

Charity registration number 1051472

Company registration number 03130902 (England and Wales)

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	AT Waggott-Fairley P Waggott PG Earley K Watson DM Baldwin
Chief executive	C Easton
Charity number	1051472
Company number	03130902
Registered office	Wallsend Customer First Centre Floor 2 16 The Forum Wallsend Tyne And Wear NE28 8JR
Auditor	Sumer Auditco Limited The Beehive, Beehive Ring Road London Gatwick Airport Gatwick United Kingdom RH6 0PA
Bankers	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG
Solicitors	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) CONTENTS

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THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The mission statement of the North Tyneside Carers' Centre is:

"To improve the quality of life for carers in North Tyneside"

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

We continued to see an increase in referrals for our service during 2022 – 2023, whilst experiencing significant challenges recruiting and retaining staff. This impacted on our ability to meet demand and additionally, the cost of living and the impact of the pandemic on carers' mental health, resulted in more complex cases and carers requiring intensive support.

6,263 adult carers and 638 young carers were registered with the Centre during the year and received regular information bulletins and access to the website and resources. 1,561 adult carers and 180 young carers accessed a direct intervention during the year.

At a strategic level we continued as a lead partner on North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. On behalf of the board, we developed a young carers survey with Healthwatch, to understand the impact of the pandemic on young carers. 103 carers responded, with many reporting their caring responsibilities had increased as a direct result of the pandemic. Young carers also identified they were struggling with their mental wellbeing and prioritised their caring responsibilities over their education. The key issues from the survey and our recommendations were presented to the board and other key strategic boards to ensure they considered the needs of carers in their workplans moving forward. This resulted in additional funding to support a 'Young Carers in Schools Programme': to increase identification and support for young carers in schools.

During the year we worked with North East & North Cumbria Integrated Care Board to support GP practices to work towards the 'Carer Friendly GP Award Scheme', bronze level. Training was delivered to all carers champions and ongoing support provided throughout the year to facilitate regular GP Carers Champion network meetings, and, ensure systems and processes helped practices identify and code carers appropriately. As a result, we received 165 referrals from GP practices during the year, compared with 12 referrals the previous year. Towards the end of the year, 8 practices were awarded their bronze awards.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

During the period the Adult Carers' Service advice line responded to 4,188 enquiries from carers offering information, advice and emotional support. 52% of the contacts were in relation to improved access to support and services for the carer and person they cared for. 21% of contacts were to access emotional support and 12% of contacts were to reduce isolation and loneliness.

We delivered one to one intensive emotional and practical support via the telephone/text and face to face to 289 adult carers, who were struggling to manage their caring responsibilities. This was a decrease from the previous year due to gaps in post. Many of these carers were looking after someone with dementia or autism. We helped carers recognise the impact of caring on their wellbeing and supported them to take appropriate steps to maintain their wellbeing through developing coping strategies e.g. relaxation techniques. We helped carers navigate the health and social care system and provided advocacy support to ensure their views were heard during care planning.

We delivered 57 peer support groups with 275 attendances, 58 wellbeing and social activities with 314 attendances and 50 training sessions with 290 attendances. We focused on building carers resilience and provided strategies to help them manage their wellbeing. We connected carers with groups in their local communities and other carers to increase their support network.

The Young Carers Service provided a direct service to 180 unique young carers. Family Support Workers provided intense one to one support to 130 young carers and their families via the telephone/text and face to face. They provided a range of interventions to support young carers to maintain their emotional and physical wellbeing, have aspirations and a life outside of caring. They supported families to access support services to reduce inappropriate levels of care. The workers delivered 2 'Heads Up' emotional wellbeing programmes to groups of young carers to their focus on building resilience, identifying positives and challenges related to caring responsibilities; managing feelings; friendships and who can help and support networks. They also delivered a school transition programme to young carers who were moving between primary and secondary school to help equip them for the move.

An exercise with Early Help and Education North Tyneside to track the attendance levels of young carers pre and post Covid identified that over 81% of young carers had lower attendance levels post pandemic. Follow up calls were made to schools and families to understand if the absence was due to increased caring responsibilities. 30% of those contacted had improved attendance during the summer 2022 term as a result.

