

KWAAFRICA
REPORT AND FINANCIAL STATEMENTS
31 MARCH 2021

KWAAFRICA

FINANCIAL STATEMENTS

For the Year ended 31 March 2021

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KWAAFRICA**CHARITY INFORMATION****31st March 2021**

Status	Registered charity
Charity Number	1054369
Registered Office and Operational Address	UNIT 44 DODDINGTON & ROLLO COMMUNITY ASSOCIATION CHARLOTTE DESPARD AVENUE LONDON GREATER LONDON SW11 5HD
Trustees	Richard C Mosingh - (Chair) Justine Alecho Max Lubenga Richard C Mosingh
Principal Staff	Daniel Baliikya
Bankers	Barclays Bank Plc
Accountants	Martin Morrison & Co Ltd Chartered Certified Accountants Unit 43 The Coach House 66/70 Bourne Road Bexley Kent DA5 1LU

**KWAAFRICA
MANAGEMENT COMMITTEE'S REPORT
31st March 2021**

The Management Committee presents its report and the independently examined financial statements for the year ended 31st March 2021.

Objects, Objectives and Principal Activities of the Charity

KwaAfrica's primary objectives have been twofold during the year: to continue to maintain the current service levels but also to develop new targeted services in a climate of diminishing resources for HIV service delivery. It seems clear that a significant decline in sexual health and social care funding will be seen in the coming years given both the current and anticipated public sector cuts.

KwaAfrica's vision is a world where HIV/AIDS is no longer a threat to leading a healthy and productive life.

Mission

We aim to support the empowerment of people with and affected by HIV to lead healthy and productive lives.

Review

KwaAfrica supports People from BAME communities particularly women to increase informed decision making, reduce stigma and discrimination associated with long term health conditions such as HIV and mental health whilst reducing the long term impact of poverty that many BAME communities find themselves in.

Organisation

KwaAfrica is a charitable organisation registered with the Charity Commission, whose Management Committee are the trustees of the charity. Sub-committees, including a recruitment sub-committee and a finance and general purposes committee have been formed.

About us

KwaAfrica works to support the empowerment of people living with or affected by HIV/AIDS to lead healthy and productive lives

Our projects aim to increase informed decision making and choice, reduce stigma and discrimination, and reduce poverty.

We run support, prevention, and transformation projects in: Kingston, Merton, Sutton, Richmond, Wandsworth, Westminster, Hammersmith and Fulham, Kensington and Chelsea, and, internationally in Eastern Uganda.

Our Partners

Living Well CIC
SPECTRA
Kadama Widows Association
Charity Women's Association
MIFUMI
TASK BAR

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KwaAfrica UK Programmes 2020 - 2021

Delivery of Services:

Delivery of services this year was impacted by the lockdown measures implemented as a result of the COVID-19 pandemic; however, service delivery was adapted to take an online approach where possible, which saw some interventions being conducted on Zoom, WhatsApp conference calls, on the telephone and video calling.

In areas where venues were open, services were delivered with the observance of government Covid-19 regulations and guidelines for meeting indoors which included social distancing, wearing of masks, use of hand sanitisers and limiting the number of people in attendance.

South West London STI and HIV Prevention

This project was carried out in the London boroughs of Merton, Sutton, Richmond, and Kingston (LBMSRK) commissioned by the councils of the respective boroughs.

The project was to provide high quality sexual health promotion interventions for people from the black minority ethnic (BME) community in order to improve their sexual health and reduce levels of HIV transmission.

The following interventions were carried out with the black minority ethnic (BME) populations creating awareness, offering information and advice and encouraging them to access testing services;

- Community outreach
- Information and Advice
- Group work
- 1-2-1 behaviour change

Outcomes of the South West London project on prevention;

- 38 outreach sessions in the community within LBMSRK were carried out targeted at people from the black community. The number of sessions in each of the boroughs were; Kingston: 3 Richmond: 3 Sutton: 16 and Merton: 16

The sessions were carried out mostly in faith centres which were one of the few venues open during the Covid-19 pandemic lockdown.

- 12 group work sessions were conducted with a total of 55 residents of LBMSRK attending of which Kingston:5 Richmond: 3 Sutton: 25 and Merton: 22.

Each session lasted 2 hours and combinedly lasted 24 hours in total. The sessions were carried out mainly online via zoom.

- Behaviour change interventions (1-2-1) delivered to people of the black community that led risky behaviour were 39 in total with Kingston: 5 Richmond: 4 Sutton: 15 and Merton: 15

Sessions were conducted online via zoom and WhatsApp conference calls and video calls.

