

Sahara Project (Preston) Limited

Registered Charity Number: 1050142

Companies House Registration No; 02967577

Accounts 1/4/23 to 31/3/24

Sahara Project (Preston) Limited

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Legal and administrative information

Constitution

Sahara Project (Preston) Limited is a company limited by guarantee and a registered charity governed by its memorandum and articles of association.

Directors and trustees

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as trustees.

Directors/Trustees	Shamim Rehman	Chair
	Jackie Flynn	Treasurer
	Riffat Batool	Company Secretary
	Riaz Begum	
	Linda Kenyon	

Manager	Zafar Coupland
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Company number	02967577
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Registered Charity Number	1050142
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Accountants	Mrs Bina Shukla (ACPA)
	BBS4Tax Limited
	37 Hesketh Road
	Southport
	Merseyside
	PR9 9PB

Business address	48 Fishwick Parade
	Preston
	Lancashire
	PR1 4XQ

Bankers	Virgin Money
	44 Fishergate
	Preston

Solicitors	Naphthans LLP
	7 Winckley Sq
	Preston

Sahara Project (Preston) Limited

Report of the Trustees for the Year 23-24

The Trustees present their report and financial statements for the year to 31/3/24. The Trustees who served during the year and up to the date of the report are set out on Page 1

Governing Document

The Sahara Project (Preston) Ltd is constituted as a registered charity and is governed by a Memorandum and Articles of Association

It is also a company limited by guarantee and is registered with Companies House

Charitable Objectives

See the Trustees Report for detail pertaining to this

Statement of Trustees responsibilities

The trustees are responsible for preparing the financial statements in accordance with the controls, financial or otherwise. They are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The financial statements are prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and in accordance with the Financial Reporting Standard for Small Entities (effective January 2015)

The trustees of the company must, in determining how amounts are presented within items in the statement of financial activities and balance sheet, have regard to the substance of the reported transaction or arrangement, in accordance with generally accepted accounting principles and practices

TRUSTEES REPORT

The Trustees, who are also directors of the charity for the purposes of the Companies Act, present their report and the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

The financial statements, have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

Structure, governance and management

Governing document

The company was incorporated on 14 September 1994 and is governed by a Memorandum and Articles of Association.

Status

The charity is registered with the Charity Commission and is also a Company Limited by Guarantee but does not have a share capital. The liability of the members is limited. Every member of the company undertakes to contribute to the assets of the company if it is wound up whilst she is a member or within one year after she ceased to be a member, such as amounts as may be required not exceeding one pound.

Organisation of the charity

All the directors of the company are also trustees of the charity and form the Management Board. The day-to-day management is carried out by the Sahara Manager. The short-term nature of funding for the voluntary sector means that some staff appointments have to be on a temporary basis, with contract periods of one to three years.

Directors/trustees

The directors and trustees listed on page 1 served during the year. The existing trustees accept the obligation to fully inform a new trustee of the duties and responsibilities of the charity trustees by providing the new trustee with copies of the governing instrument, minutes of previous meetings of the trustees, recent annual accounts of the charity and the relevant charity commission publication relating to the responsibilities of trustees.

Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future objectives.

Objectives and activities

The main aims and objectives of Sahara are;

- To preserve and protect the health and well-being of minority ethnic women in Preston, in particular those of Asian, Arabic, African and Caribbean heritage.
- To support and alleviate the social and economic problems created by high levels of unemployment, poverty, poor housing and social deprivation by offering a secure and comfortable place to turn to for help and advice
- To promote equality of opportunity and to oppose discrimination on the grounds of race, gender, religion, culture, and disability.

Sahara is a women's only organisation which supports and assists women in culturally and linguistically sensitive way. Sahara is proud to be able to provide targeted support to Black and Minority Ethnic (BME) Women. We are unique in that we take an holistic approach and help women to overcome a wide range of interlinked problems. For example, mental health problems and a lack of confidence, may be rooted in a woman having been the victim of domestic violence for over 20 years. Many of our users need months of dedicated support to be able to 'move on' and overcome their difficulties.

