

**Charity registration number 1054792**

**Company registration number 02910220 (England and Wales)**

**DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH  
COMMUNITIES**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH  
COMMUNITIES

LEGAL AND ADMINISTRATIVE INFORMATION

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Trustees	Dr Adam Forman Dr Elena Alexandrou (Resigned 7 <sup>th</sup> November 2023) Adem Celik Dr Zerrin Atakan Ziya Adnan Kadriye Ali
Secretary	Nurullah Turan (Appointed 3 <sup>rd</sup> June 2024)
Charity number	1054792
Company number	02910220
Registered office	The Basement 66 New North Road London N1 6TG
Independent examiner	M J Bushell Audit LLP 8 High Street Brentwood Essex CM14 4AB

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**DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH  
COMMUNITIES**

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# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

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The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the 's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

### Objectives and activities

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities they should undertake.

### Achievements and performance

We continued to be a much-needed health and wellbeing services for Turkish and Kurdish communities. Despite the continued consequences of the cost of living crisis and the devastating earthquake tragedy in Turkey which still has a big effect on our communities here in North London especially. Our staff and volunteers worked vigorously to respond to the needs and demands from our communities to help and support them during all these difficult times.

Derman has also continued to expand the core services in line with its mission and vision in this challenging environment. We have been resilient and devoted to the needs of our service users and continued working closely with other agencies, funders, and our partner organizations.

We have made significant progress in meeting our key priorities in the last year on the following:

- Improving the wellbeing of people from our communities
- Delivering a high quality of services
- Achieving a sustainable financial future
- Increasing our reputation and profile – branching into neighboring boroughs.

### Person Centered Service Provision

All Derman services are integrated to tackle people's mental, physical, social, financial and emotional problems.

Despite the difficulties and challenges, cost of living crisis and the effects of the tragic earthquake in Turkey on our service users and community here in London; we delivered our three main services with a holistic

person centered approach for the Kurdish and Turkish communities to greatly improve the quality of life and to promote wellbeing.

**Derman currently offers holistic care through the following: Mental Health, Health Advocacy and Advice services.**

#### - The Mental Health Services

Derman's Mental Health services provide a wide range of psychological treatment interventions for Turkish, Kurdish, and Cypriot Turkish adults with common mental health problems who have a low to moderate level of need.

**672 people were referred** to the service and **647 eligible clients** benefitted from the services. Our Bilingual Counselling Service is a unique organisation. Accredited by the British Association of Counselling and Psychotherapy (BACP), as well as being an IAPT compliant organization since 2016. These are the benchmarks for high quality service delivery by Derman.

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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We provided our mental health services under five different projects during 2023-24 financial year:

**City & Hackney Mental Health Wellbeing Network:** We offered different group therapies/activities through this project during 2023-24: Dementia Prevention, pain management, walk and talk, handcraft, PTSD stabilisation, Trauma informed yoga, delf help for depression, film discussion and taste of life groups

Derman has been part of City and Hackney Wellbeing Network since 2015. The Network mostly offers a range of group activities and limited one to one counselling which aimed to improve emotional wellbeing, provide recovery skills to recover, live independently, and to manage their mental and physical well-being.

**IAPT (Improving Access to Psychological Therapies):** Outcomes for IAPT service showed that people accessing talking therapies showed significant recovery rates using both the PHQ9 measure of depression and the GAD7 measure of anxiety. Derman IAPT recovery rate was 60% in 2023-24, exceeding our target recovery rate of 50%.

Our service has been IAPT compliant since 2016 and delivering culturally appropriate psychological therapies for Turkish, Kurdish and Turkish Cypriot communities funded By NHS North East London Clinical Commissioning Group (NEL CCG).

**Counselling on Gambling:** This was a partnership service with GamCare to help overcome gambling problems in Turkish, Kurdish and Turkish Cypriot communities in London. Due to certain complications, we made the decision to terminate the contract for our gambling service ahead of schedule. This measure is necessary to address the issues encountered and to ensure compliance with our operational standards.

**Family Intervention Project:** We continued to provide this service during 2023-24 in partnership with Minik Kardes and Imece, funded by the Big Lottery; for Turkish, Kurdish and Turkish Cypriot families across north London. This project involves working with the whole family to provide a tailored response to families' specific needs. Family therapy service funding was secured for another 2 years with much increased capacity (1.5 posts) as well as adding half a post for an advice worker. The service has been available for the Turkish/Kurdish Communities in all North London boroughs from May 2023.

