

PRIVATE & CONFIDENTIAL

Mrs R Garrey
Tendring Specialist Stroke Services
85 Frinton Road
Holland-on-Sea
Clacton-on-Sea
Essex
CO15 5UH

21 September 2021

Our Ref: C022/BB

Email: Beth@Finnigans.co.uk

Dear Rosemary

**TENDRING SPECIALIST STROKE SERVICES
ACCOUNTING PERIOD ENDED 31 MARCH 2021**

CLICKING APPROVE ON OPENSOURCE APPROVES ALL DOCUMENTS

Please find enclosed accounts for the above period, which have been prepared from your records.

The accounts should be reviewed and, subject to your agreement, approved by clicking the button on opensource. We will then file these at Companies House for you.

These accounts are solely for your use. They do not constitute advice to any third party to whom you may disclose them in whole or in part.

You should download to your own storage system or print all the documents sent via opensource for your retention.

A copy of the accounts, duly signed by Peter, has been posted to you.

Finally, I am enclosing our fee note for your usual kind attention.

If you have any queries in relation to the above, please do not hesitate to contact me.

Yours sincerely

Beth Brown

Mrs R Garrey
Tendring Specialist Stroke Services
85 Frinton Road
Holland-on-Sea
Clacton-on-Sea
Essex
CO15 5UH

22065

23/09/2021

C022

Description

Amount

INVOICE

To Professional Services Rendered:

in relation to the preparation of the accounts for the year ended 31 March 2021

TERMS: 14 days
VAT No: 623 124 281

Bank Details:
Santander
Sort Code: 09-01-28
Account: 94119302

1425.00

VAT @ 20%

285.00

Amount Due

£1710.00

REGISTERED COMPANY NUMBER: 03167424
REGISTERED CHARITY NUMBER: 1054049

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2021
for
Tendring Specialist Stroke Services

Finnigan & Co
37 Lower Brook Street
Ipswich
Suffolk
IP4 1AQ

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for the Year Ended 31 March 2021**

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Tendring Specialist Stroke Services

Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Tendring Specialist Stroke Services

Report of the Trustees for the Year Ended 31 March 2021

OBJECTIVES AND ACTIVITIES

Objectives and activities

In setting out its aims and objectives the trustees confirm that they have had regard to the Charity Commissioners guidance on public benefit and are satisfied that the organisation conforms with these requirements.

The Charity provides specialist stroke services to meet the needs of stroke survivors, families and carers across Tendring, regardless of age, gender, race, nationality, marital status, sexual orientation, political and religious belief etc.

The Charity aims to:

- 1) offer support, guidance and help to stroke survivors, their families and professional involved in their care.
- 2) strive for improvements in services for those who have suffered a stroke.
- 3) increase public awareness of stroke and its impact on family, social and working life.
- 4) promote the message of a healthy lifestyle for stroke prevention.
- 5) provide social and other purposeful activities.
- 6) develop new skills and confidence.
- 7) meet and share experiences to promote personal adjustment.
- 8) encourage family and community support.
- 9) inform through education and training.
- 10) network with other agencies.

During the year, the Charity operated/continued:

- 1) Daily group activities when permitted due to COVID 19. The organisation was closed from 1 April 2020 and reopened on 21 September 2020, remaining open until 18 December 2020. Then the country went into a further lockdown and TSSS closed group activities.
- 2) Stroke Carers' and Family Support Service (see below)
- 3) To work closely with the medical health professionals (doctors, occupational therapists, physiotherapists, speech and language therapists etc.) statutory bodies and other local and regional organisations.
- 4) To work in compliance with the government's identification of Long Term Chronic conditions and long term, ongoing rehabilitation.
- 5) To work with the CCG to provide therapies and rehabilitation support and to transform the services for TSSS.

As part of its work and links with the medical profession, the Charity is still currently involved with:

- 1) the Early Supported Discharge service, where some people who are discharged early are rehabilitated at home rather than in hospital to achieve better results. Also provided, 6 months after a stroke, is a visit to assess current status and identify any problems or issues (a post stroke visiting service).
- 2) the exercise class for post stroke survivors in conjunction with ACE (the Stroke Exercise Group).
- 3) ACE is currently under contract review, with contracts ending June 2021. Discussions with CCG continue.

