



**TUNBRIDGE WELLS
MENTAL HEALTH RESOURCE LIMITED**

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

***FOR THE YEAR ENDED
31 MARCH 2024***

www.mentalhealthresource.org.uk

Registered charity number: 1049854

Registered company number: 02826452

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TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2024

Board of Trustees	C Burgess (appointed May 2024) M Guo D Kelso (appointed Chair in January 2024) R Lindsay E Muir (resigned March 2024) R North P Ryves (appointed March 2024)
Company number	02826452
Charity number	1049854
Trading name	Mental Health Resource
Registered and principal office	2a Grosvenor Park Tunbridge Wells Kent TN1 2BD
Charity manager	R Corry
Company secretary	R Morgan
Independent examiner	A S Healey FCA CTA DChA Lindeyer Francis Ferguson Limited North House 198 High Street Tonbridge Kent TN9 1BE
Solicitors	Cripps 22 Mount Ephraim Tunbridge Wells Kent TN4 8AS

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

REPORT OF THE BOARD OF TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The Board of Trustees of the charity present their annual report together with the financial statements of the charity Tunbridge Wells Mental Health Resource Limited for the year ended 31 March 2024. The trustees confirm that the annual report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019). This report is also the Directors' Report required by Company Law.

Structure, Governance and Management

The organisation is a charitable company limited by guarantee, incorporated on 11 June 1993 and registered as a charity on 18 October 1995. It is governed by its Memorandum and Articles of Association.

The legal name of the charity is Tunbridge Wells Mental Health Resource Limited; however, its trading name is now Mental Health Resource, and this is what it is referred to throughout this report.

The Reference and Administrative details set out on page 1 form part of this report.

The directors of the company are also the charity trustees for the purposes of charity law and under the company's Articles of Association are known as members of the Council of Management. New trustees are recruited through an open recruitment process. Under the requirements of the Memorandum and Articles of Association at every Annual General Meeting one third of the trustees shall retire from office. The trustees to retire in every year shall be those who have been longest in office. A retiring trustee shall be eligible for re-election.

There is a formal procedure for the induction of members of the Board of Trustees. All trustees give their time voluntarily.

The Board of Trustees meet every two months and have responsibility for the strategic oversight of the Charity. The Board of Trustees is supported by two sub-committees – Finance and Risk and Marketing and Fundraising – which both meet at least quarterly. The Board of Trustees delegate the day-to-day management of the charity to the Charity Manager.

Aims, Objectives and Activities

We amended our Memorandum and Articles of Association in November 2023 and revised our charitable objects, which are now restricted to the following:

- a) *To improve the wellbeing of people with mental health conditions in Kent and the surrounding areas.*
- b) *To provide training and education on, and to disseminate information relating to, mental health matters.*

Our Vision

We believe in improved wellbeing for everyone.

Our Mission

We provide safe spaces and person-centred mental health support in our community to help people improve their wellbeing.

Our strategic aim

Our overall aim is to improve people's mental wellbeing.

Our strategic objectives

In order to improve people's mental wellbeing, we will

- a) enable people to be supported and valued
- b) provide opportunities for social connections
- c) raise awareness of mental health in the community and
- d) ensure people with mental health issues benefit from a well-run, sustainable organisation

Our aims and objectives fully reflect the purposes for which the charity was set up and the Theory of Change methodology has ensured that all our activities contribute to our aims and objectives.

The charity undertakes the following activities to achieve its aims and objectives:

- a) **Community Support** which comprises:
 - i. **The Hub:** our friendly wellbeing centre providing wellbeing activities and a safe space to talk; and our out-of-hours support
 - ii. **Reachout:** confidential, self-help support groups focusing on wellbeing and recovery
 - iii. **Reachout Youth:** helping young people share stories, develop coping strategies and make new friends
- b) **Assert:** a specialist independent mental health advocacy service provided to those detained under the Mental Health Act and community advocacy
- c) **Mental Health Training:** raising awareness of mental health with local organisations

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The Board of Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit in the review of our aim and objectives and in planning all activities. Further details on our activities and how they benefit the public are detailed in the following section.

Achievements and Performance

The Board of Trustees are very thankful to all the staff and volunteers for their hard work and dedication over the last year.

The Charity has continued its work of seeking to improve the mental wellbeing of local people. Last year we provided help and support for 900 clients, many of whom have complex and enduring mental health conditions, including anxiety, depression, bi-polar, obsessive-compulsive disorder, borderline personality disorder, post-traumatic stress disorder and schizophrenia. We are one of the few organisations in West Kent providing both long-term and short-term practical mental health support.

During the year, the Board of Trustees approved a revised organisational strategy for 2024-2027. This strategy was developed in consultation with staff, trustees, volunteers, clients and members of the public. The strategy recognises that the need for mental health support in our local community is increasing and that we need to increase our capacity to reach more people who may not be accessing mental health support.

We are grateful to all trustees who have served the charity over the year. And we are delighted to have welcomed new trustees to the Board, who have brought with them considerable skills, expertise and experience.

Funding and fundraising

The charity continues to work closely with its current strategic partners The Advocacy People, EK360 and Shaw Trust, for whom we are sub-contractors on Kent County Council and NHS Kent and Medway funded activities.

