

**COMPANY REGISTRATION NUMBER: 03157152**  
**CHARITY REGISTRATION NUMBER: 1053008**

**Bedfordshire Open Door**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 March 2022**

**EXCEL ACCOUNTANTS (BEDS) LTD**

Chartered accountants  
Excel House  
3 Duke Street  
Bedford  
MK40 3HR

**Bedfordshire Open Door**  
**Company Limited by Guarantee**  
**Financial Statements**  
**Year ended 31 March 2022**

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# **Bedfordshire Open Door**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report)**

**Year ended 31 March 2022**

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

#### **Reference and administrative details**

**Registered charity name** Bedfordshire Open Door

**Charity registration number** 1053008

**Company registration number** 03157152

**Principal office and registered office** 120 Tavistock Street  
Bedford  
Bedfordshire  
MK40 2SA

**The trustees** SA Reed (Chair)  
S J Gardner (Treasurer)  
V Perry  
S A Bilham  
M R Fletcher  
O Atunrase  
M A Richardson  
A King (resigned post year end  
on the 25<sup>th</sup> April 2022)

Please note A King remained active for the year covered by these accounts before resigning post this accounting period on the 25<sup>th</sup> April 2022.

**Company secretary** V Perry

**Management staff** Michele Flynn (Operations Manager)  
Donna Galea-Bateman (Clinical Manager)

**Independent examiner** Excel Accountants (Beds) Ltd  
Excel House  
3 Duke Street  
Bedford  
MK40 3HR

# **Bedfordshire Open Door**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 March 2022**

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#### **Structure, Governance and Management**

##### **Governing document**

The company was established under a Memorandum of Association, which determine the objects and powers of the company and is governed under its Articles of Association.

The charity is managed and controlled by its Trustee Board which is responsible for setting the strategic direction of the charity, and the policies it adopts.

The company is limited by guarantee and does not have share capital. Trustees each guarantee an amount not exceeding £10 to the assets of the company in the event of a winding up. The total number of such guarantees at 31 March 2022 was 8 (2021: 7).

##### **Recruitment and appointment of new trustees**

The charity seeks to have board members with the right skills to enable it to be managed in an effective manner. The trustees may appoint a person who is willing to act as a trustee, either to fill a vacancy or as an additional trustee.

##### **Induction and training of new trustees**

All trustees are given a copy of the Charity Commission Pamphlet CC3 prior to their appointment and, at their induction, a copy of the latest accounts, together with the governing document and operating procedures. The latter include such topics as "Trustees Code of Conduct", "Conflicts of Interest" and "Trustee Eligibility". Where considered necessary, trustees are invited to undertake training in the workings of the Charity and the responsibilities of a trustee.

##### **Objectives and activities**

The objects of the charity are to provide free counselling services to young people in Bedfordshire. We have continued to offer the counselling service free to clients.

##### **Strategic report**

The following sections covering the focus of our work, achievements and performance and financial review form the strategic report of the charity.

##### **Purposes and Aims**

Bedfordshire Open Door is committed to offering an accessible, confidential and free professional counselling service to young people living in Bedfordshire.

Our aim is to enable young people to strengthen their resilience, emotional and psychological wellbeing now and for the future.

We offer a space where young people can be accepted, be safe and be heard.

We achieve this through offering the following high quality provision:

- A free, confidential counselling service for young people aged 13-25 in Bedford Borough and North Central Bedfordshire
  - Drop in and one off counselling sessions
  - Group work
  - Schools based counselling
  - Community based counselling in youth clubs and hubs
  - Counselling for young people in supported accommodation
  - Counselling and retreats for young unaccompanied asylum seekers
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# Bedfordshire Open Door

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

**Year ended 31 March 2022**

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- Specialist counselling for young victims of crime, exploitation and violence
- Specialist counselling for young people with autism
- Co-production / participation engagement activities with young people
- Multi agency working with GPs; CAMHS; adult mental health services; the police; social services; other local voluntary/statutory agencies to ensure clients are given the most appropriate professional support.

#### **Counselling provision and performance:**

Our charitable activities focus on providing free counselling services and support to young people and are undertaken to further our charitable purposes for the public benefit. The year 2021 to 2022 was an exceptional year with high levels of demand and we were able to secure additional funds to enhance our capacity from a variety of sources.

- Bedfordshire Open Door provides up to 12 sessions of free, confidential for 13-25 year olds. Where it is clinically indicated we will extend the number of sessions to ensure the safety and wellbeing of the individual young person. We are the only free service for young people in the local area offering this model of service, other providers either charge a fee for their service or offer a model with 4 – 8 sessions.
- During the pandemic we adapted our services to offer continuity of counselling support through remote telephone and zoom video conferencing means, whilst adhering to BACP standards of practice. Our dedicated volunteer counsellors demonstrated flexibility and commitment to our clients and the organisation and worked with the management to undertake necessary adaptations to enable remote working. All counsellors undertook additional CPD to ensure competence in the new ways of working. We have reviewed this way of working and continue to offer young people the options of a blended service. Our experience is that the majority of young people wish to have their counselling face to face but appreciate the flexibility of remote sessions should circumstances arise that prevent them from accessing the face to face provision.
- In the year we had a team of 48 counsellors, a mix of volunteers, students and paid counselling positions. We encountered some turnover in the counselling team, mainly in the paid counsellor capacity. We were fortunate to retain a high proportion of our volunteer counsellor team despite the ongoing challenges of the pandemic. In February 2023 a new cohort of 6 students will join us to commence their placement.
- Bedfordshire Open Door's counselling provision is largely provided by circa 26 professionally accredited volunteer counsellors offering at least two sessions of counselling per week without payment. Some of these qualified counsellors also provide additional sessional counselling hours to enable us to meet demand and reduce our waiting lists. This activity was supported by generous fundraising undertaken by the Rotary Club of Bedford Park and also a grant provided by the Violence and Exploitation Reduction Unit (VERU) enabling us to work with more young victims of crime and exploitation.
- During the year we employed 12 part-time paid counsellors, four of whom worked in secondary schools, one offering counselling to residents from the two local IMPAKT supported housing projects; one works at our counselling centre working with victims of crime and exploitation and holds significant experience in working with young people affected by alcohol and substance abuse. Three counsellors worked in Central Bedfordshire youth clubs as part of our outreach initiative, enabling more accessibility to young people in Central Bedfordshire. Three counsellors delivered our centre based service for young people with autism / neurodivergent conditions. This is the highest number of paid counsellors the service has had and reflects the new funded projects and capacity funding received from a number of sources. All counsellors,

