

Charity registration number 1051472 (England and Wales)

Company registration number 03130902

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	P Waggott PG Earley K Watson DM Baldwin W Wilson Z Scott JP Clark J Thomas K Jameson B Reid	(Appointed 24 March 2025) (Appointed 6 March 2025) (Appointed 5 February 2025) (Appointed 24 December 2024) (Appointed 1 May 2025)
Chief executive	C Easton	
Charity number	1051472	
Company number	03130902	
Registered office	Wallsend Customer First Centre Floor 2 16 The Forum Wallsend Tyne And Wear NE28 8JR	
Auditor	Sumer Auditco Limited Unit 2 Gosforth Park Avenue Newcastle upon Tyne NE12 8EG	
Bankers	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG	
Solicitors	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF	

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) CONTENTS

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THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The mission statement of the North Tyneside Carers' Centre is:

"To improve the quality of life for carers in North Tyneside"

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

We continued to see increased demand for our services during 2024 – 2025, with 664 new referrals. This was four times as many referrals we received annually, pre the pandemic. With no additional resources this proved challenging, particularly when we had gaps in posts or staff absences.

During the year we developed our 5-year Corporate Strategy from September 2024 – 2029. This came at a vital time for unpaid carers and the services that support them. In the absence of a national strategy, identifying and supporting carers was critical: as the health and social care system struggled with increased demand and limited resources, the needs of carers were often overlooked. We therefore worked with key stakeholders including carers, staff, volunteers, funders and partners across health, social care, education and the voluntary sector, to help shape our strategy.

At a strategic level we continued as a lead partner on North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. We led on working group of the board to develop an audit tool for Carers Partnership Boards, aligned to the principles of the Triangle of Care. On behalf of the board, we worked with Healthwatch North Tyneside to develop a young carers survey, to understand the impact of the caring over the last 12 months. The Board's priorities and workplan were set based on the recommendations from the survey findings. We worked with North Tyneside Council to develop a new pathway/offer for young carers, based on feedback from young carers, parents and teachers. This was approved by the Carers Partnership Board and Children and Young People's Board and is awaiting decisions from commissioners regarding recommissioning services.

6,746 adult carers and 791 young carers were registered with the Centre during the year and received regular information bulletins and access to the website and resources. 989 adult carers and 271 young carers accessed a direct intervention to help maintain their wellbeing. We continuously reviewed our triage system for young and adult carers alongside our offer of support. This was vital in managing increased demand with the same level of resources and ensures we target those most in need for intense one to one support.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

During the period the Adult Carers' Service advice line responded to 4,950 enquiries from carers offering information, advice and emotional support. 87% of the contacts were in relation to improved access to support and services for the carer and person they cared for. We delivered one to one intensive emotional and practical support via the telephone/text and face to face to 429 adult carers, who were struggling to manage their caring responsibilities. Many of these carers were looking after someone with a mental health illness, dementia or autism. We helped carers recognise the impact of caring on their wellbeing and supported them to take appropriate steps to maintain their wellbeing through developing coping strategies e.g. relaxation techniques. We helped carers navigate the health and social care system and provided advocacy support to ensure their views were heard during care planning and safeguarding meetings.

We delivered 18 peer support and wellbeing sessions with 188 attendances, 31 training sessions with 252 attendances. The training programme equipped carers with the skills and knowledge to care for someone safely and new sessions were developed, based on the needs of carers. We connected carers with other carers and groups in their local communities to increase their support network.

As part of our contract with North Tyneside Council, we are delegated statutory responsibility to undertake carers assessments on their behalf. We therefore worked with the Council to train our new team of Carers Wellbeing Workers and review and implement a carer assessment audit tool, to measure the quality of carers assessments. We also set up clinics working into Adult Social Care teams to provide advice and guidance to professionals working with carers. This included Carepoint, Gateway and the community wellbeing teams.

