

Charity registration number 1051472

Company registration number 03130902 (England and Wales)

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

# THE NORTH TYNESIDE CARERS' CENTRE

## (A COMPANY LIMITED BY GUARANTEE)

### LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	AT Waggott-Fairley P Waggott PG Earley K Watson DM Baldwin
<b>Chief executive</b>	C Easton
<b>Charity number</b>	1051472
<b>Company number</b>	03130902
<b>Registered office</b>	Suite 9 Saville Exchange Howard Street North Shields Tyne and Wear NE30 1SE
<b>Auditor</b>	RMT Accountants & Business Advisors Ltd Gosforth Park Avenue Newcastle upon Tyne NE12 8EG
<b>Bankers</b>	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG
<b>Solicitors</b>	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF

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# **THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022**

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The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

## **Objectives and activities**

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

## **Achievements and performance**

The mission statement of the North Tyneside Carers' Centre is:

### **"To improve the quality of life for carers in North Tyneside"**

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

COVID-19 continued to present huge challenges for the organisation and carers during 2021 - 2022.

The staff team returned to the office from April 2021 on a rotational basis and from September permanently. A comprehensive Covid risk assessment was in place and all staff were issued with guidance for working in the office and for working with carers. Infection control restrictions remained in place throughout the year to ensure carers felt safe accessing our support services.

We continued to see an increase in demand for our service during the year from new and existing carers. The impact of the pandemic on carers added another layer of complexity to cases and carers required more intensive support as a result.

6,053 adult carers and 454 young carers were registered with the Centre during the year and received regular information bulletins and access to the website and resources. 1,537 adult carers and 284 young carers accessed an intervention during the year. We consulted with carers to establish how they would like to access support as we came through the pandemic: feedback indicated a blended approach of face-to-face and online support. Peer support, wellbeing sessions and training therefore alternated between online and face to face sessions.

At a strategic level we continued as a key partner on the North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. On behalf of the board, we undertook an adult carers survey with Healthwatch, to understand the impact of the pandemic on carers. The findings were harrowing and highlighted the daily struggles that carers faced: 258 carers responded and 52% stated they were providing significantly more care than they were pre pandemic. The key issues from the survey and our recommendations were presented to the board and other key strategic boards to ensure they considered the needs of carers in their workplans moving forward. This resulted in additional funding to support adult carers from North Tyneside Council and the Clinical Commissioning Group.

# **THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022**

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North Tyneside CCG, North Tyneside Carers' Centre and Healthwatch North Tyneside have worked together since 2019 to develop a carers award scheme specifically for general practice. This was in direct response to feedback from carers and national and local research highlighting the impact of caring on carers' wellbeing. In March 2022, we launched the award scheme and 21 out of 25 practices in the borough signed up to scheme. Each practice appointed a carers champion and started to work through the scheme to improve identification and support for carers. A panel, made up of representative from the CCG, Carers' Centre and carers will assess the evidence portfolios which practices submit from the autumn of 2022, to determine if they meet the bronze, silver or gold level of the award scheme.

During the period the Adult Carers' Service advice line responded to 4,527 enquiries from carers offering information, advice and emotional support. 43% of the contacts were in relation to improved access to support and services for the carer and person they cared for. 22% of contacts were to access emotional support and 16% of contacts were to gain an increase in knowledge and confidence to care.

We delivered one to one intensive emotional and practical support via the telephone/text and face to face to 432 adult carers, who were struggling to manage their caring responsibilities. Many of these carers were looking after someone with dementia or a mental health difficulty. We helped carers recognise the impact of caring on their wellbeing and supported them to take appropriate steps to maintain their wellbeing through developing coping strategies e.g. relaxation techniques. We helped carers navigate the health and social care system and provided advocacy support to ensure their views were heard during care planning.

We delivered 234 group sessions including: wellbeing sessions; training workshops; peer support groups and social activities. When restrictions eased, we stepped up our wellbeing sessions to ensure that carers had the opportunity to connect with others, look after their own wellbeing and gain knowledge and confidence in their caring role. During the year, there were 1123 attendances at these groups and feedback highlighted the difference they were making to carers' lives. We also worked with carers who were isolated or lonely to help them connect with their local communities and with carers in their local community.

Family Support Workers from the Young Carers' Service provided intense one to one support to 208 young carers and their families via the telephone/text and face to face. They provided a range of interventions to support young carers to maintain their emotional and physical wellbeing, have aspirations and a life outside of caring. They delivered four 'Heads Up' emotional wellbeing programmes to groups of young carers which focused on identifying positives and challenges related to caring responsibilities; managing feelings; friendships; who can help and support networks. They also delivered a school transition programme to young carers who were moving between primary and secondary school to help equip them for the move.