Since May 2023, our Family Therapy Service has been available to the Turkish and Kurdish communities across all North London boroughs. Over the past year, we have successfully supported numerous individuals and families through our counselling and advice services. The increased capacity will enable us to continue and enhance our support for these communities.

We are committed to providing high-quality family therapy and advice services and look forward to continuing this vital work.

**Community Connector:** The programme is funded by East London NHS Foundation Trust and managed by City and Hackney Mind. Derman has been the part of this mental health transformation programme based multi-disciplinary neighbourhood team to support people with mental health issues to link to their communities, developing a personalised programme of health and wellbeing activities through the community connectors in the last three years.

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

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#### **The Bilingual Health Advocacy Service**

During 2023-24, despite all the challenges and difficulties-GPs' way of working is changing all the time. E-consult/online/telephone contact is not our way of working. Our client group benefit fully direct contact. Our health advocacy team provided service to **2,215 individuals** at 12 different GP surgeries. This resulted in **6,892 contacts** (face to face and through 3-way (doctor/patient/advocate) telephone consultations remotely or from the GP surgery).

This service provides access routes to health and social care services for Kurdish, Turkish, Cypriot and Eastern European Turkish people who are registered with a Hackney GP and/or reside in City & Hackney since 1991. The aim of our health advocacy service is to facilitate face to face or telephone communication between health professionals and service users by bridging the language and cultural barrier to assist patients in achieving better access to their local health and social care services.

The most common complaints and conditions presented in 2023-24 financial year were as follows:

- Diabetes
- Back/neck pain
- Mental health issues (depression, anxiety and PTSD were most reported)
- Headache/Flu/Cold/Cough
- Women's Health Problems
- Joint pain/Knee/Shoulder complaints
- Asthma/Chest related complaints
- Skin conditions
- Stomach related complaints
- Men's Health Problems

#### **The Welfare Advice Service**

During 2023-24, **506 clients/individuals** benefited from the service and **we made 2211 total contacts with service users ,865 telephone contacts 1346 have been face to face contacts** with those clients to deal with their enquiries. The Welfare Advice service managed to secure around **£167,028** in benefits for our service users during the financial year.

We provided a high- quality professional welfare advice service in partnership with Citizen Advice Bureau (CAB), Hackney Council, Hackney foodbank and other members of Advice network in Hackney to Kurdish/Turkish and Turkish Cypriot communities. It makes a real difference to service users' and their families' and is vital to reduce poverty. We supported them to tackle some of the issues that underpin the social determinants of health. Areas of support for our communities include welfare benefits, debt and housing. The demand for this service continues to be higher than our resources allow us to meet.

#### **Strategic work**

We have made significant progress in meeting our strategic priorities in the last year.

#### **Our Business Plan 2022-27 has been published**

We have worked hard to achieve our business plan objectives. We hired a Business Development Manager, updated our website, and increased our social media activity to reach younger generations and the LGBTQ+ community through open access groups. We also launched welfare services in Pymmes Park, Edmonton, and secured an agreement with Forest Road MSK, establishing a strong foundation for service provision in the Enfield area. These efforts have significantly advanced our mission and expanded our reach.

**AQS-Advice quality mark** application was submitted in March 2023. Our application was successful

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

and we were awarded the AQS for welfare benefits, housing, disability, older people and consumer and general contract on 16/06/2023 and is valid till 2025. We aim to use this standard to help with funding applications.

#### Staff Welfare

Derman continued offering professional, practical and emotional help and support for all its staff through the Employee Assistance Programme provided by Education Support Partnership. We arranged multiple staff means and a staff day outing to an escape room in March 2024, to work on team building during the 2023-24 financial year.

#### Service Evaluation

##### We regularly collect feedback from our clients and professionals we work with:

All of Derman's services collect general descriptive data routinely throughout the year on demographics, referrals, client and contact numbers. We received a fantastic range of opinions and comments from service users. We ascertain feedback from service users via the general feedback questionnaire and complete necessary monitoring forms and reports for funders.

Outcomes reported for our Improving Access to Psychological Therapies (IAPT) service showed that people accessing talking therapies recorded reliable recovery using both the PHQ9 measure of depression and the GAD7 measure of anxiety. Derman's IAPT service recovery rate was 60% in 2023-24, exceeding our target recovery rate of 50%.

