

Charity registration number 1051472

Company registration number 03130902 (England and Wales)

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

# THE NORTH TYNESIDE CARERS' CENTRE

## (A COMPANY LIMITED BY GUARANTEE)

### LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	AT Waggott-Fairley P Waggott PG Earley K Watson DM Baldwin W Wilson	(Appointed 28 February 2024)
<b>Chief executive</b>	C Easton	
<b>Charity number</b>	1051472	
<b>Company number</b>	03130902	
<b>Registered office</b>	Wallsend Customer First Centre Floor 2 16 The Forum Wallsend Tyne And Wear NE28 8JR	
<b>Auditor</b>	Sumer Auditco Limited Unit 2 Gosforth Park Avenue Newcastle upon Tyne NE12 8EG	
<b>Bankers</b>	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG	
<b>Solicitors</b>	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF	

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# **THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024**

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The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

## **Objectives and activities**

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

## **Achievements and performance**

The mission statement of the North Tyneside Carers' Centre is:

### **"To improve the quality of life for carers in North Tyneside"**

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

We continued to see increased demand for our services during 2023 – 2024. Recruitment and retention of staff remained a challenge and impacted on our ability to meet demand in a timely way. In response we reviewed eligibility criteria and included triage questions on our online referral forms, to improve access.

In July 2023 we moved premises and in response to feedback from carers, we changed our model of service delivery. We decided to move to an office base only and deliver services into local communities across the borough, to improve carers access to carer support. We worked with North Tyneside Council to secure space in the six community hubs, where we delivered one to one appointments, wellbeing and training sessions. We chose the 'Spirit of North Tyneside' in Wallsend Customer First Centre, as our office base and quickly saw the benefits of working closely with Healthwatch North Tyneside and VODA.

6,398 adult carers and 670 young carers were registered with the Centre during the year and received regular information bulletins and access to the website and resources. 1,091 adult carers and 197 young carers accessed a direct intervention during the year.

At a strategic level we continued as a lead partner on North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. On behalf of the board, we developed an adult carers survey with Healthwatch, to understand the impact of the caring over the last 12 months. 681 carers responded: 44% of carers reported providing significantly more care over the last 12 months, due to deterioration in the condition of the person cared for. The main issues identified by carers throughout the survey were: feeling overwhelmed and struggling to cope with their caring responsibilities; lack of services and respite; the impact of cost of living rises; feeling lonely and isolated (41% said they felt more isolated); poor mental wellbeing; juggling work and caring and dealing with increased levels of challenging behaviour. The Board's priorities and workplan were set based on the recommendations from the survey findings for the next 2 years.

During the year we worked with North Tyneside Council to review the statutory carers assessment pathway and documentation. We co-developed and co-facilitated training for Adult Social Care staff to improve awareness of: the impact of caring; the new pathway and the support offer for carers in North Tyneside. We also worked with the Council to develop a pathway for 'Carers of all Ages', including key transition stages.

We continued to work with the ICB to support GP practices to work towards the 'Carer Friendly GP Award Scheme', bronze and silver level. 14 practices were awarded bronze level and we provided ongoing advice and support to practices, including facilitating a GP Carers Champion network.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

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During the period the Adult Carers' Service advice line responded to 3,744 enquiries from carers offering information, advice and emotional support. 87% of the contacts were in relation to improved access to support and services for the carer and person they cared for. We delivered one to one intensive emotional and practical support via the telephone/text and face to face to 307 adult carers, who were struggling to manage their caring responsibilities. Many of these carers were looking after someone with a mental health illness, dementia or autism. We helped carers recognise the impact of caring on their wellbeing and supported them to take appropriate steps to maintain their wellbeing through developing coping strategies e.g. relaxation techniques. We helped carers navigate the health and social care system and provided advocacy support to ensure their views were heard during care planning and safeguarding meetings.

We delivered 53 peer support groups with 212 attendances, 46 wellbeing sessions with 267 attendances and 52 training sessions with 380 attendances. We delivered a programme of training to equip carers with the skills and knowledge to care for someone safely and developed new sessions based on the needs of carers. This included Decider training to support carers to manage their mental health. We connected carers with other carers and groups in their local communities increase their support network.