The Young Carers Breaks and Activities team delivered 154 sessions with a total attendance of 701 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. In August 2021, 69 young carers accessed a day's respite and activities at Powburn Scout Activity Centre. By this point many young carers were struggling as they had not had a break from caring during the pandemic. Careful consideration was given, in consultation with Public Health, to the risks of Covid alongside the risks to the young people's emotional wellbeing. Feedback from the young carers was excellent and highlighted how much they needed time out from caring.

The Young Carers Social Action Project ended In August 2021 after three years. We held a celebration event for young people involved in the Social Action programme to show how successful the project had been in raising the profile of young carers locally and nationally. As a result of this work, we have access to a range of resources to use with professionals and the public in the future. One of the last projects led to a group of young carers writing a book of stories and poems about their lived experiences of caring. Their book was printed and distributed to schools, funders and key decision makers within the Local Authority and the Clinical Commissioning Group.

We continued to work with the North of Tyne Combined Authority, Carers Northumberland and Newcastle Carers to provide the Carers into Work Project to support carers who were in work and struggling to juggle work alongside caring, and, those who were looking to return to work/training or education. During the year we saw an increase in the number of young adult carers accessing support and by the end of March 2022, 58 carers had accessed the project.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

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**Financial review**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity's main source of income are performance related grants of £746,795 (2021: £830,214). The charity also received donations of £1,468 (2021: £2,250), investment income of £1,249 (2021: £2,817) and other income of £7,345 (2021: £12,225). The charity's charitable costs have reduced in the year but exceed income leaving in a deficit of £1,422 (2021: £34,120 surplus). All funding received from the Community Foundation should be recognised as Community Foundation Tyne & Wear and Northumberland.

The charity has a net asset worth and reserves of £240,647 at 31 March 2022 (2021: £242,069). The charity's unrestricted reserves totalled £227,047 (2021: £186,645) and are represented by capital assets of £1,156 (2021: £606) and net current assets of £225,891 (2021: £185,039). The charity's restricted reserves totalled £13,600 (2021: £56,424) and are represented by net current assets of £13,600 (2021: £56,424).

**Risk management**

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

**COVID-19 risk**

The ongoing COVID-19 pandemic continues to generate a significant level of uncertainty in the global economy. The management team and Board regularly assess the likely effects on the charity's operations in an attempt to mitigate the risk as far as possible.

**Plans for future periods**

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. We will share carers feedback and experiences, to influence local decision making.

We will work with the Clinical Commissioning Group and NHS England to support the Carer Friendly Practice Award Scheme. We will support the GP Carers Champion network and provide training and support to carers champions and practice staff to help them work towards the award scheme. We will work with North Tyneside Council to rollout their Carers Ways to Wellbeing assessment and support pathway and will help with the development and delivery of training for adult social care staff.

We will focus on young carers attendance and attainment levels and seek funding for a resource to work into schools to help them improve identification and support for young carers. We will continue to develop our training programme for carers and deliver a range of wellbeing sessions in local communities.

**Structure, governance and management**

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

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The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

G Irving	(Resigned 27 May 2021)
AT Waggott-Fairley	
P Waggott	
PG Earley	
S Padden	(Resigned 22 February 2022)
E Boal	(Resigned 4 October 2022)
G Davison	(Resigned 7 September 2022)
K Watson	
DM Baldwin	

**Recruitment and appointment of trustees**

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

**Organisational structure**

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

**Induction and training of trustees**

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

**Key management remuneration**

The directors consider the Board of Directors, who are trustees of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £160,533 (2021 - £149,770) during the year. The pay for senior staff is kept under review by the Board of Directors.

**Related parties**

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

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**Statement of trustees' responsibilities**

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Auditor**

In accordance with the company's articles, a resolution proposing that RMT Accountants & Business Advisors Ltd be reappointed as auditor of the company will be put at a General Meeting.

**Disclosure of information to auditor**

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

**K Watson**

Trustee

Dated: 14 October 2022



# **THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE**

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## **Opinion**

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

## **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## **Other information**

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
INDEPENDENT AUDITOR'S REPORT (CONTINUED)  
TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE**

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**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

**Responsibilities of trustees**

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

# **THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE**

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## **Capability of the audit in detecting irregularities, including fraud**

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

## **Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Mr Stephen Slater (Senior Statutory Auditor)**  
**for and on behalf of RMT Accountants & Business Advisors Ltd**  
**Statutory Auditor**  
**Gosforth Park Avenue**  
**Newcastle upon Tyne**  
**NE12 8EG**

Date: 19 October 2022

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**INCLUDING INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**Current financial year**