**Service User, Male 23:** "When I applied to Derman for counselling, I was unsure that if their staff could be helpful to my problems. I thought that Derman did not focus on young people's problems. However, I was new in this country and had limited English. I still preferred to have counselling in my mother tongue. After having counselling, my thoughts completely changed about Derman. My therapist helped me to feel more confident with my sexual identity, understand myself with my relations with others and have an easier adaptation process to London."

**GP, Hackney said:** "The health advocates are extremely helpful and always willing to help; sometimes staying beyond their used rushed time to help interpret. They play an important role in advocating for patients but also managing their expectations. They are helpful and invaluable interface between clinicians and patients particularly when there are cultural differences. My commendations to all advocates."

**Case Study: Mrs A's story, Female-45:** Mrs. A, a Turkish-speaking individual living outside Central London, sought help for her gambling addiction, feeling isolated and unsupported due to language barriers and an abusive relationship with her husband. We provided telephone sessions during his absence, ensuring confidentiality and her safety. Through therapy, we identified triggers for her gambling, stemming from loneliness and financial insecurity exacerbated by her husband's control. Mrs. A sought escape and financial independence through gambling but faced mounting debts. With our support, she initiated self-exclusion from betting shops, established a debt repayment plan, and regained her confidence. Three months later, she remained gamble-free, expressing satisfaction with her progress. This case highlights the importance of tailored support for marginalized individuals facing complex challenges like addiction and abuse.

#### Risk Management

The trustees have a risk management strategy which comprises of:

- An annual review of the risks faced by the charity
- The establishment of systems and procedures to mitigate the identified risks; and
- The implementation of procedures designed to minimize any potential impact on the charity should those risks materialize.

Seven of the key risks identified and their actions for Derman for the year ended 31st March 2023 were:

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

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1. **Risk:** Overwhelming demands to Derman services from our communities due to our expansion into other boroughs, long term effects of the pandemic, cost of living crisis and the effects of earthquake tragedy in Turkey on our service users here in London on their mental and physical health.

**Mitigation:** Develop a response plan by working closely with NHS/Council and all the other funding bodies to maximise the funding to increase the capacity of service provision, especially for welfare advice and mental health services, to deal with the demand; regularly update and evaluate Derman Business Continuity Plan

2. **Risk:** Staff retention and keeping the GP venues for our service provision post pandemic

**Mitigation:** Make plans for more staff welfare / team building activities / salary increments close to inflation figures. Working closely with GPs using all available venues for the service provision.

3. **Risk:** Volatility and decrease of voluntary income resulting from recession, high inflations and streamlining the services.

**Mitigation:** Strong messaging of the needs of the people Derman supports.

4. **Risk:** Continuing impact of budget cuts on the statutory income exacerbating the shortage of funding

**Mitigation:** Sustain open dialogue with local authorities and NHS and continually review new funding opportunities.

5. **Risk:** Reputational risks associated with a serious incident involving people we support e.g., safeguarding, accidents.

**Mitigation:** Education and maintenance of awareness of safeguarding and whistleblowing at all levels of Derman. Rigorous training in health and safety for all our workforce and comprehensive risk assessments for all people we support.

6. **Risk:** Increase in payments in arrears as a result of payment by activities and payment by results.

**Mitigation:** Derman will increase the reserves to respond to the new type of contracts.

7. **Risk:** With the uncertain economic environment there are challenges to making a long-term strategy:

**Mitigation:** we are working on updating the strategic plan to meet our aims in the current climate.

#### Reserves Policy

The trustees review the organisation's reserves annually, in line with guidance issued by the Charity Commission. The trustees wish to hold a minimum of three to four months' direct charitable expenditure as reserves. They believe reserves at this level ensure the organisation can run efficiently, meet the needs of its service users and liabilities to employees. The Trustees have considered their policy on building up reserves and established that the appropriate level of free reserves is one that allows the charity to continue its normal activities in the event of a significant drop in funding or loss of projects. The Trustees aim to increase its free reserves in response to the higher risk of income reductions from public sector bodies and lower returns expected from charitable trust applications. The free reserves will enable Derman to meet its objectives if it faces a loss of income, increases in unfunded costs or delayed receipt of grants.

Derman also needed to maintain its reserves in order to respond to new payment by the activity/payment by result model contracts instead of block funding contracts. This will help us to continue to provide our core activities in the event of unexpected shortfall of income or delays in payment or payment in arrears.