The Young Carers Service provided a direct service to 197 unique young carers. Family Support Workers provided intense one to one support to 159 young carers and their families via the telephone/text and face to face. They provided a range of interventions to support young carers to maintain their emotional and physical wellbeing, have aspirations and a life outside of caring. They worked closely with schools to ensure the young person had a trusted adult they could speak to in school and improve attendance levels. They supported families to access support services to reduce inappropriate levels of care and the impact of caring of the young carer. The workers delivered four 'emotional wellbeing programmes to groups of young carers to focus on building resilience, identifying positives and challenges related to caring responsibilities; managing feelings; friendships and who can help and support networks. They also delivered a drop in event on Young Carers Action Day in March to connect young carers and their families with other services – 88 families attended.

The Breaks and Activities team delivered 110 sessions with a total of 971 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. Sessions included cookery sessions, arts sessions, 'A for Amy' theatre trip (which focused on toxic friendships and relationships), pumpkin picking, Halloween and Christmas parties. During the school holidays we delivered longer sessions during the day and took a group of 12 young carers on a residential trip to High Borran in the summer holidays with Holiday Activities & Food Programme funding.

We implemented the Young Carers In Schools Programme in September and recruited a programme lead and young adult carer apprentice. We worked with 5 schools in the first six months, to improve identification and support for young carers. This included the delivery of whole school workforce development training, assemblies across all year groups, support to implement carer policies and the development of peer support networks.

During the year the Centre's Therapeutic Practitioner delivered 437 dramatherapy sessions to 26 young carers. The minimum number of sessions provided to a young carer was 8 and the maximum 20. Sessions identified trauma in many of the young carers including sexual abuse, physical abuse, neglect and domestic violence.

We continued to work with the North of Tyne Combined Authority, Carers Northumberland and Newcastle Carers to provide the Return to Work Project: to support carers who were in work and struggling to juggle work alongside caring, and, those who were looking to return to work/training or education. During the year we supported 111 carers. The outcomes the project achieved were very positive with 38% returning to work training or education. An external evaluation undertaken of the project highlighted the difference the service made to carers and the need for specialist support. We were delighted to hear in February that we had been awarded funding for a Working for Carers Project - to upscale our provision for a further 12 months. This project is funded by the UK Government through the UK Shared Prosperity Fund with the North of Tyne Combined Authority as the lead authority.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

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**Financial review**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity's main source of income are performance related grants of £900,774 (2023: £739,253). The charity also received donations of £693 (2023: £8,146), investment income of £5,262 (2023: £2,275) and other income of £30,913 (2023: £7,837). The charity's charitable costs have increased in the year leaving a small surplus of £7,611 (2023: £30,536). All funding received from the Community Foundation should be recognised as Community Foundation Tyne & Wear and Northumberland.

The 'free reserves' of the charity (defined as those unrestricted funds not designated for specific purposes or tied up in fixed assets) stood at £234,492 at 31 March 2024 (2023: £243,561). The charity's unrestricted reserves totalled £234,711 (2023: £244,550) which are represented by net current assets of £234,492 and capital assets of £219 (2023: £989). The charity's restricted reserves totalled £44,083 (2023: £26,633) which are represented by net current assets.

**Risk management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

**Plans for future periods**

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. Carers' feedback and experiences will be fed into strategic boards to influence local decision making.

We will lead on a Carers Partnership Board working group to develop an audit tool for key partners to measure the effectiveness of their services in identifying, involving and supporting carers.

We will work with Carers Northumberland and Newcastle Carers to implement the Working for Carers Project, recruit a team of workers to upscale delivery to support carers and work with local employers to help them understand the new Carers Leave Act.

We will implement a new programme of support for young adult carers to help them at key transition stages and help them work towards their goals and aspirations. This will include intense one to one support, peer support groups and learning and development opportunities to help them on their path to employment, training or education.

We will look for funding to further develop our services including the Young Carers in Schools Programme beyond September 2025 and targeted work with marginalised carers.

# **THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024**

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## **Structure, governance and management**

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

AT Waggott-Fairley

P Waggott

PG Earley

K Watson

DM Baldwin

W Wilson

(Appointed 28 February 2024)

## **Recruitment and appointment of trustees**

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

## **Organisational structure**

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

## **Induction and training of trustees**

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

## **Key management remuneration**

The trustees, who are also the directors of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £120,926 (2023: £169,961) during the year. The pay for senior staff is kept under review by the Board of Directors.

## **Related parties**

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

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**Statement of trustees' responsibilities**

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Auditor**

In accordance with the company's articles, a resolution proposing that Sumer Auditco Limited be reappointed as auditor of the company will be put at a General Meeting.