Our work with other Agencies allows specialist advice about immigration, employment, education, domestic abuse and discrimination to be provided. We believe that the quality of society is rooted in the knowledge, attitudes, skills and abilities of those who are members of communities. With appropriate support, we enable our service users to overcome the many difficulties they face and become positive members of cohesive and sustainable communities.

We seek to achieve our objectives, by, offering a free confidential support service for women, providing advice, information, counselling, and advocacy covering a wide range of problems and issues; provide support to those wishing to enter the job market, by working with DWP, Employers and other voluntary organisation, provide volunteering opportunities; social activities run Netball and Football classes for Asian young women, hold conferences and seminars on health and other issues; and in conjunction with education and learning providers, offer a wide range of vocational and non-vocational courses.

We are also a designated centre for the reporting of Hate Crime.

Review of the charity's activities

Sahara continued to provide core activities for minority ethnic women to develop skills and experiences to enable them to move towards active citizenship within the Preston area. We also assisted women from Lancaster, Blackpool, Leyland and Chorley, where organisations like Sahara, do not exist. In recent times the challenges we have faced are a substantial increase in the women needing help because of the rise in the incidents of domestic violence and the cost of living crisis which has particularly affected women living in areas of high social deprivation.

Services provided

Sahara runs a number of Projects to support BME women and help them overcome problems they are facing. We employ bilingual staff to ensure we provide effective support to all our beneficiaries regardless of their language skills. Feedback from women indicates that the ability of our staff to communicate with them in their mother tongue is an invaluable support.

We provide advice on a wide range of issues, especially related to domestic abuse in all its forms. Our work with victims of abuse include advice on immigration status, housing, benefits, and a woman's rights in relation to children and family property. A self-help group meets regularly for women to come together and support each other. Counselling is provided to help women overcome the trauma of the abuse they have suffered. Women are also encouraged to make use of our employment services, so that over time they can become financially independent and have control over their lives. Other areas we frequently provide advice on are debt management, school places and appeals process, and dealing with formal letters from statutory organisations. Since 2021, we have been involved in distributing food parcels for those living in extreme poverty. This work is increasingly becoming a vital service for our beneficiaries and their families. We work closely with other service providers and in particular the NHS promoting their health and well-being initiatives.

We run a Job Club where women can learn how to search for jobs, complete online application forms, prepare CVs, prepare for interviews and understand the requirements of employers. Local employers kindly support the Job Club, by attending on a two weekly basis to explain the type of jobs found in their organisations.

Job Fairs and Volunteering Fairs are held at regular intervals with local employers and other voluntary organisations in attendance. These gave over five hundred women the opportunity to find out about the range of jobs and volunteering opportunities in the City. By the end of March 2024, one hundred and seventy-one women had obtained jobs as the result of the support provided by Sahara. They now have financial independence and increased status and influence within their families and community and provide a role model for other women. The Job Fairs also provide opportunities for employers to directly meet with job seekers and explain the types of jobs available within their organisations and talk through their current vacancies. We also work with statutory and other voluntary organisations to promote paid and volunteering opportunities to our beneficiaries. We provide confidence building training when needed and where women lack the necessary skills for the job market we encourage them to attend English, Math and Computer classes run at Sahara. Volunteering opportunities are offered so that women can develop valuable transferrable skills. These are within Sahara itself and in partnership with other voluntary organisations.

For many BME women Covid resulted in fear, isolation, anxiety and depression often exacerbating existing conditions. The effects of Covid will take years for some women to fully recover from. We run support groups on a weekly basis, which enable women to come together in a relaxed atmosphere and undertake activities geared to helping them improve their mental health. Women are encouraged and supported to seek medical help, and counselling is provided where a woman feels it would be of help to her.

Our weekly sports activities are very popular with young Asian Girls as well as playing, keeping fit and meeting other teams, such as the Police Cadets they have broken down cultural stereotypes, been role models to other girls, and been able to develop valuable social, confidence, communication leadership, time management and team building skills and self –esteem.

