

Charity Number 1053247  
A Company limited by guarantee number 03155253

**BLACK HEALTH INITIATIVE (BHI)**  
**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**



# **BLACK HEALTH INITIATIVE (BHI)**

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## **Black Health Initiative (BHI)**

### **Trustees' report for the year ended 31 March 2024**

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

<b>Name</b>	<b>Position</b>	<b>Dates</b>
Sofyanah Ramzan	Chairperson	
Irma Heyliger		
Nazarene Active		
Pastor Errol George Crawford		Resigned September 2023
Tony Wong		Resigned May 2023
Leicia Feare		
Stuart Bailey	Treasurer	

**Company secretary** Sofyanah Ramzan

**Charity number** 1053247 Registered in England and Wales

**Company number** 03155253 Registered in England and Wales

<b>Registered and principal address</b>	<b>Bankers</b>
315 Chapeltown Road	Unity Trust bank
Leeds	9 Brindley Place
LS7 3JT	Birmingham
	B1 2HB

#### **Independent examiner**

Keith Parish  
14 The Oval  
Farsley  
Leeds  
LS28 5FH

The report was approved on SRamzan 07/01/25

#### **Structure, governance and management**

The charity is a company limited by guarantee and is governed by a memorandum and articles of association dated 5 February 1996 amended by special resolutions dated 24 July 1997, 24 October 1998, 25 November 1999 and 3 December 2013. Also amended certificate of incorporation on change of name dated 14 Sep 2003 and 14 Nov 2018. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

#### **Method of recruitment and appointment of trustees**

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

## **Black Health Initiative (BHI)**

### **Trustees' report (continued) for the year ended 31 March 2024**

#### **The Charity's Object**

BHI works towards inequality in education, health and social care to: Advance the education of people from marginalised and disadvantaged minority ethnic groups  
Advanced and promote the healthy lifestyle choices and behavioural changes amongst marginalised, disadvantaged minority communities.

Support individuals who have been affected by health issues that disproportionately affect people from marginalised, disadvantaged, minority communities and their families through the provision of advice, counselling and other support services.

#### **Objectives and activities**

#### **The charity's main activities**

BHI is a community Engagement Organisation which works to supply equality of access to health and social care provisions within Leeds, the Yorkshire Region and nationally for disadvantaged and marginalised and marginalised communities.

BHI runs projects under the umbrella of Health and Wellbeing:

Teenage Health and Wellbeing – is a project that aims to keep young people up to date with information about their health. We engage and motivate our service users regarding education and work with them to develop healthy lifestyle choices. These programmes are broken down into four main areas which are social, emotional, educational and physical health.

#### Men's Health and Wellbeing project

provides physiological, psychological and practical support to predominantly African, Caribbean and Dual-Heritage men who suffer from the effects of social, cultural or African environment factors that have a specific impact on men's emotional and physical well-being.

Women's Health and Well-being encourages women to communicate with each other about health issues that affect them, support the development of health focussed activities with the aim to raise self esteem, encourage participation in making informed decisions about their health treatments and improve women's health and well being citywide.

Counselling and Mental Health Wellbeing which works with UKCP and BACP counsellor/psychotherapy specialists trained specifically to work with the African, African Caribbean and Dual Heritage client group. We strongly believe that early intervention addresses the psychological and emotional difficulties peoples are experiencing and may reduce the risk of later mental health issues/crises occurring.



## **Black Health Initiative (BHI)**

### **Trustees' report (continued) for the year ended 31 March 2024**

#### **Public benefit statement**

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular equality in Education Health and Social Care. We aim to do this by working in activity and productive partnership with statutory bodies, large charities and the private sector.

#### **Achievements and performance**

Continued to support service users across all key areas with a focus on mental health and further developed the community kitchen.

Successfully delivered the Black Music Festival August 2022.

Received the Queen's Award for Voluntary Service from the Lord Lieutenant at the Annual General Meeting in February 2023.

#### **Financial review**

The net expenditure for the year was £27,473, including net Income of £132,713 on unrestricted funds and net expenditure of £54,051 on restricted funds after transfers.

#### **Reserves policy**

The charity's free reserves, excluding fixed assets, at the year end were £155,427

Black Health Initiative aims to keep reserves of up to 3 months equivalent trading. This has been lowered to reflect the monthly outgoings which have decreased since the last financial year.

The reserve policy remains the same.