**Disclosure of information to auditor**

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

**K Watson**

Trustee

Dated: 16 August 2024



# **THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT**

## **TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

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### **Opinion**

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
INDEPENDENT AUDITOR'S REPORT (CONTINUED)  
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

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**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

**Responsibilities of trustees**

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
INDEPENDENT AUDITOR'S REPORT (CONTINUED)  
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

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**Capability of the audit in detecting irregularities, including fraud**

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Mr Stephen Slater (Senior Statutory Auditor)  
for and on behalf of Sumer Auditco Limited  
Statutory Auditor  
Unit 2  
Gosforth Park Avenue  
Newcastle upon Tyne  
NE12 8EG**

**Date: 16 September 2024**

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**INCLUDING INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**Current financial year**

		<b>Unrestricted funds 2024 £</b>	<b>Restricted funds 2024 £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
	<b>Notes</b>				
<b>Income and endowments from:</b>					
Donations and legacies	<b>3</b>	693	-	693	8,146
Charitable activities	<b>4</b>	46,200	854,574	900,774	739,253
Investments	<b>5</b>	5,262	-	5,262	2,275
Other income	<b>6</b>	5,000	25,913	30,913	7,837
<b>Total income</b>		<u>57,155</u>	<u>880,487</u>	<u>937,642</u>	<u>757,511</u>
<b>Expenditure on:</b>					
Charitable activities	<b>7</b>	<u>79,410</u>	<u>850,621</u>	<u>930,031</u>	<u>726,975</u>
<b>Net (outgoing)/incoming resources before transfers</b>		(22,255)	29,866	7,611	30,536
Gross transfers between funds		<u>12,416</u>	<u>(12,416)</u>	<u>-</u>	<u>-</u>
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		(9,839)	17,450	7,611	30,536
Fund balances at 1 April 2023		<u>244,550</u>	<u>26,633</u>	<u>271,183</u>	<u>240,647</u>
<b>Fund balances at 31 March 2024</b>		<u><u>234,711</u></u>	<u><u>44,083</u></u>	<u><u>278,794</u></u>	<u><u>271,183</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)  
INCLUDING INCOME AND EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31 MARCH 2024**

Prior financial year

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes			
<b>Income and endowments from:</b>				
Donations and legacies	3	8,146	-	8,146
Charitable activities	4	36,000	703,253	739,253
Investments	5	2,275	-	2,275
Other income	6	5,000	2,837	7,837
<b>Total income</b>		<b>51,421</b>	<b>706,090</b>	<b>757,511</b>
<b>Expenditure on:</b>				
Charitable activities	7	35,312	691,663	726,975
<b>Net (outgoing)/incoming resources before transfers</b>		<b>16,109</b>	<b>14,427</b>	<b>30,536</b>
Gross transfers between funds		1,394	(1,394)	-
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		<b>17,503</b>	<b>13,033</b>	<b>30,536</b>
Fund balances at 1 April 2022		227,047	13,600	240,647
<b>Fund balances at 31 March 2023</b>		<b>244,550</b>	<b>26,633</b>	<b>271,183</b>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**BALANCE SHEET**  
**AS AT 31 MARCH 2024**

		2024		2023	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	13		219		989
<b>Current assets</b>					
Debtors	14	15,457		12,468	
Cash at bank and in hand		348,049		435,755	
		<u>363,506</u>		<u>448,223</u>	
<b>Creditors: amounts falling due within one year</b>	15	<u>(84,931)</u>		<u>(178,029)</u>	
<b>Net current assets</b>			278,575		270,194
<b>Total assets less current liabilities</b>			<u>278,794</u>		<u>271,183</u>
<b>The funds of the charity</b>					
Restricted income funds	18	44,083		26,633	
Unrestricted funds		234,711		244,550	
		<u>278,794</u>		<u>271,183</u>	

The financial statements were approved by the trustees on 16 August 2024

**K Watson**  
**Trustee**

Company registration number 03130902 (England and Wales)

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	£	2023 £	£
<b>Cash flows from operating activities</b>					
Cash (absorbed by)/generated from operations	23		(92,968)		30,285
<b>Investing activities</b>					
Purchase of tangible fixed assets		-		(1,135)	
Investment income received		5,262		2,275	
<b>Net cash generated from investing activities</b>			5,262		1,140
<b>Net (decrease)/increase in cash and cash equivalents</b>			(87,706)		31,425
Cash and cash equivalents at beginning of year			435,755		404,330
<b>Cash and cash equivalents at end of year</b>			348,049		435,755

