



 **MUSIC**
IN HOSPITALS & CARE
Joy through live music

Annual Report

2023/24



“

The therapeutic benefits and relaxation properties of the live music are invaluable to the children of Ty Hafan – it's a universal language. Many life-shortening conditions can come with symptoms of pain or discomfort. Music distracts the body from these symptoms, and helps the listener to fully relax and experience a sense of comfort.”

Ty Hafan Children's Hospice



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About us



Music in Hospitals & Care is a charity that has been improving the health and wellbeing of children and adults through the healing power of live music since 1948. As a charity founded in the same year as the NHS, we have come a long way. But we still have further to go to ensure that everyone can access and experience the joy of live music.

Music in Hospitals & Care's professional musicians share live music with people who may not otherwise get to experience it. This includes those with dementia, mental health problems, or who are seriously ill. Our specially-created live music experiences unlock all kinds of emotions – from joy to loss, pleasure to nostalgia. They improve people's mental, physical and emotional health. They help people feel more connected to each other.

In 2023 we celebrated our 75th anniversary and the diverse community that is at the heart of the charity.

We heard the stories of the people we support through our live music, their families and healthcare professionals. We shared the knowledge and expertise of our staff team and professional musicians through helpful resources around music and health.

We launched our new three-year strategy to help us achieve our long-term ambition: for people in hospitals and care to enjoy a better quality of life and improved health outcomes. Special events throughout our live music programme recognised both long standing and newer partnerships to commemorate where we have been and look ahead to where we are going next.

Thank you so much for your support throughout what has been a wonderful year celebrating and reflecting on the impact of Music in Hospitals & Care over the past 75 years.



Welcome from our President

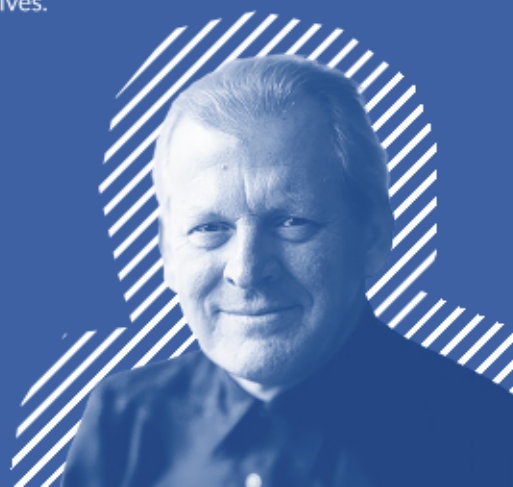
Welcome to this annual report that celebrates an important milestone for this wonderful charity, which I am proud to have been connected with since 2005.

Many years ago, I became aware of how music could affect people and offer solace at crucial stages in lives affected by mental and physical illness. My mother and aunt were both diagnosed with dementia in their seventies. They had arrived at a time when music was the only feature they could recognise from earlier life experience. My aunt could sing along with me, remembering the words when all other means of contact were lost to her.

Then an invitation came to me to work with Music in Hospitals & Care. Obviously, this was something I had to do.

I remember one particular day at a hospital in Surrey, a young woman was wheeled into the ward in her bed. She had not communicated with any of the nursing staff for several days. Hearing live music from a singer standing by her bed brought a look to her face that I had never seen before nor since. The atmosphere in that small ward became so very different that I can't begin to describe it. If I had wondered before, I now saw proof of the worth of what Music in Hospitals & Care offers to those most in need of a light in their lives.

Sir Thomas Allen
President



Welcome from our Chair

It has been a significant year for the Board of Trustees. We were delighted to celebrate 75 years of Music in Hospitals & Care and see the positive impact the charity's new strategy is having in its first year to enable those who will benefit most to experience live music.

We welcomed new trustee Thomas Parker to the board in September. Thomas is an internal auditor, working with charities and public sector clients across London and the South focusing on good governance. We are always keen to hear from people with relevant skills who would be interested in joining the Board, especially anyone with a professional background in the care sector.

We are also participating in an initiative to encourage talented black professionals to become charity trustees; through this scheme we welcomed Olawale Ojo and Deborah Omo-Obi as Shadow Trustees.

They bring IT and analytic skills to the role and we are delighted to have them join us.

In November we said farewell to trustees Fiona McIntosh and Helen Dutta. Both were former musicians who also brought many other professional skills to the Board. Fiona was most recently the Chair of our Risk Committee, as well as a member of our People Committee. Helen was most recently the Chair of our People Committee and played a key role in helping us to shape our current safeguarding framework. We wish them all the best for the future.

Many thanks to all of the trustees for their efforts this year as we enter another exciting chapter for Music in Hospitals & Care.

Maureen Hall
Chair



75 years of joy through live music



We have had a fantastic year celebrating **75 years** of our amazing Music in Hospitals & Care community. From a legacy of the Entertainments National Services Association (ENSA), who shared live music with wounded service people in military hospitals, to sharing live music with people of all ages living with mental and physical health problems within health and care and the community. There have been thousands of moments of joy, laughter, singing, fingers tapping and all kinds of participation and expression in that time.

Thank you so much for all of your support, whether you have been with us for the past 75 years or are new to the charity. None of this would be possible without our generous funders, donors, volunteers and health and care partners. I am pleased to share another great year of joy through live music with you.

Barbara Osborne
Chief Executive



1998

The Council for Music in Hospitals, which has now been sharing live music for 50 years, develops more partnerships, including in Jersey and Guernsey with tours of hospitals and care homes. The first live music takes place in intensive care units and an office opens in Wales.



2008

Now called 'Music in Hospitals', the charity celebrates its 60th year with a Royal Gala in the presence of new Patron HRH the Duchess of Gloucester.



2021-22

We begin to return to health and care settings to share live music in person. Our **#BackToLive** appeal helps to bring more musicians back with the correct PPE and protocols.

1947

Arts Council employee Sheila McCreery has the idea to share live music in hospitals following the closure of ENSA. The first meeting of the Council for Music in Hospitals takes place on 13 November, leading to the creation of the charity the following year.



1955

The Council for Music in Hospitals becomes a registered charity.

1963

Building on research into the benefits of live music for people in hospitals, our musicians begin to stay for refreshments and to chat with their audience. Some hospitals experiment with more intimate live music experiences for smaller groups.

1972

After 25 years with the charity, Sheila steps down and Sylvia Lindsay takes over as Secretary, working from her dining room to arrange live music. After consulting hospital staff and doctors, the music policy is revised to include more informal music.



1980

The first live music takes place in Scotland. It proves so popular that the Scottish committee is established the following year. In 1984 musicians go on an introductory tour in and around Belfast.



2017

The charity expands its name to 'Music in Hospitals & Care' to better reflect the range of places it shares live music. From 22 in its first year, over 4,500 live music experiences take place in 2018 as the charity reaches 70 years of sharing the healing power of live music.



2020

Music in Hospitals & Care explores live streaming for the first time after the global pandemic puts a pause on in-person music. Our fantastic musicians really step up to the plate, reaching over 60,000 people with weekly public live streams and personalised private sessions.



Our impact

2,324
hours of live
music shared
across the UK,
reaching over
36,360
people



1,317
in hospitals



563
in care homes



60
in hospices



384
in the community



Around
850,000
people are living with
dementia in the UK



11,565
people experienced
live music in a
dementia setting



Around
200,000
people are admitted to intensive
care units every year

8,812

people experienced live music
while facing a serious illness
such as cancer, a stroke or in
an intensive care unit



Live music can
decrease pain in
serious illness by

27%

80%

of parents
in neonatal care
said that Lullaby
Hour helped
them feel relaxed



It is estimated
12.5%
of NHS staff
are leaving
their roles



The cost of
recruiting a
trained nurse
can be up to
£12,000



6,970+
staff
experienced
live music



90%
of staff had a
better working
day because of
the live music



69%
said it helped to
improve their
own emotional
wellbeing

8,480+
people experienced
live music to support
their wellbeing



We work with
352
professional
musicians

345
hours of training
for our staff



84%
of our staff felt the
right amount of
information was
shared at monthly
all team catch ups



This year's live music experiences were shared by:



70%
Soloists



28%
Duos



2%
Trios



Hours of live music
through the decades:
22 hours
of live music in 1947

312 hours
of live music in 1960

3,649 hours
of live music in 1993

In 1977 Sylvia Lindsay's daughter
Elizabeth conducted a survey of
12 mental health hospitals on the
benefits of the live music:



73%
liked joining in



91%
enjoyed just listening



24%
said it made them
feel peaceful

Music and health resources

Throughout 2023 we shared a series of resources, building on all of the research and knowledge Music in Hospitals & Care has gained about music and health. The aim was to create useful tools for everyone, whether they might be just looking to learn more about the benefits or would like to connect through live music with themselves, a loved one, or someone they support in a health or care setting.

The first resource was a set of music conversation starter cue cards for health and care staff or family members to explore topics around music with a person

they care for. This included how someone would like to engage with music and the emotions and memories it sparks.

In May we shared an animation about how to listen to music mindfully. The short demonstration covered a simple exercise anyone can use to help them slow down and reconnect.

In September, for Arts in Care Homes Day, we partnered with an advisory group from organisers (National Activity Providers Association) to produce a written guide and accompanying video on how to make your own percussion instrument.



686
health and
care partners
read our emails



568
recipients accessed
the resources



1,000+
total clicks on
each resource



Christmas press coverage

In December we worked with charity press consultants Do Good PR to end our 75th anniversary on a high with media coverage around sharing joy through live music at Christmas.

We reached approximately:



7,804,134
viewers across three
ITV local news channels
(London, Granada and Wales)



1,088,100
readers across five print
and online publications
in Scotland



Gordon's story

Gordon, from Fife, was struggling with depression. He hadn't spoken a word to anyone for quite some time, and combined with the family issues he was dealing with, he had started to think that life was worthless.