		<b>Unrestricted funds 2022 £</b>	<b>Restricted funds 2022 £</b>	<b>Total 2022 £</b>	<b>Total 2021 £</b>
	<b>Notes</b>				
<b>Income and endowments from:</b>					
Donations and legacies	<b>3</b>	1,468	-	1,468	2,250
Charitable activities	<b>4</b>	22,027	724,768	746,795	830,214
Investments	<b>5</b>	1,249	-	1,249	2,817
Other income	<b>6</b>	4,000	3,345	7,345	12,225
<b>Total income</b>		<u>28,744</u>	<u>728,113</u>	<u>756,857</u>	<u>847,506</u>
<b>Expenditure on:</b>					
Charitable activities	<b>7</b>	<u>19,788</u>	<u>738,491</u>	<u>758,279</u>	<u>813,386</u>
<b>Net incoming/(outgoing) resources before transfers</b>		8,956	(10,378)	(1,422)	34,120
Gross transfers between funds		<u>32,446</u>	<u>(32,446)</u>	<u>-</u>	<u>-</u>
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		41,402	(42,824)	(1,422)	34,120
Fund balances at 1 April 2021		<u>185,645</u>	<u>56,424</u>	<u>242,069</u>	<u>207,949</u>
<b>Fund balances at 31 March 2022</b>		<u><u>227,047</u></u>	<u><u>13,600</u></u>	<u><u>240,647</u></u>	<u><u>242,069</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)  
INCLUDING INCOME AND EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31 MARCH 2022**

Prior financial year

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes			
<b>Income and endowments from:</b>				
Donations and legacies	3	2,023	227	2,250
Charitable activities	4	38,735	791,479	830,214
Investments	5	2,817	-	2,817
Other income	6	4,000	8,225	12,225
<b>Total income</b>		<u>47,575</u>	<u>799,931</u>	<u>847,506</u>
<b>Expenditure on:</b>				
Charitable activities	7	<u>38,331</u>	<u>775,055</u>	<u>813,386</u>
<b>Net incoming/(outgoing) resources before transfers</b>		<u>9,244</u>	<u>24,876</u>	<u>34,120</u>
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<u>9,244</u>	<u>24,876</u>	<u>34,120</u>
Fund balances at 1 April 2020		<u>176,401</u>	<u>31,548</u>	<u>207,949</u>
<b>Fund balances at 31 March 2021</b>		<u><u>185,645</u></u>	<u><u>56,424</u></u>	<u><u>242,069</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**BALANCE SHEET**  
**AS AT 31 MARCH 2022**

	Notes	2022 £	£	2021 £	£
<b>Fixed assets</b>					
Tangible assets	11		1,156		607
<b>Current assets</b>					
Debtors	12	22,828		24,867	
Cash at bank and in hand		404,330		326,638	
		<u>427,158</u>		<u>351,505</u>	
<b>Creditors: amounts falling due within one year</b>	13	<u>(187,667)</u>		<u>(110,043)</u>	
Net current assets			239,491		241,462
<b>Total assets less current liabilities</b>			<u>240,647</u>		<u>242,069</u>
<b>Income funds</b>					
Restricted funds	15		13,600		56,424
Unrestricted funds			227,047		185,645
			<u>240,647</u>		<u>242,069</u>

The financial statements were approved by the Trustees on 14 October 2022

**K Watson**  
**Trustee**

**Company registration number 03130902**

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	£	2021 £	£
<b>Cash flows from operating activities</b>					
Cash generated from/(absorbed by) operations	19		77,980		(33,091)
<b>Investing activities</b>					
Purchase of tangible fixed assets		(1,537)		(4,582)	
Investment income received		1,249		2,817	
<b>Net cash used in investing activities</b>			(288)		(1,765)
<b>Net cash used in financing activities</b>			-		-
<b>Net increase/(decrease) in cash and cash equivalents</b>			77,692		(34,856)
Cash and cash equivalents at beginning of year			326,638		361,494
<b>Cash and cash equivalents at end of year</b>			404,330		326,638

# **THE NORTH TYNESIDE CARERS' CENTRE**

## **(A COMPANY LIMITED BY GUARANTEE)**

### **NOTES TO THE FINANCIAL STATEMENTS**

#### **FOR THE YEAR ENDED 31 MARCH 2022**

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#### **1 Accounting policies**

##### **Charity information**

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Suite 9, Saville Exchange, Howard Street, North Shields, Tyne and Wear, NE30 1SE.

##### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

##### **1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements. This includes taking into account the potential impact of COVID-19 to ensure that cashflow is positively managed and the impact to the charity's operations are mitigated. The Board has concluded that the going concern assumption is appropriate in preparing these financial statements.

##### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

##### **1.4 Income**

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.



**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

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**1 Accounting policies**

**(Continued)**

**1.5 Expenditure**

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

**1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

**1.7 Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

**1.8 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**1.9 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

---

**1 Accounting policies**

**(Continued)**

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**1.10 Taxation**

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within

**1.11 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**1.12 Retirement benefits**

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

**1.13 Leases**

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

**2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

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**3 Donations and legacies**

	Unrestricted funds 2022 £	Total Unrestricted funds 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Donations and gifts	1,468	1,468	2,023	227	2250

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**4 Charitable activities**

	<b>Carers' support 2022 £</b>	<b>Carers' support 2021 £</b>
Grants	746,795	830,214
Analysis by fund		
Unrestricted funds	22,027	38,735
Restricted funds	724,768	791,479
	<u>746,795</u>	<u>830,214</u>

**Grants**

	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>Total funds 2022 £</b>	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>Total funds 2021 £</b>
NTC -Carers Prevention & Wellbeing Workers	-	161,393	161,393	6,790	151,439	158,229
NTC - Carer Prevention Workers additional funding	-	4,363	4,363	-	-	-
NTC - Young Carers Service Manager	-	36,815	36,815	-	36,093	36,093
NTC - Bottled Up Project	-	14,945	14,945	-	8,468	8,468
NTC - Young Carers Link Worker	-	34,346	34,346	-	34,346	34,346
NTC - Infection Control Grant	986	802	1,788	-	1,550	1,550
NTC - Social Action	-	3,233	3,233	-	-	-
NTC - Family Support Worker	-	20,201	20,201	-	-	-
NTC - Holiday Activity Fund (Powburn)	79	4,898	4,977	-	-	-
NT CCG - Young Carers Service	2,305	86,015	88,320	512	73,408	73,920
NT CCG - Therapeutic Support for Young Carers	-	23,400	23,400	-	-	-
NT CCG - Publicity	-	-	-	-	1,000	1,000
NT CCG - Strategic Work	-	20,418	20,418	-	20,418	20,418
NT CCG - Mental Health Workers	775	71,182	71,957	702	78,255	78,957
Carry forward	<u>4,145</u>	<u>482,011</u>	<u>486,156</u>	<u>8,004</u>	<u>404,977</u>	<u>412,981</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**4 Charitable activities**

**(Continued)**

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Unrestricted funds £	Restricted funds £	Total funds 2021 £
Brought forward	4,145	482,011	486,156	8,004	404,977	412,981
NT CCG - Carers Vaccination Programme	-	2,345	2,345	-	7,655	7,655
NT CCG - Training Officer	-	16,701	16,701	481	16,220	16,701
NT CCG - Prevention Worker additional Funding	-	4,363	4,363	-	-	-
North Of Tyne Combined Authority	-	34,640	34,640	-	34,309	34,309
BBC Children in Need	-	29,684	29,684	-	41,791	41,791
Bellway Homes	-	-	-	-	140	140
Carers Trust grants	-	2,662	2,662	-	880	880
Carers Trust - Carers Emergency Covid Fund	-	-	-	-	7,500	7,500
Carers Trust - Planning for Tomorrow	-	588	588	-	1,912	1,912
Carers Trust - Quilter Aspirations Fund	-	851	851	-	1,549	1,549
Carers Trust - Explore More	-	-	-	-	538	538
Comic Relief - Social Action	-	23,033	23,033	-	40,769	40,769
Comic Relief - Covid Recovery Funding	-	-	-	-	37,543	37,543
Comic Relief - Experts by Experience	-	-	-	-	25,100	25,100
Charles Robert Bell Fund/Community Foundation	-	-	-	-	1,319	1,319
Everything Everywhere	-	-	-	-	1,416	1,416
Freemasons of Northumberland	-	2,388	2,388	-	-	-
Garfield Weston Foundation	-	-	-	20,000	-	20,000
The Henry Smith Charity/Community	-	-	-	-	12,729	12,729
Health Watch Social Action	-	2,258	2,258	-	-	-
Innerwheel	-	-	-	-	520	520
Longlife Financial Planning	-	190	190	-	300	300
NET Coronavirus Appeal Fund/Community Foundation	-	-	-	-	5,000	5,000
Carry forward	4,145	601,714	605,859	28,485	642,167	670,652