During the period April 2023 to March 2024 over two thousand BME women accessed various services from Sahara Centre based on Fishwick Parade with majority of the users coming from Ribbleson, St Mathews, Deepdale, Fishwick and Avenham. These are areas of high social deprivation, which according to government statistics are amongst some of the worst in the Country coming within the top 10% of deprived areas nationally. As indicated earlier, we also worked with women from other towns and cities including, Chorley, Leyland, Blackpool and Lancaster.

Our work with BME women since 1991, has shown, that in addition to facing this level of deprivation and disadvantage, our service users have to deal with other issues including lack of power and influence in their personal lives often leading to mental health problems.

A number of women faced problems because of their immigration status they had no access to public funds

Sahara provides a bespoke service for BME women who are either victims of domestic abuse from their partners/extended family members, or forced marriages. It provides emotional support together with information and guidance, and encourages and assists victims to report incidents of domestic violence and forced marriages.

Where victims wish to leave the family home, we help them obtain housing or a place at local Women is Refuge and enable them to access relevant benefits and school places for their children. Where they do not wish to leave the family home, we work to help them to develop the confidence and personal strategies to keep themselves safe as well as inform the perpetrators that their behaviour is unacceptable. Our support to women who are victims of domestic abuse and forced marriage has enabled those, who are reluctant to seek help because of culture and honour, to disclose their situation and begin the process of rebuilding their lives. During 2023-24 we saw an increase in the number of women seeking help and advice in relation to domestic violence caused in some cases by the cost of living crisis with women being the 'scape goats' for debt and financial difficulties

Sahara staff have also supported a number of women who needed advice in relation to Child Protection Orders. In many cases, they did not understand the process and were in danger of exacerbating the situation.

Our 'one stop shop' facility enabled over 110 BME women, each week, to raise problems affecting their lives, thus allowing them to 'have a voice' and preventing their marginalization and isolation from within the wider society. Depending on the complexity of the issues, it can take between 2 hours to 72 hours to resolve problems. Sahara actively encouraged women to engage in their local communities, volunteering in local schools and play schemes and working with other partners to improve local neighbourhoods. Our partnerships with Lancashire Adult Learning, WEA, and other training organisations enabled BME women to take advantage of a wide range of courses, many delivered weekly, through the year. Many of the courses are accredited and provide a progression route for women who wish to gain higher-level qualifications and employment.

At the request of women and the BME community and in conjunction with Lancashire County Council, we opened a Saturday morning Maths Study Centre for Primary and Secondary School children from across the Preston area. These have provided additional support, helped improve confidence, improved the standard of homework submitted and provided advice about examination preparation. Again, at the request of women Lancashire County Council has run Education information sessions where women have been able to find out about applying for school places, submitting appeals, transport, school uniforms and free school meals.

During this period, in addition to on-going activities, Sahara ran specific projects on: domestic abuse and forced marriage; social isolation, mental health; digital inclusion, financial inclusion; literacy, employment support, sport activities, weekly job clubs, and health awareness programmes. Many projects were delivered through partnership working with a range of public and voluntary sector organisations. Including, NHS, Lancashire Constabulary, Lancashire Fire and Rescue Service, Lancashire County Council, and Preston North End Community Education Trust

We worked on a day-to-day basis with partner organisations, supporting each other by sharing knowledge and experience to improve services for vulnerable BME women. Our partner organisations include NHS, South Ribble Primary Care Trust, and Preston City Council. Preston Domestic Violence Service, Department of Work and Pensions, Active Lancashire, Lancashire County Council, REC, Refugee and Asylum Seeker services, Immigration services, Local Primary and Secondary Schools, Preston Vocational Centre. Safe Net. Childs Play. Housing Associations, Friends of Fishwick and St Matthews, Lancashire Fire and Rescue Service, Lancashire Constabulary, Macmillan Cancer Support Charity, DWP, MIND, Preston North End Community Education Trust, Health Watch, Mandala CIC, Preston Community Network. All of these relationships contributed to the support services we offered our beneficiaries during 2023-24