Tendring Specialist Stroke Services

Report of the Trustees for the Year Ended 31 March 2021

Turning to details of specific activities:

Daily group activities

There is a daily focus on the use of information technology such as tablets, wifi etc. This is a direct result of our dealings with the University of Essex and the exchange of ideas with student placements who have been able to introduce a valuable new perspective.

The group activities permitted within the limitations of COVID 19, along with staff changes, as well as the new style therapy service were run from Monday to Wednesday within the Government restrictions of the 2020/2021 regulations.

The redesigned services focus on the following:

Social Interaction
Communication
Art Therapy
Exercise/Mobility
Group Activities
Team Sports
Cognitive Therapeutic work

Stroke Carers' and Family Support Service

TSSS provides support to stroke survivors, carers and families affected by stroke. We provide comprehensive information and advice and respond to individual needs. Support is available by phone contact. Home visits have been suspended due to COVID 19. Referrals come from the wards at Colchester and Clacton hospitals, and the ESD Team with other health professionals referring to us on a regular basis or self-referrals.

The Service

Stroke survivors automatically have access to one or more of the groups offered at our Stroke Centre in Holland on Sea for people throughout Tendring. This not only improves and enhances the daily life of the stroke survivor but also offers much needed respite to the carer and reduces isolation for both. Promoting self-sufficiency and independence is also an important part of the Charity's work.

We provide the Stroke Unit, Kate Grant Ward and ESD team with information packs containing details of our services, stroke information, carer's guide and information relevant to the immediate situation. These are hopefully given to stroke patients and families by ward staff as a matter of course. On receipt of referrals, families are contacted by phone, during the pandemic by telephone support.

Carers' Group & Support Group Meeting

The carers' group continues to be a very successful way of providing carers with a much needed confidential and supportive space. However, during the pandemic this has been very limited support. We were able to offer a group/Xmas shopping event to carers so they could meet and this was vital during the pandemic. These sessions address the ongoing and detrimental problem of isolation and loneliness which can so readily impact on all aspects of their health. All carers on the Carers' Group list received a Carers' Newsletter and some carers use the phone link or email to keep in touch. Due to the fact that stroke and brain injury have an ongoing impact on carers' lives the continuing support offered by both groups is of the utmost importance to those affected by stroke or brain injury.

Primary and Secondary Stroke Prevention

One area of great concern for stroke survivors and carers is that of secondary stroke prevention. Time is spent advising and providing information of various kinds about secondary stroke prevention. Particular attention is paid to diet and blood pressure control, cholesterol levels, diabetes and smoking cessation. Exercise is also discussed as some stroke survivors are able to exercise in various ways.

Primary stroke prevention materials are also offered to other family members and friends as well as the wider community. Links with other health professionals have again been very important with regard to this aspect of our work.

Tendring Specialist Stroke Services

Report of the Trustees for the Year Ended 31 March 2021

Members of the public are able to call in at our centre for stroke prevention information and leaflets or have them posted on request. Outside information boards are also regularly updated with stroke prevention and health information. GP and dentist surgeries are sent updated posters and information.

ACHIEVEMENT AND PERFORMANCE

Daily group activities (For Tendring Residents)

This continues to be the hub of the service. During the year there was an average of 100 stroke survivors on the central register, and attendances of 400 individual sessions due to the pandemic. TSSS have made efforts to reduce the impact of isolation imposed by the Government during the pandemic by instigating welfare calls which numbered 660. The Service has evolved to being more centred around the individual.

Working with others

We continue to work to redesign our services to encourage younger stroke survivors and a wider range of people with various needs to attend for specific stroke rehabilitation.

Counselling Service

During the year there were 54 referrals for stroke survivors and in addition support was also provided to their carers and families.

FINANCIAL REVIEW

Financial review

The responsibility for core funding was taken over from the CCG by ACE from 1 April 2016. However, the CCG have reviewed all contracts with ACE, and are ending contracts June 2021. The CCG are inviting Expressions of Interest for the new bids. We are awaiting the results of our Expression of Interest.