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**4 Charitable activities**

**(Continued)**

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Unrestricted funds £	Restricted funds £	Total funds 2021 £
Brought forward	4,145	601,714	605,859	28,485	642,167	670,652
R W Mann Trust	-	-	-	-	2,789	2,789
Riding Grassroots Fund/Community	500	-	500	-	-	-
Sage	1,340	-	1,340	-	-	-
Stellium Ltd	-	-	-	1,250	-	1,250
Whitley Bay Singing Group	-	-	-	-	2,778	2,778
Squires Foundation Fund/Community Foundation	-	-	-	5,000	5,000	10,000
Community Foundation	42	4,945	4,987	-	2,920	2,920
The Ballinger Trust	15,000	-	15,000	-	-	-
The Hedley Foundation	-	-	-	-	1,181	1,181
The Joseph Strong Frazer Trust	1,000	-	1,000	4,000	-	4,000
The National Lottery Community Fund	-	83,932	83,932	-	63,622	63,622
The National Lottery Community Fund - Coronavirus Funding	-	-	-	-	26,452	26,452
The Screwfix Foundation	-	-	-	-	5,000	5,000
The Sir James Knott Trust	-	-	-	-	2,000	2,000
The TK Maxx and Homesense Foundation	-	-	-	-	1,000	1,000
The Triangle Trust Fund	-	-	-	-	2,933	2,933
The Wellesley Trust/Community	-	10,000	10,000	-	10,854	10,854
Voda - Ending Loneliness	-	24,177	24,177	-	22,783	22,783
	<u>22,027</u>	<u>724,768</u>	<u>746,795</u>	<u>38,735</u>	<u>791,479</u>	<u>830,214</u>

**5 Investments**

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Interest receivable	<u>1,249</u>	<u>2,817</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**6 Other income**

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Restricted funds 2021 £	Total 2021 £
Access to Work grant	-	3,345	3,345	-	8,225
HMRC Employment allowance	4,000	-	4,000	-	4,000
	<u>4,000</u>	<u>3,345</u>	<u>7,345</u>	<u>8,225</u>	<u>12,225</u>

**7 Charitable activities**

	Carers' support 2022 £	Carers' support 2021 £
Staff costs	604,527	616,699
Direct service costs	93,562	106,887
Premises costs	28,239	30,671
	<u>726,328</u>	<u>754,257</u>
Share of support costs (see note 8)	16,329	46,172
Share of governance costs (see note 8)	15,622	12,957
	<u>758,279</u>	<u>813,386</u>
<b>Analysis by fund</b>		
Unrestricted funds	19,788	38,331
Restricted funds	738,491	775,055
	<u>758,279</u>	<u>813,386</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**8 Support costs**

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Depreciation	988	-	988	4,597	-	4,597
General office costs	15,341	-	15,341	41,575	-	41,575
Audit fees	-	4,320	4,320	-	4,320	4,320
Legal and professional	-	7,077	7,077	-	3,363	3,363
Other governance costs	-	4,225	4,225	-	5,274	5,274
	<u>16,329</u>	<u>15,622</u>	<u>31,951</u>	<u>46,172</u>	<u>12,957</u>	<u>59,129</u>
Analysed between						
Charitable activities	<u>16,329</u>	<u>15,622</u>	<u>31,951</u>	<u>46,172</u>	<u>12,957</u>	<u>59,129</u>

Governance costs includes payments to the auditors of £4,320 (2021- £4,320) for audit fees.

**9 Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.



**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**10 Employees**

**Number of employees**

The average monthly number of employees during the year was:

	<b>2022</b>	<b>2021</b>
	<b>Number</b>	<b>Number</b>
Chief Executive	1	1
Service Managers	2	2
Project staff	26	25
Administration and support	1	1
	<u>30</u>	<u>29</u>

**Employment costs**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Wages and salaries	541,219	552,756
Social security costs	44,678	44,747
Other pension costs	17,917	18,480
Other staff costs	713	716
	<u>604,527</u>	<u>616,699</u>

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and two Service Managers. The total employee benefits of the key management personnel were £160,533 (2021-£149,770).

**11 Tangible fixed assets**

	<b>Office Equipment</b>
	<b>£</b>
<b>Cost</b>	
At 1 April 2021	11,515
Additions	1,537
	<u>13,052</u>
At 31 March 2022	
<b>Depreciation and impairment</b>	
At 1 April 2021	10,908
Depreciation charged in the year	988
	<u>11,896</u>
At 31 March 2022	
<b>Carrying amount</b>	
At 31 March 2022	1,156
	<u>607</u>
At 31 March 2021	

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**12 Debtors**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Amounts falling due within one year:</b>		
Trade debtors	15,000	1,838
Other debtors	5,574	5,574
Prepayments and accrued income	2,254	17,455
	<u>22,828</u>	<u>24,867</u>