The Young Carers Service provided a direct service to 271 unique young carers. Family Support Workers provided intense one to one support to 181 young carers and their families via the telephone/text and face to face. They provided a range of interventions to support young carers to maintain their emotional and physical wellbeing, have aspirations and a life outside of caring. They supported families to access support services to reduce inappropriate levels of care and the impact of caring of the young carer, and increase the network of support around the family. The workers delivered two emotional wellbeing programmes to groups of young carers to focus on building resilience, identifying positives and challenges related to caring responsibilities; managing feelings; friendships and who can help and support networks.

During the year the Centre's Therapeutic Practitioner delivered 335 dramatherapy sessions to 30 young carers. The minimum number of sessions provided to a young carer was 8 and the maximum 20. Sessions identified trauma in many of the young carers including sexual abuse, physical abuse, neglect and domestic violence.

The Breaks and Activities team delivered 108 sessions with a total of 812 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. Sessions included trips to the Discovery Museum, St James' Park, Alnwick Gardens Light Trail, Peter Pan pantomime, First Aid training and pumpkin picking. The young carers joined up with young carers from Newcastle Carers for a Halloween party.

We were delighted to be awarded funding from the North East Combined Authority to support young adult carers during key transition stages - this had previously been identified as a gap in our provision by young adult carers. We recruited a Young Adult Carer Worker, who undertook transition assessments and provided one to one support to 50 young people. This helped young adult carers navigate the barriers they experienced as a result of their caring responsibilities and take important steps towards their future aspirations. A monthly peer support group was established and practical sessions delivered to help young adult carers care safely e.g. first aid.

In July we were awarded funding from Carers Trust for 18 months to deliver a Carers Money Matters Project, to improve the financial wellbeing of carers. We recruited a Benefits and Financial Wellbeing Worker to undertake benefit checks, complete benefits forms, support at appeals and tribunals and provide debt and energy advice. The worker supported 117 carers in financial crisis and in 6 months secured £57,148 in annual benefit gains.

The Young Carers in Schools Programme was extended from September until the end of March 2025, through funding from North Tyneside Council. We worked with 12 schools to improve identification and support for young carers. This included the delivery of whole school workforce development training, assemblies across all year groups, support to implement carer policies, the development of peer support networks and PHSE lessons.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

We worked with Carers Northumberland and Newcastle Carers to implement and deliver the Working for Carers Project. 309 carers from across the North of Tyne area accessed one to one support, of which:

- 140 (45.31%) entered work, training or education.
- 155 carers (50.1%) were supported to sustain employment.

This included supporting carers to remove barriers as a result of caring, help them understand their rights in work, understand assistive technology which could help the person cared e.g. Alexa for medication prompts, falls monitors etc. 30 organisations were supported to identify carers within the workplace and implement the Carers Leave Act – to work towards a carer friendly culture in the workplace. This included training HR teams, line managers and general awareness raising for colleagues. We were delighted to hear in February that we had been awarded funding for a further 12 months, albeit at 50% of the current level of funding.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity's main source of income are performance related grants of £1,011,605 (2024: £900,774). The charity also received donations of £1,313 (2024: £693), investment income of £8,272 (2024: £5,262) and other income of £29,988 (2024: £30,913). The charity's charitable costs have increased in the year leaving a surplus of £51,790 (2024: £7,611). All funding received from the Community Foundation should be recognised as Community Foundation North East.

The 'free reserves' of the charity (defined as those unrestricted funds not designated for specific purposes or tied up in fixed assets) stood at £287,046 at 31 March 2025 (2024: £234,492). The charity's unrestricted reserves totalled £287,047 (2024: £234,711) which are represented by net current assets of £287,046 (2024: £234,492) and capital assets of £1 (2024: £219). The charity's restricted reserves totalled £43,537 (2024: £44,083) which are represented by net current assets.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

Plans for future periods

We will tender for the carer support contract with North Tyneside Council, to secure longer term funding for the organisation. We will look to diversify our income streams and identify opportunities to work with businesses to help them deliver their social corporate responsibility.