"I wasn't coping. My life seemed to be going nowhere and I didn't know what to do about it," says Gordon. "My sons had moved away from Fife so I hardly saw them. I've been a carer for my mum for the last 15 years and things were getting on top of me. I wanted to get out into the community to speak to people and make new friends, but I didn't know where to begin."

Gordon was put in touch with The Friendship Cabin, a community group based in Glenrothes that helps to improve the independence and quality of life of local residents.

"It was hard work for the first few weeks and I didn't think it was for me. I didn't feel I was fitting in with people and it was a real

struggle. But I decided to keep at it. I started getting involved, chatting to people at the group, which was a big change for me. But the biggest improvement happened when Music in Hospitals & Care's musician David Hood visited the group and I really enjoyed it. It brought back happy childhood memories and it really lifted my spirits. I'm a different person today thanks to the music.

"I used to play the accordion when I was younger and played the drums in a band, so I can keep a beat. David really helped to bring me out of myself and I found that being there, singing and dancing with everyone, was so good for my mental health. It calms me down.

"The music has really helped me to forget my worries and cope much better. It brought back my confidence and really improved my mood. It has changed my life. My mum even comes along to The Friendship Cabin once a week now and enjoys the music too."

“

The music has really helped me to forget my worries and cope much better. It brought back my confidence and really improved my mood. It has changed my life.”



Celebrating partnerships

Over the summer we took the opportunity to celebrate partnerships old and new with special live music experiences at health and care settings across the UK. We sent out party packs including bunting, balloons and our conversation starter cue cards.

In Belfast we celebrated with Northern Ireland Hospice, where we have been sharing live music since 1997. Singer guitarist Edelle McMahon played in the communal area and visited patients' rooms.

One person said, "Live music gives you energy, lifts your mood and you can forget you're sick in a hospice."

Holy Cross Hospital in Surrey cares for people with severe disabilities. Our

musicians have been visiting there for over 15 years and pianist Alastair Collingwood joined them to celebrate our 75th anniversary.

“You can't really put into words how in-person live music connects with people, it's a lived experience.”

Charles Mariott
Patient Activities Coordinator

We have been sharing live music at Royal Edinburgh Hospital for over 10 years and were delighted to celebrate our 75th anniversary at this year's Summer Fling event. Patients, staff,

and volunteers all came together in the mental health hospital's courtyard garden to enjoy uplifting music from mandolin and accordion duo Cloud Nine.

At Deva House Day Centre in Wrexham there were some impressive handmade musical decorations and our musician Bernie Fawcett, who has been playing there since 2022, helped to celebrate a 96th birthday. He took requests and staff handed out percussion instruments and feather boas. Older People's Coordinator Kath Riley spoke about how much she appreciates the sessions and enjoys seeing how excited members are when there is one coming up.



Left to Right: Northern Ireland Hospice // Holy Cross // Royal Edinburgh Hospital // Deva House

Calming melodies on critical care wards

Our musicians have been sharing calming melodies at bedsides in critical care since 2016, when our ICU Hear® programme launched at Manchester Royal Infirmary. Since then we have expanded this award-winning approach across the UK, helping to turn this often busy, noisy and stressful environment into a peaceful space.

In 2023/24 a guitarist, kora player and clarinettist rotated each week to share live music at Manchester Royal Infirmary. At the Royal Infirmary of Edinburgh, we worked with four different musicians to explore weekly relaxing live music during the critical care 'quiet hour' between 1.30 and 2.30pm, when clinical staff try to avoid medical interventions unless there is an emergency. Guitarist Will Browne visited University Hospital Wales in Cardiff twice a month, which has continued into 2024.

In London we have been partnering with Imperial College Healthcare NHS Trust since March 2023 to share live music once or twice a month, with four musicians at Charing Cross, St Mary's Paddington, and Hammersmith Hospital (from December).

"One patient was in tears before we arrived and was unsure if she wanted any music. When I played on the ward she had a beaming smile and her mother filmed the interaction and said how beautiful it was. We came back to the same patient at the end of the session and played again and she was laughing and so joyful. Her day had really

turned around in the short time I was there." – Kora player Rudy Green at Charing Cross Hospital.

Singer and guitarist Mica Bernard has been making a difference at Imperial NHS Trust too, with Lullaby Hour every other week at St Mary's Paddington and Queen Charlotte's and Chelsea Hospital, and every week at St Peter's Hospital in Chertsey.

Lullaby Hour creates special moments and memories for parents and their babies in neonatal units. Music can reduce babies' heart rates and help them to sleep more deeply. This can reduce the time families have to spend in hospital. We are proud of the impact Lullaby Hour has had for hundreds of families over the past seven years.

“It's incredible because you're able to create a first memory for a parent with their baby. There's so many noises, nothing is really normal, so to be part of creating a safe and comfortable space is what makes it really special.”

Mica



11
critical care units
experienced live music



70%
of parents who
experienced Lullaby
hour felt the session
was good for the
health of their infant



90%
of parents strongly
agreed that they
enjoyed the music



72%
of staff think
Lullaby Hour makes
the hospital a nicer
place to work



Reaching communities in the Channel Islands

Our long-standing partnerships with Guernsey's Healing Music Trust and Arts in Healthcare Jersey continue to grow. In 2023/24 15 of our musicians completed 11 tours, delivering 25 to 30 hours of live music each over the course of a week on the Islands.

Folk duo Paul Walker and Karen Pfeiffer thoroughly enjoyed their first tour of Guernsey this year. "We all sang Sarnia Cherie [Guernsey's national anthem] together," says Karen. "One of the volunteers said afterwards that she had never seen people respond so well in terms of interaction. That was wonderful feedback for us! We perform a totally different set of songs at a care home to at a special school. They should all mean something. And we involve the audience as much as we can."

In Jersey, where we have been sharing live music since 1993, we are working to ensure that live music can reach further on the island throughout the year with a shared learning workshop in April 2024. This aims to build confidence and upskill volunteers and musicians at fellow charity Aureole Music.

Shaping our future work

Our Music for Mental Health and Wellbeing pilot project, funded by the Peter Sowerby Foundation, came to an end in August 2023. It has helped us to develop our approach to live music in this area by working closely with our partners to improve practice, learn, develop and identify key outcomes.


The final phase of the project saw live music happening across five mental health settings in Manchester, Glasgow, Croydon, Chester and Bridgend between March and July 2023.


Researcher Ruth Stevenson independently evaluated the project, designing a framework and associated methodology that would bring together local and national data. A steering group made up of people with lived experience of mental health and healthcare professionals also inputted on the delivery model.

During the live music at Ty Llidiard, a residential NHS Child and Adolescent Mental Health Service (CAMHS) in Bridgend, patients took part in visual arts activities while listening to the music. We secured funding from the Arts Council of Wales for a six month programme to continue these sessions that started in January 2023.



92% 
of staff agreed it made a positive difference for patients

83% 
of patients felt calmer because of the music

65% 
of patients felt positive physical effects

75% 
of staff said that attending the session helped them get to know patients in their care

Songs in Swansea

In June we completed our Music in Health project, funded by the Arts Council of Wales in partnership with Swansea Bay University Health Board. 15 musicians shared 150 hours of live music across three hospital sites, including mental health and dementia wards. They reached over 2,000 patients during the 12 month project.

Following on from this we are partnering with Swansea Bay University Health Board and the Arts Council of Wales on a second project called 'Musical Hospitals'. In 2024 Neath Port Talbot Hospital will transform into a music hub, with Music in Hospitals & Care musicians visiting the neuro-rehabilitation ward weekly. Other partners on the project bringing music into the hospital include the BBC National Orchestra of Wales, Welsh National Opera, Royal Welsh College of Music & Drama and Live Music Now.



IMAGINED

Another exciting new project is investigating how people living with dementia engage with arts, including music and dance, and whether these activities are meaningful to those who participate. IMAGINED: Investigating Meaning-making and the co-creation of Guidelines for Evaluation IN Arts for Dementia, is led by Dr Katey Warran at ECRED, the Edinburgh Centre for Research on the Lived Experience of Dementia.

Activity began in November 2023 and will continue through to 2025. In the first phase, Music in Hospitals & Care will deliver 20 live music experiences at care homes in Edinburgh and Glasgow.

The time dedicated to growing these partnerships has resulted in rich bodies of work discovering the impact of regular live music and of both group and one-to-one interactions. This is something we have been exploring with Oakminster Healthcare, which will be part of our work in the ECRED research project. We first began sharing live music with Oakminster care homes in Glasgow in 2022 as part of the Rights Made Real campaign, which champions human rights and quality of life in care homes.

In 2023 we continued this work with a programme of music funded by Creative Scotland to ensure that people could access music even if they were unable to join the group in a communal space. The musicians met people in their most comfortable and familiar space so that no one had to miss out. We have since been able to expand this model to care homes in the Dundee area.

“

These sessions have really positively impacted people's sense of wellbeing collectively. It's something that actually enhances people's quality of life. In that minute they are completely absorbed in surrounding themselves in the music. Thank you so much, it's been an absolute privilege to be able to access it.”

Tracy Viljoen

Live Our Values Enabler at Oakminster Healthcare



Shared learning in Northern Ireland

In Northern Ireland we embarked on a learning project with two health and social care trusts to explore the benefits for patients and staff of long-term programmes of live music.

During the first year of the project we have worked with the Arts in Health Manager at Belfast Health and Social Care Trust, and the Health & Wellbeing Manager at Northern Health and Social Care Trust, to share 20 hours of live music across four hospital settings for older people living with dementia and adults with drug and alcohol problems.

