

Charity Number 1053247
A Company limited by guarantee number 03155253

BLACK HEALTH INITIATIVE (BHI)
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025



BLACK HEALTH INITIATIVE (BHI)

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Black Health Initiative (BHI)
Trustees' report for the year ended 31 March 2025

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Sofyanah Ramzan	Chairperson	
Irma Heyliger		
Nazarene Active		
Stuart Bailey	Treasurer	

Company secretary Sofyanah Ramzan

Charity number 1053247 Registered in England and Wales

Company number 03155253 Registered in England and Wales

Registered and principal address	Bankers
Suit 3	Unity Trust bank
Call House Business Centre	9 Brindley Place
Leeds	Birmingham
LS7 1RF	B1 2HB

Independent examiner

Keith Parish
14 The Oval
Farsley
Leeds
LS28 5FH

The report was approved on 22nd December 2025

Structure, governance and management

The charity is a company limited by guarantee and is governed by a memorandum and articles of association dated 5 February 1996 amended by special resolutions dated 24 July 1997, 24 October 1998, 25 November 1999 and 3 December 2013. Also amended certificate incorporation on change of name dated 14 Sep 2003 and 14 Nov 2018. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Black Health Initiative (BHI)

Trustees' report (continued) for the year ended 31 March 2025

The Charity's Object

BHI works towards inequality in education, health and social care to: Advance the education of people from marginalised and disadvantaged minority ethnic groups
Advanced and promote the healthy lifestyle choices and behavioural changes amongst marginalised, disadvantaged minority communities.

Support individuals who have been affected by health issues that disproportionately affect people from marginalised, disadvantaged, minority communities and their families through the provision of advice, counselling and other support services.

Objectives and activities

The charity's main activities

BHI is a community Engagement Organisation which works to supply equality of access to health and social care provisions within Leeds, the Yorkshire Region and nationally for disadvantaged and marginalised and marginalised communities.

BHI runs projects under the umbrella of Health and Wellbeing:

Teenage Health and Wellbeing – is a project that aims to keep young people up to date with information about their health. We engage and motivate our service users regarding education and work with them to develop healthy lifestyle choices. These programmes are broken down into four main areas which are social, emotional, educational and physical health.

Men's Health and Wellbeing project

provides physiological, psychological and practical support to predominantly African, Caribbean and Dual-Heritage men who suffer from the effects of social, cultural or African environment factors that have a specific impact on men's emotional and physical well-being.

Women's Health and Well-being encourages women to communicate with each other about health issues that affect them, support the development of health focussed activities with the aim to raise self esteem, encourage participation in making informed decisions about their health treatments and improve women's health and well being citywide.

Counselling and Mental Health Wellbeing which works with UKCP and BACP counsellor/psychotherapy specialists trained specifically to work with the African, African Caribbean and Dual Heritage client group. We strongly believe that early intervention addresses the psychological and emotional difficulties peoples are experiencing and may reduce the risk of later mental health issues/crises occurring.

Black Health Initiative (BHI)

Trustees' report (continued) for the year ended 31 March 2025

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular equality in Education, Health and Social Care.

BHI aims to develop interventions that enable service users to make positive lifestyle choices in

Achievements and performance

Delivered a range of programmes focused on health and wellbeing including the mens mental health transformation programme, blood donation campaign and active lifestyle project.

Adopted a multi-channel strategy to reach community members and developed a bespoke radio programme focused on health and wellbeing, supported with numerous social media campaigns and in person events.

Fusion Cafe and community hub development to promote healthy food options.

Developed counselling services further, to meet increased demand.

Successfully delivered the Black Music Festival.

Financial review

The net expenditure for the year was £23,326, including net Income of £10,560 on unrestricted funds and net expenditure of £508.00 on restricted funds after transfers.


Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £155,427

Black Health Initiative aims to keep reserves of up to 3 months equivalent trading. This has been lowered to reflect the monthly outgoings which have decreased since the last financial year.

