

REGISTERED CHARITY NUMBER: 1052727

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
For
Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds**

**Humber Teaching NHS Foundation Trust
Trust Headquarters
Willerby Hill
Willerby
HU10 6ED**

Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds

Contents of the Financial Statements
for the Year Ended 31 March 2025

	Page
Report of the Trustees	3-14
Independent Examiner's Report	15
Statement of Financial Activities	16
Balance Sheet	17
Cash Flow Statement	18
Notes to the Cash Flow Statement	19
Notes to the Financial Statement	20-25
Detailed Statement of Financial Activities	26

Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds

Report of the Trustees
for the Year Ended 31 March 2025

The Trustees present the annual report and financial statements for Health Stars Charity, covering the operational year ending on 31 March 2025. The charity has adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Foreword

Welcome to our Annual Report for 2024/2025.

Health Stars is the charity of Humber Teaching NHS Foundation Trust. Together we create better healthcare and brighter futures for people across East Yorkshire, Hull, and North Yorkshire.

Last year the Trust Board made the decision to bring Health Stars back into Trust management after being led by an external charity.

This decision meant the potential for greater fundraising, a stronger cultural impact within our organisation, and a closer connection with our valued colleagues.

By embedding the charity within the Trust, together we can ensure fundraising efforts align more closely with the priorities of our staff and patients, fostering a deeper sense of community and shared purpose.

It has been a year of setting strong foundations, building our dedicated team, and reconnecting with staff and supporters. The team have worked hard to realign our mission with the needs of the NHS and ensure that every initiative we support has a direct and meaningful impact on patient care or staff wellbeing. This transition has allowed us to strengthen our governance, enhance collaboration, and reaffirm our commitment to making a difference in our communities.

It has been a privilege to see the growth and development of the charity over the last twelve months and we look forward to seeing it go from strength to strength in the year ahead.

Introduction

We are delighted to present our Annual Report for 2024/2025.

First and foremost, we extend our deepest gratitude to our Trustees, staff, volunteers, and dedicated supporters. Your support has enabled us to make a meaningful difference to patients, staff, and communities across Hull, East Yorkshire and North Yorkshire.

The financial year 2024/25 has been a period of both challenges and progress for the NHS and our charity. In the face of ongoing pressures on healthcare services, we have continued to provide vital funding and support for projects that enhance patient care, staff wellbeing, and innovation. Despite economic uncertainties, the generosity of our donors, fundraisers, and partners has allowed us to invest in initiatives that truly matter.

Every donation, no matter the size, plays a crucial role in helping us go beyond what core NHS funding can provide. From improving clinical environments to providing vital equipment and enhancing staff welfare, your

support ensures we can make a lasting difference. We deeply value the trust placed in us by our supporters and we remain committed to delivering the best possible outcomes and sharing the impact you enable us to have.

This year, thanks to your generosity, we have been able to give welcome packs to all patients who attend sessions with our Complex Emotional Needs team, provide equipment such as a punch-bag for PICU, a table tennis table for the Humber Centre, and arts and crafts supplies for young people having treatment for an eating disorder.

Each of these achievements represents our mission in action, demonstrating the power of collective giving and the impact it has on the healthcare services provided by Humber Teaching NHS Foundation Trust.

We have also been privileged to host and participate in several memorable events and fundraising campaigns over the year. Some of the standout moments include funding a Christmas party for residents at Townend Court and supporting our team of runners at the Humber Bridge Half Marathon.

These moments showcase the dedication and passion of our supporters, and we are immensely grateful for every effort made to champion our cause.

As we move into the next year, we remain steadfast in our mission to enhance NHS services, support staff, and improve patient outcomes. With your continued generosity, we will keep making a difference where it is needed most.

Once again, thank you to everyone who has played a part in our journey this year. Your kindness, dedication, and belief in our work inspires us every day.

Health Stars

Who we are

Health Stars' objectives and legal charitable purpose, outlines that it's income and/or capital will be used for any charitable purpose or purposes relating to the National Health Service.

Health Stars' mission is to create better healthcare and brighter futures for people across East Yorkshire, Hull, and North Yorkshire.

The donations that we receive help enhance the health care and experiences of thousands of people using mental health, neurodiversity, learning disability, children's and young people and local NHS services every day.

We fund equipment that NHS budgets do not cover, make our buildings more attractive and therapeutic, and provide the little extras that make a visit or stay in our services that little bit brighter.

We help ease the burden on families offering comfort through treatment and reducing boredom.