One patient said that they had the “best day; all I did was laugh and smile” and another said,

“

It made my anxiety reduce. It was good for my mood and made me relaxed.”



40%

of people appeared less agitated or stressed



58%

were chattier with staff or peers



66%

seemed more relaxed or happy during the live music

Make Music Day, the global celebration of music, took place once again on 21 June. Previous years have seen ‘make your own kitchen orchestra’ and live streamed performances. This year we teamed up with Walton BID (Business Improvement District) for some feel-good tunes on the plaza at The Heart Shopping Centre and sing-along classics at Walton-on-Thames Community Centre.

In December our music delivery and fundraising teams joined forces for our second annual Festive MusicaliTea at the Riverhouse Barn Arts Centre in Walton-on-Thames, our 28th event at the venue. Singer Laura Stephenson and pianist Elspeth Wilkes delighted an audience from care homes and day centres in the local community. Cakes were very kindly provided by the local Co-op. The event raised over £100 in bucket donations.



Music in Hospitals & Care voices



“

Being a volunteer ambassador has involved helping to raise awareness of the charity, fundraising and going along to live music. I remember one specifically; there were quite a few people just sitting around in the room, their faces totally blank. But as soon as the musician started singing, it was as if a light had just been switched on. And that was the time I think it came home to me that music can open doors that have been shut for a long time. It was quite profound.”

Roy Jones

Volunteer, North Wales since 2016



“

The live music experiences are so important for parent carers. It helps us to engage with each other and prevents social isolation, all while having a sing-song and a boogie. The difference in the group members has been tremendous and they always ask when the musicians are coming next. Before having children, concerts were my life, I'd go to about 10 a year. Due to becoming a parent carer and now the cost of living crisis, it's something I don't get to enjoy as much. I feel that Music in Hospitals & Care has kept my love for live music alive.”

Jenna Hillyard

*Group leader at SPACE,
Manchester Parent Carer Forum*



“

The power of music is incredible. I hear families say they can't believe it because their father has disappeared, but then he'll be singing all the words of a song they didn't even know he knew. I've loved the work and found it incredibly humbling and extraordinary. More than in any other way of making music, you have to give the best of yourself. You are thinking of other people all the way through and you really want to take them away for a while. That's such an incredible thing to be able to be a part of.”

Laura Stephenson

*Musician in South
England since 1986*



“

We as staff value the live music. It validates our worth, and undoubtedly brings pleasure and happiness for the remainder of the day. Listening to some of the very skilled musicians is also soothing and relaxing, not just for patients, but for staff. It gives time out from a busy day, allowing one to get lost in the music.”

*Staff member at Holywell
Hospital, Antrim*

In September we surveyed our musicians to get their thoughts on our impact and how we measure it. 41 musicians completed the survey and their responses informed our new evaluation framework and Theory of Change. When asked how they know the difference they make, one musician said:

“

After playing at Gloucester Hospital psychiatric unit with my son many years ago, a young lad who was a patient tugged at his sleeve and said 'thank you for stopping the horror for a bit'. I take that with me every day.”



Fundraising

Fundraising has been vital to keep the music playing over the past 75 years. We are so grateful to our 298 regular supporters, who are fantastic ambassadors for the charity. Some have been giving a monthly donation for over 30 years, helping to share live music with hundreds of people in hospitals, care homes and in the community.

13 November is a very significant day for the charity. A meeting was held in

1947 that would lead to its creation the following year and the start of 75 years of joy through live music. On 13 November 2023 we launched a new video, which demonstrates our new vision, mission and purpose in action. The video had 1,889 online views.

We also took the opportunity to thank some of our supporters, musicians, funders and health and care partners for their contributions, roles within the

charity and for their part in our 75th anniversary celebrations. 240 calls were made from our staff to thank each and every one of them for their support this year. We sent emails too with a special video message from our trustee Dimple Keen.



Radio 4 appeal

We were delighted to be successful for a BBC Radio 4 appeal to coincide with this important date. Our first BBC appeal was back in the early 1950s, with at least 10 more taking place between 1960 and 2015.

BBC broadcaster Mark Radcliffe voiced our 2023 appeal. Mark has a personal connection to music for health and wellbeing; he says music helped him through his recovery from throat and neck cancer. He also witnessed how music helped his mother, who had dementia. Mark remembers her singing 'Bring Me Sunshine' right up until the end.

Our appeal focused on Peter, who lives at Chester Park Care Home in Glasgow. He moved there after sustaining a neck injury and receiving treatment in hospital for several weeks. Peter is now in a wheelchair and receives full-time care.

The appeal raised **£30,369** to help people like Peter to experience the healing power of live music. We were delighted that 70% of gifts were first time donations to Music in Hospitals & Care, meaning we reached a large new audience with the appeal.



We had lots of fantastic fundraising this year from the Music in Hospitals & Care community, including crafty creations, glorious gardens and everything in between.



Anne Fraser from East Lothian showcased her designs made from recycled materials in June and raised an impressive **£1,061.43**.



Our wonderful volunteers Robin and Anne Barr opened their beautiful garden on Orkney over the summer as part of the Scottish Gardens Scheme. They had over 100 visitors and raised **£331.50**, with further openings raising another **£425**!

The 14th annual Didsbury Guitar Trail in July raised **£380** and saw dozens of performers take up pitches around Fletcher Moss Gardens to provide a musical landscape.



Companies House choir entertained shoppers in Cardiff at Christmas with their fabulous harmonies and raised **£95**.



Scottish Fiddle Orchestra raised **£325** from the audience at their concert at the Glasgow Royal Concert Hall in September with our fundraiser Sue, volunteer Gillian and Chair Maureen on bucket duty!



The NHS Health Economics Unit rock band, The HEUistics, staged their debut gig in March at Hoxton Underbelly, raising **£550**.

Marathon heroes

We had nine runners at the 2023 London Marathon in April who raised a phenomenal **£32,451** to share the healing power of live music. We are also very grateful to Finlay, who ran the Scottish Half Marathon in September and raised **£515**, and to Nick, who ran the Cardiff Half Marathon in October and raised **£425**.

“We had such an amazing time on Sunday. The entire experience from start to finish was unforgettable. To run for such a great charity was a real honour, and to have raised more than I could have imagined is the cherry on top! Thank you for the opportunity – we absolutely loved it.”

Callum
London Marathon runner



Summer fun in Pontypridd

In August we held our first ever Family Fun Day at Pontypridd Rugby Club. The event raised **£1,314** and Welsh families had a great day with stalls, food, fairground rides and, of course, live music!

Long-standing Music in Hospitals & Care duo Huw and Mel were there to provide the tunes.



Christmas choirs

It was another holly jolly Christmas with our regular singing spots in England, Scotland and Wales taking place. Companies House choir sang for us at St David's Shopping Centre in Cardiff, while in Edinburgh Pitchcraft choir and The Song Space were jingle bell rocking at John Lewis and Dynamic Earth. Our musician Laura Stephenson once again led the chorus under the tree at Trafalgar Square. Our festive fundraising choirs raised a total of **£401.25**.



Winter Warmer

Supporters, volunteers, staff and musicians got together at Murrayfield Parish in Edinburgh for our Winter Warmer event in November. Music in Hospitals & Care musicians Daniela and Matthew were joined by supporters Hector on the bagpipes and Emma on the flute. It was a fantastic evening to celebrate 75 years of Music in Hospitals & Care's wonderful community. **£1,542.79** was raised from ticket sales and a bucket collection.



Doubling the difference with Big Give

In March we were selected by Big Give for their match funding campaign. Donations up to **£5,000** made during the appeal week were matched by Big Give to double the difference the campaign could make. Our Vice President Katie Derham, who has been involved with the charity for many years and voiced our Radio 4 appeal in 2015, endorsed our Big Give campaign.

Powerful quotes and images were used to support the appeal for donations, which raised a fantastic total of **£14,759** towards our work in serious illness.

75 miles in September

Facebook followers and new supporters were challenged to walk, jog or run 75 miles in September to celebrate our 75th anniversary. We had 363 members in the challenge Facebook group, which had a great community feel with participants sharing their efforts and cheering each other on. 103 group members set up a fundraising page to receive donations, raising **£2,958.48**.

Following this success, we invited running clubs and individuals to do a festive fun run in Santa hats that were sent out to them. In February our third Facebook challenge to achieve 200,000 steps during the month was a great way to make an active start to the year.



Tea at the palace

Our musicians Peter and Moira Gutteridge raised **£274.67** for us through busking this year. They were also invited to attend a Royal Garden Party in May to celebrate the King's Coronation.

“We had a lovely time, met The Duchess of Gloucester and had a chat about Music in Hospitals & Care and her patronage. We saw the King as he walked around and enjoyed the sandwiches and ice cream.”



“What a sensational experience – I instantly felt relaxed and mellowed. Knowing this benefitted our critical care patients as well seeing them engage and smile lifted my spirits. The power of music is second to no other. Thank you so much. I hope we see a lot more experiences like this.”

Staff member at Conquest Hospital, St Leonards-on-Sea

Financial summary

How we raised money



Our total income for the year was £1,090,144. We have seen an increase of more than 27% in income, compared to 2022/23 (£852,018).

In 2023/24, 61% of our income came from a variety of trusts and foundations, and from our fantastic individual supporters and committed corporate partners (£669,572). This is an increase of 51% compared to 2022/23 (£444,607).

Once again, we are hugely grateful to the individuals who remember Music in Hospitals & Care in their will; we received £158,853 from legacies this year.

Contributions from health boards, hospitals and social care environments increased to £158,662 in 2023/24, marking a steady increase from the previous year (£140,283).