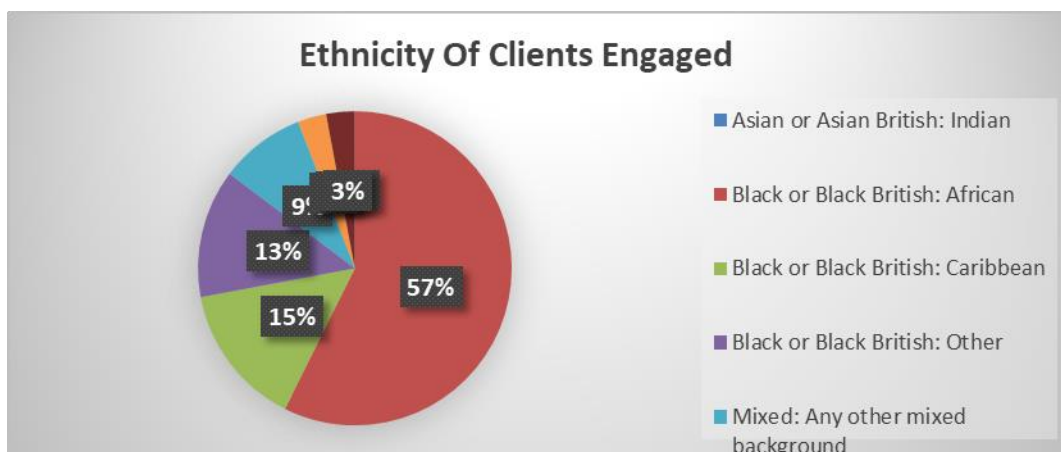
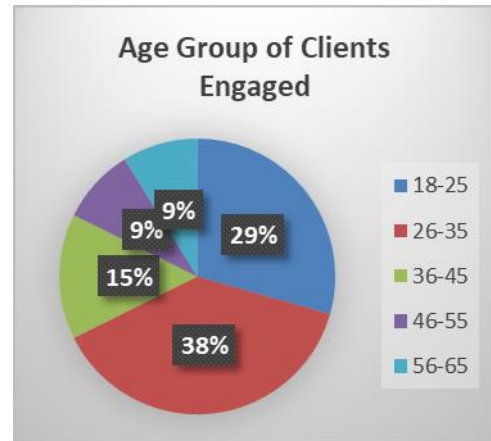
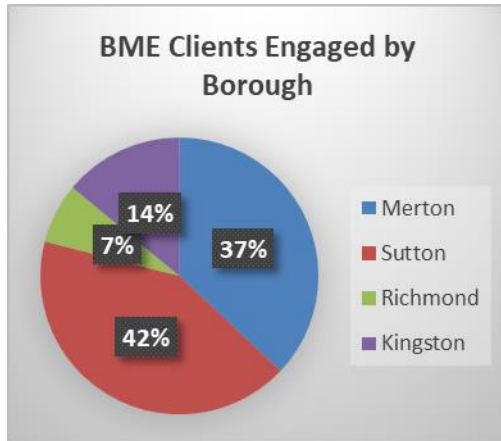
- KwaAfrica engaged a total of 822 people from the black minority ethnic community of which 592 completed monitoring questionnaires.

- A total of 783 condoms were given out to people engaged in outreach sessions and static venues which were mainly faith centres and other points of influence within the community.

- There was a total of 6 point of care testing sites open out of 20 and saw a total of 17 people accessing rapid HIV testing services.

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Demographics of clients engaged;



South West London Peer Support Group

The project was carried out in the London boroughs of Merton, Sutton, Richmond and Kingston (LBMSRK) commissioned by the respective borough councils.

This project provides high quality information, advice and support to people living with and affected by HIV, thereby improving their health outcomes and reducing levels of onward HIV transmission.

The HIV peer support services focused on a wide range of themes which included support around adherence to medication, isolation and loneliness, mental health issues which included depression and anxiety related to the pandemic, information on COVID-19 with progressive updates and general information and advice.

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Peer support group sessions were conducted with themes based on the needs and concerns of our clients which enable them to live healthy and fulfilling lives with the condition.

Outcomes of the South West London project on Peer Support Groups;

- Total number of group sessions conducted across all the 4 boroughs: 75
With Kingston: 16, Richmond: 15, Sutton: 19 and Merton: 25
- Total number of peer support hours delivered to residents of LBMRSK: 123
- Total number of clients attending peer support group sessions: 24
- Percentage breakdown of clients attending the peer support groups by borough; Kingston: 21%, Richmond: 16%, Sutton: 23% and Merton: 40%.
- Assessment of clients attending peer support groups who reported positive health outcomes both physical or emotional with improved quality of life across the boroughs reflected Kingston: 83%, Richmond: 87%, Sutton: 85% and Merton: 88%

Other funded work:

We were able to carry out more activities with the funding received from Big Lottery. The activities included;

1. Training and Workshops:

One of the sessions we had was on Digital Training.