We will develop a strong evidence base to share with funders, particularly the NHS, to demonstrate the impact and cost benefits of our work in supporting carers.

We will review systems and processes and implement digital solutions where possible, to help increase our capacity to support more carers.

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. Carers' feedback and experiences will be fed into strategic boards to influence local decision making.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

We will work with North Tyneside Council and the Integrated Care Board to implement a Young Carers Pathway which meets the needs of young carers and reduces waiting times.

We will work with carer support organisations across the region, to identify opportunities to collaborate to have stronger regional voice for carers including ADASS, the Integrated Care Board and the North East Combined Authority.

Structure, governance and management

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

AT Waggott-Fairley	(Resigned 4 December 2024)
P Waggott	
PG Earley	
K Watson	
DM Baldwin	
W Wilson	
Z Scott	(Appointed 24 March 2025)
JP Clark	(Appointed 6 March 2025)
J Thomas	(Appointed 5 February 2025)
K Jameson	(Appointed 24 December 2024)
B Reid	(Appointed 1 May 2025)

Recruitment and appointment of trustees

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

Induction and training of trustees

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Key management remuneration

The trustees, who are also the directors of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £155,776 (2024: £120,926) during the year. The pay for senior staff is kept under review by the Board of Directors.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Related parties

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

Statement of trustees' responsibilities

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

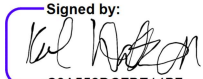
Auditor

In accordance with the company's articles, a resolution proposing that Sumer Auditco Limited be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

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C3A552DCFBE14B7...
K Watson
Trustee
Dated: 13 August 2025

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE

Opinion

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Signed by:

S. D. Slater

.....
Mr Stephen Slater (Senior Statutory Auditor)
for and on behalf of Sumer Auditco Limited
Statutory Auditor
Unit 2
Gosforth Park Avenue
Newcastle upon Tyne
NE12 8EG

13 August 2025

Date:

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025**

Current financial year

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
	Notes				
Income and endowments from:					
Donations and legacies	3	1,313	-	1,313	693
Charitable activities	4	61,003	950,602	1,011,605	900,774
Investments	5	8,272	-	8,272	5,262
Other income	6	5,080	24,908	29,988	30,913
Total income		<u>75,668</u>	<u>975,510</u>	<u>1,051,178</u>	<u>937,642</u>
Expenditure on:					
Charitable activities	7	<u>45,094</u>	<u>954,294</u>	<u>999,388</u>	<u>930,031</u>
Net incoming resources before transfers		30,574	21,216	51,790	7,611
Gross transfers between funds		<u>21,762</u>	<u>(21,762)</u>	<u>-</u>	<u>-</u>
Net income/(expenditure) for the year/ Net movement in funds		52,336	(546)	51,790	7,611
Fund balances at 1 April 2024		<u>234,711</u>	<u>44,083</u>	<u>278,794</u>	<u>271,183</u>
Fund balances at 31 March 2025		<u><u>287,047</u></u>	<u><u>43,537</u></u>	<u><u>330,584</u></u>	<u><u>278,794</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025**

Prior financial year

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes			
Income and endowments from:				
Donations and legacies	3	693	-	693
Charitable activities	4	46,200	854,574	900,774
Investments	5	5,262	-	5,262
Other income	6	5,000	25,913	30,913
Total income		<u>57,155</u>	<u>880,487</u>	<u>937,642</u>
Expenditure on:				
Charitable activities	7	<u>79,410</u>	<u>850,621</u>	<u>930,031</u>
Net incoming resources before transfers		(22,255)	29,866	7,611
Gross transfers between funds		<u>12,416</u>	<u>(12,416)</u>	<u>-</u>
Net income/(expenditure) for the year/ Net movement in funds		(9,839)	17,450	7,611
Fund balances at 1 April 2023		<u>244,550</u>	<u>26,633</u>	<u>271,183</u>
Fund balances at 31 March 2024		<u><u>234,711</u></u>	<u><u>44,083</u></u>	<u><u>278,794</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