The Breaks and Activities team delivered 122 sessions with a total attendance of 1018 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. Sessions included cookery sessions, drama sessions, arts sessions; climbing, Halloween party and trips to the beach. During the school holidays we delivered longer sessions during the day. We arranged a residential trip to High Borran in the summer holidays for 28 young carers.

During the year the Centre's Therapeutic Practitioner delivered 106 dramatherapy sessions to 27 young carers. The minimum number of sessions provided to a young carer was 8 and the maximum 20. Sessions identified trauma in many of the young carers including sexual abuse, physical abuse, neglect and domestic violence e.g. 63% of the young carers had witnessed domestic violence and/ or sexual violence. 75% of young carers who were referred to the Therapeutic Practitioner were caring for someone with a mental health issue. Feedback from young carers, their parents and schools was very positive about the difference the intervention had made.

We continued to work with the North of Tyne Combined Authority, Carers Northumberland and Newcastle Carers to provide the Carers into Work Project: to support carers who were in work and struggling to juggle work alongside caring, and, those who were looking to return to work/training or education. During the year we supported 134 carers: interventions included support to overcome barriers relating to caring; support to improve confidence and self-esteem; support with CV's, interview techniques and support to find suitable employment. The outcomes the project achieved were very positive with 35% returning to work training or education.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity's main source of income are performance related grants of £739,253 (2022: £746,795). The charity also received donations of £8,146 (2022: £1,468), investment income of £2,275 (2022: £1,249) and other income of £7,837 (2022: £7,345). The charity's charitable costs have reduced in the year leaving in a surplus of £30,536 (2022: £1,422 deficit). All funding received from the Community Foundation should be recognised as Community Foundation Tyne & Wear and Northumberland.

The charity has a net asset worth and reserves of £271,183 at 31 March 2023 (2022: £240,647). The charity's unrestricted reserves totalled £244,550 (2022: £227,047) and are represented by capital assets of £989 (2022: £1,156) and net current assets of £243,56 (2022: £225,891). The charity's restricted reserves totalled £26,633 (2022: £13,600) which are represented by net current assets.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

Plans for future periods

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. Carers' feedback and experiences will be fed into strategic boards to influence local decision making.

We will work with the Integrated Care Board to explore the feasibility of a carers passport across health and social care in North Tyneside and lead on the development of a self-audit tool for partners to identify and measure their effectiveness in supporting and involving carers. We will continue to support GP practices to work towards silver level of the 'Carer Friendly GP Award Scheme' and work with North Tyneside Council to improve carers assessments and their experiences.

We will implement the Young Carers in Schools Programme and identify 10 schools to work with in the borough to create a young carer friendly culture within schools. This will include workforce development for all staff in schools and the development of peer support groups for young carers.

We will consult with key stakeholders about our Corporate Strategy for the next five years and overhaul our service delivery model to deliver accessible services to carers in their local communities.

Structure, governance and management

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

THE NORTH TYNESIDE CARERS' CENTRE

(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

AT Waggott-Fairley

P Waggott

PG Earley

E Boal

(Resigned 4 October 2022)

G Davison

(Resigned 7 September 2022)

K Watson

DM Baldwin

Recruitment and appointment of trustees

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

Induction and training of trustees

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Key management remuneration

The directors consider the Board of Directors, who are trustees of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £169,961 (2022 - £160,533) during the year. The pay for senior staff is kept under review by the Board of Directors.

Related parties

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

Statement of trustees' responsibilities

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

In accordance with the company's articles, a resolution proposing that Sumer Auditco Limited be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

K Watson

Trustee

Dated: 14 October 2023

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE

Opinion

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Mr Stephen Slater (Senior Statutory Auditor)
for and on behalf of Sumer Auditco Limited
Statutory Auditor
The Beehive, Beehive Ring Road
Gatwick
RH6 0PA**