The training on digital literacy was also aimed at improving communication during the Covid-19 lockdown as most of our services were running virtually.

Clients were given tablets and trained on basic IT skills.

2. Health Clinics:

Health checks were carried out which included; Body Mass Index (BMI), Blood Pressure (Hypertension) and Rapid HIV tests.

- Majority of clients who accessed the health clinic were in the age range of 40 – 75 years old
- 85% of the clients that took BMI health checks reflected weight as over-weight to obese.
- Majority clients indicated low activity level in a week (Less than 30mins a week) with reason being lock-down and inability to thereby go places.
- Most of the clients accessed the health clinic due to concerns over their health relating to weight gain due to long periods of inactivity under lockdown.
- Majority clients indicated low activity level in a week (Less than 30mins a week) with reason being lock-down and inability to go places, gym etc.
- Clients were mainly from the BME community with mostly women accessing the services

3. Health & Fitness Classes:

Helping clients manage their weight:

Health and fitness classes were set up aimed at control of weight, motivation, reduce risk of heart disease, help body manage blood sugar and insulin levels and to improve the client's mental health and mood.

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4. One-2-One online support sessions:

We conducted 1-2-1 online support service which engaged clients on issues surrounding their lives and offering information and advice. The service enabled clients to call in at any time. In the feedback, they reported a turnaround in their lives with the ability to reach services round the clock.

This service addressed the challenges clients were experiencing during lockdown and poor mental health arising from isolation and loneliness.

Participants:

A total of 67 participants took part in the project and were all from the black minority ethnic (BME) community.

Other:

This year we joined the National Survivor User Network (NSUN), a registered charity that supports over 5,000 mental health survivors within the UK and has recently had a drive to support the BAME community.

NSUN funded some of our projects with the provision of digital devices that included laptops (2) and mobile phones (2).

Risk Management

Kwaafrika are aware of their obligation to make a statement in respect of the management of risks faced by Kwaafrika. The trustees have appointed Martin Morrison & Co as providers of internal audit services, and to advise on the development of a structured approach to risk management. This will promote a greater recognition of risk management at all levels within Kwaafrika. The trustees, operating through sub-committees, have identified, and assessed many risks and have taken action to control or mitigate these risks.

Reserves and Investments

It is the Trustees' policy that Kwaafrika should aim to hold general fund cash reserves of 3 months of annual general running costs.

Members of the Management Committee

The following served as charity trustees during the year and up to the date of this report:

Richard Mosingh Chairperson

Justine Alecho

Max Lubenga

Management Committee members have no beneficial interest in the charity and are not remunerated.

Accountants

Martin Morrison & Co were appointed at the Annual General Meeting and have expressed their willingness to continue as independent examiners.

Approved by the Management Committee on 20th December 2021 and signed on their behalf by:

Richard Mosingh

Richard C Mosingh

(Chair)

KWAAFRICA

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE
INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2021

Note	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2021
	£	£	£	£
INCOMING RESOURCES				
Incoming resources from generating funds:				
Voluntary income	5,909	59,749	65,658	44,492
Investment income	-	-	-	-
TOTAL INCOMING RESOURCES	5,909	59,749	65,658	44,492
RESOURCES EXPENDED				
Charitable activities	(5,348)	(54,947)	(60,295)	(46,192)
TOTAL RESOURCES EXPENDED	(5,348)	(54,947)	(60,295)	(46,192)
NET INCOMING RESOURCES FOR THE YEAR/NET INCOME FOR THE YEAR	561	4,802	5,363	1,700
RECONCILIATION OF FUNDS				
Total funds brought forward	485	1,122	1,607	3,307
TOTAL FUNDS CARRIED FORWARD	1,046	5,924	6,970	1,607

Richard Mosingh 20-12-2021

Richard C Mosingh

(Chair)

KWAAFRICA**Report of the Accountant's to the Members of
KWAAFRICA**

We report on the accounts of Kwaafrica for the year ended 31 March 2021.

Respective responsibilities of Management Committee and accountants

As the charity's trustees you are responsible for the preparation of the accounts.

Basis of Independent Examiners Report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any usual items or disclosures in the accounts, allied to the seeking from you as trustees' explanations concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matters have come to our attention:

- (1) which gives us reasonable cause to believe that in any material respect the requirements
 - (a) to keep accounting records in accordance with section 41 of the Act; and
 - (b) to prepare accounts which accord with the accounting records and comply with accounting requirements of the Act have not been met.
- (2) To which in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

22 December 2021

Martin Morrison & Co
Chartered Certified Accountants
Unit 43 The Coach House
66/70 Bourne Road
Bexley
Kent
DA5 1LU