There was a payment to support Dovercourt residents to attend our service from the Harwich Fellowship for the Sick.

The Charity benefits greatly from the commitment of its staff and volunteers. We should like to record our thanks to them all. However, due to the transformation of the service, we have taken time to look at relevant roles to take the organisation forward. TSSS entered into a consultation with staff and it was inevitable to make redundancies, with full payments and support given.

Reserves

The Charity holds reserves in line with the Charity Commissioners Guidelines to safeguard against:

- 1) unanticipated fluctuations in expenditure, donations and legacies
- 2) to cover periods of payment arrears from current funders
- 3) to have at least 9-12 months running costs on hand to pay staff and creditors
- 4) to fulfil existing obligations should funding cease.

Although the Charity has sufficient reserves to continue for the foreseeable future, the Charity remains partially funded. The reserves sit at £201,916.00. As a consequence the organisation is able to confidently forward plan, as well as explore other funds and cash generation.

Tendring Specialist Stroke Services

Report of the Trustees for the Year Ended 31 March 2021

FUTURE PLANS

The organisation will continue:

- 1) To work closely with clinical services to improve the stroke pathway for stroke survivors and their families.
- 2) To implement a suite of relevant rehabilitation activities, physio and support for stroke survivors and their families.
- 3) To continue active involvement with the Early Supported Discharge service. To increase referrals from Colchester Hospital post stroke.
- 4) TSSS to run relevant physio and exercise classes for stroke survivors.

The organisation will continue to advocate, support and empower Tendring stroke survivors, carers and families. We will continue to promote the needs of stroke survivors within the community.

There are still gaps in the service provided once acute care has finished. Stroke affects the entire family circle. TSSS have a vital future role to play here.

We shall continue to advocate for this group so that there can be "LIFE AFTER STROKE".

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

Tendring Specialist Stroke Services is a company limited by guarantee and governed by its Memorandum and Articles of association dated 4 March 1996 superseded May 2004. The Company changed its name from Clacton and District Stroke Association from 1 April 2010.

It was registered as a Charity with the Charity Commission in March 1996.

The charity's principal objects are the relief of sickness amongst persons who have suffered a stroke in particular by the provision of recreational and therapeutic activities with the object of improving the condition of life of such persons.

Organisational structure

The Board of Trustees currently consists of 5 members. They include a Doctor, an HR specialist and those with a broad range of other skills.

The Board meets quarterly setting general policy and future developments, approves budgets etc.

Staff meetings are held monthly covering staff and policy issues, and volunteer meetings are held quarterly. They provide an opportunity for staff/volunteers to raise and discuss any concerns and also for them to be kept informed of any developments, budget changes etc.

Staff and Volunteers are fully trained. The organisation is ISO 9001/PQASSO compliant levels 1 and 2/QMS international Quality Standard.

Induction and training of new trustees

Trustees are appointed by invitation.

Trustees receive induction, training and regular meetings with other trustees.

Prospective Trustees receive copies of the following Charity Commission Guideline booklets:

CC3A: The Essential Trustee - An introduction.

CC3: The Essential Trustee - What you need to know

Tendring Specialist Stroke Services

Report of the Trustees for the Year Ended 31 March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have identified potential risks which the charity may face in relation to governance, management, operations and have implemented the appropriate systems and monitoring to mitigate these. There is a formal risk register in place that is reviewed by the Board at each meeting.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03167424 (Not specified/Other)

Registered Charity number

1054049

Registered office

85 Frinton Road
Holland-on-Sea
Clacton-on-Sea
Essex
CO15 5UH

Trustees

C Bird (Treasurer) (appointed 28.10.20)
Mrs W P Brown (Treasurer) Solicitor (resigned 28.10.20)
R Porter (Chairman) (resigned 28.10.20)
C Sargeant Local Government Officer (resigned 28.10.20)
Mrs S Ward Retired (resigned 28.10.20)
G N Duncan (appointed 28.10.20) (resigned 21.7.21)
Dr C A Street (appointed 28.10.20)
Doctor S Gordon (appointed 4.8.21)
Mrs J C F Pleass (appointed 4.8.21)