# **THE NORTH TYNESIDE CARERS' CENTRE**

## **(A COMPANY LIMITED BY GUARANTEE)**

### **NOTES TO THE FINANCIAL STATEMENTS**

#### **FOR THE YEAR ENDED 31 MARCH 2024**

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## **1 Accounting policies**

### **Charity information**

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Wallsend Customer First Centre Floor 2, 16 The Forum, Wallsend, Tyne And Wear, NE28 8JR.

### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

### **1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

### **1.4 Income**

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.



**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

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**1 Accounting policies**

**(Continued)**

**1.5 Expenditure**

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

**1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

**1.7 Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

**1.8 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**1.9 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

---

**1 Accounting policies**

**(Continued)**

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**1.10 Taxation**

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within

**1.11 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**1.12 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

**1.13 Leases**

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

**2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**3 Income from donations and legacies**

	<b>Unrestricted funds 2024 £</b>	<b>Unrestricted funds 2023 £</b>
Donations and gifts	693	8,146
	<u>          </u>	<u>          </u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**4 Charitable activities**

	<b>Carers' support 2024 £</b>	<b>Carers' support 2023 £</b>
Grants	900,774	739,253
Analysis by fund		
Unrestricted funds	46,200	36,000
Restricted funds	854,574	703,253
	900,774	739,253

**Grants**

	<b>Unrestricted funds 2024 £</b>	<b>Restricted funds 2024 £</b>	<b>Total funds 2024 £</b>	<b>Unrestricted funds 2023 £</b>	<b>Restricted funds 2023 £</b>	<b>Total funds 2023 £</b>
NTC - Carers Prevention & Wellbeing Workers	-	196,731	196,731	-	159,107	159,107
NTC - Carer Prevention Workers additional funding	-	3,620	3,620	-	517	517
NTC - Young Carers Service Manager	-	37,551	37,551	-	37,551	37,551
NTC - Bottled Up Project	-	15,955	15,955	-	12,858	12,858
NTC - Young Carers Link Worker	-	35,033	35,033	-	35,033	35,033
NTC - Social Action	-	-	-	-	2,547	2,547
NTC - Family Support Worker	-	40,592	40,592	-	31,408	31,408
NTC - Holiday Activity Fund	-	5,666	5,666	-	6,062	6,062
NTC - Young Mayors Youth Activities Grant	-	1,000	1,000	-	-	-
NTC - Other	-	370	370	-	-	-
North East & North Cumbria ICB - Young Carers Support	-	89,835	89,835	-	78,604	78,604
North East & North Cumbria ICB - Therapeutic Support for Young Carers	-	30,000	30,000	-	30,600	30,600
Carry forward	-	456,353	456,353	-	394,287	394,287

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**4 Charitable activities**

**(Continued)**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Brought forward	-	456,353	456,353	-	394,287	394,287
North East & North Cumbria ICB - Strategic Work	-	21,329	21,329	-	20,953	20,953
North East & North Cumbria ICB - Mental Health Workers	-	87,011	87,011	-	61,481	61,481
North East & North Cumbria ICB - Training Officer	-	18,673	18,673	-	16,428	16,428
North East & North Cumbria ICB - Senior Prevention Worker	-	38,427	38,427	-	31,573	31,573
North East & North Cumbria ICB - Prevention Worker additional Funding	-	-	-	-	4,137	4,137
North East & North Cumbria ICB - Young Carers In School Programme	-	17,450	17,450	-	-	-
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	9,066	9,066	-	26,934	26,934
North Of Tyne Combined Authority	-	111,362	111,362	-	37,291	37,291
BBC Children in Need	-	35,257	35,257	-	35,738	35,738
Carers Trust - Young Carers Activity Day	-	750	750	-	680	680
Freemasons of Northumberland	-	-	-	-	7,612	7,612
Garfield Weston Foundation	25,000	-	25,000	20,000	-	20,000
Carers Trust Individual Grants	-	5,249	5,249	-	3,224	3,224
Healthwatch North Tyne side Equally Well Funding	-	-	-	-	1,070	1,070
Mazars Charitable Trust	-	800	800	-	-	-
Sage	-	5,000	5,000	-	-	-
St Andrews United Reformed Church	200	-	200	-	-	-
The Ballinger Trust	20,000	-	20,000	15,000	-	15,000
Carry forward	45,200	806,727	851,927	35,000	641,408	676,408

