

THE NORTH TYNESIDE CARERS CENTRE

England & Wales · Charity number 1051472

Details

Other names	NORTH TYNESIDE CARERS CENTRE
Status	Registered
Legal form	Charitable company
Company number	03130902
Registered	1995-12-15
Register	View on the Charity Commission register

Contact

Address	Floor 2 Wallsend Customer First Centre 16 The Forum Wallsend Tyne and Wear NE28 8JR
Phone	01912496480
Email	enquiries@ntcarers.co.uk
Website	www.northtynesidecarers.org.uk

Activities

Objects: TO MAINTAIN FACILITIES FOR CARERS, WITHIN THE BOROUGH OF NORTH TYNESIDE; TO IMPROVE THE QUALITY OF LIFE OF CARERS WHO TAKE ON AN UNPAID CARING ROLE, PROVIDING PRACTICAL AND EMOTIONAL SUPPORT TO ANYONE WHO THROUGH ILLNESS, DISABILITY, MENTAL HEALTH OR SUBSTANCE MISUSE PROBLEMS COULD NOT MANAGE WITHOUT SUCH SUPPORT; TO RELIEVE, AND TO ENCOURAGE AND ASSIST IN THE RELIEF OF CARERS IN NEED AS A RESULT OF THEIR CARING RESPONSIBILITIES BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE TO ADVANCE EDUCATION AMONG CARERS AND THE GENERAL PUBLIC

Activities: The organisation aims to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, Other Defined Groups

Geography

- **Area of benefit:** BOROUGH OF NORTH TYNESIDE
- North Tyneside

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,051,178	£999,388	£330,584	29
2024-03-31	£937,642	£930,031	£278,794	27
2023-03-31	£757,511	£726,975	£271,183	25
2022-03-31	£756,857	£758,279	£240,647	30
2021-03-31	£847,506	£813,386	£242,069	29

Trustees

Name	Role	Appointed
David Mark Baldwin	Chair	2021-02-03
Beverley Reid		2025-05-01
David Robert John Taylor		2026-06-03
Emma Louise Whitelock		2025-10-06
Joanne Thomas		2025-02-05
Jonathan Paul Clark		2025-03-06
Kirsty Jameson		2024-12-24
Paul Waggott		2016-07-27
William Wilson		2024-02-28
Zara Scott		2025-03-24

Accounts

Charity registration number 1051472 (England and Wales)

Company registration number 03130902

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	P Waggott PG Earley K Watson DM Baldwin W Wilson Z Scott JP Clark J Thomas K Jameson B Reid	(Appointed 24 March 2025) (Appointed 6 March 2025) (Appointed 5 February 2025) (Appointed 24 December 2024) (Appointed 1 May 2025)
Chief executive	C Easton	
Charity number	1051472	
Company number	03130902	
Registered office	Wallsend Customer First Centre Floor 2 16 The Forum Wallsend Tyne And Wear NE28 8JR	
Auditor	Sumer Auditco Limited Unit 2 Gosforth Park Avenue Newcastle upon Tyne NE12 8EG	
Bankers	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG	
Solicitors	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF	

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) CONTENTS

	Page
Trustees' report	1 - 5
Independent auditor's report	6 - 8
Statement of financial activities	9 - 10
Balance sheet	11
Statement of cash flows	12
Notes to the financial statements	13 - 30

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The mission statement of the North Tyneside Carers' Centre is:

"To improve the quality of life for carers in North Tyneside"

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

We continued to see increased demand for our services during 2024 – 2025, with 664 new referrals. This was four times as many referrals we received annually, pre the pandemic. With no additional resources this proved challenging, particularly when we had gaps in posts or staff absences.

During the year we developed our 5-year Corporate Strategy from September 2024 – 2029. This came at a vital time for unpaid carers and the services that support them. In the absence of a national strategy, identifying and supporting carers was critical: as the health and social care system struggled with increased demand and limited resources, the needs of carers were often overlooked. We therefore worked with key stakeholders including carers, staff, volunteers, funders and partners across health, social care, education and the voluntary sector, to help shape our strategy.

At a strategic level we continued as a lead partner on North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. We led on working group of the board to develop an audit tool for Carers Partnership Boards, aligned to the principles of the Triangle of Care. On behalf of the board, we worked with Healthwatch North Tyneside to develop a young carers survey, to understand the impact of the caring over the last 12 months. The Board's priorities and workplan were set based on the recommendations from the survey findings. We worked with North Tyneside Council to develop a new pathway/offer for young carers, based on feedback from young carers, parents and teachers. This was approved by the Carers Partnership Board and Children and Young People's Board and is awaiting decisions from commissioners regarding recommissioning services.

6,746 adult carers and 791 young carers were registered with the Centre during the year and received regular information bulletins and access to the website and resources. 989 adult carers and 271 young carers accessed a direct intervention to help maintain their wellbeing. We continuously reviewed our triage system for young and adult carers alongside our offer of support. This was vital in managing increased demand with the same level of resources and ensures we target those most in need for intense one to one support.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

During the period the Adult Carers' Service advice line responded to 4,950 enquiries from carers offering information, advice and emotional support. 87% of the contacts were in relation to improved access to support and services for the carer and person they cared for. We delivered one to one intensive emotional and practical support via the telephone/text and face to face to 429 adult carers, who were struggling to manage their caring responsibilities. Many of these carers were looking after someone with a mental health illness, dementia or autism. We helped carers recognise the impact of caring on their wellbeing and supported them to take appropriate steps to maintain their wellbeing through developing coping strategies e.g. relaxation techniques. We helped carers navigate the health and social care system and provided advocacy support to ensure their views were heard during care planning and safeguarding meetings.

We delivered 18 peer support and wellbeing sessions with 188 attendances, 31 training sessions with 252 attendances. The training programme equipped carers with the skills and knowledge to care for someone safely and new sessions were developed, based on the needs of carers. We connected carers with other carers and groups in their local communities to increase their support network.

As part of our contract with North Tyneside Council, we are delegated statutory responsibility to undertake carers assessments on their behalf. We therefore worked with the Council to train our new team of Carers Wellbeing Workers and review and implement a carer assessment audit tool, to measure the quality of carers assessments. We also set up clinics working into Adult Social Care teams to provide advice and guidance to professionals working with carers. This included Carepoint, Gateway and the community wellbeing teams.

The Young Carers Service provided a direct service to 271 unique young carers. Family Support Workers provided intense one to one support to 181 young carers and their families via the telephone/text and face to face. They provided a range of interventions to support young carers to maintain their emotional and physical wellbeing, have aspirations and a life outside of caring. They supported families to access support services to reduce inappropriate levels of care and the impact of caring of the young carer, and increase the network of support around the family. The workers delivered two emotional wellbeing programmes to groups of young carers to focus on building resilience, identifying positives and challenges related to caring responsibilities; managing feelings; friendships and who can help and support networks.

During the year the Centre's Therapeutic Practitioner delivered 335 dramatherapy sessions to 30 young carers. The minimum number of sessions provided to a young carer was 8 and the maximum 20. Sessions identified trauma in many of the young carers including sexual abuse, physical abuse, neglect and domestic violence.

The Breaks and Activities team delivered 108 sessions with a total of 812 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. Sessions included trips to the Discovery Museum, St James' Park, Alnwick Gardens Light Trail, Peter Pan pantomime, First Aid training and pumpkin picking. The young carers joined up with young carers from Newcastle Carers for a Halloween party.

We were delighted to be awarded funding from the North East Combined Authority to support young adult carers during key transition stages - this had previously been identified as a gap in our provision by young adult carers. We recruited a Young Adult Carer Worker, who undertook transition assessments and provided one to one support to 50 young people. This helped young adult carers navigate the barriers they experienced as a result of their caring responsibilities and take important steps towards their future aspirations. A monthly peer support group was established and practical sessions delivered to help young adult carers care safely e.g. first aid.

In July we were awarded funding from Carers Trust for 18 months to deliver a Carers Money Matters Project, to improve the financial wellbeing of carers. We recruited a Benefits and Financial Wellbeing Worker to undertake benefit checks, complete benefits forms, support at appeals and tribunals and provide debt and energy advice. The worker supported 117 carers in financial crisis and in 6 months secured £57,148 in annual benefit gains.

The Young Carers in Schools Programme was extended from September until the end of March 2025, through funding from North Tyneside Council. We worked with 12 schools to improve identification and support for young carers. This included the delivery of whole school workforce development training, assemblies across all year groups, support to implement carer policies, the development of peer support networks and PHSE lessons.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

We worked with Carers Northumberland and Newcastle Carers to implement and deliver the Working for Carers Project. 309 carers from across the North of Tyne area accessed one to one support, of which:

- 140 (45.31%) entered work, training or education.
- 155 carers (50.1%) were supported to sustain employment.

This included supporting carers to remove barriers as a result of caring, help them understand their rights in work, understand assistive technology which could help the person cared e.g. Alexa for medication prompts, falls monitors etc. 30 organisations were supported to identify carers within the workplace and implement the Carers Leave Act – to work towards a carer friendly culture in the workplace. This included training HR teams, line managers and general awareness raising for colleagues. We were delighted to hear in February that we had been awarded funding for a further 12 months, albeit at 50% of the current level of funding.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity's main source of income are performance related grants of £1,011,605 (2024: £900,774). The charity also received donations of £1,313 (2024: £693), investment income of £8,272 (2024: £5,262) and other income of £29,988 (2024: £30,913). The charity's charitable costs have increased in the year leaving a surplus of £51,790 (2024: £7,611). All funding received from the Community Foundation should be recognised as Community Foundation North East.

The 'free reserves' of the charity (defined as those unrestricted funds not designated for specific purposes or tied up in fixed assets) stood at £287,046 at 31 March 2025 (2024: £234,492). The charity's unrestricted reserves totalled £287,047 (2024: £234,711) which are represented by net current assets of £287,046 (2024: £234,492) and capital assets of £1 (2024: £219). The charity's restricted reserves totalled £43,537 (2024: £44,083) which are represented by net current assets.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

Plans for future periods

We will tender for the carer support contract with North Tyneside Council, to secure longer term funding for the organisation. We will look to diversify our income streams and identify opportunities to work with businesses to help them deliver their social corporate responsibility.

We will develop a strong evidence base to share with funders, particularly the NHS, to demonstrate the impact and cost benefits of our work in supporting carers.

We will review systems and processes and implement digital solutions where possible, to help increase our capacity to support more carers.

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. Carers' feedback and experiences will be fed into strategic boards to influence local decision making.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

We will work with North Tyneside Council and the Integrated Care Board to implement a Young Carers Pathway which meets the needs of young carers and reduces waiting times.

We will work with carer support organisations across the region, to identify opportunities to collaborate to have stronger regional voice for carers including ADASS, the Integrated Care Board and the North East Combined Authority.

Structure, governance and management

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

AT Waggott-Fairley	(Resigned 4 December 2024)
P Waggott	
PG Earley	
K Watson	
DM Baldwin	
W Wilson	
Z Scott	(Appointed 24 March 2025)
JP Clark	(Appointed 6 March 2025)
J Thomas	(Appointed 5 February 2025)
K Jameson	(Appointed 24 December 2024)
B Reid	(Appointed 1 May 2025)

Recruitment and appointment of trustees

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

Induction and training of trustees

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Key management remuneration

The trustees, who are also the directors of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £155,776 (2024: £120,926) during the year. The pay for senior staff is kept under review by the Board of Directors.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Related parties

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

Statement of trustees' responsibilities

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

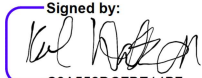
Auditor

In accordance with the company's articles, a resolution proposing that Sumer Auditco Limited be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

.....

C3A552DCFBE14B7...
K Watson
Trustee
Dated: 13 August 2025

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE

Opinion

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

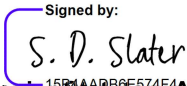
Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

.....

 Signed by: S. D. Slater
 15811A000E57454
Mr Stephen Slater (Senior Statutory Auditor)
for and on behalf of Sumer Auditco Limited
Statutory Auditor
Unit 2
Gosforth Park Avenue
Newcastle upon Tyne
NE12 8EG

Date: 13 August 2025

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025**

Current financial year

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
	Notes				
Income and endowments from:					
Donations and legacies	3	1,313	-	1,313	693
Charitable activities	4	61,003	950,602	1,011,605	900,774
Investments	5	8,272	-	8,272	5,262
Other income	6	5,080	24,908	29,988	30,913
Total income		<u>75,668</u>	<u>975,510</u>	<u>1,051,178</u>	<u>937,642</u>
Expenditure on:					
Charitable activities	7	<u>45,094</u>	<u>954,294</u>	<u>999,388</u>	<u>930,031</u>
Net incoming resources before transfers		30,574	21,216	51,790	7,611
Gross transfers between funds		<u>21,762</u>	<u>(21,762)</u>	<u>-</u>	<u>-</u>
Net income/(expenditure) for the year/ Net movement in funds		52,336	(546)	51,790	7,611
Fund balances at 1 April 2024		<u>234,711</u>	<u>44,083</u>	<u>278,794</u>	<u>271,183</u>
Fund balances at 31 March 2025		<u><u>287,047</u></u>	<u><u>43,537</u></u>	<u><u>330,584</u></u>	<u><u>278,794</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025**

Prior financial year

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes			
Income and endowments from:				
Donations and legacies	3	693	-	693
Charitable activities	4	46,200	854,574	900,774
Investments	5	5,262	-	5,262
Other income	6	5,000	25,913	30,913
Total income		<u>57,155</u>	<u>880,487</u>	<u>937,642</u>
Expenditure on:				
Charitable activities	7	<u>79,410</u>	<u>850,621</u>	<u>930,031</u>
Net incoming resources before transfers		(22,255)	29,866	7,611
Gross transfers between funds		<u>12,416</u>	<u>(12,416)</u>	<u>-</u>
Net income/(expenditure) for the year/ Net movement in funds		(9,839)	17,450	7,611
Fund balances at 1 April 2023		<u>244,550</u>	<u>26,633</u>	<u>271,183</u>
Fund balances at 31 March 2024		<u><u>234,711</u></u>	<u><u>44,083</u></u>	<u><u>278,794</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

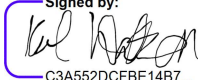
The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	13		1		219
Current assets					
Debtors	14	71,350		15,457	
Cash at bank and in hand		347,562		348,049	
		418,912		363,506	
Creditors: amounts falling due within one year	15	(88,329)		(84,931)	
Net current assets			330,583		278,575
Total assets less current liabilities			330,584		278,794
The funds of the charity					
Restricted income funds	18		43,537		44,083
Unrestricted funds	19		287,047		234,711
			330,584		278,794

The financial statements were approved by the trustees on 13 August 2025

.....
 Signed by:

 C3A552DCFB14B7...
 K Watson
 Trustee

Company registration number 03130902 (England and Wales)

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Cash flows from operating activities					
Cash absorbed by operations	23		(8,759)		(92,968)
Investing activities					
Investment income received		8,272		5,262	
Net cash generated from investing activities			8,272		5,262
Net decrease in cash and cash equivalents			(487)		(87,706)
Cash and cash equivalents at beginning of year			348,049		435,755
Cash and cash equivalents at end of year			347,562		348,049

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Wallsend Customer First Centre Floor 2, 16 The Forum, Wallsend, Tyne And Wear, NE28 8JR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

1 Accounting policies (Continued)

1.5 Expenditure

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	1,313	693
	<u> </u>	<u> </u>

4 Charitable activities

	Carers' support 2025 £	Carers' support 2024 £
Grants	1,011,605	900,774
	<u> </u>	<u> </u>
Analysis by fund		
Unrestricted funds	61,003	46,200
Restricted funds	950,602	854,574
	<u> </u>	<u> </u>
	1,011,605	900,774
	<u> </u>	<u> </u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

(Continued)

Grants

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
NTC - Carers Prevention & Wellbeing Workers	-	201,196	201,196	-	196,731	196,731
NTC - Carer Prevention Workers additional funding	-	-	-	-	3,620	3,620
NTC - Young Carers Team Lead	-	44,900	44,900	-	37,551	37,551
NTC - Bottled Up Project	-	-	-	-	15,955	15,955
NTC - Young Carers Link Worker	-	-	-	-	35,033	35,033
NTC - Family Support Worker	-	36,000	36,000	-	40,592	40,592
NTC - Holiday Activity Fund	-	243	243	-	5,666	5,666
NTC - Young Mayors Youth Activities Grant	-	-	-	-	1,000	1,000
NTC - Other	-	-	-	-	370	370
North East & North Cumbria ICB - Young Carers Support	-	85,707	85,707	-	89,835	89,835
North East & North Cumbria ICB - Therapeutic Support for Young Carers	-	33,953	33,953	-	30,000	30,000
North East & North Cumbria ICB - Strategic Work	-	21,457	21,457	-	21,329	21,329
North East & North Cumbria ICB - Mental Health Workers	-	93,172	93,172	-	87,011	87,011
North East & North Cumbria ICB - Training Officer	-	-	-	-	18,673	18,673
North East & North Cumbria ICB - Senior Prevention Worker	-	35,210	35,210	-	38,427	38,427
North East & North Cumbria ICB - Young Carers In School Programme	-	16,271	16,271	-	17,450	17,450
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	-	-	-	9,066	9,066
Carry forward	-	568,109	568,109	-	648,309	648,309

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

(Continued)

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Brought forward	-	568,109	568,109	-	648,309	648,309
North East Combined Authority UKSPF	-	226,918	226,918	-	111,362	111,362
North East Combined Authority - Small grants programme	-	47,747	47,747	-	-	-
BBC Children in Need	-	4,934	4,934	-	35,257	35,257
Carers Trust - Young Carers Activity Day	-	750	750	-	750	750
Sir James Knott Trust	11,253	-	11,253	-	-	-
Garfield Weston Foundation	18,750	-	18,750	25,000	-	25,000
Carers Trust Individual Grants	-	17,674	17,674	-	5,249	5,249
The Barbour Foundation	-	25,250	25,250	-	-	-
Mazars Charitable Trust	-	-	-	-	800	800
Sage Foundation	-	-	-	-	5,000	5,000
St Andrews United Reformed Church	-	-	-	200	-	200
The Ballinger Charitable Trust	20,000	-	20,000	20,000	-	20,000
Joseph Strong Frazer Trust	1,000	-	1,000	1,000	-	1,000
The National Lottery Community Fund	-	2,997	2,997	-	11,834	11,834
The National Lottery Community Fund - Awards for All	10,000	-	10,000	-	8,665	8,665
Community Foundation	-	5,000	5,000	-	-	-
Community Foundation - The 1989 Willan Charitable Trust	-	6,667	6,667	-	-	-
The DWF Foundation	-	2,000	2,000	-	-	-
R W Mann Trust	-	2,000	2,000	-	-	-
Hadrian Trust	-	1,000	1,000	-	-	-
The Wellesley Trust/ Community Foundation	-	-	-	-	10,000	10,000
Carers Trust Money Matters	-	39,556	39,556	-	-	-
Voda - Ending Loneliness	-	-	-	-	15,348	15,348
Voda - Winter Resilience Fund	-	-	-	-	2,000	2,000
	<u>61,003</u>	<u>950,602</u>	<u>1,011,605</u>	<u>46,200</u>	<u>854,574</u>	<u>900,774</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

5 Investments

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Interest receivable	8,272	5,262
	<u>8,272</u>	<u>5,262</u>

6 Other income

	Unrestricted funds	Restricted funds	Total Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024
	£	£	£	£	£
Access to Work grant	80	24,908	24,988	-	25,913
HMRC Employment allowance	5,000	-	5,000	5,000	-
	<u>5,080</u>	<u>24,908</u>	<u>29,988</u>	<u>5,000</u>	<u>30,913</u>

7 Expenditure on charitable activities

	Carers' support	Carers' support
	2025	2024
	£	£
Direct costs		
Staff costs	775,144	675,441
Direct service costs	129,535	142,835
Premises costs	29,281	40,756
	<u>933,960</u>	<u>859,032</u>
Share of support and governance costs (see note 8)		
Support	40,231	49,625
Governance	25,197	21,374
	<u>999,388</u>	<u>930,031</u>
Analysis by fund		
Unrestricted funds	45,094	79,410
Restricted funds	954,294	850,621
	<u>999,388</u>	<u>930,031</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

8 Support costs

	Support costs	Governance costs	2025	Support costs	Governance costs	2024
	£	£	£	£	£	£
Depreciation	218	-	218	770	-	770
General office costs	40,013	-	40,013	48,855	-	48,855
Audit fees	-	4,320	4,320	-	4,320	4,320
Legal and professional	-	18,795	18,795	-	15,243	15,243
Other governance costs	-	2,082	2,082	-	1,811	1,811
	<u>40,231</u>	<u>25,197</u>	<u>65,428</u>	<u>49,625</u>	<u>21,374</u>	<u>70,999</u>
Analysed between						
Charitable activities	<u>40,231</u>	<u>25,197</u>	<u>65,428</u>	<u>49,625</u>	<u>21,374</u>	<u>70,999</u>

Governance costs includes payments to the auditors of £4,320 (2024: £4,320) for audit fees.