Sahara held four Open Days and Consultation events to identify the needs of women and to help them empower themselves. Conferences were held with representatives of statutory and other voluntary organisations, including Lancashire County Council, NHS, Health Visitor and Midwifery Services, Clinic Commissioning Group, Preston City Council, Police, DWP, HMRC, CAB and Refuges, to improve women's knowledge about the role and responsibilities of these service providers. Numbers of participants were kept small to encourage a robust dialogue and discussion. These events have given women the confidence and the knowhow to approach statutory and service providers to report problems. The Sahara Manager is actively involved in working at a strategic level with the Police, NHS, Police and Crime Commissioner, Preston City Council, Lancashire County Council and the wider voluntary sector to represent the needs of BME women.

Furthermore, the Manager sits on a number of strategic bodies. She continued as the Chair of the Preston BME Forum, which works strategically to increase representation, influence, and engagement of all local BME organisations and the communities they serve, in the decisions and policies that affect them. She chairs meetings of the City Council's Inclusion Reference Group, which acts as a critical friend in relation to Preston City Council's Equality and Diversity policies and is Chair of the Preston Community Network, which supports voluntary organisations in the Preston area

Sahara is also a member of the Managing Committee for the Friends of Fishwick and St Matthews, which is overseeing a lottery grant to improve facilities in the area.

Sahara has been recognised as a Community Asset in the Friends of Fishwick and St Matthews Community Plan.

Future Plans

Sahara is committed to continuing its work to support vulnerable BME women in Preston and surrounding areas by seeking funding to deliver services to this group. With over thirty-two years' experience of supporting and working with BME women, there is now a recognition amongst public, private and third sector organisations about Sahara's unique position in Preston and the vital contribution we make to community cohesion and social inclusion

Going Concern

The Board has secured funding for the 2024-25 financial year from the Big Lottery, Preston City Council, Lloyds Foundation, Ministry of Justice and Home Office. USKSPF Employ and we will also look to identify other funding stream relevant to our work

Financial Information

Financial review

The SOFA for the period is set out in the financial statements.

During 2023-24 period Sahara raised project funding from statutory organisations and charitable trusts and foundations, including, Big Lottery, Lancashire County Council, Friends of Fishwick and St Matthews, Preston City Council. Active Lancashire, Sport England, Lloyds Foundation, Caring Families Foundation, South Ribble Primary Care Trust, NHS and Local Member Grants from County Councillors, details of which are given below.

Big Lottery Moving Forward Grant

The 23-24 period saw the third and final year of the three-year Big Lottery Grant, which provided a contribution towards running, costs and the cost of staff working to address the following issues addresses.

- Poverty, unemployment and dependency on the welfare benefit system;
- Health and well-being;
- Social isolation;
- Discrimination and abuse – e.g. domestic abuse, hate crime, child sexual abuse, and the impact of Child Care legislation on women and their families.
- BME women not accessing statutory and other services to meet their needs and not participating in decision making processes.

Ministry of Justice and Home Office Grant

This grant has enabled Sahara to provide and enhanced support service to BME women who are the victims of domestic violence in all its forms

Caring Families Foundation Grant

This enabled Sahara to provide enhanced advocacy services to the the victims of domestic violence

Preston City Council Financial Inclusion Grant

This enabled Sahara to help women improve their financial management skills and make best use of their limited resources.

Preston City Council Digital Inclusion Grant

This enabled Sahara to help women improve their IT skills and search for jobs and information on a range of subjects.

Preston City Council Health Inequalities Grant

This enabled Sahara to improve the physical and mental health of BME women, particularly those who reside in the five areas of high social deprivation in the City

Health Improvement Project with South Rabble Primary Care Trust.

