.

Pensions

The Trust participates in NEST, the workplace pension scheme established by the Government and run by the National Employment Savings Trust Corporation for auto enrolment. It is a defined contribution scheme, and contributions are charged to the Income and Expenditure account as incurred.

Reserves policy

The Trust aims to keep unrestricted reserves at a level where it can provide continuity in the delivery of its charitable objectives to clients and is in a position to meet its obligations towards its staff. The Trust uses a risk-based approach to setting and maintaining reserves.

Firstly, the key sources of income are examined to determine the potential financial risk that would result if commissioning contracts and/or key sources of grant funding were not to be extended. This assessment takes into account the level of long term committed funding (more than one year), the potential opportunity to find alternative sources of income to replace expiring agreements, and the level of financial reserves held within restricted funds that would be drawn down in the first instance to deal with financial shortfalls in some areas. This gives a figure of around £80k. Secondly, a consideration is made of wind-up costs, including staff related costs, lease commitments, and other obligations, totalling around £132k at the end of March 22.

At the end of 21/22 our free reserves were £172k. This reflects an improvement from the previous year's position of £128k. It is slightly higher than our target range of £80k - £132k. The breakdown of our £521k reserves (unrestricted, designated and restricted) is shown in the chart below.

As described above, the financial outlook for the year ahead is positive. Income is expected to be higher in 22/23 than 21/22, reflecting growth of key areas such as CARA. The Trustees are confident that the Trust has adequate resources to continue in operational existence for the foreseeable future, and believe that there are no other material uncertainties that call into doubt its ability to continue as a going concern.

Reserves at end 21/22



Structure, governance and management

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022.

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Administrative details

Registered company number

03182827 (England and Wales)

Registered charity number

1055209

Registered office

The Chubut Suite, Ashurst Lodge
Ashurst, Southampton,
Hampshire, SO40 7AA

Trustees

Mr A C Brooker (part year)	Mrs S Gregory	Ven Dr Peter Rouch
Mr R J Carter	Mr S Hayes	Mr P Swinburn
Mrs M Downes	Mr R J C Hogg	

Company secretary

Mr S Hayes

Auditors

Haines Watts, Chartered Accountants
& Statutory Auditors

Old Station House, Station Approach, Newport Street, Swindon,
Wiltshire, SN1 3DU

Objectives and aims

Based in Hampshire UK, The Hampton Trust charity was constituted under Memorandum and Articles dated 1996 and is registered under the Charities Act 1993 (Charity Registration Number 1055209) and under the Companies Act 1985 (Company Registration Number 3182827).

The Trust continues to pursue the original aims of its establishment in engaging people in the development of positive relationships with a special emphasis on developing and verifying better solutions to the problems of violence, abuse, conflict and exploitation that continue to harm so many lives in the United Kingdom.

The Trust is controlled and directed by a Board of Trustees of seven people who meet six times a year. The Chief Executive and Deputy Chief Executive attend all of these meetings, reporting on quarterly management accounts and on recent progress toward The Trust's agreed strategic objectives. Two meetings each year are reserved for training and development and planning for the future direction of the organisation.

New Trustees are selected with the skills and experience appropriate to the proper governance and development of The Hampton Trust.

Trustees are appointed at the annual general meeting but may be co-opted onto the Board during the year. There is a formal recruitment process led by the Chair and Vice Chair who interview candidates based on a specification for the role which may include skill sets that are needed for the Board at that particular time. The Chair and Vice Chair then make recommendations to the Board. New Trustees receive induction and training from the Chair, the Chief Executive and project managers. This includes information on the responsibilities of a Trustee and a full induction programme about The Hampton Trust. Trustees are required to undergo Disclosure and Barring Service checks.

Responsibility for the day to day running of the charity and delivery of activities is delegated to the Chief Executive (Chantal Hughes) and Senior Management Team.

Key management remuneration is set with reference to market conditions.