9 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the audit of the charity's financial statements	4,320	4,320
Depreciation of owned tangible fixed assets	218	770
	<u>4,538</u>	<u>5,090</u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
Chief Executive	1	1
Operations managers	1	1
Service Managers	3	2
Project staff	22	21
Administration and support	2	2
Total	<u>29</u>	<u>27</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

11 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	689,750	605,144
Social security costs	61,805	51,721
Other pension costs	23,589	17,898
	<u>775,144</u>	<u>674,763</u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2025 Number	2024 Number
£60,000 - £69,999	-	1
	<u>-</u>	<u>1</u>

Remuneration of key management personnel

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and Operations Manager.

	2025 £	2024 £
Aggregate compensation	155,776	120,926
	<u>155,776</u>	<u>120,926</u>

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

13 Tangible fixed assets

	Office Equipment £
Cost	
At 1 April 2024	14,187
At 31 March 2025	14,187
Depreciation and impairment	
At 1 April 2024	13,968
Depreciation charged in the year	218
At 31 March 2025	14,186
Carrying amount	
At 31 March 2025	1
At 31 March 2024	219

14 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	2,850	3,354
Other debtors	-	5,574
Prepayments and accrued income	68,500	6,529
	71,350	15,457

15 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Other taxation and social security		13,923	10,972
Deferred income	16	50,374	28,452
Trade creditors		5,444	6,506
Other creditors		4,900	15,461
Accruals		13,688	23,540
		88,329	84,931

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

16 Deferred income

	2025	2024
	£	£
Other deferred income	50,374	28,452
Movements in the year:		
Deferred income at 1 April 2024	28,452	149,108
Released from previous periods	(28,452)	(149,108)
Resources deferred in the year	50,374	28,452
Deferred income at 31 March 2025	50,374	28,452

Deferred income is included in the financial statements as follows:

	2025	2024
	£	£
North East & North Cumbria ICB - Young Carers Healthcare Contract	-	16,271
North Tyneside Council - Carers Prevention & Wellbeing Workers	-	4,000
North of Tyne Combined Authority	-	250
BBC Children in Need	-	4,934
The National Lottery Community Fund	-	2,997
The National Lottery Community Fund - Awards for All	10,000	-
Carers Trust - Fuel & poverty	10,444	-
The Barbour Foundation	9,750	-
Garfield Weston Foundation	6,250	-
The Community Foundation - The 1989 Willan Charitable Trust	3,333	-
Sir James Knott Trust	3,747	-
Carers Newcastle - NECA YC in schools pilot	2,850	-
D Lamb funding	4,000	-
	50,374	28,452

17 Retirement benefit schemes

	2025	2024
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	23,589	17,898

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £23,589 (2024: £17,898). At the balance sheet date a pension liability of £nil (2024: £nil) was outstanding.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

Current financial year	Movement in funds				Balance at 31 March 2025
	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
North Tyneside Council:					
Young Carers Team Lead	-	44,900	(44,900)	-	-
Young Mayors Youth Activities Grant (YAC)	459	-	(150)	-	309
Carers Prevention & Wellbeing Workers	3,000	201,196	(191,674)	(9,522)	3,000
Family Support Worker	-	36,000	(36,000)	-	-
Bottled Up Project	8,362	-	(8,362)	-	-
Holiday Action Fund	3,938	243	(571)	-	3,610
Social Action	2,537	-	(120)	-	2,417
North East & North Cumbria Integrated Care Board:					
Strategic Work	-	21,457	(19,272)	(2,185)	-
Mental Health Workers	1,604	93,172	(91,799)	(1,373)	1,604
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	33,953	(33,953)	-	-
Young Carers Support	-	85,707	(79,286)	(6,421)	-
Young Carers In School Programme	-	16,271	(16,271)	-	-
Senior Prevention Worker	-	35,210	(32,949)	(2,261)	-
Charitable Trusts and Foundations:					
Carers Trust Money Matters	-	39,556	(39,556)	-	-
Access to Work	-	24,908	(24,908)	-	-
The Barbour Foundation	-	25,250	(25,250)	-	-
BBC Children in Need	656	4,934	(4,935)	-	655
Carers Trust - YCAD	-	750	(658)	-	92
Carers Trust Individual Grants	1,011	17,674	(10,525)	-	8,160
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	4,579	-	(1,428)	-	3,151
Mazars Charitable Trust	800	-	-	-	800
Healthwatch Equally Well Funding	186	-	(186)	-	-
NET Coronavirus Appeal/Community Foundation	201	-	-	-	201
North East Combined Authority UKSPF	-	226,919	(226,919)	-	-
North East Combined Authority Small Grants Programme	-	47,746	(47,746)	-	-
R W Mann Trust	1,345	2,000	(2,684)	-	661
Sage Foundation	5,000	-	-	-	5,000
Sir James Knott Trust	350	-	-	-	350
The Hedley Foundation	1,098	-	-	-	1,098
The Henry Smith Charity/Community Foundation	383	-	(383)	-	-
The National Lottery Community Fund	2,729	2,997	(2,715)	-	3,011
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Carry forward	41,150	960,843	943,200	(21,762)	37,031

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

(Continued)

	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	Balance at 31 March 2025
Brought forward	41,150	960,843	943,200	(21,762)	37,031
Triangle Trust Fund	155	-	-	-	155
Community Foundation - The 1989 Willan Charitable Trust	-	6,667	(6,667)	-	-
Community Foundation	-	5,000	(4,427)	-	573
Whitley Bay Singing Group	2,778	-	-	-	2,778
The DWF Foundation	-	2,000	-	-	2,000
Hadrian Trust	-	1,000	-	-	1,000
	<u>44,083</u>	<u>975,510</u>	<u>954,294</u>	<u>(21,762)</u>	<u>43,537</u>

Prior financial year	Movement in funds				Balance at 31 March 2024
	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Young Carers Team Lead	-	37,551	(37,551)	-	-
Young Mayors Youth Activities Grant (YAC)	-	1,000	(541)	-	459
Carers Prevention & Wellbeing Workers	-	196,731	(187,782)	(5,949)	3,000
Family Support Worker	-	40,592	(39,086)	(1,506)	-
Carer Prevention Workers additional funding	-	3,620	(3,620)	-	-
Young Carers Link Worker	-	35,033	(35,033)	-	-
Bottled Up Project	-	15,955	(7,593)	-	8,362
Holiday Action Fund	3,805	5,666	(5,533)	-	3,938
Social Action	2,547	-	(10)	-	2,537
Other	-	370	(370)	-	-
Strategic Work	-	21,329	(21,329)	-	-
Mental Health Workers	-	87,011	(85,407)	-	1,604
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	30,000	(30,000)	-	-
Training Officer	-	18,673	(18,673)	-	-
Young Carers Support	-	89,835	(85,580)	(4,255)	-
Young Carers In School Programme	-	17,450	(17,450)	-	-
Senior Prevention Worker	-	38,427	(37,721)	(706)	-
Access to Work	-	25,913	(25,913)	-	-
BBC Children in Need	-	35,257	(34,601)	-	656
	<u>6,848</u>	<u>700,413</u>	<u>(673,793)</u>	<u>(12,416)</u>	<u>21,052</u>
Carry forward	6,848	700,413	(673,793)	(12,416)	21,052

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

(Continued)

	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
Brought forward	6,848	700,413	(673,793)	(12,416)	21,052
Carers Trust - YCAD	182	750	(932)	-	-
Carers Trust Individual Grants	535	5,249	(4,773)	-	1,011
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	9,066	(9,066)	-	-
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	5,641	-	(1,062)	-	4,579
Mazars Charitable Trust	-	800	-	-	800
Healthwatch Equally Well Funding	186	-	-	-	186
NET Coronavirus Appeal/Community Foundation	201	-	-	-	201
North of Tyne Combined Authority	-	111,362	(111,362)	-	-
R W Mann Trust	1,345	-	-	-	1,345
Sage Foundation	-	5,000	-	-	5,000
Sir James Knott Trust	757	-	(407)	-	350
The Hedley Foundation	1,181	-	(83)	-	1,098
The Henry Smith Charity/Community Foundation	679	-	(296)	-	383
The National Lottery Community Fund	2,729	11,834	(11,834)	-	2,729
The National Lottery Community Fund - Awards for All	-	8,665	(8,665)	-	-
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
Triangle Trust Fund	155	-	-	-	155
Voda - Ending Loneliness	-	15,348	(15,348)	-	-
Voda - Winter Resilience Fund	1,000	2,000	(3,000)	-	-
Whitley Bay Singing Group	2,778	-	-	-	2,778
	<u>26,633</u>	<u>880,487</u>	<u>(850,621)</u>	<u>12,416</u>	<u>44,083</u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

18 Restricted funds

(Continued)

North Tyneside Council:

Young Carers Team Lead

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

Carers Wellbeing Workers

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

Carers Prevention Workers

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

Family Support Worker

This represents funding to support a family support worker to work with young carers and their families, who have no other support in place.

Bottled Up Project:

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

North East & North Cumbria Integrated Care Board (formerly North Tyneside Clinical Commissioning Group):

Strategic Work

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

Mental Health

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

Therapeutic Support for Young Carers

This represents funding received to provide dramatherapy to young Carers.

Training Officer

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care. Charitable trusts and foundations:

Young Carers Support

This represents funding received to support the Young Carers' Project.

Young Carers In School Programme

Funded to support a pilot project for 12 months to change the culture within 10 schools through improving identification and support of young carers.

Senior Prevention Worker

Funding to support a senior worker to triage new referrals, allocate cases, provide supervision to Preventions Workers and carry a caseload.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

18 Restricted funds

(Continued)

Access to Work

A grant scheme that provides support to disabled people who are in paid employment.

The Barbour Foundation

This represents funding to support the delivery of a wellbeing programme to young carers to provide a break from their caring role and connect with other young carers.

BBC Children in Need

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.

Carers Trust Grants

This represents funding received from Carers Trust to support carers and their needs.

North East Combined Authority:

Working for Carers

This represents funding to help carers access support in/into employment, education and training and work with employers to improve identification and support within the workplace. This is delivered in partnership with Carers Northumberland and Newcastle Carers, across the North of Tyne area.

Small Grants Programme

This represents funding to provide one to one support to young adult carers from the age of 16 – 25 years, as they transition into adulthood and remove any barriers in working towards their aspirations.

Other grants

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
General funds	234,711	75,668	(45,094)	21,762	287,047
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
General funds	244,550	57,155	(79,410)	12,416	234,711
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

20 Analysis of net assets between funds

Current financial year	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Fund balances at 31 March 2025 are represented by:			
Tangible assets	1	-	1
Current assets/(liabilities)	287,046	43,537	330,583
	<u>287,047</u>	<u>43,537</u>	<u>330,584</u>
Prior financial year	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 31 March 2024 are represented by:			
Tangible assets	219	-	219
Current assets/(liabilities)	234,492	44,083	278,575
	<u>234,711</u>	<u>44,083</u>	<u>278,794</u>

21 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	20,000	20,976
Between two and five years	46,667	60,000
In over five years	-	6,667
	<u>66,667</u>	<u>87,643</u>

22 Related party transactions

There were no disclosable related party transactions during the year (2024: none).

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

23	Cash absorbed by operations	2025 £	2024 £
	Surplus for the year	51,790	7,611
	Adjustments for:		
	Investment income recognised in statement of financial activities	(8,272)	(5,262)
	Depreciation and impairment of tangible fixed assets	218	770
	Movements in working capital:		
	(Increase) in debtors	(55,893)	(2,989)
	(Decrease)/increase in creditors	(18,524)	27,558
	Increase/(decrease) in deferred income	21,922	(120,656)
	Cash absorbed by operations	(8,759)	(92,968)
24	Analysis of changes in net funds		
	The charity had no material debt during the year.		

Accounts

Charity registration number 1051472

Company registration number 03130902 (England and Wales)

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

THE NORTH TYNESIDE CARERS' CENTRE

(A COMPANY LIMITED BY GUARANTEE)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	AT Waggott-Fairley P Waggott PG Earley K Watson DM Baldwin W Wilson	(Appointed 28 February 2024)
Chief executive	C Easton	
Charity number	1051472	
Company number	03130902	
Registered office	Wallsend Customer First Centre Floor 2 16 The Forum Wallsend Tyne And Wear NE28 8JR	
Auditor	Sumer Auditco Limited Unit 2 Gosforth Park Avenue Newcastle upon Tyne NE12 8EG	
Bankers	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG	
Solicitors	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF	

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) CONTENTS

	Page
Trustees' report	1 - 5
Independent auditor's report	6 - 8
Statement of financial activities	9 - 10
Balance sheet	11
Statement of cash flows	12
Notes to the financial statements	13 - 31

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The mission statement of the North Tyneside Carers' Centre is:

"To improve the quality of life for carers in North Tyneside"

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

We continued to see increased demand for our services during 2023 – 2024. Recruitment and retention of staff remained a challenge and impacted on our ability to meet demand in a timely way. In response we reviewed eligibility criteria and included triage questions on our online referral forms, to improve access.

In July 2023 we moved premises and in response to feedback from carers, we changed our model of service delivery. We decided to move to an office base only and deliver services into local communities across the borough, to improve carers access to carer support. We worked with North Tyneside Council to secure space in the six community hubs, where we delivered one to one appointments, wellbeing and training sessions. We chose the 'Spirit of North Tyneside' in Wallsend Customer First Centre, as our office base and quickly saw the benefits of working closely with Healthwatch North Tyneside and VODA.

6,398 adult carers and 670 young carers were registered with the Centre during the year and received regular information bulletins and access to the website and resources. 1,091 adult carers and 197 young carers accessed a direct intervention during the year.

At a strategic level we continued as a lead partner on North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. On behalf of the board, we developed an adult carers survey with Healthwatch, to understand the impact of the caring over the last 12 months. 681 carers responded: 44% of carers reported providing significantly more care over the last 12 months, due to deterioration in the condition of the person cared for. The main issues identified by carers throughout the survey were: feeling overwhelmed and struggling to cope with their caring responsibilities; lack of services and respite; the impact of cost of living rises; feeling lonely and isolated (41% said they felt more isolated); poor mental wellbeing; juggling work and caring and dealing with increased levels of challenging behaviour. The Board's priorities and workplan were set based on the recommendations from the survey findings for the next 2 years.

During the year we worked with North Tyneside Council to review the statutory carers assessment pathway and documentation. We co-developed and co-facilitated training for Adult Social Care staff to improve awareness of: the impact of caring; the new pathway and the support offer for carers in North Tyneside. We also worked with the Council to develop a pathway for 'Carers of all Ages', including key transition stages.

We continued to work with the ICB to support GP practices to work towards the 'Carer Friendly GP Award Scheme', bronze and silver level. 14 practices were awarded bronze level and we provided ongoing advice and support to practices, including facilitating a GP Carers Champion network.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

During the period the Adult Carers' Service advice line responded to 3,744 enquiries from carers offering information, advice and emotional support. 87% of the contacts were in relation to improved access to support and services for the carer and person they cared for. We delivered one to one intensive emotional and practical support via the telephone/text and face to face to 307 adult carers, who were struggling to manage their caring responsibilities. Many of these carers were looking after someone with a mental health illness, dementia or autism. We helped carers recognise the impact of caring on their wellbeing and supported them to take appropriate steps to maintain their wellbeing through developing coping strategies e.g. relaxation techniques. We helped carers navigate the health and social care system and provided advocacy support to ensure their views were heard during care planning and safeguarding meetings.

We delivered 53 peer support groups with 212 attendances, 46 wellbeing sessions with 267 attendances and 52 training sessions with 380 attendances. We delivered a programme of training to equip carers with the skills and knowledge to care for someone safely and developed new sessions based on the needs of carers. This included Decider training to support carers to manage their mental health. We connected carers with other carers and groups in their local communities increase their support network.

The Young Carers Service provided a direct service to 197 unique young carers. Family Support Workers provided intense one to one support to 159 young carers and their families via the telephone/text and face to face. They provided a range of interventions to support young carers to maintain their emotional and physical wellbeing, have aspirations and a life outside of caring. They worked closely with schools to ensure the young person had a trusted adult they could speak to in school and improve attendance levels. They supported families to access support services to reduce inappropriate levels of care and the impact of caring of the young carer. The workers delivered four 'emotional wellbeing programmes to groups of young carers to focus on building resilience, identifying positives and challenges related to caring responsibilities; managing feelings; friendships and who can help and support networks. They also delivered a drop in event on Young Carers Action Day in March to connect young carers and their families with other services – 88 families attended.

The Breaks and Activities team delivered 110 sessions with a total of 971 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. Sessions included cookery sessions, arts sessions, 'A for Amy' theatre trip (which focused on toxic friendships and relationships), pumpkin picking, Halloween and Christmas parties. During the school holidays we delivered longer sessions during the day and took a group of 12 young carers on a residential trip to High Borran in the summer holidays with Holiday Activities & Food Programme funding.

We implemented the Young Carers In Schools Programme in September and recruited a programme lead and young adult carer apprentice. We worked with 5 schools in the first six months, to improve identification and support for young carers. This included the delivery of whole school workforce development training, assemblies across all year groups, support to implement carer policies and the development of peer support networks.

During the year the Centre's Therapeutic Practitioner delivered 437 dramatherapy sessions to 26 young carers. The minimum number of sessions provided to a young carer was 8 and the maximum 20. Sessions identified trauma in many of the young carers including sexual abuse, physical abuse, neglect and domestic violence.

We continued to work with the North of Tyne Combined Authority, Carers Northumberland and Newcastle Carers to provide the Return to Work Project: to support carers who were in work and struggling to juggle work alongside caring, and, those who were looking to return to work/training or education. During the year we supported 111 carers. The outcomes the project achieved were very positive with 38% returning to work training or education. An external evaluation undertaken of the project highlighted the difference the service made to carers and the need for specialist support. We were delighted to hear in February that we had been awarded funding for a Working for Carers Project - to upscale our provision for a further 12 months. This project is funded by the UK Government through the UK Shared Prosperity Fund with the North of Tyne Combined Authority as the lead authority.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity's main source of income are performance related grants of £900,774 (2023: £739,253). The charity also received donations of £693 (2023: £8,146), investment income of £5,262 (2023: £2,275) and other income of £30,913 (2023: £7,837). The charity's charitable costs have increased in the year leaving a small surplus of £7,611 (2023: £30,536). All funding received from the Community Foundation should be recognised as Community Foundation Tyne & Wear and Northumberland.

The 'free reserves' of the charity (defined as those unrestricted funds not designated for specific purposes or tied up in fixed assets) stood at £234,492 at 31 March 2024 (2023: £243,561). The charity's unrestricted reserves totalled £234,711 (2023: £244,550) which are represented by net current assets of £234,492 and capital assets of £219 (2023: £989). The charity's restricted reserves totalled £44,083 (2023: £26,633) which are represented by net current assets.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

Plans for future periods

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. Carers' feedback and experiences will be fed into strategic boards to influence local decision making.

We will lead on a Carers Partnership Board working group to develop an audit tool for key partners to measure the effectiveness of their services in identifying, involving and supporting carers.