This allowed the appointment of Health Care Champions who promoted the use of vaccinations and knowledge of cancer within the BME communities

Bowel Cancer Project Grant

This enabled Sahara to provide information on the symptoms of Bowel Cancer and how to use the testing kit. As the result of this grant, five women who felt they had some of the symptoms went to see their GPs and three women received treatment for Stage One Bowel Cancer

Food Poverty Grants from Lancashire County Council. Preston City Council and the Friends of Fishwick and St Matthews.

These enabled Sahara to provided culturally sensitive food parcels to women living in extreme poverty

Preston City Council Health Care Assistant Grant.

This enabled Sahara along with NHS Staff, to teach women about the jobs available in the NHS and how to apply for them

Lancashire County Council, Local Member Grants enabled Sahara to support women with mental health issues and provide information on healthy eating.

Sport England and Active Lancs Grants enabled us to provide physical activities which have contributed to the well-being of women.

Lloyds Foundation.

Provided an unrestricted grant to contribute towards day to day running costs

Additionally, Sahara raised funds through hiring rooms to training providers, statutory organisations, commercial organisations and private individuals, in both the main Sahara building and the Community Centre, which opened in early 2019, providing increased classroom and meeting room space.

Financial Review

The Charities income during 23-24 totalled £422667 of this £360740 related to grant funding for specific Projects.

The surplus of unrestricted funds at the 31/3/24 totalled £217865 and the surplus on restricted funds totalled £211685 and includes Projects which run over more than one financial year. Expenditure on specific projects and core cost totalled £355152

Reserves Policy

It is the policy of Sahara, to only run projects, once funding is in place and staff are only employed for the life of a project.

Due to careful management, control of expenditure, and income generation activities, the unrestricted reserves at the end of the 2023-24 financial year stood at 217865, which will cover running costs for eleven months taking into account cost of living rises. Some of the unrestricted funds will also be used to finance the running of local projects, for which it would not be possible to obtain grant funding for and to run educational class for BME women, who would not meet the criteria for course run by training providers, but who nonetheless need support.

We are very grateful to all those organisations who have given their support to Sahara and to the staff and volunteers.



Shamim Rehman. Chair of the Sahara Board

Independent Examiners Report to the Trustees

We report on the accounts of the company for the year to 31 March 2024

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts.

Basis of independent examiner's report

Our examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to our attention that gives cause for concern specifically in connection to ;

1a) We have no reason to believe that in any material respect the requirements to keep accounting records in accordance with section 386 of the Companies Act 2006 have not been met

1b) We have prepared Accounts which accord with the Accounting records, comply with the accounting requirements of section 396 of the Companies Act and with the methods and principles of the Statement of Recommended Practice; Accounting and Reporting by Charities

2) No matter has arisen where our attention should be drawn in order to enable a proper understanding of the accounts to be reached.

BBS4TAX Limited
37 Hesketh Road
Southport
Merseyside
PR9 9PB
26/11/24
Page 10
26th November 2024



Sahara Project
(Preston) Limited
Statement of financial activities including Income and Expenditure Account for
the year ended 31st March 2024

		Unrestricted Funds	Resticted Funds	TOTAL	Unrestricted Funds	Resticted Funds	TOTAL
	Notes	2024 £	2024 £	2024 £	2023 £	2023 £	2023 £
Income from							
Donations and Legacies	2	25,000	335,740	360,740	0	203,497	203,497
Charitable activities	3	0	0	0	12,796	0	12,796
Investments Income		4,280	0	4,280	194	0	194
Room hire		57,647	0	57,647	70,949	0	70,949
Total income		86,927	335,740	422,667	83,939	203,497	287,436
Expenditure on							
Charitable activities		29,348	325,804	355,152	27,499	202,071	229,570
Net outgoing/(incoming) resources for		57,579	9,936	67,515	56,440	1,426	57,866
Gross Transfers between funds		0	0	0	0	0	0
Net movement in funds		57,579	9,936	67,515	56,440	1,426	57,866
Fund balances at 1st April 2023		160,286	201,749	362,035	103,846	200,323	304,169
Fund balances at 31st March 2024		217,865	211,685	429,550	160,286	201,749	362,035

