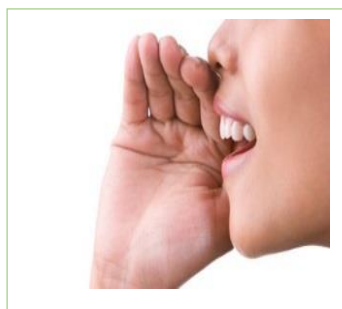
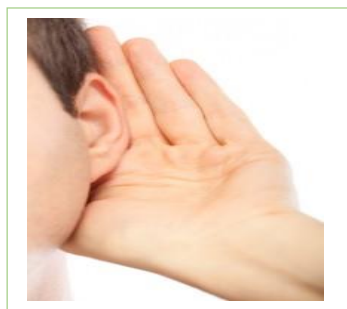


*Advocates work in partnership with the people they support and take their side.
Advocacy promotes social inclusion, equality and social justice.*



Annual Report 2020 - 2021

Welcome to our Annual Report



The Mental Health Advocacy Scheme Annual Report has been prepared to give you an overview of the work undertaken for the period April 2020 to March 2021. Included are various sections where you can find out more about what we do, who we are and what's been happening within the service over this 12 month period.

Index

1. About Us
2. Advocacy in the Community
3. Independent Mental Health Advocacy (IMHA)
4. Independent Mental Capacity Advocacy (IMCA)
5. What those we worked with said
6. Become a Director
7. Further financial information
8. How to find out more?
9. Find us on Facebook/ Twitter
10. Make a Donation
11. Our thanks

1. About Us



Mental Health Advocacy Scheme is made up of a small team of volunteers and employees.

The Scheme is a Charity and a company and as such is operated under the Governance of a board of volunteer directors. Directors meet at least 6 times a year to hold formal board meetings and are active all year round in reviewing the schemes operations and compliance with financial, legal and charity legislation.

Our current trustees are:

- **Peggy Gollogly (Trustee)**
- **Mari Sexton (Trustee)**
- **Soo Vinnicombe (Chair)**

The service is led by a Scheme Manager who is responsible for the day-to-day delivery of Advocacy by providing support to the board and the team with additional support from the Office Manager & Data Protection Officer who assists with the management of finances, service developments and numerous other activities required to keep the scheme going.

Currently they are:

- **Edryd Harris Jones (Scheme Manager)**
- **Sian Davies (Office Manager and Data Protection Officer)**

The heart of the service is the provision of advocacy which is provided by the team who work full time and part time to deliver Community, IMHA, IMCA and RPR services. We have a total of 6 advocates. They are:

- **Susan Sayer**
- **Natalie Clark**
- **Martin Austin**
- **Kevyn Owen**
- **Jennifer Rush**
- **Susan Roberts**

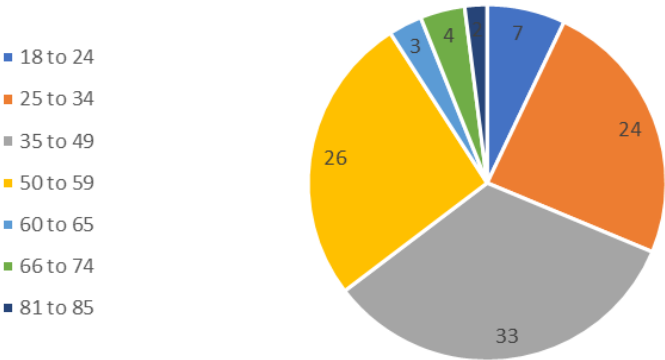
All of our advocates work through the National Diploma in Advocacy and in addition to providing advocacy undertake regular learning and development to keep their skills up to date. The standard of service they provide has been recognised in our achievement of the Quality Performance Mark in Advocacy (QPM).

2. Advocacy in the Community

The Mental Health Advocacy Scheme supported a number of individuals on varied issues to help them to be as involved and heard as possible. Here's some information regarding the service the last year.



