

Company number: 3161774

Charity number: 1054621

**Annual Report and
Financial Statements for the year ended 31 March 2022
for
WISH
(A company limited by guarantee not having a share capital
and a registered charity)**

Report of the Trustees for the year ended 31 March 2022

Status: WISH is a company limited by guarantee without a share capital incorporated on 20 February 1996 and was registered with the Charity Commissions in April 1996 as a charity. Its governing rules are its Memorandum and Articles of Association. Under these Articles the members of the Board of Directors are elected at the TGM to serve a period of three years, appointment of directors during the year will be subject to ratification at the TGM.

Registered Charity Number: 1054621
Company Number: 3161774

Registered Office:
15 Old Ford Road
London, E2 9PL

Directors and Trustees at 31 March 2022

Chair: Alex Phillips
Karen Grayson
Ruth Lambley
Christine Spooner
Sarah Wilson
Dr Carley Guest
Dr Rachel Seoighe

Independent Examiner: Douglas Green Accountant
32 Darnley Avenue
Bristol, BS7 0BS

Bankers: Unity Trust Bank Plc
9 Brindley Place
Birmingham B1 2HB

The Trustees, who are also directors of the charity for the purpose of the Companies Act, have presented their annual report of activities and the audited financial statements and administrative details for the year ended 31 March 2022. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in 2005 in preparing the annual report and financial statements of the charity.

Risk Management and Finances

An analysis of risks facing Wish has been undertaken by the Director and Trustees in preparing this business strategy. In addition to the potential long-term impacts of the COVID-19 pandemic on women's mental health, statutory service capacity, and charity-sector fundraising, the areas of highest potential risk are:

- financial instability and cash flow;
- competition for services from similar organisations resulting in loss of revenues;
- further cuts to public services/benefits resulting in increased demand for our work, but with no additional increase in funding.

These risks are addressed by elements of this Wish's four year business strategy and associated development plans. We have also identified that staff working with women in distress from home and remotely need additional ongoing support. We address staff and volunteer stress, triggers, trauma, and capacity issues through frequent line management, supervision and peer support, and proactively identify potential for burnout. Staff working directly with women are trained to work with trauma both in person and remotely. Wish will continue to work with our staff and volunteers to understand and address the pressures on them

As with most small charities, Trustees considered that the main risk the charity can face is not being able to raise sufficient funds to continue providing its core services. Wish has been developing new projects and evaluating existing projects to ensure that raising funds for the charity has the best chance of success. In terms of sustainability, income generation streams are also being taken forward. In 2022/23 Wish has developed and taken forward a donor fundraising campaign, Standing Together, which is aiming to raise at least £20,000, and we have gained two small new contracts to the value of £10,000, together with starting to roll out the Gender Training initiative to forensic mental health units. The financial position at 31 March 2022 shows total funds of £14,150; £6,375 restricted funds and £7,775 unrestricted funds.

In order to ensure the development and sustainability of Wish we are following a four year business strategy which encompasses a new theory of change and impact goals.

The Board of Trustees

The following people acted on the Board of Trustees during the period:

Alex Phillips	
Ruth Lambley	
Dr Rachel Seoighe	
Dr Carly Guest	
Christine Spooner	
Sarah Wilson	
Barbara Fletcher	(Resigned 19/09/21)
Jackie Carter MBE	(Resigned 09/03/22)
Prof Tammi Walker	(Resigned 16/01/22)
Karen Grayson	(Resigned 01/04/22)

Statement of Trustees' responsibilities

The Trustees are required under the Charities Act 2011 to prepare financial statements for each year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the Trustees should follow best practice and:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- follow applicable accounting standards, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with applicable law and regulations. They are also responsible for safeguarding the assets of the charity and hence for taking responsible steps for the prevention and detection of fraud and other irregularities.

So far as each director is aware, there is no relevant information, defined as "information needed by the company's auditors in connection with preparing their report", of which the company's auditors are unaware; and each Trustee has taken all steps that he ought to have taken to make himself aware of any relevant matters and to ensure that the company's auditors are aware of such information. Such steps include making inquiries of other Trustees and auditors and other steps required by the Trustees duty to exercise due care and skill.