The reserve policy remains the same.

Name Sofyanah Ramzan

Signed 

Date 22 / 12 / 2025

BLACK HEALTH INITIATIVE (BHI)
BALANCE SHEET
AS ON 31 MARCH 2024

	Note	2025 Unrestricted Funds £	2025 Restricted Funds £	2025 Total Funds £	2024 Total Funds £
Fixed Assets:					
Tangible Assets	2	3,034	-	3,034	3,792
Total Fixed Assets		3,034	-	3,034	3,792
Current Assets:					
Debtors & Prepayments	1	-	-	-	-
Cash & Bank Balance	2	£ 47,205	-	47,205	26,549
Total Current Assets		47,205	-	47,205	26,549
Current Liabilities:					
Creditors & accruals	3	-	-	-	-
Total Current Liabilities		-	-	-	-
Net Current Assets		47,205	-	£ 47,205.00	26,549
Total Assets		50,239	-	50,239	30,341
Funds:					
Unrestricted	4	304,223	-	304,223	92,730
Restricted		-	- 109,495	- 109,495	- 54,051
Total Fund		304,223	- 109,495	194,728	38,679


These accounts have been prepared in accordance with the micro-entity provisions and have been delivered in accordance with the provision applicable to companies subject to the small companies regime.

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Name Sofyanah Ramzan

Signed 

Date 22 / 12 / 2025

BLACK HEALTH INITIATIVE (BHI)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

[illegible]

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

1 - Accounting Policies

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements prepared in accordance with the Statement of Recommended Practice:

Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and with the Charities Act 2022.

The charity constitutes a public benefit entity as defined by FRS 102.

Reconciliation with previous Generally Accepted Practice in preparing the accounts.

The trustees have considered whether in applying the accounting policies required by FRS 102 and the restatement of comparative items was required. They have determined that no such restatement is required. As a consequence, there has been no change to the accounting policies since last year.

No change have been made to the accounts for previous years.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resource, the trustees virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

Grants & donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverable, they are accounted for as the charity earns the right to consideration by its performance.

Expenditures and liabilities

Expenditures are recognised on an accrual basis as a liability incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

Taxation

As a charity the organisation benefits from rates relief and generally exempt from income tax and capital gain tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,700 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful lives.

Pensions

The charity operates a defined contribution scheme for the benefits of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
2 - Tangible Assets				
Cost:				
At 1st Apr 2024	3,034.00	-	6,717.00	6,717.00
Additions			-	-
At 31 Mar 2025	<u>3,034.00</u>	<u>-</u>	<u>6,717.00</u>	<u>6,717.00</u>
Depreciation:				
At 1st Apr 2024	-	-	3,683.00	2,925.00
Charge for the year	-	-	-	758.00
At 31 Mar 2025	<u>-</u>	<u>-</u>	<u>3,683.00</u>	<u>3,683.00</u>
Book Value:				
At 31 Mar 2024	3,034.00		3,792.00	3,792.00
At 31 Mar 2025	3,034.00		3,034.00	3,034.00
3 - Debtors & Prepayments:				
Debtors			-	-
Prepayments			-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
4 - Cash & Bank:				
Cash	-	-	-	-
Bank	£ 47,205.00	-	47,205.00	45,984.00
	<u>47,205.00</u>	<u>-</u>	<u>47,205.00</u>	<u>45,984.00</u>
5 - Creditors & Accruals:				
Creditors	-	-	-	-
Accruals	-	-	-	550.00
	<u>-</u>	<u>-</u>	<u>-</u>	<u>550.00</u>
6 - Funds:				
Unrestricted			-	-
Restricted			-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
7 - Grants & donations:				
Asda	-	-	-	2,000
Black Dementia	-	-	-	9,000
Bookers	3,310	-	3,310	-
BHI	-	-	-	-
CAHN	-	-	-	5,000
Cash donations & activities	19,202	-	19,202	-
Black music festival	-	40,850	40,850	-
Household fund	-	-	-	5,000
NH Celebration of life	-	-	-	900
Jimbo fund	-	-	-	8,000
Leeds City Council - Public health	-	-	-	31,460
Leeds City Council main grant	-	43,000	43,000	32,250
LCC Stewards Grant	-	-	-	17,762
Leeds Culture Trust	-	-	-	-
LWIC	2,185	-	2,185	-
DNA Payments	575	-	575	-
Leeds General	-	-	-	-
Leeds Comm Black Music festival	-	-	-	10,750
Leeds Fund	-	-	-	30,000
LCF - Transforming mental health	-	14,995	14,995	18,000
Leeds older people forum	-	-	-	1,000
Unity HA	-	-	-	-
NHS Blood Transfusion	-	-	-	18,028
NHS England	-	-	-	9,850
Ticketlab	-	-	-	-
The Henry Smith	-	68,100	68,100	45,600
Soca Village	1,500	-	1,500	-
Stalls income	2,432	-	2,432	35,600
Unity House	300	-	300	-
Voluntray Action Leeds	-	-	-	24,950
Weslyan	-	-	-	9,595
West Yorks CA	-	-	-	-
Total	29,504	166,945	196,449	314,745

