

Company No. 02910220
Charity No. 1054792

DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
FINANCIAL STATEMENTS AND THE TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

ALISON WARD ACCOUNTANTS
CHARTERED CERTIFIED ACCOUNTANTS

28 HILLS ROAD
BUCKHURST HILL
ESSEX IG9 5RS

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
FINANCIAL STATEMENTS AND THE TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

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**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT - STATUTORY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2022**

TRUSTEES

Dr Elena Alexandrou
Kadriye Ali
Ziya Adnan
Dr Zerrin Atakan
Adem Celik
Dr Adam Forman (Chair)
Nurullah Turan

SECRETARY

Zafer Kursun (from 1 July 2021)
Nursel Tas (to 30 June 2021)

REGISTERED OFFICE

The Basement
66 New North Road
London N1 6TG

COMPANY NUMBER

02910220

CHARITY NUMBER

1054792

BANKERS

The Co-operative Bank Plc
P.O. Box 250
Delf House
Southway
Skelmersdale WN8 6WT

INDEPENDENT EXAMINER

Alison Ward FCCA
Alison Ward Accountants
Chartered Certified Accountants
28 Hills Road
Buckhurst Hill
Essex IG9 5RS

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

The trustees (who are also the directors) present their report and the independently examined financial statements of the charitable company for the year ended 31 March 2022. The statutory information is shown on Page 1.

GOVERNING DOCUMENT

Derman - for the well-being of the Kurdish & Turkish Communities (the word 'Limited' being omitted by licence from the Department of Trade) is registered under the Companies Act 1985 as a company limited by guarantee and not having a capital divided by shares. Each member present and twelve months past is liable to contribute a sum not exceeding £1 on the company's winding up.

The company was incorporated on 18th March 1994 and is a registered charity constituted as a Limited Company under the Memorandum and Articles of Association. The charity registration number is 1054792 and the company registration number is 2910220.

PRINCIPAL ACTIVITIES

The company's Memorandum & Articles of Association was amended in its AGM on 17 November 2006 and its activities now are:

- to relieve sickness (including sickness associated with distress) and to preserve and improve health by the provision of counselling, advice and advocacy, support work and other allied services;
- to provide or assist in the provision of facilities in the interests of social welfare, for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their condition of life;
- to advance the education of families in better standards of childcare;
- to relieve poverty by the provision of welfare rights advice amongst the Turkish, Kurdish and Cypriot Turkish communities across the UK, in particular those communities in Hackney and other London boroughs.

PUBLIC BENEFIT

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives and in planning future activities.

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

ACHIEVEMENTS AND PERFORMANCE

We celebrated our 30th year in September 2021 as a charity organisation. Starting from a small room in a GP practice in 1991 with a couple of staff, providing much needed and valuable services year in year out for the last 30 years. This is a great achievement for our community. Through hard work, commitment and contribution from everyone involved, Derman is now a well-known, respected and trusted by funders, professionals and clients. Statutory bodies and councils recognise services make a positive difference to peoples' lives. We are proud of this achievement to date. The aim is to take the organization to a new level, doing better, reaching out to more people; helping and supporting them, and making a difference.

The 2021-22 financial year was another difficult one for everyone. The Pandemic continued effecting all of us, as individuals, families and organizations. It was a year of concerns, fear, difficulties, barriers and isolation. As Derman, despite the challenges and difficulties of Covid, continued working hard and put all the necessary measures in place quickly and effectively and adapted to the new ways of working. We have been resilient and devoted to the needs of our service users so we continued working closely with other agencies, funders, and our partner organizations.

We returned safely to almost %100 pre-covid time tables for our service provision since July 2021 providing most of our services face to face to ensure that people are supported as effectively as possible. However, we may need to work through the lasting consequences of the Covid-19 pandemic and adapt to new challenges and opportunities in different ways of working in coming years.