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**4 Charitable activities**

**(Continued)**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Brought forward	45,200	806,727	851,927	35,000	641,408	676,408
The Joseph Strong Frazer Trust	1,000	-	1,000	1,000	-	1,000
The National Lottery Community Fund	-	11,834	11,834	-	30,619	30,619
The National Lottery Community Fund - Awards for All	-	8,665	8,665	-	1,330	1,330
The Wellesley Trust/Community Foundation	-	10,000	10,000	-	10,000	10,000
Foundation for Loneliness	-	15,348	15,348	-	18,896	18,896
Voda - Winter Resilience Fund	-	2,000	2,000	-	1,000	1,000
	<u>46,200</u>	<u>854,574</u>	<u>900,774</u>	<u>36,000</u>	<u>703,253</u>	<u>739,253</u>

**5 Investments**

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	<u>5,262</u>	<u>2,275</u>

**6 Other income**

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Access to Work grant	-	25,913	25,913	-	2,837	2,837
HMRC Employment allowance	5,000	-	5,000	5,000	-	5,000
	<u>5,000</u>	<u>25,913</u>	<u>30,913</u>	<u>5,000</u>	<u>2,837</u>	<u>7,837</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**7 Expenditure on charitable activities**

	<b>Carers' support 2024 £</b>	<b>Carers' support 2023 £</b>
<b>Direct costs</b>		
Staff costs	675,441	581,614
Direct service costs	142,835	89,825
Premises costs	40,756	26,480
	<u>859,032</u>	<u>697,919</u>
<b>Share of support and governance costs (see note 8)</b>		
Support	49,625	15,868
Governance	21,374	13,188
	<u>930,031</u>	<u>726,975</u>
<b>Analysis by fund</b>		
Unrestricted funds	79,410	35,312
Restricted funds	850,621	691,663
	<u>930,031</u>	<u>726,975</u>

**8 Support costs**

	<b>Support costs £</b>	<b>Governance costs £</b>	<b>2024 £</b>	<b>Support costs £</b>	<b>Governance costs £</b>	<b>2023 £</b>
Depreciation	770	-	770	1,302	-	1,302
General office costs	48,855	-	48,855	14,566	-	14,566
Audit fees	-	4,320	4,320	-	3,600	3,600
Legal and professional	-	15,243	15,243	-	8,123	8,123
Other governance costs	-	1,811	1,811	-	1,465	1,465
	<u>49,625</u>	<u>21,374</u>	<u>70,999</u>	<u>15,868</u>	<u>13,188</u>	<u>29,056</u>
Analysed between						
Charitable activities	<u>49,625</u>	<u>21,374</u>	<u>70,999</u>	<u>15,868</u>	<u>13,188</u>	<u>29,056</u>

Governance costs includes payments to the auditors of £4,320 (2023: £3,600) for audit fees.

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

<b>9</b>	<b>Net movement in funds</b>	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
	The net movement in funds is stated after charging/(crediting):		
	Fees payable for the audit of the charity's financial statements	4,320	3,600
	Depreciation of owned tangible fixed assets	770	1,302
		<u>          </u>	<u>          </u>

**10 Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

**11 Employees**

The average monthly number of employees during the year was:

	<b>2024</b>	<b>2023</b>
	<b>Number</b>	<b>Number</b>
Chief Executive	1	1
Operations managers	1	-
Service Managers	2	2
Project staff	21	20
Administration and support	2	2
	<u>          </u>	<u>          </u>
Total	27	25
	<u>          </u>	<u>          </u>

<b>Employment costs</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages and salaries	605,144	520,563
Social security costs	51,721	44,414
Other pension costs	17,898	16,014
	<u>          </u>	<u>          </u>
	674,763	580,991
	<u>          </u>	<u>          </u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

	<b>2024</b>	<b>2023</b>
	<b>Number</b>	<b>Number</b>
£60,000 - £69,999	1	-
	<u>          </u>	<u>          </u>



**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**11 Employees**

**(Continued)**

**Remuneration of key management personnel**

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and Operations Manager.