Name SOFYANAH RAMZAN

Signed SRamzan

Date 07/01/25

**BLACK HEALTH INITIATIVE (BHI)**  
**BALANCE SHEET**  
**AS ON 31 MARCH 2024**

	Note	2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Total Funds £	2023 Total Funds £
<b>Fixed Assets:</b>					
Tangible Assets	2	3,034	-	3,034	3,792
<b>Total Fixed Assets</b>		<u>3,034</u>	<u>-</u>	<u>3,034</u>	<u>3,792</u>
<b>Current Assets:</b>					
Debtors & Prepayments	1	-	-	-	-
Cash & Bank Balance	2	£ 45,984	-	45,984	26,549
<b>Total Current Assets</b>		<u>45,984</u>	<u>-</u>	<u>45,984</u>	<u>26,549</u>
<b>Current Liabilities:</b>					
Creditors & accruals	3	-	-	-	-
<b>Total Current Liabilities</b>		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Net Current Assets</b>		45,984	-	£ 45,984.00	26,549
<b>Total Assets</b>		<u>49,018</u>	<u>-</u>	<u>49,018</u>	<u>30,341</u>
<b>Funds:</b>					
Unrestricted	4	225,443	-	225,443	92,730
Restricted		-	- 70,015	- 70,015	- 54,051
<b>Total Fund</b>		<u>225,443</u>	<u>- 70,015</u>	<u>155,427</u>	<u>38,679</u>

These accounts have been prepared in accordance with the micro-entity provisions and have been delivered in accordance with the provision applicable to companies subject to the small companies regime.

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Name SOFYANAH RAMZAN

Signed Sofyanah

Date 09/01/25



**BLACK HEALTH INITIATIVE (BHI)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**BLACK HEALTH INITIATIVE (BHI)**  
**NOTES TO THE FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**1 - Accounting Policies**

**Basis of accounting**

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements prepared in accordance with the Statement of Recommended Practice:

Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and with the Charities Act 2022.

The charity constitutes a public benefit entity as defined by FRS 102.

Reconciliation with previous Generally Accepted Practice in preparing the accounts.

The trustees have considered whether in applying the accounting policies required by FRS 102 and the restatement of comparative items was required. They have determined that no such restatement is required. As a consequence, there has been no change to the accounting policies since last year.

No change have been made to the accounts for previous years.

**Incoming resources**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resource, the trustees virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

**Grants & donations**

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverable, they are accounted for as the charity earns the right to consideration by its performance.

**Expenditures and liabilities**

Expenditures are recognised on an accrual basis as a liability incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

**Taxation**

As a charity the organisation benefits from rates relief and generally exempt from income tax and capital gain tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

**Tangible fixed assets**

Tangible fixed assets costing more than £1,700 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful lives.

**Pensions**

The charity operates a defined contribution scheme for the benefits of its employees. The costs of contributions are recognised in the year they are payable.

**Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.



**BLACK HEALTH INITIATIVE (BHI)**  
**NOTES TO THE FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Total Funds £	2023 Total Funds £
<b>2 - Tangible Assets</b>				
Cost:				
At 1st Apr 2022	3,792.00	-	6,717.00	6,717.00
Additions			-	-
At 31 Mar 2023	<u>3,792.00</u>	<u>-</u>	<u>6,717.00</u>	<u>6,717.00</u>
Depreciation:				
At 1st Apr 2022	-	-	2,925.00	1,582.00
Charge for the year	758.00	-	-	1,343.00
At 31 Mar 2023	<u>758.00</u>	<u>-</u>	<u>2,925.00</u>	<u>2,925.00</u>
Book Value:				
At 31 Mar 2022	3,792.00		3,792.00	3,792.00
At 31 Mar 2023	3,034.00		3,034.00	-
<b>3 - Debtors &amp; Prepayments:</b>				
Debtors			-	-
Prepayments			-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>4 - Cash &amp; Bank:</b>				
Cash	-	-	-	-
Bank	£ 45,984.00	-	45,984.00	26,548.82
	<u>45,984.00</u>	<u>-</u>	<u>45,984.00</u>	<u>26,548.82</u>
<b>5 - Creditors &amp; Accruals:</b>				
Creditors	-	-	-	-
Accruals	550.00	-	550.00	550.00
	<u>550.00</u>	<u>-</u>	<u>550.00</u>	<u>550.00</u>
<b>6 - Funds:</b>				
Unrestricted			-	-
Restricted			-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