Age Range of Individuals Receiving the Service



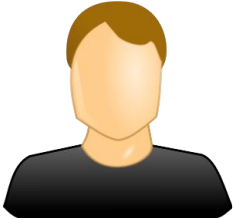
Number of referrals

176



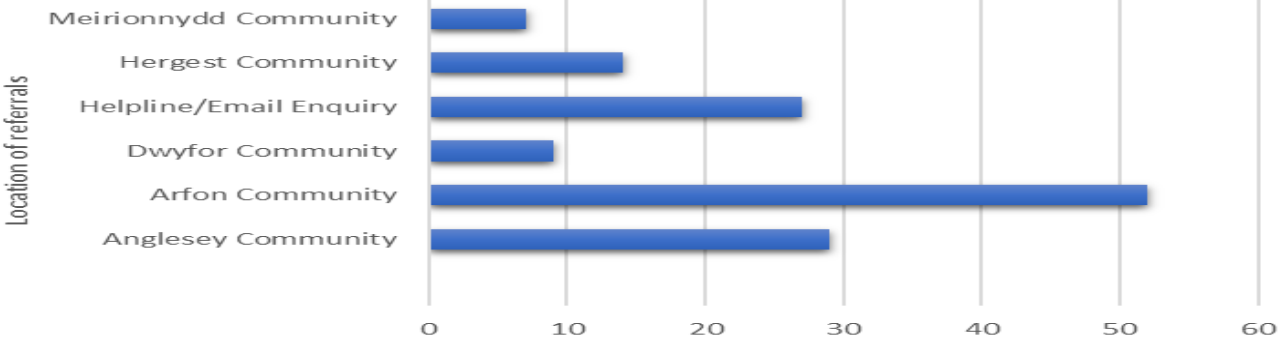
51%

Female



49%

Male

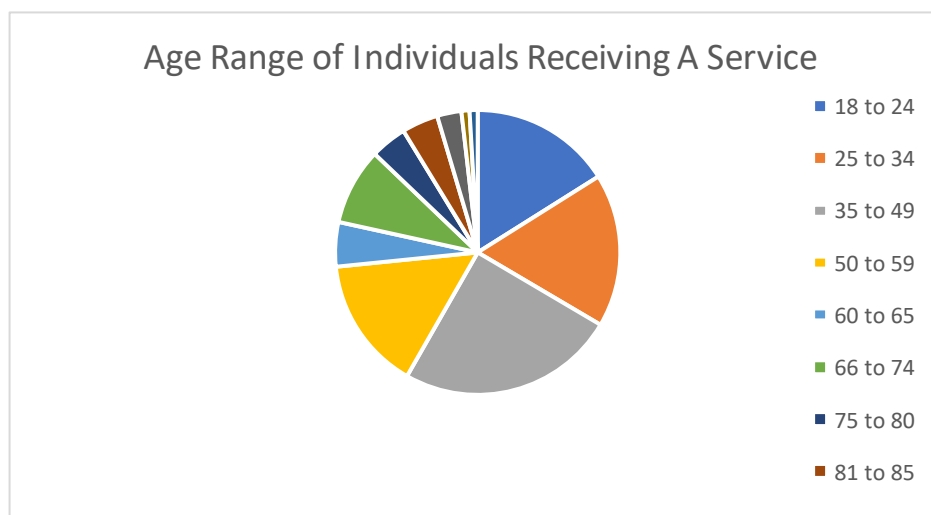
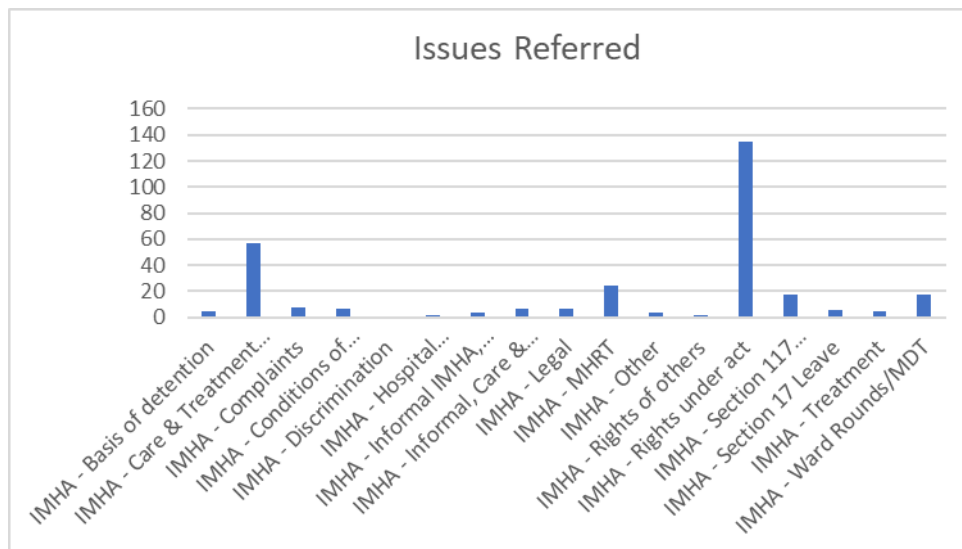


3.Independent Mental Health

Advocacy (IMHA)

Demand for Independent Mental Health Advocacy also continues to grow

This year we worked with a number of individuals supporting them with various issues related to their care and treatment under the Mental Health Act. Here's information on the service over the year.

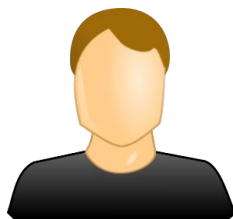


**Number of
cases**

343



31% Female



69% Male

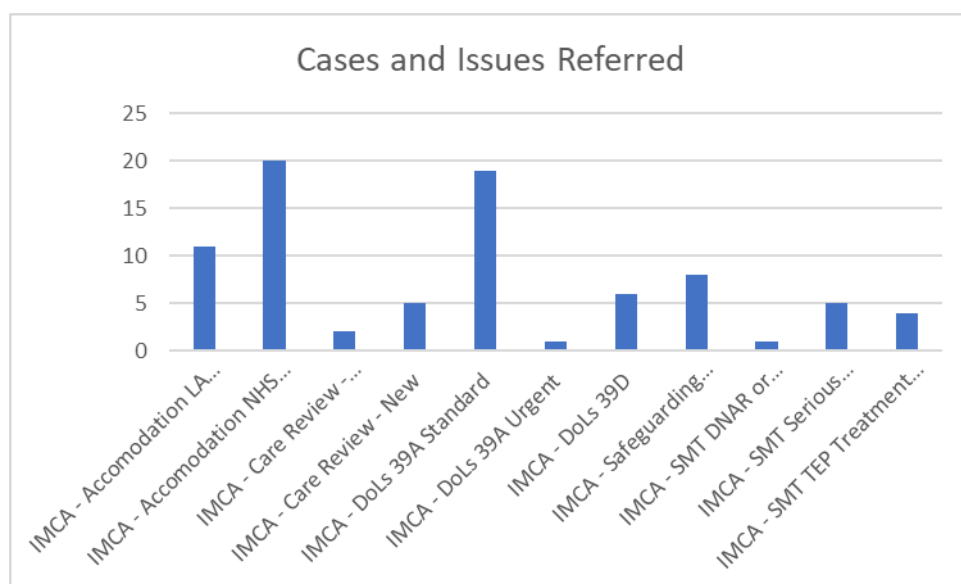
4.Independent Mental Capacity

Advocacy (IMCA)

The MHAS delivers the IMCA service for eligible individuals in Anglesey & Gwynedd.



The Service is delivered to ensure advocacy representation is available for individuals who lack capacity and have no one else available to represent them when certain decisions need to be made e.g. where they live, the need for serious medical treatment, or that they may need to be placed on a Deprivation of Liberty Safeguard. In addition the MHAS provides a service undertaking the role of Relevant Persons Representative to safeguard individual rights once they are placed on a DOLS Authorisation.



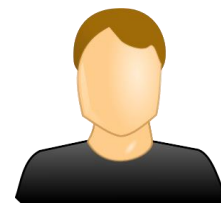
Number of referrals

92



55%

Female



45%

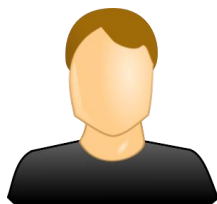
Male

Relevant Persons Representative (RPR)



48%

Female



52%

Male

6

Number of cases

21

5. What those we worked with said

Do you feel that the advocate treated you with respect?	Did the advocate help you to understand your rights?	Did the advocate help you to explore your options and choices?
Always 100% Sometimes Never	Yes 100% No	Yes 100% No
Did the advocate ensure your wishes and views were heard?	Did the advocate help you to access legal representation?	Did the advocate support you at meetings / and or ward rounds?
Always 91% Sometimes 9% Never	Yes 28% No Didn't need to 72%	Yes 82% No Didn't want them to 18%
Did the advocate keep you informed of what was happening?	Did the advocate support you to access records?	Did the advocate support you to be involved in your care plan?
Always 91% Sometimes 9% Never	Yes 36% No Didn't ask them to 64%	Yes 45% No Not applicable 35%
Has having an advocate helped you?	Are you satisfied with the advocacy service you have received?	
Yes 100% No	Very Satisfied 73% Satisfied 27% Not Satisfied	
Comments		
<ul style="list-style-type: none"> - The advocate was incredibly helpful to talk through options when important decisions had to be made and to have someone on your side when dealing with agencies. - Yes. Good service. - The advocate helped me with form filling and was very supportive. - The advocate was excellent and professional at all times. - Personal thanks to the advocate. You really helped me out mate. Thanks again. - The advocate travelled to a community venue to meet me which made it easy for me. - With advocacy support I know things are now done properly. - The advocate helped me to attend meetings and getting help when I felt I was in a rut. 		