1. Person Centred / Holistic Service Provision

Derman put the service user at the heart of all its service provision. All Derman services integrated to tackle people's mental, physical, social, financial and emotional problems. Derman currently offers holistic care through the following: Mental Health, Health Advocacy and Advice services.

We are proud that, despite the difficulties and challenges of the pandemic, Derman has helped **2,915 people** and concluded **13,226 contacts/sessions** during 2021-22 financial year.

The Mental Health Services

Derman's Mental Health services provide a wide range of psychological treatment interventions for Turkish, Kurdish, and Cypriot Turkish adults with common mental health problems who have a low to moderate level of need.

603 people were referred to the service and, **eligible 586 clients** benefitted from the services. These services provided a total of **6,463 sessions**. Our Bilingual Counselling Service is a unique organisation Accredited by the British Association of Counselling and Psychotherapy (BACP), as well as being an IAPT compliant organization since 2016. These are the benchmarks for high quality service delivery by Derman.

Derman's Mental Health Services include following projects:

- **Improving Access to Psychological Therapies (IAPT):** Approved since 2016, delivering culturally appropriate psychological therapies for Turkish, Kurdish and Turkish Cypriot communities funded By NHS North East London Clinical Commissioning Group (NEL CCG). Outcomes for IAPT service showed that people accessing talking therapies showed significant recovery rates using both the PHQ9 measure of depression and the GAD7 measure of anxiety.

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Derman IAPT recovery rate was 57.5% in 2021-22, exceeding our target recovery rate of 50%.

- **City & Hackney Mental Health Wellbeing Network:** Derman has been part of City and Hackney Wellbeing Network since 2015. The Network mostly offers a range of group activities and limited one to one counselling which aimed to improve emotional wellbeing, provide recovery skills to recover, live independently, and to manage their mental and physical well-being.

We offered 8 different group therapies/activities through this project during 2021-22: Behavioural activation, walk & talk, self-help for depression/anxiety, relapse prevention, body and mind (pain management), Trauma informed yoga, handcraft and a LGBTQ+ group.

- **Community Connector:** Derman recently became a part of Mental health transformation programme based multi-disciplinary neighbourhood team to support people with mental health issues to link to their communities, developing a personalised programme of health and wellbeing activities through the community connectors. The programme is funded by East London NHS Foundation Trust and managed by the City and Hackney Mind.
- **Counselling on Gambling:** This is a partnership service with GamCare to help overcome gambling problems in Turkish, Kurdish and Turkish Cypriot communities. By increasing our remote work capacity, we are able to provide UK wide national gambling addiction counselling for our communities.
- **Family Intervention project:** Derman started providing this service in January 2020 in partnership with the Minik Kardes and Imece, and funded by Big Lottery for Turkish, Kurdish and Turkish Cypriot families from Hackney and Islington. This project involves working with the whole family to provide a tailored response to families' specific needs.

The Bilingual Health Advocacy Service

This service provides access routes to health and social care services for Kurdish, Turkish, Cypriot and Eastern European Turkish people who are registered with a Hackney GP and/or reside in City & Hackney since 1991. The aim of our health advocacy service is to facilitate face to face or telephone communication between health professionals and service users by bridging the language and cultural barrier to assist patients in achieving better access to their local health and social care services.

During 2021-22, despite all the challenges and difficulties, our health advocacy team continued providing service to **1,897 individuals** at 13 different GP surgeries. This resulted in **5,592 contacts** (4,448 face to face and 1,144 through 3-way (doctor/patient/advocate) telephone consultations remotely or from the GP surgery).

The most common complaints and conditions presented in 2021-22 financial year were as follows:

- Mental Health Problems (depression/anxiety, panic attacks etc.)
- Women's Health Problems
- Joint pain/Knee/Shoulder complaints
- Asthma/Chest related complaints
- Back/Neck Pain
- Covid-19 related
- Diabetes
- Stomach related complaints
- Headache/Cold/Cough
- Skin conditions

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Following successful tendering process we secured our funding for health advocacy service provision with NHS Homerton University Foundation Trust for another three years which could also be extended two further years.