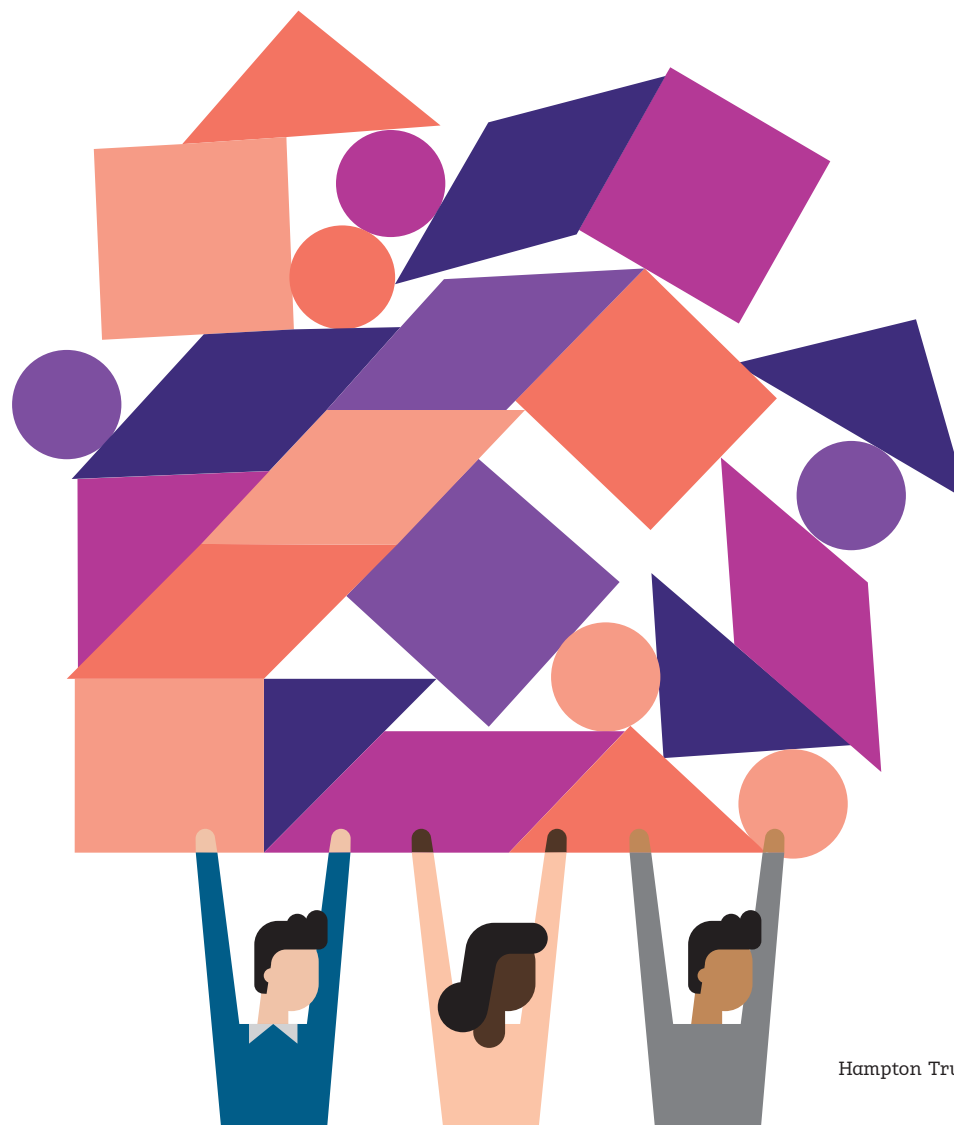
Public benefit

The benefits that arise from the aims of the Hampton Trust are in the positive impact we have on violence, abuse, conflict and exploitation.

These benefits are offered directly to a section of the public who are exposed to, or have experienced, violence, abuse, conflict or exploitation. The aims are intended to benefit individuals or groups identified as in need of a service where need is identified by professionals or by the individual, family, or group, themselves. We offer our services regardless of age, race, culture, disability, sexual orientation, or religion.