Independent Examiner

Finnigan & Co
37 Lower Brook Street
Ipswich
Suffolk
IP4 1AQ

Approved by order of the board of trustees on and signed on its behalf by:

.....
C Bird (Treasurer) - Trustee

Independent Examiner's Report to the Trustees of Tendring Specialist Stroke Services

Independent examiner's report to the trustees of Tendring Specialist Stroke Services ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mr Peter David Finnigan
FCCA
Finnigan & Co
37 Lower Brook Street
Ipswich
Suffolk
IP4 1AQ

Date:

Tendring Specialist Stroke Services

Statement of Financial Activities for the Year Ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	Endowment fund £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM						
Donations and legacies		94,264	425	-	94,689	43,160
Charitable activities						
Charitable activities		93,405	5,000	-	98,405	139,700
Other trading activities	2	1,724	-	-	1,724	10,167
Investment income	3	321	-	-	321	2,077
Total		<u>189,714</u>	<u>5,425</u>	<u>-</u>	<u>195,139</u>	<u>195,104</u>
EXPENDITURE ON Charitable activities						
Charitable activities		136,243	21,763	-	158,006	172,239
NET INCOME/(EXPENDITURE)		<u>53,471</u>	<u>(16,338)</u>	<u>-</u>	<u>37,133</u>	<u>22,865</u>
Transfers between funds	11	<u>(15,640)</u>	<u>15,640</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>37,831</u>	<u>(698)</u>	<u>-</u>	<u>37,133</u>	<u>22,865</u>
RECONCILIATION OF FUNDS						
Total funds brought forward		<u>255,683</u>	<u>1,067</u>	<u>98,848</u>	<u>355,598</u>	<u>332,733</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>293,514</u></u>	<u><u>369</u></u>	<u><u>98,848</u></u>	<u><u>392,731</u></u>	<u><u>355,598</u></u>

The notes form part of these financial statements

Tendring Specialist Stroke Services

Balance Sheet 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	Endowment fund £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS						
Tangible assets	8	1,751	-	98,848	100,599	100,908
CURRENT ASSETS						
Debtors	9	-	-	-	-	1,531
Cash at bank and in hand		302,390	369	-	302,759	256,526
		<u>302,390</u>	<u>369</u>	<u>-</u>	<u>302,759</u>	<u>258,057</u>
CREDITORS						
Amounts falling due within one year	10	(10,627)	-	-	(10,627)	(3,367)
NET CURRENT ASSETS		<u>291,763</u>	<u>369</u>	<u>-</u>	<u>292,132</u>	<u>254,690</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		293,514	369	98,848	392,731	355,598
NET ASSETS		<u>293,514</u>	<u>369</u>	<u>98,848</u>	<u>392,731</u>	<u>355,598</u>
FUNDS	11					
Unrestricted funds					293,514	255,683
Restricted funds					369	1,067
Endowment funds					98,848	98,848
TOTAL FUNDS					<u>392,731</u>	<u>355,598</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Tendring Specialist Stroke Services

Balance Sheet - continued

31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
C Bird (Treasurer) - Trustee

.....
C A Street - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- not provided
Fixtures and fittings	- 15% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are donations and other income received or generated for the objects of the charity without further specified purposes and are available as general funds.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which have to be used in accordance with specific restrictions imposed by donors which have been raised by the company for particular purposes.