We are very grateful to receive funding from charitable trusts and foundations towards the work of our charity, including

- The Cole Charitable Trust
- Colyer Fergusson Charitable Trust
- Garfield Weston Foundation
- The Kenora Charitable Foundation
- Kent Community Foundation
- The Ninevah Charitable Trust
- South East Water Community Fund
- The National Lottery Community Fund
- The Smith and Mount Trust

In addition, we are thankful for the support we received from the following organisations:

A Plan
Bicycle Bakery
Bloomberg
Buss Murton

Henry Paul Funerals
Informa connect
Mint DJs
Nevill Golf Club

Southborough Lions club
St Augustine's School
St John's Tennis Club
The Sussex Arms

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Catch-A-Fire Agency	NFU Tun Wells	Sweetwoods Golf Club
Chatty Hatter PR The Big Chat	Pushkin Antiques	Tunbridge Wells Yard Sale
Digitom	RTW Constitutional Club	TW Boorman Funeral partners
Dovecote Inn	RTW Round Table	TW Constitutional Club
The Forum	Runway Training	TW Harriers
Grove Bowls Club	Rusthall FC	U3A
Grove End Housing	Skinners School	Westbury FM
HaesCooper	Soroptimists	West Kent Quakers

We are also very thankful for the support we have received from members of the local community who have donated money, their time, skills, or have undertaken various activities to raise funds for us, including:

Adnane Ayeb	Stephen Gurney	Marcel Medez and DJ cookie
Annie Bennett	Caroline Harwood	Keith Medhurst
Laura Bevan	Nathan Hobson and Chris	Di Morris
Nicola Buckner	Mark Holden	Jessica Moore
Derek Cross	Judy Horwood	John Rumery
Tim Cullen	Steph Hudson-Barnes	Howard Thomas
John Davies	James Humm	Nicole Piesse Turner
Millie Denten	Garry Jeffery	Hannah Stevens
Jo Dobson	Alex O'Connor	Paul Stevens
Sam Ellis	Kimberley Owen	Carolyn Swann
Carmel Farmer	Kevin Martin	Hana and Steve Wynne
Tanya Griffiths		

And the TW Half Marathon volunteers: Rebecca Lindsay, Spencer, Hillary, Laura, Dorothy Kelso, Ian Kelso, Craig Fleming, Caoimhe Fleming, Grace Fleming, Aline Fleming and Sophie Fleming.

Thank you too to all those individuals and organisations who have donated raffle prizes over the year.

Through support from the community this year, we have been able to raise £65,232 in donations. Thank you to everyone who supported our charity with a donation or grant.

Project Activity

Our activity is grouped into three categories:

- a) Community Support
- b) Advocacy
- c) Mental Health Training

The detailed annual summary of achievements for each category is as follows:

a) Community Support

In 2023/24 we helped 313 people through our community support programme and delivered nearly 800 mental health support sessions. 82% of our clients reported increased mental wellbeing as a result of accessing our services.

Many of our clients have complex and enduring mental health conditions which require long-term practical and emotional support and therefore all of our community projects provide a safe and caring environment which are not time-limited so that people can continue to access them for as long as they wish or need to.

Case study

Angela* has severe anxiety and was socially isolated and lonely. She lived on her own and could not go out of the home without a family member to provide some support. She wanted to attend our groups to socialise and meet other people.

Angela regularly attended one of our community groups, with her family member, where she was encouraged to talk about how she was feeling and to take part in activities. Over time, her confidence grew and she now attends on her own and engages positively within the group. She says:

“I started attending the group at Mental Health Resource so that I had the opportunity to socialise with other people otherwise I would be at home on my own. The group has allowed me the opportunity to speak in a safe place and have a supportive network around me. It has given me the confidence to socialise within this group and I will go out now otherwise I would just stay at home if it wasn't for this group. The staff have been very supportive, friendly and understanding of my illness and needs.”

Angela has also told us that through attending the group she has learned how to manage her anxiety and her confidence has increased, so much so that she has been on some trips to London with her family, that she would never have been able to do before.

* not her real name

Details of our community support projects are below.

The Hub



“The Hub is a heartbeat centre that is open for support of mental health as well as physical wellbeing. It has helped me to connect with others and not feel isolated.”

The Hub provides a range of support interventions to maintain and enhance mental and emotional wellbeing of people aged 18+ years. Clients are supported by staff and peers to enable people to manage their conditions and to work towards their personal goals in a supportive environment. To

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ensure that people continue to improve their mental wellbeing and maintain their recovery, people are able to access the Hub groups and activity for as long as they wish or need to.

Most of our activities were delivered in-person from our centre in Tunbridge Wells but we also deliver groups in community venues around Tunbridge Wells. We also continued to deliver telephone support to clients, where requested, responding to the needs of our clients. This support included regular 1-1 check in support calls, supporting people with whatever issues they faced, ad-hoc 1-1 telephone support when needed, and out-of-hours 1-1 telephone support at the weekend.

Anxiety, Personality Disorder, Bipolar, Borderline Personality Disorder, Self-Harming, Addiction, Isolation. And others.

During the year we provided weekly groups including:

Creative groups

- Creative writing
- Zoom Art group
- Art at Trinity
- Art at bowling club
- Needlecraft group
- Craft group, where clients are able to work on their own projects and learn skills from each other

Nature groups

- Community Allotment (from April to November only), which has provided a calm and quiet place for clients to connect with others and it has enabled people to engage with nature, learn new skills and to be active.
- A weekly Walking group and with the support of volunteers, we have grown the walking group to accommodate more clients.

Talking and social groups

- Women's talking group
- Men's talking group
- Mixed talking group
- Drop-in sessions, including an evening drop-in
- Community meal, where people could connect and eat a healthy freshly prepared two course meal.