There are no restrictions in terms of the geographical area where the Trust can function providing charitable resources are available to offer a service. We do not charge individuals to access our programmes, nor do we have a membership system. No individual or organisation receives private benefits from the Hampton Trust.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives and in planning future activities. The Hampton Trust works to the highest quality standards to ensure safe and evidence based practice where the safety of the recipients of our services, children, and members of the wider community are of paramount concern.



Governing document

Risk management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Trustees maintain regular review of risks documented in the organisational risk register which includes monitoring controls to mitigate against these. See adjacent table for key risks and mitigation:

Risk identifier	Mitigation
Funding	Diverse fundraising strategy includes a mix of commissioned & grant funded services to avoid over-reliance on a single funding stream; regular monitoring of contractual positions, renewals; timely submission of new bids; regular liaison with key funders and commissioning bodies, highlighting inflationary pressures on our costs. Development of new revenue streams including training and CARA national replication.
Insufficient staff to deliver services	Multiskilling across the organisation where possible. Contingency planning; Supervision, training and support to develop staff; robust and professional recruitment process; regular review of remuneration levels; hybrid model of work including flexible and remote working where possible.
Reputation	Strengthened communications and contract monitoring stipulated in subcontract arrangements. Enhanced recruitment, selection, training and supervision of staff to avoid malpractice. Communications strategy in place to respond to any negative reporting. Governance of organisation includes close scrutiny of quality assurance across all areas of business.
Cybercrime	Cyber Essentials accreditation secured in August 2021. All staff trained to recognise and report malicious cyber activity. IT equipment fully compliant with protection against potential cybercrime. Essential Cyber Security Insurance cover for security breaches, loss of third-party data and cyber extortion.

Statement of trustee's responsibilities

The trustees (who are also the directors of The Hampton Trust (Hampshire & The Isle Of Wight) for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charity SORP
- Make judgements and estimates that are reasonable and prudent
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:


- There is no relevant audit information of which the charitable company's auditors are unaware; and
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Auditors

The auditors, Haines Watts, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12/12/2022 and signed on its behalf by:



Mr S Hayes
Trustee

Report of the independent auditors to the members of Hampton Trust

Opinion

We have audited the financial statements of Hampton Trust (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies.

The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources, including its income and expenditure, for the year then ended
- Have been properly prepared in accordance with the United Kingdom Generally Accepted Accounting Practice, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'; and
- Have been prepared in accordance with the requirements of the Companies Act 2006

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Report of the independent auditors to the members of Hampton Trust

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- The information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- The Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- Adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Report of the independent auditors to the members of Hampton Trust

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion.

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory framework applicable to both the charity itself and the industry in which it operates. We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our sector experience and through discussion with the trustees and other management.

The most significant were identified as the Companies Act 2006, UK GAAP (FRS102), Charity SORP and relevant tax legislation.

We considered the extent of compliance with those laws and regulations as part of our procedures on the related financial statements. Our audit procedures included:

- Making enquiries of trustees and management as to where they consider there to be a susceptibility to fraud and whether they have any knowledge or suspicion of fraud;
- Obtaining an understanding of the internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;
- Assessing the design effectiveness of the controls in place to prevent and detect fraud;
- Assessing the risk of management override including identifying and testing journal entries;
- Challenging the assumptions and judgements made by management in its significant accounting estimates.

Despite the audit being planned and conducted in accordance with ISAs (UK) there remains an unavoidable risk that material misstatements in the financial statements may not be detected owing to inherent limitations of the audit, and that by their very nature, any such instances of fraud or irregularity likely involve collusion, forgery, intentional misrepresentations, or the override of internal controls.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006.

Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

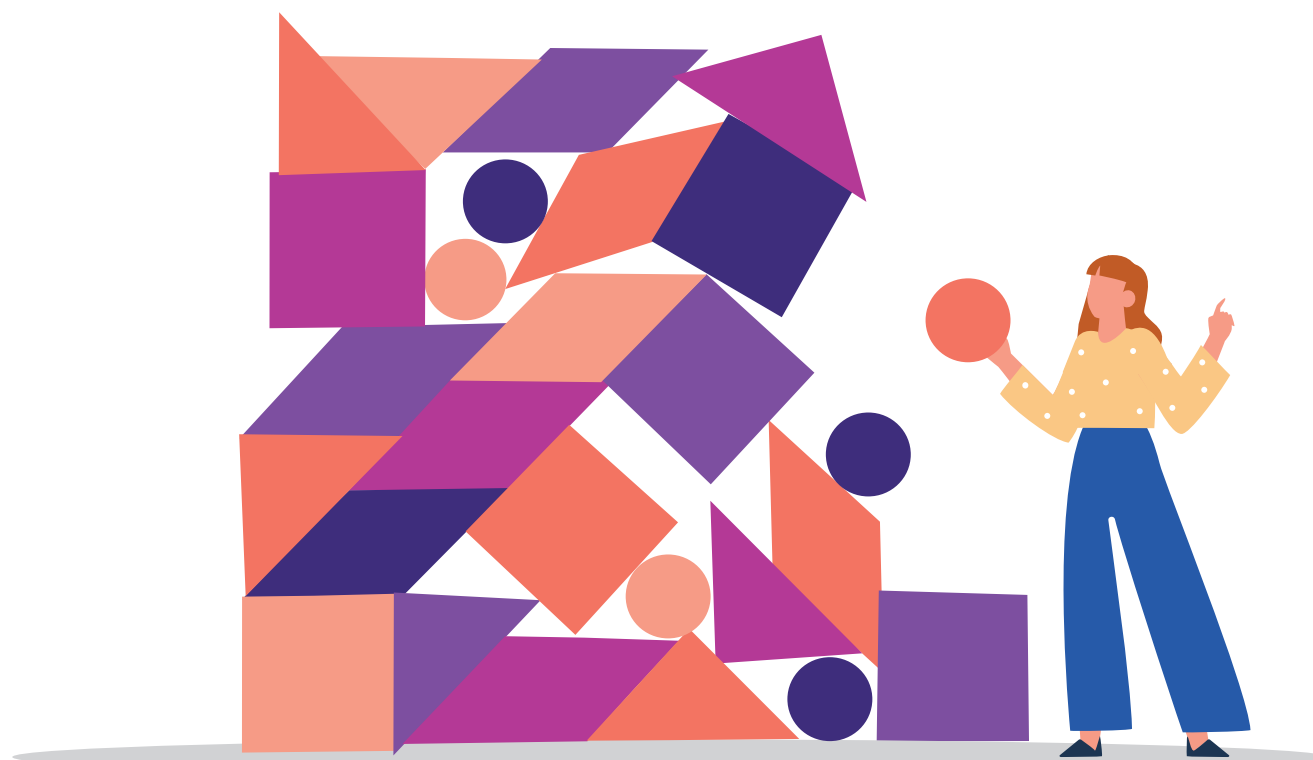
S Plumb

Susan Plumb ACA
Senior Statutory Auditor

for and on behalf of Haines Watts
Chartered Accountants & Statutory Auditors

Old Station House, Station Approach,
Newport Street, Swindon, Wiltshire,
SN1 3DU

Date: 12/12/2022



Financial statements



Financial statements

Statement of financial activities (incorporating an income and expenditure account) for the year ended 31 March 2022

	Notes	Unrestricted funds (£)	Restricted funds (£)	2022 Total funds (£)	2021 Total funds (£)
Income and endowments from Donations and legacies	2	60,204	72,427	132,631	376,659
Charitable activities Domestic Abuse Projects	4	-	1,287,619	1,287,619	789,629
Investment Income	3	51	-	51	168
Total		60,255	1,360,046	1,420,301	1,166,456
Expenditure on charitable activities					
LINX and JUNO	5	-	107,908	107,908	41,216
Domestic Abuse Projects		-	674,178	674,178	629,488
CARA		-	316,173	316,173	190,715
Other		13,111	-	13,111	42,036
Safelives		-	96,678	96,678	98,155
Total		13,111	1,194,937	1,208,048	1,001,880
Net income		47,144	165,109	212,253	164,576
Transfers between funds	14	31,359	31,359	-	-
Net movement in funds		78,503	133,750	212,253	164,576
Reconciliation of funds Total funds bought forward		128,619	179,980	308,599	144,023
Total funds carried forward		207,122	313,730	520,852	308,599