#### Plans for the 2023-24 Financial year

We aim to continue providing our services free so that access is open to all, and they are available to everyone regardless of an individual's background, age, gender, disability, faith, ethnicity or politics. Our



**DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH  
COMMUNITIES**  
**TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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focus will be responding to the needs of vulnerable people and strengthening our position as a preferred provider. Derman is dedicated to continuing the provision of high-quality, culturally appropriate and holistic services to support the Turkish, Kurdish and Turkish Cypriot communities using face to face interactions as well as telephone and online platforms.

**Our focus will be on the following areas:**

- Growing our income streams.
- Securing additional resources to expand our Welfare Advice Service to out of Hackney to respond to the needs and demands of our communities in North London, especially Haringey and Enfield.
- Sustaining and further developing Derman's Family Therapy Service in Hackney and Islington and expand into Haringey/Enfield.
- Making Derman's services more accessible/attractive to young/old people and other marginalized groups in our communities.
- Ensuring organisational structure to support expansion of service provision areas/locations and support organisational aims.
- Organising more Health Promotion meetings/activities to raise awareness on mental and physical health of our community members
- Wellbeing of staff, focusing on team-building as well as offering appropriate training courses for our staff.
- Investing on Derman's Website and Social Media work to increase awareness and to promote organisation's work and build more effective relationship with our communities and reach out to more people.
- Investing in our IT equipment.
- To continue to work in partnership with statutory and other voluntary organisations and expand our reach.
- Reviewing our evaluation process to ensure that we look at qualitative outcomes that will help our vision and purpose.

The trustees report was approved by the Board of Trustees.

Signed by:  
  
...A52BFB73EB93429...  
Nurullah Turan  
*Company Secretary*

12 November 2024  
Date: .....

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

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I report to the trustees on my examination of the financial statements of the company for the year ended 31 March 2024.

#### Responsibilities and basis of report

As the trustees of the (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the 's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

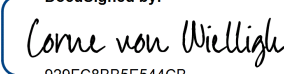
Since the 's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

DocuSigned by:

  
929FC8BB5E544CB...  
**M J Bushell Audit LLP**

**Corné Von Wielligh ACA**

8 High Street  
Brentwood  
Essex  
CM14 4AB

19 December 2024

Dated: .....

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2024**

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
<b>Income from:</b>							
Donations and legacies	3	10,000	-	10,000	10,000	10,000	20,000
Charitable activities	4	740,393	-	740,393	647,695	-	647,695
Investments	5	1,130	-	1,130	920	-	920
<b>Total income</b>		<b>751,523</b>	<b>-</b>	<b>751,523</b>	<b>658,615</b>	<b>10,000</b>	<b>668,615</b>
<b>Expenditure on:</b>							
Raising funds	6	21,128	-	21,128	18,312	-	18,312
Charitable activities	7	727,917	-	727,917	601,747	10,000	611,747
<b>Total expenditure</b>		<b>749,045</b>	<b>-</b>	<b>749,045</b>	<b>620,059</b>	<b>10,000</b>	<b>630,059</b>
<b>Net income and movement in funds</b>							
		2,478	-	2,478	38,556	-	38,556
<b>Reconciliation of funds:</b>							
Fund balances at 1 April 2023		379,277	18	379,295	340,721	18	340,739
<b>Fund balances at 31 March 2024</b>		<b>381,755</b>	<b>18</b>	<b>381,773</b>	<b>379,277</b>	<b>18</b>	<b>379,295</b>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## BALANCE SHEET

**AS AT 31 MARCH 2024**

	Notes	2024 £	£	2023 £	£
<b>Fixed assets</b>					
Tangible assets	13		876		1,167
<b>Current assets</b>					
Debtors	14	30,849		114,619	
Cash at bank and in hand		425,111		283,051	
		<u>455,960</u>		<u>397,670</u>	
<b>Creditors: amounts falling due within one year</b>	15	<u>(75,063)</u>		<u>(19,542)</u>	
<b>Net current assets</b>			380,897		378,128
<b>Total assets less current liabilities</b>			<u>381,773</u>		<u>379,295</u>
<b>The funds of the</b>					
Restricted income funds	18		18		18
Unrestricted funds	19		381,755		379,277
			<u>381,773</u>		<u>379,295</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

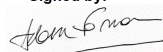
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

11 November 2024

The financial statements were approved by the trustees on .....

Signed by:



.....30638A8C4C2C486...