All our peer support groups encourage clients to share their experiences and to learn from and support others. Most groups have a WhatsApp peer support group set up that is supported when needed by staff.

The mental health issues experienced by clients include anxiety, depression, bipolar, personality disorders, self-harming. In addition, some clients also have addictions, physical health and mobility issues, learning difficulties, are on benefits and low-incomes and experience isolation.

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In 2023/24 the Hub supported 242 people, and an evaluation of our activities showed:

- 97% said the Hub provided them with a safe space
- 97% felt more connected to others
- 93% reported that they are better able to manage their mental health
- 90% of clients felt more supported
- 86% reported improved mental and emotional wellbeing
- 86% felt more valued through coming to the Hub
- 79% reported that their confidence has increased since coming to the Hub
- 70% felt less stressed or anxious

The project is open access and people can refer themselves or be referred by other organisations and we have continued to receive and support new referrals during the year.

Mental Health Resource is a delivery partner within the Shaw Trust's Live Well Kent programme and provides emotional wellbeing support in West Kent through the delivery of short courses in creative arts, creative writing, the natural environment and peer support groups.

We continue to work well with a wide variety of other local partner organisations, including social prescribers working in GP practices, support workers, housing providers, Porchlight, Citizen's Advice, Nourish foodbank, community larders, social work teams, Kent Together, Look Ahead, Jobcentre Plus, and community mental health services. This has enabled us to refer and signpost clients to their services as required and also ensure that these organisations know of the services we provided.

The groups at the Hub have grown over the year and we expect to be able to offer more groups going forwards as we increase our staffing and volunteer capacity. We have continued to seek the views of clients throughout the year, asking what support they need and how we could meet that need, so that we can plan and deliver services based on a service user perspective.

Reachout Adults



“Reachout has really helped my anxiety. Without the group I would not leave home and have others to talk to.”

Reachout Adults supports people over the age of 18 with their emotional and mental health wellbeing by providing confidential, mental health peer support groups across West Kent. The groups operate in the smaller communities of Edenbridge, Paddock Wood and Southborough, and therefore can make a real difference to those people in these communities who need support but who may not be able to travel to nearby towns, because of anxiety or inability to travel.

The groups aim to provide a safe space for people to focus on their mental wellbeing and recovery in a caring and non-judgmental environment. They also provide a vital opportunity for group members to socialise with each other, build relationships and routine and so reduce isolation. Furthermore,

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clients are supported to take responsibility for their own health and wellbeing and to manage their own long term mental health conditions.

Each session consists of:

- A formal 'check-in' where group members can share how they are feeling, any news or updates from the week. Group members can share as much or as little as they would like.
- A wellbeing activity e.g. music, exercise, craft, discussions, mindfulness, games or quizzes. Visiting facilitators may deliver sessions.
- Chat with each other and building relationships with other group members.

All groups have an annual summer boat trip on the River Medway with a lunch afterwards. During the summer, the groups meet in the community, for example, in local coffee shops, parks or beauty spots for walks and mindful activities.

Clients who attend Reachout experience different mental health issues. Common mental health issues in the group are anxiety, depression and panic disorders. Other mental health conditions include personality disorders, bipolar and Obsessive Compulsive Disorder. In addition there are some group members on the Autistic Spectrum or who have a learning difference, and some have severe physical illness and mobility issues.

People can keep coming to Reachout groups for as long as they feel they need to and, in this way, these groups often help to keep group members well. The peer-relationships formed during sessions help relationships to develop outside of the group setting and so encourages peer-support in the community.

In 2023/24 Reachout groups have discussed kindness, grounding techniques, stress, food and mood and have enjoyed taking part in art and craft activities, walking, healthy eating sessions, music sessions and hand massages. Visiting facilitators also delivered sessions on chair-based exercises, singing and chair-based yoga. One of the groups also enjoyed a visit from a Pets as Therapy volunteer and his dog.

Reachout does not offer specific one to one support. However, all group members are signposted to other organisations and sources of support where needed. One-one support has included referrals to external organisations, crisis support, wellbeing support and support with making phone calls.

During the year, 36 people attended the groups and were able to access mental health support and enhance their mental health and wellbeing. A recent evaluation showed:

- 89% reported that they felt more supported and valued as a result of the Reachout groups
- 78% felt more connected to others as a result of the Reachout groups
- 78% felt better able to manage their condition as a result of the Reachout groups
- 78% felt better in themselves as a result of the Reachout groups

94% were satisfied with the support they have received from Reachout.

Referral to the groups is via a simple referral form. People can be referred to the groups via the website or directly to the member of staff. They can self-refer or be referred by another organisation,

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a family member, friend or support worker such as a Social Prescriber, Social Worker or Care Navigator.

Mental Health Service Feedback

Mental Health Resource is part of a delivery network funded by EK360, the lead provider for the Mental Health Service User Voice contract in Kent. As part of this contract, the Reachout project collects feedback across West Kent from group members, clients, members of the public, clients of other organisations, staff, carers and family members, about their experience of the mental health system. This feedback could be both positive and negative. This feedback is submitted to EK360 and is used to inform where changes need to be made within the mental health system.

As part of this project, we reach out and network with other organisations to promote the feedback project and to speak to their clients to gather feedback.

During the year we captured and reported the views of 121 people and visited 16 organisations.

Reachout Youth



"Reachout Youth has helped me massively. The improvement I have noticed in my mental health and in my wellbeing is amazing. It has changed my life and my whole outlook on life".