Financial statements

Statement of financial position 31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12/12/2022 and were signed on its behalf by:



Mr S Hayes - Trustee

	Notes	Unrestricted funds (£)	Restricted funds (£)	2022 Total funds (£)	2021 Total funds (£)
Fixed assets	10	4,844	-	4,844	-
Tangible assets					
Current assets					
Debtors	11	131,566	-	131,566	72,135
Cash in hand		298,030	345,089	643,119	594,281
		429,596	345,089	774,685	666,416
Creditors					
Amounts falling due within one year	12	(258,677)	-	(258,677)	(357,817)
Net current assets		170,919	345,089	516,008	308,599
Total assets less current liabilities		175,763	345,089	520,852	308,599
Net assets		175,763	345,089	520,852	308,599
Funds	14				
Unrestricted funds				207,122	128,619
Restricted funds				313,730	179,980
Total funds				520,852	308,599

Financial statements

Statement of cash flows for the year ended
31 March 2022

	Notes	2022 (£)	2021 (£)
Cash flows from operating activities			
Cash generated from operations	1	54,842	247,839
Net cash provided by operating activities		54,842	247,839
Cash flows from investing activities			
Purchase of tangible fixed assets		(6,055)	-
Interest received		51	168
Net cash (used in)/provided by investing activities		(6,004)	168
Change in cash and cash equivalents in the reporting period		48,838	248,007
Cash and cash equivalents at the beginning of the reporting period		594,281	346,274
Cash and cash equivalents at the end of the reporting period		643,119	594,281

Financial statements

Notes to the statement of cash flows for the year ended 31 March 2022

1. Reconciliation of net income to net cash flow from operating activities

	2022 (£)	2021 (£)
Net income for the reporting period (as per the Statement of Financial Activities)	212,253	164,576
Adjustments for:		
Depreciation charges	1,211	
Interest received	(51)	(168)
Increase in debtors	(59,431)	(52,123)
(Decrease)/increase in creditors	(99,140)	135,554
Net cash provided by operations	54,842	247,839

2. Analysis of changes in net funds

	At 1/4/21 (£)	Cash flow (£)	At 31/3/22 (£)
Net cash	594,281	48,838	643,119
Cash at bank and in hand	594,281	48,838	643,119
Total	594,281	48,838	643,119

Notes to the financial statements for the year ended 31 March 2022

1. Accounting policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention.

The financial statements are prepared in sterling, which is the functional currency of the entity and rounded to the nearest pound.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can

be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment and fittings **20% straight line**

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity participates in NEST; the government work based pension scheme. Contributions are charged to the Income and Expenditure as incurred.

Cash

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Going concern

There are no material uncertainties about the charity's ability to continue.

Notes to the financial statements – continued for the year ended 31 March 2022

2. Donations and legacies

	2022 (£)	2021 (£)
Donations - other	60,204	129,480
Domestic Abuse Projects	72,427	213,497
CARA	-	33,682
	132,631	376,659

Included in the above is £85,811 (2021 £302,049) COVID support funding

3. Investment income

	2022 (£)	2021 (£)
Deposit account interest	51	168

4. Income from charitable activities

Activity	2022 (£)	2021 (£)
Domestic Abuse projects	1,287,619	789,629

5. Charitable activities costs

	Unrestricted funds (£)	Restricted funds (£)	Total funds 2022 (£)	Total funds 2021 (£)
Charitable activity	8,211	1,194,937	1,203,148	997,180
Governance costs	4,900	-	4,900	4,700
	13,111	1,194,937	1,208,048	1,001,880

Support costs	2022 (£)	2021 (£)
Management/salary costs	121,740	74,029
Finance costs	30,959	21,753
Information technology	47,713	32,337
Office/premises costs	60,900	51,589
Legal & professional fees	10,500	12,721
Other	26,381	23,757
Total	298,193	216,186
Apportioned to activities	(285,082)	(173,880)
	13,111	42,306

Support costs are apportioned to activities based on level of income.