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Aggregate compensation	120,926	169,961

**12 Taxation**

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

**13 Tangible fixed assets**

	<b>Office Equipment £</b>
<b>Cost</b>	
At 1 April 2023	14,187
At 31 March 2024	14,187
<b>Depreciation and impairment</b>	
At 1 April 2023	13,198
Depreciation charged in the year	770
At 31 March 2024	13,968
<b>Carrying amount</b>	
At 31 March 2024	219
At 31 March 2023	989

**14 Debtors**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Amounts falling due within one year:</b>		
Trade debtors	3,354	1,357
Other debtors	5,574	5,574
Prepayments and accrued income	6,529	5,537
	15,457	12,468

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**15 Creditors: amounts falling due within one year**

	Notes	2024 £	2023 £
Other taxation and social security		10,972	9,731
Deferred income	16	28,452	149,108
Trade creditors		6,506	6,448
Other creditors		15,461	656
Accruals		23,540	12,086
		<u>84,931</u>	<u>178,029</u>

**16 Deferred income**

	2024 £	2023 £
Arising from Deferred income	<u>28,452</u>	<u>149,108</u>
Movements in the year:		
Deferred income at 1 April 2023	149,108	165,024
Released from previous periods	(149,108)	(165,024)
Resources deferred in the year	<u>28,452</u>	<u>149,108</u>
Deferred income at 31 March 2024	<u>28,452</u>	<u>149,108</u>

Deferred income is included in the financial statements as follows:

	2024 £	2023 £
North East & North Cumbria ICB - Training Officer	-	1,225
North East & North Cumbria ICB - Mental Health Workers	-	11,843
North East & North Cumbria ICB - Young Carers Support	-	4,639
North East & North Cumbria ICB - Senior Prevention Worker	-	3,427
North East & North Cumbria ICB - Young Carers Healthcare Contract	16,271	33,722
North Tyneside Council -Bottled Up Project	-	3,142
North Tyneside Council - Carers Prevention & Wellbeing Workers	4,000	14,520
North Tyneside Council - Family Support Worker	-	4,592
North Tyneside Council - Additional Prevention Worker	-	3,619
North of Tyne Combined Authority	250	10,862
BBC Children in Need	4,934	9,608
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust	-	9,066
The National Lottery Community Fund	2,997	14,831
The National Lottery Community Fund - Awards for All	-	8,665
Voda - Ending Loneliness	-	15,347
	<u>28,452</u>	<u>149,108</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**17 Retirement benefit schemes**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Defined contribution schemes</b>		
Charge to profit or loss in respect of defined contribution schemes	17,898	16,014
	<u>17,898</u>	<u>16,014</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £17,898 (2023: £16,014). At the balance sheet date a pension liability of £nil (2023: £nil) was outstanding.

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**18 Restricted funds**

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

Current financial year	Movement in funds				Balance at 31 March 2024
	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
<b>North Tyneside Council:</b>					
Young Carer Service Manager	-	37,551	(37,551)	-	-
Young Mayors Youth Activities Grant (YAC)	-	1,000	(541)	-	459
Carers Prevention & Wellbeing Workers	-	196,731	(187,782)	(5,949)	3,000
Family Support Worker	-	40,592	(39,086)	(1,506)	-
Carer Prevention Workers additional funding	-	3,620	(3,620)	-	-
Young Carers Link Worker	-	35,033	(35,033)	-	-
Bottled Up Project	-	15,955	(7,593)	-	8,362
Holiday Action Fund	3,805	5,666	(5,533)	-	3,938
Social Action	2,547	-	(10)	-	2,537
Other	-	370	(370)	-	-
<b>North East &amp; North Cumbria Integrated Care Board:</b>					
Strategic Work	-	21,329	(21,329)	-	-
Mental Health Workers	-	87,011	(85,407)	-	1,604
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	30,000	(30,000)	-	-
Training Officer	-	18,673	(18,673)	-	-
Young Carers Support	-	89,835	(85,580)	(4,255)	-
Young Carers In School Programme	-	17,450	(17,450)	-	-
Senior Prevention Worker	-	38,427	(37,721)	(706)	-
<b>Charitable Trusts and Foundations:</b>					
Access to Work	-	25,913	(25,913)	-	-
BBC Children in Need	-	35,257	(34,601)	-	656
Carers Trust - YCAD	182	750	(932)	-	-
Carers Trust Individual Grants	535	5,249	(4,773)	-	1,011
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	9,066	(9,066)	-	-
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	5,641	-	(1,062)	-	4,579
Mazars Charitable Trust	-	800	-	-	800
Healthwatch Equally Well Funding	186	-	-	-	186
NET Coronavirus Appeal/Community Foundation	201	-	-	-	201
North of Tyne Combined Authority	-	111,362	(111,362)	-	-
R W Mann Trust	1,345	-	-	-	1,345
Sage Foundation	-	5,000	-	-	5,000
Sir James Knott Trust	757	-	(407)	-	350
The Hedley Foundation	1,181	-	(83)	-	1,098
The Henry Smith Charity/Community Foundation	679	-	(296)	-	383
The National Lottery Community Fund	2,729	11,834	(11,834)	-	2,729
Carry forward	21,700	844,474	(813,608)	(12,416)	40,150