Donations also help us say an extra special thank you to our incredible team, making them feel appreciated, supported and healthy at work.

What we do

Our goals are aligned with the Trust's strategic goals with the focus of improving the lives of patients, their families, and healthcare staff.

Trust Vision			
We aim to be a leading provider of integrated health services, recognised for the care compassion and commitment of our staff and known as a great employer and a valued partner.			
Charity Purpose			
Together, we will build better healthcare and brighter futures for people across Hull, East Yorkshire & North Yorkshire.			
Trust Strategic Goals			
Enhancing prevention, wellbeing and recovery	Innovating for quality and patient safety Optimising an efficient and sustainable organisation	Developing an effective and empowered workforce	Fostering integration, partnerships and alliances Promoting people, communities and social values
Charity Goals			
Support the delivery of outstanding patient care	Enhance healthcare experiences and outcomes	Improve staff health, wellbeing and development	Improve the health and wellbeing of our communities
Charity Aims			
Be a trusted charity partner With connected and engaged supporters	Improve patient care & experience By developing and funding projects that have real impact	Support staff To deliver exceptional patient care	Develop partnerships To tackle health inequalities and create healthier communities

Health Stars will achieve its purpose by funding expenditure on:

- Enhanced Experiences

Items that support the delivery of patient care but are not considered a core item by the NHS. Health Stars also supports services to buy the best version or state of the art version of a piece of equipment.

- Enhanced Environments

When we build new facilities, donations help fund the added extras like family friendly waiting spaces, decoration and upgraded items of furniture.

- Patient & Visitor Experience

We fund items that improve the patient and visitor experience, raise spirits and make treatment more comfortable and help make attending appointments a more positive experience.

- Supporting & Thanking Staff

We provide items or experiences that improve the health, wellbeing and employee experience. We find ways to say thank you and to show our appreciation to those staff that go above and beyond for our patients and their families.

Our Mission

By raising money and careful management of our existing funds, Health Stars provides a public benefit by making grants to Humber Teaching NHS Foundation Trust.

Grants are made in accordance with charity law, our constitution and the wishes and directions of donors. In making grants, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need.

During the year 2024/25, grants totalling £9,991 were made. In addition, we granted 37 wishes that had been made pre-transfer to the new management structure totalling grants of £61,945.

As a registered NHS charity, we adhere to the highest standards of governance and transparency. We follow Charity Commission guidance to ensure our work is ethical, effective, and aligned with best practices.

By adhering to these guidelines, we maintain the highest level of integrity and accountability, ensuring that every pound raised is used effectively to support NHS staff, patients, and communities.

Our plans are to continue to increase our level of fundraising to achieve our target of £300,000 by the end April 2027 which will help us work with our NHS partners to enable better healthcare and brighter futures for our communities.

We work hard to make sure the money donated to us is spent where it is needed most, and we produce a separate Impact Report which gives more detail about how the charitable income is spent and the difference it has made to our patients and their families. Our impact report will be available on the Health Stars website.

Activities, achievements and performance

Through raising £352,555 in 2024/25 together with management of our existing funds, Health Stars been able to release £71,936 to Humber Teaching NHS Foundation Trust in line with the Charity's aims and objectives.

Through a range of programmes funded by donations, legacies and grants, Health Stars funds equipment, experience and environments that NHS budgets do not cover.

We make our buildings more attractive and therapeutic and provide the little extras that make a visit or stay in our services that little bit brighter. We help ease the burden on families offering comfort through treatment and reducing boredom.

We also fund projects and ideas that say an extra special thank you to Trust staff, making them feel appreciated, supported and healthy at work.

As well as distributing funds we have made significant progress on the operational priorities against our charity goals.

Our operational plan outlines a clear and actionable roadmap for Health Stars. It is driven by our new vision, mission, values, translating these foundations into actionable strategies and day-to-day activities.

This plan serves as a testament to our commitment to deliver our vision to build better healthcare and brighter futures for people across Hull, East Yorkshire & North Yorkshire. To do this we must increase donations and support but that must be combined with utilising our charitable funds by engaging our staff and supporting their applications for grants through our 'Wishes' and 'Dreams' programmes.

As a new service with a new team there was significant groundwork to be done to establish an effective and efficient charity operation. This work needed to ensure a successful future for the charity and underpin the fundraising activities that have now been established.

The operational plan was informed by our staff and services. Their honest and insightful feedback combined with research of the sector, conversations with other NHS charity leaders and NHS Charities Together helped shape our plans.