# Bedfordshire Open Door

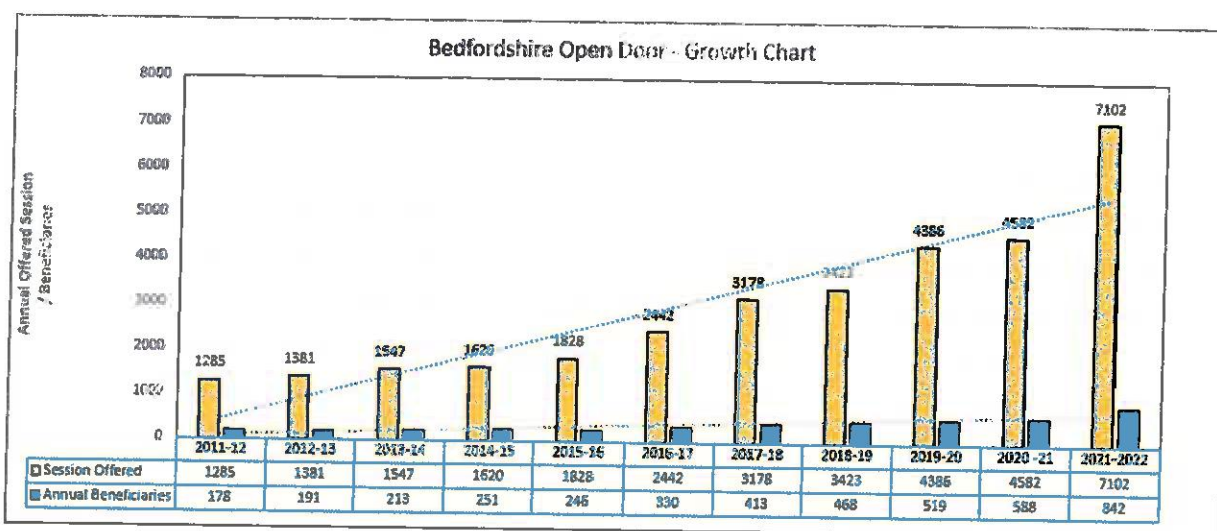
## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) (continued)

#### Year ended 31 March 2022

including our volunteers, require professional operational and clinical management support, clinical supervision and must complete a minimum of 30 hours CPD per annum. We also need to staff our Bedford counselling centre in order that there is always someone at hand to welcome young clients, making them feel safe and to ensure appointments, the necessary paperwork and record keeping, are diligently administered.

- In 2021-22, we increased the number of counselling sessions offered to 7102. (4582 in 2020-21), which represented a huge increase of 55% more sessions compared to last year.
- 842 young people were seen by our counsellors for at least one session in the financial year. (588 in 2021-22). A 43% increase in numbers of young people seen compared to last year.
- 68% were aged between 13 and 18 (2021-21: 65%) and 32% were aged 19-25 (2020-21: 35%).
- 80% of young people were from Bedford Borough, 15% from Central Bedfordshire and 5% other
- 75% of our clients were white, 21% black and asian, 2% other ethnic groups and 2% did not disclose.
- 26% of our clients self-referred; 25% were referred by health; 25% by education; 12% by family/friend, the remaining 12% came from a mix of police, social services, housing, job centre and other voluntary agencies.



- We continued to work in partnership with Impact Housing & Support delivering on site counselling at their two hostels - Cornerstone House and The Foyer. This project enables us to reach some of the most vulnerable young people in our community who have experienced relationship breakdowns and been part of a hidden community of sofa surfing or street living. Many have a history of abuse, offending, drug or alcohol abuse and mental health issues and counselling at this time can support them in managing the impact of the past and building resilience and confidence for the future.
- In May 2021 we received funding from the Bedford Borough Council Youth Empowerment Fund to launch a new service for young people with autism. We recruited 2 specialist counsellors to deliver the project and by the end of the project 66 neurodivergent young people

# **Bedfordshire Open Door**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 March 2022**

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had been offered a total of 863 counselling sessions. Building on this area of work we engaged in an innovative, multi-agency Autism In Schools Project co-ordinated by Bedford Borough Council, we established on site counselling for students on the autistic spectrum at 3 local secondary schools: Lincroft Academy, Mark Rutherford Upper School and St Thomas More.

- We worked in partnership with local authorities in Bedford, Central Bedfordshire, Luton and Hertfordshire to provide mental health support for young unaccompanied asylum seekers, many of whom have experienced extreme trauma. In 2021 / 22 three specialist counsellors delivered one to one counselling with the support of interpreters, to 8 clients. We also hosted a summer retreat and creative groupwork.