We will work with Carers Northumberland and Newcastle Carers to implement the Working for Carers Project, recruit a team of workers to upscale delivery to support carers and work with local employers to help them understand the new Carers Leave Act.

We will implement a new programme of support for young adult carers to help them at key transition stages and help them work towards their goals and aspirations. This will include intense one to one support, peer support groups and learning and development opportunities to help them on their path to employment, training or education.

We will look for funding to further develop our services including the Young Carers in Schools Programme beyond September 2025 and targeted work with marginalised carers.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

AT Waggott-Fairley

P Waggott

PG Earley

K Watson

DM Baldwin

W Wilson

(Appointed 28 February 2024)

Recruitment and appointment of trustees

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

Induction and training of trustees

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Key management remuneration

The trustees, who are also the directors of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £120,926 (2023: £169,961) during the year. The pay for senior staff is kept under review by the Board of Directors.

Related parties

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

Statement of trustees' responsibilities

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

In accordance with the company's articles, a resolution proposing that Sumer Auditco Limited be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

K Watson

Trustee

Dated: 16 August 2024

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE

Opinion

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Mr Stephen Slater (Senior Statutory Auditor)
for and on behalf of Sumer Auditco Limited
Statutory Auditor
Unit 2
Gosforth Park Avenue
Newcastle upon Tyne
NE12 8EG**

Date: 16 September 2024

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2024

Current financial year

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
	Notes				
Income and endowments from:					
Donations and legacies	3	693	-	693	8,146
Charitable activities	4	46,200	854,574	900,774	739,253
Investments	5	5,262	-	5,262	2,275
Other income	6	5,000	25,913	30,913	7,837
Total income		<u>57,155</u>	<u>880,487</u>	<u>937,642</u>	<u>757,511</u>
Expenditure on:					
Charitable activities	7	<u>79,410</u>	<u>850,621</u>	<u>930,031</u>	<u>726,975</u>
Net (outgoing)/incoming resources before transfers		(22,255)	29,866	7,611	30,536
Gross transfers between funds		<u>12,416</u>	<u>(12,416)</u>	<u>-</u>	<u>-</u>
Net (expenditure)/income for the year/ Net movement in funds		(9,839)	17,450	7,611	30,536
Fund balances at 1 April 2023		<u>244,550</u>	<u>26,633</u>	<u>271,183</u>	<u>240,647</u>
Fund balances at 31 March 2024		<u><u>234,711</u></u>	<u><u>44,083</u></u>	<u><u>278,794</u></u>	<u><u>271,183</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2024**

Prior financial year

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes			
Income and endowments from:				
Donations and legacies	3	8,146	-	8,146
Charitable activities	4	36,000	703,253	739,253
Investments	5	2,275	-	2,275
Other income	6	5,000	2,837	7,837
Total income		51,421	706,090	757,511
Expenditure on:				
Charitable activities	7	35,312	691,663	726,975
Net (outgoing)/incoming resources before transfers		16,109	14,427	30,536
Gross transfers between funds		1,394	(1,394)	-
Net (expenditure)/income for the year/ Net movement in funds		17,503	13,033	30,536
Fund balances at 1 April 2022		227,047	13,600	240,647
Fund balances at 31 March 2023		244,550	26,633	271,183

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2024

		2024		2023	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	13		219		989
Current assets					
Debtors	14	15,457		12,468	
Cash at bank and in hand		348,049		435,755	
		<u>363,506</u>		<u>448,223</u>	
Creditors: amounts falling due within one year	15	<u>(84,931)</u>		<u>(178,029)</u>	
Net current assets			278,575		270,194
Total assets less current liabilities			<u>278,794</u>		<u>271,183</u>
The funds of the charity					
Restricted income funds	18	44,083		26,633	
Unrestricted funds		234,711		244,550	
		<u>278,794</u>		<u>271,183</u>	

The financial statements were approved by the trustees on 16 August 2024

K Watson
Trustee

Company registration number 03130902 (England and Wales)

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	23		(92,968)		30,285
Investing activities					
Purchase of tangible fixed assets		-		(1,135)	
Investment income received		5,262		2,275	
Net cash generated from investing activities			5,262		1,140
Net (decrease)/increase in cash and cash equivalents			(87,706)		31,425
Cash and cash equivalents at beginning of year			435,755		404,330
Cash and cash equivalents at end of year			348,049		435,755

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Wallsend Customer First Centre Floor 2, 16 The Forum, Wallsend, Tyne And Wear, NE28 8JR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	693	8,146
	<u> </u>	<u> </u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

	Carers' support 2024 £	Carers' support 2023 £
Grants	900,774	739,253
Analysis by fund		
Unrestricted funds	46,200	36,000
Restricted funds	854,574	703,253
	900,774	739,253

Grants

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
NTC - Carers Prevention & Wellbeing Workers	-	196,731	196,731	-	159,107	159,107
NTC - Carer Prevention Workers additional funding	-	3,620	3,620	-	517	517
NTC - Young Carers Service Manager	-	37,551	37,551	-	37,551	37,551
NTC - Bottled Up Project	-	15,955	15,955	-	12,858	12,858
NTC - Young Carers Link Worker	-	35,033	35,033	-	35,033	35,033
NTC - Social Action	-	-	-	-	2,547	2,547
NTC - Family Support Worker	-	40,592	40,592	-	31,408	31,408
NTC - Holiday Activity Fund	-	5,666	5,666	-	6,062	6,062
NTC - Young Mayors Youth Activities Grant	-	1,000	1,000	-	-	-
NTC - Other	-	370	370	-	-	-
North East & North Cumbria ICB - Young Carers Support	-	89,835	89,835	-	78,604	78,604
North East & North Cumbria ICB - Therapeutic Support for Young Carers	-	30,000	30,000	-	30,600	30,600
Carry forward	-	456,353	456,353	-	394,287	394,287

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Brought forward	-	456,353	456,353	-	394,287	394,287
North East & North Cumbria ICB - Strategic Work	-	21,329	21,329	-	20,953	20,953
North East & North Cumbria ICB - Mental Health Workers	-	87,011	87,011	-	61,481	61,481
North East & North Cumbria ICB - Training Officer	-	18,673	18,673	-	16,428	16,428
North East & North Cumbria ICB - Senior Prevention Worker	-	38,427	38,427	-	31,573	31,573
North East & North Cumbria ICB - Prevention Worker additional Funding	-	-	-	-	4,137	4,137
North East & North Cumbria ICB - Young Carers In School Programme	-	17,450	17,450	-	-	-
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	9,066	9,066	-	26,934	26,934
North Of Tyne Combined Authority	-	111,362	111,362	-	37,291	37,291
BBC Children in Need	-	35,257	35,257	-	35,738	35,738
Carers Trust - Young Carers Activity Day	-	750	750	-	680	680
Freemasons of Northumberland	-	-	-	-	7,612	7,612
Garfield Weston Foundation	25,000	-	25,000	20,000	-	20,000
Carers Trust Individual Grants	-	5,249	5,249	-	3,224	3,224
Healthwatch North Tyne side Equally Well Funding	-	-	-	-	1,070	1,070
Mazars Charitable Trust	-	800	800	-	-	-
Sage	-	5,000	5,000	-	-	-
St Andrews United Reformed Church	200	-	200	-	-	-
The Ballinger Trust	20,000	-	20,000	15,000	-	15,000
Carry forward	45,200	806,727	851,927	35,000	641,408	676,408

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Brought forward	45,200	806,727	851,927	35,000	641,408	676,408
The Joseph Strong Frazer Trust	1,000	-	1,000	1,000	-	1,000
The National Lottery Community Fund	-	11,834	11,834	-	30,619	30,619
The National Lottery Community Fund - Awards for All	-	8,665	8,665	-	1,330	1,330
The Wellesley Trust/Community Foundation	-	10,000	10,000	-	10,000	10,000
Foundation for Loneliness	-	15,348	15,348	-	18,896	18,896
Voda - Winter Resilience Fund	-	2,000	2,000	-	1,000	1,000
	<u>46,200</u>	<u>854,574</u>	<u>900,774</u>	<u>36,000</u>	<u>703,253</u>	<u>739,253</u>

5 Investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	<u>5,262</u>	<u>2,275</u>

6 Other income

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Access to Work grant	-	25,913	25,913	-	2,837	2,837
HMRC Employment allowance	<u>5,000</u>	<u>-</u>	<u>5,000</u>	<u>5,000</u>	<u>-</u>	<u>5,000</u>
	<u>5,000</u>	<u>25,913</u>	<u>30,913</u>	<u>5,000</u>	<u>2,837</u>	<u>7,837</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

7 Expenditure on charitable activities

	Carers' support 2024 £	Carers' support 2023 £
Direct costs		
Staff costs	675,441	581,614
Direct service costs	142,835	89,825
Premises costs	40,756	26,480
	<u>859,032</u>	<u>697,919</u>
Share of support and governance costs (see note 8)		
Support	49,625	15,868
Governance	21,374	13,188
	<u>930,031</u>	<u>726,975</u>
Analysis by fund		
Unrestricted funds	79,410	35,312
Restricted funds	850,621	691,663
	<u>930,031</u>	<u>726,975</u>

8 Support costs

	Support costs £	Governance costs £	2024 £	Support costs £	Governance costs £	2023 £
Depreciation	770	-	770	1,302	-	1,302
General office costs	48,855	-	48,855	14,566	-	14,566
Audit fees	-	4,320	4,320	-	3,600	3,600
Legal and professional	-	15,243	15,243	-	8,123	8,123
Other governance costs	-	1,811	1,811	-	1,465	1,465
	<u>49,625</u>	<u>21,374</u>	<u>70,999</u>	<u>15,868</u>	<u>13,188</u>	<u>29,056</u>
Analysed between						
Charitable activities	<u>49,625</u>	<u>21,374</u>	<u>70,999</u>	<u>15,868</u>	<u>13,188</u>	<u>29,056</u>

Governance costs includes payments to the auditors of £4,320 (2023: £3,600) for audit fees.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

9	Net movement in funds	2024	2023
		£	£
	The net movement in funds is stated after charging/(crediting):		
	Fees payable for the audit of the charity's financial statements	4,320	3,600
	Depreciation of owned tangible fixed assets	770	1,302
		<u> </u>	<u> </u>

10 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

11 Employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
Chief Executive	1	1
Operations managers	1	-
Service Managers	2	2
Project staff	21	20
Administration and support	2	2
	<u> </u>	<u> </u>
Total	27	25
	<u> </u>	<u> </u>

Employment costs	2024	2023
	£	£
Wages and salaries	605,144	520,563
Social security costs	51,721	44,414
Other pension costs	17,898	16,014
	<u> </u>	<u> </u>
	674,763	580,991
	<u> </u>	<u> </u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2024	2023
	Number	Number
£60,000 - £69,999	1	-
	<u> </u>	<u> </u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

11 Employees

(Continued)

Remuneration of key management personnel

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and Operations Manager.

	2024	2023
	£	£
Aggregate compensation	120,926	169,961

12 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

13 Tangible fixed assets

	Office Equipment £
Cost	
At 1 April 2023	14,187
At 31 March 2024	14,187
Depreciation and impairment	
At 1 April 2023	13,198
Depreciation charged in the year	770
At 31 March 2024	13,968
Carrying amount	
At 31 March 2024	219
At 31 March 2023	989

14 Debtors

	2024	2023
	£	£
Amounts falling due within one year:		
Trade debtors	3,354	1,357
Other debtors	5,574	5,574
Prepayments and accrued income	6,529	5,537
	15,457	12,468

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

15 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Other taxation and social security		10,972	9,731
Deferred income	16	28,452	149,108
Trade creditors		6,506	6,448
Other creditors		15,461	656
Accruals		23,540	12,086
		<u>84,931</u>	<u>178,029</u>

16 Deferred income

	2024 £	2023 £
Arising from Deferred income	<u>28,452</u>	<u>149,108</u>
Movements in the year:		
Deferred income at 1 April 2023	149,108	165,024
Released from previous periods	(149,108)	(165,024)
Resources deferred in the year	<u>28,452</u>	<u>149,108</u>
Deferred income at 31 March 2024	<u>28,452</u>	<u>149,108</u>

Deferred income is included in the financial statements as follows:

	2024 £	2023 £
North East & North Cumbria ICB - Training Officer	-	1,225
North East & North Cumbria ICB - Mental Health Workers	-	11,843
North East & North Cumbria ICB - Young Carers Support	-	4,639
North East & North Cumbria ICB - Senior Prevention Worker	-	3,427
North East & North Cumbria ICB - Young Carers Healthcare Contract	16,271	33,722
North Tyneside Council -Bottled Up Project	-	3,142
North Tyneside Council - Carers Prevention & Wellbeing Workers	4,000	14,520
North Tyneside Council - Family Support Worker	-	4,592
North Tyneside Council - Additional Prevention Worker	-	3,619
North of Tyne Combined Authority	250	10,862
BBC Children in Need	4,934	9,608
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust	-	9,066
The National Lottery Community Fund	2,997	14,831
The National Lottery Community Fund - Awards for All	-	8,665
Voda - Ending Loneliness	-	15,347
	<u>28,452</u>	<u>149,108</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

17 Retirement benefit schemes

	2024	2023
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	17,898	16,014
	<u>17,898</u>	<u>16,014</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £17,898 (2023: £16,014). At the balance sheet date a pension liability of £nil (2023: £nil) was outstanding.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

Current financial year	Movement in funds				Balance at 31 March 2024
	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
North Tyneside Council:					
Young Carer Service Manager	-	37,551	(37,551)	-	-
Young Mayors Youth Activities Grant (YAC)	-	1,000	(541)	-	459
Carers Prevention & Wellbeing Workers	-	196,731	(187,782)	(5,949)	3,000
Family Support Worker	-	40,592	(39,086)	(1,506)	-
Carer Prevention Workers additional funding	-	3,620	(3,620)	-	-
Young Carers Link Worker	-	35,033	(35,033)	-	-
Bottled Up Project	-	15,955	(7,593)	-	8,362
Holiday Action Fund	3,805	5,666	(5,533)	-	3,938
Social Action	2,547	-	(10)	-	2,537
Other	-	370	(370)	-	-
North East & North Cumbria Integrated Care Board:					
Strategic Work	-	21,329	(21,329)	-	-
Mental Health Workers	-	87,011	(85,407)	-	1,604
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	30,000	(30,000)	-	-
Training Officer	-	18,673	(18,673)	-	-
Young Carers Support	-	89,835	(85,580)	(4,255)	-
Young Carers In School Programme	-	17,450	(17,450)	-	-
Senior Prevention Worker	-	38,427	(37,721)	(706)	-
Charitable Trusts and Foundations:					
Access to Work	-	25,913	(25,913)	-	-
BBC Children in Need	-	35,257	(34,601)	-	656
Carers Trust - YCAD	182	750	(932)	-	-
Carers Trust Individual Grants	535	5,249	(4,773)	-	1,011
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	9,066	(9,066)	-	-
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	5,641	-	(1,062)	-	4,579
Mazars Charitable Trust	-	800	-	-	800
Healthwatch Equally Well Funding	186	-	-	-	186
NET Coronavirus Appeal/Community Foundation	201	-	-	-	201
North of Tyne Combined Authority	-	111,362	(111,362)	-	-
R W Mann Trust	1,345	-	-	-	1,345
Sage Foundation	-	5,000	-	-	5,000
Sir James Knott Trust	757	-	(407)	-	350
The Hedley Foundation	1,181	-	(83)	-	1,098
The Henry Smith Charity/Community Foundation	679	-	(296)	-	383
The National Lottery Community Fund	2,729	11,834	(11,834)	-	2,729
Carry forward	21,700	844,474	(813,608)	(12,416)	40,150

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

18 Restricted funds

(Continued)

	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
Brought forward	21,700	844,474	(813,608)	(12,416)	40,150
The National Lottery Community Fund - Awards for All	-	8,665	(8,665)	-	-
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
Triangle Trust Fund	155	-	-	-	155
Voda - Ending Loneliness	-	15,348	(15,348)	-	-
Voda - Winter Resilience Fund	1,000	2,000	(3,000)	-	-
Whitley Bay Singing Group	2,778	-	-	-	2,778
	<u>26,633</u>	<u>880,487</u>	<u>(850,621)</u>	<u>12,416</u>	<u>44,083</u>

Prior financial year	Movement in funds				Balance at 31 March 2023
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	
Young Carer Service Manager	-	37,551	(37,551)	-	-
Carers Prevention & Wellbeing Workers	-	159,107	(159,107)	-	-
Family Support Worker	-	31,408	(31,408)	-	-
Carer Prevention Workers additional funding	-	517	(517)	-	-
Young Carers Link Worker	-	35,033	(35,033)	-	-
Bottled Up Project	-	12,858	(12,858)	-	-
Holiday Action Fund	-	6,062	(2,257)	-	3,805
Social Action	-	2,547	-	-	2,547
Strategic Work	-	20,953	(20,953)	-	-
Mental Health Workers	980	61,481	(62,461)	-	-
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	30,600	(30,600)	-	-
Training Officer	-	16,428	(16,428)	-	-
Young Carers Support	-	78,604	(78,604)	-	-
Senior Prevention Worker	-	31,573	(31,573)	-	-
Carer Prevention Workers additional funding	-	4,137	(3,108)	(1,029)	-
Access to Work	-	2,837	(2,837)	-	-
BBC Children in Need Young Carers Worker	-	34,738	(34,738)	-	-
BBC Children in Need Money Heros	-	1,000	(635)	(365)	-
Carers Trust - YCAD	-	680	(498)	-	182
Carers Trust Individual Grants	-	3,224	(2,689)	-	535
	<u>1,476</u>	<u>571,338</u>	<u>(563,855)</u>	<u>(1,394)</u>	<u>7,565</u>
Carry forward	1,476	571,338	(563,855)	(1,394)	7,565

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

18 Restricted funds

(Continued)

	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 31 March 2023
Brought forward	1,476	571,338	(563,855)	(1,394)	7,565
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	26,934	(26,934)	-	-
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	-	7,612	(1,971)	-	5,641
Healthwatch Equally Well Funding	-	1,070	(884)	-	186
NET Coronavirus Appeal/Community Foundation	253	-	(52)	-	201
North of Tyne Combined Authority	-	37,291	(37,291)	-	-
R W Mann Trust	2,000	-	(655)	-	1,345
Sir James Knott Trust	1,551	-	(794)	-	757
The Hedley Foundation	1,181	-	-	-	1,181
The Henry Smith Charity/Community Foundation	1,012	-	(333)	-	679
The National Lottery Community Fund	-	30,619	(27,890)	-	2,729
The National Lottery Community Fund - Awards for All	-	1,330	(1,330)	-	-
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Triangle Trust Fund	933	-	778	-	155
Voda - Ending Loneliness	-	18,896	(18,896)	-	-
Voda - Winter Resilience Fund	-	1,000	-	-	1,000
Whitley Bay Singing Group	2,778	-	-	-	2,778
	<u>13,600</u>	<u>706,090</u>	<u>(691,663)</u>	<u>1,394</u>	<u>26,633</u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

18 Restricted funds

(Continued)

North Tyneside Council:

Young Carers Service Manager

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

Carers Wellbeing Workers

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

Carers Prevention Workers

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

Young Carers Link Worker

This represents funding to ensure young carers are offered regular statutory assessments and quality assess those assessments to ensure a high standard of support across the borough.

Bottled Up Project:

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

Family Support Worker

This represents funding to support a family support worker to work with young carers and their families, who have no other support in place.

North East & North Cumbria Integrated Care Board (formerly North Tyneside Clinical Commissioning Group):

Strategic Work

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

Mental Health

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

Young Carers Support

This represents funding received to support the Young Carers' Project.

Therapeutic Support for Young Carers

This represents funding received to provide specialist carer support.

Training Officer

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care. Charitable trusts and foundations:

Young Carers In School Programme

Funded to support a pilot project for 12 months to change the culture within 10 schools through improving identification and support of young carers.

Senior Prevention Worker

Funding to support a senior worker to triage new referrals, allocate cases, provide supervision to Prevention Workers and carry a caseload.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

18 Restricted funds

(Continued)

Carers Trust Grants

This represents funding received from carers trust to support carers and their needs.