With the support of our leaders, services and our staff, we have begun to turn this vision into reality and make a significant, positive impact our patient, their families, our staff and the communities we serve.

In reviewing the activity against our goals we have shared some examples of the difference our fundraising has made. Our Impact Report shares more fantastic examples of how we have made a difference in 2024/25. You can read it on the Health Stars website. It's a celebration of our successes this year, a huge thank you to our donors and a great way to show the impact of the grants we have funded and events we have run.

Goal 1: Support the delivery of outstanding patient care

On taking management Health Stars in-house, our first priority was to establish an efficient and effective charity.

To do this we established a Charity Action Group to oversee the charity's management on behalf of the Corporate Trustees. This group brought together Fund Guardians who represent our clinical divisions as well as the charity and finance teams.

We reviewed governance arrangements to ensure compliance with legislation and best practices, rationalised the number of funds, and developed key policies and procedures.

To improve efficiency we introduced a streamlined charitable funds application process, ensuring grants are awarded promptly while adhering to procurement and financial regulations. Additionally, we implemented a new customer relationship management (CRM) system to enhance donor engagement and fundraising efforts.

We developed a fundraising plan to further strengthen our impact and sustainability. Through this we set a target to be in the upper quartile of staff survey benchmark group which means increasing our annual income to £300,000 within three years.

Goal 2: Enhance healthcare experiences and outcomes

This year, we collaborated with divisions to proactively identify charitable projects and worked closely with the Estates team to integrate a Health Stars workstream into major estates projects.

Relaunching our grants as 'Wishes' and 'Dreams' and streamlining the approval process for charitable funds has improved efficiency, inspiring confidence and encouraging more applications.

We now have active plans for 6 dreams across 3 divisions and have launched our first appeal, the 'Better Days Appeal' to fund a dayroom at Fitzwilliam Ward, Malton Community Hospital.

To measure our impact, we developed a robust evaluation process for funded projects and established effective impact reporting, ensuring we can clearly demonstrate the difference our charity makes.

Goal 3: Improve staff health, wellbeing and development

We partnered with the HR and Workforce Directorate, including the Workforce Wellbeing Team, to explore how charitable funds can support the delivery of the People Plan. This included plans to enhance the Staff Awards, recognising and celebrating our dedicated workforce.

To strengthen engagement, we began recruiting Charity Champions across services to increase awareness and understanding of our work. Additionally, we provided guidance and training to staff, empowering them to support fundraising efforts and further our charitable impact.

Goal 4: Improve the health and wellbeing of our communities

This year, we developed and implemented a Communications Plan to raise the charity's profile and increase charitable giving.

We relaunched the charity lottery and the 'Microhive' salary giving scheme, whilst also growing our supporter base through targeted recruitment.

Locally we began to proactively engage with our staff to involve them in the work of the charity and the funding decisions we make.

Regionally we built links with corporate partners through the CEO Challenge which was supported by 14 local companies. We will continue to build these relationships as we develop our corporate supporter offer in 2025/26.

We laid the foundations for our first community grant project as we prepared to launch our Mental Health Small Grants Scheme in Hull. We are proud to be able to administer this scheme on behalf of the Trust in 2025/26. Previously administered by the HEY Smile Foundation in 2022/23, the grants aim to support initiatives that tackle health inequality and improve mental health and wellbeing.

We also established our first event partnership by becoming the first charity partner for the Humber Bridge Half Marathon. This partnership will enable up to 50 people take part in the run free of charge with all their

sponsorship coming directly to the charity. It also gives us access to the Run for Charity database of over 200 events across the country that we can offer to our supporters with guaranteed entry.

We also launched our first calendar of fundraising events including a Golf Day, local runs and the Yorkshire 3 Peaks hike.

Nationally, we have reconnected with NHS Charities Together (NHSCT), attending their national conference and joining both the Mental Health / Community NHSCT Special Interest Group and the North East, Yorkshire and Humber Regional Interest Group. We concluded two grant projects which supported the development of the charity branding and website and the establishment of what is now our Workforce Wellbeing Team.

We worked with the Trust's Partnerships and Strategy team to identify potential grant funders to enable larger projects and support us to grow.

We were able to successfully apply for a £15,000 grant for the North East Lincolnshire Fishers programme to provide health and wellbeing support to reduce health inequalities for the local fishing community, seafood workers and their families in Grimsby. The programme will support them to access health and wellbeing services when they require them and to manage their health more proactively.