Endowment funds are funds that cannot be used as if they were income i.e. they cannot be used to make payments or grants to others.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Tendring Specialist Stroke Services

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

2. OTHER TRADING ACTIVITIES

	31.3.21	31.3.20
	£	£
Fundraising events	1,724	9,605
Training income	-	562
	<u>1,724</u>	<u>10,167</u>

3. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Hall receipts	100	830
Deposit account interest	221	1,247
	<u>321</u>	<u>2,077</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Depreciation - owned assets	<u>309</u>	<u>364</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

6. STAFF COSTS

	31.3.21	31.3.20
	£	£
Wages and salaries	110,683	118,941
Social security costs	3,309	2,150
Other pension costs	-	152
	<u>113,992</u>	<u>121,243</u>

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Co ordinator	1	1
Support workers/other	4	5
	<u>5</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Endowment fund £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	37,057	6,103	-	43,160
Charitable activities				
Charitable activities	129,700	10,000	-	139,700
Other trading activities	7,709	2,458	-	10,167
Investment income	2,077	-	-	2,077
Total	176,543	18,561	-	195,104
EXPENDITURE ON				
Charitable activities				
Charitable activities	150,650	21,589	-	172,239
NET INCOME/(EXPENDITURE)	25,893	(3,028)	-	22,865
RECONCILIATION OF FUNDS				
Total funds brought forward	229,790	4,095	98,848	332,733
TOTAL FUNDS CARRIED FORWARD	255,683	1,067	98,848	355,598

8. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Totals £
COST			
At 1 April 2020 and 31 March 2021	98,848	14,401	113,249
DEPRECIATION			
At 1 April 2020	-	12,341	12,341
Charge for year	-	309	309
At 31 March 2021	-	12,650	12,650
NET BOOK VALUE			
At 31 March 2021	98,848	1,751	100,599
At 31 March 2020	98,848	2,060	100,908

Tendring Specialist Stroke Services

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Prepayments	-	1,531
	<u> </u>	<u> </u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Social security and other taxes	2,468	1,444
Other creditors	-	23
Net wages	6,259	-
Accrued expenses	1,900	1,900
	<u> </u>	<u> </u>
	<u>10,627</u>	<u>3,367</u>

11. MOVEMENT IN FUNDS

	At 1.4.20	Net movement	Transfers	At
	£	in funds	between	31.3.21
		£	funds	£
Unrestricted funds				
General fund	168,583	48,507	(15,640)	201,450
Designated funds - young stroke survivors project	20,000	-	-	20,000
Designated funds - property maintenance reserve	20,000	-	-	20,000
CIF	5,400	-	-	5,400
The Lions	1,700	-	-	1,700
TCVS	40,000	2,000	-	42,000
ECF	-	2,964	-	2,964
	<u>255,683</u>	<u>53,471</u>	<u>(15,640)</u>	<u>293,514</u>
Restricted funds				
The Harwich Fellowship for the Sick	698	(16,338)	15,640	-
Catalyst Care: Carers Grant	369	-	-	369
	<u>1,067</u>	<u>(16,338)</u>	<u>15,640</u>	<u>369</u>
Endowment funds				
Endowment funds	98,848	-	-	98,848
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>355,598</u>	<u>37,133</u>	<u>-</u>	<u>392,731</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

11. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	184,750	(136,243)	48,507
TCVS	2,000	-	2,000
ECF	2,964	-	2,964
	189,714	(136,243)	53,471
Restricted funds			
The Harwich Fellowship for the Sick	5,425	(21,763)	(16,338)
TOTAL FUNDS	<u>195,139</u>	<u>(158,006)</u>	<u>37,133</u>

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	189,790	(21,207)	168,583
Designated funds - young stroke survivors project	20,000	-	20,000
Designated funds - property maintenance reserve	20,000	-	20,000
CIF	-	5,400	5,400
The Lions	-	1,700	1,700
TCVS	-	40,000	40,000
	229,790	25,893	255,683
Restricted funds			
The Harwich Fellowship for the Sick	3,616	(2,918)	698
Catalyst Care: Carers Grant	479	(110)	369
	4,095	(3,028)	1,067
Endowment funds			
Endowment funds	98,848	-	98,848
TOTAL FUNDS	<u>332,733</u>	<u>22,865</u>	<u>355,598</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	128,443	(149,650)	(21,207)
CIF	5,400	-	5,400
The Lions	1,700	-	1,700
TCVS	41,000	(1,000)	40,000
	176,543	(150,650)	25,893
Restricted funds			
The Harwich Fellowship for the Sick	18,561	(21,479)	(2,918)
Catalyst Care: Carers Grant	-	(110)	(110)
	18,561	(21,589)	(3,028)
TOTAL FUNDS	195,104	(172,239)	22,865