Dr Adam Forman

**Chair of Trustees**

Company registration number 02910220 (England and Wales)

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## STATEMENT OF CASH FLOWS

**FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	£	2023 £	£
<b>Cash flows from operating activities</b>					
Cash generated from operations	22		140,930		6,451
<b>Investing activities</b>					
Investment income received		1,130		920	
<b>Net cash generated from investing activities</b>			1,130		920
<b>Net cash used in financing activities</b>			-		-
<b>Net increase in cash and cash equivalents</b>			142,060		7,371
Cash and cash equivalents at beginning of year			283,051		275,680
<b>Cash and cash equivalents at end of year</b>			425,111		283,051

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2024

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#### 1 Accounting policies

##### Charity information

Derman- for the Well-Being of Kurdish & Turkish Communities is a private company limited by guarantee incorporated in England and Wales. The registered office is The Basement, 66 New North Road, London N1 6TG.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the 's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the . Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### 1.3 Charitable funds

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations or grants which the donor has specified are to be used solely for particular purposes/areas of the charity's work or for specific projects undertaken by the charity.

##### 1.4 Income

Income is recognised when the is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a specified service it is deferred until the criteria for income recognition are met.

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

#### 1 Accounting policies

(Continued)

##### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

- Costs of raising funds comprise the costs of staff time and associated support costs.

- Expenditure on charitable activities includes the direct costs of providing the services and other activities undertaken to further the purposes of the charity and includes their associated support costs.

- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

##### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
Office equipment	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

##### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

##### 1.8 Financial instruments

The has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the 's balance sheet when the becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### 1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

##### 1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (Continued)

1.11 Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised. The trustees' annual report contains information about the contribution to the charity made by volunteers.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

2 Critical accounting estimates and judgements

In the application of the 's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and gifts	10,000	-	10,000	10,000	10,000	20,000

Donations in 2022 were unrestricted.



# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

#### 4 Charitable activities

	Health Advocacy 2024 £	Mental Health Services 2024 £	Other income 2024 £	Total 2024 £	Health Advocacy 2023 £	Mental Health Services 2023 £	Other income 2023 £	Total 2023 £
Income from Charitable Activities	201,328	519,265	19,800	740,393	150,286	477,799	19,610	647,695
<b>Charitable activities</b>								
Homerton University Hospital NHS Foundation Trust	97,789	-	-	97,789	97,789	-	-	97,789
LB Hackney through CAB (East End Citizens Advice Bureaux)	-	-	-	-	29,565	-	-	29,565
LB Hackney through the Advocacy Project	-	-	-	-	1,610	-	-	1,610
The City Bridge Trust Grant for Advice Work	35,250	-	-	35,250	-	-	-	-
Welfare Rights/Advic work - London Borough of Hackney	35,000	-	-	35,000	-	-	-	-
Other income — GP surgeries	14,040	-	-	14,040	21,322	-	-	21,322
LB Hackney — Public Health through MIND	-	115,428	-	115,428	-	118,093	-	118,093
GamCare	-	28,672	-	28,672	-	32,976	-	32,976
NHS North East London Clinical Commissioning Group (Hackney CCG)	-	291,549	-	291,549	-	273,584	-	273,584
Big Lottery through Minik Kardes	19,249	65,306	-	84,555	-	29,739	-	29,739
East London Foundation Trust (ELF) through Hackney Mind	-	18,310	-	18,310	-	23,407	-	23,407
LB Hackney-(Community Infrasture grant)	-	-	-	-	-	-	-	-
The Whittington Hospital NHS Foundation Trust (Stop Smoking Project)	-	-	19,800	19,800	-	-	19,610	19,610
	201,328	519,265	19,800	740,393	150,286	477,799	19,610	647,695

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 5 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	1,130	920

### 6 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Fundraising and publicity</b>		
Support costs	21,128	18,312

### 7 Expenditure on charitable activities

	2024 £	2023 £
<b>Direct costs</b>		
Staff costs	538,499	492,720
Depreciation and impairment	292	415
Health advocacy & advice	3,741	7,863
Mental health	183,165	108,396
	725,697	609,394
<b>Share of support and governance costs (see note 8)</b>		
Governance	2,220	2,353
	727,917	611,747
<b>Analysis by fund</b>		
Unrestricted funds	727,917	601,747
Restricted funds	-	10,000
	727,917	611,747

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 8 Support costs allocated to activities

	2024 £	2023 £
Staff costs	9,402	9,351
Support costs	11,726	8,961
Governance costs	2,220	2,353
	<u>23,348</u>	<u>20,665</u>
<b>Analysed between:</b>		
Fundraising	21,128	18,312
Charitable expenditure	2,220	2,353
	<u>23,348</u>	<u>20,665</u>

### 9 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	<u>292</u>	<u>415</u>

### 10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the during the year.

### 11 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
	<u>30</u>	<u>28</u>
<b>Employment costs</b>	<b>2024 £</b>	<b>2023 £</b>
Wages and salaries	502,018	460,700
Social security costs	36,703	33,337
Other pension costs	9,180	8,034
	<u>547,901</u>	<u>502,071</u>

There were no employees whose annual remuneration was more than £60,000.