#### **The need for Bedfordshire Open Door services:**

We know the need for our service has grown year on year from our own local experience. National research evidence supports the need for improved, responsive mental health services for young people as they continue to adjust to life following the impact of the pandemic in a context of global unrest, environmental concerns and a national economic recession unprecedented in their lifetimes. These factors all impact on individual young people and their sense of security, stability and safety and, for some, has a significantly detrimental impact on their mental health and wellbeing. Our role is to support the individual resilience and confidence of local young people in a turbulent and unstable national and global environment.

#### **Bedfordshire Open Door Survey 2021**

In May 2021 Bedfordshire Open Door worked with a team from the Princes Trust in Bedford to undertake a survey reviewing the impact of lockdown on local young people aged 13 – 18yrs. We had 241 responses. The key issues the young people spoke about were

- worries about the adverse impact on their education / employment / future
- feeling isolated / lonely
- the impact of economic pressures on their family
- increased difficulties in relationships with parents / family
- increased exposure to violence and abuse in the family home
- parent/carer mental health and drug/drink problems getting worse
- feeling stressed and overwhelmed
- bereavement and loss
- increased feelings of hopelessness
- increased rates of sexual violence and exploitation

These concerns have exacerbated existing mental health issues amongst young people and resulted in more young people than ever before presenting with severe clinical anxiety, depression and trauma with expressions of:

- suicidal ideation and attempts
  - self-harming behaviours
  - anger
  - sleeping difficulties
  - eating disorders
  - addictive behaviours
  - alcohol/substance abuse
  - obsessive compulsive behaviours
  - challenges in staying focused / being motivated
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# Bedfordshire Open Door

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### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2022

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- withdrawal and social phobias

National research also reflects a similar pattern of issues and concerns:

*"There is a large pool, a sea even, of distressed young people who have not only experienced deterioration in their mental health during the pandemic but who are now suffering and still deteriorating, as they are denied the support they need to recover and health. This is undoubtedly a crisis in the making"* Niki Gibbs, BACP (Therapy Today: April 2022)

*"Our findings tell us that it is young people who have been most directly affected by Covid-19 and restrictions to control its spread who have experienced the most distress. That is, it is those who live in households that are struggling financially, who live in cramped conditions, who have difficult relationships with family, who struggled with home schooling. This disproportionately means those in low-income households. The current cost of living crisis will only worsen this."* Professor Craig Morgan, REACH Principal Investigator and Co-Director of the Centre for Society and Mental Health

#### NHS Digital Report 2022

- One in six children in England had a probable mental disorder in 2022 - similar to 2021, and up from one in nine in 2017
- Nearly 40% of six to 16-year-olds, and half of 17 to 23-year-olds, said they felt their mental health had got worse over that time. Girls were more affected than boys.
- 58% of 17 to 19-year-olds had possible eating problems in 2022, up from 44% in 2017 - with three-quarters of girls affected
- sleeping problems affected more than a third of 11 to 16-year-olds, and half of 17 to 23-year-olds in 2022
- one in 10 youngsters aged between six and 16 missed more than three weeks of school during the autumn of 2021 impacting on their anxiety and stress
- children with a probable mental health disorder were twice as likely to have missed this much school as other children

#### Young Minds Survey 2021

- 83% of children and young people reported their mental health symptoms had worsened (32% "much worse")

#### Family Fund Report, May 2021

- 89% parents of children and young people with disabilities reported COVID-19 and social distancing measures had impacted negatively on their child's behaviour and emotions - 82% reported negative impact on their child's mental health

#### The Health Foundation Report 2021

- 60% more young people have a probably mental health condition in 2021 compared to 2017

#### NHS Confederation Reaching the Tipping Point Report (CYP Mental Health) August 2022

- There is mounting concern that the mental health system for children and young people in England is reaching tipping point, with the COVID-19 pandemic having exacerbated existing challenges, including mental health inequalities.
  - There are significant increases in demand for mental health support for children and young people across all services – from primary care to NHS specialist mental health services, voluntary sector, independent sector, and digital providers - but also pressures on acute trusts and local authorities. As many as 1.5 million children and young people may need new or additional mental health support as a result of the pandemic. This figure could be even higher when considering unmet need.
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# Bedfordshire Open Door

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### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

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- Further funding is required to address the increase in demand and to continue the transformation of services and support for children and young people, especially support in schools and other educational settings.
- This needs to include a greater focus on early intervention and addressing the social determinants of mental health. While there is intense pressure on beds now, priority must be given to preventative and early intervention services over the medium-to-long term.
- However, funding alone will not address the problems. It is essential that we address chronic staffing shortages and challenges, including by investing in more children and young people's mental health specialists and in training and education of the wider workforce.
- Children and young people's mental health must be a priority. There is a need to focus on addressing the fragmentation of children and young people's mental health services that many people experience, and improve access to both early intervention and specialist mental health services.

During the pandemic CAMHS increased their threshold level to Level 4 (inpatient) and Level 3 (crisis) and this continues to be the case. The NHS Wellbeing Service for 18+ primarily operates group based online support which does not meet the needs of many of the 18-25 year olds who are seeking one to one face to face talking therapy. Bedfordshire Open Door, as the only free service for young people in the area, has seen an increase in the number of signposted referrals of young people 13 – 25 years with a higher-level risk and more complex needs as they are not being picked up by the statutory services. Bedfordshire Open Door, therefore, needs the stability to continue to offer our service through the most challenging of times; having lived through a pandemic young people are now also living in the shadow economic crisis, global conflict and the impending threat of environmental disaster. The need for grounding and professional therapeutic support for our young people is at an all-time high. At Bedfordshire Open Door we believe in a collaborative approach working with other partners across the system – health, education, voluntary and community to achieve the best possible outcomes for our clients.