Cumbria, Northumberland, Tyne and Wear NHS Foundation

Funding to support a Mental Health Information Advice and Guidance Worker, to meet additional demand on the service.

BBC Children in Need

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.

North of Tyne Combined Authority:

Carers into Work Advisor.

This represents funding to help carers access employment, education or training.

The Wellesley Trust Fund at the Community Foundation Tyne & Wear and Northumberland

This represents funding received to the Young Carers' Project.

The National Lottery Community Fund

Funding to create carer friendly communities in North Tyneside which recognise and support carers at an early stage. The support will help reduce isolation as a result of being better connected to people and organisations in their local community.

The National Lottery Awards for All

Funding to provide administration support to the management team.

VODA - Ending Loneliness in North Tyneside

Funding to work in partnership with VODA, Age UK and the CAB to reduce isolation in North Tyneside and connect people. The Carers' Centre will support carers to become reconnected in their local community, making friendships and developing a network of peer support to reduce isolation.

Access to Work

A grant scheme that provides support to disabled people who are in paid employment.

Other grants

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	244,550	57,155	(79,410)	12,416	234,711

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

19 Unrestricted funds (Continued)

Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	227,047	51,421	(35,312)	1,394	244,550

20 Analysis of net assets between funds

Current financial year	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 31 March 2024 are represented by:			
Tangible assets	219	-	219
Current assets/(liabilities)	234,492	44,083	278,575
	234,711	44,083	278,794

Prior financial year	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Tangible assets	989	-	989
Current assets/(liabilities)	243,561	26,633	270,194
	244,550	26,633	271,183

21 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024 £	2023 £
Within one year	20,976	19,606
Between two and five years	60,000	60,976
In over five years	6,667	26,667
	87,643	107,249

22 Related party transactions

There were no disclosable related party transactions during the year (2023: none).

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

23	Cash generated from operations	2024 £	2023 £
	Surplus for the year	7,611	30,536
	Adjustments for:		
	Investment income recognised in statement of financial activities	(5,262)	(2,275)
	Depreciation and impairment of tangible fixed assets	770	1,302
	Movements in working capital:		
	(Increase)/decrease in debtors	(2,989)	10,360
	Increase in creditors	27,558	6,278
	(Decrease) in deferred income	(120,656)	(15,916)
	Cash (absorbed by)/generated from operations	(92,968)	30,285
24	Analysis of changes in net funds		
	The charity had no material debt during the year.		

Accounts

Charity registration number 1051472

Company registration number 03130902 (England and Wales)

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	AT Waggott-Fairley P Waggott PG Earley K Watson DM Baldwin
Chief executive	C Easton
Charity number	1051472
Company number	03130902
Registered office	Wallsend Customer First Centre Floor 2 16 The Forum Wallsend Tyne And Wear NE28 8JR
Auditor	Sumer Auditco Limited The Beehive, Beehive Ring Road London Gatwick Airport Gatwick United Kingdom RH6 0PA
Bankers	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG
Solicitors	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) CONTENTS

	Page
Trustees' report	1 - 5
Independent auditor's report	6 - 8
Statement of financial activities	9 - 10
Balance sheet	11
Statement of cash flows	12
Notes to the financial statements	13 - 29

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The mission statement of the North Tyneside Carers' Centre is:

"To improve the quality of life for carers in North Tyneside"

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

We continued to see an increase in referrals for our service during 2022 – 2023, whilst experiencing significant challenges recruiting and retaining staff. This impacted on our ability to meet demand and additionally, the cost of living and the impact of the pandemic on carers' mental health, resulted in more complex cases and carers requiring intensive support.

6,263 adult carers and 638 young carers were registered with the Centre during the year and received regular information bulletins and access to the website and resources. 1,561 adult carers and 180 young carers accessed a direct intervention during the year.

At a strategic level we continued as a lead partner on North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. On behalf of the board, we developed a young carers survey with Healthwatch, to understand the impact of the pandemic on young carers. 103 carers responded, with many reporting their caring responsibilities had increased as a direct result of the pandemic. Young carers also identified they were struggling with their mental wellbeing and prioritised their caring responsibilities over their education. The key issues from the survey and our recommendations were presented to the board and other key strategic boards to ensure they considered the needs of carers in their workplans moving forward. This resulted in additional funding to support a 'Young Carers in Schools Programme': to increase identification and support for young carers in schools.

During the year we worked with North East & North Cumbria Integrated Care Board to support GP practices to work towards the 'Carer Friendly GP Award Scheme', bronze level. Training was delivered to all carers champions and ongoing support provided throughout the year to facilitate regular GP Carers Champion network meetings, and, ensure systems and processes helped practices identify and code carers appropriately. As a result, we received 165 referrals from GP practices during the year, compared with 12 referrals the previous year. Towards the end of the year, 8 practices were awarded their bronze awards.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

During the period the Adult Carers' Service advice line responded to 4,188 enquiries from carers offering information, advice and emotional support. 52% of the contacts were in relation to improved access to support and services for the carer and person they cared for. 21% of contacts were to access emotional support and 12% of contacts were to reduce isolation and loneliness.

We delivered one to one intensive emotional and practical support via the telephone/text and face to face to 289 adult carers, who were struggling to manage their caring responsibilities. This was a decrease from the previous year due to gaps in post. Many of these carers were looking after someone with dementia or autism. We helped carers recognise the impact of caring on their wellbeing and supported them to take appropriate steps to maintain their wellbeing through developing coping strategies e.g. relaxation techniques. We helped carers navigate the health and social care system and provided advocacy support to ensure their views were heard during care planning.

We delivered 57 peer support groups with 275 attendances, 58 wellbeing and social activities with 314 attendances and 50 training sessions with 290 attendances. We focused on building carers resilience and provided strategies to help them manage their wellbeing. We connected carers with groups in their local communities and other carers to increase their support network.

The Young Carers Service provided a direct service to 180 unique young carers. Family Support Workers provided intense one to one support to 130 young carers and their families via the telephone/text and face to face. They provided a range of interventions to support young carers to maintain their emotional and physical wellbeing, have aspirations and a life outside of caring. They supported families to access support services to reduce inappropriate levels of care. The workers delivered 2 'Heads Up' emotional wellbeing programmes to groups of young carers to their focus on building resilience, identifying positives and challenges related to caring responsibilities; managing feelings; friendships and who can help and support networks. They also delivered a school transition programme to young carers who were moving between primary and secondary school to help equip them for the move.

An exercise with Early Help and Education North Tyneside to track the attendance levels of young carers pre and post Covid identified that over 81% of young carers had lower attendance levels post pandemic. Follow up calls were made to schools and families to understand if the absence was due to increased caring responsibilities. 30% of those contacted had improved attendance during the summer 2022 term as a result.

The Breaks and Activities team delivered 122 sessions with a total attendance of 1018 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. Sessions included cookery sessions, drama sessions, arts sessions; climbing, Halloween party and trips to the beach. During the school holidays we delivered longer sessions during the day. We arranged a residential trip to High Borran in the summer holidays for 28 young carers.

During the year the Centre's Therapeutic Practitioner delivered 106 dramatherapy sessions to 27 young carers. The minimum number of sessions provided to a young carer was 8 and the maximum 20. Sessions identified trauma in many of the young carers including sexual abuse, physical abuse, neglect and domestic violence e.g. 63% of the young carers had witnessed domestic violence and/ or sexual violence. 75% of young carers who were referred to the Therapeutic Practitioner were caring for someone with a mental health issue. Feedback from young carers, their parents and schools was very positive about the difference the intervention had made.

We continued to work with the North of Tyne Combined Authority, Carers Northumberland and Newcastle Carers to provide the Carers into Work Project: to support carers who were in work and struggling to juggle work alongside caring, and, those who were looking to return to work/training or education. During the year we supported 134 carers: interventions included support to overcome barriers relating to caring; support to improve confidence and self-esteem; support with CV's, interview techniques and support to find suitable employment. The outcomes the project achieved were very positive with 35% returning to work training or education.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity's main source of income are performance related grants of £739,253 (2022: £746,795). The charity also received donations of £8,146 (2022: £1,468), investment income of £2,275 (2022: £1,249) and other income of £7,837 (2022: £7,345). The charity's charitable costs have reduced in the year leaving in a surplus of £30,536 (2022: £1,422 deficit). All funding received from the Community Foundation should be recognised as Community Foundation Tyne & Wear and Northumberland.

The charity has a net asset worth and reserves of £271,183 at 31 March 2023 (2022: £240,647). The charity's unrestricted reserves totalled £244,550 (2022: £227,047) and are represented by capital assets of £989 (2022: £1,156) and net current assets of £243,56 (2022: £225,891). The charity's restricted reserves totalled £26,633 (2022: £13,600) which are represented by net current assets.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

Plans for future periods

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. Carers' feedback and experiences will be fed into strategic boards to influence local decision making.

We will work with the Integrated Care Board to explore the feasibility of a carers passport across health and social care in North Tyneside and lead on the development of a self-audit tool for partners to identify and measure their effectiveness in supporting and involving carers. We will continue to support GP practices to work towards silver level of the 'Carer Friendly GP Award Scheme' and work with North Tyneside Council to improve carers assessments and their experiences.

We will implement the Young Carers in Schools Programme and identify 10 schools to work with in the borough to create a young carer friendly culture within schools. This will include workforce development for all staff in schools and the development of peer support groups for young carers.

We will consult with key stakeholders about our Corporate Strategy for the next five years and overhaul our service delivery model to deliver accessible services to carers in their local communities.

Structure, governance and management

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

AT Waggott-Fairley

P Waggott

PG Earley

E Boal

(Resigned 4 October 2022)

G Davison

(Resigned 7 September 2022)

K Watson

DM Baldwin

Recruitment and appointment of trustees

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

Induction and training of trustees

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Key management remuneration

The directors consider the Board of Directors, who are trustees of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £169,961 (2022 - £160,533) during the year. The pay for senior staff is kept under review by the Board of Directors.

Related parties

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

Statement of trustees' responsibilities

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

In accordance with the company's articles, a resolution proposing that Sumer Auditco Limited be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

K Watson

Trustee

Dated: 14 October 2023

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE

Opinion

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE MEMBERS OF THE NORTH TYNESIDE CARERS' CENTRE**

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Mr Stephen Slater (Senior Statutory Auditor)
for and on behalf of Sumer Auditco Limited
Statutory Auditor
The Beehive, Beehive Ring Road
Gatwick
RH6 0PA**

Date: 23 November 2023

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023

Current financial year

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
	Notes				
Income and endowments from:					
Donations and legacies	3	8,146	-	8,146	1,468
Charitable activities	4	36,000	703,253	739,253	746,795
Investments	5	2,275	-	2,275	1,249
Other income	6	5,000	2,837	7,837	7,345
Total income		<u>51,421</u>	<u>706,090</u>	<u>757,511</u>	<u>756,857</u>
Expenditure on:					
Charitable activities	7	<u>35,312</u>	<u>691,663</u>	<u>726,975</u>	<u>758,279</u>
Net incoming/(outgoing) resources before transfers		16,109	14,427	30,536	(1,422)
Gross transfers between funds		<u>1,394</u>	<u>(1,394)</u>	<u>-</u>	<u>-</u>
Net income/(expenditure) for the year/ Net movement in funds		17,503	13,033	30,536	(1,422)
Fund balances at 1 April 2022		<u>227,047</u>	<u>13,600</u>	<u>240,647</u>	<u>242,069</u>
Fund balances at 31 March 2023		<u><u>244,550</u></u>	<u><u>26,633</u></u>	<u><u>271,183</u></u>	<u><u>240,647</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2023**

Prior financial year

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes			
Income and endowments from:				
Donations and legacies	3	1,468	-	1,468
Charitable activities	4	22,027	724,768	746,795
Investments	5	1,249	-	1,249
Other income	6	4,000	3,345	7,345
Total income		<u>28,744</u>	<u>728,113</u>	<u>756,857</u>
Expenditure on:				
Charitable activities	7	19,788	738,491	758,279
Net incoming/(outgoing) resources before transfers		8,956	(10,378)	(1,422)
Gross transfers between funds		32,446	(32,446)	-
Net income/(expenditure) for the year/ Net movement in funds		41,402	(42,824)	(1,422)
Fund balances at 1 April 2021		185,645	56,424	242,069
Fund balances at 31 March 2022		<u>227,047</u>	<u>13,600</u>	<u>240,647</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	12		989		1,156
Current assets					
Debtors	13	12,468		22,828	
Cash at bank and in hand		435,755		404,330	
		<u>448,223</u>		<u>427,158</u>	
Creditors: amounts falling due within one year	14	<u>(178,029)</u>		<u>(187,667)</u>	
Net current assets			270,194		239,491
Total assets less current liabilities			<u>271,183</u>		<u>240,647</u>
Income funds					
Restricted funds	17	26,633		13,600	
Unrestricted funds		244,550		227,047	
		<u>271,183</u>		<u>240,647</u>	

The financial statements were approved by the Trustees on 14 October 2023

K Watson
Trustee

Company registration number 03130902

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash generated from operations	21		30,285		77,980
Investing activities					
Purchase of tangible fixed assets		(1,135)		(1,537)	
Investment income received		2,275		1,249	
Net cash generated from/(used in) investing activities			1,140		(288)
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			31,425		77,692
Cash and cash equivalents at beginning of year			404,330		326,638
Cash and cash equivalents at end of year			435,755		404,330

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Wallsend Customer First Centre Floor 2, 16 The Forum, Wallsend, Tyne And Wear, NE28 8JR.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	8,146	1,468
	<u>8,146</u>	<u>1,468</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Carers' support 2023 £	Carers' support 2022 £
Grants	739,253	746,795
Analysis by fund		
Unrestricted funds	36,000	22,027
Restricted funds	703,253	724,768
	<u>739,253</u>	<u>746,795</u>

Grants

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
NTC -Carers Prevention & Wellbeing Workers	-	159,107	159,107	-	161,393	161,393
NTC - Carer Prevention Workers additional funding	-	517	517	-	4,363	4,363
NTC - Young Carers Service Manager	-	37,551	37,551	-	36,815	36,815
NTC - Bottled Up Project	-	12,858	12,858	-	14,945	14,945
NTC - Young Carers Link Worker	-	35,033	35,033	-	34,346	34,346
NTC - Infection Control Grant	-	-	-	986	802	1,788
NTC - Social Action	-	2,547	2,547	-	3,233	3,233
NTC - Family Support Worker	-	31,408	31,408	-	20,201	20,201
NTC - Holiday Activity Fund	-	6,062	6,062	79	4,898	4,977
North East & North Cumbria ICB - Young Carers Support	-	78,604	78,604	2,305	86,015	88,320
North East & North Cumbria ICB - Therapeutic Support for Young Carers	-	30,600	30,600	-	23,400	23,400
North East & North Cumbria ICB - Strategic Work	-	20,953	20,953	-	20,418	20,418
Carry forward	-	415,240	415,240	3,370	410,829	414,199

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Brought forward	-	415,240	415,240	3,370	410,829	414,199
North East & North Cumbria ICB - Mental Health Workers	-	61,481	61,481	775	71,182	71,957
North East & North Cumbria ICB - Carers Vaccination Programme	-	-	-	-	2,345	2,345
North East & North Cumbria ICB - Training Officer	-	16,428	16,428	-	16,701	16,701
North East & North Cumbria ICB - Senior Prevention Worker	-	31,573	31,573	-	-	-
North East & North Cumbria ICB - Prevention Worker additional Funding	-	4,137	4,137	-	4,363	4,363
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	26,934	26,934	-	-	-
North Of Tyne Combined Authority	-	37,291	37,291	-	34,640	34,640
BBC Children in Need	-	35,738	35,738	-	29,684	29,684
Carers Trust grants	-	-	-	-	2,662	2,662
Carers Trust - Planning for Tomorrow	-	-	-	-	588	588
Carers Trust - Quilter Aspirations Fund	-	-	-	-	851	851
Carers Trust - Young Carers Activity Day	-	680	680	-	-	-
Comic Relief - Social Action	-	-	-	-	23,033	23,033
Freemasons of Northumberland	-	7,612	7,612	-	2,388	2,388
Garfield Weston Foundation	20,000	-	20,000	-	-	-
Carers Trust Individual Grants	-	3,224	3,224	-	-	-
Healthwatch North Tyne and Wear Funding	-	1,070	1,070	-	2,258	2,258
Longlife Financial Planning	-	-	-	-	190	190
Carry forward	20,000	641,408	661,408	4,145	601,714	605,859

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Brought forward	20,000	641,408	661,408	4,145	601,714	605,859
Riding Grassroots Fund/Community	-	-	-	500	-	500
Safe Education	-	-	-	1,340	-	1,340
Community Foundation	-	-	-	42	4,945	4,987
The Ballinger Trust	15,000	-	15,000	15,000	-	15,000
The Joseph Strong Frazer Trust	1,000	-	1,000	1,000	-	1,000
The National Lottery Community Fund	-	30,619	30,619	-	83,932	83,932
The National Lottery Community Fund - Awards for All	-	1,330	1,330	-	-	-
The Wellesley Trust/Community	-	10,000	10,000	-	10,000	10,000
Foundation for Reducing Loneliness	-	18,896	18,896	-	24,177	24,177
Voda - Winter Resilience Fund	-	1,000	1,000	-	-	-
	<u>36,000</u>	<u>703,253</u>	<u>739,253</u>	<u>22,027</u>	<u>724,768</u>	<u>746,795</u>

5 Investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Interest receivable	<u>2,275</u>	<u>1,249</u>

6 Other income

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Access to Work grant	-	2,837	2,837	-	3,345	3,345
HMRC Employment allowance	<u>5,000</u>	<u>-</u>	<u>5,000</u>	<u>4,000</u>	<u>-</u>	<u>4,000</u>
	<u>5,000</u>	<u>2,837</u>	<u>7,837</u>	<u>4,000</u>	<u>3,345</u>	<u>7,345</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

	Carers' support 2023 £	Carers' support 2022 £
Staff costs	581,614	604,527
Direct service costs	89,825	93,562
Premises costs	26,480	28,239
	<u>697,919</u>	<u>726,328</u>
Share of support costs (see note 8)	15,868	16,329
Share of governance costs (see note 8)	13,188	15,622
	<u>726,975</u>	<u>758,279</u>
Analysis by fund		
Unrestricted funds	35,312	19,788
Restricted funds	691,663	738,491
	<u>726,975</u>	<u>758,279</u>

8 Support costs

	Support costs £	Governance costs £	2023 £	Support costs £	Governance costs £	2022 £
Depreciation	1,302	-	1,302	988	-	988
General office costs	14,566	-	14,566	15,341	-	15,341
Audit fees	-	3,600	3,600	-	4,320	4,320
Legal and professional	-	8,123	8,123	-	7,077	7,077
Other governance costs	-	1,465	1,465	-	4,225	4,225
	<u>15,868</u>	<u>13,188</u>	<u>29,056</u>	<u>16,329</u>	<u>15,622</u>	<u>31,951</u>
Analysed between Charitable activities	<u>15,868</u>	<u>13,188</u>	<u>29,056</u>	<u>16,329</u>	<u>15,622</u>	<u>31,951</u>

Governance costs includes payments to the auditors of £3,600 (2022- £4,320) for audit fees.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
Chief Executive	1	1
Service Managers	2	2
Project staff	20	26
Administration and support	2	1
	25	30

Employment costs

	2023	2022
	£	£
Wages and salaries	520,563	541,219
Social security costs	44,414	44,678
Other pension costs	16,014	17,917
Other staff costs	623	713
	581,614	604,527

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and two Service Managers. The total employee benefits of the key management personnel were £169,961 (2022-£160,533).

