



Annual Report 2024-25

Dedicated Charity of University Hospitals
Sussex NHS Foundation Trust

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A Year in Numbers

1 April 2024 - 31 March 2025



£1,516k

Patients Welfare



£853k

Staff Education and Welfare



£1,931k

Capital Grants



£4,667k

Total Charitable Expenditure

Message from the Director & Chair

It gives us great pleasure to welcome you to our annual report and to this exciting account of our progressive work over the last twelve months.

Thanks to the generosity of our donors and supporters, we have raised an outstanding £2 million and every single pound has enabled us to support our ambition to support patient benefit and staff wellbeing across University Hospitals Sussex. These funds have gone far beyond the vital services provided by the NHS, ensuring that our seven hospitals continue to offer exceptional care and life-enhancing experiences.

Here we have seen the charity make a number of strategic and notable investments including a £600k grant in favour of the Trust's Research & Innovation programme, £240k to bring feeding pumps to some of our smallest and youngest patients at all of our acute sites, and £147k to introduce Savi Scout technology into the Trust, improving outcomes for patients with breast cancer across Sussex. Just a small selection of the grants made and the impact they deliver.

Much of our focus this year has been on building the momentum the charity needs to develop its brand and fundraising mix. We have launched the private phase of our £7.75m campaign for the new Sussex Cancer Centre, which is aimed at supporting the build and commission of

a state-of-the-art cancer treatment capability which will sit alongside the Louisa Martindale Building in Brighton. To be opened in 2029, this campaign sees the charity at its best - working across Sussex to build networks and supporter bases that will prosper and sustain.

All of which makes for an enduring success story at a time when the NHS is having to address significant challenges including staff retention, the increasing demands of an aging population, and the continuing long-term effects of the pandemic. It is our role as the dedicated charity of University Hospitals Sussex to draw upon our innovation and experience to help our colleagues address these challenges and more. To this end, we will continue to develop the three charity sub-strands of My Music, My Comedy and My Kidz to test and scale new ways of engaging with the communities within which we work and live.

On behalf of the Trustees and the entire team, thank you for your continued belief in My Charity and for helping us to create brighter futures for the patients and staff who need us most.

Together in Sussex we can and will achieve.



A handwritten signature in black ink.

Wayne Orr
Chair of Charitable Funds Committee



A handwritten signature in black ink.

Steve Crump OBE
Director of Charities & Voluntary Services

About My Charity

My Charity - University Hospitals Sussex (My Charity) is the dedicated charity supporting the University Hospitals Sussex NHS Foundation Trust. It was formed in April 2023 by the merging of two former dedicated charities: Love Your Hospital and BSUH Charity.

The charity raises funds for treatment, care and research which go over and above core NHS funding, making real and tangible improvements to patients and staff every day.

We provide state-of-the-art equipment, more comfortable hospital environments and wellbeing initiatives for patients, staff and visitors.

Our work supports seven NHS hospitals across Sussex:

- Princess Royal Hospital, Haywards Heath
- Royal Alexandra Children's Hospital, Brighton
- Royal Sussex County Hospital, Brighton
- Southlands Hospital, Shoreham-by-Sea
- St Richard's Hospital, Chichester
- Sussex Eye Hospital, Brighton
- Worthing Hospital.

Our core priorities

- Creating more patient-friendly environments
- Providing equipment for diagnosis and treatment
- Supporting staff development to provide even better care
- Advancing understanding through research projects.

Our mission

To make life all together better. We enhance the care and experience of everyone who comes through the doors of our hospitals.

Our values

Engaging

Everything we do is about engaging with our community. It's communicating and being visible in ways that inspire and compel individuals to support the charity. It's being there for staff and volunteers as they go about their work. It's amplifying the voice of the hospital in the local community.

Optimistic

Our outlook is positive. We are here to make the day better for patients, staff and the wider community. It's a mindset that informs the way we work - looking ahead with optimism and a belief in the possible.

Personal

We are personal - with the wellbeing of our individuals in mind. Helping patients, staff and visitors to have the best experience in hospital beyond core clinical care and infrastructure. It reflects the Trust's Patient First strategy.





My Charity takes its fundraising seriously and values its donors and their privacy. The charity takes care to obtain signed written agreements between it and any commercial participators or professional fundraisers that we work with. The charity also adheres to the Chartered Institute of Fundraising and has a robust Information Governance Policy.

We are signed up with the Fundraising Regulator, which ensures that we monitor and report on the following:

- Whether a professional fundraiser or commercial participator carried out any fundraising activities on behalf of the charity
- Whether the charity or any person acting on its behalf voluntarily subscribes to recognised fundraising standards or scheme for fundraising regulation
- Any failures to comply with the standards or scheme
- The number of complaints received about the charity's fundraising
- How the charity protects the public, including vulnerable people, from unreasonable intrusion on a person's privacy, unreasonably persistent approaches or undue pressure.

During the year there were no failures to comply with the Fundraising Code of Practice, and the charity received no complaints.

My Charity is registered with the Charity Commission for England and Wales (1050864). As a registered charity, we comply with charity law and the regulatory requirements of the Charity Commission. This includes ensuring that all gifts are spent for the maximum public benefit and in alignment with the donors' wishes. Our charity Trustees have a duty to 'have regard' for the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

It has been 12 months of change in the fundraising department, with new expertise joining the team, to ensure we can meet the increased income targets across the next three years.

During 2024-25 we saw continued support in our local community, forging relationships with local groups, associations and businesses. We received strong support from Lanes Health Club in Rustington, continuing to undertake numerous significant fundraising activities to support their local hospitals.

Masonic lodges in the area were also very supportive across the financial year, contributing over £5,000 whilst pledging their continued support for the future.

Additionally, we received significant funds from our corporate partners; Hemiko generously donated £20,000 to Worthing Hospital and Willmott Dixon contributed £10,000.

We developed a strong relationship with the Dervia Foundation who have provided funding close to £100,000 for core My Charity projects.

Thanks to all our generous donors and committed supporters who have made a positive difference to their local hospitals this year.

A Lively Year for Lanes

When it comes to fundraising, Lanes Health Club do not do things by halves. The Rustington based gym members and staff have come together to raise an impressive £2,348 to support their local hospitals.