#### **Funding overview:**

Bedfordshire Open Door was established in 1995 as Bedford Open Door through a collaboration of professional counsellors and local GP's, who identified the need for its services.

Historically a significant proportion of the charity's funding had come from NHS commissioning groups. However, in 2018 the commissioning for Tier 2 services changed from supporting a number of smaller charities to the appointment of one larger charity to deliver a portfolio of services. This service specification focused more on the implementation of group work and shorter interventions of 4 – 6 sessions, primarily of CBT based intervention. Thus, in 2018, for the first time in its 24 year history, Bedfordshire Open Door became totally reliant on funding from non-statutory grant making bodies and trusts and internally generated fund-raising initiatives to continue free provision of counselling to young people in the 13-25 year age group and on a 12 session therapeutic model, which was not being delivered by any other local service. We are extremely grateful to a number of bodies for supporting our continued work and facilitating expansion in our service provision both numerically and geographically.

- An initial three-year National Lottery Community Fund grant, commencing in October 2016, facilitated the growth in our counselling services. We were able to start counselling in two new upper schools, the Bedford Academy and Bedford Free School, and start a project with young, supported residents in a YMCA Bedfordshire youth hostel. We were also able to extend free counselling provision to the 18-25 age group. In 2019 we successfully applied to the National Lottery Community Fund for three-year continuation funding to maintain existing work and

# Bedfordshire Open Door

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### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

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further develop new services to address identified needs, including more community-based outreach services and extending into a new school provision in Central Bedfordshire.

- During 2019-20 BBC Children in Need awarded us a further three years part funding of these costs, required to cover the 13-18 client age group. We have subsequently been awarded an extension grant taking the funding to November 2023.
- The Harpur Trust has been a key supporter of our charity over the years. Their strategic objective of funding successful, evidence based local voluntary services in the local community has meant we have been able to secure funds to support our core service.
- In March 2021 we were awarded a further £20,000 by the Office of the Police Crime Commissioner (OPCC) to fund continued successful work by our high needs specialist counsellor. The project offers specialist therapeutic support to young people experiencing mental health issues linked to trauma, adverse childhood experiences and complex, chaotic lifestyles, often relating to abuse, violence and addiction. Our specialist high needs counsellor, with extensive experience of working with youth at risk, also provides weekly drop-in sessions, one-to-one counselling, harm reduction interventions and supported referrals on to other local specialist agencies to meet the needs of the individual. These vulnerable clients often require a more specialist, flexible approach, facilitation of wider support networks, a multi-agency approach and longer-term support to overcome more complex issues. In recognition of the increased need a further grant of £30,000 was awarded to enable additional outreach to youth at risk in the community.
- We would like to particularly commend the sustained fundraising efforts of the volunteer members of our community who are the Rotary Club of Bedford Park on their success in raising such a significant sum throughout the year.
- We have also had funding support from a range of other organisations and trusts and extend our thanks and appreciation to: Bedfordshire Violence & Exploitation Reduction Unit (VERU); The Gale Family Trust; The Wixamtree Trust; The Panacea Charitable Trust; Biddenham International School & Sports College; Bedford Academy; Bedford Free School; Etonbury Academy; Brock Charitable Trust, Chris Frankish Trust, Bedfordshire Golf Club; The Masonic Charitable Foundation, Groundworks UK – Tesco Bags for Help, Bedford Borough Council (Youth Empowerment Fund and Autism in Schools Project), Compass Wellbeing CIC. for their grants and donations towards our counselling work in the year. We were grateful to a number of memorial donors and we continue to appreciate and thank the Friends of Bedfordshire Open Door for their ongoing support and regular donations.

We are extremely grateful to all the above funders and donors, and other individuals not mentioned.

#### **Investment policies and objectives**

The Trustee Board has the power to invest or deposit monies not immediately required for its purposes in any lawful manner whilst having regard to the suitability of investments and the need for diversification.

The charity will aim to invest any funds not expected to be needed in the short-term in deposit accounts in order to achieve a return on those reserves. It is the policy of the charity to spread the reserves of the charity across a number of banks and building societies to provide maximum protection from the Financial Services Compensation Scheme (FSCS). The charity will only deposit funds with institutions covered by the FSCS.

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# Bedfordshire Open Door

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

#### Year ended 31 March 2022

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No funds will be invested in schemes that cannot guarantee the return of the original investment or where the original funds are in any way at risk.

No funds will be invested in schemes which require a notice period of more than six months to withdraw the funds.

#### **Reserves policy**

The Trustee Board have established a policy whereby the total unrestricted funds not invested in tangible fixed assets, and not required to meet future budgeted expenditure, being the "free reserves", should be sufficient to support the future growth of the charity, support coping with the loss of a significant funding stream / donor, gaps in restricted funding, short-term cessation of project activity and redundancy. Bedfordshire Open Door has received three year grant awards from the National Lottery Community Fund and BBC Children in Need worth approximately £130,000 per annum in funding. This represents 50% of 2022 expenditure. At the 31st March 2022, Bedfordshire Open Door was 29 months into these grants. To mitigate the impact of a potential loss of funds on costs, Bedfordshire Open Door employs part-time paid counsellors on short term contracts.