How we fund our work

In 2024/25, 52% of our £352,555 income came from an NHSCT grant and a generous gift in a legacy.

We received significant investment income of £19,470 throughout the year.

Event, community and corporate income was lower than hoped but we have plans to increase these income streams over the next 12 months with a year-long fundraising events calendar and partnerships packages for local businesses from across the region. With the launch of our first Fundraising campaign – the Better Days Appeal – we have a platform for attracting new supporters.

Money spent: what we spent the money on

We are a grant making charity. These grants are distributed in the form of 'Wishes', grants under £5,000 and 'Dreams', grants over £5,000.

The funding for these grants comes from our fund zones. Money raised or received for a specific Trust building or service is allocated to a fund zone managed by a Fund Guardian. Some fund zones are restricted for specific purposes related to the geographical area or building.

We also have a central fund for unallocated funds raised which can also be used to 'top-up' wishes from services. This top up is restricted to £500 per service per year.

This year we have been successful in unrestricting some historical fund zones in line with Charity Commission guidance. This allowed us to reduce the number of zones that required management and made more funds accessible to the services that need them. The fund zones are now in line with our fundraising pillars

Our Fundraising Practices

Our dedicated charity team organise fundraising events and co-ordinate the activities of our supporters. We do not use professional fundraisers or involve commercial participators. There have been no complaints about fundraising activity this year.

The Fundraising Regulator publishes the Code of Fundraising Practice¹⁷ that sets the standards that apply to fundraising carried out by all charities and third-party fundraisers in the UK.

The Fundraising Regulator is the independent regulator of charitable fundraising in England, Wales and Northern Ireland. In Scotland, the Scottish Fundraising Adjudication Panel is the regulator.

The fundraising department has signed up to the Fundraising Regulator's Code of Fundraising Practice. All fundraising guidance and working practices are compliant with that code.

We work with HTFT's volunteering team to support some fundraising events. The fundraising team is responsible for co-ordinating the volunteers' activities and, our Charity Manager, is responsible for monitoring their activities against the requirements of the code. A member of the fundraising team will attend most events to ensure that that they are being appropriately run.

We have not carried out any direct marketing in 2024/25 and do not currently manage a mailing list.

Our Fundraising Performance

During the year the total donations, legacies and income from fundraising came to £82,308.

Our fundraising income is improved from 2023/2024 and we continue to explore new ways of fundraising including increasing our trust and foundation applications and launching larger public appeals to engage our communities.

We benchmark our fundraising activity with our peers within our staff survey comparator groups and through NHS Charities Together Financial Comparison Survey.

We monitor the comparative success of campaigns and overall fundraising cost to income ratios. We continue to perform well with a low cost to income ratio.

Our Future Plans

As we move forward, we are committed to enhancing our impact and deepening our engagement with patients, families, and our wider community. We have an ambitious £200,000 fundraising goal for 2025/26 and we cannot achieve it without harnessing their support.

We will focus on strengthening our visibility with patients and families on the wards, ensuring we are their charity of choice for fundraising. By raising our profile, we can inspire more direct support for initiatives that enhance patient care and improve the experience for those who rely on our services.

Beyond the hospital setting, we aim to increase our presence in local communities and encourage public fundraising efforts that directly support mental health and wellbeing. We want to help people understand how their contributions can make a real difference to care in their local area, ensuring that their support benefits the trust delivering those vital services.

To build stronger relationships with our supporters, we will enhance our social media presence and introduce new ways to keep in touch, keeping our loyal donors and fundraisers engaged and encouraging them to continue their invaluable efforts. Deepening this connection will help us grow a sustainable community of supporters who are passionate about making a difference.

We also want to continue positioning ourselves as the charity of choice for our staff. Our events will play an important role in the organisation's culture, providing opportunities for teams to come together, boost morale, and give back in ways that directly support themselves and their patients. Encouraging staff to access charitable funds through our Wishes Programme remains a priority, and we will expand our Charity Champions scheme

with the aim of having 50% of teams represented by April 2026. With a national focus on health inequalities, we will also work to ensure that more wishes addressing these disparities are realised.

Securing additional funding will be crucial in the year ahead. We will actively apply for NHS Charities Together grants, particularly Workforce Wellbeing Grants, with a focus on securing funding for psychological support for inpatient teams. In addition, we plan to develop and launch two new appeals in 2025/26. Our dedicated Dream Teams are already working hard to bring these initiatives to life, and we are especially close to launching an appeal in Whitby to create a new waiting area for children accessing services at the Community Hospital.