Our income strategy continues to focus on our recovery and diversification of funds. In our 75th anniversary year, we delivered growth through an ongoing investment in our relationships. We saw growth in income from our individual supporters, trusts and foundations and our health and care partners. This work will support the recovery of our income and live music after the pandemic, and help us to achieve our strategic aims.

Our musicians

We paid our musicians' fees and expenses and hosted training which cost the charity £242,962 in 2023/24, compared to £202,657 in 2022/23. This is due to a 20% increase in the live music experiences we were able to share and ongoing investments in our musicians.



How we spent our money



In 2023/24, we spent £1,454,833 – a £222,631 increase compared to 2022/23 (£1,232,202). This is because we continue to invest in our people and infrastructure to support the delivery of our strategy.

We planned for the deficit for 2023/24. Before investment gains and losses, it was £364,689. This was less than originally forecast, primarily due to spending restricted funds received in the previous year.

Planning for the future

We still have restricted funds to spend over the next year and plan to invest some of our reserves in our continuing recovery and delivery against our organisational strategy.

Year two is a significant year in our strategy. We are implementing our evaluation framework, to deliver on our impact aims and ensure we are more impact led

demonstrating the value of our live music. This is crucial to our recovery as we develop more partnerships and seek future support so we can continue to deliver live music experiences where there is the greatest need. The organisation will also reach a key milestone in our digital transformation as we realise the savings and efficiencies of new systems.

Our strategy and looking ahead

In August, we launched our new strategy, setting out our plans for the next three years and our vision: that everyone can access and experience the joy of live music. In our 75th year, we invited everyone to play their part in composing our future.

People have always been at the heart of our organisation. We developed our new vision, mission and purpose by talking to our communities who create and experience our live music, which helped us to compose our long-term strategy, together with our staff and trustees.

Over the last year, we have made significant progress against our three original aims, and reflected on areas that were previously identified in the strategy but we feel need equal emphasis to help us move forward. These are: **Equality, Diversity, Inclusion and Accessibility**, and our **Organisational capability**, which includes our investment in our systems and infrastructure. These sit alongside our existing aims: **Impact, Voice** and **Recovery**.



Impact

Demonstrating our impact and proving the difference we make.



Impact and research have a long history with the charity. We have continued to collaborate on demonstrating the benefits of live music over the years. Our first research subcommittee was founded in the early 1950s. Since then research has informed our programmes, from insights across the music and health sector and our own live music experiences, such as our recent IMAGINED project on page 19.

What have we achieved so far?

- Updated our theory of change to create the evaluation framework, incorporating musicians' and settings' voices and aligning with our strategic direction.
- Continued our return to sharing live music in critical care through our ICU Hear® and Lullaby Hour programmes.
- Recruited two new strategic roles within the live music team: Creative Engagement and Development Manager and Live Music Programme Manager.

What success looks like in the future

- **Our live music:** We will continue to share live music with people who cannot otherwise experience

it. Creating unique moments and life-affirming impact through our personalised live music experiences.

- **Musician engagement:** Deepen engagement with our network of professional freelance musicians so that we can continue to share high-quality live music. Enable them to have the time and skills to be part of the evaluation process.
- **A better quality of life:** Apply our learning around impact outcomes to programme design, creating new live music experiences which engage and positively impact physical and mental health outcomes.

Voice

Elevating our profile by being a visible voice.



Raising awareness of the benefit of live music in health and care was a longstanding part of our previous mission. It is embedded in how we work as an organisation and essential to our future recovery.

What have we achieved so far?

- Our yearlong celebration communications for our 75th anniversary, which informed our approach to our new communication strategic plan to increase engagement and awareness.

- A Christmas press campaign to raise greater awareness of the benefits of live music in hospitals and care.

What success looks like in the future

- **Increasing access to live music:** Through greater awareness and an elevated profile, we aim to engage more health and care partners and increase access to live music.
- **Brand recognition:** This is essential to helping people access our live music and in creating more awareness of the impact.
- **Reflecting the communities we work with:** Sharing individual stories and findings on the impact of live music and continuing to have a voice as part of vital research and decision making about music and health. Representing the voices that make up our communities.
- **Engaging content:** We will continue to demonstrate the difference live music has on someone in health and care. We aim to bring a live music experience to life for our supporters and funders.

Recovery



Building future financial stability and sustainable music delivery.

In the 1970s, Sylvia Lindsay began leading the charity and saved it from near closure. This was through increasing our fundraising efforts and taking a fresh outlook while staying true to what we do. She began to lay the foundations of a deeper understanding of the needs of the people we share live music with. We have kept this approach close to mind when planning our recovery from the pandemic.

What have we achieved so far?

- Continued to engage funders, health and care partners and supporters in the value of live music, which supported our recovery and increase in income from the previous year.
- Developed a digital fundraising strategy, with support from an external consultant to highlight the opportunities available to us to diversify our income.

What success looks like in the future

- Remove funding gap:** We recover our income to ensure we have what need to deliver and to invest in our future resilience and ambitions. This includes working with our investment managers to achieve our strategic vision and to mitigate for potential future financial challenges.

- Establish new income streams:** Successfully diversify our income to include new income streams, such as corporate fundraising and individual giving, that ensure future financial resilience.
- Sustainable live music:** Working with health and care partners to secure more formal service level agreements. Seeking out different sources of funding through demonstrating the value and impact of our live music and building long-term partnerships with decision makers.



Equality, Diversity, Inclusion and Accessibility has always been at the core of the Charity.

Music is universal; it breaks down barriers. We want to understand and reflect the communities we work with and those we aim to work with.

What we have achieved so far?

- Joined Black Talent on Board as a host board, taking on two participants as shadow trustees.
- Recruited to the role of Head of Operations and formalised the development of a People and Culture Strategic Plan.

- Launched a strategy detailing our commitments to equality, diversity and inclusion.

What success looks like in the future

- Inclusive and accessible live music:** Continue to work with people from a diverse range of backgrounds and communities living with different health and wellbeing challenges. Our live music reflects and enables people to experience different needs, tastes and cultures.
- Engagement, belonging and effective voice:** We aim to foster an empowering environment and culture where our people can say they belong to an organisation that truly values equality, diversity, inclusion and accessibility.
- Learning and understanding:** This isn't just about delivering training. Equality, diversity, inclusion and accessibility will be an ongoing and organisation-wide learning conversation.
- Policies, practices and data:** All of our organisational policies and working practices are assessed through a lens of equality, diversity, accessibility and inclusion – from fair and inclusive recruitment, to accessible technology.

Organisational capability



Ensuring we have the systems, resources, processes and infrastructure we need allows us to focus on what we have always done – working together with our health and care partners, funders and supporters.

What have we achieved so far?

- Tendered and selected our new CRM and began the design and implementation.
- Tendered and onboarded our new IT provider who will support with our move to cloud-based storage and systems.
- Scoped and agreed new online learning platform to support staff development and musicians' essential training.

What success looks like in the future

- Strengthening relationships and communications:** Our new CRM systems will help us to do this and allow us to provide a more personalised and consistent experience for people engaging with Music in Hospitals & Care.
- Operating more efficiently and effectively:** Changes to our finance, HR and cloud-based systems will allow us to work more effectively and efficiently.
- Contributing to the wider picture:** We have a role to play in helping meet the UK net zero target by 2050. In the lifetime of this strategy, we will have taken significant steps to reduce our emissions and developed our creative practice and process to influence partners.



Get involved

Make a donation

Your support has helped people in hospitals, care homes and the community to feel connected, remembered and cared for. You can help ensure we are able to share live music for another 75 years.

£15

could help a person living with dementia remember songs from their childhood and share a special moment with their family through live music.

£30

could pay for two stroke survivors to take part in a live music experience, helping them to interact and improve their speech and movement.

£50

could go towards sharing live music in an intensive care unit for seriously ill people, creating a relaxing environment to aid their recovery.

mihc.org.uk/donate



Fundraise

From sports events to bake sales, you can have lots of fun raising vital funds for Music in Hospitals & Care. Whatever way you'd like to fundraise, we'll support you all the way. mihc.org.uk/fundraise



Volunteer

It's a great way to meet like-minded people and develop new skills while making a difference. We're always looking for people to help spread the word about Music in Hospitals & Care and lend a hand at events. mihc.org.uk/volunteer



Leave a legacy

You could make a difference for years to come by leaving a gift in your will. Create lasting memories for children and adults through the healing power of live music. mihc.org.uk/leave-a-legacy



Keep the music playing

Set up a regular monthly donation of £5 or more and you'll help more people benefit from live music. mihc.org.uk/friends



Fund us

Generous funding from charitable trusts and foundations helps make our live music possible. mihc.org.uk/become-a-funder

Thank you

Ever since the grant that established the charity in 1948 from the Ex-services Mental Welfare Association, donations from charitable trusts and foundations have been making our live music possible. We are so grateful to the 93 that donated in 2023/24. Here are some of the wonderful funders who have supported us with large grants this year:

- | | |
|----------------------------------------|---------------------------------------|
| 🎵 Players of People's Postcode Lottery | 🎵 McLay Dementia Trust |
| 🎵 The Peter Sowerby Foundation | 🎵 The Haramead Trust |
| 🎵 Arts Council England | 🎵 Plum Trust |
| 🎵 Greenwich Hospital | 🎵 Merchant Taylors' Company Charities |
| 🎵 Drapers' Charitable Fund | 🎵 Baily Thomas Charitable Fund |
| 🎵 Arts Council Wales | 🎵 Millennium Stadium Charitable Trust |
| 🎵 Robert Barr Trust | 🎵 Pilkington Charities' Fund |
| 🎵 Sir John Fisher Foundation | 🎵 London Freemasons' Charity |
| 🎵 Calleva Foundation | 🎵 The Grateful Society |
| 🎵 The Childwick Trust | 🎵 Scott (Eredine) Charitable Trust |
| 🎵 Eveson Trust | 🎵 Crispa Charitable Trust |
| 🎵 Lady Marian Gibson Trust | 🎵 DWT Cargill Fund |



Annual accounts for the year ended 31 March 2024

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Public benefit

Trustees have referred to guidance issued by the Charity Commission concerning public benefit. They are satisfied that the information given in this report, in particular how planned activities contribute to the charity's aims and objectives, demonstrate that requirements to identify public benefit have been met.