Notes to the financial statements – continued for the year ended 31 March 2022

6. Net income / (expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2022 (£)	2021 (£)
Depreciation - owned assets	1,211	-
Auditors' remuneration	3,800	3,600

7. Trustee's remuneration and benefits

Mr J Carter, a trustee, received remuneration (£7,500) for the provision of finance services to the Trust during the year (2021 fnil). No remuneration was received in his capacity as a trustee. No other trustees' received remuneration or other benefits for the year ended 31 March 2022 or 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

8. Staff costs

	2022 (£)	2021 (£)
Wages and salaries	790,895	610,691
Social security costs	59,709	44,466
Other pension costs	13,229	10,510
	863,833	665,667

The average monthly number of employees during the year was as follows:

	2022	2021
Part time	11	10
Full time	18	14
	29	24

No employees received remuneration of more than £60,000 during the year (2021 same).

Key management personnel

Key management personnel include all persons that have authority and responsibility for planning, directing and controlling the activities of the charity. The total compensation paid to key management personnel for services provided to the charity was £155,499 (2021: £144,571).

9. Limited by guarantee

The company is limited by guarantee and does not have a share capital. The liability of each member is limited to £1.

10. Tangible fixed assets

	Fixtures and fittings/office equipment (£)
Cost	
At 1 April 2021	20,486
Additions	6,055
At 31 March 2022	26,541
Depreciation	
At 1 April 2021	20,486
Charge for year	1,211
At 31 March 2022	21,697
Net book value	
At 31 March 2022	4,844
At 31 March 2021	-

Notes to the financial statements – continued for the year ended 31 March 2022

11. Debtors: amounts falling due within one year

	2022 (£)	2021 (£)
Trade debtors	123,651	65,730
Prepayments and accrued income	7,915	6,405
	131,566	72,135

12. Creditors: amounts falling due within one year

	2022 (£)	2021 (£)
Trade creditors	611	249
Social security and other taxes	18,076	15,714
Accruals and deferred income	239,990	341,854
	258,677	357,817

Deferred income of £218,097 will all be recognised as income in 2023 (2021: £291,164).

13. Leasing agreements

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2022 (£)	2021 (£)
Within one year	22,422	19,689
Between one and five years	14,474	11,809
	36,896	31,498

14. Movement in funds

	At 1/4/21 (£)	Net movement in funds (£)	Transfer between funds (£)	At 31/3/22 (£)
Unrestricted funds				
General fund	128,619	47,144	1,359	177,122
Designated fund				
Website development	-	-	30,000	30,000
	128,619	47,144	31,359	207,122
Restricted funds				
CARA	100,517	39,732	(31,359)	108,890
Domestic Abuse Projects	53,535	113,547	-	167,082
Safelives	14,131	2,696	-	16,827
LINX and JUNO	11,797	9,134	-	20,931
	179,980	165,109	(31,359)	313,730
Total funds	308,599	212,253	-	520,852

Notes to the financial statements – continued for the year ended 31 March 2022

14. Movement in funds - continued

Net movement in funds, included in the above are as follows:

	Incoming resources (£)	Resources expended (£)	Movement in funds (£)
Unrestricted funds			
General fund	60,255	(13,111)	47,144
Restricted funds			
CARA	355,905	(316,173)	39,732
Domestic Abuse Projects	787,725	(674,178)	113,547
Safelives	99,374	(96,678)	2,696
Linx and Juno	117,042	(107,908)	9,134
	1,360,046	(1,194,937)	165,109
Total funds	1,420,301	(1,208,048)	212,253