The Welfare Advice Service

We provided a high- quality professional welfare advice service in partnership with Citizen Advice Bureau (CAB) to Kurdish/Turkish and Turkish Cypriot communities. It makes a real difference to service users' and their families' and is vital to reduce poverty. We supported them to tackle some of the issues that underpin the social determinants of health. Areas of support for our communities include welfare benefits, debt and housing. The demand for this service continues to be higher than our resources allow us to meet.

During 2021-22, **432 clients/individuals** benefited from the service and **we made 1,171 contacts** with those clients to deal with their enquiries.

2. Strategic work

We have made significant progress in meeting our strategic priorities in the last year.

- **DERMAN won prestigious HSJ (Health Service Journal) awards in September 2021.**
HSJ is the news and insight service for all healthcare leaders working in, for, or with the NHS.

DERMAN received the Award in the Mental Health Service Redesign category in collaboration with the City and Hackney ICP, North East London CCG, The City and Hackney Mind, Bikur Cholim and, Homerton University Hospital FT for the service provision of Culturally Focused IAPT for Communities by Communities. Getting the recognition of our 30 years of holistic, culturally specific/sensitive way of working is a great achievement for Derman and its staff.

- **Quality Mark**-We are pleased to renew our **Trusted Charity Quality Mark** for another three years-until 2025. Derman has the Trusted Charity quality mark **since** 2011 and successfully renewed it every three years. Trusted Charity quality mark is part of the NCVO/Growth Company and is the only UK quality standard designed to help third sector organisations operate more effectively and efficiently.
- **BACP Accreditation**-We successfully renewed our Counselling Service's BACP (British Association for Counselling and Psychotherapy) accreditation status for another five years-until 2026. Derman Counselling service has been BACP accredited since 2016.
- **Pilot work with Hackney Ark**: We ran six weeks of group work with Hackney Ark Cygnett ASD (Autism Spectrum Disorder) for Turkish Speaking Families to increase parents and carers understanding of ASD within a culturally relevant context to Turkish speaking parents, in November and December'21.
- Derman's Mental Health Team, as the member of Psychological Therapies Alliance, facilitated 3 psycho-educational groups workshops together with Tavistock for the Afghan refugees in the City and Hackney to help and support those people.

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

3. Service Evaluation

All of Derman's services collect general descriptive data routinely throughout the year on demographics, referrals, client and contact numbers. We received a fantastic range of opinions and comments from service users. We ascertain feedback from service users via the general feedback questionnaire and complete necessary monitoring forms and reports for funders.

Outcomes reported for our Improving Access to Psychological Therapies (IAPT) service showed that people accessing talking therapies recorded reliable recovery using both the PHQ9 measure of depression and the GAD7 measure of anxiety. Derman's IAPT service recovery rate was 57.5% in 2021-22, exceeding our target recovery rate of 50%.

Also when asked what we could do to improve, most of our service users suggestions were increasing activities and services that meet the needs of Turkish, Kurdish and Turkish Cypriot communities. More than 85% indicated that they felt happy with the Derman services.

Case Study:

Mr BD was referred to our Counselling service by his GP where we also provide our health advocacy service. Our health advocate had informed the GP about the availability of therapy at Derman. Client BD, 40-year-old male, Kurdish national who lives with his wife and 4-year-old son in a council flat. He received counselling treatment at Derman for his depression and anxiety problems. Following his sessions with the counsellor his financial situation's negative effects on his mental health had been identified so he was informed about Derman's welfare advice service and referred to get help.