From 25 brave souls tackling Tough Mudder, putting their strength, stamina and mental grit to the test with the ultimate obstacle course, to their sell-out monthly quiz night full of laughter, friendly competition and good vibes, there was no challenge too big or small for Lanes.

Laura Stennett, Group Exercise Manager at Lanes Health Club, shared: "Community and compassion are at the heart of everything we do, so to fundraise for our local NHS was really meaningful for us this year. We couldn't have done it without our amazing members who participated, donated, or simply cheered us on. Every effort made a difference. We're so proud of what we've achieved together."



Swimming for St Richard's

12-year-old Darcey raised over £250 for My Charity to support patients and staff on the Intensive Treatment Unit (ITU) at St Richard's Hospital.



Total raised

£250

After a school project tasked the class to 'be creative' on a topic such as war, love or charity, Darcey chose the last theme. She challenged herself to swim as many lengths as possible in two hours, across two days in February, to fundraise for the hospital ward her grandfather, Terry, had been cared for on before his passing in 2022. Darcey managed an impressive 107 lengths across the two hours and raised an equally impressive £250.

Darcey's adventurous streak and dedication to making a difference in the community make for an ideal fundraiser. She shared: "At seven years old I did a 13 mile walk for charity and that's when I caught the fundraising bug! Once I'm old enough I'd love to do something like a skydive for the hospital charity. I want to repay the kindness the hospital team showed my grandpa and family."

Darcey's grandmother and Terry's wife, Rosemary, worked as a nurse her whole career before retirement. She was impressed with the care Terry received at St Richard's Hospital: "After my husband had a rare reaction to the chemotherapy he was receiving for his cancer treatment, he was transferred to the ITU where he stayed until he sadly died six days later. The team of doctors and nurses were so special. They were patient-centred, family-centred and I didn't have to ask for anything. It was a sad time and I miss him very much, but I will always be grateful for the wonderful care he received during his last days."



Darcey is truly inspiring and we're thankful for her fantastic fundraising efforts. These funds will help us continue to improve patient experience and it is such a morale boost for our staff."

Daisy Rosser
Critical Care Ward Manager



Choice in Childbirth

My Charity is committed to supporting the Trust to provide excellent care, every time, for every mother and baby across its maternity wards.



Total spend

£41,652

Birthing Pool Suite, Maternity Service,
Royal Sussex County Hospital



Our midwives listen to, and value the choices of, pregnant people - ensuring the Trust's Patient First strategy is adhered to in decision making. Providing choice as part of a patient's birthing plan is vital and the charity is pleased to have helped improve this pathway for expectant mothers with the installation of a new birthing pool at Royal Sussex County Hospital.

Water births are becoming increasingly common in the UK, with approximately 10% of mothers opting to deliver in a birthing pool each year. Water is a proven natural pain reliever; immersion in warm water during childbirth supports buoyancy, easing pressure on the spine and pelvis. This, in turn, reduces the need for stronger forms of pain relief during labour for many patients. What's more, the National Institute for Health and Care Excellence emphasises the importance of availability of birthing pools on maternity units.

With no birthing pool at Royal Sussex County Hospital, choice was being limited for patients in this area. It was crucial that expectant mothers in Brighton and Hove be offered equal opportunities for their deliveries as others across the country. In partnership with the Dervia Foundation, My Charity was able to support this need into fruition by funding a brand-new birthing pool, as well as a newly installed floor suitable for water births and LED lighting and Bluetooth speakers.

The contemporary room provides a calming environment and positive experience of childbirth.

Rebecca Elms, Head of Midwifery, said: "We are so pleased that more women in the area are now able to consider a waterbirth as part of their birthing plans. The state-of-the-art room opened in February 2025 and we've already had 39 women utilise and birth in the pool."

Leah recently gave birth to her first baby, using the birthing pool in her delivery journey.

The new mum shared:



My labour was long and challenging, but the relief when the time came to use the pool was incredible. I felt relaxed, light and free to move around, which had felt impossible before. It was amazing pain relief in a calming atmosphere. My mood was instantly lifted."

Changing Breast Cancer Care for the Better

Advancements in medical technology have been saving lives in recent years. It is evident that introducing new technology across the NHS is of vital importance to the UK health and care system.



Total spend

£147,000

Savi Scout Consoles, Breast Care Services, Cross-Site

The charity is proud to have continued its ongoing commitment to advancing healthcare in Sussex this year, helping to ensure the University Hospitals Sussex NHS Foundation Trust is at the forefront of pioneering advances in UK healthcare.

My Charity has funded seven Savi Scout consoles, a new radar localisation technology used in breast cancer surgery, for use across multiple sites. Most patients diagnosed with breast cancer require a localisation procedure prior to surgery, which identifies the cancerous lesion, allowing the breast surgeons to accurately target and remove the correct tissue in theatre. The new equipment makes local excisions for early-stage breast cancer easier by pinpointing tumours for more precise removal and more successful outcomes. It provides a consistent clinical performance with non-radioactive and non-magnetic technology, improving comfort for patients compared to the traditional wire localisation.



Breast cancer is the most common cancer in women in the UK, with approximately 55,000 people diagnosed annually. The introduction of this technology at our Trust will improve the experience for diagnosis for the eligible screening population of 250,000 women in Sussex.



We've already started to see the impact of the Savi Scout on our patients. Being able to support women to experience not only less discomfort but also optimise cosmetic results for them is so important, and that is exactly what this new equipment enables us to do.

As we continue to utilise the new technology, we hope to see lower re-excision and migration rates, as well as fewer interventional procedures. An outcome that is immeasurable for our patients."

Geraldine Ncube
Lead Advanced Practitioner - Mammographer

A Haven for Heroes

My Charity has the wellbeing of everyone who comes through the doors of our hospitals at its heart. Whether patients, visitors or staff, we are here to make their day better.



Bid value

£21,522

Staff Hub, Health, Wellbeing
& Engagement Programme,
St Richard's Hospital

For our dedicated staff, working tirelessly to support their patients, a moment's calm can be difficult to come by during their hectic shifts. The Trust's Health, Wellbeing and Engagement team have been tackling this in recent years by introducing spaces across our hospital sites to provide rare areas of peace and quiet for our NHS heroes. With St Richard's Hospital one of the last to have such a space installed, the team were quick to submit a bid to the charity for funding when a disused room became available on site. We were more than happy to ensure their vision became a reality.