**13 Creditors: amounts falling due within one year**

	<b>Notes</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
Other taxation and social security		9,715	11,037
Deferred income	<b>14</b>	165,024	74,674
Trade creditors		5,774	7,227
Other creditors		762	656
Accruals		6,392	16,449
		<u>187,667</u>	<u>110,043</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**14 Deferred income**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Arising from Deferred income	165,024	74,674

Deferred income is included in the financial statements as follows:

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
North Tyneside CCG - Carers Vaccination Programme	-	2,345
North Tyneside CCG - Young Carers Funding	-	7,200
North Tyneside CCG - Therapeutic Support for Young Carers	15,600	-
North Tyneside CCG - Prevention Worker	4,137	-
North Tyneside Council -Bottled Up Project	9,171	2,736
North Tyneside Council - Infection Control Grant	-	288
North Tyneside Council - Family Support Worker	6,829	-
North Tyneside Council - Social Action	2,547	-
North Tyneside Council - Prevention Worker	4,137	-
North of Tyne Combined Authority	22,651	15,636
BBC Children in Need	14,167	4,717
Carers Trust grants	729	1,924
Carers Trust Planning for Tomorrow	-	589
Carers Trust Quilters Aspirations Fund	-	851
Comic Relief - Social Action	-	3,828
Comic Relief - Experts by Experience	-	12,172
Cumbria Northumberland Tyne and Wear NHS Foundation Trust	36,000	-
Freemasons of Northumberland	7,612	-
Garfield Weston Foundation	20,000	-
Healthwatch - North Tyneside Social Action	-	1,720
The National Lottery Community Fund	10,693	7,117
The National Lottery Community Fund - Coronavirus Appeal	-	2,290
Voda - Ending Loneliness	10,751	11,261
	<u>165,024</u>	<u>74,674</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
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**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**15 Restricted funds**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

Current financial year	Movement in funds				Balance at 31 March 2022
	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Equal European Funding	673	-	-	(673)	-
<b>North Tyneside Council:</b>					
Young Carer Service Manager	-	36,815	(36,815)	-	-
Carer Support	1,832	-	-	(1,832)	-
Carers Prevention & Wellbeing Workers	12,143	161,393	(161,393)	(12,143)	-
Family Support Worker	-	20,201	(20,201)	-	-
Young Carers Link Worker	-	34,346	(34,346)	-	-
Bottled Up Project	-	14,945	(14,945)	-	-
Infection Control Grant	-	802	(802)	-	-
Holiday Action Fund	-	4,898	(4,898)	-	-
Social Action	-	3,233	(3,233)	-	-
Carer Prevention Workers additional funding	-	4,363	(4,363)	-	-
General	434	-	-	(434)	-
<b>North Tyneside CCG:</b>					
Strategic Work	-	20,418	(20,418)	-	-
Mental Health Workers	7,000	71,182	(77,202)	-	980
Database	364	-	(364)	-	-
Communications	696	-	(200)	-	496
Therapeutic Support for Young Carers	-	23,400	(23,400)	-	-
Training Officer	-	16,701	(16,701)	-	-
Young Carers Support	-	86,015	(86,015)	-	-
Carers Vaccination Programme	-	2,345	(2,345)	-	-
Carer Prevention Workers additional funding	-	4,363	(4,363)	-	-
<b>Charitable Trusts and Foundations:</b>					
Whitley Bay Singing Group	2,778	-	-	-	2,778
Longlife Financial Planning	8	190	(190)	(8)	-
Volunteers	954	-	-	(954)	-
Carers Audit	2,972	-	-	(2,972)	-
The Henry Smith Charity/Community Foundation	1,132	-	(120)	-	1,012
Carers Trust	177	-	-	(177)	-
Bellway Homes	140	-	-	(140)	-
BBC Children in Need Young Carers Worker	-	29,684	(29,684)	-	-
Carers Events	5,060	-	-	(5,060)	-
Carers Trust grants	-	2,662	(2,662)	-	-
Carers Trust Explore More	538	-	-	(538)	-
Carers Trust Planning for Tomorrow	-	588	(528)	(60)	-
Carers Trust Quilters Aspirational Fund	-	851	-	(851)	-
Carry forward	36,901	539,395	(545,188)	(25,842)	5,266