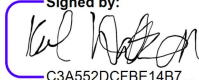
The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2025

		2025		2024	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	13		1		219
Current assets					
Debtors	14	71,350		15,457	
Cash at bank and in hand		347,562		348,049	
		418,912		363,506	
Creditors: amounts falling due within one year	15	(88,329)		(84,931)	
Net current assets			330,583		278,575
Total assets less current liabilities			330,584		278,794
The funds of the charity					
Restricted income funds	18	43,537		44,083	
Unrestricted funds	19	287,047		234,711	
		330,584		278,794	

The financial statements were approved by the trustees on 13 August 2025

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 Signed by:

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 K Watson
 Trustee

Company registration number 03130902 (England and Wales)

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Cash flows from operating activities					
Cash absorbed by operations	23		(8,759)		(92,968)
Investing activities					
Investment income received		8,272		5,262	
Net cash generated from investing activities			8,272		5,262
Net decrease in cash and cash equivalents			(487)		(87,706)
Cash and cash equivalents at beginning of year			348,049		435,755
Cash and cash equivalents at end of year			347,562		348,049

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Wallsend Customer First Centre Floor 2, 16 The Forum, Wallsend, Tyne And Wear, NE28 8JR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

1 Accounting policies (Continued)

1.5 Expenditure

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	1,313	693
	<u> </u>	<u> </u>

4 Charitable activities

	Carers' support 2025 £	Carers' support 2024 £
Grants	1,011,605	900,774
	<u> </u>	<u> </u>
Analysis by fund		
Unrestricted funds	61,003	46,200
Restricted funds	950,602	854,574
	<u> </u>	<u> </u>
	1,011,605	900,774
	<u> </u>	<u> </u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

4 Charitable activities

(Continued)

Grants

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
NTC - Carers Prevention & Wellbeing Workers	-	201,196	201,196	-	196,731	196,731
NTC - Carer Prevention Workers additional funding	-	-	-	-	3,620	3,620
NTC - Young Carers Team Lead	-	44,900	44,900	-	37,551	37,551
NTC - Bottled Up Project	-	-	-	-	15,955	15,955
NTC - Young Carers Link Worker	-	-	-	-	35,033	35,033
NTC - Family Support Worker	-	36,000	36,000	-	40,592	40,592
NTC - Holiday Activity Fund	-	243	243	-	5,666	5,666
NTC - Young Mayors Youth Activities Grant	-	-	-	-	1,000	1,000
NTC - Other	-	-	-	-	370	370
North East & North Cumbria ICB - Young Carers Support	-	85,707	85,707	-	89,835	89,835
North East & North Cumbria ICB - Therapeutic Support for Young Carers	-	33,953	33,953	-	30,000	30,000
North East & North Cumbria ICB - Strategic Work	-	21,457	21,457	-	21,329	21,329
North East & North Cumbria ICB - Mental Health Workers	-	93,172	93,172	-	87,011	87,011
North East & North Cumbria ICB - Training Officer	-	-	-	-	18,673	18,673
North East & North Cumbria ICB - Senior Prevention Worker	-	35,210	35,210	-	38,427	38,427
North East & North Cumbria ICB - Young Carers In School Programme	-	16,271	16,271	-	17,450	17,450
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	-	-	-	9,066	9,066
Carry forward	-	568,109	568,109	-	648,309	648,309

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

(Continued)