Refurbishment began shortly after and now a serene, tranquil and calming room sits just past the entrance corridor of the hospital - central and easy to locate for all staff. The blue walls, comfortable sofas and enticing refreshments allow individuals to step out of their clinical environment they've been surrounded by all shift to unwind, recharge and refresh in the aptly named 'Staff Oasis.' For recently back to work mothers that wish to continue infant feeding, the room offers an expressing and feeding zone. Relaxing activities such as massages and arts & crafts will be available here on occasion too.



The wellbeing spaces already open at other sites are well used by staff and are having a positive impact on their mental and physical health. It's somewhere to take ten minutes away from work, have a quiet conversation or simply share a cup of tea with a colleague. The charity has helped us demonstrate to our staff that their wellbeing is a priority. It's just one of the ways we can say 'we care, we value and we appreciate you!'

Eloise O'Shea
Health, Wellbeing and Engagement team

In Through the Nose

Each day multiple gastroscopies are performed at Princess Royal Hospital. With improved systems for performing this common procedure now available, the charity is pleased to help ensure patient experience is the best it can be for those undergoing gastroscopy at University Hospitals Sussex.

A gastroscopy is a diagnostic method to check inside your throat, oesophagus and stomach. This could be done for digestive symptoms, treatment of some conditions or to check for cancer.

Conventionally, the standard method has used transoral endoscopy, in which a thin, flexible tube is passed into the patient's mouth, down their throat and into their stomach. This method is invasive, can be sore post-procedure and usually requires sedation with subsequent recovery time.



From increased efficiency due to reduced waiting lists to less apprehensive patients due to it being a more tolerable procedure, the benefits are plenty. The additional transnasal endoscopes are a significant advancement to our service, allowing us to provide the best experience and outcomes for our patients."

Dr Fergus Chedgy
Endoscopy Clinical Lead



Total spend

£255,424

Transnasal Endoscopes, Gastroenterology Directorate, Princess Royal Hospital



Comparatively, the newer method of transnasal endoscopy inserts a tube through the patient's nose. Accuracy has been proven the same as the conventional method, but with numerous benefits. Since the nasal route is less sensitive and the nasal endoscopes much smaller, there is no need for sedation; patients remain awake and alert, eliminating the associated risks. Post-procedure monitoring is not needed, thus patients can resume normal activities immediately.

Most gastroscopy services in the UK are now using transnasal endoscopy as a preferable procedure in the diagnostic pathway. My Charity is thrilled to support the service at Princess Royal Hospital to become one of them.

Looking to the Future

During the reporting period the charity team have worked to develop and assure an all-new three-year strategy that is to be implemented with effect 1 April 2025.

Building upon the success of the charity to date, the new strategy will see work focused on four key priorities. These include:

Brand

Development of the charity brand and corporate character continues with an emphasis on community and the role of the charity as an advocate for the Trust across the county and civil society within. Furthermore, we continue to grow our social media presence and to assert ourselves as a leading healthcare funder of note, evidencing to all the impact of the work we fund and the difference it makes to both patient benefit and staff wellbeing.

Fundraising

The charity will design and delivery a fundraising strategy that whilst focusing on the Capital Appeal for the New Sussex Cancer Centre, also allows the charity to build a wider supporter base that affords year on year growth. This is through the use of fundraising methodologies such as tap to donate machines, face to face fundraising, corporate partnerships - such as the three-year partnership with the children's TV brand, Operation Ouch - special events, legacy giving and more. Central to this fundraising work will be the three charity sub-brands, My Music, My Comedy and My Kidz platforms which allow the charity to engage with audiences that would ordinarily not engage with the Trust and through events that promote and enthuse giving in favour of My Charity.

Grant Making and Funds Assurance

Over the next three years, the charity will deliver a grant making programme that will see more than £13m of funds invested in patient benefit and staff wellbeing initiatives across the seven hospital sites that make up University Hospitals Sussex. This grant making will be digitally led, seismic and impactful, utilising the latest methods for monitoring and evaluation. Independent consultants will be commissioned to evaluate large grants and the findings disseminated across the public domain. This to inform, assure and evidence that supporting the Trust charity can deliver positive outcomes.

Organisational Development

The charity will continue to develop its governance, systems and processes, ensuring organisational resilience and that the charity is able to meet the demands placed upon it by the Trust. Continuing professional development will be central to the growth of the staff team with an emphasis on opportunity - working on projects and workstreams that encourage learning, development and retention.

As the charity readies for growth, accountability to the community it serves - patients and staff - is paramount. We are committed to strengthening our communities by delivering a tangible and meaningful benefit to the people that work on each site, and to those that access care there.



The New Sussex Cancer Centre

The New Sussex Cancer Centre (NSCC), set to open in 2029, represents a monumental leap forward in cancer care for the 2.2 million people it will serve across Sussex.



This state-of-the-art facility, almost five times larger than the current centre, will bring vital services together, offering comprehensive care under one roof - from scans and routine checks to complex treatments and inpatient care, even allowing direct access for patients having acute episodes, bypassing A&E.

To make this vision truly exceptional, My Charity has launched a £7.75m Capital Appeal. This vital fundraising effort will complement government funding, enabling us to invest in groundbreaking initiatives. These include advanced radiotherapy machines with integrated scanning, and digital solutions empowering patients to spend more time at home.

Our appeal is being rolled out in two phases. The initial private phase, informed by extensive philanthropic research, aims to secure 70-80% of the appeal target. This offers individuals, corporations, and trusts & foundations a unique opportunity to make a significant contribution and receive recognition within the new centre, marking their pivotal role in this once-in-a-generation improvement.

The subsequent public phase will invite everyone to participate in shaping the future of cancer care. Through proactive engagement with community groups, schools, businesses, and the wider public, we aim to make the NSCC a true community asset, a source of pride for all of Sussex.

Realising this ambitious project is the core focus of My Charity's new three-year strategy. Leveraging expert guidance and the successful models of other NHS cancer centre appeals, our fundraising infrastructure is fully dedicated to achieving the NSCC Capital Appeal goals. The private phase, commencing in financial year 2025/26, has already garnered significant interest from businesses and individuals across East and West Sussex.