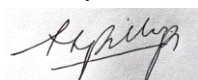
Reserves Policy

The Trustees wish to develop reserves to a minimum of six months total operating costs so as to avoid a breakdown in provision of core services in adverse conditions. As of 31st March 2022 we had £7,775 of unrestricted reserves. We have been active in raising unrestricted funds via our Standing Together donor fundraising campaign, and roll out of our Gender Training initiative, as well as securing additional contracts. We have also been active in making and being awarded charitable trust applications, for which there is much competition

Approval

This report was approved by the Trustees on 21/12/2022 and by order of the Trustees, signed on their behalf, by:

Alex Phillips



Director and Trustee

WISH
(A company limited by guarantee)

Independent Examiner's Report to The Trustees of Wish

I report on the Accounts of The Charity for the year ended 31 March 2022 which are set out on the following pages.

Respective Responsibilities Of The Trustees and Examiner

As the Trustees of The Charity you are responsible for the preparation of the Accounts: you consider that the audit requirements of section 144 of the Charities Act 2011 (the act) not apply. It is my responsibility to state, on the basis of procedures specified in the General Directions given by The Charity Commissioners under section 145 of the Act whether particular matters have come to my attention.

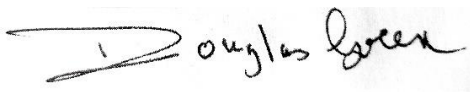
Basis Of Examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required for an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Unqualified Statement

In connection with my examination, there were no matters that have come to my attention:

- 1) Which gives me reasonable cause to believe that in any material respect the requirements
 - *To keep accounting records in accordance with section 41 of the Act as amended
 - *To prepare accounts which accord with the accounting records and so comply with the accounting requirements of the Act have not been met: or
- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Douglas Green
Accountant
32 Darnley Avenue
Bristol BS7 0BS

Date 20/12/2022

WISH
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	Notes	2022	2022	2022	2021
		£	£	£	£
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	35,813		35,813	18,297
Income resources from charitable activities	3	<u>94,053</u>	<u>86,775</u>	<u>180,828</u>	<u>215,176</u>
Total Incoming Resources		<u>129,866</u>	<u>86,775</u>	<u>216,641</u>	<u>233,473</u>
RESOURCES EXPENDED					
Cost of generating voluntary income	5	14,200		14,200	13,200
Charitable activities	5	148,644	91,400	240,044	218,251
Governance costs	5	<u>3,271</u>	<u> </u>	<u>3,271</u>	<u>3,600</u>
Total Resources Expended		<u>166,115</u>	<u>91,400</u>	<u>257,515</u>	<u>235,051</u>
Net Surplus/ (Deficit) For The Year		(36,249)	(4,625)	(40,874)	(1,578)
Unrecoverable debtors written off					(10,000)
Total Funds at 1 April 2021		<u>44,024</u>	<u>11,000</u>	<u>55,024</u>	<u>66,602</u>
Total Funds at 31 March 2022		<u>7,775</u>	<u>6,375</u>	<u>14,150</u>	<u>55,024</u>

There were no recognised gains or losses other than those in the statement of Financial Activities.
All incoming resources expended derive from continuing activities.

The notes following form part of these financial statements.

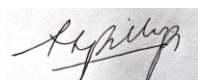
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BALANCE SHEET
AS AT 31 MARCH 2022

	Notes	31.03.22		31.03.21	
		£	£	£	£
FIXED ASSETS			3,718		4,954
Fixed assets	8				
CURRENT ASSETS					
Debtors and prepayments	9	17,623		22,917	
Bank		9,157		<u>33,092</u>	
		<u>26,780</u>		<u>56,009</u>	
CURRENT LIABILITIES					
Social security		10,334		2,243	
Creditors and accruals	10	<u>6,014</u>		<u>3,696</u>	
		<u>16,348</u>		<u>5,939</u>	
NET CURRENT ASSETS			<u>10,432</u>		<u>50,070</u>
TOTAL ASSETS			<u>14,150</u>		<u>55,024</u>
FUNDS					
Unrestricted Funds			7,775		44,024
Restricted Funds	11		6,375		11,000
TOTAL FUNDS			<u>14,150</u>		<u>55,024</u>

These financial statements were approved by the Trustees on 21/12/2022

On behalf of the Trustees



Alex Phillips

On behalf of the Trustees



Christine Spooner

Dated 21/12/2022

WISH
(A company limited by guarantee)

Notes to the Financial Statements
for the year ended 31 March 2022

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)

Incoming resources

Income is recognised when the Charity has entitlement to the funds.