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Brought forward	-	568,109	568,109	-	648,309	648,309
North East Combined Authority UKSPF	-	226,918	226,918	-	111,362	111,362
North East Combined Authority - Small grants programme	-	47,747	47,747	-	-	-
BBC Children in Need	-	4,934	4,934	-	35,257	35,257
Carers Trust - Young Carers Activity Day	-	750	750	-	750	750
Sir James Knott Trust	11,253	-	11,253	-	-	-
Garfield Weston Foundation	18,750	-	18,750	25,000	-	25,000
Carers Trust Individual Grants	-	17,674	17,674	-	5,249	5,249
The Barbour Foundation	-	25,250	25,250	-	-	-
Mazars Charitable Trust	-	-	-	-	800	800
Sage Foundation	-	-	-	-	5,000	5,000
St Andrews United Reformed Church	-	-	-	200	-	200
The Ballinger Charitable Trust	20,000	-	20,000	20,000	-	20,000
Joseph Strong Frazer Trust	1,000	-	1,000	1,000	-	1,000
The National Lottery Community Fund	-	2,997	2,997	-	11,834	11,834
The National Lottery Community Fund - Awards for All	10,000	-	10,000	-	8,665	8,665
Community Foundation	-	5,000	5,000	-	-	-
Community Foundation - The 1989 Willan Charitable Trust	-	6,667	6,667	-	-	-
The DWF Foundation	-	2,000	2,000	-	-	-
R W Mann Trust	-	2,000	2,000	-	-	-
Hadrian Trust	-	1,000	1,000	-	-	-
The Wellesley Trust/ Community Foundation	-	-	-	-	10,000	10,000
Carers Trust Money Matters	-	39,556	39,556	-	-	-
Voda - Ending Loneliness	-	-	-	-	15,348	15,348
Voda - Winter Resilience Fund	-	-	-	-	2,000	2,000
	<u>61,003</u>	<u>950,602</u>	<u>1,011,605</u>	<u>46,200</u>	<u>854,574</u>	<u>900,774</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

5 Investments

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Interest receivable	8,272	5,262
	<u>8,272</u>	<u>5,262</u>

6 Other income

	Unrestricted funds	Restricted funds	Total Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024
	£	£	£	£	£
Access to Work grant	80	24,908	24,988	-	25,913
HMRC Employment allowance	5,000	-	5,000	5,000	-
	<u>5,080</u>	<u>24,908</u>	<u>29,988</u>	<u>5,000</u>	<u>30,913</u>

7 Expenditure on charitable activities

	Carers' support	Carers' support
	2025	2024
	£	£
Direct costs		
Staff costs	775,144	675,441
Direct service costs	129,535	142,835
Premises costs	29,281	40,756
	<u>933,960</u>	<u>859,032</u>
Share of support and governance costs (see note 8)		
Support	40,231	49,625
Governance	25,197	21,374
	<u>999,388</u>	<u>930,031</u>
Analysis by fund		
Unrestricted funds	45,094	79,410
Restricted funds	954,294	850,621
	<u>999,388</u>	<u>930,031</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

8 Support costs

	Support costs	Governance costs	2025	Support costs	Governance costs	2024
	£	£	£	£	£	£
Depreciation	218	-	218	770	-	770
General office costs	40,013	-	40,013	48,855	-	48,855
Audit fees	-	4,320	4,320	-	4,320	4,320
Legal and professional	-	18,795	18,795	-	15,243	15,243
Other governance costs	-	2,082	2,082	-	1,811	1,811
	<u>40,231</u>	<u>25,197</u>	<u>65,428</u>	<u>49,625</u>	<u>21,374</u>	<u>70,999</u>
Analysed between						
Charitable activities	<u>40,231</u>	<u>25,197</u>	<u>65,428</u>	<u>49,625</u>	<u>21,374</u>	<u>70,999</u>

Governance costs includes payments to the auditors of £4,320 (2024: £4,320) for audit fees.

9 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the audit of the charity's financial statements	4,320	4,320
Depreciation of owned tangible fixed assets	218	770
	<u>4,538</u>	<u>5,090</u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
Chief Executive	1	1
Operations managers	1	1
Service Managers	3	2
Project staff	22	21
Administration and support	2	2
Total	<u>29</u>	<u>27</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

11 Employees **(Continued)**

Employment costs	2025	2024
	£	£
Wages and salaries	689,750	605,144
Social security costs	61,805	51,721
Other pension costs	23,589	17,898
	<u>775,144</u>	<u>674,763</u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2025	2024
	Number	Number
£60,000 - £69,999	-	1

Remuneration of key management personnel

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and Operations Manager.