Date: 23 November 2023

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023**

Current financial year

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
	Notes				
Income and endowments from:					
Donations and legacies	3	8,146	-	8,146	1,468
Charitable activities	4	36,000	703,253	739,253	746,795
Investments	5	2,275	-	2,275	1,249
Other income	6	5,000	2,837	7,837	7,345
Total income		<u>51,421</u>	<u>706,090</u>	<u>757,511</u>	<u>756,857</u>
Expenditure on:					
Charitable activities	7	<u>35,312</u>	<u>691,663</u>	<u>726,975</u>	<u>758,279</u>
Net incoming/(outgoing) resources before transfers		16,109	14,427	30,536	(1,422)
Gross transfers between funds		<u>1,394</u>	<u>(1,394)</u>	<u>-</u>	<u>-</u>
Net income/(expenditure) for the year/ Net movement in funds		17,503	13,033	30,536	(1,422)
Fund balances at 1 April 2022		<u>227,047</u>	<u>13,600</u>	<u>240,647</u>	<u>242,069</u>
Fund balances at 31 March 2023		<u><u>244,550</u></u>	<u><u>26,633</u></u>	<u><u>271,183</u></u>	<u><u>240,647</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023**

Prior financial year

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes			
Income and endowments from:				
Donations and legacies	3	1,468	-	1,468
Charitable activities	4	22,027	724,768	746,795
Investments	5	1,249	-	1,249
Other income	6	4,000	3,345	7,345
Total income		<u>28,744</u>	<u>728,113</u>	<u>756,857</u>
Expenditure on:				
Charitable activities	7	19,788	738,491	758,279
Net incoming/(outgoing) resources before transfers		8,956	(10,378)	(1,422)
Gross transfers between funds		32,446	(32,446)	-
Net income/(expenditure) for the year/ Net movement in funds		41,402	(42,824)	(1,422)
Fund balances at 1 April 2021		185,645	56,424	242,069
Fund balances at 31 March 2022		<u>227,047</u>	<u>13,600</u>	<u>240,647</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	12		989		1,156
Current assets					
Debtors	13	12,468		22,828	
Cash at bank and in hand		435,755		404,330	
		<u>448,223</u>		<u>427,158</u>	
Creditors: amounts falling due within one year	14	<u>(178,029)</u>		<u>(187,667)</u>	
Net current assets			270,194		239,491
Total assets less current liabilities			<u>271,183</u>		<u>240,647</u>
Income funds					
Restricted funds	17	26,633		13,600	
Unrestricted funds		244,550		227,047	
		<u>271,183</u>		<u>240,647</u>	

The financial statements were approved by the Trustees on 14 October 2023

K Watson
Trustee

Company registration number 03130902

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash generated from operations	21		30,285		77,980
Investing activities					
Purchase of tangible fixed assets		(1,135)		(1,537)	
Investment income received		2,275		1,249	
Net cash generated from/(used in) investing activities			1,140		(288)
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			31,425		77,692
Cash and cash equivalents at beginning of year			404,330		326,638
Cash and cash equivalents at end of year			435,755		404,330

THE NORTH TYNESIDE CARERS' CENTRE

(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Wallsend Customer First Centre Floor 2, 16 The Forum, Wallsend, Tyne And Wear, NE28 8JR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	8,146	1,468
	<u>8,146</u>	<u>1,468</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Carers' support 2023 £	Carers' support 2022 £
Grants	739,253	746,795
Analysis by fund		
Unrestricted funds	36,000	22,027
Restricted funds	703,253	724,768
	<u>739,253</u>	<u>746,795</u>

Grants

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
NTC -Carers Prevention & Wellbeing Workers	-	159,107	159,107	-	161,393	161,393
NTC - Carer Prevention Workers additional funding	-	517	517	-	4,363	4,363
NTC - Young Carers Service Manager	-	37,551	37,551	-	36,815	36,815
NTC - Bottled Up Project	-	12,858	12,858	-	14,945	14,945
NTC - Young Carers Link Worker	-	35,033	35,033	-	34,346	34,346
NTC - Infection Control Grant	-	-	-	986	802	1,788
NTC - Social Action	-	2,547	2,547	-	3,233	3,233
NTC - Family Support Worker	-	31,408	31,408	-	20,201	20,201
NTC - Holiday Activity Fund	-	6,062	6,062	79	4,898	4,977
North East & North Cumbria ICB - Young Carers Support	-	78,604	78,604	2,305	86,015	88,320
North East & North Cumbria ICB - Therapeutic Support for Young Carers	-	30,600	30,600	-	23,400	23,400
North East & North Cumbria ICB - Strategic Work	-	20,953	20,953	-	20,418	20,418
Carry forward	-	415,240	415,240	3,370	410,829	414,199