The NSCC represents an opportunity to build an exceptional regional cancer centre for Sussex. Together, through the Capital Appeal, we can make this vision a reality.

Board Directors of the Corporate Trustee

The Board of Directors at University Hospitals Sussex NHS Foundation Trust ensure the charity is supporting the objectives and operating alongside the Trust, complementing its core work.

All new Trustees receive an introduction to the charity explaining their role in its operation. Those directly involved with the Charitable Funds Committee may receive additional specific training if required.

Non-Executive Directors



Elizabeth Peers
Chair of Charitable
Funds Committee
Term ended 10 May 2024



Wayne Orr
Chair of Charitable
Funds Committee



Prof. Paul Layzell CBE



Philip Hogan



Prof. Jackie Cassell



Lucy Bloem



David Curley



Bindesh Shah



Prof. Malcolm Reed
Term ended 31 Jul 2024



Prof. Gordon Ferns
Term from 1 Aug 2024

Executive Directors



Alan McCarthy MBE DL
Trust Chair
Term ended 30 Jun 2024



Philipa Slinger
Trust Chair
Term from 1 Jul 2024



Dr George Findlay
Chief Executive



Dr Andy Heeps
Deputy Chief Executive and
Chief Operating Officer



Jonathan Reid
Chief Financial Officer
Term from 1 Nov 2024



Dr Maggie Davies
Chief Nurse



Professor Katie Urch
Chief Medical Officer



David Grantham
Chief People Officer



Darren Grayson
Chief Governance Officer
Term ended 31 Jan 2025



Roxanne Smith
Chief Strategy Officer



Sandi Drewett
Chief Culture and
Organisational
Development Officer



Karen Geoghegan
Chief Financial Officer
Term ended 19 May 2024



Nigel Kee
Chief Operating Officer
Term from 10 Mar 2025



Clare Stafford
Interim Chief Financial Officer
Term from 20 May 2024 to 31 Oct 2024

Administration Details and Professional Advisors

Administration

Registered name:

My University Hospitals Sussex

Working names:

My University Hospitals Sussex
My Charity

Registered address:

Worthing Hospital

Lyndhurst Road
Worthing
West Sussex
BN11 2DH

Contact details:

Email: uhsussex.charity@nhs.net
Phone: 01273 664708

Registered charity number:

1050864

Principle professional advisors

Bankers:

NatWest

Government Banking Services Branch
Premier Place
2½ Devonshire Square
London
EC2M 4BA

Investment fund managers:

Atomos Investment Ltd

Pacific House
126 Dyke Road
Brighton
East Sussex
BN1 3TE

Auditors:

Kreston Reeves LLP

9 Donnington Park
85 Birdham Road
Chichester
West Sussex
PO20 7AJ

Solicitors:

Capsticks Solicitors LLP

1 St George's Road
Wimbledon
London
SW19 4DR

Structure, Governance and Management

Overview

The Charitable Funds are registered with the Charity Commission (no. 1050864) in accordance with the Charities Act 2011.

My University Hospitals Sussex is registered as an umbrella charity, the governing document being a trust deed dated 8 September 1995 as amended by Statutory Instrument 2003/866.

The charity is constituted of 49 individual funds as at 31 March 2025 (2024: 52) and the notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006 and these funds are held on trust by the corporate body.

Corporate Trustee

University Hospitals Sussex NHS Foundation Trust acted in the capacity as Corporate Trustee of the Charitable Funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

Management of Funds

My University Hospitals Sussex is governed by a Trust deed. The Corporate Trustee is the Trust Board of University Hospitals Sussex NHS Foundation Trust.

The Trust Board, whilst retaining overall responsibility for the management of the funds in its capacity as Corporate Trustee, delegates responsibility to the Charitable Funds Committee. The day to day management is provided by the Charity Director and individual fund managers.

The Trust Board of the Corporate Trustee comprises Executive and Non-Executive members. Non-Executive members of the Board are appointed by the NHS Appointments Commission and Executive members of the Board are subject to recruitment by the Trust Board of University Hospitals Sussex NHS Foundation Trust.

The Corporate Trustee fulfils its legal duty by ensuring that funds are spent in accordance with the objectives of each fund. By designating funds the Corporate Trustee respects the wishes of donors to benefit patient care and advance good health and welfare of patients, carers and staff.

The Financial Accounts Department of University Hospitals Sussex NHS Foundation Trust, which is located in Brighton General Hospital, Elm Grove, Brighton BN2 3EW, is responsible for the day to day financial management and accounting for the charitable funds during the year.

Structure and Governance

The Charity is considered to be a subsidiary for accounting purposes of University Hospitals Sussex NHS Foundation Trust ("Trust"), an organisation established in the United Kingdom.

The Trust has assessed its relationship to the charitable fund and determined it to be a subsidiary because the Trust is exposed to, or has rights to, variable returns and other benefits for itself, patients and staff from its involvement with the charitable fund and has the ability to affect those returns and other benefits through its power over the fund.

The charitable fund's statutory accounts are prepared to 31 March in accordance with the UK Charities Statement of Recommended Practice (SORP) which is based on UK Financial Reporting Standard (FRS) 102. On consolidation, necessary adjustments are made to the charity's assets, liabilities and transactions to:

- Recognise and measure them in accordance with the Trust's accounting policies and
- Eliminate intra-group transactions, balances, gains and losses.

The Trust's principal purpose is to provide healthcare services for patients and service users in England.

Where funds are received which have specific restrictions set by the donor and a suitable fund is not in existence, a new restricted fund is established.

The charity holds four endowment funds which are capital in perpetuity, the income from which may be used for any purpose other than general maintenance of the hospitals.

The charity produces an induction pack for newly appointed members of the Trust Board. This pack provides information about the charity, including the Corporate Trustee's annual report and accounts, budgets, policies and minutes, and information about trusteeship, including Charity Commission booklet CC3, The Essential Trustee.

Structure, Governance and Management

Risk Management

The major risk to which the Charity is exposed is the possible losses from a fall in the value of the investments and the level of reserves available to mitigate the impact of such losses.

The value of the investments is regularly monitored with the assistance of the Charity's investment advisers and there are procedures in place to ensure that both spending and firm financial commitments remain in line with income.

Objectives and Activities

The principal objective of the charity is for any charitable purpose relating to the NHS wholly or mainly for the services provided by University Hospitals Sussex NHS Foundation Trust.