Our advice worker identified that he needed help with his application for PIP (Personal Independence Payment), UC (Universal Credit) problems and other benefit check for his eligibility. He had a part-time job but had to stop due to deteriorated mental and physical illnesses as well as the pandemic and was claiming Universal Credit. We did a benefit check for the family. Even though they were receiving Universal Credit, CTC and CB, the total amount of benefit they were receiving was still not enough for the family to live on. Therefore, they were facing hardship financially.

As a result of our Advice Service's work, their financial circumstance improved after PIP and CA claim addition on their other benefits. Also providing him help through our Counselling service with his mental health problems at Derman made a significant difference to their life financially and more importantly mentally.

We also regularly collect feedback from our clients and professionals we work with:

Service User, Kurdish, Female-39: "To be able to see your faces, even online, made me feel Derman support us despite difficult times. Derman showed her care for us. I will never forget this. Derman's values are owning our problems like her problems and treating everybody with the same care."

GP, Lawson Practice-Hackney said: "The continuity of the same health advocates is brilliant. Our patients know Derman's advocates and trust them. Consultations with the advocates are much smoother than using language line because the advocates know our patients so well. They make consultations more efficient and I'm sure they improve patient satisfaction."

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

RISK MANAGEMENT

The trustees have a risk management strategy which comprises of:

- An annual review of the risks faced by the charity
- The establishment of systems and procedures to mitigate the identified risks; and
- The implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

We continue updating our business continuity plan to mitigate the potential impact of the pandemic we faced last two years. We are now back to almost 100% pre-pandemic service provision for all our services. However we continue to make phone/online sessions available for clients according to their needs.

Seven of the key risks identified and their actions for Derman for the year ended 31st March 2022 were:

1. **Risk:** Overwhelming demands to Derman services from our communities due to effects of the pandemic on their mental and physical health.
Mitigation: Develop a response plan by working closely with NHS/Council and all the other funding bodies to maximise the funding to increase the capacity of service provision to deal with the demand; regularly update and evaluate Derman Business Continuity Plan
2. **Risk:** Returning to work face to face (with some phone-online service provision) safely after all restrictions lifted
Mitigation: Make plans regarding coming back to work at offices/GPs face to face / phone-online service provision and review on a regular basis to keep staff and service users safe.
3. **Risk:** Volatility and decrease of voluntary income resulting from recession and streamlining the services.
Mitigation: Strong messaging of the needs of the people Derman supports.
4. **Risk:** Continuing impact of budget cuts on the statutory income exacerbating the shortage of funding
Mitigation: Sustain open dialogue with local authorities and NHS and continually review opportunities.
5. **Risk:** Reputational risks associated with a serious incident involving people we support e.g., safeguarding, accidents.
Mitigating: Education and maintenance of awareness of safeguarding and whistleblowing at all levels of Derman. Rigorous training in health and safety for all our workforce and comprehensive risk assessments for all people we support.
6. **Risk:** Increase in payments in arrears as a result of payment by activities and payment by results.
Mitigating: Derman will increase the reserves to respond to the new type of contracts.
7. **Risk:** With the uncertain economic environment there are challenges to making a long-term strategy:
Mitigation: we are working on updating the strategic plan to meet our aims in the current climate.

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

FINANCIAL REVIEW

The Statement of Financial Activities shows a surplus of £15,638 (2021 - £27,678). At 31 March 2022 total reserves stood at £340,740 (2021 - £325,102).

RESERVES POLICY

The trustees review the organisation's reserves annually, in line with guidance issued by the Charity Commission. The trustees wish to hold a minimum of three to four months' direct charitable expenditure as reserves. They believe reserves at this level ensure the organisation can run efficiently, meet the needs of its service users and liabilities to employees.

The Trustees have considered their policy on building up reserves and established that the appropriate level of free reserves is one that allows the charity to continue its normal activities in the event of a significant drop in funding or loss of projects. The Trustees aim to increase its free reserves in response to the higher risk of income reductions from public sector bodies and lower returns expected from charitable trust applications. The free reserves will enable Derman to meet its objectives if it faces a loss of income, increases in unfunded costs or delayed receipt of grants.

