

Charity Number 1053247
A Company limited by guarantee number 03155253

BLACK HEALTH INITIATIVE (BHI)
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023



BLACK HEALTH INITIATIVE (BHI)

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Black Health Initiative (BHI)

Trustees' report for the year ended 31 March 2023

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Sofyanah Ramzan	Chairperson	
Michelle Anderson	Treasurer	Resigned September 2022
Irma Heyliger		
Nazarene Active		
Pastor Errol George Crawford		
Tony Wong		
Leicia Feare		Joined January 2023

Company secretary Heather Nelson

Charity number 1053247 Registered in England and Wales

Company number 03155253 Registered in England and Wales

Registered and principal address	Bankers
315 Chapeltown Road	Unity Trust bank
Leeds	9 Brindley Place
LS7 3JT	Birmingham
	B1 2HB

Independent examiner

Keith Parish
14 The Oval
Farsley
Leeds
LS28 5FH

The report was approved on 27th November 2023

Structure, governance and management

The charity is a company limited by guarantee and is governed by a memorandum and articles of association dated 5 February 1996 amended by special resolutions dated 24 July 1997, 24 October 1998, 25 November 1999 and 3 December 2013. Also amended certificate incorporation on change of name dated 14 Sep 2003 and 14 Nov 2018. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Black Health Initiative (BHI)

Trustees' report (continued) for the year ended 31 March 2023

The Charity's Object

BHI works towards inequality in education, health and social care to: Advance the education of people from marginalised and disadvantaged minority ethnic groups
Advanced and promote the healthy lifestyle choices and behavioural changes amongst marginalised, disadvantaged minority communities.

Support individuals who have been affected by health issues that disproportionately affect people from marginalised, disadvantaged, minority communities and their families through the provision of advice, counselling and other support services.

Objectives and activities

The charity's main activities

BHI is a community Engagement Organisation which works to supply equality of access to health and social care provisions within Leeds, the Yorkshire Region and nationally for disadvantaged and marginalised and marginalised communities.

BHI runs projects under the umbrella of Health and Wellbeing:

Teenage Health and Wellbeing – is a project that aims to keep young people up to date with information about their health. We engage and motivate our service users regarding education and work with them to develop healthy lifestyle choices. These programmes are broken down into four main areas which are social, emotional, educational and physical health.

Men's Health and Wellbeing project

provides physiological, psychological and practical support to predominantly African, Caribbean and Dual-Heritage men who suffer from the effects of social, cultural or African environment factors that have a specific impact on men's emotional and physical well-being.

Women's Health and Well-being encourages women to communicate with each other about health issues that affect them, support the development of health focussed activities with the aim to raise self esteem, encourage participation in making informed decisions about their health treatments and improve women's health and well being citywide.

Counselling and Mental Health Wellbeing which works with UKCP and BACP counsellor/psychotherapy specialists trained specifically to work with the African, African Caribbean and Dual Heritage client group. We strongly believe that early intervention addresses the psychological and emotional difficulties peoples are experiencing and may reduce the risk of later mental health issues/crises occurring.

Black Health Initiative (BHI)

Trustees' report (continued) for the year ended 31 March 2023

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission’s general guidance on public benefit and in particular equality in Education Health and Social Care. We aim to do this by working in activity and productive partnership with statutory bodies, large charities and the private sector.

Achievements and performance


Continued to support service users across all key areas with a focus on mental health and further developed the community kitchen.
Successfully delivered the Black Music Festival August 2022.
Received the Queen's Award for Voluntary Service from the Lord Lieutenant at the Annual General Meeting in February 2023.

Financial review

The net expenditure for the year was £29,248, including net Income of £68,220 on unrestricted funds and net expenditure of £38,972 on restricted funds after transfers.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £38,679
Black Health Initiative aims to keep reserves of up to 3 months equivalent trading. This has been lowered to reflect the monthly outgoings which have decreased since the last financial year.
The reserve policy remains the same.