We work all the time to gather as much feedback as possible on how we are doing, we do send out questionnaires to most clients who are happy to receive them but we also welcome any feedback, if you would like to tell us what you think of our service we would like to hear from you. Send us an email to advocacy@mhas.co.uk, or write to us at the following address: Mental Health Advocacy Scheme, Ground Floor, 12 Llys Castan, Ffordd Y Parc, Parc Menai, Bangor. Gwynedd. LL57 4FH.

6. Become a Director

If you are interested in making a difference to a local charity involved in delivering Advocacy services and have the desire to help shape our future, we would like to hear from you.

We are looking for individuals with a range of skills, knowledge and experiences from all backgrounds and walks of life, particularly people who are passionate about making a difference to those managing and living with mental health challenges. Help us further develop Advocacy services in Gwynedd and Ynys Mon.

If you think you may be interested in becoming one of our Directors, please contact the MHAS on:

Tel no: (01248) 671 223 or email admin@mhas.co.uk

Or send a letter to:

**Mental Health Advocacy Scheme
Ground Floor,
12 Lllys Castan, Ffordd y Parc,
Parc Menai, Bangor, Gwynedd,
LL57 4FH**

We look forward to hearing from you.

7. Further Financial Information

Copies of Mental Health Advocacy Scheme Full Financial Statements for the year ending 31st March 2021 are available to view on request and are also available on the Charities Commission and Companies House website.

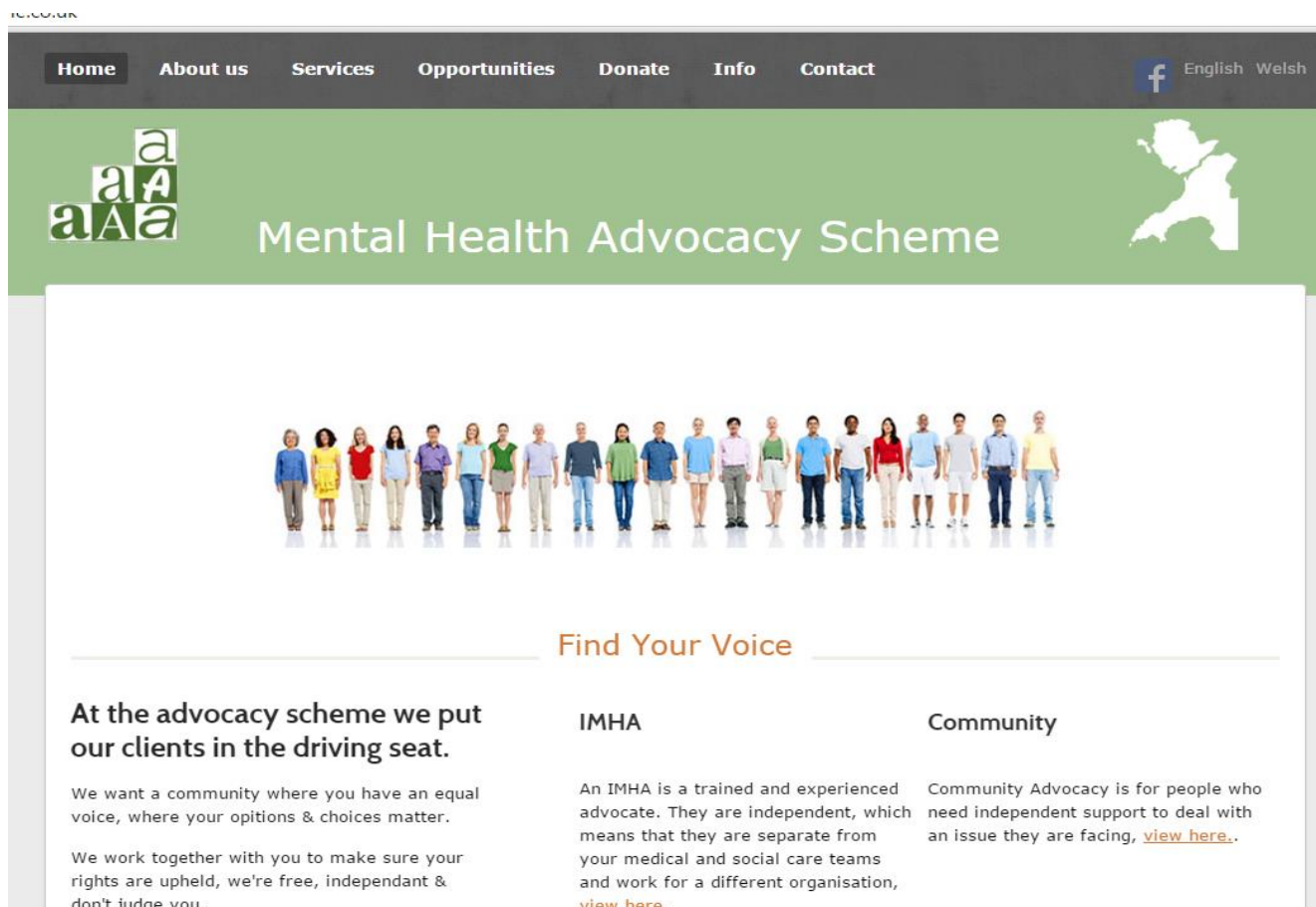
Full Financial Statements are distributed to all our funders.

8. How to find out more?

Our website contains information on the advocacy services we provide, what advocates can support you with and how you can contact us to make a referral.

Visit us at

www.advocacyscheme.co.uk



The screenshot shows the homepage of the Mental Health Advocacy Scheme website. The header is dark grey with navigation links: Home, About us, Services, Opportunities, Donate, Info, and Contact. On the right of the header is a Facebook icon and the text 'English Welsh'. Below the header is a green banner with the Mental Health Advocacy Scheme logo on the left and a white map of Wales on the right. The main content area is white and features a row of 18 diverse people standing together. Below this is a section titled 'Find Your Voice' with three columns: 'At the advocacy scheme we put our clients in the driving seat.', 'IMHA', and 'Community'. Each column contains a brief description of the service and a link to 'view here'.

Home About us Services Opportunities Donate Info Contact

English Welsh

Mental Health Advocacy Scheme

Find Your Voice

At the advocacy scheme we put our clients in the driving seat.

We want a community where you have an equal voice, where your opinions & choices matter.

We work together with you to make sure your rights are upheld, we're free, independent & don't judge you.