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

12 Tangible fixed assets

	Office Equipment
	£
Cost	
At 1 April 2022	13,052
Additions	1,135
At 31 March 2023	14,187
Depreciation and impairment	
At 1 April 2022	11,896
Depreciation charged in the year	1,302
At 31 March 2023	13,198
Carrying amount	
At 31 March 2023	989
At 31 March 2022	1,156

13 Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Trade debtors	1,357	15,000
Other debtors	5,574	5,574
Prepayments and accrued income	5,537	2,254
	12,468	22,828

14 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	9,731	9,715
Deferred income	149,108	165,024
Trade creditors	6,448	5,774
Other creditors	656	762
Accruals	12,086	6,392
	178,029	187,667

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

15 Deferred income

	2023	2022
	£	£
Arising from Deferred income	149,108	165,024

Deferred income is included in the financial statements as follows:

	2023	2022
	£	£
North East & North Cumbria ICB - Training Officer	1,225	-
North East & North Cumbria ICB - Mental Health Workers	11,843	-
North East & North Cumbria ICB - Young Carers Support	4,639	-
North East & North Cumbria ICB - Therapeutic Support for Young Carers	-	15,600
North East & North Cumbria ICB - Senior Prevention Worker	3,427	-
North East & North Cumbria ICB - Additional Prevention Worker	-	4,137
North East & North Cumbria ICB - Young Carers Healthcare Contract	33,722	-
North Tyneside Council -Bottled Up Project	3,142	9,171
North Tyneside Council - Carers Prevention & Wellbeing Workers	14,520	-
North Tyneside Council - Family Support Worker	4,592	6,829
North Tyneside Council - Social Action	-	2,547
North Tyneside Council - Additional Prevention Worker	3,619	4,137
North of Tyne Combined Authority	10,862	22,651
BBC Children in Need	9,608	14,167
Carers Trust grants	-	729
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust	9,066	36,000
Freemasons of Northumberland	-	7,612
Garfield Weston Foundation	-	20,000
The National Lottery Community Fund	14,831	10,693
The National Lottery Community Fund - Awards for All	8,665	-
Voda - Ending Loneliness	15,347	10,751
	<u>149,108</u>	<u>165,024</u>

16 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £16,014 (2022 - £17,917).

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

Current financial year	Movement in funds				Balance at 31 March 2023 £
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	
North Tyneside Council:					
Young Carer Service Manager	-	37,551	(37,551)	-	-
Carers Prevention & Wellbeing Workers	-	159,107	(159,107)	-	-
Family Support Worker	-	31,408	(31,408)	-	-
Carer Prevention Workers additional funding	-	517	(517)	-	-
Young Carers Link Worker	-	35,033	(35,033)	-	-
Bottled Up Project	-	12,858	(12,858)	-	-
Holiday Action Fund	-	6,062	(2,257)	-	3,805
Social Action	-	2,547	-	-	2,547
North East & North Cumbria Integrated Care Board:					
Strategic Work	-	20,953	(20,953)	-	-
Mental Health Workers	980	61,481	(62,461)	-	-
Communications	496	-	-	-	496
Therapeutic Support for Young Carers	-	30,600	(30,600)	-	-
Training Officer	-	16,428	(16,428)	-	-
Young Carers Support	-	78,604	(78,604)	-	-
Senior Prevention Worker	-	31,573	(31,573)	-	-
Carer Prevention Workers additional funding	-	4,137	(3,108)	(1,029)	-
Charitable Trusts and Foundations:					
Access to Work	-	2,837	(2,837)	-	-
BBC Children in Need Young Carers Worker	-	34,738	(34,738)	-	-
BBC Children in Need Money Heros	-	1,000	(635)	(365)	-
Carers Trust - YCAD	-	680	(498)	-	182
Carers Trust Individual Grants	-	3,224	(2,689)	-	535
Cumbria, Northumberland, Tyne and Wear NHS Foundation	-	26,934	(26,934)	-	-
Everything Everywhere	1,416	-	-	-	1,416
Freemasons of Northumberland	-	7,612	(1,971)	-	5,641
Healthwatch Equally Well Funding	-	1,070	(884)	-	186
NET Coronavirus Appeal/Community Foundation	253	-	(52)	-	201
North of Tyne Combined Authority	-	37,291	(37,291)	-	-
R W Mann Trust	2,000	-	(655)	-	1,345
Sir James Knott Trust	1,551	-	(794)	-	757
The Hedley Foundation	1,181	-	-	-	1,181
The Henry Smith Charity/Community Foundation	1,012	-	(333)	-	679
The National Lottery Community Fund	-	30,619	(27,890)	-	2,729
Carry forward	8,889	674,864	(660,659)	(1,394)	21,700

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

(Continued)

	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 31 March 2023
Brought forward	8,889	674,864	(660,659)	(1,394)	21,700
The National Lottery Community Fund - Awards for All	-	1,330	(1,330)	-	-
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Triangle Trust Fund	933	-	778	-	155
Voda - Ending Loneliness	-	18,896	(18,896)	-	-
Voda - Winter Resilience Fund	-	1,000	-	-	1,000
Whitley Bay Singing Group	2,778	-	-	-	2,778
	<u>13,600</u>	<u>706,090</u>	<u>(691,663)</u>	<u>1,394</u>	<u>26,633</u>

Prior financial year	Movement in funds				Balance at 31 March 2022
	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Equal European Funding	673	-	-	(673)	-
North Tyneside Council:					
Young Carer Service Manager	-	36,815	(36,815)	-	-
Carer Support	1,832	-	-	(1,832)	-
Carers Prevention & Wellbeing Workers	12,143	161,393	(161,393)	(12,143)	-
Family Support Worker	-	20,201	(20,201)	-	-
Young Carers Link Worker	-	34,346	(34,346)	-	-
Bottled Up Project	-	14,945	(14,945)	-	-
Infection Control Grant	-	802	(802)	-	-
Holiday Action Fund	-	4,898	(4,898)	-	-
Social Action	-	3,233	(3,233)	-	-
Carer Prevention Workers additional funding	-	4,363	(4,363)	-	-
General	434	-	-	(434)	-
North Tyneside Clinical Commissioning Group:					
Strategic Work	-	20,418	(20,418)	-	-
Mental Health Workers	7,000	71,182	(77,202)	-	980
Database	364	-	(364)	-	-
Communications	696	-	(200)	-	496
Therapeutic Support for Young Carers	-	23,400	(23,400)	-	-
Training Officer	-	16,701	(16,701)	-	-
Young Carers Support	-	86,015	(86,015)	-	-
Carers Vaccination Programme	-	2,345	(2,345)	-	-
Carer Prevention Workers additional funding	-	4,363	(4,363)	-	-
Carry forward	<u>23,142</u>	<u>505,420</u>	<u>(512,004)</u>	<u>(15,082)</u>	<u>1,476</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

(Continued)

	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
Brought forward	23,142	505,420	(512,004)	(15,082)	1,476
Whitley Bay Singing Group	2,778	-	-	-	2,778
Longlife Financial Planning	8	190	(190)	(8)	-
Volunteers	954	-	-	(954)	-
Carers Audit	2,972	-	-	(2,972)	-
The Henry Smith Charity/Community Foundation	1,132	-	(120)	-	1,012
Carers Trust	177	-	-	(177)	-
Bellway Homes	140	-	-	(140)	-
BBC Children in Need Young Carers Worker	-	29,684	(29,684)	-	-
Carers Events	5,060	-	-	(5,060)	-
Carers Trust grants	-	2,662	(2,662)	-	-
Carers Trust Explore More	538	-	-	(538)	-
Carers Trust Planning for Tomorrow	-	588	(528)	(60)	-
Carers Trust Quilters Aspirational Fund	-	851	-	(851)	-
Sir James Knott Trust	1,945	-	(394)	-	1,551
Everything Everywhere	1,416	-	-	-	1,416
Comic Relief - Social Action	-	23,033	(23,417)	384	-
Young Carers Donation	5,197	-	-	(5,197)	-
Adult Carers Donation	1,271	-	-	(1,271)	-
Access to Work	-	3,345	(3,345)	-	-
Freemasons of Northumberland	-	2,388	(2,388)	-	-
Healthwatch North Tyneside Equally Well Funding	-	2,258	(2,258)	-	-
Innerwheel	520	-	-	(520)	-
R W Mann Trust	2,000	-	-	-	2,000
North of Tyne Combined Authority	-	34,640	(34,640)	-	-
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
Community Foundation	2,920	4,945	(7,865)	-	-
Charles Robert Bell Fund/Community Foundation	623	-	(623)	-	-
NET Coronavirus Appeal/Community Foundation	517	-	(264)	-	253
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Triangle Trust Fund	933	-	-	-	933
Voda - Ending Loneliness	-	24,177	(24,177)	-	-
The National Lottery Community Fund	-	63,947	(63,947)	-	-
The National Lottery Community Fund - Coronavirus Funding	-	19,985	(19,985)	-	-
The Hedley Foundation	1,181	-	-	-	1,181
	<u>56,424</u>	<u>728,113</u>	<u>(738,491)</u>	<u>(32,446)</u>	<u>13,600</u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

17 Restricted funds

(Continued)

North Tyneside Council:

Young Carers Service Manager

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

Carers Wellbeing Workers

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

Carers Prevention Workers

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

Young Carers Link Worker

This represents funding to ensure young carers are offered regular statutory assessments and quality assess those assessments to ensure a high standard of support across the borough.

Bottled Up Project:

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

Family Support Worker

This represents funding to support a family support worker to work with young carers and their families, who have no other support in place.

North East & North Cumbria Integrated Care Board (formerly North Tyneside Clinical Commissioning Group):

Strategic Work

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

Mental Health

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

Young Carers Support

This represents funding received to support the Young Carers' Project.

Therapeutic Support for Young Carers

This represents funding received to provide specialist carer support.

Training Officer

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care. Charitable trusts and foundations:

Carers Trust Grants

This represents funding received from carers trust to support carers and their needs.

Cumbria, Northumberland, Tyne and Wear NHS Foundation

Funding to support a Mental Health Information Advice and Guidance Worker, to meet additional demand on the service.

BBC Children in Need

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

(Continued)

North of Tyne Combined Authority:

Carers into Work Advisor.

This represents funding to help carers access employment, education or training.

The Wellesley Trust Fund at the Community Foundation Tyne & Wear and Northumberland

This represents funding received to the Young Carers' Project.

The National Lottery Community Fund

Funding to create carer friendly communities in North Tyneside which recognise and support carers at an early stage. The support will help reduce isolation as a result of being better connected to people and organisations in their local community.

The National Lottery Awards for All

Funding to provide administration support to the management team.

VODA - Ending Loneliness in North Tyneside

Funding to work in partnership with VODA, Age UK and the CAB to reduce isolation in North Tyneside and connect people. The Carers' Centre will support carers to become reconnected in their local community, making friendships and developing a network of peer support to reduce isolation.

Other grants

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

18 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:					
Tangible assets	989	-	989	1,156	1,156
Current assets/(liabilities)	243,561	26,633	270,194	13,600	239,491
	<u>244,550</u>	<u>26,633</u>	<u>271,183</u>	<u>13,600</u>	<u>240,647</u>

19 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023 £	2022 £
Within one year	19,606	16,866
Between two and five years	60,976	56,243
In over five years	26,667	-
	<u>107,249</u>	<u>73,109</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

19	Operating lease commitments	(Continued)	
20	Related party transactions		
	There were no disclosable related party transactions during the year (2022 - none).		
21	Cash generated from operations	2023	2022
		£	£
	Surplus/(deficit) for the year	30,536	(1,422)
	Adjustments for:		
	Investment income recognised in statement of financial activities	(2,275)	(1,249)
	Depreciation and impairment of tangible fixed assets	1,302	988
	Movements in working capital:		
	Decrease in debtors	10,360	2,039
	Increase/(decrease) in creditors	6,278	(12,726)
	(Decrease)/increase in deferred income	(15,916)	90,350
	Cash generated from operations	30,285	77,980
22	Analysis of changes in net funds		
	The charity had no debt during the year.		

Accounts

Charity registration number 1051472

Company registration number 03130902 (England and Wales)

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

THE NORTH TYNESIDE CARERS' CENTRE

(A COMPANY LIMITED BY GUARANTEE)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	AT Waggott-Fairley P Waggott PG Earley K Watson DM Baldwin
Chief executive	C Easton
Charity number	1051472
Company number	03130902
Registered office	Suite 9 Saville Exchange Howard Street North Shields Tyne and Wear NE30 1SE
Auditor	RMT Accountants & Business Advisors Ltd Gosforth Park Avenue Newcastle upon Tyne NE12 8EG
Bankers	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG
Solicitors	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) CONTENTS

	Page
Trustees' report	1 - 5
Independent auditor's report	6 - 8
Statement of financial activities	9 - 10
Balance sheet	11
Statement of cash flows	12
Notes to the financial statements	13 - 31

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The mission statement of the North Tyneside Carers' Centre is:

"To improve the quality of life for carers in North Tyneside"

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

COVID-19 continued to present huge challenges for the organisation and carers during 2021 - 2022.

The staff team returned to the office from April 2021 on a rotational basis and from September permanently. A comprehensive Covid risk assessment was in place and all staff were issued with guidance for working in the office and for working with carers. Infection control restrictions remained in place throughout the year to ensure carers felt safe accessing our support services.

We continued to see an increase in demand for our service during the year from new and existing carers. The impact of the pandemic on carers added another layer of complexity to cases and carers required more intensive support as a result.

6,053 adult carers and 454 young carers were registered with the Centre during the year and received regular information bulletins and access to the website and resources. 1,537 adult carers and 284 young carers accessed an intervention during the year. We consulted with carers to establish how they would like to access support as we came through the pandemic: feedback indicated a blended approach of face-to-face and online support. Peer support, wellbeing sessions and training therefore alternated between online and face to face sessions.

At a strategic level we continued as a key partner on the North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. On behalf of the board, we undertook an adult carers survey with Healthwatch, to understand the impact of the pandemic on carers. The findings were harrowing and highlighted the daily struggles that carers faced: 258 carers responded and 52% stated they were providing significantly more care than they were pre pandemic. The key issues from the survey and our recommendations were presented to the board and other key strategic boards to ensure they considered the needs of carers in their workplans moving forward. This resulted in additional funding to support adult carers from North Tyneside Council and the Clinical Commissioning Group.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

North Tyneside CCG, North Tyneside Carers' Centre and Healthwatch North Tyneside have worked together since 2019 to develop a carers award scheme specifically for general practice. This was in direct response to feedback from carers and national and local research highlighting the impact of caring on carers' wellbeing. In March 2022, we launched the award scheme and 21 out of 25 practices in the borough signed up to scheme. Each practice appointed a carers champion and started to work through the scheme to improve identification and support for carers. A panel, made up of representative from the CCG, Carers' Centre and carers will assess the evidence portfolios which practices submit from the autumn of 2022, to determine if they meet the bronze, silver or gold level of the award scheme.

During the period the Adult Carers' Service advice line responded to 4,527 enquiries from carers offering information, advice and emotional support. 43% of the contacts were in relation to improved access to support and services for the carer and person they cared for. 22% of contacts were to access emotional support and 16% of contacts were to gain an increase in knowledge and confidence to care.

We delivered one to one intensive emotional and practical support via the telephone/text and face to face to 432 adult carers, who were struggling to manage their caring responsibilities. Many of these carers were looking after someone with dementia or a mental health difficulty. We helped carers recognise the impact of caring on their wellbeing and supported them to take appropriate steps to maintain their wellbeing through developing coping strategies e.g. relaxation techniques. We helped carers navigate the health and social care system and provided advocacy support to ensure their views were heard during care planning.

We delivered 234 group sessions including: wellbeing sessions; training workshops; peer support groups and social activities. When restrictions eased, we stepped up our wellbeing sessions to ensure that carers had the opportunity to connect with others, look after their own wellbeing and gain knowledge and confidence in their caring role. During the year, there were 1123 attendances at these groups and feedback highlighted the difference they were making to carers' lives. We also worked with carers who were isolated or lonely to help them connect with their local communities and with carers in their local community.

Family Support Workers from the Young Carers' Service provided intense one to one support to 208 young carers and their families via the telephone/text and face to face. They provided a range of interventions to support young carers to maintain their emotional and physical wellbeing, have aspirations and a life outside of caring. They delivered four 'Heads Up' emotional wellbeing programmes to groups of young carers which focused on identifying positives and challenges related to caring responsibilities; managing feelings; friendships; who can help and support networks. They also delivered a school transition programme to young carers who were moving between primary and secondary school to help equip them for the move.

The Young Carers Breaks and Activities team delivered 154 sessions with a total attendance of 701 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. In August 2021, 69 young carers accessed a day's respite and activities at Powburn Scout Activity Centre. By this point many young carers were struggling as they had not had a break from caring during the pandemic. Careful consideration was given, in consultation with Public Health, to the risks of Covid alongside the risks to the young people's emotional wellbeing. Feedback from the young carers was excellent and highlighted how much they needed time out from caring.

The Young Carers Social Action Project ended In August 2021 after three years. We held a celebration event for young people involved in the Social Action programme to show how successful the project had been in raising the profile of young carers locally and nationally. As a result of this work, we have access to a range of resources to use with professionals and the public in the future. One of the last projects led to a group of young carers writing a book of stories and poems about their lived experiences of caring. Their book was printed and distributed to schools, funders and key decision makers within the Local Authority and the Clinical Commissioning Group.

We continued to work with the North of Tyne Combined Authority, Carers Northumberland and Newcastle Carers to provide the Carers into Work Project to support carers who were in work and struggling to juggle work alongside caring, and, those who were looking to return to work/training or education. During the year we saw an increase in the number of young adult carers accessing support and by the end of March 2022, 58 carers had accessed the project.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The charity's main source of income are performance related grants of £746,795 (2021: £830,214). The charity also received donations of £1,468 (2021: £2,250), investment income of £1,249 (2021: £2,817) and other income of £7,345 (2021: £12,225). The charity's charitable costs have reduced in the year but exceed income leaving in a deficit of £1,422 (2021: £34,120 surplus). All funding received from the Community Foundation should be recognised as Community Foundation Tyne & Wear and Northumberland.

The charity has a net asset worth and reserves of £240,647 at 31 March 2022 (2021: £242,069). The charity's unrestricted reserves totalled £227,047 (2021: £186,645) and are represented by capital assets of £1,156 (2021: £606) and net current assets of £225,891 (2021: £185,039). The charity's restricted reserves totalled £13,600 (2021: £56,424) and are represented by net current assets of £13,600 (2021: £56,424).

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

COVID-19 risk

The ongoing COVID-19 pandemic continues to generate a significant level of uncertainty in the global economy. The management team and Board regularly assess the likely effects on the charity's operations in an attempt to mitigate the risk as far as possible.

Plans for future periods

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. We will share carers feedback and experiences, to influence local decision making.

We will work with the Clinical Commissioning Group and NHS England to support the Carer Friendly Practice Award Scheme. We will support the GP Carers Champion network and provide training and support to carers champions and practice staff to help them work towards the award scheme. We will work with North Tyneside Council to rollout their Carers Ways to Wellbeing assessment and support pathway and will help with the development and delivery of training for adult social care staff.

We will focus on young carers attendance and attainment levels and seek funding for a resource to work into schools to help them improve identification and support for young carers. We will continue to develop our training programme for carers and deliver a range of wellbeing sessions in local communities.

Structure, governance and management

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

G Irving	(Resigned 27 May 2021)
AT Waggott-Fairley	
P Waggott	
PG Earley	
S Padden	(Resigned 22 February 2022)
E Boal	(Resigned 4 October 2022)
G Davison	(Resigned 7 September 2022)
K Watson	
DM Baldwin	

Recruitment and appointment of trustees

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

Induction and training of trustees

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Key management remuneration

The directors consider the Board of Directors, who are trustees of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £160,533 (2021 - £149,770) during the year. The pay for senior staff is kept under review by the Board of Directors.