Strengthening our corporate supporter offer is another key priority. We want to deepen our engagement with the businesses that have already given us so much in 2024/25, building meaningful partnerships that drive long-term impact. Similarly, we will focus on improving our grant funding applications to increase our success rate, ensuring we maximise the resources available to support our vital work.

With these ambitious goals, we look forward to the year ahead with optimism and determination. By strengthening relationships, expanding our reach, and securing vital funding, we will continue to make a meaningful difference in the lives of those we serve.

How we manage the money

Our grant making policy

Health Stars makes grants from both its unrestricted and restricted funds.

The grants from restricted funds must be used in accordance with the conditions attached to the donation.

Staff can apply for a grants, known in-house as 'Wishes' (under £5,000) and 'Dreams' (over £5,000) on behalf of patients and families, or as a service or group of staff.

Grant applications are made via the Health Stars website and are approved by 'Fund Guardians' and members of staff such as Infection, Prevention and Control and Health and Safety to ensure they are appropriate and fit for purpose.

• General funds.

These funds are received by Health Stars with no particular preference expressed by donors.

These funds go into our 'Big Thank You' fund and are used for wishes that enhance staff wellbeing, as well as to 'top up' grant submissions from designated funds where there is not enough money in them to realise the application. This is restricted to £500 per service per year.

Submissions are welcome from patients, families and the general public but must be made by a staff member using an online application form on the Health Stars website. Grants under £5,000 are approved by the Fund Guardian. Grants over £5,000 must be approved by the Charitable Funds Group / Trust Board, in line with the scheme of delegations.

• Designated (earmarked) funds.

These funds are established for a particular building, location or activity nominated for support by the donor. The application process for them is in line with general funds with approval needed by Fund Guardians or the Charitable Funds Committee.

Reserves policy

Our reserves policy states to have a minimum of six months of operating costs in the bank.

Investment policy

The Charity has a deposit account with CCLA Investment Management Ltd (COIF Charitable Funds). Dividends are paid into a high-interest deposit account which remains greater than a standard current account.

The Charity also has a 510 COIF Charities Investment fund income units with a value of £9,556 at the end of March 2025.

The Charitable Funds Group/Trust Board reviews the investments and banking arrangements taking advice from our professional advisors each year. There were no additional investments or realised investments during 2024/25.

Risk Management

The Corporate Trustee is responsible for managing risk issues for the Charity, which is underpinned by the internal policies and procedures of the Humber Teaching NHS Foundation Trust, including:

Code of Conduct; Standing Orders; Standing Financial Instructions and Scheme of Delegation; Charitable procedures; fundraising; grant management and Fraud Policy.

How we organise our affairs: reference and administrative details

Health Stars is registered with the Charity Commission under Registered Number 1052727.

The charity was previously known as East Yorkshire Community Healthcare General Charity, Hull And East Riding Community Health Nhs Trust Charitable Funds And Humber Mental Health Teaching Nhs Trust Charitable Funds and was first registered on 7th February 1996.

Its objectives are 'for any charitable purpose or purposes relating to the National Health Service.'

How to contact us

The charity office and principle address is: Humber Teaching NHS Foundation Trust, Willerby Hill, Beverley Road, Willerby HU10 6ED

Email address: hnf-tr.healthstars@nhs.net

For fundraising queries please contact

Anita Green, Charity Manager: anita.green17@nhs.net

The Corporate Trustee principal address is: Humber Teaching NHS Foundation Trust, Willerby Hill, Beverley Road, Willerby HU10 6ED

Trustee Arrangements

Michele Moran, Chief Executive and Pete Beckwith, Finance Director are the corporate trustee of the charity. The corporate trustee's responsibilities are carried out by HTHSFT board of directors. Details of board membership can be found on the Trust website ([link](#)).