Comparatives for movement in funds

	At 1/4/20 (£)	Net movement in funds (£)	Transfers between funds (£)	At 31/3/21 (£)
Unrestricted funds				
General fund	72,402	87,342	(31,125)	128,619
Restricted funds				
CARA	38,450	62,067	-	100,517
Domestic Abuse Projects	-	22,410	31,125	53,535
Safelives	20,815	(6,684)	-	14,131
Linx and Juno	12,356	(559)	-	11,797
	71,621	77,234	31,125	179,980
Total funds	144,023	164,576	-	308,599

Notes to the financial statements – continued for the year ended 31 March 2022

14. Movement in funds - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources (£)	Resources expended (£)	Movement in funds (£)
Unrestricted funds			
General fund	129,648	(42,306)	87,342
Restricted funds			
CARA	252,782	(190,715)	62,067
Domestic Abuse Projects	651,898	(629,488)	22,410
Safelives	91,471	(98,155)	(6,684)
Linx and Juno	40,657	(41,216)	(559)
	1,036,808	(959,574)	77,234
Total funds	1,166,456	(1,001,880)	164,576

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/20 (£)	Net movement in funds (£)	Transfers between funds (£)	At 31/3/22 (£)
Unrestricted funds				
General fund	72,402	134,486	(29,726)	177,122
Designated fund - Website development	-	-	30,000	30,000
	72,402	134,486	234	207,122
Restricted funds				
CARA	38,450	101,799	(31,359)	108,890
Domestic Abuse Projects	-	135,957	31,125	167,082
Safelives	20,815	(3,988)	-	16,827
Linx and Juno	12,356	8,575	-	20,931
	71,621	242,343	(234)	313,730
Total funds	144,023	376,829	-	520,852

Notes to the financial statements – continued for the year ended 31 March 2022

14. Movement in funds - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources (£)	Resources expended (£)	Movement in funds (£)
Unrestricted funds			
General fund	189,903	(55,417)	134,486
Restricted funds			
CARA	608,687	(506,888)	101,799
Domestic Abuse Projects	1,439,623	(1,303,666)	135,957
Safelives	190,845	(194,833)	(3,988)
Linx and Juno	157,699	(149,124)	8,575
	2,396,854	(2,154,511)	242,343
Total funds	2,586,757	(2,209,928)	376,829

15. Employee Benefit Obligations

The amount recognised in expenditure in relation to pension arrangements was £13,299 (2021: £10,510).

16. Related Party Disclosures

Except for the disclosures made in note 7 there were no related party transactions for the year (2021 none).

Restricted funds

Domestic Abuse Projects – this fund covers our flagship ADAPT (Accredited Domestic Abuse Prevention Training) service as well as Home Office funded projects for the development of our perpetrator service and pilots for Project Foundation, Caring Dads and DARE training. Also included within this fund is our ISVA (Independent Sexual Violence Advisory) service on the Isle of Wight, as well as our Professional training and Education activities (DARE and ACEs).

CARA – Cautioning and Relationship Abuse – this fund relates to our criminal justice intervention targeting domestic abuse perpetrators who have received a conditional caution.

Safelives – this fund covers our DRIVE intervention for high-harm perpetrators of domestic abuse, which we deliver in partnership with Safelives.

LINX and JUNO – this fund covers two areas of our work. Firstly, it relates our LINX programme, which supports young people to address adverse childhood experiences. Secondly it relates to JUNO, our early intervention programme for women.

Designated funds

Website Development – this fund relates to work that will be undertaken to develop the existing Hampton Trust website, including a new site for CARA replication. This work is expected to be completed during 2022/23.



The Hampton Trust was founded in 1996 to deliver domestic violence perpetrator programmes within the criminal justice system. We have since developed a range of community based interventions for families experiencing domestic abuse alongside providing innovative criminal justice responses.

Head Office

Chubut Suite, Ashurst Lodge
Ashurst, Southampton,
SO40 7AA

Tel: 023 8000 1061 (Office)
Tel: 023 8000 9898 (Programmes)

Registered company number:
03182827 (England and Wales)

Registered charity number:
1055209