	2025	2024
	£	£
Aggregate compensation	<u>155,776</u>	<u>120,926</u>

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

13 Tangible fixed assets

	Office Equipment £
Cost	
At 1 April 2024	14,187
At 31 March 2025	14,187
Depreciation and impairment	
At 1 April 2024	13,968
Depreciation charged in the year	218
At 31 March 2025	14,186
Carrying amount	
At 31 March 2025	1
At 31 March 2024	219

14 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	2,850	3,354
Other debtors	-	5,574
Prepayments and accrued income	68,500	6,529
	71,350	15,457

15 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Other taxation and social security		13,923	10,972
Deferred income	16	50,374	28,452
Trade creditors		5,444	6,506
Other creditors		4,900	15,461
Accruals		13,688	23,540
		88,329	84,931

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

16 Deferred income

	2025	2024
	£	£
Other deferred income	50,374	28,452
Movements in the year:		
Deferred income at 1 April 2024	28,452	149,108
Released from previous periods	(28,452)	(149,108)
Resources deferred in the year	50,374	28,452
Deferred income at 31 March 2025	50,374	28,452

Deferred income is included in the financial statements as follows:

	2025	2024
	£	£
North East & North Cumbria ICB - Young Carers Healthcare Contract	-	16,271
North Tyneside Council - Carers Prevention & Wellbeing Workers	-	4,000
North of Tyne Combined Authority	-	250
BBC Children in Need	-	4,934
The National Lottery Community Fund	-	2,997
The National Lottery Community Fund - Awards for All	10,000	-
Carers Trust - Fuel & poverty	10,444	-
The Barbour Foundation	9,750	-
Garfield Weston Foundation	6,250	-
The Community Foundation - The 1989 Willan Charitable Trust	3,333	-
Sir James Knott Trust	3,747	-
Carers Newcastle - NECA YC in schools pilot	2,850	-
D Lamb funding	4,000	-
	50,374	28,452

17 Retirement benefit schemes

	2025	2024
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	23,589	17,898

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £23,589 (2024: £17,898). At the balance sheet date a pension liability of £nil (2024: £nil) was outstanding.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

Current financial year	Movement in funds				Balance at 31 March 2025
	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
North Tyneside Council:					
Young Carers Team Lead	-	44,900	(44,900)	-	-
Young Mayors Youth Activities Grant (YAC)	459	-	(150)	-	309
Carers Prevention & Wellbeing Workers	3,000	201,196	(191,674)	(9,522)	3,000
Family Support Worker	-	36,000	(36,000)	-	-
Bottled Up Project	8,362	-	(8,362)	-	-
Holiday Action Fund	3,938	243	(571)	-	3,610
Social Action	2,537	-	(120)	-	2,417
North East & North Cumbria Integrated Care Board:					
Strategic Work	-	21,457	(19,272)	(2,185)	-
Mental Health Workers	1,604	93,172	(91,799)	(1,373)	1,604
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	33,953	(33,953)	-	-
Young Carers Support	-	85,707	(79,286)	(6,421)	-
Young Carers In School Programme	-	16,271	(16,271)	-	-
Senior Prevention Worker	-	35,210	(32,949)	(2,261)	-
Charitable Trusts and Foundations:					
Carers Trust Money Matters	-	39,556	(39,556)	-	-
Access to Work	-	24,908	(24,908)	-	-
The Barbour Foundation	-	25,250	(25,250)	-	-
BBC Children in Need	656	4,934	(4,935)	-	655
Carers Trust - YCAD	-	750	(658)	-	92
Carers Trust Individual Grants	1,011	17,674	(10,525)	-	8,160
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	4,579	-	(1,428)	-	3,151
Mazars Charitable Trust	800	-	-	-	800
Healthwatch Equally Well Funding	186	-	(186)	-	-
NET Coronavirus Appeal/Community Foundation	201	-	-	-	201
North East Combined Authority UKSPF	-	226,919	(226,919)	-	-
North East Combined Authority Small Grants Programme	-	47,746	(47,746)	-	-
R W Mann Trust	1,345	2,000	(2,684)	-	661
Sage Foundation	5,000	-	-	-	5,000
Sir James Knott Trust	350	-	-	-	350
The Hedley Foundation	1,098	-	-	-	1,098
The Henry Smith Charity/Community Foundation	383	-	(383)	-	-
The National Lottery Community Fund	2,729	2,997	(2,715)	-	3,011
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Carry forward	41,150	960,843	943,200	(21,762)	37,031