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**15 Restricted funds**

**(Continued)**

	<b>Balance at 1 April 2021</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>Balance at 31 March 2022</b>
Brought forward	36,901	539,395	(545,188)	(25,842)	5,266
Sir James Knott Trust	1,945	-	(394)	-	1,551
Everything Everywhere	1,416	-	-	-	1,416
Comic Relief - Social Action	-	23,033	(23,417)	384	-
Young Carers Donation	5,197	-	-	(5,197)	-
Adult Carers Donation	1,271	-	-	(1,271)	-
Access to Work	-	3,345	(3,345)	-	-
Freemasons of Northumberland	-	2,388	(2,388)	-	-
Health Watch Social Action	-	2,258	(2,258)	-	-
Innerwheel	520	-	-	(520)	-
R W Mann Trust	2,000	-	-	-	2,000
North of Tyne Combined Authority	-	34,640	(34,640)	-	-
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
Community Foundation	2,920	4,945	(7,865)	-	-
Charles Robert Bell Fund/Community Foundation	623	-	(623)	-	-
NET Coronavirus Appeal/Community Foundation	517	-	(264)	-	253
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Triangle Trust Fund	933	-	-	-	933
Voda - Ending Loneliness	-	24,177	(24,177)	-	-
The National Lottery Community Fund	-	63,947	(63,947)	-	-
The National Lottery Community Fund - Coronavirus Funding	-	19,985	(19,985)	-	-
The Hedley Foundation	1,181	-	-	-	1,181
	<u>56,424</u>	<u>728,113</u>	<u>(738,491)</u>	<u>(32,446)</u>	<u>13,600</u>

**Prior financial year**

	<b>Movement in funds</b>				<b>Balance at 31 March 2021</b>
	<b>Balance at 1 April 2020</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Equal European Funding	673	-	-	-	673
<b>North Tyneside Council:</b>					
Young Carer Service Manager	-	36,093	(36,093)	-	-
Carer Support	1,832	-	-	-	1,832
Carers Wellbeing Workers	12,143	72,840	(72,840)	-	12,143
Carers Prevention Workers	-	78,598	(78,598)	-	-
Young Carers Link Worker	-	34,346	(34,346)	-	-
Bottled Up Project	-	8,468	(8,468)	-	-
	<u>14,648</u>	<u>230,345</u>	<u>(230,345)</u>	<u>-</u>	<u>14,648</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**15 Restricted funds**

**(Continued)**

	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
Brought forward	14,648	230,345	(230,345)	-	14,648
Infection Control Grant	-	1,550	(1,550)	-	-
General	434	-	-	-	434
<b>North Tyneside CCG:</b>					
Strategic Work	-	20,418	(20,418)	-	-
Mental Health Workers	-	78,255	(71,255)	-	7,000
Database	364	-	-	-	364
Communications	696	-	-	-	696
Publicity	-	1,000	(1,000)	-	-
Training Officer	-	16,220	(16,220)	-	-
Young Carers Support	-	73,408	(73,408)	-	-
Carers Vaccination Programme	-	7,655	(7,655)	-	-
<b>Charitable Trusts and Foundations:</b>					
Whitley Bay Singing Group	-	2,778	-	-	2,778
Longlife Financial Planning	-	300	(292)	-	8
Volunteers	954	-	-	-	954
Carers Audit	2,972	-	-	-	2,972
The Henry Smith Charity/Community Foundation	-	12,730	(11,598)	-	1,132
Carers Trust	177	-	-	-	177
Bellway Homes	-	140	-	-	140
BBC Children in Need Young Carers Worker	-	37,911	(37,911)	-	-
BBC Children in Need Booster Grant	-	3,880	(3,880)	-	-
Carers Events	5,060	-	-	-	5,060
Carers Trust grants	-	880	(880)	-	-
Carers Trust Explore More	-	538	-	-	538
Carers Trust Planning for Tomorrow	-	1,912	(1,912)	-	-
Carers Trust Quilters Aspirational Fund	-	1,549	(1,549)	-	-
Carers Trust Carers Emergency COVID Fund	-	7,500	(7,500)	-	-
Sir James Knott Trust	2	2,789	(846)	-	1,945
R W Mann Trust	-	2,000	-	-	2,000
Everything Everywhere	-	1,416	-	-	1,416
Comic Relief - Social Action	-	40,769	(40,769)	-	-
Comic Relief - Experts by Experience	-	25,100	(25,100)	-	-
Comic Relief - COVID Recovery Funding	-	37,543	(37,543)	-	-
Young Carers Donation	4,970	227	-	-	5,197
Adult Carers Donation	1,271	8,225	(8,225)	-	1,271
Innerwheel	-	520	-	-	520
North of Tyne Combined Authority	-	34,309	(34,309)	-	-
The Wellesley Trust/Community Foundation	-	10,854	(10,854)	-	-
The Screwfix Foundation	-	5,000	(5,000)	-	-
Carry forward	31,548	667,721	(650,019)	-	49,250

**THE NORTH TYNESIDE CARERS' CENTRE**  
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**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**15 Restricted funds**