Non-Executive Directors:			
Name	Position	Appointed to Humber Teaching NHS Foundation Trust	Term of office end date
Rt Hon Caroline Flint	Trust Chair	16 September 2021	15 September 2027
Mike Smith	Independent Non-Executive Director	1 October 2016	31 August 2024
Francis Patton	Independent Non-Executive Director	1 January 2018	31 August 2024
Dean Royles	Independent Non-Executive Director	1 September 2019	31 August 2026
Stuart McKinnon-Evans	Independent Non-Executive Director	1 February 2022	31 January 2026
Dr Phillip Earnshaw	Independent Non-Executive Director	25 July 2022	24 July 2028
Priyanka Perera	Independent Associate Non-Executive Director	1 October 2023	30 September 2025
David Smith	Independent Associate Non-Executive Director	1 October 2023	30 September 2024
Keith Nurcombe	Independent Non-Executive Director	1 September 2024	31 August 2027
Stephanie Poole	Independent Non-Executive Director	1 September 2024	31 August 2027
Executive Directors			
Michele Moran	Chief Executive	29 January 2017	N/A

Peter Beckwith	Director of Finance	10 March 2017	N/A
Kwame Fofie	Medical Director	1 October 2022	N/A
Hilary Gledhill	Director of Nursing, Allied Health and Social Care Professionals	1 June 2015	Retired on 31 March 2025
Lynn Parkinson	Chief Operating Officer (COO)	1 October 2018	N/A
Steve McGowan (non-voting)	Director of Workforce & Organisational Development Seconded to the Integrated Care Board	18 June 2018	Left the Trust on 31 March 2025
Karen Phillips (non-voting)	Associate Director of People and Organisational Development	1 April 2024	

The Trust Board meet as corporate trustees to:

- review and approve the strategic plan
- re-appoint or appoint members of the charitable funds committee
- approve the trustee's annual report and accounts for the year.

The board of directors delegate responsibility for the day-to-day management of Health Stars to the Charitable Funds Group in accordance with the scheme of delegation and standing financial instructions.

Together, they are responsible for fulfilling the corporate trustee's strategic plan and for working with the professional advisors and with the representatives of Humber Teaching NHS Foundation Trust who provide financial support to the charity.

HTNHSFT board members are either executive members who are employees of the Trust or non-executive members who are remunerated in accordance with the constitution. No board members are specifically paid in relation to Health Stars.

Members of HTNHSFT board are required to disclose all relevant interests and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in note 11 to the accounts.

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

National Westminster Bank Plc
34 King Edward Street
Hull
East Yorkshire
HU1 3SS

Approved by order of the board of trustees on And signed on its behalf by:

.....
Mr P Beckwith - Trustee

**Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds**

**Independent Examiner's Report to the Trustees
for the Year Ended 31 March 2025**

Independent examiner's report to the trustees of Humber Teaching NHS Foundation Trust Charitable Funds

I report to the charity trustees on my examination of the accounts of Humber Teaching NHS Foundation Trust Charitable Funds (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Sophie Holmes FCCA ACA

360 Accountants Limited
18-19 Albion Street
Hull
East Yorkshire
HU1 3TG

Date: 14/4/25

Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds

Statement of Financial Activities
for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	Endowment fund £	31/03/2025 Total funds £	31/03/2024 Total funds £
INCOME AND ENDOWMENTS FROM						
Donation and Legacies		36,205	46,103	-	82,308	14,953
Charitable Activities Grants		235,778	15,000	-	250,778	43,320
Investment Income	3	19,470	-	-	19,470	18,118
Total		291,452	61,103	-	352,555	76,391
EXPENDITURE ON						
Charitable Activities Activity Costs	4	126,241	37,322	-	163,563	16,826
Depreciation	8	2,004	-	-	2,004	501
Total		128,245	37,322	-	165,567	17,327
NET INCOME/(EXPENDITURE)		163,207	23,781	-	186,988	59,064
RECONCILIATION OF FUNDS						
Total funds brought forward		(115,267)	472,682	9,556	366,971	307,907
TOTAL FUNDS CARRIED FORWARD		47,940	496,463	9,556	553,959	366,971

Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds

Balance Sheet
31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	Endowment fund £	31/03/2025 Total funds £	31/03/2024 Total funds £
FIXED ASSETS						
Intangible Assets	8	5,511	-	-	5,511	7,515
Investments	9	-	-	9,556	9,556	9,556
		<u>5,511</u>	<u>-</u>	<u>9,556</u>	<u>15,067</u>	<u>17,071</u>
CURRENT ASSETS						
Debtors	10	202,725	-	-	202,725	2,390
Investments	11	-	355,000	-	355,000	355,000
Cash at bank		43,827	141,463	-	185,290	141,912
Inventory		<u>12,844</u>	<u>-</u>	<u>-</u>	<u>12,844</u>	<u>-</u>
		<u>259,396</u>	<u>496,463</u>	<u>-</u>	<u>755,859</u>	<u>499,302</u>
CURRENT LIABILITIES						
Creditors	12	<u>(216,967)</u>	<u>-</u>	<u>-</u>	<u>(216,967)</u>	<u>(149,402)</u>
NET CURRENT ASSETS/(LIABILITIES)						
		<u>42,429</u>	<u>496,463</u>	<u>-</u>	<u>538,892</u>	<u>349,900</u>
TOTAL NET ASSETS (LIABILITIES)						
		<u>47,940</u>	<u>496,463</u>	<u>9,556</u>	<u>553,959</u>	<u>366,971</u>
FUNDS						
Unrestricted funds	10				47,940	(115,267)
Restricted funds					496,463	472,682
Endowment funds					9,556	9,556
TOTAL FUNDS						
					<u>553,959</u>	<u>366,971</u>

Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds

Cash Flow Statement
For the Year Ended 31 March 2025

	Notes	31/03/2025 £	31/03/2024 £
Cash flows from operating activities			
Cash generated from operations	1	23,908	80,982
Net cash provided by/(used in) operating activities		<u>23,908</u>	<u>80,982</u>
Cash flows from investing activities			
Purchase of intangible fixed assets		-	(8,016)
Reclassification of cash to investment		-	(355,000)
Interest received		19,470	18,118
Net cash (used in)/provided by investing activities		<u>19,470</u>	<u>(344,898)</u>
Change in cash and cash equivalents in the reporting period		43,378	(263,916)
Change in cash and cash equivalents at the beginning of the reporting period	2	<u>141,912</u>	<u>405,828</u>
Cash and cash equivalents at the end of the reporting period	2	<u>185,290</u>	<u>141,912</u>

Notes to the Cash Flow Statement:

	31/03/2025 £	31/03/2024 £
1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES	186,988	59,064
Adjustments for:		
Depreciation charges	2,004	501
Interest received	(19,470)	(18,118)
Decrease/(increase) in debtors	(197,860)	129,700
(Decrease)/increase in creditors	67,565	(90,165)
Prepayments	(2,475)	-
Inventory	(12,844)	-
Net cash provided by/(used in) operations	23,908	80,982

	31/03/2025 £	31/03/2024 £
2. ANALYSIS OF CASH AND CASH EQUIVALENTS		
Notice deposits (less than 3 months)	185,290	141,912
Total cash and cash equivalents	185,290	141,912

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 01/04/2024 £	Cash flow £	At 31/03/2025 £
Net cash			
Cash at bank	141,912	43,378	185,290
Liquid resources			
Deposits included in cash	-	-	-
Current asset investments	355,000	-	355,000
TOTAL FUNDS	496,912	43,378	540,290

Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds

Notes to the Financial Statement
For the Year Ended 31 March 2025

1. EXCEPTIONAL ITEMS

There are no exceptional items to mention this financial year.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and Charities Act 2011. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charity operated a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

3. INVESTMENT INCOME

	31/03/2025	31/03/2024
	£	£
COIF Investment Interest	17,488	17,166
Bank Interest	1,982	952
	<u>19,470</u>	<u>18,118</u>

4. CHARITABLE ACTIVITIES COSTS

	31/03/2025	31/03/2024
	£	£
Direct Costs Event and appeal costs, grants (Wishes) expenses	86,921	(20,846)
Support Costs (see note 5)	76,642	37,672
	<u>163,563</u>	<u>16,826</u>

5. SUPPORT COSTS

	31/03/2025	31/03/2024
	£	£
Management	75,657	36,068
Finance	85	104
Governance costs	900	1,500
	<u>76,642</u>	<u>37,672</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024

7. STAFF COSTS

	31/03/2025	31/03/2024
	£	£
Wages and salaries	47,380	24,003
Social security costs	4,123	666
Pensions costs	6,777	450
	<u>58,280</u>	<u>25,119</u>

The average monthly number of employees during the year was as follows:

31/03/2025	31/03/2024
<u>2</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

Employed staff are employed by Humber Teaching NHS Foundation Trust on behalf of the Charity. Those staff solely work for the Charity

8. INTANGIBLE FIXED ASSETS

Computer Software	31/03/2025	31/03/2024
	£	£
COST OR VALUATION	<u>7,515</u>	<u>8,016</u>
DEPRECIATION	<u>2,004</u>	<u>501</u>
NET BOOK VALUE	<u>5,511</u>	<u>7,515</u>

9. FIXED ASSET INVESTMENTS

	Listed Investments £
MARKET VALUE	
At 1 April 2024 and 31 March 2025	9,556
NET BOOK VALUE	
At 31 March 2025	9,556
At 31 March 2024	9,556

There were no investment assets outside the UK.