8 - Sales:

Sales and Fees	4,382	-	4,382	3,438
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9 - Interest On Bank Deposit:

Bank Interest	47	-	47	-
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BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

Restricted funds (continued):

Fund name	Purpose of restriction
Black Health Initiative	Black Health Initiative is a community engagement organisation that works to address inequalities and inequities with education, health and social care. This is carried out by working in partnership with statutory bodies, private sector and the 3rd sector. We also work with and for communities ensuring they receive equality in access and equity in service. We provide factual information for individuals and communities to enable them to make informed decisions and choices.
Leeds City Council	Black Music Festival.
Leeds Community Foundation	Health programmes (including mental health transformation)
Leeds Fund	Public Health Campaign
NHS England	Dementia programme
NHS Blood and Transplant	Blood donation campaign
General	BHI targeted work
Related Party Transactions	There was no related party during the year.

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025

Restricted/Unrestricted funds comparator:

	2025	2025	2025	2024	2024	2024
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Funds	Funds	Funds	Funds	Funds	Funds
	£	£	£	£	£	£
Income from:						
Grants & donations	-	166,945	166,945	156,395	158,350	314,745
Sales & fees	33,886	-	33,886	3,791	-	3,791
Bank interest	-	-	-	-	-	-
Total Income	33,886	166,945	200,831	160,186	158,350	318,536
Expenses On:						
Staff Salaries	-	65,030	65,030	-	51,265	51,265
Freelancers		15,120	15,120	-	5,357	5,357
Accountancy	525	-	525	-	-	-
Event Activities	-	83,957	83,957	-	101,606	101,606
Advertisement	6,745	-	6,745	4,078	-	4,078
Professional Fee	9,152	-	9,152	17,069	-	17,069
Travel & Subsistence	1,512	-	1,512	400	-	400
Premises Cost		3,346	3,346	-	16,087	16,087
Office Cost	2,353	-	2,353	2,470	-	2,470
Insurance	-	-	-	-	-	-
Bank Charges	-	-	-	-	-	-
Sundries	3,039	-	3,039	2,699	-	2,699
Depreciation			-	758	-	758
Total Expenses	23,326	167,452	190,778	27,473	174,314	201,788

Black Health Initiative (BHI)

Independent examiners report to the trustee of Black Health Initiative

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024, which are set out in the attached report

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also the directors for the purpose of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination. I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters of concern have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *K. Parish* Name: Keith Parish

Date: *22/12/2025*

Keith Parish - Accountant

14 The Oval
Farsley
Leeds
LS28 5FH