Reachout Youth is a youth group for 13- to 19-year-olds who are experiencing emotional or mental health difficulties. The groups offer young people an informal and confidential space to share stories, reduce stigma, develop coping strategies and make friends. They provide opportunities to meet other young people who've had similar experiences, to share things they may not usually share with others, and to take part in a fun activity. Many of the young people who attend Reachout Youth have reported they feel lonely, misunderstood and struggle to feel accepted at school. Reachout Youth provides a safe-space for them to be themselves and to build friendships.

Sessions focus on wellbeing topics, including activities, games and discussions on themes surrounding mental health. We often run creative sessions based around a mental health theme which helps to initiate discussions and reflection. Topics this year have included exam stress and friendship issues, and we have encouraged group members to lead activities that they are interested in, such as board games, art and exercise.

This year the group has been delivered after school in Tunbridge Wells and Tonbridge. Occasionally the groups are delivered in the community, this year for example, sessions have taken place at a coffee shop, a local park and an ice-cream parlour. During the year, Reachout Youth has organised and conducted workshops and talks at various external locations, including delivering assemblies at a local secondary school, and giving talks to the YMCA and a Scouts group. This has enabled Reachout Youth

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to reach a wider audience and engage with different communities. Due to low attendance at the Tonbridge group, alternative ideas to engage young people are being considered.

The issues that the groups can help with are varied and include anxiety, low mood, stress, family relationships, friendships, bereavement, loneliness, isolation, and other long-term chronic mental health conditions. In addition young people can often face a number of challenges in their life, such as relationship issues and neurodevelopmental disorders. Reachout Youth provides a space where young people can explore how they are feeling and realise they are not alone.

Last year, we had contact with 35 young people, with 12 young people attending groups. In a recent evaluation:

- 80% felt better in themselves
- 80% felt more connected to others
- 60% felt less stressed
- 60% felt better able to manage their condition

To access the group, young people, their carers, or health professionals must register online or by phone before attending the group.

Young people are able to attend Reachout Youth until the age of 19. We are therefore able to provide vital continuity and support as a young person becomes a legal adult at the age of 18. This is particularly important if the young person has experienced the mental health system and is making the often uncertain and difficult transition from Children's to Adult Mental Health Services.

b) Advocacy

Assert



"Having an advocate present on my meeting meant so much. This was the most I have felt heard because I was able to ask for the doctor to explain things and I had not felt confident to do this before."

The Assert advocacy service provides Independent Mental Health Advocacy (IMHA) to people whose liberty is curtailed by the Mental Health Act, i.e. patients detained in hospital for assessment or treatment, released under restrictions and liable to recall, or placed in the care of the Local Authority. The service covers a variety of acute, rehabilitation and forensic wards across a large geographical area within Kent, including the Boroughs of Tonbridge & Malling, Sevenoaks, Tunbridge Wells, Maidstone, Dartford and Gravesham, Swanley and Gravesend.

All the work advocates undertake is through instructions from clients and is issue-based. The work can vary depending on the setting the client is in.

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In acute wards, clients are in an acute phase of illness, and often advocates are working with people who are extremely thought-disordered. In these settings often the first contact Assert have with the patient is when they arrive at the ward, having been removed from the community due to being a risk to themselves, others, or both.

The IMHA role is independent of the professionals in the hospital setting but the advocates work closely with hospital staff to obtain relevant information about patients so that they can carry out their work safely. The Assert staff work to ensure the clients feel able to speak to them, explain the confidentiality protocol and the support that the service provides. At this stage of admission the Assert team are often the bridge between clients/patients and NHS staff.

The IMHA will listen to the client and help them to voice what is important to them regarding their treatment and care. Patients are within these settings often heavily medicated, and the work involves supporting them to understand their rights; the surroundings they find themselves in; what is happening to them and why; the requirements of them while on an acute ward; ensuring their rights are secured; and providing them the opportunity to ask questions and give feedback on their experiences of their treatment and care within this setting.

The issues that the Assert team support clients with includes accessing the leave they are entitled to, speaking to doctors and ensuring that they feel and are heard and informing clients of their rights to aftercare. The service supports people to express themselves and empowers them to advocate for themselves, but with the knowledge that they can re-refer at any time.

The Assert service also supports people housed in rehabilitation units in the area. Advocates support clients in expressing their views regarding the treatment and care within these settings, and also support clients to be able to have a voice in where they are moved on to next – this could be closer to relatives, or further away from temptations or situations that previously have contributed to a relapse. The work here remains issue-based, but there can be more issues such as supporting to voice views on treatment and care then support to ensure appropriate placement and care moving forward is in place, and support from other services is engaged.

Assert also supports clients in medium or low forensic settings. Some patients will have been removed from prisons having become acutely unwell, others will either have been transferred directly from acute wards or courts. All patients in these settings are deemed to pose a risk to the public and in these settings the patients may need support over long stays, and crimes committed are discussed in detail at meetings held. Advocates can hear harrowing details, but still support the client to ensure their views and wishes are heard. All staff have supervision and time for debriefs when working with these clients.

As well as the statutory IMHA service, Assert also provides community advocacy service and addresses the disadvantage experienced by people with poor mental health when dealing with external agencies. The issues the Assert team support community clients with vary greatly. Often the support provided is to ensure the client can express a view regarding treatment and care from the community mental health team, GP practices or housing providers.

In the financial year 2023/24 staff the service worked with 586 clients on 1,172 issues. In total, the service provided over 6,500 hours of advocacy over the year.