The Trustees have targeted a free reserve level of six months of operational cost (£110,000) and £60,000 to cover the loss of a significant donor/funding stream. The trustees have taken account of the fact that Bedfordshire Open Door owns a property with a purchase price of £224,000 in 2009, and believe the property to have increased in market value. At 31st March 2022 the mortgage against this property was £35,294. The trustees have the option in an emergency to increase the mortgage against the property to increase free reserves.

Free reserves at March 31st 2022 were £103,866.

#### **Incoming resources and expenditure**

Total income for the year increased by 48% from £282,130 in 2021 to £416,558 in 2022.

The proportion of income receivable for restricted and unrestricted purposes represents was 94% (2021: 92%) and 6% (2021: 8%) respectively of the total incoming resources.

Overall the results show a surplus for the year of £ 111,308 (2021: surplus of £57,775. At 31 March 2022, restricted fund balances totalled £524,791 (2021: £425,013), of which £307,528 (2021: £314,722) relates to the historic purchase of the Bedford Tavistock Street property and subsequent improvements, which was largely grant funded. Unrestricted fund balances totalled £103,866 (2021: £92,336).

#### **Plans for the Future Period:**

2021-22 was an extremely successful year for fund-raising, despite the Covid-19 pandemic. The impact of Covid has been to significantly increase demand for our counselling services. Whilst we continue to offer a blended service, clients generally prefer face to face counselling delivery. Additional funding has enabled us to recruit counsellors on short term contracts to increase capacity to meet demand, address autism in schools needs and to deliver services in north central Bedfordshire, utilising youth club facilities. We are, however, mindful of the impending financial challenges faced nationally and mindful about sustainability for our service and the need to ensure core provision is adequately funded to ensure stability in the future.

As part of our application to The National Lottery Community Fund in 2019, we sought funding to establish counselling services in two Central Bedfordshire secondary schools and to open two outreach counselling hubs in Central Bedfordshire. A counselling service was provided at Etonbury School, but Covid prevented us opening up a 2<sup>nd</sup> school service. These funds were instead utilised to increase provision at existing school sites, Etonbury and Bedford Academy. Two counsellors were recruited to offer improved counselling access to north central Beds clients. Services were established at three

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# Bedfordshire Open Door

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

**Year ended 31 March 2022**

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Central Beds youth clubs in Biggleswade, Sandy and Arlesey working in partnership with Groundworks UK youth service.

The continued high demand and sign-posting through other agencies underpins our faith in our 12 session counselling model. We continue to believe in providing a free service to all young people between 13 and 25 years of age.

The bedrock of our organisation is a strong voluntary ethos from the majority of our counsellors. These can be people relatively new to counselling, looking to gain experience, or can be very experienced professionals, wanting to give something back.

In 2019 funding from the National Lottery Community Fund facilitated the development of a Level 4 student placement scheme in collaboration with local colleges. This has been extremely successful, going from strength to strength each year. We now have a solid reputation for providing high quality, well supported student placements that include clinical supervision, clinical management and enhanced CPD to support the development of new counsellors. We have extended our reach to more counselling training providers and the demand for placements is high. We have introduced a thorough recruitment process that includes an Open Day facilitated by our Clinical Manager; an equal opportunities application process; shortlisting of candidates; interview and role play. The student counsellors offer 100 hours of counselling which enables them to pass their course requirements for qualification. In turn, they commit to volunteering for at least one year post qualification, offering a minimum of 2 sessions per week on a voluntary basis, to support Bedfordshire Open Door's service delivery and embed their knowledge and experience with further supported practice. In a climate where the recruitment of qualified volunteers has become more challenging, we have found this initiative to be an essential part of maintaining capacity and ensuring our counselling team is suitably experienced in working with young people. Feedback from student counsellors and training organisations has been very positive and the British Association of Counsellors and Psychotherapists commended this aspect of our service.

*"We commend the service on the protocols to assess students' competency when working with clients under the age of 18. This is evidence of a high standard of professional practice"* BACP Accreditation Assessor, 2019

In June 2022 it was announced that we were awarded **The Queens Award for Voluntary Service**. This is the most prestigious award a voluntary organisation can achieve and is equivalent to an MBE. Last year we went through a rigorous process and many of our volunteers and team members kindly took time to be involved to share their experiences. Our nomination was first appraised by the Lord Lieutenant of Bedfordshire, Her Majesty's representative in the county, helped by a County Assessment Panel of leading representatives from diverse sectors of the community. The panel then visited our centre to meet with Trustees, staff and volunteers. We then submitted evidence to demonstrate our quality as an organisation. A Specialist Assessment Panel of independent volunteering experts from across the UK then judged all nominated groups against the Award criteria, taking into account the first appraisal. The panel then passed its recommendations to the Main Award Committee. The Main Award Committee advised the Cabinet Office and the Minister for Civil Society. The award was decided after the Queen has given her formal approval. We are delighted about this achievement which is a real testament to the work and dedication of our volunteers and the whole team. The Lord Lieutenant of Bedfordshire presented our award and the certificate signed by Her Majesty at a ceremony hosted at The Bedfordshire Golf Club in July 2022. This award further strengthens our credibility as an excellent service for young people in the local community; a good place to volunteer or work and a high-quality provider for commissioned / funded services.

Bedfordshire Open Door will continue to work with young unaccompanied Asylum seekers, work originally initiated by a volunteer led project in 2016. A small group of counsellors has developed the specialist skills needed for this work have offered counselling to a total of 45 young people. The

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# **Bedfordshire Open Door**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 March 2022**

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overwhelming majority have been male and from nine different countries. We will build on our successful model of delivering short break summer 'retreats' for groups of young people at a centre in the countryside. The offer includes transport, food and the opportunity to take part in workshops designed to bring the young people together, to have fun and involve them in experiences such as Tai Chi, bushcraft, music making and creation of a Tree of Life (Denborough 2008), mapping their roots and strengths and significant people in their lives.