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**18 Restricted funds**

**(Continued)**

	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
Brought forward	21,700	844,474	(813,608)	(12,416)	40,150
The National Lottery Community Fund - Awards for All	-	8,665	(8,665)	-	-
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
Triangle Trust Fund	155	-	-	-	155
Voda - Ending Loneliness	-	15,348	(15,348)	-	-
Voda - Winter Resilience Fund	1,000	2,000	(3,000)	-	-
Whitley Bay Singing Group	2,778	-	-	-	2,778
	<u>26,633</u>	<u>880,487</u>	<u>(850,621)</u>	<u>12,416</u>	<u>44,083</u>

Prior financial year	Movement in funds				
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Young Carer Service Manager	-	37,551	(37,551)	-	-
Carers Prevention & Wellbeing Workers	-	159,107	(159,107)	-	-
Family Support Worker	-	31,408	(31,408)	-	-
Carer Prevention Workers additional funding	-	517	(517)	-	-
Young Carers Link Worker	-	35,033	(35,033)	-	-
Bottled Up Project	-	12,858	(12,858)	-	-
Holiday Action Fund	-	6,062	(2,257)	-	3,805
Social Action	-	2,547	-	-	2,547
Strategic Work	-	20,953	(20,953)	-	-
Mental Health Workers	980	61,481	(62,461)	-	-
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	30,600	(30,600)	-	-
Training Officer	-	16,428	(16,428)	-	-
Young Carers Support	-	78,604	(78,604)	-	-
Senior Prevention Worker	-	31,573	(31,573)	-	-
Carer Prevention Workers additional funding	-	4,137	(3,108)	(1,029)	-
Access to Work	-	2,837	(2,837)	-	-
BBC Children in Need Young Carers Worker	-	34,738	(34,738)	-	-
BBC Children in Need Money Heros	-	1,000	(635)	(365)	-
Carers Trust - YCAD	-	680	(498)	-	182
Carers Trust Individual Grants	-	3,224	(2,689)	-	535
	<u>1,476</u>	<u>571,338</u>	<u>(563,855)</u>	<u>(1,394)</u>	<u>7,565</u>
Carry forward	1,476	571,338	(563,855)	(1,394)	7,565

**THE NORTH TYNESIDE CARERS' CENTRE**  
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**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**18 Restricted funds**

**(Continued)**

	<b>Balance at 1 April 2022</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>Balance at 31 March 2023</b>
Brought forward	1,476	571,338	(563,855)	(1,394)	7,565
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	26,934	(26,934)	-	-
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	-	7,612	(1,971)	-	5,641
Healthwatch Equally Well Funding	-	1,070	(884)	-	186
NET Coronavirus Appeal/Community Foundation	253	-	(52)	-	201
North of Tyne Combined Authority	-	37,291	(37,291)	-	-
R W Mann Trust	2,000	-	(655)	-	1,345
Sir James Knott Trust	1,551	-	(794)	-	757
The Hedley Foundation	1,181	-	-	-	1,181
The Henry Smith Charity/Community Foundation	1,012	-	(333)	-	679
The National Lottery Community Fund	-	30,619	(27,890)	-	2,729
The National Lottery Community Fund - Awards for All	-	1,330	(1,330)	-	-
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Triangle Trust Fund	933	-	778	-	155
Voda - Ending Loneliness	-	18,896	(18,896)	-	-
Voda - Winter Resilience Fund	-	1,000	-	-	1,000
Whitley Bay Singing Group	2,778	-	-	-	2,778
	<u>13,600</u>	<u>706,090</u>	<u>(691,663)</u>	<u>1,394</u>	<u>26,633</u>

**THE NORTH TYNESIDE CARERS' CENTRE  
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

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**18 Restricted funds**

**(Continued)**

***North Tyneside Council:***

**Young Carers Service Manager**

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

**Carers Wellbeing Workers**

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

**Carers Prevention Workers**

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

**Young Carers Link Worker**

This represents funding to ensure young carers are offered regular statutory assessments and quality assess those assessments to ensure a high standard of support across the borough.