Derman also needed to maintain its reserves in order to respond to new payment by the activity/payment by result model contracts instead of block funding contracts. This will help us to continue to provide our core activities in the event of unexpected shortfall of income or delays in payment or payment in arrears.

PLANS FOR THE FUTURE

Derman is dedicated to continuing the provision of high-quality, culturally appropriate and holistic services to support the Turkish, Kurdish and Turkish Cypriot communities using face to face interactions as well as telephone and online platforms in the challenging environment. Our focus will be responding to the needs of vulnerable people and strengthening our position as a preferred provider.

- To ensure that Derman's services are sustainable and meet the Kurdish/Turkish communities' needs using different platforms to deliver services.
- To prepare a new Business Plan for a fresh look at the organisation's future and its service provision
- Organising more Health Promotion meetings/activities to raise awareness on mental and physical health of our community members
- To seek opportunities to spread existing services to out of Hackney to respond the demand in North London especially Haringey and Enfield.
- To continue to work in partnership with statutory and other voluntary organisations.
- Derman highly values it's staff wellbeing, and professional development. We, therefore, make sure we organize more staff outings/activities for team building as well as offer professional training courses for our staff.
- To invest on Derman's Website and Social Media accounts to be updated regularly and used safely-wisely to promote organisation's work and build more effective relationship our communities and reach out to more people.

**DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

TRUSTEES

The trustees who served during the year are shown below:

Dr Elena Alexandrou
Kadriye Ali
Ziya Adnan
Dr Zerrin Atakan
Adem Celik
Dr Adam Forman (Chair)
Nurullah Turan

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Company and charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to:-


- 1) select suitable accounting policies and then apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent.
- 3) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

SMALL COMPANY EXEMPTIONS

This report has been prepared and delivered in accordance with the provisions in Part 15 of Companies Act 2006 applicable to companies subject to the small companies' regime.

This report was approved by the board on 19 July 2022 and signed on their behalf.



Zafer Kursun
Company Secretary

DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022

I report on the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Alison Ward FCCA

19 July 2022

Alison Ward Accountants
28 Hills Road
Buckhurst Hill
Essex IG9 5RS

DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
STATEMENT OF FINANCIAL ACTIVITIES (including the Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted Note Funds £	Restricted Funds £	Total 2022 £	Unrestricted Funds £	Restricted Funds £	Total 2021 £
Income:							
Donations and legacies	2	10,200	-	10,200	10,043	-	10,043
Income from charitable activities	3	543,839	-	543,839	561,593	19,758	581,351
Income from investments	4	52	-	52	186	-	186
Total income		554,091	-	554,091	571,822	19,758	591,580
Expenditure on:							
Raising funds	5	8,516	-	8,516	9,435	-	9,435
Charitable activities	6	529,930	7	529,937	534,701	19,766	554,467
Total		538,446	7	538,453	544,136	19,766	563,902
Net income\ (expenditure)		15,645	(7)	15,638	27,686	(8)	27,678
Reconciliation of Funds							
Total funds brought forward		325,077	25	325,102	297,391	33	297,424
Total funds carried forward		340,722	18	340,740	325,077	25	325,102

The company made no recognised gains and losses other than those reported in the income and expenditure account.

The notes on pages 14 to 23 form part of these financial statements

DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
 Company registered number: 02910220
BALANCE SHEET AT 31 MARCH 2022

	Note	2022 £	£	2021 £
FIXED ASSETS				
Tangible assets	8		1,582	2,110
CURRENT ASSETS				
Debtors	9	81,293		35,799
Cash at bank and in hand		275,679		310,873
		<u>356,972</u>		<u>346,672</u>
CREDITORS: Amounts falling due within one year	10	(17,814)		(23,680)
NET CURRENT ASSETS			339,158	322,992
NET ASSETS			<u>£ 340,740</u>	<u>£ 325,102</u>
RESERVES				
Unrestricted funds	11	340,722		325,077
Restricted funds	11	18		25
		<u>£ 340,740</u>	<u>£ 325,102</u>	