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 11 Employees (Continued)

#### Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2024 £	2023 £
Aggregate compensation	237,310	183,401

### 12 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

### 13 Tangible fixed assets

	Fixtures and fittings £	Office equipment £	Total £
<b>Cost</b>			
At 1 April 2023	9,857	19,446	29,303
At 31 March 2024	9,857	19,446	29,303
<b>Depreciation and impairment</b>			
At 1 April 2023	9,857	18,278	28,135
Depreciation charged in the year	-	292	292
At 31 March 2024	9,857	18,570	28,427
<b>Carrying amount</b>			
At 31 March 2024	-	876	876
At 31 March 2023	-	1,167	1,167

### 14 Debtors

	2024 £	2023 £
<b>Amounts falling due within one year:</b>		
Trade debtors	28,407	114,434
Prepayments and accrued income	2,442	185
	30,849	114,619

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 15 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Other taxation and social security		8,968	10,087
Deferred income	16	57,030	-
Trade creditors		707	1,905
Other creditors		-	277
Accruals		8,358	7,273
		<u>75,063</u>	<u>19,542</u>

### 16 Deferred income

	2024 £	2023 £
Other deferred income	<u>57,030</u>	<u>-</u>

Deferred income is included in the financial statements as follows:

	2024 £	2023 £
Deferred income is included within:		
Current liabilities	<u>57,030</u>	<u>-</u>
Movements in the year:		
Deferred income at 1 April 2023	-	-
Resources deferred in the year	<u>57,030</u>	<u>-</u>
Deferred income at 31 March 2024	<u>57,030</u>	<u>-</u>

### 17 Retirement benefit schemes

	2024 £	2023 £
<b>Defined contribution schemes</b>		
Charge to profit or loss in respect of defined contribution schemes	<u>9,180</u>	<u>8,034</u>

The operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the in an independently administered fund.

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

#### 18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
	18	-	-	18
	<u>18</u>	<u>-</u>	<u>-</u>	<u>18</u>
<b>Previous year:</b>	<b>At 1 April 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2023 £</b>
	18	10,000	(10,000)	18
	<u>18</u>	<u>10,000</u>	<u>(10,000)</u>	<u>18</u>

#### 19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
PTA recurrent funding	-	50,000	-	50,000
General funds	379,277	701,523	(749,045)	331,755
	<u>379,277</u>	<u>751,523</u>	<u>(749,045)</u>	<u>381,755</u>
<b>Previous year:</b>	<b>At 1 April 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2023 £</b>
General funds	340,721	658,615	(620,059)	379,277
	<u>340,721</u>	<u>658,615</u>	<u>(620,059)</u>	<u>379,277</u>

# DERMAN- FOR THE WELL-BEING OF KURDISH & TURKISH COMMUNITIES

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 20 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>At 31 March 2024:</b>			
Tangible assets	858	18	876
Current assets/(liabilities)	380,897	-	380,897
	<u>381,755</u>	<u>18</u>	<u>381,773</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<b>At 31 March 2023:</b>			
Tangible assets	1,149	18	1,167
Current assets/(liabilities)	378,128	-	378,128
	<u>379,277</u>	<u>18</u>	<u>379,295</u>

### 21 Related party transactions

The trustees, Adem Celik, Dr Elena Alexandrou and Ziya Adnan, are employed by the NHS. Their employment does not involve them in funding decisions affecting the charity.

As stated above there were no trustee expenses. There are no other related party transactions.

22 Cash generated from operations	2024 £	2023 £
Surplus for the year	2,477	38,556
Adjustments for:		
Investment income recognised in statement of financial activities	(1,130)	(920)
Depreciation and impairment of tangible fixed assets	292	415
Movements in working capital:		
Decrease/(increase) in debtors	83,770	(33,327)
(Decrease)/increase in creditors	(1,509)	1,727
Increase in deferred income	57,030	-
<b>Cash generated from operations</b>	<u>140,930</u>	<u>6,451</u>

### 23 Analysis of changes in net funds

The had no material debt during the year.