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

(Continued)

	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	Balance at 31 March 2025
Brought forward	41,150	960,843	943,200	(21,762)	37,031
Triangle Trust Fund	155	-	-	-	155
Community Foundation - The 1989 Willan Charitable Trust	-	6,667	(6,667)	-	-
Community Foundation	-	5,000	(4,427)	-	573
Whitley Bay Singing Group	2,778	-	-	-	2,778
The DWF Foundation	-	2,000	-	-	2,000
Hadrian Trust	-	1,000	-	-	1,000
	<u>44,083</u>	<u>975,510</u>	<u>954,294</u>	<u>(21,762)</u>	<u>43,537</u>

Prior financial year	Movement in funds				Balance at 31 March 2024
	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Young Carers Team Lead	-	37,551	(37,551)	-	-
Young Mayors Youth Activities Grant (YAC)	-	1,000	(541)	-	459
Carers Prevention & Wellbeing Workers	-	196,731	(187,782)	(5,949)	3,000
Family Support Worker	-	40,592	(39,086)	(1,506)	-
Carer Prevention Workers additional funding	-	3,620	(3,620)	-	-
Young Carers Link Worker	-	35,033	(35,033)	-	-
Bottled Up Project	-	15,955	(7,593)	-	8,362
Holiday Action Fund	3,805	5,666	(5,533)	-	3,938
Social Action	2,547	-	(10)	-	2,537
Other	-	370	(370)	-	-
Strategic Work	-	21,329	(21,329)	-	-
Mental Health Workers	-	87,011	(85,407)	-	1,604
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	30,000	(30,000)	-	-
Training Officer	-	18,673	(18,673)	-	-
Young Carers Support	-	89,835	(85,580)	(4,255)	-
Young Carers In School Programme	-	17,450	(17,450)	-	-
Senior Prevention Worker	-	38,427	(37,721)	(706)	-
Access to Work	-	25,913	(25,913)	-	-
BBC Children in Need	-	35,257	(34,601)	-	656
	<u>6,848</u>	<u>700,413</u>	<u>(673,793)</u>	<u>(12,416)</u>	<u>21,052</u>
Carry forward	6,848	700,413	(673,793)	(12,416)	21,052

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

(Continued)

	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
Brought forward	6,848	700,413	(673,793)	(12,416)	21,052
Carers Trust - YCAD	182	750	(932)	-	-
Carers Trust Individual Grants	535	5,249	(4,773)	-	1,011
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	9,066	(9,066)	-	-
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	5,641	-	(1,062)	-	4,579
Mazars Charitable Trust	-	800	-	-	800
Healthwatch Equally Well Funding	186	-	-	-	186
NET Coronavirus Appeal/Community Foundation	201	-	-	-	201
North of Tyne Combined Authority	-	111,362	(111,362)	-	-
R W Mann Trust	1,345	-	-	-	1,345
Sage Foundation	-	5,000	-	-	5,000
Sir James Knott Trust	757	-	(407)	-	350
The Hedley Foundation	1,181	-	(83)	-	1,098
The Henry Smith Charity/Community Foundation	679	-	(296)	-	383
The National Lottery Community Fund	2,729	11,834	(11,834)	-	2,729
The National Lottery Community Fund - Awards for All	-	8,665	(8,665)	-	-
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
Triangle Trust Fund	155	-	-	-	155
Voda - Ending Loneliness	-	15,348	(15,348)	-	-
Voda - Winter Resilience Fund	1,000	2,000	(3,000)	-	-
Whitley Bay Singing Group	2,778	-	-	-	2,778
	<u>26,633</u>	<u>880,487</u>	<u>(850,621)</u>	<u>12,416</u>	<u>44,083</u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