**(Continued)**

	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
Brought forward	31,548	667,721	(650,019)	-	49,250
The Squires Foundation/Community Foundation	-	5,000	(5,000)	-	-
Community Foundation	-	2,920	-	-	2,920
Charles Robert Bell Fund/Community Foundation	-	1,319	(696)	-	623
NET Coronavirus Appeal/Community Foundation	-	5,000	(4,483)	-	517
The TK Max & Homesense Foundation	-	1,000	-	-	1,000
Triangle Trust Fund	-	2,933	(2,000)	-	933
Voda - Ending Loneliness	-	22,783	(22,783)	-	-
The National Lottery Community Fund	-	63,622	(63,622)	-	-
The National Lottery Community Fund - Coronavirus Funding	-	26,452	(26,452)	-	-
The Hedley Foundation	-	1,181	-	-	1,181
	<u>31,548</u>	<u>799,931</u>	<u>(775,055)</u>	<u>-</u>	<u>56,424</u>

**THE NORTH TYNESIDE CARERS' CENTRE  
(A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

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**15 Restricted funds**

**(Continued)**

***North Tyneside Council:***

**Young Carers Service Manager**

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

**Carers Wellbeing Workers**

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

**Carers Prevention Workers**

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

**Young Carers Link Worker**

This represents funding to ensure young carers are offered regular statutory assessments and quality assess those assessments to ensure a high standard of support across the borough.

**Bottled Up Project:**

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

**Family Support Worker**

This represents funding to support a family support worker to work with young carers and their families, who have no other support in place.

***North Tyneside Clinical Commissioning Group:***

**Strategic Work**

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

**Mental Health**

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

**Young Carers Support**

This represents funding received to support the Young Carers' Project.

**Therapeutic Support for Young Carers**

This represents funding received to provide specialist carer support.

**Training Officer**

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care.

***Charitable trusts and foundations:***

**Carers Trust Grants**

This represents funding received from carers trust to support carers and their needs.

**BBC Children in Need**

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.



**THE NORTH TYNESIDE CARERS' CENTRE  
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

**15 Restricted funds**

**(Continued)**

**Comic Relief - Social Action**

This represents funding to support young carers to take social action to make North Tyneside a better place to live for young carers.

**North of Tyne Combined Authority:**

**Carers into Work Advisor.**

This represents funding to help carers access employment, education or training.

**The Wellesley Trust Fund at the Community Foundation Tyne & Wear and Northumberland**

This represents funding received to the Young Carers' Project.

**The National Lottery Community Fund**

Funding to create carer friendly communities in North Tyneside which recognise and support carers at an early stage. The support will help reduce isolation as a result of being better connected to people and organisations in their local community.

**The National Lottery Community Fund - Coronavirus Funding**

Funding to deliver activities specifically aimed to support communities through the COVID-19 crisis.

**VODA - Ending Loneliness in North Tyneside**

Funding to work in partnership with VODA, Age UK and the CAB to reduce isolation in North Tyneside and connect people. The Carers' Centre will support carers to become reconnected in their local community, making friendships and developing a network of peer support to reduce isolation.

**Other grants**

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

**16 Analysis of net assets between funds**

	<b>Unrestricted funds 2022 £</b>	<b>Restricted funds 2022 £</b>	<b>Total Unrestricted funds 2022 £</b>	<b>Restricted funds 2021 £</b>	<b>Total 2021 £</b>
Fund balances at 31 March 2022 are represented by:					
Tangible assets	1,156	-	1,156	607	607
Current assets/(liabilities)	225,891	13,600	239,491	185,038	241,462
	<u>227,047</u>	<u>13,600</u>	<u>240,647</u>	<u>185,645</u>	<u>242,069</u>

**THE NORTH TYNESIDE CARERS' CENTRE**  
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**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**17 Operating lease commitments**

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Within one year	16,866	14,824
Between two and five years	56,243	57,984
	<u>73,109</u>	<u>72,808</u>

**18 Related party transactions**

There were no disclosable related party transactions during the year (2021 - none).

**19 Cash generated from operations**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
(Deficit)/surplus for the year	(1,422)	34,120
Adjustments for:		
Investment income recognised in statement of financial activities	(1,249)	(2,817)
Depreciation and impairment of tangible fixed assets	988	4,597
Movements in working capital:		
Decrease/(increase) in debtors	2,039	(12,184)
(Decrease)/increase in creditors	(12,726)	15,748
Increase/(decrease) in deferred income	90,350	(72,555)
<b>Cash generated from/(absorbed by) operations</b>	<u>77,980</u>	<u>(33,091)</u>

**20 Analysis of changes in net funds**

The charity had no debt during the year.