Financial review for the year to 31 March 2024

The total income for the year was £1,090,144. In 2022/23, it was £852,018. In 2023/24, our expenditure was £1,454,833 This compares to £1,232,202 in 2022/23. The deficit for this year before gains/losses on investments and transfers between funds, was (£364,689). Last year, this figure was (£380,184).

Principal funding sources

This year, we had a planned operational deficit, partly funded through our restricted funds and former 'endowment funds' (which are now treated as restricted funds). We used funds to invest in staff and infrastructure so we can recover and deliver our organisational strategy. This approach aligns with our reserves policy.

In 2023/24, we continued to deliver and progress our fundraising strategy. It lays out how we recover and diversify our income. As part of this, and in our 75th anniversary year, we focused on engaging our existing regular supporters and acquiring new donors and funders.

Next year, as part of our strategy, we will continue to diversify funds by focusing on generating more contributions from health boards, hospitals and social care. Alongside seeking funding from trusts and foundations to fund other areas of the organisation, such as our work to support musicians' development and our core costs.

The charity is not dependent on any one donor or group of donors and receives support from a substantial number of separate sources. This includes individuals, companies, statutory authorities and charitable trusts. Some of our principal supporters are shown at Note 17. But it is not possible to list all individual supporters across the UK who give generously to Music in Hospitals & Care. Without them, we simply could not share live music with so many adults and children in health and care.

Investments

The charity's investment policy is to produce a reasonable long-term overall return by means of a balanced portfolio. The policy is regularly reviewed by trustees in conjunction with the charity's independent investment managers.

We continue to monitor our investment portfolio on a regular basis at Trustee and Finance and Audit Committee meetings and through regular contact with our investment managers.

This year we have made investment gains of £53,585. The portfolio has decreased to £1,120,367. Trustees are grateful to the investment managers for minimising the investment losses during this difficult year.

Reserves

Reserves are that part of the unrestricted funds which are freely available to spend on any of the charity's purposes.

Reserves policy

The organisation takes a strategic approach to managing our reserves policy. In assessing the appropriate level of reserves the charity requires, we weigh up potential changes in income and expenditure and the level of potential substitute reserves the charity holds.

Potential changes in income and expenditure assess the probability and impact of a number of different scenarios. This could include: unexpected falls in different income sources, additional unexpected expenditure and potential costs in the event of closing the charity or needing to launch new initiatives.

Examples of our potential substitute reserves, that the charity may hold are: restricted income, designated funds or fixed assets, such as property.

The Finance and Audit committee monitor the charity's management accounts, which include notification of the reserves, before submission to all trustees.

Full and detailed forecasts have been prepared. These are constantly updated to make sure sufficient free reserves are available to the charity.

The current strategic assessment, weighing up risks in terms of probability and impact, indicates that the current level of unrestricted reserves held at 31 March 2024 of £647,401 (2022/23 £990,159 re-stated) is considered in excess of our agreed minimum level of reserves and within the appropriate range of reserves required.

We will be spending more of our reserves in the next two years to invest in the future of the organisation and support our long-term ambition – to make sure people in hospitals and care enjoy a better quality of life and improved health outcomes.

Reserves at 31 March 2024

The free unrestricted reserves available to the trustees to be used for the purposes of the Charity at 31 March 2024 amounted to £647,401. (2022/23 £990,159 re-stated). Refer to note 16 for a full breakdown of unrestricted funds.

The designated fixed assets funds represent the net book value of tangible and intangible fixed assets.

The Development Fund is being used to fund the infrastructure we need to operate effectively, from laptops to software, like a customer relationship management system. In 2023/24, the Development Fund was partly used with £23,267 of expenditure (2022/23 £21,349). At the end of the year, there was £16,479 still in fund (2022/23 balance was £39,476). This is due to be spent during 2024/25 to support our digital transformation.

Funds

There were three different types of funds held by the charity:

(a) Restricted funds

These funds come from donations with express wishes attached. They can be restricted to a specific area or, most commonly, our live music. Trustees have no discretion in the use of these funds.

(b) Designated funds

These funds cover the net book value of tangible and intangible assets and fund the development and expansion of the charity, including offices and IT infrastructure.

(c) Unrestricted funds

This fund is available to be used for any of the charity's purposes. A summary of the funds at 31 March 2024 was (see overleaf):

	2024 £	Re-Styled 2023 £
a) Restricted funds	706,253	697,404
b) Designated funds	96,320	73,520
	802,573	770,924
c) Unrestricted funds: available to the trustees to be used for the purposes of the charity	647,401	990,159
Total funds	1,449,974	1,761,083

Structure, governance and management

Governing document

Music in Hospitals & Care is registered as a charity with the Charity Commission and the Office of the Scottish Charity Regulator.

Music in Hospitals & Care is a company limited by guarantee registered in England no. 3138683. The company is sometimes referred to as the charity in this report. The charity changed its name from Music in Hospitals to Music in Hospitals & Care by special resolution on 28 June 2017.

The charity is governed by its Memorandum and Articles of Association dated 11 October 1995 as amended by Special Resolutions on 20 April 2004, 4 July 2007, 28 September 2011 and 5 March 2019. The registered objects are the relief of physical or mental sickness and the preservation and protection of health by the use of high-quality music as a therapeutic agent.

Trustees (Board of Directors)

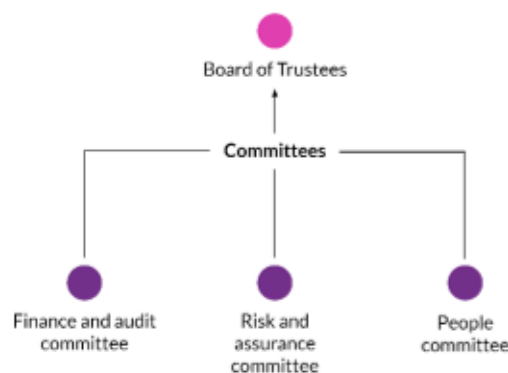
Our Board of Trustees, who are also Directors of the Charity for the purposes of the charity law, have overall responsibility for the strategy, management, and control of Music in Hospitals & Care. The trustees are listed on page 43. Our Chief Executive, working with the Senior Leadership team, is responsible for delivering the vision and strategy and for the day-to-day operations.

The charity regularly reviews the board of trustees to ensure it aligns with our strategic aims of equality, diversity and inclusion, through ensuring we have a diverse and representative board. 60% of board members have lived experience of dementia, mental health problems or serious illness (whether personally or through caring responsibilities) and 80% have experienced live music while in a health or care setting.

Trustees are appointed for a three-year term of office, with the option of renewal for two further terms to a maximum of nine years. Trustees are required to disclose all relevant interests and register them with the Chair and abstain from voting where a conflict of interest arises.

Trustees have all received the Charity Commission Guidelines on Trustees' Responsibilities. All trustees have sufficient understanding of the charity's activities and resources to allow them to properly fulfil their responsibilities. Job descriptions are in place for the Chair, Honorary Treasurer and trustees.

As part of their induction, new trustees receive full details of the charity and its operations, including information on governance and finances. New trustees also undergo a briefing with the Chair and appropriate senior management staff across the charity. All trustees are encouraged to attend appropriate external training where this will help them in their role, as well as attending live music. In carrying out their responsibilities for governance and setting the strategic direction of the organisation, the Board is supported by a number of committees. There are terms of reference for each of these sub-committees which guide how they operate. All Committees are accountable to, and report to, the Board:



All trustees have the benefit of a qualifying third-party indemnity provision as defined by the Companies Act 2006.

Key management

Key management personnel are the trustees, the Chief Executive and the Senior Leadership team. All Trustees carry out their roles on a voluntary basis and received no benefits from the charity. They are unpaid but may claim legitimate expenses incurred. Details of trustees' expenses are disclosed in note eight to the accounts.

Chief Executive Officer pay and benefits, as well as the payment and benefits of the remaining Senior Leadership Team and all other staff members are approved by the Trustee Board, based on review and recommendations by the People Committee. In considering pay and benefits, the People Committee is provided with information on the sector and similar-sized charities, to inform decisions.

Fundraising regulation and management

Fundraising is managed by the Head of Fundraising and Communications and is carried out in-house by the fundraising team, where possible. We also

work with fundraising consultants when we don't have capacity or specialist knowledge in-house. This helps us to deliver fundraising of a high standard.

We also have a number of volunteers who fundraise on behalf of the organisation. They follow the same policies and best practice as staff and liaise with the in-house fundraising team on all activities.

All our fundraising is carried out in accordance with the Fundraising Regulator's Code of Practice and our Fundraising Policy. We are committed to ensuring all fundraising activities are carried out in a legal, open, honest and respectful manner.

Music in Hospitals & Care is registered with the Fundraising Regulator and is committed to following its standards. During the financial year, there have not been any recorded breaches of these standards nor have there been any complaints received by the charity with regards to its fundraising activities.

We continue to be responsible in our fundraising practice and will never exploit vulnerability. We have a Safeguarding Children and Vulnerable Adults policy to ensure best practice is embedded throughout our work, including fundraising. Music in Hospitals & Care does not accept donations where it has reason to believe the donor may be experiencing vulnerable circumstances and accepting the donation would be harmful to the donor or morally wrong.