During the year the funds continued to support a wide range of health-related activities benefiting both patients and staff. In general, they are used to purchase additional goods and services that the NHS is unable to provide, for example, needed medical equipment. The funds also enable consultants and other medical staff to attend training courses not funded by the NHS. Specific research is also funded. The Corporate Trustee confirms that the activities undertaken and planned future activities are in accordance with the Charity Commission's guidance on public benefit and the charity's legal purpose.

Financial Review

The principal funding of the charity is from donations and legacies which generated income of £2,244,000 compared to £1,676,000 in 2024. Investment income was £492,000 (2024: £539,000) giving total income of £2,736,000 (2024: £2,215,000). Expenditure on raising funds was £330,000 (2024: £275,000) and expenditure on charitable activities was £4,337,000 (2024: £5,081,000). After loss on investments of £34,000 (2024: gain of £354,000) the net expenditure for the year was £1,965,000 (2024: £2,787,000).

Reserves Policy

Under SORP 2019, charitable reserves are identified as income which becomes available to the Charity and is to be spent at the Trustee's discretion in furtherance of any of the Charity's objectives, but which is not yet spent, committed or designated.

The definition of 'reserves' should exclude:

- Endowment funds
- Restricted funds
- Designated funds.

The majority of the income is classified as designated funds, for the benefit of hospital sites, divisions or individual departments.

Each department is expected to have an expenditure plan, which is updated regularly. The funds are closely and regularly monitored, ensuring they are spent within a reasonable period of time. In line with the Charity Commission's guidance, a separate Reserves Policy is not required for designated funds. The policy of the Trustee is to spend these monies in accordance with the plans of expenditure as quickly as possible, unless there is a need to save monies for a major purchase.

Unrestricted and undesignated funds allow much more flexibility, and these funds enable the charity to support the Trust's strategic aims. Where possible, fund raising encourages generic giving.

The Trustee reviews the balance of funds on a regular basis. Fund balances as at 31 March 2025 were:

Endowment funds	£471,000
Restricted funds	£900,000
Designated funds	£7,217,000
Free unrestricted general funds	£2,565,000
Total Funds as at 31 March 2025	£11,153,000

The Reserves Policy is to hold minimum reserves equivalent to six months operational expenses which are expected to be in the region of £749,000. At 31 March 2025 this gives an excess of £1,816,000 above minimum reserves, which provides a buffer in the event of a future drop in income.

Statement of Trustee's Responsibility

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales/ Northern Ireland requires the trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the trustee is required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP 2019 (FRS 102)
- Make judgements and estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Investment Policy

The charity manages its investments risks by retaining expert advisors and operating an investment policy that provides for a high degree of diversification of holdings within investment asset classes. The investment portfolio is managed on a full discretionary basis by Atomos Investments Limited who acts as the Trustee's nominee.

The Trustee's overall investment objective is to maintain capital in real terms and maximise income. The charity does not make use of derivatives and similar complex financial instruments and it is the Trustee's policy that no direct investment shall be made in tobacco related shares, in companies listed under alcoholic beverages or anything which does not comply with the aims and ideals of the NHS.

Whilst the charity absolutely aims to spend accumulated funds as quickly as possible in line with the priority of the Trust, where plans take longer to mature the charity always looks to invest funds wisely.

Grant-making Policy

Grants are made from the charity's funds for divisions, sites and departments. These funds are overseen by Fund Managers who make recommendations on how to spend the money within their area, within the terms of the donation and the fund. Where expenditure is to be funded by a capital grant, the Fund Managers' recommendations are subject to a full business case and approval by Trust committees (Capital Investment Group and the Medical Equipment Management Group).

Confirmation to Auditors

The Trustee confirms that they have taken steps that they ought to have taken to make them self aware of any information needed by the Charity's auditor for the purposes of their audit and to establish that the auditor is aware of that information. The Trustee is not aware of any other information of which the auditor should be aware.

Approved by the Trustee and signed on their behalf by:

Signed

Jonathan Reid

Jonathan Reid

Chief Financial Officer

Dated 25 June 2025

Independent Auditor's Report to the Trustee of My University Hospitals Sussex

Opinion

We have audited the financial statements of My University Hospitals Sussex for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- Give a true and fair view of the state of the charity's affairs as at 31 March 2025, and of its incoming resources and application of resources, for the year then ended;
- Have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- Have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for Opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions Relating to Going Concern

In auditing the financial statements, we have concluded that the Trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue. Our responsibilities and the responsibilities of the Trustee with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the Trustee's annual report, other than the financial statements and our auditor's report thereon. The Trustee is responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are Required to Report by Exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2011 require us to report to you if, in our opinion:

- The information given in the financial statements is inconsistent in any material respect with the Trustee's report; or
- Sufficient accounting records have not been kept; or
- The financial statements are not in agreement with the accounting records; or
- We have not received all the information and explanations we require for our audit.

Independent Auditor's Report

To the Trustee of My University Hospitals Sussex

Responsibilities of Trustee

As explained more fully in the Trustee's responsibilities statement, the Trustee is responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the Trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustee either intends to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

Capability of the Audit in Detecting Irregularities, including Fraud

Based on our understanding of the charity and industry, and through discussion with the Trustee and other management (as required by auditing standards), we identified that the principal risks of non-compliance with laws and regulations related to health and safety and anti-bribery. We considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities Act 2011 and Charities Statement of Recommended Practice (FRS 102) 2019. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks were related to posting inappropriate journal entries to increase revenue or reduce expenditure and management bias in accounting estimates and judgemental areas of the financial statements.

Audit procedures performed by the engagement team included:

- Discussions with management and assessment of known or suspected instances of non-compliance with laws and regulations and fraud; and
- Identifying and assessing the design effectiveness of controls that management has in place to prevent and detect fraud; and
- Challenging assumptions and judgements made by management in its significant accounting estimates; and
- Confirmation of related parties with management, and review of transactions throughout the period to identify any previously undisclosed transactions with related parties outside the normal course of business; and
- Reading minutes of meetings of those charged with governance; and
- Review of significant and unusual transactions and evaluation of the underlying financial rationale supporting the transactions.