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The service supported improvements to people's mental wellbeing, as follows:

- 100% of clients said that the Assert service helped them to have a voice in meetings, supporting and helping them to be clear on what they wished to raise
- 96% reported that the advocacy support helped them to have a say about what decisions were being made about them or for them
- 94% reported that the advocacy support helped them to have a say about what they needed or wanted to achieve
- 94% felt supported by the advocate regarding the advocacy issue
- 94% felt empowered and encouraged by the advocate helping them to speak up for themselves

In addition:

- 97% said that the Assert service explained to them information regarding their legal rights
- 96% reported that they were happy with the support offered
- 96% felt to Advocacy service was accessible

All people who access the service are over 18 years of age. Clients come from a range of backgrounds and for many English is not their first language. All who access the service have a diagnosed mental health issue, which can range from acutely unwell and detained in a hospital setting, to stable and living within the community. All community clients are residents of Kent, living within the area Kent County Council commissioning area.

Referrals to the service are made through the contract lead, The Advocacy People, and can be made by detained patients and community clients directly, or by professionals, such as community outreach services, mental health professionals, probation and housing services staff, friends or carers with client consent.

Case study

Client A has been detained under the Mental Health Act for several years and has previously asked for advocacy support from the Assert service to work with him on several issues. The client contacted the Assert team as he felt that there were issues with confidentiality on the ward with staff. He wanted to raise this directly with staff with IMHA support, rather than make a complaint, and to ensure that this did not happen again, to himself, or other patients on the ward.

The client felt nervous about raising the issue with staff and about possible repercussions. The advocate spent time with client and was able to explain how the advocacy service could help, and assured him that there should not be any negative impacts from him raising his views, but if there were any he could contact us again straight away.

The advocate met with the client and ascertained that the issue was staff disclosing confidential information about his care plan in the communal area of the ward; the client being told he could not have the door shut when he was on a phone call to his family or solicitor; and messages not being passed on to him by staff. The client wanted the advocate to help him raise these concerns with the ward manager.

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A meeting was arranged with the ward manager and the advocate and client attended together. The advocate supported the client in expressing his views and wishes. The ward manager took everything the client had to say on board and said that they would speak to all staff to remind them of confidentiality at all times and clients' rights to privacy. The ward manager explained that patients can use the phone with the door shut for private phone calls and that messages should always be passed straight on to patients (in writing through their room door if they were not on ward).

The advocacy work ensured that the client was able to express his views, gain clarity on the working rules of the ward, and this also brought about a system change in ward cultures. The client felt valued and empowered to challenge blanket restrictions and rules.

c) Mental Health Training

"Your presentation was so moving. Everyone was so impressed with you, and the charity. I am sure this is going to be a great year, and we will be able to help your very worthwhile charity."

The Charity is committed to reducing the stigma of mental illness and raising awareness of mental health in the community. We regularly give talks at events and to corporates about what mental health is and the support available for people experiencing mental illness. This year we have delivered talks at various events, societies and organisations, as part of Charity of the Year events and other fundraising activities.

As part of our new strategy for 2024-2027, we recently recruited a Mental Health Trainer who will be delivering short courses on mental health to specific groups of people in our community as well as mental health training to local organisations and businesses.

Treasurer's report

The Charity's income reported an increase on the prior year to £483,176 (2022/23: £437,912). This was driven by a rise in both grants and donations to £234,706 (2022/23: £194,598) partially offset by a fall in revenue generated by charitable activities to £236,987 (2022/23: £241,724). Income was also boosted by a substantial amount of interest earned - £11,483 (2022/23: £1,590).

Total income therefore rose by £45,264 overall, partially offset by a £17,912 increase in expenditure due to the effects of inflation, and also the filling of several vacancies in the early part of the year. Our success in driving fundraising meant that overall the charity reported a surplus for the year of £26,446 (2022/23 deficit: £906).

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Income by Type (£k)



■ Donations ■ Grants ■ Charitable Activities

Expenditure by Activity (£k)



■ Community Support ■ Advocacy

Reserves increased to £532,272 (2022/23: £505,826).

Of this our Designated Funds amount to £274,115 of which £172,240 is made up of the charity's freehold property of £168,140 and £4,100 put aside for essential maintenance of the building. A new designated fund of £65,000 was created last year to support the introduction of new and expansion of existing services to meet growing demand which have now commenced in April 2024, and a further £11,875 as a contingent liability. We have this year added a further £25,000 to our designated funds to further support implementation of our strategic initiatives over the coming year.

£49,431 of the Reserves is restricted, representing funds that must be spent on specific projects in the future as agreed with funders. General reserves amount to £208,726.

Cash at bank and in hand has increased to £374,471 (2022/23: £339,202).

We have received the support of many organisations and individuals in addition to the funding received from our strategic partner organisations and grant-making charitable trusts, without which many of our activities would not take place.

Reserves policy

The charity is committed to ensuring clients with mental health conditions can access long-term support as appropriate to enable them to live well and independently. For many clients, the charity's support is crucial to their wellbeing and any disruption to this support would create significant distress. The charity's reserves need to be of sufficient scale to minimise the risk of short-term disruption to services brought about by short or long-term financial pressures. As it can take sometimes six months or more for funders to respond to applications for funding, the Board of Trustees consider that it is necessary to hold reserves of around four to eight months of running costs to ensure:

1. the continuation of long-term services provided to clients during a time of financial uncertainty
2. the smooth transfer of activity during any run-down of services necessitated by any funding shortfalls

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REPORT OF THE BOARD OF TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

3. the continuation of funding for core staff to promote long term sustainability whilst securing new funding sources

4. sufficient funding is available to maintain and enhance the building to meet client requirements and safety.