Income received in advance of provision is deferred until criteria for income recognition are met

Resources Expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any Vat which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

Tangible Fixed Assets

Fixed assets are stated at cost price less accumulated depreciation. Depreciation is provided at the following annual rates in order to write off each asset over its estimated life.

fixtures and fittings	25% reducing balance
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Computer equipment	25% reducing balance
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Restricted fund

When income is received for purposes specified by the donor the income is shown as restricted in the Statement of Financial Activities. Expenditure for the specific purposes is shown as restricted expenditure. Any unexpended balance at the balance sheet date is carried forward as a restricted income fund.

Allocation of Expenditure

Expenditure is allocated as follows

Charitable activities. All direct expenditure incurred on performance of the charitable activities including total salaries less 30% of the director's salary

Costs of generating voluntary income. 25% of the director's salary

Governance costs. 5% of the directors salary, the accountancy fee and trustees costs

WISH
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Notes to the Financial Statements
for the year ended 31 March 2022

2. VOLUNTARY INCOME

Grant and donation income was received from the following sources:

	2022	2021
	£	£
Restricted Grants		
Unrestricted Grants		
Edward Gosling Foundation	10,000	
Others	<u>25,813</u>	<u>18,297</u>
Total unrestricted donations	<u>35,813</u>	<u>18,297</u>
Total voluntary income	<u>35,813</u>	<u>18,297</u>

WISH
(A company limited by guarantee)

Notes to the Financial Statements
for the year ended 31 March 2022

3. INCOME RESOURCES FROM CHARITABLE ACTIVITIES

	2022	2021
	£	£
UNRESTRICTED FUNDS		
Contracts		
Riverside Healthcare	12,589	
Inmind Ltd		788
Cheswold Park Hospital		6,294
Cygnnet Hospitals	<u>79,689</u>	<u>79,163</u>
Total Contract income	<u>92,278</u>	<u>86,244</u>
Other		
Consultancy	375	641
Student Placement	<u>1,400</u>	<u>700</u>
	<u>1,775</u>	<u>1,341</u>
Total Unrestricted Funds	<u>94,053</u>	<u>87,585</u>
RESTRICTED FUNDS		
Covid Grant	270	
MOJ Grant	63,755	
Grant Founders for Good	1,000	
Grant ROSA	18,750	
Grant Second University Trust	1,000	
Media Trust Grant	<u>2,000</u>	
Total Restricted Funds	<u>86,775</u>	
Total Income Resources from charitable activities	180,828	

WISH
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Notes to the Financial Statements
for the year ended 31 March 2022

4. OPERATING SURPLUS

Operating surplus is stated after charging

	2022	2021
	£	£
Auditor's fee	<u>380</u>	<u>380</u>
Depreciation of tangible fixed assets	<u>1,236</u>	<u>1,652</u>

5. ANALYSIS OF TOTAL RESOURCES EXPENDED

	2022	2022	2022	2022	2021
	Costs of	Charitable	Governance	Total	Total
	generating	activities	costs		
	voluntary				
	income				
	£	£	£	£	£
Staff & consultancy costs	13,000	166,660	1,500	181,160	174,164
Other direct costs	1,200	35,387		36,587	25,552
Office expenses		24,293		24,293	20,543
Premises		13,704		13,704	11,192
Governance			1,771	1,771	3,600
	<u>14,200</u>	<u>240,044</u>	<u>3,271</u>	<u>257,515</u>	<u>235,051</u>

6. TRUSTEE EXPENSES

During the period, no payments were made to trustees acting in a professional capacity (2021 nil).