Independent Auditor's Report

To the Trustee of My University Hospitals Sussex

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Trustee.
- Conclude on the appropriateness of the Trustee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (i.e. gives a true and fair view).

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our Report

This report is made solely to the charity's Trustee, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's Trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's Trustee as a body, for our audit work, for this report, or for the opinions we have formed.

Signed



Kreston Reeves LLP

Chartered Accountants
Statutory Auditor
Chichester

Dated 25 June 2025

Kreston Reeves LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

Statement of Financial Activities

Year ending 31 March 2025

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2025 £'000	Total Funds 2024 £'000
Income from:						
Donations, legacies and other income	2	2,237	7	-	2,244	1,676
Investment income	3	492	-	-	492	539
Total Income		2,729	7	-	2,736	2,215
Expenditure on:						
Raising Funds	4	-330	-	-	-330	-275
Charitable activities:						
Patient welfare	5	-1,184	-332	-	-1,516	-1,038
Staff education and welfare	5	-835	-18	-	-853	-1,154
Misc	5	-37	-	-	-37	-54
Capital Grants	10	-1,917	-14	-	-1,931	-2,835
Total charitable activities		-3,973	-364	-	-4,337	-5,081
Total expenditure		-4,303	-364	-	-4,667	-5,356
Net gains/(losses) on investments	11	-34	-	-	-34	354
Net income/(expenditure)		-1,608	-357	-	-1,965	-2,787
RECONCILIATION OF FUNDS						
Net income/(expenditure)		-1,608	-357	-	-1,965	-2,787
Transfer between funds		-	-	-	-	-
Net movement in funds		-1,608	-357	-	-1,965	-2,787
Total funds brought forward		11,390	1,257	471	13,118	15,905
Total funds carried forward		9,782	900	471	11,153	13,118

Statement of Financial Position

As at 31 March 2025

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2025 £'000	Total Funds 2024 £'000
Fixed Assets						
Investments	11	9,139	900	471	10,510	12,002
Total Fixed Assets		9,139	900	471	10,510	12,002
Current Assets						
Debtors	12	1,023	-	-	1,023	537
Cash at bank and in hand	13	7	-	-	7	1,514
Total Current Assets		1,030	-	-	1,030	2,051
Current Liabilities						
Amounts falling due within one year	14	-387	-	-	-387	-935
Total Current Liabilities		-387	-	-	-387	-935
Net Current Assets/(Liabilities)		643	-	-	643	1,116
Net Assets		9,782	900	471	11,153	13,118
The funds of the charity:						
Restricted funds	15		900		900	1,257
Endowment	15			471	471	471
Unrestricted Funds	15	9,782			9,782	11,390
Total Charity funds		9,782	900	471	11,153	13,118

The notes at pages 23 to 29 form part of these accounts.

The financial statements were approved by the Trustee and authorised for issue on and signed on their behalf by:

Signed



Wayne Orr

Chair of Charitable Funds Committee

Dated 25 June 2025

Statement of Cash Flows

Year ending 31 March 2025

	Notes	Total 2025 £'000	Total 2024 £'000
Reconciliation of net income/(expenditure) to net cash flow from operating activities			
Net Income/(expenditure) as per the Statement of Financial Activities		-1,965	-2,787
(Deduct)/Add back: Non cash movement on investments	11	34	-354
Deduct: Investment income		-492	-539
(Increase)/Decrease in Trade and Other Receivables		-487	-224
(Decrease)/Increase in Trade and Other Payables		-547	-971
Net cash provided by (used in) operating activities		-3,457	-4,875
Cash Flows from Investing Activities			
Investment Income from investments		492	539
Net Cash provided by Investing Activities		492	539
Cash Flows from Financing Activities			
Net Cash movement on Investments	11	1,458	4,193
Net Cash generating from financing activities		1,458	4,193
Change in cash and cash equivalents in the reporting period		-1,507	-143
Cash and Cash Equivalents at Beginning of the Period		1,514	1,657
Cash and Cash Equivalents at year end	13	7	1,514

Analysis of Changes in Net Debt

	At 1 April 2024	Cash flows	At 31 March 2025
Cash and cash equivalents	1,514	-1,507	7
Debt	-	-	-
Net cash/(debt)	1,514	-1,507	7

Notes to the Financial Statements

As at 31 March 2025

1. Accounting Policies

Basis of preparing the financial statements The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

The accounts are prepared on a going concern basis after consideration by the Corporate Trustee that there are no material uncertainties about the Charity's ability to continue as a going concern. Such consideration includes a review of committed income and expenditures, cash flows and reserves. The Corporate Trustee does not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

The accounts are prepared in GBP and rounded to the nearest £1,000.

Changes in accounting policies

There has been no change in the basis of accounting for the year.

Income and endowments

All income and endowments, including legacies, are recognised in line with FRS 102 and this is based upon the Charity having a recognised legal entitlement to the income. It is probable that the income will be received and that the income can be measured with sufficient reliability.

Donated income recorded in the accounts is solely that which has been receipted via the cashier's office or credited directly into the Charity bank account by the donor.

Expenditure

Expenditure is recognised when a liability is incurred.

Grants are only made to related NHS bodies and non NHS bodies in the furtherance of charitable activities.

Cost of generating funds

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading. Corporate Trustee is free to use for any purpose in furtherance of the charitable objectives.

Expenditure on charitable activities

Costs of charitable activities comprise all costs incurred in pursuit of the objects of the charity, including education and training and grant support to University Hospitals Sussex NHS Foundation Trust in support of a range of charitable activities.

Allocation and apportionment of costs

Overhead and support costs have been allocated to the Unrestricted funds.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Funds structure

The funds are classified in the accounts in three categories, Restricted, Unrestricted and Endowment Funds.

Restricted Funds are funds which are to be used in accordance with specific restrictions imposed by the donor and/or the Corporate Trustee at the inception of the fund. of the charitable objectives.

Unrestricted funds include designated funds which are not legally restricted but which the Corporate Trustee has chosen to earmark for set purposes.

Endowment funds are funds where the capital is held in perpetuity to generate income for charitable purposes and cannot itself be spent. The income earned on these funds will be categorised as restricted or unrestricted according to the restrictions imposed by the donor.