Four to eight months' running costs are forecast to be c. £178,000 – £356,000 so the amount of free unrestricted reserves of £200,651 (the General fund less tangible fixed assets not covered by designated funds) held at the end of the year, is about 4.5 months of running costs and is within the range and therefore appropriate.

Trustees review the level of reserves annually.

Investment policy

The Charity's investment objective seeks to produce the best financial return within an acceptable level of risk while recognising that capital preservation is of paramount importance. The investment policy therefore requires the Charity to hold all of its assets in cash sterling, deposited with institutions with a minimum rating of BB -, and within the levels stipulated by the Financial Services Compensation Scheme guarantee.

Risk Management

The Board of Trustees has conducted a review of the major risks to which the Charity is exposed. A Risk Management document identifying all major risks has been prepared and agreed by the Board. This is currently reviewed twice a year to ensure greater control and governance.

The Trustees have always identified one of the key risks to the Charity as being the withdrawal or termination of funding of our main contracts and as such is working to develop strong working relationships with contractors, developing current projects and introducing new projects to ensure the long- term security of the organisation. A fundraising strategy has been formalised and prioritised.

Plans for the Future

We have updated our organisational strategy for 2024-2027, which prioritises increasing the numbers of people we support through our existing projects, services and activities, as well as delivering mental health support to new groups of people. We have just recruited a Volunteer Coordinator and a Mental Health Trainer to help meet these aims. The Mental Health Trainer will be delivering short mental health awareness courses to specific groups of people.

We also know that we can only do what we do by working together, in partnership, with other organisations, creating good relationships to facilitate effective referrals into our services, and having up-to-date information on local services so that we can also refer and signpost people onto.

In all our planning of activities we recognise the differing needs and wishes of clients and client voice will be key to the design and delivery of our services. We will ensure that we take appropriate steps

**REPORT OF THE BOARD OF TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

in the mitigation of risks associated with current and future development of projects, services and activities.

We will continue to endeavour to seek new and diverse sources of income, securing short, medium and long-term funding for the charity to enable us to continue to provide the much-needed support to improve people's mental wellbeing.

Going Concern

The Trustees consider that the charity's reserves as at 31 March 2024 are sufficient for Mental Health Resource to be considered a going concern for 2024/25. This assessment is made in the light of the following:

1. Mental Health Resource's forecast cash reserves at the end of financial year 2023/24
2. Mental Health Resource's budget and projections for financial year 2024/25
3. Mental Health Resource's future plans

Trustees' responsibilities statement

The Trustees (who are also directors of Tunbridge Wells Mental Health Resource Limited for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

**REPORT OF THE BOARD OF TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

In preparing this report, the Trustees have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

This report was approved by the Trustees on 27 September 2024 and signed on their behalf by:



.....
D Kelso
Chair of Board of Trustees

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

FOR THE YEAR ENDED 31 MARCH 2024

I report to the Board of Trustees on my examination of the accounts of Tunbridge Wells Mental Health Resource Limited ("the charity") for the year ended 31 March 2024.

Responsibilities and Basis of Report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's accounts carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent Examiner's Statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I can confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the Companies Act 2006; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


A S Healey FCA CTA DChA

Date: 28 October 2024

Lindeyer Francis Ferguson Limited
North House
198 High Street
Tonbridge
Kent TN9 1BE

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted funds 2024 £	Designated funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:						
Grants and donations	2	78,080	-	156,626	234,706	194,598
Charitable activities	3	212,153	-	24,834	236,987	241,724
Investments		11,483	-	-	11,483	1,590
Total income		301,716	-	181,460	483,176	437,912
Expenditure on:						
Raising funds	4	51,258	-	-	51,258	52,980
Charitable activities	5	233,207	1,785	170,480	405,472	385,838
Total expenditure		284,465	1,785	170,480	456,730	438,818
Net income / (expenditure)	8	17,251	(1,785)	10,980	26,446	(906)
Transfers between funds		(25,000)	25,000	-	-	-
Net movement in funds		(7,749)	23,215	10,980	26,446	(906)
Reconciliation of funds:						
Total funds brought forward		216,475	250,900	38,451	505,826	506,732
Total funds carried forward	14	208,726	274,115	49,431	532,272	505,826

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

BALANCE SHEET AS AT 31 MARCH 2024


	Note	£	2024 £	2023 £
Fixed assets				
Tangible assets	10		176,215	179,188
Current assets				
Debtors	11	32,564	42,549	
Cash at bank and in hand		374,471	339,202	
		<u>407,035</u>	<u>381,751</u>	
Creditors: amounts falling due within one year	12	<u>(50,978)</u>	<u>(55,113)</u>	
Net current assets			356,057	326,638
Total net assets			<u>532,272</u>	<u>505,826</u>
Represented by the funds of the charity:				
Unrestricted funds			208,726	216,475
Designated funds			274,115	250,900
Restricted funds			<u>49,431</u>	<u>38,451</u>
	14		<u>532,272</u>	<u>505,826</u>


The charity's financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The trustees consider that the charity is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the charity to obtain an audit for the year in question in accordance with section 476 of the Act.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements were approved and authorised for issue by the trustees on 27 September 2024 and signed on their behalf by:


D Kelso
Trustee


M Guo
Trustee

Company number: 02826452

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Basis of preparation of the financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Tunbridge Wells Mental Health Resource Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in pounds sterling, which is the functional currency of the charity, and rounded to the nearest £1.