Risk management and assurance

Trustees have overall responsibility for the management of risk within Music in Hospitals & Care. Trustees view this as an essential discipline to support the Charity in achieving its strategy and aims. This includes setting the risk appetite for the charity, ensuring that there are reasonable procedures in place for the prevention and detection of major risks, including fraud risk and other irregularities.

Trustees review the risk management policy on a regular basis. The risk management strategy for the Charity comprises:

- an ongoing review of the risks the charity may face
- establishing systems and procedures to mitigate identified risks
- putting procedures into place that are designed to minimise the negative impact on the charity of any risks that happen.

The terms of reference for the subcommittees were reviewed recently with agreement from the Trustees for the Risk and Assurance committee to support the Board and the Senior Leadership Team in their responsibilities for ensuring the adequacy of risk management arrangements, internal controls, and compliance with the organisation's regulatory obligations.

Trustees continue to develop an approach to risk management to make sure that management of risk is embedded within the day-to-day running of the charity.

The subcommittee reviews the risks that have been highlighted from all levels of the organisation, and monitors our strategic risk register. This register is then reviewed by the full Board of Trustees annually.

The strategic risk register is informed by departmental risk registers, which have been developed by staff within each department (Operations, Finance, Fundraising and Communications, and Music Delivery) to highlight specific risks within each area of our work.

Below, we have shared what we consider are our greatest challenges to achieving our strategy and the context and mitigations around them.

- Risks: Destabilisation of organisation due to failure of effective management of the programme of change (leading to negative impact on staff motivation and reduced engagement).
- Mitigations: Appropriate secondments and training in place to support organisational change. Project plans and milestones with project leads for each function; and associated communications plan offering opportunities for feedback. Review of People & Operations roles.

- Risks: Reduction of or inability to deliver due to capacity issues within the staff team.
- Mitigations: Implementation of findings from Fair Work survey. Continue to back fill secondments and vacancies.
- Risks: Failure to comply with data protection law. Caused by vulnerabilities in systems or processes resulting in personal data breaches, fraud or cyber-attack.
- Mitigations: Updating policies and processes, complying with relevant regulations and legislations. Implementation of new systems to add additional security. Staff training on data protection through a new e-learning platform.
- Risks: Failure to comply with legislation and regulations as applicable to the charity's activities.
- Mitigations: Staff training and guidance on relevant legislation and regulations specific to their roles. Trustee handbook and induction programme for all new trustees. Employment law retainer in place with dedicated advisor to support with legislation changes. Relevant H&S risk assessments in place across all functions for activities and offices. Mandatory training on new e-learning platform for staff and trustees. Internal review of policies and procedures.
- Risks: Safeguarding risk to musician and or vulnerable person, which could result in harm, investigation by statutory authorities and legal action.
- Mitigations: Safeguarding training for all staff and musicians. Risk assessment required by all health and care partners. Setting staff required to stay with musicians. Clear safeguarding procedures in place. Implement new e-learning training.
- Risks: Misrepresentation of our brand or voice in public.

- Mitigations: All volunteers and musicians receive inductions and resources. All communications reflect our voice and key messages.
- Risks: Lack of sufficient funds due to not achieving required income targets and underperformance of investment portfolio.

Statement of trustees' responsibilities

The trustees (who are also directors of Music in Hospitals & Care for the purposes of company law) are responsible for preparing the trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 – the Financial Reporting Standard applicable in the UK and Republic of Ireland.

Company law requires trustees to prepare financial statements for each financial year, which give a true and fair view of the state of the affairs of the charitable company and the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities Statement of Recommend Practice (SORP)
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK accounting standards have been followed subject to any material departures disclosed and explained in the financial statements

Trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy, at any time the financial position of the charitable company and allow them to make sure the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps to prevent and detect fraud and other irregularities.

- Mitigations: Monthly review of management accounts and forecasting. Live forecast tracker to monitor income. Treasurer regularly meets with Investment managers. Investment managers appraised of our strategy and the planned reduction of funds.

Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Disclosure of information to auditors

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware
- they have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Auditors

The Board approved the appointment of SB Audit LLP on 26 January 2024. SB Audit LLP merged with Sumer Auditco Limited and their audit registration ceased with effect from that date. Therefore, the Company is audited by Sumer Auditco Limited, United Kingdom in 2023. In accordance with Section 485 of the Companies Act 2026, the auditor has been appointed for the financial year 2024 for the first time.

Signed:



Maureen Hall, Chair

Date: 21 August 2024

Administrative information

Music in Hospitals & Care is a company limited by guarantee, Registered in England and Wales No.3138683.

Registered Charity in England and Wales No. 1051659 and in Scotland SC038864.

Registered office:

Unit 40 Enterprise House, 44-46 Terrace Road
Walton on Thames
Surrey
KT12 2SD

Royal Patron: HRH the Duchess of Gloucester GCVO

President: Sir Thomas Allen CBE

Vice Presidents: Dame Evelyn Glennie CH DBE, Julian Lloyd Webber, Dame Felicity Lott DBE, Sir Richard Stilgoe OBE, Toby Spence, Katie Derham, Sir Andrew Parmley, Christopher Glynn

Presidents Emeriti: Nella Kerr MBE

Chair: Maureen Hall

Vice Chair: Dr Jeremy Huw Williams

Hon Treasurer: Andrew Ling

Trustees (Directors): The following trustees served to 31 March 2024 and up to the date covered by this report: Maureen Hall, Dr Jeremy Huw Williams, Andrew Ling, Sarah Mallock, Charmian May, Dimple Keen, Angharad Thomas, Atheer Al-Salim, Silvia Denaro, Dr Alasdair Dow, Dr Jennifer MacRitchie, Thomas Parker (from 28 September 2023).

The following trustees also served during the period: Fiona McIntosh (to 3 November 2023) and Helen Dutta (to 3 November 2023).

Solicitors:

Turcan Connell
Princes Exchange

1 Earl Grey Street
Edinburgh
EH3 9EE

Auditors:

Sumer Auditco Limited
Fitzroy House
Crown Street
Ipswich
Suffolk
IP1 3LG

Bankers:

National Westminster Bank plc
Walton-on-Thames
Surrey
KT12 1DW

Clydesdale Bank plc
Edinburgh
EH2 2QW

Investment Advisors:

Investec Wealth & Investment Management Ltd
London
EC2V 7QN

Evelyn Partners
Glasgow
G2 5SG

Chief Executive: Barbara Osborne

Independent auditor's report to the trustees of Music in Hospitals and Care

Opinion

We have audited the financial statements of Music in Hospitals and Care (the 'charity') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2024 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005, regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report which includes the Directors' Report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Directors' Report included within the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Directors' Report included within the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 requires us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees' were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

Responsibilities of Trustees

As explained more fully in the trustees' responsibilities statement set out on page 41, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under Section 44 (1) C of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with regulations made under those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. Based on our understanding of the charity and its activities, we identified that the principal risks of non-compliance with laws and regulations related to the Charities Act 2011, the Charities Statement of Recommended Practice, UK tax legislation, pensions legislation, employment regulation and health and safety regulation, anti-bribery, corruption and fraud, money laundering, non-compliance with

Independent auditor's report to the trustees of Music in Hospitals and Care (continued)

implementation of government support schemes relating to COVID-19, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements, such as the Companies Act 2006.

We evaluated the trustees' and management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks were related to posting manual journal entries to manipulate financial performance, management bias through judgements and assumptions in significant accounting estimates, in particular in relation to use of restricted funds, income recognition (which we consider to be pinpointed to the cut-off assertion) and significant one-off or unusual transactions.

Our audit procedures were designed to respond to those identified risks, including non-compliance with laws and regulations (irregularities) and fraud that are material to the financial statements. Our audit procedures included but were not limited to:

- Discussing with the trustees and management their policies and procedures regarding compliance with laws and regulations;
- Communicating identified laws and regulations throughout our engagement team and remaining alert to any indications of non-compliance throughout our audit; and
- Considering the risk of acts by the charity which were contrary to applicable laws and regulations, including fraud.

Our audit procedures in relation to fraud included but were not limited to:

- Making enquiries of the trustees and management on whether they had knowledge of any actual, suspected or alleged fraud;
- Gaining an understanding of the internal controls established to mitigate risks related to fraud;
- Discussing amongst the engagement team the risks of fraud; and
- Addressing the risks of fraud through management override of controls by performing journal entry testing.

There are inherent limitations in the audit procedures described above and the primary responsibility for the prevention and detection of irregularities including fraud rests with management. As with any audit, there remained a risk of non-

detection of irregularities, as these may involve collusion, forgery, intentional omissions, misrepresentations or the override of internal controls.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at frc.org.uk/auditors responsibilities. This description forms part of our auditor's report.

Use of the audit report

This report is made solely to the charity's members as a body in accordance with Chapter 3 of Part 16 of the Companies Act 2006, section 44 (1) C of the Charities and Trustee Investment (Scotland) Act 2005, regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and with Part 4 of the Charities (Accounts and Reports) Regulations 2008.

Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body for our audit work, for this report, or for the opinions we have formed.