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	189,790	27,300	(15,640)	201,450
Designated funds - young stroke survivors project	20,000	-	-	20,000
Designated funds - property maintenance reserve	20,000	-	-	20,000
CIF	-	5,400	-	5,400
The Lions	-	1,700	-	1,700
TCVS	-	42,000	-	42,000
ECF	-	2,964	-	2,964
	229,790	79,364	(15,640)	293,514
Restricted funds				
The Harwich Fellowship for the Sick	3,616	(19,256)	15,640	-
Catalyst Care: Carers Grant	479	(110)	-	369
	4,095	(19,366)	15,640	369
Endowment funds				
Endowment funds	98,848	-	-	98,848
TOTAL FUNDS	332,733	59,998	-	392,731

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	313,193	(285,893)	27,300
CIF	5,400	-	5,400
The Lions	1,700	-	1,700
TCVS	43,000	(1,000)	42,000
ECF	2,964	-	2,964
	<u>366,257</u>	<u>(286,893)</u>	<u>79,364</u>
Restricted funds			
The Harwich Fellowship for the Sick	23,986	(43,242)	(19,256)
Catalyst Care: Carers Grant	-	(110)	(110)
	<u>23,986</u>	<u>(43,352)</u>	<u>(19,366)</u>
TOTAL FUNDS	<u>390,243</u>	<u>(330,245)</u>	<u>59,998</u>

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

13. PURPOSE OF FUNDS

Unrestricted funds

General funds - to cover running costs in the event of reduced funding. The trustees aim to have at least 12 months' worth of running costs in reserves.

The trustees have maintained the designation of £20,000 towards the young stroke survivors project, as well as maintaining £20,000 towards property maintenance and repair.

Restricted funds

The Harwich Fellowship for the Sick provide funding for Harwich/Dovercourt stroke survivors operated on a similar basis to the existing service.

Endowment funds

This is represented by the Charity's freehold property, 85 Frinton Road, Holland on Sea, Essex.

14. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee and therefore has no share capital. The liability of the Trustees in the event of Tendring Specialist Stroke Services being wound up is limited to a sum not exceeding £1.

Tendring Specialist Stroke Services

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	93,406	7,031
Subscriptions	-	212
Attendees transport contributions	-	560
Attendance fees	1,283	35,357
	<hr/>	<hr/>
	94,689	43,160
Other trading activities		
Fundraising events	1,724	9,605
Training income	-	562
	<hr/>	<hr/>
	1,724	10,167
Investment income		
Hall receipts	100	830
Deposit account interest	221	1,247
	<hr/>	<hr/>
	321	2,077
Charitable activities		
Grants	98,405	139,700
	<hr/>	<hr/>
Total incoming resources	195,139	195,104
EXPENDITURE		
Charitable activities		
Wages	110,683	118,941
Social security	3,309	2,150
Pensions	-	152
Rent, rates and water	479	1,506
Insurance	6,033	4,832
Light and heat	2,196	3,264
Telephone	1,039	684
Postage and stationery	2,560	3,280
Advertising	1,743	1,569
Provision for meals	641	6,539
Repairs & maintenance	8,355	4,588
Travel expenses	-	1,725
Computer & website costs	2,826	2,453
Staff training	-	1,662
Cost of respite breaks	-	291
Counselling	14,300	12,923
Cleaning materials	-	421
Miscellaneous	811	2,928
Carried forward	154,975	169,908

This page does not form part of the statutory financial statements

Tendring Specialist Stroke Services

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
Charitable activities		
Brought forward	154,975	169,908
Depreciation of tangible fixed assets	309	364
	<u>155,284</u>	<u>170,272</u>
Support costs		
Finance		
Bank charges	70	67
Governance costs		
Accountancy and legal fees	2,652	1,900
	<u>158,006</u>	<u>172,239</u>
Total resources expended		
Net income	<u>37,133</u>	<u>22,865</u>

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