**BLACK HEALTH INITIATIVE (BHI)**  
**NOTES TO THE FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	2024 Unrestricted Funds £	2024 Restricted Funds £	2024 Total Funds £	2023 Total Funds £
<b>7 - Grants &amp; donations:</b>				
Asda	2,000	-	2,000	-
Black Dementia	9,000	-	9,000	-
Carribean & African Health Network			-	-
Community Foundation for Leeds	-	-	-	36,961
CAHN	5,000	-	5,000	-
General	-	-	-	40,707
Global Charities	-	-	-	10,519
Houseehold fund	5,000	-	5,000	-
NH Celebration of life	900	-	900	-
Jimbo fund	8,000	-	8,000	-
Leeds City Council - Public health	-	31,460	31,460	-
Leeds City Council main grant	-	32,250	32,250	120,778
LCC Stewards Grant	-	17,762	17,762	-
Leeds Culture Trust	-	-	-	750
Leeds Mind	-	-	-	300
Leeds Beckett	-	-	-	886
Leeds General	-	-	-	1,000
Leeds Comm Black Music festival	10,750	-	10,750	9,845
Leeds Fund	-	30,000	30,000	-
LCF - Transforming mental health	-	18,000	18,000	-
Leeds older people fourm	-	1,000	1,000	-
Unity HA	-	-	-	1,800
NHS Blood Transfusion	-	18,028	18,028	-
NHS England	-	9,850	9,850	-
Ticketlab	-	-	-	6,277
The Henry Smith	45,600	-	45,600	22,850
School for Social	-	-	-	30,000
Stalls income	35,600	-	35,600	-
Volition Leeds	-	-	-	10,000
Voluntray Action Leeds	24,950	-	24,950	17,500
Weslyan	9,595	-	9,595	7,097
West Yorks CA	-	-	-	750
<b>Total</b>	<u>156,395</u>	<u>158,350</u>	<u>314,745</u>	<u>318,020</u>
<b>8 - Sales:</b>				
Sales and Fees	3,791	-	3,791	3,438
<b>9 - Interest On Bank Deposit:</b>				
Bank Interest	-	-	-	-

**BLACK HEALTH INITIATIVE (BHI)**  
**NOTES TO THE FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**Restricted funds (continued):**

<b>Fund name</b>	<b>Purpose of restriction</b>
Black Health Initiative	Black Health Initiative is a community engagement organisation that works to address inequalities and inequities with education, health and social care. This is carried out by working in partnership with statutory bodies, private sector and the 3rd sector. We also work with and for communities ensuring they receive equality in access and equity in service. We provide factual information for individuals and communities to enable them to make informed decisions and choices.
Leeds City Council	Black Music Festival.
Leeds Community Foundation	Health programmes (including mental health transformation)
Leeds Fund	Public Health Campaign
NHS England	Dementia programme
NHS Blood and Transplant	Blood donation campaign
General	BHI targeted work
<b>Related Party Transactions</b>	There was no related party during the year.



**BLACK HEALTH INITIATIVE (BHI)**  
**NOTES TO THE FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**Restricted/Unrestricted funds comparator:**

	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>	<b>2023</b>	<b>2023</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>
	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income from:</b>						
Grants & donations	156,395	158,350	314,745	-	157,305	157,305
Sales & fees	3,791	-	3,791	1,804	-	1,804
Bank interest	-	-	-	-	-	-
<b>Total Income</b>	<b>160,186</b>	<b>158,350</b>	<b>318,536</b>	<b>1,804</b>	<b>157,305</b>	<b>159,109</b>
<b>Expenses On:</b>						
Staff Salaries		51,265	51,265	-	106,270	106,270
Freelancers		5,357	5,357	-	33,932	33,932
Accountancy		-	-	520	-	520
Event Activities		101,606	101,606	-	209,830	209,830
Advertisement	4,078	-	4,078	14,181	-	14,181
Professional Fee	17,069	-	17,069	10,842	-	10,842
Travel & Subsistence	400	-	400	545	-	545
Premises Cost	-	16,087	16,087	-	9,060	9,060
Office Cost	2,470	-	2,470	4,000	-	4,000
Insurance		-	-	1,070	-	1,070
Bank Charges		-	-	202	-	202
Sundries	2,699	-	2,699	89	-	89
Depreciation	758	-	758	-	-	-
<b>Total Expenses</b>	<b>27,473</b>	<b>174,314</b>	<b>201,788</b>	<b>31,449</b>	<b>359,092</b>	<b>390,541</b>

## **Black Health Initiative (BHI)**

### **Independent examiners report to the trustee of Black Health Initiative**

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024, which are set out in the attached report

#### **Responsibilities and basis of report**

As the charity's trustees of the charitable company (and also the directors for the purpose of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination. I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters of concern have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  Name: Keith Parish

Date: 07.01.2025

#### **Keith Parish - Accountant**

14 The Oval  
Farsley  
Leeds  
LS28 5FH