Related parties

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

Statement of trustees' responsibilities

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

In accordance with the company's articles, a resolution proposing that RMT Accountants & Business Advisors Ltd be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

K Watson

Trustee

Dated: 14 October 2022

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE

Opinion

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

- Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.
- Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Mr Stephen Slater (Senior Statutory Auditor)
for and on behalf of RMT Accountants & Business Advisors Ltd
Statutory Auditor
Gosforth Park Avenue
Newcastle upon Tyne
NE12 8EG

Date: 19 October 2022

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2022**

Current financial year

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Total 2021 £
	Notes				
Income and endowments from:					
Donations and legacies	3	1,468	-	1,468	2,250
Charitable activities	4	22,027	724,768	746,795	830,214
Investments	5	1,249	-	1,249	2,817
Other income	6	4,000	3,345	7,345	12,225
Total income		<u>28,744</u>	<u>728,113</u>	<u>756,857</u>	<u>847,506</u>
Expenditure on:					
Charitable activities	7	<u>19,788</u>	<u>738,491</u>	<u>758,279</u>	<u>813,386</u>
Net incoming/(outgoing) resources before transfers		8,956	(10,378)	(1,422)	34,120
Gross transfers between funds		<u>32,446</u>	<u>(32,446)</u>	<u>-</u>	<u>-</u>
Net income/(expenditure) for the year/ Net movement in funds		41,402	(42,824)	(1,422)	34,120
Fund balances at 1 April 2021		<u>185,645</u>	<u>56,424</u>	<u>242,069</u>	<u>207,949</u>
Fund balances at 31 March 2022		<u><u>227,047</u></u>	<u><u>13,600</u></u>	<u><u>240,647</u></u>	<u><u>242,069</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2022**

Prior financial year

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes			
Income and endowments from:				
Donations and legacies	3	2,023	227	2,250
Charitable activities	4	38,735	791,479	830,214
Investments	5	2,817	-	2,817
Other income	6	4,000	8,225	12,225
Total income		<u>47,575</u>	<u>799,931</u>	<u>847,506</u>
Expenditure on:				
Charitable activities	7	<u>38,331</u>	<u>775,055</u>	<u>813,386</u>
Net incoming/(outgoing) resources before transfers		<u>9,244</u>	<u>24,876</u>	<u>34,120</u>
Net income/(expenditure) for the year/ Net movement in funds		<u>9,244</u>	<u>24,876</u>	<u>34,120</u>
Fund balances at 1 April 2020		<u>176,401</u>	<u>31,548</u>	<u>207,949</u>
Fund balances at 31 March 2021		<u><u>185,645</u></u>	<u><u>56,424</u></u>	<u><u>242,069</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	11		1,156		607
Current assets					
Debtors	12	22,828		24,867	
Cash at bank and in hand		404,330		326,638	
		<u>427,158</u>		<u>351,505</u>	
Creditors: amounts falling due within one year	13	<u>(187,667)</u>		<u>(110,043)</u>	
Net current assets			239,491		241,462
Total assets less current liabilities			<u>240,647</u>		<u>242,069</u>
Income funds					
Restricted funds	15		13,600		56,424
Unrestricted funds			227,047		185,645
			<u>240,647</u>		<u>242,069</u>

The financial statements were approved by the Trustees on 14 October 2022

K Watson
Trustee

Company registration number 03130902

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	19		77,980		(33,091)
Investing activities					
Purchase of tangible fixed assets		(1,537)		(4,582)	
Investment income received		1,249		2,817	
Net cash used in investing activities			(288)		(1,765)
Net cash used in financing activities			-		-
Net increase/(decrease) in cash and cash equivalents			77,692		(34,856)
Cash and cash equivalents at beginning of year			326,638		361,494
Cash and cash equivalents at end of year			404,330		326,638

THE NORTH TYNESIDE CARERS' CENTRE

(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Suite 9, Saville Exchange, Howard Street, North Shields, Tyne and Wear, NE30 1SE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements. This includes taking into account the potential impact of COVID-19 to ensure that cashflow is positively managed and the impact to the charity's operations are mitigated. The Board has concluded that the going concern assumption is appropriate in preparing these financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

3 Donations and legacies

	Unrestricted funds 2022 £	Total Unrestricted funds 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Donations and gifts	1,468	1,468	2,023	227	2250

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

	Carers' support 2022 £	Carers' support 2021 £
Grants	746,795	830,214
Analysis by fund		
Unrestricted funds	22,027	38,735
Restricted funds	724,768	791,479
	<u>746,795</u>	<u>830,214</u>

Grants

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Unrestricted funds £	Restricted funds £	Total funds 2021 £
NTC -Carers Prevention & Wellbeing Workers	-	161,393	161,393	6,790	151,439	158,229
NTC - Carer Prevention Workers additional funding	-	4,363	4,363	-	-	-
NTC - Young Carers Service Manager	-	36,815	36,815	-	36,093	36,093
NTC - Bottled Up Project	-	14,945	14,945	-	8,468	8,468
NTC - Young Carers Link Worker	-	34,346	34,346	-	34,346	34,346
NTC - Infection Control Grant	986	802	1,788	-	1,550	1,550
NTC - Social Action	-	3,233	3,233	-	-	-
NTC - Family Support Worker	-	20,201	20,201	-	-	-
NTC - Holiday Activity Fund (Powburn)	79	4,898	4,977	-	-	-
NT CCG - Young Carers Service	2,305	86,015	88,320	512	73,408	73,920
NT CCG - Therapeutic Support for Young Carers	-	23,400	23,400	-	-	-
NT CCG - Publicity	-	-	-	-	1,000	1,000
NT CCG - Strategic Work	-	20,418	20,418	-	20,418	20,418
NT CCG - Mental Health Workers	775	71,182	71,957	702	78,255	78,957
Carry forward	<u>4,145</u>	<u>482,011</u>	<u>486,156</u>	<u>8,004</u>	<u>404,977</u>	<u>412,981</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

(Continued)

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Unrestricted funds £	Restricted funds £	Total funds 2021 £
Brought forward	4,145	482,011	486,156	8,004	404,977	412,981
NT CCG - Carers Vaccination Programme	-	2,345	2,345	-	7,655	7,655
NT CCG - Training Officer	-	16,701	16,701	481	16,220	16,701
NT CCG - Prevention Worker additional Funding	-	4,363	4,363	-	-	-
North Of Tyne Combined Authority	-	34,640	34,640	-	34,309	34,309
BBC Children in Need	-	29,684	29,684	-	41,791	41,791
Bellway Homes	-	-	-	-	140	140
Carers Trust grants	-	2,662	2,662	-	880	880
Carers Trust - Carers Emergency Covid Fund	-	-	-	-	7,500	7,500
Carers Trust - Planning for Tomorrow	-	588	588	-	1,912	1,912
Carers Trust - Quilter Aspirations Fund	-	851	851	-	1,549	1,549
Carers Trust - Explore More	-	-	-	-	538	538
Comic Relief - Social Action	-	23,033	23,033	-	40,769	40,769
Comic Relief - Covid Recovery Funding	-	-	-	-	37,543	37,543
Comic Relief - Experts by Experience	-	-	-	-	25,100	25,100
Charles Robert Bell Fund/Community Foundation	-	-	-	-	1,319	1,319
Everything Everywhere	-	-	-	-	1,416	1,416
Freemasons of Northumberland	-	2,388	2,388	-	-	-
Garfield Weston Foundation	-	-	-	20,000	-	20,000
The Henry Smith Charity/Community	-	-	-	-	12,729	12,729
Health Watch Social Action	-	2,258	2,258	-	-	-
Innerwheel	-	-	-	-	520	520
Longlife Financial Planning	-	190	190	-	300	300
NET Coronavirus Appeal Fund/Community Foundation	-	-	-	-	5,000	5,000
Carry forward	4,145	601,714	605,859	28,485	642,167	670,652

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

(Continued)

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Unrestricted funds £	Restricted funds £	Total funds 2021 £
Brought forward	4,145	601,714	605,859	28,485	642,167	670,652
R W Mann Trust	-	-	-	-	2,789	2,789
Riding Grassroots Fund/Community	500	-	500	-	-	-
Sage	1,340	-	1,340	-	-	-
Stellium Ltd	-	-	-	1,250	-	1,250
Whitley Bay Singing Group	-	-	-	-	2,778	2,778
Squires Foundation Fund/Community Foundation	-	-	-	5,000	5,000	10,000
Community Foundation	42	4,945	4,987	-	2,920	2,920
The Ballinger Trust	15,000	-	15,000	-	-	-
The Hedley Foundation	-	-	-	-	1,181	1,181
The Joseph Strong Frazer Trust	1,000	-	1,000	4,000	-	4,000
The National Lottery Community Fund	-	83,932	83,932	-	63,622	63,622
The National Lottery Community Fund - Coronavirus Funding	-	-	-	-	26,452	26,452
The Screwfix Foundation	-	-	-	-	5,000	5,000
The Sir James Knott Trust	-	-	-	-	2,000	2,000
The TK Maxx and Homesense Foundation	-	-	-	-	1,000	1,000
The Triangle Trust Fund	-	-	-	-	2,933	2,933
The Wellesley Trust/Community	-	10,000	10,000	-	10,854	10,854
Voda - Ending Loneliness	-	24,177	24,177	-	22,783	22,783
	<u>22,027</u>	<u>724,768</u>	<u>746,795</u>	<u>38,735</u>	<u>791,479</u>	<u>830,214</u>

5 Investments

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Interest receivable	<u>1,249</u>	<u>2,817</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

6 Other income

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Restricted funds 2021 £	Total 2021 £
Access to Work grant	-	3,345	3,345	-	8,225
HMRC Employment allowance	4,000	-	4,000	-	4,000
	<u>4,000</u>	<u>3,345</u>	<u>7,345</u>	<u>8,225</u>	<u>12,225</u>

7 Charitable activities

	Carers' support 2022 £	Carers' support 2021 £
Staff costs	604,527	616,699
Direct service costs	93,562	106,887
Premises costs	28,239	30,671
	<u>726,328</u>	<u>754,257</u>
Share of support costs (see note 8)	16,329	46,172
Share of governance costs (see note 8)	15,622	12,957
	<u>758,279</u>	<u>813,386</u>
Analysis by fund		
Unrestricted funds	19,788	38,331
Restricted funds	738,491	775,055
	<u>758,279</u>	<u>813,386</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

8 Support costs

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Depreciation	988	-	988	4,597	-	4,597
General office costs	15,341	-	15,341	41,575	-	41,575
Audit fees	-	4,320	4,320	-	4,320	4,320
Legal and professional	-	7,077	7,077	-	3,363	3,363
Other governance costs	-	4,225	4,225	-	5,274	5,274
	<u>16,329</u>	<u>15,622</u>	<u>31,951</u>	<u>46,172</u>	<u>12,957</u>	<u>59,129</u>
Analysed between						
Charitable activities	<u>16,329</u>	<u>15,622</u>	<u>31,951</u>	<u>46,172</u>	<u>12,957</u>	<u>59,129</u>

Governance costs includes payments to the auditors of £4,320 (2021- £4,320) for audit fees.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2022	2021
	Number	Number
Chief Executive	1	1
Service Managers	2	2
Project staff	26	25
Administration and support	1	1
	<u>30</u>	<u>29</u>

Employment costs

	2022	2021
	£	£
Wages and salaries	541,219	552,756
Social security costs	44,678	44,747
Other pension costs	17,917	18,480
Other staff costs	713	716
	<u>604,527</u>	<u>616,699</u>

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and two Service Managers. The total employee benefits of the key management personnel were £160,533 (2021-£149,770).

11 Tangible fixed assets

	Office Equipment
	£
Cost	
At 1 April 2021	11,515
Additions	1,537
	<u>13,052</u>
At 31 March 2022	
Depreciation and impairment	
At 1 April 2021	10,908
Depreciation charged in the year	988
	<u>11,896</u>
At 31 March 2022	
Carrying amount	
At 31 March 2022	1,156
	<u>607</u>
At 31 March 2021	

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

12 Debtors

	2022	2021
	£	£
Amounts falling due within one year:		
Trade debtors	15,000	1,838
Other debtors	5,574	5,574
Prepayments and accrued income	2,254	17,455
	<u>22,828</u>	<u>24,867</u>

13 Creditors: amounts falling due within one year

	Notes	2022	2021
		£	£
Other taxation and social security		9,715	11,037
Deferred income	14	165,024	74,674
Trade creditors		5,774	7,227
Other creditors		762	656
Accruals		6,392	16,449
		<u>187,667</u>	<u>110,043</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

14 Deferred income

	2022	2021
	£	£
Arising from Deferred income	165,024	74,674

Deferred income is included in the financial statements as follows:

	2022	2021
	£	£
North Tyneside CCG - Carers Vaccination Programme	-	2,345
North Tyneside CCG - Young Carers Funding	-	7,200
North Tyneside CCG - Therapeutic Support for Young Carers	15,600	-
North Tyneside CCG - Prevention Worker	4,137	-
North Tyneside Council -Bottled Up Project	9,171	2,736
North Tyneside Council - Infection Control Grant	-	288
North Tyneside Council - Family Support Worker	6,829	-
North Tyneside Council - Social Action	2,547	-
North Tyneside Council - Prevention Worker	4,137	-
North of Tyne Combined Authority	22,651	15,636
BBC Children in Need	14,167	4,717
Carers Trust grants	729	1,924
Carers Trust Planning for Tomorrow	-	589
Carers Trust Quilters Aspirations Fund	-	851
Comic Relief - Social Action	-	3,828
Comic Relief - Experts by Experience	-	12,172
Cumbria Northumberland Tyne and Wear NHS Foundation Trust	36,000	-
Freemasons of Northumberland	7,612	-
Garfield Weston Foundation	20,000	-
Healthwatch - North Tyneside Social Action	-	1,720
The National Lottery Community Fund	10,693	7,117
The National Lottery Community Fund - Coronavirus Appeal	-	2,290
Voda - Ending Loneliness	10,751	11,261
	<u>165,024</u>	<u>74,674</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

Current financial year

	Movement in funds				
	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
Equal European Funding	673	-	-	(673)	-
North Tyneside Council:					
Young Carer Service Manager	-	36,815	(36,815)	-	-
Carer Support	1,832	-	-	(1,832)	-
Carers Prevention & Wellbeing Workers	12,143	161,393	(161,393)	(12,143)	-
Family Support Worker	-	20,201	(20,201)	-	-
Young Carers Link Worker	-	34,346	(34,346)	-	-
Bottled Up Project	-	14,945	(14,945)	-	-
Infection Control Grant	-	802	(802)	-	-
Holiday Action Fund	-	4,898	(4,898)	-	-
Social Action	-	3,233	(3,233)	-	-
Carer Prevention Workers additional funding	-	4,363	(4,363)	-	-
General	434	-	-	(434)	-
North Tyneside CCG:					
Strategic Work	-	20,418	(20,418)	-	-
Mental Health Workers	7,000	71,182	(77,202)	-	980
Database	364	-	(364)	-	-
Communications	696	-	(200)	-	496
Therapeutic Support for Young Carers	-	23,400	(23,400)	-	-
Training Officer	-	16,701	(16,701)	-	-
Young Carers Support	-	86,015	(86,015)	-	-
Carers Vaccination Programme	-	2,345	(2,345)	-	-
Carer Prevention Workers additional funding	-	4,363	(4,363)	-	-
Charitable Trusts and Foundations:					
Whitley Bay Singing Group	2,778	-	-	-	2,778
Longlife Financial Planning	8	190	(190)	(8)	-
Volunteers	954	-	-	(954)	-
Carers Audit	2,972	-	-	(2,972)	-
The Henry Smith Charity/Community Foundation	1,132	-	(120)	-	1,012
Carers Trust	177	-	-	(177)	-
Bellway Homes	140	-	-	(140)	-
BBC Children in Need Young Carers Worker	-	29,684	(29,684)	-	-
Carers Events	5,060	-	-	(5,060)	-
Carers Trust grants	-	2,662	(2,662)	-	-
Carers Trust Explore More	538	-	-	(538)	-
Carers Trust Planning for Tomorrow	-	588	(528)	(60)	-
Carers Trust Quilters Aspirational Fund	-	851	-	(851)	-
Carry forward	36,901	539,395	(545,188)	(25,842)	5,266

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

15 Restricted funds

(Continued)

	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
Brought forward	36,901	539,395	(545,188)	(25,842)	5,266
Sir James Knott Trust	1,945	-	(394)	-	1,551
Everything Everywhere	1,416	-	-	-	1,416
Comic Relief - Social Action	-	23,033	(23,417)	384	-
Young Carers Donation	5,197	-	-	(5,197)	-
Adult Carers Donation	1,271	-	-	(1,271)	-
Access to Work	-	3,345	(3,345)	-	-
Freemasons of Northumberland	-	2,388	(2,388)	-	-
Health Watch Social Action	-	2,258	(2,258)	-	-
Innerwheel	520	-	-	(520)	-
R W Mann Trust	2,000	-	-	-	2,000
North of Tyne Combined Authority	-	34,640	(34,640)	-	-
The Wellesley Trust/Community Foundation	-	10,000	(10,000)	-	-
Community Foundation	2,920	4,945	(7,865)	-	-
Charles Robert Bell Fund/Community Foundation	623	-	(623)	-	-
NET Coronavirus Appeal/Community Foundation	517	-	(264)	-	253
The TK Max & Homesense Foundation	1,000	-	-	-	1,000
Triangle Trust Fund	933	-	-	-	933
Voda - Ending Loneliness	-	24,177	(24,177)	-	-
The National Lottery Community Fund	-	63,947	(63,947)	-	-
The National Lottery Community Fund - Coronavirus Funding	-	19,985	(19,985)	-	-
The Hedley Foundation	1,181	-	-	-	1,181
	<u>56,424</u>	<u>728,113</u>	<u>(738,491)</u>	<u>(32,446)</u>	<u>13,600</u>

Prior financial year

	Movement in funds				Balance at 31 March 2021
	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Equal European Funding	673	-	-	-	673
North Tyneside Council:					
Young Carer Service Manager	-	36,093	(36,093)	-	-
Carer Support	1,832	-	-	-	1,832
Carers Wellbeing Workers	12,143	72,840	(72,840)	-	12,143
Carers Prevention Workers	-	78,598	(78,598)	-	-
Young Carers Link Worker	-	34,346	(34,346)	-	-
Bottled Up Project	-	8,468	(8,468)	-	-
	<u>14,648</u>	<u>230,345</u>	<u>(230,345)</u>	<u>-</u>	<u>14,648</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

15 Restricted funds

(Continued)

	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
Brought forward	14,648	230,345	(230,345)	-	14,648
Infection Control Grant	-	1,550	(1,550)	-	-
General	434	-	-	-	434
North Tyneside CCG:					
Strategic Work	-	20,418	(20,418)	-	-
Mental Health Workers	-	78,255	(71,255)	-	7,000
Database	364	-	-	-	364
Communications	696	-	-	-	696
Publicity	-	1,000	(1,000)	-	-
Training Officer	-	16,220	(16,220)	-	-
Young Carers Support	-	73,408	(73,408)	-	-
Carers Vaccination Programme	-	7,655	(7,655)	-	-
Charitable Trusts and Foundations:					
Whitley Bay Singing Group	-	2,778	-	-	2,778
Longlife Financial Planning	-	300	(292)	-	8
Volunteers	954	-	-	-	954
Carers Audit	2,972	-	-	-	2,972
The Henry Smith Charity/Community Foundation	-	12,730	(11,598)	-	1,132
Carers Trust	177	-	-	-	177
Bellway Homes	-	140	-	-	140
BBC Children in Need Young Carers Worker	-	37,911	(37,911)	-	-
BBC Children in Need Booster Grant	-	3,880	(3,880)	-	-
Carers Events	5,060	-	-	-	5,060
Carers Trust grants	-	880	(880)	-	-
Carers Trust Explore More	-	538	-	-	538
Carers Trust Planning for Tomorrow	-	1,912	(1,912)	-	-
Carers Trust Quilters Aspirational Fund	-	1,549	(1,549)	-	-
Carers Trust Carers Emergency COVID Fund	-	7,500	(7,500)	-	-
Sir James Knott Trust	2	2,789	(846)	-	1,945
R W Mann Trust	-	2,000	-	-	2,000
Everything Everywhere	-	1,416	-	-	1,416
Comic Relief - Social Action	-	40,769	(40,769)	-	-
Comic Relief - Experts by Experience	-	25,100	(25,100)	-	-
Comic Relief - COVID Recovery Funding	-	37,543	(37,543)	-	-
Young Carers Donation	4,970	227	-	-	5,197
Adult Carers Donation	1,271	8,225	(8,225)	-	1,271
Innerwheel	-	520	-	-	520
North of Tyne Combined Authority	-	34,309	(34,309)	-	-
The Wellesley Trust/Community Foundation	-	10,854	(10,854)	-	-
The Screwfix Foundation	-	5,000	(5,000)	-	-
Carry forward	31,548	667,721	(650,019)	-	49,250

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

15 Restricted funds

(Continued)

	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
Brought forward	31,548	667,721	(650,019)	-	49,250
The Squires Foundation/Community Foundation	-	5,000	(5,000)	-	-
Community Foundation	-	2,920	-	-	2,920
Charles Robert Bell Fund/Community Foundation	-	1,319	(696)	-	623
NET Coronavirus Appeal/Community Foundation	-	5,000	(4,483)	-	517
The TK Max & Homesense Foundation	-	1,000	-	-	1,000
Triangle Trust Fund	-	2,933	(2,000)	-	933
Voda - Ending Loneliness	-	22,783	(22,783)	-	-
The National Lottery Community Fund	-	63,622	(63,622)	-	-
The National Lottery Community Fund - Coronavirus Funding	-	26,452	(26,452)	-	-
The Hedley Foundation	-	1,181	-	-	1,181
	<u>31,548</u>	<u>799,931</u>	<u>(775,055)</u>	<u>-</u>	<u>56,424</u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

15 Restricted funds

(Continued)

North Tyneside Council:

Young Carers Service Manager

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

Carers Wellbeing Workers

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

Carers Prevention Workers

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

Young Carers Link Worker

This represents funding to ensure young carers are offered regular statutory assessments and quality assess those assessments to ensure a high standard of support across the borough.