Cost or valuation at 31 March 2025 is represented by:

	Listed Investments £
MARKET VALUE	
Valuation in 2022	9,916
Valuation in 2023	(360)
Valuation in 2024	-
	9,556

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/03/2025	31/03/2024
	£	£
Trade debtors	200,250	1,640
Prepayments	900	750
	<u>202,725</u>	<u>2,390</u>

11. CURRENT ASSET INVESTMENTS

	31/03/2025	31/03/2024
	£	£
Unlisted investments	355,000	355,000
	<u>355,000</u>	<u>355,000</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/03/2025	31/03/2024
	£	£
Trade creditors	222,547	147,902
Other creditors	(5,580)	1500
	<u>216,967</u>	<u>149,402</u>

13. MOVEMENT IN FUNDS

	At 01/04/2024 £	Net movement in funds £	At 31/03/2025 £
Unrestricted funds			
General fund	(115,267)	163,207	47,940
Restricted funds			
Restricted	472,682	23,781	496,463
Endowment funds			
Endowment funds	9,556	-	9,556
TOTAL FUNDS	<u>366,971</u>	<u>186,988</u>	<u>553,959</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	291,452	(128,245)	163,207
Restricted funds			
Restricted	61,103	(37,322)	23,781
TOTAL FUNDS	<u>352,555</u>	<u>(165,567)</u>	<u>186,988</u>

Comparatives for movement in funds

	At 01/04/2023 £	Net movement in funds £	At 31/03/2024 £
Unrestricted funds			
General fund	(131,011)	15,744	(115,267)
Restricted funds			
Restricted	429,362	43,320	472,682
Endowment funds			
Endowment funds	9,556	-	9,556
TOTAL FUNDS	<u>307,907</u>	<u>59,064</u>	<u>366,971</u>

13. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	33,071	(17,327)	15,744
Restricted funds			
Restricted	43,320	-	43,320
TOTAL FUNDS	76,391	(17,327)	59,064

A current year 12 months and prior year 12 months combined position is as follows:

	At 01/04/2023 £	Net movement in funds £	At 31/03/2025 £
Unrestricted funds			
General fund	(131,011)	178,951	47,940
Restricted funds			
Restricted	429,362	67,101	496,463
Endowment funds			
Endowment funds	9,556	-	9,556
TOTAL FUNDS	307,907	246,052	553,959

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	324,523	(145,572)	178,951
Restricted funds			
Restricted	104,423	(37,322)	67,101
TOTAL FUNDS	428,946	182,894	246,052

14. RELATED PARTY DISCLOSURES

During the year there were transactions undertaken with Humber Teaching NHS Foundation Trust. Expenditure relating to the contract agreement with the former management organisation, Smile Foundation, has ceased following the transfer of charity management back to Humber Teaching NHS Foundation Trust.

During the year there were transactions undertaken with Humber Teaching NHS Foundation Trust.

As at 31 March 2025, the charity owed Humber Teaching NHS Foundation Trust £222,391.

As at 31 March 2025, the charity was owed £200,000 by the Humber Teaching NHS Foundation Trust.

Health Stars - Humber Teaching NHS Foundation Trust
Charitable Funds

Detailed Statement of Financial Activities
for the Year Ended 31 March 2025

	31/03/2025 £	31/03/2024 £
INCOME AND ENDOWMENTS		
Donation and Legacies		
Donations	82,308	14,953
Charitable Activities		
Grants	250,778	43,320
Investment Income		
Deposit account interest	19,470	18,118
Total incoming resources	<u>352,555</u>	<u>76,391</u>
EXPENDITURE		
Charitable Activities		
Grant funding of activities (Wish expenditure)	72,507	(65,674)
Events and fundraising costs	13,535	-
Governance costs	-	44,828
Gifts in kind expenses	879	-
	<u>86,921</u>	<u>(20,846)</u>
Other		
Amortisation of intangible fixed assets	2,004	501
Support Costs		
Wages	58,280	25,119
Advertising	14,687	10,035
Sundries	-	914
Travel	94	-
Subscriptions	2,596	-
Audit and Accountancy Fees	900	1,500
Bank Fees	85	104
	<u>76,642</u>	<u>37,672</u>
Total resources expended	<u>165,567</u>	<u>17,327</u>
Net income/(expenditure) before gains and losses	<u>186,988</u>	<u>59,064</u>