Signed:



John Perry (Senior Statutory Auditor)
for and on behalf of Sumer Auditco Limited

Statutory Auditor
Fitzroy House, Crown Street, Ipswich, Suffolk IP1 3LG

Date: 27 August 2024

Statement of financial activities for the year ended 31 March 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total funds 2024 £	Unrestricted Funds 2023 Re-Styled £	Restricted Funds 2023 Re- Styled £	Total funds 2023 Re- styled £
Income & Endowments							
Donations and legacies	2	487,272	341,152	828,424	437,936	193,079	631,015
Charitable activities	3	161,560	-	161,560	140,283	-	140,283
Events		56,682	-	56,682	44,245	-	44,245
Income from investments	4	43,477	-	43,477	36,455	-	36,455
Other income			-		20	-	20
Total operating income		748,991	341,152	1,090,144	658,939	193,079	852,018
Expenditure on raising funds							
Fundraising costs	5	281,940	-	281,940	254,932	-	254,932
Investment management costs	5	10,296	-	10,296	9,318	-	9,318
Total cost of raising funds		292,236	-	292,236	264,250	-	264,250
Expenditure on charitable activities							
Musicians' fees and expenses for live music		-	242,987	242,987	-	202,657	202,657
Other expenditure		830,299	89,311	919,610	393,803	371,492	765,295
Total charitable expenditure	5	830,299	332,298	1,162,597	393,803	574,149	967,952
Total operating expenditure		1,122,535	332,298	1,454,833	658,053	574,149	1,232,202

Statement of financial activities for the year ended 31 March 2024 (continued)

Net operating (expenditure)/income		(373,544)	8,854	(364,689)	886	(381,070)	(380,184)
Gains/(losses) on investment assets		53,585	-	53,585	(93,199)	-	(93,199)
Net income/(expenditure) before transfers		(319,959)	8,854	(311,104)	(92,313)	(381,070)	(473,383)
Transfers between funds				-			-
Net movement in funds		(319,959)	8,854	(311,104)	(92,313)	(381,070)	(473,383)
Total funds brought forward		1,063,679	697,404	1,761,083	997,137	1,237,329	2,234,466
Total funds carried forward		743,721	706,253	1,449,974	1,063,679	697,404	1,761,083

There are no recognised gains or losses other than those included above. All amounts relate to continuing activities.

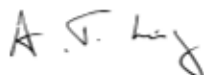
Balance sheet as at 31 March 2024

	Notes	2024 £	2023 Re-stated £
Fixed assets			
Intangible fixed assets	9	45,758	0
Tangible assets	10	34,352	34,044
Investments	11	1,120,367	1,437,662
		1,200,477	1,471,706
Current Assets			
Debtors	12	95,214	149,775
Cash at bank and in hand		466,149	449,196
		561,363	598,971
Creditors: amounts falling due within one year	13	(311,867)	(309,594)
Net current assets		249,496	289,377
Net assets	15	1,449,974	1,761,083
Represented by:			
Unrestricted funds	16	743,721	1,063,679
Restricted funds	17	706,253	697,404
		1,449,974	1,761,083

The financial statements have been prepared in accordance with the special provisions of the Companies Act 2006 relating to small entities. Approved by the trustees and signed on their behalf by:



Maureen Hall
Chair of Trustees



Andrew Ling
Hon. Treasurer

Date: 21 August 2024

Statement of cash flows for the year ended 31 March 2024

	2024 £	2023 £
Cash flows from operating activities		
Net (expenditure)/income	(311,104)	(473,383)
Adjustments for:		
Amortisation	-	539
Depreciation	10,368	13,702
(Gain)/loss on investments	(53,585)	93,199
Investment income	(43,477)	(36,455)
Trade and other debtors	54,561	129,637
Trade and other creditors	2,273	239,331
Cash flows (used in)/generated from operating activities	(340,964)	(33,430)
Purchase of investments	(263,011)	(106,532)
Proceeds on disposal of investments	633,832	71,114
Investment income	43,477	36,455
Movement in investment cash	-	21,406
Purchase of tangible fixed assets	(10,676)	-
Purchase of intangible fixed assets	(45,758)	-
Cash flows (used in)/generated from investing activities	357,864	22,443
Net (decrease) in cash and cash equivalents	16,900	(10,987)
Cash and cash equivalents at 1 April	449,196	460,183
Cash and cash equivalents at 31 March	466,096	449,196

Notes to the financial statements for the year ended 31 March 2024

Note 1 - Accounting policies

Music in Hospitals & Care is a company limited by guarantee no. 3138683 and a registered charity in England and Wales 1051659 and in Scotland SC038864. It does not have share capital.

Every member of the company undertakes to contribute to its assets in the event that it is wound up during the time that they are a member or within one year after they cease to be a member. This is for the payment of the debts and liabilities of the company contracted before they ceased to be a member. It is for an amount as may be required, not exceeding £10.

(a) Basis of preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charitable Company is a public benefit entity for the purposes of FRS 102. Therefore, the charity also prepared its financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP), the Companies Act 2006, the Charities Act 2011 and Charities Accounts (Scotland) Regulations 2006 as amended by the Charities Accounts (Scotland) Amendment (No. 2) Regulations 2014.

(b) Going concern

The trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular, the Trustees have considered the charitable company's forecasts and projections and have taken account of pressures on donation and investment income by having adequate cash resources to meet liabilities.

We are forecasting a three-year budget with regular reforecasting and review points for our trustees and senior leadership team.

They have maintained constantly updated and detailed cash flow forecasts that anticipate expected changes of income and expenditure going forward to March 2025.

The risk committee meets regularly to consider and report on key risks. This allows trustees and the senior leadership team to regularly monitor and manage these risks.

The charitable company therefore continues to adopt the going concern basis in preparing its financial statements.

(c) Intangible fixed assets and amortisation

Amortisation is not charged on assets in the course of construction. Amortisation will be charged from the date implementation is complete.

(d) Tangible fixed assets and depreciation

Depreciation has been provided on tangible fixed assets at rates calculated to write off the cost less estimated net residual value of each asset over its effective life, as follows:

Freehold property	2% straight line on cost
Office equipment	20% straight line on cost
Computer equipment	20% straight line on cost
Musical equipment	17.5% reducing balance

Freehold property and equipment are stated at cost less accumulated depreciation.

At the end of each reporting period, the residual values and useful lives of assets are reviewed and adjusted, if necessary. In addition, if events or changes in circumstances indicate the carrying value may not be recoverable then the carrying values of tangible fixed assets are reviewed for impairment.

(e) Income

All income is recognised when there is entitlement to the funds, the receipt is probable and the amount can be measured reliably. Legacies are recognised following probate and once there is sufficient evidence that receipt is probable and the amount of the legacy receivable can be measured reliably. Where entitlement to a legacy exists but there is uncertainty as to its receipt or the amount receivable, details are disclosed as a contingent asset until the criteria for income recognition are met.

Income is deferred when the donor attaches conditions outside the charity's own control or specifies that the resources are to be used in a future accounting period.

All grants and donations, whether received specifically for live music or to contribute to the shortfall in income from live music, or for any other purpose, are treated as donation income. Costs attributable to live music specifically funded by a grant or a donation may fall in a subsequent accounting period to that in which the grant or donation was received.

(f) Expenditure

Liabilities are recognised once there is a legal or constructive obligation to transfer economic benefit to a third party. It is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accrual's basis.

Expenditure is allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration on each activity, comprising the salaries and office costs, is apportioned as set out in note 5.

(g) Pension costs

The charity operates pension schemes for certain employees. The schemes are defined contribution schemes and contributions are charged against income as they are paid. All employees have the opportunity to join the schemes.

(h) Fixed asset investments

Investments are initially measured at their cost and subsequently measured at their fair value at each reporting date. Fair value is based on their quoted price

(inclusive of accrued income) at the balance sheet date without deduction of the estimated future selling costs. Changes in fair value and gains and losses arising on the disposal of investments are credited or charged to the income or expenditure section of the Statement of financial activities as 'gains or losses on investments'.

(i) Realised gains and losses

All gains and losses are taken to the income and expenditure section of the Statement of Financial Activities as they arise. Realised gains and losses are calculated as the difference between the sale proceeds and the opening market value, or cost, if purchased during the year. Unrealised gains and losses are calculated as the difference between the market value at the end of the year and the opening market value, or cost, if purchased during the year.

Realised and unrealised gains are not separated in the Statement of financial activities.

(j) Restricted funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets this criterion is charged to the fund.

(k) Leases

Rentals payable under operating leases are charged against income on a straight-line basis over the lease term.

(l) Critical accounting estimates and areas of judgement

In the view of the trustees in applying the accounting policies adopted, judgement determining useful economic lives has been applied. The annual depreciation charge for tangible fixed assets is sensitive to changes in the estimated useful economic value of the assets. The useful economic lives are reassessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets.