7 STAFF COSTS

Total staff costs were as follows:

	2022	2021
	£	£
Gross salary and employers national insurance	168,023	140,804
Employers pension contributions	5,015	3,821
	<u>173,038</u>	<u>144,625</u>

The average number of employees during the year was seven (2021 seven)

WISH
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Notes to the Financial Statements
for the year ended 31 March 2022

7. STAFF COSTS (Cont)

There were no employees with emoluments above £60,000. The charity does not operate its own pension fund but does contribute to the personal pension plans of seven employees (2021 seven)

8. TANGIBLE FIXED ASSETS

	2022
	£
COST	
At 1 April 2021 & At 31 March 2022	<u>41,902</u>
DEPRECIATION	
At 1 April 2021	36,948
Charge for the year	<u>1,236</u>
At 31 March 2022	<u>38,164</u>
NET BOOK VALUE	
At 31 March 2022	<u>3,718</u>
At 01 April 2021	<u>4,954</u>

9. DEBTORS

	2022	2021
	£	£
Debtors	17,623	14,632
Prepayments and other debtors	<u>9,157</u>	<u>8,285</u>
	<u>26,780</u>	<u>22,917</u>

WISH
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**Notes to the Financial Statements
for the year ended 31 March 2022**

10. CREDITORS

	2022	2021
	£	£
Sundry creditors and accruals	<u>6,014</u>	<u>3,696</u>

11. MOVEMENT IN FUNDS

Restricted Funds

	At 1 April 2021	Income	Expenditure	At 31 March 2022
	£	£	£	£
Mrs Smith & Mount	2,500		2,500	
Enterprise Development Fund	8,500		8,500	
Covid Grant		250	250	
MOJ Grant		63,775	63,775	
Founders for Good Grant		1,000	1,000	
ROSA Grant		18,750	12,375	6,375
Second University Trust Grant		1,000	1,000	
Media Trust Grant		<u>2,000</u>	<u>2,000</u>	
Total Restricted Funds	<u>11,000</u>	<u>86,775</u>	<u>91,400</u>	<u>6,375</u>

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed Assets 2022 £	Net current Assets 2022 £	Total 2022 £
Unrestricted Funds	3,718	4,057	7,775
Restricted Funds		6,375	6,375
Total	<u>3,718</u>	<u>10,432</u>	<u>14,150</u>



2021- 2022

ONE YEAR AT WISH

Standing together
for women's mental health.



CONTENTS



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WELCOME



What a challenging and exciting year it's been for WISH.

As we navigated the new way of living in the pandemic, we went through a rapid digitisation. Preparing our teams to deliver the same quality of services online and via phone calls was crucial and we are lucky we were able to efficiently make the transition.

Our gender specific and unique to sector services continued to go from strength to strength as we embarked on extending our networks with other similar minded organisations.

We are now looking at the coming year with optimism and renewed energy.

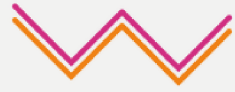
Keep on reading for a few highlights of our year, evolution of our services, snippets of stories from the women we work with every day and partners old and new.

Thank you for being part of our story, thank you for standing with us for women's mental health!

The Women at WISH



THE YEAR IN HIGHLIGHTS



Co-creation, consultations and research input

- Co-wrote the article "*The physical health of imprisoned women with SMI*", published in the British Journal of General Practice.
- Provided input into *Women's Health Strategy: Call for Evidence* with Professor Tammi Walker (Durham University), Professor Carolyn Chew-Graham (Keele University), Dr Anna Motz (Bronzefield Prison)
- Supported women to input to : *Impacts of culture, faith and family relationships for women in the criminal justice system MOJ*
- Organised the Workshop: *What are the experiences of imprisoned women with SMI and physical health problems? What is working and what could change?*
- Joined the Women's Institute Podcast to discuss our work
- Had a consultation with the The Equality Trust to discuss strategies and future plans to reduce inequalities in the UK

Events

- Joyce Kallevic, WISH Director was part of the panel for *Time To Talk: Women, Incarceration and Mental Health*, organized by Clean Break on 3 February 2022
- Attended the combined Autumn *BAME Taskforce and Women's roundtable*.
- We organised a poetry and book reading event with Peer Consultant Aqualite. It was a wonderful evening for the women we work with, volunteers and members of the public who all enjoyed Spanish snacks and wine.