Sahara Project (Preston) Limited Balance
Sheet as at 31/3/24

Notes		2024	2023
£			£
Fixed assets			
Tangible assets	4	<u>21,022</u>	<u>24,050</u>
		21022	24,050
Current assets			
Debtors		90,880	69254
Cash at bank and in hand		<u>324,960</u>	<u>281,097</u>
	4	415,840	350,350
Creditors: amounts falling due within		<u>-7,312</u>	<u>-12,365</u>
Net current assets		408,528	337,985
Total assets less current liabilities		<u>429,550</u>	<u>362,035</u>
Net assets		<u>429,550</u>	<u>362,035</u>
Income Funds			
Restricted funds		148,060	188,774
Unrestricted funds		281,490	173,261
Total funds	5	<u>429,550</u>	<u>362,035</u>

The financial statements were approved by the trustees

Ms J Flynn



Mrs S Rehman



Date

3/12/24

Sahara Project (Preston) Limited
Notes to the Accounts
for the year ended 31st March 2024

1 Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015), the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005) and the Charities Act 1993.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income. Voluntary income is received by way of donations and gifts and is included in full in the statement of financial activities when receivable. Donated services and facilities are included to the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred, Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Support costs are those costs incurred directly in support of expenditure on the objects of the charity.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Freehold investment properties are included at market value at the balance sheet date. No depreciation or amortisation is provided in respect of freehold investment properties.

2 Voluntary income	Restricted funds	2024	2023
	£		£
Donations and Legacies	335,740	335,740	203,497
	<u>335,740</u>	<u>335,740</u>	<u>203,497</u>
3 Charitable activities	Unrestricted Funds	2024	2023
		£	£
Income from Local Initiatives - including Room Hire & Interest Received	86,927	86,927	83,939
	<u>86,927</u>	<u>86,927</u>	<u>83,939</u>

Sahara Project (Preston) Limited
Notes to the Accounts
for the year ended 31st March 2024

Unrestricted

⁴ Analysis of net assets between funds	funds	2024 £	2023 £
Tangible fixed assets	21,022	21,022	24,050
Current assets	415,840	415,840	350,350
Current liabilities	(7,312)	(7,312)	(12,365)
	429,550	429,550	362,035

⁵ Analysis of Total Funds	Balance at 1 April 2023 £	Incoming resources £	Outgoing resources at 31 March 2024 £	Balance at 31 March 2024 £
Restricted funds	201,749	335,740	325,804	211,685
Unrestricted funds	160,286	86,927	29,348	217,865
Total funds	362,035	422,667	355,152	429,550

SAHARA IN PRESTON - DETAILED P&L
Year end 31st March 2024

	<u>31/03/2024</u>	<u>31/03/2023</u>
Sales		
Grants & Charitable Activities	360,740	216,293
Fund Generation - Room Hire	57,647	70,949
Interest Received	4,280	194
	422,667	287,436
Purchases		
Cost of Charitable Activities	<u>115,045</u>	<u>13,572</u>
	115,045	13,572
Direct Expenses		
Charitable Expenditure	<u>0</u>	<u>952</u>
	<u>0</u>	<u>952</u>
Gross Profit/(Loss):	307,622	272,912
Overheads		
Support Costs - Rent and Rates	21,014	21,241
Support Costs - Heat, Light and Insurance	9,086	10,108
Support Costs - Travelling Expenses	1,995	696
Support Costs - Telephone, Printing and Stationery	9,217	6,421
Support Costs - Equipment Hire and Rental	3,357	3,423
Support Costs - Maintenance	10,438	12,975
Support Costs - General Expenses	2,818	1,929
Management & Admin - Bank Charges and Interest	762	1,671
Management & Admin - Gross Wages	162,855	139,967
Management & Admin - Professional Fees	10,067	7,452
Management & Admin - Health & Safety	0	0
Management & Admin - Employers NI	6,163	6,926
Management & Admin - Employers Pensions	<u>2,335</u>	<u>2,237</u>
	<u>240,107</u>	<u>215,046</u>
	67515	57866