The strategic aims from our 2018 visioning day and the recommendations from our 2019 service evaluation have provided a core focus for development and improvement activities over the past 3 years. On 5<sup>th</sup> May 2022 Companies House formally confirmed the organisational renaming to Bedfordshire Open Door, reflecting the ambition and reality of providing counselling services outside of Bedford. It has tied in with our 25<sup>th</sup> Anniversary. A new logo, brand and website has subsequently been launched. We have improved the counselling environment with investment in new furniture and resources for our counselling rooms. We have focused on improving our data collection systems and insight information with the recruitment of a new IT/Data Co-ordinator.

In 2021 we worked with a group of young people to develop our framework for co-production and participation activities to ensure the voices of young people are at heart of all we do and influence service development and improvements. We will be launching our participation group: the BOD POD in December 2022; a regular space for young people who wish to shape and develop our service and influence for improved mental health and wellbeing for young people locally and nationally. Part of this programme will be to develop our young volunteers and Wellbeing Champions training that will be implemented in 2023.

A key element of the participation activities will be to review our existing methods for gathering feedback from young people and to see how we can adapt to utilise technology to improve and streamline feedback systems. We presently use an assessment tool at the beginning, mid-point and end of counselling that links to key outcomes. Our clients are asked to rate their position on a scale concerning a range of indicators. This approach is interactive and offers an opportunity to reflect on a range of factors linked to mental wellbeing and risk.

We gather other information to help shape services:

- Facilitated focus groups with clients
- Comprehensive statistical data linked to impact and outcomes
- Keeping confidential, records of individual progress
- Client, counsellor and partner organisation testimonials
- Anonymised case studies
- End of attendance service questionnaire focusing on quality and effectiveness
- Compliments and Complaints

The Clinical and Operations Managers review all feedback and use this information to develop and enhance service delivery. All complaints are dealt with in line with our complaints policy and procedure and necessary actions are implemented

In June 2022 we commissioned an external independent evaluation of our service which is due for completion by December 2022. It involves a series of interviews, meetings and focus groups with clients, volunteers, staff, trustees, partner agencies and other key stakeholders. The final report will provide recommendations embedded into our core strategic aims for the next five years.

The 48% increase in funding achieved in 2021-22 means that the budget for 2022-23 is well covered. We have planned for a deficit budget in 2022-23, as we utilise funds received. During 2022-23 we will

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## **Bedfordshire Open Door**

### **Company Limited by Guarantee**

#### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

##### **Year ended 31 March 2022**

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be re-applying to the National Lottery for continuation funding. In the absence of an NHS contract to fund clients who are referred to us via NHS/CAMHS bodies, we continue to rely on lottery support to fund ca 40-50% of our core support infrastructure. Without this support we would likely have to significantly reduce our counselling services.

The trustees' annual report and the strategic report were approved on November 28<sup>th</sup> 2022 and signed on behalf of the board of trustees by Suzette Reed (Chair):



S A Reed  
Chair

# **Bedfordshire Open Door**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Bedfordshire Open Door**

**Year ended 31 March 2022**

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I report to the trustees on my examination of the financial statements of Bedfordshire Open Door ('the charity') for the year ended 31 March 2022.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Independent Examiner

Excel House  
3 Duke Street  
Bedford  
MK40 3HR

#### ***Excel Accountants***

Excel House  
3 Duke Street  
Bedford, MK40 3HR  
01234 860590

# Bedfordshire Open Door

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2022

		Unrestricted funds £	2022 Restricted funds £	Total funds £	2021 Total funds £
	Note				
<b>Income and endowments</b>					
Donations and grants	5	23,683	392,844	416,527	279,718
Charitable activities	6	—	—	—	2,000
Investment income	7	31	—	31	412
<b>Total income</b>		<u>23,714</u>	<u>392,844</u>	<u>416,558</u>	<u>282,130</u>
<b>Expenditure</b>					
Expenditure on raising funds:					
Costs of raising donations and grants	8	9,232	210	9,442	3,960
Expenditure on charitable activities	9,10	2,952	292,856	295,808	220,395
<b>Total expenditure</b>		<u>12,184</u>	<u>293,066</u>	<u>305,250</u>	<u>224,355</u>
<b>Net income and net movement in funds</b>		<u>11,530</u>	<u>99,778</u>	<u>111,308</u>	<u>57,775</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		92,336	425,013	517,349	459,574
<b>Total funds carried forward</b>		<u>103,866</u>	<u>524,791</u>	<u>628,657</u>	<u>517,349</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 18 to 26 form part of these financial statements.

**Bedfordshire Open Door**  
**Company Limited by Guarantee**  
**Statement of Financial Position**  
**31 March 2022**

	Note	2022 £	2021 £
<b>Fixed assets</b>			
Tangible fixed assets	16	384,985	394,937
<b>Debtors: amounts due after more than one year</b>	17	—	75,237
<b>Current assets</b>			
Debtors	18	182,721	252,089
Cash at bank and in hand		232,798	92,962
		415,519	345,051
<b>Creditors: amounts falling due within one year</b>	19	111,476	177,871
<b>Net current assets</b>		304,043	167,180
<b>Total assets less current liabilities</b>		689,028	637,354
<b>Creditors: amounts falling due after more than one year</b>	20	60,371	120,005
<b>Net assets</b>		628,657	517,349
<b>Funds of the charity</b>			
Restricted funds		524,791	425,013
Unrestricted funds		103,866	92,336
<b>Total charity funds</b>	21	628,657	517,349

Of the restricted funds of £524,791, property reserves comprised 59% (2021: 74%)

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position  
continues on the following page.