THE YEAR IN HIGHLIGHTS



Petitions and letters

- Signed the letter calling on Sajid Javid, Secretary of State for Health and Social Care, to commit to tackling institutional racism in the Mental Health Act reforms.
- Signed an open letter to the Secretary of State for Health & Social Care concerning the MHA reforms and improving access to high quality advocacy services. This was co-ordinated by Voiceability with the purpose of demonstrating the breadth and depth of support for improving access to advocacy as part of the MHA reform.

Organisational

- Developed our infrastructure, reviewed all staff and volunteer policies and implemented a new system for appraisals
- Upgraded our shared remote facilities
- Recruited and trained three new board members
- Started working on our new branding
- Started updating our Community Model

Campaigning support

- Questioned the High Intensity Network's '*Serenity Integrated Monitoring*' (SIM) which requires people in distress to be seen both by mental health professionals and police officers, often without their consent. The language was concerning and stigmatising, and we asked for the model to be urgently evaluated before it is rolled out further.
- Supported the *#Stopthe500 Campaign*, against creating 500 new prison places for women on unfounded grounds, contradicting the government's Female Offender Strategy, published in 2018 which aims to reduce the female prison population.
- Supported Women's Aid *#DeserveToBeHeard*. campaign aims to ensure the mental health needs of women survivors of domestic abuse, who are all too often not listened to and not believed, are heard and responded to effectively.

THE YEAR IN HIGHLIGHTS: OUR SERVICES



ADVOCACY

We now have a full Advocacy team onboarded, with fantastic feedback from the three hospitals we are engaged with.

The Director at Cheswold Park Hospital Doncaster asked us to take part in a Restrictive Practice review. The Hospital holds the work we do in high regard, and this offer of objective collaboration is a positive reflection of our Advocacy work at Doncaster and beyond.

COUNSELLING

Positive feedback and outcome driven results with our existing clients and even more on our waiting list clearly demonstrate the need and success of our delivery of this incredibly important gender specific service within our local borough and beyond.

We have also been approached by agencies outside of our usual referral pathways, keen to refer more clients to us, which is testament to our success and awareness in the sector.

COMMUNITY LINK

The Community Link Model continues to work incredibly well, providing invaluable support to our community of clients, existing and new, both within and outside of our borough.

We continue to attract new volunteers and students to assist us with this great work, via international and national agencies.

COACHING

Now in its early stages of trial, we hope to expand this service in the coming months as we move our clients through our Community Model where suitable.

We would like to also start hosting group sessions for common themes as a supplementary option. More information to follow in the new year as this service takes shape.

ADVOCACY



'It's an utter pleasure working with you. I am always in awe of your dedication, attentiveness and support you give not only the service user but the teams as well'

LAUREN COLES, MEDICAL SECRETARY
AND CPA COORDINATOR
– CAMHS CYGNET BURY

Throughout the year, we have delivered advocacy services at the following hospitals:

Cygnets Bury, where the service users we work with are detained as follows:

- Women have on two of dedicated wards: Upper West which is a medium secure ward and Lower West which is a low secure service.
- Young people either detained under the Mental Health Act under section 2 or section 3 or admitted onto the acute ward as an informal patient. Child and Adolescent Mental Health Service (CAMHS) Buttercup and Mulberry ward are low secure wards, Primrose is a Pediatric Intensive Care Unit (PICU), and Wizard is an acute ward.

Cygnets Sheffield, where we worked with:

- Women at Spencer, a low secure ward.
- Young people who are also detained, or there on an informal basis on the acute ward. There are three adolescent wards: Unicorn – a PICU, Pegasus – general adolescent acute ward and Griffin – a low secure ward.

Cheswold Park Hospital Doncaster, where WISH service users are

- Women detained at Bronte, a medium secure ward.

ADVOCACY



In January 2022 NHS England approached WISH advocacy to ask for support on two projects led by Christine Bakewell, The National Programme Lead for Learning Disability and Autism – Specialised Commissioning. They were looking for experts by experience, using services from different parts of the country with a set of specific circumstances.