Realised gain and losses

All gains and losses are taken to the Statement of Financial Activities at the year end. Realised gains and losses on investments are calculated as the difference between sale proceeds and book cost. Unrealised gains and losses are calculated as the difference between the market value at the year end and the opening market value (or purchase if later).

Notes to the Financial Statements

As at 31 March 2025

2. Donations, legacies and other income

	Unrestricted Funds	Restricted Funds	Endowment Funds	Total Funds 2025	Total Funds 2024
	£'000	£'000	£'000	£'000	£'000
Donations	531	7	-	538	597
Legacies	1,700	-	-	1,700	1,070
Other income	6	-	-	6	9
Total donations, legacies and other income	2,237	7	-	2,244	1,676

3. Investment income

	Unrestricted Funds	Restricted Funds	Endowment Funds	Total Funds 2025	Total Funds 2024
	£'000	£'000	£'000	£'000	£'000
Fixed asset equity and similar investments	492	-	-	492	539
Total investment income	492	-	-	492	539

4. Analysis of expenditure on raising funds

	Unrestricted Funds	Restricted Funds	Endowment Funds	Total Funds 2025	Total Funds 2024
	£'000	£'000	£'000	£'000	£'000
Fund raising events	-11	-	-	-11	-61
Support costs	-291	-	-	-291	-197
Other costs	-28	-	-	-28	-17
Total	-330	-	-	-330	-275

5. Charitable activities and support costs

Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding in both the current and prior year. Of the Grants made, £168k was from Restricted Funds (2024: £128k). Grants were approved in favour of UH Sussex for the benefit of patients and staff.

Charitable Activities

	Notes	Grant funded activity	Support Costs	Total Funds 2025	Total Funds 2024
		£'000	£'000	£'000	£'000
Patient welfare		-1,230	-286	-1,516	-1,038
Staff education and welfare		-692	-161	-853	-1,154
Misc		-30	-7	-37	-54
Capital Grants	10	-1,568	-363	-1,931	-2,835
Totals		-3,520	-817	-4,337	-5,081

Administrative expenses

Administrative expenses are the costs of the team employed by UH Sussex to manage the Charity. Governance costs are also included here and are those costs which are related to the strategic management of a charity. Costs are allocated between raising funds and support costs on the basis shown below.

	Fund Raising Costs	Support Costs	Total 2025	Total 2024	
	£'000	£'000	£'000	£'000	
External audit	-	-23	-23	-22	Direct allocation
Investment costs	-	-56	-56	-61	Direct allocation
Governance	-	-79	-79	-83	
Finance administration	-	-162	-162	-162	Time (%)
Charity office	-291	-576	-867	-683	Time (%)
Total	-291	-817	-1,108	-928	

Notes to the Financial Statements

As at 31 March 2025

6. Analysis of staff costs and remuneration of key management personnel

The charity does not employ staff so there are no employee benefits or remuneration costs. The Charity team and the Finance staff are employees of UH Sussex, and their costs are recharged to the charity and are included within the Administrative expenses in Note 5. Employment costs such as Employers National Insurance or Pensions, are included in the recharged amount and the charity will not have liabilities of this nature.

The average head count during the year was 13 (11 in 2024) and the average number of full time equivalent employees during the year was 12 (11 in 2024).

The employees were involved in fund raising and providing support services to charitable activities.

One Trust employee received benefits of more than £60,000 which fell in the banding £110,000-£120,000 (2024: £90,000-£100,000) and a second Trust employee received benefits which fell into the banding £60,000-£70,000 in the current year.

The charity considers the members of the Board of Directors of UH Sussex (the corporate trustee) to be its key management personnel. Their services are provided at no cost to the charity.

7. Auditor's remuneration

The Auditor's remuneration for the current year audit is at £18,900 net of VAT (£18,000 net of VAT in 2024). The amount included within the Governance costs is the gross value of £22,680 (£21,600 in 2024).

8. Role of volunteers

Volunteers add significant benefit to the charity, without them we would not be able to deliver the breadth of support for the trust that we do. Like all charities, the charity is reliant on a team of volunteers to assist in the running of the charity. Our volunteers perform the following roles:

- **Fundholders** - Staff who manage how the charity's designated funds should be spent. These funds are earmarked by the trustees to be spent for a particular purpose or in a particular ward or department. Each fundholder has delegated powers to spend the designated funds that they manage in accordance with the Trustee's wishes.
- **Fundraisers** - There are a number of local individuals who actively fundraise for the charity by holding events such as coffee mornings, sponsored walk/runs, collection tins, fundraising BBQ's, etc..

9. Trustee's remuneration, benefits and expenses

The Board of Directors of UH Sussex act as the corporate trustee of the charity. As stated in Note 6 their services are provided at no cost to the charity.

10. Capital Grants

All grants are made to UH Sussex to provide for the care of NHS patients and for the education and welfare of its staff. The Corporate Trustee operates a scheme of delegation, through which a grant funded activity is managed by fundholders responsible for the day to day administration of their funds. The Charity does not make grants to individuals. The Capital grants received by the beneficiary were as follows:

	Total 2025 £'000
Transnasal Endoscopes	255
Savi Scout Localisation	147
Care Cube - Real Time Digital Workflow	141
Trust-wide Cycling Facilities	130
Simulation Suite Equipment	107
Endoscopy Monitors	96
Birthing Pools	83
Echolaser TRA Treatment	72
Remote Patient Reported Outcomes Monitoring	48
B-Scan ophthalmic imaging devices	39
St. Richard's Macmillan Hub works	37
Sussex Rehab Centre Patient Kitchen	36
Cut-up Bench	35
Patient Monitors - Major Trauma	29
Dental Chair	28
Philips Azurion TSM-PRO Tablet	26
Gynaecology Examination Chair	20
Wellbeing Hub works	22
Cold Cap	16
Diamond Band Saw	15
X-Ray Imaging Chair	15
Paxman Cold Cap Machine	14
Refurbishment of rest facilities	13
Radiotherapy Limbs Plate	13
Maple Suite works	12
Kitchen Storage Unit	12
Video Head Impulse Test	12
Cardiac Monitors	11
Other items <£10,000	84
Total Capital Grants	1,568

Notes to the Financial Statements

As at 31 March 2025

11. Fixed Asset Investments

Movement in fixed asset investment	Unrestricted Funds £000s	Restricted Funds £000s	Endowment Funds £'000	Total Funds 2025 £000s	Total Funds 2024 £000s
Market value brought forward	10,274	1,257	471	12,002	15,841
Net movement	-1,135	-357	-	-1,492	-3,839
Market value as at 31 March	9,139	900	471	10,510	12,002

Fixed asset investment by type	Total 2025 £000s	Total 2024 £000s
Fixed Interest Funds	8,541	9,355
Equities	1,721	1,645
Unit/Investment Trust	-	-
Cash held for reinvestment	248	1,002
Total	10,510	12,002

All investments are carried at their fair value.