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Brought forward	-	415,240	415,240	3,370	410,829	414,199
North East & North Cumbria ICB - Mental Health Workers	-	61,481	61,481	775	71,182	71,957
North East & North Cumbria ICB - Carers Vaccination Programme	-	-	-	-	2,345	2,345
North East & North Cumbria ICB - Training Officer	-	16,428	16,428	-	16,701	16,701
North East & North Cumbria ICB - Senior Prevention Worker	-	31,573	31,573	-	-	-
North East & North Cumbria ICB - Prevention Worker additional Funding	-	4,137	4,137	-	4,363	4,363
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	26,934	26,934	-	-	-
North Of Tyne Combined Authority	-	37,291	37,291	-	34,640	34,640
BBC Children in Need	-	35,738	35,738	-	29,684	29,684
Carers Trust grants	-	-	-	-	2,662	2,662
Carers Trust - Planning for Tomorrow	-	-	-	-	588	588
Carers Trust - Quilter Aspirations Fund	-	-	-	-	851	851
Carers Trust - Young Carers Activity Day	-	680	680	-	-	-
Comic Relief - Social Action	-	-	-	-	23,033	23,033
Freemasons of Northumberland	-	7,612	7,612	-	2,388	2,388
Garfield Weston Foundation	20,000	-	20,000	-	-	-
Carers Trust Individual Grants	-	3,224	3,224	-	-	-
Healthwatch North Tyneside Equally Well Funding	-	1,070	1,070	-	2,258	2,258
Longlife Financial Planning	-	-	-	-	190	190
Carry forward	20,000	641,408	661,408	4,145	601,714	605,859

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Brought forward	20,000	641,408	661,408	4,145	601,714	605,859
Riding Grassroots Fund/Community	-	-	-	500	-	500
Safe Education	-	-	-	1,340	-	1,340
Community Foundation	-	-	-	42	4,945	4,987
The Ballinger Trust	15,000	-	15,000	15,000	-	15,000
The Joseph Strong Frazer Trust	1,000	-	1,000	1,000	-	1,000
The National Lottery Community Fund	-	30,619	30,619	-	83,932	83,932
The National Lottery Community Fund - Awards for All	-	1,330	1,330	-	-	-
The Wellesley Trust/Community	-	10,000	10,000	-	10,000	10,000
Foundation for Reducing Loneliness	-	18,896	18,896	-	24,177	24,177
Voda - Winter Resilience Fund	-	1,000	1,000	-	-	-
	<u>36,000</u>	<u>703,253</u>	<u>739,253</u>	<u>22,027</u>	<u>724,768</u>	<u>746,795</u>

5 Investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Interest receivable	<u>2,275</u>	<u>1,249</u>

6 Other income

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Access to Work grant	-	2,837	2,837	-	3,345	3,345
HMRC Employment allowance	<u>5,000</u>	<u>-</u>	<u>5,000</u>	<u>4,000</u>	<u>-</u>	<u>4,000</u>
	<u>5,000</u>	<u>2,837</u>	<u>7,837</u>	<u>4,000</u>	<u>3,345</u>	<u>7,345</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

	Carers' support 2023 £	Carers' support 2022 £
Staff costs	581,614	604,527
Direct service costs	89,825	93,562
Premises costs	26,480	28,239
	<u>697,919</u>	<u>726,328</u>
Share of support costs (see note 8)	15,868	16,329
Share of governance costs (see note 8)	13,188	15,622
	<u>726,975</u>	<u>758,279</u>
Analysis by fund		
Unrestricted funds	35,312	19,788
Restricted funds	691,663	738,491
	<u>726,975</u>	<u>758,279</u>

8 Support costs

	Support costs £	Governance costs £	2023 £	Support costs £	Governance costs £	2022 £
Depreciation	1,302	-	1,302	988	-	988
General office costs	14,566	-	14,566	15,341	-	15,341
Audit fees	-	3,600	3,600	-	4,320	4,320
Legal and professional	-	8,123	8,123	-	7,077	7,077
Other governance costs	-	1,465	1,465	-	4,225	4,225
	<u>15,868</u>	<u>13,188</u>	<u>29,056</u>	<u>16,329</u>	<u>15,622</u>	<u>31,951</u>
Analysed between						
Charitable activities	<u>15,868</u>	<u>13,188</u>	<u>29,056</u>	<u>16,329</u>	<u>15,622</u>	<u>31,951</u>

Governance costs includes payments to the auditors of £3,600 (2022- £4,320) for audit fees.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
Chief Executive	1	1
Service Managers	2	2
Project staff	20	26
Administration and support	2	1
	<u>25</u>	<u>30</u>

Employment costs

	2023	2022
	£	£
Wages and salaries	520,563	541,219
Social security costs	44,414	44,678
Other pension costs	16,014	17,917
Other staff costs	623	713
	<u>581,614</u>	<u>604,527</u>

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and two Service Managers. The total employee benefits of the key management personnel were £169,961 (2022-£160,533).