The first project was a review of women with a learning disability and autistic women in secure care. Secondly, NHS England were setting up a working group to consider if they needed specialist secure inpatient provision for autistic adults.

This was a great opportunity open to service users who were currently in secure hospitals. We approached our partner hospitals and liaised to support them to be part of the projects.

A working group has been put together to consider the initial findings from the review, along with the further work that is needed, in order to finalise a set of recommendations and form an action plan. This work will report into the Women's Sub-Group of the Adult Secure CRG and will also inform the current review of Low and Medium secure specifications for adults.

We are pleased to have contributed to this essential review for the benefit of our users and not only.

COUNSELLING



“My counselling experience with WISH has been great from start to finish. I became more confident and much more able to manage my depression and anxiety. I am able to leave the house more now than when I started, and I have taken away a number of coping mechanisms that help me when I need them.”

P, WISH MEMBER

31

Women have successfully completed counselling

24

Average number of counselling sessions; Many women go on to have more, due to the complex nature of their needs.

8

Active cases

8

Women to start sessions

COUNSELLING



Our counselling services have been widely successful. Organisations like Mind, NHS Social Services, Tower Hamlets Talking Therapy have referred several women to WISH, on top of numerous self-referrals. We have also been successful in reaching the Black and Asian communities, historically the least likely to have access to and engage in trauma informed counselling.

Due to the pandemic, and following BACP recommended online training, we have moved to online delivery. Unfortunately the transition became quite difficult for some of our clients. Without a safe space and with family around, privacy was challenging and unfortunately six women suspended their counselling process.

“It has been like a support system when I felt I had none. The sessions also help keep somewhat of a balance in my life, which otherwise I wouldn't have. It has been a like an anchor/lifeboat during the worst periods of my life.”

L, WISH MEMBER

COMMUNITY LINK



The Community Link Project has again had a very busy year and as expected, during the pandemic we have had more self referrals from women wanting support. After the usual sources of assistance seemed to have dried up or were overwhelmed, women found WISH through researching where to get help with specific issues and emotional support.

Although we did not visit any prisons due to the restrictions, we were able to assist via telephone with issues such as finance, contacting probation and housing and providing emotional support.

We had regular contact with a PICU ward in London which we also visited, as staff were unable to assist a WISH member.

'WISH picked up the phone straight away and immediately offered me the support I needed. Suddenly a task that had caused me so much distress for over a year was made manageable. WISH helped me see that there was a way through the issues and that I was competent and capable of overcoming those issues. This small charity provided a huge amount of help and hope at a time when I felt as though I was drowning.'

F, WISH MEMBER

COACHING



Through our counselling service we have identified a need for further support after the sessions are completed. Some of the women we have worked with feel stuck, not knowing what to do next.

So we decided to pilot a coaching project to run alongside with the counselling. The aim is to have a more forward facing service, guiding women to identify their strength and goals and work towards them.

'I am proud of myself since doing coaching. I can now spell my name I am grateful for the time WISH has put in.'

M, WISH CLIENT

FINANCIAL REPORT



Financial summary for the Year Ended 31 March 2022

Our income comes from 3 major sources:

£54,110

Grants and Donations
Unrestricted

£86,775

Grants, Restricted

£181,638

Contracts, Unrestricted

	2022	2021
Incoming Resources	£216,641	£233,473
Resources Expended	£257,515	£235,051
Net Surplus/ (Deficit) For The Year	£(40,874)	£ (1,578)
Total Funds at 31 March 2022	£14,150	£55,024

A SPECIAL THANK YOU



Our work and results of this year would not have been possible without the support of our wonderful team, all of the volunteers who joined forces with us, and all of the donors, funders and partners who generously donated money and time to stand with us for women's mental health.

We would also like to thank our board of trustees for their continuous support. The following people acted on the Board of Trustees during the period: Alex Phillips, Ruth Lambley, Dr Rachel Seoighe, Dr Carly Guest , Christine Spooner, Sarah Wilson , Barbara Fletcher (Resigned 19/09/21), Jackie Carter MBE (Resigned 09/03/22 , Prof Tammi Walker (Resigned 16/01/22), Karen Grayson (Resigned 01/04/22).

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