In approving these financial statements as directors of the company we hereby confirm the following:

For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the board of trustees/directors on 19 July 2022


 Dr Adam Forman, Chair

The notes on pages 14 to 23 form part of these financial statements

DERMAN
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
Cashflows from operating activities			
Net cash provided by (used in) operating activities	12	(35,193)	19,612
Cash flows from investing activities:			
Purchase of tangible fixed assets		-	(1,905)
Change in cash and cash equivalents in the reporting period		(35,193)	17,707
Cash and cash equivalents at the beginning of the reporting period		310,873	293,167
Cash and cash equivalents at the end of the reporting period		£ 275,680	£ 310,873

The notes on pages 14 to 23 form part of these financial statements

DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

1a. Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), (Charities SORP FRS 102), the Charities Act 2011 and the Companies Act 2006.

Derman meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1b. Preparation of the accounts on a going concern basis

Derman has reported a surplus of £15,638 for the year. The trustees are of the view that the immediate future of the charity for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

1c. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a specified service it is deferred until the criteria for income recognition are met.

DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES (CONTINUED)

1d. Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised. The trustees' annual report contains information about the contribution to the charity made by volunteers.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

1e. Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally on notification of the interest paid or payable by the Bank.

1f. Funds

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations or grants which the donor has specified are to be used solely for particular purposes/areas of the charity's work or for specific projects undertaken by the charity.

1g. Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of staff time and associated support costs.
- Expenditure on charitable activities includes the direct costs of providing the services and other activities undertaken to further the purposes of the charity and includes their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES (CONTINUED)

1h. Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance personnel, payroll and governance costs which support the charity's grant programme and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

1i. Tangible fixed assets

Fixed assets are shown at historical cost. The cost of minor additions costing less than £500 are not capitalised.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life by the reducing balance method.

	%
Office equipment	25
Furniture and equipment	25

1j. Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1k. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1l. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1m. Taxation

The charitable company is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010.

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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES (CONTINUED)

1n. Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in the year.

2. DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Donations	10,200	-	10,200	10,043
	£ 10,200	£ -	£ 10,200	£ 10,043

Donations in 2021 were unrestricted.

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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Health Advocacy and Advice Services				
Homerton University Hospital NHS Foundation Trust	96,671	-	96,671	95,872
LB Hackney through CAB (East End Citizens Advice Bureaux)	26,271	-	26,271	26,271
LB Hackney through the Advocacy Project	5,520	-	5,520	8,280
City Bridge Trust (Community Response Fund)	-	-	-	19,758
Hackney CVS through Day-Mer (Hackney Giving Coronavirus Response Fund)	4,519	-	4,519	3,427
Other income - GP surgeries	22,113	-	22,113	20,406
Mental Health Services				
LB Hackney - Public Health through MIND	118,093	-	118,093	126,340
GamCare	32,017	-	32,017	31,389
Homerton University Hospital NHS Foundation Trust	-	-	-	9,000
NHS North East London Clinical Commissioning Group (Hackney CCG)	186,564	-	186,564	194,543
Big Lottery through Minik Kardes	32,007	-	32,007	32,007
East London Foundation Trust (ELF) through Hackney Mind	20,064	-	20,064	13,608
Other	-	-	-	450
	£ 543,839	£ -	£ 543,839	£ 581,351

In 2021 the income received from City Bridge Trust (Community Response Fund) of £19,758 was restricted. All other income was unrestricted.

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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

4. INCOME FROM INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Bank interest receivable	52	-	52	186
	£ 52	£ -	£ 52	£ 186

Bank interest received in 2021 was unrestricted.