The Trustees have assessed that there are no significant doubts over the charity's ability to continue as a going concern. As a result, the financial statements have been prepared on a going concern basis.

Status

The charity is a private company limited by guarantee registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is 2a Grosvenor Park, Tunbridge Wells, Kent, TN1 2BD.

Income

Income from grants and donations is recognised when the charity is entitled to the funds, the receipt is probable and the amount can be measured reliably. For donations, this is usually on receipt. For grants, this is usually when a formal offer is made in writing, unless the grant contains terms and conditions outside of the charity's control which must be met before the charity is entitled to the funds. Where grants are received in response to a proposal including a budgeted timescale, such that the timescale for the expenditure is implicit in the grant agreement, the income is recognised in accordance with that timescale.

Income from charitable activities is recognised over the period to which the income relates. For contracts, income is recognised to the extent that the contractual services have been supplied. For performance-related grants, income is recognised to the extent that performance-related criteria have been met.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

1 Accounting policies continued

Gifts in kind are included in the financial statements when the charity is entitled to them, when it is probable that the charity will receive the economic benefits, and when the fair value or value to the charity, as appropriate, can be measured with sufficient reliability.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. Direct costs, including direct staff costs are attributed to the relevant activity. Support costs, including support staff costs, are allocated to activities on the basis of the use of premises and income.

Support costs are those functions that assist the work of the charity but do not directly relate to the charitable activities, and include governance costs.

All expenditure is inclusive of irrecoverable VAT.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds can only be used for the particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Tangible fixed assets and depreciation

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Assets costing less than £500 are not capitalised. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold land	Not depreciated
Freehold property / improvements	1% on cost
Fixtures and fittings	10% or 20% on cost
Computer equipment	33.3% on cost

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies continued

Leased assets

Operating lease rentals are charged to the statement of financial activities as incurred.

Pensions

The charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the charity to the fund in respect of the year.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2 Income from grants and donations

	2024 £	2023 £
Donations	65,232	68,858
Grants		
Awards for All	-	9,984
BBC Children in Need	-	10,285
The Cole Charitable Trust	1,000	-
Colyer Ferguson Charitable Trust	5,000	7,500
Gallagher Charities Trust	-	500
Garfield Weston Foundation	10,000	-
Shaw Trust Innovation Fund	-	1,828
Involve Kent	-	1,800
The Kenora Charitable Foundation	20,000	-
Kent Community Foundation	7,136	10,000
Kent County Council	-	8,134
The National Lottery Community Fund	115,338	73,709
Ninevah Charitable Trust	1,000	-
Paragon Trust	-	1,000
Sir Thomas Smythe	-	1,000
The Smith and Mount Trust	5,000	-
South East Water Community Fund	5,000	-
	<u>234,706</u>	<u>194,598</u>

In the preceding period, restricted income from grants and donations was £126,543.

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

3 Income from charitable activities

	2024	2023
	£	£
Community support	46,939	40,225
Advocacy	190,048	201,499
Training	-	-
	<u>236,987</u>	<u>241,724</u>

In the preceding period, restricted income from charitable activities was £24,834.

4 Expenditure on raising funds

		2024	2023
		£	£
Staff costs	See Note 9	32,144	25,355
Fundraising consultancy		300	3,750
Cost of fundraising events		965	2,251
Support costs	See Note 7	17,849	21,624
		<u>51,258</u>	<u>52,980</u>

In the preceding period, expenditure on raising funds from restricted funds was £3,750.

5 Expenditure on charitable activities

	Direct costs 2024 £	Support costs 2024 £	Total 2024 £	Total 2023 £
Community support	108,807	75,590	184,397	168,710
Advocacy	169,985	51,090	221,075	217,128
Training	-	-	-	-
	<u>278,792</u>	<u>126,680</u>	<u>405,472</u>	<u>385,838</u>
	See Note 6	See Note 7		

In the preceding period, expenditure on charitable activities from restricted funds was £141,340.

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

6 Direct costs

		2024	2023
		£	£
Staff costs	See Note 9	248,270	237,147
Recruitment and training		2,180	6,319
Activity costs		4,100	8,190
IT costs		122	919
Travel and volunteer expenses		7,793	6,715
Premises costs		9,233	7,999
Office costs		7,094	8,270
		<u>278,792</u>	<u>275,559</u>

7 Support costs

		2024	2023
		£	£
Staff costs	See Note 9	94,354	89,597
Recruitment and training		3,352	2,521
IT costs		12,026	7,376
Travel and volunteer expenses		321	371
Premises costs		17,735	13,906
Insurance		1,939	1,805
Office costs		2,718	6,801
Bad debts		-	(1,584)
Depreciation		7,516	6,862
Governance costs:			
Independent examination		3,200	3,000
Other fees payable to examiners		1,368	1,248
		<u>144,529</u>	<u>131,903</u>

8 Net income

	2024	2023
	£	£
This is stated after charging:		
Depreciation	7,516	6,862
Independent examination	3,200	3,000
	<u>10,716</u>	<u>9,862</u>

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

9 Staff costs

	2024	2023
	£	£
Wages and salaries	339,755	322,246
Social security costs	23,785	20,336
Pension costs	11,228	9,517
	<u>374,768</u>	<u>352,099</u>

The average number of persons employed by the charity was:

	2024	2023
	No.	No.
Community support	9	9
Advocacy	6	6
Administration and fundraising	5	5
	<u>20</u>	<u>20</u>

Full-time equivalent staff was an average of 11 (2023: 11).