Bottled Up Project:

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

Family Support Worker

This represents funding to support a family support worker to work with young carers and their families, who have no other support in place.

North Tyneside Clinical Commissioning Group:

Strategic Work

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

Mental Health

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

Young Carers Support

This represents funding received to support the Young Carers' Project.

Therapeutic Support for Young Carers

This represents funding received to provide specialist carer support.

Training Officer

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care.

Charitable trusts and foundations:

Carers Trust Grants

This represents funding received from carers trust to support carers and their needs.

BBC Children in Need

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

15 Restricted funds

(Continued)

Comic Relief - Social Action

This represents funding to support young carers to take social action to make North Tyneside a better place to live for young carers.

North of Tyne Combined Authority:

Carers into Work Advisor.

This represents funding to help carers access employment, education or training.

The Wellesley Trust Fund at the Community Foundation Tyne & Wear and Northumberland

This represents funding received to the Young Carers' Project.

The National Lottery Community Fund

Funding to create carer friendly communities in North Tyneside which recognise and support carers at an early stage. The support will help reduce isolation as a result of being better connected to people and organisations in their local community.

The National Lottery Community Fund - Coronavirus Funding

Funding to deliver activities specifically aimed to support communities through the COVID-19 crisis.

VODA - Ending Loneliness in North Tyneside

Funding to work in partnership with VODA, Age UK and the CAB to reduce isolation in North Tyneside and connect people. The Carers' Centre will support carers to become reconnected in their local community, making friendships and developing a network of peer support to reduce isolation.

Other grants

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

16 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:					
Tangible assets	1,156	-	1,156	607	607
Current assets/(liabilities)	225,891	13,600	239,491	185,038	241,462
	<u>227,047</u>	<u>13,600</u>	<u>240,647</u>	<u>185,645</u>	<u>242,069</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

17 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022	2021
	£	£
Within one year	16,866	14,824
Between two and five years	56,243	57,984
	<u>73,109</u>	<u>72,808</u>

18 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

19 Cash generated from operations

	2022	2021
	£	£
(Deficit)/surplus for the year	(1,422)	34,120
Adjustments for:		
Investment income recognised in statement of financial activities	(1,249)	(2,817)
Depreciation and impairment of tangible fixed assets	988	4,597
Movements in working capital:		
Decrease/(increase) in debtors	2,039	(12,184)
(Decrease)/increase in creditors	(12,726)	15,748
Increase/(decrease) in deferred income	90,350	(72,555)
Cash generated from/(absorbed by) operations	<u><u>77,980</u></u>	<u><u>(33,091)</u></u>

20 Analysis of changes in net funds

The charity had no debt during the year.

Accounts

Charity Registration No. 1051472

Company Registration No. 03130902 (England and Wales)

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

THE NORTH TYNESIDE CARERS' CENTRE

(A COMPANY LIMITED BY GUARANTEE)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	AT Waggott-Fairley P Waggott PG Earley S Padden E Boal G Davison K Watson DM Baldwin	(Appointed 3 February 2021)
Chief executive	C Easton	
Charity number	1051472	
Company number	03130902	
Registered office	Suite 9 Saville Exchange Howard Street North Shields Tyne and Wear NE30 1SE	
Auditor	RMT Accountants & Business Advisors Ltd Gosforth Park Avenue Newcastle upon Tyne NE12 8EG	
Bankers	Unity Trust Bank plc PO Box 7193 Planetary Road Willenhall WV1 9DG	
Solicitors	Muckle LLP Time Central 32 Gallowgate Newcastle upon Tyne NE1 4BF	

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) CONTENTS

	Page
Trustees' report	1 - 5
Independent auditor's report	6 - 8
Statement of financial activities	9 - 10
Balance sheet	11
Statement of cash flows	12
Notes to the financial statements	13 - 29

THE NORTH TYNESIDE CARERS' CENTRE (A COMPANY LIMITED BY GUARANTEE) TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charity's objects are to improve the quality of life for carers in North Tyneside by supporting them through a high quality service, shaped by carers' needs and is accessible to all carers. Activities include: information & advocacy, emotional support, support groups, training for carers, counselling, carer assessments, the provision of a breaks and activities service and family support.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The mission statement of the North Tyneside Carers' Centre is:

"To improve the quality of life for carers in North Tyneside"

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: Running a charity (PB2)'.

COVID-19 continued to present huge challenges for carers and the organisation during 2020 - 2021. The staff team continued to work from home providing vital emotional and practical support to carers.

Although many carers we spoke to at the beginning of the first lockdown said that they were managing, this quickly began to change at the end of April. Carers reported feeling increasingly anxious, stressed and exhausted the longer restrictions were in place. Not only were they dealing with the anxiety of the pandemic and fear of passing the virus onto the person they cared for, they were also caring for 24 hours a day, 7 days a week, without a break. Many care services were cancelled, young carers were not in school and they were dealing with increased levels of challenging behaviour from the people they cared for.

We saw a huge increase in demand for our service during the year from new and existing carers, parent carers and the complexity of cases due to challenges of caring during the pandemic and referrals. 5,970 adult carers and 446 young carers were registered with the Centre during the year and received regular Covid information bulletins. 3,512 adult carers and 294 young carers accessed a support service during the pandemic.

At a strategic level we continued as a key partner on the North Tyneside Carers Partnership Board: a board made up of key decision makers from health and social care. We continually highlighted the impact of the pandemic on carers and shared the challenges, their experiences and feedback. This resulted in additional support being commissioned by North Tyneside Council and the Clinical Commissioning Group – including therapeutic support for young carers.

Carers were identified in priority group six of the Covid-19 vaccination rollout. We therefore approached the Clinical Commissioning Group and the Primary Care Networks to offer our support. As a result, we led on this work and all carers were directed to the centre to register as a carer, confirm their eligibility for the vaccination and advise them of support available from the Carers' Centre. 3,304 people contacted the Centre between February and March to enquire about the Covid vaccination. We worked closely with funders to reallocate resources to increase staffing levels for our advice line and spoke to carers about reducing our online activities in order to support with vaccination programme - carers fully supported this decision. The team worked incredibly hard to register new carers and we were delighted to invite over 5,000 carers to book their vaccination appointment.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

We moved premises in July 2020 to the Saville Exchange in North Shields. Due to national and local lockdowns, we were unable to carry out planned building work until late October. Our involvement in the carers vaccination rollout and the return of staff to the office, meant we had a very quick turnaround to ensure the offices were fully operational. This included risk assessing the premises to ensure they were Covid secure, fitting screens between all the desks and developing guidance for staff to keep people safe.

We worked with the North of Tyne Combined Authority, Carers Northumberland and Newcastle Carers to widen the scope of the Carers into Work Project to support carers who were: struggling to juggle work alongside caring; on sick leave; furloughed; at risk of redundancy and to support young adult carers from the age of 16 years. During the year 38% of carers we worked with entered employment, 3% into education and 3% into training.

During the period the Adult Carers' Service responded to 4,232 enquiries offering information, advice and support. Additionally, the team undertook 1,459 check in calls with carers who were particularly vulnerable and isolated. We saw a huge increase in the number of carers worried about their finances and requesting information about benefits. We secured funding from the National Lottery Community Fund for a Covid Response Worker to support the increased demand from parent carers and provide benefits advice. The worker supported carers to access over £240,000 in benefits.

We delivered one to one intensive emotional and practical support via the telephone/text and face to face (when restrictions eased) to 426 adult carers, who were struggling to manage their caring responsibilities. Many of these carers were looking after someone with dementia or a mental health difficulty. We supported carers to develop strategies to manage and respond to challenging behaviour and ensured they took time out to support their own wellbeing. We delivered 243 online sessions, which included wellbeing sessions, workshops, peer support groups and social activities to give carers the opportunity to connect with others, look after their own wellbeing and help them in their caring role.

Family Support Workers from the Young Carers' Service maintained contact with 294 young carers and their families via the telephone/text and face to face (when restrictions eased). They contacted schools, when they had concerns about young carers who were not in school, who they felt should be and arranged time in school to give the young carers a break from their caring responsibilities; arranged food parcels for families and delivery of prescriptions; provided a vital emotional outlet for many young carers who were struggling with their anxiety and juggling home schooling and caring. They delivered six 'Heads Up' emotional wellbeing programmes online to groups of young carers which focused on identifying positives and challenges related to caring responsibilities; managing feelings; friendships; who can help and support networks.

The Breaks and Activities team delivered 233 online sessions with 933 attendances. These sessions provided young carers with a regular break from their caring responsibilities, the opportunity to connect with others and have fun. Resource packs were distributed to young carers from June, to provide the resources needed and encourage them to take part in sessions. 92 social action sessions were delivered online with young carers to help them have a voice and influence local decision making e.g. young carers wrote to their local MPs to highlight their difficulties accessing shopping as a result the big supermarkets recognised young carers as key workers.

Additionally, we secured funding from Comic Relief to increase family support capacity and offer therapeutic support to young carers who were struggling with their mental wellbeing. 240 therapy sessions were delivered to 23 young carers.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

The charity's main source of income are performance related grants of £830,214 (2020: £581,569). The charity also received donations of £2,250 (2020: £1,613), investment income of £2,817 (2020: £2,574) and other income of £12,225 (2020: £7,342). The charity's charitable costs have increased in the year leaving in a surplus of £34,120 (2020: £5,359). All funding received from the Community Foundation should be recognised as Community Foundation Tyne & Wear and Northumberland.

The charity has a net asset worth and reserves of £242,069 at 31 March 2021 (2020: £207,949). The charity's unrestricted reserves totalled £186,645 (2020: £176,401) and are represented by capital assets of £606 (2020: £622) and net current assets of £185,039 (2020: £175,779). The charity's restricted reserves totalled £56,424 (2020: £31,548) and are represented by net current assets of £56,424 (2020: £31,548).

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The greatest risk is the uncertainty of the continuing finance for the charity's projects. Funding streams are monitored closely by the trustees, and new funding is sought for projects well in advance of the expiry of any existing funding. As the charity operates with vulnerable members of the community all staff and volunteers are subject to DBS procedures.

COVID-19 risk

The ongoing COVID-19 pandemic continues to generate a significant level of uncertainty in the global economy. The management team and Board regularly assess the likely effects on the charity's operations in an attempt to mitigate the risk as far as possible.

Plans for future periods

We will continue to work strategically with North Tyneside Carers Partnership Board and partners across health and social care to identify opportunities to increase capacity to support carers and implement a whole system approach to supporting carers. We will share carers feedback and experiences, to influence local decision making.

We will work with the Clinical Commissioning Group and Primary Care Networks to roll out a 'Carer Friendly Practice Award Scheme'. The aim of the scheme is to improve identification and support of carers in primary care: an area which carers identified as a priority. We will provide training and support to practices to help them achieve the award scheme and gather feedback from carers to determine whether practices have achieved 'Carer Friendly' status.

We will continue to work with partners in health and social care on the rollout of the Covid-19 booster vaccination for carers: to keep carers in North Tyneside safe.

We will work with North Tyneside Council to develop and implement a young adult carers assessment and support pathway and develop training modules for professionals. We will seek funding to recruit a Young Adult Carers Worker at the Carers' Centre, to fill a gap identified by young adults in our current provision.

We will resume work in local communities to deliver support closer to home for carers and link carers into their local communities: to increase their network of support. We will strengthen relationships with local groups and provide training to help them identify and support carers.

Structure, governance and management

The charity is a company limited by guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

G Irving (Resigned 27 May 2021)

AT Waggott-Fairley

P Waggott

PG Earley

S Padden

E Boal

JJ Norton

(Resigned 1 April 2020)

G Davison

K Watson

DM Baldwin

(Appointed 3 February 2021)

Recruitment and appointment of trustees

Under the requirements of the Memorandum and Articles of Association the trustees are elected to serve for a period of three years after which they can be re-elected at the next annual general meeting in accordance with the Articles.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

The charity is managed by a committee of trustees composed of the officers of the charity, who are the Chair and Treasurer and up to fourteen persons, which will include at least 2 carers who live or work in the area of benefit and who have a desire to support carers in North Tyneside.

Induction and training of trustees

Most trustees are already familiar with the practical work of the charity. Additionally, new trustees are required to attend induction meetings with the Chief Executive and the project staff to familiarise themselves with the charity and the context within which it operates. These cover:

- The obligations of the Management Committee members.
- The main documents which set out the operational framework for the charity including the Memorandum and Articles.
- Resourcing and the current financial position as set out in the latest published accounts.
- Future plans and objectives.

Key management remuneration

The directors consider the Board of Directors, who are trustees of the charity, and the senior management team comprises the key management personnel of the charity. None of the directors receive any remuneration for their services. Key management personnel received remuneration totalling £149,770 (2020 - £148,610) during the year. The pay for senior staff is kept under review by the Board of Directors.

Related parties

The charity operates closely with many local agencies including the local authorities. However these are not considered to be related parties for accounting purposes.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Statement of trustees' responsibilities

The trustees, who are also the directors of The North Tyneside Carers' Centre for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

RMT Accountants & Business Advisors Ltd were appointed as auditor to the company and a resolution proposing that they be re-appointed will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

K Watson

Trustee

Dated: 2 November 2021

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT
TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE**

Opinion

We have audited the financial statements of The North Tyneside Carers' Centre (the 'charity') for the year ended 31 March 2021 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITOR'S REPORT (CONTINUED)
TO THE TRUSTEES OF THE NORTH TYNESIDE CARERS' CENTRE**

Capability of the audit in detecting irregularities, including fraud

Based on our understanding of the charitable company and the sector in which it operates, we identified that the following laws and regulations are significant to the entity:

Those laws and regulations considered to have a direct effect on the financial statements including UK financial reporting standards, Company Law and Charity Law.

Those laws and regulations for which non-compliance may be fundamental to the operating aspects of the charity and therefore may have a material effect on the financial statements include compliance with charitable objectives, public benefit, fundraising regulations, safeguarding and health and safety legislation.

These matters were discussed amongst the engagement team at the planning stage and the team remained alert throughout the audit.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and the Trustees as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence and legal costs incurred; review of Trustee meeting minutes; testing the appropriateness of journal entries; and the performance of analytical review to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Mr Stephen Slater (Senior Statutory Auditor)
for and on behalf of RMT Accountants & Business Advisors Ltd
Statutory Auditor
Gosforth Park Avenue
Newcastle upon Tyne
NE12 8EG**

Date: 4 November 2021

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2021**

Current financial year

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Total 2020 £
	Notes				
Income and endowments from:					
Donations and legacies	3	2,023	227	2,250	1,613
Charitable activities	4	38,735	791,479	830,214	581,569
Investments	5	2,817	-	2,817	2,574
Other income	6	4,000	8,225	12,225	10,342
Total income		<u>47,575</u>	<u>799,931</u>	<u>847,506</u>	<u>596,098</u>
Expenditure on:					
Charitable activities	7	<u>38,331</u>	<u>775,055</u>	<u>813,386</u>	<u>590,739</u>
Net income for the year/ Net movement in funds		9,244	24,876	34,120	5,359
Fund balances at 1 April 2020		<u>176,401</u>	<u>31,548</u>	<u>207,949</u>	<u>202,590</u>
Fund balances at 31 March 2021		<u><u>185,645</u></u>	<u><u>56,424</u></u>	<u><u>242,069</u></u>	<u><u>207,949</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2021**

Prior financial year

		Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
	Notes			
Income and endowments from:				
Donations and legacies	3	1,613	-	1,613
Charitable activities	4	-	581,569	581,569
Investments	5	2,574	-	2,574
Other income	6	3,000	7,342	10,342
Total income		<u>7,187</u>	<u>588,911</u>	<u>596,098</u>
Expenditure on:				
Charitable activities	7	<u>1,800</u>	<u>588,939</u>	<u>590,739</u>
Net incoming resources before transfers		<u>5,387</u>	<u>(28)</u>	<u>5,359</u>
Net income for the year/ Net movement in funds		<u>5,387</u>	<u>(28)</u>	<u>5,359</u>
Fund balances at 1 April 2019		<u>171,014</u>	<u>31,576</u>	<u>202,590</u>
Fund balances at 31 March 2020		<u><u>176,401</u></u>	<u><u>31,548</u></u>	<u><u>207,949</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	11		607		622
Current assets					
Debtors	12	24,867		12,683	
Cash at bank and in hand		326,638		361,494	
		<u>351,505</u>		<u>374,177</u>	
Creditors: amounts falling due within one year	13	<u>(110,043)</u>		<u>(166,850)</u>	
Net current assets			241,462		207,327
Total assets less current liabilities			<u>242,069</u>		<u>207,949</u>
Income funds					
Restricted funds	15	56,424		31,548	
Unrestricted funds		185,645		176,401	
		<u>242,069</u>		<u>207,949</u>	

The financial statements were approved by the Trustees on 29 October 2021

K Watson
Trustee

Company Registration No. 03130902

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	19		(33,091)		99,406
Investing activities					
Purchase of tangible fixed assets		(4,582)		(3,621)	
Investment income received		2,817		2,574	
Net cash used in investing activities			(1,765)		(1,047)
Net cash used in financing activities			-		-
Net (decrease)/increase in cash and cash equivalents			(34,856)		98,359
Cash and cash equivalents at beginning of year			361,494		263,135
Cash and cash equivalents at end of year			326,638		361,494

THE NORTH TYNESIDE CARERS' CENTRE

(A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

The North Tyneside Carers' Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is Suite 9, Saville Exchange, Howard Street, North Shields, Tyne and Wear, NE30 1SE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements. This includes taking into account the potential impact of COVID-19 to ensure that cashflow is positively managed and the impact to the charity's operations are mitigated. The Board has concluded that the going concern assumption is appropriate in preparing these financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised in the statement of financial activities when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. The following specific policies are applied to particular categories of income.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity are recognised when the charity becomes unconditionally entitled to the grant. Where grants are conditional to performance and specific deliverables, the grant is accounted for as the charity earns the right to consideration by its performance.

Investment income comprises interest received on cash balances and is included on the statement of financial activities when receivable.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accrual basis and has been classified under the headings that aggregate all costs to that category. Irrecoverable VAT is charged against the expenditure incurred.

Charitable activity costs includes expenditure relating to the operation of the charity and includes both direct and support costs relating to those activities.

Costs of generating funds are those costs incurred in attracting voluntary income.

Support costs include central function expenditure and are allocated on the basis of staff allocated to each activity.

Governance costs include those incurred in the governance of the charity and its assets, and are primarily associated with constitutional and statutory requirements.