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

12 Tangible fixed assets

	Office Equipment
	£
Cost	
At 1 April 2022	13,052
Additions	1,135
	<hr/>
At 31 March 2023	14,187
	<hr/>
Depreciation and impairment	
At 1 April 2022	11,896
Depreciation charged in the year	1,302
	<hr/>
At 31 March 2023	13,198
	<hr/>
Carrying amount	
At 31 March 2023	989
	<hr/> <hr/>
At 31 March 2022	1,156
	<hr/> <hr/>

13 Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Trade debtors	1,357	15,000
Other debtors	5,574	5,574
Prepayments and accrued income	5,537	2,254
	<hr/>	<hr/>
	12,468	22,828
	<hr/> <hr/>	<hr/> <hr/>

14 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	9,731	9,715
Deferred income	149,108	165,024
Trade creditors	6,448	5,774
Other creditors	656	762
Accruals	12,086	6,392
	<hr/>	<hr/>
	178,029	187,667
	<hr/> <hr/>	<hr/> <hr/>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

15 Deferred income

	2023	2022
	£	£
Arising from Deferred income	149,108	165,024

Deferred income is included in the financial statements as follows:

	2023	2022
	£	£
North East & North Cumbria ICB - Training Officer	1,225	-
North East & North Cumbria ICB - Mental Health Workers	11,843	-
North East & North Cumbria ICB - Young Carers Support	4,639	-
North East & North Cumbria ICB - Therapeutic Support for Young Carers	-	15,600
North East & North Cumbria ICB - Senior Prevention Worker	3,427	-
North East & North Cumbria ICB - Additional Prevention Worker	-	4,137
North East & North Cumbria ICB - Young Carers Healthcare Contract	33,722	-
North Tyneside Council -Bottled Up Project	3,142	9,171
North Tyneside Council - Carers Prevention & Wellbeing Workers	14,520	-
North Tyneside Council - Family Support Worker	4,592	6,829
North Tyneside Council - Social Action	-	2,547
North Tyneside Council - Additional Prevention Worker	3,619	4,137
North of Tyne Combined Authority	10,862	22,651
BBC Children in Need	9,608	14,167
Carers Trust grants	-	729
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust	9,066	36,000
Freemasons of Northumberland	-	7,612
Garfield Weston Foundation	-	20,000
The National Lottery Community Fund	14,831	10,693
The National Lottery Community Fund - Awards for All	8,665	-
Voda - Ending Loneliness	15,347	10,751
	<u>149,108</u>	<u>165,024</u>

16 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £16,014 (2022 - £17,917).

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

Current financial year	Movement in funds				Balance at 31 March 2023 £
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	
North Tyneside Council:					
Young Carer Service Manager	-	37,551	(37,551)	-	-
Carers Prevention & Wellbeing Workers	-	159,107	(159,107)	-	-
Family Support Worker	-	31,408	(31,408)	-	-
Carer Prevention Workers additional funding	-	517	(517)	-	-
Young Carers Link Worker	-	35,033	(35,033)	-	-
Bottled Up Project	-	12,858	(12,858)	-	-
Holiday Action Fund	-	6,062	(2,257)	-	3,805
Social Action	-	2,547	-	-	2,547
North East & North Cumbria Integrated Care Board:					
Strategic Work	-	20,953	(20,953)	-	-
Mental Health Workers	980	61,481	(62,461)	-	-
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	30,600	(30,600)	-	-
Training Officer	-	16,428	(16,428)	-	-
Young Carers Support	-	78,604	(78,604)	-	-
Senior Prevention Worker	-	31,573	(31,573)	-	-
Carer Prevention Workers additional funding	-	4,137	(3,108)	(1,029)	-
Charitable Trusts and Foundations:					
Access to Work	-	2,837	(2,837)	-	-
BBC Children in Need Young Carers Worker	-	34,738	(34,738)	-	-
BBC Children in Need Money Heros	-	1,000	(635)	(365)	-
Carers Trust - YCAD	-	680	(498)	-	182
Carers Trust Individual Grants	-	3,224	(2,689)	-	535
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	26,934	(26,934)	-	-
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	-	7,612	(1,971)	-	5,641
Healthwatch Equally Well Funding	-	1,070	(884)	-	186
NET Coronavirus Appeal/Community Foundation	253	-	(52)	-	201
North of Tyne Combined Authority	-	37,291	(37,291)	-	-
R W Mann Trust	2,000	-	(655)	-	1,345
Sir James Knott Trust	1,551	-	(794)	-	757
The Hedley Foundation	1,181	-	-	-	1,181
The Henry Smith Charity/Community Foundation	1,012	-	(333)	-	679
The National Lottery Community Fund	-	30,619	(27,890)	-	2,729
Carry forward	8,889	674,864	(660,659)	(1,394)	21,700