No employee received remuneration amounting to more than £60,000 in either year.

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

10 Tangible fixed assets

	Freehold property £	Fixtures, fittings & equipment £	Total £
Cost			
Brought forward	205,520	64,627	270,147
Additions	-	4,543	4,543
Carried forward	205,520	69,170	274,690
Depreciation			
Brought forward	35,594	55,365	90,959
Charge for the year	1,786	5,730	7,516
Carried forward	37,380	61,095	98,475
Net book value			
At 31 March 2024	168,140	8,075	176,215
At 31 March 2023	169,926	9,262	179,188

11 Debtors

	2024 £	2023 £
Trade debtors	6,555	18,331
Prepayments and accrued income	26,009	24,218
	32,564	42,549

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

12 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	3,721	9,474
Other tax and social security	-	430
Accruals and deferred income	47,257	45,209
	<u>50,978</u>	<u>55,113</u>

The movement on deferred income is as follows:

	2024 £	2023 £
Balance at 1 April 2023	38,232	-
Released to income	(38,232)	-
Received in the year and deferred	39,515	38,232
Balance at 31 March 2024	<u>39,515</u>	<u>38,232</u>

Deferred income relates to grant income for which expenditure in future periods has been specified as part of the funding period.

13 Contingent liability

In 2022/23, the charity received a donation of £11,875 from a firm of solicitors in relation to money held which was unable to be returned to its legal owner. The charity has entered into a legal indemnity to return the funds should the legal owner come forward in future to claim them. Since the likelihood of repayment is considered possible but not probable at the balance sheet date, the amount has been recognised in income. As repayment in the future is possible, a designated fund has been set up to ringfence the funds.

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

14 Statement of movements on funds - current year

	1 April 2023 £	Income £	Expenditure £	Transfers £	31 March 2024 £
General fund	216,475	301,716	(284,465)	(25,000)	208,726
Designated funds:					
Planned maintenance	4,100	-	-	-	4,100
Capital reserve	169,925	-	(1,785)	-	168,140
Future developments	65,000	-	-	25,000	90,000
Contingent liability	11,875	-	-	-	11,875
Total unrestricted funds	467,375	301,716	(286,250)	-	482,841
Community support	38,451	168,310	(158,330)	-	48,431
Advocacy	-	-	-	-	-
Other	-	13,150	(12,150)	-	1,000
Total restricted funds	38,451	181,460	(170,480)	-	49,431
Total funds	505,826	483,176	(456,730)	-	532,272

The designated capital reserve fund represents the net book value of the freehold property.

The planned maintenance fund represents funds ringfenced for essential planned maintenance for the registered office where some of the charitable activities take place.

The future developments fund has been created to support the development of existing and the introduction of new services over the next few years. The funds are intended to support initial implementation and trials ahead of securing funding to assure their longer-term sustainability. The Trustees expect to use £33,000 of this fund in 2024/25 to support two new fixed term appointments (Mental Health Trainer and Volunteer Coordinator), and the balance in the following year. A further £25,000 has been added to the future developments fund to support implementation of Mental Health Resource's strategy which is expected to be used over the next two years.

Restricted funds are money earmarked for activities stipulated by the funder and used for the objectives set by them. The Community support fund shown in the table above is composed of funding from various sources including:

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

14 Statement of movements on funds - current year continued

The National Lottery Community Fund (RC London& SE Region) - to support and develop Hub activities.

The Kenora Charitable Foundation, The Smith and Mount Trust abd Neville Golf Club - for the delivery of the Reachout Youth project.

The Ninevah Charitable trust - for the walking group.

Other restricted funds mainly comprise grants towards the Charity's Manager's employment costs.

15 Statement of movements on funds - prior year

	1 April 2022 £	Income £	Expenditure £	Transfers £	31 March 2023 £
General fund	299,776	286,535	(291,943)	(77,893)	216,475
Designated funds:					
Planned maintenance	4,100	-	-	-	4,100
Capital reserve	170,692	-	(1,785)	1,018	169,925
Future developments	-	-	-	65,000	65,000
Contingent liability	-	-	-	11,875	11,875
Total unrestricted funds	474,568	286,535	(293,728)	-	467,375
Community support	26,199	138,877	(126,625)	-	38,451
Advocacy	480	-	(480)	-	-
Other	5,485	12,500	(17,985)	-	-
Total restricted funds	32,164	151,377	(145,090)	-	38,451
Total funds	506,732	437,912	(438,818)	-	505,826

TUNBRIDGE WELLS MENTAL HEALTH RESOURCE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

16 Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds £
Current year:			
Tangible fixed assets	176,215	-	176,215
Net current assets	306,626	49,431	356,057
	<u>482,841</u>	<u>49,431</u>	<u>532,272</u>
Prior year:			
Tangible fixed assets	179,188	-	179,188
Net current assets	288,187	38,451	326,638
	<u>467,375</u>	<u>38,451</u>	<u>505,826</u>

17 Related party transactions

The key management personnel are considered to be the Board of Trustees, the Charity Manager and the Finance Manager.

The trustees received no remuneration nor benefits, and were not reimbursed for any expenses.

The total employee benefits paid in respect of the key management personnel was £62,835 (2023: £59,433).