IMHA

An IMHA is a trained and experienced advocate. They are independent, which means that they are separate from your medical and social care teams and work for a different organisation, [view here](#).

Community

Community Advocacy is for people who need independent support to deal with an issue they are facing, [view here](#).

9. Find us on Facebook/ Twitter

You can also visit our Facebook page for further information on the advocacy service and how you can access advocacy. Please search for us under Cynllun Adfocatiaeth Iechyd Meddwl or The Mental Health Advocacy Scheme, then like and share our page.

The screenshot shows the Facebook profile of the Mental Health Advocacy Scheme. The header features the Facebook logo, the page name 'Cynllun Adfocatiaeth Iechyd Meddwl / Mental Health Advocacy Scheme', a search bar, and navigation links for 'Home' and user avatars. The cover photo displays a diverse group of people standing in a line. The profile picture is a green map of Wales with the acronym 'abg'. The page name is repeated in large text over the cover photo, with 'Non-Profit Organization' below it. Navigation tabs include 'Timeline', 'About', 'Photos', 'Reviews', and 'More'. Interaction buttons for 'Liked', 'Following', 'Share', and a menu are present. The 'About' section shows 34 likes and an option to invite friends. The 'ABOUT' section includes a map of the location at 12 Llys Castan, Chestnut Court, Parc M..., Bangor, Gwynedd, along with the phone number 01248 670450 and the website URL http://www.advocacyscheme.co.uk/. The main post, dated October 2 at 10:27am, contains text in English and Welsh about Samaritans' free helpline. Below the text is a Samaritans logo and a section titled 'ABOUT THE CALL' with a photo of a woman on a phone.

Cynllun Adfocatiaeth Iechyd Meddwl / Mental Health Advocacy Scheme
Non-Profit Organization

Timeline About Photos Reviews More

34 people like this

Invite friends to like this Page

ABOUT

12 Llys Castan, Chestnut Court, Parc M..., Bangor, Gwynedd

01248 670450

<http://www.advocacyscheme.co.uk/>

PHOTOS

Cynllun Adfocatiaeth Iechyd Meddwl / Mental Health Advocacy Scheme
October 2 at 10:27am · 🌐

if your feeling like you need to talk, do you know Samaritans have a free call number, take a look at their website for further information on this and also how to talk to someone through email or text if you prefer.

Ydych chi eisiau siarad, mae'r Samariaid efo rhif newydd sydd am ddim , cymerwch olwg ar ei safle we am wybodaeth bellach am hyn a hefyd ar sut i gael y gwasanaeth drwy ebost neu text

SAMARITANS

ABOUT THE CALL

When you're ready, we're here to listen.

You don't have to give your real name or any personal information if you don't want to.

The quickest way to contact us and get a response is

Find us on Twitter Follow us on <https://twitter.com/MHASGwyneddMon>
dilynwch ni ar Trydar. <https://twitter.com/CAIMGwyneddMon>

**MHAS**



MHAS
@MHASGwyneddMon

We want a community where you have an equal voice, & your choices matter. Our aim is to ensure your rights are upheld, we're free, independent & don't judge you

📍 Bangor, Wales advocacyscheme.co.uk

10 Following **6** Followers

Tweets Media Likes

**MHAS** @MHASGwyneddMon · 3h
Good morning :) Follow us on facebook
facebook.com/MHASGwyneddAng...





10. Make a Donation

As a Registered Charity offering a free service we rely on donations in addition to our current funding to help us open up the possibility of advocacy to more and more people in Gwynedd and Anglesey who can benefit from our support.

If you would like to make a donation any amount you can spare would be gratefully received.

To make a donation please visit our Virgin Money Giving Site at:



<http://uk.virginmoneygiving.com/giving/>

and search for AdvocacyScheme

Or alternatively donate through text giving by texting **MHAS00** followed by **£1, £2, £3, £4, £5 or £10** to **70070**



11. Our thanks.

The Mental Health Advocacy Scheme would like to thank the following for their funding, support and services during the past year:

Abbey Road Centre

ASNEW

Betsi Cadwaladr University Health Board

Hergest Unit

Lloyds Bank

Unllais

We would like to thank all of our team for their hard work and dedication in offering a quality service to all of our clients.

A special thank you goes to all our clients for your comments and feedback. Informal and formal feedback is always welcomed and it enables us as an organization to respond to your needs.

REGISTERED COMPANY NUMBER: 03170574 (England and Wales)
REGISTERED CHARITY NUMBER: 1054623

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME**



**CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME**

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

	Page
Report of the Trustees	1 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8 to 9
Notes to the Financial Statements	10 to 16
Detailed Statement of Financial Activities	17 to 18

**CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives

The aim and objectives of the Company shall be to relieve the need and disability of persons who suffer from mental, physical and wellbeing problems within the geographical area of North West Wales as stated by the 1996 changes in Local Government and Local Health Authority reconfiguration (Memorandum of Associated).

Aims

To provide a constantly improving quality independent advocacy scheme for people with mental health, physical health and wellbeing difficulties (self-defining) in North West Wales, by providing information, representation and support.

By:-

- Assisting people to access services and ensure they can be sign posted to the appropriate agencies
- Supporting people to speak up for themselves or speak on their behalf to ensure their rights and privileges are upheld
- Provide appropriate information to enable people to make informed decisions and choices
- Provide advocacy and mental health awareness raising events and education for service users, statutory and voluntary organisations and the general public.

Public benefit

As trustees we will give due consideration to the Charity Commission's requirements for reporting on the public benefit of our activities.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL THE MENTAL HEALTH ADVOCACY SCHEME

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During the period 1st April, 2020 to 31st March, 2021 the Mental Health Advocacy Scheme (MHAS) delivered advocacy services to 434 individuals. The MHAS continues to be led by its strategic objectives in the context of external changes to grant funding.

Throughout the year MHAS several achievements:

- Delivery and consolidation of the Independent Mental Capacity Advocacy (IMCA) service in the counties of Gwynedd and the Isle of Anglesey;
- Delivery and consolidation of the Mental Health Community Advocacy service in the counties of Gwynedd and the Isle of Anglesey;
- Delivery and consolidation of the Independent Mental Health Advocacy (IMHA) service in the counties of Gwynedd and the Isle of Anglesey;
- Delivery and consolidation of the Relevant Persons Representative (RPR) service to both Local Authorities and the National Health Service;
- Adapted operations and service delivery to digital models effectively and efficiently due to the Covid-19 pandemic;
- Adapted to hybrid methods of working to support individuals facing complex issues;
- The completion of an internal review into work processes and practices to identify further efficiencies in time and money to empower advocates to put working with clients at the heart of our efforts. This was achieved by:
 - a) Regular learning and development opportunities to improve technical skills and knowledge during the delivery of advocacy;
 - b) Redesigning ineffective work practices.