5. COST OF RAISING FUNDS

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Support costs for fundraising	8,516	-	8,516	9,435
	£ 8,516	£ -	£ 8,516	£ 9,435

Fundraising costs in 2021 were unrestricted.

6. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Health Advocacy and Advice	164,608	-	164,608	169,491
Mental Health	360,522	7	360,529	381,597
Governance costs	4,800	-	4,800	3,379
	£ 529,930	£ 7	£ 529,937	£ 554,467

In 2021 the £169,491 expenditure on Health Advocacy and Advice was £149,733 unrestricted and £19,758 restricted. The £381,597 expenditure on Mental Health was £381,589 unrestricted and £8 restricted. All expenditure on Governance was unrestricted.

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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

7. GOVERNANCE COSTS

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Independent examiner's fees	2,340	-	2,340	2,280
AGM costs	2,447	-	2,447	1,086
Companies House filing fee	13	-	13	13
	£ 4,800	£ -	£ 4,800	£ 3,379

Governance costs in 2021 were unrestricted.

8. TANGIBLE FIXED ASSETS

	Furniture & equipment £	Office equipment £	Total £
Cost			
At 1 April 2021	9,857	19,446	29,303
At 31 March 2022	9,857	19,446	29,303
Depreciation			
At 1 April 2021	9,824	17,369	27,193
For the year	7	519	526
At 31 March 2022	9,831	17,888	27,719
Net Book Amounts			
At 31 March 2022	£ 26	£ 1,558	£ 1,584
At 31 March 2021	£ 33	£ 2,077	£ 2,110

DERMAN - FOR THE WELL-BEING OF THE KURDISH AND TURKISH COMMUNITIES
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

9. DEBTORS	2022	2021
	£	£
Trade debtors	77,542	34,496
Other debtors	2,694	24
Prepayments	1,057	1,279
	£ 81,293	£ 35,799

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2022	2021
	£	£
Trade creditors	701	1,450
Other creditors including taxation and social security	9,699	9,380
Accruals	7,414	7,515
Deferred income	-	5,335
	£ 17,814	£ 23,680

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total 2022	Unrestricted Funds	Restricted Funds	Total 2021
	£	£	£	£	£	£
Fund Balances at 31 March 2022 are represented by						
Tangible fixed assets	1,564	18	1,582	2,085	25	2,110
Current assets	356,972	-	356,972	346,672	-	346,672
Current liabilities	(17,814)	-	(17,814)	(23,680)	-	(23,680)
Total Net Assets	£ 340,722	£ 18	£ 340,740	£ 325,077	£ 25	£ 325,102

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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

12. RECONCILIATION OF OPERATING PROFIT TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022	2021
	£	£
Operating surplus	15,638	27,678
Depreciation	526	704
Increase in debtors	(45,493)	(7,396)
Decrease in creditors	(5,866)	(1,373)
Net cash (inflow)/outflow from operating activities	£ (35,193)	£ 19,612

13. OPERATING SURPLUS

	2022	2021
	£	£
Surplus is stated after charging:		
Depreciation	526	704
Staff costs (note 14)	445,056	468,659

14. STAFF COSTS AND REMUNERATION OF KEY MANAGEMENT PERSONNEL

The charity considers its Key Management Personnel to be the trustees/directors and the Director who is also the company secretary.

Staff costs during the year amounted to:	2022	2021
	£	£
Wages and salaries	411,246	433,224
Social security costs	27,349	29,387
Pension costs	6,461	6,048
	£ 445,056	£ 468,659

The average weekly number of employees during the year was 26 (2021 - 24)

No employee earned more than £60,000 during the year.

The trustees neither received nor waived any emoluments during the year (2021 - £Nil)

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NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

15. RELATED PARTIES

The trustees, Adem Celik, Dr Elena Alexandrou and Ziya Adnan, are employed by the NHS. Their employment does not involve them in funding decisions affecting the charity.

As stated above there were no trustee expenses. There are no other related party transactions.