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

(Continued)

	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 31 March 2023
Brought forward	8,889	674,864	(660,659)	(1,394)	21,700
The National Lottery Community Fund - Awards for All	-	1,330	(1,330)	-	-
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Triangle Trust Fund	933	-	778	-	155
Voda - Ending Loneliness	-	18,896	(18,896)	-	-
Voda - Winter Resilience Fund	-	1,000	-	-	1,000
Whitley Bay Singing Group	2,778	-	-	-	2,778
	<u>13,600</u>	<u>706,090</u>	<u>(691,663)</u>	<u>1,394</u>	<u>26,633</u>

Prior financial year	Movement in funds				Balance at 31 March 2022
	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	
Equal European Funding	673	-	-	(673)	-
North Tyneside Council:					
Young Carer Service Manager	-	36,815	(36,815)	-	-
Carer Support	1,832	-	-	(1,832)	-
Carers Prevention & Wellbeing Workers	12,143	161,393	(161,393)	(12,143)	-
Family Support Worker	-	20,201	(20,201)	-	-
Young Carers Link Worker	-	34,346	(34,346)	-	-
Bottled Up Project	-	14,945	(14,945)	-	-
Infection Control Grant	-	802	(802)	-	-
Holiday Action Fund	-	4,898	(4,898)	-	-
Social Action	-	3,233	(3,233)	-	-
Carer Prevention Workers additional funding	-	4,363	(4,363)	-	-
General	434	-	-	(434)	-
North Tyneside Clinical Commissioning Group:					
Strategic Work	-	20,418	(20,418)	-	-
Mental Health Workers	7,000	71,182	(77,202)	-	980
Database	364	-	(364)	-	-
Communications	696	-	(200)	-	496
Therapeutic Support for Young Carers	-	23,400	(23,400)	-	-
Training Officer	-	16,701	(16,701)	-	-
Young Carers Support	-	86,015	(86,015)	-	-
Carers Vaccination Programme	-	2,345	(2,345)	-	-
Carer Prevention Workers additional funding	-	4,363	(4,363)	-	-
Carry forward	<u>23,142</u>	<u>505,420</u>	<u>(512,004)</u>	<u>(15,082)</u>	<u>1,476</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

(Continued)