The notes on pages 18 to 26 form part of these financial statements.

# **Bedfordshire Open Door**

## **Company Limited by Guarantee**

### **Statement of Financial Position** *(continued)*

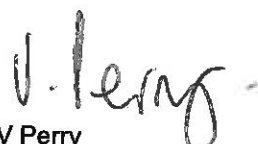
**31 March 2022**

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These financial statements were approved by the board of trustees and authorised for issue on 30 November 2022, and are signed on behalf of the board by:



S A Reed  
Chair



V Perry  
Company Secretary

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The notes on pages 18 to 26 form part of these financial statements.

**Bedfordshire Open Door**  
**Company Limited by Guarantee**  
**Statement of Cash Flows**  
**Year ended 31 March 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Cash flows from operating activities</b>		
Net income	111,307	57,775
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	11,776	11,439
Dividends, interest and rents from investments	(30)	(408)
Other interest receivable and similar income	(1)	(5)
Interest payable and similar charges	2,464	2,723
<i>Changes in:</i>		
Accrued expenses/(income)	(122,393)	(99,247)
Trade and other debtors	144,406	90,656
Trade and other creditors	913	2,434
Cash generated from operations	148,442	65,367
Interest paid	(2,464)	(2,723)
Interest received	1	5
Net cash from operating activities	<u>145,979</u>	<u>62,649</u>
<b>Cash flows from investing activities</b>		
Dividends, interest and rents from investments	30	408
Purchase of tangible assets	(1,825)	(3,488)
Proceeds from sale of tangible assets	—	—
Net cash used in investing activities	<u>(1,794)</u>	<u>(3,080)</u>
<b>Cash flows from financing activities</b>		
Proceeds from borrowings	(4,349)	(4,089)
Net cash used in financing activities	<u>(4,349)</u>	<u>(4,089)</u>
<b>Net increase in cash and cash equivalents</b>	<b>139,836</b>	<b>55,480</b>
<b>Cash and cash equivalents at beginning of year</b>	<b>92,962</b>	<b>37,482</b>
<b>Cash and cash equivalents at end of year</b>	<b><u>232,798</u></b>	<b><u>92,962</u></b>

The notes on pages 18 to 26 form part of these financial statements.

# **Bedfordshire Open Door**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements**

**Year ended 31 March 2022**

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#### **1. General information**

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 120 Tavistock Street, Bedford, Bedfordshire, MK40 2SA.

#### **2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### **3. Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### **Going concern**

There are no material uncertainties about the charity's ability to continue.

##### **Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.



# Bedfordshire Open Door

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

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#### 3. Accounting policies *(continued)*

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably. Grants received are recognised as income in entirety on award unless they are multi-year awards for a period of more than 12 months. First year income for multi-year awards is recognised for the period between date of award and 31st March. The balance of the award is treated as deferred income. The balance of total grants awarded with future cash payments due, is treated in the accounts as accrued income and is reduced on receipts of subsequent grant payments. In 2022 and 2021 Bedfordshire Open Door applied this policy to two multi-year grant awards from The National Lottery Community Fund and BBC Children in Need, respectively. Both grants were awarded in November 2019.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

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# Bedfordshire Open Door

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

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#### 3. Accounting policies *(continued)*

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Freehold property	-	0% and 2% straight line
Improvements to property	-	2 & 10% straight line
Fixtures and fittings	-	15% and 20% straight line
Computer equipment	-	33% straight line

# Bedfordshire Open Door

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

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#### 4. Limited by guarantee

The company is limited by guarantee and does not have share capital. Details of the guarantees provided by each Trustee is provided in the Report of the Trustees.

#### 5. Donations and grants

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Donations</b>			
Donations	23,683	392,844	416,527
<b>Grants</b>			
Grants	—	—	—
	<u>23,683</u>	<u>392,844</u>	<u>416,527</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
<b>Donations</b>			
Donations	20,072	246,560	266,632
<b>Grants</b>			
Grants	—	13,086	13,086
	<u>20,072</u>	<u>259,646</u>	<u>279,718</u>

#### 6. Charitable activities

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Other income from charitable activities	—	—	2,000	2,000

#### 7. Investment income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Income from investment properties	30	30	407	407
Bank interest receivable	1	1	5	5
	<u>31</u>	<u>31</u>	<u>412</u>	<u>412</u>

# Bedfordshire Open Door

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

#### 8. Costs of raising donations and grants

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Costs of raising donations and grants	<u>9,232</u>	<u>210</u>	<u>9,442</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Costs of raising donations and grants	<u>3,960</u>	<u>—</u>	<u>3,960</u>

#### 9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Charitable activities	2,952	291,799	294,751
Governance costs	<u>—</u>	<u>1,057</u>	<u>1,057</u>
	<u>2,952</u>	<u>292,856</u>	<u>295,808</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Charitable activities	(8,629)	228,124	219,495
Governance costs	<u>—</u>	<u>900</u>	<u>900</u>
	<u>(8,629)</u>	<u>229,024</u>	<u>220,395</u>

#### 10. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Charitable activities	294,750	—	294,750	219,495
Governance costs	<u>—</u>	<u>1,059</u>	<u>1,059</u>	<u>900</u>
	<u>294,750</u>	<u>1,059</u>	<u>295,809</u>	<u>220,395</u>