Note 2 – Voluntary income

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations from individuals	102,625	-	102,625	51,481
Grants and donations	257,644	309,302	566,947	393,106
Legacies	127,003	31,850	158,853	186,429
	487,272	341,152	828,424	631,015

Note 3 - Income from charitable activities

	Total funds 2024 £	Total funds 2023 £
Contributions from healthcare partners	158,662	140,283
Products and merchandising	2,898	3,742
Other income	-	20
	161,560	144,045

Note 4 - Investment income

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Bank Interest	2,269	-	2,269
Investment income	41,209	-	41,209
	43,477	-	43,477

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Bank Interest	787	-	787
Investment income	35,668	-	35,668
	36,455	-	36,455

Note 5 – Expenditure

	Fundraising costs 2024 £	Charitable activities 2024 £	Total 2024 £	Fundraising costs 2023 £	Charitable activities 2023 £	Total 2023 £
Expenditure directly allocated to activities						
Musicians' fees and expenses	-	242,987	242,987	-	203,789	203,789
Staff costs	198,787	718,032	916,819	194,189	573,612	767,801
Advertising	12,192	-	12,192	5,142	-	5,142
Travelling	-	20,912	20,912	-	15,823	15,823
Cost of fundraising	37,158	-	37,158	44,414	-	44,414
Cost of Communications	23,294	-	23,294	-	-	-
	271,431	981,932	1,253,363	243,745	793,224	1,036,969
Support costs allocated to activities						
Premises and equipment expenses	10,508	59,547	70,056	11,187	63,393	74,580
General office costs	-	91,850	91,850	-	81,674	81,674
Depreciation & Amortisation	-	10,368	10,368	-	14,241	14,241
	281,939	1,143,697	1,425,637	254,932	952,532	1,207,464
Investment management costs	10,296	-	10,296	9,318	-	9,318
Audit fees	-	18,900	18,900	-	15,420	15,420
	292,236	1,162,597	1,454,833	264,250	967,953	1,232,202

Support costs have been allocated on the following basis:

Staff costs – time spent

Depreciation and amortisation – usage

Other expenses – usage

This year, we spent £332,298 on restricted funds (2023: £574,149)

Note 6 – Net operating income

	Total 2024 £	Total 2023 £
This is stated after charging:		
Auditors' remuneration	18,900	15,420
Fees paid to audit firm for other services	-	4,194
Depreciation of intangible fixed assets	-	539
Depreciation of tangible fixed assets	10,368	13,702
Operating lease rentals – land and buildings	21,427	20,138
Operating lease rentals – other	4,092	4,560

Note 7 – Employees

	Total 2024 £	Total 2023 £
Wages and salaries	779,054	663,999
Social security costs	68,844	64,687
Pension costs	47,551	27,626
Other staff costs	8,550	3,382
Staff costs	904,000	759,694

	Total 2024	Total 2023
The average number of staff employed by the charity was:		
Chief Executive	1	1
Fundraising and publicity	9	8
Live music organisation and support	18	15
	28	24

Employees earning £60,000 to £70,000 Nil (2023 – Nil)

Employees earning £70,000 to £80,000 1 (2023 – 1)

Note 8 - Trustees and key management personnel

No trustees received emoluments in the year (2023: none)

There was £865 of travel expenses paid to trustees in 2023/24 for three trustees. In 2022/23 £33 of travel expenses was paid to one trustee.

The total employee emoluments of the charity's key management personnel were £94,058. Last year this was £93,776.

The charity spent nil on Board meetings in 2023/24. In 2022/23, the figure was £2,658.

This year, four trustees donated £886 to unrestricted funds. Last year, six trustees donated £2,298 to unrestricted funds.

Note 9 - Intangible fixed assets

	Website Development /CRM Development £
Cost	
At 1 April 2023	28,041
Additions - CRM development	45,758
	-
At 31st March 2024	73,799

Depreciation	
At 1 April 2023	28,041
Charge for the year	0
At 31st March 2024	28,041
Net Book Value	
At 31st March 2024	45,758
At 31st March 2023	0

Note 10 - Tangible fixed assets

Our freehold premises, which are in Edinburgh, are occupied by Music in Hospitals & Care for charitable purposes.

	Freehold Premises	Office Equipment	Musical Equipment	Computer Equipment	Total
Cost					
At 1 April 2023	42,253	11,886	15,505	114,706	184,350
Additions	-	153	-	10,523	10,676
Disposals	-	-	-	-	-
At 31st March 2024	42,253	12,039	15,505	125,229	195,026
Depreciation					
At 1 April 2023	23,660	11,438	14,471	100,737	150,306
Charge for the year	845	414	181	8,928	10,368
At 31st March 2024	24,505	11,852	14,652	109,665	160,674
Net Book Value					
At 31st March 2024	17,748	187	853	15,564	34,352
At 1 April 2023	18,593	448	1,034	13,969	34,044

Note 11 – Investments

	Total 2024 £	Total 2023 £
Quoted shares and securities		
Market value at 1 April	1,437,603	1,516,849
Additions at cost	263,011	106,532
Disposals at opening market value	(633,832)	(71,114)
Movement in investment cash	-	(21,406)
Gains/(Losses) on revaluation	53,585	(93,199)
Market value at 31 March	1,120,367	1,437,662
Historic cost at 31 March	1,019,779	1,357,294

The Portfolio included the following individual shareholdings in excess of 5% of the total at 31 March 2024:

	£	%
Liontrust Fund 12,260		5.36%
WS Liddell TR UK 17,000		5.25%
Artemis Fd Mgrs 55,000		5.46%

Note 12 – Debtors

	Total 2024 £	Total 2023 £
Sundry debtors	17,825	16,712
Accrued Income	59,111	126,094
Prepayments and other debtors	18,278	6,969
	95,214	149,775

Note 13 - Creditors

	Total 2024 £	Re-Stated Total 2023 £
Musicians' fees and expenses	20,457	16,338
Taxation and social security	20,026	18,118
Deferred Postcode Lottery grant	200,000	200,000
Deferred Income – others	14,193	17,417
Other creditors	57,191	57,721
	311,867	309,594

Deferred Income:

At 1 April 2023	217,417
Income deferred in current year	214,193
Amounts released from previous year	(217,417)
Deferred income at 31 March 2024	214,193

Deferred income comprises grants received in advance of the conditions having been met and fees received in advance for which entitlement has not been met.

2023 creditors figures have been restated to correct the analysis previously reported. There is no change to the overall 2023 creditors total.

Note 14 - Financial commitments

The charity's future minimum lease payments are as follows:

	Total 2024 £	Total 2023 £
Land and buildings		
Within one year	13,696	-
Between one and five years	-	-
Other		
Within one year	-	-
Between one and five years	-	-
	13,696	-

Note 15 - Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible and intangible assets	80,110	-	80,110
Investments	414,114	706,253	1,120,367
Current assets	561,363	-	561,363
Current liabilities	(311,867)	-	(311,867)
	743,721	706,253	1,449,974

Note 15 – Analysis of net assets between funds (continued)

	Re-Stated Unrestricted Funds £	Re-Stated Restricted Funds £	Re-Stated Total Funds 2023 £
Tangible and intangible assets	34,044	-	34,044
Investments	740,258	697,404	1,437,662
Current assets	598,971	0	598,971
Current liabilities	(309,594)	-	(309,594)
	1,063,679	697,404	1,761,083

Note 16 - Unrestricted funds

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	(Losses)/Gains £	At 31 March 2024 £
Designated Unrestricted Funds						
Fixed asset funds:						
Scotland	22,025	-	-	(2,904)	-	19,121
England and Wales	12,020	-	-	3,212	-	15,232
Development Fund	39,476	-	-	(23,267)	-	16,209
Intangible Fixed Assets	-	-	-	45,758	-	45,758
Total designated funds	73,520	-	-	22,799	-	96,319
General Unrestricted Funds	990,159	748,991	(1,122,535)	(22,799)	53,585	647,401
Total	1,063,679	748,991	(1,122,535)	-	53,585	743,720

The designated fixed assets funds represent the net book value of tangible fixed assets and intangible fixed assets.

In 2023/24, the Development Fund was partly used with £23,267 of expenditure. At the end of the year, there was £16,209 still in the fund to support our digital transformation.

Note 17 - Restricted funds

Donors	As previously stated at 31 March 2023	Prior Year Adjustment (see note 20)	Re-Styled at 31 March 2023	Income	Expenditure		At 31 March 2024
Aileen Young Legacy	374,851		374,851	-	-		374,851
Gibson Graham Charitable Trust	27,332		27,332	-	(27,332)		-
Margaret J Stephen's Charitable Trust	145,230		145,230	-	(48,676)		96,554
Peter Sowerby Foundation	23,135		23,135	25,000	(48,135)		-
William Roy Legacy	158,855	(158,855)	-	-	-		-
Iain McGlashan Legacy	-			31,850	-		31,850
Live music in specific areas of the UK	82,865		82,865	147,555	(119,301)		111,119
Live music in specific categories of healthcare environment	43,990		43,990	136,747	(88,860)		91,877
	856,258	(158,855)	697,404	341,152	(332,304)		706,251

Funder	Restrictions
Aileen Young Legacy	For live music in Scotland
Gibson Graham Charitable Trust	For live music in Strathclyde (preference for Kintyre)
Margaret J Stephen's Charitable Trust	For live music in Dundee and Angus
Peter Sowerby Foundation	Final instalment of £100k Music for Mental Health & Wellbeing UK-wide project grant
William Roy Legacy	Prior Year adjustment - transferred from restricted to unrestricted funds 2022/23
Iain McGlashan Legacy	For any use in Scotland

Note 18 – Commitments

There were capital commitments at 31 March 2024 of £24,000 (2023: nil). This relates to the continuing design implementation phase of our new CRM.

Note 19 - Pension costs

The company operates contributory pension schemes. They are defined contribution schemes and contributions are charged against income as they accrue. The charge for the year was £47,551. Last year, it was £27,807. Contributions of £6,693 were payable to the scheme at the end of the year and are included as creditors. In 2022/23, the figure was £15,510.

Note 20 – Prior year adjustment

During the period, information was provided to the Charity that made it clear that funds in the amount of £158,855 should have been classified as unrestricted rather than restricted funds. Given the amount involved, the Trustees consider it appropriate to update the financial statements to reflect the correct position. Accordingly, the comparatives have been restated which has resulted in an increase in the opening restricted reserves of £158,855 with a corresponding decrease in the opening restricted reserves for the same amount.

Music in Hospitals & Care is a charity that improves the health and wellbeing of children and adults through the healing power of live music.

Every year, our professional musicians share live music with people from across the UK, who may not otherwise get to experience it. This includes those who are living with dementia, have mental health problems, or are seriously ill.

Only with your support will we help more people benefit from the healing power of live music.



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Music in Hospitals & Care is a registered charity in England & Wales 1051659 and in Scotland SC038864
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