18 Restricted funds

(Continued)

North Tyneside Council:

Young Carers Team Lead

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

Carers Wellbeing Workers

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

Carers Prevention Workers

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

Family Support Worker

This represents funding to support a family support worker to work with young carers and their families, who have no other support in place.

Bottled Up Project:

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

North East & North Cumbria Integrated Care Board (formerly North Tyneside Clinical Commissioning Group):

Strategic Work

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

Mental Health

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

Therapeutic Support for Young Carers

This represents funding received to provide dramatherapy to young Carers.

Training Officer

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care. Charitable trusts and foundations:

Young Carers Support

This represents funding received to support the Young Carers' Project.

Young Carers In School Programme

Funded to support a pilot project for 12 months to change the culture within 10 schools through improving identification and support of young carers.

Senior Prevention Worker

Funding to support a senior worker to triage new referrals, allocate cases, provide supervision to Preventions Workers and carry a caseload.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

18 Restricted funds

(Continued)

Access to Work

A grant scheme that provides support to disabled people who are in paid employment.

The Barbour Foundation

This represents funding to support the delivery of a wellbeing programme to young carers to provide a break from their caring role and connect with other young carers.

BBC Children in Need

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.

Carers Trust Grants

This represents funding received from Carers Trust to support carers and their needs.

North East Combined Authority:

Working for Carers

This represents funding to help carers access support in/into employment, education and training and work with employers to improve identification and support within the workplace. This is delivered in partnership with Carers Northumberland and Newcastle Carers, across the North of Tyne area.

Small Grants Programme

This represents funding to provide one to one support to young adult carers from the age of 16 – 25 years, as they transition into adulthood and remove any barriers in working towards their aspirations.

Other grants

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
General funds	234,711	75,668	(45,094)	21,762	287,047
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
General funds	244,550	57,155	(79,410)	12,416	234,711
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

20 Analysis of net assets between funds

Current financial year	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Fund balances at 31 March 2025 are represented by:			
Tangible assets	1	-	1
Current assets/(liabilities)	287,046	43,537	330,583
	<u>287,047</u>	<u>43,537</u>	<u>330,584</u>
Prior financial year	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 31 March 2024 are represented by:			
Tangible assets	219	-	219
Current assets/(liabilities)	234,492	44,083	278,575
	<u>234,711</u>	<u>44,083</u>	<u>278,794</u>

21 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	20,000	20,976
Between two and five years	46,667	60,000
In over five years	-	6,667
	<u>66,667</u>	<u>87,643</u>

22 Related party transactions

There were no disclosable related party transactions during the year (2024: none).

THE NORTH TYNESIDE CARERS' CENTRE
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

23	Cash absorbed by operations	2025	2024
		£	£
	Surplus for the year	51,790	7,611
	Adjustments for:		
	Investment income recognised in statement of financial activities	(8,272)	(5,262)
	Depreciation and impairment of tangible fixed assets	218	770
	Movements in working capital:		
	(Increase) in debtors	(55,893)	(2,989)
	(Decrease)/increase in creditors	(18,524)	27,558
	Increase/(decrease) in deferred income	21,922	(120,656)
	Cash absorbed by operations	(8,759)	(92,968)
24	Analysis of changes in net funds		
	The charity had no material debt during the year.		