FINANCIAL REVIEW

Financial position

The Charity had unrestricted reserves of £228,035 at 31 March 2021. (2020: 215,513)

The accounts for the year ended 31 March 2021 showed a surplus of £12,522. (2020: £19,395).

Principal funding sources

The main funding sources during the year were from Betsi Cadwaladr University Health Board, Gwynedd Council, and the Welsh Government.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

FINANCIAL REVIEW

Reserves policy

The charity recognises and accepts its responsibilities as a charity, limited company and employer to protect the financial viability and continuation of the organisation. In accordance with good practice (e.g. Charity Commission and NCVO recommendations) it is agreed that monies are allocated towards a reserve. The purpose of maintaining adequate reserves is:

- ~ To ensure cash flow (e.g. cover delays in revenue funding).
- ~ To cover unforeseen circumstances.
- ~ To provide the opportunity to attract/identify alternative funding should existing funds be subject to cutbacks.
- ~ To ensure that should funding cease, the organisation would be able to fulfil all of its financial and legal obligations when winding up.

The calculation of the required level of reserves is an integral part of our organisation's planning, budget and forecast cycle.

It takes into account:

- Risks associated with each stream of income and expenditure being different from that budgeted
- Planned activity levels
- Organisation's commitments

Introduction

This reserves policy is created to address contingency planning and to address also our fulfilment of legal and moral commitments.

Contingency Planning

Contingency planning requires that we have sufficient capital to maintain an advocacy service through periods of unforeseen difficulty.

Fulfilling our Legal and Moral commitments

The fulfilling of our legal and moral commitments requires that we have sufficient capital to settle all our lease agreements and make due redundancy payments to our staff if those needs arose.

Fixing a reserve level

The annual allocation of reserves will be agreed with the budget and reviewed if necessary, depending on unforeseen changes throughout the year. Unless and until otherwise agreed, the organisation will endeavour to maintain a minimum reserve equivalent to the current three months running costs of the organisation, and endeavour to increase this amount to the equivalent of six months running costs.

Going concern

The Trustees are of the view that there are no material uncertainties and therefore the Charity is a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Prospective trustees are recruited and identified by word of mouth or by prior knowledge having come into contact with them previously in the work arena or by promotion of the post. The prospective board member will be invited to a number of board meetings as an observer and if mutually agreed then the appointment will be voted on by the board.

The board continues in their efforts to seek new board members to direct the future of the organisation towards a sustainable future by adopting ethical and legal governance and financial management policies. This is to ensure compliance to the Charity Commission and Companies House regulations.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The trustees delegate responsibility for the day to day running of MHAS to the scheme manager.

Induction and training of new trustees

New trustees are provided with copies of all policies, procedures, the governing documents and other relevant material. New trustees are offered mentoring by an experienced trustee. Specific training needs are identified. All trustees have ongoing training on their roles and responsibilities.

Related parties

Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest. All transactions involving organisations in which a trustee may have an interest are conducted at arm's length.

The charity has a Declaration of Interest policy. All trustees must declare an interest if a related party transaction occurs.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03170574 (England and Wales)

Registered Charity number

1054623

Registered office

12 Llys Castan
Parc Menai
Bangor
Gwynedd
LL57 4FH

Trustees

Peggy Gollogly
Marie Louise Sexton
Soo Vinnicombe (resigned 2.1.22)
Angela Grimshaw (resigned 27.7.21)

Company Secretary

Edryd Jones

Independent Examiner

Keith Barker FCCA
The Association of Chartered Certified Accountants
Williams Denton Cyf
Chartered Certified Accountants
Glaslyn
Ffordd Y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME (REGISTERED NUMBER: 03170574)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

Lloyds
268 High Street
Bangor
Gwynedd
LL57 1RT

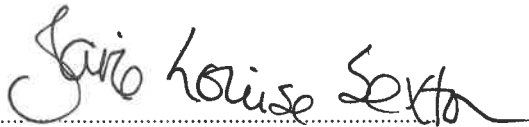
Principal staff

Edryd Jones, Scheme Manager
Sue Sayer, Senior Advocate
Natalie Clark, Advocate
Anwen Davies, Advocate
Sian Davies, Administrator
Martin Austin, Advocate
Kevyn Owen, Advocate
Jennifer Rush, Advocate
Susan Roberts, Advocate

Solicitors

Richard Hall & Partners
Redhill House
Hope Street
Saltney
Chester

Approved by order of the board of trustees on 16/2/22 and signed on its behalf by:



Marie Louise Sexton - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME**

Independent examiner's report to the trustees of CYNLLUN ADFOCATIAETH IECHYD MEDDWL THE MENTAL HEALTH ADVOCACY SCHEME ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.


Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of The Association of Chartered Certified Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act: or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Keith Barker FCCA
The Association of Chartered Certified Accountants
Williams Denton Cyf
Chartered Certified Accountants
Glaslyn
Ffordd Y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

Date: 22 February 2022

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	-	-	-	55
Charitable activities	4				
Mental health services		287,429	-	287,429	300,533
Investment income	3	60	-	60	104
Total		287,489	-	287,489	300,692
EXPENDITURE ON					
Raising funds		5,844	-	5,844	-
Charitable activities					
Mental health services		264,646	-	264,646	281,297
Other		4,477	-	4,477	-
Total		274,967	-	274,967	281,297
NET INCOME		12,522	-	12,522	19,395
RECONCILIATION OF FUNDS					
Total funds brought forward		215,513	-	215,513	196,118
TOTAL FUNDS CARRIED FORWARD		228,035	-	228,035	215,513

The notes form part of these financial statements

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

BALANCE SHEET
31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	9	5,929	-	5,929	5,572
CURRENT ASSETS					
Debtors	10	2,495	-	2,495	2,703
Cash at bank and in hand		229,287	-	229,287	217,547
		<u>231,782</u>	<u>-</u>	<u>231,782</u>	<u>220,250</u>
CREDITORS					
Amounts falling due within one year	11	(9,676)	-	(9,676)	(10,309)
NET CURRENT ASSETS		<u>222,106</u>	<u>-</u>	<u>222,106</u>	<u>209,941</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>228,035</u>	<u>-</u>	<u>228,035</u>	<u>215,513</u>
NET ASSETS		<u>228,035</u>	<u>-</u>	<u>228,035</u>	<u>215,513</u>
FUNDS	13				
Unrestricted funds				228,035	215,513
TOTAL FUNDS				<u>228,035</u>	<u>215,513</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME (REGISTERED NUMBER: 03170574)

BALANCE SHEET - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on16/2/22..... and were signed on its behalf by:



.....
Marie Louise Sexton - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment	- 20% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

2. DONATIONS AND LEGACIES

	31.3.21	31.3.20
	£	£
Donations	-	55
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Deposit account interest	60	104
	<u> </u>	<u> </u>

4. INCOME FROM CHARITABLE ACTIVITIES

		31.3.21	31.3.20
	Activity	£	£
BCUHB	Mental health services	101,000	101,000
Lloyds	Mental health services	5,050	18,778
RPR	Mental health services	9,114	10,080
IMHAS	Mental health services	134,530	133,675
IMCA	Mental health services	37,735	37,000
		<u>287,429</u>	<u>300,533</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	5,844	4,440
	<u> </u>	<u> </u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

	31.3.21	31.3.20
	£	£
Trustees' expenses	21	46
	<u> </u>	<u> </u>

Trustees' expenses relate to travel expenses reimbursed.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Direct charitable work	9	9
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

The charity considers its key management personnel comprise of the Scheme Manager and Scheme Administrator. Total emoluments, including employer pension contributions, of the key management personnel were £50,883.85 (2020 - £44,671).