**Bottled Up Project:**

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

**Family Support Worker**

This represents funding to support a family support worker to work with young carers and their families, who have no other support in place.

***North East & North Cumbria Integrated Care Board (formerly North Tyneside Clinical Commissioning Group):***

**Strategic Work**

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

**Mental Health**

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

**Young Carers Support**

This represents funding received to support the Young Carers' Project.

**Therapeutic Support for Young Carers**

This represents funding received to provide specialist carer support.

**Training Officer**

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care. Charitable trusts and foundations:

**Young Carers In School Programme**

Funded to support a pilot project for 12 months to change the culture within 10 schools through improving identification and support of young carers.

**Senior Prevention Worker**

Funding to support a senior worker to triage new referrals, allocate cases, provide supervision to Prevention Workers and carry a caseload.

**THE NORTH TYNESIDE CARERS' CENTRE  
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2024**

**18 Restricted funds**

**(Continued)**

**Carers Trust Grants**

This represents funding received from carers trust to support carers and their needs.

**Cumbria, Northumberland, Tyne and Wear NHS Foundation**

Funding to support a Mental Health Information Advice and Guidance Worker, to meet additional demand on the service.

**BBC Children in Need**

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.

**North of Tyne Combined Authority:**

**Carers into Work Advisor.**

This represents funding to help carers access employment, education or training.

**The Wellesley Trust Fund at the Community Foundation Tyne & Wear and Northumberland**

This represents funding received to the Young Carers' Project.

**The National Lottery Community Fund**

Funding to create carer friendly communities in North Tyneside which recognise and support carers at an early stage. The support will help reduce isolation as a result of being better connected to people and organisations in their local community.

**The National Lottery Awards for All**

Funding to provide administration support to the management team.

**VODA - Ending Loneliness in North Tyneside**

Funding to work in partnership with VODA, Age UK and the CAB to reduce isolation in North Tyneside and connect people. The Carers' Centre will support carers to become reconnected in their local community, making friendships and developing a network of peer support to reduce isolation.

**Access to Work**

A grant scheme that provides support to disabled people who are in paid employment.

**Other grants**

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

**19 Unrestricted funds**

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	<b>At 1 April 2023</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>At 31 March 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
General funds	244,550	57,155	(79,410)	12,416	234,711



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**FOR THE YEAR ENDED 31 MARCH 2024**

**19 Unrestricted funds (Continued)**

Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	227,047	51,421	(35,312)	1,394	244,550

**20 Analysis of net assets between funds**

Current financial year	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 31 March 2024 are represented by:			
Tangible assets	219	-	219
Current assets/(liabilities)	234,492	44,083	278,575
	234,711	44,083	278,794

Prior financial year	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Tangible assets	989	-	989
Current assets/(liabilities)	243,561	26,633	270,194
	244,550	26,633	271,183

**21 Operating lease commitments**

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024 £	2023 £
Within one year	20,976	19,606
Between two and five years	60,000	60,976
In over five years	6,667	26,667
	87,643	107,249

**22 Related party transactions**

There were no disclosable related party transactions during the year (2023: none).

**THE NORTH TYNESIDE CARERS' CENTRE**  
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**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

<b>23</b>	<b>Cash generated from operations</b>	<b>2024</b> <b>£</b>	<b>2023</b> <b>£</b>
	Surplus for the year	7,611	30,536
	Adjustments for:		
	Investment income recognised in statement of financial activities	(5,262)	(2,275)
	Depreciation and impairment of tangible fixed assets	770	1,302
	Movements in working capital:		
	(Increase)/decrease in debtors	(2,989)	10,360
	Increase in creditors	27,558	6,278
	(Decrease) in deferred income	(120,656)	(15,916)
	<b>Cash (absorbed by)/generated from operations</b>	<b>(92,968)</b>	<b>30,285</b>
<b>24</b>	<b>Analysis of changes in net funds</b>		
	The charity had no material debt during the year.		