#### 11. Analysis of support costs

	2022 £	2021 £
Independent accountant's examiner fee	<u>1,020</u>	<u>1,000</u>

# Bedfordshire Open Door

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

---

#### 12. Net income

Net income is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation of tangible fixed assets	11,776	11,439

#### 13. Independent examination fees

	2022	2021
	£	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	1,020	1,000
Other assurance services including payroll fees	640	290
	1,660	1,290

#### 14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022	2021
	£	£
Wages and salaries	240,967	152,169

The average full time equivalent head count of employees during the year was 8 (2021: 6). The average number of full-time equivalent employees during the year is analysed as follows:

	2022	2021
	No.	No.
Number of staff - office	3	3
Number of staff - counselling	5	3
	8	6

All staff are employed on a part time basis by Bedfordshire Open Door and the majority of counsellors undertake their roles voluntarily. The average number of part-time employees during the year was 14 (2021: 10)

#### 15. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

No trustee expenses have been incurred.

# Bedfordshire Open Door

## Company Limited by Guarantee

### Notes to the Financial Statements (continued)

#### Year ended 31 March 2022

#### 16. Tangible fixed assets

	Freehold property £	Improve- ments to property £	Fixtures and fittings £	Equipment £	Total £
<b>Cost</b>					
At 1 April 2021	324,097	162,116	19,361	8,353	513,927
Additions	—	—	829	996	1,825
Disposals	—	—	—	(1,785)	(1,785)
<b>At 31 March 2022</b>	<b>324,097</b>	<b>162,116</b>	<b>20,190</b>	<b>7,564</b>	<b>513,967</b>
<b>Depreciation</b>					
At 1 April 2021	53,784	43,632	16,599	4,975	118,990
Charge for the year	4,482	4,207	1,284	1,803	11,776
Disposals	—	—	—	(1,784)	(1,784)
<b>At 31 March 2022</b>	<b>58,266</b>	<b>47,839</b>	<b>17,883</b>	<b>4,994</b>	<b>128,982</b>
<b>Carrying amount</b>					
<b>At 31 March 2022</b>	<b>265,831</b>	<b>114,277</b>	<b>2,307</b>	<b>2,570</b>	<b>384,985</b>
At 31 March 2021	270,313	118,484	2,762	3,378	394,937

#### 17. Debtors: amounts falling due after more than one year

	2022 £	2021 £
Accrued income	—	75,237
	<u>—</u>	<u>75,237</u>

#### 18. Debtors: amounts falling due within one year

	2022 £	2021 £
Prepayments and accrued income	182,721	252,089
	<u>182,721</u>	<u>252,089</u>

#### 19. Creditors: amounts falling due within one year

	2022 £	2021 £
Bank loans and overdrafts	4,349	4,089
Trade creditors	—	60
Accruals and deferred income	99,688	167,323
Social security and other taxes	7,439	5,742
Other creditors	—	657
	<u>111,476</u>	<u>177,871</u>

# Bedfordshire Open Door

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

---

**20. Creditors: amounts falling due after more than one year**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Bank loans and overdrafts	30,945	35,821
Accruals and deferred income	29,426	84,184
	<u>60,371</u>	<u>120,005</u>

Bank loans and overdrafts relate to a mortgage loan secured against the property at 120 Tavistock Street, Bedford.

# Bedfordshire Open Door

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 March 2022

#### 21. Analysis of charitable funds

##### Unrestricted funds

(All amounts stated in GBP)	At 1 April 2021	Income	Expenditure	Transfer	At 31 March 2022
<b>Unrestricted funds</b>					
General - Other	92,336	23,714	(12,184)	-	103,866

##### Restricted funds

Property Funds	314,772	-	(7,244)	-	307,528
<b>Non Property Funds</b>					
The National Lottery Community Fund	22,809	111,291	(114,360)	-	19,740
Children in Need	-	29,098	(26,893)	-	2,205
Wixamtree Trust	4,432	9,500	(5,182)	-	8,750
Gale Family Charity Trust	30,000	-	(14,789)	-	15,212
Groundwork UK (Tesco)	895	-	(895)	-	-
Harpur Trust	18,675	34,900	(21,310)	-	32,265
Biddenham International School	7,766	13,120	(13,112)	-	7,774
Bedford Academy	11,664	13,120	(13,330)	-	11,454
Panacea Charitable Trust	11,000	-	(9,440)	-	1,560
Rotary Club of Bedford Park	3,000	24,751	(4,672)	-	23,079
Masonic Charitable Foundation	-	5,000	(5,000)	-	-
Bedford Borough Council (YEP)	-	15,000	(8,174)	-	6,826
VERU	-	5,000	(5,000)	-	-
Youth Voices	-	2,475	(2,475)	-	-
Compass Wellbeing CiC	-	62,430	(2,020)	-	60,410
Bedford Girls School	-	2,005	(1,742)	-	263
OPCC	-	20,153	(20,153)	-	-
OPCC Critical Fund	-	30,000	(15,292)	-	14,708
Bedford Borough Council (AiS)	-	15,000	(1,983)	-	13,017
<b>Total Non Property Funds</b>	<b>110,241</b>	<b>392,844</b>	<b>(285,822)</b>	<b>-</b>	<b>217,263</b>
<b>Total Restricted</b>	<b>425,013</b>	<b>392,844</b>	<b>(293,066)</b>	<b>-</b>	<b>524,791</b>
<b>Total Funds</b>	<b>517,349</b>	<b>416,558</b>	<b>(305,250)</b>	<b>-</b>	<b>628,657</b>

Property funds represent funds already spent on purchasing 120 Tavistock Street, Bedford.  
Expenditure against Property funds relates solely to annual depreciation.