Name Sofyanah Ramzan
Signed 
Date 27/11/23

BLACK HEALTH INITIATIVE (BHI)
BALANCE SHEET
AS ON 31 MARCH 2022

	Note	2023 Unrestricted Funds £	2023 Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Fixed Assets:					
Tangible Assets	2	3,792	-	3,792	3,792
Total Fixed Assets		3,792	-	3,792	3,792
Current Assets:					
Debtors & Prepayments	1	-	-	-	-
Cash & Bank Balance	2	26,549	-	-	35,694
Total Current Assets		26,549	-	-	35,694
Current Liabilities:					
Creditors & accruals	3	-	-	-	-
Total Current Liabilities		-	-	-	-
Net Current Assets		26,549	-	£ -	35,694
Total Assets		30,341	-	3,792	39,486
Funds:					
Unrestricted	4	160,950	-	160,950	92,730
Restricted		-	- 93,023	- 93,023	- 54,051
Total Fund		160,950	- 93,023	67,927	38,679

These accounts have been prepared in accordance with the micro-entity provisions and have been delivered in accordance with the provision applicable to companies subject to the small companies regime.

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Name Sofyanah Ramzan

Signed 

Date 27/11/23

BLACK HEALTH INITIATIVE (BHI)						
STATEMENT OF FINANCIAL ACTIVITIES						
FOR THE YEAR ENDED 31 MARCH 2023						
			2023	2023	2023	2022
		Note	Unrestricted	Restricted	Total	Total
			Funds	Funds	Funds	Funds
			£	£	£	£
Income from:						
Grants & donations	7		96,231	320,120	416,351	157,305
Sales & fees	8		3,438		3,438	1,804
Bank interest	9		-	-	-	-
Total Income			99,669	320,120	419,789	159,109
Expenses On:						
Staff Salaries	10		-	106,270	106,270	60,659
Freelancers			-	33,932	33,932	15,066
Accountancy Fee			520	-	520	601
Event Activities				209,830	209,830	48,759
Advertisement			14,181	-	14,181	300
Professional Fee			10,842	-	10,842	33,214
Travel & Subsistence			545	-	545	-
Premises Cost			-	9,060	9,060	8,553
Office Cost			4,000	-	4,000	109
Insurance			1,070	-	1,070	1,001
Bank Charges			202	-	202	100
Sundries			89	-	89	613
Depreciation			-		-	-
Total Expenses			31,449	359,092	390,541	168,975
Net Profit before Transfer			68,220	(38972)	29,248	(9866)
Transfer between funds						
Funds Balance B/F			92,730	- 54,051	- 8,233	1,633
Funds Balance C/F			160,950	- 93,023	21,015	- 8,233
All incoming resources and outgoing resources derive from continuing activities.						

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

1 - Accounting Policies

Basis of accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements prepared in accordance with the Statement of Recommended Practice:

Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and with the Charities Act 2022.

The charity constitutes a public benefit entity as defined by FRS 102.

Reconciliation with previous Generally Accepted Practice in preparing the accounts.

The trustees have considered whether in applying the accounting policies required by FRS 102 and the restatement of comparative items was required. They have determined that no such restatement is required. As a consequence, there has been no change to the accounting policies since last year.

No change have been made to the accounts for previous years.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resource, the trustees virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

Grants & donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverable, they are accounted for as the charity earns the right to consideration by its performance.

Expenditures and liabilities

Expenditures are recognised on an accrual basis as a liability incurred. Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out the resources.

Taxation

As a charity the organisation benefits from rates relief and generally exempt from income tax and capital gain tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,700 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful lives.

Pensions

The charity operates a defined contribution scheme for the benefits of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
2 - Tangible Assets				
Cost:				
At 1st Apr 2022	3,792.00	-	6,717.00	6,717.00
Additions			-	-
At 31 Mar 2023	<u>3,792.00</u>	<u>-</u>	<u>6,717.00</u>	<u>6,717.00</u>
Depreciation:				
At 1st Apr 2022			2,925.00	1,582.00
Charge for the year			-	1,343.00
At 31 Mar 2023	<u>-</u>	<u>-</u>	<u>2,925.00</u>	<u>2,925.00</u>
Book Value:				
At 31 Mar 2022	3,792.00		-	3,792.00
At 31 Mar 2023			3,792.00	-
3 - Debtors & Prepayments:				
Debtors			-	-
Prepayments			-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
4 - Cash & Bank:				
Cash			-	-
Bank	-	-	26,548.82	35,694.12
	<u>-</u>	<u>-</u>	<u>26,548.82</u>	<u>35,694.12</u>
5 - Creditors & Accruals:				
Creditors			-	-
Accruals			-	550.00
	<u>-</u>	<u>-</u>	<u>-</u>	<u>550.00</u>
6 - Funds:				
Unrestricted			-	523.00
Restricted			-	1,110.00
	<u>-</u>	<u>-</u>	<u>-</u>	<u>1,633.00</u>