Analysis of current year movement	Total 2025 £000s
Income receipts (dividends and interest)	518
Payment of Investment Management Fees	-61
Funds paid over to Charity	-1,915
Net cash movement on Investments	-1,458
Non cash movement on investments - Unrealised loss	-34
Total net movement	-1,492

12. Analysis of current debtors

	2025 Total £'000	2024 Total £'000
Accrued income	992	533
Prepayments	31	4
Total debtors under 1 year	1,023	537

There are no debtors owing that are more than 1 year.

13. Analysis of cash and cash equivalents

	2025 Total £'000	2024 Total £'000
Cash held at bank	7	1,514
Total cash and cash equivalents	7	1,514

14. Analysis of liabilities

	2025 Total £'000	2024 Total £'000
Creditors - intercompany balance owed to UH Sussex	-275	-753
Accruals	-112	-182
Total creditors under 1 year	-387	-935

There are no creditors falling due after more than 1 year.

Notes to the Financial Statements

As at 31 March 2025

15. Analysis of charitable funds

	Balance at 1 April 2024 £'000	Income £'000	Expenditure £'000	Transfers £'000	(Gains) and losses £'000	Balance at 31 March 2025 £'000
Material funds						
Restricted funds						
PGMC Education Fund	665	-	-110	-	-	555
Library Endowment fund	418	-	-166	-	-	252
Fernhurst Appeal	65	7	-27	-	-	45
NHS Charities Together	109	-	-61	-	-	48
Total Restricted Funds	1,257	7	-364	-	-	900
Endowment Funds						
Miss Hannington	401	-	-	-	-	401
Other Funds	70	-	-	-	-	70
Total Endowment Funds	471	-	-	-	-	471
Unrestricted Funds						
Designated Funds						
Cancer Funds	2,118	587	-942	13	-	1,776
Specialist Services	4,230	132	-780	-52	-	3,530
Other Funds	1,451	465	-959	954	-	1,911
Total Designated Funds	7,799	1,184	-2,681	915	-	7,217
General Funds	3,591	1,545	-1,622	-915	-34	2,565
Total Unrestricted Funds	11,390	2,729	-4,303	-	-34	9,782
Grand Total	13,118	2,736	-4,667	-	-34	11,153

Details of Material funds held at 31 March 2025

Following the group reconstruction in 2023, the Trustees reorganised funds around Trust divisions and site specific Funds. This resulted in transfers within Unrestricted Funds, but no transfers were made within Restricted or Endowment Funds.

Fund type	Name	Description of the nature and purpose of each fund
Restricted funds	PGMC Education Fund	Support Post graduate medical and dental training
	Library Endowment fund	Development of library services
	Fernhurst Appeal	To provide and maintain a Cancer Day Unit at the Trust
Endowment	Miss Hannington	Capital in Perpetuity
Designated funds	Cancer Funds	For the benefit of Cancer patients and staff
	Specialist Services	For the benefit of Specialist Services patients and staff including Cardiovascular
	General Funds	For the general benefit of patients and staff in the hospitals

Notes to the Financial Statements

As at 31 March 2025

16. Commitments, liabilities and provisions

The Trustee recognises liabilities in the accounts once they have incurred a legal or constructive obligation to expend the funds. No provision has been included in this set of accounts as no such circumstances existed at the year end.

17. Contingencies

There were no contingent gains, losses, assets or liabilities.

18. Controlling party

The Board of Directors of University Hospitals Sussex NHS Foundation Trust (formerly WSHFT) act as the corporate trustee of the charity, the ultimate controlling party.

With effect from 1 April 2021 the Board of Directors of University Hospitals Sussex NHS Foundation Trust (UH Sussex) act as the corporate trustee of My University Hospitals Sussex (registered charity no. 1050864).

19. Related Party Transactions

The Board of Directors of UH Sussex acts as the corporate trustee for the charity.

None of the members of UH Sussex's Board of Directors or parties related to them has undertaken any transactions with the charity or received any benefit from the charity in payment or in kind. These directors received no honoraria or emoluments in the year. No expenses have been paid by the charity to these directors.

UH Sussex makes a number of clerical and transaction services available to the charity, by agreement with the trustee. These include fundraising, administrative and finance support services at a cost of £1,029k in 2025 (£845k in 2024).

These costs are included within support costs - see Note 5. University Hospitals Sussex NHS Foundation Trust is the main creditor of the charity - see Note 14.

20. Post Balance Sheet Events

There were no Post Balance Sheet Events to report.

Statement of Financial Activities

As at 31 March 2024

21. Comparatives for the statement of financial activities (31 March 2024)

	Notes	Unrestricted Funds £'000	Restricted Funds £'000	Endowment Funds £'000	Total Funds 2024 £'000
Income from					
Donations, legacies and other income	2	1,641	35	-	1,676
Investment income	3	539	-	-	539
Total Income		2,180	35	-	2,215
Expenditure on					
Raising Funds		-275	-	-	-275
Charitable activities					
Patient welfare		-990	-48	-	-1,038
Staff education and welfare		-1,122	-32	-	-1,154
Misc		-51	-3	-	-54
Capital Grants		-2,790	-45	-	-2,835
Total charitable activities		-4,953	-128	-	-5,081
Total expenditure		-5,228	-128	-	-5,356
Net gains/(losses) on investments	11	354	-	-	354
Net income/(expenditure)		-2,694	-93	-	-2,787
RECONCILIATION OF FUNDS					
Net income/(expenditure)		-2,694	-93	-	-2,787
Transfer between funds		-	-	-	-
Net movement in funds		-2,694	-93	-	-2,787
Total funds brought forward		14,084	1,350	471	15,905
Total funds carried forward		11,390	1,257	471	13,118

My Charity

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