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	55	-	55
Charitable activities			
Mental health services	300,533	-	300,533
Investment income	104	-	104
Total	<u>300,692</u>	<u>-</u>	<u>300,692</u>
EXPENDITURE ON			
Charitable activities			
Mental health services	281,297	-	281,297
NET INCOME	<u>19,395</u>	<u>-</u>	<u>19,395</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	196,118	-	196,118
TOTAL FUNDS CARRIED FORWARD	<u>215,513</u>	<u>-</u>	<u>215,513</u>

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

9. TANGIBLE FIXED ASSETS

	Office equipment £	Computer equipment £	Totals £
COST			
At 1 April 2020	6,974	36,132	43,106
Additions	-	6,201	6,201
At 31 March 2021	6,974	42,333	49,307
DEPRECIATION			
At 1 April 2020	5,694	31,840	37,534
Charge for year	427	5,417	5,844
At 31 March 2021	6,121	37,257	43,378
NET BOOK VALUE			
At 31 March 2021	853	5,076	5,929
At 31 March 2020	1,280	4,292	5,572

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade debtors	-	370
Prepayments	2,495	2,333
	2,495	2,703

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Accrued expenses	9,676	10,309

12. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.21 £	31.3.20 £
Within one year	1,308	554
Between one and five years	763	-
	2,071	554

The lease costs are shown within Printing, stationery, postage.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

13. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	181,513	12,522	194,035
Redundancy	24,000	-	24,000
Contingency	10,000	-	10,000
	<u>215,513</u>	<u>12,522</u>	<u>228,035</u>
TOTAL FUNDS	<u>215,513</u>	<u>12,522</u>	<u>228,035</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	287,489	(274,967)	12,522
	<u>287,489</u>	<u>(274,967)</u>	<u>12,522</u>
TOTAL FUNDS	<u>287,489</u>	<u>(274,967)</u>	<u>12,522</u>

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	162,118	19,395	181,513
Redundancy	24,000	-	24,000
Contingency	10,000	-	10,000
	<u>196,118</u>	<u>19,395</u>	<u>215,513</u>
TOTAL FUNDS	<u>196,118</u>	<u>19,395</u>	<u>215,513</u>

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	300,692	(281,297)	19,395
TOTAL FUNDS	<u>300,692</u>	<u>(281,297)</u>	<u>19,395</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	162,118	31,917	194,035
Redundancy	24,000	-	24,000
Contingency	10,000	-	10,000
	<u>196,118</u>	<u>31,917</u>	<u>228,035</u>
TOTAL FUNDS	<u>196,118</u>	<u>31,917</u>	<u>228,035</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	588,181	(556,264)	31,917
TOTAL FUNDS	<u>588,181</u>	<u>(556,264)</u>	<u>31,917</u>

Purpose of designated funds

Redundancy - This reserve has been set up to cover redundancy costs in the event of the closure of the charity.

Contingency - This reserve has been set up to cover the costs in the event of the closure of the charity.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	-	55
Investment income		
Deposit account interest	60	104
Charitable activities		
BCUHB	101,000	101,000
Lloyds	5,050	18,778
RPR	9,114	10,080
IMHAS	134,530	133,675
IMCA	37,735	37,000
	<u>287,429</u>	<u>300,533</u>
Total incoming resources	287,489	300,692
EXPENDITURE		
Charitable activities		
Wages	178,595	186,236
Social security	10,681	11,957
Pensions	12,671	12,844
Insurance	669	662
Travelling and subsistence	1,695	14,922
Training, conference, supervision	4,369	8,566
Resources, publishing, sundries	796	546
Translation	128	148
Professional fees	6,200	7,075
	<u>215,804</u>	<u>242,956</u>
Support costs		
Management		
Heat, light, cleaning	1,973	628
Telephone	6,604	4,051
Printing, stationery, postage	5,509	3,580
IT systems & support	18,538	13,408
Office rent and room hire	9,381	9,324
Repairs and renewals	8,805	464
Depn - office equipment	427	427
Depn - computer equipment	5,417	4,013
	<u>56,654</u>	<u>35,895</u>

This page does not form part of the statutory financial statements

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
Management		
Finance		
Bank charges	88	60
Governance costs		
Trustees' expenses	21	46
Independent examination	2,400	2,340
	<u>2,421</u>	<u>2,386</u>
Total resources expended	<u>274,967</u>	<u>281,297</u>
Net income	<u><u>12,522</u></u>	<u><u>19,395</u></u>

This page does not form part of the statutory financial statements

REGISTERED COMPANY NUMBER: 03170574 (England and Wales)
REGISTERED CHARITY NUMBER: 1054623

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021
FOR
CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME**



williamsdenton

ACCOUNTANTS & TAX ADVISORS

**CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME**

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

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Detailed Statement of Financial Activities	17 to 18

**CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME**

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives

The aim and objectives of the Company shall be to relieve the need and disability of persons who suffer from mental, physical and wellbeing problems within the geographical area of North West Wales as stated by the 1996 changes in Local Government and Local Health Authority reconfiguration (Memorandum of Associated).

Aims

To provide a constantly improving quality independent advocacy scheme for people with mental health, physical health and wellbeing difficulties (self-defining) in North West Wales, by providing information, representation and support.

By:-

- Assisting people to access services and ensure they can be sign posted to the appropriate agencies
- Supporting people to speak up for themselves or speak on their behalf to ensure their rights and privileges are upheld
- Provide appropriate information to enable people to make informed decisions and choices
- Provide advocacy and mental health awareness raising events and education for service users, statutory and voluntary organisations and the general public.

Public benefit

As trustees we will give due consideration to the Charity Commission's requirements for reporting on the public benefit of our activities.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL THE MENTAL HEALTH ADVOCACY SCHEME

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During the period 1st April, 2020 to 31st March, 2021 the Mental Health Advocacy Scheme (MHAS) delivered advocacy services to 434 individuals. The MHAS continues to be led by its strategic objectives in the context of external changes to grant funding.