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
	£	£	£	£
7 - Grants & donations:				
Arts @ Leeds	-	-	-	-
Carribean & African Health Network			-	10,000
CAF			-	-
Community Foundation for Leeds	-	36,961	36,961	-
Covid-19 Response			-	-
ESC Lottery Fund			-	-
General	40,707	-	40,707	10,812
Global Charities	-	10,519	10,519	-
Leeds City Council	-	120,778	120,778	66,949
Leeds Culture Trust	-	750	750	-
Leeds Mind	-	3,000	3,000	-
Leeds Beckett	-	886	886	-
Leeds General	-	1,000	1,000	-
Leeds Comm	-	9,845	9,845	-
National Foundation			-	22,432
Needle Partners Limited			-	-
Neighbourly Limited			-	-
Unity HA	1,800	-	1,800	-
NHS Leeds CCG			-	19,495
Ticketlab	6,277	-	6,277	-
The Henry Smith	22,850	-	22,850	-
Real Productions			-	9,000
School for Social	-	30,000	30,000	-
Unity Housing Association			-	1,200
Volition Leeds	-	10,000	10,000	-
Voluntray Action Leeds	17,500	-	17,500	13,226
VAL	7,097	-	7,097	-
Wellsprings Together			-	-
West Yorks CA	-	750	750	-
Total	96,231	224,489	320,720	153,115
8 - Sales:				
Sales and Fees	3,438	-	3,438	1,805
9 - Interest On Bank Deposit:				
Bank Interest	-	-	-	-

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

Restricted funds (continued):

Fund name	Purpose of restriction
Black Health Initiative	Black Health Initiative is a community engagement organisation that works to address inequalities and inequities with education, health and social Care. This is carried out by working in partnership with statutory bodies, private sector and the 3rd sector. We also work with and for communities ensuring they receive equality in access and equity in service. We provide factual information for individuals and or communities to enable them to make informed decisions and choices.
Leeds City Council	Black Music Festival.
Community Foundation	Health programs (Fusion Xtra, supporting our seniors)
Peoples Health	NHS CCA mental health, Mens health & wellbeing
Global Making Some Noise	Trust - Love to Live
General	Teenage health (targeted music arts based activities)
	BHI targeted work
Related Party Transactions	There was no related party during the year.

BLACK HEALTH INITIATIVE (BHI)
NOTES TO THE FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

Restricted/Unrestricted funds comparator:

	2023	2023	2023	2022	2022	2022
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Funds	Funds	Funds	Funds	Funds	Funds
	£	£	£	£	£	£
Income from:						
Grants & donations			157,305	63,556	201,570	265,126
Sales & fees	-	-	1,804			-
Bank interest	-	-	-	-	-	-
Total Income	-	-	159,109	63,556	201,570	265,126
Expenses On:						
Staff Salaries	-	106,270	106,270	-	60,659	60,659
Freelancers	-	33,932	33,932	-	15,066	15,066
Accountancy	520	-	520	601	-	601
Event Activities	-	209,830	209,830	-	48,759	48,759
Advertisement	14,181	-	14,181	300	-	300
Professional Fee	10,842	-	10,842	33,214	-	33,214
Travel & Subsistence	545	-	545	-	-	-
Premises Cost	-	9,060	9,060	-	8,553	8,553
Office Cost	4,000	-	4,000	109	-	109
Insurance	1,070	-	1,070	1,001	-	1,001
Bank Charges	202	-	202	100	-	100
Sundries	89	-	89	613	-	613
Depreciation	-	-	-	-	-	-
Total Expenses	31,449	359,092	390,541	35,938	133,037	168,975

Black Health Initiative (BHI)

Independent examiners report to the trustee of Black Health Initiative

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2023, which are set out in the attached report

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also the directors for the purpose of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act')

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination. I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters of concern have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  Name: Keith Parish

Date: ...06/12/2023.....

Keith Parish - Accountant

14 The Oval
Farsley
Leeds
LS28 5FH