	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
Brought forward	23,142	505,420	(512,004)	(15,082)	1,476
Whitley Bay Singing Group	2,778	-	-	-	2,778
Longlife Financial Planning	8	190	(190)	(8)	-
Volunteers	954	-	-	(954)	-
Carers Audit	2,972	-	-	(2,972)	-
The Henry Smith Charity/Community Foundation	1,132	-	(120)	-	1,012
Carers Trust	177	-	-	(177)	-
Bellway Homes	140	-	-	(140)	-
BBC Children in Need Young Carers Worker	-	29,684	(29,684)	-	-
Carers Events	5,060	-	-	(5,060)	-
Carers Trust grants	-	2,662	(2,662)	-	-
Carers Trust Explore More	538	-	-	(538)	-
Carers Trust Planning for Tomorrow	-	588	(528)	(60)	-
Carers Trust Quilters Aspirational Fund	-	851	-	(851)	-
Sir James Knott Trust	1,945	-	(394)	-	1,551
Everything Everywhere	1,416	-	-	-	1,416
Comic Relief - Social Action	-	23,033	(23,417)	384	-
Young Carers Donation	5,197	-	-	(5,197)	-
Adult Carers Donation	1,271	-	-	(1,271)	-
Access to Work	-	3,345	(3,345)	-	-
Freemasons of Northumberland	-	2,388	(2,388)	-	-
Healthwatch North Tyneside Equally Well Funding	-	2,258	(2,258)	-	-
Innerwheel	520	-	-	(520)	-
R W Mann Trust	2,000	-	-	-	2,000
North of Tyne Combined Authority	-	34,640	(34,640)	-	-
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
Community Foundation	2,920	4,945	(7,865)	-	-
Charles Robert Bell Fund/Community Foundation	623	-	(623)	-	-
NET Coronavirus Appeal/Community Foundation	517	-	(264)	-	253
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Triangle Trust Fund	933	-	-	-	933
Voda - Ending Loneliness	-	24,177	(24,177)	-	-
The National Lottery Community Fund	-	63,947	(63,947)	-	-
The National Lottery Community Fund - Coronavirus Funding	-	19,985	(19,985)	-	-
The Hedley Foundation	1,181	-	-	-	1,181
	<u>56,424</u>	<u>728,113</u>	<u>(738,491)</u>	<u>(32,446)</u>	<u>13,600</u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

17 Restricted funds

(Continued)

North Tyneside Council:

Young Carers Service Manager

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

Carers Wellbeing Workers

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

Carers Prevention Workers

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

Young Carers Link Worker

This represents funding to ensure young carers are offered regular statutory assessments and quality assess those assessments to ensure a high standard of support across the borough.

Bottled Up Project:

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

Family Support Worker

This represents funding to support a family support worker to work with young carers and their families, who have no other support in place.

North East & North Cumbria Integrated Care Board (formerly North Tyneside Clinical Commissioning Group):

Strategic Work

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

Mental Health

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

Young Carers Support

This represents funding received to support the Young Carers' Project.

Therapeutic Support for Young Carers

This represents funding received to provide specialist carer support.

Training Officer

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care. Charitable trusts and foundations:

Carers Trust Grants

This represents funding received from carers trust to support carers and their needs.

Cumbria, Northumberland, Tyne and Wear NHS Foundation

Funding to support a Mental Health Information Advice and Guidance Worker, to meet additional demand on the service.

BBC Children in Need

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

(Continued)

North of Tyne Combined Authority:

Carers into Work Advisor.

This represents funding to help carers access employment, education or training.

The Wellesley Trust Fund at the Community Foundation Tyne & Wear and Northumberland

This represents funding received to the Young Carers' Project.

The National Lottery Community Fund

Funding to create carer friendly communities in North Tyneside which recognise and support carers at an early stage. The support will help reduce isolation as a result of being better connected to people and organisations in their local community.

The National Lottery Awards for All

Funding to provide administration support to the management team.

VODA - Ending Loneliness in North Tyneside

Funding to work in partnership with VODA, Age UK and the CAB to reduce isolation in North Tyneside and connect people. The Carers' Centre will support carers to become reconnected in their local community, making friendships and developing a network of peer support to reduce isolation.

Other grants

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

18 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:					
Tangible assets	989	-	989	1,156	1,156
Current assets/(liabilities)	243,561	26,633	270,194	13,600	239,491
	<u>244,550</u>	<u>26,633</u>	<u>271,183</u>	<u>13,600</u>	<u>240,647</u>

19 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023 £	2022 £
Within one year	19,606	16,866
Between two and five years	60,976	56,243
In over five years	26,667	-
	<u>107,249</u>	<u>73,109</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

19 Operating lease commitments **(Continued)**

20 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

21 Cash generated from operations	2023	2022
	£	£
Surplus/(deficit) for the year	30,536	(1,422)
Adjustments for:		
Investment income recognised in statement of financial activities	(2,275)	(1,249)
Depreciation and impairment of tangible fixed assets	1,302	988
Movements in working capital:		
Decrease in debtors	10,360	2,039
Increase/(decrease) in creditors	6,278	(12,726)
(Decrease)/increase in deferred income	(15,916)	90,350
Cash generated from operations	30,285	77,980

22 Analysis of changes in net funds

The charity had no debt during the year.