Throughout the year MHAS several achievements:

- Delivery and consolidation of the Independent Mental Capacity Advocacy (IMCA) service in the counties of Gwynedd and the Isle of Anglesey;
- Delivery and consolidation of the Mental Health Community Advocacy service in the counties of Gwynedd and the Isle of Anglesey;
- Delivery and consolidation of the Independent Mental Health Advocacy (IMHA) service in the counties of Gwynedd and the Isle of Anglesey;
- Delivery and consolidation of the Relevant Persons Representative (RPR) service to both Local Authorities and the National Health Service;
- Adapted operations and service delivery to digital models effectively and efficiently due to the Covid-19 pandemic;
- Adapted to hybrid methods of working to support individuals facing complex issues;
- The completion of an internal review into work processes and practices to identify further efficiencies in time and money to empower advocates to put working with clients at the heart of our efforts. This was achieved by:
 - a) Regular learning and development opportunities to improve technical skills and knowledge during the delivery of advocacy;
 - b) Redesigning ineffective work practices.

FINANCIAL REVIEW

Financial position

The Charity had unrestricted reserves of £228,035 at 31 March 2021. (2020: 215,513)

The accounts for the year ended 31 March 2021 showed a surplus of £12,522. (2020: £19,395).

Principal funding sources

The main funding sources during the year were from Betsi Cadwaladr University Health Board, Gwynedd Council, and the Welsh Government.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

FINANCIAL REVIEW

Reserves policy

The charity recognises and accepts its responsibilities as a charity, limited company and employer to protect the financial viability and continuation of the organisation. In accordance with good practice (e.g. Charity Commission and NCVO recommendations) it is agreed that monies are allocated towards a reserve. The purpose of maintaining adequate reserves is:

- ~ To ensure cash flow (e.g. cover delays in revenue funding).
- ~ To cover unforeseen circumstances.
- ~ To provide the opportunity to attract/identify alternative funding should existing funds be subject to cutbacks.
- ~ To ensure that should funding cease, the organisation would be able to fulfil all of its financial and legal obligations when winding up.

The calculation of the required level of reserves is an integral part of our organisation's planning, budget and forecast cycle.

It takes into account:

- Risks associated with each stream of income and expenditure being different from that budgeted
- Planned activity levels
- Organisation's commitments

Introduction

This reserves policy is created to address contingency planning and to address also our fulfilment of legal and moral commitments.

Contingency Planning

Contingency planning requires that we have sufficient capital to maintain an advocacy service through periods of unforeseen difficulty.

Fulfilling our Legal and Moral commitments

The fulfilling of our legal and moral commitments requires that we have sufficient capital to settle all our lease agreements and make due redundancy payments to our staff if those needs arose.

Fixing a reserve level

The annual allocation of reserves will be agreed with the budget and reviewed if necessary, depending on unforeseen changes throughout the year. Unless and until otherwise agreed, the organisation will endeavour to maintain a minimum reserve equivalent to the current three months running costs of the organisation, and endeavour to increase this amount to the equivalent of six months running costs.

Going concern

The Trustees are of the view that there are no material uncertainties and therefore the Charity is a going concern.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Prospective trustees are recruited and identified by word of mouth or by prior knowledge having come into contact with them previously in the work arena or by promotion of the post. The prospective board member will be invited to a number of board meetings as an observer and if mutually agreed then the appointment will be voted on by the board.

The board continues in their efforts to seek new board members to direct the future of the organisation towards a sustainable future by adopting ethical and legal governance and financial management policies. This is to ensure compliance to the Charity Commission and Companies House regulations.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The trustees delegate responsibility for the day to day running of MHAS to the scheme manager.

Induction and training of new trustees

New trustees are provided with copies of all policies, procedures, the governing documents and other relevant material. New trustees are offered mentoring by an experienced trustee. Specific training needs are identified. All trustees have ongoing training on their roles and responsibilities.

Related parties

Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest. All transactions involving organisations in which a trustee may have an interest are conducted at arm's length.

The charity has a Declaration of Interest policy. All trustees must declare an interest if a related party transaction occurs.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03170574 (England and Wales)

Registered Charity number

1054623

Registered office

12 Llys Castan
Parc Menai
Bangor
Gwynedd
LL57 4FH

Trustees

Peggy Gollogly
Marie Louise Sexton
Soo Vinnicombe (resigned 2.1.22)
Angela Grimshaw (resigned 27.7.21)

Company Secretary

Edryd Jones

Independent Examiner

Keith Barker FCCA
The Association of Chartered Certified Accountants
Williams Denton Cyf
Chartered Certified Accountants
Glaslyn
Ffordd Y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME (REGISTERED NUMBER: 03170574)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

Lloyds
268 High Street
Bangor
Gwynedd
LL57 1RT

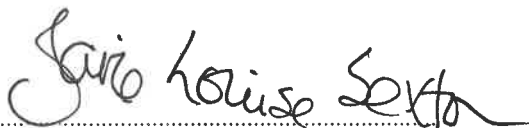
Principal staff

Edryd Jones, Scheme Manager
Sue Sayer, Senior Advocate
Natalie Clark, Advocate
Anwen Davies, Advocate
Sian Davies, Administrator
Martin Austin, Advocate
Kevyn Owen, Advocate
Jennifer Rush, Advocate
Susan Roberts, Advocate

Solicitors

Richard Hall & Partners
Redhill House
Hope Street
Saltney
Chester

Approved by order of the board of trustees on 16/2/22 and signed on its behalf by:



Marie Louise Sexton - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME**

Independent examiner's report to the trustees of CYNLLUN ADFOCATIAETH IECHYD MEDDWL THE MENTAL HEALTH ADVOCACY SCHEME ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.


Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of The Association of Chartered Certified Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act: or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Keith Barker FCCA
The Association of Chartered Certified Accountants
Williams Denton Cyf
Chartered Certified Accountants
Glaslyn
Ffordd Y Parc
Parc Menai
Bangor
Gwynedd
LL57 4FE

Date: 22 February 2022

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	-	-	-	55
Charitable activities	4				
Mental health services		287,429	-	287,429	300,533
Investment income	3	60	-	60	104
Total		287,489	-	287,489	300,692
EXPENDITURE ON					
Raising funds		5,844	-	5,844	-
Charitable activities					
Mental health services		264,646	-	264,646	281,297
Other		4,477	-	4,477	-
Total		274,967	-	274,967	281,297
NET INCOME		12,522	-	12,522	19,395
RECONCILIATION OF FUNDS					
Total funds brought forward		215,513	-	215,513	196,118
TOTAL FUNDS CARRIED FORWARD		228,035	-	228,035	215,513

The notes form part of these financial statements

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

BALANCE SHEET
31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	9	5,929	-	5,929	5,572
CURRENT ASSETS					
Debtors	10	2,495	-	2,495	2,703
Cash at bank and in hand		229,287	-	229,287	217,547
		<u>231,782</u>	<u>-</u>	<u>231,782</u>	<u>220,250</u>
CREDITORS					
Amounts falling due within one year	11	(9,676)	-	(9,676)	(10,309)
NET CURRENT ASSETS		<u>222,106</u>	<u>-</u>	<u>222,106</u>	<u>209,941</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>228,035</u>	<u>-</u>	<u>228,035</u>	<u>215,513</u>
NET ASSETS		<u>228,035</u>	<u>-</u>	<u>228,035</u>	<u>215,513</u>
FUNDS	13				
Unrestricted funds				228,035	215,513
TOTAL FUNDS				<u>228,035</u>	<u>215,513</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME (REGISTERED NUMBER: 03170574)

BALANCE SHEET - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on16/2/22..... and were signed on its behalf by:



.....
Marie Louise Sexton - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment	- 20% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

2. DONATIONS AND LEGACIES

	31.3.21	31.3.20
	£	£
Donations	-	55
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Deposit account interest	60	104
	<u> </u>	<u> </u>

4. INCOME FROM CHARITABLE ACTIVITIES

		31.3.21	31.3.20
	Activity	£	£
BCUHB	Mental health services	101,000	101,000
Lloyds	Mental health services	5,050	18,778
RPR	Mental health services	9,114	10,080
IMHAS	Mental health services	134,530	133,675
IMCA	Mental health services	37,735	37,000
		<u>287,429</u>	<u>300,533</u>

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	5,844	4,440
	<u> </u>	<u> </u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

	31.3.21	31.3.20
	£	£
Trustees' expenses	21	46
	<u> </u>	<u> </u>

Trustees' expenses relate to travel expenses reimbursed.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

7. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Direct charitable work	9	9

No employees received emoluments in excess of £60,000.

The charity considers its key management personnel comprise of the Scheme Manager and Scheme Administrator. Total emoluments, including employer pension contributions, of the key management personnel were £50,883.85 (2020 - £44,671).

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	55	-	55
Charitable activities			
Mental health services	300,533	-	300,533
Investment income	104	-	104
Total	300,692	-	300,692
EXPENDITURE ON			
Charitable activities			
Mental health services	281,297	-	281,297
NET INCOME	19,395	-	19,395
RECONCILIATION OF FUNDS			
Total funds brought forward	196,118	-	196,118
TOTAL FUNDS CARRIED FORWARD	215,513	-	215,513

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

9. TANGIBLE FIXED ASSETS

	Office equipment £	Computer equipment £	Totals £
COST			
At 1 April 2020	6,974	36,132	43,106
Additions	-	6,201	6,201
At 31 March 2021	6,974	42,333	49,307
DEPRECIATION			
At 1 April 2020	5,694	31,840	37,534
Charge for year	427	5,417	5,844
At 31 March 2021	6,121	37,257	43,378
NET BOOK VALUE			
At 31 March 2021	853	5,076	5,929
At 31 March 2020	1,280	4,292	5,572

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade debtors	-	370
Prepayments	2,495	2,333
	2,495	2,703

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Accrued expenses	9,676	10,309

12. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.21 £	31.3.20 £
Within one year	1,308	554
Between one and five years	763	-
	2,071	554

The lease costs are shown within Printing, stationery, postage.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

13. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	181,513	12,522	194,035
Redundancy	24,000	-	24,000
Contingency	10,000	-	10,000
	<u>215,513</u>	<u>12,522</u>	<u>228,035</u>
TOTAL FUNDS	<u>215,513</u>	<u>12,522</u>	<u>228,035</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	287,489	(274,967)	12,522
	<u>287,489</u>	<u>(274,967)</u>	<u>12,522</u>
TOTAL FUNDS	<u>287,489</u>	<u>(274,967)</u>	<u>12,522</u>

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	162,118	19,395	181,513
Redundancy	24,000	-	24,000
Contingency	10,000	-	10,000
	<u>196,118</u>	<u>19,395</u>	<u>215,513</u>
TOTAL FUNDS	<u>196,118</u>	<u>19,395</u>	<u>215,513</u>

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	300,692	(281,297)	19,395
TOTAL FUNDS	<u>300,692</u>	<u>(281,297)</u>	<u>19,395</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	162,118	31,917	194,035
Redundancy	24,000	-	24,000
Contingency	10,000	-	10,000
	<u>196,118</u>	<u>31,917</u>	<u>228,035</u>
TOTAL FUNDS	<u>196,118</u>	<u>31,917</u>	<u>228,035</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	588,181	(556,264)	31,917
TOTAL FUNDS	<u>588,181</u>	<u>(556,264)</u>	<u>31,917</u>

Purpose of designated funds

Redundancy - This reserve has been set up to cover redundancy costs in the event of the closure of the charity.

Contingency - This reserve has been set up to cover the costs in the event of the closure of the charity.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	-	55
Investment income		
Deposit account interest	60	104
Charitable activities		
BCUHB	101,000	101,000
Lloyds	5,050	18,778
RPR	9,114	10,080
IMHAS	134,530	133,675
IMCA	37,735	37,000
	<u>287,429</u>	<u>300,533</u>
Total incoming resources	287,489	300,692
EXPENDITURE		
Charitable activities		
Wages	178,595	186,236
Social security	10,681	11,957
Pensions	12,671	12,844
Insurance	669	662
Travelling and subsistence	1,695	14,922
Training, conference, supervision	4,369	8,566
Resources, publishing, sundries	796	546
Translation	128	148
Professional fees	6,200	7,075
	<u>215,804</u>	<u>242,956</u>
Support costs		
Management		
Heat, light, cleaning	1,973	628
Telephone	6,604	4,051
Printing, stationery, postage	5,509	3,580
IT systems & support	18,538	13,408
Office rent and room hire	9,381	9,324
Repairs and renewals	8,805	464
Depn - office equipment	427	427
Depn - computer equipment	5,417	4,013
	<u>56,654</u>	<u>35,895</u>

This page does not form part of the statutory financial statements

CYNLLUN ADFOCATIAETH IECHYD MEDDWL
THE MENTAL HEALTH ADVOCACY SCHEME

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
Management		
Finance		
Bank charges	88	60
Governance costs		
Trustees' expenses	21	46
Independent examination	2,400	2,340
	<u>2,421</u>	<u>2,386</u>
Total resources expended	<u>274,967</u>	<u>281,297</u>
Net income	<u><u>12,522</u></u>	<u><u>19,395</u></u>

This page does not form part of the statutory financial statements