The charity allocates costs direct to activities as far as possible, then identifies the remaining costs of its support functions. The charity then identifies those costs which relate to the governance function. Having identified its governance costs, the remaining support costs are allocated to the charity's principal activity.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	33% straight line or over the life of a specific project
------------------	--

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Taxation

The North Tyneside Carers' Centre, as a registered charity, is exempt from taxation on its income and gains falling within

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total Unrestricted funds 2021 £	funds 2020 £
Donations and gifts	2,023	227	2,250	1,613
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable activities

	Carers' support 2021 £	Carers' support 2020 £
Grants	830,214	581,569
Analysis by fund		
Unrestricted funds	38,735	-
Restricted funds	791,479	581,569
	830,214	581,569

Grants

	Unrestricted funds £	Restricted funds £	Total funds 2021 £	Restricted funds £	Total funds 2020 £
NTC - Carers Wellbeing Workers	6,790	67,252	74,042	70,516	70,516
NTC - Carer Prevention Workers	-	84,187	84,187	80,178	80,178
NTC - Young Carers Service Manager	-	36,093	36,093	36,093	36,093
NTC - Bottled Up Project	-	8,468	8,468	-	-
NTC - Young Carers Link Worker	-	34,346	34,346	-	-
NTC - Infection Control Grant	-	1,550	1,550	-	-
NT CCG - Young Carers Service	512	73,408	73,920	87,000	87,000
NT CCG - Publicity	-	1,000	1,000	-	-
NT CCG - Strategic Work	-	20,418	20,418	20,136	20,136
NT CCG - Mental Health Workers	702	78,255	78,957	64,516	64,516
NT CCG - Carers Vaccination Programme	-	7,655	7,655	-	-
NT CCG - Training Officer	481	16,220	16,701	16,470	16,470
North Of Tyne Combined Authority	-	34,309	34,309	-	-
BBC Children in Need	-	41,791	41,791	37,024	37,024
Bellway Homes	-	140	140	360	360
Carers Trust grants	-	880	880	4,932	4,932
Carers Trust - Carers Emergency Covid Fund	-	7,500	7,500	-	-
Carers Trust - Planning for Tomorrow	-	1,912	1,912	-	-
Carers Trust - Quilter Aspirations Fund	-	1,549	1,549	-	-
Carers Trust - Explore More	-	538	538	-	-
Comic Relief - Social Action	-	40,769	40,769	50,119	50,119
Comic Relief - Covid Recovery Funding	-	37,543	37,543	-	-
Comic Relief - Experts by Experience	-	25,100	25,100	-	-
Carry forward	8,485	620,883	629,368	467,344	467,344

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable activities

(Continued)

	Unrestricted funds £	Restricted funds £	Total funds 2021 £	Restricted funds £	Total funds 2020 £
Brought forward	8,485	620,883	629,368	467,344	467,344
Charles Robert Bell Fund/Community Foundation	-	1,319	1,319	3,681	3,681
Everything Everywhere	-	1,416	1,416	-	-
Garfield Weston Foundation	20,000	-	20,000	-	-
The Henry Smith Charity/Community Foundation	-	12,729	12,729	36,890	36,890
Innerwheel	-	520	520	-	-
LGA Foundation	-	-	-	2,800	2,800
Longlife Financial Planning	-	300	300	-	-
NET Coronavirus Appeal Fund/ Community Foundation	-	5,000	5,000	-	-
New Prospects	-	-	-	231	231
R W Mann Trust	-	2,789	2,789	-	-
Rowland Cookson Community Fund/ Community Foundation	-	-	-	5,000	5,000
Stellium Ltd	1,250	-	1,250	-	-
Whitley Bay Singing Group	-	2,778	2,778	-	-
Squires Foundation Fund/Community Foundation	5,000	5,000	10,000	-	-
Community Foundation	-	2,920	2,920	-	-
The Ballinger Trust	-	-	-	15,000	15,000
The Hedley Foundation	-	1,181	1,181	134	134
The Joseph Strong Frazer Trust	4,000	-	4,000	-	-
The National Lottery Community Fund	-	63,622	63,622	26,831	26,831
The National Lottery Community Fund - Coronavirus Funding	-	26,452	26,452	-	-
The Screwfix Foundation	-	5,000	5,000	-	-
The Sir James Knott Trust	-	2,000	2,000	1,224	1,224
The TK Maxx and Homesense Foundation	-	1,000	1,000	-	-
The Triangle Trust Fund	-	2,933	2,933	-	-
The Wellesley Trust/Community Foundation	-	10,854	10,854	9,146	9,146
Voda - Ending Loneliness	-	22,783	22,783	13,288	13,288
	<u>38,735</u>	<u>791,479</u>	<u>830,214</u>	<u>581,569</u>	<u>581,569</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

5 Investments

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Interest receivable	2,817	2,574

6 Other income

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total Unrestricted funds 2021 £	Restricted funds 2020 £	Total 2020 £
Access to Work grant	-	8,225	8,225	-	7,342
HMRC Employment allowance	4,000	-	4,000	3,000	3,000
	4,000	8,225	12,225	7,342	10,342

7 Charitable activities

	Carers' support 2021 £	Carers' support 2020 £
Staff costs	616,699	472,394
Direct service costs	106,887	65,831
Premises costs	30,671	18,025
	754,257	556,250
Share of support costs (see note 8)	46,172	22,922
Share of governance costs (see note 8)	12,957	11,567
	813,386	590,739
Analysis by fund		
Unrestricted funds	38,331	1,800
Restricted funds	775,055	588,939
	813,386	590,739

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

8 Support costs

	Support costs	Governance costs	2021	Support costs	Governance costs	2020
	£	£	£	£	£	£
Depreciation	4,597	-	4,597	2,999	-	2,999
General office costs	41,575	-	41,575	19,923	-	19,923
Audit fees	-	4,320	4,320	-	4,320	4,320
Legal and professional	-	3,363	3,363	-	3,803	3,803
Other governance costs	-	5,274	5,274	-	3,444	3,444
	<u>46,172</u>	<u>12,957</u>	<u>59,129</u>	<u>22,922</u>	<u>11,567</u>	<u>34,489</u>
Analysed between						
Charitable activities	<u>46,172</u>	<u>12,957</u>	<u>59,129</u>	<u>22,922</u>	<u>11,567</u>	<u>34,489</u>

Governance costs includes payments to the auditors of £4,320 (2020- £4,320) for audit fees.

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

10 Employees

Number of employees

The average monthly number of employees during the year was:

	2021	2020
	Number	Number
Chief Executive	1	1
Service Managers	2	3
Project staff	25	20
Administration and support	1	1
	<u>29</u>	<u>25</u>

Employment costs

	2021	2020
	£	£
Wages and salaries	552,756	424,425
Social security costs	44,747	33,785
Other pension costs	18,480	13,784
Other staff costs	716	400
	<u>616,699</u>	<u>472,394</u>

The key management personnel of the charity comprise the Chief Executive, the Finance Manager and two Service Managers. The total employee benefits of the key management personnel were £149,770 (2020- £148,610).

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

11 Tangible fixed assets

	Office Equipment
	£
Cost	
At 1 April 2020	84,631
Additions	4,582
Disposals	(77,698)
At 31 March 2021	11,515
Depreciation and impairment	
At 1 April 2020	84,009
Depreciation charged in the year	4,597
Eliminated in respect of disposals	(77,698)
At 31 March 2021	10,908
Carrying amount	
At 31 March 2021	607
At 31 March 2020	622

12 Debtors

	2021	2020
	£	£
Amounts falling due within one year:		
Trade debtors	1,838	2,670
Other debtors	5,574	-
Prepayments and accrued income	17,455	10,013
	24,867	12,683

13 Creditors: amounts falling due within one year

		2021	2020
	Notes	£	£
Other taxation and social security		11,037	8,751
Deferred income	14	74,674	147,229
Trade creditors		7,227	2,236
Other creditors		656	656
Accruals		16,449	7,978
		110,043	166,850

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

14 Deferred income

	2021	2020
	£	£
Arising from Deferred income	74,674	147,229

Deferred income is included in the financial statements as follows:

	2021	2020
	£	£
The Henry Smith Charity/Community Foundation	-	12,729
North Tyneside CCG - Mental Health Workers	-	7,000
North Tyneside CCG - Publicity funding	-	1,000
North Tyneside CCG - Carers Vaccination Programme	2,345	-
North Tyneside CCG - Young Carers Funding	7,200	-
North Tyneside Council -Bottled Up Project	2,736	-
North Tyneside Council - Infection Control Grant	288	-
North of Tyne Combined Authority	15,636	-
BBC Children in Need	4,717	5,196
The Joseph Strong Frazer Trust	-	3,000
R W Mann Trust	-	2,000
Carers Trust grants	1,924	1,311
The Hedley Foundation	-	1,181
Everything Everywhere	-	1,416
Innerwheel	-	520
Sir James Knott Trust	-	2,788
Carers Trust Planning for Tomorrow	589	539
Carers Trust Quilters Aspirations Fund	851	-
Charles Robert Bell Fund/Community Foundation	-	1,319
Garfield Weston Foundation	-	20,000
The Wellesley Trust/Community Foundation	-	854
Comic Relief - Social Action	3,828	25,903
Comic Relief - Experts by Experience	12,172	2,863
Bellway Homes	-	140
Healthwatch - North Tyneside Social Action	1,720	1,720
Squires Foundation Fund/Community Foundation	-	5,000
Voda - Ending Loneliness	11,261	10,378
The National Lottery Community Fund	7,117	37,972
The National Lottery Community Fund - Coronavirus Appeal	2,290	-
The TK Maxx and Homesense Foundation	-	1,000
Whitley Bay Singing Group	-	1,400
	<u>74,674</u>	<u>147,229</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

Current financial year	Movement in funds				Balance at 31 March 2021 £
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	
Equal European Funding	673	-	-	-	673
North Tyneside Council:					
Young Carer Service Manager	-	36,093	(36,093)	-	-
Carer Support	1,832	-	-	-	1,832
Carers Wellbeing Workers	12,143	72,840	(72,840)	-	12,143
Carers Prevention Workers	-	78,598	(78,598)	-	-
Young Carers Link Worker	-	34,346	(34,346)	-	-
Bottled Up Project	-	8,468	(8,468)	-	-
Infection Control Grant	-	1,550	(1,550)	-	-
General	434	-	-	-	434
North Tyneside CCG:					
Strategic Work	-	20,418	(20,418)	-	-
Mental Health Workers	-	78,255	(71,255)	-	7,000
Database	364	-	-	-	364
Communications	696	-	-	-	696
Publicity	-	1,000	(1,000)	-	-
Training Officer	-	16,220	(16,220)	-	-
Young Carers Support	-	73,408	(73,408)	-	-
Carers Vaccination Programme	-	7,655	(7,655)	-	-
Charitable Trusts and Foundations:					
Whitley Bay Singing Group	-	2,778	-	-	2,778
Longlife Financial Planning	-	300	(292)	-	8
Volunteers	954	-	-	-	954
Carers Audit	2,972	-	-	-	2,972
The Henry Smith Charity/Community Foundation	-	12,730	(11,598)	-	1,132
Carers Trust	177	-	-	-	177
Bellway Homes	-	140	-	-	140
BBC Children in Need Young Carers Worker	-	37,911	(37,911)	-	-
BBC Children in Need Booster Grant	-	3,880	(3,880)	-	-
Carers Events	5,060	-	-	-	5,060
Carers Trust grants	-	880	(880)	-	-
Carers Trust Explore More	-	538	-	-	538
Carers Trust Planning for Tomorrow	-	1,912	(1,912)	-	-
Carers Trust Quilters Aspirational Fund	-	1,549	(1,549)	-	-
Carers Trust Carers Emergency COVID Fund	-	7,500	(7,500)	-	-
Sir James Knott Trust	2	2,789	(846)	-	1,945
R W Mann Trust	-	2,000	-	-	2,000
Carry forward	25,307	503,758	(488,219)	-	40,846

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

15 Restricted funds

(Continued)

	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
Brought forward	25,307	503,758	(488,219)	-	40,846
Everything Everywhere	-	1,416	-	-	1,416
Comic Relief - Social Action	-	40,769	(40,769)	-	-
Comic Relief - Experts by Experience	-	25,100	(25,100)	-	-
Comic Relief - COVID Recovery Funding	-	37,543	(37,543)	-	-
Young Carers Donation	4,970	227	-	-	5,197
Adult Carers Donation	1,271	8,225	(8,225)	-	1,271
Innerwheel	-	520	-	-	520
North of Tyne Combined Authority	-	34,309	(34,309)	-	-
The Wellesley Trust/Community Foundation	-	10,854	(10,854)	-	-
The Screwfix Foundation	-	5,000	(5,000)	-	-
The Squires Foundation/Community Foundation	-	5,000	(5,000)	-	-
Community Foundation	-	2,920	-	-	2,920
Charles Robert Bell Fund/Community Foundation	-	1,319	(696)	-	623
NET Coronavirus Appeal/Community Foundation	-	5,000	(4,483)	-	517
The TK Max & Homesense Foundation	-	1,000	-	-	1,000
Triangle Trust Fund	-	2,933	(2,000)	-	933
Voda - Ending Loneliness	-	22,783	(22,783)	-	-
The National Lottery Community Fund	-	63,622	(63,622)	-	-
The National Lottery Community Fund - Coronavirus Funding	-	26,452	(26,452)	-	-
The Hedley Foundation	-	1,181	-	-	1,181
	<u>31,548</u>	<u>799,931</u>	<u>(775,055)</u>	<u>-</u>	<u>56,424</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

15 Restricted funds

(Continued)

Prior financial year

	Movement in funds				
	Balance at	Incoming	Resources	Transfers	Balance at
	1 April 2019	resources	expended		31 March
					2020
	£	£	£	£	£
Equal European Funding	673	-	-	-	673
North Tyneside Council:					
Young Carer Service Manager	-	36,093	(36,093)	-	-
Carer Support	1,832	-	-	-	1,832
Carers Wellbeing Workers	12,143	70,516	(70,516)	-	12,143
Carers Prevention Workers	-	80,178	(80,178)	-	-
General	434	-	-	-	434
North Tyneside CCG:					
Strategic Work	-	20,136	(20,136)	-	-
Mental Health Workers	-	64,516	(64,516)	-	-
Database	364	-	-	-	364
Communications	696	-	-	-	696
Training Officer	-	16,470	(16,470)	-	-
Young Carers Support	-	87,000	(87,000)	-	-
Charitable Trusts and Foundations:					
The Ballinger Trust	-	15,000	(15,000)	-	-
Volunteers	954	-	-	-	954
Carers Audit	2,972	-	-	-	2,972
The Henry Smith Charity/Community Foundation	-	36,890	(36,890)	-	-
Carers Trust	177	-	-	-	177
BBC Children in Need	-	37,025	(37,025)	-	-
Carers Events	5,060	-	-	-	5,060
Carers Trust individual grants	-	4,932	(4,932)	-	-
Sir James Knott Trust	2	1,224	(1,224)	-	2
Allotment	28	-	(28)	-	-
Comic Relief - Social Action	-	39,782	(39,782)	-	-
Comic Relief - Experts by Experience	-	10,337	(10,337)	-	-
Young Carers Donation	4,970	-	-	-	4,970
Adult Carers Donation	1,271	-	-	-	1,271
LGA Foundation	-	2,800	(2,800)	-	-
Wellesley T F/Community Foundation	-	9,146	(9,146)	-	-
Roland Cookson/Community Foundation	-	5,000	(5,000)	-	-
Charles Robert Bell Fund/Community Foundation	-	3,681	(3,681)	-	-
New Prospects	-	231	(231)	-	-
Bellway Homes	-	360	(360)	-	-
Voda - Ending Loneliness	-	13,288	(13,288)	-	-
The National Lottery Community Fund	-	26,831	(26,831)	-	-
The Hedley Foundation	-	133	(133)	-	-
	<u>31,576</u>	<u>581,569</u>	<u>(581,597)</u>	<u>-</u>	<u>31,548</u>

**THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

15 Restricted funds

(Continued)

North Tyneside Council:

Young Carers Service Manager

This represents funding received to oversee day to day delivery of the service and improve awareness of the issues young carers face and build capacity to identify and support young carers across the borough.

Carers Wellbeing Workers

This represents funding for the provision of support to individual carers and relevant social care community teams with the overall aim of improving the quality and increasing the number of carer's assessments.

Carers Prevention Workers

This represents funding to provide information, advice and guidance to carers and encourage them to access a range of prevention services to maintain their wellbeing.

Young Carers Link Worker

This represents funding to ensure young carers are offered regular statutory assessments and quality assess those assessments to ensure a high standard of support across the borough.

Bottled Up Project:

The represents funding to provide whole family support to families experiencing parental alcohol misuse.

North Tyneside Clinical Commissioning Group:

Strategic Work

This represents funding received to work at a strategic level to raise the profile of carers and influence local and national decision making to improve identification and support for carers.

Mental Health

This represents funding received to provide specialist carer support to carers caring for someone with a mental health problem.

Young Carers Support

This represents funding received to support the Young Carers' Project.

Training Officer

This represents funding to deliver training to carers to support them in their caring role, and, to deliver carer awareness training to professionals across health and social care.

North of Tyne Combined Authority:

Carers into Work Advisor.

This represents funding to help carers access employment, education or training.

Charitable trusts and foundations:

The Henry Smith Charity at the Community Foundation Tyne & Wear and Northumberland

This represents funding received to support a Family Support Worker working with young carers caring for a parent with mental health or substance misuse problems.

Carers Trust Grants

This represents funding received from carers trust to support carers and their needs.

BBC Children in Need

This represents funding received to support Young Carer Activities Workers to deliver a programme of clubs and school holiday activities to give young carers a break from caring.

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

15 Restricted funds

(Continued)

Comic Relief - Social Action

This represents funding to support young carers to take social action to make North Tyneside a better place to live for young carers.

Comic Relief - Experts by Experience

Funding to work with young carers to identify how improvements can be made to Carers' Centre services in supporting boys and young adult carers.

Comic Relief - COVID Recovery Programme

This represents funding to support carers during the Coronavirus pandemic.

The Wellesley Trust Fund at the Community Foundation Tyne & Wear and Northumberland

This represents funding received to the Young Carers' Project.

The National Lottery Community Fund

Funding to create carer friendly communities in North Tyneside which recognise and support carers at an early stage. The support will help reduce isolation as a result of being better connected to people and organisations in their local community.

The National Lottery Community Fund - Coronavirus Funding

Funding to deliver activities specifically aimed to support communities through the COVID-19 crisis.

VODA - Ending Loneliness in North Tyneside

Funding to work in partnership with VODA, Age UK and the CAB to reduce isolation in North Tyneside and connect people. The Carers' Centre will support carers to become reconnected in their local community, making friendships and developing a network of peer support to reduce isolation.

Other grants

All smaller grants received during the year have been used for the purpose they were meant for and in line with the terms and conditions of the grant award.

16 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total Unrestricted funds 2021 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:					
Tangible assets	607	-	607	622	622
Current assets/ (liabilities)	185,038	56,424	241,462	175,779	207,327
	<u>185,645</u>	<u>56,424</u>	<u>242,069</u>	<u>31,548</u>	<u>207,949</u>

THE NORTH TYNESIDE CARERS' CENTRE
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

17 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021	2020
	£	£
Within one year	14,824	5,816
Between two and five years	57,984	5,249
	<u>72,808</u>	<u>11,065</u>

18 Related party transactions

There were no disclosable related party transactions during the year (2020 - none).

19 Cash generated from operations

	2021	2020
	£	£
Surplus for the year	34,120	5,359
Adjustments for:		
Investment income recognised in statement of financial activities	(2,817)	(2,574)
Depreciation and impairment of tangible fixed assets	4,597	2,999
Movements in working capital:		
(Increase)/decrease in debtors	(12,184)	55,967
Increase/(decrease) in creditors	15,748	(109,574)
(Decrease)/increase in deferred income	(72,555)	147,229
Cash (absorbed by)/generated from operations	<u>(33,091)</u>	<u>99,406</u>

20 Analysis of changes in net funds

The charity had no debt during the year.